

Celebrity Break-Up News: Kristin Cavallari's Friends Saw 'Shady' Side to Jay Cutler Pre-Split



By Diana Iscenko

In the latest [celebrity news](#), *Very Cavallari* star Kristin Cavallari and Jay Cutler have filed for divorce. Fans of the [celebrity couple](#) may be surprised to hear of this split, but those closest to the [reality TV star](#) weren't always Cutler's biggest fan. According to *UsMagazine.com*, Cutler "would be mean to [Cavallari], embarrass her, make her feel bad, or storm off." Despite this messy situation, these [celebrity exes](#) "have nothing but love and respect for one another," according

to an Instagram post.

In this celebrity break-up news, Kristin Cavallari's friends saw the writing on the wall before her split from Jay Cutler. What do you do if your friends are voicing warnings about your relationship?

Cupid's Advice:

In a perfect world, your friends would all adore your significant other as much as you do. Unfortunately, there are many times when your friends might not see eye to eye with your new partner. If you're not sure how to handle a friend's worries about your new relationship, Cupid has some advice for you:

1. Think about your friendship: Consider if you have a healthy relationship with your friend. Are they one of your closest friends? Do you trust their judgment? Unfortunately, not all your friendships are perfect, but you'll be able to tell if your friend has your best intentions at heart.

Related Link: [Celebrity Break-Up: Kristin Cavallari & Jay Cutler Reach Temporary Child Custody Agreement](#)

2. Learn more about their worries: Ask your friend what exactly makes them dislike your partner. Having an open conversation will let you know why exactly they're concerned. It's also important to consider your friend's viewpoint. They could see some major red flags you might have missed.

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3. Find a compromise: You can't force your friend and partner to get along, but you can make sure they're both as comfortable as possible. Set boundaries so they can feel comfortable around the other person. Maybe that's only seeing the other in a group setting or not discussing certain topics.

What do you do when your friend is worried about your new relationship? Start a conversation in the comments below!

Celebrity News: Nikki Bella Offered to Take a Break in Relationship with Artem Chigvintsev





By Diana Iscenko

In the latest [celebrity news](#), *Total Bellas* star Nikki Bella reveals she offered to take a break with fiancé Artem Chigvintsev at the beginning of their relationship. The [celebrity couple](#) started dating only six months after Bella called off her engagement and ended her six-year relationship with John Cena. According to *UsMagazine.com*, Bella divulged she was initially worried about falling into a new relationship so quickly. “I was still in the process of healing, but yet I was falling in love so fast with [Chigvintsev],” Bella said on the latest episode of “The Bellas Podcast.”

In celebrity news, Nikki offered to take a pause on her relationship with Artem early on as she was healing from her past celebrity

break-up. How do you know you're ready to move on from a past relationship?

Cupid's Advice:

Finding a new partner is exciting, but it can be hard to tell if you're ready to take the jump into a new relationship. If you're unsure if you're ready to put yourself out there again, Cupid has some advice for you:

1. You've learned from the past: You need to learn from your past relationships to have healthy ones moving forward. It's important to acknowledge what didn't work in your last relationship (yes—even in your own actions!), but it's even more important to learn from it and prevent yourself from falling into those same patterns in your new relationship.

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2. You're content with life being single: Finding happiness outside of relationships shows you've moved past your ex. Once you've figured out what you want from life, it's much easier to know if a new partner would fit into that, or if you should wait a little longer.

Related Link: [Celebrity Exes: Nikki Bella Prays for John Cena to Find Happiness](#)

3. You're open to a new experience: It's easy to tell yourself you're ready for love again, but still shut down any opportunities that come your way. If you've met someone you like without pushing them away, that's your gut telling you you're ready.

What do you do to heal after a relationship? Start a

conversation in the comments below!

Celebrity Break-Up: Scott Disick & Sofia Richie Officially Break Up After 3 Years



By Diana Iscenko

In the latest [celebrity news](#), [Scott Disick](#) and Sofia Richie called it quits after their three-year relationship. Richie

ended things to give Disick space to work on his mental health and addiction issues, which he has struggled with long before the pair got together. These [celebrity exes](#) remain on speaking terms, despite Disick spending his birthday weekend with ex-wife [Kourtney Kardashian](#).

In celebrity break-up news, Scott and Sofia are calling it quits. How do you cope with the loss of a long-term relationship?

