

# Hugh Grant Has Baby Girl with Mystery Woman



British actor, Hugh Grant, welcomed a new addition to his bachelor life. In early October, his baby girl was born to a woman who has yet to be revealed. "He and the mother had a fleeting affair and while this was not planned, Hugh could not be happier or more supportive." Grant's rep told [UsMagazine.com](http://UsMagazine.com). The *About a Boy* star has never been married, but he admitted to *Vogue* in 2007 that he was ready for fatherhood, stating that he was "...quite keen to find someone else to care about more." The 51-year-old seems to have gotten his wish and, according to close sources, is extremely thrilled to accept the new challenge of raising of child.

**How do you make sure your child feels loved as a single parent?**

## **Cupid's Advice:**

Although you are not raising your child in an ideal situation, make it clear to them that just because Mommy and Daddy are not together does not mean that they are loved any less:

**1. Be there:** As the old saying goes, "Actions speak louder than words." Prove to your child that you aren't going to leave his or her side. Be at sporting events, musicals, recitals and art shows. Be as present as possible in your child's life.

**2. Get help when needed:** There's no doubt that being a single parent is tough. If your child's mother or father isn't in the mix, make sure to reach out for help from family and friends when you need it. It's much better than making your child feel neglected because you don't have enough time to dedicate to them.

**3. Tell them:** Let your child know that they are loved every single day, not only by you, but by your former partner and extended family.

**How do you make your child feel loved as a single parent? Share your experiences below.**

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# **Why Kim Kardashian and Kris Humphries Are Calling It Quits**



It was just a few weeks ago when over four million viewers tuned into E! to watch *Kim's Fairytale Wedding*, but it only took until the end of the month for the couple to split. They may have been newlyweds, but they were already bickering like an old married couple on the set of *Kourtney and Kim Take New York*. The fighting may have been too much for Kardashian, 31, who filed for divorce from Humphries, 26. After rushing their relationship with a quick engagement and wedding ceremony, along with the added pressures of filming the show, dealing with the media, and attempting to manage their busy conflicting schedules, their 72-day marriage has come to an end. "She rushed into it too fast," a source close to Kardashian told [People](#). "She's holding it together. It's insanely troubling and heartbreaking, but it's a decision she knew had to be made."

**How do you know when to call it quits in a marriage?**

**Cupid's Advice:**

Has staying true to your vows become a struggle? Here are some signs that it may be over:

**1. You're beyond annoyed:** If everything about your spouse irritates you and just the sight or sound of him makes you want to leave a room, it's not a good sign. If you find that all attraction has been lost emotionally and physically, you have to consider that you're no longer in a healthy relationship.

**2. You verbally assault each other:** As husband and wife, it is your job to support each other, but it can be difficult when every conversation turns into a fight. If you're frequently being critical and attacking each other's self-esteem with the goal to make your spouse feel dejected, then you've clearly lost respect for one another.

**3. You're miserable:** If you're unhappy with your spouse, and you feel like your life has hit rock bottom, it's time to move on. Get rid of the negative energy that's dragging you down, and don't let yourself become a prisoner to your own marriage. Regaining your independence may be the key to finding happiness again.

**Having thoughts of divorce? Share your comments below.**

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## **Ashlee Simpson and New Beau Spend PDA-Filled Night on the Town**



After her divorce from Pete Wentz in February, Ashlee Simpson is now in a new hollywood relationship with *Boardwalk Empire* star, Vincent Piazza. On a recent date, the two attended a charity event and then a prohibition party for the the television show. While Piazza's castmates mingled, the duo was busy cuddling up in the VIP area. An observer told [People](#) that the new couple were kissing and flirting until the early hours of the morning.

**What are some unique ways to spend a night out with a new crush?**

**Cupid's Advice:**

- 1. Comedy club:** Laughter relaxes everyone. A night at a comedy club will bring the two of you closer and will ease any nerves.
- 2. Jazz club:** Jazz clubs are full of romantic candlelight and music. Beyond feeling romantic, if you say something dumb or run out of things to talk about, the music will save you. It

beats going to an embarrassing karaoke bar.

**3. Cooking class:** Pick a dish that you're both clueless about cooking. If you're learning something new, then the date will be fun and full of bonding.

**What did you do on your first date with a crush? Share your experiences below.**

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## Communicate This: Signs That Kim and Kris were Doomed



By Roshini Rajkumar

Most people were taking bets on the marriage before Kim Kardashian walked down the aisle to Kris Humphries. But even Kim's most critical pundits raised eyebrows when word got out

divorce papers were filed so quickly after the extravagant wedding.

