

Elisha Cuthbert Marries Hockey Star Dion Phaneuf



By Kristyn Schwiep

Canadian actress, Elisha Cuthbert and Toronto Maple Leafs captain Dion Phaneuf, tied the knot on Saturday at Prince Edward Island. According to [People](#), more than 300 guests were expected to flock to the reception. "It's a big wedding. Probably the biggest I've ever done in my 46 years, as far as the celebrity part of it goes," said Rev. Paul Egan, who led the service.

How do you know what size wedding is right for you?

Cupid's Advice:

Planning a wedding can cause stress to any future couple. Where should our wedding be? Where should we hold our reception? And how many people should we invite? Deciding how many guests to invite can be a daunting decision for any soon-

to-be newlywed. Cupid has some advice so you know exactly what size wedding is right for you:

1. How much money are you willing to spend: The truth of the matter is that people cost money. So ask yourself how many people you can afford to invite. Expenses add up quickly when considering the price of food, chairs, silverware, etc. If you start with your ideal budget you will quickly learn how many people you can afford to invite.

2. Location: Another question to ask yourself is: Where do you want the wedding/reception to be held? If your dream location only holds up to 175 guests and you have a list of 300, you and your fiancé need to discuss the factors about who gets removed off your guest list. Don't feel terrible about deleting names from the list, not everyone on your list needs to be invited to your special day. Remember to think clearly and rationally to create the best guest list for your special day.

3. Whose relevant now: Though having a big wedding with lots of guests sounds ideal it does get pricey and overwhelming. So stop and think about who is relevant in your life right now and who will still be relevant in 10 years from now. If you don't talk to your best friend from high school anymore don't feel obligated to invite them even if they invited you to theirs.

What size wedding was right for you? Share your thoughts below.

Elisha Cuthbert Proves Patience Can Pay Off



By Relationship & Sex Talk, Jane Greer, Ph.D., for Galttime.com

relationships and timing

Elisha Cuthbert, one of the stars of the ABC series *Happy Endings*, is proving that sometimes people do live happily ever after. It was recently announced that she and longtime boyfriend Dion Phaneuf, the Toronto Maple Leafs NFL hockey player, are engaged to be married after dating for four years. For some, that could seem like an eternity to wait.

But, what about the rest of us? It raises the question, how much time do you give a relationship before getting a proposal? And how long is too long?

There are many things that can keep one or both members of a couple from taking that big leap toward marriage. Sometimes

these issues are never resolved, or worse, they are just excuses. Other times they really are honest concerns that just need time to work themselves out, as was the case with Elisha and Dion. So how can you know the difference?

The most important thing to keep in mind is that despite the fact that your partner's reluctance to commit can feel like a rejection of you, try not to take it personally. You can do this by recognizing that very often when one partner is holding back on taking that huge step, it often has more to do with their own individual issues and fears than with how they feel about the other person. They might be worried about career success, or making enough money to support a family, or maybe they were betrayed before and have trust issues. If someone has already been married, there might be all sorts of concerns keeping them from trying again.

Talk to your partner about why they are not ready to go forward. See if you can jointly determine what it might take for them to get beyond their fears. Set goals to work toward making those changes and then you can set a time limit for yourself, maybe six months or a year, to see if anything is being done. As long as your partner is trying, then your relationship is still viable and worth fighting for. But if your partner is all talk, and has made no attempt to move toward the goals you set together, sadly, it might be an indication that nothing will ever change. At that point, you can do what they have not been able to do, take the next step yourself and move on.

'Happy Endings' Actress Elisha Cuthbert Is Engaged to NHL Star



By Erin Minty

Canadian-born actress Elisha Cuthbert and her longtime boyfriend Dion Phaneuf have become engaged. The NHL player proposed this weekend and sources confirm that she said “yes,” according to [People](#). The actress is known for her current role on ABC’s hit TV show *Happy Endings* as well as her role on *24*, while her new fiancée is famous on the ice as the captain of the Toronto Maple Leafs. The two have been dating since 2008, and are finally deciding to settle down together.

How do you know when you’ve been together long enough to get engaged?

Cupid’s Advice:

Taking the next step from a relationship to an engagement can be a huge and scary decision. Cupid has some advice:

1. You are 100% open: Relationships are about learning every little detail about your partner's lives, past and present. When there is no more to learn, and you are happy with what you know, it may be time to move forward in your relationship. When a couple has no secrets and knows each other so well, getting engaged seems like the obvious step.

2. You see a future: If you imagine your future life being married, and you can see your partner as the one you are with, then an engagement might be in order. After a certain amount of time (it is different for everyone,) if you know that your partner is the one you want to spend the rest of your life with, then moving forward is the answer.

3. You want to move forward: There are only so many steps after being in a monogamous relationship. Try moving in together. If you have done that, adopt a pet together or buy a home. When you still want to move forward in your relationship, becoming engaged is only natural, and a perfect next step towards a happy life.

How do you know when you have been together long enough to get engaged? Let us know below!