

# Eva Longoria and Mark Sanchez Hold Hands in NYC



By Nicole Weintraub

Eva Longoria and her new man Mark Sanchez were spotted out and about in the Big Apple, reports [People](#). The *Desperate Housewives* actress has recently confirmed that the two are dating after denying any romantic relations back in July. After Longoria split from Eduardo Cruz in March, the star has been laying low regarding her dating life. The New York Jets quarterback is 12 years younger than Longoria, but the two were spotted out on a date on Friday night.

**How do you know when it's time to go public in your relationship?**

## **Cupid's Advice:**

Ready to tell the world about your new beau? Here are some tips on when you know it's time to go public:

**1. You're both committed:** When the two of you have decided that you are seriously committed to one another, then you can start to call it a relationship. Make sure that you're looking for the same type of partnership.

**2. You want people to know:** Some people may prefer to keep their dating lives private and separated from the public eye. It's best to discuss going public with your partner before boasting to the world about your new relationship.

**3. Don't go overboard:** You don't need to shout your love for your partner from the rooftops. Make sure to know the line between opening up about your new relationship and rubbing it in people's faces.

**How did you know when to go public in your relationship? Let us know!**

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## **New Couple: Eva Longoria Is Dating Mark Sanchez**





By Nicole Weintraub

According to [UsMagazine.com](http://UsMagazine.com), [Eva Longoria](#) has snagged another athlete, and this time it's Mark Sanchez. The *Desperate Housewives* star is dating the New York Jets quarterback, who is more than ten years younger than her. "We're happy just dating," she said in describing her current relationship status with the hunky football player. This is not the first athlete to snag Longoria's attention as she has been previously married to Tony Parker, a professional basketball player who she divorced in 2010. "I can't help but want somebody that's, I don't know, athletic," the actress has revealed in the past.

**How do you know when to go public with your relationship?**

### **Cupid's Advice:**

There is a time span between announcing your new relationship and casually dating someone while trying to get to know them. Here are some tips on when the time is right to go public:

**1. Discuss it with each other:** Before labeling your newfound relationship or boasting about your new lover to the world, discuss it with them first. Make sure that the two of you are on the same page as far as the relationship goes.

**2. You're committed:** The two of you should be ready to be fully committed and monotonous with one another before going public as a couple. If you are not ready to be seriously involved with each other, then continue to casually date and get to know them.

**3. You're thinking of the future:** If you cannot see yourself with this person in the future, then it's a waste of time. When the two of you are willing to explore the relationship to see where it goes, that is when you know it is time to go public.

**When did you know it was time to go public with your relationship? Tell us in the comments below.**

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## **Eva Longoria Shares the Excitement of Victoria Beckham's Daughter's First Steps**





Victoria

Beckham's daughter Harper took her first steps in public recently, and tweeted a picture of the milestone. However, Beckham's long-time friend Eva Longoria didn't have to take to Twitter to see her 1-year-old goddaughter walking. Instead, she got a personal email about it. "I saw the Tweet, but Victoria had emailed me a picture earlier," Longoria told [People](#). Longoria was in L.A. when Harper walked hand-in-hand with her mom in Dublin. Being the supportive friend that she is, Longoria also attended Harper's first birthday with Victoria and David Beckham in L.A.

**What are some ways you can show your support for a friend's child?**

### **Cupid's Advice:**

It's easy to be supportive for your friend, but being supportive to your friend's child can be a little more complicated. Here are some ways to show that support with ease:

**1. Give random gifts:** Don't just give gifts on the more significant events in their life like birthdays. Children grow quickly, so buy your friend's kids new outfits occasionally. Surprising them with little treats will make sure they're

always happy to see you.

**2. Celebrate the big moments:** Like Eva Longoria, celebrate the milestones in your friends' children's lives. Go to their cartoon-themed birthday bashes and share in the excitement when the tooth fairy comes for the first time. Even if you can't make every celebration, send a friendly email or gift.

**3. Volunteer to babysit:** There's nothing more supportive than babysitting for your friend who desperately needs a date night away from the kids. This will not only help your friend out, but it will allow you to grow closer to your friend's children.

**How would you show support for a friend's child? Tell us below.**

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## **Eva Longoria Didn't Question Her Worth When Tony Parker Cheated**







Eva Longoria is a

tough woman on the inside, beyond her beautiful looks. The actress is getting back up on her feet after divorcing her cheating husband, Tony Parker. On Thursday, Longoria opened up on Lifetime's *The Conversation With Amanda de Cadenet*, saying that she refuses to blame herself for what happened. She claims to have had a conversation with Parker about why he did what he did, but in a way most women wouldn't have done. "I really wanted to know, and if you genuinely want to get something out of somebody, you have to not judge," she said. Since her divorce, the actress has been able to accept the fact that what happened was out of her control, and to start having fun again. With her positive attitude, Longoria seems to be on the right track to happiness.

