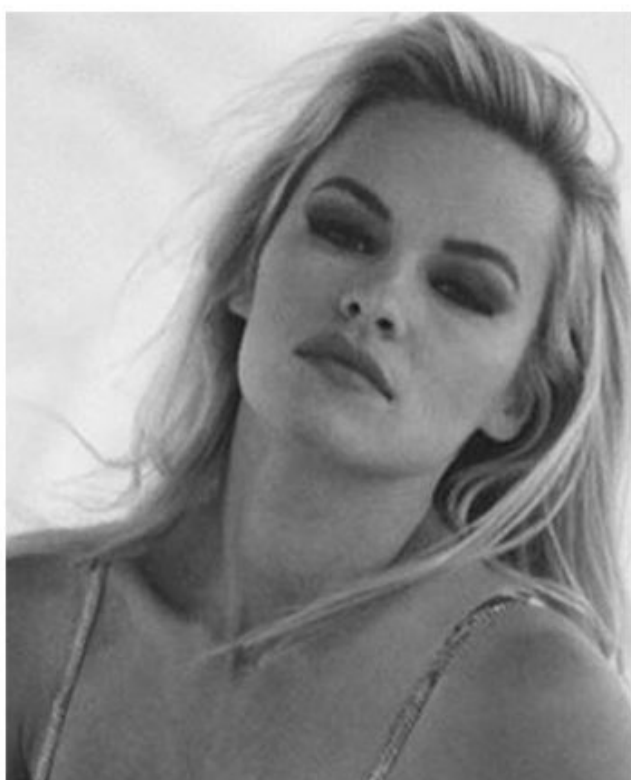


Celebrity News: Pamela Anderson Never Talked to Kid Rock Again After Celebrity Divorce



By [Carly Horowitz](#)

In [latest celebrity news](#), actress Pamela Anderson and musician Kid Rock have not spoken since they split. The two had a short-lived marriage in 2006 from July to November, and their [celebrity divorce](#) was finalized by 2007, according to [UsMagazine.com](#). Even though the pair had an extravagant yacht wedding, the glue of their relationship didn't seem to hold. Anderson also has two [celebrity kids](#), Brandon Thomas Lee and Dylan Jagger Lee. She shares her sons with her first ex-

husband, Tommy Lee.

In celebrity news, Pamela Anderson confessed that she never spoke to her ex Kid Rock again after their divorce. What are some benefits of a clean break when you go through a split?

Cupid's Advice:

It is a struggle to completely cut ties with the person you were just so close to, but sometimes, it is necessary. Prolonging a break-up can serve unfair to both of you. Here are some great things about having the strength to completely cut ties after a split:

1. No wasted time: No time is wasted if it was spent doing what you wanted at the time. But, when you keep in contact with an ex and it is unhealthy for both of you, it can halt the opportunity for you to let go, move on, and find someone new. Be excited for what is to come!

Related Link: [Pamela Anderson Says 'Marriage Has Its Ups to Downs'](#)

2. More positive energy: It is not fun to have your ex texting you asking about that Instagram photo you just posted with someone new. If you two make a pact to let go and conduct your lives freely, it will be much easier and you will be happier.

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3. No possibility of slipping up: We all know that sometimes we fall back into meeting up with our ex for a drink and then

end up regretting it. If you have completely cut ties with your ex, this won't happen. Maybe in a few years after the break-up isn't fresh anymore you two run into each other and catch up, but that isn't a bad thing. The good thing about a clean break-up is eliminating the unhealthy interactions that occur right after the split.

What are some other good things about a clean break? Comment below!