## 10 Cool Summer Date Ideas to Heat Up Your Relationship





By Andrew Pryor

It's a known fact that opposites attract, but even those destined for each other need to find common ground. So this season, if you can't stand the heat while your partner is soaking up the sun — or if you're basking in 100 degree temps while your lover is counting the days to December — try switching things up a bit. Here are five fiery and five frosty things to do with your significant other this summer:

1. Schedule a hot stone massage for two: Heat is a natural tension reliever, so enjoy this relaxing experience together. Give your stressed out muscles a rest and take your mind off

of your problems, whatever they may be.

- 2. Indulge in exotic and spicy cuisine: Thai, Indian, Moroccan, Cajun pick your picante poison and indulge in a fiery mouthful. Spicy food is an aphrodisiac, so don't be afraid to stimulate your senses.
- **3. Throw it on the grill:** Whether it's charcoal or gas, bring some sizzle to your summer with a delicious barbecue. Cook up a feast, and have an outdoor date together.
- 4. Light some fireworks: Watching sparks fly and explode across the night sky is the perfect way to ignite the passion in your relationship. Brighten up your evening with a fireworks display and hope for a bright and engaging future with your loved one. Just be sure to check whether setting off these bad boys is legal in your state!
- **5. Catch fireflies in your backyard**: Sure it's a childhood pastime, but sometimes, old traditions are the best ones. Stumbling around in the twilight, holding hands and grasping at blinking lights is a perfect way to work up a sweat and make great memories.
- 6. Make homemade ice cream: This is another traditional pastime that deserves to be brought back. Dump sweet cream and sugar in a bowl and whip up a cool and tasty treat for your sweetheart. Then sit on the porch and watch the sun set, one hand holding a cone while the other arm is draped around your partner's shoulder. How sweet it is indeed!
- 7. Take a refreshing swim: It's the greatest way to beat the heat in the summertime what more needs to be said? Just try to stay away from crowded public pools and beaches. Find your own private spot if you can.
- 8. Keep cool with a water balloon fight: Why not make keeping cool fun? Instead of standing in front of a fan or sticking your head in a freezer, get your playful aggression out with a

water balloon barrage.

- **9. Celebrate Christmas in July:** The summer isn't known for snowmen and sleigh bells, but you can bring some holiday spirit to a summer climate. Dig out that plastic tree from the attic, sing carols to each other and exchange gifts 'just because.'
- 10. Go skydiving: It's a radical suggestion, but there's nothing more invigorating and life affirming than feeling the wind whip past your face while you're thousands of feet above the ground. Try it with your loved one and you'll always have a story to tell your friends.

Do you have any hot or cold weather ideas to stir up a relationship? Share them with us in a comment below.

### Justin Timberlake Is Asked Out By Marine After Mila Kunis





It seems to be a trend. According to <u>People</u>, after Sergeant Scott Moore of the Marines invited <u>Friends With Benefits</u> star Mila Kunis to the Marine Corps Ball, a female Marine decided to follow suit and give it a try with Justin Timberlake. Kelsey De Santis, a Virginia-based Marine, made her own YouTube video, asking Timberlake out to her own Marine Corps Ball, November 12. She added a little catch at the end: "...if you can't go, all I can say is cry me a river." Justin has not yet responded.

#### What are some ways to get your longtime crush to notice you?

Sometimes the hardest part about starting a relationship is actually catching your crush's attention. Cupid has some advice for you:

**Steal the show:** Look awesome. No one can resist an exquisite physical appearance. Come on, personality is great, but let's be honest, what do they see first?

**Eye contact:** Whenever you see that it's appropriate, look your crush dead in the eye. For one, it shows confidence. Secondly, it's the obvious: your crush is bound to notice you if there's

some eye contact! Just don't make it awkward

**Converse:** Strike up a neutral conversation about an easy and relevant topic. Conversation can take a turn anywhere, and it's fun to see where it goes. Put your nerves in the back seat, and just go for it!

Have some tips of your own? Share your thoughts below.

### Bar Refaeli and Rumored Beau David Fisher Go Out in Tel Aviv





Leonardo DiCaprio's ex has officially moved on, according to RadarOnline. The Israeli-born model, Bar Refaeli, 26, was spotted Sunday in Tel Aviv leaving a club with her rumored new flame, David Fisher. It seems that the stunner, who dated DiCaprio on-and-off for five years, took a hint from her ex's recent fling with the likes of *Gossip Girl* star Blake Lively. He if he can do it, so can she!

What do you do if your partner's partying habits become too much?

#### Cupid's Advice:

Having fun is one thing, while being addicted to partying on a consistent basis is quite another. Cupid has some suggestions on what you should do if your partner's partying ways become too much:

- 1. Evaluate: The first and foremost thing you need to do is assess the situation. Is your significant other just partying more than you would, or does he or she truly have a problem? Either way, if it makes you uncomfortable, it's something you need to confront.
- 2. Hint: Before coming right out and telling your honey that he or she is a party hound and you can't handle it, try a subtle approach first. If your partner has plans to go to the bar on the weekend, suggest going to dinner and a movie instead. If he or she is planning to hop on a booze cruise, suggest a tamer dinner cruise instead. There are many ways to get your point across without coming right out and embarrassing your significant other.
- 3. If all else fails, be blunt: Sometimes the best thing you can do is come right out and tell your partner that he or she is partying too much, and it's making you uncomfortable. Often times, your partner may not have known that what he or she is doing is affecting you. Once it's out in the open, you

can work on coming up with a solution.

