

# Celebrity Exes: Brooks Laich Steps Out Without Wedding Ring After Julianne Hough Split



By Ellie Rice

In the latest [celebrity news](#), Brooks Laich was spotted out in Los Angeles without his wedding ring. The sighting comes after his recent split from Julianne Hough. The pair wed in mid-2017 and had been the source of multiple breakup rumors in recent months. We wish these two nothing but the best on their separate journeys!

# This celebrity ex is letting his newly found single-dom be known. What are some small steps you can take to move on right after a split?

## Cupid's Advice:

Break-ups are tough and moving on can feel impossible. If you're looking for ways to get that train rolling, Cupid has some advice for you:

**1. Unfollow them:** If you know you'll be itching to stalk their social media profiles and constantly check-up on what they are doing, unfollow them. During this process, it's important that you are focusing on yourself and doing what's right for you. Wasting your time on their socials will only make moving on more difficult and longer. Try taking a break from social media all together! Detox from your screen and work on your self-care routine instead.

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**2. Cut the communication:** While you may be thinking reaching out and continuing to seek closure is a beneficial thing, it will only hurt you in the long run. Once you break up make sure you understand what went wrong and why. After you receive this closure, don't continue asking to talk, it will only sour the split. By cutting off the communication, you will be able to completely focus on yourself and spend time working on your personal growth. Use this time to better who you are whether that's in your career or with your loved ones.

**Related Link:** [Celebrity News: Brooks Laich Still Wants Kids](#)

[After Split from Julianne Hough](#)

**3. Turn to your support network:** Nothing heals a wounded heart better than spending time with your friends and family. Tell them what's happening with your split and allow yourself to be vulnerable around them. Try planning a wine night with your girlfriends or a dinner with your family! Surround yourself with love and people who care about you and it will be a step in the right direction.

**What steps would you take when moving on from an ex? Start a conversation in the comments below!**

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## **Celebrity News: Dua Lipa & Anwar Hadid Celebrate First Anniversary**





By Ellie Rice

In the latest [celebrity news](#), Dua Lipa and Anwar Hadid are celebrating their first anniversary as a couple. The pair made headlines last year as they were spotted kissing at a music festival. According to *UsMagazine.com*, Lipa and Hadid have been quarantined together in the U.K. during the pandemic. We love to see this kind of news!

**In celebrity couple news, Dua Lipa and Anwar Hadid are celebrating one year together. What are some ways to make your anniversary special as the nation reopens?**

**Cupid's Advice:**

After a long few months, we bet so many people out there are excited to take back their dating lives. Whether it's your

first date or your engagement, Cupid has some advice for you:

**1. Get outdoors:** After a few long months stuck inside, you're both probably dying to get outside and spend some time with Mother Nature. Take a look at your calendar and if you're anniversary is coming up like Dua and Anwar, then find a way to make it special. If your significant other loves to hike or hit the beach, then plan out a day for the two of you to explore and spend time together. This anniversary will definitely be one for the books, so think of what will make your partner really happy.

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**2. Go for a bite:** Many places around the country have reopened their restaurants with the opportunity for outdoor seating. If your favorite spot has opened back up, then plan an anniversary meal! Surprise your partner with a day full of food and fun, it's definitely something many people have been missing. Maybe after your morning walk or hike you can head over to enjoy a delicious brunch. If you're both still not quite comfortable going that far, then take it to-go and head back home. Quiet time indoors with some great food works too!

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**3. Stay cautious:** Just because things are starting to open up and become semi-normal again, doesn't mean that you should stop social distancing or wearing your face mask. Be cautious of your surroundings and make sure you are a safe distance from others. While you know where you and your loved one have been, you can't say the same for someone else! Don't rush out anywhere that you think may be overcrowded or highly populated. Be smart and continue checking in on your county's guidelines.

**How are you going to celebrate upcoming occasions as places**

begin to open again? Start a conversation in the comments below!

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# Celebrity News: Scott Disick Seen Dining With Kourtney Kardashian Amid Sofia Richie Split



By Ellie Rice

In the latest [celebrity news](#), Scott Disick was spotted dining

out with ex-Kourtney Kardashian and their kids. The sighting has fans on high alert as Disick and longtime girlfriend Sofia Richie's recent split was said to be because of his former flame. According to *UsMagazine.com*, Disick's focus was always on Kardashian and their kids rather than Richie. We hope all these celebrity exes can get along!

