

Dating Advice: 5 Reasons You Should Consider Hiring A Professional Profile Writer



By [Joshua Pompey](#)

Over the past 10 years as a [relationship expert](#), I've written a whole lot of dating profiles. From teachers, to doctors, to CEOs, and even best selling authors, I've had the pleasure of helping people from all walks of life. And while most of the people I've worked with are intelligent, well-rounded, and perfectly capable people, it wasn't until they outsourced a professional profile writer that they will able to find true online dating success. If you've been having less than stellar results online, or are even just beginning, I would strongly urge you to consider hiring a professional profile writer of your own. Here are five pieces of [dating advice](#) as to why.

Dating advice that will improve your odds on the field.

1. Online dating is a unique language: Remember when I said I wrote profiles for a couple best selling authors? Well I've also written a whole lot of online dating profiles for English professors, journalists, English teachers, and various other careers that specialize in writing. Most of these people possessed overall writing skills that were far superior than mine, but online dating is a different kind of language that requires a unique skill set. I may not be able to decipher Shakespeare on the same level or create meaningful poetry, but when it comes to online dating profiles, I bring much more to the table. Everything is relative.

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2. Professional profile writers have seen it all: Suppose you wanted to lose weight and are going to the gym for the first time. Or maybe you've been trying to lose weight for six months and your results have been rather mediocre. Who is more equipped to take you to the next level. You, or a professional trainer who has been helping clients to meet their goals for years? This is what you need to think about before you spend months, or even years with a profile that has not been looked at with a professional set of eyes. By hiring the best of the best, you are allowing yourself to chase your goals with the highest chance of success.

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3. A profile writer can easily spot red flags: One of the biggest reasons men and women fail at online dating is because they unintentionally write statements that scare people away.

Something as little as the wrong word choice, accidentally appearing desperate, or sending the wrong signal about yourself can destroy an otherwise perfect profile. A professional profile writer can spot these types of mistakes in a split second, saving you the unfortunate situation of being ignored without knowing why and improve your [date night](#) chances.

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4. A professional online dating profile writer will not be biased: When someone hires me, it's my job to give them a little tough love from time to time. Friends and family often try to be nice, or maybe they just don't know any better so they don't say anything critical. And you yourself might be your own worst enemy, as it's hard to objectively critique ones own work. But with a professional? You are going to get it straight, and you'll receive the tough love you need to achieve your goals. The [dating tips](#) you receive from a professional profile writer will be like none other.

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5. Their reputation depends on your success Every single time I write a profile, I know that my name has its stamp on that profile. My future success depends on your current success, which creates a tremendous incentive to create the best possible profiles for people who expect top quality work. In the age of the internet where people can write reviews and provide feedback on everything, a professional who wants to stay in business long term will definitely put his or her all into doing right by you.

Joshua Pompey is an online dating expert, helping men and women to find love since 2009. For more information how to have your perfect profile created, men learn more [here](#), women

learn more [here](#) .

Dating Advice: How to Make the First Move (Women's Edition)



By [Joshua Pompey](#)

The person sitting across from you is cute, charming, and you just can't seem to stop thinking about going in for that first kiss. But the question many women have is how to you make the first move? Truth be told, the first move shouldn't just happen at the end of the date. It should be the result of many small moves that occur over the course of a first date, eventually building to that first kiss by the end of the night. So before you make the first move at the end of your

date, the following [dating advice](#) will help you to make the transition much easier while avoiding relationship problems.

Dating advice that will help you make the first move like a pro!

1. Playfully touch your date's arm when you laugh. The idea is to slowly build up comfort as the [date night](#) goes on. If you go straight in for a kiss at the end of the night without any prior touching, it will likely feel forced and awkward. With playful and innocent touches to your date's arm when you are making a point, laughing, or just having a fun conversation, he or she will slowly get used to your touch.

2. Slowly progress to more intimate touches. Once your date gets comfortable with casual touches to the arm, it's okay to move towards slightly more intimate touches like a brief hand hold, or even grabbing his leg for a second or two when making a point before letting go. Remember though, keep it casual. These touches shouldn't feel overwhelming or sexual. The last thing you want to do is start sensually rubbing his leg on a first date! Just get the other person used to your touch and keep building those comfort levels.

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3. Keep the date fun, relaxed, and interesting. Your date may start getting used to your touch, but if he or she is not having fun and doesn't feel relaxed, then there will be little desire for a kiss at the end of the night. So my top [dating tip](#) is to make sure you and your date are having a good time. Fun should be prioritized above all else because it will set the tone while you prepare to make that first move.

4. And now it's the end of the night. It's time to make the first move! So what do you do next? Well, if you had a great

date and followed the dating advice above, odds are you won't even have to. Your prior work will lead your date to make the first move for you. But assuming you still have to make the first move, let your date know with your eyes and smile as opposed to with your words. Wait for the visual cues, and if they clearly look like they are thinking about kissing you, go in for an innocent kiss on the lips, and pull about an inch or two away slowly. If your date is into it, he or she will almost certainly lean back in for some more fun.

At the end of the day, it's all about confidence and creating the physical comfort with another person. Establish that comfort along with a fun first date night, and a first kiss will be completely natural when the time comes.

For more online dating advice from Joshua Pompey, including the questions you must ask an [online dating profile writer](#) before hiring them, visit this [link](#) now!

Dating Advice: Our Cultures Are So Different, Can It Really Work?





By [David Wygant](#)

There's a saying I have in life as a [relationship expert](#). Date someone from common backgrounds. Why? Because you understand one another. When you have a common background, grew up the same way, in similar neighborhoods and schooling, then you've got a lot of familiarity between the two of you. Now it doesn't mean that if you've grown up differently it can't work out at all. What matters most is how you took your childhood experience and manifested it into adulthood. If your concerned about whether or not your differing cultures will cause relationship problems, follow my [dating advice](#) as someone who has made it work personally.

Dating advice that will help you date outside your culture successfully.

We live in a multi-cultural world right now. Where people from all over the country are living all over the planet. A person who grew up in New York City might be living in the deep woods in the dark south. A person who lived in LA on the beach might be living in the middle of Manhattan. A guy from India might be living in New York City. A girl who grew up in Bangladesh

might be living in the heart of Chicago. The great thing about the United States and the world nowadays is that it's so multi-cultural. So can it work out if a couple is from different cultures? Can a man from India fall in love with a small-town girl from Sioux City, Iowa after a single [date night](#). The answer is absolutely yes! You see, if they grew up the same way, meaning they grew up with love, similar morals, values, and parents that actually cared about them, then their cultural backgrounds actually make life far more interesting. You see, it's fascinating dating somebody from another culture, because really it just comes down to communication. And love is not a cultural thing. Love is really about how you relate to things, where your value system is, and how you can teach and show one another the lessons that you both need to go through.

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One of the most fascinating experiences I ever had was when I dated a girl from Vietnam. She was fascinating in so many different ways. She grew up in an entirely different time than I did. Her dad actually was an American GI and her mother was a Vietnamese refugee. They met during the war and she was born. She never really got to see her dad because he was moved back to the U.S. and never returned. She ended up moving to the U.S. herself when she was a young adult and going to college. She actually got to meet her dad in the process and got to form the relationship she always wanted. She may have grown up dirt poor, but she grew up with values and a culture that was different than my own. She was appreciative. I on the other hand, grew up in New York, where everything was go, go, go! Despite these differences, our value systems were pretty much the same. Our cultures were very different. but it was a fascinating experience. When it comes down to dating, it's really about what somebody's heart says.