Cupid's Advice:

The end of a long-term relationship marks a new chapter of your life. It doesn't matter who initiated the break-up; both parties will have to deal with heartbreak. If you're unsure of how to move forward, Cupid has some advice for you:

1. Allow yourself to grieve: This is your chance to accept your new reality without your ex. You have the time to reflect on the relationship and your own actions, which will allow you to move on. This is your time to establish a new routine without your ex and untangle them from your life.

Related Link: [Celebrity News: Scott Disick Celebrates Birthday with Ex Kourtney Kardashian & Kids After Split from Sofia Richie](#)

2. Focus on yourself: Long-term relationships often have you focusing more on "we" than on "me." This is your chance to do things that make you happy. This could be finding a new hobby, going out to your favorite places, or spending more time with people who support you.

Related Link: [Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab](#)

3. Lean on friends and family: Your loved ones are there to cheer you up! They can be a shoulder to cry on, an ear to listen, or a distraction from the break-up. Spending time together will lift your spirits no matter what you do and it will remind you you're not alone.

What do you do to heal after a relationship? Start a conversation in the comments below!

Celebrity News: Anna Kendrick Does Not Believe in Romantic Soulmates





By Diana Iscenko

In the latest [celebrity news](#), Anna Kendrick reveals she doesn't believe in romantic soulmates, while discussing her new HBO Max series, *Love Life*. According to *EOnline.com*, the [single celebrity](#)'s character is shown throughout a ten-year period, highlighting her different relationships and how they let her grow. Even though Kendrick doesn't believe in traditional soulmates, she told *Emmy Magazine* that people have "many 'the ones,' and if we're lucky we spend a long time with someone."

In celebrity news, Anna Kendrick shed some light on why she doesn't believe in romantic soulmates. How do you know you've met someone you could settle down with?

Cupid's Advice:

Whether you believe in soulmates or not, it's always hard to decide when to take the next step with your partner. Do you have trouble knowing if you found someone who's worth committing to? Cupid has some advice for you:

1. You can handle conflict: You're able to communicate with your partner and work through disagreements. You're not worried every fight will be the end of your relationship, and you're not tiptoeing around subjects to keep the peace.

Related Link: [Celebrity Couple News: Ben Affleck Is 'Very Supportive' of Girlfriend Ana De Armas](#)

2. You have each other's backs: Your partner is someone you can lean on, and you do the same for them. You're both able to support the other, no matter how big or small the stress the other is going through.

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3. You talk about the future: You aren't afraid to talk about where you see the relationship going. You're vulnerable enough to tell your partner that you're planning for a future with them in it.

How do you know when it's time to settle down? Start a conversation in the comments below!

Celebrity News: Scott Disick Celebrates Birthday with Ex

Kourtney Kardashian & Kids After Split from Sofia Richie



By Diana Iscenko

In the latest [celebrity news](#), [Scott Disick](#) spent his birthday with ex-wife [Kourtney Kardashian](#) and their kids. According to *UsMagazine.com*, Disick and his long-time girlfriend, Sofia Richie, recently took a break from their relationship so he could work on his mental health. In the wake of this [celebrity break-up](#), Disick and Kardashian spent their Memorial Day weekend with two of their children, Penelope, 7, and Reign, 5, in Lake Powell, Utah.

In this celebrity news, exes Scott and Kourtney made his birthday a family affair. What are some reasons to keep things civil with your ex?

Cupid's Advice:

The end of a relationship is painful. Many people choose to cut their ex out of their life, but there are many reasons you might want to keep an ex in your life. If you're debating whether you should stay civil with an ex, Cupid has some advice for you:

1. You need closure: A break-up hurts less when it ends on good terms. This isn't always possible, but if your ex can have a conversation with you about the relationship, it may help you better move on and keep things drama-free in the future.

Related Link: [Celebrity Couple News: Scott Disick and Sofia Richie Are on a Break Post-Rehab](#)

2. You run in the same circles: Sometimes staying civil with an ex is all about practicality. If you share a group of friends or a workplace, you want to remain on speaking terms with an ex to avoid future drama and awkwardness.

Related Link: [Relationship Advice: What We Can Learn From The Trials And Triumphs Of Celebrity Relationships](#)

3. You still trust them: If your relationship had a clean ending, you might still want them as a supportive friend in the future. By ending on civil terms, it opens the door for your ex to come back into your life when you're ready.

Do you try to keep things civil with your ex? Start a conversation in the comments below!