

Kristin Cavallari Can't Wait to Put on Heels Post-Birth



By Nicole Weintraub

Former reality star Kristin Cavallari has decided to take on designing a shoe collection with the brand Chinese Laundry. According to [People](#), the new mom has toned down her wardrobe since welcoming her son with Jay Cutler. She stopped wearing heels in the latter part of her pregnancy but in reference to being reunited with her pumps she announces, "I'm looking forward to the first time." This designer isn't just stopping at a shoe line though as she has a jewelry line coming out in February and hopes for a maternity line in the future.

What are some ways to feel attractive after having a baby?

Cupid's Advice:

Having a baby is a huge ordeal, as caring for a newborn is a lot of responsibility and pressure. Here are some tips on how to feel more attractive after having a baby:

1. Go out: Just because you have a baby, doesn't mean you can't enjoy a night out on the town. Have a date night with your partner or a girls' night out to raise your spirits and give you something for which to look forward. The more fun you're having, the less you'll feel self-conscious. Having a baby does not change your identity – you're still the same beautiful person you were before your pregnancy.

2. Pamper yourself: You feel your best when you look your best. If you've been feeling a little low, treat yourself. Perhaps go for a nice relaxing massage or go for that pedicure you've been putting off because you can't find the time. Schedule some alone time in so that you can enjoy a little relaxation time. You deserve to indulge every now and then.

3. Be productive: Sometimes we feel unattractive when we feel unproductive and have nothing to do. Go to the gym, put the baby in the stroller and go for a walk around the park. A little movement and change of scenery does a lot, especially if you've been stuck in the house between the later stages of pregnancy and caring for a new baby.

What are some ways to raise your self esteem after you have a baby? Share your thoughts below.

Anna Faris And Chris Pratt Welcome Child



Brand new parents Anna Faris and Chris Pratt have welcomed their son Jack into the family on Saturday according to UsMagazine.com. Anna went into labor prior to her due date leading Jack to spend some time in the NICU. The couple has asked the public for privacy while their son remains in the hospital. Faris and Pratt have been planning to have a child, having decided that the time had come to add a little bundle of joy to their family.

How do you know if your partner will make a good parent?

Cupid's Advice:

Taking the next step of welcoming a child into your family is not a lighthearted decision to make. Here are some steps to keep in mind when figuring if your partner will be a good parent:

1. Trust and communication: The most important factor in a successful relationship is trust. You need to be able to properly co-parent with your partner. In order to successfully accomplish this, you must be able to trust your partner, especially in their choices.

2. Responsibility: A child should not be raising a child. Is your partner ready to step it up and care for another life? Being able to take responsibility and to maintain a level head in emergencies is always a good quality to have when being a parent. Children need to be taken care of from the moment they enter this world until they move out when they are adults themselves. Can your partner be mature and rational?

3. Stability: If you have a rocky relationship, it may not be the right time to have a child. A solid foundation is needed in order to grow as a couple to embrace parenthood. Not only should you and your partner be economically stable but also emotionally stable with one another. The two of you are partners – a team – that your child will need to lean on as he or she grows.

How did you know your partner was the right one to start a family with? What are some qualities you would look for in a partner? Tell us!

Céline Dion On Motherhood: “I’m More Grounded Now Than Ever Before”



By Carolyn Robertson for Celebrity Baby Scoop

Mom-of-three Céline Dion bares just about all in the pages of the September issue of V magazine. Posing for a series of sultry pics for photographer Sebastian Faena, the Canadian songstress, who has sons **René-Charles**, **Nelson** and **Eddy** with her husband **René Angélil**, opens up about music and motherhood.

Related Link: [Celine Dion Pregnant with Twins](#)

On being an open book: “I’ve been an open book all my life, and I think that’s why people like me. I’ve been criticized

for it, but I'm not forcing myself to be the person that you see... For me to tell someone that my husband had cancer, that we were struggling to have kids, or whatever we've gone through, talking about my life lets people know the real me. I've shared everything with them. They come for the whole package. I don't think they just come for the songs."

On motherhood: "I thought I had a life before, but until I was a mom, I had no idea. Why would I want a hit? Why would I want to win awards? There is nothing I can hope and wish for my career: I can just hope to be blessed as a mother for the rest of my life the way I am now."

On her legacy: "Motherhood. Without a doubt. I did not lose myself to try to realize a dream. Everyone thinks that now I've climbed this ladder and I'm at the top of the top of the top. I really see the opposite. When I was five and nine and twelve, I was on the top of the ladder and I was looking down. My head was in the clouds. In time I came down the ladder. I'm a mother now. I'm more grounded now than ever before."

Maggie Gyllenhaal: I'm Less Judgmental Now That I'm A Mom





By Jenny Schafer for Celebrity Baby Scoop

Academy Award-nominated actress Maggie Gyllenhaal appears in Scholastic Parent & Child's August/September Back-to-School issue discussing her new film 'Won't Back Down,' mommy politics, and her two daughters **Ramona**, 5, and **Gloria**, 4 months.

On mommy wars: "I used to be judgmental of the way other people would parent. I would look at someone talking on a cell phone while her baby was asleep in a stroller and think, 'How can that mother have her cell phone out?' Then you actually have a baby and you're like, she's sleeping; I have 10 minutes; I'll make three phone calls. I think so much of my judgement—not only about how people parent, but about people in general—went away when I became a mom."