**How do you keep from blaming yourself when your partner cheats?**

### **Cupid's Advice:**

Even if something bad has been done to you by someone you love, you can't help but thinking it's something that you did wrong. But guilt and blame will never allow you to get over the situation, and you have to accept what happened and move on for your own sake. Cupid has some tips:

**1. Have a conversation with them:** You can try what Eva Longoria did, and ask your partner to honestly explain why they cheated on you. It will get you some answers to questions that have been haunting you.

**2. Look at it from their point of view:** If it were the other way around, think about why you would have cheated. It's most likely out of temptation. People usually act on impulse and give in to things, so it probably wasn't because you did something wrong.

**3. Remember that cheating is cheating, no excuses:** Regardless of your partner's motives for cheating, it's still wrong. It's a lack of respect to you and the relationship. There shouldn't be any excuses for what they did, which means you especially shouldn't blame yourself.

**What are some other reasons as to why you shouldn't blame yourself for being cheated on. Share your comments below.**

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## **The Ex Factor: What Taylor Swift and Demi Moore Have In Common**







By [Charly Emery](#)

2011 served up some serious heartbreak for a multitude of our favorite celebrities. Off the court, Tony Parker messed up his shot at matrimonial bliss with Eva Longoria. Arnold Schwarzenegger mis-played his hand with Maria, while the Latin heat known as Jennifer Lopez and Marc Anthony incinerated any enthusiasm for making their marriage work. Twitter gave us a glimpse behind the final curtain of Ashton Kutcher and Demi Moore's six year production, and Taylor Swift kept us all armed with a plethora of musical angst-filled love memoirs – courtesy of her little black book of breakups.

So which “ex factor” do Taylor Swift and Demi Moore along with a host of other stars have in common?

They can all take advantage of the clean slate that this brand new year offers by using their “exes” to attract their best relationships ever – and so can you. Here are three tips out of my new dating handbook, *Thank Goodness You Dumped His Ass–Use Those Mr. Wrongs to Lead You Straight to Mr. Right*, for Taylor, Demi and anyone else who's ready to replace their chemistry experiments with a winning romantic concoction that lasts:

**Related:** [Demi Moore Proves There's Hope After Divorce](#)

1. Assess who you were in your previous relationship(s) and ask yourself why you chose him/her.

**Charlyism #5-1:** The worse your ex was, the more important it is for you to pinpoint why you chose him [or her] and invested the effort you made.

2. Re-define what comprises an A-list mate for you, along with what you wish to experience in “your ideal relationship” so you can determine if it’s possible with those you’re [dating](#).

**Related:** [Amy Spencer Talks About ‘Meeting Your Half-Orange’](#)

**Charlyism #3-3:** Defining the necessary ingredients for the relationship you wish to consume will prevent you from living life with a bitter aftertaste.

3. Love yourself first by using your awareness of what you’re looking for to drive your choices so the love portfolios you invest in yield big dividends in satisfaction and fulfillment.

**Charlyism #3-10:** Make sure you love your [partner] more than the idea of being in love with him [or her] and **Charlyism #3-11:** Choose to be 100% of you and single over being less than your best with a man [or woman].

Cheers to your best relationship ever.



# Eva Longoria Says She's Not Angry About Ex Tony Parker's Affair



Eva Longoria is in a different place today than she was just a year ago when she was filing for divorce from then-husband Tony Parker of the San Antonio Spurs. This all happened after the discovery of inappropriate text messages to Parker's teammate's wife. According to [UsMagazine](#), Longoria knows that people think she is "angry and resentful," but that's just not the case. Her forgiving attitude may stem from the successful relationship she's been in since February with Penelope Cruz's little brother, Eduardo Cruz or "Edu" as she affectionately calls him.

**How do you keep from lashing out about a partner's infidelity?**

**Cupid's Advice:**

After a partner cheats on you, it can be a hard thing to overcome even after breaking up with them. It's easy to become angry at the world as the result of one incident. Here are some ways to avoid it:

**1. Keep balance in your life:** Balance is critical after your partner cheats. Force yourself to do things you normally do: go out with friends, eat healthy and try to have fun.

**2. Laugh and cry:** It's good to find a way to laugh during such an emotional time. Watch a funny movie or spend time with people who know how to make you smile. That said, it's okay to cry as well. If you aren't crying naturally, you can watch a sad movie or listen to sad music. Don't be afraid to cry it out.