## **THE SIGNS**

You can find meaning in every visual, verbal, nonverbal, and physical cue. So I was not shocked to hear Kim and Kris would not live happily ever after. Let's start with Kris's last name, Humphries. For those who watch Kim's reality show, you know she waffled about whether she'd take Kris's name or not.

We witnessed fights she had with her mother who urged, if not demanded, her to keep her name as Kim defended her soon-to-be marriage and man. We even saw Kris acknowledging the name was Kim's tie to her late father. In the eleventh hour, Kim kept her own—much to what looked like the surprise of Kris—as the couple signed their marriage license.

## **BODY LANGUAGE**

Body language can say a lot about what's going on inside someone. Let's investigate their on-camera communication. Even as you look at Kim and Kris together, they are a mismatch—in size, in age, and in geographic demographic. All of these elements come across subtly and obviously when you watch their body language. These body language fractures were abundant in the days leading up to the wedding. From a cold wedding rehearsal and Kim pretending to be a runaway bride; and Kris needing to check his phone and text during these important preparations, their body language did not communicate, "Til death do us part."

## **VOCAL BEHAVIOR**

When you listened to Kim in the days leading up to her wedding ceremony, you heard a lot of complaints about Kris and how he wasn't helping with even small tasks for the wedding.

If you focus on how Kim delivered these rubs against Kris with her vocal behavior, you get a foreboding picture of



their future ahead. Subtextual messages are the messages we send beyond the words we speak. How Kim complained about Kris was just as significant as the actual content of the complaint. Recall the whininess in her voice. Then flash to Kris sharing his discontent when the couple reviewed their wedding reception seating chart. Exasperation is what you hear coming from Kris. The subtextual message there is: "Oh boy, will I ever be heard or respected in this relationship?"

He didn't have to say those words, but his vocal behavior, backed by his facial expressions, delivered that message.

## **PUBLIC EYE**

Though most people feel sympathy for anyone going through a divorce, it is challenging to feel sorry for this pair. Being hounded by paparazzi or having a reality show gets blamed for their eventual plight. But remember, they chose this life. Kim has built a mini empire around the visual that gets covered, photographed, Tweeted. No man or non-Kim-focused agenda is going to get in the way. Remember the cover of People magazine with Kim in a wedding dress? Where was Kris then? Now apparently, he's out of the picture for good.

*Roshini Rajkumar is a communication coach and author of book Communicate That, where she shares insider tips for dynamic communication and authentic presentations. Learn more at [www.communicatethatbook.com](http://www.communicatethatbook.com).*

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# **Pink and Carey Hart Enjoy Tacos with Daughter Willow**





Pink and husband Carey Hart found a way to have a date night and spend quality time with their daughter Willow at the same time: family date night! According to [People](#) Pink and Hart went to Dos Camino's in New York, where the singer is filming a movie, to enjoy tacos and beer while at the same time doting on their tiny daughter.

**What are some ways to include your children in date night?**

### **Cupid's Advice:**

If you have children, it can be difficult to balance time with your spouse and time with your children. Here are some ways to spend time with both:

**1. Go somewhere kid-friendly:** Children aren't always going to flourish in certain environments, especially if they're younger. If you have a young child, a romantic movie and an expensive dinner aren't exactly fun for them. An ice cream date at the par, or a nice taco dinner like Pink and Carey

Hart would be perfect.

**2. Relive your childhood:** Just because a place may seem more typical for a child to enjoy doesn't mean it's only for them. Places like amusement parks or miniature golf courses can be fun for both children and adults.

**3. Keep it simple:** There's no rule saying that date night has to be complicated or away from home. Plan a dinner date at home by having the kids eat earlier and then arranging for take-out. You can also let the kids suggest a date, as they'll get a kick out of it, and you'll be sure to have no complaints from them later.

**How do you include your children in your date nights? Share your experiences below.**

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## Celebrity Couples Who Could Use An Extra Hour of Sleep





By Melissa Tierney

Whether we like to believe it or not, celebrities are just like us. They have hectic work schedules, grueling chores, and, of course, families to take care of. These five celebrity couples have been keeping busy with their growing families, their newest endeavors, and their constant presence in the spotlight. Yes, maybe they have nannies, assistants and personal trainers, but these celebs could definitely use an extra hour of sleep like the rest of us!

**1. Mariah Carey and Nick Cannon:** Between building their corporate empires by launching a clothing and accessories line, going on comedy tours, and recording hit songs with major celebs like Nicki Minah, the pop diva and radio talk show host have been keeping busy. It's now even tougher for the two to have a romantic night to themselves: they have newborn twins, son Moroccan Scott Cannon and daughter Monroe Cannon, which they welcomed into the world on their anniversary!

