

# Exclusive Giveaway: Jesse Csincsak Chats About 'The Bachelorette's Ashley Hebert, 'Bachelor' Reunions and Life as a New Dad



*This post is sponsored by Lubriderm, Powerbar, Gilchrist and Soams, Beauty Society, "Skinny on Willpower" by Jim Randel, Popchips, Panda Licorice, Alterna Haircare, Cheek'd, Buddah Balm, Eight O'Clock Coffee, Eat Whatever Breath Mints and Pajama City!*

By Jennifer Harrington

As we anxiously wait for the new season of ABC's *The Bachelorette* to begin, several of the former contestants are spending the hiatus having fun mingling and mating up. One of the most talked about events was in Breckenridge, Colorado

last month at the semi-annual *Bachelor* and *Bachelorette* reunion. Hosting the shenanigans as always was former contestant, Jesse Csincsak, who received the final rose in Season 4 from DeAnna Pappas. Although Jesse and DeAnna's relationship didn't result in a lifelong romance, Jesse *did* find love through *The Bachelor* and married Season 13 contestant, Ann Lueders.

**A cold sore ruins  
romance.**

**One dab, eruption  
prevented!**



We had the chance to speak with Jesse and he shared his thoughts on life as a new husband and dad, *The Bachelor* reunion parties and of course, this season's *Bachelorette*, Ashley Hebert! Check out what he had to say:

**First of all, congratulations on being a new dad! How has your life changed since being on *The Bachelorette*?**

After coming off *The Bachelorette*, life took a huge turn. I wanted to fall in love. I knew it was possible after I came off the show, so I started hosting reunions with *Bachelor* alums. I wanted to bring people together, and in turn, I met my wife. I met her at a reunion. Next thing I knew we were getting married and having a little bambino. My son Noah is the light of my life and I couldn't ask for more. The show brought me to everything I wanted in life – it's amazing!

**You coordinate such great reunion weekends for the former contestants. The buzz during last month's party centered around Vienna Girardi and Kasey Kahl. What can you tell us about them as a couple?**

They have been dating for a little while. I think the reason their relationship works is they are both happy-go-lucky, carefree people who want to have fun. I think they'd both

also be a great fit for the *Bachelor Pad*, I'd love to see them on that show.

**We're getting excited for next week's premiere of *The Bachelorette*. Recently, show creator Mike Fleiss was quoted saying Ashley will be a "different kind of bachelorette" because of her career ambitions. What do you think?**

Ashley is very young-hearted. She's still in school. She will need a guy who is comfortable enough in his own skin to know she is her own person and she'll be going to class with lots of young, hot guys, but she will come home to him. If they can find a guy who is confident in his own skin and knows she has a lot going on, she will have herself one heck of a relationship. She is one of the youngest bachelorettes they've ever had, and I think that will make for an interesting season.

**Do you think the new contestants will be scared off by Ashley's independence?**

The announcement that Ashley would be the bachelorette came very early, so the guys know who she is. It's not tough these days to Google someone to figure out about their past. What is tough is that a lot of people come on the show with ulterior motives. You have to be careful of the knuckleheads to find the diamonds in the rough.

**What tips would you give the men this season?**

You don't realize the demographic the show reaches – it's syndicated in Europe, and even when you go overseas, people recognize you from the show. I didn't realize that it would affect everyone in my family with my surname. Don't go on the show because you want people to know who you are; go on the show for the right reasons. Be yourself. Don't let anyone convince you to do something you wouldn't otherwise do. That way, when you're off the show and your life has moved on, people say "you're just like you were on the show." I was

lucky – I was me no matter what, and it worked out for the best.

**The time period between when the show wraps and when it airs for the public, seems to be the most trying time for the *Bachelor/Bachelorette* couple. Given your experience, what advice can you give Ashley and her new guy to keep their relationship alive during these months?**

Go into hiding and get to know each other. Do as many get-togethers as the production company will let you and really take the time to get to know the other person. Do things out of the ordinary that will test your patience with one another. In my relationship experience, that's how you really start to understand how someone is going to be down the road. Another thing to observe is how the other person talks to their parents. If they are respectful when they speak to their parents, that's likely how they will talk to you.

**Are you planning for the next *Bachelor* reunion yet? When and where will it take place?**

There will be a reunion this summer. I can't tell you the location yet, but it will be in the warm weather and plans are underway. And we're in talks to do an online competition so one lucky fan would be able to join the reunion with the *Bachelor* alums for a weekend. I can promise you, this will be the biggest reunion of all-time!

Thanks Jesse, we can't wait! And, thanks for taking the time to speak with us. To read more about Jesse's take on the upcoming season of *The Bachelorette*, check out his website at [www.jessecsincsak.com](http://www.jessecsincsak.com) or visit him on Facebook.

~~**GIVEAWAY ALERT:** CupidsPulse.com has teamed up with Jesse to give away One Swag Bag from the last 'Bachelor' Reunion Weekend. To enter for your chance to win, tell us where you think the next *Bachelor* reunion should take place and why in a comment below. One winner will be randomly selected. Please~~

be sure to use your real email address so we have a way of contacting you if you've won. This giveaway will run until 11:59 PM EST on Monday, May 23. Good luck!