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Longer In Love? Dating Advice: Should I Drop All The Other People I'm Interested In?

So ask yourself some serious questions when you think of your significant other. What is their heart about? What does their heart say to you? It's fascinating that we can date within your culture, but isn't it more interesting to date outside your culture and learn some new, amazing and beautiful things?

David Wygant is an internationally-renowned dating and relationship expert, author of the book Naked, and speaker. Through his boot camps, personal coaching, and his [website](#), his love advice has transformed the relationships and love of hundreds of thousands of people from every corner of the globe.

For more expert relationship advice from David, click [here](#).

Relationship Advice: What To Do When You're No Longer In Love?





By [David Wygant](#)

This could be the easiest question that I could ever answer for anyone. What do you do when you're no longer in love? Here's what the typical person does. They stay in the relationship. That's right. 80 percent of the people that are no longer in love stay in the relationship for an endless amount of time because they feel guilty that they actually no longer love their partner. So they'll sign up for a life of misery in order to protect their partner's feelings. When in reality it's ridiculous because if you're miserable and you don't even love your partner anymore, your partner is definitely feeling that on so many different core levels. The two of you can just sit around the house, make each other miserable. Sleep in the same bed or separate rooms. Never touch one another, never have sex, but yet stay together for the sake of the children. Or stay together for the sake of not wanting to hurt someone instead of confronting relationship problems head on.

Dating Advice That Will Help You Deal With The Partner You No Longer

Love

Although I'm now a [relationship expert](#) and matchmaker, I also reacted the same. I remember a long time ago I was no longer in love with somebody that I was with. I hovered in that relationship for at least a year before I finally had the guts to end that relationship. What did I do? I basically took a year of someone's life away from them. That's right, you're a life stealer when you don't have the guts to go and literally talk to somebody about the way you're feeling. And being a life stealer is one of the worst possible stealers you can possibly be. Because in life, when we die, all we ever wish for is more time. Basically you're taking somebody's time away from them.

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So here's my [relationship advice](#). If you're no longer in love with somebody you need to really – well first off, maybe get coaching or maybe some therapy to figure out what it is you fell out of love with. But it's important to take responsibility for your feelings, own your feelings. Own who you are as a person so you're no longer hiding behind the fear. Then, you need to let that person go. Sting said ever so wisely in a song, "when you love somebody, set them free." You once loved this person. You no longer do. So set them free so they're able to literally go on and have the life they're looking for. The longer you keep them in this relationship because the feelings of guilt and fear of being honest or breaking up, the longer you're going to – well literally, increase the anger that's going to come out of them. Have some guts. Tell somebody what you really think when you're no longer in love. It really is that clear.

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Dating Advice: Should I Drop All The Other People I'm Interested In?



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This is always a controversial subject, especially in today's modern "swipe dating." 93 percent of the people that go out on a date meet on Bumble, Tinder, Hinge or Match will go home

that night and literally get back online to see whether or not there's somebody else that's better. Somebody that might be cuter. Somebody that might have a better body. These online dating services are a brilliant marketing ploy to get people to think that there's a huge paradox of choice. It's literally like going on Amazon, but instead you get to look at all the men and women out on the market. You see, by getting on all these devices constantly, there's no reason to ever settle for somebody that's awesome. So we continually get on this treadmill hoping that there's something better. I personally have been a victim of this as well. I've been single for four years, and even that's with all my knowledge in the dating field as a [relationship expert](#). I have definitely had my share of going out with somebody and then going home and swiping to see if she is out there. Whatever the version of she or he is, you know that they might be out there, because every day the inventory is changing. Just like your favorite supermarket. Why buy a mushy avocado when you can go buy a brand new one the very next day?

Dating Advice That Will Help You Figure Out If You Should Drop Potential Partners

So how do you know when to stop the treadmill dating? When you find somebody you actually connect with. Somebody that makes it easy to hang out. Somebody that's authentic and real. Somebody that communicates their needs, wants, and desires and does not play games with you. Somebody that you're really attracted to, and realize that there's no perfect person out there, but yet this person is somebody that you've never met before. There's not much to say about this, except grow up. There's a reason why people are swiping and dating is that they have no idea what they're doing. People are not giving each other chances anymore to really connect on a deeper

level. There are major issues that go on with the swiping and dating, and they contribute to major [relationship problems](#) in the future.

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You can either get off the treadmill and give somebody amazing a chance for at least a month or two, and if it doesn't work out, then go back to the hamster wheel of dating. By all means, run back to the roulette wheel and spin and see if you get lucky again; but know that the only way to get to truly know somebody is to actually give them an opportunity to get to know you. Give them a chance, have a mini-relationship. Plus, sincere relationships are far better than minute relationships that last three hours on a first date. Even if you only hang with somebody for 30 days or 60 days, you're going to learn something amazing about yourself. So my [dating advice](#), I suggest all you swipers, go out there and give somebody a real opportunity. Give them 60 days. See what happens. See if you can form a relationship. Get to know who they are. And make sure to remember that anybody can put on their best game face for 90 minutes on a first [date night](#); but what you truly need is to get to a level of intimacy that you can trust somebody, feel something for them, and have sex that blows you away. If have any questions on this, let me know.

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Dating Advice: 4 Reasons Younger Women In The City Struggle To Forge Meaningful Relationships



By [Joshua Pompey](#)

As someone who lives in New York City, I can say with full enthusiasm that it is one of the greatest cities in the world. The food! The culture! The diversity! And of course, the incredible women are right up there with any other city. Unfortunately, one aspect of city life often let's women down though, and it affects their ability to forge meaningful relationships. And while it's easy to claim that men in the city just don't want to settle down, I've personally found

that this is far from the case for most men I've worked with or encountered. Sometimes it's just a matter of avoiding certain mistakes and making the right adjustments to find love. In this article I will be discussing four big reasons many women often struggle to find relationships in big cities, and [dating advice](#) to help you avoid these issues.

Dating advice that will benefit young women living in a city.

1. Not prioritizing: There is always a lot going on in a city. If you don't get your priorities straight about what's truly the most important thing to you, you will never find love. When I was single there were so many times I would attempt to arrange a date with a city girl, only to find out that she wasn't free for another two weeks. Yoga class, the gym, and happy hours with friends took priority over their first [date nights](#) with me. This is a big mistake. There will always be another happy hour. There will always be another yoga class. Friends will always be around. But a great guy with the potential to form a meaningful connection? That doesn't come around every day. Dating needs to be the priority if you are really serious about it.

2. Your career will not be emotionally there for you when you get old: A big part of the city mentality is often, "I'll get into a relationship at age X, get married at age X, then have children at age X. In the meantime, I'll just focus on my career." This fictitious notion that you can time when you find love, get married, and have kids is completely misguided. Not to mention forcing these aspects of life can cause [relationship problems](#). Having drive is a positive thing. But before you sacrifice your entire youth by prioritizing your career over your relationships, ask yourself, will your career be there for you one day as much as a loving partner?

