

Kelsey Grammer Files for Sole Custody of Kids



Kelsey and Camille Grammer have been through rough times lately, and now there are even more issues to resolve. Court records reveal that Kelsey, 56, has filed for sole custody of their children, Mason and Jude. “Any statement would be inappropriate,” Kelsey’s rep told [People](#). “The filing speaks for itself.” Papers were filed in LA County Superior Court, which states the *Real Housewives* star would have her children half of their summer and winter breaks.

What are some things to consider about your ex in the midst of a custody battle?

Cupid’s Advice:

When going through divorce, or even getting separated, the children are always the top priority. However, it's easy to get possessive. This can be for selfish reasons, or it may be because the former partner is not prepared for joint or sole parenting. Cupid has some things to consider:

1. Economic standing: Can your ex afford to support the children? You need to make sure your children have everything that they need to receive a good education and live a healthy lifestyle. If your former partner can't provide these elements, they probably should not have custody.

2. The ultimate downfall: What was the final straw? If your relationship ended on bad terms and if you feel threatened, you should be cautious about letting the kids around him or her. True colors really come out during breakups, and there may be a sick, crazy side to which you have been blind.

3. Lifestyle: If your former partner suffers from alcoholism or any other addiction, they cannot be a role model for the children. If you want joint custody, you need to make sure you're on the same page and each doing your part.

Have you or someone you know been through a rough custody battle? Share your comments below.

Diets and Dating



By Sally M.

Let's face it – diets are personal. Add in a new relationship, and it's easy to feel insecure about bringing up a diet, even though it's part of your daily regimen. Personally, if I'm trying to drop a few pounds, I wouldn't necessarily scream it from the rooftops to a guy I just met!

These anxieties should be put to rest. Adjusting your diet is nothing to feel weird about, especially if you're doing it properly. That being said, you should always contact your healthcare provider or a nutritionist before altering your food intake.

Unfortunately for dieters, dating activities tend to revolve around food. Here are a few ways to watch what you eat while on three different types of dates:

1. Dinner Date

- Have a healthy snack prior to dinner so that you won't be tempted to order excess food which you wouldn't normally eat. Remember, "bad foods" are okay in moderation and it's nice to treat yourself to a meal you didn't cook at home every once in a while. Be yourself and order what you want (and it doesn't have to be a salad – unless, of course, that's what you want).
- It's totally acceptable if you don't finish your meal. Grab a doggy bag to take home. This is a great idea for those on a portion-control diet.

2. Cocktail Date

As a rule of thumb, alcohol is usually considered a BIG NO when dieting. However, some options are healthier than others if you decide to indulge. Regardless, know your limit and don't get drunk; the more drinks you have, the more you risk compromising your diet (and other inhibitions).

- Wine: Wine is the best diet-friendly alcohol, but that doesn't mean you should order a bottle; finishing the whole thing isn't ideal if you're counting calories.
- Liquor: Hard liquor is the second best choice, but which ones? According to sparkpeople.com, vermouth contains the least amount of calories, followed by coconut rum and Beefeater Gin. Mind you, that's a serving of 1.5 ounces.
- Beer: Order a light beer, and you won't compromise your diet too much.

3. Movie Date

- Theater popcorn is tempting. If you must have it, choose the small-sized popcorn (usually seven cups of popcorn, equaling 500 calories). Even if buying the medium-sized bag is only a few cents more, don't do it; those calories will add up quickly. If you can get away with purchasing the kid's-sized version, that's even better! Also, it should go without saying ... no extra butter and no refills.
- When it comes to washing down your popcorn, stick to small-sized diet sodas or ask for water. Bonus: You won't miss the

movie because of a bathroom break!

– If you have a big purse, bring in your own healthy snacks. This is technically against the rules, but until movie theaters can offer diet-friendly treats, it may be the only way to eat well in front of the big screen. Just remember to share.

Remember, dieting and dating is only awkward if you make it that way. You can still have fun and enjoy yourself without sacrificing your personal goals. Move forward with confidence!

Sally M. is the founder of Eat Breathe Blog. If she could be best friends with any television character it would be Carrie Bradshaw from "Sex in the City."

Rihanna Follows Chris Brown On Twitter and Angers Fans





Rihanna made her lack of anger towards Chris Brown apparent on Monday, when she decided to follow her abusive ex on Twitter, reports UsMagazine.com. Rihanna and Chris Brown had a very public breakup after Brown attacked Rihanna nearly two years ago. The domestic violence case still deeply resonates with fans. One of Rihanna's Twitter followers tweeted, "I never thought you would go back to him! You better not. It's your life, but you do have people that look up to you (e.g. young girls)." Rihanna replied, typing, "It's f*cking Twitter, not the altar! Calm down!" The singer then qualified her harsh words, adding, ""Baby girl, I'm sorry. I didn't mean to hurt or offend you – just needed to make it clear!"

