

# Tony Romo and Candice Crawford Celebrate Super Bowl With Family



Tony Romo has a lot to be thankful for this Super Bowl season, and a lot of it revolves around his fiancée, Candice Crawford. The duo have been pre-celebrating the game throughout the week, and they've even made it a family affair. According to a source, Romo and Candice's brother, *Gossip Girl* star Chace Crawford, are already friends. Chace has been joining his happy bride-to-be sister and future brother-in-law for pre-Super Bowl festivities as well, reports [People](#). Even Candice's parents joined in on the fun at an exclusive dinner party hosted by Audi in Dallas. An observer said, "Tony and Candice have been at party after party together, and they are always snuggling or laughing with each other or with friends."

**How do you incorporate your family into your relationship?**

## Cupid's Advice:

Once your relationship turns serious, it's important to keep your family involved so that they can share in your happiness.

Cupid has a few tips:

- 1. Invite them to events:** Take a cue from Candice Crawford and Tony Romo and invite your family along to parties and other fun happenings. Even if you just invite them over to your home for dinner, the more exposure they have to your relationship, the better.
- 2. Ask for advice:** Make sure your family members know that you value their opinions. Get their advice and recommendations about where to go on dates or gifts you plan on buying for your partner.
- 3. Update them:** It may seem simple, but keeping them abreast of any goings on in your relationship will keep your family involved. The fact that you aren't hiding the relationship or keeping secrets will do nothing but help you.

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# Jennifer Aniston Shoots Down Pregnancy and Pet Rumors





Despite what you may have heard, Jennifer Aniston is not having pups of any kind! Since Aniston's rep issuing a denial statement to [People](#) had little to no effect on the rumors, the 41-year-old actress decided to shoot them down herself during a taping for Thursday's *The Ellen DeGeneres Show*. When DeGeneres asked if she was adopting another dog, Aniston jokingly replied, "I think you're confusing that with the Mexican child I'm supposedly adopting." When the laughter died down, she reassuringly answered, "No, I'm not adopting any children" and added, "And no doggies right now."

**What are ways to keep family and friends from pressuring you to have a child?**

### **Cupid's Advice:**

Family pressure to have children can get overwhelming pretty quickly, so Cupid thought of a few ways for you to handle yourself in the situation:

- 1. Show:** Without saying it, make it clear to your guests that you're simply not ready for a child. Reference work a lot so they realize a child doesn't fit well with your schedule, and let them see that the house isn't baby-proofed. Sometimes actions speak louder than words.

**2. Tell:** If they can't take the hint, it's time for a family meeting. With your spouse or partner by your side, very calmly explain to your family and friends that having kids is a huge decision, and it's not theirs to make. Tell them that the pressure is too much and reassure them that when you do make the decision, they'll be the first ones to know.

**3. Consider:** The most effective way to get rid of the pressure is to give into it. Sit down and have a serious talk with your partner to see if having a baby is something you want to do. Are you both emotionally, mentally and financially ready? If the answer is still 'no,' it will at least reassure your family that you've thought about it.

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## Halle Berry and Gabriel Aubry Begin Ugly Custody Fight





Award-winning

actress Halle Berry and her model ex Gabriel Aubry have begun what seems to be a brutal battle of custody over 3-year-old daughter, Nahla, [People](#) reports. Berry and Aubry, who split last year after four years together, have brought their battle public. Earlier this week, Berry released a statement voicing, “serious concerns for her daughter’s well-being while in the care of her father.” Sources close to Berry claim that Aubry became verbally abusive to her after their break-up, even using a racial slur. Still, Aubry’s friends stand by his side. One source said, “I never saw someone more dedicated to their child.”

