

# Date Idea: Plan a Picnic with Your Love



By [Delaney Gilbride](#)

There aren't going to be many more days of nice weather for lovers this year. The days are growing shorter and colder, but it's not too late to take advantage of a fine fall day for one last date.

**The perfect way to close out the season together before you start snuggling up fireside is to take a**

# picnic date. It's simple, quality fun with the person you love!

Picnics are a fairly easy date to plan and execute, so it's the little touches that make the difference. Don't bring your food in a tote bag: use a real basket, and bring a gingham blanket while you're at it. Go all out! And to further create the ambiance, make a playlist on your iPod with relaxing, but upbeat tunes. Think John Mayer, Goo Goo Dolls or Colbie Caillat.

**Related Link:** [Date Idea: Learn a New Sport Together](#)

When it comes to food, the simpler the better. Wine or sparkling water are good bets for drinks, and finger foods are always a fun addition. Silverware can be cumbersome, so stick to fresh fruits, cheeses and the like. Hit up a local deli beforehand for good deals on side dishes and desserts! There are also easy recipes for everything from bruschetta to spinach artichoke dip. Anything that you can feed to each other makes the afternoon more fun and interactive.

**Related Link:** [Date Idea: Take a Risk and Be Daring](#)

What's great about a picnic is that it can even be done in your own backyard! So long as you make some time away from everyday life to have quality time together as fall comes to a close, that's all that matters. In the Santa Monica area? Check out TravelFusion for picnic ideas at Santa Monica Beach or Santa Monica Park along Ocean Avenue for some scenic picnic spots.

**Have a favorite picnic food? Comment below and share with our other readers.**

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# Date Idea: Fall in Love in New York



By [Delaney Gilbride](#)

With New York Fashion Week drawing to a close, the throngs of people that flocked to the daily theatre of the Big Apple are now returning to their everyday lives across the globe. But no one can ever quite forget a New York experience, especially when it involves love.

**So this weekend, make your [date night](#) NYC-themed, and embrace all the amor even an American icon has to offer.**

Central Park is a hot spot for new lovers to snuggle, picnic, play sports, and take their love public. If you don't live in New York, there may not be a big park in your neighborhood. So hitting a local or national park with "A Tree Grows in Brooklyn" will bring you right back to your big city days.

**Related Link:** [Date Idea: Get Close with Nature](#)

Another easy way to play the role of "New Yorker" is to eat like one! There are many classic NYC eats to try from their famous hot dogs to decadent NY cheesecake. Look up a restaurant in your area that specializes in one of these, and head there after a play! Not every town has Broadway, but a lot of plays are tested out in other metropolitan areas before they hit the Big Apple.

**Related Link:** [Date Idea: Embrace a Physical Activity](#)

In the Phoenix area? You can truly visit New York City without leaving your neighborhood by hitting up the local "Big Apple Restaurant" for a treat.

**Have a favorite NYC tradition? Comment below and share with our other readers.**

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# Date Idea: Ignite Sparks While Camping



By [Delaney Gilbride](#)

You've undoubtedly heard of camping in the woods with a tent, campfire and roasted hot dogs. It's time to take the weekend off to enjoy a camp called "Love". Feeling like you and your partner never have time away from everyday distractions? Don't stress – Cupid's got you covered.

**This weekend, take a load off and get a babysitter for the kids.**

**Cupid has some date ideas to make both staying in and enjoying nature seem like the best ideas you've ever had.**

Slumber party! Light some candles, dim the lights, and pop in your favorite movie from back in the day. Snuggle up on the couch with your beau and piles of blankets. Relive *The Breakfast Club* from start to finish and chuckle at the memories it leaves you with.

**Related Link:** [Date Idea: Get Close with Nature](#)

If you live in the NYC area, book a campground outside the city for some time away from the over-bearing lights and intrusive car horns. Black Bear Campground is a great option! Take a romantic stroll on a nature trail or lounge in front of the campfire as the warm glow illuminates your faces. Look up at the sky. The stars that you almost forgot existed are finally sparkling above you.

**Related Link:** [Dating Advice: 5 Things He Must Have](#)

Not a fan of the woods? Book a room in a nice hotel for the weekend. Get a couples' massage and take a steamy dip in the hot tub together! Check out *Time Out New York's* weekend getaway travel suggestions and stay in the Hampton's for a change of pace.

**Have some Couples Camp ideas of your own? Comment below and share with other readers.**

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# Celebrity Interview: 'RHOD' Star Stephanie Hollman Talks Fame, Family Life, and Spring Style



By [Delaney Gilbride](#)

After our recent [celebrity interview](#) with “wonder woman” Stephanie Hollman, we can certainly say this charitable philanthropist does it all. While *The Real Housewives of Dallas* (RHOD) has only recently finished filming its second season, the peacemaker of the show continues to juggle her work, home, and social life flawlessly. It begs the question: How is Hollman able to balance her busy life after her steady rise to fame? Thankfully, the reality TV star gives us all of



the answers we crave and more.

## **Stephanie Hollman Talks *The Real Housewives of Dallas* in Our Exclusive Celebrity Interview**

While fame is notorious for going to people's heads, that's nowhere near the case for Hollman. As for how the philanthropist felt after the release of season one of *RHOD*, she says that "you learn who your real friends are" after you've made your claim to fame. "There's something really freeing about not being perfect and having everyone see that," Hollman continues.

Of the drama that arises during the filming of Bravo's hit show, Hollman explains that her mom's words are always in the back of her mind: "If you don't know what to do, do nothing." She urges people to think before they act in both friendships and romantic relationships – and this *especially* goes for women! When you act before you think, you have to deal with the consequences one way or another.

**Related Link:** [Celebrity Interview: 'RHOD' Star Stephanie Hollman Says Her Life Is All About Her Family](#)

As for upcoming episodes of the show, the reality TV star explains that she's "excited and nervous" for the season to air. "They really dug in deep, and everyone's vulnerable," she shares. Reality TV fanatics can't help but obsess over the bickering and drama that comes along with shows such as *RHOD*, and it seems like this season won't disappoint. Along with your typical petty drama that lives on reality television, Hollman explains that "real life issues" will also be taking place. As for a sneak peak, the star exclaims that the cast trip was "unforgettable." Guess we'll have to wait to see what's in store!



# Reality TV Star Gives Family and Relationship Advice

Hollman and her family are known to be the ultimate charitable family in Dallas, and she and her husband take strides every day to shape their two sons into humble and caring young men. While they work tirelessly to make the world a better place for those who need it, they're also teaching their children to "give back in ways that they can understand." For instance, during the winter, they do all that they can to help those who are struggling. Hollman and her children go out and buy children's jackets in every size to donate to kids who don't have a coat. They even give their own shoes to those who can't afford them. She teaches her children to "be kind" to others in the hopes that others will do the same.

