Celebrity Exes: JLo and Diddy Reunite for a Good Cause





By Ellie Rice

In the latest <u>celebrity news</u>, friendly celebrity exes JLo and Diddy reunited 20 years after their split! The pair were seen dancing and chatting on Instagram Live for Diddy's Dance-a-Thon Fundraiser that ended up raising over \$3 million dollars. According to *UsMagazine.com*, the money was being donated to an organization called Direct Relief, which supports healthcare workers in poverty stricken areas. We love to see this pair reunite for such an awesome cause! In celebrity news, celebrity exes JLo and Diddy reunited on social media for his dance-a-thon fundraiser. What are some ways to know you're ready to be friends with an ex?

Cupid's Advice:

Rekindling any sort of relationship with an ex is tricky, whether getting back together or developing a friendship. If you think you're ready and want to be friends with an ex, Cupid has some advice for you:

1. Your feelings are platonic: If you feel as though you have completely moved on from any lingering emotions and heartache that one was, a friendship could be your next step. Understand yourself and your heart first and foremost and only embark on this path if you are truly ready for it. You don't want to fall right back into romantic love and wind up heartbroken again, so take it slow!

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2. You've set boundaries: Understand that even though you are developing a friendship with this person, they are still your ex. The history that you share with this former partner was once very intimate so make sure you are setting boundaries for yourself and them. Sit down with your ex and establish the do's and don'ts of this newfound platonic union.

Related Link: <u>Fashion Tips: Fashion Takeaways From Icon</u> <u>Jennifer Lopez</u> 3. You've moved on romantically: If you've been with or at least thought about being with other people since the split, this is a sign you are ready for the path of friendship. Feeling yourself move on romantically from your previous relationship is a wonderful and freeing experience so be sure that you're ready for this interesting step. Many people won't develop a friendship after a breakup because they still have lingering feelings for their former partner, but if you miss this person in a platonic way, go for it!

Would you begin a friendship with an ex? Start a conversation in the comments below!

Celebrity News: Diddy Navigates Life as a Single Father After Kim Porter's Death





By <u>Ivana Jarmon</u>

In <u>celebrity news</u>, Sean "Diddy" Combs has recently begun a new chapter after the death of his <u>celebrity ex</u>-girlfriend, Kim Porter. The rapper shared his new carpooling duty on his Instagram, saying, "What's up y'all? Today the journey begins. Thank you for your prayers and support. I am now a part of the six-a.m. crew." Combs continued giving an update from the car as he drove his children to school. He captioned the picture: "New day. New life, New responsibilities. Kim, I got this. Just like you taught me! I was trained by the best! #KimPorter." After dropping off his kids safely, he went for a hike in Runyon Canyon and reflected on the past few weeks. "I gotta give all glory to God for waking me up this morning, my kids having the strength to go to school," he shared as he stared off over the canyon, *EOnline.com* reports.

In celebrity news, Diddy is adjusting to life without his kids'

mother. What are some ways to help your children cope with the death of a parent??

Cupid's Advice:

When a parent dies, children show and feel their grief in different ways. Cupid has some ways to help your children cope with the death of a parent:

1. Give children permission to grieve: Explain to your child that feeling sad or angry is normal and that its okay to feel that way. Your child may need reassurance and more attention than usual. Be sure to give it to them and be patient.

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2. Show your own sadness: By showing your own sadness, you will show your child how to express themselves. But, try to avoid sudden outburst that may scare your child.

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3. Be open with your child: Children are smarter than you think! Be direct about what happened. Explain why and how the parent died. Be simple and concise.

What are some ways to help your children cope with the death of a parent? Share your thoughts below.