### **How can you keep your child out of your custody fight?**

#### **Cupid’s Advice:**

Nobody wants to be involved in a custody battle. But if you do find yourself drawing up visitation papers, make sure to keep your children calm, happy and distracted:

- 1. Keep them busy:** Arrange for your kids to go home with a friend after school or spend the weekend with their grandparents. The more you distract your children and keep them away from the fights, the less they’ll worry.
- 2. Activities and clubs:** After-school activities and clubs,

whether it be a sports team or drama club are great outlets for children to release pent-up energy and anger. By the time their activities are done, they're home for dinner, homework and bed.

**3. Stay in check:** This is you and your partner's battle, so don't involve your children. Even though it may be tempting to say something harsh about their mom or dad when tempers rise, don't do it. Children take in everything, and we forget just how observant and impressionable they are.

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## Denise Richards Protects Children From Charlie Sheen



It's no secret that Charlie Sheen has constantly been in and out of rehab, but now it's affecting his children. As a result of the media frenzy

surrounding the actor's rambunctious behavior, according to *People*, ex-wife Denise Richards has been trying her hardest to protect their daughters Sam, 6 and Lola, 5. With new drama about the *Two and a Half Men* star in the news every day, shielding the kids is getting to be a full-time job for Richards, who has said she still cares about her ex a great deal. The actor also has 2-year-old twins with ex-wife, Brooke Mueller.

## **When should you protect your children from your ex?**

### **Cupid's Advice:**

It's the parents' job to protect and shelter their children for as long as possible. In certain cases, that responsibility extends to protecting them from your ex. Here are some of those cases:

- 1. When drugs or alcohol are involved:** Until your partner or ex-partner can sober up, he or she should not be allowed around the kids.
  - 2. When they are abusive:** If your mate is physically or emotionally abusive to you or the kids, cut off all contact. Protect your kids by telling them that they are safe and that abuse is not acceptable behavior.
  - 3. Mental or physical illness:** Though it may not be your partner's fault that they are ill, children need to be protected from the pain serious illness can cause. At least shelter them from some of the gruesome details.
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# Will Kelsey Grammer Beat His Daughter to the Altar?



Kelsey Grammer's eldest daughter, Spencer Grammer, recently announced her engagement to longtime boyfriend James Hesketh, but will she have to pick out a dress for her dad's wedding before her own wedding dress? Kelsey plans on marrying girlfriend Kayte Williams in February, even though his divorce from his wife Camille is not yet final. Thanks to California divorce law, if a judge agrees to "bifurcate" the proceedings, he will be able to remarry while continuing to battle over the assets. According to RadarOnline, Spencer has yet to pick a date to walk down the aisle.

**Why should you get married sooner rather than later?**

**Cupid's Advice:**

Some couples spend years getting to know each other before



walking down the aisle, while others wait only months. Cupid thought of a few situations where it's good to get married sooner rather than later:

**1. If you're older:** As the years go on, the dating rules change a bit. We're more comfortable with who we are and what we like. As we get older, the rest of our lives seem less intimidating! If you find true love later in life, don't waste any time!

**2. If you're divorced:** After being married once or twice, you know the ropes. So maybe you weren't with the right person, but now that you're alone it's difficult to be single again. If you find someone who makes you feel that puppy love you missed so much and you know what mistakes to avoid this time around, don't procrastinate with the "I do's!"

**3. If you're widowed:** Losing a spouse is incredibly painful. Lying in bed with nothing next to you, but an empty space will constantly remind you of the empty space left in your heart. If you're lucky enough to find someone that truly makes you happy, let him or her help fill those spaces right away.

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## Jewel and Husband Ty Murray Are Having a Boy





Jewel and Ty Murray

have finally found out the sex of their baby. It's a boy! The couple is very excited to finally be able to get the ball rolling on decorating the nursery. "We would have been happy either way, of course, but we are so excited to be having a little boy," Jewel, 36, tells *People*. Murray agrees, saying, "I have to admit, I was doing a little dance on our way out of the doctor's office when we found out!"