**2. Kim Kardashian and Kris Humphries:** This couple have been grabbing media attention everywhere. With their recently announced divorce filing we wonder if it was all for the cameras? After all, Kim and her NBA beau Kris Humphries had

almost as much buzz about their wedding as did the royal wedding between newlyweds Kate Middleton and Prince William. Although Kim filed for divorce only 72 days after the marriage, Kris says he hopes to reconcile.

**Related Link:** [Kim Kardashian and Kris Humphries Won't Be Looking For a New Home](#)

**3. Britney Spears and Jason Trawick:** The pop princess and her former manager may have ended things career-wise, but their love life is still feeling the spark. Spears is busy with her *Femme Fatale* tour with rap singer Nicki Minaj, but she still has time to show her love for her beau. He was lucky enough to be in the center of the action on August 2nd when he was pulled on stage in Uniondale, NY by his talented honey. In addition to resurrecting her career, she is also caring for sons Jayden James and Sean Preston. This mommy definitely needs some downtime.

**4. Sarah Jessica Parker and Matthew Broderick:** Over the years, these love birds have remained rock solid and are keeping busy raising their twins, Marion Loretta Elwell and Tabitha Hodge, and son James Wilkie. The fashion icon and actress has been maintaining a hectic work schedule, gracing covers of magazines and promoting her new movie *I Don't Know How She Does It*, in which she plays busy mom, Kate Reddy, who is trying to stay afloat with her finance career and busy family life. Looks like the movies are imitating real life when it comes to Sarah Jessica Parker!

**Related Link:** [Sarah Jessica Parker and Matthew Broderick's an Introduction for a Lifetime](#)

**5. Brad Pitt and Angelina Jolie:** Between their six kids, acting gigs and philanthropic engagements, this duo does it all. Pitt recently starred in the blockbuster baseball movie, *Moneyball*, with Jonah Hill, and Jolie has been busy with her film directorial debut, *In the Land of Blood and Honey*. She is

also the United Nations High Commissioner for Refugees (UNHCR) Goodwill Ambassador when she's not directing/acting/mothering. This power couple definitely needs to catch up on some z's.

**Which celebrity couples do you feel need an extra hour of sleep? Share your thoughts below!**

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## **Jessica Simpson Holds Belly While on Walk with Eric Johnson**



Jessica Simpson's protruding belly have proved the rumors to be true. Although Simpson has continuously denied pregnancy rumors until recently, she was spotted holding her stomach while walking

with fiancée, Eric Johnson. The couple were seen by [RadarOnline](#) in Beverly Hills happily holding hands. Johnson walked with his arm around Simpson and helped her into the car. Between planning a wedding and a new addition to the family, the two have a lot to look forward to in the future.

**As a father-to-be, how do you protect the mother of your child during pregnancy?**

### **Cupid's Advice**

The best way for men to protect the mother of their child during pregnancy is to make sure that she's happy. An unhappy pregnant woman makes for an unhappy nine months for everyone surrounding her:

**1. Compliments:** With all the changes women experience during pregnancy, all they want to hear is that they are still loved and considered attractive. Make sure that you tell her she is beautiful on a regular basis. Even if she denies it, this still makes her feel good about herself.

**2. Food:** There's nothing a pregnant woman loves more than food. Keep her favorite foods stocked in the kitchen and life will seem easy for the time being. Be on call for random spur of the moment cravings, though!

**3. Be there:** Whether it's a doctor's appointment or simple quality time, as a father-to-be, it's important to let your partner know that you're there for them during this next step in life.

**How would you protect the mother of your child during pregnancy? Let us know below.**

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# Take a Walk on the Wild Side of the Caribbean



By Max Milano

It's that time of year again when the winter blues start to kick in and people begin to daydream of a tropical holiday vacation. Many of us push aside the idea of a Caribbean getaway because we feel that it's either too expensive or not a place for folks who are single. Well, if you think the Caribbean is for couples only or people with money, it's time to think again.

Following are some undiscovered destinations where singles and groups of friends can take a walk on the wild side full of rum, salsa, reggae and the real *Pirates of the Caribbean*. The best news is that these locations are all a fraction of the price.

**Old San Juan, Puerto Rico**



Puerto Ricans take partying seriously, and Old San Juan is stunningly beautiful. Surrounded by a fortified wall, it is one of the best preserved Spanish Colonial towns in the Caribbean. Narrow cobblestoned streets open into airy plazas where colonial mansions have been transformed into Nuevo Latino restaurants and trendy lounges. Stay at **Da House (\$80 to \$150 per night)**. It's a boutique hotel in the middle of all the action. Make sure that you sign up for the daytime salsa lessons at the Nuyorican Cafe downstairs, because once the sun sets, Old San Juan is the place to meet and mingle with beautiful people.

