

# 'Saved By the Bell' Star Mark-Paul Gosselaar's Ex Seeking Joint Custody of Kids



In the midst of a painful divorce, Mark-Paul Gosselaar and his estranged wife have found some common ground, according to [People](#). The former *Saved By the Bell* star filed for divorce from wife Lisa Ann Russell in June, citing “irreconcilable differences.” The couple, who were married for 14 years, both filed for joint custody of their children, Michael Charles, 7, and Ava Lorenn, 5.

**What are some ways to compromise during a divorce?**

**Cupid's Advice:**

Divorce is difficult, but if you can meet each other halfway, it can be made a little easier. Cupid has some tips on how to compromise:

**1. Think about the kids:** For your children's sake, try to find some middle ground. Try to come to a custody agreement sooner rather than later to spare your kids some heartache.

**2. Remember:** There can be a lot of hostility during a divorce, but if you remember you were in love once, maybe you'll be easier on each other.

**3. Take the high road:** As much as you want to stand your ground and fight to the bitter end, don't. Consider solutions that work for everyone, not just yourself.

**What are some other ways to make a divorce easier? Share your comments below.**

---

## '90210' Alum Ian Ziering Welcomes First Child





Former *90210* star Ian Ziering has a new ray of sunshine in his life, and it's not from Beverly Hills. His wife Erin gave birth last week to their first child, Mia Loren. "Erin and I are very excited to be parents," Ziering told [E! Online](#) in October. "It's something we both have always wanted." The new father is more prepared than his *90210* character Steve Sanders, who was expecting with girlfriend Lindsay Price on the show. "Well, it's official, I'm a dad!" he posted via Facebook. "As I sit holding Mia, Erin sleeps the most beautiful sleep. My thoughts race with visions of a brighter future, only made possible by what happens today... or, last night! God bless us all." Best of luck to these new proud parents.

## **How do you know when you're ready to have children?**

### **Cupid's Advice:**

Having a baby is a big step for couples, and isn't anything to rush. Children change lives, and both partners need to be ready for the adjustment. Before considering it, ask yourself these questions:

**1. Can you afford to support yourself and a baby?:** Make sure

you're financially stable, you have enough space and that your partner will be able to pay child support in the event of a separation. Money is a crucial factor to consider when having a baby. You need to make sure you are both committed to paying the child's expenses.

**2. How serious is the relationship?:** Analyze your relationship. Do you plan on getting married or moving in together? How long have you been together? You need to think about your future as a couple before deciding on babies.

**3. Are you ready to make sacrifices?:** Remember, once you have children, they are your responsibility for the next eighteen years. If you're finishing school, job hunting or simply love going out, perhaps it's best to wait awhile. Even the biggest dreams are put on hold when a baby is born.

**What are some other important factors to consider before having kids? Share your thoughts below.**

---

## **Former 'Idol' Star Justin Guirini Welcomes a Baby Boy**





Former *American Idol*

star, Justin Guarini, welcomed a son, William Neko Bell Guarini, on Tuesday, April 26. “Reina is doing wonderfully and should be given a medal for going 10 months and 1 week with child,” Guarini said about his wife. He added, “We’re resting comfortably in the hospital and can’t wait to introduce him to his big sister...”

**How does the dynamic change when you add a second child to the family?**

### **Cupid’s Advice:**

Many consider having a second child so that their first will have a sibling. The thought of having two children might sound amazing, but changes to the family will occur. Here are just a few:

**1. Expenses:** Having another child means there will be more expenses. Therefore, you might have to limit how much you give your first child. It’s all about compromise and sharing.

**2. Daily routines:** All of your daily routines will change in order to accommodate the new member to your family. This may

mean your first child won't get as much attention.

**3. Balance your time:** Since you aren't taking care of one child any more, you will have to balance your time to make sure each of your children get what they need. If you don't, as your children get older, there might be some competition between them.