**How do you prepare for a baby boy versus a girl? Cupid's Advice:** Although any baby is a blessing, the way you prepare for each one can vary. Cupid has some tips on how to prepare for a baby boy versus a girl:

**1. Blues and greens:** Now that you know you're having a little boy, ditch the pinks and stock up on the typical boy colors. Even though people say yellow is neutral, it's cute to pair it with blues and greens as well.

**2. Baby boy themes:** You want to design the nursery with your new baby boy in mind. Trucks, airplanes and trains are always safe picks for boy nursery decor. Dinosaurs and farm animals are also great choices.

**3. Plan of action:** Before your baby is born, make sure to discuss how you want to raise him. Put together a plan for how you're going to instill values (like how to treat women)

in him.

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# Hilary Duff is Excited to Have Kids with Husband, Mike Comrie



Now that Hilary Duff and Mike Comrie are married, is a baby in the near future? According to *UsMagazine.com*, Duff says, "Yeah, I think we're really excited to have kids." The new addition to the Comrie family might not be as soon as we had all hoped though. Duff also adds, "I'm only 23, so give me a little bit of time. Come on people!" Although a baby might not be in the near future, the two seem to be doing very well and are enjoying every bit of the newlywed life.

## After marriage, how long should you wait before having kids?

### Cupid's Advice:

You've just taken the plunge with marriage, so when should you start adding to the family? Cupid has some tips on how long you and your partner should wait before having kids:

**1. When you have time:** Having children is a huge responsibility that takes up a lot of time. Make sure that you both have enough time for life without children before you decide to make time for new additions.

**2. When your finances are in order:** It's no secret that having a child can end up being pretty expensive. Make sure you have the finances to back up your decision.

**3. When you're comfortable with your career:** Before you decide to completely change your life around, make sure you've accomplished at least some of your career goals. It's ultimately harder to balance your work and personal lives after you have kids.

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## Kourtney Kardashian and Scott Disick Take a Family Vacation





According to *UsMagazine.com*, E! reality star Kourtney Kardashian and longtime boyfriend, Scott Disick took a quality vacation in Cancun, Mexico with their 13-month-old son, Mason. An insider stated that the couple seemed very relaxed on their tropical family fiesta. After rumors of a rocky romance between the two, this three-day getaway was free from turmoil.

### **What are ways to re-focus a drama-filled relationship?**

#### **Cupid's Advice:**

Drama doesn't always mean that your relationship has to come to an end. Here are some ways to work it out:

- 1. Get away for a while:** Though vacations may seem like a temporary solution, they may be just what you need to spark a permanent reconciliation.
- 2. Listen:** Take a break from your own fighting words to listen to your partner's concerns, thoughts and feelings. Try to understand things from his point of view. Sometimes understanding is the key to resolving important issues.
- 3. Look at the big picture:** Your drama may be comprised of a series of small fights centered around a big problem you are not confronting. Figure out the heart of the matter, and then

focus on that instead.

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# 'Sister, Sister' Star Tia Mowry and Actor Husband Cory Hardict Are Expecting



Former *Sister,*

*Sister* star Tia Mowry and her actor husband Cory Hardict are expecting their first child this July, *People* reports. The expecting couple got married in 2008 in Santa Barbara, California. Mowry is currently on BET's *The Game*. A source close to the couple says, "This is something that they've wanted for a long time and they're thrilled." The pregnancy will be documented on a show for the Style Network.

**What should you think about before having a child?**

## Cupid's Advice:

Bringing home a baby is one of the most exciting new chapters a relationship can take on. But before you and your partner decide to add on to your family, sit down and consider just what all goes into raising a child:

**1. Cost:** Not only are babies expensive, but the pregnancy and birth is as well. New clothes for your growing belly and a new room to furnish are two other factors, so there's a lot of preparation that goes into those nine months leading up to the birth.

**2. New roles:** After your maternity leaves ends, decide who will be the breadwinner and who will be the caretaker. Decide whether daycare is an option. Sometimes it is more convenient for the father to become a stay-at-home dad. Find out how he feels about that.