**3. Find someone new:** It may take a while to be able to trust someone again, but don't be afraid to take that chance. Like Eva Longoria, finding someone new can help you on the path to forgiveness and letting go.

**What are some ways you or a friend have coped with a partner's infidelity? Share your experiences below.**

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## Top 5 Most Traveled Celebrity Couples





By Nisha Ramirez

Once you get past the daunting task of packing and airport security, traveling can be a great way to bond with your partner. Whether you decide to take a road trip through the 50 states or hop on a plane headed around the world, visiting a new place and learning a new culture can bring the two of you closer ... and celebrities are no exception. So, take notes and get out your passport, because these star duos take traveling to the extreme:

**1. Ethan Zohn and Jenna Morasca:** Ethan Zohn won the hit reality TV show *Survivor Africa* and his girlfriend, Jenna Morasca, won *Survivor Amazon*. After being together for eight years, the adventure loving couple took traveling to new heights and joined the cast of *The Amazing Race* in September. Zohn and Morasca hoped the competition across the world would help them relieve stress following Zohn's battle against Hodgkin's disease.

**2. Miranda Kerr and Orlando Bloom:** Avid actor Bloom and his son, Flynn, always travel with hardworking mother, Kerr, for her modeling gigs. The Victoria's Secret beauty has a job that sends her around the world, and she hates being away from her two leading men. Recently, the family traveled to London, after two days of travel, to be with each other while Kerr

walked in Paris Fashion Week. When the couple isn't traveling for work, they still find time to fly and visit Kerr's family in Australia. In September, the two went shopping for a house in New Zealand.

**Related Link:** [Miranda Kerr and Orlando Bloom Welcome a Son](#)

**3. Jay-Z and Beyonce:** These two hip-hop and R&B superstars are always hopping on planes. From laid-back summer vacations to mixing work and pleasure, Jay and Bey have racked up a large number of frequent flyer miles. While Beyonce was working on her album, *4*, the married couple took to France for some R&R and long studio hours. The travel time worked like magic, because Beyonce's album was a success and she's now pregnant with their first child. In September, a month after the pregnancy announcement, the new parents vacationed in Hvar, Croatia.

**4. Prince William, Duke of Cambridge and Catherine, Duchess of Cambridge:** Traveling is a part of William and Kate's new life together, and they take it in stride. After their lavish wedding, the royal couple took a trip around Canada and the west coast of the United States this year. The North America tour took place from June 30, 2011 to July 10, 2011. Getting to see the world is just one of those royal perks!

**Related Link:** [Prince William and Kate Middleton Are On Their Honeymoon](#)

**5. Eva Longoria and Eduardo Cruz:** How do get over a divorce? Find a hot guy with whom to travel around the world. To kick-start their relationship, Longoria and Cruz vacationed in Mexico and Cabo in April and spent the summer tanning aboard a private yacht in Marbella, Spain. Talk about getting to know each other! Spain is Cruz's home country where he hails as a pop sensation. To top it all off, the duo were spotted in London in July as well. Experiencing new places and things often makes a couple grow closer. Longoria says, however, that



she's not ready to tie the knot again quite yet after her divorce from Tony Parker.

Where are the most exciting places you've traveled? Share your experiences below.

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## Eva Longoria Is Not Dating Matt Barnes, Despite Rumors



On Sunday, the *New York Post* claimed that actress Eva Longoria was getting romantic with L.A. Lakers forward, Matt Barnes. They cited a source who said that she seemed “very flirty” and had “a spark” with Barnes during a Thursday dinner in New York City. Although the article included a statement from Longoria’s rep who said the duo were only “friends,” she followed up on WhoSay, saying, “First Jessica Simpson, now this. Once again,



press gets it wrong, matt barnes and I are not dating! We are doing a charity event together for Padres and Athletes vs Cancer.”

**Do you need to defend yourself if rumors spread about your personal relationship?**

**Cupid’s Advice:**

You might’ve been told that when you ignore a rumor, it proves that it isn’t true. However, if you react to it, it’s a sign that you’re guilty. But when rumors spread about your personal relationship, it’s difficult to ignore. Here are some things to consider:

**1. Your feelings:** If the rumor will hurt your relationship, you may need to rise up and defend yourself. Doing nothing might do more damage to your emotional state.

**2. Others in the rumor:** When the rumor is hurting the other person who was mentioned in it, make sure everyone knows the truth. There’s no reason to let suffering continue when the rumor is a lie.