What are the perks to staying civil with an ex who hurt you?

Cupid's Advice:

While many of your friends may advise against it, remaining civil toward an ex does have some benefits:

1. He serves as a reminder: Having your ex somewhat close to you can help you ward off remaining feelings of affection. It

will be easier to stay away from your ex when you are able to more easily remember the pain he caused you.

2. You can help him: If your partner's injustice against you was due to a problem he was battling, then you may be able to help him recover. For instance, if his anger issues ended your relationship, you can encourage him enroll in anger management.

3. Your conscience benefits: While it may not be easy to take the high road, remaining civil is the right thing to do. Being kind to people, even those who may not necessarily deserve your kindness, is rewarding.

Have you ever had a hurtful ex? Leave a comment below!

'Bachelorette' Stars Ali Fedotowsky and Roberto Martinez Celebrate One Year Engaged





The fire is still burning for *The Bachelorette*'s Ali Fedotowsky and fiancé Roberto Martinez. The couple spent their one year engagement anniversary last week reliving some of their special moments from the reality show that brought them together. They traveled to the island of Bora Bora, where Martinez proposed to Fedotowsky on the finale of *The Bachelorette*. Fedotowsky was thrilled with how they spent their one year engagement. "We made it to the one year mark!" she told [People](#). "The engagement took place last year on May 8th, and when Roberto proposed it was so beautiful. It was great to go back and reflect on the year because it was very special."

How do you make your first anniversary extra special?

Cupid's Advice

The first anniversary is one of the most important to get right. Cupid has some advice on how to make yours extra special:

1. Re-live your honeymoon or proposal: Why not take a cue from

Ali and Roberto and revisit your honeymoon destination or even the place that he popped the question? It's romantic and brings back lovely memories.

2. Plan a special vacation: The perfect way to make your first anniversary special is to take a trip to a new place the two of you have been dying to go to and share in some new experiences.

3. Have a romantic night: If you don't feel like traveling for your one-year anniversary, indulge in a romantic dinner, come home and go through your home videos and photos from the year you've shared together and reminisce.

How did you make your first anniversary extra special? Share your experiences below.

Pippa Middleton and Ex-Boyfriend George Percy Enjoy Madrid Together





New media darling Pippa Middleton visited Madrid, Spain with friends over the weekend, reports UsMagazine.com. In attendance was George Percy, Middleton's ex-beau from her days at Edinburgh University nearly a decade ago. The two have remained close friends since their days at school. Middleton and her friends were seen partying at the popular Fortuna Nightclub and relaxing at Madrid's Retiro Park. Middleton's current beau, Alex Loudon, was absent from the trip.

Is it truly possible to be good friends with an ex-partner?

Cupid's Advice:

Remaining friends with a partner post-breakup is easier said than done. Here are a few factors that matter when considering your new "friendship":

1. The nature of your breakup: If you and your ex-partner suffered a nasty breakup, then friendship is probably not an option. However, if the split was mutual and relatively painless, then the two of you have a good shot at remaining close friends.

2. Time: It may be cliché, but time does heal all wounds. While hanging out with your ex may be painful now, your pain will greatly lessen a few months (or years, if needed) down the line.

3. Mutual friends: It's difficult to remain in touch with a person when the meetings between you are isolated and awkward. However, if the pair of you have mutual friends, it is much more likely that you'll adjust to each other's presence in a more gradual and comfortable manner.

Are you friends with your ex-partner? Feel free to share your story below.

5 Ways To Know If Your Relationship is More Than Just a Spring Fling





By Amber Belus

It's mid-May; the flowers are blooming, the weather is warm, and best of all, summer is right around the corner. But what does that mean for your spring fling?

If you're currently in the middle of a springtime romance, these tips will help you figure out whether your relationship will continue blossom this summer – or wilt in the heat:

1. You let your guard down: If you feel comfortable confiding in this person about your personal issues, you've definitely reached a relationship milestone. After all, communication is key to any partnership. Also, ladies: if your guy has seen you sans makeup, you're beyond the point of feeling as if you need to get dolled up in his presence – another sign you've found someone with lasting power.

2. You've met the friends: If your other half starts bringing you around his or her crew, it's a sign they are seeking approval from their inner circle. Bonus points if there's hand-holding when you're with others; this intimate public

gesture shows the world you're both spoken for.

3. Increased date nights: If your guy or gal is requesting more time with you, it shows they're taking this relationship seriously – and is a sure indication that they think your presence is worthy of their time.

4. You're enjoying yourself: Are you laughing and flirting when you're with this person or is it awkward when it's not physical? If you're still having a good time after a few weeks of seeing each other – both in the bedroom and out – shows there's chemistry.

