

# Celebrity Interview: Hollywood Medium Tyler Henry Talks About His Near-Death Experience & Biggest Celebrity Crush!



By [Emma Malefakis](#)

Most young celebrities are known for their talents but none quite like Tyler Henry. He has a unique gift of his own: He connects to those who have departed. Known as one of Hollywood's youngest psychics, he began working as a medium when he was just 16-years-old. He practiced his skill in a small town in California and has since worked with some of the

biggest stars, including Snooki and Boy George. His everyday life was recently pitched for a reality TV show, and now *The Hollywood Medium with Tyler Henry* is airing Sunday nights at 10/9c on E!.

In our [exclusive celebrity interview](#), Henry opens up to us about his own near-death experience and shared his best relationship advice.

## Celebrity Interview: Tyler Henry Talks About His Talent and New Reality TV Show

The reality TV star admits he owes much of his success to his supportive parents. "It took some time, but they now see the healing impact that the readings have in giving people insight, clarity, and closure," he says. "Now, it's just on a much larger scale." Of all the challenges he faces, the young medium says that crowds are the toughest part, but "the benefits of his gift outweigh any of the downsides."

It's understandable how such a talent can be overwhelming to others since they can't completely understand the ability of clairvoyance. "I get strong visual and mental imagery in my mind's eye when I concentrate on a person. This imagery, when pieced together and interpreted as a message, is then delivered to a person as means to provide some form of insight," he explains.

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Henry has read hundreds of celebrities. He says one of the most shocking readings was with Tracey Gold. "Many revelations can come from readings, and many of them can be incredibly surprising. A murder victim that she was connected to came

through and acknowledged the details of her passing,” he divulges.

Even with all his success, there are always doubters when it comes to the talents of mediums. “Thankfully, every celebrity who agreed to have their session filmed was open in some capacity, even the skeptics,” he shares. Henry says that he communicates what the client is meant to hear, not necessarily what they want to hear, and of course, that requires some tact.

Despite all of the celebrities he has had the opportunity to work with, if he had the chance to read anyone in the world, it would be the Dalai Lama. “To be able to connect to such an influential, and inspiring person would be an absolute honor,” he gushes.

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## Young Psychic Shares Relationship Advice

In his personal life, the medium admits that his gift doesn’t cause too many relationship problems. “I’m one of the few people who can probably tell whether or not there’s going to be a second date before the first one,” he says with a laugh. When it comes to his celebrity crush, he admits, “Ezra Miller, hands down!”

The greatest piece of relationship advice he has to offer is for those with a significant other on the other side: “Honor their legacy by having new and exciting experiences and look for the signs they will give to show they are still with you,” he explains. “They also want you to be open to new relationships and love.”

The heartache of losing a significant other is unimaginable, and the pain of losing a child is even harder for people to

accept. Henry has these words for grieving parents: “Children are met by loved ones on the other side and are helped in their transition with ease,” he says. “Every child that I’ve ever brought through has acknowledged being at peace with God.”

What many people don’t know is that the celebrity clairvoyant had a near-death experience of his own. “In February 2014, I suffered brain swelling due to water on the brain caused by a brain cyst,” he reveals. He had emergency brain surgery and was in the intensive care unit for days. “It was life-changing for me – nothing quite grounds you like a near-death experience,” he shares in our celebrity interview. “It showed me what really matters and just how fragile life in this realm can be.”

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As for what’s next for Henry, he plans to continue doing readings and even has a book in the works. He would love to travel and tour the world. “I have so many causes that I hope to be able to bring light to, particularly in grief awareness and support for parents who experience the loss of a child,” he says. “I am so thankful to be able to share my gift with the world and help aid in the grief process, one reading at a time.”

*Tune in for The Hollywood Medium with Tyler Henry on E! on Sundays at 10/9c. You can keep up with Tyler on Twitter [@tyhenrymedium](#).*

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# Arielle Ford Gives Relationship Advice in New Book 'Turn Your Mate Into Your Soulmate'



Interview by [Rebecca White](#). Written by [Emma Malefakis](#).