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3. The paradox of choice: The city life creates this illusion that there are millions of potential partners out there for you. Just sit on one city block and you'll probably see hundreds of men walk by in one hour. Sometimes this creates a serial dating mentality. With so many men around, good isn't good enough. Why settle for good when you could find perfect? Unfortunately, that perfect guy may have already been on a date with you, but you passed up on him because he didn't blow your mind during the first date. Sometimes it takes time to build chemistry and realize how strong a potential suitor is. So my dating advice as a [relationship expert](#) is to be careful when dismissing men who don't seem to be "perfect" matches just because you believe there might be someone better around the corner.

4. Not breaking out of your social circle: Even though there is always so much going on in big cities, sometimes we tend to fall into repetitive patterns of seeing the same people every day and going to the same places. Take advantage of the diversity and opportunities that cities provide by joining new clubs, going to new social groups, and meeting new people. The more people you meet from different walks of life, the more likely you'll meet someone that you connect with.

For more online dating advice from Joshua Pompey, visit his [website](#), or you can find free advice for women by visiting [this page](#).

Dating Advice: 5 Online Dating Photos That Will Instantly Up Your Profile Game



By [Joshua Pompey](#)

Let's face it. Men are all about appearances. It's bred into our DNA. Sure we want to settle down with women who are well-rounded, fun, caring, intelligent, and all that other good stuff. But before we actually get to the good stuff that leads to a long-term bond, we still focus on the visuals. This is why it is so critical to perfect the photo galleries of our online dating profiles in ways that will ignite high levels of interest. The good news is that you don't have to be a supermodel, or even a model to spark high levels of attraction. But if you are one, call me ok? Where were we again? Oh yes... Creating a photo gallery that will ignite

interest! The following five [dating tips](#) will put you on the path to a perfect photo gallery and hopefully increase your potential [date nights](#).

Dating Advice That Will Help You Improve Your Online Dating Chances With Pictures Alone!

1. Travel photos: Travel photos don't just show that you are well-traveled. They provide an insight into the fact that you have a sense of adventure and love new experiences. These are two winning qualities that you should be showcasing whenever possible.

2. The adventure picture: Speaking of adventure, if you have any pictures of yourself doing something slightly more adventurous than traveling, this will go a long way. Whether its a level 10 adventure like sky-diving, or skiing on a beginner slope, showing that you are willing to try new things will keep men thinking you are interesting, and more importantly, fun!

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3. The check me out picture: The check me out picture is you looking your absolute best! Dig through those Facebook archives for nights out with friends, weddings events, or simply a girls night out where everyone was literally checking you out. If you don't have one? No problem. There's always a Saturday night around the corner. Recruit your most loyal friend for one night, get dressed, and start snapping away.

4. The 'I can hang with your friends' picture: Think along the lines of pictures where you were at a sporting event, drinking a beer, or scratching your belly as you belch. Wait... Scratch

that last one! But pictures that show you enjoy activities men typically also enjoy always go a long way. We don't actually want to date someone who acts more like our male friends, but it's nice to know you are willing to do the things we like once in a while, or even better, are actually into them.

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5. The friends and family oriented picture: At the end of the day, showcasing that you are a kind and caring friend or family member is something all men are attracted to. This shows that you will make a great long-term partner and are able to form strong bonds with people. Have at least one picture showcasing the most important relationships in your life.

Follow this [dating advice](#) and you'll have men reaching out to you in no time! However, the most important dating tip I want you to keep in mind is to be yourself in online photos, or you risk the chance of future [relationship problems](#). No one likes false advertisement, so be honest and upfront about how you look before you go on that first date. More importantly, make sure your personality matches your online persona.

Need more help with your online dating profile? To learn the top strategies our profile writers use writing an online dating profile, read this [article](#). Or visit our world famous profile writing service [here](#) and sign up for a free profile evaluation where we have been helping online daters since 2009.

Relationship Advice Guys Edition: When's The Right Time To Pop The Question (Marriage)?



By [David Wygant](#)

So you're under the influence of an amazing woman. You're thinking about popping the question. All you think about is the future. You think about the love that you're sharing. You think she's the one for you. Before you run off to pop that question, it's time you start smelling the sausages. Yes, sausages. You see, women need to smell the roses, men need to smell the sausages. Let's bring you back into reality with a real stinky, smelly, greasy, Italian Sausage that you get from the street fair. Before I go on, I need to warn you that I'm about to give you some hard hitting [relationship advice](#). It's going to hopefully wake you back into reality, and give you an

opportunity to make the right decision.

Relationship Advice That Will Help You Figure Out If You're Ready For Marriage

Marriage is not something you take lightly. It's not something you rush into, as the great Elvis Presley song *Fools Rush In* has pointed out. Despite being a [relationship expert](#), in my life I've been married a few times. Every single time I got married, I was a fool – like in Elvis's song – and I always rushed in. I was rushing in based on a story I had. I had to marry her. I wanted to marry her. I'd never been so in love. Yet, I barely knew her... I don't want you to go through what I went through. Marriage is one of the biggest decisions you could possibly make, because from marriage, comes many different things: a lifetime partner (potentially), with children. And here comes the sausage part of it all – the mother of your children is the woman whose going to take half your money if it doesn't work out. Oh yeah, I had to throw that last bit in there because that is the truth. Make the wrong decision, and all of the sudden your bank account, and everything you've ever worked for in your entire life, will go to somebody else. And if that doesn't scare you, maybe this will. The woman that you're so in love with right now, that you think you want to marry, will turn on you most likely. And most likely use your children as a way to manipulate things. Now this may not happen. You may have a future where divorce is amicable. She may not ask for all your money, and she may actually support a great father/daughter, father/son relationship. But I bring these subjects up because when you're under the influence of a new woman, and your under the influence of thinking you're going to marry somebody, somebody has to slap you across the virtual face, and wake you up from

the fog that you're in.

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So now that I've scared you, and have given you some sort of reality check, I want to talk about when you should pop the question. What I'm about to tell you is probably, oh good <?>, it's an all conventional [dating tip](#). But I think you need to go through eight seasons with this woman. The seasons don't consist of the NFL, the Baseball or the Basketball season. The seasons consist of two Winters. Two Springs. Two Summers. And two Falls. You need to see this person in everyday situations, over and over, and over again. You see, if you're in some type of fog from the beginning of the relationship, you're most likely hanging out with her representative. The well behaved version of herself. You need to see somebody in all situations. How they handle adversity. How they handle conflict. How they handle life stuff that comes up. How they handle work stuff. You need to spend as much time with this person, you're evaluating them. Talk about how life is going to be when you get married. Talk about the style of parenting you're looking to do. And yes, you should absolutely discuss parenting style before having kids. Here's another thing, if you're going to be with somebody, they need to match your parenting style. If you haven't thought about parenting styles, then you might just be under the fog of getting married. These are all important things you need to consider when you are thinking of popping the question. There's no rush.

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A great relationship builds. You want a best friend. A best friend you can rely on for life. You want somebody who knows you inside and out, so you, not only can feel safe around them, but they can feel safe around you. You need to have an amazing communication relationship between the two of you. These are just some of the things you need to think about

before you go nuts, and marry somebody before you're ready. If you do, your partnership will be plagued with relationship problems. So I repeat, there is no rush! This is the biggest decision of your life! This is the potential mother of your children. This is the woman you're going to share your bed with. Hopefully for the remainder of your life. So take your time. Get to know her. Make a decision based on not pure emotion, but on pure reality.

