

# Dating Experts Give First Date Tips



On this week's [Single in Stilettos](#) show, matchmaker Suzanne Oshima and dating expert Des O'Connor discuss first date tips for women.

## Relationship Advice Video Reveals First Date Tips

Women often go on a first date and expect to have a connection right away. However, that doesn't always happen. According to this [relationship advice video](#), these two dating experts believe that chemistry can grow over time. Don't

decide if you'll go on a second date based on your initial feelings or lack thereof. If your date has potential, then plan a second date – you don't know where it will end up!

**Related Link:** [Why Are You Single? Dating Experts Answer That Dreaded Question](#)

As these relationship experts say, you need to have a plan in place when you go on a date. Make sure you don't talk too much about yourself. Guys are turned off by that. Instead, ask questions and show an interest in what your date does. First dates are kind of like an interview process for a relationship and love, so make sure the date is interesting! When in doubt, just remember that you can't change a first impression.

*For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).*

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**What first date tips do you have? Tell us in the comments below!**

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## **Relationship Advice Video: I Have a Successful Career But Am Struggling to Find Love**



In this week's [Single in Stilettos](#) relationship advice video, founder and matchmaker Suzanne Oshima talks to dating expert

Des O'Connor, who shares his best [love advice](#) for someone who has a successful career but is struggling to find The One.

## Dating Expert Shares Best Love Advice

Despite what you may think, you can climb the corporate ladder *and* have a fulfilled romantic relationship and love life. O'Connor reveals five tips to remember:

**Related Link:** [Single in Stilettos Show: Love Advice for Winning Him Over](#)

**1. What you focus on is what you become:** If you're only concerned about your job, it'll take over your personal life too. Turn some of your attention to dating instead.

**2. You need to strike a balance.**

**3. Men need to feel needed.**

**4. Stop saying, "I don't need a man!":** If you keep sending that idea out into the universe, guess what? You won't find a guy to invite into your life!

**Related Link:** [Des O'Connor Reveals Why You Keep Attracting the Wrong Men](#)

**5. Men aren't intimidated by strong, independent women:** If you keep running into this issue, you're attracting the wrong type of men.

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