## Stevie Wonder Welcomes 9th Celebrity Baby with Girlfriend Tomeeka





By Katie Gray

In the latest celebrity news, Stevie Wonder has welcomed his ninth celebrity baby into the world, a daughter named Nia, according to <u>UsMagazine.com</u>. This is his second child with girlfriend Tomeeka. After <u>Page Six</u> reported that the famous <u>celebrity couple</u> were expecting triplets, Wonder joked, "I got, how many, 22 kids?" before clarifying, "It's not true. The truth is we're going to have a wonderful daughter, born in December, [and her] name is going to be Nia, which is 'purpose.'" The legendary musician is thrilled at the arrival

# This famous couple is a part of a big family but wants to make each celebrity baby feel special. What are some ways you can do the same?

#### Cupid's Advice:

Having a big family can be both chaotic and rewarding at the same time. As the parent, it's your job to make sure no one gets lost in the shuffle. Cupid has some tips:

1. Sealed with a kiss: Physical bonding between children and parents throughout life is very important. That can mean hugging, kissing, playing with their hair, high fives, and more. The more your children know you're there for them, the more special they will feel!

**Related Link:** <u>LeBron James and Wife Savannah Are Having Their</u> Third Child

2. It's a date: Dates are not strictly reserved for your significant other! Make a date with your children and spend time together. It's important to have a designated opportunity to just listen to them when they speak, learn about what's new in their lives, and be engaged in fun activities together. Nothing makes your child feel more special than having your full attention.

Related Link: Anna Faris and Chris Pratt Say They Want a Family

3. Love on them: The most important thing you can do to make your children feel special is to let them know that they are loved! Say "I love you" as many times a day as possible

(without embarrassing them). Many professionals feel that, when children consistently hear this, they will repeat the cycle and turn out to be loving people into adulthood.

What are some other ways you make all of your children feel special in a big family? Share your ideas below!

## Angelina Jolie Gushes About 2014 and Says, 'I Married My Love'





By Maggie Manfredi

According to <u>UsMagazine.com</u>, <u>Maleficent</u> star Angelina Jolie only has the best things to say about 2014. She stated, "It's been an amazing year. I married my love, my son [Maddox] became a teenager, and I got to bring [Unbroken] to the world." Jolie is ready to be done with acting and focus on being behind the camera. We cannot wait to see what 2015 has in store for this super star and her family!

What are some creative ways to wrap up the year with your love?

#### Cupid's Advice:

Ready for a fresh new year full of possibilities? We are too! First, though, make sure to celebrate 2014 for all the joys it brought you:

1. Make a slideshow: Compile all of this year's greatest pictures and sit down together to go through them. A glass of wine and lots of memories to review will make for the perfect recap of an amazing year.

Related: Ashton Kutcher and Mila Kunis Explain Why They Don't Have a Nanny

2. Get together with friends: Host a dinner party or plan a get together at your favorite restaurant. Invite your friends who mean the most to you and have supported you and your partner through all of the ups and downs of this year.

Related: <u>Ben Affleck and Jennifer Garner Take PDA-Filled</u> <u>Outing in L.A.</u>

**3. Recreate your favorite date:** Did you find a new coffee spot to frequent on Saturday mornings or go ski diving together for your anniversary? Recreate that moment together again!

What are your New Year's resolutions? Share with us below!

# Celebrity Baby News: Kourtney Kardashian Reveals Sex of Her Third Celebrity Kid!





By Maggie Manfredi

IT'S A...You have to wait! According to the latest celebrity baby news in <u>UsMagazine.com</u>, Kourtney Kardashian recently revealed the sex of her third celebrity baby to her sister <u>Kim Kardashian</u> and other family members with a little special help. Kardashian and Scott Disick's first celebrity kid, son Mason, took on the role of the big reveal, bringing in a colored star in blue or pink. If you are too impatient for

Sunday's <u>reality TV</u> episode, we know that the stick will be pink — Kardashian is expecting another baby girl! The soon-to-be mommy is not ashamed of her pregnancy weight and is shown baring it all in the most recent issue of *DuJour* magazine.

Kardashian enlisted the help of her son Mason in the gender reveal for her next celebrity baby. What are some creative ways to share this news with your loved ones?

#### Cupid's Advice:

Want to share if your baby is a boy or a girl with your family, friends, or heck, the Internet? Take a cue from Kardashian's reveal of her celebrity baby news and get creative! Cupid has some ideas on how to have a fun gender reveal:

1. Keep it sweet and simple: Make copies of a recent ultrasound and put it in a colored frame (blue or pink) for a subtle but lasting reveal. The color association keeps the traditional value of the reveal — with a new twist of adding your child's first photograph.

Related Link: Susan Boyle Gets First Boyfriend at 53

2. Do some baking: Do a little baking and sneak in the respective color where you can. Whether it be the filling of a cupcake or the plate under a pie, have fun with it. Then offer up a treat to family and friends while you talk about the baby. They're bound to get the hint as they enjoy their treat!

Related Link: Snooki Marries Jionni LaValle

3. Blow it up: Try colored ballons, ballons filled with

glitter, or a combination of the two! This is a great option if there are siblings excited for the big reveal. Give them a role to help them create a positive connection with the newest family addition.

Will you be tuning in for this week's episode of *Kourtney & Khloe Take the Hamptons*? Let us know below!

## Reality TV Stars JWoww and Snooki's Celebrity Kids Enjoy a Sleepy Movie Date





Now that Jersey Shore reality TV stars JWoww and Snooki are celebrity moms, they are involving their kids in their friendship too. The celebrity kids attended a recent movie night with their mothers for a fun play date. Although Snooki's celebrity baby girl was born in September, she did not come to the movie night. According to UsMagazine.com, JWoww captioned a photo in September saying, "Meilani and Lorenzo Are BFFS!!! ... OMG Meilani is getting so big so fast!!!"

These reality TV stars are setting good examples for their celebrity kids. How do you positively influence your child's choice of partner?

### Cupid's Advice:

As a parent, you want the best for your child. It can be painful to watch them choose inappropriate partners. Cupid has some tips on how to positively influence your child's choice of mate:

1. Teach them good values: Teaching your child what to see in others will help them decide what they want in a partner. By introducing their children at a young age and hosting play dates together, these celebrity moms are already off to a good start!

Related Link: <u>JWoww and Snooki's Kids Are Already BFFs</u>

2. Read to them: Pick up some reading for them, whether it's magazines or love stories. When they have a vision of what

they want, it will help them stay away from someone who would be a negative influence.

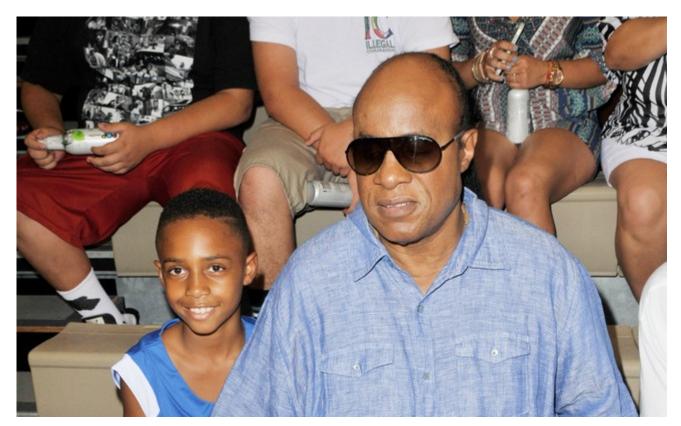
Related Link: <u>Snooki Steps Out 3 Days After Giving Birth to</u> Second Child

**3. Get personal:** By talking about your past partnerships and the pros and cons in each of them, they'll get a glimpse of what you have been through and better understand how relationships and love are supposed to work.