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For more expert relationship advice from David, click [here](#).

Dating Advice: 3 Online Dating Trends to Watch Out For In the New Year





By [Joshua Pompey](#)

The New Year is upon us. And for some of us, this means a symbolic fresh start. Especially in the world of online dating. But before you start firing up those dating sites again, take a moment to note these three new trends that are emerging in the online dating world, and the [dating tips](#) that will help you avoid relationship problems.

Dating Advice That You Should Try Out In 2017

1. The emergence of the dating apps: From my observations as a relationship expert, dating apps are quickly becoming a dominant presence in the online dating world. With the ability to swipe left and right for the perfect match, singles all over the world are flocking to the convenience that these apps offer. But with progress always comes a price. Dating apps are also filled with members who are flaky, have short attention spans, and members who are simply looking for a hook up. Enjoy the convenience if you wish, but if you are looking for a serious relationship, this might not be the most effective road to go down.

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[From One Relationship to the Next?](#)

2. Online dating exhaustion: With the emergence of the online dating app, dating fatigue is also in full effect. Sometimes having too many options can create the paradox of choice, leading to a multitude of conversations and “matches” that never actually lead anywhere. Users constantly become distracted by the “next best profile” and this eventually leads to complete exhaustion and the urge to quit online dating. The solution? My dating advice, If you engage in online dating apps, stay focused and stop swiping until a few of the conversations you are already in lead to an actual date. If those dates don’t work out, then you can resume swiping again.

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3. Pick up the response rate: Once upon a time emailing someone back once a day or every other day was more than sufficient. In fact, responding to someone’s emails more than once every other day would run the risk of making you appear desperate. But not anymore. These days, attention spans are shorter than they ever have been and if you don’t stay prominent in the other person’s life, you run the risk of him or her flaking. Make sure you respond at least once a day, and if you can, twice a day. As a rule of thumb, try to mirror that patterns and speeds at which the other person is engaging you. If they are quick on the trigger and you are interested, don’t leave them hanging too long.

For more information, you can visit Joshua Pompey’s [home page](#) for free advice and services.

Dating Advice: We Just Started Seeing Each Other, Should I Get Them A Christmas Gift?



By [David Wygant](#)

'Tis the season to spend a lot of money, fa la la la la, la la la la.

You just started dating somebody. You're getting to know them. So the big question is, what do you get them for Christmas? As a relationship expert, the greatest thing in the world is meeting somebody between Thanksgiving and Christmas because you literally are the gift. If you think about it, what have both of you been craving the entire year? Meeting somebody who is absolutely amazing and crazy about! So isn't that enough of a gift when it comes down to exchanging something this holiday year? If you still think you should do something

special for your new partner, then follow my holiday gift related [dating advice](#).

Dating Advice On Whether Or Not To Get Your New Partner Gifts This Holiday

So follow me on this one. The gift you give them is something that the both of you can do together because you came together during the holidays. So you need to do something that is going to be fun for the two of you to experience. Ask yourself a few questions: What do they like to do? What type of music do they like? Is there a restaurant that they love? Is there a place that they wanted to go for a little overnight trip? Is there a sporting event that they've been wanting to go see?

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Think of something that the two of you can do together and either buy tickets, book a little hotel room, or make a reservation. That, to me, is what this time of year is all about. It's about bonding. Connecting. And it's not about the physical gift at all. So if you're dating somebody and you just started dating them, do something that the two of you can experience and enjoy together! That is the best gift that you could possibly give them. The most important part of this brand new relationship is to continue to connect and get to know one and each other.

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In Los Angeles there's an island called Catalina, where you can get tickets to take the ferry over. Just imagine what a perfect date night that could be if I was just starting to see somebody during the holiday season. I could take them to

Catalina, a place where we'd walk around and have lunch or dinner. And while you're going to be doing something different from my hypothetical Catalina date; you should try to do an activity that's unique and bonds you both. And there's nothing better than buying each other a little trinket from that adventure. If their eyes light up when they see a certain t-shirt because it reminds them of when they were a kid. Or if it's a woman, and she sees a little bracelet that's really inexpensive, get it for her. It's something that will remind her of the first Christmas the two of you spent together. Taking actions such as these are cute and adorable things that will trigger the emotions of a great first holiday, and romance that will hopefully turn into something unforgettable.

Keeping it simple, and keeping it together is what this is all about. You've already delivered the best Christmas gift each of you can give: you became each person's best person you dated all year. So cap it all off by spending some time together and trying out these few dating tips.

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For more expert relationship advice from David, click [here](#).

Relationship Advice: Love At

First Sight From a Guy's Perspective



By [Robert Manni](#)

Although some argue against it, there are studies that show the phenomenon known as “love at first sight” is possible. Partially because we are all connected at a spiritual level, it can be argued that people can actually “know” someone almost instantly, including if they are a good fit for them. But others say that we need to know someone through their actions first before truly falling in love. I think a combination of those intense beginning feelings and the gradual reveal of the person melding with those passionate first impressions makes a case for love at first sight. Remember, modern dating and relationships can be tricky, so heed the following [relationship advice](#) on taking additional steps to validate our initial reactions saves yourself from heartache later.

Relationship advice for guys on, “Love at first sight.” Does it exist?

It's no surprise that men are more visually stimulated than women when it comes to attraction. Frequently, men mistake “lust” or “infatuation at first sight” for love, only to have buyer's remorse when the woman does not live up to their fantasies. But, there is a silver lining. Both men and women can experience love at first sight— it just might not be exactly what they expected. The discussions I've had with women on this topic reveal that for them, love at first sight is more of a process with layers that unfold quickly. Although they may not get an overpowering visceral reaction to a guy instantaneously; what he says, how he looks, his energy, confidence, and how she feels around him all create the possibility for love. This process occurs rapidly in a case of “love at first sight,” and can also work for a guy, especially if he has created the space in his heart for new love while also taking the time to look beyond a woman's looks. That's how it happened when I met the woman who became my wife. On the relationship advice of her sister, she signed up for a three-day trial on a popular dating site. She posted a late night selfie without any makeup and winked at me because she liked what I had written on my profile. At the time I'd been happily dating up a storm online and was going to take a pass. But, there was a beautiful simplicity about her in that photo, and especially in her eyes. I studied her face and then re-read her profile. Hers was more of a “hey, this is what I've been doing,” instead of the many packaged profiles I'd seen that were built to sell. So, I decided to write back.

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After a few short emails we agreed to have a date night. We met at the corner of West 79th and Broadway in Manhattan. I arrived first and climbed the steps of a church so I could keep my eyes out for her. When I looked across the street the first person I laid eyes on was a very pretty lady in a green and white summer dress. I knew this was her, and I could not take my eyes off of her as she gracefully approached the church. I was pleasantly surprised because she was even better looking in person than in the photo she'd posted online. I met her halfway as she crossed the street and without thinking hugged her. She reciprocated with a curious smile. As we walked towards the 79th Boat Basin, I took her hand and she accepted mine with a welcoming clasp. All of this felt very natural. Was it love at first sight? Maybe. It sure was a nice beginning. When we sat down to eat she mentioned that she was a vegetarian. I wanted a cheeseburger, but for some reason when I heard this, I ordered something else. Afterwards we walked hand in hand along Riverside Park. When we stopped to sit on a bench, a former online date of mine roller-bladed past us. For some reason I took this as a sign that the woman on her blades was my past and the woman beside me was my present and future. And, I have not eaten meat since that day. Was it love at first sight?

