

Former 'Idol' Fantasia Barrino Has a Baby Boy



Fantasia Barrino, *American Idol*'s season three winner, gave birth to a baby boy on Tuesday. According to [People](#), Dallas Xavier Barrino was born in North Carolina at 7 lbs., 9 oz. and was 21 inches long. Dallas joins his big sister Zion, 10. Barrino does not comment on the father of her children, although she has been seen with Antwaun Cook since summer 2010. "I feel so blessed that my son Dallas Xavier was born healthy, and is a wonderful new addition to our family," said the singer. "I thank all my fans for their well wishes and continued support."

How do you introduce a new baby to an older child at home?

Cupid's Advice:

It's not always a smooth transition when you bring a new baby home to introduce to existing children. Cupid has some tips:

1. Let your older child help prep for the new baby: When decorating the new baby's room, let your older child help prepare. Even if they are just choosing a few stuffed animals and some of their old favorite toys, it is still nice for them to feel included in all of the changes.

2. Make your older child feel special: Do something to celebrate your older child becoming the big sister or big brother. Making cupcakes is a fun idea and your older child can take part in the decorating process. A big sister/big brother t-shirt may also ease your older child into the excitement of their new role.

3. Have gifts for the new siblings: Have your older child pick out a gift for their new sibling and buy a gift from the baby to their new big brother or sister, too. They'll no doubt love each other immediately.

How did you introduce your new baby to an older child? Share your stories below.

Fantasia Announces Her Pregnancy On Stage





After struggling through depression, a suicide attempt, and a relationship on the rocks, former *American Idol* star Fantasia Barrino has much to look forward to after all. According to [People](#), on Sunday, Barrino announced that she's expecting. She blazoned the good news for the first time during a charity concert in Jacksonville, Fla: "And I share this with you because I can relate to you. And for a while, I walked around figuring out what they will say and what will they think about me. But now I tell you, I don't live my life for folk." Barrino made no mention of the father, but we know that she was seeing Antwaun Cook and that their affair was associated with Cook's divorce from wife Paula Cook.

What are some ways to make a bang with your pregnancy announcement?

Cupid's Advice:

Not all of us may have the opportunity to make the big announcement after a live performance on stage. But that doesn't mean your pregnancy news can't make a bang. Cupid has some creative ideas:

1. Throw a party: Invite your friends and family to a casual party without informing them about the reason behind it. At

some point, propose a toast and then break the news. A gathering with all the people that matter in your life is a great occasion to celebrate.

2. At a sports game: If your partner, friends, and family are into football, why not take them to a local game and have the announcer make a public announcement? That'll certainly stir up some commotion.

3. In the news: If you're going for high impact, but a want to tone down the drama, create your own announcement with paper and pen, then insert it in between the pages of the daily newspaper. When your friends and family flip through the pages, they'll be surprised to find your story.

Can you think of creative ways to announce the arrival of a baby? Share your ideas below.