

Celebrity Interview: Courtney Paige Talks About 'The Arrangement' and If It's Really About Tom Cruise and Katie Holmes



Interview by [Lori Bizzoco](#). Written by [Whitney Johnson](#) and [Miriana Rexrode](#).

If you're as hooked on E!'s hit scripted series *The Arrangement* as we are, then there's no doubt that Courtney Paige has made a lasting impression on you as the mysterious (and up-to-no-good) Annika. In our exclusive [celebrity interview](#) with the star, she opens up about her role on the

show and what fans can expect in tomorrow night's finale. Plus, she talks to us about her film company Crazy Sunshine Films as well as her love life.

Celebrity Interview: Courtney Paige Talks About *The Arrangement*

As fans know, *The Arrangement* is a 10-episode series that follows the journey of up-and-coming actress Megan Morrison, who receives a lucrative offer to enter a staged marriage with movie star Kyle West. Paige's character Annika is working behind-the-scenes as hired help to ensure that their [celebrity relationship](#) lasts. Of playing the scandalous and manipulative villain of the show, Paige says, "Annika is so different from anyone I've played before because she has so many layers. It's quite a challenge for me."

Related Link: [Celebrity Interview: 'The Arrangement' Star Lexa Doig Says Viewers Can 'Expect a Bit of Everything'](#)

Of course, playing the bad girl can be fun. "It's such a treat," she adds. "You never know what she's going to do next."

We've read that Annika has a "big secret" to reveal in this season's finale episode. When asked about what's next for her character, the Canadian native reveals, "I think all of the characters on *The Arrangement* have some sort of big secret. The viewers are really left on the edge of their seats until the end. It's really well written."

It's been rumored that the show's storyline is based on a celebrity couple that we're all familiar with: [Tom Cruise](#) and [Katie Holmes](#). Luckily, the actress clears up any suspicions and says, "I think arranged relationships have been going on since before our time – long before Tom and Katie. So if anyone thinks it's deliberately about them, it's really not."

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The actress is lucky to share the small screen with a number of famous faces, including Michael Vartan. “Michael is so lovely and so talented,” she shares in our celebrity interview. “It’s amazing how humble everyone is on set. Everyone is so nice to each other, and it’s a great cast to be apart of.” Thanks to the show’s addicting storyline and great cast, we were excited to learn that writers are already working on the second season.

Not only is Paige an actress, but she’s also an up-and-coming writer and film director. She started her own film company called Crazy Sunshine Films and has a feature film in the works called *Neon Candy*, set to premiere in September. She, of course, shares her thoughts on the potential strike of the Writers Guild of America (WGA). Although she is not part of the WGA, she believes that if anyone is not feeling valued or being underpaid, then they should take a stand. We couldn’t agree more!

Courtney Paige on Her Love Life

The Arrangement may be filled with romantic drama, but off-screen, Paige’s love life is much more low-key. While she’s not currently looking for a celebrity relationship, she’s not opposed to finding someone special. “I’m still single, and I’m really focusing on my career, but if you know any single guys...,” she says with a laugh.

When it comes to her dream date, she likes to keep things simple. “I’m a pretty big country girl. I love to get out of the city and do anything outdoorsy. Fishing, hiking, watching the stars, or something else in nature is right up my alley,” she shares.

Related Link: [Date Idea: Get Close with Nature](#)

Every man's dream girl, right? Not according to Paige. "I'm a lot to handle," she adds. "Actresses are emotional, and they wear their hearts on their sleeve."

Of course, Paige's first love is acting, dating back to her early years in the theatre. To young girls watching *The Arrangement* and hoping to become actresses, she advises, "Make sure that you start in the theatre. I think it's important to not get caught up in all of the Hollywood glitz and fluffiness and to really stay true to your roots. Always remember what's important about the craft."

Catch Courtney Paige on the season finale of The Arrangement on E! on Sunday, May 7th at 10 p.m. EST. You can follow her on [Twitter](#) and [Instagram](#).

Celebrity Interview: 'The Arrangement' Star Lexa Doig Says Viewers Can 'Expect a Bit of Everything'





By [Cortney Moore](#)

If you're a fan of sci-fi and super hero television series, then Lexa Doig is a familiar face! This Filipina and Irish-Scottish actress has played the roles of medical specialist Sonya Valentine on the hit Canadian show *Continuum*, and the fierce Talia al Ghul on The CW's *Arrow*. Most recently, Doig snagged a role in the upcoming drama, *The Arrangement*, which is set to air in March. In our exclusive [celebrity interview](#), Doig opens up about her part in the new E! scripted series, family life, romance and how she balances it all.

Take a peek at what Lexa Doig is up to on the *E!* scripted series *The Arrangement* in this exclusive celebrity interview!

E! is at it again with their second scripted romantic drama. *The Arrangement* is a 10-episode series that follows the journey of an up-and-coming actress who receives a lucrative

offer to enter a staged marriage. Doig plays the role of Deann Anderson, who is a producer that aims to make the fake Hollywood marriage work for the sake of story telling. Without giving too much away, Doig says her character is “defined by her relationships with the men in her life, she knows who she is and what she wants to accomplish.” The concept of the show explores what goes into making a celebrity brand, and how it affects a star’s living. “I think that viewers can expect a bit of everything: there are power plays, personal dramas, intrigue, suspense,” teases Doig. Some have wondered whether *The Arrangement* was inspired by [celebrity news](#) involving [Tom Cruise](#) and [Katie Holmes](#), but audiences will be able to decide for themselves in a few weeks.

Related Link: [Celebrity Interview: ‘Hollywood Medium’ Star Tyler Henry on His New Memoir & Career: “This is Fundamentally What I’m Meant To Do”](#)

Doig is fortunate enough to be married to someone who understands her passion. She is married to fellow actor Michael Shanks, and has learned many lessons from their [celebrity relationship](#). “Honesty, trust and good communication are so, so important in a marriage,” Doig explains. She also stresses that it’s importance of making time for loved ones. “It seems a bit obvious to say that, but it’s shocking how much we forget that and take for granted the people we love.” Aside from being a wife, Doig is also a mother of three. She and her husband try their best not to work at the same time, but that doesn’t always go according to plan. Doig is fortunate enough to have a supportive best friend and nanny to help achieve her work-life balance. “I have loads of help from lots of different places so I’m quite privileged in that way,” she unabashedly says.