How did you deal with your partner's partying ways? Share your experience below.

## Date Idea: Enjoy a Day at the Fair





Searching for some date ideas? Cupid's got you covered! Treat your love to an exciting day at the local or state fair.

Going on a date to the fair will add excitement to your romantic relationship. Since fairs come once a year in most areas, it's worth it to put a day aside and attend one. Not

only will you make great memories and enjoy yourselves, but you'll both feel young again.

The best parts about a fair are the rides and <u>food</u>. Nothing is more romantic than riding the ferris wheel with your partner and looking at the skyline together. Consider taking a ride on the merry-go-round, too. And what could be more delicious than cotton candy, funnel cakes and elephant ears?

Most fairs have live performances and animals. Enjoy the evening dancing to some music. The <u>Great New York State Fair</u> features a Grandstand filled with <u>great performances</u>.

Perhaps the best way to get your significant other excited is by competing at the game booths. Try your luck at playing a few games and winning your sweetheart a prize. On the west coast? Check out the <u>California State Fair and Expo</u>, which starts today, July 15th.

Here's a list of the <u>top state fairs in America</u>, so no matter where you are, you can take part in the fun.

So what are you waiting for? Plan on a day to take your love to the fair, and then let us know how it went by commenting below. Until next time, have a great week!

### Halle Berry's Stalker Is Arrested





It's been confirmed! Halle Berry's alleged stalker was arrested on Monday night. The actress' private security agents apprehended James Franco after he jumped over the fence of the Berry's West Hollywood home. The LAPD informed Access Hollywood that this was the second time the man had trespassed on the star's property. Franco has been in custody since Tuesday morning.

How do you deal with someone who has an obsessive crush on you?

#### Cupid's Advice:

We all love to be loved, but being in the spotlight all the time can be overwhelming. Cupid has some advice for dealing with those who like us excessively:

1. Avoid them: It may seem obvious, but do it. If someone is majorly crushing on you and you don't feel the same way, try to spend less time with them at all costs. It may help him or her get over you. If you're too nice and spend too much time with him or her, it could give the wrong idea.

- 2. Be upfront: Don't be ambiguous. The last thing you wanna do is lead him or her on. Communicate your unavailability by mentioning telling things, for example, how you're really into a person you just started dating.
- 3. Don't be hurtful: Unrequited love is no fun. Although you may never have been "obsessed" with anyone, chances are that at some point you liked someone who turned you down. Don't be pretentious with whoever it is that is showering you with attention. Let him or her know that you're not interested, but do it in a considerate way.

Have any advice for dealing with obsessive stalkers? Share your comments below.

## Mila Kunis Agrees to Go On a Blind Date With a Marine





Want a date with a celebrity? It turns out it's not quite as far-fetched as you may think! Actress Mila Kunis has taken us all by surprise by accepting a blind date offer from a soldier currently serving in Afghanistan, according to <code>People</code>. Sgt. Scott Moore, of the 3rd Battalion 2nd Marines, posted a video of himself asking Kunis to the Marine Corps Ball November 18th on <code>YouTube</code>. Kunis wasn't originally aware of the invitation, but as she and her <code>Friends With Benefits</code> co-star Justin Timberlake were being interviewed by Fox News, Timberlake encouraged Kunis to accept the offer. He said, "Have you seen this? Have you heard about this? You need to do it for your country." In reply, Kunis said, "I'll do it."

#### What are some ways to make a blind date more comfortable?

#### Cupid's Advice:

Blind dates can often times be incredibly awkward and uncomfortable. There's undoubtedly a lot of pressure involved. Cupid has some ideas on how to make your next blind date more comfortable:

1. Talking points: It sounds like overkill, but one way you

can make sure there aren't many awkward pauses in conversation on your blind date is by coming up with a list of talking points before you go. AskMen.com has a great <u>list of 10 first</u> date conversations.

- 2. Double date: If one of your friends set you up on your blind date, have that friend bring a date and come with you. Having someone you know there as you meet your new potential mate will put you more at ease.
- 3. Keep it casual: Instead of spending your blind date at a fancy restaurant, go to your favorite hole-in-the-wall diner. Wear jeans, and say "no" to high heels. If you're physically comfortable, it'll help you become more emotionally calm.

What's the worst blind date you've ever had? Share your experience below.

## Top Five Reasons Why Women Fall Out of Love





By Julia Slovich

Although stories of cheating men have been dominating the news lately and falling out of love seems to be happening a lot more frequently than people are falling in love, the situation isn't exclusive to men. Losing those loving feelings for your husband or boyfriend can happen just as easily to women. If you've experienced this in the past or maybe you're going through it with your partner now, the first step is to be aware of why it's happening. Follow these five reasons your fairy-tale romance could be slipping away:

#### 1. Feeling Adored

It's important that a woman feels appreciated by her partner. Men are usually good at this in the beginning of a relationship when it's still new, but as the novelty ends, the attention may die down, too. Just look at Jennifer Aniston and John Mayer. She broke up with him because he was obsessed with Twitter, telling her that he was too busy for her, but in the meantime, his Twitter page was saturated.