On mommy perfection: "I was 28 when Ramona was born, and I had this idea that I think a lot of people in their twenties have, that I was supposed to do it perfectly. At least, if not perfectly, then exceptionally well. I've realized that that isn't possible and that part of being a human is making

mistakes—and making lots of them.”

Related Link: [Maggie Gyllenhaal and Peter Sarsgaard Welcome Second Child](#)

On the joys of motherhood: “Now that Ramona is older, I enjoy hanging out with her as a friend. I know there’s the element of parenting where you have to be a mom and say no and do all the things that are not fun. But the fun part is being with this little person and learning about the world and listening to her questions. She comes and runs errands with me and we make it fun. When we talk, she talks like a person. She knows the words that she needs. She’ll ask me if she doesn’t. I like that.”

For more with Maggie, pick up *Scholastic Parent & Child* August/September issue, hitting newsstands August 20.

Chelsea Clinton Discusses Plans to Have Children





After two years of marriage, former First Daughter Chelsea Clinton is finally talking babies with Marc Mezvinsky. UsMagazine.com reports that in the September issue of *Vogue* Clinton shares that starting a family is “certainly something that Marc and I talk a lot about.” But the couple is in no rush. “Marc and I are both working really hard right now, but I think in a couple of years, hopefully . . . literally, God willing. And I hope my mom can wait that long.” Clinton is coincidentally the same age as her mother, Secretary of State Hillary Rodham Clinton, was when she gave birth.

How do you know when it’s the right time to have kids?

Cupid’s Advice:

After marriage the idea of having kids can be exciting, but you have to make sure you are settled in your life before taking on a whole new adventure. Here’s how to make sure the timing is right:

1. Financially secure: You want your kids to have the best life possible, and if you’re having money problems your child

will be negatively affected. Having children is all about love but don't forget that you also need to be able to support them.

2. You've spent enough alone time in your marriage: After your big wedding day, spend at least a couple of months in the honeymoon phase of your marriage. Get to know each other as a married couple and enjoy your intimate alone time before you add a plus one.

3. You know what you're getting into: The thought of having children can conjure up images of love, playfulness and happiness, but you need to be prepared for all of the difficulties behind the positives. You need to read up on what to expect during pregnancy, how to care for newborns and then some. It would even help to get advice from other families. No one knows exactly what to expect when starting a family, but it's good to be knowledgeable about the basics.

How would you know when it's the right time to have kids? Tell us below.

Rachel Weisz Opens Up About Her Marriage to Daniel Craig





Bourne Legacy star Rachel Weisz has never truly been open about her secretive year-long marriage with Daniel Craig...until now. UsMagazine.com reports that in the September issue of *Marie Claire UK* Weisz shares how their relationship evolved and what it's like balancing motherhood, her career and Craig's career. When asked if it was love at first sight, Weisz said, "It wasn't really like that; we'd been friends for ages." Without delving into too many details, Weisz felt more comfortable talking about her career rather than her love life. "You both understand you've got to be flexible," she says. "Every few months you start a new job." It sounds like this acting duo has found the perfect balancing act between overexposure and privacy.

What details of your marriage should you keep to yourself?

Cupid's Advice:

Talking about your relationship is a healthy habit, but you do not want to expose every little detail. Here's how to know you've gone too far:

1. Fights: As angry as you may be, spilling all of the details about your fights is never a good idea. You can tell friends and family why you're fighting, but do not delve into 'he said, she said,' details, because it will only cause more drama.

2. Intimate moments: There are certain moments in your marriage that are only meant for the two of you, and the two of you alone. Intimate moments like cuddling and talking about how much you love each other should only be for your memory, not anyone else's.

3. What you do not like about your counterpart: I'm sure you can make an entire list expressing everything you love about your partner, but one negative comment will erase the entire positive. Only share the good details of your marriage, or it will come back to bite you.

What details of your marriage do you think you should you keep to yourself? Tell us below.

**Does Your Womb Have A
Vacancy?**





By David Wygant

Do you love talking about the potential of having children in the near future? Is your number-one goal to meet somebody, just so you can have children? Quite simply, are you dating because your womb has a vacancy? Well then, you're dating *100% wrong*. Let me tell you something: women that think like this are women that will be raising kids *alone*.

How do I know that? Because I've been through it. Here are some things to think about:

Related Link: [Megan Fox Explains Why She's Waiting to Have Children](#)

All relationships need nurturing: Men, women, we all need to nurture one another. In order to have a great relationship with a solid foundation, the flow should usually look something like this: Man meets woman. Woman meets man. Woman respects man. Man respects woman. Man fulfills woman's needs. Woman fulfills man's needs. These are the basic principles of a relationship. We've learned it since the beginning of time.

When we first came into this world, our mom nurtured us. Our dads made sure all our needs were being met. Unfortunately, as we get older, we run into relationships where our needs are not being met, and that's the problem. There are too many women running around with a biological clock ticking, wanting and desiring a family. So they start marrying men, and once the child comes, they are doing nothing to nurture their relationship because a *child* was the number one desire in the first place.