Related Link: [Celebrity Interview: Christina Milian Says, “Homemaker was just mom, and now it’s also grandma, it’s grandpa, it’s stepmom, it’s a combination of different people.”](#)

Although Valentine's Day has now come and gone, Doig didn't have anything special planned. With 13 years of marriage under her belt, the starlet says she and her husband aren't big on the holiday. "We're a little unromantic that way, but we're both kind of unsentimental so it works great for us. I'd rather randomly do something beautiful or just appreciate and love my husband every day than pick an arbitrary day to go out for dinner and get chocolate," Doig explains. When asked what was the most romantic thing someone has ever done for her on V-Day, Doig recalled a time when a boyfriend sent her on a treasure hunt. She had found his gesture to be "sweet," but it ultimately didn't work out. "I totally crapped on it by waiting until rush hour to drive all over the city, got impatient with his clues and yelled at him." She went on to admit that her impatience is probably why she's no good at romance.

With being a regular on two big network series, you'd think Doig would have her hands full. Despite a busy schedule, Doig continues to practice her craft. She recently finished filming the sixth installment of *The Aurora Teagarden Mysteries* for the Hallmark Movies and Mysteries Channel, and is prepping to shoot the seventh very soon.

For more information about Doig, follow her on Twitter @LexaDoig. The Arrangement is set to premiere on Sunday March 5 at 10 p.m.

Celebrity Interview:
Hollywood Medium Tyler Henry

Talks Upcoming Season, New Memoir & His Love Life



By [Cortney Moore](#)

Unlike most young adults trying to find themselves in life, 20-year-old Tyler Henry has made an impressive name for himself in the reality TV scene with his clairvoyant abilities. As the star of the hit show *Hollywood Medium*, Henry helps his celebrity clientele reconnect with lost loved ones. The small town California native captivated audiences with his detailed readings and secured a second season on E! which premieres tonight, August 10. Aside from having an active medium practice, this reality TV star has also written his own memoir. Learn more about the upcoming season, his new book, and his love life in this exclusive [celebrity interview](#).

***Hollywood Medium* Star Opens Up About His Talents, Dating Life & Second Season In Exclusive Celebrity Interview**

As to be expected, this young medium's life changed drastically after filming the first season of his show. One aspect Henry is still trying to get used to after his television debut is being recognized by fans in his coming and goings. "Getting stopped on the street by people who've been personally affected by the show has been one of my favorite experiences," the reality TV star shares in our celebrity interview, "I love getting to meet fans of the show and hear their stories – everyone has one." And speaking of stories, there's many to tell in this upcoming season of *Hollywood Medium*. "There are so many moments that are deeply profound, some of my favorites being with people who may have started off as skeptics," Henry reveals. He especially enjoyed conducting a reading for singer and songwriter Moby, who Henry assures received touching results. Other celebrities to keep an eye out for in season 2 include Melissa Joan Hart and Kris Jenner, both of whom left the medium starstruck. The young psychic revealed that he'd like to read Lana Del Rey and Cher because "both are amazing performers with intriguing stories."

Related Link: [Celebrity Interview: Hollywood Medium Tyler Henry Talks About His Near-Death Experience & Biggest Celebrity Crush!](#)

In addition to being a medium to the stars, Henry finds time to do readings for non-celebrity clients as well. "The show only represents a small demographic of my overall clientele," he says, "I still read the public and people who need it. It's essential for me to have a balance during filming as readings can become physically and mentally draining." And despite

having a busy schedule, this talented clairvoyant has written his first book, titled *Between Two Worlds: Lessons from the Other Side* that will be released in November. The book is a memoir of Henry's journey to becoming a medium, discussing life events that profoundly affected his upbringing, such as the passing of a childhood friend. "I think people will be surprised to see that many of the stereotypes people associate with don't apply to my situation," the psychic says. "In telling my story, I kind of demystify more of the outlandish ideas that people often assume mediums believe. It isn't like *The Sixth Sense*, and healthy skepticism is something I embrace." Henry hopes that readers will find resonance in his experiences and learn that we're all interconnected. The book will also go in-depth about the lessons people on the other side can offer to the world of the living. In five years, Henry hopes to still be working on *Hollywood Medium*, conducting readings cross-country and setting up a charity for young people who've experienced loss.

Related Link: [Julie Andrews' Relationship Advice: How to Survive the Death of a Loved One](#)

Thanks to his clairvoyant abilities, Henry's been lucky enough to avoid nightmare date nights. Though there have been times he's felt "more connected to a date's deceased grandmother," but he typically goes with the flow during these situations. The 20-year-old's career as a medium has helped keep his life free from relationship problems. "When I'm dating someone, I often find I know whether we'll be going on a second date before the first one even really begins." But he also says that he isn't opposed to having his mind changed. His abilities just simply provide intuition about people's intentions or motivations. However, this rarely happens since many with ulterior motives "run for the hills" anyway when they discover his abilities.

Tune in for the new season of Hollywood Medium with Tyler Henry on E! on Wednesdays at 10/9c. Catch the premiere on

August 10! You can keep up with Tyler on Twitter [@tyhenrymedium](#).

Celebrity Interview: 'Famously Single' Star Dr. Darcy Reveals Her Favorite Cast Members & Those Who Surprised Her Most



By [Rebecca White](#)

Over a year ago, Dr. Darcy Sterling received an email inviting her to audition for a new reality TV series, *Famously Single*, which focuses on helping eight single celebrities work through their relationship problems. Having made her television debut on E! in 2011, the network was familiar with her, so she flew out, auditioned, and the rest is history. Her experience as a licensed clinical social worker and relationship expert facilitates her work to help individuals and couples who want more out of life. She hosts workshops focused on psychology and runs a Q&A blog. In our exclusive [celebrity interview](#), Dr. Darcy dishes on the *Famously Single* cast members, from who was her favorite to who surprised her the most, and shares her best [relationship advice](#).

Dr. Darcy Dishes On *Famously Single* Cast In This Celebrity Interview

In the latest [celebrity news](#), before filming the show began, Dr. Darcy reveals that she was most concerned about working with *Jersey Shore* star Pauly D. “Based on what I knew of him, which was very little, he’s a big prankster always making wise cracks. I thought he was going to be the difficult, oppositional child in the classroom,” the social worker shares. “He actually turned out to be one of my favorites! Not that a mom really has favorites, but he was a delight to work with. He came in so earnest and really showed up with an openness to the process that made it so easy to work with him.” However, now that she’s finished filming the show, Dr. Darcy says that Somaya Reece surprised her the most. On the show, Reece shared her story of domestic abuse and became a poster child for resilience. “How she bounced back from that was mind-boggling,” Dr. Darcy says. “It speaks to human resilience and she is such an inspiration.”