**3. Values and morals:** You and your husband may connect on every level and feel like you've discussed every topic there is, but bringing a child into the world will bring out a whole new slew of conversation starters. Come to a consensus about what values you will raise your children.

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# A-Rod's Kids Like Kate Hudson Better Than Cameron Diaz





Apparently, Cameron Diaz pales in comparison to Kate Hudson when it comes to boyfriend, Alex Rodriguez's kids. According to *UsMagazine.com*, a source says that Natasha, 6, and Ella, 2, "liked Kate more than Cameron, since she had Ryder [Hudson's 6-year-old son]. They really miss him." Diaz has been doing her best to get on the kids' good side while vacationing in Cab San Lucas, Mexico over the holidays. Hopefully, all of her efforts don't go unnoticed!

**What do you do if your kids don't like the person you're dating?**

### **Cupid's Advice:**

Your kids are some of the most important people in your life, and their opinion of your new partner will definitely have an effect on the relationship. Cupid has some advice on what to do if your kids aren't thrilled about the person you're dating:

- 1. Find out why:** If your kids have a reason beyond "he's not my dad" to dislike your new relationship, you need to find out what that reason is and, if possible, find a way to fix it.
- 2. Put their needs first:** As hard as it is to hear, being a



parent is your first priority. If your children don't get along with your new partner, then you may need to rethink the relationship.

**3. Give it time:** Sometimes it's just hard for children to adjust to new faces. Although they may not initially be thrilled with your relationship, time may be the answer.

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## Christie Brinkley Says Finding Love Isn't a Priority



Even though Christie Brinkley has been divorced for two years, she's in no hurry to find love again, according to *People*. Why? According to the model, she's not as likely to meet people when she has her kids with her, which is a lot of the time. Also, she says, "you never really know if someone is talking to you because

you're a celebrity. It's not my number one priority."

Brinkley currently has three children, and says that being a mother "takes a lot of work. My works makes me a better mom.

It gives me a little door to step out of my parenting and bring the excitement from that day back home." Her advice to bounce back from a painful divorce? "You've got to find a way to keep laughing, even if it's black humor, and my friends are very good at that," she says. "Some people think of happiness as a luxury, but it's a necessity, and you need to make space for it in your life."

### **How do you know if someone likes you for the right reasons?**

Cupid's Advice:

Celebrities can never tell if people are into them because they're famous or because they actually like them. Even for those of us who aren't famous, it can be tough to tell if someone's interested for the right reasons. Here are some hints:

**1. Eye contact:** It may seem simple, but if someone is actually interested in what you're saying, he will make eye contact with you during a conversation. If it seems like he's constantly glancing around to see who's watching, he might be a fake.

**2. He's attentive:** He sends you cute texts in between dates, he remembers things you said the last time you saw him and follows up on them, and he goes out of his way for you on a regular basis. These are all signs that he likes you for you.

**3. He sings your praises:** Instead of simply telling his friends he's dating you and leaving it at that, he gushes to them about all of your finer qualities – the ones that matter.

This proves he's actually getting to know you and likes what he sees so far.

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# Jessica Simpson Calls Eric Johnson 'Perfect Addition to Our Family'



Jessica Simpson was very active on her Twitter account this past week, wishing all of her followers a very merry Christmas, reports [RadarOnline](#). Simpson revealed that her entire family gathered at her parents' home in Encino, California for a Christmas celebration. Simpson's fiancé, football player Eric Johnson, was also there for the celebration. "Eric is the perfect addition to our family," tweeted Simpson. "I'm so grateful this holiday season!!! I hope everyone had a magical Christmas! Love you X."

**Is it important that your partner fit in with your family?**

**Cupid's Advice:**

Having your family accept your partner is only half the battle. The other half is getting your family to actually like him. While some deem this effort unnecessary, having a significant other who fits in with your family makes life much easier. Here are some benefits:

**1. Peace of mind:** When families get together, especially during the holiday season, it's nice to know that there aren't any snide or frustrated conversations occurring behind your partner's back.

