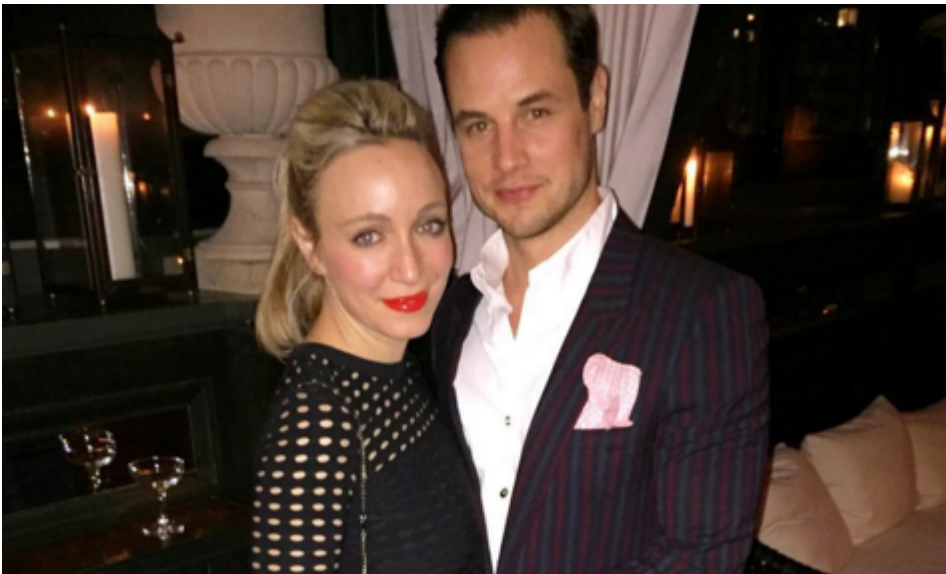


Celebrity Divorce: Dean Sheremet & Sarah Silver Split After 5 Years of Marriage



By [Cortney Moore](#)

In sad [celebrity news](#), chef and cookbook author Dean Sheremet is experiencing another [celebrity divorce](#) with second wife Sarah Silver after a five-year [celebrity relationship](#). Sheremet, who was once married to country signer LeAnn Rimes, married Silver in 2011. Sheremet confirmed he and Silver were no longer a [celebrity couple](#) with [UsMagazine.com](#), saying he has “nothing but love and respect for Sarah.” In an ironic twist, Rimes, who left Sheremet in 2009 for *Northern Lights* co-star Eddie Cibrian, celebrated her five year wedding anniversary on Friday, April 22.

Mark another celebrity divorce down

in the books. What are some ways to look positively upon a divorce?

Cupid's Advice:

Breaking up is never easy, and splitting after marriage is especially difficult. Though this may be a heart wrenching time, sometimes a divorce is the best option. Cupid is here to help you look more positively at your divorce:

1. Closure: Whether your marriage ended on good or bad terms, you have to face that it is over. Closing that door to your life is the best way to move on. Accepting that you and your partner are no longer a good fit will allow you to engage in healthy relationships in the future.

Related Link: [Celebrity Couple Brad Pitt and Angelina Jolie Are Filming a New Movie Together](#)

2. Free time: After a divorce, you're finally able to enjoy some free time again. Engage in your favorite hobbies and try out new things. This is your time to be selfish. Enjoy it!

Related Link: [Dating Advice: Balancing Your Career & Relationships and Love](#)

3. Start anew: Depending on how long you were married, your feelings on dating may have changed. Though it may be scary, you're finally able to put yourself out there again. You can start fresh with someone new and might even end up happier than you were before. The honeymoon phase of any relationship is always an exciting experience.

How have you or the people you know dealt with a divorce? Tell us your stories below.

LeAnn Rimes Discusses Her Affair with Eddie Cibrian: What Her Non-Verbal Cues Tell Us



By Jared Sais

It's been a tumultuous three years for LeAnn Rimes, a timeframe that includes her divorce from ex-husband Dean Sheremet and her very public affair with – and subsequent marriage to – *Northern Lights* co-star, Eddie Cibrian. Despite the fact that Rimes and Cibrian will celebrate their two-year anniversary in April, questions still persist as to what really happened during one of the most epic celebrity cheating scandals of the decade. But never fear: CupidsPulse.com's very own celebrity detective is here to analyze [this clip](#) from a recent interview with Rimes and E!'s Giuliana Rancic.

