

# Ricky Martin Admits to Wanting a 'Daddy's Little Girl'



By

Laura Seaman

Ricky Martin wants to add to his family of three and get a little girl to join him and his twin boys Valentino and Matteo (5). Martin, now a single father after his breakup with Carlos Gonzalez Abella, tells [People](#), "I want a daddy's little girl." So, not only is the Latino singer looking for love in a romantic way, but in a family dynamic as well. "[Being a parent] enhances everything," he says. "I'm only starting... I want more kids!"

**How do you decide whether to have more kids with your partner?**

## **Cupid's Advice:**

You might have one kid or maybe two, but sometimes it's just not enough. Deciding whether to have more children is a big decision to make, and you can't make it alone. So, how do you bring up the idea of having another child with your partner? What should you expect out of this conversation? Cupid is here to help the talk go as smoothly as possible:

**1. Make it an open conversation.** Maybe your partner doesn't want another kid, or maybe they haven't even thought about it. This could be a total surprise to them, and you need to be open to what they have to say. Don't just expect to get your way!

**Related:** [Kourtney Kardashian is Expecting a Third Child](#)

**2. Give them time.** This is a decision that will most likely take more than one conversation. Don't hound your partner 24/7 or drop not-so-subtle hints all the time. They have to think about this, and it'll only stress them out more if you're always on their back.

**Related:** [Kristen Bell and Dax Shepard are Expect Baby #2](#)

**3. Stay calm.** There's a chance your partner won't agree with you, and that's okay. Don't yell or get aggressive just because you didn't get your way. Try to understand their point of view and see if you can reach an agreement. This is a joint decision, and that means their opinion is just as important.

**How did you have the conversation to add another child to your family? Let us know in the comments!**

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# Pregnant Vanessa Carlton Is Expecting First Child with Husband John McCauley



By

Sanetra Richards

There's a bun in Vanessa Carlton's oven! According to [UsMagazine.com](http://UsMagazine.com), the *A Thousand Miles* singer announced that she's expecting her first child with husband John McCauley on Thursday, June 26th. The 33-year-old songstress posted a photo of her tiny bump and a update of her fifth album in progress: "I can now reveal the reason as to why Liberman will not be released until next summer. See the picture below," she captioned. She continued on with a little humor about her bundle of joy: "No, those aren't a bunch of croissants. We're expecting a baby. It's healthy and moving around like a

champ.” Carlton added, “I’m bummed to delay the album because it’s so special to me and the perfect combination of England and Tennessee. When I put the record on it feels like medicine. I hope it does the same for you...in due time! Thanks for sticking with me. John, Victor, and I are over the moon.” (Victor is the couple’s pooch).

## **How do you decide the best time to have a child?**

### **Cupid’s Advice:**

Welcoming a child is definitely a life-changing event and should be the happiest time in your life. After all, you will be responsible for another human for many years to come. So when is the right time to make this decision with your partner? Cupid has a few instances:

**1. Everything is A-OK:** If your relationship is continuously getting better and you could see yourself raising a child with this person, it could be the perfect time to consider expanding your family.

**Related Link:** [Vanessa Carlton Ties the Knot with Stevie Nicks Officiating](#)

**2. You both agree:** Many couples struggle to have this conversation. In some cases, one person in the relationship doesn’t want kids – and unfortunately, that truth may not come out until you really begin planning your future. If it’s important to you, be sure to discuss it with your partner *before* getting married, moving in together, or taking another big step.

**Related Link:** [Kourtney Kardashian is Expecting a Third Child](#)

**3. You’re prepared:** Although there is no real way to mentally brace yourself for parenthood, you can still be financially ready. Be able to provide the basic necessities for your child, plus more!

When is the best time to have a baby with your partner? Share your thoughts below.

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## Dax Shepard and Kristin Bell Are Expecting a Second Child



By

Laura Seaman

Kristen Bell and her husband Dax Shepard are expecting a second child! The couple already has a daughter, Lincoln, who is almost 15 months old. "The whole family is beyond excited," a rep tells [UsMagazine.com](http://UsMagazine.com). The celebrity couple has had a positive experience with parenthood so far, with Bell saying,

“I love [motherhood]! She’s absolutely intoxicating.” She also said of her husband Shepard, “He just talks to her all the time and sings to her all day. It’s wonderful.”

## **How is raising a second child different than the first?**

### **Cupid’s Advice:**

The first time a couple has a child, it is a completely new and unique experience. Until you experience it, there’s no way to really understand. But now that you have experienced it, the second child is completely different. You know much more, and yet things aren’t quite the same. Here are some differences that come with raising a second child.

#### **1. You have to explain the idea of a sibling to your child.**

Maybe your first child is too young to fully understand, but to some extent you may have to talk to them about the changes that are happening. The process is different depending on age, but they should still know what it means to be getting a sibling. This includes sharing their toys, the house, and even your attention.

**Related:** [Kourtney Kardashian is Expecting a Third Child](#)

#### **2. You will be parenting two children at once.** When you were raising your first child, you were able to focus all your parenting time and energy on them. They got all of the care and attention. Now with your second child, you’ll be parenting two children, and you have to learn to split that time and care between the two equally, or you could have some problems.

**Related:** [Jenna Fischer Gives Birth to Second Child Harper Marie](#)

#### **3. You know what you’re doing... mostly.** No body knows the perfect way to parent, but after one child, you have a lot more knowledge than you did last time you were raising a baby. Use what you’ve learned during this time and it will probably

be much less stressful.

What differences did you notice when you were raising your second child? Let us know in the comments!

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## Olivia Wilde Discusses the Pros and Cons of Parenthood



By

Sanetra Richards

The cuteness is never-ending! According to [UsMagazine.com](https://www.usmagazine.com), new mom Olivia Wilde was all smiles while telling *UsWeekly* about fiancé Jason Sudeikis and their baby boy, Otis, while at the Cinema Society & Revlon Host a Screening of *Third Person*

event in the Big Apple on Tuesday, June 17th. "It's such a joy to watch them laughing and smiling together. It's the best feeling in the world," said the 30-year-old actress about parenthood. "I look forward to when Jason can start reading to Otis because then, the best thing ever, is when your dad is reading to you and does all the characters from the books." "That was my favorite," she gushed. "My dad would do all the characters from the Roald Dahl books and I thought he was a genius! And so I really can't wait for that moment with Jason and Otis." The couple welcomed their son in April and have enjoyed every moment of parenthood since – although Olivia's first national mommy holiday was absolutely horrendous, as she spent it in Central Park: "I had this image of Central Park being completely empty, just rolling meadows, one person a mile away flying a kite, some balloons. So [Sudeikis] says, 'Yeah, we can do that,'" she told *Late Show's* David Letterman on Tuesday. "So we go up there and it's hell. It's more packed. Everybody in the world is in Central Park that day. It also happened to be Japan Day, which it turns out is a huge deal in New York City." She continued, "I had the image of the picnic and everything would be so lovely. There would be flowers and the baby would be cooing and I would be the glorious mother. Instead – we were sweating, and angry and hungry. Everyone had to pee. I finally just dropped to the ground on a patch of dirt, like in between two ugly roads, and then just ripped off the diaper of the kid to change him and he just pooped everywhere. Like a torrent, a flood!"