Related Link: [Celebrity Interview: ‘RHOD’ Star Stephanie Hollman Says Her Life Is All About Her Family](#)

The main premise of the reality TV series is to teach relationship skills to celebrities who are infamous for being single. But since filming ended, the celebrities who have the best chance of finding love after this experience are those who were able to learn about themselves. "Those celebs that walked away learning about themselves, taking personal responsibility, recognizing that they've made mistakes in the past that having nothing to do with being famous are the ones who have the best chance at finding love," the therapist says. While being famous supersedes relationship problems, notoriety doesn't create problems that didn't pre-exist. With Dr. Darcy leading the group therapy sessions, these celebs can't use fame as the reason for their relationship issues. "The fact that they're famous is not justification for why they're single," the psychologist shares. After discussing their issues and teaching them relationship skills, the celebrities have had a chance to practice these skills through interacting with each other and mock dates.

Related Link: [Celebrity Interview: 'RHOD' Star Cary Deuber Says Co-Star LeeAnne is "Loud and Obnoxious"](#)

The [celebrity couple](#) who made the biggest splash in the headlines was Brandi Glanville and Calum Best, who began dating on the show. Although their courtship has ended, Dr. Darcy says both celebrities have learned a lot about themselves from the experience. "Brandi is much more aware of certain things she's done and Calum has thrown himself into yoga, which is major progress for him," she adds. "The show wasn't meant to create long-term sustainable change, though. It was intended to provoke a level of awareness in everyone and ignite a desire in each individual to go on their own journey and do their own work." After working with the celebs, the therapist says that Glanville does tend to pick the wrong people for her, but that there is a reason she's attracted to certain types of people. "Brandi has done a lot of work on herself and her work's not done," she says. After all is said

and done, Dr. Darcy said filming *Famously Single* was an amazing and challenging experience, saying, “I would love a second season.”

Reality TV Therapist Shares Best Relationship Advice

From filming a hit reality TV show to managing time with her clients, Dr. Darcy has a busy schedule. However, she knows that her relationship needs to be her top priority. “You cannot give everything you have away at work,” she says. “You have to come home with a little reserved. It’s unacceptable to come home on empty.” The reality TV therapist says that relationships require work every single day and that it’s a fallacy that relationships “shouldn’t feel like work.” If you’re struggling to manage your relationship and busy lifestyle, think back to what created your relationship. Think back to the beginning when you courted, seduced, supported, encouraged, and admired your partner. After the honeymoon phase, relationships are about self-discipline. “You have to incorporate it into your everyday life,” Dr. Darcy says. “This is the person you want to show up most for, not the least.” In her own relationship with her wife Stephanie, it is all about self-care. The duo makes sure they are highly involved with hobbies, such as yoga, dance, meditation, and CrossFit. “Steph and I try to walk the walk,” she shares. “There have been times when we haven’t engaged in the level of self-care we need to and our clients reflect that. They don’t absorb the information if we don’t walk the walk.”

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The most important skill to maintaining a healthy relationship is communication. “You have to be willing to listen to your partner, even when you’re tired and feel like they’re picking

on you,” Dr. Darcy says. It is crucial that you actively listen, remain quiet, and control the impulse to be defensive. You have to mirror back and paraphrase what they said so they know you listened to them and you know you understood. Most of the time, your partner just wants to be heard. “If you can deliver that to your partner, you have a basis of a great relationship,” she says. Once you learn the basic relationship skills, all of your relationships will improve because you will use these same skills with your family and friends. “I really hope people are motivated to learn about relationship skills because the quality of our lives is predicated on the quality of our relationships,” Dr. Darcy reveals. “It’s the most important thing in our lives and nobody teaches us.” At the end of the day, the best love advice from Dr. Darcy is the metaphor: “Use the good china every night.” Relationships are about showing up for your partner the same way you would for a stranger or company that you’re trying to impress. Make every day a date and bring romance into everything you do.

Famously Single airs on Tuesday’s at 10 p.m. on E!

You can keep up with Dr. Darcy on her [website](#) or [Twitter](#).

**Celebrity Interview: E!’s
‘Famously Single’ Dating
Coach Laurel House Says
“Every Episode Has Drama!”**



Interviewed and Written by [Cortney Moore](#).

Last month, *E!* debuted its newest reality TV show, *Famously Single*, which features one of Cupid's own, Laurel House. As an experienced relationship expert, House has had the opportunity to work closely with celebrities to fix their love lives, so it was only natural that *E!* selected her as one of the dating coaches to bolster their celebrity cast. In our exclusive [celebrity interview](#), House opens up about her experience on the show and the [relationship advice](#) she offered the celebrity cast members.

Celebrity Interview: Laurel House Talks *E!*'s Newest Star-Studded

Reality TV Show 'Famously Single'

Famously Single explores the dating lives of eight celebrities: Brandi Glanville, Aubrey O'Day, Pauly D, Jessica White, Willis McGahee, Somaya Reece, Calum Best and Josh Murray. With House's expertise and guidance, each celebrity is able to examine their behavior and past experiences in order to understand why their relationships have failed. But why do celebrities often experience failed relationships in the first place? House says, "The reality is that just because they're celebrities, doesn't mean that they're really all that different when it comes to entertaining difficulties and insecurities." She went on, saying, "Anyone can relate to the dating problem the celebrities are struggling with." In her expert opinion, celebrities are relatable because their insecurities stem from fear. Their careers require them to have both public and private personas, which sometimes conflict and are damaging if revealed.

Related Link: [Celebrity Interview: Reality TV Matchmaker Carmelia Ray Says, "Take Actions That Are Consistent With Your Commitments"](#)

Prior to meeting the cast, House expected the celebrities to be "high maintenance or catty," but was pleasantly surprised when she was able to work with them. "They were all truly amazing human beings, with the most gigantic hearts," she says. She also expressed how delighted she was to see these stars open up and reveal their more vulnerable sides. Two celebrities who stood out in her mind when discussing authenticity and kindness were Pauly D and Calum Best, both of whom are known for their wild party sides. "There is so much more than that," she reveals, referencing who they truly are. As far as which cast member inspired her, House says it was Somaya Reece who opened her eyes. She adds, "She's been through a tremendous amount of pain and difficulty in her

life, and she's overcome it more than anyone I've ever seen." House believes the challenges in Reece's life made her fragile, which is similar to the stories of many celebrities. "There is some fragility with these celebrities. Yes, they're very strong and put up strong exteriors, but that's for public consumption. They *do* have a very fragile and soft side, and that's the beauty of them."