5. You know more about their job than just their office address: How much do you know about his or her workplace? If he or she has griped about boss troubles or dished out water cooler gossip, your fling knows they can open up about both their professional life, as well as their personal one.

If you find yourself analyzing your situation and asking yourself if you want more, you might be ready to take your relationship past fling status. Bring up your feelings and see if they're mutual. If they aren't, at least you'll know you have the whole summer to play the field!

Prince William and Kate Middleton's Honeymoon Is Super-Exclusive





Money can't buy happiness, but it can buy a royal and elaborate honeymoon. It 's been reported that Prince William and new wife Kate Middleton spent \$72,000 a night on their special getaway. The two flew last Tuesday to the Seychelles in the Indian Ocean, according to [RadarOnline](#). They rented their own private resort on a privately-owned island. "We rented the island to the British royal family," owner and German businessman Farhad Vladi explained. "Prince William and Kate are spending their honeymoon there."

What are some ways to lower the cost of your honeymoon without taking away the romance?

Cupids Advice:

Honeymoons do not need to be expensive at all. Here are some cheap ways to still have a romantic getaway:

- 1. Road trip:** Pick a close resort, hop in the car and go. This will save hundreds or thousands in airfare or cruising.
- 2. Be creative:** Come up with fun activities, like beach volleyball or card games, that do not cost any money but will

still make fond memories for you and your new spouse.

3. Shop-free: You don't need a keychain from the tropical island you just visited. Take lots of pictures instead, or collect shells, brochures, etc. and make a memory box of your trip.

How did you save money on your honeymoon? Share your comments below.

Are Nick Jonas and Delta Goodrem Dating?



It looks like the youngest Jonas Brother may have a new love connection! Nick Jonas was spotted with Australian pop star Delta Goodrem over the weekend, according to [People](#). Jonas, 18, and Goodrem, 26, were photographed coming out of a moving theater in Hollywood on Sunday, and they did not shy away from each other even when spotted by the paparazzi. Jonas seemed happy with his weekend activities, as he tweeted, "I feel so blessed. Had a great weekend" on Monday. This isn't the first time the duo have been caught together. In March, Goodrem posted a photo with Jonas on Twitter showing them with their arms around each other and smiling.

What are some tell-tale signs that your two friends are more than just friends?

Cupid's Advice:

Sometimes your friends choose to keep their new relationship a secret, but Cupid has some things to look for tell if they're more than just friends:

- 1. Lots of eye contact:** If you're hanging out in a group, keep a lookout for eye contact between your friend and his or her suspected new partner. If you catch them exchanging meaningful glances, chances are they've left the friend zone.
- 2. Higher texting volume:** If your friend who isn't usually texting a lot is starting to bring out his or her phone all the time, this may be a sign that he or she has a new love interest. Increased cell phone usage is definitely telling!
- 3. Avoidance:** Your friend may be avoiding all topics related to relationships when you talk to him or her. Omission is always something of which to be suspicious.

How did you tell your friends were in a relationship? Share your experience below.

Celebrity Secrets for Lasting Love



By Dr. Diana Kirschner

“It” couple, Khloe Kardashian and Lamar Odom, are best friends who are madly in love and even launching their own reality TV series centered around their relationship. They got married after a mere one-month courtship and renewed their wedding vows at their first anniversary. How did they find committed love so quickly? It’s hard to say exactly what happened in their situation – true love always has its mysteries. But most probably there were certain factors at play – celebrity love secrets which you can use to create success in your own

dating and love relationships. Here are a few of those secrets from my brand new book, *Sealing the Deal: The Love Mentor's Guide to Lasting Love*.

One critical secret involves using the three-question reality check about a hottie you may be dating:

1. Is he or she crazy about you? This is a big question, since you don't want to pine after a person who is not into you!

2. Is this person willing to grow? There are no perfect partners out there, for sure. That said, if the person is gaga for you and willing to work on themselves, they could become an **AMAZINGLY** great partner!

3. Is he or she meeting the basics? In other words, is this a good person with integrity, who is successful, wants a relationship and shares some chemistry with you?

If your partner meets these criteria, give him or her a real chance. You could develop a crazy-in-love relationship that gets better and better... and lasts for 10, 20 or even 30 years!!

Another key secret: Look for consistently improving contact. When you meet a new hottie, the sparks are great and you are high as a kite. But the question is, how is the relationship changing over time?

Is there more closeness between you? Are you sharing more of your thoughts and feelings? Is the L word being used? Are you sharing each other's space, meeting each other's friends or family members? Are you beginning to talk about thoughts of a shared future together?

Really look at the trends in your relationship. Is it fading out? Is it getting boring? Are you starting to take each other for granted? Are you having longer or meaner fights?

Or is the trend improving over the months, or even years, just as it seems to be for Khloe and Lamar? There are always downticks in love, even in the beginning. But, if in the face of this, things bounce back, makeup sex happens and the intimacy is actually getting better, this is a very good sign. This means you could be with the One.

