

Celebrity Couple News: Derek Hough Celebrates Girlfriend Hayley Erbert's Birthday with Loving Tribute



By [Ashleigh Underwood](#)

Love is in the air! The [latest celebrity](#) news has us swooning as Derek Hough pays tribute to girlfriend Hayley Erbert on her birthday. According to [People.com](#), Hough posted a loving photo of the [celebrity couple](#) kissing at his sister's July wedding. He captioned it with a simple "Happy birthday to my beautiful". Hough has a history of sharing pictures with Erbert and captioning them with heartfelt messages, including one that said "nothing better in the world than sharing your experiences with the woman you love."

This celebrity couple is super sweet. What are some ways to make your partner's birthday special?

Cupid's Advice:

Birthdays are a special event where you get to celebrate your loved one for a full 24 hours. It may be hard to convey your love for your partner easily, so here are a few ideas on making ytheir birthday special:

- 1. Gifts:** It can be incredibly hard shopping for someone else and trying to figure out what they will love or hate. To make it easier on yourself, give something personal. A framed

picture of the two of you, a pre-planned trip together or something you saw that reminded you of them. It will be much more special to your partner if you make their gift personal rather than mindlessly picking up something at the jewelry store.

Related Link: [Celebrity Couple Many Moore and Taylor Goldsmith Are Engaged](#)

2. Party: Whether you throw an intimate date for the two of you, or huge blow out, it will be special for your partner. Not only will they recognize the time and effort you put into it, but either way, they get to spend their day with the people they love. Plan an event that is centered around your partner and their interests and they are sure to feel like the most special person on the planet.

Related Link: [Celebrity Couple News: Channing Tatum Recalls 'Cruel' Proposal Tactic](#)

3. Surprise: Nothing will make your partner feel more special than a unique surprise. Tell them you have to work late and will have to have a small celebration afterwards. Then, surprise them with a gorgeous dinner and dessert right when they get home! They won't see it coming and will be so overjoyed that you took the time to prepare something.

How did you celebrate your partners birthday? Comment below!

Hollywood Couples: Stars Who Dated Their Friend's

Celebrity Ex



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John Mayer and Katy Perry

The singer-songwriter dated Taylor Swift from September 2009 to January 2010. After their celebrity break-up, she penned the song 'Dear John,' which reportedly "humiliated" Mayer. He then began an on-again, off-again relationship and love with the 'Firework' singer. In recent months, there have been rumors of a feud between the two pop stars. Perhaps they're fighting over the soulful crooner? Photo: Dmac/FAMEFLYNET PICTURES

Nikki Reed and Derek Hough Hook Up Post-Paul McDonald Split



 By Sanetra Richards

More fish in the sea! According to UsMagazine.com, Nikki Reed has *Dancing with the Stars* pro Derek Hough on her hook. The news about the pair came out nearly a month after the announcement of her split from husband of two years, Paul McDonald. A source revealed the 25-year-old *Twilight* actress and 28-year-old were spotted making out at L.A.'s Rock & Reilly's on April 18th. They were joined by Hough's friends and costars Mark Ballas and Cheryl Burke: "The whole group was drinking and partying. Derek bought shots for Nikki at the bar," said an eyewitness. "There was lots of PDA, Nikki was feeding him, holding hands, and they left together. They didn't seem to care if anyone was watching." The pair may have been canoodling, but a source says it is "nothing serious". "Nikki isn't currently dating anyone. She is focused on her divorce from Paul and caring for that relationship as well as her latest film projects," says the insider. "Nikki and Julianne are good friends, and she has hung out with Derek a few times through her. They're having fun but it's nothing serious."

How do you know when it's time to move on from a past relationship?

Cupid's Advice:

For some, moving on from an ex seems like an impossible task and/or a long process. You are constantly going back and forth with yourself if you made the right decision. You might even find yourself mentally replaying memories between you and your ex. However, there are quite a few signs that let you know when and how to move on, in a timely manner:

1. All ties have been cut: One of the most clear ways to tell it is time to completely move on is when there is nothing (besides emotions) keeping you and your ex connected. If you both agreed the relationship will never resurface, it is best to consider moving on. However, do not be afraid to take the time needed to help you emotionally heal from the breakup.

Related: [Nikki Reed and Paul McDonald Split After 2 Years of Marriage](#)

2. They have moved on: There is certainly no need to continue holding on to the what could be's, should be's, and would be's if your ex-partner has found someone else. Any chance of you all getting back together is slim to none – frankly, it is probably best that they have moved on because you all are not together for a reason. This could either be their way of making it clear they are past the relationship or trying to cope with the breakup. Whatever the reason may be, use it to your advantage to move on.

Related: [How to Move On After Heartbreak](#)

3. You've let go: All of your resentment towards your ex has slowly disappeared and you are at a state where you want to mix and mingle a little bit. You have made up your mind that you will not carry the baggage from the relationship over into the next. These are two definite ways to tell that you have moved on.

How do you know you are ready to move on from a past relationship? Share your thoughts below.