**What are some ways having a child can improve your relationship?**

### **Cupid's Advice:**

Although parenthood comes along with many tasks and challenges on a daily basis, the rewards are much greater. When two people decide to have a child together, every single thing changes ... and it could be for better or worse. Cupid has a few



ways on how the pros can definitely outweigh the cons:

**1. Two become one:** The both of you created one tiny human that you will be responsible for forever (or in some cases, until they are 18). If there was never a time where working as team was a number one priority, the time is now. You will spend hours, days, and years learning the ins and outs of parenting together. Also, you will learn even more about each other, such as, beliefs, morals, and in depth behavior. You will reach heights in your relationship that you may have thought were never possible – and it's all because of that tiny human you nurture together, as a couple.

**Related:** [Olivia Wilde and Jason Sudeikis Enjoy Romantic Weekend in Boston](#)

**2. More communication:** Often times, long conversations come attached to the parenting tag. Talks about what the future will hold are inevitable. You and your significant other may begin to question the next step in your relationship, whether that is marriage or continuing to add to your family. Plus, you will be talking about rotating shifts quite often: who is staying up with the baby, who is changing the diaper, etc.

**Related:** [Olivia Wilde Shows Off Baby Bump at Golden Globes](#)

**3. A deeper connection:** After the baby is born, you are now connected to your partner for eternity (a little exaggeration). You form a partnership as parents and as significant others.

**How can having a child improve a relationship? Share your thoughts below.**

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# Jenna Fischer and Husband Lee Kirk Welcome Second Baby



By

Shannon Seibert

Jenna Fischer and her husband, Lee Kirk, have welcomed their second baby into the world. Born on May 25th, their new baby girl Harper Marie Kirk came into the world kicking. Healthy and happy, she is much loved by her family. Fischer had announced in February that she was expecting baby number two, and had kept us all up to date with her hilarious pregnancy cravings while awaiting baby Harper's arrival. With some experience under her belt from her first child, Fischer felt fully prepared to bring her daughter into the world, according to [UsMagazine.com](http://UsMagazine.com).

**How do you prepare differently for a second baby than the**

**first?**

### **Cupid's Advice:**

You can change a diaper in under a minute, you can diagnose what's wrong by the type of crying you hear, and you've tried just about every method there is to get your baby to fall asleep. With the second baby on the way you know exactly how to prepare, because let's face it, you're basically an expert.

**1. You aren't giving in to all of the baby hysteria:** Yes, all of the gadgets are cool, but do you really need a rocking chair for every room and a teething ring in every color? Now you aren't worried about having the baby's next four years of outfits together, and you realize that you have more time than you thought. This saves you money and energy from not obsessing over whether or not you have everything you need for your second child to be comfortable.

**Related:** [Kelly Clarkson Welcomes Daughter River Rose](#)

**2. You're more relaxed with your birthing plan:** You've been through it once before, and everything turned out okay. You are less stressed out about whether or not your hubby has all of the right attire packed in the over-night-bag, and you aren't putting the poor guy through as many "The baby is coming!" preparation drills. You're calm, cool, and collective, like every mother of two should be (Right?).

**Related:** [Mila Kunis Enjoys Her Sweet Pregnancy Cravings](#)

**3. You know what moments are the most significant:** Now that you've been through the process you've been able to reflect on what moments need the most attention. The first bath, the welcome home, the first time they sit up. These moments you're going to be able to point out to their big brother or sister, so they too will see how awesome it is to have another little one around the house. This is also a bonding moment between

you and your oldest because they realize they get to be Mommy's assistant, and serve as a role model for their new sibling.

**In what ways do you feel better prepared for your second baby? Share with us in the comments below!**

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## **Kelly Clarkson Gives Birth to Baby Girl River Rose**



By

Shannon Seibert

The moment we've been waiting for has finally arrived. Kelly Clarkson has officially welcomed her baby girl into the world.

The *American Idol* alum gave birth to her baby girl on June 12th. Clarkson and her husband Brandon Blackstock decided to name their bundle of joy River Rose, and have never been more excited to get their family started, according to [UsMagazine.com](http://UsMagazine.com).

**How do you compromise with your partner on baby names?**

### **Cupid's Advice:**

This is your baby's name we are talking about. You are officially responsible for what this human being is going to be called for the rest of his or her life. This is a decision that both you and your partner should agree on. Although it can be exciting, or seemingly frustrating keep in mind that your decision will impact the rest of their life. No pressure or anything:

**1. Pick something meaningful:** If you or your partner have a significant family member, or a traditional family name, try to incorporate the tradition into your new generation. Family names are cool, they allow a small piece of history to be passed along. As a compromise, negotiate a middle name as well. This way you have a chance to incorporate both sides of the family. In turn, your family members will feel honored that you've chosen to make a link between them and the newest addition to the family.

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**2. Don't get too creative:** One mistake people make today is trying to get too witty or too unique of baby names. Unless you want your child to explain why their name is #Hashtag for the rest of their life, don't create an unnecessary burden. Trends come and go, but the memory and life of your baby is going to stick with you forever, so don't take this decision too lightly.

**Related:** [Eva Longoria Says Having Kids Is Not In Her Future](#)

**3. Don't pick a baby name that has tentative agreement:** Unless you and your partner wholeheartedly support your name decision, don't pick that name. If you think the name "Ashlyn" is too trendy or if "Robert" just doesn't feel right, don't go with it. Also, ask around for opinions. An unbiased third party is sometimes necessary when you cannot agree. When you find the perfect name for your little bundle of joy, you'll know it immediately.

**How did you and your partner decide on baby names? Share with us in the comments below!**

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## **Actress and Producer Eva Longoria Decides Not To Have Kids**





By

Sanetra Richards

From the looks of it, Eva Longoria decides not to have kids anytime soon. “It’s just not in my future,” said the 39-year old to [People](#) at the Brita Burbank YMCA special event on Wednesday, which acknowledged the company’s donation of water filtration pitchers and dispensers to nationwide YMCA locations. The *Devious Maids* producer went on to talk about her interest for the cause: “With kids, I love their energy and spirit and innocence,” she said. “It’s really important for us to be here today to talk to them about water because that stays with them. Water’s the original energy drink. Water is really good for you. Water can be fun.” The former *Desperate Housewives* actress also revealed her methods to staying lean and fit. “I run a lot. I’m a big runner. And I do yoga,” she said. “So, I just alternate. Run, yoga, run, yoga. I do weight training as well.”

**How do you decide if it’s the right decision to have kids?**

**Cupid’s Advice:**

You and your partner have been contemplating whether or not to

start a family. One minute you all want to, and the next you are rethinking the entire thing. Indeed, a lot does come along with having children – it is a lifetime commitment. How exactly do you decide if it is a bright idea? Well, Cupid has some advice to see if parenthood is right for you:

**1. Compatibility:** The most important step when deciding to have kids with your partner is figuring out if you are truly compatible. As stated before, parenthood is a commitment for life – you will be forever connected to your partner. You want to be as “friendly” as possible, just in case things turn sour later down the road, your bond with him/her will still remain and co-parenting will not be a big issue.