Though House was able to get most of the celebrities to open up, her experience as their dating coach was not all smooth sailing. A number of the celebrity cast members gave her a difficult time at some point or another while filming. Two such celebrities were Willis McGahee and Josh Murray, both of whom she met in episode 2 during the cast's outing to a club. "I was personally very surprised by Willis's request to join him in the bathroom," House admitted when asked about the incident. Although she was surprised by his invitation, she wants audiences to understand that a situation like this isn't uncommon for a professional athlete. "In the sports industry, women are throwing themselves at you," she explains. "So while it was surprising to me, it's not a surprise that it happened. And it's not reflective of Willis as a human being because he's a really good man; it's just that he has been shown that this is the norm throughout his life as a football player." Murray's standoffish behavior towards her, on the other hand, was very disheartening. "Instead of taking the connection that we had and turning that into a conversation, he took the connection and immediately thought that I was conniving," House says about their interaction at the club. Despite Murray's harsh treatment, she understood where he was coming from. "He's the newest celebrity in the house and he's not used to all this additional attention," House says. She went on to explain that many celebs are defensive because they're unsure of people's ulterior motives.

Another challenge House faced while trying to mentor the celebrities were changed personas when the cameras were

rolling. With Calum Best in particular, House's skills were tested in getting him to show his real self while the cameras were on. Aside from changing personalities, House reveals that the most challenging and fun celebrity to mentor was Aubrey O'Day. "She didn't just take my advice and do what I said. She wanted to discuss it and really come to wrap her head around it and understand the theory behind it and why," House explains in our celebrity interview. "The questions that she asked showed me that she was invested in making change and analyzing herself so she could be in a real sustainable, loving and happy relationship, which she found in Pauly D." And O'Day isn't the only celebrity who has found love through the show. According to House, Reece has also found love with a woman where there is "mutual respect and mutual adoration," which were essential pieces she was missing in her past relationships.

Related Link: [Celebrity Interview: Virtually In Love's Kansas Discusses Falling In Love Online](#)

House hopes the other, currently single, celebrity cast members will be able to find love through the [relationship advice](#) she provided for them during the show. The piece of advice she believes is crucial to their success is having real and substantive conversations. For celebrities, she says it's important "to get away from the 'I'm a celebrity' conversation and get into the real conversation where the celebrity no longer feels like a celebrity, but feels like a normal person." Aside from valuable love advice, House assured us that *Famously Single* is still a reality TV show packed with entertaining drama. "Every episode has a big surprise, every episode has drama. Truly every single day I could not wait to get into that house and see what was going on." But despite having fun on set, cast members on the show took their roles very seriously. There was not a single person House doubted and she hopes viewers will see how pure everyone's intentions were. "Everyone at their core is looking for love and

connection. No matter what they say, that's the desire."

Famously Single airs Tuesdays on E! at 10 p.m. EST.

You can keep up with Laurel House on [Cupid's Pulse](#) or find more information on her Twitter [@DatingLaurel](#) and [website](#).

Relationship Expert Talks Taylor Swift, Tom Hiddleston Falling in Love Too Fast



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [relationship advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House gives relationship advice for how to fall in love. Check out the video above for more details!

Relationship Expert from E!'s *Famously Single* On Why People Fall In Love Fast

Have you ever had a time when you felt that you had fallen in love too fast? Did you find yourself having a Taylor Swift and Tom Hiddleston moment? Don't worry, most people have had a moment like this and relationship expert Laurel House discusses why people fall in love quickly. Falling in love requires chemistry and has no time limit. The dating expert featured on *E!'s Famously Single* reveals the three core needs for falling in love.

Related Link: [Don't Just Drop Hints When You Want Commitment](#)

Safe. Sexy. Seen. These are the key ingredients for falling in love. Healthy adult relationships make you feel secure and attractive. If your new partner provides these needs, and both your hearts are open, the speed of the relationship doesn't matter. House's relationship advice for heading into the right direction, is knowing what you need in a relationship. Knowing what to look for makes your dating journey so much simpler, and can consequently make the relationship progress quicker. Watch the video above to find out how to fall in love fast and correctly!

For more relationship advice videos from House, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

Do you think it's possible to fall in love too fast? Tell us in the comments below!

Celebrity Interview: Hollywood Medium Tyler Henry Talks About His Near-Death Experience & Biggest Celebrity Crush!



By [Emma Malefakis](#)

Most young celebrities are known for their talents but none quite like Tyler Henry. He has a unique gift of his own: He connects to those who have departed. Known as one of Hollywood's youngest psychics, he began working as a medium when he was just 16-years-old. He practiced his skill in a small town in California and has since worked with some of the biggest stars, including Snooki and Boy George. His everyday life was recently pitched for a reality TV show, and now *The Hollywood Medium with Tyler Henry* is airing Sunday nights at 10/9c on E!.

In our [exclusive celebrity interview](#), Henry opens up to us about his own near-death experience and shared his best relationship advice.

Celebrity Interview: Tyler Henry Talks About His Talent and New Reality TV Show

The reality TV star admits he owes much of his success to his supportive parents. "It took some time, but they now see the healing impact that the readings have in giving people insight, clarity, and closure," he says. "Now, it's just on a much larger scale." Of all the challenges he faces, the young medium says that crowds are the toughest part, but "the benefits of his gift outweigh any of the downsides."

It's understandable how such a talent can be overwhelming to others since they can't completely understand the ability of clairvoyance. "I get strong visual and mental imagery in my mind's eye when I concentrate on a person. This imagery, when pieced together and interpreted as a message, is then delivered to a person as means to provide some form of insight," he explains.

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[Hadid, and Miranda Lambert](#)

Henry has read hundreds of celebrities. He says one of the most shocking readings was with Tracey Gold. “Many revelations can come from readings, and many of them can be incredibly surprising. A murder victim that she was connected to came through and acknowledged the details of her passing,” he divulges.

Even with all his success, there are always doubters when it comes to the talents of mediums. “Thankfully, every celebrity who agreed to have their session filmed was open in some capacity, even the skeptics,” he shares. Henry says that he communicates what the client is meant to hear, not necessarily what they want to hear, and of course, that requires some tact.

Despite all of the celebrities he has had the opportunity to work with, if he had the chance to read anyone in the world, it would be the Dalai Lama. “To be able to connect to such an influential, and inspiring person would be an absolute honor,” he gushes.

Related Link: [Top 5 Celebrity Couple Predictions](#)

Young Psychic Shares Relationship Advice

In his personal life, the medium admits that his gift doesn't cause too many relationship problems. “I'm one of the few people who can probably tell whether or not there's going to be a second date before the first one,” he says with a laugh. When it comes to his celebrity crush, he admits, “Ezra Miller, hands down!”

