

Courtney Stodden Suffers Miscarriage of Celebrity Baby



By [Nicole Caico](#)

[Celebrity couple](#) Courtney Stodden and Doug Hutchison are coping with the loss of their unborn [celebrity baby](#). Stodden, 21, recently confirmed that she was expecting in May. According to [UsMagazine.com](#), Stodden's rep put out a statement addressing the miscarriage on July 17, saying, "It is with a heavy heart to inform you that last week Courtney Stodden suffered a heartbreaking miscarriage. Courtney and her husband, Doug, are at an emotional loss for words and are using this time to grieve with their close family and friends."

Courtney Stodden is broken hearted over the loss of her celebrity baby. What are some ways to support a mother who has experienced loss?

Cupid's Advice:

It is no secret that miscarrying is emotionally traumatic for an expecting mother or couple. Unfortunately, there is no way to change the situation, but supporting a woman or couple going through this experience can make a difference:

1. Share stories: Miscarriages are more common than many people know, and even though many women do not talk about their miscarriages, there is still a stigma. In order to help a mother who has experienced this loss, have other women share their experiences with miscarriages. Whether you read stories online together or have friends and family talk about it, sharing this information should help her realize that her miscarriage is not her fault, and that she is not alone.

Related Link: [Celebrity Couple Rob Kardashian & Blac Chyna Tease New Reality TV Show with Instagram Post](#)

2. Don't dwell: It is extremely important to acknowledge and talk about the emotional pain that your friend or family member is going through after this loss, but do not harp on it. Let her start the conversation. You won't know if she is ready to tell you about it, or if she can emotionally handle talking about it, unless she starts the conversation. Constantly revisiting the topic might make her feel worse.

Related Link: [Celebrity News: 'Bachelorette' Star JoJo Fletcher Says Chad 'Wasn't Meant to Be My Husband'](#)

3. Look toward the future: A miscarriage does not mean the end

of hope for parenthood. Encouraging this woman or couple to continue hoping for the baby they've always wanted will hopefully lift their spirits. Remind them that this loss is not a failure and that they should continue looking forward.

**How have you, or someone you know, coped with a miscarriage?
Comment below!**