Are you one of those women?: Are you one of those women whose number one desire is to have children, because your biological clock is ticking, your womb has vacancy and all you think about is meeting a man to have a kid? Life doesn't work that way. You can't—even if you're now in your 30s—*rush* a relationship for the sake of having children. What happens is simple: you won't be laying a solid foundation, and you will get exactly what you wanted—a kid—but you will be with a man that you don't spend any time nurturing and honoring. There are so many men running around in this world that have not been nurtured, not been honored and not received the love that they needed because they met a woman who had a womb vacancy.

Related Link: [Best Celebrity Moms \(Who Also Make Great Wives\)](#)

It's time that you got honest with yourself: What part of a relationship do you really desire? Do you want a *relationship* or do you want a *kid*? If you want a *family*, then you have to put your relationship first—you have to build roots. A family is rooted. It starts when two people love each other, honor one another and nurture one another. Too many times—in all my years of coaching—have I seen women bamboozle men. The woman gives him great things, promises him the world and then all of a sudden the child comes and guess what happens: the man no longer gets attention, no longer gets nurtured and it becomes all about what the woman really wanted in the first place. She wanted that vacant womb to be fulfilled. She wanted to be a *mother*.

This is an open letter to every single woman out there: Make sure you realize that it's not *just* about having a baby. This is your wake-up call: be honest with yourself and who you are as a person. There are too many kids running around in this world that don't have a mom and a dad. Or maybe they have a mom and a dad but they don't have a mom and a dad that live together. Or they live together but they don't love each other. And one reason for this tragedy is that there are too many women out there that are selfish and on a biological clock. Don't tell me I don't understand a biological clock—I understand what human emotions are and I understand what priorities are, and I understand that if you've got this clock ticking you may not be making the best decisions. You may just be thinking about one thing: filling that vacancy. But if you really want to fill it right away, call Priceline. They're masters at filling vacant hotel rooms, maybe you can get them to fill your womb! Just don't think finding a man will solve that problem as easily.

David Wygant is an internationally-renowned dating and relationship coach, author of the new book [Naked and speaker](#). Through his boot camps, personal coaching and his at www.DavidWygant.com, his advice has transformed the dating lives and relationships of hundreds of thousands of people from every corner of the globe.

Jennifer Lopez: I Want To Be A Great Parent



By Jenny Schafer for Celebrity Baby Scoop

Jennifer Lopez gets gorgeous in Givenchy on the cover of [InStyle](#)'s September 2012 issue, on newsstands August 17. In the interview, J.Lo, 43, opens up about being mom to 4-year-old twins **Max** and **Emme** and "believing in love."

On motherhood: "Of course, I'm the same as any parent. I feel the pressures of wanting to be a great parent and of wanting to do right by my children. I feel the pressure of knowing you can't be perfect even though you want to be. One thing I've learned: Being a mom, or a dad, is the most important job there is. It doesn't matter who you are. You have to embrace it for everything that it is."

On love: "The most important quality the man in my life should have is that he is sweet. I like the good guys and the hard part is that you never stop believing in love. You never stop."

But that's also the best part. You never stop believing, and you never, ever give up."

Related Link: [Jennifer Lopez Isn't Giving Up on Marriage](#)

On surviving tough times: "I live by the mantra that God doesn't give you anything you can't handle. It's not until something bad or difficult happens that you really get to grow. And then you realize that those difficult moments, the times when you feel pain, are when you do a lot of your growing. You realize: There's no reason to be terrified of things. Either way I'm going to be OK. At this point in my life, I've learned I can really survive things."

Kristin Cavallari Gushes About Motherhood





Kristin Cavallari is officially a mom! *The Hills* star gave birth to her first son, Camden Jack Cutler, with Chicago Bears quarterback Jay Cutler on Wednesday. According to [People](#), the 25-year old tweeted, “Being a mom is the most incredible feeling. I am so in love with this little boy!” Now that the couple has welcomed the new addition to their family, their wedding plans can go into full swing. The stars have been engaged since January after a short split.

How do you know if your partner will be a good parent?

Cupid’s Advice:

There are many qualities that go into being an excellent parent. Although no one is expected to have mastered parenting in nine months, here are some qualities that are a must when choosing the person you want to spend your life with:

- 1. Responsible:** Responsibility is the most important attribute of a parent. There is a life that is now dependent on you, and it’s the one person you don’t want to let down.
- 2. Sense of humor:** Children are full of energy and love to

have fun. Good parents should love having fun with their kids and should never take themselves too seriously.

3. Good communicator: Communication is the key to any functioning relationship, especially with your children. Your role is not to only talk, but to listen as well.

What qualities do you expect when searching for the mother/father of your children? Share your thoughts with us.

Jennifer Garner Says Ben Affleck Wants More Kids



Three kids and counting, and Ben Affleck still wants more kids with wife Jennifer Garner. [People](#) reports that Garner told *Extra*, “The fact that Ben wants another [baby] is true.” But the feeling is not mutual. Garner says, “I am not anticipating having any more kids!” The actor duo had their first son named Samuel just five months ago, also have two girls ages six and three. With three young children to take care of, Garner says it has been “absolute chaos” in their home.

How do you know when enough is enough when it comes to having kids?