So, while it is very rare to have a one-month courtship that leads to lasting love, like Khloe Kardashian and Lamar Odom seem to have, it's still possible to have a right-for-you courtship that works to create the love you really want. Bottom line: you can use these relationship secrets to get to your own happiest-ever-after!

*Diana Kirschner, Ph.D. is a frequent guest psychologist on The Today Show & author of the new book, **Sealing the Deal: The Love Mentor's Guide to Lasting Love** which has been acclaimed by 14 top self-help gurus, including Dr. Christiane Northrup & John Gray. She authored the bestselling book, "Love in 90 Days," which was the basis of a PBS Special on love. Get weekly support from Dr. Diana through her **FREE Relationship and Dating Advice Newsletter**.*

Miranda Lambert and Blake Shelton Get Married





Country music royalty Miranda Lambert and Blake Shelton got hitched Saturday night in true country style at Don Strange Ranch in Boerne, Texas. Going along with the country theme, the menu was far from the typical chicken or fish options seen at most receptions. According to [People](#), the main dish was venison harvested by the bride herself. The star-studded guest list included A-listers such as Katherine Heigl, Kelly Clarkson and Laura Bell Bundy.

How do you make your wedding menu unique?

Cupid's Advice:

Let's face it: it's fun to break away from "typical." Cupid has some ideas on how to do just that when it comes to the menu at your wedding:

- 1. Do an "around the world" theme:** Can't decide on what kind of food to serve at your wedding? Then choose all of them. Choosing dishes from multiple ethnicities can be fun for both you and your guests.
- 2. Recreate your first date:** Even if you just went to a local

diner, getting catered food from the place you went to on your first date is a great way to celebrate the beginnings of your relationship on your wedding day.

3. Go all out: If you have the budget and the taste for fine food, make your menu completely gourmet. It will be a meal your guests will always remember.

**What kind of food do you plan on serving at your wedding?
Share your menu below.**

Bridesmaids featuring Kristen Wig and Maya Rudolph





She's broke, she's single and now she's the maid of honor.

Annie (Kristen Wig) is set to be the maid of honor for her best friend Lillian (Maya Rudolph), and she's backed up by a rag-tag team of bridesmaids. Annie has to find a way to surpass her life situation to prove to Lillian and the other bridesmaids how far you'll go for a best friend. Critics are saying this is *The Hangover* fused with a chick flick.

What are the duties of a maid of honor?

Cupid's Advice:

It seems hectic leading up to the big day, but here are the three most important jobs if you're chosen to be the maid of honor:

1. Go-to-girl: From helping to pick out the venue to deciding on invitation design, you have a bigger say in planning out the little details ... maybe even more than the groom-to-be! Choose wisely.

2. The maid's speech: At the reception, you're going to have to give a big, heartfelt speech. A tip: avoid drinking too much alcohol prior to the address.

3. Party, party, yeah: Of course, you'll have to plan and host the bridal shower and bachelorette party. Try to keep it lighthearted and fun, whether that means bowling and beer or a night of Vegas-style debauchery.

Release date: May 13

Cupid's Rating: 4/5

Have any good maid of honor stories of your own? Leave a comment below.

Michael Bolton Is Waiting for the Right Woman





Singer Michael Bolton is open to finding the right woman, but as for now, his schedule seems to be completely booked. As he told [People](#), “I almost wouldn’t wish me upon [a girlfriend] right now. There’s just not a lot of time.” After putting together his new album, *Gems – The Duets Collection*, and performing his new single “I’m Not Ready” with Delta Gooden on *Dancing with the Stars*, it’s no surprise that time is tight for Bolton. However, after the nonstop busy schedule subsides, Michael Bolton is open to finding love.

How do you stay open-minded about finding a mate?

Cupid’s Advice:

As you get older and things continually don’t work out with your relationships, it’s easy to lose hope. Cupid’s got some ways to keep yourself open and dating around, because you never know what may come of it!:

1. Join a dating site: As technology gets bigger and better, more and more relationships and marriages are beginning online. Find out for yourself if it’s worth all the hype.

2. Go on a blind date: Though blind dates tend to have a stigma, you never know who you could meet. Be open to it. After all, it's a date not a wedding. Plus, sometimes the friends who set you up on them know you better than you know yourself.

3. Have fun with friends: As you're in the process of looking for love, be sure to be seen about town having fun with your friends. A potential date wants to be with someone who they know can have fun, in and outside a relationship.

What strategy do you use to find love? Share your tips below.