**Related Link:** [Celebrity News: Katherine Heigl Gushes Over Marriage and Kids](#)

As for her celebrity relationship with her husband, Hollman says marriage is definitely hard work! "I work really hard on my marriage," she claims. "We fight, but we talk about it, and we have a very open dialogue." She and her husband go to therapy weekly in order to maintain such a strong relationship, whether they're having a rough time or not. As for her best [relationship advice](#), Hollman encourages you to remember that, "no matter what happens, your spouse will always love you."

## Hollman Talks Keys to the Perfect Spring Style

Look no further for spring [beauty tips](#)! This mother of two has got you covered. When it comes to the warmer days ahead, the reality star says her number one tip is that you *have* to be "really cozy in the spring." The weather can range from

easy breezy to intensely hot in a matter of hours, so to prepare for the changing temperatures, Hollman tells us that flowy clothes are the way to go. Her absolute favorite pieces for the spring time include maxi dresses, a flowy shirt, and a good pair of shorts. The fashionista also urges our readers to play with color and just have fun with their wardrobes.

**Related Link:** [Vacation Destinations: Spring Travel Tips for Home and Abroad](#)

When it comes to the one beauty product she just can't leave the house without, we were a bit surprised. Hollman reveals that she doesn't wear makeup unless she's going out on a [date night](#) with her husband and instead wears her favorite sunscreen, EltaMD, almost every day. "You will never look into anything else!" Hollman promises in our celebrity interview. "It's almost like foundation. It makes my skin look beautiful and feel amazing." The reasonably-priced sunscreen blocks out harmful UV rays, doesn't clog your pores, and gives your skin a beautiful finish. We know what will be on our shopping list this summer!

*Catch Stephanie Hollman on the upcoming season of The Real Housewives of Dallas on Bravo. Check out her regularly updated [blog](#) today!*

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## Date Idea: Take a Journey





By [Delaney Gilbride](#)

Even though summer vacation has come and gone, there's no reason to fall into a rut for the weekends to come. One great way to get to know that new special someone, or even escape with an old love, is to hit the open road.

**Leave the fast-paced life of weekday work and head out on a driving trip this weekend.**

There are plenty of scenic routes to be taken anywhere in the US, even if you only want a short drive! Rent a convertible and drive with the top down through a beautiful area right around home. You can even book a room at a Bed & Breakfast if you want to take the longer road less traveled by.

**Related Link:** [Date Idea: Get Close with Nature](#)

If you're more into looking for an adventure, hit the highway and try to visit as many "World's Largest" destinations in the



surrounding states as possible. Nothing says romance like a cute picture in front of the world's largest Corn Palace! The fact is driving trips, near or far, are great bonding experiences that often lead to some great stories down the line.

**Related Link:** [Dating Advice: 5 Things He Must Have](#)

In the San Francisco area? Check out the movies in Redwood Road through the East Bay Hills for some breathtaking views.

**Have a secret weekend hideaway? Comment below and share with your fellow readers.**

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## **Date Idea: Fall into Love This Autumn**





By [Delaney Gilbride](#)

Fall is creeping upon us! While that means shorter days and lower temperatures, it also means that nature's most vibrant show is about to begin. Fall showcases the change of leaves from rich, summer green to all the reds, yellows, and oranges of autumn.

**It's the perfect time to take a walk with that special someone, or even pack up and take a weekend away with nature. So get out there and enjoy the show with this date idea!**

For a simple [date idea](#), pack a picnic lunch and head to an arboretum or your closest national park. Often times these parks have events surrounding the coming of fall. Even without

these festivities, parks are a great place to relax with a loved one.

**Related Link:** [Date Idea: Get Close with Nature](#)

For those more fully invested in the outdoor experience, there are foliage tours all over the country, particularly in New England! If you're looking for a romantic weekend vacation, there's no better place than under the blanket of beautiful fall colors. There are also bird watching tours that you can take in addition to, or alongside, the foliage tours!

**If you're a lover of fall and didn't see your favorite fall activity above, comment below and tell our readers about it!**

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## **Famous Restaurants: Crazy Milkshakes in NYC**







By [Delaney Gilbride](#)

Nothing has been taking the internet by storm quite like New York's latest trend of crazy, over the top milkshakes! It's nearly impossible to scroll through Instagram without laying eyes upon mountainous milkshakes literally *overflowing* with sweets ranging from heaps of savory chocolate cake to decadent donuts. This delicious [food trend](#) in NYC has people flocking to the Big Apple in order to satisfy their sweet tooth cravings.

Looking for some [relationship advice](#) from Cupid? Take a trip to NYC and visit one (or all) of the three most [famous restaurants](#) serving up ultimately outrageous milkshakes:

1. [Black Tap](#) (529 Broome St, New York, NY 10013): This

restaurant is the cream of the crop when it comes to the perfect milkshake, so end your [date night](#) the right way by stopping at Black Tap on Broome Street! Thankfully, you don't have to worry about cutting your night short in order to indulge in their artfully designed milkshakes. Black Tap is open until 12:00 AM during weekdays and are also open until 1:00 AM Thursday through Saturday. These \$15, foot-tall milkshakes launched this past November and have spread like wildfire over social media. One of their fan favorite milkshakes include the Sweet N' Salty Peanut Butter Shake: chocolate frosted rim with chocolate gems and PB cups topped with a sugar daddy, pretzel rods, chocolate covered pretzel, whipped cream and chocolate drizzle – what else could you ever want in a milkshake? So, if you and your boo are ever in the New York area, make sure to check out this Insta-famous eatery!

**Related Link:** [Famous Restaurants: Best Diners, Drive-Ins, and Dives in Rhode Island](#)

**2. [Sugar Factory](#) (835 Washington St, New York, NY 10014):** In case you miss Black Tap's 1:00 AM weekend cut off point, don't fret! The Sugar Factory, located on Washington Street, is open weeknights until 1:00 AM and 2:00 AM on weekends. The Sugar Factory prides themselves on their delicious sweets in and on their shakes. Celebrities such as [Kylie Jenner](#), who appeared at the chains Ocean Drive opening, can't seem to get enough! Although the Sugar Factory has dessert options such as their \$99 King King, which includes 24 scoops of ice cream, and their \$1,000 chocolate fondue served with a bottle of Dom Perignon, you don't have to spend a fortune to get a great shake. Their most popular \$20 shake called the Caramel Sugar Daddy Cheesecake milkshake serves your typical vanilla milkshake in a mug coated with chocolate icing drizzled with caramel sauce and whipped cream. You thought that was the last of it? The shake also comes with a huge slice of cheesecake paired with their famous rainbow lollipop right on top. Get

your fix by visiting the Sugar Factory!