Have you influenced your child's taste in partner another way? Comment below!

### Child Expenses After Divorce





By Michele Sfakianos, RN, BSN for Hope After Divorce

The expenses for caring for children continue to rise, and that doesn't make it any easier for divorced parents. Each parent attempts to keep their own household going, and at the same time, they often try to share expenses for their children. This may be court ordered or due to a mutual agreement between the parents.

Whether the divorcing couple is a celebrity couple in the public eye or a private couple, the children's needs and welfare should be the number one priority. You must accept and embrace the reality that your children's expenses to live will not change. They are our greatest responsibility and deserve the best care and protection we can give them, whether married or divorced. Some divorced celebrity couples, like Demi Moore and Bruce Willis and Reese Witherspoon and Ryan Phillippe, seem to put their children's best interest ahead of their own as they co-parent together.

Related Link: Ryan Phillippe Says He's ' Proud' of How He and Reese Co-Parent

Routine check-ups at both the doctor's office and the dentist are essential for your children. One of the parents should have both medical and dental coverage on the children, as the cost of this type of preventative care out of pocket is very high. If one of your children have an emergency for either place, it can be a bill you have to pay for a very long time.

Childcare is another expense that can add up when a divorce takes place. Perhaps one of the parents was the caregiver, and now both are in the workforce. The parents should decide on a childcare provider together. It may be a licensed facility, a nanny, or even a family member. The cost of childcare should be second to the quality of care that your children are receiving.

Inevitably, there will be additional expenses for your children. Who is going to pay for school clothing and supplies? Many parents who pay child support assume that they pay enough for such items with that monthly check. Yet it may be just enough to help the family with food and shelter. You don't want your children to go without due to lack of money.

Many children love to be involved in extracurricular activities as well. It can be sports, dance, or clubs. There will be expenses involved, including special clothing and shoes needed and even enrollment fees. Parents need to be willing to share these expenses so that their children can take part in such events.

### Related Link: Helping Your Child Through Divorce

Summer is also a time when there are more expenses for children. They may want to go to swimming lessons, camping, or even to a summer camp. All of these things cost money, and someone has to pay it! Some feel the parent who makes more money should cover the cost. This is up to the parents though, as many want to do everything 50/50. Problems could arise when one parent can't afford their share.

As you can see, there are plenty of additional expenses to consider for your children when you are divorced. Make sure you are willing to discuss these expenses with the other parent. You always want to do what's in the best interest of your children. Bottom line: Get as much in writing as you can when it comes to who will cover expenses. This way, everyone involved knows what to plan for.

For more information about Hope After Divorce, click <a href="here">here</a>.

Michele Sfakianos, RN, BSN, is a Registered Nurse, Life Skills Expert, Speaker and Award Winning Author. She is the owner of Open Pages Publishing, which includes her series of "The 4-1-1" books on Life Skills, Step Parenting, and Surviving Teenhood. Michele is a contributing expert for HopeAfterDivorce.org, DivorceSupportCenter.com, FamilyShare.com, and CupidsPulse.com.

# You and Your Significant Other Can't Have Kids: Should You Adopt?





By Courtney Omernick

Making the decision to have children is definitely one that takes some thought. But, if you can't have children the natural way, the adoption process is a whole different thing to think about. Should you or shouldn't you adopt? Hopefully, Cupid's advice below will help make the decision process easier:

1. Get in touch with your emotions: It's very important that you and your partner make sure that you want to adopt a child for all the right reasons before getting involved in the process. Are you doing this out of guilt? Are family members or friends pressuring you into the situation? Make sure you're doing this because you truly want to.

Related: <u>Kendra Wilkinson Gives Husband Hank Baskett Second</u>
<a href="https://doi.org/10.1007/journal.com/">Chance After Infidelity</a>

2. Assess your current situation: Secondly, you and your partner are going to want to make sure that even though you may want a child, this is the best possible time to do so. Are

you finically ready? Are you ok with the fact that this child may need time to adjust, extra love are care, etc? Get ready to ask yourself a lot of thought provoking questions.

**Related:** <u>Jason Derulo Broke Up With Jordan Sparks Over the</u> Phone

3. Determine your support: Do you and your significant other have family members or friends that are willing to help you take care of the child when need be? Or, can you fall back on certain family members financially if the situation arises? Also, it might be important to consider your employer's benefits. Sometimes companies will provide financial assistance in adoption situations.

Should you adopt? What are some reasons pro or con? Share in the comments section below!

## JWoww and Snooki's Kids Are Already BFFs





By Maggie Manfredi

Jersey Shore's favorite duo are sharing in baby bliss! According to <u>UsMagazine.com</u>, Jenni "JWoww" Farley's daughter and Nicole "Snooki" Polizzi's kids are already bonding. Meilani, JWoww and Roger Matthews' first child has already spent quality time with Lorenzo, and more recently Snooki's second child Giovanna born Friday Sept. 26. Snooki said, "Jenni and I always talked about being pregnant together. I'm so excited to go through this experience with my best friend!" These Jersey Shore alums have come a long way since that first famous summer at the shore.

What are some ways to combine your social life with parenthood?

#### Cupid's Advice:

Being a parent takes patience, compassion and a lot of hard work. Sometimes when this stage of your life begins your, social life can fall to the wayside. Cupid has some advice on how to stay connected with your friends during parenthood:

1. Be active: One of the easiest ways to sync up with your pals while parenting is getting physical! Walks with the stroller, play time in the park, or even workout classes for kids and adults.

Related: Ashton Kutcher Is Nesting As He Waits for Baby

2. Stay in: Bring over your favorite classic movie from your childhood, like *The Sound of Music* or *Toy Story*, for a fun night for all ages. Don't forget your favorite treats and enjoy a show all together.

Related: Kristen Bell and Dax Shepard Have a Baby Name Breakthrough

**3. Get involved:** It may sound dorky, but getting involved at your child's school would be a fun way to socialize. The PTA does all sorts of events throughout the year, lots of other adult will be volunteers too. You are sure to find some parent partners to bake with for bake sales or make costumes for the schools plays, have fun with it.

Will JWoww follow in Snooki's footsteps and go for baby number two? Share your thoughts below!

## Jessica Simpson Says She's Done Having Kids with Eric Johnson





By Maggie Manfredi

Mrs. Johnson is perfectly smitten! According to <u>UsMagazine.com</u>, singer and actress Jessica Simpson (now formally Jessica Johnson) is happy with NFL hubby Eric Johnson. The mother of two commented on their relationship, saying, "We have felt like ever since we got married, we've been kind of living on this honeymoon...Life is better, but we don't toast every morning with champagne." They are perfectly content and are done having kids, according to Simpson.

What are some ways to know it's best not to have more kids?

#### Cupid's Advice:

No parent is the same, so how are you to know when you are done having kids? Cupid has some tips for parents:

1. Talk it through: Talk about the present and the future. Just picturing what will be or what could be will probably give you a good insight into what you want.

Related: Lauren Conrad Ties the Knot with William Tell

2. Plan: It is also important to think about the details that go into another baby. Expenses, space and your sanity should all be taken into account before you try for another.

**Related:** <u>Jessica Simpson Shares Five Wedding Vows For A Happy</u>
<u>Marriage</u>

**3. Enjoy:** Try your best to live in the now and be present with the situation you are currently in, because life is short so go to the park, laugh and play!

Do you think Mr. and Mrs. Johnson will keep their family at four? Share your comments below!

## Kim Kardashian Says She Wants 'Three or Four' Kids with Kanye West





By Amanda Boyer

After babysitting for her pregnant sister, Kim Kardashian wants another baby ... or maybe two, she told Ellen DeGeneres on the season premiere of Ellen's talk show, according to <u>UsMagazine.com</u>. Kardashian stated on air that she took care of her niece, nephew, and daughter and also admitted, "It was so hard, three kids. I don't know how my mom did it with six." Even with the work, she still dreams of having a big family.