## **In celebrity couple news, Scott Disick was seen out with ex-Kourtney Kardashian amid his split from Sofia Richie. How do you know if you're still hung up on an ex?**

### **Cupid's Advice:**

Missing an ex is a common and sometimes inevitable occurrence. If you're wondering if you may fall into that category, Cupid has some advice for you:

**1. You're constantly thinking about them:** If the one thing that seems to always be on your mind is your ex, then chances are you're not over them. Think about the good and bad within the relationship and why it ended. If you went your separate ways for reasons that were fixable or poorly timed, then maybe reconciliation is in your future. For those whose relationship ended for valid and critical reasons, then you need to remember why the split took place. Nostalgia plays a selective highlight reel through our memory and focuses on the highest of highs, don't let this cloud your judgment.

**Related Link:** [Celebrity Exes: Scott Disick is 'Always Flirting' With 'Best Friend' Kourtney Kardashian](#)

**2. You stalk their socials:** Are you glued to your phone and constantly checking in on your ex's profiles? If that sounds

like you, then you're probably not over them. This definitely isn't a healthy step in the moving-on process or any for that matter! Once you've split, unfriend and unfollow your partner. Cutting off this visibility is crucial for you to embark on the next stage of your life. Constantly checking in or stalking their pages isn't going to do you any good and may lead to your feelings getting hurt all over again.

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**3. You're still reaching out:** Closure is a crucial part of the breakup process. It's important that the two of you have an open and honest discussion about why things ended so you're both walking away without any lingering questions. Once this has happened, it's important that you move forward with your life and work towards finding your own happiness. Stop trying to rehash the past or continue to ask your ex what went wrong. Accept that it wasn't the right path and focus on yourself.

**Are you still hung up on an ex? Start a conversation in the comments below!**

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**Celebrity News: Prince Harry's Ex Cressida Bonas Feared Being Labeled 'It' Girl After Split**





By Ellie Rice

In the latest [celebrity news](#), Prince Harry's ex Cressida Bonas has opened up about life post-royal-split and how the relationship held her back. According to *UsMagazine.com*, Bonas feared her reputation would leave her branded as an "it" girl once the duo broke up, but she now has found the confidence to pursue her passions. The pair amicably went their separate ways in 2014 but remained on friendly terms as Bonas attended his wedding to Meghan Markle.

**In celebrity news, Cressida Bonas was afraid of what people would think of her after her split from**

# Prince Harry. What are some ways to keep your break-up from causing gossip and rumors?

## Cupid's Advice:

Gossip and rumors can cause quite a rift in any relationship, often leading to a break-up. If you're wondering how to navigate the post-split waters without any of that negativity, Cupid has some advice for you:

**1. Stay on the same page:** Break-ups are tough for both parties, even when they're amicable. Moving on from a relationship and person that's held such a prominent position in your life is challenging. If you're worried about people gossiping and starting rumors about your relationship, then you need to have a conversation with your ex-partner. Let them know how you're feeling and get on the same page about what's going on.

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**2. Be respectful:** The last thing you want is to sour your split and have it turn messy. Once the two of you have gone your separate ways, be respectful. Honor the memories you shared and understand that it's now time to embark on a new chapter in your life. Unless your ex has done something awful, there's no need to soil and tarnish their reputation in the public sphere. You wouldn't want them speaking negatively about you without cause either!

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**3. Redirect:** If you're finding yourself surrounded by gossip about your relationship, set the record straight, and then

move on. Understand why it ended, respect the feelings and decisions within the relationship, and then move forward. Redirect the conversation to what you're doing with your future and the other stuff that's happening in your life. The ins and outs of your relationship are nobody's business but yours and your former partner's.

**How would you keep your break-up drama-free? Start a conversation in the comments below!**

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## **Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab**





By Ellie Rice

In the latest [celebrity news](#), Scott Disick and Sofia Richie have decided to take a break from their relationship. Sources exclusively shared with *UsMagazine.com* that Disick needs to get his act together before getting involved with their relationship again. Disick was seeking treatment to work through his past traumas, but left the facility after photos of him in attendance were leaked. We wish nothing, but the best for these two and hope they can work it out!

**In celebrity couple news, Scott Disick and Sofia Richie are on a break after his latest stint rehab. What are some ways to support a partner or ex-partner recovering**

# from addiction?

## Cupid's Advice:

Supporting a loved one recovering from addiction can be difficult and emotional. If you're looking for a little guidance, Cupid has some advice for you:

**1. Take it slow:** The recovery process is a long and continuous road for your partner and your relationship. Don't expect everything to change overnight, as your significant other is on their own healing journey. As they find their inner strength, so will your relationship. Be supportive and communicative with them by creating an open and honest environment at home. Allow them to transparently convey their emotions and feelings towards you, so you both can understand where your relationship is at. If you have an ex-partner going through recovery who is still a part of your life, be supportive of them as well. Check-in with them and spend time together participating in fun and lighthearted activities.