Eric Dane Loves His Wife Rebecca Gayheart More Than Ever





Motherhood makes the heart grow fonder, according to *Grey's Anatomy* star, Eric Dane who welcomed baby Billie Beatrice into the world last year with wife Rebecca Gayheart. "I don't know if there's any change more significant that a human being can make than that of a woman becoming a mother. There's no change more dramatic," Dane told [People](#). "You know, I'm a hundred times more attracted to her now and I love her exponentially more than I did before. It's just great to see her be a mother." Dane explained by saying he loves that his wife is a "hands on" mother even though the couple does have a little bit of help raising the 14-month-old. "There's not a lot that goes on that she's not a part of."

What are some ways your relationship changes after you have a child?

Cupid's Advice:

A baby can truly change everything in a relationship and make it more remarkable than it already was. Cupid has some important ways:

1. Makes you closer: Raising a child is not an easy task, and sharing the responsibilities of caring for the baby brings any couple closer together. Whether it's who is going to change diapers while the other one makes bottles, teamwork is a necessity.

2. Makes life fun: Bringing a child into this world that's yours is a magnificent thing, and who wouldn't want to have the love and affection you receive from your own baby every single day? It makes life fun, exciting and worthwhile.

3. Makes life occasionally stressful: Having a child is a big responsibility because between working and raising a child, you may sometimes feel you no longer have time for your significant other. No need to worry though! You've now entered a new chapter in your life, which may not be the honeymoon stage, but it's the beginning of something great.

How did your relationship change when you had kids? Share your experience below.

Kristin Cavallari Talks Wedding Plans With Jay Cutler





Professional party girl and former *Hills* star Kristin Cavallari revealed she will marry fiancé Jay Cutler next spring. She also recently spoke of let loose some exciting wedding details! “I’m trying to decide between a really small, intimate wedding or a huge, blowout party-type wedding,” Cavallari told [People](#). “If I have a big wedding, then yes, some (cast mates) will be invited,” she says. “If I have a small, intimate wedding, it will probably just be family and really close friends.” Cavallari decided on a Monique Lhuillier gown and takes ideas from wedding magazines.

She will meet with planners within the next few weeks. The former reality TV star may or not be customizing her own shoes. She and her NFL quarterback fiancé will wed at home in Chicago, Illinois, since it’s closest to their families.

How do you explain why you didn’t invite someone to your wedding?

Cupid’s Advice:

Weddings are expensive, and there isn’t room for everyone. However, people get offended if they don’t make the cut.

Here are ways to nicely and honestly tell someone why you chose not to include them on your big day:

1. Keep it clear: Set standards and agree on them. For example, if you agree to include strictly family and close friends, don't invite someone you haven't seen for a really long time. It shouldn't be difficult to explain why you didn't invite someone if they've been a distant presence in your life.

2. Dates and children: Not everyone needs a date, and not everyone's kids should be there. Keep it to nieces, nephews and godchildren, but no more than extended family. This will cut the list drastically and avoid stress. You also don't want too many strangers around, so don't allow everyone to bring dates.

3. Don't bring work home: It's your wedding, and you deserve a good time. Don't feel pressured to invite every single colleague, especially if you don't have a personal relationship. Stick to the select few to whom you feel close.

How did you explain to people not invited to your wedding why they weren't invited? Comment below.

Dean McDermott Dazzles Tori Spelling With Anniversary Ring





Tori Spelling's husband, Dean McDermott, surprised her on their fifth wedding anniversary with a Neil Lane antique ring featuring a pink pearl from the 1800's. "Every year he gives me a 'wedding ring,'" Spelling tweeted. The couple had a romantic dinner at L.A.'s Scarpetta eatery for their anniversary. As for Mother's day, she received a red Goyard weekend bag from her man. "Obsessed!" she wrote.

What are some creative anniversary traditions?

Cupid's Advice:

Having creative anniversary traditions are exciting, but coming up with one can be quite difficult. But don't worry; Cupid has a few ideas:

- 1. Hers/His favorite items:** What is your special someone obsessed with? Surprise her every anniversary with different varieties her favorite item (i.e. a specific piece of jewelry or part of a music box collection).
- 2. Vacation:** Who doesn't love going on trips? He or she will

definitely appreciate a vacation to can relax and de-stress.
Visit a new location each year.

3. Frames: Pictures are a wonderful way to capture memories. Why not gift your significant other with a picture of the best time you both spent together that year?

What is your anniversary tradition? Share with a comment below.

Have Brad Womack and Emily Maynard Broken Up For Good?



Rumors are swirling that *Bachelor* stars Brad Womack and Emily Maynard have called it quits for good this time. A source close to Maynard says, "It happened about a week and a half ago," according to HollywoodLife.com. The apparent reason for the breakup centers around Maynard having remaining feelings for her ex-boyfriend, automotive executive David Smith. "She's got something with David," says the same source. "And David totally digs Emily." The duo dated before *The Bachelor* and were said to be a good couple, although Maynard seemed "reserved" around Smith. Either way, it looks as if a match made in reality heaven is sputtering to an end.