How do you decide how many children to have with your partner?

#### Cupid's Advice:

Deciding to start a family? Cupid has some advice:

1. Personal experience: Were you an only child? Talk about how you felt with your siblings and/or how you felt as an only child.

Related: <u>Is George Clooney's Fiance Amal Alamuddin Pregnant?</u>

2. Jobs and money: Look at your income and the future of your careers. Weigh factors like whether someone is going to need to stop working, or if both parties need to take more on at work. These things are important because you want to be economically stable in order to raise your future child.

Related: Carrie Underwood Is Expecting

**3. Location:** Do you live somewhere where you can raise a family? Maybe it is time to move away from the city and look into appropriate school districts. Where you live is huge when kiddos start getting involved.

Have any other deciding factors we did not mention? Include your comments below!

## Shakira Expecting Second Child





By Kaley Allard

It's true! Pop star and dancer Shakira is pregnant with her second child with Gerard Pique. The news of Sharkira's pregnancy broke during an interview with *Cosmopolitian en Español*, and was confirmed by <u>People</u>. We wish the happy couple the best of luck with their next bundle of joy!

How do you know when it's time to expand your family?

#### Cupid's Advice:

Deciding whether or not you should expand your family is a very difficult decision, there are many things to consider before adding a bouncing baby to your family. Here are the three top things to consider before having another baby:

1. Financially sound?: Before you and your partner considering adding another child to your troop, first decide whether or not you can afford another baby. Babies bring a lot of joy into a family, but they also bring a lot of dirty diapers and other expenses.

Related: Shakira Welcomes a Baby Boy

2. Number of Kids: It may have been awhile since you and your partner had a baby around the house, but you should look at the number of children you already have. Is a 4 person household the perfect size for you, or should stick to having only 1 child.

Related: <u>David Arquette Says Having a Second Child Is 'Less Scary'</u>

**3. Future plans:** Another important thing to discuss with your partner is what goals you had for your family and as individuals. Was another baby in the works, or do you need to focus on your careers, or your relationship. Discussing goals is an important discussion to have before expanding your family.

What were areas of conversation before you and your partner had another child? Please share below!

## Christina Aguilera Names Daughter Summer Rain Rutler





By Shannon Seibert

As of Sunday, August 17th, Christina Aguilera's baby girl officially has a name: Summer Rain Rutler. The singer and her fiancé Matt Rutler shared their wonderful news on Twitter, writing, "So proud to welcome our beautiful daughter Summer Rain Rutler into the world." The baby is the happy couple's first child together, and Aguilera also has a son with exhusband Jordan Bratman. The new parents announced their engagement in February of this year after meeting on the set of Burlesque in 2010. According to UsMagazine.com, the songwriter stayed out of the spotlight for most of her second pregnancy and was pretty content about it. "So blissful in taking this time for creating all things blossoming new on the horizon," she shared. "Album, baby & beautiful music to come."

What are some creative ways to announce the name of your new baby?

#### Cupid's Advice:

Baby announcements are fun for everyone! Each time you turn

around, there's something new on the Internet that you wished you had tried. Baby news is always big news, no matter how small the package. With this thought in mind, we've pulled together three adorable ideas to make sure that you have the most talked about baby announcement.

1. For a comical approach: Boast about your news while getting a good laugh out of your loved ones by taking a silly approach to your baby announcement. Play up the stereotype of men fearing a baby on the way and pose a photo of your partner freaking out about the news. Or you could use the "pregnancy cravings" aspect of your baby news and send out a double-sided picture with a giant tub of ice cream, titled "Guess what's on the way?" Then, on the other side, place a genuinely excited picture to show that you're both terrified and happy about the news.

## Related Link: Christina Aguilera Welcomes a Baby Girl with Matt Rutler

2. For a sentimental approach: Black and white photos automatically generate an aura of seriousness, and when you add the right camera angle, you can create a magazine-worthy shot. Send out an adorably constructed picture with your partner. When your little love-bundle is born, hold him or her together with your wedding bands dangling off your angel's toes. The symbolism behind the two separate entities creating one will resonate with your family and friends, demonstrating the significance of this moment.

## Related Link: Christina Aguilera and Matt Rutler Enjoy Dinner Date

3. For the whole family: Getting the whole family involved is another way to make your baby announcement. Your little "big brothers" and/or "big sisters" can line up their shoes. Then, add a pair of baby booties to the end of the line. People will get the idea that another one is on the way! It's also a

chance for you to show off how much your children have grown. An addition to the family is always exciting for everyone, including your pets. For animals, the family is their "pack," which makes everyone an equally important member. If you're having a Christmas baby, pose your loveable furry friend next to the tree with a sign that says: "Mom and Dad got me a human for Christmas!" The approach is funny and sweet in one wonderfully-wrapped package.

How did you make your baby announcement? Share your stories with us in the comments below!

# Celebrity Interview: Maternity Expert Rosie Pope Encourages Moms "To Be Really Present in the Moment"





Interview by Lori Bizzoco. Written by Laura Seaman.

Rosie Pope knows all things related to pregnancy and parenting, bringing child care and fashion advice to mothers and mothers-to-be everywhere. She owns Rosie Pope Maternity and Rosie Pope Baby, runs MomPrep classes, and is often featured on television for her mothering expertise. Fans may also recognize her from the Bravo reality TV show *Pregnant in Heels*. As if that's not enough to keep her busy, she's also the author of *Mommy IQ: The Complete Guide to Pregnancy*.

## Celebrity Interview with Reality TV Star Rosie Pope

The maternity expert and celebrity mom welcomed her fourth child, daughter Bridget Monroe, in March, and luckily, her older kids — son James Roderick, almost 6, son Wellington Reade, 3, and daughter Vivienne Madison, 2 — are happy to have a new baby sister. "The sweetest thing about bringing Bridget into the world is that her siblings are so attentive to her. They want to do everything for her and just be really

involved," she explains in our celebrity interview. This new baby didn't bring the jealousy and clambering for attention like the previous children did, so maybe the fourth time is the charm!

Of course, with summer coming to a close, we asked the London-born star about how having a big family affects their celebrity vacations and time together. They like to keep it local, though she says they're a "pretty adventurous" bunch. When it comes to transportation, driving is the only option, as you can imagine the hassle of a family of six at the airport. "We're all about the minivan!"

There's one mother that we'll never see driving a minivan, and that's Kate Middleton, the beautiful Duchess of Cambridge. Middleton and Prince William recently celebrated their son Prince George's first birthday, and the media didn't miss a second of the celebration. So how will the royal lifestyle impact the adorable prince's upbringing? "As he gets older, he's going to start being more and more aware of what's going on around him. As a baby, he doesn't realize that there are paparazzi everywhere and that everyone wants to know everything about him." Of course, his father was also brought up in the public eye, and he can help his son every step of the way.

Related Link: <a href="Prince William and Kate Middleton Attend Church Without Prince George">Prince George</a>

### Celebrity Mom Shares Best Relationship Advice

Whether you're the future queen of England or a mother of two in a small town, you can bet that your marriage will change after you have children. A growing family means more stress and responsibility, but it also brings a new happiness that you didn't have before. Sometimes, it's hard to remember how

to be a couple with your partner, but Pope has some relationship advice for every parent to follow.

First, you have to make good communication a priority in your relationship. "It's really, really difficult to communicate with each other when so much is going on. You have to be honest about the things that aren't working and the things that are working," she shares in our celebrity interview. "If you dish it out, you have to be able to take it too. So if you want your partner to be honest with you about things that aren't quite right, you have to be able to handle that."