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My wife and I have been happily married for six years now and are the proud parents of a wonderful little boy. So is love at first sight possible for men? At least that's how it worked for me. As a relationship expert, this is how I advise readers of my blog and listeners of my radio podcast when they ask questions. With so many wonderful available women looking for a good guy, it's never been a better time to be a man. But to make the most of this opportunity, guys need to follow dating tips that make room for love, and take a little bit of extra time to look beyond a woman's exterior and into her heart.

Robert is the author of The Guy's Guide To Love, a novel praised as the "Men's successor to Sex and the City." Robert's website, RobertManni.com, features his syndicated blog, media appearances and other projects.

Relationship Advice for the Guys: Why Is it So Hard to Date?



By [David Wygant](#)

I'm going to tell you why it's so hard to date. And I'm going to blame it all on the women. I bet I got your attention, and any women listening or reading this right now- need to pay attention. It's so hard to date because women are so flaky these days. You meet a woman on an online dating app. You text

back and forth. You get her phone number. You spend time talking to her on the phone. You set up a date night, which you're excited about. And then, you send her a text the morning of the date to confirm. And right away you get a text back, and she comes up with one of her excuses: "I've got a work project that came up." You think to yourself, 'man, that's the same type of excuse I've been giving women this whole time.' You almost feel like you're being blown off by a dude. Well, you are; because women are the flakiest beings on the planet.

Relationship Advice For Men On How To Successfully Date Women

And what makes them hard to date for men, is that women are judging you based on whatever story happened to them in the past. You see, women never let go of anything. They're constantly talking about the past. Even as a relationship expert, I remember I would sit down with my ex, and we would talk about the present, and she would go back to what I did to her five years ago. In full detail. And how she's never gotten over it. And that's the problem. The older you get, the more you date, the more women have not gotten over the guys that have burned them. You see, women are the greatest story tellers in the world. They love to tell stories non-stop. So the older they are, the more villains they have in their stories. By the time they meet you, even though they'd like to get together, and they've talked it over with friends on how to get together- they go through all the things that can go wrong on a date, and you're guilty by association. Just because you are a male, and you have facial stubble, means you're going to be just like the other ass that burned her before.

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So what dating tips can help you get around this? Well, first off, you need to set precedent. When you call her, or talk to her, you need to tell her plain and simple, 'Hey if we're going to get together, we're getting together, but if you're going to flake on me like so many other women, then I don't really want to set plans; because I'm looking forward to getting to know who you are.' When you get her phone number for the first time, you need to look at her and say 'I'm only going to take your phone number, if you're not a flaker. Because I don't deal with flakers. I find them to be, well, almost like dating, or trying to date, a kindergartner, and I'm not going to do that.' You have to literally call them out on their future flake before it happens. You need to stop the flake from happening. When you've planted it in their brain, that you don't deal with flakers, you're literally telling them that they have one chance to be with you. The great guy that you are.

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Look, we've all been flaked on many times, and I'm sure we've been flaked on by women that could literally have been our girlfriend, because that's what life is about. I've played the game of chase and flake. Where I've chased them down, and finally after three weeks of chasing I get to go out with them. And they always say the same thing: "Wow, I wish I went out with you sooner!" I'll look at them and tell them: "Well, if you gave up a few nights of wine drinking with your friends, and if you gave up a few nights of pretending to be busy, we already would've been in a relationship."

Related Link: [Expert Relationship Advice: You're in the Dog House...Now What?](#)

The [relationship advice](#) I hope you take away is that you have to realize that women don't let go of what happened to them in the past. You need to prove to them no matter what, that

you're a man of action, and you're different than anyone else without literally stating it in words (if at all possible). And if you feel that you actually have to say something, the only way to do it is to call them out on the potential flake before it happens, and set the date night in stone. When you send them that text in the beginning of the day reconfirming, you literally need to make it clear: 'I will see you at 8:00 tonight. No flaking allowed.'

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For more expert relationship advice from David, click [here](#).

Dating Advice: Do Pick Up Lines Actually Work?





By [Joshua Pompey](#)

There she is standing at the bar. Tall. Beautiful. Long flowing blonde hair. Think. Think. There must be a pickup line that will work... Okay, I've got it!

"Damn girl. Are you okay?"

"Yes, why?"

"Because damn it must have hurt when a beautiful Angel like you fell from heaven."

Cue the eye roll, the grabbing of her closest friend's arm, and the immediate exit. And just like that, bye bye beautiful blonde. If you've used cheesy pick up lines at any point in your life, odds are this may have happened to you at some point. While this may have been a terrible pick up line for the sake of the overall argument I'm about to get into, the question is, can pick up lines ever actually work? Well, that depends on a number of factors that I'll explain to you in the following [dating advice](#).

Dating Advice On Whether Pick Up

Lines Work

For the most part, in terms of quality dating advice, the answer is almost always a resounding no. Pick up lines come across as lame, cheesy, and pre-mediated, making the other person not only think that you are corny, but will also communicate that you lack the basic social skills that it would take to approach someone in a conventional way. Using a pick up line communicates to the other person that you don't have enough wit and originality to be interesting on your own accord, which isn't exactly a compelling advertisement for why someone should talk to you. With that said, pick up lines *can* work. But only if you are in on the joke and have a pick up line that you know will make the other person laugh.

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Here's an example, way back in the day, during Mr. Pompey's younger years, long before I became a relationship expert, I once read a pick up line that I thought women would find to be rather cute. I would approach a girl that looked friendly in a bar, and walk up to her as if I were trying to set my friend up. "Hey you see my friend sitting over there..." He would then wave. "Well... (long pause) he wants to know if you think... (long pause)... this is kind of embarrassing... (another pause)... he wants to know if you think *I'm* cute." Cue flirtatious smile by me. Almost every time I delivered this line I would be met with a smile or a laugh, and then the woman would excitingly engage in conversation. The little twist and mis-direction at the end of the line, combined with the fact that this line is also somewhat funny, results in a highly effective pick up line.

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In addition to my arsenal of dating tips, I'd like to point

out my use of that line showed confidence and avoided the typical pitfall of being a pick up line that is lame and cheesy. Being clever can go a long way, even if they know it's a line. But perhaps most importantly, my body language and delivery shows I'm in on the joke. I'm not walking up to a woman all serious as if I am really hoping I pick her up with these smooth skills of mine. I'm just having fun and delivering the line in a way that makes it clear I'm just here to make her laugh and help her have a good time.

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At the end of the day, nearly all pick up lines will come across as lame. But if you find a clever one and deliver it in a manner that shows you're just having fun, you just might wind up in some good company and a potential date night.

For free online dating articles and advice from Joshua Pompey [click here](#), or [visit this page](#) to learn more about his world famous profile writing service and free profile evaluations.

Relationship Advice: What Do You Do When There's More Take Than Give In Your Relationship In Life?