**Related Link:** [Destination Miami: New Out Of the Box Destinations Reshaping the Culinary and Nightlife Scene](#)

3. **[Buns Bar](#)** (263 W 19th St, New York, NY 10011): This restaurant known specifically for their decorated milkshakes is the perfect [date idea](#) for you and your love if you're looking to be a bit nostalgic during your date night. Buns Bar located on West 19th Street decorates their milkshakes with everyone's favorite childhood characters such as SpongeBob, the Teenage Mutant Ninja Turtles, and Spiderman. Anything you can think of, they make it! After coating their glasses with thick layers of icing, the artists at Buns Bar carefully place sprinkles, marshmallows, and cereal on the outside of the glass to create your favorite characters. Looking for something a bit more "adult"? No worries – Buns Bar lives up to their name. You can order some of their famous milkshakes with a splash (or more) of your favorite liquor! People are obsessed with their famous Cinnabon Milkshake. Typically priced at \$15 dollars a shake, for an extra \$5 you can add shots of RumChata liqueur to enhance the savory Cinnabon shake. Keep your night going by checking out Buns Bar!

**Are you from the New York area and know other places to find over the top milkshakes? Share some of your favorites with us by commenting below!**

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## **Date Idea: Cuddle Up in the Dark**





By [Delaney Gilbride](#)

Need a fun [date idea](#) for this weekend? Cupid's got you covered! With the summer on the rise, evening dates are looking more and more tempting.

**Get out into the cool and sultry night and check out what's sizzling in your area for the perfect summer [date night](#)!**

*Many popular museums have special events going on in the evenings. The American Museum of Natural History in New York City hosts Evening Bat Walks on select Friday and Saturday nights. You can also check out local aquariums and marine centers for your special night! Visit [List of Public Aquariums](#)*

from FishChannel.com to find one near you.

**Related Link:** [Dating Advice: Who Should Pay For a First Date?](#)

Another great nighttime idea is stargazing. Live in the city? Not a problem. All those bright lights may make it difficult to see the night stars, but it's not impossible! The Amateur Astronomer's Association of New York leads stargazing ventures every week. Search 'amateur astronomers association' on Google to find one in your city and take a tour.

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If you live around Los Angeles and are into the pop culture scene, now is the perfect time to head to one of the city's famous venues! Live Nation holds tons of concerts in LA and the surrounding area, featuring artists like Justin Bieber, Rihanna, Keith Urban, and more. Don't live in Los Angeles? You can find a live concert or play near you with a little research at [ticketmaster.com](http://ticketmaster.com).

**Have a romantic night spot you want to recommend? Comment below and share it with our other readers.**

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## Date Idea: Shop 'Til You Drop





By [Delaney Gilbride](#)

If you're looking for new [date ideas](#), check out the mall! While the mall may not be the first place you'd go to find a potential mate, your favorite store can be a good place to meet new people.

**With summer sales going on across the country, there's no better time to head to the mall to check out the low prices and local hotties:**

For 20-somethings, check out stores like Buckle and Hollister, which have sales associates of both sexes. The cutie helping you find your size could be your next best-dressed date! Here's a quick tip to get started: say you're shopping for a family member of the opposite sex. It's an opportunity to give them compliments, as well as check out their style.

**Related Link:** [Product Review: This Summer Don't Let Your](#)



## [Skincare Suffer From The Sun](#)

To find someone who shares your interests, specialty stores are the place to go. Into hunting, fishing or other outdoor activities? Check out places like Bass Pro Shop. If music is your thing, go to the nearest Best Buy or a local vinyl store! Whether it's the person behind the counter, or someone shopping the rack next to you, there's an easy opening for starting a conversation that could continue over coffee... or maybe even a [date night](#)!

**Related Link:** [Dating Advice: 5 Things He Must Have](#)

Other great places to look are hole-in-the-wall boutiques. The atmosphere is personal, and you can be certain the people who shop there are from your area.

Want to hit up the Anniversary Sale to do some shopping for love? Visit Nordstrom's website to find the store nearest you.

**Have a romantic shopping story of your own? Comment below, and share with our readers.**

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# **Date Idea: Fire Up the Weekend**







By [Delaney Gilbride](#)

Need a fun [date idea](#) for Memorial Day weekend? Cupid's got you covered! While everyone's celebrating the best of May with friends and family, there are still plenty of places for you and your boo to couple up. And even if you're single...

**Memorial Day weekend is full of gatherings and festivities that make it easy to have fun with friends and find sparks with someone new:**

This time of year is a great to catch the very beginning of summer movies. This year the buzz is centered around *Pirates of the Caribbean: Dead Men Tell No Tales*. But hey, there's no reason to stay inside when the weather is so nice! Grab a blanket and head to see a movie in the park or at a drive in for the perfect [date night](#).

**Related Link:** [Vacation Destinations: Spring Travel Tips for Home and Abroad](#)

It goes without saying that the weekend is also full of barbecues and parties, and while a family gathering might not be the best place to find a mate, hosting your own festivities could be just the way to do it! Food (and especially drinks) *always* make for a good time. Want some [love advice](#)? Invite other singles over and ask everyone to bring a platonic date and set off your own fireworks for finding love.

**Related Link:** [Dating Advice: 5 Things He Must Have](#)

In the Chicagoland area? Check out the *Movies in the Park* series at the city parks.

**What are you doing to celebrate the weekend? Comment below and share with our other readers.**

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## **Celebrity Couple Kelly Ripa & Mark Consuelos Celebrate 21st Wedding Anniversary**





By [Delaney Gilbride](#)

In [celebrity news](#), power couple [Kelly Ripa](#) and Mark Consuelos celebrated their 21st wedding anniversary this past Monday. Not only did the talk show host celebrate her anniversary with her handsome hubby on May 1st, Ripa also announced the long-awaited news that Ryan Seacrest would take place as her new *Live* cohost! According to [UsMagazine.com](#), the [celebrity couple](#) both took to Instagram gushing over their decades old love with multiple pictures of the two. Ripa posted her slideshow with the caption, “21 years of lit-ness. (sorry Lola),” seemingly apologizing to her teenage daughter for her use of “lit” in an Instagram post. Ripa and Consuelos met in 1995 after costarring on the ABC soap opera *All My Children* and had their [celebrity wedding](#) only a year later. Congratulations to the happy couple!

**This celebrity couple is still going strong! What are some special**



# ways to celebrate your anniversary?

## Cupid's Advice:

Anniversaries call for celebration! But, are you sick of partaking in all of the anniversary clichés? Cupid's here to give you brand new ideas on how to wow your spouse on your special day with the latest [love advice](#):

**1. Go on a vacation:** You both deserve to go all out every once in a while, and celebrating your anniversary is a great way to do it! Take a week (or even a long weekend) by indulging in a vacation of your choice. Whether it be relaxing by the ocean or snuggling next to a fire in the mountains, celebrate your anniversary by getting away with your love!