Next, she encourages you to not wait until Friday night to have a date night. Take advantage of any free time and do something spontaneously! Pope's favorite date night is when her and her husband enjoy some alone time at home. After all of the kids are in bed, her husband cooks a delicious meal, she makes cocktails, and they meet on the porch to have a romantic evening together.

The third must on the maternity expert's list is taking the normal parts of every day and making them special. This could be going to the gym together, taking a trip to the grocery store, or getting ready together in the morning. Use these seemingly ordinary daily chores to enjoy each other's presence and build on your relationship. Now that your life is busier than ever, you need to appreciate the little things.

#### Related Link: Make Your Relationship Count This Year

Last on the celebrity mom's list of advice is telling your love story when times get tough to "remind each other of how you used to feel." Now that you're parents, it might be hard to remember when you were both single and just getting to know each other. Think about falling head-over-heels in love with each other and why you thought your partner was the perfect person for you.

Perhaps the most difficult adjustment for new parents to make

is finding time to be intimate. Her solution to this situation is, as she put it, very much like going to the gym: "Get creative, make yourself do it, and you won't regret it!" Remind yourself that you have to be intimate as a couple, even with the hustle and bustle of being parents. You have to work for it!

Not only does Pope have the busy life of a wife and mom, but she's also juggling the stress and pressure of an extremely successful career as a maternity expert. Handling it all is simple: "It's about two things. First, you have to be really present in the moment, because you don't have a lot of time to do anything. Savor any minutes that you spend by yourself, with your kids, or while you're at work. You have to be 100 percent present to feel fulfilled and know that you're getting the most out of every moment."

And second, you have to remember that life changes. The kids won't be toddlers forever, so you won't always have to deal with the messes, the need for attention, and the constant craziness of little ones. However, that also means that the positives of the toddler stage will fade. "Now, they want to play with me all of the time, but I know in a few years, I won't be cool enough," the author says with a laugh.

#### Related Link: Rosie Pope Welcomes Baby Girl on Mother's Day

Pope is one mother who seems to have it all figured out. And she certainly knows what's *not* in her future: another reality TV show. "Reality TV is crazy, and I don't think I'm that crazy!" Don't rule out a second book — or a fifth child — just yet though. "If I don't have another baby, maybe I'll write another book next year!"

For now, she's focusing on her baby clothing line, Rosie Pope Baby, which launched in February and is continuing to expand. The adorable outfits are available in a variety of sizes, ranging from newborn to two years old. "It's a real marriage

between fashion and function," she explains. "I think parents will find it very practical but also very pleasing."

To see more of Rosie, check out her website, https://rosiepope.com/. She also responds to questions via social media on her Twitter @RosiePope, www.facebook.com/RosiePope, www.instagram.com/rosiepope/, and /www.pinterest.com/rosiepope/.

'The Bachelorette' Star J.P. Rosenbaum Talks Celebrity Baby News, "Dad-chelor" Party, and Moving to Miami!





By Lori Bizzoco

Long Island native J.P. Rosenbaum won Ashley Hebert's heart (along with the rest of the women in America) when he proposed to her on Season 7 of *The Bachelorette*. The fairy tale-esque celebrity couple married a year later and are now happily preparing for more marital bliss as they welcome the birth of their son this October, otherwise known as Baby R. We had the chance to ask the 37-year-old construction manager some questions about the upcoming arrival of "Rosenbump," as he likes to refer to the little guy on Twitter, as well as the reality TV couple's move to Miami a few weeks ago and tonight's "dad-chelor" party.

### The Bachelorette Winner Opens Up About Celebrity Baby News

When it comes to his <u>celebrity baby news</u> and becoming a father, the Hot Skates lover tells us, "I think I'm probably most nervous about the unknown. There's only so much information you read about on the Internet or that's told to

you by friends and family." He gives us an example by saying, "I'm not looking forward to the time where I'm sitting there with my son and not having a clue in the world what to do."

## Related Link: <u>'Bachelorette' Stars Ashley Hebert and J.P.</u> Rosenbaum Tie the Knot

Understandable, given that the proud parents-to-be are choosing to "go at it alone" when it comes to taking care of the baby. The DIY dad tells us that they have a good support system in Miami and they will have family visiting in the beginning. "Ashley's mom will be coming down for two weeks after the baby is born, and my parents will also be around for at least a week."

Rosenbaum confirms that the Miami locals will follow some of the Jewish traditions when it comes to the birth. "We've already decided to give the baby a middle name using the initial of a family member who has passed," he says in our exclusive celebrity interview. The reality TV star also tells us that they will definitely be having a Bris. "Chris Harrison is gonna be our moyel," Rosenbaum half-jokes. Given that the *Bachelor* host officiated their wedding, one never knows if he's kidding or not!

## Related Link: Ashley Hebert and J.P. Rosenbaum Celebrate Holiday Traditions Together

But there was no joking around when it came to keeping tightlipped on possible names for Baby R. "Ash has her favorite, and I have mine," the dad-to-be shares. "I'm pretty sure her choice is going to beat out mine. At least I'll get dibs on picking the Hebrew name!"

In celebration of their celebrity baby news and to help calm Rosenbaum's nerves a little, Mike's Hard Lemonade is throwing the reality star a "Dad-chelor" party tonight on a gorgeous rooftop in NY. "This is my first Dad-chelor party experience, and I'm excited to get together with everyone for

an evening of poker," the Herricks alum says. "We've got our own dealer, lots of food, and of course, Mike's Hard Lemonade, for a night of male bonding."



J.P. Rosenbaum will celebrate his Dad-chelor party with Mike's Hard Lemonade.

Rosenbaum will be celebrating the evening with his father, brother, and a few close friends, including Mikey McLean, who is also from *The Bachelorette* Season 7. He adds, "It's more than just a last night out — it's a way to celebrate my entry into parenthood."



J.P. Rosenbaum having fun at his Dad-chelor party. Photo courtesy of MSL Group.

## Reality TV Star Shares Relationship Advice for Son

The well-known romantic hopes his son will pick up a few key pointers from him when it comes to the ladies. "Always treat a woman with respect. I grew up in a household where my mother was put up on a pedestal — and rightfully so," he shares of his best relationship advice. "I have always tried to do that with Ashley and will certainly pass that along to my son." (Can we clone this guy?)

With so much going on, we couldn't help but ask how Boo was adjusting to all of the changes. "Boo is livin' it up!," Rosenbaum laughs.

Related Link: J.P.Rosenbaum Loves Ashley Heberts Dog, Boo!

If you want to learn more about the "Dad-chelor" event or how to plan your own, make sure to follow Rosenbaum on Twitter @JP\_Rosenbaum and www.instagram.com/\_jprosenbaum/ where he will be keeping fans up to date on the experience and tagging posts using #dadchelor.

We wish this adorable couple all the best! One thing is for sure: Between Rosenbaum's winning grin and Hebert's dental background, this kid is going to be sporting a million dollar smile!

## Megan Fox: "It's So Hard To Be A Working Mom"





#### By Shannon Seibert

Hot momma Megan Fox gave birth to her second son Bodhi just five months ago, and she's already set to hit the big screen on August 8th in *Teenage Mutant Ninja Turtles*. The actress, 28, is also the mother to 22-month old son Noah and wife to Brian Austin Green. Fox recently caught up with *Celebrity Baby Scoop* to talk all things motherhood, expressing her joy on being a parent.