**2. Willing favors:** While your family would never turn their back on you and your partner when the two of you are in need, they will be more likely to grant a favor with a smile on their face if they genuinely approve of your relationship.

**3. Frequent visits:** When your partner feels comfortable visiting your family with you, you're able to spend more time with all of the people you love.

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## **Kate Middleton Celebrates Last Christmas with Family**





This may have been the last Christmas Kate Middleton spends with her own family, [Us Weekly](#) speculates. While Middleton was with her parents in Berkshire, England for the holidays, Prince William spent the holidays doing search and rescue work in a helicopter in North Wales. Once the couple weds next April, Middleton will most likely be spending Christmas 2011 at the royal Christmas Day celebration at Sandringham. Sources say that traditionally, her parents would not receive an invitation. But also according to sources, changes may be in store for royalty in England. "William is determined for this to be the beginning of a new royal family with new ways of doing things, he wants his marriage to last."

## **What sacrifices should you make for a relationship?**

### **Cupid's Advice:**

Just like Kate Middleton's life is about to change, we all make sacrifices for our relationships in our own individual ways. Here are some guidelines:

- 1. Stay comfortable:** As long as you feel okay about the sacrifices you make in a relationship, that's all that matters. But once you feel like your partner is asking too much of you, rethink things before you go through with them.

**2. Sacrifices are a two-way street:** You should not be the only one making sacrifices in your relationship. If you celebrate Christmas with your family one year, perhaps you can spend time with his family the next. Relationships are all about give and take, and your parents will understand that.

**3. Be true to yourself:** Never do something that makes you uncomfortable or that you puts you in danger. As much as you may love your partner, you are ultimately number one.

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## Alanis Morissette Has a Baby Boy



After a May wedding, singer Alanis Morissette and rapper Mario “Souleye” Treadway are proud to announce the arrival of their son, Ever Imre Morissette-Treadway. Talk about a mouthful! It was in August

that Morissette revealed her pregnancy in Us Weekly's "25 Things You Don't Know About Me" section, listing "I am pregnant!" as the 25<sup>th</sup> item on the list. According to [Us Weekly](#), a representative confirms, "All are healthy and happy."

**What are ways to compromise with your partner about a baby name?**

### **Cupid's Advice:**

There's no doubt that naming your child is an important process between you and your partner. If you're stuck on how to make this decision, here's a couple of ways to find some middle ground:

- 1. Use both of your favorites:** Do both of you have your heart set on a different name? Use them both!
- 2. Try different spellings:** There are various spellings to each name. Compromise by having one of you choose the name, while the other chooses the spelling.
- 3. Make a list:** Make a list of your favorite baby names and compare your choices with your partner's. Look for names that rank high on both of your lists for the perfect resolution.

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## **Cameron Diaz Gets to Know A-Rod's Kids in Mexico**



It looks like there's far from trouble in paradise with Cameron Diaz and Alex Rodriguez. The accomplished actress and Yankee's third-baseman are on vacation in Mexico with his kids Natasha and Ella. According to [RadarOnline](#), this is the second time this month that the inseperable couple have been found on the Mexican beaches. The two haven't even been together for a year, and already the four of them seem like a one happy family!

**What are ways to bond with your partner's children?**

**Cupid's Advice:**

When you're dating someone who already has children, it's extremely important that you make a connection with them. Cupid has some suggestions:

**1. Take them on a date:** Just like you and your partner go on dates to get to know each other better, you can go on a date with his kids to get closer with them. This gives you all a chance to get comfortable with each other without their father



being there. Have them choose a place they like, and let the bonding begin.

**2. Swap stories:** Make sure you're showing an interest in the children's lives. Simply asking them questions will show them that they're important to you. Then, to make them feel more comfortable with you, be sure to share stories about yourself in return.