**Related:** [Michelle Duggar Admits That Lots of Kids Aren't for Everyone](#)

**2. Same morals:** Raising a child(ren) is certainly not a piece of cake. Before having a baby, you and your significant other should thoroughly discuss what kind of parenting skills you are aiming for. Also, talk about the environment/household you wish to expose your child to. This especially matters when it comes to teaching the child values as they grow, as well as obedience.

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**3. Finances:** You have probably heard before that over the course of 18 years, a child costs the parents nearly a million dollars. Whether you believe this or not, pretend that is true. You want to be as financially ready as possible before starting a family. Why so? There may come a time when things get a little difficult money-wise – you always want to have that cushion, so your child can be provided for, as well as the additional household.

**What are some other ways to decide whether to have kids or not? Share your thoughts below.**



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# Kourtney Kardashian Is Pregnant with Third Baby



By Laura Seaman

Third time's a charm as Kourtney Kardashian is pregnant with baby number three with her boyfriend Scott Disick. Multiple sources tell [UsMagazine.com](http://UsMagazine.com) that Kourtney is only a few months along, but that she is already showing a pregnant glow. Sources say it was planned, and that Kourtney "wants to have a handful of kids." The Kardashian had said in 2012, "I need to see what it's like when I have three, but [having kids] is what life is about."

## How does having a third baby change your family dynamic?

### Cupid's Advice:

A third child can really change how a family works in ways that a second child does not. It's best to be prepared for these changes so that your family can properly adjust to this new addition:

**1. There is now a middle child.** Ah, yes, the notorious situation of the middle child. There are plenty of stories about how the middle child gets much less attention from parents. This is something every family can avoid, but many are guilty of without realizing. Of course you'll always be proud of that first-born child, and you'll dote on your new baby, but don't forget the middle child. They're just as important.

**Related:** [5 Celebrity Couples Who've Adopted](#)

**2. There's the odd man out.** Three, being the odd and often uncomfortable number that it is, can create tension between the children. The two oldest might create a new bond after the baby is born and become closer than ever, which is fantastic until they start growing up and the third child is still treated like the baby sister or brother who never quite gets it.

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**3. There is always someone around.** It might be that one kid is always hungry, or one kid is always late for a lesson, but this is to be expected for any number of children greater than one. On the bright side, this means that someone is always there to keep their sibling busy. Maybe the oldest is busy and the middle child wants to play. Instead of constantly pestering their older sister or brother, they now have a younger sibling to play with.

How has having a third baby changed your family? Tell us below.

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## Bethenny Frankel and Jason Hoppy Settle Custody Dispute



By

Sanetra Richards

The smoke has cleared and everything is settled between Bethenny Frankel and Jason Hoppy ... at least for now. According to [UsMagazine.com](http://UsMagazine.com), the estranged couple has come to an agreement in divorce court, involving the custody battle for daughter Bryn. Hoppy's attorney, Bernard Clair, released a

confirmation statement saying, "My client is delighted that this custody dispute has been resolved; that his co-parenting status has been acknowledged; that the parties' child will have the benefit of being raised by both parents; and most importantly, that his daughter will no longer be at the mercy of a high-profile courtroom battle."

## **What are some ways to shield your child from divorce proceedings?**

### **Cupid's Advice:**

Every divorce that involves children leads to questions revolving what is best for him or her. Whatever decision you and your ex make, you want to keep your child's best interest in mind, which includes not exposing them to the messy divorce proceedings. Cupid has some tips to help you achieve this:

**1. Have respect and decency:** The best way to not taint the image your child may have of the other parent is to avoid bashing, at all costs. Your child is already coping with the separation and any unnecessary arguing in their presence will only make matters worse. However, if you and your ex are respecting each other, your child will do the same.

**Related:** [New Celebrity Couple Alert: Bethenny Frankel Is Dating Marcus Lemonis](#)

**2. Be honest:** Do not keep your child completely out of the loop with what is going on between the two of you. If he or she has question involving the separation, answer it honestly to the best of your ability. As stated before, maintain that respect and reassure them that you and your ex will always be their parents.

**Related:** [Bethenny Frankel and Jason Hoppy Ignore Each Other at Daughter's Birthday](#)

**3. Do not play the blame game:** This means absolutely not

pointing fingers. Your child is in a very vulnerable state (just like you) and will possibly believe anything negative you may tell them about the other parent. Remember what is most important –being a parent and protecting your child from any danger, including those harsh words you may want to say.

**What are some ways to shield your child from divorce proceedings? Share your thoughts below.**

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## Co-Parenting Teenagers in the Summertime



By

Lisa LaBelle

Co-parenting and planning summer visitation with teenagers can be challenging and emotionally draining. Hopefully, plans can be worked out peacefully with your ex-spouse – consider Reese Witherspoon and Ryan Phillippe for a celebrity example – but there are many who are not so fortunate. The error comes when parents choose to not give their teenagers a voice in planning their time. They don't stop to think about the consequences that occur when their teenagers aren't able to participate in activities and events that are important to them, through no fault of their own.

The solutions are simple. Here are some tips to help with co-parenting during your teenager's summer plans:

**Related Link:** [Keep Talking to Your Kids After Divorce](#)

### **Give your teenager a voice:**

It's important to sit down one-on-one with your teenager and simply ask what they want their summer to look like. Does your teenager have scout camp, sports camp, music and art classes, academic work, dance camp, team sports, or a summer job? Remember it's not about you; it's about your teenager. Next, have your teenager write out their summer goals, responsibilities, and commitments. Give your teenager a voice in both the verbal and written word.

### **Be your teenager's true advocate:**

Listen to your teenager and offer supportive input. Do your best to work around their activities. Talk with your ex about your teenager's summer commitments peacefully. Encourage your ex-spouse to come and attend any events too. For example, it may be a scout camping trip that he could chaperone with your son or coming to cheer for your teenager in a dance competition.

### **Encourage your teenager to use their voice:**

Encourage your teenager to respectfully use their own voice with both you and your ex-spouse. It's important for your teenager's self-worth to speak directly to both parents concerning their summer plans. It may take some time for your ex-spouse to adjust to your teenager making their own plans, but it will increase mutual respect.

**Be supportive of your teenager *and* ex-spouse:**

You, as the custodial parent, will have the role of being supportive to your teenager and your ex-partner as they work out their summer plans. If your ex attempts to bring you into the decision-making process, you simply remind them you are there to offer support, cheering them on in making their plans "together." After a few times of responding in this peaceful, supportive manner, your ex-spouse will not feel the need to reach out to you for assistance.

**Related Link:** [How to Cooperatively Co-Parent After Separation or Divorce](#)

**Remind your teenager you're there:**

Verbally remind your teenager that you are there to be a support as they make summer plans with their other partner. Knowing you are there will naturally build confidence in your teenager's ability to communicate directly with your ex-partner. You are there to be the main support and to reinforce the importance of your teenager's voice as plans are being made.