One thing that can be even harder than finding “The One,” is staying with them. In her new self-help relationship book, New York Times best selling author Arielle Ford shares 16 simple yet exciting steps to reignite the flames in your relationship and love. In her new book *Turn Your Mate Into Your Soulmate*, Ford says that you can reinvigorate your love life no matter how extinct you may think it is. In this exclusive author interview Ford opens up about her own marriage, talks about

her favorite celebrity relationships, and gives her best date ideas and [relationship advice](#).

## **Arielle Ford Shares Best Relationship Advice and Dating Tips**

**How would you say you became a better partner in your own relationship?**

The first thing I really had to do was learn how to communicate. I grew up in a home where everyone yelled at each other, which I didn't realize is actually a really ineffective way to get your needs met. There was so much I didn't know. I thought love was just a feeling, but love is also a behavior, decision, choice, and commitment. There will be days you are with your beloved and you don't like them very much, but that doesn't mean you don't love them. When you're not feeling the love the assumption is that something is wrong, but the better assumption to make is that this is normal. There are studies that say every couple has a minimum of 9 irreconcilable differences. So you really need to learn how to communicate. You have to realize what the issues are and be vulnerable enough to share them with each other. What I hope this book does for people is get them to see that in order to have a really healthy, happy, long lasting relationship, you need more than just chemistry.

**Why do you think people put so much pressure on themselves to find a soulmate? Do you think it's really *that* important?**

I think we're designed as human beings to share our lives with another person and I think it's possible for everyone. If you have a desire for something, that in itself is proof that it's meant to be yours. The thing that gets in the way for most people is their beliefs. They believe there is only one soulmate for everyone, which isn't true. There are hundreds of

potential soulmates for everyone, but you have to open yourself up, become vulnerable, and understand that it's a process. I talked to one woman who did online dating for 3 years and said she went on 79 first dates, until she had 'the one.' I asked her if it was all worth it and she said absolutely, she never thought she could be that happy. So many people give up when they just didn't get to the finish line yet. Maybe the timing wasn't right. Maybe the guy who is right for you is in the middle of a divorce, or a big move, or going through big business pressures – but he's out there, I know he's out there.

**Related Link:** [Most Popular Girl In New York City Shares Online Dating And Relationship Advice in New Book](#)

***Turn Your Mate Into Your Soulmate* includes 16 fun ways to reignite the passionate spark. Do you have a favorite one?**

Well when you're in love with somebody it can literally be measured by a CAT scan by which parts of your brain light up when asked about your partner. So the chemicals are always there whether or not you're feeling them. If you get to the point where you're not feeling them at all, one thing you can do is get your partner and mutually decide to do something together that you both perceive as life threatening, like skydiving, zip lining, or a scary roller coaster ride. Do something that is going to give both of you a big adrenaline rush, and that will instantly kick start your brain chemistry to make you feel more in love and more passionate again.

**What are some good date ideas that can reignite the flames of a long-term relationship?**

I would say anything that is new and different. I believe that you should have a regular standing date night that is non-negotiable. And I believe you should make dates for sex. Date night is about just the two of you getting out of the house, doing something new, and having the time to talk. Sex dates



can be short. They don't have to be a big ordeal. I think you should have a sex date even if you don't necessarily want to, because it's kind of like riding a bike. You may not feel it or be in the mood to have sex, but one of you does, so for the health benefits for your partner show up anyway, and once you get into it, you'll end up enjoying it. The other thing I would say is approach your mate with curiosity. Don't assume you already know everything about them. Ask them things you haven't asked them in years.

**What would be your best piece of relationship advice for someone struggling to find the perfect partner?**

In quantum physics there's something called the unified field. In the unified field, past, present, and future all exist at one time, and everybody and everything is already connected molecularly. There is nothing and no one to whom you're not connected. So you are already connected to your soulmate on the unseen level. You don't know their name, you don't know who they are, you don't know when you're going to meet them, but you can start the relationship right now today. That's what I did with Brian. Even though I didn't know him, I decided to start the relationship in my mind, talking to him everyday and sharing my life with him in my imagination. That's why I believe that when we met on the physical plane it was this instantaneous recognition. It's something I call love before first sight. So if you're living like it's not going to happen for you, it's not going to happen. But if you are willing to use your imagination and trust, know, and believe your soulmate is not only out there, but also looking for you too, you can pull them in much faster.

