

# Ask the Guy's Guy: Should I Stick Around to Feel the Spark Again?



By [Robert Manni](#)

Question from Riley A, "I feel distant in my relationship. I feel like we're growing apart, but I want to grow together. I don't know what to do. Should I end it, and maybe find the spark in someone else? Or stay and wait for the romance to come back?"

## Should you wait for the spark to

# come back? Or move on?

Hi Riley:

It can be challenging when you reach the point in a relationship when things feel stagnant and that special spark is missing.

It sounds like you want to keep things going so I suggest you take a step back and consider where your relationship began, where it has led you, and how you feel about it now. Ask yourself why things may have changed and what circumstances may have affected the current lack of sparkles. The answers are usually right there when we become still and look inside.

**Related Link:** [Ask The Guy's Guy: Should I Follow My Boyfriend To Where His Job Is?](#)

I also suggest broaching the subject with your partner. Ask him how he feels about things if he has any issues, and where he sees the relationship going. That will also provide context for where your relationship stands and its future possibilities.

Every relationship is different and every couple has to find their own ways to make things work if this is what they both really want.

Take the time to look inside, then trust your gut and intuition. Ultimately, this is about your finding the happiness and love you deserve.

Good luck.

Robert Manni

If you would like relationship expert Robert Manni to answer your online dating/relationship questions, please email [gillian@nvmediainc.com](mailto:gillian@nvmediainc.com)

**More about the Guy's Guy:**



Robert is the host of Guy's Guy Radio, featured on Blog Talk

Radio and available on iTunes, Stitcher, and TuneIn. The weekly podcast features interviews with relationship coaches, entertainers, authors, wellness experts, spiritual teachers, sports personalities, and a weekly “Guys’ Guy’s Guide” exploring current guy-focused topics.

His novel, THE GUYS’ GUY’S GUIDE TO LOVE, praised as the “men’s successor to Sex and the City,” has been developed into two feature-length adapted screenplays, a scripted television series (pilot and treatment), and a series of non-scripted Guy’s Guy show concepts.

Robert has appeared on broadcast television (NBC’s Morning Blend, WPIX11 Morning News) and is a frequent guest across a spectrum of satellite, terrestrial, and web-based radio programs and podcasts, as well as a contributor to Huffington Post, Thought Catalog, Cupid’s Pulse, GalTime, is a featured expert on GoodMenProject and YourTango. He was also named a Top Dating Blogger by [DatingAdvice.com](http://DatingAdvice.com).

Robert developed the Guy’s Guy Platform to help men and women better understand each other and bridge the growing communication gap between the sexes. He continually creates a fresh, robust palette of timely Guy’s Guy [content focused on life, love and the pursuit of happiness](#). Whether it’s navigating the challenges of dating, relationships, friendship, career or wellness, Robert explores ways to help both men and women be at their best so that everybody wins.

Read more at [Cupid’s](#).

---

# Expert Dating Advice: Tired of Online Dating Sites? 3 Ways to Get Off As Quick As Possible



By [Josh Pompey](#)

Online dating can be physically exhausting for a lot of people. Add to that the emotional exhaustion that often comes with the territory, and it's easy to see why so many people would do anything to get off of dating sites as fast as possible. If you fall into that camp, here's 3 tips that may boost your ability to find love quicker than you think.

# Get off online dating with these tips!

**1. Take control of your fate.** The best way to ensure that you will find what you are looking for is by assuming responsibility. This means being an active online dater. Don't just wait for someone special to show up in your inbox, because it may never happen. Get out there every day, search religiously, and initiate conversations with those that interest you.

**Related Link:** [Expert Dating Advice: 5 First Date Ideas to Get Past the Winter Blues](#)

**2. Target with precision.** It's easy to get distracted online by a cute smile or someone that is just plain hot. But what if they have long-term deal-breakers that you know will not be compatible in the long run? Avoid these setbacks and potential distractions by creating reasonable filters that allow you to engage with men and women who fit your long-term partner priorities.

**Related Link:** [Expert Dating Advice: 5 Reasons to Hire A Online Dating Assistant](#)

**3. Don't treat online dating as an option.** Tired from work? Too bad. Drinks with friends for happy hour? No excuse. Whatever it is you have going on in your life, take a half hour to an hour a day to make sure you are performing searches and initiating your conversations. What you do for money is your first job. Your second job is to scour online dating sites looking for the ideal partner. This needs to remain your priority and treated like the full-time job that it is.

For more information and online dating advice from Joshua Pompey, visiting <http://joshuapompey.com> or <http://nemvip.com>



---

# Product Review: Cinco De Mayo with Prepara Taco Accessories!



By [Gillian Lee](#)

Cinco de Mayo is just around the corner, and you need all the accessories to celebrate! Prepara has all the stylish and festive accessories for your upcoming gathering. With trendy, spoons, trays and taco holders, your guests are bound to keep coming back for more!

# Try Prepara for your next party!



[Multi Taco Holder](#), \$6.99

This beautiful taco holder comes in various colors and is great for supporting up to three tacos. The taco holder is made of durable ceramic and works well with hard or soft tacos. This can be used at the dinner table to serve as many tacos to your guests as you would like.



**Taco Spoons – Set of 2**, \$4.99

This unique spoons will let you pack your taco perfectly to get all the ingredients in there! The spoon perfectly fits in between the shells so there's no mess. These spoons make a great gift, and is a necessary kitchen accessory!





**3 Section Tray,** \$24.99

Have all of your guests at the Cinco de Mayo party serve themselves on this beautiful platter! This platter is a three section tray that can hold all of the taco ingredients. It works hand-in-hand with the taco spoons to serve your taco. Also, the beautiful designs are an eye-catcher



[Taco Savor](#), \$26.99

Forget trying to constantly warm up tortillas! Now, you can keep up to 24 flour or corn tortillas warm at the same time. This Taco Savor, comes in a beautiful red and is great for any large gathering. Guests can conveniently grab their warm tortillas without having to worry about heating it up.

---

# Love & Libations: Celebrity Pink Sips For The Summer



By [Yolanda Shoshana](#)

Rosé is the ultimate sip and chill with your partner or get together with friends kind of wine. While it's perfect for any time of year, spring and summer, seem to be the time that people fixate on rosé. That means rosé will be popping up at your local wine store any minute. Which one should you try? Decisions. Decisions.

# Sip and Chill With Your Partner

Here are four bottles to help you think pink:

## **Jon Bon Jovi- Diving Into Hampton Water**

When Bon Jovi said he was getting into the wine game, many of us gave a side-eye. Did we really need another rock star with a wine? Turns out the joke was many wine lovers, rosé including me. Bon Jovi worked with this son, Jesse Bongiovi, to put the spirit of the Hamptons into a bottle. The crooner has a home in the Hamptons. That's rather common for New York based celebrities. He enjoys which is what he has deemed "pink juice" until his son came up with the cleaver term "Hampton water?"

The three grapes for the wine are hand-picked in the South of France. It's produced in Provence to be exact which is where rosé has been perfected. It was named best rosé of 2018 by Wine Enthusiast Magazine.

It's the perfect pink juice to sip while chilling at the pool with your boo. Cheers to a sensuous lazy day with your partner. Live it up while you're alive.

**Related Link:** [Love & Libation: Kiss Me, Cocktails Inspired by Irish Authors](#)

## **Sarah Jessica Parker- Invivo Rosé**

Finally, Sarah Jessica Parker is giving women more of what they want and it's in a bottle. Parker is teaming up with a winery from New Zealand to produce a line of wines that will come out this summer. Now you know rosé is in the mix. It will probably be a big hit considering women will want to see what the Sex and the City diva is conjuring up.

According to Parker, she has always loved entertaining

family/friends over a good bottle of wine and food. I guess this is her “inner Martha Stewart” coming out. New Zealand is an interesting choice for her when it comes to wine however the rosé will come from Provence.

It has all the makings of a rosé the have when you gather with your girls and talk about intimate details with your Mr. Big.

**Related Link:** [Love & Libations: Holiday Cocktailing Like A Celebrity](#)

### **John Legend- LVE Côtes de Provence Rosé**

Sultry singer, John Legend, has added a fourth wine to his already stellar wine line up. Now you can rosé all day with his LVE Rosé. Legend teamed up with winemaker/dandy Charles Boisset once again to produce the wine. The duo brings the perfect combination to make LVE the ultimate lifestyle wines. The goal is to bring a wine that is connected to luxury, yet still affordable.

The pale pink wine is crisp on the tongue with notes of berries and peach blossoms. This wine would go great with Chrissy Teigen’s Pan Seared Fish in her latest cookbook. It’s safe to call this a romantic dinner at home kind of wine.