#### 2. Bored to Tears

We want excitement! And, if we can't have that, give us variety. If a relationship gets into a rut and you end up doing the same things every weekend or having sex in the same positions every time, a woman can get bored and lose interest altogether. Both people need to put some work into the relationship or they'll find themselves quickly falling out of love.

#### 3. Honeymoon is Over

Sometimes, we can be completely unrealistic and think that our relationship will turn out alright because "we love each other so much." Unfortunately, that's not always the case. Once the honeymoon phase is over, the reality of the relationship can be a slap in the face. Pamela Anderson and Kid Rock were married for a mere four months before they called it quits. Both agreed that it was time to end it, and Pam said that they just weren't meant to be together. It's easy to ignore all of the red flags when you're caught up in romance and passion.

#### 4. Lack of Chemistry

Most women are looking for that spark that makes them feel all tingly and giggly whenever their man touches or looks at them. However, a relationship can't be built on sparks alone. Eventually they will fade if the relationship doesn't have substance.

#### 5. Emotionally Disconnected

Poor communication (or no communication at all) is one of the main reasons women fall out of love. We need to feel connected to our partners emotionally as well as physically in order to love and be loved. When there's little communication, some women will shut down. Maria Shriver was extremely unhappy in her marriage to Arnold Schwarzenegger. Apparently, they hadn't been spending much time together in the last few years, and she was frequently absent from

Sacramento where Arnold was the governor. If that doesn't signal a problem, nothing does.

It happens to the best of us. Sometimes we just fall out of love, but if you don't want to be another divorce rate statistic and want to make it work with your partner, use these five signs as a starting place to determine what may be going wrong and see if there's a way to fix it before it's too late.

Julia Slovich is a writer passionate about health, fitness & blogging. When she's not running with her dog she can sometimes be found writing about <u>laser liposuction</u>, cooking and a myriad of other topics.

### 'Teen Mom' Star Farrah Abraham Thinks About Giving Up Modeling for Daughter





It looks like *Teen Mom* star Farrah Abraham is learning exactly what it's like to be a parent to her 2-year-old daughter Sophia. Abraham, who recently went under the knife for a breast augmentation to aid in her modeling career, is now having second thoughts on her career choice, according to <a href="USMagazine.com">USMagazine.com</a>. In a preview clip airing Tuesday, Abraham said that she's nervous about leaving Sophia when she has to go away for photo shoots. When her mom Debra asked her about how she felt on her most recent trip, she said, "I was really sad but I kept it professional; I definitely think it's hard being in modeling and being a mom."

## What are some sacrifices you need to make when you have a child? Cupid's Advice:

Every parent has to make some sacrifices when it comes to raising their child, and some sacrifices hurt more than others. Cupid has a few sacrifices you may need to prepare to make when you have a child:

1. Dream career: If your fantasy career involves a lot of traveling or late hours, it may not be the best career path

for you if children come into the picture. You don't want your child to feel alone or neglected, so unless there's absolutely no way to cut back at work, your best bet is to choose a different profession, or at least a position with more flexibility.

- 2. Not as much 'Me' time: Before having children, you may have been used to going to your morning yoga session, then stopping by the cafe for a cappuccino, then meeting up with the girls. When you have kids, this isn't your everyday reality. Yes, you can most certainly schedule some 'me' time, and most moms do, but there's no longer 'me' time ... all the time.
- **3. Financial freedom:** Once you have a child, money is a very important issue. You can most likely no longer buy a pair of shoes on a whim, and you must consider bills and expenses that a child brings.

What are some sacrifices you made when you had a child? Share your stories below.

## Ashlee Simpson and New Beau Vincent Piazza Pack on PDA





Pete Wentz's ex was spotted cranking on the PDA with new boyfriend Vincent Piazza during a brunch date in the Big Apple on Sunday. Ashlee Simpson was visiting Piazza in New York a month after he had visited her in LA. An insider told <a href="mailto:USMagazine.com">USMagazine.com</a>, "Vincent's a chill guy, very artsy, the quiet type. He likes her."

### How do you overcome the struggles that come with a long-distance relationship?

#### Cupid's Advice:

- 1. Trust: Spending time apart can present itself as a challenge for a couple's commitment. This means that you and your partner both need to trust each other in order for the relationship to survive. If either one of you gets paranoid, there's going to be trouble. But if your trust can tolerate the long distance, it'll make your relationship grow stronger.
- 2. Communicate: Fortunately, contemporary media enables us to overcome geographical barriers. So, being physically apart does not mean you can't still interact on a daily basis. It's important to frequently keep each other in the loop.

3. Be romantic: Ironically, it's likely that your distance has brought you closer. Not being able to see each other every day will hopefully teach you to appreciate each other's presence. So when you do have a chance to reunite, take advantage of it and express your love for each other.

How can you handle the time apart from your partner? Share your ideas!

## Jewel and Ty Murray Welcome a Baby Boy





Looks like Jewel will be singing lullabies to her new baby

boy, Kase Townes Murray. Jewel, the co-host of Bravo's new hit show 'Platinum Hit' found out she was pregnant the first day of filming for the show, according to <u>People</u>. The singer was overjoyed when she found out she was expecting a child with Ty Murray, because she was having troubles conceiving. Unfortunately, she was involved in an accident where she was hit by a fire truck back in March while 5 months pregnant. Luckily, she and her unborn child were unharmed and the rest of her pregnancy was easy sailing!