#### CBS: Do you feel like a mom?

MF: "I'll have these moments like the other day — three days ago actually — I was holding Bodhi, and Noah was running around. I was trying to manage both of them because my husband wasn't feeling well. My sister was with me, and we were talking. We were having some sort of theological discussion and Bodhi peed through his diaper and onto me. I was so exhausted that I didn't even bother looking for a wipe to clean me up. I was soaking wet, but I just let it air dry. I was too tired to be bothered with cleaning up my clothes or even my hands. My priority is making sure he's fine, and if he's fine, then whatever. That's sort of one of those moments when you realize how much your life has changed — especially for me because, once upon a time, I was a germaphobe! The idea of that would have like sent me hiding under the covers. Now I just embrace it and wear it, and it is what it is."

Related Link: Daniel Radcliffe Says He Loves the 'Idea of Lots of Kids'

#### CBS: How has motherhood changed you?

MF: "From the moment I gave birth and when I was in the hospital with him, even when he would sleep, I wouldn't sleep. I would wake up every 10 minutes and look at him just to make sure he was still breathing. I think that was the first time I was just like, I love something so much that I will never be the same again. I will never be relaxed again because I will

always be worried about him and hoping he's OK and safe and happy."

#### CBS: How exactly do you juggle work and motherhood?

"I've never been an extraordinarily ambitious girl or MF: career-oriented but — especially when I got pregnant with my first son and now my second — it's so hard to be a working mom, especially when your heart is not in your work, when your heart is with your family. I have to work sometimes! I have to make at least one movie a year because I have to have a future and I have to be able to pay their way through college and be able to provide for them whatever they need in the future. I do need to work, and I do need to leave them. What that comes down to in terms of making movies is I'm looking for movies that shoot in Los Angeles — there are very few of them. I'm looking for movies or projects where I'm part of the ensemble so I can shoot in and out in 10 to 20 days. It's all about time and trying to spend as little time away from my kids as possible."

Related Link: Alicia Keys Is Pregnant With Second Child

#### What's it like having two kids under 2?

MF: "It's total chaos, obviously! Before you have kids, you really do not understand how much work it is and how consuming it is. Then you have one and you're like, my baby is my whole world — especially if you're trying to do it yourself. Every moment of the day is dedicated to this one baby. And then all of a sudden, you have two babies. What they need is so different. When I'm alone with them, it's really hard to manage because I also don't let them watch TV. It's not like I'm going to set Noah in front of the television so I can take care of Bodhi. I have to figure out how to incorporate Noah into the process and have him help me take care of Bodhi, and make sure he doesn't get jealous, and nobody's neglected, and everybody's needs are being met! It's difficult to manage that

way, but also emotionally, I think for me at least as a mom, it's hard because I don't feel like I'm ever giving either one of them 100 percent of my attention or 100 percent of myself, so I carry a lot of guilt. Do they each understand how special they are and how much I love them and are they understanding that they're unique? It's hard to make each one feel like an individual when you have to raise them together and manage them together all the time."

For the rest of the interview, visit www.celebritybabyscoop.com/2014/07/28/megan-hard-working!

### Alicia Keys Is Pregnant With Second Child





By Sanetra Richards

Baby number two is on the way! According to <u>UsMagazine.com</u>, Alicia Keys and husband Swizz Beatz are expecting their second bundle of joy. The singer announced the news to fans via Instagram on Thursday, July 31st. In the photo recognizing their fourth anniversary, the 33-year-old award winning musician and her music producer husband are smiling from earto-ear as he grasps her growing belly. "Happy Anniversary to the love of my life @therealswizzz!!" the "No One" singer wrote. "And to make it even sweeter we've been blessed with another angel on the way!! You make me happier than I have ever known! Here's to many many more years of the best parts of life!" A few years ago, Keys had no interest in her [now] honey: "Honestly, I didn't really like him that much," she said to Marie Claire UK last year. "I thought he was too ostentatious." After a few projects together, Keys grew smitten and realized she was wrong about him. "I think we've taught each other a lot. He's taught me to live more fully, and I think I've taught him to live more deeply."

How do you know when to announce your pregnancy?

#### Cupid's Advice:

You just found out you have a bun in the oven, and you are having a hard time hiding the morning sickness, loss of appetite, and mood swings. On top all of that, you do not know when to share the big, exciting news. Should you wait? Should you announce right away? Cupid is here to give you a few tips on when exactly to tell everyone:

1. The first trimester is over: Many women choose to postpone sharing their pregnancy news until after the first trimester. Why? Because they can finally keep their food down long enough during conversation to spill the beans. Also, the percentage of miscarrying is significantly lower after the beginning three months. If you are one to want a steady support system throughout your pregnancy, maybe tell a few loved ones (in the case of the good and bad).

Related: Alicia Keys Says Being Married Is 'Fly'

2. It's a \_\_\_\_!: Are you all for surprises? The best way to decide on when it is time to make the announcement is when the baby's gender is revealed. Not only is it one shocker, but the gender is indeed the cherry on top. You can also share photos of the tiny human's ultrasound.

Related: Alicia Keys: Motherhood Has Made Me A Better Person

3. The arrival: Some moms actually choose to wait until after the baby's birth to make the announcement. If you are a private person, this idea may work best for you. Your chances of being asked nearly a million and one questions or having others prying are slim to none.

When did you announce your pregnancy? Was it perfect timing? Share with us below!

#### Behati Prinsloo Has 'Definite' Plans to Have Kids with Adam Levine





By Shannon Seibert

Newlyweds Adam Levine and Behati Prinsloo may be celebrating their honeymoon in South Africa but the happy couple has even bigger plans for when they return. After a fun and extravagant wedding, what more could there be? Well, the Victoria's Secret model revealed in a recent interview with Net-a-Porter that she and the Maroon 5 singer had "definite" plans for kickstarting a family together. According to <u>UsMagazine.com</u>,

Prinsloo told Net-a-Porter: "I have no expectations. Not in a bad way, but I've learned that you can't plan ahead. I live day by day and see what happens."

What are some ways to decide when to have kids?

#### Cupid's Advice:

In theory, first comes love, marriage, and then, presumably, a baby carriage. After the dust settles after getting married, couples' thoughts jump to "Now what?" Marriage and babies have always gone hand in hand, but you want to make sure that you're fully prepared to take the next step towards starting a family. Consider these three criteria when your baby fever starts showing symptoms, you want to be ready for the moment that a little heart beat on the monitor that will change everything:

1. You're financially stable: According to the U.S. Department of Agriculture, parents will spend an average of \$235,000 to raise a child born in 2011 to the age of 17. Now imagine if you want 3 children. Although seemingly expensive, the experiences of children are ultimately priceless. You'll never find a bond stronger than the bond between parent and child. But to get there, you want to make sure you'll be able to meet all of your child's needs when necessary. Take some time to budget your finances and prioritize what is important and what is needed to start your beautiful family.

Related: Daniel Radcliffe Says He Loves the 'Idea of Lots of Kids'

2. You've been able to enjoy being married, first: The minute you bring your first little miracle into the world is the minute that it isn't just you and your man anymore. Take it a day at a time like Behati Prinsloo and Adam Levine. There will never again be a time where all you have to do is provide for you and your husband. Take this time before children and enjoy

each other's company. Go on trips together, go on as many dates as you can, and focus on the endless love that your relationship has brought each other. This period of happiness will bring you many fond memories down the road, and even greater stories to tell your future children.