**Related Link:** [Love & Libations: Cocktails Inspired by Halloween](#)

### **Christie Brinkley- Bellissima Rosé**

If you want a wine that has a healthy and green lifestyle then Christie Brinkley’s bubbly rosé is where it’s at. She has been a vegetarian/flexible vegan since she was 12 years old. This is why what goes into her wine is so important to her,

The wine is made from 100% organic Pinot Noir grapes with hints of strawberries and grapefruit. The Prosecco is vegan and low sugar so it’s perfect for someone watching their sugar intake.

The perfect wine to pair when your partner is making food on the grill. Light up those candles and make it a cozy night. Netflix and chill await

---

# Ask The Guy's Guy: Should I Follow My Boyfriend To Where His Job Is?



By [Robert Manni](#)

Question from Kaylee M: "My boyfriend and I have been together for a while now, and we both know we're going to end up together for a while. But, he might have to take a job that's



6 hours from my home, and that might be an issue for me. I'm very close to my family and not sure if this is a move I want to do. What should I do?"

## Boyfriends moving away, should you go with him?

Hi Kaylee:

You have a lot of variables to consider before making a decision about this move. It's great that you have a strong bond with your boyfriend, that he has a great opportunity, and he wants you to join him. Now it's time to ask yourself questions. What are the opportunities for you if you join him? Do you have a career where you currently live? If so, can you get a transfer to the new locale or easily find a similar job there? Have you visited this location? Did you like it, and could you see yourself living there? Do you know anyone there? How difficult would it be to visit your family if you move?

Six hours by car is substantial, but it's not like moving across the country. You mentioned seeing yourself together with your boyfriend "for a while". How long is a while? Is it long enough to pick up and move your life, career, and away from your family? Only you know the answers to what's in your heart and what his intentions are.

**Related Link:** [Ask The Guy's Guy: What Do I Do If I Have Trouble Opening Up To My Significant Other](#)

I'm not trying to throw water on what could be a great opportunity for both of you. I'm suggesting you consider how all the variables of this move will impact you and your life, friends, and family connections. I'm also wondering what your boyfriend has to say about this opportunity as it relates to you. After all, you will be making a sacrifice since he already has a job set up. Was this opportunity a surprise or something he has been working towards? As you can see, there is a lot for you to consider prior to making a decision. You may discover that it can turn out great for both of you. Or not. Only you can get the answers you need to make a wise decision. After all, your number one priority and consideration is to yourself. Good luck!

If you would like relationship expert Robert Manni to answer

your online dating/relationship questions, please email [gillian@nvmediainc.com](mailto:gillian@nvmediainc.com)

**More about the Guy's Guy:**



Robert is the host of Guy's Guy Radio, featured on Blog Talk Radio and available on iTunes, Stitcher, and TuneIn. The weekly podcast features interviews with relationship coaches, entertainers, authors, wellness experts, spiritual teachers, sports personalities, and a weekly "Guys' Guy's Guide" exploring current guy-focused topics.

His novel, THE GUYS' GUY'S GUIDE TO LOVE, praised as the "men's successor to Sex and the City," has been developed into two feature-length adapted screenplays, a scripted television series (pilot and treatment), and a series of non-scripted Guy's Guy show concepts.

Robert has appeared on broadcast television (NBC's Morning Blend, WPIX11 Morning News) and is a frequent guest across a spectrum of satellite, terrestrial, and web-based radio programs and podcasts, as well as a contributor to Huffington Post, Thought Catalog, Cupid's Pulse, GalTime, is a featured expert on GoodMenProject and YourTango. He was also named a Top Dating Blogger by [DatingAdvice.com](http://DatingAdvice.com).

Robert developed the Guy's Guy Platform to help men and women better understand each other and bridge the growing communication gap between the sexes. He continually creates a fresh, robust palette of timely Guy's Guy [content focused on life, love and the pursuit of happiness](#). Whether it's navigating the challenges of dating, relationships,

friendship, career or wellness, Robert explores ways to help both men and women be at their best so that everybody wins.

---

# Product Review: Beauty Essentials for Spring



By [Gillian Lee](#)

Jump into the spring season with these [beauty products](#) that make you glow! There are products for men and women, such as the THICK HEAD hair regrowth products, and the dry shampoo as well as the hair curler. We were so excited to try these products from these various brands.

Check out our product review to kick off Spring with great products!



**[CLEAR HEAD Anti-thinning 2-1 Shampoo and Conditioner](#), \$9.95**

This 5-ounce bottle is created for men who are experiencing hair loss and hair thinning. Dihydrotestosterone (DHT) is usually the cause because hair follicles shrink, which stunts the growth of your hair. This shampoo and conditioner has ingredients that reduce the DHT that is in your hair.

**[Hair Regrowth Treatment for Men Extra Strength 5% Minoxidil Topical Solution](#), \$19.95**

This 2-ounce bottle is a 30 day supply for your hair! It's FDA-approved, and is proven to regrow hair for men. This spray targets areas of your hair that need growth or are experiencing thinning. Just spray in the areas that need to be treated, and watch the magic happen!

## **[HEADS UP Hair Thickening Styling Gel, \\$9.95](#)**

This sulfate, paraben and dye-free gel is perfect for men with hair loss and want to style their hair. Using this amazing gel, it allows men to add a firm, clean hold throughout the day while making hair appear fuller. This gel leaves hair looking healthy, without looking flaky.

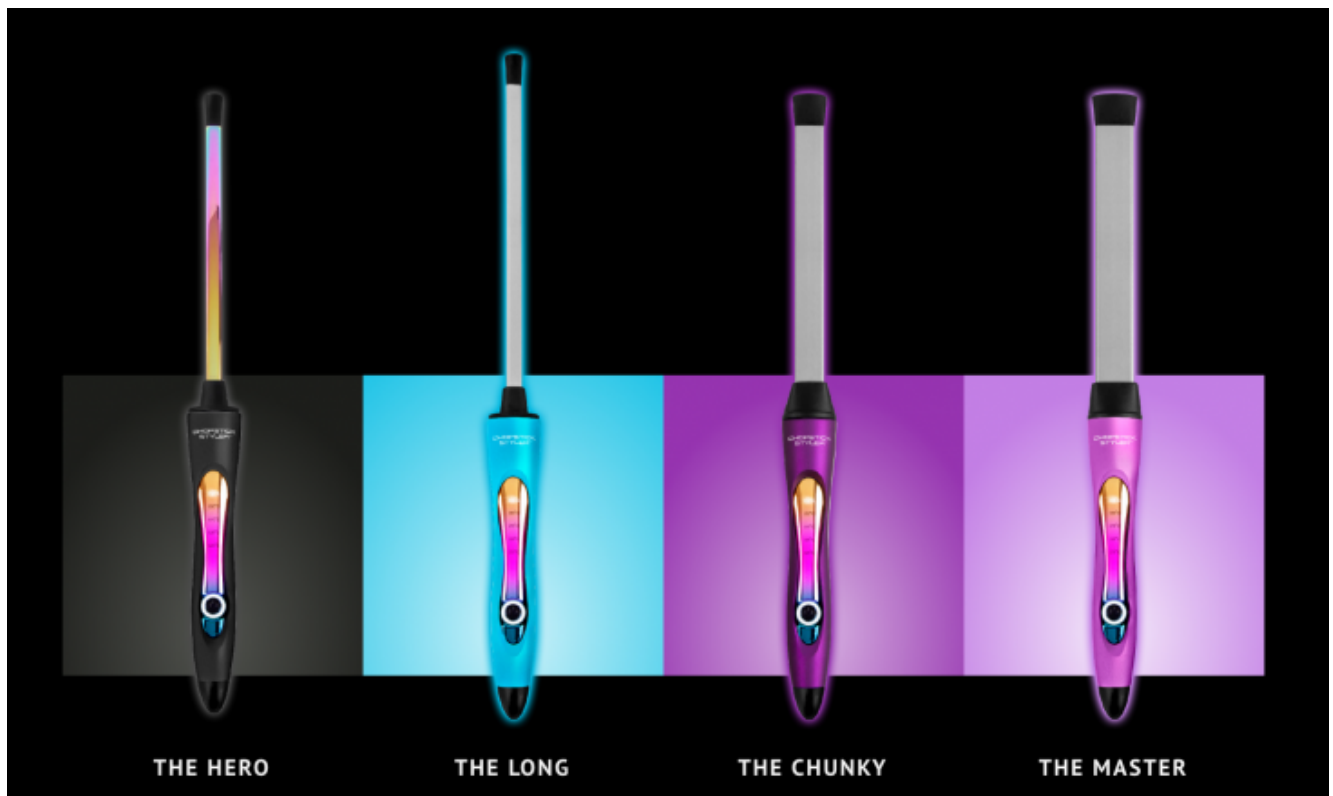
**Related Link:** [Product Review: Colored Contacts is the Next Best Dating Advice](#)



## **[Not Your Mothers Clean Freak Dry Shampoo, \\$5.99](#)**

Running out of time, and don't have time to wash your hair? Don't worry! This dry shampoo can have your hair ready and perfect in a matter of minutes. This product absorbs excess oils and leaves a beautiful matte finish on your hair. There's no water required, which makes it perfect for when you're running late. You can purchase at [Ulta.com](#) for \$5.99 or other sites such as [Amazon.com](#).

