

J.R. Martinez Says His Girlfriend's Chest Is for Function, Not Fun Post-Baby



J.R. Martinez is putting his new baby, Lauryn Anabelle, before himself when it comes to his girlfriend, Diana Gonzalez-Jones. His wants and needs have been turned to a new focus, the baby. According to [People](#), the *Dancing with the Stars* champion commented, "It's not even about me. It's about her. Feed her!" Having this new precious baby in his life has also made Martinez question why his father left him as a baby. "How could you leave this? That's so hard." The couple seems happy together and feels blessed to have welcomed a healthy baby into their lives.

What are some ways to support your partner soon after pregnancy?

Cupid's Advice:

You've struggled through dealing with a pregnant partner for nine months, but that doesn't end once the baby arrives. Here are some ways to support your couple after they have given birth:

1. Help out with the baby: Even though there are some things you won't be able to help out with, such as breast feeding, there's still so much you can do. Be hands on and take any opportunity to take care of the baby to give your partner a rest.

2. Give your partner little surprises: It doesn't all have to be about the baby. Surprise your partner every now and then with some flowers, take them on a date or even give them the day off to relax at the spa.

3. Spend some time together as a family: Having a child can be hectic, so don't forget about the important things. Spending some quality time all together will keep you all sane and happy.

What are some ways you think can help support your partner after pregnancy? Share your thoughts below.

'DWTS' Champ J.R. Martinez Welcomes a Baby Girl





Actor J.R. Martinez was the proud winner of *Dancing With The Stars*, but he has even more to be proud about after his girlfriend, Diana Gonzalez-Jones gave birth to a baby girl. Martinez's daughter, Lauryn Anabelle Martinez, came into the world weighing 7 lbs., 13 oz. and is 21 inches long. "She has a couple of cute little freckles on her cheeks, a full head of hair and the cutest little lips," the proud dad gloated to [People](#). "It's just amazing to see her, finally. She's beautiful."

What are some ways to prepare for having a girl verses a boy?

Cupid's Advice:

Preparing for a baby involves a lot of planning, and what gender you're expecting plays into that. Cupid has some tips on preparing for a baby girl:

1. Attention: As girls grow up they might require a lot more attention than a boy would. Girls are usually held to stricter terms than boys are, but it's usually better for their protection. However, you still need to loosen the reins at some point so they can make mistakes and learn about life first hand.

2. Relationships: When it comes to your baby girl, all boys are going to appear to be the devil, but you have to be open

and compromise with your daughter about having relationships because if you hold on too tight, they're going to rebel or sneak around behind your back.

3. Money: Not all girls are high maintenance, but the majority are. They want new clothes, shoes, accessories, make-up and hair supplies. Don't get them everything they want, because you don't want them to grow up to be a spoiled brat. Make sure they appreciate the things you do get for them.

How does having a daughter compare to having a son? Share your comments below.