**Author's Note: The video begins with an often overlooked aspect of television interviews: music. Music can be a very powerful instrument and one that greatly affects the emotional experience of a visual event (that's why the best soundtracks are inseparable in our minds with great moments in television, film and, of course, music videos). It's crucial to ignore the music and focus only on Rimes's non-verbal expressions and body language, which are quite revealing on their own.*

Related Link: [J. Lo and Casper Smart: What Their Body Language Says About Their Love](#)

(0:09) After Rimes is asked, "Why act on it when you're both married and you both have families?," she responds by saying that it's a "huge question" and flashing a masking smile, which differs from a fake smile in that its purpose is to mask a different emotion – in this case, sadness.

(0:10) A second later, a melancholy Rimes shoots her head down, exhibiting the number one sign of shame as she thinks about her role in the scandal and the after effects that she and Cibrian might still be experiencing.

(0:13) With her head still down, Rimes shows a micro-expression of fear: lips parted and the corners of her mouth widen. She's most likely worried about how she will look if she is not careful in her response to this difficult and personal question.

(0:15) Before she raises her head to answer the question, she licks her lips, which can be an indication that a person is about to tell a lie. When we lie, our body is forcing itself to do something unnatural, so it goes into a state of stress; one's mouth will often dry up, which is usually countered by licking the lips. Keep this in mind because the next thing Rimes says is "I never, ever in my heart want to hurt anyone." Immediately after answering, she looks to Rancic to see if what she said has been positively received. This is a key

giveaway that either what she just said wasn't true or it was prepared since she needs to gauge whether or not it was accepted.

(0:26) Hand gestures can mean many things, but Rimes mainly uses her hands to tell us a story about her and her ex. By bringing her hands far apart when she says "separate," she indicates both emotional and physical distance with Sheremet. Her hands then become interlocked when she says "super-connected," which tells us that she did not feel that way in her first marriage.

(0:44) Rimes's hands continue to tell the story of her relationship to Sheremet, even doing a folding or "breaking" motion when she says the word "break." She believes what she is saying, making a confirming head nod and moving her hands up and down when she says, "You can't break what's broken."

(1:00) Rimes starts to cry, and if you look at her left hand, it remains in the "break" position. This action could be her remembering a specific instance of something negative that transpired in their relationship, or it could represent what she is feeling at this moment.

Related Link: [LeAnn Rimes Breaks Down Over the Ending of Her First Marriage](#)

(1:02) Certain non-verbal cues have crossed-over into the general consciousness of people to the point where it is essentially part of our known behavioral language, and "the raised index finger" is one we all know. It means, "Wait, I need a moment," and Rimes uses it as she gathers herself. She then tell us that nobody could possibly know how much anguish they all experienced throughout this process – something that she seems to regret.

(1:03) Here, Rimes exhibits the prototypical facial expression for sadness: inner eyelids are raised, a little bulge appears in the middle of her eyebrows, lip corners are pulled down,

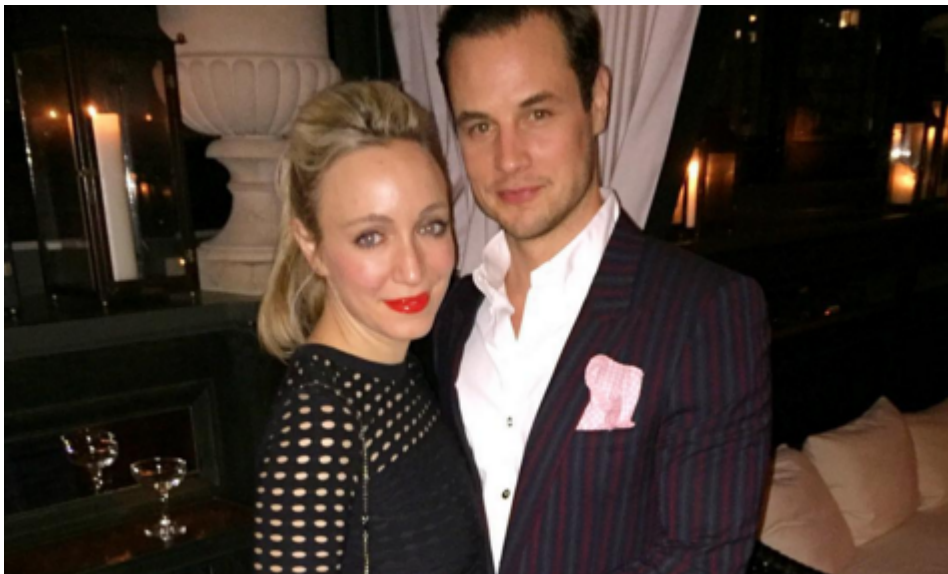
and the chin is a bit dimpled. This look is followed by Rimes putting her hand in front of her face with her fingers pointing upwards. This gesture is commonly thought to be an indication of lying, but to be more accurate, it is both a blocking mechanism – she physically uses her hand to mask what her face can no longer hide (sadness) – and a gesture to muffle whatever is about to come out of her mouth.