How do you determine if your relationship is toxic?

Cupid's Advice:

It was long speculated that Brad Womack would not be able to fully open up his heart to a woman after his first stint on *The Bachelor* ended in heartbreak. Is Womack simply toxic in a relationship? Cupid has a few tell-tale signs for a toxic relationship:

- 1. You can't be yourself:** If you find yourself skirting around your partner at times and find it difficult to be yourself, the relationship is probably toxic. Your mate should understand you better than anyone, so what's the point of being a part of the couple when you can't be fully happy?
- 2. You do things you normally wouldn't:** Chances are that your relationship is toxic if you find yourself partaking in activities you used to be against just because your partner suggested it. It's important to retain your morals and values when you enter into a new relationship.
- 3. You fight all the time:** Arguing periodically is normal in a relationship, but if you find that all you do is right and you can't point to anything positive in your relationship, it may be time to get out.

How did you know your past relationship was toxic? Share a comment below.

Every Royal Divorce Begins with a Royal Kiss



By Dr. Kenneth Ryan

It's a fact. I'm not throwing cold water on the big wedding. It was beautiful, and I wish Kate and William all the best.

I'm just saying you can't judge a relationship by the beauty of the couple or the smiles at the wedding. Kate caught the Prince's attention with her invisible dress, and now it looks

like they are living the dream. But they have a tough road ahead. Diana and Fergie's marriages began the same way – just like dozens of U.S. celebrities. As outsiders, there's no way to know if the royal relationship is built on a solid foundation or if it's as flimsy as her see-through wardrobe.

Kate and William are really no different than any other couple getting married, as they have great optimism and excitement about their future together. They've already beat the odds by converting eight years of living together into a marriage, because a University of Denver study found that only one in ten couples who live together are still together five years later.

Celebrities have it tough when it comes to relationships.

They're no wiser than you or me, but their every move is monitored and discussed. In fact, they're probably even more confused about relationships than you, because their world is so artificial. Every person a celebrity meets is suspect because so many people are awed by them, in love with them (fantasy) or just to want to exploit them. It's a tangled web of mixed motives when judging any potential suitor, but celebrities have it the worst. Therefore, it makes no sense to look upon the beautiful people with envy or to necessarily emulate their courtship strategies. You might end up emulating a "Bad Romance."

Top 5 Mistakes Women Make in Searching for Their Prince

Don't give up – Some women feel helpless and hopeless because few men have shown interest in them, and there are so many pathetic adolescent men. That said, there are many ways a woman can improve her connections with guys and make herself more appealing. They just need to learn effective communication techniques.

Don't chase guys – Women who come on too strong look desperate and easy. Predatory males look for desperate women, because

these women will do almost anything to get them. The good guys out there find desperate women to be less appealing. Learn how to engage men without coming on too strong.

Don't be naïve about men – Too many dangerous men are lurking out there. If a woman does not understand the risks and the huge difference between men and women when it comes to sex and relationships, she will get burned eventually. If most of her guidance for relationships comes from popular media and peers, she is working from a position of ignorance. Movie makers couldn't care less how your life turns out. They just want your \$13 movie ticket.

Don't panic – Some women become so fearful that they will never find a guy who loves them that they abandon their convictions and make irrational, dangerous decisions. Some painful effects are immediate, while some might not surface for years.

Don't sleep with the boyfriend – Every woman must make her own decision when it comes to sex, and it's a huge decision. Sex is the most common and most harmful mistake women make in relationships. It may seem romantic or exhilarating, but there are hidden fangs that can cut deep. It causes an avalanche of problems, many that the woman doesn't anticipate.

Does he love you or does he love having sex with you? That's the million dollar question that women routinely get wrong – resulting in shredded female hearts. You can't put a condom on your heart.

It's not easy to navigate the shark-infested waters of the dating world, but if you can follow these basic tips, you shouldn't have to worry about being someone else's prey.

Dr. Kenneth Ryan is the author of Finding Your Prince in a Sea of Toads: How to Find a Quality Guy Without Getting Your Heart Shredded. Dr. Ryan offers straight talk about relationships garnered from years of not only counseling

engaged couples about sex, but from his own marriage and living with three teenage daughters. He understands the yearning of most young women to be loved and cherished by a great guy.

Eva Longoria Throws Victoria Beckham A-List Baby Shower



Eva Longoria is apparently a master party-planner. Longoria and Ken Paves threw designer Victoria Beckham an 'all things pink' baby shower on Saturday, reports UsMagazine.com. The bash was held at West Hollywood's Petit L'Ermitage hotel. At the hotel, Beckham, who is expecting her first girl (she is

already mother to three boys with husband and pro soccer player, David Beckham), was awarded pink baby gifts from A-list guests like Demi Moore, Selma Blair and Nicole Richie.