Cupid’s Advice:

Having children can be the most beautiful gift in the world, but don’t take on too much when it comes to having and raising kids. Here’s how to know when enough is enough:

1. Your finances are unstable: You want your kids to have the best life possible and their life will be negatively affected if you are not financially secure. From buying diapers and clothes to saving up for their college fund, money is a major factor in having children. If you are just getting by taking care of the children you already have, you may want to hold back on having more.

2. You’re overwhelmed as it is: The stress of balancing work, children and finances can be overwhelming. If you are strained from your hectic life, adding another child to the equation will not help.

3. One person in the relationship doesn’t want any more: Relationships are all about compromise, not winning and losing. If one person in the relationship doesn’t want more kids, you must respect that. Let them be the best parent they can be to the children you already have, and don’t pressure them for more.

How would you know when enough is enough when it comes to having kids? Tell us below.

Matthew McConaughey's Kids Are Excited to Have a New Sibling



Matthew McConaughey and new wife Camila McConaughey (formerly Alves) aren't the only ones who are eager for their newest child. As the public grows excited by Camila's visible baby bump, their son, Levi, and daughter Vida are especially anxious for their new sibling. Although they still can't

decide whether they'd rather have a sister or a brother, the two still "danced and sang" when they heard the news, according to [People](#). The couple have been married for a month.

How can you prepare your family for a new addition?

Cupid's Advice:

Anticipating an addition to your family is always an exciting time. Your life will soon be changing in many ways, so it's best to plan ahead. Here are some ways to prepare your family for a new addition:

1. Tell them early: If you have small children, it's best that you and your partner let them know as early as possible that you're expecting. This gives them ample time to prepare themselves for their new responsibilities and ask you any questions they may have.

2. Make room: You and your beau may have lived comfortably in a one-bedroom apartment, but as your family grows, so should your living space. Even if you already have a child, you'll still find yourself with even less room than before.

3. Stay positive: You may have many worries now, but if you and your honey keep a positive attitude, your environment (and your outlook) will drastically change.

What are some ways you can prepare your family for a new addition? Tell us your story below.

Vanessa Minnillo Says She's 'Excited' to Become a Mom



Vanessa Minnillo and Nick Lachey's family is about to get bigger. The couple is expecting their first child in the next few months and it's no surprise that both are elated for the fast approaching arrival of their son. The couple is even more ready to take on the unexpected, which for Mrs. Lachey includes working on ABC's second season of *The Wipeout* with a newborn baby at home. The gorgeous star told UsMagazine.com, "We're still working on everything... it's an exciting time." Despite all that's going on, it's expected for these two to come out on top.

How do you prepare your relationship for welcoming a child?

Cupid's Advice:

Welcoming a child is an exciting experience for any couple. But like every change in a relationship, it takes adjustments. Here are some ways to maintain a successful relationship with a new child in your world:

1. Recognize priorities: Priorities change for any person who becomes a parent. Accept the fact that you must now share your sweetie with someone else: your baby.

2. Family time: Continue to do things together, even if it's simply giving the baby a bath. You can bond with your baby and your love at the same time.

3. Baby duty: Split your baby duties equally. Work out who will be taking care of the baby at what times, including the middle of the night.

How would you prepare your relationship for a new baby? Share your thoughts with us.

Eva Longoria Shares the Excitement of Victoria Beckham's Daughter's First Steps





Victoria Beckham's daughter Harper took her first steps in public recently, and tweeted a picture of the milestone. However, Beckham's long-time friend Eva Longoria didn't have to take to Twitter to see her 1-year-old goddaughter walking. Instead, she got a personal email about it. "I saw the Tweet, but Victoria had emailed me a picture earlier," Longoria told [People](#). Longoria was in L.A. when Harper walked hand-in-hand with her mom in Dublin. Being the supportive friend that she is, Longoria also attended Harper's first birthday with Victoria and David Beckham in L.A.

What are some ways you can show your support for a friend's child?

Cupid's Advice:

It's easy to be supportive for your friend, but being supportive to your friend's child can be a little more complicated. Here are some ways to show that support with ease:

1. Give random gifts: Don't just give gifts on the more

significant events in their life like birthdays. Children grow quickly, so buy your friend's kids new outfits occasionally. Surprising them with little treats will make sure they're always happy to see you.

2. Celebrate the big moments: Like Eva Longoria, celebrate the milestones in your friends' children's lives. Go to their cartoon-themed birthday bashes and share in the excitement when the tooth fairy comes for the first time. Even if you can't make every celebration, send a friendly email or gift.

3. Volunteer to babysit: There's nothing more supportive than babysitting for your friend who desperately needs a date night away from the kids. This will not only help your friend out, but it will allow you to grow closer to your friend's children.

How would you show support for a friend's child? Tell us below.

Jason Segel Spends the Weekend with Michelle Williams and Matilda





Is Jason Segel finally serious in the dating world? The 32-year old actor has been playing daddy for 6-year old Matilda, Michelle Williams's daughter, ever since he and Williams became a couple. Segel, Williams and Matilda were spotted leaving the Broadway musical *Jersey Boys* before doing a little shopping together one afternoon. Later, they were all spotted having lunch in Brooklyn. Segel is showing a lot of commitment by acting as the father figure to Williams's little girl. A source for UsMagazine.com claims, "He's been doing all sorts of 'dad stuff' with her, like drawing and playing music." The two seem in love, and adding in a third for a trio doesn't seem to be a problem for their relationship.