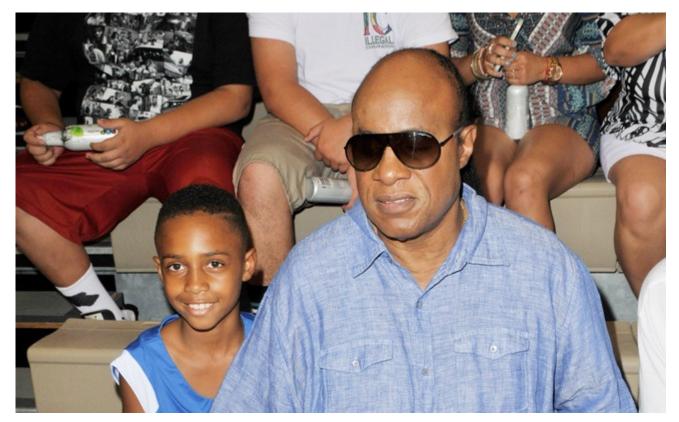
Related: <u>Kate Hudson Would Marry Fiance Matt Bellamy 'For the</u> Kids'

3. There is no more room for doubt: Being a parent is the most rewarding, frightening, and strenuous unpaid job. You ultimately become responsible for the life of another human being until they can manage on their own. You may accumulate a few grey hairs throughout the process, but it's worth it. When you're young you may feel like having children is what you're supposed to do, when in reality it should be a choice of whether or not you want to. Make sure you're in a place where you are ready to accept your role as a parent and that you're definitely ready to build a family.

How did you know when it was time to start a family? Share with us in the comments below!

#### Daniel Radcliffe Says He Loves the 'Idea of Lots of Kids'





By Sanetra Richards

Keeping it in the family. According to <u>People</u>, after continuing his quest to find distant relatives, best-selling author A.J. Jacobs sat down for an interview with his newly found cousin, actor Daniel Radcliffe. In the interview, it was revealed that the 25-year-old <u>Harry Potter</u> star is also related to pop singer Katy Perry (who is noted for Radcliffe having a crush on) and scientist Albert Einstein. When asked if he would like to keep the Radcliffe name going in the family, the actor responded, "Maybe because I'm an only child, I love the idea of lots of kids. But it will depend to a larger part on who I end up having kids with. I think men would be a lot less excited about having kids if we had to actually do it!"

#### How do you decide how many children to have?

#### Cupid's Advice:

The talk between you and your partner about building a family can bring on lots of emotions. It can indeed be somewhere

between a scary and an exciting conversation. It is important to discuss the maximum number of children to have and the time frame of when to have them while planning. Although there is a lot to consider, Cupid has some tips to help make the talk easier.

1. Perfect timing: You and your partner should ask each other if it is the right time to expand your family. Be sure to take in mind if you all are at the right and most comfortable place in your relationship or marriage. Also, think about daily schedules and if the two of you will be able to maintain a balanced household.

Related: <u>Daniel Radcliffe New Girlfriend Erin Darke Have</u>
'Great Chemistry'

2. What's in the bank: The bigger the family, the more expenses. If you have been noticing a dent in your pockets or a decline in your account, take this into deep consideration before you and your partner try to conceive. Save until there is an adequate amount to provide for a family.

**Related:** <u>Daniel Radcliffe Puts the Moves on Costar Erin Darke</u> at Sundance Film Festival

3. Both say yes: There should be a mutual understanding between you and your partner on the size of family wanted. Try to have this conversation early on to avoid any conflict at a later date. If your partner continues to stand firm on their decision of only wanting one or two children, do not pressure him/her into doubling that number. Instead, compromise on what would be best for the relationship and household.

How did you and your partner decide on the number of children to have? Share in the comments below.

## Kate Hudson Would Marry Fiance Matt Bellamy 'For the Kids'





By Sanetra Richards

Kate Hudson is in no hurry to walk down the aisle any time soon. According to <a href="UsMagazine.com">UsMagazine.com</a>, the 35-year-old actress talked about her relationship with love of three years, Matt Bellamy, during an appearance on *The View* on Monday, July 21st. "I just don't have — I'm happy. We're married. We've got kids and a family and we've got to find our time together alone," the *Wish I Was Here* star said when asked about any

possible marriage plans. "We are in it. I think if we do get married it will be for the kids, really. For us, we're just happy. She continued to say, "I know that's not really necessarily a golden ticket but there is something beautiful about the security of marriage. And we'll get there when we get there." The pair got engaged in April 2011 and welcomed a baby boy, Bingham, shortly after. Although Hudson and Bellamy, 36, had a bump in the road recently, a source revealed they are definitely "happy in love" and worked their way through it.

#### What are three good reasons to tie the knot?

#### Cupid's Advice:

Making that step towards marriage is no easy thing to talk about, let alone actually do. For some time, you and your partner have been giving it some thought and could possibly be ready to make a lifetime commitment to one another. However, you think you may need some confirmation before this milestone approaches. Cupid has a few ways to find out if you are indeed ready to exchange vows:

1. You've met your soul mate: The one person you connect with like no other, the one person who knows nearly every single detail about you, the one person you cannot imagine life without, the one person who you are willing to spend decades with. If this remotely describes your relationship, it just may be time for the wedding nuptials (no pressure).

Related Link: <u>Kate Hudson Looks Up to Goldie Hawn and Kurt</u> <u>Russell's Relationship</u>

2. Sealing the deal: Marriage gives you the opportunity to make your relationship beyond official. No more "boyfriend" or "girlfriend," you can even toss out the word "partner" if you'd like. Plus, a marriage license may be more sentimental and significant to you, rather than long-term cohabitating.

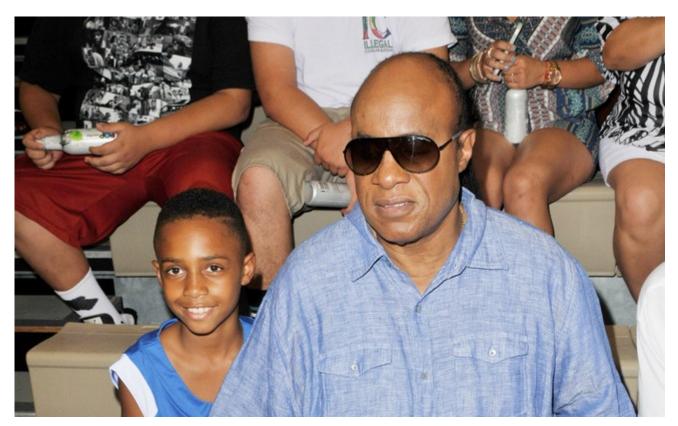
Related Link: <u>Kate Hudson and Matthew Bellamy Have 'Bumps in</u> the Road Like Anyone Else'

**3. You become a dynamic duo:** Really. You will work as a team more so than ever. Whether that is dealing with financial decisions or something as simple as deciding and cooking dinner for the night — you're in it together.

How do you know when it is the perfect time to tie the knot? Tell us below!

## Kim Kardashian and Kate Middleton Both Trying to Get Pregnant Again





By Sanetra Richards

Two of the most talked about names in pop culture are definitely giving us something else to talk about. Kim Kardashian and Kate Middleton have a babies on their brains. According to *UsMagazine.com*, the ladies are planning for a baby number two in the near future. Both Kardashian and Middleton were due last July for their first bundles of joy, and from the looks of it, they may be pregnant again around the same time. The 33-year-old reality star gave birth to daughter North West on June 15th of last year, whilst the 32year-old Duchess followed shortly after, giving birth to Prince George on July 22nd. Now the mommies are ready to add another to their families. "Kanye wants a boy!" says source of the Kardashian clan. Although Kardashian is no stranger to the limelight, she intends on keeping the next pregnancy under wraps for as long as possible (thanks to the criticism and backlash received in the past). "Kim won't tell anyone until she's five months along," the source says. "She doesn't want people scrutinizing her body." The royal on the other hand, has her fingers crossed on being pregnant "by Christmas," the Royals' source told Us. "Will and Kate have siblings similar

in age, and they want the same for George. They're ready!"

How do you decide how many children to have?

