

# Our 5 Favorite Celeb BFFs



By [Courtney Omernick](#)

Hollywood is full of amazing celebrity couples, but, what about the celeb “friend” couples, or, “BFF”s?

**Below is a list of our five favorite celebrity BFFs. See if you agree!**

**1. Tina Fey and Amy Poehler:** Tina and Amy shared the screen on “Saturday Night Live” for years, but their friendship began in the 90’s when they were both studying improv comedy in Chicago.

**Related Link:** [Love Advice: Can Jennifer Lawrence and Bradley Cooper's Work Marriage Work](#)

**2. Drew Barrymore and Cameron Diaz:** These *Charlie's Angels* stars became best friends during the first film in 2000, and they attended each other's weddings.

**Related Link:** [Famous Couple Brad Pitt & Angelina Jolie: When is it Time to Seek Help?](#)

**3. Demi Lovato and Selena Gomez:** This pair's friendship began ten years ago when they both auditioned for *Barney*, and they've remained close ever since.

**4. Taylor Swift and Emma Stone:** These two actresses met at the Young Hollywood Awards five years ago, and their celebrity friendship blossomed from there. Taylor said in 2011 that Emma is like a sister to her.

**5. Zach Galifianakis and Bradley Cooper:** These two were friends long before they starred together in *The Hangover*. Bradley made an appearance on Zach's VH1 talk show, *Late World*, in 2002 and was one of the first stars to appear on his Funny or Die *Between Two Ferns* series.

**What are some of your favorite celebrity BFFs? Comment below!**

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**Hollywood Couples: Stars Who Dated Their Friend's Celebrity Ex**





John Mayer and Katy Perry

The singer-songwriter dated Taylor Swift from September 2009 to January 2010. After their celebrity break-up, she penned the song 'Dear John,' which reportedly "humiliated" Mayer. He then began an on-again, off-again relationship and love with the 'Firework' singer. In recent months, there have been rumors of a feud between the two pop stars. Perhaps they're fighting over the soulful crooner? Photo: Dmac/FAMEFLYNET PICTURES

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## **Demi Lovato Admits She Used to Be 'Afraid of Being Alone'**





By Meghan Fitzgerald

Current *X Factor* judge, Demi Lovato has had her fair share of failed relationships. From Wilmer Valderrama to Joe Jonas, she has realized what she has gone through and is trying to make improvements with her life. She insists that it is unhealthy to devote the entirety of one's time to a guy. Lovato talks to [Cosmo UK](#), stating how she is in "A place where I can finally trust and love and be a better person for the man I am in a relationship with, instead of being a clingy girlfriend or getting jealous." As a twenty year-old, she is looking for love. According to [UsMagazine.com](#), Lovato is more than glad with the place she is at in her life.

**How do you know if you're in a relationship for the right reasons?**

**Cupid's Advice:**

Relationships are tricky, meeting a new person and letting them into your lives is challenging. Even if you love love, allowing another person to come into your life entirely is

hard. Trusting someone else is along the same lines. There are many ways to get into a relationship, to every person it's different. Determining whether you are delving into a relationship for the right reasons is also challenging. Cupid has some advice:

**1. Love at first sight:** When you know you are meant to be with another person, it is simple. Seeing each other is the brightest part of your day and you love them more than life itself. Getting into a relationship because you know you'll love that person more than you've ever loved before is a great thing. However, if you are getting into the relationship because you want to be loved, that will not work nor will it be healthy for you.

**2. Loneliness:** Your only guy around has been Ben and Jerry; you want a real man. You are lonely and sad and in need of an companion. Jumping into a relationship to rid yourself of your loneliness is not a good reason to get into it. Of course it isn't fun to be lonely however, you will not help yourself or your beau if you get into a relationship.

**3. Rebounding:** You were just broken up with from the love of your life, all you want to do is stop being sad. After two weeks of constant despair, you want to jump into a relationship with some new "better" guy. This is possibly the worst idea available. Wait it out, go through the sadness and you will love again.

**Are you in a relationship for the right reasons? Explain below!**

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# Demi Lovato Denies Rumors She's Getting Back Together with Joe Jonas



Demi Lovato and Joe Jonas are back together, but only for Acuvue's 1-Day Starts Today Contest. According to [UsMagazine.com](http://UsMagazine.com), the former couple joined Allyson Felix, Meaghan Martine and Tyler Blackburn to film promos for the brand at a private residence in Malibu on February 8th. Prior to the shoot, Lovato denied internet rumors about her and ex Jonas getting back together. "We've been really good friends for so long. So it's been cool hanging out with him again," said Lovato. She confirmed that "nothing romantic" was occurring. Jonas said, "I've been lucky to be able to work with a lot of great people in my life, two of whom are Demi

and Meaghan. Any time we see them, it's like a family reunion. We have catch-up time and reminisce."