**3. Tuck them in:** A more intimate way to bond with the kids is to be there when it's bedtime. Reading them a bedtime story and tucking them in is a very precious way to get them to feel safe with you. If you and your partner ever do get married, you're not just gaining a husband; you're gaining a family

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## Brooke Burke Shares Love Life Secrets





What's the secret to keeping the romance alive in your relationship? According to Brooke Burke, exercising regularly is a big part of it, reports [People](#). The *Dancing with the Stars* host told *Shape* magazine, "First, you need to be healthy ... That means exercising to relieve stress and build energy." Even with four kids at home, the 39-year-old former model and her partner David Charvet, also 39, still make time for each other. "Sometimes we're so tired, it's just a glass of wine and a good night's sleep. But the point is that we're making a commitment to each other and saying, 'We love the kids, but we matter too.' "

### **What can staying healthy do for your love life?**

#### **Cupid's Advice:**

Staying healthy is great for your physical and emotional well-being. Cupid has some ideas on how it can also improve your love life:

- 1. Self-confidence:** When you eat right and work out, you feel better. The confidence you gain from being healthy will make you even more attractive to your partner.
- 2. Energy:** If you constantly feel exhausted, try exercising to

relieve stress and get an energy boost. Now use that extra energy to reignite the spark in your relationship!

**3. Group effort:** Work out with your partner, and cook healthy meals together. Not only are you more likely to stick to a healthy lifestyle that way, but it also provides a lot of great bonding time.

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## 'Real Housewives of Beverly Hills' Star Taylor Armstrong Plays Slipper Fairy



Love and caring is in the air this holiday season! Even reality TV stars like *Real Housewives of Beverly Hills'* Taylor Armstrong are taking part. Slipper Fairy Armstrong attended the 1736 Family Crisis

Center's annual "Free Holiday Store" event in Torrance, CA, Tuesday (December 14th), and delivered 300 pairs of Dearfoams slippers for previously, severely abused mothers, and their children.

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## Jon Gosselin and Girlfriend Go Christmas Tree Shopping with Kids



Dashing through the snow, Jon Gosselin brought his new girlfriend along as he and his eight kids picked out their Christmas tree this past weekend. Despite negative criticisms earlier this year, Gosselin has seemed to settle down a bit, and he and Ross are looking forward to making the holidays this year about the kids. Although Gosselin doesn't have a huge amount of money

to spend on presents for his kids this year, a source told [RadarOnline](#), “He wants to get them gifts that mean something and that tap into their interests.”

## **What are affordable yet romantic gifts for your partner?**

### **Cupid’s Advice:**

Holiday gift shopping can be stressful, especially when you’re on a tight budget. Cupid has some tips:

**1. The enhanced coupon:** A coupon for a free back rub maybe too cheesy, but giving your partner his favorite movie along with a coupon for his favorite homemade dinner is personal and special. You can always make a surprise out of the back rub afterward, too!

**2. Utilize the five senses:** Pick a small gift to stimulate each of your partner’s senses. For example, pick up his favorite artist’s new album, one of his favorite snacks and a framed picture of the two of you. It’s affordable *and* creative.

**3. Exchange promises, not presents:** Agree or vow to do something that will improve your relationship together, like setting aside one night a week devoted solely to you as a couple. It won’t cost you a thing, and will keep giving all year long.

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# **Garth Brooks Gives Teen**

# Dating Advice on Oprah



As a father to three girls, country crooner Garth Brooks took time to dole out some good ol' fatherly advice to women everywhere on the *Oprah Winfrey Show*. "The truth is, it's the reflection in the mirror. That's the one. You can't lie to that voice inside of you." After confessing "the only thing better than playing music is being a dad," CMT reports that Brooks made sure to convey that he understands the pressure girls face when dating, especially when it comes to older boys. "As a junior, if you're dating a senior boy, sometimes that pushes you ahead of things you're ready to handle." **How do you avoid becoming a reflection of your partner?**

## Cupid's Advice:

It's easy to get caught up in keeping the peace in a relationship. However, a relationship is between two people. Here are some ways to stay true to yourself:

**1. Keep some space:** Before your partner, you had your friends. Getting swept away by love is easy, but don't forget to spend some time with the people who have always been there for you.