**What things changed when you added a second child to your family? Share a comment below.**

---

## **'Bachelor' Star Emily Maynard's Mom Speaks Out On Brad Womack**







For those of you who thought Brad Womack had finally found true love his second time around, think again. According to [HollywoodLife](#), Emily Maynard's mom, Susan Maynard, commented that their relationship is a bit rocky. Maynard told *People*, "They have not officially broken up. It's still kind of on and off, I hear nothing but good things about Brad. They are still just trying to get to know each other." Although it doesn't seem as though Susan Maynard has much confidence in the couple making it in the long run, we will just have to wait and see.

**Do your parents know best when it comes to your relationships?**

### **Cupid's Advice:**

As frustrating as our parents can be sometimes, they are the people that have known us the longest. Cupid has some advice on why our parents may know what's best when it comes to our relationships:

**1. Your best interests in mind:** As much as we all love our friends, the only people who we can be positive only want what's best for us are our parents.

**2. They've been there:** It may be strange to think of your parents as young and dating, but they were in your shoes once before. So, don't be quick to rule out their advice. It comes from a place of experience.

**3. They know you the best:** The only people who know us better than we know ourselves are the people who have known us the longest – our parents. This means that they probably also know what you need in a relationship.

**Do you think your parents know you better than you know yourself when it comes to relationships? Share your experiences below.**

---

## **Halle Berry Speaks Out About Custody Battle with Gabriel Aubry**







The rumored custody battle between Halle Berry and Gabriel Aubry might be coming to a close, reports [People](#). The duo, who split last April, have been recently engaging the court's help to solve their issues revolving around their daughter, Nahla, 3. "When there's a child involved, it's a relief when you can resolve things in a good way," says Berry, who also mentioned that the court proceedings have gone well. "Our issues were never about fighting for her. We both know a child needs both her parents. But what I want to say about it is sometimes, as a couple, you reach an impasse. We needed a court and a judge to help us work out some of the delicate issues, and I'm so happy we've arrived at that place – because for her sake, this is the best way. We both love her more than life."

**What things should you consider when deciding on custody issues after a divorce?**

### **Cupid's Advice:**

Divorces are tough enough without the added turmoil revolving around kids from the relationship. Cupid has some things to consider about custody after a split:

**1. What the child wants:** Perhaps the most important thing to think about in the midst of a separation is how the child is thinking and feeling. Before fighting over the best interests of the child, make sure to listen to what your children have to say about the situation. They might shed some much-needed light.

**2. The child's best interests:** Try to think about who is best equipped to have a child in his or her life post-split. If you're both completely willing and able, consider joint custody and split the time with your child down the middle. If one of you has a demanding career, perhaps full custody should go to the parent with a less time-consuming job ... with visiting rights for the other of course.

**3. What's best for you:** Although it's true that your child's interests should most likely come first, don't ignore what would be best for you in your situation. If raising a child will prove difficult for you, perhaps you should consider giving up custody. If you can't imagine your life without your child, voice that opinion, too.

**What would you do in a custody battle? Share your experiences below.**

---

## **Julianne Hough Talks Babies ... With Ryan Seacrest?**





*Dancing with the*

*Stars* pro and country music singer Julianne Hough is only 22, but she's already thinking about children, according to [UsMagazine.com](http://UsMagazine.com). Hough, who has been dating Ryan Seacrest for a year, said she wants to be ready physically when she gets pregnant. "I don't want to have kids anytime soon, but when I do, I want my body to be healthy." The blonde bombshell said she keeps fit by avoiding processed foods and going to high-intensity cardio dance classes.

**What are some changes you need to make to be healthy for pregnancy?**

**Cupid's Advice:**

When you have a baby, you want to make sure he or she is healthy by being healthy yourself. Cupid has some tips on how to make sure your body's ready for a baby:

**1. Exercise:** Even when you're pregnant or plan on becoming pregnant, you should still try to do some sort of physical activity every day. While you don't have to do cardio dance like Julianne Hough, yoga or walking are other less strenuous options.