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**2. Build a support network:** Letting your partner know that you support them and are with them every step of the way is so important. They need to feel love and care on the homefront. Remove any triggers from your home environment that you think could get in the way of their recovery process. Take them to their meetings or try engaging in couples therapy to continue rebuilding your relationship. Have family and loved ones provide support as well to show your partner how important they are.

**Related Link:** [Celebrity Couple News: Kim Kardashian Needs Space From Kanye West](#)

**3. Get adventurous:** Come up with fun and exciting activities

to go out and experience with your partner! Finding ways to celebrate each other and rekindle your relationship by engaging in substance-free activities is crucial. Go for a walk down the beach or go take a hike. Create a list of things or places that make you both happy and go from there. Rebuilding your relationship in alcohol and substance-free environments will be a great way to strengthen your bond and help your partner on their journey.

**How would you help a partner going through a difficult time? Start a conversation in the comments below!**

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## **Celebrity Divorce: Judge Rejects Mary-Kate Olsen's Emergency Divorce Filing from Olivier Sarkozy**





By Ellie Rice

In the latest [celebrity news](#), Mary-Kate Olsen and Olivier Sarkozy are headed for divorce. According to *UsMagazine.com*, Olsen's emergency divorce filing was denied because of its "non-essential" categorizing. Olsen cited that she was afraid Sarkozy would force her out of their living space as her reasoning behind the emergency filing. The pair had been married for five years prior to the split, after meeting back in 2012. We hope these two are able to peacefully go their separate ways!

**In celebrity divorce news, Mary-Kate won't be a single woman for a while yet, as her divorce filing wasn't deemed essential. What are some ways to navigate the**

# transition from married to single amid a divorce?

## Cupid's Advice:

Going through a divorce signifies a time for new beginnings and change. If you're curious about how to move forward and navigate this transition, Cupid has some advice for you:

**1. One step at a time:** Feeling comfortable in this new chapter of your life will take some getting used to. It's important that you acknowledge what went wrong and understand your emotional needs. Divorce is a serious and final solution to a relationship that isn't working out. By recognizing what led to its demise, you will be able to learn from it and move forward with your life. Seek professional help or group therapy if you are having trouble figuring your path out!

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**2. Build your support network:** Surrounding yourself with loved ones and people you care about is crucial during this period of adjustment. There is nothing more powerful than the love of your friends and family, especially when moving on from a former lover. They will be there for you throughout this process to help you move on and live your wonderful life. Not only will your network be supportive while you're going through pain, but also when you feel ready to embark on the dating world once again! Don't be afraid to lean on these people and let them know just how you are feeling.

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**3. Find what makes you happy:** Look at this new period of your life as a time for yourself. You're unattached from a



relationship and all of the emotional constraints that come with it. This change doesn't have to be seen as a negative if you're able to find happiness within yourself. Start finding activities or things that bring you joy. Whether that's meditation, cooking, or spending time outside, it is all up to you!

**How would you navigate this transition? Start a conversation in the comments below!**

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## **Celebrity Couple News: Kim Kardashian Needs Space From Kanye West**





By Ellie Rice

In the latest [celebrity news](#), Kim Kardashian has reportedly had enough of quarantine with husband, Kanye West! According to *UsMagazine.com*, Kardashian desperately needs space from her man as he is more focused on work rather than helping her with their three children. After six years of marriage, we hope West can compromise some of his time for the sake of his leading lady!

**In this celebrity couple news, Kim Kardashian feels like she needs some space from husband, Kanye West while in quarantine. What are some things to do when feeling suffocated by your partner?**

**Cupid's Advice:**

Feeling like you need a little break from your partner is normal. If you're curious about what to do when you're feeling like this, Cupid has some advice for you:

**1. Let them know:** Your partner may not understand that they are making you feel suffocated, so letting them know should definitely be your first step. Sit them down and express how you're feeling so they understand how their actions are affecting you. People show love in different ways, so be honest with them about what makes you feel comfortable and supported. If you are requesting changes from your partner that they don't feel they can make, it's time to move on. Staying in a relationship that is emotionally suffocating will not benefit either of you or your mental health.

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**2. Make a change:** Similar to Kim K, maybe you just need some space from your partner. Try taking a break by spending time with your friends and family, rather than just your significant other. Have a girls night or grab dinner with your parents! By minimizing the annoyance and anxiety you're feeling at home, you'll start to feel better about your partner. Encourage them to do the same by hanging out with their friends or loved ones. It's healthy for any relationship to take time away from each other to focus on the other people in your lives that you care about.

