

Frankie Muniz Is Engaged to Longtime Girlfriend



After a tumultuous four years together, Frankie Muniz and his girlfriend, publicist Elycia Turnbow are engaged! The young couple excitedly shared the good news through their respective Twitter accounts. “...Im so happy to be ENGAGED to the love of my life @ElyciaMarie!!!” Muniz tweeted on Saturday. The couple have gone through their ups and downs, especially this past year when police were called to their home to investigate a domestic violence claim. According to Muniz’s rep, [People](#) reports, “It was a situation that escalated beyond a point that it needed to be.” Hopefully the two can put everything behind them and start fresh with this next chapter in their relationship.

If your partner attacks you once, are they likely to do it again?

Cupid's Advice:

It's important to get your partner the necessary help if they do ever attack you. A situation such as this should not be ignored, because it can always happen again. Here are some things to keep in mind:

1. Counseling: Speaking with a professional therapist should be an option for both you and your partner. Therapy can help determine the source of the anger that led to the violent situation.

2. Communication: Instead of using your hands or objects to express your feelings, make it a priority to walk away if you feel the urge to get physical.

3. Other anger outlets: If anger is a problem for you or your partner, find other outlets to release stress such as going to the gym, running or something healthy that will calm you down.

How do you avoid violent situations with your partner? Let us know below.

Frankie Muniz Denies Being Suicidal During Fight With Girlfriend





Police were called to former *Malcolm in the Middle* star Frankie Muniz's house after a fight with his girlfriend turned serious, according to [People](#). His publicist girlfriend, Elycia Turnbow, told police that Muniz put a handgun to his head "possibly with [the] intent of committing suicide." The actor's rep countered, saying, "A gun played no part in the argument and was voluntarily given to the police for safekeeping... He was not suicidal." Ironically, Muniz was the one who called police to the residence, complaining that Turnbow was "throwing things and hitting [him]."

What are some ways to keep fights from escalating?

Cupid's Advice:

When things get heated between you and a partner, it's important not to lose control. Cupid has some tips on how to keep a lover's quarrel from turning ugly:

- 1. Think ahead:** Remember the last time you fought and you said things you wish you could take back? Next time, think carefully before you do or say something you'll regret later.
- 2. Slow down:** Take a step back from the situation before things get out of control. By pausing for a minute and taking some deep breaths, you can stop the fight from escalating.

3. Never resort to violence: If you're feeling so worked up that you're considering physical violence, walk away from the situation immediately and tell your mate you can talk later, once you've both calmed down.