**Related Link:** [Relationship Author Dr. Tara Fields' Love Advice: "The Happiest Couples Don't Necessarily Have More Or Less Conflict"](#)

**What is your best dating tip to help your readers establish healthy romantic relationships?**



Practice kindness. Be as loving, generous, kind, and compassionate to your partner as you can possibly be. We are all doing the best we can. Kindness goes so much further. If you're angry and upset, it's impossible for your partner to be happy, especially if he is a masculine male. Happiness is an inside job. It's about personal responsibility. Your soulmate can add happiness to your life, but they can't make you happy. Only you can make you happy. To be a great partner you have to take care of yourself first.

**Can you tell us which famous couple you think demonstrates a good example of a healthy partnership and why?**

Michelle and Barack Obama definitely, politics aside. They have tremendous love for each other. All you have to do is look at pictures of them together, and it is evident that they love, respect and support each other. I think they are terrific role models. In the Hollywood scene, the celebrity couple I really admire is Tom Hanks and Rita Wilson. I think they are the real deal as well. Celebrities have a hard time because you can only have one rock star per couple, so with two big egos in the same relationship there is a give and take dynamic, and only one really gets nurtured.

**Are there any upcoming projects that you'd like to share with our readers?**

I'm starting my book tour in a couple of weeks so I'll be in New York at the Open Center January 12th doing a workshop. I've also got a ton of free bonuses for people who buy the book. There are also some videos on the [MateToSoulMate.com](http://MateToSoulMate.com) from other experts on the topic, so check it out!

*You can purchase [Turn Your Mate Into Your Soulmate](#) on Amazon. For more about author Arielle Ford, visit her website [ArielleFord.com](http://ArielleFord.com)*

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# Celebrity News: Wendy Williams Talks Celebrity Mom Kelly Rutherford Losing Custody Battle & Appeal!



By [Emma Malefakis](#)

Today, the one and only Wendy Williams sent the CupidsPulse.com team another SHOUT OUT, asking for our readers opinion on the final ruling in celebrity mom Kelly Rutherford's custody battle with ex-husband, Daniel Giersch.

As many of you know from watching this intense celebrity news and gossip play out over the past six years, the celebrity couple divorced in 2010, just four years after they met. The international custody battle has been going on ever since.

**Related Link:** [Wendy Williams Gives Gavin Rossdale A Piece of Her Mind Surrounding New Celebrity Couple Gwen Stefani & Blake Shelton!](#)

The six year battle has finally come to an end for the moment and not in Rutherford's favor, even after she was said to have spent \$1.5 million on legal fees. Rutherford's ex-husband, Giersch has been awarded full custody of their two children, six-year-old Helena and nine-year-old, Hermes. The celebrity mom will only be allowed to visit her children in Monaco or France.

## **Breaking Celebrity News: Kelly Rutherford loses appeal by the U.S. Courts following custody battle.**

**Related Link:** ['Gossip Girl' Star Kelly Rutherford Gets a Court Date for Marital Battles](#)

Many believe the *Gossip Girl* star's actions in August are what lost her the case. Rutherford disobeyed a Monaco court order and tried to keep her children in New York over the summer, Giersch and his lawyers accused her of child abduction and kidnapping. Watch the clip above to hear what Wendy has to say about this celebrity news and hot topic, and then share your opinion below!

At the end of the day, we find the agreement to be a little harsh. No mother should be taken away from her children unless of course she is creating harm to them.

Please comment below and let us know what you think.

**What do you think about celebrity mom Kelly Rutherford losing both her custody battle and appeal?**

It's Wendy's Holiday Gift Grab!

Watch The Wendy Williams Show weekdays through December 18, 2015 and follow [@WendyWilliams](https://twitter.com/WendyWilliams) on Twitter for details on how to win one of this year's hottest gifts!