**Related Link:** [Oscars 2019: Celebrities Line Up for Rafi's Gifting Lounge at the Waldorf Astoria Beverly Hills](#)



### [Chopstick Styler](#), \$34-45

For your next night out, try the Chopstick Styler! This hair curling tool is perfect for achieving those adorable curls you've always dreamed of. In each curler, there's a rectangular barrel that is infused with oils to maintain those curls throughout your day. It comes with adjustable heat settings with a maximum heat at 410 degrees Fahrenheit.

Check out our other product reviews [here](#).

---

## Love & Libation: Kiss Me, Cocktails Inspired by Irish



# Authors



By [Yolanda Shoshana](#)

The most popular holiday in March has got to be St. Patrick's Day. The celebration is a feast day for Saint Patrick the patron saint of Ireland. Once the Irish made it to America they used the day to honor all things, Irish. *The Kiss Me I'm Irish* slogan comes from if you can't kiss Blarney Castle, the next best thing is kissing someone who's Irish to get the power of eloquence and luck.

## St. Patricks Day Drinks

To celebrate this joyous Irish occasion indulge in some cocktails named after famous Irish writers. As we all know the

Irish love drinking to their dearly departed. The following cocktails are inspired by Irish writers who had very interesting love lives.

## **Oscar Wilde**

Oscar Wilde is one of Ireland's most influential playwrights. It's said that he got his storytelling skills from his mother, Lady Jayne, who was known for making an entrance. His first love was Florence Balcombe, but she dropped Wilde to marry Bram Stoker. After proposing marriage to two other women, Wilde eventually married the scandalous woman, Constance Lloyd, who was just as ambitious as he was. They lived a life surrounded by bougie folks. While an affectionate marriage, Wilde ended up preferring the company of young men. As Wendy Williams would say "How you doin?"

## **Oscar Wilde Cocktail**

1 1/4 Ounce(s) Absinthe

3/4 Ounce(s) Fresh lemon juice

3/4 Ounce(s) Simple Syrup

1 Egg White

1 Ounce(s) Chilled Champagne

Freshly grated nutmeg, orange twist

**Related Link:** [Love & Libations: Autumn + Red Wine = Love](#)

## **James Joyce**

The Irish icon, James Joyce, published his first piece at 9.

Some of his most popular works are Ulysses, The Dead and Finnegans Wake. While you may not consider those page-turners, there are letters by Joyce that may be up your alley. You may be surprised to find out that Joyce wrote filthy love letters to his wife, Nora Barnacle. Some of them would even make Christin Grey blush. There's nothing like a good ole fashion naughty love letter to spice things up in a romance. Use Joyce for inspiration to write your own and serve this cocktail.

### James Joyce Cocktail

1  $\frac{1}{2}$  ounce of Irish whiskey

$\frac{3}{4}$  ounces sweet vermouth

$\frac{3}{4}$  ounces Cointreau

$\frac{1}{2}$  ounce lime juice

Shake and strain into a chilled cocktail glass. Garnish with an orange slice

**Related Link:** [Love & Libations: Cocktails Inspired by Halloween](#)

### F. Scott Fitzgerald

Most people have read "The Great Gatsby" since it was required reading in school. It was a very glitzy and glamorous story of prosperous Long Island in the summer of 1922 written by F. Scott Fitzgerald. While he was born in America, he had Irish roots. Fitzgerald and his saucy wife Zelda lived a party filled life and had a passionate relationship. Basically, they partied and loved hard. While there isn't a cocktail after him, he loved a drink called The Gin Rickey. His spirit of choice was gin because it was undetectable on his breath. He is known for saying "First you take a drink, then the drink

takes a drink, then the drink takes you”.

## The Gin Rickey

### Ingredients

2 oz. Gin

$\frac{1}{2}$  Lime

Club Soda

Add the gin to the Collins glass full of ice. Add the juice from the lime half, then drop the shell into the glass. Top with soda water.

---

# Expert Dating Advice: 5 First Date Ideas to Get Past the Winter Blues





By [Joshua Pompey](#)

Winter sure seems like it lasts forever sometimes. Especially here in New York. But that doesn't mean you have to put your dating life into hibernation. Before you let that polar vortex get the best of you, let's take a look at five dating ideas that will spark some heat back into those long winter months.

## First Date Ideas for the Winter Months!

**Ice Skating.** Holding hands. Catching your date as she falls. Unleashing the inner child within. What more could you ask for? This is an easy way to form a quick bond as your up against the physical progression and have some fun in the process.

**Warm up with a drink.** For those of you looking for a low-risk date, head to a local dessert shop for a warm cup of hot chocolate. Going to bars can get extremely cliché after a

while. Coffee can feel cheap. But hot chocolate near in a desert themed cafe with a warm feeling ambiance? That's much more fun. Add some great conversation to the mix and you are good to go.

**Related Link:** [Dating Advice: 5 Online Dating Tips to Start the New Year Right](#)

**Sledding or Snow Tubing.** Skiing is a bit expensive for a first date. Not to mention, dangerous and expensive. Snow tubing might serve as the perfect balance. Have some fun as you race down the mountains and break away from the monotony of most first dates.

**Indoor Rock Climbing.** It may be too cold (and icy!) for outdoor rock climbing, but that doesn't mean you have to sit on your couch wasting away till spring. Have some fun indoors and get that adrenaline flowing for a memorable date.

**Related Link:** [Dating Advice: How to Make the First Move \(Women's Edition\)](#)

**Go to a ball game.** Baseball is still around the corner and football might be over, but there is plenty of basketball and hockey to keep the season going. Even if you aren't a huge sports fan, that ambiance of a sporting event, along with the positive energy (unless your a Knicks fan like me) and food will be enough to keep your date smiling.

For more information from Joshua Pompey, visiting <https://www.nemvip.com/online-dating-work-for-you>

---



# Product Review: The Essentials For a Night In



By [Gillian Lee](#)

Want to have a special [date night](#) with your loved one? We have the products for you! Planning a night with your significant other can boost your relationship and remember why you fell in love. Cupid has the best [product reviews](#) for a night in.

## The Perfect Products For A Night In

[Playboy California Red Wine Blend](#), \$50



Nothing brings a night together like a bottle of red wine. This wine was blended with just the right amount of fruit, oak, and acidity to give you the best flavors. Pairing this wine with a side of popcorn and a good movie, you're bound to have many nights in. Include this bottle of wine the next date night!



[ICICLES Dating Card Game](#), \$12

ICICLES card game is used to find dates and for icebreakers! But, this can be used for a fun game to find at more about your significant other. You can ask questions, and spark up memories from your past that you can dwell on and appreciate. Valuing your loved one is incredibly important for your relationship. This card game can bring you back to the basics.

[GlyDerm Gentle Face Cleanser](#), \$28



This face cleanser is perfect to remove any impurities in the skin without causing any irritations. Who doesn't love clear skin? This can be a cute idea to develop a skin routine with your loved one. This product is perfect to clean off your face before heading to bed because of how soft and glowing it makes it feel!

[GlyDerm Face Lotion](#), \$37



This lightweight lotion is perfect for a night cream for you and your significant other. This pore-minimizing lotion fights fine aging lines and can make your skin glow! With radiating skin, you and your loved one can have a boost of confidence.

---

## Love & Libations: Celebrity Reds To Turn You On





By [Yolanda Shoshana](#)

While most of the attention in February goes to Valentine's Day and Galentine's Day, the whole month is known as the month of love. This is where red wine comes in.

It's been said that when you want to get romantic, red wine is where it's at. It boosts the libido. The wine contains flavonoids (antioxidants) that increase the blood flow to key areas that get things going in the boudoir. While the tannins and histamines in the wine give your body a bit of warmth which also gets you in the mood for a little fun.

## Red Wines For Your Love Life

The following are some reds that will add a touch of spice to your love life.

### **Nocking Point Wines- Year VI Cabernet Sauvignon**

Plenty of celebrities have wine, but Nocking Point is the first line of wines to be curated by celebrities. The winery was co-founded by Stephen Amell from the hit WB show, Arrow. The wines are produced in Washington. You may be surprised to find out that they are the 2nd largest producing wine state in the US. There are great wines coming out of the region.