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**3. Practice self-care:** Focus on yourself! Take time every day to give your mental health some attention. If you're feeling trapped and suffocated by your partner, then spending time alone can be a great refresher. Whether you are into meditation, face masks, or a bath with a glass of wine, you need to find something that makes you feel happy and relaxed.

What steps would you take to feel less suffocated in your relationship? Start a conversation in the comments below!

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# Celebrity Couple News: Hilary Duff Shares Heartfelt Tribute to Matthew Koma on Engagement Anniversary



By Ellie Rice

In the latest [celebrity news](#), Hilary Duff posted a series of

Instagram photos honoring her husband, Matthew Koma, to celebrate the anniversary of their engagement. The pair had been dating three years prior to the engagement and share a daughter together. According to *UsMagazine.com*, the happy couple met back in 2015 while Koma was producing one of Duff's music albums.

**In this celebrity couple news, Hilary and Matthew are reflecting on the day they got engaged. What are some ways to make your engagement personal and memorable?**

#### **Cupid's Advice:**

Aside from your wedding day and the birth of your child, getting engaged is one of the most special days of your adult life. If you're curious about how to make it memorable, Cupid has some advice for you:

**1. Capture the moments:** Whether you are the one proposing, or you've just been proposed to, capturing this special moment is so important. Hire a photographer or enlist a friend to help make this time extra special and something you both can always look back on. If you've just been proposed to, take pictures of the ring and the two of you, so this day can last forever. You can show the pictures at your wedding, and take a page of out Hilary Duff's playbook and reminisce on social media!

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**2. Share the news:** One of the beauties of social media is its

ability to quickly spread information. Family and friends from all over the world can be reached at the click of a button. Share the news of your engagement across your platforms, only when you're ready of course, so everyone you love can celebrate with you! Call your friends and family as their excitement for you will be out of this world. Years from now you will all be able to reminisce on the happiness of this occasion.

**Related Link:** [Hilary Duff Says Aaron Carter's Love Declarations Are 'Uncomfortable'](#)

**3. Plan your party:** Throwing an epic and memorable engagement party is a right of marital passage. The best way to celebrate your love is by being surrounded by all of your friends and family. Invite your loved ones, cater some delicious food, and dance the night away! This is a night that you will never forget, with all of the people who love you the most.

**What are some ways you would make your proposal memorable? Start a conversation in the comments below!**

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## **Celebrity Break-Up: Kristin Cavallari & Jay Cutler Reach Temporary Child Custody Agreement**





By Ellie Rice

In the latest [celebrity news](#), Kristin Cavallari and Jay Cutler's divorce grows more complicated by the day. The pair announced their split last week after being together for over a decade. According to *EOnline.com*, Cavallari was blindsided by the divorce filings even though the pair have reportedly been having issues in recent months. They have now reached a temporary custody agreement which allows them both time with their three children. We hope these two can work it out and go their separate ways!

**In celebrity break-up news, Kristin and Jay have at least agreed temporarily on how to take care of their children amid their split. What are some ways to compromise**

# when it comes to your kids in a relationship?

## Cupid's Advice:

Once you become a parent, having to put your children's needs in front of your own is a must. If you're looking for ways to do that while maintaining a healthy relationship, Cupid has some advice for you:

**1. Set up a plan:** In order to keep your relationship strong while trying to parent, it's important that you are always communicating. Having open and honest lines of communication with each other will allow you to work as a team. Set up a plan to establish what is happening for the weeks or months ahead. By doing this you'll be able to see what kinds of scheduling conflicts or personal events are taking place and who needs to cover what. Organization is key! Not only will this eliminate stress, but you will feel more connected to your family unit.

**Related Link:** [Celebrity Parenting: Kristin Cavallari Says Jay Cutler Is the 'Stricter Parent'](#)

**2. Think of your partner:** If there's something coming up that your partner has really been looking forward to, be sure you are listening to them and acknowledging their desires. Make a compromise and offer to take care of the kids so they are able to do their thing. In the future, your partner will definitely offer to do the same. Even if it means that you're missing something you may have wanted, it's important to think of your relationship.

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**3. Respect their decisions:** Before having children, think



about some of the awesome experiences you'd like to check off your bucket list with your partner. Once children enter your life you'll be compromising a lot of time and money for years to come. Take this into consideration when family planning and try enjoying yourself for a little longer! Once you welcome children into your lives, make a plan with your partner for a vacation a few years ahead. Setting up a timeline will give you both something wonderful to look forward to with your kids.

