

Fergie and Josh Duhamel Are Ready to Start a Family



Black Eyed Peas singer Fergie has babies on the mind, reports [People](#). When asked about starting a family with her husband Josh Duhamel, the singer replied, " Oh yeah, of course. Not right this second. [I'm] not pregnant, for the record. But, yeah." Fergie, who is taking a break from the Black Eyed Peas as her bandmates work on solo projects, is glad to be "getting more of that personal time. Josh and I have gotten to spend a lot more time together this year than other years, which is great."

How do you know it's time to start building a family with your partner?

Cupid's Advice:

Starting a family is one of the biggest changes your life will ever face. Here are a few ways to determine if you're ready:

1. Your marriage is in a good place: Make sure that you and your husband are absolutely comfortable together and that your marriage is happy and stable before bringing a baby into the world.

2. Financial stability: Children are expensive. Before having a child, make sure your bank accounts are able to handle the burden. Being financially stable will save you from much frustration down the line.

3. Your feelings: Analyze your own feelings on the subject. If you don't feel 100 percent ready to start a family, then don't. You need to be completely sure of your decision before you commit to such a life-changing experience.

When did you know you were ready to start a family? Feel free to comment below.

Every Royal Divorce Begins with a Royal Kiss





By Dr. Kenneth Ryan

It's a fact. I'm not throwing cold water on the big wedding. It was beautiful, and I wish Kate and William all the best.

I'm just saying you can't judge a relationship by the beauty of the couple or the smiles at the wedding. Kate caught the Prince's attention with her invisible dress, and now it looks like they are living the dream. But they have a tough road ahead. Diana and Fergie's marriages began the same way – just like dozens of U.S. celebrities. As outsiders, there's no way to know if the royal relationship is built on a solid foundation or if it's as flimsy as her see-through wardrobe.

Kate and William are really no different than any other couple getting married, as they have great optimism and excitement about their future together. They've already beat the odds by converting eight years of living together into a marriage, because a University of Denver study found that only one in ten couples who live together are still together five years later.

Celebrities have it tough when it comes to relationships.

They're no wiser than you or me, but their every move is monitored and discussed. In fact, they're probably even more

confused about relationships than you, because their world is so artificial. Every person a celebrity meets is suspect because so many people are awed by them, in love with them (fantasy) or just to want to exploit them. It's a tangled web of mixed motives when judging any potential suitor, but celebrities have it the worst. Therefore, it makes no sense to look upon the beautiful people with envy or to necessarily emulate their courtship strategies. You might end up emulating a "Bad Romance."

Top 5 Mistakes Women Make in Searching for Their Prince

Don't give up – Some women feel helpless and hopeless because few men have shown interest in them, and there are so many pathetic adolescent men. That said, there are many ways a woman can improve her connections with guys and make herself more appealing. They just need to learn effective communication techniques.

Don't chase guys – Women who come on too strong look desperate and easy. Predatory males look for desperate women, because these women will do almost anything to get them. The good guys out there find desperate women to be less appealing. Learn how to engage men without coming on too strong.

Don't be naive about men – Too many dangerous men are lurking out there. If a woman does not understand the risks and the huge difference between men and women when it comes to sex and relationships, she will get burned eventually. If most of her guidance for relationships comes from popular media and peers, she is working from a position of ignorance. Movie makers couldn't care less how your life turns out. They just want your \$13 movie ticket.

Don't panic – Some women become so fearful that they will never find a guy who loves them that they abandon their convictions and make irrational, dangerous decisions. Some painful effects are immediate, while some might not surface

for years.

Don't sleep with the boyfriend – Every woman must make her own decision when it comes to sex, and it's a huge decision. Sex is the most common and most harmful mistake women make in relationships. It may seem romantic or exhilarating, but there are hidden fangs that can cut deep. It causes an avalanche of problems, many that the woman doesn't anticipate.

Does he love you or does he love having sex with you? That's the million dollar question that women routinely get wrong – resulting in shredded female hearts. You can't put a condom on your heart.

It's not easy to navigate the shark-infested waters of the dating world, but if you can follow these basic tips, you shouldn't have to worry about being someone else's prey.

Dr. Kenneth Ryan is the author of Finding Your Prince in a Sea of Toads: How to Find a Quality Guy Without Getting Your Heart Shredded. Dr. Ryan offers straight talk about relationships garnered from years of not only counseling engaged couples about sex, but from his own marriage and living with three teenage daughters. He understands the yearning of most young women to be loved and cherished by a great guy.

Fergie Wants to Spend More Time with Husband Josh Duhamel



Now that Fergie finally has a break from touring, the first thing on her agenda is spending more time with her husband Josh Duhamel. According to UsMagazine.com, Fergie says that her and Duhamel's quality time consists primarily of listening to music and going down to North Dakota to visit Duhamel's parents. The singer says, "My husband and I like playing music from our childhood," says Fergie. "Music which makes a difference to us. It's a bonding thing. It's nice to share music from your past with someone you love because you learn a lot more about the person."