This red is their flagship wine. It's aged in French oak



barrels with aromas of red and black fruits, plus a bit of wood. The perfect wine for a romantic dinner that includes steak or a truffle pizza.

**Related Link:** [Love & Libations: Holiday Cocktailing Like A Celebrity](#)

### **Il Paglaio- Roxanne Rosso Toscana**

I was sent a note that Sting and Trudie Styler wanted to send me this wine so how could I say no? It's produced on the land of their villa in Tuscany where the couple love to spend some quality time.

When people think of this duo, "sexy" tends to come to mind. How many couples do you know that practice seven-hour tantric sessions? Maybe it's something we should all get going in our lives.

Roxanne Red is named after the famous song written by String, but it's also inspired by Alexander the Great's wife, a muse of Cyrano De Bergerac. The song is about a man who falls in love with a lady of the night. He confesses his love and asks her to stay with him.

While the song leaves it up to our imagination whether she stays or goes, if you bring a bottle of Roxanne Red, you just may win your lover's heart. It's a red blend that has "amore" written all over it. Think deep ruby red with notes of red fruits, cherries, and spices. All the makings of a love libation. While you are at it, pair a little tantra with your wine.

**Related Link:** [Love & Libations: Celebrity Sips on Tequila Day](#)

### **Las Jaras Wine- Old Vine Carignan**

The wine was created for good times and to have the perfect wine to pair with food. This small production of wine is co-created by Eric Wareheim. You may have seen him on the Netflix show, Master of None.

If your partner is into wine from California, this is a good selection. The Carignan grape is originally from Spain so this wine will give you a Spanish vibe. The bold juicy red is a food friendly wine which is exactly what you are looking for when you want to have a romantic meal. Long story short, this is a unique bottle of wine. Your love will be pleasantly surprised if you choose this one.

**Related Link:** [Love & Libations: Sparkling Wine for Holiday Date Nights](#)

## **Bastianich Wines- Vespa Rosso**

When a kitchen witch like Lidia Bastianich has a wine, attention must be paid. Bastianich has been wowing audiences with her Italian cooking for years. Between her cookbooks and restaurants, it's not surprising that she got into the wine game. Founded in 1997, the wines are produced in the Friuli Colli Orientali DOC region of Italy.

This red blend has aromas of mulberries, blackberries, and balsamic vinegar. This powerful wine also comes with a touch of elegance. It would be great with bleu cheese and honey. It's been said that cheese is an aphrodisiac. Imagine how fun a red wine, honey, and bleu cheese would be. Plus this wine will make you feel like you're sipping in the beautiful lands of Italy.

Some people forget about Italian wine during romantic holidays because France seems to have the "sexy image" on lock. Don't forget to add Italian wines in your list.

For more Love & Libations date night ideas and [celebrity couple](#) predictions from Yolanda Shoshana, click [here](#).

---

# **Ask The Guy's Guy: What Do I Do If I Have Trouble Opening Up To My Significant Other**





By [Robert Manni](#)

*Question from Rachel A, Riverhead, NY: "I have trouble opening up to my significant other. I don't know why I have trouble telling him how I actually feel! How do I fix that?"*

It's time to open up to your significant other!

This is an interesting question, Rachel, as more women than you'd expect are experiencing this issue. Unfortunately, for both men and women, failure to share their feelings over time often results with the relationship ending. Some women I've spoken with are often reticent to instigate a conversation with their man when they have something important to share about their feelings. Often they dance around the subject or hold off on telling their partner exactly how they feel. Over time this can breed resentment in her if she believes her partner does not know how she feels. If not handled properly, it gets worse and can become a deal breaker.

**Related Link:** [Ask The Guy's Guy: How Do I Get Through The Holiday Season Being Single?](#)

Sadly, although men need to do a much better job of focusing on their partner's feelings, they do not mind readers. Guys are fairly simple when it comes to dealing with what's on their mind in a relationship. If they say nothing, it

usually means that in their mind, everything is fine. When they have a problem, they often bring it up with their partner. Guys usually decide their next move based on how the discussion goes and their partner's response. There is not a lot of subtext in how they communicate. That's why it is important for women to open up to their guys, make sure they hear them loud and clear and are willing to also share their "feelings". I use quotes around "feelings" because we know guys often shut down when they think they're being herded into "the talk". Yes, more quotation marks.

**Related Link:** [Ask The Guy's Guy: If He Isn't Ready To Date, What Should I Do?](#)

My advice is to be sincere and use the direct approach. Tell your guy what's on your mind and in your heart. Find a time to do this when he is relaxed and open-minded. And I don't mean after sex. Take a walk after dinner, go to the park or the beach, or maybe to an outdoor cafe you both enjoy. Use your intuition to determine when the timing feels right to start the conversation and try to keep it light. I know this sounds like a lot of rules for expressing your feelings, but guys are not great at paying attention to their partners and often need to be informed how she feels in a direct, but loving way.

**Related Link:** [Ask The Guy's Guy: How to Win the First Date After Meeting Online](#)

Not knowing the details of your situation, I suggest that once you've gotten him to pay attention and listen, determine in your heart if he is totally present and respectful of your feelings. If not, maybe give him a second chance at another time. Over time though, if you feel like he is not listening and being responsive and it's too difficult getting on his radar, it might be time to seek bluer skies elsewhere.

Hope this helps, Good luck!

Robert

*If you would like relationship expert Robert Manni to answer your online dating/relationship questions, please email [gillian@nvmediainc.com](mailto:gillian@nvmediainc.com)*

**More about the Guy's Guy:**



Robert's podcast has been picked up by **KCAA Radio102.3 and 106.5FM, and 1050AM in So Cal on Wednesday evenings at 8pmPT, iHeart Radio, and Spreaker** along with iTunes, Blog Talk Radio, Stitcher and Tune In. Guy's Guy is growing!

Robert is the host of Guy's Guy Radio, featured on Blog Talk Radio and available on iTunes, Stitcher, and TuneIn. The weekly podcast features interviews with relationship coaches, entertainers, authors, wellness experts, spiritual teachers, sports personalities, and a weekly "Guys' Guy's Guide" exploring current guy-focused topics.

His novel, THE GUYS' GUY'S GUIDE TO LOVE, praised as the "men's successor to Sex and the City," has been developed into two feature-length adapted screenplays, a scripted television series (pilot and treatment), and a series of non-scripted Guy's Guy show concepts.

Robert has appeared on broadcast television (NBC's Morning Blend, WPIX11 Morning News) and is a frequent guest across a spectrum of satellite, terrestrial, and web-based radio programs and podcasts, as well as a contributor to Huffington Post, Thought Catalog, Cupid's Pulse, GalTime, is a featured expert on GoodMenProject and YourTango. He was also named a Top Dating Blogger by [DatingAdvice.com](http://DatingAdvice.com).

Robert developed the Guy's Guy Platform to help men and women better understand each other and bridge the growing communication gap between the sexes. He continually creates a fresh, robust palette of timely Guy's Guy [content focused on](#)



[life, love and the pursuit of happiness](#). Whether it's navigating the challenges of dating, relationships, friendship, career or wellness, Robert explores ways to help both men and women be at their best so that everybody wins.

---

# Product Review: Keep Your Baby Healthy With MADEOF Products



By [Gillian Lee](#)

Do you have a baby on the way, and you want to use the most



organic and safe products? We were so excited to try out some amazing products from [MADE OF](#). Their baby products are plant-based and are organic to ensure the safest products for your baby. Read the rest of this piece for some of our favorite products for [parenting](#)!

## Product Review: MADEOF products are the tools you need to win parenting!



[Foaming Organic Baby Shampoo & Body Wash](#), \$13.00

This soap is perfect to ensure that your baby is getting a gentle and clean wash without all the chemicals! Most importantly, it's sulfate-free, so it doesn't strip the baby's natural oils from their skin, protecting them from irritation.



[Organic Diaper Rash Cream](#), \$14.00

Babies often get skin irritations from their diapers. This organic cream can prevent the redness and chapping of a diaper rash while using organic oils.



### [Moisturizing Organic Baby Lotion](#), \$14.00

It's important to keep the moisture levels up in your baby's skin! MADEOF is non-greasy and absorbs extremely quickly into the skin. It's made from organic oats and soothing aloe vera and made without sulfates, synthetic fragrances, and so much more.



### [Organic Foaming Dish Soap](#), \$9.00

You can finally wash your baby's dishes without the worry of using harsh chemicals! A lot of dish soap can leave a harmful residue, but MADEOF soap leaves a clean-free streak. It will make your dishes sparkling clean and get rid of all bacteria.