**2. Eat right:** Make sure you are getting all the vitamins and minerals you need by eating plenty of fruits, vegetables, whole grains and lean protein. Once you're pregnant, be sure to keep up with the prenatal vitamins.

**3. Stop smoking and drinking:** If you're planning on having a baby soon, stop smoking and drinking heavily. It's important to make these changes as early as three months before you get pregnant.

**How do you plan to prepare physically for pregnancy? Share your comments below.**

---

## **Kevin Federline and Girlfriend Are Expecting A Girl**





Kevin Federline and girlfriend Victoria Prince just announced that they are expecting a baby girl, according to [UsMagazine.com](http://UsMagazine.com). Prince, 28, and Federline, 33, are excited and have already decided that they are going to name their daughter Jordan. According to Federline, Prince has always said that if they had a girl she wanted to name her Jordan, and then both Federline and Prince decided that even if they had a boy they would stick with the name Jordan because it fits both ways. A source close to Britney Spears, Kevin Federline's ex-wife and mother of two of his four children, said that she is "Happy for him and knows he is a good dad." Preston, 5 and Jayden, 4 are said to be "super excited" about the big announcement. As for Federline and Prince, they can't wait!

**What should you do if you can't agree on a baby name?**

**Cupid's Advice:**

The problem with choosing a baby name is that there's no telling why some people like a name and others don't. It's all about opinion and feeling, which can make things difficult. Cupid's got some things to consider:

**1. Check out some books:** Baby name books offer great suggestions for possible names and with thousands to choose from you and your significant other are bound to agree on one of them.

**2. Ask your friends and family:** If you and your significant other can't seem to agree on a baby name maybe it's time to turn to the ones you love and hear what they have to say. The more people you ask, the more options you will have and it will make making a decision that much easier.

**3. Have a focus group:** Ok, so maybe this isn't the most reasonable option, but on the trailer for the new series "Pregnant in Heels", Rosie Pope (a maternity concierge) set up a focus group for one of her client's in order to choose a baby name. For a more realistic version of this, why not put a poll on Twitter or Facebook and see what feedback you get.

---

## **Britney Spears and Jason Trawick Take Her Boys to Las Vegas**







A week after her performance at Palms Casino Resort's Rain Nightclub, Britney Spears spent time with her boyfriend, Jason Trawick, and her two boys in Las Vegas. The four dined in a private dining room at Nove Italiano. According to [People](#), a source said, "Britney was very quiet ... but her kids were very nice and looked great."

### **Is Vegas a good vacation spot for kids?**

#### **Cupid's Advice:**

Vacationing in Las Vegas, especially with your significant other, can be fun. But if you're planning a family vacation there and are unsure if it'll be an ideal place to take your children, consider the following tips:

- 1. Destination:** Most importantly, it depends on exactly where you're going in Vegas. If you'll spend most of your time in casinos and nightclubs, you're better off leaving your children at home.
- 2. Research:** There are plenty of activities for kids in Vegas. Pools and rides are just two options. This way your children



also have something to get excited about.

**3. Age:** If your children are infants, it might not be the best time to take them to Las Vegas, especially considering how crazy it can get there. Find a babysitter or wait a few years to explore all that Sin City has to offer.

---

# Charlie Sheen and Brooke Mueller Reach Custody Agreement



Sometimes it's easy

to forget that in the middle of the media frenzy, Charlie Sheen and wife Brooke Mueller have two young boys to worry about. [E! Online](#) reports that the soon-to be divorced couple have finally reached a custody agreement for their 2-year-old twin sons, Bob and Max. According to a source, Sheen gets the twins every other weekend and after four months, if he passes a drug test, he gets to see them up to four days a week. In addition, both parents must have nannies present at all times.

