

Single in Stilettos Show: How Do I Find Love and Balance My Career?



Suzanne Oshima

Founder of Single in Stilettos
Matchmaker & Dating Coach at
Dream Bachelor & Bachelorette



Diana Antholis

Life Stylist & Mind Body Coach
UnleashYourSexy.com

Finding love is hard enough, but when you're working overtime and never leave work on time, it can seem impossible. For this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to life stylist and mind body coach Diana Antholis about how women can succeed at the office and still meet their soul mate.

If you're facing this dilemma, she recommends that you identify your priorities and make time for what's important; be open and tell people you're looking for the right man; pick something new and step out of your comfort zone; indulge in

“me” time; and indulge in doing an activity that gives you good energy.

Related Link: [Diana Antholis Explains Why He Can't Love You if You Don't Love You](#)

For more information about Single in Stiletto's shows, click [here](#).

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How do you balance love with your career? Tell us in the comments below!

Single in Stiletto's Show: He Can't Love You If You Don't Love You





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to life stylist and mind body coach Diana Antholis about learning to love yourself. Antholis explains why self-love, self-confidence, and self-esteem are all important when it comes to falling in love with a man.

Related Link: [Find Out What Makes a Man Fall in Love](#)

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What is your number one tip for self-love? Tell us in the comments below!

Single in Stiletto Show: What to Do When He Doesn't Call



On today's [Single in Stiletto](#) show, founder Suzanne Oshima speaks with Diana Antholis, a life stylist and mind body coach. After years spent battling with body issues, she finally found a way to cleanse her mind and soul of negative thoughts and self-sabotaging actions, ultimately discovering a healthier and happier life. In this video interview, Antholis shares her top three tips for what to do when a guy doesn't call you back.

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Cupid wants to know: What do you do when a guy doesn't call you back?