### How do you deal with pregnancy side effects at work? Cupid's Advice:

Being a career woman and a new mom is definitely a lot to handle, and when you throw in some side effects from the pregnancy, forget about it! Cupid has some tips on how to deal with pregnancy side effects at work:

- 1. Focus on work: Don't let the side effects of your pregnancy get to you. If you're distracted by your work, it will help to forget your upset stomach (and other aches/pains).
- 2. Try some different techniques: If you feel like you're dealing with a lot of side effects from your pregnancy at work, try to do some simple relaxation or breathing techniques to keep your mind off of the symptoms.
- **3. Embrace them:** Yes, maybe having morning sickness or undeniable cravings can be rough at work, but embrace them and accept that it's all part of motherhood. It will be a lot easier to cope with them if you're willing to acknowledge that it's all worth it in the long-run.

What are some ways you deal with pregnancy side effects at work? Share your thoughts below!

## Prince William Says He's 'Not a Good Loser'





As part of their visit to California, Prince William and Kate paid a visit to the Santa Barbara Polo & Racquet Club in Carpinteria this Saturday and played in a polo match. Before he played, William gave a brief speech in which he jokingly admitted he's "not a good loser," according to <u>People</u>. The Duchess smiled and clapped as her Duke went on to score four points for his team, which won four to five.

How do you handle your beau's competitive side?

#### Cupid's Advice:

Having a competitive partner can be tough, especially if you're not into the whole "winning" shebang. If you've ever been in this situation, you probably know how hard it is to tolerate your boyfriend or girlfriend's competitive spirit. Cupid has some advice for easing off the stress:

- 1. Be supportive: Take a hint from Duchess Kate and cheer your partner on as he or she engages in competition. You may be tempted to avoid that tennis match your sweetie takes way too seriously, but don't. Show you're there for him or her and take an active interest.
- 2. Celebrate together: There's no better way to let your partner know that you really want to be a part of his or her life than by celebrating his or her successes. Celebrate victories as a couple.
- **3. Relax them:** Not every day is a winning day. Remind your partner that winning isn't everything. Yes, it's important to be supportive and take his or her interests seriously, but at the same time you don't want it to get out of hand. Give him or her a calming massage.

How have you dealt with a competitive beau? Share below.

## Choose the Perfect Perfume for Your Guy





By Sarah Ellis

A smell can ignite a flood of memories. Your mom's perfume may remind you of snuggling with her as a child, and your fruity body splash may remind you of awkward middle school days where you passed notes to your best friend and giggled about your crush. Your first boyfriend's cologne may remind you of your first kiss and innocent love. And like these memories all hold a special place in your heart, you want your perfume to be a sort of signature, right?

Perfume is personal. It's meant to be an intimate adornment — something that's noticed when your guy leans in to give you a kiss or gets a whiff when he whispers in your ear. And I'm here to tell you there's more to buying perfume than choosing it by how it smells in the bottle.

Have you ever noticed how you'll spritz a perfume sample in the air at the store, fall in LOVE with it, make the purchase, but later realize that it doesn't smell quite as good as you remember? Perfume actually reacts with your body chemistry, which can affect the way it smells after you wear it.

There's one rule you MUST follow when choosing a scent: Don't choose a perfume based on which celebrity endorses it or by how adorable the product packaging is, no matter HOW posh they make the bottle look! If you're investing in perfume, you don't want to be wasting money on a scent that you'll end up hating. Trial and error is crucial.

#### The most common scent categories:

- Musky
- Floral
- Fruity
- Fresh
- Amber or Oriental
- Wood or Pine
- Citrus
- Gourmand (a fancy term for dessert fragrances, typically vanilla, cake, or other decadent treats)

Perfumes are pretty complex in nature, as they're made up of "notes" that take on different layers. There are top, middle and base notes that, when played together properly, mix into a lovely scent. The top notes are immediately recognizable when you apply the perfume. The middle notes will emerge right after the top note dissipates, and you may not notice the base notes for up to 30 minutes after you've applied the scent. Different combinations of these categories make up different fragrances. Mixologists spend their days playing with different essential oils and finding unique combinations.

If you're unsure of what type of fragrance you prefer, get playful! Although most of us run away from perfume counters while shopping, discussing fragrance with an expert is truly fascinating. Take a shopping pal and ask some questions! Have fun playing, but don't be pressured to purchase immediately. Spritz the fragrance in key areas: wrists, neck, decolletage (because it sounds classier than cleavage), or behind the ears. But don't overdo it! Perfume is meant to be intimate, not overpowering.

And ask your guy what kind of scent he prefers. Everyone has different tastes, and while you should ALWAYS choose for yourself first, it's fun to indulge your guy in this way. My high school boyfriend *loved* vanilla perfume, and it was fun to get compliments on how lovely I smelled!

Find your signature scent, and it will serve you through the years. It will also bring back a flood of memories as you grow and change.