**Related Link:** [Vacation Destinations: Spring Travel Tips for Home and Abroad](#)

**2. Stay in bed all day:** The two of you are most likely constantly on the move with work and the kids and having a social life... maybe the best way to spend your anniversary is by doing nothing at all. Snuggle with your love, split a bottle of champagne, and enjoy your meals in bed. Nothing is more intimate than enjoying your anniversary between the sheets!

**Related Link:** [Ciara & Russell Wilson Welcome a Celebrity Baby Girl](#)

**3. Do something you've never done before:** I'm sure each anniversary is filled with your favorite restaurants, your favorite cities, etc. Spice up your anniversary by doing something you've never done before! Plan a day that revolves around everything new and it's bound to be a day you'll never forget.

**Have you and your boo celebrated multiple anniversaries?**



Comment below and tell us some special ways you celebrate!

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# 'Orange Is the New Black' Actress Alysia Reiner Talks Cool Effect & Season 5 of Her Hit Netflix Show in Celebrity Interview



By [Delaney Gilbride](#)

We all know Alysia Reiner as ex-assistant warden Natalie "Fig"

Figueroa from the smash hit Netflix show *Orange Is the New Black* (OITNB), but did you know she's also a passionate environmental advocate? The actress is adamant about spreading knowledge and awareness concerning the damages done to our Earth day after day, which is why she joined Cool Effect, a non-profit environmental group that allows individuals to create a tangible impact on climate change through a digital platform. In our [celebrity interview](#) with the star, she shares her best Earth-saving tips and also opens up about what's next on OITNB.

## Celebrity Interview with Alysia Reiner

Talking about her passion for protecting our planet, Reiner believes that *right now* is a “very crucial time” when it comes to saving our only home – Earth. When the actress asked herself what she could do as only one person to save our environment, she decided to focus on taking small steps. She became a member of Community Supported Agriculture (CSA); she began using public transportation; and she started carrying her drinks around in travel mugs rather than plastic cups. She says that, on an individual level, it's important to begin with the little things like buying your groceries locally, eating less meat, and being aware of the clothes you buy. “I'm wearing, right now, a piece of clothing that uses waste [and] scraps from other pieces of clothing,” she shares. “It's called ‘Zero-Waste.’”

**Related Link:** [Top 5 Fashion Trends Blossoming for Spring](#)

Reiner states that “we have to become aware” that there are ways to cool down our environment. This, among many others, is one of the reasons why she teamed up with Cool Effect's new “Tons of Reasons” carbon-reducing projects campaign. This campaign is actively perusing new ways to eliminate the use of

carbon, which is heating up our world at a steady rate.

The *OITNB* actress also talks about how Cool Effect is reaching its way to India, where individuals are turning their waste into clean, usable energy. "Take action in a way that gives [us] hope," she encourages in our celebrity interview. Taking the simple step of joining organizations such as Cool Effect will help our planet in a huge way.

**Related Link:** [Date Idea: Embrace a Physical Activity](#)

Lucky for us, Reiner didn't forget about the return of *OITNB* on Friday, June 9th (although that date may change given the recent hacker release of the first 10 episodes). "Yes, Fig is back," she says, "and [the season] takes place in three days." We can't help but love Fig and her continual returns to Litchfield Penitentiary in order to twist the knife just a smidgen more to make life hell for those who have wronged her.

Reiner is also working on season 2 of the FX show *Better Things* with comedian Louis C.K. and actress Pamela Adlon.

*To help make the world a better place, please visit [CoolEffect.org](#) and [TonOfReasons.org](#) now. You can follow Alysia on Twitter [@alysiareiner](#).*

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## **Learn How Celebrity Exes Blac Chyna & Rob Kardashian Are Co-Parenting and Working on**



# Themselves



By [Delaney Gilbride](#)

In [celebrity news](#), Blac Chyna and Rob Kardashain are putting their differences aside and placing their [celebrity baby](#), Dream, above everything. A source close to the [celebrity exes](#) told [EOnline.com](#) exclusively that “they are co-parenting and independently working on themselves but they’re more cordial now than they have been, which is why they [have] hung out recently.” Kardashian continues to visit Dream on a weekly basis two months after the couple split and went their separate ways. The source claims Rob is “always happy to see her.” The Arthur George sock designer claims that he finally understand why his mother, [Kris Jenner](#), had so many kids in a recent Instagram post saying, “Now I understand why my mom had 6 kids!! Babies are the greatest gift of Life!!”



# These celebrity exes have experienced quite a bit of drama. What are some ways to get along with your ex?

## Cupid's Advice:

It's never easy to get along with an ex, but sometimes you have to make it work. If the two of you share a child, like Rob and Chyna, it's very important that you sustain a civil relationship with one another. With this in mind, Cupid's going to help make this transition an easier one with some [relationship advice](#):

**1. Seek balance:** If you and your ex share children together it's important to seek balance in your relationship with one another. Put your negative feelings aside and put your children first. This way, it'll be easier for you and your ex to get along.

**Related Link:** [Celebrity Baby: Serena Williams Says She Accidentally Revealed Her Pregnancy on Snapchat](#)

**2. Stop bringing up the past:** It's only going to make being civil harder! The relationship is over so there's no need to keep bringing up the factors that made it end. If you keep focusing on the negative, you'll never reach the positive aspect of your "new" relationship the two of you are striving for.

**Related Link:** [Celebrity News: Katherine Heigl Gushes Over Marriage and Kids](#)

**3. Forgive:** This is *extremely* difficult depending on the severity of your break up. But, in order to be civil with your ex, this has to be done. Once you forgive and forget a huge

weight will be lifted off your shoulders. You have no idea how freeing this can be!

Do you get along with your ex? Comment below with some tips on how you do it!

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# Celebrity News: Scott Disick Reveals He Once Proposed to Kourtney Kardashian



By [Delaney Gilbride](#)

During the latest episode of *Keeping Up With The Kardashians*,

[Scott Disick](#) revealed that he did in fact propose to [Kourtney Kardashian](#) after he bought a ring years ago. According to [UsMagazine.com](#), Disick confessed to the proposal after Kourtney's famous sister [Kim Kardashain](#) asked if her sister ever knew there was a ring. "I don't think we told anybody, actually," revealed the reality star. "It was somewhat cute and then we just got scared about, like, media and this and that and we were like, 'Let's just put the ring aside and we'll talk about it another day.'" Disick also proposed to Kardashian during a [celebrity vacation](#) to Costa Rica without the ring and was rejected a second time. The now [celebrity exes](#) split back in 2015 after Disick was spotted getting a bit too comfortable partying in the South of France with with his ex girlfriend.