## **Should you fight for custody of your children?**

### **Cupid's Advice:**

A divorce is hard enough, but when there are children involved, things get a lot tougher. Cupid has some tips on what to do during a custody battle:

- 1. Fight for your children:** If you love your kids and want to be in their lives, you should fight to have custody. Showing you are a responsible parent will help your case.
  - 2. Wait awhile:** When you go through a rough patch like Charlie Sheen, sometimes it's best to let your spouse take custody of the children. Once you're back on your feet, you can fight for more time with your kids.
  - 3. Comfort them:** Reassure your child that no matter what happens, you will always be in their lives. Even if you don't see each other every day, let them know that you'll always be there for them.
-

# Khloe Kardashian Says Kris Humphries Must Pass Family's Initiation



Khloe Kardashian has some advice for sister Kim's long-distance basketball boyfriend Kris Humphries: impress the fam. Khloe, who married Los Angeles Laker star Lamar Odom in September of 2010 knows firsthand how critical her brood can be. "I don't think Kris knows what he's getting into," Kardashain told [People](#). She says that this summer Humphries will get the opportunity to spend some time with the whole family and get initiated into the Kardashian group ... if he can manage.

**What do you do if your partner doesn't get along with your family?**

## Cupid's Advice:

There is no one more influential in your choice of mate other than the members of your family. It may work in movies, but if your boo and your family butt heads, something needs to be done:

**1. Talk it out:** Discuss things separately first and then together if need be. Why does your partner not get along with your family and vice versa? As soon as you figure out where the conflict begins, you can start to mend the situation.

**2. Figure out the reason:** Is there a good reason for conflict between your partner and your family? Perhaps your family is concerned about your well-being when you're with your partner. Consider these objections for what they're worth and if they hold any value.

**3. Blood is thicker:** than water. Just like when your parents would weed out the good-for-nothing friends you brought home from school, you're family is still (and always will be) your family. If this boyfriend is just a passing phase, consider moving on.

---

# Brad Pitt and Angelina Jolie Keep a Tight Family Life





If their life was like a sitcom, it'd be called "The Brangelina Bunch." Brad Pitt and Angelina Jolie were out in New Orleans last weekend with their entire clan of kids, according to [People](#). While things are busy on vacation with the family, the life of this celebrity family is becoming, as a source said, "organized chaos." "Of course it's wild when all the kids are there, and evening tends to be a bit chaotic with dinner and bedtime are both good with rules," the source said. "[Pitt and Jolie] there are definitely consequences, like time-outs, for bad behavior, but for the most part the kids all get along."

### **How can you include your kids in date night?**

#### **Cupid's Advice:**

**1. Go somewhere kid friendly:** Avoid the bars and clubs with your children. Instead, perhaps try a child's movie, bowling or mini-golfing. Plus, it's sometimes fun to revisit your own childhood!

**2. Back before bedtime:** Try to have your kids in early. But just because they went to sleep, doesn't mean your night is over. Rent a movie to watch after the kids are sleeping so you

can have some romantic alone time.

**3. Keep it 'G-Rated':** Try to be mindful about you and your partner's PDA. Your offspring are observant creatures so try to set the example for proper etiquette when in public.

---

## Saturday Night Live Alum Maya Rudolph Is Expecting



Saturday Night Live alum Maya Rudolph, 38, revealed her baby bump on Sunday at the Milk and Bookies Second Annual Story Time Celebration in L.A, [UsMagazine.com](http://UsMagazine.com) reports. She's expecting her third child with her husband, Paul Thomas Anderson and the couple is already



parents to two daughters, Pearl, 5, and Lucille, 1. Although pregnant, the Bridesmaids actress will continue working. “I seem to be pregnant through all my movies, so I never seem to give anything up, do I?” Rudolph said last June while promoting Grown Ups.