**2. Adjust and adapt:** Some people believe you have to change yourself to make a relationship work. Chemistry and compatibility isn't about change, but rather adjustments and compromise.

**3. Maintain self-awareness:** You know yourself best. Go with your gut if you're starting to feel like you're losing touch not only with yourself, but with the other parts of your life that make you happy.

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## Katy Perry's Dad Speaks Out about Daughter's Marriage to Russell Brand





Sex, drugs and rock n' roll aren't usually a parent's "Teenage Dream," but they added up to the perfect husband for singer Katy Perry, according to her father Keith Hudson. The Santa Barbara preacher told [RadarOnline](#), "You couldn't see two f\*\*king happier people," about his daughter and her new hubby, actor and comedian Russell Brand. "I could not have wished for a better son-in-law in Russell. He makes my girl so happy," said Hudson. "She's so happy and he makes her light up. They're going to be just fine..."

**How can your partner make a good impression on your parents?**

### **Cupid's Advice:**

No matter how old you are, your parents will likely have some influence over your life. Cupid has some tips on how your partner can make a good first impression:

**1. Show common interests:** Before it's time to meet the parents, prep your significant other by briefing him on your parents' interests. That way, he can be prepared with with a shared interest to discuss, which will hopefully spark lively conversation right away.



**2. Build trust:** It's important to build a bond of trust between your parents and significant other early on. Give your partner a small responsibility (like picking your parents up from the airport or making a dish to bring to dinner), that will show he can be trusted to follow through.

**3. Solicit relationship advice:** At a certain age, parents see their child's romantic partners as potential parents of their future grandchildren. Encourage your significant other to interact with young relatives at family gatherings, and to ask for relationship advice from your parents.

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## Chris Evert Talks Divorce Recovery



After her divorce from pro golfer Greg Norman, tennis champ Chris Evert needed

some time to get back on her feet. The two were married for just 15 months before separating last year. Chris Evert told [People](#), “I spent the summer in Aspen healing.” The athlete’s whirlwind romance with Greg Norman left little time for her family. “I was traveling a lot and just not around... My kids are dynamos and needed their mom,” she said, referring to her three sons from a previous marriage. “Things are back to normal, and my sons are my first priority,” she says. **How can you heal after a divorce?**

### **Cupid’s Advice:**

Divorce represents not only the breaking up of a relationship, but the end of life as you know it. Cupid has some tips on how to pick up the pieces after a divorce:

- 1. Feel your pain:** Healing after a divorce doesn’t mean putting on a brave face and pretending everything’s great. Recognize that you are in pain, and don’t ignore your feelings.
- 2. Take responsibility:** Stop blaming your ex for everything that went wrong with your relationship, because it always takes two. You can begin the healing process when you accept responsibility for your own actions.
- 3. Talk to family and friends:** After her divorce, Chris Evert found comfort in spending time with her children again. Lean on friends and family after a breakup to help you cope.

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## **Miley Cyrus’ Mom Tish Had**

# Affair with Bret Michaels



Could the reason for the split between Miley Cyrus' parents be due to her mom, Tish, having an affair with rocker Bret Michaels? [US Weekly](#)'s source seems to think so. The 17 year marriage between Tish and Billy Ray Cyrus is coming to an end as Billy Ray filed for divorce on October 27. Michaels was introduced to the Cyrus family back in February when he and teen sensation Miley Cyrus released the duet "Nothing to Lose." Since then, Tish was spotted at Michaels' February 28 show in Los Angeles. Although reps for both Tish and Michaels deny that there is nothing more than a professional relationship between the two, Billy Ray is seeking joint custody for his three minor children he has with his soon-to-be ex-wife.