**This [celebrity news](#) has us surprised! What are some factors that might lead you to turn down a marriage proposal?**

### **Cupid's Advice:**

Marriage is a wonderful thing, but it's not for everyone. If your significant other proposes to you, don't say yes just because you feel like you *have* to. There are many factors that go into whether you're ready for marriage or not. So, what may lead to a rejection? Cupid's here to help with some [relationship advice](#):

**1. You've been questioning the relationship:** You have to be fully committed to your relationship if you're even *thinking* about marriage. If you've been back and forth about how you feel about the person you're with, marriage is definitely not in the books for you two.

**Related Link:** [Celebrity Divorce: 'Grey's Anatomy' Star Jesse Williams & Wife Aryn Drake Lee Are Divorcing After 5 Years of Marriage](#)

**2. It's an apology proposal:** You've seen movies... boy messes up, girl wants to leave him, boy feels bad and proposes, girl accepts and finally all is good with the world. Do not fall for this! If your significant other is only proposing to you because they messed up it's not a true proposal. It's just an easy fix.

**Related Link:** [Celebrity Couple News: Jenna Dewan Tatum Explains How She and Channing Began Dating](#)

**3. You're not the "marriage" type:** And that's fine. Not everyone has to get married to live a happy life! Like Kourtney Kardashian, you may feel perfectly comfortable with just dating. This doesn't mean you don't love your significant other, you're just not about that married life.

**Have you ever turned down a marriage proposal? Comment below with what lead you to the decision.**

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## Parenting Tips: How To Cope With Stress







By [Delaney Gilbride](#)

Parenting can be many things: rewarding, exciting, filled with joy, etc. But above all, parenting can be extremely stressful. You are fully responsible for your children from the moment your bundles of joy enter the world up until they reach adulthood – and maybe even a bit beyond that. It begs the questions for struggling parents, how do you cope with the stresses of family life? Thanks to [Parents.com](#), we're now able to lay out some of the best ways you and your partner can handle your busy lives with your amazing children.

**If you've been searching for ways to cope with your hectic family life look no further! Cupid's here to tell you how to deal with the top 5 stressors that come with**

# being a parent:

**1. The Morning Rush:** Mornings can be extremely hectic if you have kids, especially if it's during a school week. You have to make breakfast, lunches, dress your kids, find their shoes, and brush their teeth all before the school bus arrives. At this point, you haven't even had time for your own morning routine! A great way to make mornings less stressful is to do prep work the night before. Make their lunches and figure out their outfits the night before a school day – it makes your morning just that much easier! Another [parenting tip](#) is to wake up just a bit earlier than your kids do; this allows you to relax a bit before the day begins. Have a cup of coffee and enjoy every sip!

**2. Bad Behavior:** Kids aren't perfect, and like adults, they have their bad days too. After a long day of work it may seem like the end of the world when you find out your kids have been behaving poorly in social settings like school. As easy as it sounds to simply explode on your kids for their bad behavior, you have to remember to take a step back. Avoid a stressful situation by taking a deep breath and staying calm as you receive all the details pertaining to what happened with your child. Then, in a calm manner, come up with a solution to the problem. Put yourself in your kids shoes and look at the situation from their perspective.

**Related Link:** [Parenting Tips: Ways To Talk To Your Kids About Sexual Abuse](#)

**3. Your Long To-Do List:** As a parent, you may feel like you need to do everything yourself. Your to-do list may seem never ending at times but don't let that overwhelm you! You and your partner have sources of help everywhere. Instead of doing every day chores like laundry on your own, use outsources to help you out. This way, you'll be able to spend that time with your family by watching a movie or playing a game. If you

still have a lot on your plate, it's a good idea to give yourself a "bubble break". Put in your headphones and block out the world for a little bit. You deserve it!

**4. Constant Worrying:** It's no surprise that parents like yourself are constantly worrying about everything and anything at all times. Being a parent comes with great responsibility and that ultimately becomes a major stressor. It's okay to remove yourself from the stress in your life every once in a while because it's extremely important for you to take care of yourself. Make time for [date nights](#) with your significant other and don't forget to vent to your friends! This type of release is so important for both you and your partner.

**Related Link:** [Product Review: Get This Spring's Latest Parenting Must Haves!](#)

**5. Over scheduling:** You and your family are always going a mile a minute – life can become overwhelming when you have a hundred things going on at once. As much as you and your partner want to be "super parents" it's a good idea to take things slow every once in a while. Make sure at least two days a week are completely free for you and your family to spend quality time together. It's very simple to do less! You and your loved ones will be able to relax; you all deserve a break.

**Are you a parent? Comment below with how you deal with the stresses of parenting!**

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**Celebrity Baby: Serena**



# Williams Says She Accidentally Revealed Her Pregnancy on Snapchat



By [Delaney Gilbride](#)

In [celebrity news](#), it looks like Serena Williams' [celebrity pregnancy](#) announcement on Snapchat was a mistake! According to [UsMagazine.com](#), the tennis superstar admitted that her selfie posted on Snapchat on April 19 showing off her 20 week baby bump was an accident. During a [celebrity interview](#) at the TED conference on Tuesday, April 25, Williams stated: "I have this thing where I've been checking my status and taking pictures every week to see how far along I'm getting. I've been so good about it, but this was the one time it slipped." The 35 year-old pro athlete followed her statement by claiming that even



if the Snapchat didn't go out to the public on that day she was going to reveal the pregnancy within the week. This will be Serena Williams' first child with fiancé, co-founder of Reddit, Alexis Ohanian.

**It looks like this [celebrity baby](#) news was meant to stay a secret for a bit longer! What are some things to consider before revealing your pregnancy to family and friends?**

#### **Cupid's Advice:**

Nothing is more exciting than when you're expecting. But how do you know when the time is right to announce your pregnancy to your family and friends? Cupid's here to give you some questions to ponder when making this big decision:

**1. Will they be supportive?:** You know your family and friends better than anyone else and if you believe that they will support you through your pregnancy, go ahead and tell them! Having a child is something beautiful, but you will need help along the way. If you believe your close family and friends will be the ones to support you there's no holding you back from telling them.

**Related Link:** [Celebrity Maternity Style: Find Out How You Can Be Chic During Pregnancy Like Amal Clooney!](#)

**2. Have you and your partner had time to process this?:** This is something extremely important to think about before revealing your pregnancy. Having a baby is a huge deal! You and your partner have to allow this information to truly sink in before sharing it with the world. If you've processed the fact you're going to have a baby, others will too!

**Related Link:** [Celebrity Baby: Pregnant Serena Williams Gets Cozy with Boyfriend Alexis Ohanian on Babymoon](#)

**3. Are you over 12 weeks?:** You're most likely to have a miscarriage between 6-10 weeks, so you should wait to announce your pregnancy until at least 12. Go to your doctor and get a scan. You can't always rely on pregnancy tests!