**How can you carve out more time with your significant other?
Cupid's Advice:**

Between work and kids, quality time with your partner is pretty hard to come by. Here are some tips on how to create more time with your significant other:

1. Date night: Set aside one night a week that you two have

committed to each other. For that one night, every other responsibility must fall to the waist side, no matter what.

2. Breakfast: No matter what time each of you has work, make a set time to have breakfast with one another. It's the only meal that is guaranteed.

3. Take a trip: As hard as it may be to take time off from work, whether its two days or five, make sure that at least once a year you are able to get away together as a couple.

Which Celebrity Couples Will Show Up at Super Bowl XLV?



By Tanni Deb

Get ready to rumble! On Feb. 6, the Pittsburgh Steelers and Green Bay Packers will face off in Arlington, Texas to battle it out for the Super Bowl XLV title. But don't think sports junkies will be the only ones in the stands – the football extravaganza is an event many stars attend. Which celebrity couples will make it to Cowboys Stadium on Sunday?

Five-time Grammy winner Christina Aguilera will perform the National Anthem. Since the singer's recent divorce from her husband of five years, Jordan Bratman, she has been dating *Burlesque* set assistant, Matthew D. Rutler. We can count on the couple to arrive together, since their relationship is said to be getting "serious."

Another serious couple sure to attend the Super Bowl is Fergie and her husband, Josh Duhamel. Her Grammy Award-winning group, the Black Eyed Peas, will take the stage during the Half-time show. According to USMagazine.com, the couple renewed their wedding vows earlier this month. But will Duhamel be in the stands or in the fields during his wife's performance?

Other performers include *Glee*'s Lea Michele, singing "America the Beautiful," while Keith Urban and Maroon 5 will perform during the pre-game show. Will Nicole Kidman make an appearance with daughter Faith Margaret? After all, Keith has been by her side during this year's awards season!

Other celebrity couples in the stands may include Demi Moore and Ashton Kutcher. Although Kutcher is a die-hard Chicago Bears fan, Moore has been seen rooting for the Packers at their games. Faith Hill and Tim McGraw, who is friends with former quarterback Brett Favre, are also fans of the team. And Justin Timberlake, the former 'N Sync band member who brought sexy back, loves the Packers. We're all curious to see who'll be by his side if he shows up – Jessica Biel or

Olivia Munn?

Let's not forget about the Pittsburgh Steelers fans who we can count on to be there for their team: Bret Michaels, Rush Limbaugh, Jeff Goldblum, Snoop Dogg and Adam Sandler – who played a former quarterback for the Steelers in the 2005 movie, "The Longest Yard."

While the big game is obviously the main attraction, celebrities will also indulge during the many Super Bowl parties happening over the weekend. In addition to performing, the Black Eyed Peas will team up with *Sports Illustrated* to host a Super Bowl Bash. "It will be the kick-off to an amazing weekend in Dallas and we can't wait to get it started," said Fergie. While guests are sure to include some *SI* models, like Genevieve Morton and Julie Henderson, Fergie's own supermodel bod will keep Josh Duhamel in check.

Pamela Anderson will also be in town, throwing a pre-Super Bowl Party on Feb. 4, called SuperBash 2011. Past guests included Kim Kardashian, John Travolta and Carmen Electra.

And Diddy, the master of being the master of ceremonies, will host multiple parties during game weekend. Event tickets range from \$500-\$25,000 (yes, that's correct; \$25,000!). Last year, rumors flew that Diddy was dating Nicki Minaj. Current reports say that the rapper is single, but it'd be nice to see someone at his side during his parties.

Too bad we have to wait to see who ends up at the game! Don't forget to tune into FOX on **Sunday, Feb. 6 at 6:30 PM ET** to watch Super Bowl XLV.

Josh Duhamel Wants To Be a Dad!



In the romantic comedy *Life As We Know It*, Josh Duhamel plays a new dad, a role he says he'd love to have in real life. According to [People](#), Josh says that getting the chance to play a father is what "initially drew me to" the role. During the New York premiere at the Ziegfeld, he opened up even more saying, that he has "always had a real fondness for kids." In terms of his wife, he says, "She'll be a great mom ... She got to meet [costar Katherine Heigl's daughter] Naleigh on set. It was great." Maybe this is a hint of what's to come for him and Fergie in the very near future!

How do you know if your partner is parent material?

Cupid's Advice:

Not everyone is as eager to be a parent as Josh Duhamel. Cupid has some ideas on how to find out whether your partner will make a good dad one day:

1. Ask him: The best way to determine if your mate is father material is to talk to him about it. Or, try asking him general questions like how many children he wants and at what age. If he gives you an answer right away, he's probably considered it before and is open to the idea. If he gets a little freaked out, well that should be a clear sign that he's not quite ready.

2. Watch and learn: See how he behaves around your other kids. If being around children comes natural to him he'll most likely make a good daddy to his own. If he seems uncomfortable or indifferent around youngsters, it may be something you should further explore.

3. Meet the parents: Find out if he gets along with his parents. If he's had a bad relationship with his mom or dad, he may need to work out some issues first before he can think about becoming a parent himself.