**What are some ways to stay active with your partner while pregnant?**

### **Cupid’s Advice:**

Being active is more fun with your significant other, especially when you’re pregnant. It’s great to know that your partner supports you and wants to share the moment. Here are some ways you can both can be active during the pregnancy:

- 1. Exercise:** Being pregnant shouldn’t be an excuse to get out of shape. Consult with a doctor on what physical activities are safe. Not only will you be there to support her, but it’ll be a way to spend quality time with each other.
- 2. Take a walk:** Take a stroll around town or in a park. It’ll help reduce your back pain and increase your energy levels.
- 3. Yoga:** Take a yoga class with your significant other. It’ll help strengthen your abdominal muscles and make you relax.

---

## **Billy Ray Cyrus Calls Off Divorce From Wife Tish**





In a shocking announcement last week, Billy Ray Cyrus told the ladies of *The View* that he had decided to drop the much-publicized divorce between himself and wife, Tish. The 17-year marriage that spawned teen sensation Miley Cyrus was in danger of dissolving last year when the Cyruses filed for divorce, citing “irreconcilable differences.” After seeing how much the divorce was hurting the family, Billy Ray decided to call it off, reports [RadarOnline](#). “I dropped the divorce. I wanted to put my family back together,” he says. He also cited communication as one of the their biggest problems, and added, “I think for the first time me and my entire family are finally communicating with each other.”

**What are some ways to work on your rocky relationship?**

**Cupid's Advice:**

If you and your mate are headed toward a breakup, it's not too

late to try to save the relationship. Cupid has some ideas on how to work on a troubled relationship:

**1. Make the grand gesture:** When you or your partner just can't get what you want from the other person, it's time to make the grand gesture. For example, if your mate thinks you're afraid of commitment, maybe it's time to ask him to move in.

**2. Communicate:** Lack of communication is one of the most common reasons for a breakup. Make sure you are both comfortable sharing your thoughts and feelings with each other.

**3. Do little things:** Sure, the big things are important, but a little goes a long way. Try doing small things like cooking dinner or buying your mate flowers. They'll appreciate it more than you know.

---

## Bryan Adams Is Expecting at Age 51





Canadian rocker Bryan Adams is becoming a dad for the first time ... at age 51. Adams, who is known for hits like "I Do It For You" and "Summer of '69" is expecting a baby with his personal assistant, Alicia Grimaldi. According to [E! Online](#), Adams and Grimaldi have been living together as a couple for awhile, unbeknownst to their families and friends. Grimaldi helped form the Bryan Adams Foundation, a charitable organization started in 2006 to help victims of the Asian tsunami. Adams wrote on his personal website, "She helped me start my foundation years ago, and it looks like she'll be running the family now!"

**How old is too old to have children?**

### **Cupid's Advice:**

Some people welcome children into their lives at a young age, while others wait until later in life. Cupid has some ideas on when is the best time to have kids:

**1. You're active:** It doesn't really matter what age you have children, as long as you're a good parent. It might help, though, to be at an active age so you can keep up with your

kids.

**2. You're healthy:** If you're a woman, depending on your age, the later you have a child, the more likely there will be complications at birth. Make sure you are healthy enough to carry a child in the first place.

**3. Different strokes:** The bottom line is, there's no age limit when it comes to having children. Some prefer to have them younger while others prefer to wait. Have children whenever you feel ready.

---

## Alyssa Milano Is Expecting a Boy





Alyssa Milano can't keep a secret. This week, the pregnant 38-year-old actress revealed to fans the sex of her baby, according to [People](#). "As fun as it was reading all of your gender predictions on Twitter, I'm really bad at keeping secrets and had to share (not to mention, I was bound to unintentionally slip at some point)," Milano wrote on her website. "David and I are elated to announce that we are having a baby boy. We can't wait to meet him. Boys names, anyone?" The *Who's The Boss* and *Charmed* actress has been married to husband David Bugliari since August 2009.