**Are you pregnant? Comment below with how you knew the time was right to share the news with your close family and friends!**

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## **Celebrity News: Former 'Bachelor' Chris Soules Deletes Instagram Amid Felony Allegations**





By [Delaney Gilbride](#)

In [celebrity news](#), it looks like [The Bachelor](#) alum [Chris Soules](#) is keeping his life privatized after felony allegations came out against him this past week. [Celebrity gossip](#) erupted after Soules deleted his Instagram nearly 24 hours after being arrested in Iowa after fleeing the scene of a fatal car crash – he had nearly 740,000 followers. The former ‘Bachelor’ appeared in court on Tuesday, April 25 to face his charges after leaving the fatal scene that’s cause is still under investigation. Soules was released after posting a \$10,000 bail. His spokesman released this quote to [EOnline.com](#): “Chris Soules was involved in an accident Monday evening (April 24) in a rural part of Iowa near his home. He was devastated to learn that Kenneth Mosher, the other person in the accident, passed away. His thoughts and prayers and with Mr. Mosher’s family.”

**This celebrity news has us pretty**

# incredulous. What are some things to consider when your partner gets into legal trouble?

## Cupid's Advice:

You go into a relationship promising to be with the person through thick and thin. But, what happens when your partner get into legal trouble? Cupid's here to help you out with some [relationship advice](#):

**1. Look at the situation from all sides:** Depending on the extent of your partners legal troubles you're going to have to look at everything from a legal perspective. Is it something small that you'll be able to work through or is it something you won't be able to come back from? Look at the situation like an outsider. Was your significant other in the wrong?

**Related Link:** [Celebrity Break-Up: Hilary Duff & Michael Koma Split](#)

**2. Make a decision:** Depending on the situation, you're going to have to make a big decision in your relationship. Will your relationship survive throughout these legal allegations? This is where "through thick and thin" is tested.

**Related Link:** [Celebrity Exes: Harry Styles Talks Past Romance with Taylor Swift](#)

**3. Follow through:** Once you make your decision you have to stick with it. If you decide to end the relationship because of the legal trouble your partner is in, you have to continue to remind yourself why you ended it in the first place. If you decide to stay by their side, you have to be a person of your word.

**Has your significant other ever been in legal trouble? Comment**



below and tell us how you dealt with the situation.

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# Travel Review: Pritikin Longevity Center & Spa



By [Delaney Gilbride](#)

As spring is making it's debut and the long straining days of winter have finally come to an end, we're sure that you're starting to think about planning your summer [romantic getaway](#). Although summer is only months away, you and your boo may still be feeling the long-term affects of a winter slump. It may be hard to pick the perfect summer destination if you're

still feeling low energy mentally and physically as the warm weather approaches. This reason (among many others) is why the [Pritikin Longevity Center & Spa](#) opened its doors to the public over 30 years ago. Located in the beautiful Miami, Florida, with over 35 years of experience, Pritikin's is one of the nation's premier health and wellness resorts teaching visitors how to lead an all-around healthier lifestyle.

**If you and your love want to see a real change in the way you live your day to day lives, Pritikin Longevity Center & Spa located in Miami, Florida is absolutely the place for you!**

More than 100,000 people worldwide have attended Pritikin's programs leaving the resort relaxed, refreshed, and ready to live their lives in a new light. This all-inclusive resort allows for a one to two week stay with a three day weekend retreat that runs a few times a year for people to see a glimpse of the program before they fully commit. The Pritikin Longevity Center & Spa has multiple goals for their guests who truly want to better their lives including healthy weight loss, healthy hearts, lowering cholesterol, controlling diabetes, lowering blood pressure, and providing the best tools for a healthy mind.

**Related Link:** [Destination Miami: New Out Of the Box Destinations Reshaping the Culinary and Nightlife Scene](#)

Guests will be able to attend health lectures from the very best health and wellness experts they have to offer. These experts include doctors of medicine, exercise physiologists and nutritionists, and top chefs including the trained "no

salt” chef. Classes include healthy cooking courses with the “no salt” chef and unique exercise courses for both your body and mind. This resort does everything and anything in order to help shape the lives of those who need a bit of a boost when it comes to their over all wellness. If you want to make something a habit it *must* become a lifestyle.

**Related Link:** [5 Unique Travel Destinations You Can Drive to from NYC](#)

Pritikin’s makes sure your stay at their resort will have long-lasting effects as they provide the Pritikin Program to every one of their guests. This program provides extensive daily plans including diet, exercise, and a healthy mind and body plan. The diet program includes cooking lessons, five gourmet meals and snacks daily, and included medical tests and appointments to make sure your body and heart continue to make progress. The exercise plan has always been a bit hit with guests. Everyone at the resort is so encouraging and proud of each and every persons success – it’s truly a *fun* time for all. The exercises include cardiovascular conditioning, strength training, and stretching with electives such as Sunrise Stretch, Yoga/Meditation, Aquatics, Functional Fitness, Balance & Stability, Tai Chi, Spinning, Zumba Dancing, and Pilates. And finally, the healthy mind and body program provides education for long term success after leaving the resort. Their physicians provide education on why healthy living is so important while breaking through personal obstacles getting in the way of your healthy happiness.

**Related Link:** [Popular Vacation Spots: Punta Gorda & Englewood Beach](#)

The Pritikin Longevity Center & Spa is just as beautiful and relaxing as it is focused on bettering your mind and body. The resort is newly renovated with breathtaking amenities including their decadent dining areas and luxurious suites varying in all sizes to fit your needs. Enjoy the Miami

weather by relaxing outside by one of their many outdoor pools or escape the heat by cooling off in their indoor pools. Pritikin Longevity Center & Spa is known for their exquisite spa treatments which guests indulge in after a day of mental and physical exercise. With their 650-acre grounds, you'll never run out of things to do.

If you and your love need a little bit of a boost in order to better your lives, the Pritikin Longevity Center & Spa is definitely the place for you. By including diet, exercise, and healthy mind and body plans for their guests, thousands of people have left their resort feeling better than ever!

*Go on and live your best life by planning your trip to sunny Miami's [Pritikin Longevity Center & Spa](#) now!*

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## Vacation Destinations: Spring Travel Tips for Home and Abroad







*This post was sponsored by Savvy Travelers.*

By [Delaney Gilbride](#)

Whether people have been cooped up indoors while it snowed all winter or they were able to take the chilly temperatures with just a sweater, spring is a time of renewal. It's a time of the year when people want to break out of the routine they have been stuck in for months and get away. This spring, millions of people will be traveling domestically, as well as abroad. The difference in surviving and thriving on that trip has a lot to do with the planning and preparing before ever heading out the door.