What are some 'out of the box' baby shower theme ideas?

Cupid's Advice:

It's understandable to want to make your pregnancy as enjoyable and as memorable as possible. Here are a few creative baby shower ideas that are sure to be a blast:

1. Contest: All babies have that one favorite toy. Turn your baby shower into a competition; tell your guests to bring the one toy that will end up being your child's favorite. Once the baby is born, your friends will have a great time laughing over the toys that your child accepted and rejected.

2. Gender specific: Take a page out of Victoria Beckham's book and throw a baby shower that is gender specific. If you're expecting a girl, have a princess or pink-themed party. If you're expecting a boy, try a sports or blue-themed party.

3. Double take: If you're expecting twins, throw a shower that plays around the idea of duos. Give your guests two glasses of champagne, feed them two identical finger sandwiches, etc.

What theme did your baby shower have? Feel free to leave a comment below.

Prince William and Kate

Middleton Are On Their Honeymoon



After a week of working and shopping post-wedding, the new royal newlyweds finally left on their honeymoon, reports [People](#). Prince William, now the Duke of Cambridge, reportedly has a two week vacation from his duties with the RAF Search and Rescue Squadron, an organization with which the prince has rescued several people in the mountains of Wales. Kate Middleton, the new Duchess of Cambridge, was surprised with the honeymoon destination, though British tabloids are speculating that the couple will visit Seychelles, a collection of small islands near Madagascar.

What are some reasons to keep the honeymoon destination a secret?

Cupids Advice:

While most brides want to plan every aspect of their weddings, the honeymoon is often beyond their control. Here are a few reasons why the bride should not know of her destination:

1. Put the groom to work: While this isn't true of all couples, the bride usually takes a larger part in the wedding planning process. By assigning your fiancé one task (the honeymoon), you ensure that each of you contributes to the occasion.

2. Surprise: While the lack of information can be maddening, when you finally arrive at your destination, you'll be glad you were kept in the dark. Surprises are always fun, especially when you face them with your new husband.

3. Your stress: Getting married is stressful. By putting the honeymoon out of your mind, you can lessen the weight on your shoulders. Instead of worrying over details like transportation and lodging, you can instead look forward to the experience you will have with your new husband.

Do you have any honeymoon stories to share? Leave a comment below.

Jesse James Compares Sandra Bullock and Kat Von D





We all make mistakes in relationships, but Jesse James doesn't regret any of his. The former Discovery channel star told Howard Stern Thursday that Kat Von D is more fun in bed than Bullock. "She's a vixen," he raved of his bride-to-be. "The way she gets in my head and makes me feel." James, who according to UsMagazine.com, loved and cared about Bullock, has found exactly what he was looking for with Von D. He sometimes felt insecure with a big-time movie star. "I've met someone that makes me happy – an amazing woman that is willing to accept me for my faults and not try to change me and loves me like crazy and has my back," the former *Monster Garage* star explained.

How do you keep from comparing your ex and your new partner?

Cupid's Advice:

Finding someone new is one of the most amazing things to come from a break-up. That said, you need to make sure that you're ready and that your ex is out of your head. Cupid has some tips on how to avoid comparing potential new love interests to exes:

1. Look on the bright side: Your ex is your ex for a reason. If someone new comes into your life, think of the positive things ... but avoid thinking about why your current relationship is better than your old. They're completely separate from each other!

2. Keep an open mind: We all need to adjust to new things, and it's easy to always refer to past relationships, especially long-term ones. If you have doubts, remind yourself this is new and will be different.

3. Go with the flow: Have fun with it, and give things a chance. Everything happens for a reason, and there could be a very good one as to why this person is in your life. If it doesn't work out, just move on. Eventually, we all get it right.

Do you have issues comparing new partners to old ones? Share your thoughts below.

**Marc Anthony Supports
Jennifer Lopez At Record
Release Bash**





With the release of her new album “Love?,” Jennifer Lopez has been one busy woman. That said, it’s great to see that her hectic work schedule hasn’t affected her love life one bit! [People](#) reports that J.Lo’s husband, Marc Anthony, has been extremely supportive of his wife throughout her career, and her record release bash was no exception. “Marc was doting on her and melted every time she acknowledged him,” said an onlooker at the party. “He was totally supportive of her on that night.” Anthony was also spotted snapping photos of guests at the event.

How do you show your partner you’re proud?

Cupid’s Advice:

It’s always great to see loved ones supporting one another. Cupid has some advice on how to show your partner that you’re proud:

1. Take an interest: Whether it’s a record release bash or a simple dinner with co-workers, attending these events shows that you respect your partner and what he or she is doing in

life.

2. Have a romantic evening: After a big business deal is closed or an important project is finished, plan a nice, romantic evening with just the two of you. It shows that you've been paying attention to what they are doing and that you're there for them no matter what.