**3. Others’ reputations:** Defend yourself if this gossip will harm reputations. People work hard to establish themselves as a certain kind of person, and ruining that based on a lie isn’t right.

**How do you defend yourself if rumors spread about your personal relationship? Share your ideas below.**

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# Eva Longoria and Eduardo Cruz Attend Burlesque Show



Eva Longoria and

Eduardo Cruz were spotted at a Burlesque show at Beacher's Madhouse inside the Hollywood Roosevelt Hotel. Although it may be a unique kind of date night, [People](#) reports that the couple laughed, cuddled and enjoyed the show. Longoria is far from the jealous type. When drag queen Vicky Vox rubbed Cruz' head in her chest, Longoria just laughed it off. Cheers to that!

**What are some unique events you can attend as a couple?**

## **Cupid's Advice:**

Date night is a great way to keep your relationship hot and spicy. However, the same old routine can get pretty boring. To keep your date ideas fresh, try new events and locations:

**1. Circus:** Going to the circus isn't just reserved for kids. When one comes to a town near you, take your partner to see

the acrobats and elephants. Pretend you're a child and bond with your sweetie in a new way.

**2. Symphony:** If you're getting sick of dinner and a movie, taking in some classical music is a great way to relax with your mate. Get all dressed up, drink some wine and indulge in an elegant night out.

**3. Comedy show:** Let go of the stress of the week by hitting up a comedy club with your significant other. Laugh out all of your worries.

**What unique date night have you experienced? Share your ideas below.**

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## **Eva Longoria Is Opposed to Long Engagements**





Eva Longoria is

speaking out against long engagements. The *Desperate Housewives* actress says, “I never believe in long engagements.

People think engagement is another step. It’s not another step. You’re single and then you’re married. The engagement is the planning part.” She goes on to say that if she were the bride, she’d be like, “All right, let’s get going.”

Although Longoria’s three-year marriage to Tony Parker ended in January 2011 after rumors of an affair on his part, she has found happiness again with Eduardo Cruz. When asked if she would consider marrying again, she said, “I’m not opposed to it, I just don’t really give it a lot of thought right now.”

Well, here’s to the happy couple!

## **What are the benefits of a short engagement?**

### **Cupid’s Advice:**

Some people choose to have short engagements (like Tara Reid), while others choose to ride it out for years (like Brooke Burke). Let’s take a look at the benefits to the Tara Reid school of thought:

**1. Less time to worry:** The lead-up to a wedding can cause a lot of stress. With a short-term engagement, it may still be a lot of stress packed into a small amount of time ... but

before you know it, it's over.

**2. You get what you want more quickly:** The reason you get engaged is most likely because you're ready to spend your life with the person you said "yes" to or to whom you proposed. By not prolonging the engagement, it's more of an instant gratification.

**3. No second guessing wedding plans:** Sometimes having more time to plan your nuptials is not exactly a blessing. As the clock keeps ticking, you have more time to change your mind about things that were already set in stone months ago. It can cause a lot of work and chaos.

**What are some other benefits to a short engagement? Share your thoughts below.**

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## **Khloe Kardashian and Eva Longoria Double Date**





Two days after Kim

Kardashian's wedding, Eva Longoria met up with the *Keeping Up with the Kardashians* star Khloe for a double-date on Monday. They were joined by their beaus, Lamar Odom and Eduardo Cruz, at the Madeo restaurant in Hollywood. [UsMagazine](#) reports that once their meal was over, the couples headed to the Montage Hotel in Beverly Hills. Although there hasn't been any word on what they did at the hotel, it's safe to assume they had a great time. Khloe tweeted that she had a "magical night!"

## **What are some fun things to do on a double date?**

### **Cupid's Advice:**

Double dates are a great way to spend time with your sweetheart and friends. From movie nights to dinners, the options are endless to have a spectacular evening. Here are a few fun things Cupid suggests you do on your double date:

**1. Game night:** This is a great inexpensive way to spend the evening. If you don't feel like being cooped up in the house, take a trip to the arcade. Or better yet, get out in the field and play a sport.

**2. Trip:** Visit a town or attraction close to your area and spend the day checking out the site, shopping and having a

meal.

**3. Camp:** Summer isn't over yet, so consider going camping with your partner and pals. Enjoy a hike or go rafting, and spend the night cooking over a campfire.