#### Cupid's Advice:

Building a family is definitely one of the most common, as well as important, conversations to have with your partner. Whether to have a small or big family, and in some cases no family at all. You may want 3 children, and your partner may only want one. So, how do you exactly decide on the number? Cupid has a few tips:

1. Agree on a good number: As mentioned earlier, if you and your partner are stuck on the size of a family to have, find a good number that you both can agree on. If you want three and they want one, maybe agree on two, instead. A little bit of compromise can go a long way.

**Related:** Prince William and Kate Middleton Introduce Their Son to the World

2. Think of your finances: Are you both ready to take on your first child or possibly even more? Will you be able to provide, and maybe even go beyond that? Ask each other these questions. Your family size should be based on what you all can afford. If one baby is putting a dent in your pockets, consider waiting until the timing is absolutely right and you are financially ready.

Related: <u>Source Says Kim Kardashian and Kanye West Will Be</u> <u>Ready for Baby #2 Post-Wedding</u>

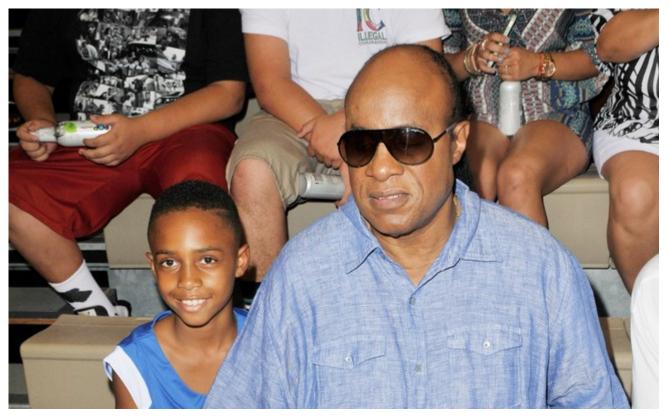
3. Consider each other's wants: If your partner truly only wants a certain number of kids, take this into deep consideration. Just brushing it off can cause a lot of damage in the relationship. Your partner may even begin to resent you or you may notice an attitude change over time. Talk it out and come to a common ground. If more children are going to be

added, set up a timeline. If not, keep it in the back of your mind as a possibility.

How did you and your partner decide on the number of children to have? Share in the comments below.

#### Jenni 'JWoww' Farley Welcomes Daughter Meilani Alexandra Mathews





By Shannon Seibert

This past Sunday Jenni 'JWoww' Farley gave birth to her first born child and daughter Meilani Alexandra Mathews. Farley and fiancé Roger Mathews welcomed their happy and healthy baby girl into the world after many long months of waiting. Farley had recently posted her final picture of her baby bump, commenting on how excited she was to see her daughter. According to <u>UsMagazine.com</u>, the former <u>Jersey Shore</u> reality star initially didn't take well to pregnancy, but was overjoyed to meet her daughter.

How do you support your partner through the final days of pregnancy?

#### Cupid's Advice:

Just as Roger Mathews supported his fiancé Jenni Farley, a man can help make his partner's pregnancy more comfortable during its' final days. With the end in sight, each day seems to drag on, delaying he delivery of your little miracle into the world. In this crucial time it is imperative that each partner reaches out to each other for support in order to be fully prepared to make this wonderful addition to your family.

1. Have the birthing plan ready: Though sometimes things don't go according to plan, it's always best to be ready for anything. Pack the hospital bag, make the necessary arrangements, and have your list of people to call at hand so you can be out the door at a moment's notice. This will be one more thing you can check off your to-do list, and it never hurts to pack things ahead of time.

Related: <u>Eva Mendes and Ryan Gosling are Having a Baby;</u>
<u>Pregnancy Revealed</u>

2. Get plenty of rest: The best thing you can do for your partner is to be fully rested and functional for when the special day comes. No one wants to be half-asleep or at 50% the day their child is born. This also limits the amount of

stress you may be feeling with the approaching due-date. A minimum of eight hours a night may seem impossible, but for the sanity of you and your partner, and for the health of your baby, sleep is absolutely necessary.

Related: <u>LeBron James and Wife Savannah Are Having Their Third</u>
Child

3. Be there emotionally for each other: The thought of bringing a baby into the world can be terrifying at times. You're about to be legally and morally responsible for another human being. Not only will you love and cherish your child, but you'll constantly be worried about whether or not you're doing what's best for them. In these last few days of pregnancy emotions are at an ultimate high, so be there to calm each other down and support one another as your due-date approaches.

How did your partner help you through your pregnancy? Share your stories with us in the comments below!

## Adam Levine on His Upcoming Wedding: 'It All Feels Very Natural'





By Sanetra Richards

"Here comes the bride . . ." And groom! Adam Levine is ready to get his hands dirty in the wedding planning business. The 35-year-old Maroon 5 singer told <u>People</u>, "I definitely feel like I'm sitting in the chair I'm supposed to be sitting in right now," said Levine. "It all feels very natural." In case you missed it, 'The Voice' judge is set to marry Victoria's Secret model Behati Prinsloo. So how exactly is he getting in on the planning this summer? "I'm probably doing more than you think and less than you think, as well," says the Sexiest Man Alive. And his thoughts on what the wedding will be like? "It won't be typical, I can tell you that."

#### How can the groom be more involved in wedding plans?

#### Cupid's Advice:

Believe it or not, a groom can actually take part in the wedding planning (seems quite bizarre since so many bridezillas exist). Your husband-to-be can actually bring many great, festive ideas to the table. Cupid has a few ways to

include him in all of the madness:

1. Ask for his creative insight: Does your love have an eye for art? He could possibly offer some great suggestions when it comes to choosing colors, decorations, and arrangements. Do not be afraid to ask for his opinion. It could lead to fabulous wedding pictures and endless compliments.

Related: Adam Levine Says Proposing to Behati Prinsloo Made Him 'Woozy'

2. Money man: If you are not quite the person to handle finances well (or at least enjoy it), definitely include the groom in this process. He could set up the budget list and Microsoft Excel spreadsheet on what all needs to be handled. By the end of planning, you may actually be calling him the "Money Man" as well.

Related: Adam Levine and Behati Prinsloo Are Back Together... and Engaged!

3. Music and drinks: What a wonderful combination. Put your groom to the test to see if he can handle a wonderful music selection AND choose the beverages for the big day. These are two things that will get guests going throughout the ceremony and reception. Hopefully, he will be able to accept the challenge and execute flawlessly.

How would you include your groom in wedding plans? Tell us about it below.

#### Jessica Simpson and Eric

### Johnson Include Their Kids in Lavish Wedding





By Shannon Seibert

Jessica Simpson and Eric Johnson married this past Saturday in a beautiful Independence Day weekend wedding. The pair took a special approach to their wedding day and had their children be a part of the ceremony. Two year-old daughter Maxwell was the flower girl and their 13-month-old son Ace served as the ceremony's ring bearer. Additionally, the couple shared their special day with more than 250 guests, according to <code>UsMagazine.com</code>

What are some ways to include your children in your wedding?

Cupid's Advice:

Not only is this a special day for you and your new hubby, but this is about creating a family unit. By joining together in marriage you vow to cherish not only each other but your children. Make your children a part of your wedding in order to establish a sense of what it is like to be a real family:

1. Have your children be a part of the vows: Family is the strongest bond. In lieu of just you and your husband-to-be exchanging vows, exchange vows with your children as well. Promise to hold each other above all else; promise to love and cherish each child; promise to respect and honor each parent, and so forth. These promises will grow to be much more than words, and will help set a foundation for a loving household and family relationships.

**Related:** Eric Johnson Hits the Golf Course Pre-Wedding to Jessica Simpson

2. Have your kids stand up for you at the ceremony: Little bridesmaids and groomsmen can be just as adorable as flower girls and ring bearers. By having your children to stand up for you in your ceremony will give them a sense of belonging in the process of you wedding the love of your life. Your daughter as your maid of honor, or your son as one of the groomsmen gives them responsibility to you and your husband. This can show how much you love your children by giving them a position of respect.