Lauren Conrad Has a Friendly Run-In with Ex-Boyfriend Derek Hough



Lauren Conrad is who we look up to as a cool ex-girlfriend! While enjoying a night out at Beacher's Madhouse in Hollywood, Conrad ran into her ex, Derek Hough. How did she react? She didn't even try to take cover in the ladies room or give him the cold shoulder. According to [People](#), the designer was happy to see Hough and embraced him with a hug. Way to be the bigger person, Lauren!

What are some ways to react when you run in to an ex partner?

Cupid's Advice:

Depending on how your relationship with your ex ended, bumping into your former lover can be an awkward moment. Here are some positive ways to react when you encounter in old flame:

1. Don't be fake: If you're not too happy to see your ex, don't jump up and give them a huge hug and don't slap them in the face either. Smile, say "hello" and end the conversation politely. Your ex should get the point. Acting upset seems desperate.

2. Keep the convo simple: Ask your ex what they've been up to since the break-up, and make sure to talk about your accomplishments. Don't get into each other's love lives. Keep the conversation platonic unless you're thinking about rekindling the relationship.

3. Take the attention off of you: Chances are that if you bump into your ex, you won't be alone. To avoid awkward silences, introduce them to your friends and let your ex know that you are in a hurry, whether you are or not.

How have you reacted when you bumped into an ex? Share your comments below.

Lauren Conrad Is Caught Kissing Chace Crawford



After Lauren Conrad's recent break up with *Dancing with the Stars* pro Derek Hough, she is newly single and ready to get out there and date. The 25-year-old former *The Hills* reality star and fashion icon isn't wasting any time finding new man. According to UsMagazine.com, Conrad was seen "making out" with *Gossip Girl* star, Chace Crawford on Oct. 29. The two started their night flirting at L.A.'s Voyeur nightclub and met up again at a party at actor Shawn Pyfrom's house. Although their reps deny a hookup, an insider said, "There's always been an attraction between them. Lauren is just enjoying herself. She's not taking anything too seriously!"

Is it OK to date around?

Cupid's Advice:

When you're young and single, there's no reason to tie yourself down. Cupid has some tips:

1. Explore your options: There's a whole sea of men out there


and you need to do some fishing around before you reel one in. Dating around is a great way to meet new people and compare them to past experiences.

2. Figure out what you like: The best way to find personalities you're compatible with is to experience different people. After dating around, you gain a keen sense of your preferences for a partner.

3. Have fun: Dating can be a great experience. You have opportunities to have a great time or a not-so-great time, and you can learn from those situations. You may find that you don't want to pursue a relationship with some of the people you date, but you might make some great friends and connections along the way.

Why do you enjoy being single? Share your experiences below.

Lauren Conrad and Derek Hough Are Caught Kissing in Public

 Lauren Conrad and Derek Hough are further fueling circulating relationship rumors. The duo was seen kissing in the back room of LA's Trousdale Lounge, reports [People](#). Though Conrad brought pal Lo Bosworth and Hough brought friend Mark Ballas, the two spent most of their time together. "It was obvious there was a lot of chemistry between the two," said an onlooker. "[Conrad] was very smitten. Neither seemed embarrassed about kissing in public."

How do you show your affection in public without being obvious?

Cupid's Advice:

Subtlety is key when it comes to public displays of affection. Here are a few ways to keep your PDAs under the radar:


1. Hold hands: Holding hands is a way to show your affection without drawing attention from others. It's a simple gesture that means little to the people around you, but can mean plenty to you and your partner.

2. Stay close: Standing closer together or sitting near each other at a table is an easy way to show your partner your affection without being obvious.

3. Keep it short: If you do want to kiss or hug your partner in public, keep it short. People passing by will not notice a quick smooch, but they will notice a prolonged kiss.

How do you keep your public displays of affection unnoticed? Feel free to share your thoughts in a comment below!

New Couple: Lauren Conrad and Derek Hough

 *The Hills* star Lauren Conrad and *Dancing With the Stars* pro Derek Hough have gone public with their romance, reports UsMagazine.com. The duo visited Sayer's Club in LA together on September 29th. "They were very flirty," said an eyewitness. "They were dancing and holding hands!" Conrad, who recently split from long-time beau Kyle Howard, finally appears to be ready for a new love. "Derek has been sweet," said an insider.

“They are having fun and seeing where it goes.”

What are some ways to “play it cool” in a new relationship?

Cupid’s Advice:

When you’re exceptionally excited about a new partner, it’s hard not to let too much of your excitement show. Here are a few ways to “play it cool”:

1. Keep dates simple: When planning dates, don’t put in too much effort. A simple outing to the park or a trip to the nearest ice cream parlor is a great way to casually ease into a more serious relationship.

2. Limit your contact: To keep your cool, try limiting the contact you have with your new significant other. Don’t text or call too frequently. You’ll pique their interest by remaining mysterious.

3. Don’t overdo it: While being too excited about a new relationship can be a turn-off, appearing too disinterested can be just as bad. Make sure your new love interest knows how much you value your new relationship.

Have you had to play it cool in a relationship? Feel free to leave a comment below.