"Once you plan wisely for a trip you know all the difference that it makes and you will forever want to continue with it," explains expert traveler Tina Aldatz, chief executive officer of travel wellness company Savvy Travelers. "Planning ahead means that you are more prepared to help keep yourself healthy and comfortable, no matter where you may be traveling to. That's always a good thing."

# Improve traveling to your favorite vacations destinations this spring by checking out [Savvy Travelers](#) tips for traveling domestically and abroad:

1. When traveling internationally, inquire about vaccinations, and contact the local health department about a month before the trip. This way, they can determine if any special health measures should be taken or cautionary advice is needed.

2. Inquire with your insurance company about traveling to get the details you may need on using insurance during a vacation, especially if you will be traveling outside the country.

**Related Link:** [Popular Vacation Spots: Punta Gorda & Englewood Beach](#)

3. Take standard necessities with you, rather than trying to find them when you arrive. Items such as sunscreen, bug spray, toiletries and cleansing wipes are easy to pack and carry, and will bring comfort during travel and once reaching the destination.

4. Aim to pack light, rather than over pack. When you over pack it will become a burden to carry luggage around. Also, packing light gives you a little wiggle room for purchasing things on the trip to take home

**Related Link:** [5 Unique Travel Destinations You Can Drive to from NYC](#)

5. Travel prepared with cleansing wipes. You can go poolside with your designer wipes by your side or stash them in your beach bag. They will easily allow you to refresh a sweaty body with No Sweat wipes, get the chlorine or salty sea off with

Take Offz, and remove the sand that got on your phone or on your sunglasses with In the Klear wipes.

6. Looking great is easier when you are prepared, even down to your fingernails. Chipped a nail on day three? Lift Offz to the rescue. They can be carried in your purse or bag and within seconds will remove the polish.

**Related Link:** [Vacation Destinations: Unknown Italy 2017](#)

7. Sometimes we need a vacation from our vacation because we packed so much in on our trip. But the worst thing is to have to use all your sick days after your fabulous vacation, so stay healthy this spring break with Klean Upz and Offz by your side.

8. Stay fresh and healthy when traveling by keeping individually wrapped wipes on hand. They can be used for sweat, killing germs, freshening breath, or cleaning off things that seem a tad too dirty to touch. From wiping down airplane tray tables to hotel room remote controls, spending seconds to do that and removing germs can save days worth of being ill.

“We know what it’s like to travel and need ways to help keep us comfortable and healthy,” added Aldatz. “That’s why we created our line of designer wipes. They are easy to carry, individually wrapped, and help make you ready for anything and everything that comes your way.”

### **About Savvy Travelers**

The Savvy Travelers collection of designer beauty wipes are curated for the sophisticated on-the-go travelista. Savvy Travelers keep ladies fresh and fabulous from head to toe, one swipe at a time, offering products in convenient kits and single-use packets that are disposable, eco-friendly and made in California! *No Water? No Problem!* Follow @Savvy\_Travelers on social media and like us on Facebook.



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# Celebrity Wedding: Ronda Rousey Is Engaged to Travis Browne



By [Delaney Gilbride](#)

In [celebrity news](#), Ronda Rousey is officially off the market! The mixed martial artist was seen out and about with her beau, Travis Browne, on Wednesday, April 19 in Los Angeles sporting a shiny diamond on her ring finger. According to [UsMagazine.com](#), the UFC champs announced their engagement exclusively through TMZ and they spilled all the details about how the picturesque proposal went down. “We were under a



waterfall in New Zealand and it felt like the right place to do it,” gushed a newly engaged Browne as Rousey supposedly gave a flash of her new favorite accessory. The [celebrity couple](#) has been dating since 2015; congrats to the happy couple!

**This UFC fighter is no longer fighting for love, and is instead getting ready for her [celebrity wedding](#)! What are some ways to know you're ready for marriage?**

#### **Cupid's Advice:**

Getting married is a huge step for every relationship! How do you know you and your boo are ready to take things to the next level? Cupid's here to help you out with the latest [relationship advice](#):

**1. You're using "when" not "if":** When you and your partner talk about your future, take a close look at the words the two of you use. If you're saying, "when we have kids" rather than "if we have kids" you may be closer to marriage than you thought!

**Related Link:** [Celebrity News: Katherine Heigl Gushes Over Marriage and Kids](#)

**2. There's no questioning your future together:** If you look into your future and see your partner by your side, that's a big sign that you may want to start thinking of marriage. If you're not questioning whether or not you're missing out on other opportunities with other people and neither is your love, you're in it for the long haul.

**Related Link:** [Celebrity Couple News: Gigi Hadid's Family Calls Zayn Malik a 'Great Guy' and Says 'She's Happy'](#)

**3. Finances aren't a problem:** Marriage is a huge step not only emotionally, but financially as well. If you and your partner are both financially independent and are ready to join forces in the world of finances, marriage may follow! If you're ready to tackle the world from all sides, go for it.

**Are you and your boo thinking about marriage? Let us know by commenting below!**

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## **Celebrity Break-Up: Hilary Duff & Michael Koma Split**





By [Delaney Gilbride](#)

In [celebrity news](#), [Hilary Duff](#) and Michael Koma are finally coming clean following their [celebrity break-up](#) in early March. According to [EOnline.com](#), the [celebrity couple](#) had only dated a few months before busy schedules ended their short relationship last month. Following the duo's red carpet debut at the pre-SAG Awards at the end of January, Duff and Koma enjoyed multiple romantic vacations around the globe. The 29 year-old actress shared a snuggly photo of the two on a beach from a getaway to Costa Rica in February entitled, "Take me back to Costa with him," only months ago. We're sad to see them split!

**The writing seemed to be on the wall for this celebrity break-up. What are some tell-tale signs that your relationship has run its**

# course?

## Cupid's Advice:

When you're blinded by love it may be difficult to tell when your relationship just isn't working out anymore. So, how are you supposed to know when it's time for something new? Cupid's here with some [relationship advice](#):

**1. You're picking fights with each other:** Of course it's completely normal for couples to bicker – it would be weird if they didn't. But if you're aware of the fact that you and your partner are constantly picking fights with one another, you have to be aware that you feel the relationship is ending. You may be nudging at the idea that you want them to break up with you first rather than the other way around.

**Related Link:** [Celebrity Exes: Harry Styles Talks Past Romance with Taylor Swift](#)

**2. Your significant other is your source of stress:** Life is already stressful as it is... why would you want your significant other to be your source of stress rather than a source of love? Your partner is supposed to be the person you come home to in order to *de-stress*, not the other way around. If this is the case your relationship is going nowhere fast.