By [David Wygant](#)

There is nothing worse than being in a relationship with a “taker.” I’ve been down this road before and let me tell you, it’s a pretty challenging battle to win. First off, takers never think they’re takers. They don’t see their behavior at all. As a matter of fact, they think what they’re doing is okay. I was once with a woman that was not affectionate at all. For those of you who have read the *Five Love Languages*, my love language equals words of affirmation and physical touch. So when your love language is not being fulfilled, you feel like you’re absolutely dying inside. You don’t feel loved at all. Heed this [relationship advice](#) so you can avoid being taken advantage of by a taker.

Relationship Advice On How To Handle A Stingy Or Greedy Partner

The woman I was with, I had to beg and ask for affection. Imagine that, asking for affection whenever you needed it. And I had to tell her that I needed affection all the time. When she physically touched me, I’d be very happy, but she never felt the urge at all. As a matter of fact, in an ironic twist, she loved to be touched. So she took, and took, and took! And never gave back! Aside from this

specific person, I've been in other relationships where women have taken my generosity and given nothing back. You see, relationships like these never work, and I believe we've all been in relationships with takers, whether it's affection, money, time; whatever you have, they will take.

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You see, the issue goes back to you. You are a big part of the relationship problems you're facing. You chose the wrong person in the first place, and chose to tolerate their negligence. The taker was always a taker and never a giver, but you decided not to see the warning signs in the beginning (because there's always an opportunity to notice these things). As a relationship expert, I take a look at someone's behaviors and actions in the very, very beginning. I tend to spend a lot of time now looking at someone's behaviors and actions. Do they walk the walk? Do they talk the talk? Are they a giver as I am? Are they nurturing and loving? If there is one thing you keep in mind out of all dating tips, I want you to get rid of the story and the fantasy about what you think the relationship is, and allow the person you're with to show exactly who they are.

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If you're already in a relationship with somebody, the best relationship advice I can offer is that you're going to need to sit down and actually have a tough conversation. More importantly, you can't just accuse somebody of being a taker. What you need to do is fully explain what you need, want, and desire in a relationship. Say what makes you feel fulfilled and happy, and how your partner can achieve this through their actions. It's very important how you phrase this, because when you tell them it makes you feel love when they do those actions, it's a reward. They're going to want to do it again

and again. Tell them all the things you love about what they do and ask for more. It really is that simple.

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Relationship Advice: Turning Your Summer Fling Into Something That Lasts Longer





By [David Wygant](#)

Summer loving, have me a blast. Summer loving, happened so fast. I met a girl crazy for me. I met a boy cute as can be. Summer days drifting away to oh oh the summer nights.

You remember those lines from that iconic song in the movie *Grease*, *Summer Nights*? Well for those of you lucky enough to find a special someone during the hot months, you've just had a little summer loving, or you're experiencing it now. The days are winding down, nights are getting cooler, the sun getting weaker, and Labor Day is almost upon us! What are you going to do about your summer romance? Will it last? As a relationship expert, I'm here to tell you that summer isn't hunting season. Fall actually is! Whoever you met in the summer is thinking the same thing you are. They're thinking, "Have I met somebody that I'm actually going to be able to celebrate Christmas with? Will they be able to cuddle and snuggle all warm by the fire with me?" So how do you actually turn this summer fling into something long-lasting? My [relationship advice](#) is very simple, just continue with the fun!

Relationship Advice On Turning Your Summer Fling Into Something More

In the beginning of a relationship, it's all about having a good time, getting to know one another, learning each other's love language, figuring out who each other is. So what you want to do is continue this relationship by being the same person. Maybe you won't be taking walks on the beach or around the lake anymore. Maybe you'll be doing things in your hometown. It doesn't matter where you are, or how you met. The bottom line is, summer flings can turn into long-lasting relationships, so you should treat it just as that. Continue doing things that were fun.

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Summer may be ending, but if you want a serious relationship, keep courting him or her. Court this person because you've been courting them the whole time in the summertime. Court them so they knows exactly what you're talking about. The best dating advice I can offer is to be open, loving, and present to continue this relationship. To me, summertime is a great time to meet, but now it's time to get down to the nitty-gritty, and get down to the beauty of what you can actually co-create together. Bring back memories of the summer. Take lots of pictures now as summer winds down to an end. Take time to text your special someone these photos throughout the fall so you both can be brought back to that moment. There's no reason for summer flings to end. It can easily continue into the fall. Follow my relationship advice and dating tips, and I assure you, you'll be able to sing *Summer Nights* this same time next year.

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Expert Relationship Advice: You're in the Dog House...Now What?



By [David Wygant](#)

There's nothing like being in the doghouse. As a relationship expert, I can assure you it's the worst part of getting into a fight with a woman. Getting sent to the doghouse without our

favorite toys is never any fun. The next time you're in the doghouse, make sure you bring your iPad or have your phone with you so you can sit there and play on your phone and text your friends to figure out exactly how to get out of the mess you're in. Sounds fun, doesn't it? Well, I've got a better idea. An idea that's based on something called communication and is a sure way to help you avoid future relationship problems. So now with the following [relationship advice](#) let's try to do things differently and stay out of the doghouse.

Relationship Advice To Get Out Of The Doghouse

As with most dating advice that's given, communication is the most crucial key to any relationship. However, there's another important key to having a great relationship, and that is ownership. When you learn how take ownership of something, you'll no longer be in the doghouse. I truly believe that fighting can be avoided in any relationship, as long as you have open communication and take responsibility for all your actions. When you stop blaming the other person or stop getting triggered by what they're doing, you're going to be more in the present moment, so that when a fight happens, you'll be able to have fight management skills right away.

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I was once with a woman whose nickname was "Perfect." Whenever we fought, which was regularly, I would always get so frustrated with her. I was open to apologizing and hearing another viewpoint, but she was always focused on proving her side, twisting my words around, and making me feel like I was always the one at fault. I would tell her that she was blaming me and she would insist that she wasn't. She never took

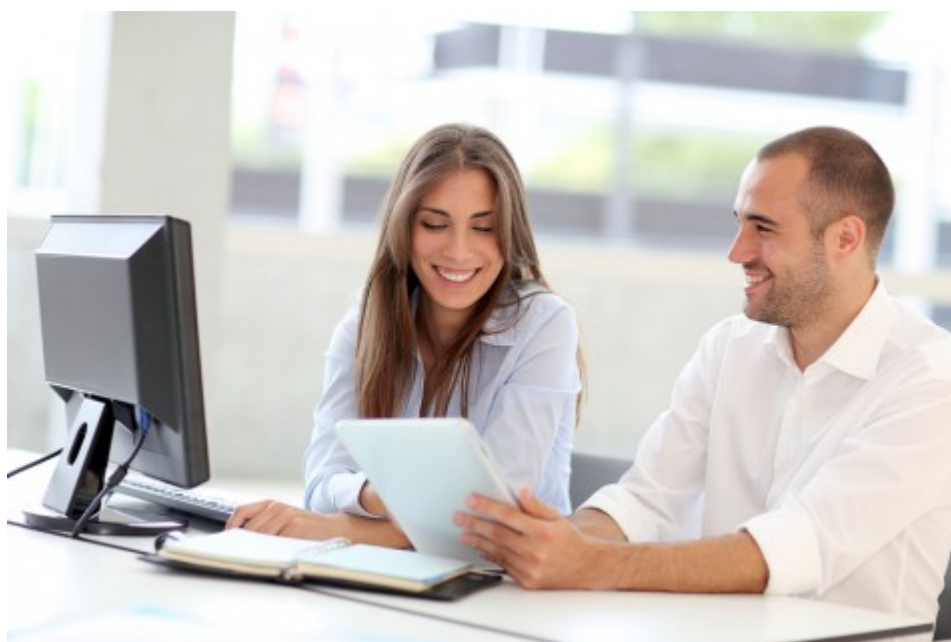
responsibility for anything! In the time I was with her, she said sorry maybe once, and we fought probably every two weeks about something. It's not in my personality to fight, but it sure was in her personality. She was looking for it; she craved it because she loved drama. So with her, I couldn't do a thing. But with most sane, rational people, I have learned the art of saying "I'm sorry," and you can too if you see my relationship with Perfect as a cautionary tale.