**Related Link:** [Madonna and BF Brahim Zaibat Vacation In ... Guéthary?](#)

### **Cartagena, Colombia**

Cartagena is the best kept secret of the Caribbean. This brightly colored Spanish colonial city knows how to party, while offering the best in regional Colombian food. Try the Aguardiente, Colombia's firewater moonshine, mixed in with fresh tropical fruits. The best clubs don't get going until 4 am and don't close until the sun comes out. Recover with a hearty fish soup and a cold beer under a palm tree. **The Hotel Casa la Fe (\$150-\$200 per night)** is a beautifully refurbished colonial mansion with shady interior courtyards and a refreshing pool.

### **Isla Mujeres, Mexico**

If Cancun is Spring Break central, Isla Mujeres is the thinking person's tropical party island. Reachable by water Taxi from Cancun, Isla Mujeres is a tiny island that is all about beach shack restaurants, turquoise water, powdery sand and wild nightlife. Go for an early swim, have some lobster or the catch of the day for lunch, and then a snorkel in the afternoon before the evening festivities. The lively beach bars on Isla Mujeres run the gamut, from reggae beach bum

joints to trendy Mexican cantinas. **Casa Sirena (from \$100 per night)** is a remodeled colonial home with ocean views. It's the perfect place to enjoy it all.

**Related Link:** [Real Housewives Stars Gretchen Rossi and Slade Smiley Go to Mexico](#)

## **Havana, Cuba**

With the gradual easing of travel restrictions, Havana is back on the American travel map (Canadians never stopped visiting).

Start your stay with a walk from the historical **Hotel Inglaterra (from \$65 per night)** to one of Ernest Hemingway's favorite Havana bars, La Floridita, for a cool daiquiri. Havana's restored colonial core is home to numerous bars and restaurants, including the world famous "La Bodeguita del Medio," perfect for that afternoon Mojito. Cuban music is best live, so reserve your spot at the Tropicana Cabaret for that Mambo Kings experience. Americans should check the state department website to learn how to book trips to Cuba.

## **Kingston, Jamaica**

Kingston Jamaica is not your typical Jamaican beach resort, but that is what makes it interesting. Visit Port Royal for the refurbished ruins of the original fort and docks of the real *Pirates of the Caribbean*. Hit Kingston's many bars, restaurants, jerk shacks and dance halls for Red Stripes, jerk chicken and wild times. Save some energy for a visit to the Bob Marley Museum or rent a car to drive up the Blue Mountains for the views and the coffee. James Bond fans may want to drive north to Ocho Rios to visit Ian Flemming's Goldeneye estate and stop by James Bond beach. **The Courtleigh Hotel and Suites in Kingston (from \$200 per night)** is the perfect base, with all the amenities you would expect from a business hotel.

## **Airfare Booking**

Are you sold on these affordable tropical destinations, but

not on the cost of airfare? The secret of scoring the lowest airfares during the holiday is to book early (no last minute deals here). While flying out on Dec 22-23 and returning on January 2nd or 3rd will probably be expensive (these dates sell out first), you may consider flying out on Dec 24 or 25th and back on Jan 1st to save some money. The best recommendation is to leave the week before December 20th. Fares usually remain low until Dec 18th – 20th and then go back down after January 7th.

The Caribbean is affordable and anyone can have a good time. It's not just for romance. The place is swimming with activities and parties for anyone who wants to soak up some sun and have an overall good time.

*Max Milano is an international travel expert with Vayama.com, the only online travel booking site focused entirely on international travel – airfare, hotels and activities. He's also the author of The Mechanicals Recoleta, which is available on Amazon.*

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## **Eva Longoria Is Not Dating Matt Barnes, Despite Rumors**





On Sunday, the *New York Post* claimed that actress Eva Longoria was getting romantic with L.A. Lakers forward, Matt Barnes. They cited a source who said that she seemed “very flirty” and had “a spark” with Barnes during a Thursday dinner in New York City. Although the article included a statement from Longoria’s rep who said the duo were only “friends,” she followed up on WhoSay, saying, “First Jessica Simpson, now this. Once again, press gets it wrong, matt barnes and I are not dating! We are doing a charity event together for Padres and Athletes vs Cancer.”

**Do you need to defend yourself if rumors spread about your personal relationship?**

### **Cupid’s Advice:**

You might’ve been told that when you ignore a rumor, it proves that it isn’t true. However, if you react to it, it’s a sign that you’re guilty. But when rumors spread about your personal relationship, it’s difficult to ignore. Here are some things to consider:

**1. Your feelings:** If the rumor will hurt your relationship, you may need to rise up and defend yourself. Doing nothing

might do more damage to your emotional state.