**NO PURCHASE NECESSARY.** Sweepstakes starts 12/17/15 10:30 a.m. ET and ends 12/18/15 10:00 a.m. ET. Subject to Official Rules available at <http://community.wendyshow.com/giftgrabrules>.

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## **Celebrity Interview: 'Flesh and Bone' star Karell Williams Talks Relationship Advice Saying, "Be True, Be Real, Be Vulnerable"**





Interview by [Rebecca White](#). Written by [Emma Malefakis](#).

If you're a fan of dancing and the arts, you may know the up and coming celebrity actor Karell Williams from the *Starz* mini-drama *Flesh and Bone*, which is a fictional series about dancers caught in the cut-throat world of professional ballet. From freelance performing, to teaching, and now acting, Williams is determined to do it all. *Flesh and Bone* premiered this November, and has already received a Golden Globe nomination. We recently chatted with the star in our exclusive [celebrity interview](#) about his experience transitioning to on-screen acting, and he also gave his best career and relationship advice.

## Celebrity Interview: Karell Williams Shares Career and Relationship Advice

Williams has always been passionate about dancing but has recently shifted to acting as well. As for how he ended up on

the small screen, he explains “I wanted to challenge myself artistically in another way.” He moved back to New York where he was focused on becoming a triple threat: singer, dancer, and actor. Then he heard about the *Flesh and Bones* auditions. “It wasn’t until then that I realized this was really something I wanted to do,” the ambitious dancer shares.

**Related Link:** [Celebrity Interview: SYTYCD Winner Gaby Diaz Says “I’m All Dance Before Romance”](#)

Switching career paths can definitely be difficult. Williams advice for anyone wanting to branch into something new would be “you only live once, so push yourself through it.” He agrees that in this day and age, professionals need to be able to do everything, not just what their job description entails. “You need to explore all facets of your abilities,” he says. “Don’t be scared. Take the leap of faith and your work ethic will proceed you.” And yes, there may be challenges with the transition. “I don’t see them as difficulties, but more as experiences and challenges,” says Williams. “Performing on-stage and performing for the camera are different and each comes with its own challenges, but I like challenges.” While difficulties aren’t always something to shy away from, there’s no doubt there are certain fears and anxieties that come along with them.

However, Williams says there wasn’t much anxiety for him when signing on to this particular project. “Truth be told I didn’t really know what I was getting into,” he says. It wasn’t until he started auditioning that he realized Moira Walley-Beckett was the writer of the series, the same writer and producer of the top rated hit show *Breaking Bad*. It wasn’t until the dance portion of his audition among some of the best dancers in New York City with cameras recording the whole thing that the aspiring actor realized what a big deal and opportunity he was immersing himself in.

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## [Connors on Relationships and Love](#)

This opportunity worked out in the dancer's favor, as he landed the role of Trey, a trendy, feisty, free spirit in the ballet world. "Trey and I are completely different," he says. "He's mean and bitchy, and I'm not really like that." However, he will admit that him and Trey share the same trendy style. Trey certainly brings the drama in the show, so Williams gave us some dating advice on how to deal with drama in real life, specifically when it comes to relationships and love. He says he lives by the quote "society has become so fake the truth actually bothers people." His best relationship advice is "to be appreciative and present in your relationship and never forget to communicate. Never mute who you are to make someone else comfortable. You have to be true, be real, be vulnerable, and be authentic."

**Related Article:** [Alison Sweeney Talks Relationships and Love in Celebrity Interview](#)

When it comes to making time for your partner in order to put this relationship advice to the test, the busy actor says it's as simple as prioritizing. "Yes I'm busy, but I'm not the busiest man in the world," he says. "If Obama can tuck in his kids and give Michelle a kiss goodnight, then I have no excuse!" he added with a laugh. "You have to make sure you make time for what comes first, the people who mean the most to you, or your career." In our celebrity interview, Williams says he will be prioritizing his friends and family this holiday season. He admits he rarely cooks, so potlucks with a few of his best friends will be as good as it gets.

