'Slumdog Millionaire' Stars Freida Pinto and Dev Patel Breakup After Six Years Together



By Whitney Johnson

All good things must come to an end! According to <u>UsMagazine.com</u>, Slumdog Millionaire costars Freida Pinto and Dev Petal have called it quits after nearly six years of dating. In happier times, the adorable couple considered themselves "soul mates," but a source confirms that they've been over for a while now. "Freida is single and happy," another source adds. "Friends are setting her up." Pinto even celebrated her 30th birthday in October with billionaire Siddhartha Mallya by her side.

How do you establish yourself as an individual after being part of a couple for a long time?

Cupid's Advice:

It's easy to get caught up in your partner's interests during a longterm relationship. If they cheer for the Dallas Cowboys, you may find yourself ordering a Romo jersey and blowing your paycheck on tickets on the 50-yard line. After a breakup though, it's time to rediscover what makes *you* tick. Here are three ways to establish yourself as an individual after being part of a couple for a long time:

1. Invest in a new hobby: Have you always wanted to learn how to knit? Or do you want to take photography classes at your local arts center? Sign up now! Embrace your newfound independence. Instead of wallowing in your loneliness, take full advantage of your free time and put it to good use.

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2. Reconnect with loved ones: Perhaps you missed out on birthdays and baby showers because you were so wrapped up in your love life. Rather than dwell on the past and feel guilty about your behavior, use the upcoming holidays as an opportunity to revitalize these relationships and make an extra effort to spend time with your friends and family.

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3. Do you: Take your favorite book to a local coffee shop and spend a few hours reading and people watching. Binge-watch *Scandal* on Netflix without your partner interrupting the most intense moments. Or spend your Sunday flipping through fashion magazines instead of devoting the final day of the weekend to

football. Remember what you love to do...and do it!

How did you establish yourself as an individual after a breakup? Tell us in the comments below!