How do you bond with your partner's child?

Cupid's Advice:

Sometimes relationships can get even more complicated by adding a child. Here are some ways to bond with your partner's child and help ease up that often-troubling situation:

1. Be honest with them: Children are curious, so if they're old enough to ask you personal questions, they most likely will. Tell them whatever they want to know about yourself, and be sure to be honest. It's likely to bring you two closer together.

2. Find things in common: Try to pick up on things that the child likes to do, and use that to bond with them. If they like sports or movies, take a day to do those things with them.

3. Include them on some of your couple's activities: Children always enjoy being included in any plans you have with their parent. Bring them along on some of your dates and make them family activities. You'll still have a romantic time while also being able to connect with your partner's child.

What are some ways you would bond with your partner's child? Share your thoughts below.

Rumor: Is Katie Holmes Planning to Change Suri's Name?





There couldn't have been a divorce between Tom Cruise and Katie Holmes without some drama over their daughter Suri. Does Holmes hate Cruise so much that she plans to change their daughter's name after the divorce? British magazine [Now Daily](#) printed a story in which a close friend of the family claimed Holmes planned to change Suri's last name to "Holmes." The source also mentioned that Holmes hates the name "Suri" and has been referring to her daughter as "Scout." Although this information is unclear, it still has been making things harder for a couple still in the middle of a difficult divorce.

What are some ways to decide what to name your child?

Cupid's Advice: Choosing your baby's name is an incredibly important decision, and everyone has a different way of making a selection. Here are some creative ways on how to finally make a decision:

1. Baby names book: This is probably the least original and easiest way to choose your child's name, but it almost always helps. If you go through a couple of pages of the book every

day, you'll eventually find yourself stumbling upon one that you love.

2. Name them after you or your partner: Let your new child carry on your name or your partner's, or at least something similar. You're sure to be proud that they have your name, making this a choice you aren't likely to regret.

3. Name them after someone who you look up to: Choose the name of a figure who has inspired you, whether it's a character in a book or a historical figure. Using this name will carry on a much deeper meaning to you and your child than one that just has a sound you like.

What are some ways you would decide to choose a name for your child? Share your comments below.

Jessica Simpson Celebrates Her Birthday With Eric Johnson and Daughter





Jessica Simpson and her family (fiancé Eric Johnson and daughter Maxwell) shared her birthday at an outdoor lunch. According to UsMagazine.com, The 32-year-old *Fashion Star* judge sipped champagne, and her family and friends sang “Happy Birthday” to her. After Johnson gave her a \$15,000 Birkin bag on her last birthday, we can’t help, but think that baby Maxwell Drew Johnson is what made her birthday perfect this year. Happy Birthday, Jessica!

What are some romantic birthday surprises for your partner?

Cupid’s Advice:

Birthdays are super important, and it can be hard to surprise your partner with a gift that will top last year’s present. Here are some romantic birthday surprises for your partner:

- 1. Birthday suit:** If a birthday lunch or dinner is planned, have your partner get ready a bit early and surprise them with a hot bath and massage before you two get dressed.
- 2. Birthday getaway:** There is nothing more surprising and romantic than a last minute trip. Plan ahead of time, or pick

a place on the morning of your partner's birthday for a fun vacation.

4. Birthday melody: In what year was your partner born? Make a CD with the music hits that came out the year he or she was born. Pop it in and serenade them.

What romantic birthday surprises have you given your partner? Share for comments below.

Christina Aguilera and Matt Rutler Enjoy Five-Course Dinner Date With Her Son Max





This weekend, Christina Aguilera was spotted at dinner with her husband, Matt Rutler. According to [People](#), the couple also brought along their 4-year old son, Max. The party of three enjoyed a five-course meal at Restaurant 1833, paying over \$65 a person. A source who was also dining out tells *People*, “Christina was very kind to the staff and incredibly attentive to Max.”

How can you include your kids in date night?

Cupid’s Advice:

If you can’t find a babysitter, there’s no need to panic. There are plenty of ways to include your children on your date night. Consider these simple and romantic ideas:

1. Have a picnic at home: Prepare some food in a basket and lay out a blanket on the living room floor for your whole family. Even though you’re still at home, changing where you eat can spark new conversations and create lasting memories.

2. Make your home a movie theater: Set up blankets and pillows

on the floor for your kids while you and your beau take over the couch. This will give you and him some time together while still involving the whole family.

3) Take your kids to the park: Allow your kids to have fun together, running around and playing on the swings. Meanwhile, you and your partner can enjoy some time alone sitting on a bench as you watch them from afar.

How do you include your kids in a date night? Tell us below.

Sienna Miller and Tom Sturridge Welcome Their First Child





Sienna Miller and fiancée Tom Sturridge had much more to celebrate this past week than Independence Day. According to UsMagazine.com, the couple welcomed a new baby girl into their world over the weekend in London. The *G.I. Joe* star and her future husband kept quiet about her pregnancy up until April, just two months after publicly acknowledging their engagement. The talented acting duo has been dating for over a year.

What are some reasons to keep your pregnancy quiet at first?