3. Simply tell them: If you're proud, then say it. Shooting a quick text that says, "Good Luck, and I'm so proud of you" on your partner's big day goes a long way.

How do you show your partner that you're proud? Share a comment below.

Carey Hart Says Pink Will Be An 'Awesome Mom'





Although their first child is on its way shortly, Carey Hart isn't concerned about his wife Pink's ability to be an "awesome" mom, according to [People](#). "She's just so connected and so ready to be a mother," said Hart. Pink has been staying active during her pregnancy by doing yoga. Also, the couple plan to be very hands-on with the addition to their family. "Our kid is going to have a great experience," Hart said. "He or she is going to travel the world with us ... [and] I think we'll have a pretty well-rounded kid."

What are ways to tell if your partner will be a good parent?

Cupid's Advice:

Although you can't tell for sure if your significant other will possess quality parenting skills, there are certain indicators. Cupid points to a few below:

- 1. How they were raised:** If your partner was raised in a loving and caring environment, chances are that he or she has already absorbed those attributes as well.
- 2. How they act around other kids:** Perhaps you've seen your

mate around your nieces and nephews or maybe your friends' kids. If her or she seems comfortable around other people's kids, it's looking good for your children together.

3. How they treat you: One of the best ways to tell if your partner will be a good parent is to analyze how he or she treats you (or people in general). If patience, nurturing and care are three of his or her qualities, being a good parent won't be a huge leap to make.

How did you know your partner would be a good parent? Share your experience below.

Clicking to Find Love





By Lisa Becker

I used to be a little embarrassed to tell others that I used an online dating service. Much like the heroine of my novel, *Click: An Online Love Story*, I needed some coaxing before I could embrace the experience. But, the more I talked about it, the more I found out that friends and family had met their significant others the exact same way; in fact, according to a 2010 survey, one in five new relationships starts online.

Online dating is a useful tool for young professionals who are busy working and finding it difficult to make the right connection at the gym, bar, coffee shop or grocery aisle. It's also a great avenue for meeting new people in a relaxed, on-your-own-terms way. People today are married to their cell phones and laptops, so why not use that technology to get hitched while you're at it, right?

After my now-husband and I met online, I was recalling some of the hilarious encounters that I had during the whole online dating experience. How could I forget the guy who started every story (no joke!) with "My buddies and I were out

drinking one night.” I decided to capture some of them in writing and, from there and based loosely on my own experiences, my novel emerged. My book is comprised solely of emails exchanged between friends, dates, and romantic prospects as the story of online dating unfolds. This format felt like a modern way to tell my story that fit the topic, and allowed readers to develop an intimate relationship with the characters along the way.

Now that I’m considered an online dating success story (eight years of marriage in Los Angeles is apparently no small feat!), I’m often asked what advice I would give to singletons out there... particularly those who are approaching an age where they thought they would be married. My advice, whether you’re 18, 41 or 73, is to concentrate on being a complete and fulfilled person on your own. Take the trip to Europe you’ve always dreamed of, sign up for ballroom dancing classes, or like the heroine of my book, continue to develop life-long bonds with your best friends.

Bottom line: pursue your own passions, because when you are happy and secure in your own life, you will be much more attractive to someone else.

Hungry for more? To purchase *Click*, visit Amazon. To follow updates on *Click* and share your stories about online dating, visit the *Click* Facebook fan page.

New ‘Bachelorette’ Ashley Hebert Meets 25 Suitors



Ashley will show Brad that two can play at his game. After previously being rejected *The Bachelor* by Brad Womack, Ashley Hebert will return to ABC as *The Bachelorette* on May 23. We hear from UsMagazine.com that this soulmate searcher already knows one of her 25 bachelors, Bentley. Unfortunately, a former cast mate revealed he may have hidden reasons for appearing on the show. “Do you promise, on national television, to date 25 men simultaneously without complaining?” Jimmy Kimmel asked Hebert humorously on his show. “Do you promise to make sure the hot tubs are clean and have enough chlorine and their bacteria levels are low?” *The Bachelorette* responded with, “I’ll do my best with that!” Could the second time be the charm?

What are the perks of dating around?

Cupid’s Advice:

Even Cupid needs to let loose now and again. Serious relationships get boring, so why not change it up? Here are some reasons that dating around can be great:

1. No strings attached: You never need to check in, and you can do whatever you want. Sometimes that just the kind of relationship you need!

2. Full benefits included: If you're single, you can have it all. Bored with one? Onto the next. There's no massive heartbreak involved. As one wise single said, "It's like a buffet table."

3. Self-esteem makeover: So, you have options. How does that make you feel? Probably pretty good. Casually dating can enhance your self-esteem, and we all need that little boost once and awhile. Embrace it, feel pretty and keep doing your thing.

**Are there more perks to dating around that you can think of?
Share your thoughts below.**