**Should you name your child after a family member?**

### **Cupid's Advice:**

When choosing a baby name, you can go the traditional route and name your child after a family member, or you can come up with a totally new and different name. Cupid has some tips on how to know what name is right for your baby:

**1. Keep it in the family:** If there is someone really special to you in your family that you want to honor, name your child after a family member. Many people use their father or

mother's names or reuse an old family name and make it new.

**2. Use the middle name:** Just because you don't choose a family name for your child's first name doesn't mean you can't still respect tradition. If you want, use a relative's name for your child's middle name.

**3. Try something new:** If you want to totally depart from traditional family names, go for it. Name your child after a song, an actor, a writer... or just pick a name you heard and liked.

---

## David and Victoria Beckham Are Expecting a Girl







Mozel tov; it's a girl! According to [People](#), David and Victoria Beckham announced Friday that their fourth child will be female.

"We're still in shock. Obviously, having three boys, you kind of expect another one, so finding out a little girl is in there is surprising, but, obviously, we are over the moon," David said. "Our three boys are happy and excited, and Victoria is doing well." Fashion designer and former Spice Girl Victoria said that they know how to handle boys, but are still happy to have a girl in the family.

**How do you break the news of a baby to your other kids?**

### **Cupid's Advice:**

**1. Have a game plan:** It's best to plan in advance what you will tell your kids when it's time to break the news. Let them know that things will change drastically when their new sibling arrives. Also, be prepared to answer the tough questions they'll ask such as, "Where do babies come from?"

**2. Be honest:** Lying to your kids is just wrong, especially in this scenario. It's best to let them deal with it for as long as possible before the big day arrives.



**3. Tell them you'll still love them:** What's most important is to tell your children that you will love them just as much as before even though they won't be the only one in the spotlight anymore.

---

## Pete Wenz and Ashlee Simpson: Custody Fight in the Works?



A simple divorce may be easier said than done when it comes to Ashlee Simpson and Pete Wentz, reports [People](#). The pair announced the end of their two year marriage last month when Simpson filed for divorce. Initially, the couple made a joint statement saying, "We remain friends and deeply committed and loving parents to

our son Bronx, whose happiness and well-being remains our No. 1 priority.” Now, Wentz has filed a divorce response in Los Angeles. Simpson had originally filed for divorce requesting sole custody of their two-year-old son. Wentz’s request seeks joint custody. Since the divorce proceedings still fairly fresh, it’s difficult to say whether or not a custody battle is in the works.

## **Who should your kids live with after a split?**

### **Cupid’s Advice:**

One of the most difficult and important decisions parents can make when going through a divorce is where the children are placed following. Cupid’s got some things to consider:

- 1. If they’re young:** So much is changing in their lives right now, so it’s important to keep as much the same as possible. If they don’t have to change schools, don’t make them. Have the children stay with the parent who can keep them in the same district.
- 2. If they’re older:** Let them choose. If both parents are capable and willing, there is no reason why the child(ren) in question can’t make the decision.
- 3. Best of both worlds:** If at all possible, file a joint custody arrangement so that both parents would live with the child(ren) at different times.

---

# **Charlie Sheen’s Goddesses**

# Insist He's a Good Dad



Apparently Charlie Sheen is “winning” with some of his friends in the adult entertainment industry. His “goddesses” Melanie Rios and Kasey Jordan insist that Sheen’s recent antics are not indicative of his ability to be a father and his love for his daughters Sam, 7, and Lola, 5, with Denise Richards and two-year-old twin sons Max and Bob with Brooke Mueller. According to [UsMagazine.com](http://UsMagazine.com), Rios claims, “He loves his kids and he makes an effort to be there for them.” Even Mueller admits, “He knows he has an addiction and in order to be a good father, he has to kick the addiction. He loves his kids.”

**How can you tell if your partner is a good parent?**

**Cupid’s Advice:**

**1. Patience:** Kids can be frustrating and difficult, and the

only way to get through being a parent is with a lot of patience. Look for signs to see how your partner reacts in these high stress situations.

**2. Compassion:** If your partner is loving and compassionate with you and others, that is most likely the way he will be with your children.