Cupid's Advice:

Pregnancy is a beautiful, exciting thing for everyone involved, but it can also be very complicated. Here are some reasons to remain silent about your baby news for a little while longer:

- 1. Check with doctor:** Home pregnancy tests are not always accurate. Before you spread the word, book an appointment with your doctor to be sure the test you used didn't mislead you.
- 2. Tell family first:** Avoid telling associates about this

relationship step right away. Your family and close friends won't want to find out such big news from others, so be sure to let them know first.

3. Guarantee your baby is healthy: Ensure there are no complications with your pregnancy before spreading the news. If a complication occurs, it will make your experience even harder if you have to explain it to others.

What are some reasons you would stay quiet about your pregnancy? Share your thoughts with us.

Find Out How Katie Holmes Felt in Her Marriage to Tom Cruise





Now that Katie Holmes has filed for divorce from Tom Cruise, she is taking matters into her own hands after breaking free from what sources say was a 'Scientology-influenced marriage' to the actor. The *Kennedys* star is now pursuing sole legal custody of their 6-year old daughter, Suri Cruise. An insider tells UsMagazine.com, "This is about protecting her daughter. She wants to be in charge of how Suri is being raised and didn't want her to have an exclusively Scientology education." With that said, the divorce of TomKat is just beginning to unfold.

What are some ways to get out of a controlling relationship?

Cupid's Advice:

Ending a relationship is hard enough, but a controlling relationship proves to be an even bigger challenge. Here are some ways to help you take back control of your life:

1. Seek professional help: Searching for words of encouragement is a huge boost when it's time to take action in your relationship. You may find the perspectives of others are

wiser than your own.

2. Make yourself your priority: Make your relationship about you instead of your significant other. This will encourage you get out of a relationship that is not benefiting you.

3. Take back your power: Demand power in the relationship. Your significant other most likely will not allow it, which will help you find an escape.

How have you gotten out of a controlling relationship? Share your stories with us.

EXCLUSIVE: Bachelor Contestants Ann and Jesse Csincsak Defend Their Family By Appearing on Discovery Channel's 'American Guns'





By [Whitney Baker](#)

According to recent polls, twenty-three percent of females now own a gun – up from thirteen percent in 2005. However, plenty of women are still fearful of this powerful weapon. Ann Csincsak, ‘The Bachelor’ Season 13 contestant and wife of ‘The Bachelorette’ season 4 winner Jesse Csincsak, knows this feeling all too well.

“I grew up in a ‘no gun home,’” Ann says. “We strongly believed in the right to own firearms but never did so ourselves. Until my late twenties, I had never even touched a gun.”

This all changed when the couple faced a string of robberies in their neighborhood. Ann and Jesse agreed that with a sixteen-month-old son at home, it was time to decide how they would best defend their family but the happy couple disagreed about keeping a gun in their home. That was until they met up with Rich Wyatt, owner of Gunsmoke and star of the Discovery Channel series ‘American Guns,’ who lives near the Csincsak’s in Wheat Ridge, Colorado. Ann and Jesse opted to take Wyatt’s

three-day self-defense course, which was filmed for the reality show.

Related: [‘American Guns’ Meets ‘The Bachelor’](#)

As viewers will see on this week’s episode, Ann was hesitant about buying a pair of handguns when they arrived at Wyatt’s store. But, her hesitancy soon turned to confidence when she ended up with the fastest draw time in the class. Not only that, but despite her fear of guns, Ann even beat out Jesse in a shooting competition.

“Because of this experience, I now understand the importance of being able to protect yourself,” Ann says. “Women are more vulnerable to attacks, so you have to be prepared to take care of yourself and your [children](#), no matter what the cost.”

Related: [Bachelorette Episode 6: The Dos and Dont’s of Trusting Your Gut](#)

Knowing how to handle a gun with confidence is a valuable skill to have, especially for single women who may live alone or be looking for love in today’s digital dating world. Of course, facing your fear is only the first step. To combat any uncertainty, Ann strongly recommends taking a gun education class.

“Carrying a gun or even just owning one will always make me a little uncomfortable, but the benefit of having one far outweighs the fear,” she says.

Watch ‘American Guns’ this Wednesday at 10 PM/9 PM CT on the Discovery Channel to see what happens when Ann and Jesse meet Rich and his family at Gunsmoke.

EXCLUSIVE: 'Teen Mom' Farrah Abraham Says "I Want a Man Who is the Guy Version of Me"



By Sarah Ribeiro

In the final season of 'Teen Mom,' which premiered on Tuesday, June 12, we are going to see Farrah Abraham as more than just a teen mom. In the premiere, she makes the decision to move from Iowa to Florida with her daughter Sophia, now three-years-old, to study culinary management and begin her life as an adult.

After reaching fame on the hit MTV series '16 and Pregnant,' she showcased her struggles as a single mother in 'Teen Mom.' Furthering her success, she recently announced her partnership

with LA modeling agency Models International as well as the release of her first book, 'My Teenage Dream Ended,' which is due later this summer.

However, she says she won't let her fame get in the way of her relationship with her daughter. "Nothing hinders me from being a great mother," she says. "I will always use my accomplishments to help others and to find more worthwhile projects for myself."

