

Leonardo DiCaprio and Erin Heatherton Enjoy an NYC Lunch Date



Leonardo

DiCaprio and his Victoria's Secret model girlfriend, Erin Heatherton, were spotted having a romantic lunch together in New York City's Candela restaurant on Monday. They were also spotted last week at Manhattan's Darby by a source for UsMagazine.com, who says the couple walked in "hand-in-hand" and were "inseparable all night." This is DiCaprio's first serious girlfriend since Blake Lively, whom he split with last summer. DiCaprio and Heatherton seem happy and committed to spending time together despite their hectic schedules.

When are lunch dates more appropriate than dinner dates?

Cupid's Advice:

Even though it seems like a lunch date and a dinner date aren't that different, they can mean very different things. Sometimes, one is more appropriate than the other. Here are some tips on when to have a lunch date rather than a dinner date:

1. You're just friends: A lunch date is a lot more casual than a romantic dinner date in the candlelight. If you're not quite in to the other person romantically, lunch is the perfect time to just spend time with them.

2. You're still getting to know each other: If you've recently had a dinner date with someone and are interested in getting to know more about them, a lunch date says just that. It means you want to hang out with them during the day too, where a conversation doesn't have to necessarily have to take place with drinks.

3. You're in a relationship: Lunch dates are especially good for partners who have been together for a while already. They give you time to spend time together during the day, which make them normal for longtime couples.

What are some other situations in which you think lunch dates are more appropriate than dinner dates? Tell us below.

3 Ways to Use Celebrity Media To Assess Your Relationship





By Samantha Peters

Anyone who follows gossip news is probably well aware that the celebrity media gets plenty wrong and is far from an authority figure. But, even when the media is wrong about the status or longevity of a celebrity relationship, for example, it knows how to interpret individual and publicly-displayed signs. It knows how to assess, even if it can't always see the full picture.

The celebrity media's outsider assessment skills can actually be used by anyone who seeks to examine their own relationship.

Now that Valentine's Day has come and gone, and now that the seasons have begun to change, it's as good a time as ever to take a step back and do just that. It's time to figure out if your relationship is growing, stagnating or declining. How is your [chemistry](#)? How happy and excited does your significant other make you feel? Though difficult, these are all good questions to ask.

Related: [How to Master Being in a Relationship](#)

That said, rather than answering these oft-abstract questions, try to instead assess your relationship from a more public, outsider perspective – and let the celebrity media give you a hand.

As an example of how to do this, we're going to look at the ongoing relationship between actor Leonardo DiCaprio and Victoria's Secret model Erin Heatherton. Heatherton is just the latest in a long line of tall, thin, blonde models that DiCaprio has been known to date. From her perspective, although Leo is 15 years older (sugar daddy definition, anyone?), we can't blame Erin for finding his charm and his fame too irresistible to ignore.

Based on their relationship (and on the celebrity media's reaction), here are a few factors that any couple can assess:

Family Involvement

Love them or hate them, but our families usually know us better than we'd ever like to admit. In fact, they can probably form a pretty solid opinion of whether a relationship will work – or should work – in the long run. At the beginning of January, Leo took Erin out for an upscale New Year's Day brunch – with his mom. The celebrity media reported Erin and Leo's mom chatting, laughing and generally hitting it off. This was interpreted as a good sign for their relationship. *How would the paparazzi view the time you and your significant other spend with family members?*

Related: [Zoe Saldana Goes on a Movie Date with Bradley Cooper's Mom](#)

Time Together

A good relationship is one in which couples find ways to truly enjoy the time they spend together. All too often, the paparazzi spots a celebrity couple lounging on the beach for hours on end without communicating, or sees them sitting and sharing a silent dinner together. While a less communicative couple is not in and of itself a sign of a stagnant relationship, it certainly compares less favorably to the couple spotting laughing and interacting in a lively manner.

When Leo and Erin took a romantic vacation to Mexico last

month, they were photographed zip-lining their way all around Cabo San Lucas. According to the celebrity media, this was another positive sign. *When outsiders view your relationship, do they see it as fun and enjoyable?*

Public Plans

Amidst recent news that Leonardo was spotted in Sydney (where he is filming *The Great Gatsby*) with top Australian models, but no Erin in sight, speculation emerged that the couple had [broken up](#). However, Leo, Erin, nor either celebrity's publicist has been willing to make any comments about the relationship in the first place. Some in the media have interpreted this as a sign that nobody involved believes that the couple has much of a future. *What do you and your significant other tell friends about your future plans?*

These are just a few things to consider while assessing your relationship. Although the celebrity media is not always to be believed, and even though Leo and Erin are certainly not reflective of every couple out there, you can still learn from their publically-displayed actions – and from the media response – when trying to determine where you and your significant other currently stand.

Samantha Peters is a passionate follower of Hollywood celebrity relationship gossip. She loves blogging about ways to sustain successful relations, which sometimes requires assessing your relationship using a little celebrity media. Samantha lives in beautiful San Diego, California, and makes frequent trips to west L.A. to go shopping and celebrity spotting.

Leonardo DiCaprio Enjoys a Date Night with his Model Girlfriend



Just a month after a totally romantic getaway in Mexico, Leonardo DiCaprio and his model girlfriend Erin Heatherton are still enjoying their relationship. The pair are still incorporating sweet little moments, such as during the cute date they had in Hollywood during a launch party recently. According to [E! Online](#), DiCaprio kept his arms around Heatherton's waist, PDA that anyone would find sweet.

What are some subtle ways to show your partner you care in public?

Cupid's Advice:

Sometimes it can be difficult to draw the line when showing

your partner affection in public. Cupid shares some more subtle ways to show how you feel while out and about:

1. Compliments: Compliment your partner when they do something impressive or show up looking nice. You don't have to be terribly vocal about it, but compliments go a long way in showing how you feel about your partner.

2. Holding hands: Hand-holding is PDA that is both subtle and obvious at the same time in showing your partner some love. You can also pull a Leonardo DiCaprio and put your arms around their waist or rub their back to show your support and care.

3. Small kisses: Making out can be a bit too much in public for a relationship. That said, kissing your loved one on the forehead or hand can be both cute and sweet without making those around you cringe.

What are some subtle ways you show affection to your guy or gal? Share your ideas below.