**Know any other fun things to do on a double date? Share with our readers by commenting below!**

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## Eva Longoria Throws Victoria Beckham A-List Baby Shower



Eva Longoria is apparently a master party-planner. Longoria and Ken Paves threw designer Victoria Beckham an 'all things pink' baby shower on Saturday, reports [UsMagazine.com](http://UsMagazine.com). The bash was held at West Hollywood's Petit L'Ermitage hotel. At the hotel,



Beckham, who is expecting her first girl (she is already mother to three boys with husband and pro soccer player, David Beckham), was awarded pink baby gifts from A-list guests like Demi Moore, Selma Blair and Nicole Richie.

**What are some 'out of the box' baby shower theme ideas?**

**Cupid's Advice:**

It's understandable to want to make your pregnancy as enjoyable and as memorable as possible. Here are a few creative baby shower ideas that are sure to be a blast:

**1. Contest:** All babies have that one favorite toy. Turn your baby shower into a competition; tell your guests to bring the one toy that will end up being your child's favorite. Once the baby is born, your friends will have a great time laughing over the toys that your child accepted and rejected.

**2. Gender specific:** Take a page out of Victoria Beckham's book and throw a baby shower that is gender specific. If you're expecting a girl, have a princess or pink-themed party. If you're expecting a boy, try a sports or blue-themed party.

**3. Double take:** If you're expecting twins, throw a shower that plays around the idea of duos. Give your guests two glasses of champagne, feed them two identical finger sandwiches, etc.

**What theme did your baby shower have? Feel free to leave a comment below.**

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# Eva Longoria Celebrates Birthday with Eduardo Cruz



Eva Longoria may have recently split with ex-husband and NBA star Tony Parker, but it's not holding her back. She recently celebrated her 36th birthday with new boyfriend Eduardo Cruz at a 1920's themed bash. According to [People](#), other celebrity attendees included Eduardo's big sister Penelope Cruz and husband Javier Bardem, Kim Kardashian, Heidi Klum and Kanye West. A source says, "Eva and Eduardo were so cute. They were kissing and making out all night. He's so genuine."

**How do you make your partner's birthday special?**

**Cupid's Advice:**

Birthdays are the one holiday a year where you and you alone get to feel special. So, it's important to honor your partner the best way you know how on his or her big day. Cupid's got

some tips:

**1. Throw a surprise party:** It may seem generic, but if you can really pull it off, a surprise party will make your partner feel all sorts of special. Just the fact that you went to the trouble says a lot!

**2. Plan a vacation:** If you want to go all out, plan a trip for two to somewhere tropical. If you're married, consider it a second honeymoon. There's so much thought that goes into planning a vacation, and your partner will surely appreciate it.

**3. An "out of the box" gift:** It's easy enough to stick with candy, jewelry and flowers for a woman and sports tickets, cologne or a watch for a man. Try to think outside of the norm for your partner's present so he or she can see how much you truly know him or her.

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## Eva Longoria and New Boyfriend Eduardo Cruz Make Out at Lunch





It's official: Eva

Longoria is over Tony Parker. The *Desperate Housewives* star was recently spotted smooching new beau Eduardo Cruz at an L.A. restaurant, according to [RadarOnline](#). Longoria split from San Antonio Spurs player Tony Parker in November 2010 after three years of marriage. The 35-year-old actress has rebounded with singer (and Penelope Cruz's brother), Eduardo Cruz, 10 years her junior. Last month, Eva tweeted that she is ready to move on. "Starting over is hard to do, but life goes on. I pray for strength, courage and wisdom on my new journey."

**After a divorce, how do you start over?**

### **Cupid's Advice:**

Once you split from a spouse, it may seem like you'll never be ready to date again. Cupid has some tips on how to get back in the game:

**1. Date:** Starting over is as simple as this: start dating for fun. Don't expect (and don't look for) a serious relationship right after your divorce, but go out just so you remember there are options out there.

**2. Get by with a little help from your friends:** Lean on your

friends to help you recover after a divorce. Make sure to not spend too much time alone, and you'll be ready to start your new life with the help of your buddies.

**3. Try something new:** Sometimes you need to do something meaningful to signal a change. It can be anything from a new haircut to a new job to a new city. Making a significant change will help begin the process of starting over.

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## Finding Love After a Breakup: Should You Jump In?



By Kelly Seal

When someone leaves us broken-hearted, our natural reaction is to find love again as quickly as possible. Unfortunately, healing a broken heart takes time and patience. It's

necessary to spend some time alone so you can build your own strength and move on to a happier, healthier relationship in the future.

Like us, many celebrities move from one relationship to the next, hoping that this will ease their pain and help make the transition easier. Eva Longoria started dating Penelope Cruz's brother Eduardo shortly after her split with Tony Parker. Jake Gyllenhaal quickly started dating after breaking up with Reese Witherspoon, leaving a trail of girlfriends behind including Taylor Swift, Carey Mulligan and Jennifer Aniston. While romance creates a sense of happiness and excitement for a brief time, eventually old pain can start to resurface.