The greatest piece of relationship advice he has to offer is for those with a significant other on the other side: “Honor their legacy by having new and exciting experiences and look

for the signs they will give to show they are still with you,” he explains. “They also want you to be open to new relationships and love.”

The heartache of losing a significant other is unimaginable, and the pain of losing a child is even harder for people to accept. Henry has these words for grieving parents: “Children are met by loved ones on the other side and are helped in their transition with ease,” he says. “Every child that I’ve ever brought through has acknowledged being at peace with God.”

What many people don’t know is that the celebrity clairvoyant had a near-death experience of his own. “In February 2014, I suffered brain swelling due to water on the brain caused by a brain cyst,” he reveals. He had emergency brain surgery and was in the intensive care unit for days. “It was life-changing for me – nothing quite grounds you like a near-death experience,” he shares in our celebrity interview. “It showed me what really matters and just how fragile life in this realm can be.”

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As for what’s next for Henry, he plans to continue doing readings and even has a book in the works. He would love to travel and tour the world. “I have so many causes that I hope to be able to bring light to, particularly in grief awareness and support for parents who experience the loss of a child,” he says. “I am so thankful to be able to share my gift with the world and help aid in the grief process, one reading at a time.”

Tune in for The Hollywood Medium with Tyler Henry on E! on Sundays at 10/9c. You can keep up with Tyler on Twitter [@tyhenrymedium](#).

Carmen Milian Talks Reality TV Show and Dating Advice in Exclusive Celebrity Interview: “Love Can Conquer All”



By [Sarah Batcheller](#)

The encouraging, protective, all-powerful role of momager is becoming ever more prominent in the most glamorous celebrity families, and Carmen Milian is no exception to the

population of fabulous moms taking over the entertainment industry. Mother to singer and actress Christina, hairstylist Danielle (who just announced that her third [celebrity baby](#) is on the way!), and chef Lizzy, the family matriarch has a lot of fame on her plate, as seen on the hit reality TV show *Christina Milian Turned Up*. Milian is not only a successful businesswoman; she happily raised her three equally-successful daughters following her divorce. In this exclusive celebrity interview, the celebrity mom describes life and love under her roof.

Exclusive Celebrity Interview with Reality TV Star Carmen Milian

Milian reveals that filming their reality TV show was a good experience for her family. “It actually brought us closer,” she explains. “We worked out some underlying issues throughout filming that we were able to resolve, and I think we came out better in the end by finally dealing with them.”

The mother of three also had a lot of favorite moments, but unfortunately, many of them won't be seen by audiences. “There were a lot of beautiful scenes that we shot that they didn't use. The footage showed us joking around and being silly or even a lot more lovable. I wish people could have seen that,” she says. “We also filmed an episode for Viva Diva Wines, which Christina and I own along with our partner Robyn Santiago. It was a charity event that we supported, and our wines were such a great hit!”

Related Link: [Christina Milian Talks New Reality TV Show, Viva Diva Wines and the Status of Her Love Life](#)

In regard to her high-profile business venture with her daughter, Milian makes it sound like a match made in heaven. “I love being Christina's partner!” she gushes. “I feel like

we understand and respect each other's roles now better than ever. We work better side-by-side than when I work *for* her." She then adds, "Our relationship has remained pretty much the same. The partnership is based on the same work ethic and trust that we've always had."

The entrepreneur likes to add a familial aspect to everything she does. Even while working, her children and grandchildren are at the forefront of her mind. Making it sound easy, she divulges her secret to balancing it all: "My grandkids are team players. They know that sometimes they have to be quiet while I'm on a business call, but they don't mind because those calls usually come while I'm in Toys "R" Us, at the park, or at Chuck E. Cheese. I spoil them plenty, so they are fine with me working while we play. I try not to text or email during my time with them though because I don't want them to feel ignored. "

Celebrity Mom Shares Dating and Relationship Advice

Milian is looking forward to this year, as she intends to make it a noteworthy one in terms of her relationship and love life. She believes that this is her time, saying, "The truth is that I used to date back in the day after my divorce, but it's been a while. Dating is the one thing I wish I would've taken more time for in the past, but it's never too late, and that is my intention in 2015."

Related Link: [Reality TV Star Christina Milian Talks About Her New Partnership and Being a Celebrity Mom](#)

She also has some dating and relationship advice for other single mothers looking for someone special. "Be open to it," she insists in our exclusive celebrity interview. "Date as many frogs as you like, but only introduce your kids to a few princes. Hopefully, one of them will turn out to be your

king!”

When it comes to the season finale of *Christina Milian Turned Up*, which airs this Sunday, Mar. 1, viewers have a lot to look forward to. “They are definitely going to see our worst sides at the beginning of the episode. They’ll see that my family is in no way perfect,” she candidly shares. “But at the end, everyone will see how we work through our issues and that love can conquer all.”

The reality TV star reassures fans that the closing of the first season of *Christina Milian Turned Up* doesn’t bring a halt to the family’s success. Christina will be dropping a hit single next week and is appearing in the Hulu series titled *East Los High*; Danielle is an avid blogger for *Latina Magazine* and has a line of hair extensions in the works; and Lizzy is a private chef and has just begun writing for *Latin Kitchen*.

Catch Carmen on the exciting season finale of Christina Milian Turned Up on E! this Sunday, Mar. 1 at 10/9c!

Christina Milian Talks New Reality TV Show, Viva Diva Wines and the Status of Her Love Life





By Ashley Pacifico

This past Friday, CupidsPulse.com had the chance to chat with singer and actress Christina Milian about the exciting projects that she's been feverishly working on. With her recent venture as co-owner of Viva Diva Wines, a new reality TV show called *Christina Milian Turned Up* on E!, and an upcoming album, the celebrity mom is certainly staying busy! Of course, that's exactly how she wants it to be. "I was born to be focused and to have something to live for, and all of this stuff just excites me. I want to empower a lot of women as well," she reveals.

Related Link: [Christina Milian on Her Partnership with Platinum E Hookah](#)

Reality TV Star Talks About Line of Wines and New Show

The talented entrepreneur is particularly proud of her new line of wines. "A Viva Diva is a confident woman who loves to live the life," she says of the ladies who enjoy her wine. "I

think we sometimes take things too seriously. Sometimes, you need to shout, dance, and scream out loud! You can be serious all day, or be a confident woman and just go have fun.”



Christina Milian celebrating with Viva Diva Wines. Photo courtesy of Illumination PR.