[Soothing Organic Baby Wipes – 80 count](#), \$8.00

These baby wipes are made from plant-based ingredients and nourishing oils that get rid of residue without stripping your baby of their oils. Alcohol and chemical-free wipes will ensure that your baby isn't getting harmful ingredients into their body.

If you are interested in more baby products by MADEOF, check out their website [madeof.com](http://madeof.com)

---

## Dating Advice: 5 Online Dating Tips to Start the New Year Right





By [Joshua Pompey](#)

New Years' Eve may have come and gone, but it's not too late to make those resolutions still, especially in regards to improving your dating life. Let's take a look at 5 online dating tips that you could implement immediately to get your love life on the right path this year.

New Year, New Profile!

### **Update the photo gallery**

This is one area of your online dating life that there is always room for improvement with. Unless you are a Kardashian garnering tens of thousands of likes with every picture you take, break out the camera and get to work.

Focus on taking pictures that highlight your best attributes, while also capturing you in scenarios that reveal your best personality traits. You will also want to thumb through some of your best pictures of the past year, with the focus being on combining your best experiences, with pictures that you look most flattering in. For some great advice on how to do

this, you can read this guide to creating a perfect photo gallery <https://joshuapompey.com/women/guide-online-dating-profile-pictures-women/>

**Related Link:** [Expert Dating Advice: 5 Reasons to Hire a Professional Online Dating Profile Writer](#)

## **Rewrite the profile**

There is always room for improvement here, not to mention, the written portion of your profile is arguably the most important determinant of your success.

When you revisit your profile, don't think of it as a homework assignment or essay. Keep it fun, playful, and lighthearted. The idea is to reveal your best personality trait and interests in a way that jumps off the page and shows who you are at your core. And don't forget to proofread!

**Related Link:** [Expert Dating Advice: Date Ideas for Spring Love](#)

## **Improve your emailing game**

With all the competition that exists online, you can't afford to be boring. You need to make sure your email stands out from everyone else by making it fun, engaging, and interesting. The best approach is to scan the profile for something interesting about the other person, think of something playful to say, and then follow that up with a question. Once you do this a few times, you'll get the hang of it and be able to do this on autopilot in a relatively easy manner.

**Related Link:** [Dating Expert Reveals Why Online Dating Is Better Than Meeting In Real Life](#)

## **Start initiating messages**

Here's a little secret. Often times the highest quality men and woman are not initiating conversations online, nor are



they performing searches. Why? Because the more successful and well-rounded people are in their personal life, the less time they often have to spend on dating sites.

So while you might be waiting around for someone special to send you an email and sweep you off your feet, the irony is that they might not even know you exist. The best way to ensure that you get dates with the highest quality people is to actively perform searches and show up in their inbox with an incredible message and profile to match.

For more information from Joshua Pompey, visit [Joshuapompey.com](http://Joshuapompey.com) or [nemvip.com](http://nemvip.com)

---

## Love & Libations: What To Sip & Binge, That Is The Question





By [Yolanda Shoshana](#)

Some people still miss sipping red wine while watching Olive Pope and her Scandal squad. The show made drinking red wine on Thursday nights a special occasion. While you can still catch Scandal on a streaming site, there are other fabulous shows with characters getting their drink on. Here are some shows paired with some of the hottest celebrity libations to help you get a binge on when you and your partner want to kick it at home.

Sip and Drink for your next TV binge!

**Related Link:** [Love & Libations: Holiday Cocktailing Like A Celebrity](#)

### **Killing Eve- Ferguson Crest Viognier by Fergie**

If you watched the Golden Globes, you know that Sandra Oh won for best actress for her portrayal as Eve Polastri. Oh plays a detective hot on the heels of a sociopath assassin. It's all so very cat and mouse. She's so dedicated to her job that it's hurting her marriage. Who hasn't had a partner that's taken

them for granted? I think we can all raise our hands.

That means Eve needs white wine from time to time. The Ferguson Crest Viognier would be the kind of wine that helps up unwind with this series. Hopefully in season two Eve gets that assassin and keeps her man.

**Related Link:** [Love & Libations: Autumn + Red Wine = Love](#)

### **The Bodyguard- Haig Club by David Beckham**

Some of you will remember Richard Madden from Game of Thrones. In this show he plays, Sergeant David Budd, working as a specialist protection officer for the police department. He gets assigned to protect the Home Secretary, Julia Montague. When you get a good looking bodyguard protects a sexy cougar something is going in the romance department. Between his PTSD, failed marriage, sleeping with his boss, and bullets, David needs a drink every now and then.

Scotch is the way go to when sipping during this show. It seems fitting to drink, Haig Club, by David Beckham. It's like having two good looking Davids at the same time.

**Related Link:** [Love & Libations: Royal Reds for the Royal Celebrity Wedding](#)

### **Ray Donovan- Bob Dylan's Heaven's Door Tennessee Bourbon**

Liev Schreiber headlines this show which is headed to its 7th season. Ray Donovan is a Hollywood fixer who finds himself in quite a few dangerous situations. He's like the Oliva Pope of Hollywood ( season six he hits NYC). Then there's his hot mess of an Irish Catholic family who is more trouble than his clients. However, Ray's scrappy wife, Abby, is the glue that holds the family together.

The Donovans are very much into whiskey. It just might be in every episode. Watching the show while sipping a Heaven's Door Tennessee Bourbon, will make feel just like a Donovan.

**Related Link:** [Love & Libations: Date Ideas & Summer Loving With Rosé](#)

### **Greenleaf- Night Ender by Aisha Tyler**

The family is lead by Lady Mae Greenleaf and Bishop James Greenleaf who have been married forever while running a successful church with their children. Their estranged daughter, Grace, comes back home and all hell breaks loose. This show may be focused on a family in the church, but they are as scandalous as they come. Cheating, stealing, incest, and so much more. Did I mention that Oprah shows up in a few episodes? There's so much drama, I guess you could say all the characters needs Jesus.

The Greenleafs are a lot like the Donovans, they love libations. There seems to be a consistent theme of red wine so Night Ender by Aisha Tyler/Nocking Point Wines is a great choice for a sip and binge.

For more Love & Libations date ideas and [celebrity couple](#) predictions from Yolanda Shoshana, click [here](#).

---

## **Beauty Tips: 5 Beauty Products You Don't Need To Splurge On**





If you're a beauty fanatic, you're probably familiar with the thrill that comes with purchasing that new product you've been eyeing. Buying a shiny new beauty product can make you feel like you're taking steps to become a better version of yourself, but that feeling quickly fades when you see the damage that new eyeliner, mascara or lipstick has done to your wallet. You may not realize it, but there are probably a few products in your bathroom that you've been spending too much money on, and you can actually get the same results by using a cheaper version or even DIY-ing your own! Here are five beauty products you don't need to splurge on, and cheaper alternatives to look into instead!

## **Don't Splurge On These Beauty Products**

### **Lip Balm**

Lip balm is something you definitely don't need to be spending a ton of money on. Lip balm is essentially meant to moisturize your lips and keep them from getting chapped, so it doesn't really make sense to spend a fortune on something so basic.

Drugstore brands like Burt's Bees and Smith's make great lip balms that are also good for your the health of your lips. Other

slightly more expensive, but still affordable lip balms, like Glossier's Balm Dotcom and C.O. Bigelow's lip balm are also great options for keeping your lips healthy and soft.

## **Toner**

Toner is something that you can spend little to no money on at all! Toner is meant to be used after washing your face, as a way to remove excess dirt and shrink your pores. While many people make the mistake of purchasing expensive toners at department stores or beauty retailers like Ulta and Sephora, the same quality can be found at the drugstore! Witch hazel makes a great toner that won't break the bank, and brands like Dickinson's and Thayers make their own amazing versions for under \$10! Apple Cider Vinegar mixed with water can also be used as a toner in a pinch, and you most likely already have a jar of it in your kitchen!

## **Moisturizer**

Moisturizing is one of the most important parts of skincare, but that doesn't mean it has to be expensive! With celebrities and social media influencers swearing by pricey facial lotions like La

Mer and La Prairie, it can be easy to think that you need to shell out the big bucks to get a quality product. However, there are tons of great moisturizers out there for a fraction of what

you would be paying for a luxury brand. Depending on your skin type and the climate you live in, you can find a quality moisturizer at the drugstore that won't hurt your wallet. For instance, if

you live in a warmer city, like Miami or [Austin](#), you'll want to purchase a lightweight moisturizer from a brand like CeraVe or Cetaphil. During the cold winter months, check out your local



drugstore for something a little thicker.