---

## Have Brad Womack and Emily Maynard Broken Up For Good?



Rumors are swirling that *Bachelor* stars Brad Womack and Emily Maynard have called it quits for good this time. A source close to Maynard says, "It happened about a week and a half ago," according to [HollywoodLife.com](http://HollywoodLife.com). The apparent reason for the breakup centers around Maynard having remaining feelings for her ex-boyfriend, automotive executive David Smith. "She's got something with David," says the same source. "And David totally digs Emily." The duo dated before *The Bachelor* and

were said to be a good couple, although Maynard seemed “reserved” around Smith. Either way, it looks as if a match made in reality heaven is sputtering to an end.

**How do you determine if your relationship is toxic?**

**Cupid’s Advice:**

It was long speculated that Brad Womack would not be able to fully open up his heart to a woman after his first stint on *The Bachelor* ended in heartbreak. Is Womack simply toxic in a relationship? Cupid has a few tell-tale signs for a toxic relationship:

**1. You can’t be yourself:** If you find yourself skirting around your partner at times and find it difficult to be yourself, the relationship is probably toxic. Your mate should understand you better than anyone, so what’s the point of being a part of the couple when you can’t be fully happy?

**2. You do things you normally wouldn’t:** Chances are that your relationship is toxic if you find yourself partaking in activities you used to be against just because your partner suggested it. It’s important to retain your morals and values when you enter into a new relationship.

**3. You fight all the time:** Arguing periodically is normal in a relationship, but if you find that all you do is right and you can’t point to anything positive in your relationship, it may be time to get out.

**How did you know your past relationship was toxic? Share a comment below.**

---

# 'Bachelor' Star Emily Maynard's Mom Speaks Out On Brad Womack



For those of you who thought Brad Womack had finally found true love his second time around, think again. According to [HollywoodLife](#), Emily Maynard's mom, Susan Maynard, commented that their relationship is a bit rocky. Maynard told *People*, "They have not officially broken up. It's still kind of on and off, I hear nothing but good things about Brad. They are still just trying to get to know each other." Although it doesn't seem as though Susan Maynard has much confidence in the couple making it in the long run, we will just have to wait and see.

**Do your parents know best when it comes to your relationships?**

**Cupid's Advice:**



As frustrating as our parents can be sometimes, they are the people that have known us the longest. Cupid has some advice on why our parents may know what's best when it comes to our relationships:

**1. Your best interests in mind:** As much as we all love our friends, the only people who we can be positive only want what's best for us are our parents.

**2. They've been there:** It may be strange to think of your parents as young and dating, but they were in your shoes once before. So, don't be quick to rule out their advice. It comes from a place of experience.

**3. They know you the best:** The only people who know us better than we know ourselves are the people who have known us the longest – our parents. This means that they probably also know what you need in a relationship.

**Do you think your parents know you better than you know yourself when it comes to relationships? Share your experiences below.**

---

## **Cupid's Bow Aimed on Love for Season 7 of 'The Bachelorette' With Ashley Hebert!**







By Jennifer

Harrington

It's been a few months since Brad Womack bid Ashley Hebert farewell, as she left South Africa brokenhearted and in tears, but starting May 23, the season 15 contestant will be back on ABC – and this time, *she'll* be handing out the roses! The spunky 26-year-old dental student from Maine will be the seventh lucky lady featured on *The Bachelorette*, with 25 eligible bachelors vying to be her husband. We had such a great time watching Brad and Emily Maynard's love story on *The Bachelor*, and we can hardly wait to see what's in store for the newly brunette Ashley!

In a recent article from [People](#), Ashley proclaimed her excitement for the upcoming season and said, "I'm open hearted and interested in meeting the guys," and added that hopefully, she'll "fall in love." Cupid's Pulse shares her enthusiasm for her upcoming journey to find love, and we'll be right there with Ashley every step of the way through each rose ceremony!

Before the season starts, check back for more information about Ashley and the 25 bachelors. We'll also explore why, after several beautiful, accomplished past bachelorettes (Trista Rehn, Meredith Phillips, Jen Schefft, DeAnna Pappas,

Jillian Harris and Ali Fedotowsky) *Bachelor* creator Mike Fleiss believes Ashley “will be a different kind of bachelorette.”

On May 23, make sure your DVR is set and mark *The Bachelorette* on your calendar for Monday evenings! And of course, check in with Cupid every Tuesday morning to read our recap of the episode, some insights into her decisions, and our predictions on who we think will get the final rose. Along the way, we want to hear from you about Ashley’s dates, men and choices, so please comment and tweet us ([@CupidsPulse](https://twitter.com/CupidsPulse))!

In the meantime, stay tuned for an exclusive interview with a past *Bachelorette* winner! Until then, guess who it is in a comment below!

---

## ‘The Bachelor’ Season 15 Finale Preview: A Look Back at South Africa





By Krissy Dolor

There's only a few days left until the season finale of ABC's *The Bachelor*! In honor of next week's episode, take a look at Brad Womack's travel guide for South Africa. Reminisce about his safari ride with Chantal O., elephant adventure with Emily and helicopter view with Ashley H. – even take a sneak peak at what's still to come! Don't forget to watch the final rose ceremony with us on **Monday, March 14 at 8 PM/7 PM Central Time**  to see whether Brad chooses Ms. O'Brien or Ms. Maynard in Cape Town.

We also hope you've been enjoying our exclusive interviews with former *Bachelor Pad* stars! Check back on Monday for our final interview: with Natalie Getz and David Good!