## **Karell Williams Talks Date Night**

Holiday dinners aren't the only things he likes to keep simple. Williams also believes less is more when it comes to winter [date ideas](#). His dating advice is to "keep it simple, Netflix and chill baby! At the end of the day it's all about



who you're with, not what you do." We can definitely agree that as long as you're with someone you love and care about, you're guaranteed a great time. As Williams liked to put it, "it's not about location, it's about company."

Don't have a Netflix subscription? No worries, you can *Starz* and chill for the *Flesh and Bone* season finale. "I'd say expect the unexpected," the show's star excitedly tells us. We can also expect a big dance number at the end of the episode! The finale airs on December 27<sup>th</sup> at 8 p.m. on *Starz*.

To keep up with Karell Williams, follow him on [www.facebook.com/KarWill1?fref=ts](http://www.facebook.com/KarWill1?fref=ts).

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## Relationship Advice From 'The Best Party of Our Lives' Author Sarah Galvin: "Love is the Same for Everybody"





Interview by [Rebecca White](#). Written by [Emma Malefakis](#).

Same-sex marriage was legalized in June, marking 2015 as a big year for the LGBT community. *The Three Einstein's* author and writer for *The Stranger* newspaper, Sarah Galvin, just finished her latest book *The Best Part of Our Lives: Stories of Gay Weddings and True Love to Inspire Us All* which was released on Dec. 15. The book is a collection of true stories about gay weddings and relationships and love, which demonstrates how LGBT couples have overcome cultural, societal, and personal obstacles. Each chapter follows a different couple's journey from engagements, to tying the knot, to honeymoons, and more. The book offers a different perspective of marriage, offering insight on different wedding traditions the gay community has made on their own, and reminds readers about the significance of such public celebrations of love. In our exclusive interview with the author, Galvin doesn't only share her [relationship advice](#), but also talks about her experience of figuring out her own sexuality and gender identity.

# Author Shares Relationship Advice and Experience with Love

**What inspired you to write *The Best Party of Our Lives*, and what messages do you hope readers take from it?**

I had been writing this wedding column for *The Stranger* newspaper and it gave me a different look at weddings that I've never had before. I really got inspired from that. I hope what really resonates with readers is the celebration of same-sex marriage becoming legal and what a huge moment that was in history. Also, it doesn't matter who you are, love is the same for everybody.

**Related Link:** [Lena Dunham Puts Off Celebrity Wedding in Support of Marriage Equality](#)

**Which love story really stood out to you or was your favorite to explore and why?**

There was a couple Jim and Sterling who had been together for 50 years before they got married. They were both middle school teachers and taught at the same school for about 20 years. They had a lot of crazy stories. At one point they decided to breed Arabian horses together, but nobody would buy them, so they just lived on a farm with horses and a bunch of chickens. In my eyes they have the ideal relationship. They have been through so much together. They had been together in the 60's, but during that time they had to hide so much. The story of their wedding, having all these people to come together to finally celebrate something they had to hide for so long, I just thought was very moving.

**What was your biggest struggle in figuring out your own sexuality/gender identity/coming out?**

I guess just the fact that I turned out to be very complicated. It wasn't just that I was gay, I'm also gender-

queer as well. At first I was just like a lot of other kids and thought “oh I’m just gay.” But then I found out my gender was much more complicated. Honestly being gay is one of the least interesting aspects of sexuality. It turns out to not be very vanilla, so that’s a whole other thing to figure out.

**What relationship advice would you give someone confused about his or her sexuality or gender?**

Well everyone is, so try not to feel too stressed about it. Gender is not a binary. I think that’s something that people really tend to get stressed out over because they realize they don’t fit into one of those two categories and the truth is most people don’t fit into them. Trying to figure out who you are is something that takes your whole life. As far as sexuality is concerned, I think that is cumulatively evolving for most people. I would say don’t think you have to figure out everything at once. Just live your life and try to focus on what makes you comfortable and what makes you happy.