**Related Link:** [Celebrity Divorce: Ben Affleck Still Living at Family Home with Jennifer Garner](#)

**3. You're happier alone than with your partner:** If this isn't a reality check then I don't know what is. If you genuinely feel better being *alone* rather than being with your partner, you've already made the big decision about your relationship. Stop stressing about the person that isn't making you happy and focus on yourself for once!

**Have you just gone through a break-up? Comment below and let**



us know when you knew enough was enough.

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# Beauty Trend: Glitter Cuticles



By [Delaney Gilbride](#)

2017 has been chock-full of out-of-the-box [beauty trends](#). From lollipop lips to feathered eye brows, it's safe to say we haven't seen the last of these innovative trends. Which is why we're not surprised that the latest beauty movement is anything but ordinary – did anybody say “glitter”?

# Cupid's here to tell you all about the latest beauty trend hitting Hollywood: Glitter Cuticles

Yes, glitter cuticles are a thing and they're taking the internet by storm. [Harpersbazaar.com](http://Harpersbazaar.com) got an inside look at the newest nail movement as it was making its debut at the Spring 2017 Rodarte Show from it's creator – manicurist Tracy Lee. The nail enthusiast said, "I was inspired by the collection. The designers love to mix textures, so we brought that to the nail. It creates a kind of jewelry effect on the nails, I always try to do something edgy for Rodarte; something that hasn't been seen before."

**Related Link:** [Beauty Trend: Mauve Is In for Spring 2017](#)

The manicurist polished her models with a soft pink nail, finishing them off with silver glitter polish on the cuticles to give the nails that extra shine. Everyone is hopping on board with this glitter obsession and we couldn't be more psyched! This trend is perfect for those who have a hard time "staying within the lines" when it comes to painting your own nails. Just paint some glitter over your cuticles and voila! A perfect coat.

**Related Link:** [Fashion Trend: The '90s Are Making a Comeback](#)

Unfortunately, cuticles are known to be fairly dry which makes removing the glitter polish from your fingers a bit of a struggle. A [beauty tip](#) to avoid this is to either use glitter eyeliner or glitter flakes when spicing up your cuticle life. They come right off. We're sure to see many more glitter trends to come throughout the Spring and Summer seasons and we can't wait. But for now, we'll try our hand at this new cuticle movement!

Have you tried glitter cuticles? Comment below and let us know your thoughts!

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# Celebrity Divorce: Ben Affleck Still Living at Family Home with Jennifer Garner



By [Delaney Gilbride](#)

In [celebrity news](#), it looks like [Ben Affleck](#) and [Jennifer Garner](#) are still living together despite filing for divorce



Thursday, April 13. An insider told [People.com](#) that the 44 year-old actor continues to live in the family guest house to keep home life “normal”. He continues by saying, “For now, they are all living together. One thing they agree on – the kids will stay at the family house. Jen and Ben will focus on making things as smoothly as possible for the kids. It’s all about what’s best for them.” The [celebrity couple](#) split back in June 2015 and have since continued to be co-parents to their three children Violet, 11, Seraphina, 8, and Samuel, 5.

**This duo is staying surprisingly friendly during their [celebrity divorce](#). What are some tips for remaining amicable during your divorce?**

#### **Cupid’s Advice:**

When you’re going through a divorce with children it’s important that you be civil with your ex to make the transition easier for your kids. So, want tips to make this easier? Cupid’s here to help you out with some [relationship advice](#):

**1. Put your kids first:** As hard as a divorce is for you and your spouse it can be *much* harder for your kids. If you continue to think about making your divorce easier on your kids, it becomes easier for you to be civil with your ex. If you put your kids first it’ll become natural to be amicable around them.

**Related Link:** [Celebrity Wedding: ‘Bachelor’ Alum Nick Viall Explains Why He and Vanessa Aren’t Planning a Televised Wedding](#)



**2. Learn to respect one another:** Although you have your differences, you and your partner have to learn to respect each other – especially if you have kids. Treat the other person the way you want to be treated. It'll go a long way.

**Related Link:** [Celebrity Break-Up: Olivia Munn & Aaron Rodgers Split After 3 Years of Dating](#)

**3. Let it go:** If you hang onto every negative emotion during your divorce it will get you nowhere. It will only make you resent your ex more! Give yourself a break and just let it all go; take a breath of fresh air and start anew.

**Are you and your ex spouse civil with each other? Comment below and tell us about it!**

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## **Latest Fashion Trend: Anti-Skin**





By [Delaney Gilbride](#)

It looks like the days of minimalists may just be coming to an end. According to a recent article by [Bendbulletin.com](#), mini-skirts and crop tops are out while long sleeves, long skirts, and suits are making their Hollywood debut – and women are *all* about it. If the news of this recent [fashion trend](#) is taking you by surprise, you're not the only one. This anti-skin trend has been making it's way through fashion subtly but surely throughout the years. Well known celebrities such as [Kourtney Kardashian](#) and [Angelina Jolie](#) have continued to rock the tailored suit look time and time again proving that you don't have to show skin to be utterly sexy. This look has been dominating the runway as high fashion brands such as Gucci and Valentino can't help but clothe their models in elegant dresses that drape over their wrists and ankles – a modest but powerful statement.

**It's the end of the "naked look"**

# and the beginning of a new era: Female Empowerment

*Bendbulletin.com* claims that one of the many reasons as to why females are responding so positively to the anti-skin look is because it “rejects the strictures of the male gaze [...] [it’s] not about what men want any more, but about what women want.” For far too long women have been pressed under the thumbs of powerful men; subordinate and powerless to their patriarchal control. Women have played the role of the housewife, the mother, the daughter, and an object of desire for men... but only very recently has this gone through a whirlwind of change. This anti-skin trend prioritizes the woman and her needs over that of men. As women have become more active in fighting and marching for their voices to be heard they’ve taken on this more conservative, political look. It’s a statement that men will no longer be able to silence, control, or sexualize women from this point forward.

**Related Link:** [Fashion Advice: ‘Wow’ the Crowd with Color](#)

The most important part about this trend is that it allows women to feel secure and strong during their every day lives. Renowned fashion designer Michael Kors recently stated: “I am convinced that there is something far more alluring about women wearing things that give them confidence, that don’t make them feel as if they have to tug at their hemlines or yank at their straps.” Confidence is key in the world of fashion and that’s what the anti-skin trend is all about. There’s no need to worry about bra straps or whether your shorts keep riding up. There’s nothing better than feeling comfortable, secure, and sexy without having to worry about too much skin being shown where you don’t want it. Every female is beautiful, strong, and powerful as hell so why not give the anti-skin trend a try? You go girl!

**Related Link:** [Celebrity Tassels Are the Latest Fashion Trend](#)

**Are you team anti-skin? Comment below and tell us why!**