Next time when you're in the doghouse, I want you to think about what happened or triggered inside you to go into the fight mode. I want you to clearly understand her point and listen to it carefully as you review the fight. I don't want you to come out of the doghouse if you're not keeping this relationship advice in mind. I want you to look at her and say, "Listen, I love you. I totally hear what you had to say the other day. I respect your feelings and the way you feel, and I understand that my actions may have triggered you to feel a certain way, and I apologize for that." It really is that simple. It's apologizing, talking with kindness, and making the other person know that you understand where they were coming from. It's what we all want, to be in a relationship where we are understood and heard.

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Relationship Advice: How Do You Know When It's Right To Move In With Someone?



By [Joshua Pompey](#)

So you think you're ready to move in with your significant other? After all, he's fun, treats you well, and let's face it, he really only gets on your nerves about 20 percent of the time. What more could you ask for in a man? But before you go unpacking in his place, you better make sure you're prepared for what comes with the move ahead. Moving in with the wrong person can be a nightmarish experience. Especially when you find yourself packing up your bags and single again. As a [relationship expert](#), here is my relationship advice and thoughts on whether you should make the big move.

Relationship Advice: 4 Questions To Ask Yourself Before Moving In With Someone

Are you compatible living partners? What does his place look like when you visit or sleep over? Are there socks always laying around his apartment floor? Does he ever make his bed? Does it look like some of his dishes have taken a permanent residence in his sink? If you too have a fondness for living off paper plates and doing dishes once a month, this may be a match made in heaven. But for all you women out there who prefer to keep clean, the best [dating advice](#) I can offer you is that you may want to reconsider moving in with someone who will unintentionally turn you into his own personal maid. This will eventually build resentment and lead to big problems down the road.

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Will you be a guest or a resident? How big is his place? Is there room for your 25 pairs of designer shoes? Is he willing to let you convert his man cave into a floral masterpiece of feminine energy oozing out of every wall? At the end of the day, you need to be able to feel like you're at home with the person you're moving in with. Maybe you don't have to tear down his man cave on an extreme level. But at the minimum, make sure he is open to letting you provide a little personal touch to your place so that you feel like you are a resident, not a visitor.

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How often do you fight? Fighting is one thing when you live apart. You can get mad, hug it out, then have some space for a day or more. When you live together, that person who is driving you crazy will be there when you wake up, eat, and go

to sleep. There is no escape. Everyone will fight once in a while, but if you are fighting on a weekly, or even monthly basis, moving in is an absolutely horrendous idea.

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Are you trying to heal the relationship? Some couples that are struggling in their relationships figure that moving in will make them closer. Maybe if you live together you will stop fighting as much and form a stronger bond right? Wrong. This will only end the relationship at a rapid-fire pace. My relationship advice: Work out whatever issues you have or strengthen the love between you and your man before you jump to that next level of sharing a residence.

Want more advice from Joshua Pompey? Click [here](#) to learn his best online dating profile tips for women of the past 7 years.

Dating Advice: How to Know When You've Found the One





By [David Wygant](#)

We are all about finding “the one.” What do you think we are all dating for? We’re dating to find the one of course! But the thing is, there’s really no such thing as the one. Life is just a series of ones. Throughout our entire existence, dating and relationships, everybody you’ve ever fallen in love with, you’ve thought was the one. You thought the one from high school might have been the one, the one from college might have been the one, the one that you found in your 20s might have been the one. It doesn’t really matter what age you’re at. As a relationship expert, I can tell you with certainty that whoever you’re looking at is the one for right now, and hopefully this is the one that will take you through the end of time. So with that in mind I want you to realize that every other person you thought was the one, was not. So now with the following [dating advice](#) let’s do things differently.

Relationship Expert Gives Dating Advice On Finding The One

Let’s go through how to really find the one. The one is really important after all. What you need to do is take your time!

First off, you need to know exactly who you are, what you want, and how you want to show up for love. That is probably the most important journey to knowing you've found the one. You see, we all fall under the spell of love, or under the influence of a new person. But in reality, what you need to do is you need to start looking carefully at who you're with. Every time we rush into a relationship it tends to never work. So you need to take a moment to reflect about who you are, what you desire in a relationship and how you're willing to make it work.

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The best dating advice I can offer is to ask yourself what you need from the other person. How you want to be held, how you want sex. When you start dating somebody, you need to start realizing how they feel. Are they considerate? Do they show up? Are they good at communicating? You get the idea. The one takes time. Real love takes time. Rushing into something never works. But how do you know if you've found the one? Well, here's what you need to do. You need to take it slow. You need to spend time with them. You need to spend at least a year with somebody to know whether or not they're the one. You need to see them in all aspects of their life in order to avoid relationship problems. How they handle conflict, how they act when they're around family. You want someone who is consistent. Someone who consistently loves you more every single day. You want to know what it's like when you have your first fight, your first conflict with them. You see, life is not about rushing into things. So my relationship advice to you is to take your time. Because when you take your time, you'll start to realize if somebody is the one or just another one that you need to push aside.

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Dating Advice: How A Masculine Guy Can Get In Touch With His Soft Side



By [David Wygant](#)

Are you one of those guys who thinks getting in touch with your soft side makes you a wimp? Do you feel like you're a wussy if you get in touch with your soft side and actually show people that you have a heart? Well, let me tell you

something: I've been the masculine guy my whole life and I can honestly say I've got a soft side. I'm proud of it. Now granted, I'm probably not the guy who's going to go and build the barbeque grill, put furniture together, or say, put a car up on jacks and change the oil myself. But, I've always been a man. I don't really cry at anything. And when I do cry at a sappy movie, I make sure no one sees me doing it. Without our soft sides, we're really out of balance and when we're out of balance, a woman's not going to show up in our life. Have you ever heard the term 'being a big mush'? Well, in my experience as a relationship expert, being a big mush is actually a pretty good thing. I like to be a big mush. I think being a big mush is really important. And if you want my [dating advice](#), I think a lot of people need to really start understanding that that's what a true, masculine man is all about.

Dating Advice: Embrace Your Soft Side to Make Deeper Connections

When I'm with my daughter, I'm a big mush. I'm very connected to her. I'm connected to her and understand her needs, wants and desires. When I'm out with a woman on a date night and I'm listening to her, I tend to be a big mush. I want to hear what she's all about. But I do so in a very masculine way. I do it so she feels safe, secure, protected and honored. So how do you go about getting in touch with that soft side? Well, it's simple. My dating advice: You allow yourself to feel. It's a good thing to feel. It's great to admit that you feel something.