**What kinds of compromises do you make in your relationship? Start a conversation in the comments below?**

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## **Celebrity Baby News: Anderson Cooper Welcomes 1st Child Via Surrogate**





By Ellie Rice

In the latest [celebrity news](#), Anderson Cooper welcomed his first child via surrogate! Sharing the exciting news this past week through his Instagram account, Cooper announced the birth of his son, Wyatt Cooper. According to *UsMagazine.com*, the name Wyatt was chosen in honor of the Cooper's late father. We wish these two nothing but love and happiness in their future!

**In celebrity baby news, Anderson Cooper is a proud new dad to a baby boy! What are some ways to prepare your life for a child?**

**Cupid's Advice:**

Becoming a parent is a joyous and momentous occasion that many look forward to in their lives. If you're looking for ways to prepare for this next step, Cupid has some advice for you:

**1. Make sure you're ready:** The first step in gauging your preparedness for pregnancy is checking in with yourself. Taking care of your mental and emotional health is crucial before having a child. If you feel ready to become a parent and prepared for all of the wonderful yet challenging years ahead, then go for it. For those not quite there yet, take your time. This is not something to rush into! Many women invested in their careers or still exploring their lives have frozen their eggs, so do some research if you feel that might be an option for you.

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**2. Financially prepare:** Babies are expensive! During your pregnancy planning, be sure that you are taking a realistic look at your finances. You want to feel comfortable and supported while going through this process, so be sure to save. Once your baby is born, consider opening an education fund for them. As they grow up, continue putting money into the account so once college rolls around you will all be ready!

**Related Link:** [Single Celebrity Parents: Balance Your Career & Parenting Like Sandra Bullock](#)

**3. You have support:** It's important that while you are going through this exciting time, you have built a support network. Whether that is through your partner, friends, or family, be sure that you have people to lean on during this process. Having loved ones to turn to and be by your side is definitely a key part of preparing for a child.

**What are some ways you'd prepare for a child? Start a conversation in the comments below!**

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# Celebrity Baby News: Gigi Hadid & Zayn Malik Are Expecting First Child



By Ellie Rice

In the latest [celebrity news](#), Gigi Hadid and Zayn Malik are reportedly expecting their first celebrity baby together. This exciting news came as a shock to fans who have been following their on-again-off-again relationship. According to *UsMagazine.com*, Hadid has always had her eye on motherhood and starting a family with Malik. We can't wait to see what the future holds for these two!

# In celebrity baby news, this beautiful couple are expecting. What are some ways to strengthen your bond as a couple before welcoming a child?

## Cupid's Advice:

It's important to strengthen your relationship and cement your love for one another before welcoming a child into your lives. If you're looking for ways to do this, Cupid has some advice for you:

**1. Explore:** Once you begin your pregnancy journey, the next few years of your life will be chaotic and full of sleepless nights. Take this time before that happens to travel, adventure, and check some things off your bucket list! These experiences will strengthen your relationship and bond with your partner, so when the time does come, you will both be rock solid in your commitments.

**Related Link:** [Celebrity Couple News: Gigi Hadid and Zayn Malik Love Wearing Each Others Clothes](#)

**2. Enjoy:** As wonderful as parenthood is, at times you will definitely miss being able to have one-on-one time with your partner. Take this into consideration before you start your pregnancy and really enjoy your relationship. Make time for date nights and fun days out and about! This will really strengthen your relationship because you are taking the time to deepen your bond with each other.

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**3. Embrace:** If you have any lingering issues or built-up

problems within your relationship, now is the time to solve them. Not only will this strengthen your relationship, but it will also eliminate any doubts or stress you have before embarking on this journey. Seek professional help or couples therapy if you feel that will be more beneficial to your relationship. Remember that open and honest communication is the best method when strengthening your bond.

**What are some ways you would strengthen your relationship in this situation? Start a conversation in the comments below!**

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## **New Celebrity Couple: Is Victoria Fuller Quarantining with Former 'Bachelor' Chris Soules in Iowa?**





By Ellie Rice

In the latest celebrity news, *Bachelor* Nation's Victoria Fuller is rumored to be quarantined with her new man, former *Bachelor* Chris Soules in his hometown in Iowa. According to *UsMagazine.com*, the speculation intensified when the pair posted similar photos of a plowed field to their Instagram accounts on April 21. We love to see new relationships blossom during this uncertain time!