**2. Others in the rumor:** When the rumor is hurting the other person who was mentioned in it, make sure everyone knows the truth. There's no reason to let suffering continue when the rumor is a lie.

**3. Others' reputations:** Defend yourself if this gossip will harm reputations. People work hard to establish themselves as a certain kind of person, and ruining that based on a lie isn't right.

**How do you defend yourself if rumors spread about your personal relationship? Share your ideas below.**

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## **Kim Kardashian Files for Divorce From Kris Humphries**





After just 72 days of marriage, Kim Kardashian and Kris Humphries are getting a divorce. According to *People*, Kardashian filed for divorce on Monday. The fashion forward reality star recently denied rumors that her marriage was on the rocks. Now, she's listed the reason for the divorce as the Hollywood cliché, "irreconcilable differences." So why the breakup? A source says that the couple couldn't take the demands of being a reality TV couple. Producer Ryan Seacrest announced on his show that Kardashian got caught up in all that was going on.

**How do you keep from getting caught up in the fantasy of a relationship?**

#### **Cupid's Advice:**

- 1. Take it slow:** If your relationship is moving fast, take the time to stop and reevaluate. Don't rush into a marriage or committed relationship.
- 2. Too good to be true:** If you and your partner are madly in love and haven't had any problems, this relationship could be too good to be true. The truth is, if it feels that way, chances are it is. A little disagreement in a relationship can be a good thing.



**3. Take some time off:** Being around someone all the time can cloud up your perspective. It's okay to take some time away from each other once in a while, whether that means going out with friends or spending weekends apart. You'll come back refreshed and missing your mate.

**Have you ever had to end a fantasy relationship? Share your experience below.**

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## Movie Review: 'Jack and Jill' is Full of Family Fun



Adam Sandler is at it again! The comedic genius and actor has come out with a Thanksgiving family fun movie, *Jack and Jill*. Sandler follows in the footsteps of Eddie Murphy by



playing both the parts of Jack Sadelstein and his identical twin sister, Jill. Jack dreads when his needy sister, Jill, visits his family every Thanksgiving, because she always seems to ruin everything. Jack's wife (Katie Holmes) and kids, must deal with the sibling bickering. If Sandler can pull off Eddie Murphy's *The Nutty Professor* routine, *Jack and Jill* will have you laughing from start to finish.

## **How do you handle your partner's family feuds?**

### **Cupid's Advice:**

Dating someone means dating their family-espically during the holidays. It can be hard to know your place when your partner and his family feud over the dinner party. Here's how to be supportive of your partner without disrespecting his family:

- 1. Don't jump in:** Your partner will tell you if they need to tag you in on a family fight. Keep your thoughts to yourself, unless you're asked to share them.
- 2. If asked, keep it neutral:** When put in the middle of a feud, state facts that will make both sides happy. Never pick a side.
- 3. Don't play dumb:** If you get in the middle, don't walk away without attempting to help diffuse the situation. It may seem like minding your own business is a good idea, but your partner may lose faith in you, and his family may abandon their respect for you.

Release Date: Nov. 11

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# Elisabetta Canalis Describes “Father-Daughter” Relationship with George Clooney



*Dancing with the Stars* alum Elisabetta Canalis, who dated George Clooney for two years until their split in June, recently revealed some reasons behind her split with the actor, reports *People*. Canalis has been quoted in a *Questo Amore (This Love)*, a new book by Italian journalist Bruno Vespa, where she says she had a “father-daughter relationship” with Clooney. “[Clooney] has been special for me, and very important, just as a father would be,” said Canalis in the book. “Between us there was more of a father-daughter relationship.”

**How do you know when your relationship lacks a spark?**

## Cupid's Advice:

It's very common for your head to make decisions about relationships instead of your heart. Here are a few ways to know that your relationship lacks a spark:

**1. You're not excited:** After a few weeks of dating, some couples experience a slump in their relationship. However, for couples lacking a spark, this may never wear off.

**2. You prefer groups:** If you have more fun on group outings, like double dates or parties, than you do on one-on-one dates with your partner, then you should reevaluate your relationship.

**3. You rationalize:** If you find yourself supplying reasons why you should date your partner, then it's clear that your head – not your heart – is making decisions for you. Just because a partner seems like an ideal candidate on paper does not mean they're ideal in real life.

**Have you ever lost the spark in your relationship? Feel free to leave a comment below.**

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## Kelly Clarkson Wants Marriage and Four Kids





After just releasing her fifth album, *Stronger*, Kelly Clarkson was asked what she sees in her future. The singer expressed her hopes to be married with four kids someday. “I love what I do right now, but I live a very single life,” said Clarkson. According to [People](#), the singer also revealed once she has a family, her career will take a backseat. “I don’t know if I’ll retire,” she says, “but it won’t be as full-on. Obviously things will supersede music.”