**Related Link:** [Matt Bomer Reveals He Married Partner Simon Halls 3 Years Ago](#)

**Your unique style and confidence is your staple. How have you become so comfortable in your own skin and what advice would you give someone struggling with that?**

I have my parents to thank for that to some degree. They have been very accepting and cultivated confidence in me. They’re very non-judgmental people. You also need to have a certain degree of confidence to be a good artist. You have to have conviction to invest a certain amount of energy in what you’re doing. Like stage presence for example, no one wants to see a performer stumbling around on stage afraid of who they are and afraid of the audience. If you’re performing and you screw up, just keep dancing. You look better failing spectacularly than making it obvious that you’re afraid of what you’re doing.

**Being confident in yourself is an important part of any**

**relationship. What else would you say is an important aspect in a romantic relationship?**

Confidence helps for a variety of reasons, but I'd say the most important dating advice is that you make sure you treat yourself conditionally. You could pretty much tell by a person's behavior towards other people the way they treat themselves. My love advice is that you have to learn how to be a good partner to yourself before you could be one to other people.

**Do you have any upcoming projects that you'd like to share with our readers?**

I am working on a new poetry book. I started writing it over the summer. It's going to be a mixture of different types of poems. That's one of the reasons I like poetry so much, when I sit down to start to write, I never know what I'm going to write about, it's a series of surprises.

*You can learn more about purchasing Sarah Galvin's new book The Best Party Of Our Lives from Amazon. If you're looking for more on Sarah Galvin, check out her articles for The Stranger.*

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## **Celebrity Babies Ride In Style With The Diono Pacifica Car Seat**





*This post is sponsored by Diono.*

By [Emma Malefakis](#)

We are all familiar with the hustle and bustle of the holiday season. There's no doubt that this time of year requires more traveling than usual. Between car rides from one holiday party to the next and long plane rides to visit family living far away, most of your time is spent on the go. Next time you prepare the kids for a long trip, don't do it without the [Diono Pacifica Convertible and Booster Car Seat](#). In the latest celebrity baby news, Hollywood couple Alessandra Ambrosio and Jamie Mazur choose the Diono Pacifica's style and safety for their [celebrity baby](#).

## Every Child is Treated Like a Celebrity Baby with the Diono Pacifica Car Seat

The new Diono Pacifica car seat brings safety to a whole new level with its full steel frame and reinforced extra side wall

cushioning for enhanced impact protection from all angles. The Diono Pacifica is perfect for little travelers of different ages and sizes. Its rear facing capabilities protect children who are anywhere between 5 to 50 pounds. Forward facing, it comfortably seats children anywhere from 20-90 lbs with a 5-point harness. The Diono Pacifica is a purchase that will last for years. It even converts into a booster seat as your children grow from 50-120 pounds, or up to 57 inches.

Installation is far from difficult with its unique SuperLATCH system and removing the seat is just as easy. No reason to rethink date night when you can easily remove the seat and give it to your relatives or sitter, if needed. The Diono Pacifica folds flat for travel and is FAA certified, so vacations can be less stressful. Its unique space saving design provides a spacious interior for your child while allowing extra space for other passengers in your growing family. The Safety Synergy technology is also NCAP crash tested, verifying child seat performance in even the most severe accident conditions, ensuring the safest travels for your children.

**GIVEAWAY ALERT:** One lucky reader will now have the chance to own a Diono Pacifica Convertible and Booster Car Seat (Retail Value \$340) just by entering our giveaway! To enter our giveaway complete the form on our [Contact Page](#). Pick "Giveaways" in the dropdown menu and include your name and address as well as "Diono Pacifica Convertible and Booster Car Seat" in the message field. You'll also need to follow us on [Facebook](#), and comment on our Diono Pacifica post. Our giveaway ends at 5 p.m. on Dec. 21.

Wishing you the best of luck!

*For more details on the Diono Pacifica Car Seat, check out Diono's [www.facebook.com/DionoUSA/?fref=ts](http://www.facebook.com/DionoUSA/?fref=ts), Twitter [@DionoUSA](https://twitter.com/DionoUSA), and [www.instagram.com/dionousa/](http://www.instagram.com/dionousa/).*