### **Lipstick**

Lipstick is something that many people make the mistake of spending an exorbitant amount of money on. There are tons of great lipsticks available at the drugstore, so you can purchase a

few different colors for the price you'd be paying for one lipstick at a high-end store. Brands like NYX, Wet n Wild, and Maybelline have some of the best drugstore lipsticks in a variety of colors

and finishes, all for under \$10. With so many great drugstore options, there is no reason you should be spending a fortune on high-end lipsticks that essentially do the same thing!

### **Nail Polish**

Nail polish is something that should never cost more than \$5-\$10, so if you find yourself spending more than that, it's time to reconsider where your money has been going. You can find quality nail polishes for even less than \$5 at most drugstores, and brands like Sally Hansen, Essie, and Wet 'n Wild make great ones in tons of different colors, so you can rock a fresh manicure on a budget. If you really want to pamper yourself, give yourself an at-home mani-pedi by picking up some inexpensive nail polish in a cute color, and exfoliate and moisturize your hands and feet before applying polish. Your nails will look so good, your friends will be asking you where you got them done!

---

## **Ask The Guy's Guy: How Do I**

# Get Through The Holiday Season Being Single?



By [Robert Manni](#)

*Question from Meghan G from Babylon, NY: "It's hard being single during the holidays, what are some tips to help me get through being single? Or how can I find someone during this time?"*

This is a great question, Meghan. With all the hustle and bustle and last minute shopping during this time of year, it's easy to forget the true meaning of the holidays. Regardless of your spiritual beliefs, I think we can agree that this is a time for giving, gratitude, and love. Granted, this can be tough when you're single and see couples holding hands (some people still do that) walking along the bright and colorfully lit city streets.

**Related Link:** [Ask The Guy's Guy: If He Isn't Ready To Date, What Should I Do?](#)

Do your best to be grateful for what you have, especially if you are in good health. Then focus on your friends and loved ones. I believe that when we maintain a selfless mindset, good things come our way. Of course, there are no guarantees that you'll wake up on Christmas morning and find Mr. Right perched under your tree, but it's a good start for shifting your thoughts into a love-based mindset. I found find that love comes our way when our heart is open. Use the holiday season to practice making room in your heart for others, including a new partner. Finding love can often be that simple, and it has nothing to do with the time of year.

**Related Link:** [Ask The Guy's Guy: How to Win](#) a First Date After Meeting Online

Cherish your family and friends and be social. Attend parties you're invited to and spread the love you have in your heart. I believe when we radiate love, we receive love in return. And remember to be kind. What can be the most wonderful time of the year for many can also be a very stressful time for others less fortunate.

Happy holidays and good luck!

*If you would like relationship expert Robert Manni to answer your online dating/relationship questions, please email [gillian@nvmediainc.com](mailto:gillian@nvmediainc.com)*

**More about the Guy's Guy:**



Robert is the host of Guy's Guy Radio, featured on Blog Talk Radio and available on iTunes, Stitcher, and TuneIn. The weekly podcast features interviews with relationship coaches, entertainers, authors, wellness experts, spiritual teachers, sports personalities, and a weekly "Guys' Guy's Guide"

exploring current guy-focused topics.

His novel, THE GUYS' GUY'S GUIDE TO LOVE, praised as the "men's successor to Sex and the City," has been developed into two feature-length adapted screenplays, a scripted television series (pilot and treatment), and a series of non-scripted Guy's Guy show concepts.

Robert has appeared on broadcast television (NBC's Morning Blend, WPIX11 Morning News) and is a frequent guest across a spectrum of satellite, terrestrial, and web-based radio programs and podcasts, as well as a contributor to Huffington Post, Thought Catalog, Cupid's Pulse, GalTime, is a featured expert on GoodMenProject and YourTango. He was also named a Top Dating Blogger by [DatingAdvice.com](http://DatingAdvice.com).

Robert developed the Guy's Guy Platform to help men and women better understand each other and bridge the growing communication gap between the sexes. He continually creates a fresh, robust palette of timely Guy's Guy [content focused on life, love and the pursuit of happiness](#). Whether it's navigating the challenges of dating, relationships, friendship, career or wellness, Robert explores ways to help both men and women be at their best so that everybody wins.

---

## Love & Libations: Holiday Cocktailing Like A Celebrity





By [Yolanda Shoshana](#)

Tis' the season for cocktailing like the rich and famous. It's no secret that celebrities love a good party, but then again who doesn't? As you entertain or spend quality time at home this season channel your inner celeb with one of the following drinks.

While she may no longer be with us, Elizabeth Taylor is an icon. It's not a secret that Taylor loved herself a drink. Some of her heavy drinking came due to her rocky yet passionate relationship with Richard Burton. In the Golden Age of Hollywood, drinking was a recreational sport to many. Taylor's favorite cocktail was the "Black Russian", she added the Hershey's syrup for her own special touch. This libation would be great with holidays cookies, watching classic Christmas movies and wearing matching pajamas with your partner.

**Related Link:** [Love & Libations: Sparkling Wine for Holiday Date Nights](#)

Taylor's Black Russian

1 oz vodka

1 oz Kahlua

1 oz Hershey's chocolate syrup

Heat the chocolate syrup until it gets warm (make sure not to burn it). Add the ingredients to a mixing glass or shaker and stir until well combined. Fill the glass with ice and stir until chilled. Strain into a rocks glass over fresh ice.

**Related Link:** [Love & Libations: Royal Reds for the Royal Celebrity Wedding](#)

For years I'd heard about a cocktail called the "Pornstar Martini". It's a popular drink in places such as London, though most bartenders around the globe know how to make one. I had the pleasure of meeting the inventor of the cocktail, Douglas Ankrah, at an event in NYC. Since I know the drink is popular in the hottest bars in London, I asked him what famous people had been spotted sipping his cocktail. Let's just say that the Duchess of Cambridge (who we all know as Kate Middleton) used to enjoy this martini when out with her friends.

This drink is obviously a good choice for a party because it would get the guests talking. It's also the perfect libation to serve when you are snuggling in with your boo. It's a little naughty yet nice. Suggestive cocktails have a way of making couples creative. Besides that, it's a good drink of Netflix and chill.

Pornstar Martini

2 oz. vanilla vodka

1 oz passion fruit puree

$\frac{1}{2}$  oz vanilla syrup



$\frac{1}{2}$  oz lime juice

Side shot of Champagne ( or go with Crémant)

Combine vodka, passion fruit, vanilla syrup and lime juice in a shaker filled with ice. Shake it up then strain into a coup. Serve with a shot of Champagne or Crémant.

**Related Link:** [Love & Libations: Heat Up Your Relationship with a Date Night in the Kitchen](#)

In the past few years, Oprah has been showing us her fun side. Lady O mentioned that she makes a mean margarita, but her favorite drink is a Pomegranate Rosé Martini. When you are living a luxurious life like Oprah, the sparkling wine for this libation has to be champagne, of course. Can't you totally see Oprah and Gayle kicking back with a few of these over the holidays in one of her stunning homes. This cocktail is great for catching up with your girl squad.

Pomegranate Rosé Martini

2 oz vodka

3 oz. fresh pomegranate juice

$\frac{1}{2}$  tsp fresh lemon juice

2 oz rosé Champagne

Fill the shaker with ice, vodka, pomegranate juice, and lemon juice. Strain into a martini glass and top off with the sparkling rosé. Garnish with dried star anise.

*For more Love & Libations date night ideas and [celebrity couple](#) predictions from Yolanda Shoshana, click [here](#).*

---

# Relationship Advice: How To Get Over A Break Up With Someone You Were Never Dating?



By [Megan Weks](#)

We are afraid to say we want something real. We ease into the relationship secretly hoping it will turn into something of substance. We keep quiet. We don't want to "scare him away" by getting serious all of a sudden. Maybe you tried that before and nothing changed. Maybe you still went along with it trying to be "cool" and telling yourself, "I can handle it." Meanwhile, you're busy quietly nursing a dull heartache behind the scenes. You weren't even dating but it's fading away. You

know it's ending. You try to reignite it. You were hoping for more. He wasn't even your boyfriend. Why does this hurt so badly? The answer may surprise you.

## Getting over someone you weren't with

It hurts so much because you are breaking your own heart.

The time is now to figure out what you truly want in your heart. It's not shameful or embarrassing to want love by using dating services such as [The Love Personals Dating Website](#). We are born to love and be loved. The sooner you can look in the mirror and say, "I want love," without feeling any tightness, heat, or other emotional reaction related to a bit of judgment you have for yourself, the sooner you can look him in his eyes and softly declare that you're looking for something of substance. You are looking for an incredible human to share your life with. The sooner you can put this out into the world with the current of love behind it, the sooner the universe and men will respond with the same.

**Related Link:** [Expert Dating Advice: How To Put Yourself Out There After a Break-up](#)

Wishy-washy intentions get wishy-washy results.

When you're out there accepting crumbs from men, the universe is watching.