As a co-parent, stay close to your teenager, cheer them on, and encourage them to use their own voices for all summer and year-round planning. The results will be worth it. Communication between you and your teenagers will increase, and a long-lasting, healthier relationship will be the outcome. Your teenager's own self-respect will improve knowing they do have a voice and that they matter.



*Lisa LaBelle is co-founder and co-executive director of Hope After Divorce and Divorce SupportCenter.com. She holds a B.S. degree in Education, and is completing her master's degree in clinical mental health counseling with an emphasis in marriage, child, and family therapy. Lisa is a family and child advocate. She is co-author and co-editor of Hope After Divorce and Divorce Experts Weigh In. Lisa is the co-host of the Life After Divorce CL3 Agency blogtalk radio show. She is a contributing expert for DivorceSupportCenter.com, FamilyShare.com, CupidsPulse.com, and Newport Lifestyle Magazine. You can contact Lisa by visiting [www.divorcesupportcenter.com](http://www.divorcesupportcenter.com).*

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## **Giuliana and Bill Rancic Support Each Other Through Surrogate Miscarriage**







By Shannon Seibert

In devastating news, *E!* stars Bill and Giuliana Rancic face a surrogate miscarriage. The couple has been struggling to have another child, who would be a sibling to their son Duke, born by surrogate in August of 2012. The Rancics have a loving, supportive relationship with their surrogate, Delphine, who had an unexpected miscarriage at about nine weeks along. Julianna herself had undergone a miscarriage years before, which only aided the heartbreak of the circumstances, according to [UsMagazine.com](http://UsMagazine.com).

**How do you support your partner through pregnancy troubles?**

**Cupid's Advice:**

**1. Don't ask questions you already know the answer to:** Questions such as "Are you okay?" may seem supportive, but in reality are just plain aggravating. Asking is just trivial, especially when the circumstances are clearly not okay. Listening goes hand in hand with this idea, meaning that you have to look for the meaning underneath the words and tune into what they may not be saying. Something a gesture as

simple holding your love's hand at the right moment can make all of the difference.

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**2. Support with more than just words:** Saying you'll be there for your partner, and actually being there for your partner are two different animals. Being at doctors appointments, making crazy food runs, and supplying the foot rubs will go miles beyond any words you speak. What people forget is pregnancy does involve two parties, although only one of them carries the child. Pregnancy still takes an emotional toll on both partners, which is why it takes a strong partnership to maintain a foundation of support.

**Related:** [Hayden Panettiere and Wladimir Klitschko Prepare Relationship for Kid](#)

**3. Therapy is not just for the crazies:** Point blank, we all need someone to talk to, and therapy is a great place to get an impartial third party opinion. Couples' therapy has proven beneficial over recent years, allowing a safe place for the couple to open up and talk about issues at home. Even if there is just an aura of stress going around, therapy is a great place to dive into the root of the problem, and fix it under a united front.

**How have you gone about pregnancy struggles with your partner? Share with us in the comments below!**

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# Actress Kim Raver Shares How To Balance A Healthy Lifestyle and Motherhood



By Shannon Seibert

Kim Raver, mother of two and actress from FOX's 24, is now an advocate for Colgate Total®, helping to encourage healthy living through simple, everyday routines. She's an inspiration for women, especially mothers, everywhere, managing her healthy lifestyle and motherhood with grace. Recently, the former *Grey's Anatomy* star shared some of her own parenting and health tips with Celebrity Baby Scoop.

**Related Link:** [Kristi Yamaguchi "Surprised" by Parenthood](#)

**CBS: What kinds of habits have you incorporated into your healthy lifestyle?**

**KR:** “I think its finding ways to combine my health with the things I want to get done. For example, on the weekend, I really want to be with my kids, especially if I’m working during the week. Sometimes, I think I have to choose between my workout and spending time with my kids. However, I can do both by having the kids get on their scooters, and I’ll put on my running shoes, so we can run and scooter in the park. I also try to drink a ton of water. I think it’s key to staying healthy. Getting enough sleep is also important, because as Moms, we rarely get enough, but it’s so important, even if it is a short 20 minute nap. It can be restorative, and I totally need that when I’m working. I feel better when I’m eating well, but I love to have indulgences. I love to eat yummy things. I think it’s easier to stay on course. I don’t like to use the word diet because I don’t think that sounds healthy. Even if I need to get into kick ass shape for a role, like playing a cop, I like to look at it as getting into athletic shape. It’s leading an overall living a healthy life, so you can sustain it long term.”

**CBS: What are Luke and Leo up to these days?**

**KR:** “They are learning how to live in a completely new country. My husband and I decided it is important for us to all be together even when we have to work in different places. I took them out of school in December. They had been there a couple of years, and we totally up rooted them. We found two amazing schools in London. I’m really proud of them, as they have had to learn how incorporate themselves into a new schooling system and a new culture. That’s a lot of change, but they’ve really embraced it. They know they are very lucky to have that experience.”

**CBS: What is it like to raise two boys?**

**KR:** “It’s absolutely amazing, and it’s 24/7 movement. Boys are so active and move all the time. They are into American football, soccer, and baseball, so I’ll be making dinner, and there are balls flying across the room, but I love it. I love the non-stop chaos. I have very loving children, and my family is extremely important to me. We find the time to have dinner together and read stories and tuck them in at night. That’s the highlight of my day.”

**CBS:** **Do you have enough energy to keep up with them?**

**KR:** “You’ve got to find it, right? You know what I mean? I gotta dig deep. Even if I’ve had a long day, they haven’t been with me on that long day. I think that’s part of motherhood. That’s always why having supportive friends and family is important. My mom is so amazing. She was a working single mom in the 70s before it was the hip thing to do. When you’ve got that example, the times when I’ve been exhausted and trying to find my way, I just think of my mom and how she did it. Other moms relate too. You just do it. I’m really lucky to have an incredibly loving husband. I’m very grateful. We have to be grateful for what we have. Back to health, I love that I have to try to keep up with them. I feel lucky to have that in my life.”

**Related Link:** [Paul Adelstein Marvels About Being a Father](#)

**CBS:** **Are you able to set aside me time?**

**KR:** “What is that? (laughter) I think it comes back to National Women’s Health Week. We have to remind ourselves to make me time. For me, I like my little cup of coffee in the morning. It’s not so much the coffee, as much as it’s a nanosecond of me time. I do think it’s important to carve that out. I think that re-energizes me, and I’m able to reach out and be there for everyone else. My girlfriends help remind and encourage me to go for that hike. I do feel re-energized afterwards, so again, making my workout enjoyable, so it is me

time and not drudgery. That's why I try to make my workout things I love to do – yoga, running, or spinning class.”