While Sarah Ellis wouldn't exactly label herself as a perfume expert, her time spent working the beauty counter certainly did give her a one up on the average shopper! In her day job, she enjoys sharing style advice for pairing affordable handbags with equally fabulous ensembles at Handbag Heaven. And she's always on the lookout for affordable ways to be more fabulous.

# Minka Kelly Cheers for Boyfriend Derek Jeter's 3000th Hit





Saturday was a time of ultimate applause for Yankees baseball player, Derek Jeeter. With Jeeter's 3,000<sup>th</sup> career hit against the Tampa Bay Rays at Yankee Stadium, he landed a home run that has made him the first Yankee and the 28th player to reach a milestone in Major League baseball, according to People. There to witness her beau making history was Jeeter's girlfriend Minka Kelly cheering him on. In fact, Jeeter had a luxury box full of support. Kelly shared in the applause for her boyfriend alongside his family and friends.

How do you show support for your partner's career?

#### Cupid's Advice:

You may not actually be interested in you partner's career, but that doesn't mean that you should pay it absolutely no attention. So listen up. Cupid has some advice:

1. Hear your partner out: If your companion is giving you a description of his or her job and and what he or she likes or doesn't like about it, listen intently. Try to put yourself in his or her shoes. Understanding your partner is key.

- 2. Show interest: Occasionally ask about his or her career. This doesn't mean that you have to have a full blown conversation about your partner's job, but something as simple as "How was your day at work? Did you get \_\_\_\_\_ done the way you said you would?" can go a long way to show you care.
- 3. Help to prioritize: If you feel your partner is juggling between priorities and you notice that his or her career is being put on the back burner, step in and remind him what his career means to him. Be his support. He will see that you have his best interest at heart.

Have something you would like to add? Don't be shy, share your comments below!

### Lady Antebellum's Hillary Scott Is Engaged





There was yet another reason to celebrate on July 4th, as Chris Tyrrell proposed to Hillary Scott during a romantic sunset on Independence Day. "Chris proposed exactly the way I've always dreamed. Our families were close by, but it was just us out on a beautiful deck overlooking a lake in East Tennessee," the Lady Antebellum lead singer told <u>People</u>. The proposal was romantic, yet casual, as it took place during a hike and the couple was wearing work-out attire. Although the wedding date is not yet set, the couple looks forward to "forever together."

#### What are some laid back yet memorable ways to propose?

#### Cupid's Advice:

It can be tricky to strike a balance between simple yet special ways to propose to your loved one. Cupid has some advice on how to make your engagement low-key, yet a memory you will treasure forever:

1. During your favorite activity: Do whatever you enjoy doing together, whether it's going for a hike, like Hillary Scott

and Chris Tyrrell, or watching a movie. What matters is that you're surrounded by a serene atmosphere, so that you can tune in to each other.

- 2. At home: When your sweetie gets home after a day at work, surprise him or her by laying out some rose petals in the bedroom and playing some soft music. Then get down on your knee and pop the question. This is a romantic way to propose, yet it doesn't involve anything extravagant.
- **3. During a meal:** Presenting the sparkler over dinner at home or at a restaurant can be a spontaneous way to ask the question. You don't have to follow the scripted ring-in-the-food technique. Just go with your instincts.

Do you have any ideas for a creative proposal? Share your thoughts below.

## Top 10 Ways to Score a Summer Hottie





By Deana Meccariello

July's arrival brings wishes of summer love, as there are two full months ahead of us to enjoy the sand, surf, and all things sunny. So what are you waiting for? Get out there and score yourself someone scorching to spend the long days (and steamy nights) with. Here are 10 surefire ways to get your hands on your hottest summer fling yet:

- 1. Make the first move: You'll never get anywhere if you don't take action. When you're out and about, don't be shy go right up to that hottie and strike up a conversation. This is much more productive then staring at him wide eyed across a crowded bar.
- 2. Spend a night out on the town: An evening filled with bright lights is a great way to meet someone new. If you're in the New York City area, rooftop lounges like the Empire Hotel and Hudson Terrace offer a romantic atmosphere, along with a gorgeous view, while you're chatting up your perfect match.
- 3. Beach it: Head to the coasts or nearby lakes if you're not

by the ocean, since they're packed with potential beaus just waiting for you to find them. New York is home to many beaches like the beautiful Hamptons, and New Jersey and Massachusetts are great nearby destinations if you want to head out of the state for a weekend.

- **4. Volunteer:** Donating your time to a worthy cause is another way to expand your social circle and potential love pool. Not only will you do good for others, you'll also meet some great prospects for summer love. Bonus: You know they're just as generous with their time as you are, making for a great mate!
- **5. Indulge in a water sport:** Let's face it guys love any excuse to get wet, and hanging out by the water is another great way to grab someone's attention. Rent a boat or a jet ski with a few girlfriends and have some fun. You're bound to see a bunch of guys doing the same exact thing, and it's an easy and enjoyable way to meet new people while working on your tan. Just don't forget the SPF!
- **6. Participate in a triathlon:** Not only will training for this kind of event get you into great shape, but it will give you tons of opportunities to meet up for workouts with the sexy athletes that are sure to catch your eye. Shy about exercising with a dude? No real man can resist any excuse to prove his manliness to the ladies or a woman with confidence.
- 7. Get involved in a summer league: A guaranteed way to meet that summer catch is by joining a co-ed sports league like beach volleyball or softball. This will introduce you to a whole new group of active people looking to have a fun summer, just like you!
- 8. Take your pup to the dog park: If you're a dog lover, taking your hound out to play will definitely help you get noticed by potential suitors. This will give you a chance to

meet new people with common dog-related interests, like how you secretly let your furry friend kiss you on the mouth when no one's looking.