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It's great to admit that you feel connected to the sensitive side of yourself. I strongly suggest that you spend some time

really thinking about what makes you emotionally happy, and spend some time trying to really understand that it's good to feel. Spend time looking at your kids, if you have them. Spend time looking at the people in your life, right down to things that really make you feel. It's not good just to be a masculine ape, over and over again. It will cause you many relationship problems. That's what I think about opening yourself up and being a more sensitive kind of guy.

David Wygant is an internationally-renowned dating and relationship expert, author of the book Naked, and speaker. Through his boot camps, personal coaching, and his [website](#), his love advice has transformed the relationships and love of hundreds of thousands of people from every corner of the globe.

For more expert relationship advice from David, click [here](#).

Expert Dating Advice: What is Love & How Do I Find It?





By Debbie

Ceresa for [Divorce Support Center](#)

Have you ever wondered how [Tom Hanks and Rita Wilson](#) make their celebrity marriage work? How about [Sarah Michelle Gellar and Freddie Prinze Jr.](#)? You're not alone. Most singles wonder if they should wait for that magical attraction to happen. In our quest to solve this mystery, we often turn to expert [dating advice](#). We Google. We write, and we do research. However, the question remains: **What is love?** The question was even the hottest search phrase on Google in 2014.

Musicians have also ventured into love's mystery. John Lennon and Paul McCartney attempted to provide us with an answer with "All We Need Is Love." The lyrics say, "Love is everything." However, we are still searching for the answer to this elusive question. Is it because, if you don't have love, you have nothing? The prospect of nothing is a little scary.

Related Link: [Dating Advice: Love the Way You Search for Love with Online Dating](#)

The ancient Greek philosophers broke down the word *love* into six categories: *Philia*, the deep bond between family and close friends; *Ludus*, the playful affection when flirting or joking around; *Pragma*, mature love found with couples who have been together a long time; *Eros*, our sexual desire and

passion; *Agape*, one's love for humanity; and lastly, *Philautia*, the love we have for ourselves. You're lucky if you have all six. Some of us may only have one or two.

But maybe, just maybe, we're looking for love in all the wrong places. Let's go back to the basics and take some dating advice from the experts.

According to [Dr. Brené Brown](#), a relationship expert and research professor at the University of Houston, "Love is that intangible connection between two people that feels exceptionally good." She further states that the strength and depth of this connection is determined by the self-acceptance, openness, and honesty of the two individuals and how exposed each is willing to be.

Related Link: [Expert Dating Advice: The Help You Need to Find Love](#)

Although not logical, love is both easy and mysterious. Couples who have been together for years often confess that they aren't really in love with each other. Don't feel hopeless! You're not on this quest alone.

A love map that gets you from one stage to the next doesn't exist, but there are two important questions to ask yourself.

1. What are you looking for? Once you understand your desired qualities, make a checklist.

2. What do you think your future partner would want from you? Always keep in mind that no one is perfect. Recognize your imperfections and understand your future lover may have a few flaws too.

Once you've answered these two questions, follow my love advice below to find The One.

1. Love yourself first: You are the only *you* in the universe. Work on being the best you that you can be by taking care of your mind, body, and spirit. Do you have characteristics about yourself that you dislike? You're not alone – we all have them. Our disliked imperfections become our trigger buttons. How we deal with our buttons is the answer. Now is the time to start accepting your imperfections and reminding yourself that no one is perfect. Taking this first courageous step will help lead you to discovering your own special qualities. Loving your whole self will lead to loving another.

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2. Let your hair down: Openness is a key ingredient to have in your relationships. We have different types of love in our life: sexual, mature, family, friends, and self. Think about some of the people in your life who you are close with – maybe your partner or a friend – someone who has seen you at your very best and worst. They've seen you laugh and cry, be strong and weak. They were given permission by you to see the real deal. The totally exposed you is comfortable sharing yourself with a shared connection. Once you feel comfortable, you have the connection. And then, you have love.

Debbie is a Certified Grief Recovery Specialist® and the author to the #1 bestselling memoir A Beautiful View, available on amazon.com. A Beautiful View documents her journey through her husband's battle with cancer, which ultimately ended with his death. She has experienced grief firsthand and is well equipped to aid others in the recovery process, whether with death or divorce. For more information

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For more information about and articles by our Divorce Support Center relationship experts, click [here](#).

Dating Advice: Love the Way You Search For Love With Online Dating



By [Michelle Foti](#)

Imagine standing in a crowded bar with the music blasting, the lights down low, someone's drink spilled on you, and a bar fight breaking out five feet away. Definitely not the way to meet the man of your dreams, is it? Your quest to find your

knight in shining armor is not looking too good, so why not just stay home curled up on the couch with your computer on your lap and search for a guy online?

If your fear of being catfished (remember [Manti Te'o?](#)) is stopping you, just wait until it's last call and the lights come on. Did he really have a biker ponytail and face tattoo the whole time? Online dating can save you so much time and money while you search around for someone you really like. In addition, you will be able to research potential matches, have time to plan your responses, and use actual science to help you find matches.

A great way to start online dating is by trying out a few sites and seeing which you like best. Luckily, reputable sites like these that also offer free trials can be easily found [at DatingAdvice.com](#). By signing up for these free trials, you can usually peruse others images, profile text, and sometimes even contact them. Either way, you will be able to choose a site that you are most comfortable with and that matches your dating goals.

Dating Advice: 5 Advantages to Online Dating Over the Bar Scene

1. Cool, confident, collected: If your face turns red, you look down when you talk, or you get sweaty palms when you're nervous, it sounds like you may not make the best first impression on the guy at the end of the bar. One of the many perks of online dating is that it takes that pressure off. After you've messaged someone on a site, you can start texting and even talking on the phone. It's a process of communication and can take as long or as short as you both want before meeting in person. When you're ready to talk to him, you can be cool, confident, and collected. You can even have stock conversation ready to go next to your long list of cute and witty comments. Moreover, you can even take your time to plan

your wardrobe, whether you want to be sweet and sexy like [Jessica Alba](#) or New York City Chic like [Kelly Ripa](#).

2. Take a second and think about it: Think about whether or not you can see yourself with this person. Is this the man you imagine in first date selfies, engagement photos, and standing at the altar? Online dating allows you to take your time to decide on these important factors. There's no last call on a dating site.

3. Check him out without him knowing: If he catches you checking him out in person, he may take this as an invitation to approach you. But when you search for love online, you can decide first whether or not he's your type for reasons that stem beyond his perfect hair and rock-solid chest.

4. Investigate thoroughly: When you meet someone at a bar, you won't know until you get home (unless you take your smartphone to the bathroom), who that person really is that you are spending your time talking to. When you date online, you have more time to take his name and plug it into Instagram, Facebook, or even Google away. You can find out more than his relationship status including any criminal history, if he has a job, if he has kids: all things that are important to know!

5. Matchmaking science, not vodka: This time it's not your drunken best friend pushing you into the arms of disaster, but a matchmaker and science pushing you into the arms of love. It's not about who is checking you out, who bought you a drink, or who the last man standing in the bar is, it's about compatibility. There are even studies that show that online daters find someone within 6 months of going online, so any cost you do decide to spend is actually reasonable.

What benefits of online dating have you experienced? Share in the comments below!