If pressed to pick a favorite wine, the celebrity mom names the pineapple and coconut flavor from the Moscato line. The peach and mango flavors make it very hard to choose though. “I really like all the flavors. Take ‘em all, guys!” she says with a laugh.

Longtime fans are excited to get a better glimpse at her day-to-day life with her new reality TV show, set to premiere in 2015. When asked if viewers are going to be able to get a peek at her love life, she confesses, “Right now, I’m just really focused on my music. I think that’s the focus of everything. And when a relationship and love come along, it will strike, and we will see if the cameras are there!” She also hinted that she would love to have Nicki Minaj and Drake on her upcoming album, which she describes as “a little mix of fun

club bangers, a couple of ballads, R&B, and pop” in our celebrity interview.



Christina Milian with Viva Diva Wines.
Photo courtesy of Illumination PR.

Related Link: [Christina Milian Ends Engagement to Jas Prince](#)

In an effort to dig just a little bit further into the mystery that is her current dating status, we asked the star what the inspiration was for her upcoming album. “It’s really about living in the moment. I’m just writing based off of my experiences – whether it be a break-up, makeup, love, or Cupid literally hitting you in the heart, you know what I mean?”

For more information about Viva Diva Wines, visit www.vivadivawines.com/. To keep up with Christina, follow her on Twitter @ChristinaMilian.

Ali Fedotowsky Tells Us How to “Attract More Love and Happiness” Into Our Lives



By Kristin Mattern

Ali Fedotowsky is no stranger to ABC's *The Bachelor* and *The Bachelorette*. She was a contestant vying for Jake Pavelka's affection in season 14 of *The Bachelor* and later starred on season 6 of *The Bachelorette*. Well-versed in love, relationships and reality television, Fedotowsky is now putting her dating and media expertise to work on a new blog for *E!* about the popular dating competition show. Additionally, she has continued her foray into the world of the small screen as the host of *1st Look*, the Emmy Award-winning travel show from NBC. In an exclusive interview, this

adorable TV personality opens up about the current season of *The Bachelorette*, moving on after heartbreak and her happy relationship with Kevin Manno, host of *Abby's Ultimate Dance Competition*.

The bubbly blonde has a unique point of view to share with readers of her *E!* blog. "I kind of feel like my time as the bachelorette was a lifetime ago, so I don't have any emotional connection to the show," she explains, "but I do enjoy watching with my girlfriends. And I definitely have a different perspective on what it's like for Desiree. I know firsthand that it's not easy!" Fedotowsky remembers her time on the reality series as one the most stressful and emotional times of her life but says that being a contestant on *The Bachelor* was "just fun!" She enjoyed her time hanging out with the girls and talking about boys. The big life lesson she learned from her experience on the shows is to be honest with yourself: "I don't think it changed the way I date. It just made me trust my instincts more."

Related Link: [Bachelorette 9, Episode 7: Confession in Madeira](#)

Given their similar circumstances, Fedotowsky has become friends with the current bachelorette, Desiree Hartsock. The two hit it off while filming a special that will air during tonight's *Men Tell All* episode. "Desiree is as sweet and down to earth in person as she is on the show. I really have nothing but wonderful things to say about her," the television personality remarks. Wondering if they shared secrets about the end of this season? "When we hung out, I told her to please *not* tell me anything. I didn't want her to think I would try to pressure her for those details. I'm there as a friend, not to interrogate her!" However, Fedotowsky did tell us that she is rooting for Chris but that she "will be happy with whoever she [Desiree] picks because she's happy! She'll pick the guy she falls for; that's not for me to judge."

Fedotowsky is no stranger to love and heartbreak. She was lucky enough to find her happy ending on *The Bachelorette* with Roberto Martinez, but the couple called it quits after an 18-month engagement. When it comes to moving forward after a broken heart, she suggests staying as busy possible. With this thought in mind, she's thankful for her role as host of the travel show *1st Look*. "It was good timing for me since I was in a transitional period of my life." Of course, this adventure-filled opportunity doesn't come along for everyone. "Volunteer," she advises. "I've done that in the past, and it not only keeps you busy but makes you feel good."

Related Link: [Lessons from Justin and Selena: Should You Get Back with Your Ex?](#)

It's no secret that the Los Angeles native has jumped back into the dating scene. She confirmed her relationship with Manno in April, and the pair was recently spotted celebrating his 30th birthday in Nuevo Vallarta, Mexico. When they're not soaking up the sun south of the border, the twosome enjoys playing "darts or any sort of game, like Bingo or bowling."

And for those of you just dipping your toes into the water after a split, the starlet shares this sage wisdom: "Get out there and do what makes you happy! I really feel that, when you show everyone that you love and respect yourself, you attract more [love](#) and happiness into your life."

*Be sure to tune in for tonight's Men Tell All episode on ABC at 8/7 pm c. To learn more about Fedotowsky, you can connect with her on [facebook.com/MissAliElaine](https://www.facebook.com/MissAliElaine) or Twitter [@AliFedotowsky](https://twitter.com/AliFedotowsky). You can also check out her blog for E! and her travel show, *1st Look*.*

LeAnn Rimes Discusses Her Affair with Eddie Cibrian: What Her Non-Verbal Cues Tell Us



By Jared Sais

It's been a tumultuous three years for LeAnn Rimes, a timeframe that includes her divorce from ex-husband Dean Sheremet and her very public affair with – and subsequent marriage to – *Northern Lights* co-star, Eddie Cibrian. Despite the fact that Rimes and Cibrian will celebrate their two-year anniversary in April, questions still persist as to what really happened during one of the most epic celebrity cheating scandals of the decade. But never fear: CupidsPulse.com's very

own celebrity detective is here to analyze [this clip](#) from a recent interview with Rimes and E!'s Giuliana Rancic.

**Author's Note: The video begins with an often overlooked aspect of television interviews: music. Music can be a very powerful instrument and one that greatly affects the emotional experience of a visual event (that's why the best soundtracks are inseparable in our minds with great moments in television, film and, of course, music videos). It's crucial to ignore the music and focus only on Rimes's non-verbal expressions and body language, which are quite revealing on their own.*

Related Link: [J. Lo and Casper Smart: What Their Body Language Says About Their Love](#)

(0:09) After Rimes is asked, "Why act on it when you're both married and you both have families?," she responds by saying that it's a "huge question" and flashing a masking smile, which differs from a fake smile in that its purpose is to mask a different emotion – in this case, sadness.

(0:10) A second later, a melancholy Rimes shoots her head down, exhibiting the number one sign of shame as she thinks about her role in the scandal and the after effects that she and Cibrian might still be experiencing.