Conclusion

Rimes is clearly upset, but her lack of actual tears makes the exact reason why unclear. It seems like she is more upset at the result of the scandal (her rocky relationships with her ex-husband, Cibrian's ex-wife and perhaps even Cibrian). In the end, I think she might be a little broken herself and is simply trying to cope with the situation as best she can. Ultimately, if she is truly happy with Cibrian, all this strife will have been worth it. However, if she isn't and their relationship goes sour, her theory that "only unbreakable relationships are unbreakable" may have unfortunately been proven right again.

Do you think LeAnn Rimes and Eddie Cibrian are meant to be? Tell us in the comments below!

LeAnn Rimes Breaks Down Over the Ending of Her First Marriage



By Nicole

Weintraub

LeAnn Rimes is currently married to Eddie Cibrian, though she recently broke down to tears while talking about the ending of her first marriage, according to UsMagazine.com. Prior to becoming Mrs. Cibrian, Rimes was married to Dean Sheremet and Cibrian was married to Brandi Glanville. The two hooked up on the set of *Northern Lights* in 2009 and have gotten married to each other since then. However, Cibrian and Glanville have two kids from their marriage, which has resulted in a fierce media war between Rimes and Glanville over the children. "I never, ever in my heart want to hurt anyone," Rimes opened up about the affair and the divorce. "You can't break what's already broken," she explained in between sobs regarding her previous marriage. Regardless of the current media frenzy between Rimes and Glanville, Rimes remains hopeful that they can work together in the future to co-parent the two sons.

What are some ways to get over a particularly rough breakup?

Cupid's Advice:

Break-ups are hard to go through, but some are worse than others. Here are some tips on how to get over a specifically nasty one:

1. Close that chapter: Do not try to remain friends with your [ex](#), delete them from your Facebook and try to dispose of anything that would remind you of them. You need to go cold turkey in order to successfully move on.

2. Pick up a hobby: Get out that bucket list you've been putting off and start checking things off. Sign up for a kickboxing class or a zumba class. Experiment in the kitchen to learn new recipes.

3. Postpone dating: Take a break from dating to dote on yourself for a little while. Do what you want to do and don't worry about finding someone else until you're ready to put yourself out there again.

How do you get over rough break ups? Share your experiences with us in the comments below!

LeAnn Rimes' Ex Dean Sheremet Is Married





LeAnn Rimes isn't

the only happily remarried half of her broken marriage to Dean Sheremet. Now, Sheremet has tied the knot with photographer Sarah Silver, according to [People](#). The pair became engaged in November of last year. After being married by a City Clerk, the proud husband posted a video of he and his bride stepping out of the office. He was wearing a gray suit with no tie and his new wife was wearing a short one-shoulder red dress while holding a bouquet of flowers. Congratulations to the newlyweds!

How do you know when you're ready to move on after a breakup?

Cupid's Advice:

Dean Sheremet and LeAnn Rimes were married for seven years before calling it quits. Now, both of them seem happy in new marriages. Cupid has some tell-tale signs that it's time to move on:

1. You're smiling: Perhaps you don't have a smile on your face *all* the time, but it's important that you've recovered from your past relationship enough that you're able to let loose and have a good time. No one wants to date a frowny-face.