When you're holding something in and he can feel it, he is watching.

It actually lowers your value in his eyes when he can tell you're accepting less than you want and deserve.

He knows.

**Related Link:** [Expert Dating Advice: How to Handle A Heartbreak](#)

It's your job to get in touch with your true desires and start communicating that upfront before you end up in another unfulfilling or imaginary relationship where you're breaking your own heart.

**Exercise:** Design your relationship on paper in a paragraph that is colorful with how it feels to be in the relationship you want. What do you do for fun? How do you communicate with one another? How do you feel in this relationship? What to accept in this relationship and what do you not accept. Write it all in the present tense.

**Related Link:** [Expert Relationship Advice: How To Move On After Being Ghosted](#)

Set your intention and stand by what you want. Don't allow yourself to get tangled up in something that doesn't serve you. It's the epitome of self-love to follow your heart and speak your truth in order to line yourself up with the relationship you want.

For more information about dating expert Megan Weks, visit her website at [www.meganweks.com](http://www.meganweks.com). For more expert relationship advice articles from Megan, click [here](#).

---

## Expert Dating Advice: Why Am I Attracted to The Wrong Men?





By Gillian Lee

In this week's Single In Stiletto's dating advice video, founder and love expert Suzanne Oshima talks to Dr. Diana Kirschner about why am I attracted to the wrong kind of men. Watch the video above and read the article below for some dating tips in your life!

## Why Am I Finding The Wrong Men?

Dr. Kirschner is a PBS Love Expert, Psychologist, and Best Selling author to many books! She started a journey to find love after she had a rough childhood, and she was successful by finding a partner. She has now been able to help thousands of people around the world to find self-love and with a partner.

**Related Link:** [Expert Dating Advice: How To Get A Man To Crave Your Company](#)

**1. Attracted to Alpha Men:** Us women are wired biologically to be attracted to men who are "bad boys." It's an instinct that

we are attracted to these type of men because of the survival of the fittest. A stronger man is going to be better for your reproductive needs, and sometimes it's irresistible that we are attracted to these type of men. He's good in bed, and you're attracted to him, but why isn't it working out? It doesn't work out because they're often players and narcissists. These men are usually not interested, because it's all about getting laid. "Most women end up heartbroken..." Dr. Kirschner explains.

**Related Link:** [Expert Dating Advice: 3 Signs He's Falling in Love With You](#)

**2. Men Who Are Gorgeous:** When you're attracted to men like this, it's not going to give you that "soulmate love" kind of experience. "It's really something inside that makes them a good partner...that makes someone a soulmate for you." Dr. Kirschner tells us.

**Related Link:** [Expert Dating Advice: Can Casual Sex Turn Into Love?](#)

**3. Negative Parental Role Models:** If you grew up with bad role models, then you will most likely end up dating someone who is bad as well. When you grow up, your parents set a template up for you on love, and how portray it. This all happens in your subconscious mind, and then you'll realize who they truly are.

Dr. Kirschner has a gift for all her viewers, which is a free 40-minute session with a love mentor coach. They can help you get attracted to the right guys, and all you need to do is go to [lovein90days.com](http://lovein90days.com) and fill out the form. Make sure to Suzanne sent me, to get your free session.

For more dating advice videos and additional information about the Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).



---

# Ask The Guy's Guy: If He Isn't Ready To Date, What Should I Do?



By [Robert Manni](#)

*Question from Olivia MacBeth (Binghamton, NY): "What should I do if the guy I really like isn't ready to date yet? Should I keep waiting or should I move on?"*

# Keep waiting or move on?

When a guy says he “isn’t ready to date yet” there are usually only two reasons for his hesitancy to go out with with a great woman like you. The first consideration is that he’s coming out of a painful break up and needs time to lick his wounds before jumping back into shark-infested dating waters. If this is the case, I suggest you give him some time. Maybe let him heal for a month or so, but that’s it. You both need to get on with your lives. If he needs a little time, make sure he’s being truthful, then clock his behavior while his heart “heals” and watch how he handles the situation. Every guy gets dumped, but what often separates one man from another is how they handle challenging matters of the heart. Of course you want to date guy who’s in touch with his feelings, but if he’s still pining for his ex after a certain period of time, that a signal that it’s time for you to move on.

**Related Link:** [Ask The Guy’s Guy: What to do if You Find Your Partner Using Online Dating Sites](#)

On the other hand, if a guy has not recently come out of a break up but is still hesitant about dating you, that’s another story which does not have happy ending. When a guy is single and available, yet remains non-committal about dating you, that means one of two things. He’s either interested in someone else or he’s just not that into you. If either is the case, take a deep breath, exhale, hold your head high, and move on.

After all, do you really want to wait around for a guy who is not jumping at the chance to date you? I doubt it.

Hope this helps. Good luck.

**Related Link:** [Ask The Guy’s Guy: How to Win a First Date After Meeting Online](#)

If you would like relationship expert Robert Manni to answer your online dating/relationship questions, please email [gillian@nvmediainc.com](mailto:gillian@nvmediainc.com)

***More about the Guy’s Guy:***



Robert is the host of Guy's Guy Radio, featured on Blog Talk Radio and available on iTunes, Stitcher, and TuneIn. The weekly podcast features interviews with relationship coaches, entertainers, authors, wellness experts, spiritual teachers, sports personalities, and a weekly "Guys' Guy's Guide" exploring current guy-focused topics.

His novel, THE GUYS' GUY'S GUIDE TO LOVE, praised as the "men's successor to Sex and the City," has been developed into two feature-length adapted screenplays, a scripted television series (pilot and treatment), and a series of non-scripted Guy's Guy show concepts.

Robert has appeared on broadcast television (NBC's Morning Blend, WPIX11 Morning News) and is a frequent guest across a spectrum of satellite, terrestrial, and web-based radio programs and podcasts, as well as a contributor to Huffington Post, Thought Catalog, Cupid's Pulse, GalTime, is a featured expert on GoodMenProject and YourTango. He was also named a Top Dating Blogger by DatingAdvice.com.

Robert developed the Guy's Guy Platform to help men and women better understand each other and bridge the growing communication gap between the sexes. He continually creates a fresh, robust palette of timely Guy's Guy [content focused on life, love and the pursuit of happiness](#). Whether it's navigating the challenges of dating, relationships, friendship, career or wellness, Robert explores ways to help both men and women be at their best so that everybody wins.

---

# Expert Dating Advice: Men Who Want to Date Women Their Age



By Gillian Lee

In this week's Single In Stiletto's dating advice video, founder and love expert Suzanne Oshima talks to Robert Manni about men who want to date women their age. Watch the video above and read the article below for some dating tips in your life!

# Dating Women Their Own Age

Robert Manni is the author of “The Guys’ Guy’s Guide to Love.” Manni is based in New York City, and he wanted to write a novel that was based in his area from the male point of view.

**1. Experience:** There are a lot of cultural differences if there’s a large age gap, so you have to keep up with each other. A lot of guys would much rather date people who are age appropriate. “Women who have been around a little bit have some experience and maturity, money, and power and connections, these things are all important,” Manni states. It’s important to be on the same wavelength as each other when you’re talking about jobs.

**Related Link:** [How to Get Men to Crave Your Company](#)

**2. Empathy:** Older women may have more empathy when it comes to “real-life scenarios.” They’re going to understand the feeling of ‘having to go find another job’ and other examples. They’re going to understand more than 22-year-old women would. Don’t worry about the guys who want to date younger women using dating apps, because they won’t be able to change!

*For more dating advice videos and additional information about the Single in Stilettos shows, click [here](#).*

*For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).*

---



# Love & Libations: Celebrity Wines For Turkey Day



By [Yolanda Shoshana](#)

I'm sure you noticed that the day after Halloween the Christmas stuff was out front and center. Let's not forget about poor forgotten Thanksgiving. After all, it's a day to remember to be grateful for family and friends. Who doesn't love stuffing themselves with good food and libations on this holiday? While there are many wines to pair with your turkey day meal, here are some celebrity selections that are delicious and will make you feel fancy.



# Different Celebrity Wines

## 1) Moet Chandon Champagne Brut

It's the first Champagne to even bother to work with celebrities. The first ambassador was Scarlett Johansson. No one knows why their relationship didn't last, but the bubbles moved on to tennis great, Roger Federer, to continue with its sexy sipping.

You may not realize this, but sparkling wine is perfect to pair with a Thanksgiving meal since bubbles go with anything and everything. Most people wait for a special occasion to break out the Champagne. What could be better than a meal with friends and family on a day full of gratitude? The wine would go great with turkey, but it's perfect for your guest who simply likes to indulge in the side dishes.