## **What are some ways to attract a family man?**

### **Cupid’s Advice:**

If you want children, most likely you’ll want your partner to be a family man. Here are some ways to find one:

- 1. Be wholesome:** You don’t have to be completely conservative, but no family man is looking for a party girl. Work on being mature and handling situations in an adult way.
- 2. Financial stability:** Being in control of your finances will attract the type of partner who is looking to start a family. Work hard at your job, and establish a professional reputation.

**3. Find a new hangout:** Not finding a family man where you usually hang out? Switch it up. Perhaps give up the bar scene and start attending some community events.

**What is the best thing about dating a family man? Share your thoughts below.**

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## **Rumor: J.Crew Trendsetter Jenna Lyons Leaves Husband for a Woman**



Quirky J. Crew President/Creative Director, Jenna Lyons, who made headlines last spring after appearing in a J.Crew ad painting her son's toenails pink, is now fighting over custody and finances

during a divorce from her husband of nine years, Vincent Mazeau. With her \$5 million yearly salary and coveted townhouse in Brooklyn, it's no wonder finances are such an issue in this split. According to [People](#), Lyons is currently seeing Courtney Crangi, who runs the business side of her brother, Philip Crangi's, jewelry line.

**What are some ways to compromise on finances and custody during a divorce?**

### **Cupid's Advice:**

Hurt feelings are one thing, but finances can really make a divorce nasty. Here are some ways to deal with the money issue:

- 1. Work with the kids:** No matter what you do, work out your finances in a way that is best for the kids.
- 2. Getting the house:** It might be a good idea to sell the house and split the money evenly if you can't compromise about who gets it in the divorce agreement.
- 3. Personal wealth:** Don't make a divorce any messier than it has to be by going after the bank account and assets that are only in your partner's name. Only split up the wealth you share jointly.

**Should finances be split up evenly if one partner makes significantly less? Share your thoughts below.**

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# Would You Date a Single Parent?



By SMF Marcus

Osborne for GalTime.com

There are so many roadblocks to lasting, loving, relationships in our lives that I can't help but to cringe when I hear some of the dealbreakers that people throw up on those cockamamie love lists they construct.

Can't be black, can't be divorced, can't be under 6'1", can't make less than one-hundred grand a year, can't drive a hooptie (if you're unfamiliar with the term "hooptie" consult your urban dictionary) blah, blah, blah.

Why do we do it? What's worse, we often fail to acknowledge our own shortcomings as we judge the next person. Boy, we can be self-centered. But that's another story to be told another time. Some of these "*can't be's*" appear on these lists with



rather alarming regularity. Can't be divorced?? Are you kidding? Good luck with that one after age 30.

And there's such an overt bias against single parents or adults with kids from a previous relationship – wow! When you think about the debris of judgment these folks have to swim through in the dating pool on a regular basis, it boggles the mind. Why are they so persecuted? Why are they filtered out so quickly?

Yes, there's plenty of baby-mama/baby-daddy drama to spare in many a single mom/dad's world. But I'd submit that it's not always a nightmare. As a matter of fact, I'd say it's not nearly as awful a situation as we trick ourselves into believing it'll be. But since we only hear about the disastrous outcomes of single-parent dating, we assume it's the rule and not the exception. No one's more averse to drama than yours truly, but I'd at least take a chance before taking the blanket approach to all single moms.

Ok, so if the guy has 9 kids by 8 women or if she's got 5 kids by 4 guys, there may be some issues. I cede the point. But if you're really into a guy who has children from a previous relationship, why would you cut yourself off from him for that reason alone?

"Marcus, he was soooo great, but he's got a kid." I've heard this a million times, yet I still don't completely get it. And I'm uncertain which gender draws a harder line on kids. From my own, unscientific poll, it seems that guys are a little more willing to date a woman who has kids from a prior marriage or relationship – but I could be wrong.

*Mark this day on your calendar. Marcus Osborne said, "I could be wrong."*

I do notice a dramatic difference in the dating attitude of the men I know who have kids, whether their kids live with them or their exes. The single moms are quite often paralyzed

by the fear of rejection: “What guy is going to want to date a woman with kids?”

Should I even get into the whole “mother’s guilt” thing? You know, the idea that as a single mom the only thing you should be worried about is *being a mom*. The notion that the only way you can be a good mom is to forego a love life or social life until the kids are all grown up and out of the home.