**How do you handle the news of a parent's affair?**

Cupid's Advice:

Dealing with the possibility that one of your parents is

having an affair is a devastating blow, no matter your age. Cupid has some advice on how to handle it:

**1. Sibling support:** If you have any brothers or sisters you can turn to, they would be your best bet for support. Families get torn apart and turned against each other when everyone begins to take sides on who's right and who's wrong. Even if you have friends who were in a similar situation, your siblings are the only ones who know exactly what you're going through. Lean on them.

**2. Know the facts:** Sit your parents down together and ask for the truth. They owe it to you as their child to tell you what's going on. You'll start to hear lots of different takes on the situation from family friends and family members themselves trying to persuade you to take one side over the other. Knowing the truth will help you disregard other rumors and come to your own conclusion.

**3. Find an outlet:** Whether it's finding a counselor or channeling your emotions through another hobby, you'll need a release from your family situation. It's normal to feel a slew of emotions, including anger toward one or both parents. Rather than taking it out by saying or doing something you may later regret, placing that energy into a hobby will help you take your mind off of things in a healthy way.

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## Surprising Split for Ben Harper and Laura Dern



It's splitsville for another seemingly happy celebrity couple. [RadarOnline](#) reports that singer Ben Harper and *Jurassic Park* actress Laura Dern have filed for divorce. The pair dated for five years before marrying in 2005 and have two children together. The breakup is especially surprising because it comes three weeks after the Harper-Dern family traveled to Hawaii together to attend the wedding of their close friend, Pearl Jam frontman Eddie Vedder. Vedder and model Jill McCormick married September 18, and Harper and Dern spent a week partying in Honolulu along with other celebrities like Jack Johnson and Sean Penn. The couple's reps had no comment on the split.

**What are some signs that your partner is unhappy in your relationship?**

**Cupid's Advice:**

Some relationships end so abruptly that it leaves you wondering, what happened? Cupid has some tips on how to recognize signs that your partner is unhappy:

**1. He seems distracted:** If he doesn't pay attention to you

when you talk or seems distant on dates, he may be thinking about ending it. Not fully engaging shows that he's not content in the relationship anymore.

**2. He cancels plans:** If he suddenly opts out of that cruise in the Bahamas you had been planning forever, he's not ready to take that next step with you. If he doesn't want to move forward, he's not happy with where the relationship is going.

**3. He starts fights:** Some people have a hard time showing emotion, and men often express their sadness or frustration through anger. If it seems like you're constantly bickering, he might be trying to show you that he's lost that loving feeling.

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## Paris Hilton Plays Mom to Cy Waits' Daughter





We are now seeing a softer side to the Bonnie and Clyde-like romance between heiress, Paris Hilton, and nightclub tycoon, Cy Waits. [RadarOnline](#) reports that Hilton has become a stand-in mother of sorts to Waits' seven-year-old daughter, Shea, from a previous relationship. This baby mama drama is a far cry from when Hilton and Waits made headlines in August. Waits was arrested for drunk driving and Hilton for possession of cocaine on the same night. Perhaps this couple is turning over a new leaf! Though not officially a step-mom, Hilton previously stated, "I look after animals, so I'd have a lot to give my kids."

**Can having a connection with your partner's children make your relationship stronger?**

### **Cupid's Advice:**

You can't trust just anyone to raise your child, but you must eventually trust your partner with your children if want the relationship to grow. Cupid has some things to consider:

**1. Part of the family:** When a relationship where children are involved starts to get serious, the significant other usually becomes an honorary family member, making appearances at birthday parties and Thanksgiving. Being invited to these

occasions is the first step in becoming a permanent part of a child's life.

**2. The baby connection:** Sharing the ups and downs of raising a child as couple is a great way for you to bond with both your partner and their kids. By connecting this way, you can get a feel for who your partner really is and what his or her daily life is truly like.

**3. Parenting is hard work:** Kids may seem cute at first, but don't be fooled. Nights on the couch waiting cartoons may be replacing your nights on the town if you choose to be with someone with children. Be prepared!