If you've recently endured a break-up, try giving yourself some time off and do the following before rushing back in to the dating pool:

**Allow yourself to grieve:** A break-up is a huge transition.

When you've been with someone you love, it's natural to feel pain and anger. Allowing yourself to grieve over the relationship is part of letting go.

**Hang with uplifting friends:** We all have friends who can lift our spirits, be supportive and are just fun to be around. If you spend time around people with positive energy, it has an affect on your mood and can help lift your depression. Avoid friends who would rather complain about exes; this won't help you move on.

**Do things that make you happy:** Maybe you haven't been surfing in a few years, but have always enjoyed it. Or perhaps you put off taking those cooking classes because you didn't have time. Now is the perfect opportunity to do things you enjoy, and remember why you liked them in the first place.

**Get to know yourself again:** Sometimes, we feel so lost after a break-up we don't even know who we are without our exes. If

you feel adrift, try doing something new, whether it's going to a new restaurant or paragliding on a Saturday afternoon. Trying new things lifts our spirits and puts us back in touch with the part of ourselves that is willing to take risks and grow.

When you've gone through these steps and feel like it's time to start meeting people again, go for it. Just be sure to take your time and keep living your own life. Look at dating as a chance to meet many different kinds of people, rather than a way to get back into a relationship. The right man or woman will come into your life when you're ready to move on.

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## Sexting: Good, Bad or the New Lipstick on Your Collar?



By Emily Macintosh



## of My Life On Match

If you've read my blog, you know that I popped my sexting cherry this year. I found sexting to be flirty, scandalous and fun, but I also found it to be a bit dangerous. If I took a picture of myself and sent it, would he show it to his friends? Could it end up on the Internet? What if I go missing on a hike and that's the last picture they have of me to show on the 6 o' clock news? In this new age of technology, is sexting just another step in the dating world or is it the new way to cheat (and think you're not going to get caught)?

Several celebrities have jumped on the sexting and technology train this year, too. Couples like Ashton Kutcher and Demi Moore and Lamar Odom and Khole Kardashian have been publicly showing their love for each other over Twitter. But, sexting is different. It's meant for the two people who are involved and not the rest of the world. Unfortunately, because cell phone records are not as private as we sometimes would like to believe, some celebrities have gotten into some serious scandals in less than 30 seconds, 10 words and the press of the "send" button.

In the last few months, several of those couples have broken up due to sexting scandals. *X Factor* judge Cheryl Cole separated from her husband, footballer Ashley Cole, after rumors surfaced about his sexting with a topless model. Tony Parker and Eva Longoria also split after Parker was caught having a "sexting affair" with one of his basketball teammate's wives. Brett Favre also found himself in the middle of a media storm when he sent revealing photos of himself to a *Sports Illustrated* columnist!

And, no, this isn't just an athlete thing. Let's not forget Michelle "Bombshell" McGee, who shared her sexts with *InTouch* Magazine as proof of her affair with Jesse James.

Sexting can be fun and may spice up a relationship when it gets bland, but remember, technology is our “big brother.” In one click (fwd, RT, send), your sexts could be in the wrong hands.

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## Eva Longoria Goes Public With New Boyfriend Eduardo Cruz



Just one week after finalizing her divorce with Tony Parker, Eva Longoria finally went public with her new boyfriend, Eduardo Cruz. If that name sounds familiar, it's because Longoria's new flame is none other than actress Penelope Cruz's younger brother. According to [RadarOnline](#), the couple were first spotted together in October at her restaurant, Beso, followed by a few other encounters in December and January. While it was clear that those encounters were meant to be a secret, the pair

seemed open on Saturday while sailing on a luxury yacht in Miami.

## **Should you keep your new relationship under wraps?**

### **Cupid's Advice:**

Amidst all of the normal chaos of life and responsibilities, sometimes it's nice to have something that's just your own. Cupid has some ways to tell if you should keep your relationship on the down-low:

- 1. If you are both comfortable with it:** Many times in the beginning of a relationship, we say things that we think the other person wants to hear. If you're deciding not to let anyone in on your secret courtship, make sure it's a decision you've both agreed upon.
- 2. If you're not sure where it's going:** When you begin to date someone, there's a period of time where you're feeling each other out. If you think there's a chance you won't make it past the previews, now may not be the time to alert the media.
- 3. If you just got out of a relationship:** Sometimes we find people when and where we least expect it. If that time for you is right after you ended a longterm commitment, you may want to give it some time before you introduce someone new to your friends and family.