*For the rest of the interview, visit [www.celebritybabyscoop.com/2014/05/24/family-extremely-important/](http://www.celebritybabyscoop.com/2014/05/24/family-extremely-important/)*

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## **Bethenny Frankel Gives Emotional Testimony and Cries in Custody Battle**



By Sanetra Richards

Bethenny Frankel opened up her heart on the court stand on Wednesday, May 28th. According to [UsMagazine.com](https://www.usmagazine.com), the former Real Housewife and talk show host gave her testimony in a custody case with ex-husband Jason Hoppy, with whom she has a 4-year-old daughter with, Bryn. The couple split back in 2012 and it has been a bumpy road since. In her statement, the 43-year-old was very emotional and even broke down in tears throughout various portions. Frankel recalled on the time when she and Hoppy lived together because he was unwilling to leave: "Jason said to me, 'Get ready, we are going to war. It's over. We're done,'" Frankel remembered. "He would leave the house in shambles. There would be dishes everywhere. He would pee and poop and leave it in the toilets. He would hold Bryn, and he would say, 'You're finished, you're done. I'm going to ruin you.'" Frankel also told the court a specific instance when her ex-husband would ridicule her in front of their daughter. Frankel claimed Hoppy's taunting happened numerous times in front of her daughter, and that he often tried to get the little girl to turn against her. "He would say, 'Mommy should be Ursula the witch. She's a great witch. You be the princess, I'll be the prince, Mommy will be the witch,'" said the Skinnygirl Dish author as the tears fell. An insider tells *Us*, "Bethenny is trying to just keep pushing forward. She's in a good place right now."

**What are some ways to keep things civil with your ex for your children?**

**Cupid's Pulse:**

With every breakup or divorce that involves children, comes the decision to co-parent (or at least try to). However, before you and your ex can make that choice, there must be an agreement and understanding shared between the two of you. So, how exactly do you keep it civil for your child's sake? Cupid has some tips to help:

**1. Respect each other:** Which basically means no bashing,

especially not in your child's presence, whatsoever. If you are habitually arguing in front of your child(ren), they will soon start to believe one parent is not fit – this could possibly lead to lashing out and ill behavior. On the other hand, if you and your ex are showing respect one another, your child will suspect nothing wrong.

**Related:** [Bethenny Frankel and Jason Hoppy Reunite for Daughter's Birthday](#)

**2. Come to terms:** You and your ex should face that the separation is real and the chances of you all getting back together are slim to none. You both have turned the page and are now on new chapters. No matter the circumstance, those old feelings should not interfere with your parenting.

**Related:** [Bethenny Frankel and Jason Hoppy Ignore Each Other at Daughter's Birthday](#)

**3. Delete:** Let go of the anger and resentment. You must both remember, your separation was for the best. By staying together you were ultimately putting your child's happiness was at stake. Think of yourselves as parents before exes.

**How do you keep things civil with an ex when children are involved? Share your thoughts below.**

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## **LeAnn Rimes and Eddie Cibrian Ready for Children**





By Laura Seaman

There are two things Hollywood is full of: reality shows and celebrity children. LeAnn Rimes and Eddie Cibrian, who have their own upcoming reality show on VH1, told [UsMagazine.com](http://UsMagazine.com) that they are wanting to bring some children into the mix. "He's the best Dad already," said Rimes. "I have a little bit of experience with the kids now so, I feel like I wouldn't be too crazed. It doesn't feel like a real first, first!" Cibrian has two children with ex-wife Brandi Glanville, sons Mason and Jake. After Rimes' comment on kids, Cibrian joked, "Look, maybe we should just get another dog and then see how that goes." Rimes said, "Other than the reason of us wanting to work together and be home with the kids, why not have fun and poke fun at everything that's gone on for the last five years."

**How can you tell if your relationship is strong enough to take**

**on children?**

### **Cupid's Advice:**

Once a couple has been together for a certain amount of time, many might start thinking about whether their partner is family material, and questions of whether or not they want kids and how many they want can start popping up in conversations. This might be one of the most important conversations you can have in life. After all, it's not just deciding to have a baby and bask in the newborn happiness. This decision will affect you for the rest of your life, and these kids are going to become adults. If you and your partner are talking about having kids, you'd better be sure you can handle them:

**1. Want the kids before you have them:** Maybe you've never really liked children, or you've had a bad experience with them in the past. No matter how it came about, some people just don't like being around children. This doesn't mean you won't want kids eventually, but you have to know what you're getting yourself into. If one partner wants kids and the other doesn't, a child would only create a gap in the relationship. Maybe the idea of a child seems nice, but you haven't been around kids much. Surround yourself with young relatives or babysit for a friend; get experience with children so you can be 100 percent sure you *want* children:

**Related:** [When Are You Ready To Be a Dad?](#)

**2. Give them a sense of permanence:** A child is a lifelong responsibility, and you should be willing to show it. An apartment that works for you and your partner might not be big enough for a child, or it might have some big safety risks. Make sure you're ready for a child to be in your life before you even plan on having one. This means buying cribs, creating a nursery, and thinking of good schools in the area. Not only will you be better prepared for a child, but you're showing

your partner that you're dedicated and not going anywhere.

**Related:** [Keep Talking to Your Kids After Divorce](#)

**3. Be ready for a big change in the relationship:** A child will completely change the relationship between you and your partner, and you need to be ready for it. If you two have had the same routine for years, try making changes to your schedule and seeing how it affects your mood. Time that you spend with each other might now be spent with the baby, or trying to catch up on sleep. Not only will you be a couple, but you will be parents, completely changing the nature of your relationship. New tasks, schedules, and feelings are going to put your relationship to the test, so make sure you're ready for it.

**How has having children affected your relationship? Let us know in the comments!**

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## 10 Date Ideas for the Married Couple with Kids





By Sanetra Richards

Finding time to go out on dates with your spouse can be difficult. The both of you may have hectic work schedules that always seem to get in the way. And it is not just the two of you ... the kids are also in the equation! No matter how hard you may try, planned or spontaneous dates rarely ever happen. Even if you do actually go out, you constantly find yourself worrying about the kids – is the babysitter reliable, what they are doing, and should you hurry back home. Well, fret no more! Cupid has 10 suggestions to help you and your spouse get away from your routine and schedule some date time for each other:

**1. Every day alone time:** Who says you can't have a date every day of the week? Believe it or not, it's possible! Join your partner in something that is a part of their daily routine, whether that means an early morning workout or late evening planning session. Quality time with your partner can make a huge difference, especially if you are doing something that brings you together at the start of each day and/or at the very end. Maybe even put the kids to sleep at an earlier time

just to have that hour or so to wind down together.

**2. Weekend getaways:** A short vacation is not only what you may need individually, but also as couple. Work can definitely become overwhelming and you just want a day (or two, maybe three) to sit back and enjoy each other's company, without the pressure and stress of work interfering. A trip to a cabin or a resort sounds nice, right?

**Related Link:** [Date Idea: Spice Things Up](#)

**3. Amusement park:** Married couples tend to become accustomed to the the following routine: work, kids, sleep, repeat. Sometimes it's easy to forget what fun feels like. An amusement park is a great place to channel your inner child. Take your spouse on a date to a nearby theme park – enjoy the roller coasters, attractions and games, but most importantly don't forget to laugh!