- 9. Relax at a coffee bar: America is coffee crazy, and many cafés come equipped with a cozy ambiance that encourages people to socialize with each other. Grab a cup of joe and get to know your fellow java lovers who knows, the caffeine in your triple shot espresso might stir up the pot in your love life!
- 10. Get rowdy at game night: Sports bars are a great place to meet that sizzling summer hottie. Take it easy on the drinks, but don't be afraid to show your sports knowledge with the bar regulars. You'll impress your friends along with that sexy single about to buy you a beer.

Give these tips a try and hopefully, you'll find your very own summer hottie! Did we miss one of your guy-nabbing ways? Share with us below!

### Prince William and Kate Squeeze In Alone Time In Canada





Prince William and Kate Middleton might be busy while sightseeing abroad, but that doesn't mean they weren't able to spend some time alone together. People reported that the royal couple had three hours of solitude while visiting Canada's Northwest Territories known as "Honeymoon Island" on Tuesday. The area is known to have the slowest sunset on the planet, which the royal couple was able to enjoy. This is said to be the second time the couple were able to spend the day together alone. On Canada Day, Prince William and his wife paddled a canoe and had a picnic in a log cabin.

What are some creative ways to enjoy quality time together alone?

#### Cupid's Advice:

It's nice to spend time with a group of people, but sometimes enjoying quality time alone with your love is important. Here are a few ways to do just that:

1. Road trip: Take a few days off and hit the road with your partner. You'll both discover new places and interests when you don't have an exact destination to visit.

- 2. Picnic: Pack your love's favorite food and take him or her on a picnic. Plan on setting the picnic area on top of a hill or at a park that lacks visitors.
- **3. Dinner at your place:** Invite your significant other to a meal at your house. Your partner will feel special when you take the time to cook for him or her versus going out to a restaurant.

Do you have other ways to enjoy quality time with your love? Share with our readers by commenting below.

### Arnold Schwarzenegger to Give Maria Shriver Generous Settlement





Looks like Arnold Schwarzenegger still feels guilty over the end of his 25 year marriage to ex Maria Shriver. According to RadarOnline, the ex-governor is prepared to give his ex a hefty settlement in the divorce, much more than is required under California state law. Both Schwarzenegger and Shriver's lawyers seem to be getting along and are working together to come to a joint settlement. Schwarzenegger said he is the one to blame for the collapse of his marriage, and he is willing to give Shriver whatever she needs. He's also filing for joint custody of the couple's sons, which is a decision Shriver agrees with because she still wants her ex to remain a major part of their children's lives. It's so sad to see the end of such a seemingly perfect marriage, but at least the pair are putting their differences aside to do what is best for their children and themselves.

#### How do you show your ex that you still care?

#### Cupid's Advice:

It's tough to show your ex that you still care about him or her whether you went through a rough break-up or even a major divorce. Luckily, Cupid has some tips on how to show your ex that you still care:

- 1. Admit you're wrong: By standing up and realizing you messed up and taking responsibility for what happened, you show your partner that you not only feel horrible for what you did, but also that you do care about him or her and his or her feelings. If you and your ex aren't on speaking terms, take a tip from "Mr. Big" in Sex and the City the movie and write a letter to your ex to express how you feel.
- 2. Make it up: You can't fix what's already broken, but you can do the next best thing and try to make the best out of the situation. Take a tip from Arnold Schwarzenegger and be willing to give a little extra in the divorce settlement.
- 3. Be happy for your ex: Don't try to get in the way of your ex's happiness. Allow him or her to move on. By doing this, it shows you care and there are no hard feelings between the two of you.

How do you show your ex that you still care? Tell us your thoughts below!

### Date Idea: Star Gaze on The Beach





What's more romantic than lying under the stars with your boo? Pretty close to nothing! Summer is the perfect time to live out your dating fantasies, and what better way to do this than by star gazing at the beach?

Don't dress for a day to play in the sand, but instead wear some comfy clothes and bring a nice blanket to cuddle up in with your beau. It'll guard against the cool breeze that comes off the water at night, and it'll also be a good excuse for the two of you to snuggle closer.

Pack a bottle of wine and some dinner to create your own romance scene. You can even set the mood with some slow music or even a cute playlist that the two of you created together, some inscents,or even a few candles. Now tell me that doesn't sound like a story book ending!

And what better way to finish off the night than by wishing upon a star? Your wish may just come true, whether it be for true love or simply another date. If you feel like totally sweeping someone off of his or her feet, why not get a star named after them? That's a scene straight out of *A Walk To* 

Remember starring Mandy Moore.

No matter what you decide to do on a starry night, the most important thing you can do is embrace the love that is in the air and enjoy the person by your side.

Have any ideas of your own for a starry night? Comment below, and share with our readers.