**3. Responsible:** The decisions you and your partner make with your children can effect them for the rest of their lives. Make sure your mate is responsible enough to handle what is going on now, before you add kids into the mix.

---

## Charlie Sheen and Brooke Mueller Don't Reach Custody Agreement





With no luck in reaching a custody settlement over the weekend, Charlie Sheen and Brooke Mueller will battle it out in court on Tuesday. Sources tell [TMZ](#) that several issues stood in the way of an agreement. Mueller insists that a monitor is present whenever Sheen has the twins, Max and Bob, at his house. And she wants to make sure that any current or future partner Sheen has doesn't have the right to "exercise parental responsibilities." In order for the estranged couple to gear up for the court fight, Sheen's lawyer must contact Mueller's lawyer on Monday.

## **What should you tell your kids during a custody fight?**

### **Cupid's Advice:**

When you're in court fighting over your children, it can be tough on them. Cupid has some things you can tell them during the battle:

- 1. Positive image:** No matter how much you dislike your ex-spouse, never trash him or her in front of your kids. Your children should have a positive image of you both, and not be swayed by any conflict.

**2. No one's fault:** Let them know that it's not their fault and has nothing to do with them.

**3. Spending time:** Let them know that by getting a divorce, it won't change the fact that you will always be their mother or father. Things will be mostly the same, except you all won't spend time together as much.

---

## Sandra Bullock Says She's a 'Better Person' After Baby Louis



Academy Award winner Sandra Bullock dazzled in red this past Sunday at the 2011



Oscars. Bullock received her 2010 Best Actress Oscar (for *Blind Side*) only to find herself filing for divorce from now ex-husband Jesse James just weeks later. So what was on Bullock's mind this past Sunday when she was being questioned on the red carpet? According to [UsMagazine.com](http://UsMagazine.com), it's on her new main man, baby Louis. Bullock adopted in secret in January of 2010 finally making it public later that spring. The actress, who has returned to making movies again after a year and a half sabbatical gushed about her new life. "It's made me a better person. I'm more patient and accommodating. I really appreciate where I am."

## **Does having a child change your relationship with your partner?**

### **Cupid's Advice:**

Bringing a child into the mix will guarantee one thing in your relationship, and that's a major change. Whether that change is for the better or the worse is up to you:

**1. Communicate better:** With a baby in tow, both of you will be sleepless and irritable. Make sure not to take your lack of sleep out on each other, even if you have to come out right and say it. Sometimes just acknowledging that you're tired and easily annoyed can make all the difference.

**2. Create a new routine:** Long gone are the days of Friday night dates and lazy Sundays. In their place, you can create new routines and patterns. Suddenly, minor things like brewing coffee for your love in the morning will be just the loving touch he needs.

**3. Bringing out the best:** Now, it's not just you that you're looking out for, but a whole new person. Now is the time when you and your partner really have to have those hard discussions about morals and values, and which ones you'll be teaching. And if you two can't agree to disagree on some, then there's a long road ahead of you.

---

# Natalie Portman's Co-Star Says She Will Be 'Best Mom in the World'



Academy Award winner Natalie Portman is admired by many for her phenomenal acting in *Black Swan*, but her friend and co-star, Greta Gerwig, who co-starred with Portman in *No Strings Attached*, is praising her for another reason. "I think if everything else she does in her life is an indication of what a great mom she'll make, she's going to be the best mom in the world," Gerwig told [People](#) Saturday at the Film Independent's Spirit Awards. "She's a lovely girl to pal around with. It's been really great to know her." Gerwig was nominated for Best Actress at

the Independent Spirit Awards against Portman, and although she knew her odds of winning were slim, she was thrilled with her nomination.