**4. Dance night:** What better way to show off your moves than dancing? Schedule a night for dancing it up at your local club. Try something as sassy as salsa or as precise as square dancing. The goal in all of this is to simply have fun.

**5. Fishing:** Envision a nice day out by the lake, relaxing in a chair, with a fishing rod in the water awaiting a tug. Hardly any disruptions besides the noises of nature and sound of the water. You and your spouse will temporarily be worry-free.

**Related Link:** [Date Idea: Hot or Cold Night](#)

**6. Park picnic:** One of the most classic (romantic) dates of all time is a picnic in the park. Create a basket full of you and your partner's favorites, maybe take an activity you will enjoy (frisbee, kites, etc), and voilà! Maybe even consider bringing the kids along and making it a family day.

**7. Pick a hobby:** Choose an activity that the both of you love to do together. Perhaps yard work, such as gardening or

mowing, is therapeutic – use this as a bonding experience and call it a date!

**8. Pamper & Polish:** Every once in a while, your sweetheart deserves a little TLC (tender, love, and care). Why not be the one to give it to them? Schedule him/her a session at a local spa or create your own at-home spa. If you would rather channel your inner romantic and set up your own spa, here are a few tips: make sure the environment is set nicely – well-lit and scented, relaxing music, and full of peacefulness. Then, give them the best massage they could possibly imagine (with the help of your favorite scented oil). They will appreciate the thought and touch.

**Related Link:** [Date Idea: Be a “Cheap” Date](#)

**9. Comedy show:** Laughter is good for the soul, right? Search for tickets to your favorite comedian’s show and ask your honey to join you for the night. Get a few laughs in while enjoying the evening.

**10. Road trip:** Hop in the car and GO! A road trip entails lots of jokes along the way, singing songs on the radio, sightseeing, etc. Make a day out of it – travel down the roads with the most scenery. Take photos to capture the memories and most importantly, enjoy the ride.

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## **Celebrity Video Interview: Chef Tim Love Talks Summer**

# Traditions and Reality TV Show 'Restaurant Kickstart'



Interview by [Whitney Johnson](#).

May happens to be National Burger Month, and with summertime fast approaching, we could all use a tip or two to avoid the dreaded dry burger during our backyard cookouts. Luckily, chef Tim Love has teamed up with Hellman's to give America a Burgervention just in time for Memorial Day weekend. "The Hellmann's is what's going to keep the burgers juicy while you're grilling them," he reveals in our celebrity video interview. With Love's [foolproof recipe](#), you'll be grilling like a pro in no time!

# Celebrity Video Interview with Chef Tim Love

The reality TV star also talks about his upcoming show *Restaurant Kickstart* (think *Top Chef* meets *Shark Tank*). “You’re investing in people, ultimately,” he explains. “Those people have to have knowledge and skill, but at the end of the day, they also have to be great people.”

**Related Link:** [Color Your Love in Red, White, and Blue](#)

Apart from grilling up juicy burgers, Love says his favorite summer tradition is spending time outdoors with his family and playing some catch. When it comes to [date night](#), the chef and his wife like to keep things simple. “I always prefer to cook at home,” he says. “I don’t spend a whole lot of time there because I’m always working, so if I can sit outside in my backyard with a margarita, I’d choose that every time.”

Check out our celebrity video interview above for more great grilling tips!

*Hungry for more? You can find even more tasty recipes for the summer on Love’s [website](#)!*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

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## Cupid’s Weekly Round-Up: Being a Better Parent





By Shannon Seibert

Being a parent is the hardest job out there. There isn't a rule book that gives explicit instructions, and there isn't a how-to guide for every experience your child will go through. It's tough, but it's a blessing. With that thought in mind, we've pulled together five articles from our partners to instill confidence in your parenting skills:

**1. There is no such thing as perfect:** If there were a dictionary for parenting vocabulary, the word "perfect" wouldn't be found on a single page. Don't stress about being the perfect role model who always makes the right decisions and says the right things. One important lesson for children to learn is that it's okay to make mistakes. Rosie Pope embraces this idea and calls herself "a work in progress!" ([CelebrityBabyScoop.com](http://CelebrityBabyScoop.com))

**2. Yelling doesn't always work:** They pull your hair, bring

dirt into the house, and rub mysterious substances all over your pristine white walls, and you wonder how you'll get through the day without a meltdown. Patience is a virtue that kids enjoy to test. Instead of yelling at your children when they begin pushing your buttons, here are three things to try to avoid raising your voice. ([GalTime.com](#))

**3. A strong relationship is positive encouragement:** Kids learn by example. By having a loving relationship with your significant other, it will stimulate positive life-learning for your children. Avoid having major confrontations in front of your children. In turn, your kids will be more likely to have caring relationships of their own as they grow older. ([YourTango.com](#))

**4. Teach your kids to love learning:** Education is such a beautiful gift to give to a child. Inspire your kids to want to learn more about the world. Read books aloud, help with their homework, and teach them to ask questions. But don't allow them to rely on you as their only resource. Encourage them to acquire knowledge independently, making the information more meaningful. ([GalTime.com](#))

**5. A healthy lifestyle can bring the family together:** It can be difficult to get your children to munch on carrots instead of chips. Get creative in the kitchen and get your family moving with group exercise to form lasting bonds with each other. Pull ideas from these tips to work on healthier living. ([YourTango.com](#))

**Have any tips for being a more confident parent? Tell us in the comments below!**

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# Reality TV Star Christina Milian Talks About Her New Partnership and Being a Celebrity Mom



By

Brittany Stubbs

Christina Milian is more than just an actress, television host, singer-songwriter, and pretty face. She is a driven woman, balancing her celebrity family and her relationship and love life along with new projects and career opportunities, like breaking into the electronic hookah and electronic cigarette business.

Milian recently partnered with Platinum E Hookah. "I saw the

craze beginning for hookahs and e-cigs,” she shares in our celebrity interview. “I always enjoyed hookah lounges, and I thought, ‘Why not create our own product that is nicotine free?’” Along with coming up with something that is safer than traditional cigarettes, Platinum E Hookah took it one step further and added some delicious flavors to curb your sweet tooth – from strawberry lemonade to blueberry cotton candy to banana cream.

“We also just added our nicotine free e-juice, which has sold out so many times already,” she adds. “We have it in so many great flavors, like cake batter and peanut butter and jelly. It keeps it interesting, fun, and tasty.”

**Related Link:** [Christina Milian is Engaged](#)

Although there has been some negative buzz about electronic hookah and electronic cigarettes encouraging smoking habits to younger crowds with their tasty flavors and celebrity users, Milian makes it clear that Platinum E Hookah strictly enforces that buyers must be 18 and over to purchase the products. She also points out that from what they’ve seen thus far, the flavored vapor business has helped people stop or slow down on smoking actual tobacco and real hookah that contain all the harsh carcinogens that are proven to cause cancer. “The option to smoke vapors is a safer option and does not carry the addiction that products that contain tobacco and nicotine do,” the reality TV star explains.