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# **Eva Longoria Parties with**

# Pals After Divorce from Tony Parker



Eva Longoria was

spotted out and about for the first time since filing for divorce from husband Tony Parker, [Us Weekly](#) reports. The starlet was sipping champagne and chatting with friends at Hollywood hot spot Chateau Marmont over the weekend. Dressed in all black, Longoria was smiling and chatting with Jason Biggs and Kate Bosworth. Sources say she looked defeated and that, “She had a grin on her face, but every so often she would stare off into space and looked very sad and somber.”

**After a divorce, what are ways to cope?**

**Cupid’s Advice:**

Public break-ups can be brutal, especially for celebrities. Who can forget Shannon Moakler’s notorious divorce party? Cupid has some ways to deal:

- 1. Lean on your friends:** You may feel alone, but you aren't. Even if your friends are paired up, the BFF code means that you have support that is only a phone call away.
  - 2. Take a break:** Get your mind off of your current situation by taking a much-needed vacation. Bring a friend along, or go solo to clear your head.
  - 3. Celebrate with class:** Throw a break-up celebration of sorts, but keep it private and low-key. A public display of anger can come back to hurt you later in life, so it's best not to go overboard.
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## **Tony Parker Responds: Files for Divorce from Wife Eva Longoria in Texas**





Apparently one set

of divorce papers isn't enough. Just days after Eva Longoria filed for divorce from husband Tony Parker in California, Parker has counter-sued in Texas. Longoria's decision to end the couple's 3 year marriage was due to her discovery of a number of text messages between her husband and Erin Barry (wife of fellow San Antonio Spurs teammate Brent Barry).

According to [RadarOnline](#), since Longoria's filing, the only public comment Parker had to make about the split was to *People*, saying that he was aware that his wife was filing in California, while denying allegations that he had already filed in Texas.

### **How do you cut out the drama in a breakup?**

Cupid's Advice:

Breaking up is hard, but Cupid has some advice on how to make the split drama-free:

**1. Watch what you say:** Of course you're going to need to vent after a breakup, but make sure you're careful about what you're saying and to whom you're saying it. Once the bashing starts getting back to your ex, that's when the drama starts.

**2. Stop texting and calling:** It's hard to cut off all ties

with someone who was such a big part of your life, but it's even harder to continue communicating with them. Take some time away from your ex.

**3. Deal with it:** There's a reason the two of you couldn't work it out. The faster you come to terms with the breakup, the less chance of drama there will be.

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## Tony Parker Speaks Out About Divorce from Wife Eva Longoria



Tony Parker recently set the record straight about his impending divorce from actress Eva Longoria, reports [People](#).



The NBA star was aware that Eva Longoria would be filing for divorce in Los Angeles, and they are trying to deal with the situation in private. He also denied rumors that he was the first to file for divorce. "I did not file for divorce in Texas and did not hire divorce attorneys in either Texas or California," said Parker.

## **How do you break the news of a divorce to friends and family?**

### **Cupid's Advice:**

It's hard enough to admit to yourself that your marriage is coming to an end, which makes it even harder to admit it to other people. Cupid has some tips:

- 1. Be honest:** Once the divorce papers have been filed, don't try to act like everything is honky dory with the other people in your life. Tell those close you what's really going on.
  - 2. Don't trash talk:** When a relationship ends, hard feelings are almost always inevitable. Breaking the news to your friends and family isn't an excuse to trash your ex. Stick to the facts.
  - 3. Keep the details private:** It's inappropriate to reveal the sensitive details about your current or desired divorce settlement, such as the amount of your alimony payments or custody battle. Break the news, and move on.
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# Eva Longoria Finds Messages to Tony Parker from Teammate's Wife



Eva Longoria

officially filed for divorce from San Antonio Spurs player, Tony Parker this past week. The actress was appalled after finding hundreds of inappropriate text messages from the wife of Parker's teammate whose identity still remains a mystery, according to [People](#). The *Desperate Housewife* confided in pal, Mario Lopez, and it's now been revealed that this is not Tony Parker's first affair. Prior to this indiscretion, he cheated with another woman and continued to keep in touch with her on Facebook. "[Eva] is devastated, she wants us all to know that, but she's strong," said Lopez.