Related: ['Teen Mom' Star Farrah Abraham Thinks About Giving Up Modeling for Daughter](#)

The "Momtrepreneur," as she calls herself, has reached many achievements outside of her life as a reality television star. She has created her own brand of Italian Hot Pepper Sauce, appropriately named 'Mom & Me.' Her motivation, she says, always comes from within: "If you have drive to make a comfortable life for yourself and your family, make no excuses and take action."

In light of her success, Abraham is focusing on her goals rather than romance. In a touching scene in the 'Teen Mom' premiere, she visits the grave of Derek Underwood, Sophia's father, on what would be his twenty-first birthday. Holding back tears, she recalls her time with Derek and wishes he were there to help her raise Sophia. Despite this lament, she is happy on her own.

Abraham doesn't want to force herself into finding love and tries to think it through before she says yes to a date. She explains, "Now, I only go on dates if I really like someone, rather than going on dates just because."

Of course, she has certain criteria that she looks for in a man. It's important for her to find someone who works well with her hectic life as an entrepreneur and a single mother. "If a guy cannot fit in my life naturally, then I don't know how he can ever really be a part of it," she says.

Even so, she emphasizes that her success won't get in the way of dating. "I want someone who is basically the guy version of me," she reveals. "He needs to work hard and have a good sense of humor. It's important that he is intelligent, friendly and family-oriented too."

Related: [Five Top Tips On How To Find "The One"](#)

Dating as a single mother is challenging but Abraham says that honesty makes it easier. "I've learned from other dates that it's best to say you have a child up front, she says. "Guys look at me differently when they think I'm single and twenty-one."

For single parents looking to date, her advice is "Stay true to who you are!" And for those people dating a single parent, she begs that they "be understanding of the time the parent needs to spend with their child."

Although she knows what she wants when it comes to finding the right man, she reveals that we won't see much of her dating on this season of 'Teen Mom.' Instead, she deals with living on her own, raising Sophia, being a student and finding success through her ventures in modeling and writing.

Given her time in the spotlight, Abraham feels like a role model for other single mothers. She encourages them to stay strong and motivated and to find their own happiness. She explains, "Look at me and other single moms who you respect. Try to be a hard-working, Momtrepreneur like them!"

While she's ready for whatever comes next, Abraham is thankful for the hardships she faced during previous seasons of 'Teen Mom' and believes that they've helped her make it this far. "It has inspired me and shown me that no obstacle is too great, that nothing can get in the way of making my wishes and goals come true," she shares. "Everything is at your fingertips – you just have to put your best effort forward to make it happen."

You can catch Abraham on season four of 'Teen Mom,' which airs on Tuesdays at 10/9CT on MTV. You can also follow her on [Twitter](#) or [Facebook](#). To pre-order her book 'My Teenage Dream Ended,' click [here](#).

Best Celebrity Dads (Who Also Make Great Husbands)



By Che Blackwood

At times, dads seem to know everything. They're the ones we can always turn to, whether we need advice on how to drive manual transmission or just want to play soccer. That's why we

love them. However, the greatest lesson a dad can teach is what he'll do for those he loves, including being an awesome husband. By keeping his relationship strong, a father is able to ensure his entire family rests atop a foundation that can weather anything. Here are some celebrity dads who have unlocked the secrets to a strong family by keeping both their kids *and* wives happy:

Related: [Best Celebrity Moms \(Who Also Make Great Wives\)](#)

1. Brad Pitt: While Brad Pitt might not be married yet, he definitely qualifies as a great father and partner. From taking time out of his busy schedule to see his children every day to stressing the importance of family dinners, Brad makes sure his Hollywood lifestyle is kept separate from his home life. To keep his family close, he even makes sure Angelina Jolie only works five days a week. Meanwhile, before proposing to Jolie, Pitt spent a year consulting the best jewelers to ensure the ring would fit her hand and lifestyle perfectly. With such attention to detail, he's able to guarantee a happy life for himself, his soon-to-be wife and their six beautiful children.

2. David Beckham: For this gorgeous athlete, it can't be easy to act in ways that are more impressive than his jawline. But, outside of being a soccer star, model and fashion icon, David Beckham's most notable role is that of a father. By dressing up as the Easter Bunny last April, taking each boy to sporting events on their own and constantly being photographed cuddling with his kids in public, it's obvious that his family is his highest priority. However, being an active father doesn't mean he neglects his famous wife, Victoria Beckham. The two were recently caught kissing at a sporting event, and are often off vacationing with their family. Plus, having just had their fourth child, we think it's obvious Victoria still finds David's jawline as impressive as we do!

3. Will Smith: Will Smith has a reputation as being one of the nicest celebrities around, and his relationship with his children is proof of that. While we thought dedicating a song to his son Trey was adorable, his love has only become more obvious throughout the years. Starring in movies alongside his son Jaden, supporting his daughter Willow's singing career and taking the time to cheer for his kids at their school sporting events, Smith is a great example of an active, loving father. Meanwhile, he and wife Jada Pinkett Smith keep their relationship strong amidst divorce rumors. The power duo has never been shy about the work a marriage takes, and Smith is a strong advocate of keeping his love life creative.