***Bachelor* fans are really trying to figure out what's happening with Chris Soules and Victoria Fuller. What are some reasons to keep your relationship under wraps at first?**

**Cupid's Advice:**

Navigating the rocky waters of the dating scene can definitely

be challenging and once you've found someone, you won't want to let go! If you're debating whether or not to go public with your new relationship, Cupid has some advice for you:

**1. Listen to your partner:** There are two people in your relationship and you always have to remember that. Even though you may have strong feelings towards a certain subject, your partner's opinions should be taken into account as well. Allow them to share their thoughts on publicizing your relationship or keeping it under wraps so the two of you are on the same page. If you are still exploring each other and your emotions, that's definitely a reason to keep it private.

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**2. Think about the family:** Take a new relationship slowly and move at your own pace. If you're not ready to share your relationship with your family, that is okay! Maybe they weren't too fond of your ex and that's left you wary of introducing them to someone new. Or they can be a bit overprotective and might scare off a new partner. Whatever the case may be, remember this is your life and you make the decisions.

**Related Link:** [Exclusive Celebrity Interview: Former 'Bachelor' Chris Soules Says His Dating Life is "Relatively Non-Exsistent"](#)

**3. Not ready for the friends:** Aside from family, your friends are probably the most important people in your life. Introducing them to someone new is a big step step for everyone! At the end of the day, all they want is for you to be happy and feeling loved, but sometimes gaining their approval is quite the feat. Avoiding judgement or potentially disapproving friends are definitely reasons to keep your relationship a secret for a while.

**Would you keep your relationship a secret from your loved**



ones? Start a conversation in the comments below.

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## Celebrity Couple News: Kate Beckinsale Defends New Relationship with Goody Grace



By Ellie Rice

In the latest [celebrity news](#), Kate Beckinsale had to defend her new relationship with singer, Goody Grace from internet hate this past weekend. According to *UsMagazine.com*, an Instagram user tried to throw shade at Beckinsale and her

rumored new beau, but she clapped back and stood up for her man. Beckinsale's dating choices have been a cause for controversy because of her past dating much younger men. We love to see a strong woman taking charge of her relationships!

**In celebrity news, Kate Beckinsale isn't afraid to stand up for her relationship. What are some ways you can stand up for your partner in situations that call for it?**

**Cupid's Advice:**

Just as it's important to stand up for yourself, you should feel confident protecting your partner as well. If you're wondering how to do that, Cupid has some advice for you:

**1. To the family:** If your family has a lot of critiques for your significant other or hasn't always been fond of your relationship, it's time to change their mind. Instances related to family are definitely one of the leading situations where you would need to stand up for your boyfriend or girlfriend. Don't be afraid to take charge of the situation and explain that this conversation will not continue unless you can be on the same respectful page. Explain to them how your partner makes you feel and the love you have for them. It might just take standing your ground for them to back down and understand your boundaries.

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**2. With your friends:** Just because you joke around or vent about your relationship doesn't make it okay for your friends to do the same. If you feel like they are continuously

crossing the line with their comments about your partner, then you need to have a conversation about it. Your friends just want the best for you so they may be coming from a place of worry or ignorance to their actions. Reassure them that their love for you is validated, but their behaviors have gone too far. Open and honest conversations are the best solution.

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**3. With themselves:** If your partner is constantly getting down on themselves and expressing doubts with their own abilities whether personally or work related, stand up for them. Everyone feeds into negativity at certain points in their lives, so having an awesome support system is crucial. Let them know how incredible you think they are and help boost their confidence!

**How would you stand up for a loved one if the situation called for it? Start a conversation in the comments below!**

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**Celebrity Marriage: Michael Buble's Wife Luisana Lopilato Defends Their Marriage After Fans Slam Him for Elbowing Her**



By Ellie Rice

In the latest [celebrity news](#), Michael Buble's wife, actress Luisana Lopalito, defends the singer after a video of him appearing to elbow her creates a stir on social media. According to *UsMagazine.com*, the actress took to Instagram to address the claims and deny any sort of marital abuse had taken place. The pair met in 2009 and share three children together.

**This celebrity marriage is strong, despite fan speculation. What are some ways to keep rumors about your relationship from affecting it?**

## **Cupid's Advice:**

Rumors spread quickly and inaccurately all the time. If they are factoring into your current relationship, Cupid has some advice for you:

**1. Address it with your partner:** Sit down with your partner and openly talk about what's going on. Maintaining transparent and honest communication is crucial for any successful relationship. If the rumors that are hearing about your relationship are completely false, then talk them through with your partner and then brush it off. Unsubstantiated claims and falsehoods should not come between you two.