## Brad Pitt Says Every Individual Has a Right to Marry





Brad Pitt, who once said in an interview that he and Angelina Jolie wouldn't get married until everyone had the same rights, gave a statement to *People* on the recent legalization of same sex marriage in New York. He said that although it's encouraging that New York granted equal marriage rights to its citizens, every American has the Constitutional right to marry whomever they love, regardless of the state they reside in. He believes that someday this discrimination will end and everyone will have the equal right to marriage.

What are the benefits of getting married versus just living together?

#### Cupid's Advice:

Ever wondered why getting married is important for some people? Believe it or not, people benefit more when they get married compared to just living together. Here are three reasons why:

- 1. Commitment: When you're married, there is a commitment to make your relationship work. However, when you're only living with your partner, there isn't a strong desire to make things work when an argument arises. It's easier to just give up.
- 2. Financially successful: When you're married, you share everything: furniture, food, etc. This means you'll save more money than you would if you were just living with your significant other.
- **3. Live longer:** Statistics revealed that married couples live longer than those who are single. Why? It might be because there is always a woman to take care of the man.

Why do you think being married is better than simply cohabiting? Let us know in a comment below.

## David and Victoria Beckham Celebrate 12th Wedding Anniversary





July 4th is a day of extravagant celebration that's incredibly hyped every year. Not only is it America's Independence Day, but it also marks the day that David and Victoria Beckham said "I do." This year, the couple celebrated twelve years of marriage. The soccer star told <a href="RadarOnline.com">RadarOnline.com</a>, "It's a special day for us, it always has been and always will be." The couple has all the more reason to be ecstatic, with a baby girl on the way.

How do you make your anniversary special after a number of years together?

#### Cupid's Advice:

Your wedding anniversary is such a special day. It's a commemoration of the meaningful moments spent between you and your partner and your future together. Here's how Cupid thinks you can make your day truly unforgettable:

- 1. Relive your first date: Rekindle the romance and go to the same place where you spent your very first date together. Relive the day that marked the first of many special moments together.
- 2. Make a wedding day scrapbook: Gather up all the photos from your wedding day and arrange them into an album or scrapbook. You can also add new images by going for an anniversary photo shoot. Mark the passing time with a smile.
- **3. Prepare free love coupons:** Be romantic and make some free love coupons to give to your partner on your anniversary. It's a sweet idea. Just be creative!

What are some things you can do to make your anniversary extra memorable? Share your thoughts. Don't be shy!

## Nick Lachey Explains Why He's Marrying Vanessa Minnillo on TV





It's official! Nick Lachey and Vanessa Minnilo have agreed to their wedding recorded live, have according <u>UsMagazine.com</u>. However, Lachey admits that having cameras at their wedding wasn't an easy decision. "We kind of wrestled with that for a while, for obvious reasons," he told reporters Saturday during his bachelor party at TAO in Las Vegas. "Having done reality TV in the past, I didn't necessarily want to jump right back into it without having thought it through to great length, and we did." A reason the singer agreed to have cameras on his special day was because they weren't going to stay there for long. "It's a one-off special; a chance to kind of have a great experience and a great moment in our lives documented on TV, and also for us, to have a great wedding video at the end of it," he said of their TLC wedding special, which will be broadcast shortly after the couple swaps vows.

What are the advantages of having your wedding recorded?

#### Cupid's Advice:

Your wedding day is special and is one of the most important days of your life. It's a day that couples want to cherish and what better way to do that than to have it recorded? Here's why:

- 1. Memories: Having your special day recorded means you'll be able to relive the moment over and over again. If things start getting tough, remind yourself about how happy you were on your wedding day.
- 2. Friends and family: You may not hang out with your friends and family as much as you used to, and a wedding video will allow you to see your loved ones all together on your special day.
- 3. Pass it down: You can pass your wedding video on to your children so they can see the day you were married.

Is there a specific reason why you or someone you know recorded their wedding? Let us know in a comment below.

## Nick Lachey Has 3-Day Vegas Bachelor Party





Nick Lachey, 37, had the luxury of having a 3-day bachelor party in Las Vegas this past weekend. And though "whatever happens in Vegas stays in Vegas" is the typical cliché that comes to mind, Vanessa Minnillo assured <u>UsMagazine.com</u> that this bachelor's party was far from *The Hangover*'s tumultuous adventure. Minnillo kept her presence known when Lachey received a black and red layered cake with a ball and a chain on top that was shackled to a mini Lachey's leg. It read, "Property of Vanessa."

## What are the perks of having a bachelor/bachelorette party in Las Vegas?

#### Cupid's Advice:

Bachelor/bachelorette parties are your last chance at splurging on fun before you're married. Celebrate for the moment, as well as for the future!

1. Money money money moonaay: Las Vegas is all about the green stuff. What's better than doing some legal gambling and winning money right before you get married?

- 2. Live entertainment: Not only do you have the joy of being with your longtime friends, enjoying old memories and dreaming about a future-to-be, but you have the entertainment of some of Vegas' most popular shows, like burlesque!
- **3. Food galore!**: What has high quality food, at affordable prices? Vegas. Vegas has it all. Check out the multiple buffets in all the casinos on the strip.

Have some memories of a bachelor or bachelorette party in Sin City? Share it with Cupid below!