**Related:** <u>David Arquette Is Engaged to Girlfriend Christina</u>
<u>McLarty</u>

3. Have your kids share a story or a toast at your reception: The viewpoint of a child is always a wonderful thing to witness. Have your child share a story at the reception of their time with their father, or stepfather. The significant memories to a child may not seem all that significant to an adult, but hearing the story retold through the eyes of an innocent mind can touch the hearts of many in

ways never thought possible.

How did you incorporate your kids in your wedding? Share with us in the comments below!

### Helping Your Child Through a Divorce





By Patricia Bubash, M.ed, LPC for <a href="Hope After Divorce">Hope After Divorce</a>

In spite of the naysayers who were telling me to not bother spending money to see *Jersey Boys*, I decided to go see the matinee (it was cheaper, of course). And I was glad that I

ignored the unfavorable critics. I thought it was an excellent movie: good acting, touching story of poor boys making it big, and music that had everyone clapping, tapping their feet, and enjoying songs from their youth. I anticipate seeing it at least another two times and even buying the DVD when it comes out.

So where does my delight with *Jersey Boys* fit into a site devoted to helping those who are divorced or contemplating the end of their marriage? Not to give away any of the story, but I need to explain how my movie going experience and divorce corresponds.

Growing up, Frankie Valli lived in a low social economic neighborhood, the tough streets of New Jersey. Through determination, grit, drive, and connections, he achieves success and recognition in the entertainment world. And, not so different from the regular guy who must make a living by working overtime and traveling, his career takes over his family time. From the all too common divorce stories, we know the toll that work takes on a marriage. The mother of his three daughters, his first true love, throws Frankie out.

#### Related Link: 6 Things Women Should Never Do in a Divorce

Just before he packs his two suitcases and departs the family home, Frankie puts his youngest daughter to bed. She asks him to sing to her (oh, how special would that be — a dad who sounded like Frankie Valli to sing you to sleep!). As he is singing, she interrupts him to ask, "Do you like me?"

Watching this scene, I felt a tug in my chest. I experienced flashbacks from conversations with former counseling clients, students, and my own daughters, who all shared similar deep feelings to me as I listened to their familiar, anguished words. Like my students and my kids, there was genuine confusion and puzzlement over why dad would no longer be living with them. Did he really have to go? And did they do

something to cause him to be mad — mad enough to leave?

Young children often internalize that they are the reason for mom and dad divorcing — you know, the failed math grade, the disciplinary action for talking in class, squabbling with another student, or fighting too much with a sibling. It's this idea that, "Had I been a better kid, they wouldn't be divorcing." The adults are so involved in their own dynamics, focusing on the logistics of getting out of the marriage, that the children's interpretation of the why goes overlooked.

International star and actress Jennifer Lopez and her husband, singer Marc Anthony, went through a divorce with young twins. They have seemed to be amicable and respectful in their new co-parenting roles, keeping their focus on their beautiful children. You may become divorced from one another, but you will always be your children's parents together. These exspouses set a good example for all divorced parents on how to be respectful in the essential role each parent plays in the lives of their children, both equally important. Lopez recently ended her relationship with longtime boyfriend and dancer Casper Smart. Hopefully, she was able to gently communicate and share this decision with her son and daughter, as it would have been a loss of another relationship for them as well.

When this beautiful child in *Jersey Boys* asked her dad if he liked her, I knew the why of that question. Could it be that her dad really didn't like her and that she was the cause of it? Of course, Frankie assured his beautiful daughter that he loved her. And then he was gone. For many dads and moms who become so involved with work, after divorce, it is often said, "Not only did they divorce their ex but the children as well." It's an adult decision, but it's the kids who struggle most with a new family composition. They are commonly not ever asked what they want, which is the real tragedy in parents divorcing. Why shouldn't our children be asked what they want

and what they think? They should at least be heard so parents can take into account knowing how their very own children feel about them dissolving their family.

Related Link: To Move or Not to Move? Why This Decision is Tough on Kids

As a former educator, school counselor, family advocate, and, most credible of all, a divorced parent, I feel comfortable offering the following suggestions:

- Together, assure your children, "We may no longer want to be together, but we will always love you." You can never remind them of this truth enough. Your children need to feel secure in the continued love of both parents.
- Be honest. If divorce is imminent, then don't give your children the false hope that you might be together again. Explain the changes: visitation, sharing of holidays, and any possible moves into a new home or school.
- Encourage them to talk with you and truthfully answer their questions.
- Let the school know the situation. Many times, a teacher has come to me with a student acting out, and we discover that the family is going through divorce. Knowing this helps the school in helping the child - thus, the reason for school counselors.
- Don't talk negatively about your ex-spouse in front of your children or even to others when your children might hear your conversation. Speaking despairingly of the other parent (even if it is true!) is like shooting an arrow in your child's heart.

Related Link: What Now? Transitioning From Married to Single

Divorce changes our lives and that of our children. It is one of the most difficult and emotional situations for a family to experience. Fortunately, we have resources like Hope After Divorce and Divorce Support Center. And through these resources, we find hope for the future. Our children also need to have hope for better times ahead, and as their parents, we are responsible for providing this hope.

(And go see *Jersey Boys* — it's definitely worth the money and your time!)

To find out more about Hope After Divorce, click here.



Patricia Bubash received her M.Ed. in Counseling from the University of Missouri, St. Louis. Working with students and families has been her true calling for over thirty years. For more than twenty years she has presented workshops at the community college on a variety of topics relating to parenting issues, self-esteem and issues relative to divorce. Patricia is a Licensed Professional Counselor in the state of Missouri and, a Stephen Minister. She

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# New Born Baby Bonding the Love Between Bacherlorette DeAnna Pappas and Stephen Stagliano





By Laura Seaman

A newborn baby girl has brought DeAnna Pappas Stagliano and husband Stephen Stagliano closer than ever. The couple, married in 2011, told <u>People</u> about their love as parents: "I didn't know that you could love like this. Obviously I love DeAnna to pieces and we have a wonderful marriage, but the love that a parent has, it's just different," said Stagliano. The now 5-month-old baby Addison Marie Stagliano has brought a happy and completely new experience to the couple. "Nothing

can really prepare you for what it's like to have a child and how your life will change, but I will say we're really good sat it," said the new mother. "We're a really good team."

#### How can a child bring you and your partner closer together? Cupid's Advice:

Being in love with your partner is one thing, but being in love with your partner while raising a child is another. The process of raising a child puts your relationship through situations to which nothing else could even compare! Through all the dirty diapers, walks in the park, and 6AM wake-up calls, your relationship can become stronger and more wonderful than ever before. Cupid has some advice:

1. Working together to raise a child makes you a team. If you've ever worked on a project with your partner, maybe you know a bit of what this feels like. Raising a child requires a lot of work on both ends, so when small achievements like a first step or a first word start happening, you can be proud together and know that all the wonderful things your baby accomplishes are due to the great bond of you and your partner.

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2. Sharing the love for your baby is powerful. A love for one's child is unique, but one other person can truly understand; your partner. You both have this strong, amazing love for your child and that shared love is something nobody else can have. It's like a wonderful secret only you two know.

Related: <u>Vanessa Carlton Is Expecting a Baby with Husband John</u>
<u>Mc Cauley</u>

3. Struggling together through the process can strengthen your bond. Raising a child isn't easy, but you're going through all of the ups and downs with your partner. When times get tough,

you can both understand what the other is feeling and be a better support system.

How did your child bring you and your partner closer together? Let us know in the comments!