Personally, I think that idea is great – in theory. In practice I think it often results in lives that feel incomplete. And how can your kids be happy if they see that *you’re* unhappy? Worse yet, they quite possibly could blame themselves for your unhappiness or loneliness. But hey, you’re a single mom, you don’t deserve to a partner, right?

On the other hand, the guys, though they may experience some trepidation about stepping into the dating world, seem far more willing to take their swings at love again.

I’m certainly not an advocate of having a bedroom with a rotating door. I think we’ve all seen and heard and learned enough to know that a single parent with a carousel of bed buddies probably isn’t good for the children’s emotional health and well-being. But tell me please, what’s wrong with a responsible single parent going out on responsible dates with respectable people?

How on earth is this a bad thing?

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## Chris Martin Calls Gwyneth

# Paltrow His “Beard”



Coldplay frontman

Chris Martin spoke about wife Gwyneth Paltrow on *The Ellen DeGeneres Show*, reports UsMagazine.com. “[Paltrow’s] been a great beard for me,” joked the musician, referring to how beards can be used to conceal infidelity or a person’s sexual orientation. Martin went on to joke about his troubles with women and his difficulty in forming relationships with those outside of his band.

**How do you keep from overshadowing your partner?**

## **Cupid’s Advice:**

When you achieve great amounts of success, it’s hard to keep your relationship healthy. Here are a few ways to avoid overshadowing your partner:

**1. Don’t boast:** It’s wonderful that you’re successful, but your partner will not want to constantly hear about your

successes. Keep boasting to a minimum, and remain modest.

**2. Make your partner feel special:** If you're frequently the center of attention, it may be time to make sure that your partner feels admired as well. Next time you are complimented, try to give your partner some of the credit.

**3. Don't be competitive:** You may be achieving more at the moment, but chances are that your partner will one day overshadow you. It is important to realize that everybody eventually gets their chance at success.

**Have you ever overshadowed your partner? Feel free to leave a comment about your experiences below!**

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## Kaley Cuoco Is Engaged to Josh Resnik





Get set for a *Big Bang* wedding! Kaley Cuoco, who stars on the award winning sitcom *The Big Bang Theory*, is getting married. The actress, 25, is engaged to addiction specialist, Josh 'Lazie' Resnik, her rep told [People](#). "The surprise proposal took place during a quiet date night at home," the rep said. "The couple are very excited to begin planning their wedding." Cuoco and Resnik have yet to set a date for their wedding.

**What are some ways to make an at-home proposal special?**

### **Cupid's Advice:**

Just because you're not in front of a crowd doesn't mean an at-home proposal can't be just as memorable. Cupid has some tips:

**1. Surprise your partner:** Slide the ring on her finger while she's still sleeping, and wake her up with breakfast in bed (a rose in a vase along with the eggs couldn't hurt). She'll wonder why you're being so cute, and then you can point out the ring on her finger.

**2. Be romantic:** Every girl dreams of their own fairy tale moments, and now is your chance to make one of them come true. Make a trail of candles and rose petals throughout your home.

First, lead her to a candle lit dinner for two that you spent hours preparing. For dessert, continue the path to your room and have notes along the way telling her how much you adore her. Once she's made it to your room, which should be the most romantic scene of all, be waiting for her in the doorway down on one knee.

**3. Involve the family:** Keep the gesture personal by proposing in front of her family. This is more intimate than popping the question in front of a crowd of strangers, and this way she still gets to steal the spotlight. She will love showing off her new bling, and it's a great way to surprise the family as well.

**Do you have ideas to share? Share your comments below.**

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## **Ben Stiller Says Jennifer Aniston and Justin Theroux Are Happy**





With all the flack Jennifer Aniston and Justin Theroux have been catching for their relationship, they do have some people in favor of their whirlwind romance. Ben Stiller spoke highly of the couple at the premiere of his movie *Tower Heist* on Monday. "They're both great people. I love them both," the actor told [UsMagazine.com](http://UsMagazine.com). Theroux is currently living with the former *Friends* star in her NYC penthouse. That said, no plans have been made to take the relationship any further. Aniston stated, "I've been married once and I don't know if I'll get married again." It seems that, for now, the couple are just simply having fun in each other's company.

**How can you tell if your friend is happy in their relationship?**

### **Cupid's Advice:**

If you notice your friend being positive and optimistic about life and love, they are definitely happy in their current situation. Acknowledge the small changes in their demeanor and personality:

**1. More smiles:** Whether it's giggling at a text or beaming just because, your friend is all smiles all the time. A grin



is an obvious indicator of happiness, and it's clear that their new love interest is to thank.

**2. Change in wardrobe:** If you notice your friend is wearing something a little more flirty and fun than usual, it's probably the result of a good new relationship. Satisfaction in love can easily seep in to other aspects of life.