**How do you know if your partner will make a good parent?**

### **Cupid's Advice:**

Are you wondering if your significant other will be a good parent? There are many qualities for which to look:

- 1. Patience:** Patience is the first characteristic necessary to being a good parent. You need to have the ability to tolerate daily circumstances that occur when raising your child.
- 2. Responsibility:** Being a good parent means being responsible and putting the needs of your child above your own.
- 3. Reliable:** If you can rely on your partner, then you can be sure to count on him or her when your child needs one of you.

---

## **Penélope Cruz and Javier Bardem Find Time for Romantic Dinner**





*Vicky Cristina*

*Barcelona* stars and now-spouses Penélope Cruz and Javier Bardem found themselves with some free time last week, reports [People](#). The couple, who just had their first child together, were able to get away for a romantic dinner in London at Gordon Ramsay. Onlookers say the two couldn't keep their hands off of each other and that they were looking very cozy.

**How do you find time for romance when you have a baby?**

**Cupid's Advice:**

It's easy to focus all of your attention on your new bundle of joy, but in order to main both your sanity and your relationship, make sure to take some time out to focus on romance:

- 1. Schedule it:** It may not be the most romantic idea, but if you don't schedule some alone time, no one will. So make dinner reservations for two, and get a babysitter.
- 2. Find a pattern:** Does your baby's nap time always seem to fall around the same time as when your partner gets home? Take advantage of it, and cuddle together in the rare

silence. Just make sure there's a baby monitor nearby in case both of you fall asleep.

**3. Create inside jokes:** Nobody will be spending more time around your newborn than you and your spouse. To create a connection during a less than private time, mention something that only your honey will understand. The inside information will bring a smile to his face.

---

## Teen Mom Star Leah Explains Why Husband Corey Is 'the One'



*Teen Mom star Leah*

Messer says the relationship between she and her husband Corey Simms is better than ever, according to [UsMagazine.com](http://UsMagazine.com). In fact, she recently told her friend that he is "The One." "At first there were ups and downs, but I think we're doing really good now," Messer said. "The thing is with me and Corey, we do things very fast. From the very beginning, we got pregnant. But with [him], I feel like I'm happier than I've ever been in my entire life." She added that if he were to propose she would say "yes – hell yeah!" The relationship between these two has been no walk in the park, including a six month break following Messer's affair with an ex-boyfriend.

### **Can you regain trust after your partner cheats?**

#### **Cupid's Advice:**

Probably one of the most difficult things to do is trust once it's been broken. It involves more than just your partner's desire to make things right. Cupid has a few suggestions:

- 1. Honesty is the best policy:** They broke the trust, so now they have to work twice as hard to regain it. The only to do that is to simply be honest ... all the time. Set up a policy of total disclosure between you and your partner.
- 2. Forgive, but don't forget:** If you're serious about making your relationship work again, then you'll have to forgive your partner. Remember that just because they came back, it doesn't mean they won't leave again. So be cautious, especially at first.
- 3. Find out why:** This is something you may not want to hear, but there may be some opportunities for your relationship to grow if you know what drove them away from you in the first place.



---

# Katy Perry's Mom Wants Grandkids ASAP



Celebrity newlyweds Katy Perry and Russell Brand are in no hurry to have children, but Perry's mother, Mary Hudson, is singing a very different tune. As the wannabe grandmother told [People](#) on the red carpet of the 53<sup>rd</sup> Annual Grammy Awards, "I just can't wait for them to have babies. Grandma, here we come!" She also stated that the couple makes a great team in spite of their busy schedules.

**How do you handle pressure to have kids?**

## **Cupid's Advice:**

Many couples have faced the pressure to start a family when they aren't ready. The best course of action is to ignore the critics and do what is right for you:

- 1. Ignore it:** People will say what they want and you can do what you want. Nod, smile ... and tune out.
- 2. Put the ball back in their court:** Sometimes it's best to ask the people pressuring you when they are going to change something in their lives that is equally dramatic. See how they like it!
- 3. Put your foot down:** Tell people that it's none of their business to decide when you make changes to your life, especially one as big as starting a family.