## **Christina Milian on Being a Celebrity Mom**

While the starlet’s career is important to her, her number one focus is her sweet daughter, Violet Madison. “Violet makes me a better person and makes me want to accomplish more in my life,” the celebrity mom gushes. “Every decision I make is because of and for Violet.”

As a single mother, Milian has learned to work hard each day to make a better life for her and her daughter. She encourages other single moms looking for a love to “always stay true to who you are and what you want in your life, and the right person will always come along. It’s not about looking for the right one; it’s about making your life great for you and the right one fitting right in.”

**Related Link:** [Girl’s Night Movie Pick of the Week: ‘The Single Moms Club’](#)

## **Reality TV Star Opens Up About Relationship and Love Life**

The singer took this advice when it came to her own relationship and love life. After separating from Violet’s father, R&B singer/songwriter The-Dream, she refused to give up on finding someone special. As she explains, “If I learned anything, it’s to be strong, believe in yourself, and keep going. A failed relationship hurts, but I believe when things fall apart, they do so better things can come together.”

Luckily for her, she found something better in someone who had been in her life all along. She describes her now-fiance Jas Prince as her best friend. “We have so much in common. At a certain point, it just clicked for us,” she says. The couple got engaged last May. With everything that the two of them have going on, they’ve yet to set a date for their celebrity wedding, but she assures us she is looking forward to getting started on their plans for the big day.

**Related Link:** [Documenting Your Love Story](#)

Speaking of things to look forward to, we can’t wait to learn more about Milian and her celebrity family in her upcoming reality TV show on E!. “I am excited to be working on a docu-series! Fans can expect to see our family, our businesses, and

our day-to-day lives.”

*For more information about Milian, check out her website, [www.christinamilian.com/](http://www.christinamilian.com/). Follow her on Twitter @ChristinaMilian.*

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## Isabella Brewster Is Expecting with NBA Player Husband



By

Louisa Gonzales

Isabella Brewster is expecting! According to

[UsMagazine.com](http://UsMagazine.com), it was recently announced on Sunday April 13th that Brewster and husband, NBA star Baron Davis, are going to have a child. The news was made public in an Instagram pic when the former CAA agent wished a happy birthday to her "Love, Husband and Baby Daddy." This exciting news comes just three months after Brewster and Davis said their vows in January and almost seven months after Brewster's older sister and *Fast & Furious* starlet Jordana Brewster had her son Julian with husband Andrew Form.

**What are some factors to consider when you want to have a child?**

### **Cupid's Advice:**

Deciding to expand your family is both a challenging and rewarding experience. There are a lot of new lessons and teachings that comes from having kids, so before you do so, there are many things you need to think about. Here are some factors to consider when you want to have a child:

**Related Link:** [Jason and Molly Mesnick Say Their Daughter Has "Quite a Silly Personality"](#)

**1. You're financially stable:** One of the most important things you will have to think about is money. Children are expensive, as you have provide and take care of them. If you're not ready to support or offer the proper security for a child, then you may want to wait for time where you are more financially secure.

**2. You've discussed your plans:** Who's going to take care of the baby? How do you want to raise your child – what traditions, values or beliefs? These are important questions you need to discuss with your partner *before* you have the child because it will help decide if you're both ready.

**Related Link:** ['Mad Men' Star Kevin Rahm Is Expecting a Baby](#)

## [Girl with Wife](#)

**3. It's the right step for your relationship:** A child requires a lot of time and focus, and for a while, your relationship may have to take a back seat. What that means is you might not be able to do things like traveling or enjoying solo dinners out. If you and your honey understand all the added pressures and sacrifices but also the joys, you can handle anything together.

What do you think are some good factors to think about when you're considering to have a child? Share your tips below.

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# To Move or Not to Move? Why This Decision Is Tough on Kids







By

Michele Sfakianos, RN, BSN for [Hope After Divorce](#)

Divorce is one of those life events that forces huge changes in your life, whether you like it or not. During a divorce, a decision will need to be made on living arrangements. Let the court decide who needs to move out and what will happen with the home. Sometimes, one spouse will offer to move out but wants their part of the equity in the house. The partner who stays put may have to put it up for sale in order to pay the other partner unless they can refinance, thus adding the amount of equity onto the mortgage.

Definitely get some legal advice before you make your choice. Leaving the home before the court date might have a detrimental effect on the outcome. Couples will want to communicate in a responsible manner to find a way to share the residence. If there's too much disagreement, then another solution may be necessary...but you still need a professional opinion before packing up those boxes.

Since they have just announced their desire to divorce, Gwyneth Paltrow and Chris Martin are one such couple

who will be considering the effect moving will have on their two young children. Hopefully, through their “consciously uncoupling,” the transition will be as smooth as possible for their kids – as well as themselves.

**Related Link:** [Gwyneth Paltrow and Chris Martin Separate](#)

There are times in each child’s life when a change like moving to a new school, city, or state can be devastating. A young kid depends on the security of their home and school, while a teenager may simply want to finish high school with their friends. You need to take these situations into account when making your plans. The parent who has the children a majority of the time should do their best to stay put.

With divorce, the furnishings are often divided, which may leave the family home empty. Since it is your kids’ house too, you should try to include them in the decorating decisions. This approach helps them to feel valued. Listen to the child’s needs and tastes. It also provides opportunities for two important activities:

**1. Education:** You may know that it’s an antique chair, but for your children, it’s an old ugly chair until you teach them about the distinguishing signs and history.

**2. Shopping:** Head to local flea markets, auctions, or estate sales for old furniture. Refinish or repaint the old dresser. Your kids will feel like a part of the process and enjoy using the item they helped refinish.

Once you’re finished decorating, throw a party and show off the new look of your place. By celebrating, you are showing the children that you love and respect their help and that everyone can enjoy the newly decorated home.

**Related Link:** [What Now? Transitioning From Married to Single](#)

If you must move, understand that a new place will not fix

everything. Moving is traumatic and expensive, and when everyone has to move, someone will be upset. Yes, the new house may have clean paint and a fresh look, but those moving into it are still the same people. After the movers are gone, you may find yourselves standing around and looking at each other thinking, "What now?" Post-Move Syndrome Letdown (PMSL) is common.

Hang in there and try to enjoy setting up your new home. Make sure to include everyone. If you see your children having difficulty adjusting to a different home or community, address it immediately. Find someone for them to talk to. Be supportive and encouraging and let your children know that you'll be with them every step of the way.