**Related Link:** [Love & Libations: Autumn + Red Wine = Love](#)

## 2) 2015 Napa Valley Three by Wade Red Blend/Wade Cellars

NBA player, Dwayne Wade has a lot to be grateful for this Thanksgiving. He and his wife/actress, Gabrielle Union, has just welcomed a baby girl. Wade has even taken time off from games to welcome his daughter.

As some of you may know, Wade is part of the secret NBA wine club. He enjoys wine so much that he started his own luxury wine label called Wade Cellars. The Napa Valley Three has some of the best red grapes swirled together such as Malbec, Merlot, Syrah, and Zinfandel. The black fruit and floral notes would be perfect for celebrating the day with those you love.

**Related Link:** [Love & Libations: Cocktails Inspired by Halloween](#)

## 3) Lve Chardonnay/ Lve Collection by John Legend

John Legend has been in the wine game for a few years now. He teamed with wine personality, Charles to create a wine that is elegant and sophisticated. Long story short, his wine is as smooth as his music. I would love to know what he and Chrissy Teigen pair his wines. Will she cook this Thanksgiving or have it catered now that she has two little ones? Whatever they do, I assume wine will be in hand.

This California produced wine would be a delight with your turkey and for those who are vegetarians at your table. It's full and rich with notes of butter and toasted almonds. It's the perfect pairing and works well with a good playlist featuring some of John's music.

**Related Link:** [Love & Libations: Palate Pleasing Pairings & Celebrity Couple Inspiration for Thanksgiving Day](#)

#### **4) Miraval Rosé/ Chateau Miraval Cotes de Provence**

While the love may be over between Brad Pitt and Angelina Jolie their wine remains something to fall in love with. When they released the *rosé* it sold out in minutes. When the couple announced their split, wine lover around the world panicked because no one knew would become of their beloved *rosé*.

The wine lives on until further notice. If you are a fan of a good French *rosé*, this one is for you. A glass of Miraval would be great as an aperitif when your guests arrive or as a kick off to a more intimate dinner.

For more Love & Libations date night ideas and [celebrity couple](#) predictions from Yolanda Shoshana, click [here](#).

---

# Expert Dating Advice: How to Date a Coworker



By Marisa Gooch

Most of us typically view work as a place to acquire skills, earn an income, and build a social circle. But for some, work can also be a place to find their happily ever after.

Take [Gwen Stefani and Blake Shelton](#), for example. They met while judging for [The Voice](#) in 2014. What began as a simple friendship soon sprouted into something more. Now, Stefani and Shelton have been dating for three years and are still going strong.

# Dating A Coworker

Dating a coworker isn't only familiar to the celebrity world. According to a survey conducted by [Vault](#), 51 percent of respondents have had an office romance at least once in their careers. Another recent study conducted by [The Knot](#) found that 12 percent of participants met their spouses at work.

For how common it is to date within your work circle, learning how to handle a romantic relationship with a coworker can be difficult, awkward, and stressful. Should you tell the company that you two are dating? How do you address each other at work? What happens if you break up? These questions should be contemplated and answered before you dive into a serious relationship with a fellow employee. To combat the potential awkwardness, here are four guidelines that will help you handle a professional relationship that turns into a personal one.

**Related Link:** [Relationship Advice: Is Your Job Killing Your Relationship? How To Choose The Right Company To Work For?](#)

## 1. Check Your Company's Policy

Unless you work in the state of California, it is legal for your company to set [fraternization](#) policies, meaning that the company could prohibit employees from participating in romantic or sexual relations with each other. If your company has a strict fraternization policy and it is broken, one or both participants involved could be terminated. Yikes.

Not all companies have strict fraternization policies, though. Some companies have their employees sign a [love contract](#), and other companies don't care if two employees date as long as the work gets done. Before becoming romantically involved with a coworker, check your company's handbook and your employment

contract to confirm that dating within the company is allowed. If you have the green light, it is best to notify your supervisor or boss once your relationship becomes serious so that he or she is aware.

**Related Link:** [Relationship Advice: How to manage your business when you're sleeping with the CFO?](#)

## **2. Set Boundaries**

Sometimes “all work and no play” is a good thing in terms of how you and your partner interact while in the office. Remember that when you are at work, you are *working*. That means no kissing in the halls, no batting eyelashes at each other, and no overly romantic talk.

[Lynn Taylor](#), author of [Tame Your Terrible Office Tyrant: How to Manage Childish Boss Behavior and Thrive in Your Job](#), says that even though behaving strictly professionally may feel awkward, it is “better to overcompensate than to constantly test the limits of workplace etiquette while hoping for the best.” Maintaining your professionalism will prevent your colleagues from feeling uncomfortable around you and your partner.

Now, I know what you may be thinking: *I can't show ANY form of love or appreciation for my partner in the office?* The answer is you can, but keep it simple and subtle. Going to lunch together or meeting up for breaks is totally fine. Friendly chatting in the coffee room is, too. Discuss with your partner other activities that you both feel uncomfortable participating in while you are at work and stick to your decisions.

**Related Link:** [Expert Dating Advice: Tips for Romance That's Just Around the Corner When You've Been Around the Block](#)

## **3. Don't Involve the Entire Company**

You're dating your coworker, not the company you work for. Keep your relationship private, especially when you have disagreements and fallouts. [Art Markman](#), professor of psychology at the University of Texas, advises this exactly. He says that you should leave any personal quarrel with your significant other out of the workplace.

This means that if you and your partner are fighting, don't tell Sally in the printing room what happened. Likewise, your partner shouldn't tell John two cubicles down about the rude things you said. Sharing the details of your private life with your colleagues can spread rumors and encourage gossiping in the office. You and your partner may forgive and forget, but Sally will see your partner as an awful person, and John will dub you as someone who doesn't have a filter. Even worse, the news could get back to your boss, causing him or her to feel that your relationship is damaging your work ethic. That itself could create a plethora of problems. To keep this from happening, keep your home life at home and your work life at work.

**Related Link:** [Dating Advice: 4 Reasons Going Outside Your Comfort Zone Is A Good Idea](#)

#### **4. Be Prepared for What Could Come**

It is important to be realistic about the future of your relationship. Either it is going to work, or it isn't. If you and your partner decide to get married, will you both stay at your company? If you and your partner break up, how will you interact at work?

Be prepared for both outcomes early on, especially for the outcome that entails tears, heartache, and anger. According to dating expert [Chiara Atik](#), it can be very uncomfortable to work with someone after a breakup. Preparing for the unknown with your partner can help you both have a clear game plan when x, y, or z happens.



If you are making eyes at the girl down the hall or the boy in the mailroom, keep these four guidelines in mind for when that relationship takes off. If you end up belonging to the 12 percent that marries a coworker, all the best to you. If you belong to the majority that knows what it's like when a romantic relationship with a colleague turns sour, don't be afraid to apply these same steps to combat the inevitable awkwardness that may follow.

---

## **Expert Dating Advice: How to Get a Man to Crave Your Company!**





By Gillian Lee

In this week's Singles In Stilettos, [dating advice video](#), founder and relationship expert [Suzanne Oshima](#) talks to Lisa Shield about how to get a man to crave your company. Watch the video above and read the article below to find out some good dating tips in your life.

## Get Men To Love Your Company

Lisa Shield is a dating and relationship coach, for [Emotionally Naked Dating](#). Shield met her husband after going on 96 first dates and went through them very quickly. 16 years later, she's with the love of her life, and she is a successful dating and relationship coach.

**1. Share your head before you share your bed:** In today's dating world, men are putting a lot of pressure on women to have sex right away. "We have to be the ones that put the brakes on and say no, they can't read our minds and cannot tell if we are ready or not." If you want a man to that is interested in more than just sex, and a man who loves you for

your thoughts and your heart, then you have to wait on having sex. Nobody can tell you when the right time to have sex is, you will know when the time is right for you. So, a word of advice, don't sleep with them within the first four dates!

**Related Link:** [Expert Dating Advice: Why Can't I Seem To Find The One?](#)

**2. Really understand the man sitting across from you:** When you tell a man you don't want sex, he's going to feel rejected. "If you are going to put a break on sex, you're going to have to learn how to reject a man without making him feel rejected," Shield tells us. Really own that you are an elegant woman, and don't let men call you a girl. If you're in your 20s, 30s, and 40s you're not a girl anymore, really own up to who you truly are. To truly get a man to crave your company, you have to treat him like a man. "When you start to treat a man like a man rather than a little boy, you start to bring out the man in him." Women in today's society tend to sit back and wait for the man to do everything, but we need to start being able to do stuff for ourselves.

**Related Link:** [Expert Dating Advice: 3 Signs He's Falling In Love With You](#)

*For more dating advice videos and additional information about the Single in Stilettos shows, click [here](#).*

*For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).*