(0:13) With her head still down, Rimes shows a micro-expression of fear: lips parted and the corners of her mouth widen. She's most likely worried about how she will look if she is not careful in her response to this difficult and personal question.

(0:15) Before she raises her head to answer the question, she licks her lips, which can be an indication that a person is about to tell a lie. When we lie, our body is forcing itself to do something unnatural, so it goes into a state of stress; one's mouth will often dry up, which is usually countered by licking the lips. Keep this in mind because the next thing Rimes says is "I never, ever in my heart want to hurt anyone."

Immediately after answering, she looks to Rancic to see if what she said has been positively received. This is a key giveaway that either what she just said wasn't true or it was prepared since she needs to gauge whether or not it was accepted.

(0:26) Hand gestures can mean many things, but Rimes mainly uses her hands to tell us a story about her and her ex. By bringing her hands far apart when she says "separate," she indicates both emotional and physical distance with Sheremet. Her hands then become interlocked when she says "super-connected," which tells us that she did not feel that way in her first marriage.

(0:44) Rimes's hands continue to tell the story of her relationship to Sheremet, even doing a folding or "breaking" motion when she says the word "break." She believes what she is saying, making a confirming head nod and moving her hands up and down when she says, "You can't break what's broken."

(1:00) Rimes starts to cry, and if you look at her left hand, it remains in the "break" position. This action could be her remembering a specific instance of something negative that transpired in their relationship, or it could represent what she is feeling at this moment.

Related Link: [LeAnn Rimes Breaks Down Over the Ending of Her First Marriage](#)

(1:02) Certain non-verbal cues have crossed-over into the general consciousness of people to the point where it is essentially part of our known behavioral language, and "the raised index finger" is one we all know. It means, "Wait, I need a moment," and Rimes uses it as she gathers herself. She then tell us that nobody could possibly know how much anguish they all experienced throughout this process – something that she seems to regret.

(1:03) Here, Rimes exhibits the prototypical facial expression

for sadness: inner eyelids are raised, a little bulge appears in the middle of her eyebrows, lip corners are pulled down, and the chin is a bit dimpled. This look is followed by Rimes putting her hand in front of her face with her fingers pointing upwards. This gesture is commonly thought to be an indication of lying, but to be more accurate, it is both a blocking mechanism – she physically uses her hand to mask what her face can no longer hide (sadness) – and a gesture to muffle whatever is about to come out of her mouth.

Conclusion

Rimes is clearly upset, but her lack of actual tears makes the exact reason why unclear. It seems like she is more upset at the result of the scandal (her rocky relationships with her ex-husband, Cibrian's ex-wife and perhaps even Cibrian). In the end, I think she might be a little broken herself and is simply trying to cope with the situation as best she can. Ultimately, if she is truly happy with Cibrian, all this strife will have been worth it. However, if she isn't and their relationship goes sour, her theory that "only unbreakable relationships are unbreakable" may have unfortunately been proven right again.

Do you think LeAnn Rimes and Eddie Cibrian are meant to be? Tell us in the comments below!

Giuliana Rancic Faces End of Maternity Leave: "It's Hard"



By Jenny Schafer for Celebrity Baby Scoop

After three months of a blissful maternity leave with her newborn son **Duke**, E! News host Giuliana Rancic is returning to work.

"I could give you the Hollywood answer and just say it's been great going back to work," she tells [Life & Style](#). "But the real answer is, it's hard. What's important now is different from what was important a few months ago."

"The other morning, I was having the best time with Duke, and he was making faces that I had never seen before, and he was being so cute. Then I looked at the clock and I had to go to work," the new mom, 37, adds. "So I keep thinking, am I going to miss something?"

To help calm her nerves, doting hubby **Bill Rancic** regularly sends smartphone videos of their son throughout the day. "It's

one thing to look at pictures," she says. "But when I see video, I feel like I'm with him."

Bill, 41, says he's never seen this side of Giuliana before. "It's remarkable to see how the baby has changed her," he shares. "Just the devotion the little guy evoked and the motherly instincts that kicked in."

But the self-professed workaholic says she'll work hard at balancing work and family life.

"I'll make it work," she says. "I'm going to make sure I don't sacrifice anything."

E!'s Newly-Engaged Ashlan Gorse May Head Back to France for Wedding to Philippe Cousteau Jr.





By [Whitney Baker Johnson](#)

You may recognize Ashlan Gorse as a correspondent and fill-in anchor on E! News or the new face of Murad Skincare, but lately, she's jumping into a different role: fiancé. Last month, her boyfriend of two years, Philippe Cousteau Jr., proposed on top of the George V Hotel in Paris.

"I was totally surprised!," Gorse says of the romantic proposal. "Our friend, Jeff Leatham, is the artistic director for the hotel, and he decked out the roof with candles and flowers. Just before the stroke of 10 p.m., Philippe snuck me up there and proposed while the Eiffel Tower sparkled in the background."



Of course, the famous landmark wasn't the only thing sparkling that night. Cousteau popped the question with an engagement ring he designed with the help of jeweler Jorge Adeler. Considering how shocked she was at the proposal, Gorse had no input when it came to her ring. However, Cousteau did keep her opinion in mind. "I had shown him a vintage oval ring that I loved a while back," she shares. "He used that ring when designing mine but made it his own."

She adds, "Honestly, it's more beautiful and more perfect than any ring I've ever seen."

The couple met in 2010 at an environmental event where Cousteau was giving a speech. Gorse knew right away that they had something special. "I called my sister the next day and told her, 'I think I just met the man I'm going to marry.'"

Related Link: ['I See Your Soul Mate': Sue Frederick Discusses How to Find the Love of Your Life](#)

Given their successful careers and busy schedules, they've had to make an effort to ensure that they get to spend time together. Of their long-distance relationship – Gorse has to be in Los Angeles during the week, and Cousteau often travels for work – the entertainment journalist says, "It's not always easy, but you make it work. Philippe always comes home to me in between expeditions, speeches and meetings, and we are usually together two or three weeks each month."

Keeping a long-distance love going can be challenging, but

Gorse believes that “if it’s meant to be, you’ll make sacrifices to see each other.” When she and Cousteau are apart, they talk, text and e-mail all day long – “unless, of course, Philippe is off somewhere like the Arctic.”

When they’re lucky enough to be in the same place, they always make time for just the two of them. “Philippe is the most romantic person I’ve ever met or even heard of!” Gorse shares. “Our favorite nights are at home, cooking together or sitting in the backyard with our dog.”