### **How do you keep rumors from affecting your relationship?**

#### **Cupid's Advice:**

Rumors are relationship killers. They are hard to avoid and are always harmful. Here are some tips on how to keep them from ruining your relationship:

**1. Tell the truth:** Being open and honest with your beau will keep you and your partner happy. When your sweetheart knows everything that is going on in your life, there is no need for them to get upset over rumors of you flirting with an old friend, when they know you caught up over ice cream.

**2. Be confident:** Don't let stories cloud your judgment. If you trust your partner, then believe what they say and push the nonsense aside.

**3. Avoid unnecessary drama:** Avoiding situations that will create more rumors will help keep your relationship from being torn apart. Don't have a public argument. Instead, keep it inside so that the grapevine is not telling everyone you broke up.

**How do you stop rumors from affecting your relationship?  
Share your stories below.**

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# **Demi Lovato Catches Bouquet**



# at Disney Co-Star's Wedding



The wedding fairies may be trying to tell former Disney star Demi Lovato something. The actress recently attended her former *Sonny with a Chance* co-star Tiffany Thornton's wedding, and she caught the bride's bouquet at the reception, according to [UsMagazine.com](http://UsMagazine.com). Lovato wasn't shy about her accomplishment, either, as she went straight to Twitter to tell the world. "Such a beautiful day," Lovato tweeted. "Congrats to the new Mr. and Mrs Chris Carney! P.S. Guess who got the bouquet? ME!"

**How do you deal with your man when he freaks out after you catch the bouquet?**

**Cupid's Advice:**

Catching the bride's bouquet at a wedding traditionally means you'll be the next to tie the knot. This can send your man into a full-on panic. Here's how to keep him calm:

**1. Don't make it a big deal:** After you catch the bouquet, play it cool. Don't make a big fuss or put any pressure on your man. This will only make him more stressed.

**2. Keep expectations out of it:** Make it clear that the bouquet doesn't change your mindset about your relationship. Make it be known that you don't have any outstanding expectations as a result.

**3. Play it off as superstition:** Make it be known that you are fully aware that the bouquet tradition is purely superstition, and simply laugh it off.

**How do you calm your beau's nerves post-bouquet catching? Share your ideas below.**

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## **Rumor: Is Demi Lovato Hooking Up With Ryan Phillippe?**





18 year-old Demi Lovato and 36 year-old Ryan Phillippe. Could it be true? Reportedly, Lovato has been hooking up with Reese Witherspoon's ex-husband and the father of their two children. According to a [UsMagazine.com](http://UsMagazine.com) source, it was "nothing serious."

## **How do you keep a relationship casual?**

### **Cupid's Advice:**

There are plenty of reasons to want to keep the relationship casual, especially if you just started seeing someone. But how do you go about it? Cupid has some tips:

**1. Expectations:** If the relationship is not of a serious nature or isn't at that stage, then make sure you know what to expect. Don't assume that your partner will be more emotionally available than he or she actually is. Don't expect that the relationship is more meaningful than it is, or you may risk getting hurt.

**2. Communication:** Communication is key. It may be awkward discussing the status of the relationship, but it's important

to be open about where you stand and make sure you and your partner are both on the same page.

**3. Group dates:** A good idea may be to go on a group date. This will ensure that the setting is more fun and less intimate. If you're out with a group of friends, you'll be less likely to discuss your feelings.

**How do you keep your relationships casual? Share your experiences below.**

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## **Demi Lovato Reunites with Ex-Boyfriend Wilmer Valderrama Post-Rehab**







Following her release from rehab, Demi Lovato has relapsed on an old relationship. The 18-year-old Disney star was caught with her ex-boyfriend Wilmer Valderrama, according to [UsMagazine.com](http://UsMagazine.com). The couple has supposedly been dating since Lovato's split from Joe Jonas. Lovato checked into rehab back in November after pulling out of the *Camp Rock 2* Tour with the Jonas Brothers to "seek medical treatment for emotional and physical issues." Reports say she has had past issues with weight management and self-mutilation.

**Should you get back together with your ex?**

### **Cupid's Advice:**

Most of the time, it's a bad idea to get back together with your ex. After all, you broke up for a reason and chances are that those things will end resurfacing in time. Cupid has a few things to consider:

**1. Look for the spark:** When getting back together with an ex, it's common for things to quickly return to how they were after the "honeymoon period." If you want things to be

different, then the spark should carry past the good times. It should be there even on bad days.

**2. A new beginning:** This is a fresh start, so try to learn from past mistakes.

**3. Be cautious:** If things are going back to how they used to be, don't be afraid to call your lover out on it. The key is communication, so say something if you're not happy.