*For more information about Hope After Divorce, click [here](#).*

*Michele Sfakianos, RN, BSN, is a Registered Nurse, Life Skills Expert, Speaker and Award Winning Author. She is the owner of Open Pages Publishing, which includes her series of "The 4-1-1" books on Life Skills, Step Parenting, and Surviving Teenhood. Michele is a contributing expert for HopeAfterDivorce.org, DivorceSupportCenter.com, FamilyShare.com, and CupidsPulse.com.*

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**Famous Couple Brad Pitt and  
Angelina Jolie Enjoy a  
Weekend Celebrity Getaway**

# Without Kids



By

Louisa Gonzales

[Angelina Jolie](#) and [Brad Pitt](#) went on a weekend celebrity getaway, just the two of them. According to [UsMagazine.com](#), the famous couple were spotted at a hotel in Beverly Hills having a lovely time together on Saturday, Apr. 5, without their six children, Pax, 10, Zahaa, 9, Shiloh, 7, twins Vivienne and Knox, 5, and Maddox, 12. The engaged twosome were not shy about showing their affection towards one another, even entering the hotel arm-in-arm. This much-needed private outing is well-deserved, as it comes after Jolie, 38, and Pitt, 50 had been a part for a few months because of work.

# Famous couple Pitt and Jolie recognize the value of alone time with each other. What are some reasons it's important to spend quality time with your partner?

## Cupid's Advice:

Whether you're part of a famous couple or not, finding time to spend with your lover can be difficult. After all, life gets in the way! However, no matter how chaotic and hectic your schedule may be, it's important to get that much-needed private time with your other half. Cupid has some love advice on why you need to spend one-on-one time with your partner:

**1. It keeps the spark alive:** Every relationship needs a strong emotional and physical connection. Physical separation leads to emotional separation, so if you're not spending time in each other's company, it can lead to a break-up. Plan some date ideas together and do something fun or new; that way, you will be making time for each and satisfying each others needs.

**Related Link:** [Brad Pitt Flies to Australia to Reunite with Angelina Jolie and Kids](#)

**2. It strengthens your relationship:** It's nice to go out and spend time as a family with your kids or your friends, but if you want the bond between the two of you to stay strong, alone time is needed too. Couples need time away from their daily distractions to catch up on what's going in each other's lives.

**Related Link:** [Brad Pitt Confirms Wedding with Angelina Jolie Will Happen 'Soon'](#)

**3. It allows you to unwind:** You need a break from life's

stresses every once in a while! Use this time to reboot and keep your relationship fresh.

Why is it important to spend alone time with your partner? Share your love advice in the comments below.

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## David Krumkoltz Has a Baby Girl



By

April Littleton

According to [People](#), *Men at Work* star David Krumkoltz welcomed a daughter, Pemma Mae. He announced the news via his Twitter account Saturday. "I am a parent," he tweeted. The actor

married Vanessa Britting in New York City in May 2010.

## **How do you prepare for the birth of your child?**

### **Cupid's Advice:**

Congratulations on the soon-to-be birth of your child. Parents prepare for a new family member in many different ways. You have to find a way that works best for you and your partner. Cupid has some advice:

**1. Relax:** Your partner needs you to stay calm more than ever now. Your significant other will already be stressed to the max up until the baby is born, and when the bundle of joy does arrive a whole new level of anxiety will set in.

**Related:** [Stacy Keibler Is Pregnant](#)

**2. Research:** Do as much research as you can before the baby is due. Buy a few pregnancy books. Take some birthing classes. Anything that you can do to help you get familiar with the baby will prove to be beneficial in the end.

**Related:** [Rascal Flatts' Joe Don Rooney Is Expecting Third Child](#)

**3. Get yourself ready:** You need to mentally prepare yourself for what's to come. Spend time with your significant other because once the baby comes, alone time will be different. Your life won't just be about you and your partner anymore, you'll have another person to think about as well.

**How did you prepare for the birth of your child? Share your experience below.**

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# Instagram Reveals Kevin Federline Welcomes Sixth Child



By

April Littleton

According to [People](#), **Kevin Federline** revealed his **sixth child**, a daughter named Peyton Marie who was born Sunday, via his **Instagram** account. The former backup dancer posted a photo of a wagon with the words, "It's A Girl!" He's already a **father** to sons Jayden James and Sean Preston with Britney Spears, and Kaleb and Kori with ex-girlfriend, Shar Jackson. He also has a child, Jordan Kay, with current wife, **Victoria Prince**.

**How do you manage a big family?**



## **Cupid's Advice:**

The bigger the family, the more responsibility you have. You'll need to make sure you have all the proper accommodations for a large number of loved ones. Cupid has some advice:

**1. Communication:** Many situations can go wrong when you have a big family. Make sure everyone stays on the same page – at least most of the time. You'll have to go out of your way to maintain communication between each and every one of your loved ones, but that's the price you may pay when you have your own personal football team.

**Related:** [Scott Wolf and Wife Kelley Celebrate Baby Shower](#)

**2. Schedules:** Schedules might be the best thing for you and your family. You won't have time to do everything, but at least with a schedule you'll be able to fit more activities into your daily life.

**Related:** [Mila Kunis and Ashton Kutcher Are Expecting!](#)

**3. Love:** All of your family members need to know they're loved. If you're dealing with a large group of loved ones, it might be hard to have one-on-one time with each individual. Make the effort. Show them you care. Even a quick hug will do the trick.

**What are some other ways to manage a big family? Comment below.**

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# Rascal Flatts' Joe Don Rooney Is Expecting Third Child



By

Sanetra Richards

Move over babies number one and two, number three is on the way! Joe Don Rooney of the Rascal Flatts and wife Tiffany Fallon have another treat baking in the oven. According to [UsMagazine.com](http://UsMagazine.com), Rooney confirmed in a statement saying, "We are so thrilled and feel so blessed to bring another little angel into our world." The couple married in 2006 and has since welcomed two kids, 5-year-old Jagger Donovan and 3-year-old Raquel Blue. The country band's guitarist went onto say, "Jagger and Rocky are very excited, too. They're going to make a great 'big brother – big sister duo' as the Rooney circus continues."

## How do you prepare for a third child versus the first two?

### Cupid's Advice:

Planning for a child is one of those things in life that cannot be completed successfully without the right tools and advice to guide you – and majority of the time, you still do not have it quite figured out. The first time around was challenging, the second was a tad bit easier, and now you are slightly concerned about the third. Do not panic, Cupid is here to give you a few tips:

**1. Be hands-on:** A step in preparation for a third child that should be taken into mind is preparing the older siblings as well. Be sure to comfort them before the baby is born. Let them know that yes they may have a new brother or sister, but they will still be important. Involve them in the pregnancy: decorating the nursery, packing the hospital bag, showing the ultrasound photos. They will be more likely to embrace their role as an older sibling (and less likely to develop the 'middle child syndrome').

**Related:** [Gwen Stefani Welcomes Third Son with Husband Gavin Rossdale](#)

**2. Think responsibly financially:** The load will continue to grow as the third child comes along. Set aside funds each week or month for the family's cost of living. As you may know, baby expenses are far from inexpensive! Do not be afraid to downsize if you have to – baby number three will be well worth it.

**Related:** [Shakira Says She'd Love to Have Eight or Nine Kids with Gerard Pique](#)

**3. Better parenting:** Continue to find new ways of how to be a better parent along the way. Try new techniques, read parenting books, etc. Maybe even practice perfecting a skill

you might have not had with the other two!

**What are some ways to brace yourself for a third child? Share your suggestions below.**