**Related Link:** [Relationship Advice: How Important Are Similarities For A Happy Marriage?](#)

**2. Ignore it:** If you and your partner have determined that the rumors are false and have no basis, then just start ignoring the hate! If you don't give something the power to affect you, it won't. Trust your partner and continue having conversations about your feelings to ensure you're both on the same page. Nothing can stand in the way of a happy and healthy relationship unless you let it.

**Related Link:** [Relationship Advice: Susan Trombetti Talks Love & Dating Amid COVID-19](#)

**3. Talk to those spreading them:** If you know who has been saying these things and spreading misinformation around about your relationship, definitely confront them. Have an open and honest conversation with them about what's been happening and why. Enter the chat level-headed and calm as this doesn't need to become a screaming match! Hopefully you will both find closure and answers to why this has been a part of your lives.

**How would you deal with these types of rumors? Start a conversation in the comments below!**

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# Celebrity Exes: JLo and Diddy Reunite for a Good Cause



By Ellie Rice

In the latest [celebrity news](#), friendly celebrity exes JLo and Diddy reunited 20 years after their split! The pair were seen dancing and chatting on Instagram Live for Diddy's Dance-a-Thon Fundraiser that ended up raising over \$3 million dollars. According to *UsMagazine.com*, the money was being donated to an organization called Direct Relief, which supports healthcare workers in poverty stricken areas. We love to see this pair reunite for such an awesome cause!

# In celebrity news, celebrity exes JLo and Diddy reunited on social media for his dance-a-thon fundraiser. What are some ways to know you're ready to be friends with an ex?

## Cupid's Advice:

Rekindling any sort of relationship with an ex is tricky, whether getting back together or developing a friendship. If you think you're ready and want to be friends with an ex, Cupid has some advice for you:

**1. Your feelings are platonic:** If you feel as though you have completely moved on from any lingering emotions and heartache that one was, a friendship could be your next step. Understand yourself and your heart first and foremost and only embark on this path if you are truly ready for it. You don't want to fall right back into romantic love and wind up heartbroken again, so take it slow!

**Related Link:** [Celebrity News: Diddy Navigates Life as a Single Father After Kim Porter's Death](#)

**2. You've set boundaries:** Understand that even though you are developing a friendship with this person, they are still your ex. The history that you share with this former partner was once very intimate so make sure you are setting boundaries for yourself and them. Sit down with your ex and establish the do's and don'ts of this newfound platonic union.

**Related Link:** [Fashion Tips: Fashion Takeaways From Icon Jennifer Lopez](#)

**3. You've moved on romantically:** If you've been with or at least thought about being with other people since the split, this is a sign you are ready for the path of friendship. Feeling yourself move on romantically from your previous relationship is a wonderful and freeing experience so be sure that you're ready for this interesting step. Many people won't develop a friendship after a breakup because they still have lingering feelings for their former partner, but if you miss this person in a platonic way, go for it!

**Would you begin a friendship with an ex? Start a conversation in the comments below!**

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## **Celebrity News: Former 'Bachelor' Peter Weber Breaks Silence on Kelley Flanagan Dating Rumors**







By Ellie Rice

In the latest [celebrity news](#), former *Bachelor* Peter Weber and Kelley Flanagan have sparked dating rumors after the pair were spotted together in her hometown, Chicago. Speaking openly on Nick Viall's podcast, "The Viall Files," Weber explained that while they are not currently dating, he would love for it to happen in the future. According to *UsMagazine.com*, the pair have been quarantined together in her apartment along with *Bachelorette* alum Dustin Kendrick.

**In celebrity news, Peter and Kelley aren't dating, but they may be on their way to dating! What are some ways to get to know someone well before jumping into dating them?**

**Cupid's Advice:**

Getting to know someone before you dive into a relationship is crucial. If you're looking for ways to get to know a potential partner, Cupid has some advice for you:

**1. Explore your feelings:** If this is a potential partner that you've met on a dating app, try keeping it virtual for a while. Continue talking via texting and phone calls to build a layer of trust before you jump into a relationship. By getting to know each other on this level, you can be open and honest without it getting physical or too much too soon. Be aware of your emotions and move forward when you are ready.

**Related Link:** [Celebrity News: Clare Crawley Is Announced as Season 16 'Bachelorette'](#)

**2. Hang out in groups:** If you're not ready for a one-on-one date with this person, try a group setting. Invite them on an outing with your friends and their significant others or vice versa. Getting to know them while enjoying time with friends will create a more comfortable and relaxed setup. Your friends can also weigh in on their thoughts about them!