Related: [Power Couples: Celebrity Duos That Command Our Attention](#)

4. Gavin Rossdale: This rocker dad always manages to keep fatherhood cool. Allowing his sons, Kingston and Zuma, to rock Mohawks and crazy styles, Gavin Rossdale knows the importance of self-expression. By taking only one son on tour with him at a time, Rossdale gets alone time with his children while allowing them to experience a well-supervised rock star life. Rossdale is also careful to spend just as much alone time with his wife, musician Gwen Stefani. Since their daily work schedules don't start until after five in the afternoon, the two spend every morning together.

5. Matthew McConaughey: Matthew McConaughey is a father of two with his fiancée, Brazilian model Camila Alves. This laidback superstar has taken on fatherhood with ease, defining parenthood as a "wild adventure." Matthew can often be spotted jogging with a baby strapped to his chest or walking on the beach with his kids in tow. He loves telling amusing and adorable stories about his children. McConaughey and Alves have similar mindsets: they both believe that the secret to a strong family is simply being happy. As such, the two do whatever it is that pleases them, and at this point, nothing brings them more joy than being together.

Who are some of your favorite celebrity dads? Tell us below!

'The Bachelorette' Star Emily Maynard Blows Up at 'Baggage' Comment



Bachelorette Emily Maynard is having some trouble finding her true love. On Monday's episode, set in London, suitor Kalon McMahon brought out a side of Maynard none of the contestants wanted to see after calling her daughter Ricki "baggage," according to [People](#). A hurt Emily exploded on Kalon, feeding him his own line, "I'd love to hear you talk, but not until

I'm done," before immediately sending him packing. She also criticized her other dates for not sticking up for her in her absence.

What do you do if the person you're dating doesn't accept your child?

Cupid's Advice:

Any single parent knows how brutal the dating world can be. Here are some tips to make it easier if your significant other doesn't accept your child:

1. Leave: Any date that doesn't accept your child doesn't accept *you*. There's no point continuing a relationship with this person.

2. Be understanding: If you're dating someone who has never been a parent, you have to understand that they don't know what it's like. Try to show them how important your child is and maybe they'll come around.

3. Involve your child: The problem may be that you haven't had your child around enough. Take the little one out with you more so your significant other can see why your child is so amazing.

What would you do if the person you were dating didn't accept your child? Tell us in the comments below.

The Independent Woman: Do We

Need A Do-Over?



By SMF Marcus Osborne for GalTime.com

If you've been a regular reader of StraightMaleFriend.com or if you've been following this column for the past year or so, you already know that one of my steadfast beliefs is individual independence.

In other words: "Be honestly you."

When it comes to love, dating and relationships, the very best advice anyone could ever offer is for you to be who you truly are. But what happens when being yourself is pushing your love one away?

That simply means that when it comes to love, dating and relationships, the very best advice anyone could ever offer is

for you to be who you truly are, as opposed to what you believe people want/expect you to be. Sure you can (and many people do) fool the masses into buying into some image you've manufactured. Pretending to be "outdoorsy" when you're a couch potato. Acting as though you love foreign cinema when you abhor the idea of reading anything more than the credits during your favorite motion pictures. Passing yourself off as less accomplished than the high-powered executive that you are in order to massage the ego of your latest date.

Related: [Don't Objectify Me... Just Tell Me I'm Hot!](#)

I've long supported women going out and exercising their power in their communities, in the workplace, in the home and in the marketplace. Why not? You've earned it. You've gone to school, fought for your education, worked your way up the corporate ladder and established yourself as a pillar of the community and yet... you're still unfulfilled. For all that you've achieved, there's still a glaring vacancy on your life's resume.

Unmarried and childless... and full of regret. Does that description fit you?

I've made no secret of my deep respect and admiration for the woman who get out there and chase their independence, but on more than one occasion recently, I've had heavy conversations with women who harbor some real regrets about their life choices.

We've gone from a culture that once pushed the idea that women needed to stay at home, raising kids, cooking dinners, and pampering their husbands in order to society to thrive. In essence, women were considered domestic servants with benefits. With the rise of the women's movement, we've reached a point in time where having women outside the household is not a luxury but in most cases, a requirement for the survival of families.

Related: [Has Feminism Ruined Relationships?](#)

Now, maybe this is a small group of professional women feeling the angst of being over 35 and unmarried and without kids, but it's an issue that deserves a conversation. My friend lamented, "Marcus, I'm 40 years old. I'm not married. I don't have kids. And I WANTED all those things, but it may be too late now. Most of the decent guys are already married and even if I met someone TONIGHT, fell in love, got married, and had a baby (if I can still even HAVE a child) it'll still be another two years."

She went on to say that at a young age she decided that she would pursue a career and get settled professionally before settling down to start a family. But throughout the course of her life, career consumed her because that's what she was always advised as a young girl: marriage and family should come after you've established yourself.

Related: [The Truth About Single Men and Strong Women](#)

In hindsight, my friend was wishing that she had given more weight to that life goal. Her feeling was that if she had to do it all over again, she'd have put more stock in long-term relationships and perhaps gotten married and even had those kids. In her mind, even if the marriage hadn't worked out she'd still have had that experience and the children to show for it.

I found her reasoning interesting, but I found her belief that her pursuit of independence had actually been an obstacle to her long-term happiness... absolutely fascinating.

Where do you stand? After all your success, are you feeling like you'd go back and make different choices if you could?