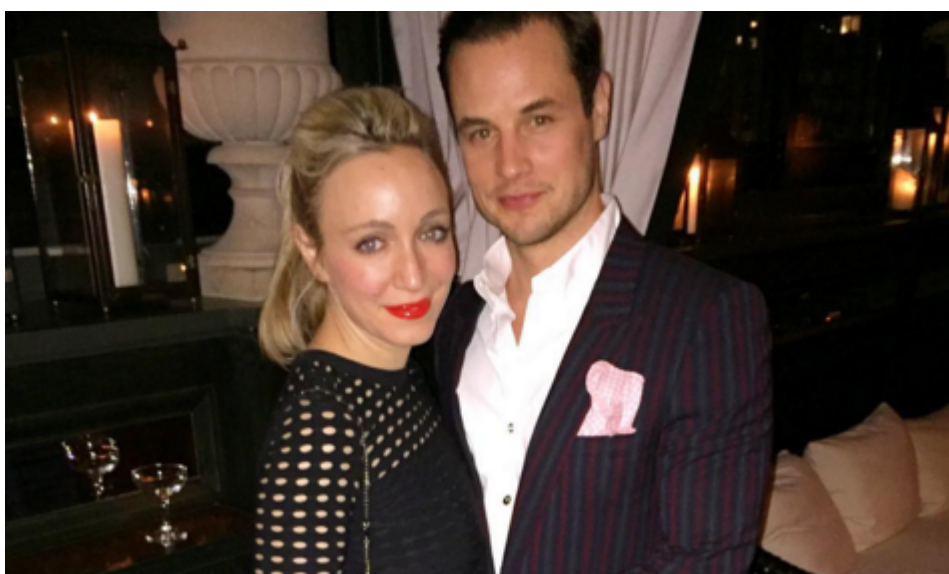
2. You've established independence: When you get out of a long relationship, it's important to come into yourself again and

regain all of the things that make you, you. Once you've done that, it's much more likely you're ready for a new and healthy relationship.

3. You've tied up loose ends: "She has a lot of baggage" is not something you want to hear about yourself. Make sure you've gotten close on your past relationship before you attempt to bring someone new into your life.

How did you know when you were ready to move on? Share your thoughts below.

LeAnn Rimes Congratulates Ex-Husband, Dean Sheremet on Engagement



After finding out

that ex-husband Dean Sheremet was engaged, country superstar LeAnn Rimes tweeted her congratulations, [People](#) reports. “Congrats to @deansheremet and @sarah_silver on your engagement! A little birdie told me the happy news last night. Wishes for a life full of happiness.” LeAnn Rimes made headlines last year when she admitted to cheating on her husband with actor Eddie Cibrian, who was also married at the time.

How do you cope when your ex moves on?

Cupid's Advice:

When your ex-husband moves on without a backward glance, it can really hurt. Cupid has some advice on how to cope:

- 1. Remember why it didn't work:** When your ex gets serious with someone new, you may think, “Why her and not me?” But don't forget – you ended things for a reason.
- 2. Stay busy:** The more you dwell on the situation, the worse you'll feel. Go out, and try to have fun.
- 3. It's your turn:** If your ex-husband can move on, so can you! It might be just the push you need to get your act together and find your own Mr. or Ms. Right.

LeAnn Rimes' Ex Is Moving On!





Not only is he moving on, but he's moving in! With a rising career and a new girl in his arms, Dean Sheremet is ready to make some big changes. The chef and his new girlfriend, Sarah Silver, are moving in together later this month. Sheremet confirmed the big move to [US Magazine](#) on Monday, and said, "It's true. We're moving in together and I'm really happy. Life is good." Sheremet and his ex, singer LeAnne Rimes, finalized their divorce last month, ending seven years of marriage.

Moving in with your partner is a big step – how do you know if you're ready?

Cupid's Advice:

There are many things to consider before you consider moving in with a partner. Cupid has a simple guide to make the process easier:

1. Time: It's not about how long you've been together, but about how mature you are in your relationship. A year-long relationship between 23-year-olds is different from a year-long relationship between 33-year-olds. We mature and get more secure with who we are as age. It's important to know what kind of person you are, and what kind of things you expect and want from a partner, before combining households. Consider these issues to gauge your move-in readiness.

2. Commitment level: Make sure you're both aware of each other's expectations. Some people think moving in will lead to marriage, while others view cohabitation as a way to test the waters. "This type of miscommunication is all too common," says Nina Atwood, a relationship author, who was quoted in a MyLifetime.com article. "Moving in together is usually a step toward making a decision about marriage, so it's very important to discuss this openly."

3. Money matters: This issue is one of the top argument starters for couples. Make sure you're both aware of how your finances will be taken care of.