**Related Link:** [Celebrity Break-Up: 'Bachelor' Peter Weber & Madison Prewett Split After Finale](#)

**3. Go on an adventure:** Get to know this potential match by going on dates with them. Go for a hike or hit the beach! Explore the outdoors while enjoying each other's company. Spending actual time with someone and getting to know them on this level will help you decide if you see a future with them. Just because you are going on dates with them doesn't mean you are committing to anything, so be sure you are taking everything at your own pace.

**How would you get to know someone before dating them? Start a conversation in the comments below!**

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# Celebrity News: 'Bachelorette' Clare Crawley Explains Why She Kept Dress from Juan Pablo Galavis Breakup



By Ellie Rice

In the latest [celebrity news](#), soon to be *Bachelorette* Clare Crawley shared a throwback picture with fans on Instagram. Posting to her story, Crawley revealed that she kept her

iconic finale dress from her breakup with Juan Pablo Galavis. According to *EOnline.com*, she held onto the dress for its custom design and because that scene was the most empowering moment of her life. Fans may remember this dramatic episode as Crawley stood her ground and told Galavis exactly how she felt about him. We love a woman who isn't afraid to speak her mind and can't wait to see her journey for love unfold next season!

## **In celebrity news, Clare Crawley talks about keeping her dress because she wore it during the most empowering moment of her life. What are some ways to remain empowered in your relationship?**

### **Cupid's Advice:**

Every relationship comes with challenges, but it's important to understand your worth and voice your opinions. If you're looking for ways to feel empowered in your relationship, Cupid has some advice for you:

**1. Stay vocal:** Always communicate with your partner openly and transparently. Voice your feelings to them so you are both on the same page about where you stand in your relationship. Don't be afraid to initial hard conversations and always stand your ground. Being forthcoming and honest will create a consistently healthy environment where you will feel empowered and appreciated.

**Related Link:** [Celebrity News: Clare Crawley Is Announced as Season 16 'Bachelorette'](#)

**2. Keep your independence:** Even though you are in a committed

relationship and sharing a lot of things with your partner, that doesn't mean that everything has to be done together. It's important to keep your individuality when in a relationship so you are growing personally and together. Be sure you're making time for your friends and hobbies as these are important aspects of your personal life.

**Related Link:** [Celebrity News: Former 'Bachelorette' Andi Dorfman Calls Juan Pablo Season 'Stupidest Thing I've Ever Been a Part Of'](#)

**3. Learn to say no:** Don't be afraid to say *no* to things in your relationship. If you feel overwhelmed and like you're spreading yourself too thin, speak up. Your partner may not realize how much they are asking of you, so it's important to set healthy boundaries.

**How do you stay empowered in your relationship? Start a conversation in the comments below.**

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## **Celebrity Couple News: Ben Affleck Is 'Very Supportive' of Girlfriend Ana De Armas**





By Ellie Rice

In the latest [celebrity couple news](#), Ben Affleck and Ana de Armas are still going strong! Their new relationship took off after costarring in their upcoming psychological thriller, *Deep Water*. According to *UsMagazine.com*, these two are quarantined together and enjoying exploring their feelings for each other. We hope to continue to see more of this blossoming relationship!

**In celebrity couple news, this new duo is happy and quarantining together. What are some ways to know you're ready for a serious relationship with your new partner?**

**Cupid's Advice:**

Sometimes finding *the one* can be a challenging journey. If

you're unsure about seriously committing to a new partner, Cupid has some advice for you:

**1. You see a future:** If you look at your new partner and can envision a life together, this person is worth making a commitment to. Building a future with someone is a special part of life that every couple wants to commit to, but finding the right person can be a challenge. Be sure you are moving at your own pace and taking things slow, as these next steps will be huge for your relationship.

**Related Link:** [Celebrity News: Ben Affleck Had Breakdown While Filming Scene About Broken Marriage](#)

**2. The feelings are there:** Before you commit to a new partner, be sure that you feel ready. If you are undeniably physically attracted to this person, make sure you are emotionally there as well. Don't be afraid to ask for open and transparent communication from your partner about where they stand with their feelings. You both want to be on the same page so your relationship can flourish in a natural and healthy way.

**Related Link:** [Celebrity Exes Ben Affleck and Jennifer Garner Have 'Underlying Tension' Coparenting](#)

**3. You've got babies on the brain:** If you have baby fever like never before, and keep viewing this person as a potential father for your child, maybe that's a sign he is worth committing to. Seeing this person in that light should speak a lot to their values, morals, and what they care about in life. If you are both on the same page with your feelings towards each other, take this next step and commit. You never know where it can lead, so go into it confidently and put your best foot forward.

**How do you know when you're ready for a serious commitment? Start a conversation in the comments below!**