**How can you tell if your partner is cheating?**

## **Cupid's Advice:**

Time will always reveal the truth. If you suspect something is going on, follow your gut. Cupid has some tell-tale signs:

- 1. His phone book is full:** If your partner has many names in their cell phone book that you do not recognize or which are listed by only the first name, this could be sign that they are hiding something or someone.
  - 2. He's not interested:** If your partner begins to lose interest in you either physically or emotionally, one of the reasons could be that he's getting affection elsewhere.
  - 3. His spending habits change:** If you notice unexplained dinners, hotel rooms, transportation services or gifts, this shady money trail could lead to a cheater.
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# **Sources Say Eva Longoria Plans to Divorce from NBA Star Husband, Tony Parker**





Eva Longoria and

Tony Parker are ending their three-year marriage, reports [Us Weekly](#). Parker had been exchanging personal text messages with another woman for over a year, and Longoria found out. Sources say, “Eva is heartbroken by the betrayal...Once the trust was lost, the marriage was over.” Longoria filed for divorce papers on Wednesday. Says an insider, “Eva truly thought she was going to grow old with Tony and have children with him. She’s inconsolable.”

### **How can you rebuild trust in a failed relationship?**

#### **Cupid’s Advice:**

Whatever your mistake, trust is always the hardest element in a relationship to regain once it’s lost. Here is some advice to help you and your boyfriend or husband reconnect:

- 1. Tell the truth:** When you’ve made a mistake, it’s best to be completely open with your partner. At some level, they will appreciate the fact that you’re telling the truth.
- 2. Ask questions:** Make sure to ask your boyfriend or husband how they’re feeling. It’s wrong to assume and predict emotions. In order to know how to handle the situation, make sure you fully understand your partner.

**3. Give it time:** No problem can be cured overnight. Give your partner some time, and eventually the trust will reappear.

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## Celeb Couples Take Emmys By Storm



*True Blood* costars and real-life newlyweds Anna Paquin and Stephen Moyer were just one of the celebrity couples present at the 2010 Emmy Awards. Other couples who made stylish appearances on the red carpet were Claire Danes and Hugh Dancy, Amy Poehler and Will Arnett, Eva Longoria Parker and Tony Parker, Neil Patrick Harris and David Burtka, January Jones and Jason Sudeikis, as well as many others, according to [YourTango](#). All making different fashion statements, the stars made sure their partners were up to snuff as well. **Should you tell your partner how to dress?**

## Cupid's Advice:

Often times one person in a relationship has more fashion sense than the other. Cupid has some ideas to help you deal:

**1. Let the minor things go:** If you have something to say about what your partner is wearing each and every time he steps out of the house, it's bound to lead to some disagreements. Choose your fights carefully. Only speak up if your mate is truly wearing something you cannot tolerate in public.

**2. Positive encouragement:** Fashion is a way to express yourself. By controlling what your partner wears, you're taking away some of his personal expression. Try peppering your criticisms with positive encouragement. "Honey, I really like the graphic tee you have on, but would you mind wearing your black blazer with it?"

**3. Compromise:** It's a given that you won't always see eye-to-eye with your partner. If you don't agree with his fashion choice, politely ask him if he will change. Don't go choose a new outfit for him. By putting the ball in his court, he feels like he still has some sense of style control.

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# Eva Longoria & Tony Parker Celebrate Anniversary in Europe







Eva Longoria and hubby Tony Parker were spotted partying it up at a nightclub in Croatia last Wednesday. According to [Mail Online](#), the Parkers and their friends have been hopping around Europe on a rented yacht for the last two weeks in celebration of the couples' third wedding anniversary. Their entourage included other high-profile celebrities, like Spanish TV star Maria Bravo, *House* actress Jennifer Morrison and her boyfriend, *Prison Break* actor Amaury Nolasco, as well as Tony Parker's brother, Terence Joseph Parker.

**What's a less expensive way for you and your sweetie to spend your anniversary?**

### **Cupid's Advice:**

While a Mediterranean cruise may not be financially attainable in our economy for the every day couple, it's still key to make the event feel special. Cupid has some savvy ideas on how you can commemorate the occasion without breaking the bank:

**1. Under the stars:** Go for a candle-lit picnic under the stars. Find a special place outdoors where both of you can share memories and your favorite food. Spice it up by having



a nighttime photo shoot with a compilation of music that you and your partner both like.

**2. Dine at a fancy restaurant:** Sometimes, the classic dinner-for-two is the best option. Many of couples have their first dates at dinner; try to re-create your first date! And even if you didn't grab a bite to eat the first time you laid eyes on your partner, some restaurants give out discounts for anniversaries. Take advantage!

**3. Movies on a dime:** You don't have to worry about spending more than \$30 every time you go to the theaters. Try checking out second-run theaters, which only cost about \$2 per person per show, or go to a matinee of a current movie.