Her go-to date with her fiancé is just as low-key as those relaxing nights at home: a simple picnic, something they can do “on the beach, in the hills or just around the corner.” She’s even got a menu planned: two really good cheeses, apples, radishes, cherry tomatoes, grapes, a baguette, butter and salt along with a half bottle of white wine and a half bottle of red wine.

“It doesn’t really matter where we are as long as we’re together,” she adds.

Now, in their limited time together, they have a wedding to plan. They’ve started to kick around some ideas: “We want to get married in France at a vintage estate. We want to have a fun three- or four-day party with our family and friends and lots of great wine.”

We all look to celebrities for ideas and inspiration – especially when it comes to weddings – and given her line of work, Gorse is no different. She thinks Blake Lively and Ryan Reynolds as well as Natalie Portman and Benjamin Millepied did a great job of making their big day personal, something that she hopes to emulate with her own wedding. “I really want to make the day about me and Philippe, so we are going to make everything as meaningful as possible to us and our guests.”

Related Link: [Why Fans Are Obsessed with the Love Lives of Celebrities](#)

While it's easy to get caught up in craziness of their daily lives or the many details of wedding planning, Gorse keeps what is most important in mind. "We both know how truly blessed we are to have found each other, and we cherish every moment we have together, especially the little ones," she shares.

You can catch Ashlan Gorse on E! News or keep up with her on Twitter at @AshlanGorse and Facebook.

Giuliana Rancic and Husband Continue IVF to Have Baby



Giuliana and Bill Rancic are not giving up! After two failed attempts, the couple have decided to give in-vitro fertilization another try. The E! News host and her husband miscarried after their second try of IVF. Devastated, they decided to put aside starting a family for a short while and focus on themselves and their relationship. Currently in the middle of their third IVF treatment, the reality star couple are optimistic, despite Guilian's recent breast cancer setback. The two are not opposed to other options such as adoption or surrogacy, however they are desperate to get pregnant. The Italian beauty tells UsMagazine.com, "If [our doctor says] after this cycle, 'I don't think this is going to happen for you naturally. You're going to have to look at more options than we will.'"

How do you decide if adoption is right for you and your partner?

Cupid's Advice:

Adoption is something that should be deeply discussed. It can be a long and stressful process for which some couples are not ready. Make sure you and your partner have considered it from all angles:

- 1. Consider the pros and cons:** Making a list of positives and negatives with your partner can help to solidify that adoption is right for you as a couple.
- 2. Others who have adopted:** It may be a huge help to get advice from someone you know who has actually been through the adoption process and have them tell you their story.
- 3. Discuss with family:** Family knows you best and can give good advice. It's probably best to discuss with only those to whom you're closest.

How would you decide if adoption is right for you? Tell us your story below.

Ryan Seacrest Dances with Julianne Hough at 'Footloose' Party



The *Footloose* premiere after-party was all about cutting loose for Julianne Hough and boyfriend Ryan Seacrest, according to UsMagazine.com. Although Seacrest is usually not one to dance, he made an exception for *Dancing With the Stars* alum Hough to show his support for her accomplishments. "Julianne was so happy because apparently Ryan never dances and this was the exception he made for her, because he was so happy for her," said a party guest. The *Footloose* star admits that she didn't expect her beau to hit the dance floor. "It's like

really awkward, but really cute,” she said of Seacrest’s skills. “My brother Derek does a better impression.”

How do you know when your partner really cares about you?

Cupid’s Advice:

It can be difficult to read the signs when it comes to deciphering whether your partner truly cares about you. Here are some ways to tell:

1. Outside of comfort zone: If your significant other steps outside their comfort zone and does something for you that he or she would not normally do, it’s a safe bet that they care about you. Ryan Seacrest did just that by dancing with girlfriend Julianne Hough.

2. It’s the little things: When your partner buys you flowers “just because” and picks up small things here and there that remind them of you, that’s a great sign. It means you’re constantly playing a part in his or her life.

3. Show off: When your mate shows you off to his or her friends, it means they’re not ashamed of you and, in fact, are proud to be with you.

How did you first know your partner cared for you? Share your experiences below.

Prince William and Kate Middleton Take Cooking Class

Overseas



A couple that cooks together, bonds together. While visiting Canada, Prince William and Kate Middleton enjoyed a cooking class together Saturday as part of their three-day tour, according to [E! Online](#). Dressed in personalized chef uniforms, the royal newlyweds learned about cooking techniques at the Institut de tourisme et d'hôtellerie du Quebec in Montreal. Still ahead for the couple is a search and rescue demonstration at Summerside Harbour in Prince Edward Island and a tour of the University of Calgary.

What types of classes can you take together as a couple?

Cupid's Advice:

When trying to find something to do as a couple, try to find seminars or classes that meet both of your interests. Cupid

has three solid suggestions:

1. Cooking: Like Will and Kate, perhaps some cooking classes would be a great way to spice things up. Plus, if both of you know how to cook, it'll be easier to surprise each other with a nice, romantic, home-cooked dinner.

2. Dancing: Whether it's salsa, hip-hop or ballroom, dancing is a great way to get some exercise with your partner in, at times, an intimate way.

3. Martial arts: Relationships can be very frustrating and taking a karate class, for example, can teach you not only how to control your emotions, but will help to release some stress. Also, you get to learn how to throw your lover over your back!

What are some other great ideas for classes to take as a couple? Talk to Cupid about it below.

'Deuce Bigalow' Star Rob Schneider Marries Longtime Girlfriend





Looks like he can no longer be called a male gigolo! Rob Schneider, star of comedic flicks such as *The Benchwarmers* and *The Hot Chick*, tied the knot with his longtime girlfriend Patricia Azarcoya Arce Saturday in a private ceremony in Beverly Hills, according to [E! Online](#). “Patricia and I were surrounded by our closest friends and family; it was the happiest day of my life,” Schneider said in a statement. “We had a great time at the wedding and are looking forward to our honeymoon.” This is the third marriage for the former star of *SNL*.

What responsibilities come with being married?

Cupid’s Advice:

Dating is to basic math as marriage is to differential equations; it’s a whole new level of work. Cupid has a few tips to remember when taking the leap of faith:

- 1. The beauty of monogamy:** The two of you made a promise to stay faithful through good times and bad. It takes a responsible couple to make that realization and strive to

uphold it every day.

2. 'A Whole New World': This means more than just living together. They say that once you're married, everything changes; the best couples are the ones who adapt to the changes and make things work.

3. 'We Can Work it Out': The truth is that you and your spouse will fight a lot in your marriage. If you're serious about your commitment, then you'll have to remember one word – compromise.

How did your life change after you tied the knot? Share a comment below.