# The Authors of 'The Little Black Book of Big Red Flags' Help You Avoid a Dating Disaster





By Tanni Deb

Ever had a relationship with a boyfriend that spent more money on himself than he did on you, expected you to pay (in full) while on dates, or constantly spoke about a past romance? You probably assumed you were both meant to be together — until he dumped you a few months later and you finally recalled the red flags in your relationship you shouldn't have ignored. According to Little Black Book of Big Red Flags: Relationship Warning Signs You Totally Spotted... But Chose to Ignore by Natasha Burton, Meagan McCrary and Julie Fishman, you aren't These three have all encountered several flags the only one. in their love lives and they're sharing their stories with Alongside their dating disaster tales, the book also vou. offers advice on how to handle similar situations and figure out what kind of relationship will make you happy.

While you might have disregarded that prickling sensation that your relationship is on the rocks, ignore no more. Read on for our author interview:

#### Why did you guys write this book?

Meagan: The three of us were sharing stories about exboyfriends when we came up with the general idea of "red flags" — those I-should-have-known-then moments we often dismiss. We figured that if we had so many over-the-top stories, women across the country would as well. The next step was to build a blog and find out.

Natasha: When we first launched the blog, we hoped to some day turn the material into a book of women's red flag stories, just because it really hadn't been done.

Julie: But after receiving thousands of submissions, we started to notice some trends in the types of big red flags being sent in. Simultaneously, readers began asking us for advice on what they should do in certain situations. We thought a book was the best way to share the stories and answer these questions. Plus, we knew we'd have a ball writing it.

On the website it says, "If you spot a red flag, the offense doesn't necessarily mean you need to kick the person to the curb..." After how many red flags should you break up with your partner and why?

Julie: There's no secret number: One really bad flag, like a man threatening to break up with you if you don't do things in bed that you've told him make you uncomfortable, may hold more weight than a series of smaller flags, like if he's sloppy or a momma's boy.

#### Do you think some acts — like cheating — should be forgiven?

Meagan: Really, it's up to the woman. There are no black and white rules for relationships, and if you try to impose them it's going to be a long, brutal journey. There are many couples who have worked through major issues, such as cheating, so to say such acts should or shouldn't be forgiven is irrelevant. But working through a red flag is very different from ignoring or not dealing with one because you

just don't want to break up. Our book really encourages awareness and sticking to what you know, in your gut, is right for you.

The book contains Red-Flag Rules, signs that tells you it's time to get out of a relationship. What kind of research was done in order to create these rules?

Natasha: After reading thousands of stories we've received from women as a collective group, we took some of the more prominent themes to create our rules — which can serve as a cheat sheet women can refer to as some of the most prevalent and egregious flags.

## What's the best advice you can give to those who have been in difficult, red flag relationships?

Julie: Using our book and your own dating experience, note the qualities you must have in a partner and the ones you will not stand for. Reflect on past relationships to determine what worked and what didn't. Then proceed with caution and don't settle for just anyone. There are tons of terrific guys out there, but you'll never find one if you don't know what you're looking for. Lastly, keep your head up — you may not have found your Romeo yet, but you're closer than you were yesterday.

Natasha: I'd say it's also important to recognize what your pattern is. Like, if you tend to date guys with emotional problems (the kind who need you to "save" them), you have to look at yourself and understand why you're attracted to guys like that. Only then can you have the self-awareness to start searching for the right kind of guy for you.

Meagan: I'd encourage people who have been in difficult relationships to work on their personal happiness and selfworth. While I don't think a person can't date while doing this, it's difficult to focus on yourself when there's a relationship to attend to. It sounds super cliché, but you

have to love yourself first, and once you're in a place where you don't need someone else to help you feel good, the guy who's right for you will typically come along.

Cupid thanks Natasha Burton, Meagan McCrary and Julie Fishman for their time! You can visit Amazon to purchase *The Little Black Book of Big Red Flags*. For more about the authors, check out their book trailer and visit their website at www.bigredflags.expandedapps.com.

### Nick Lachey and Vanessa Minnillo Want Kids Soon





It seems that Nick Lachey is another one of the celebrity hunks who would now like to be a dad. Lachey, who is in a relationship with Vanessa Minnillo, is looking forward to having children, one of the reasons being that his age is beginning to show no mercy. "I'll be 38 this year, so it's one of those things that I'm certainly behind the eight-ball on," he told *People*. Not only is a baby on his mind, but a wedding is as well. The ceremony, which will be a taped TLC special, will be a very special start to Lachey's dream of having a loving family.

#### What are the benefits of having children later in life?

#### Cupid's Advice:

Some people wait a very long time before having children, whereas others choose to have them early on. Cupid has some thoughts on why having children later in life may be a good thing:

- 1. Stability: If you wait a while to have a child, you will allow yourself to have grown economically, mentally and emotionally. You won't have to deal with the extra moodiness that comes with being a teen and the financial struggles that come with first jobs.
- 2. Youth: By putting off having children, you'll be giving yourself a chance to experience and enjoy your youth without having to sacrifice for someone else. You'll avoid "growing up too fast." Being young only lasts for a short time, so enjoy it while you can.
- **3. Fit as ever:** Saving a baby for later keeps your figure in shape while you're young. We all know the hassle of staying fit. Why not have nice bodies last while they still can?

Did you have a child later in life? Share your experience below.