**3. Simple statement:** "I'm happy in my relationshi." is a pretty clear sign that your friend is just what he or she said. Sometimes a direct statement shouldn't be questioned.

**What are some ways you can tell if your friend is happy in their relationship? Let us know below!**

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## **James Van Der Beek and Wife Are Expecting Second Child**





James Van Der Beek has recently announced that his wife, Kimberly, is pregnant with their second child, [People](#) reports. “Just when we thought we couldn’t feel any more blessed, it seems the universe has plans to give our daughter [Olivia, 13 months] a sibling,” the actor announced on Twitter. The former *Dawson’s Creek* star and his wife had their first child, Olivia, in Sept. 2010.

### **How do you prepare differently for a second child?**

#### **Cupid’s Advice:**

When you’re expecting your second child, you’ll have experience and knowledge on what to expect. However, there are a few things you have to prepare differently for when the newborn arrives. Cupid has some tips:

- 1. Organize:** Having to take care of two kids instead of one can be overwhelming. Your regular schedule, which includes sleeping, will change, so be prepared to create a new one.
- 2. Adjust:** Your first child will no longer be the only child. Explain to him or her what a great role they will now have as the oldest sibling, in order to prevent jealousy or resentment towards the newborn.

**3. Responsibilities:** Your responsibilities will increase when the new baby arrives. Make sure to decide ahead of time where your son or daughter will be sleeping, and have clothes and accessories ready.

What are some other ways to prepare differently for a second child? Share your thoughts below.

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## Frankie Muniz Is Engaged to Longtime Girlfriend



After a tumultuous four years together, Frankie Muniz and his girlfriend, publicist Elycia Turnbow are engaged! The young couple excitedly shared the good news through their respective Twitter accounts. "...Im so happy to be ENGAGED to the love of

my life @ElyciaMarie!!!” Muniz tweeted on Saturday. The couple have gone through their ups and downs, especially this past year when police were called to their home to investigate a domestic violence claim. According to Muniz’s rep, [People](#) reports, “It was a situation that escalated beyond a point that it needed to be.” Hopefully the two can put everything behind them and start fresh with this next chapter in their relationship.

**If your partner attacks you once, are they likely to do it again?**

### **Cupid’s Advice:**

It’s important to get your partner the necessary help if they do ever attack you. A situation such as this should not be ignored, because it can always happen again. Here are some things to keep in mind:

- 1. Counseling:** Speaking with a professional therapist should be an option for both you and your partner. Therapy can help determine the source of the anger that led to the violent situation.
- 2. Communication:** Instead of using your hands or objects to express your feelings, make it a priority to walk away if you feel the urge to get physical.
- 3. Other anger outlets:** If anger is a problem for you or your partner, find other outlets to release stress such as going to the gym, running or something healthy that will calm you down.

**How do you avoid violent situations with your partner? Let us know below.**

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# Cougar Dating Love Lessons Even Demi Moore Can Use



By Lucia

It looks like there's trouble in Cougar Paradise for Demi Moore these days. Her husband of six years, Ashton Kutcher, has recently been accused of infidelity. Though many people assume a split is inevitable, Demi was recently spotted on the red carpet still wearing her wedding ring.

A "cub" that strays can be devastating for Cougars (or for any woman for that matter). While dating a younger man can lead to an extremely fulfilling relationship, there are sticky areas that partners of the same age may not face. This relationship comes with its own set of guidelines, and the good news is that the challenges are usually due to the older women's own self-sabotage and not the younger man's motives. Yes, that's a positive thing since most of this can be avoided with a little insight and guidance.

Below are a few love lessons that any Cougar (including Demi) can learn from in order to have a healthy relationship, no matter what the age difference:

**Don't Be a "Know-it-all":** Just because you're older, that doesn't mean you know everything. If you're controlling and don't give your partner room to express himself or allow him to feel like a man, you'll immediately become less attractive in his eyes. He's with you because you're smart, confident and he feels amazing being around you. If you make him feel emasculated, you will become his mother instead of his lover.

**"Sugar Mama" Trap:** You may make more money than your lover, but that doesn't mean you always have to pay. He's still a man, and men instinctually want to provide. It makes them feel good. Don't make the finances your sole responsibility. If you do, you're setting yourself up to be used.

**Underestimating Your Cub:** Being younger doesn't mean that your partner isn't knowledgeable about things that happened years ago or that he can't appreciate your past experiences. Nowadays, people of all ages are savvy – sexually and otherwise. So stay away from any reminders that make your partner feel like he has a lot to learn or isn't up to your level of sophistication, such as "When I was your age" or "You're too young to remember." He knows there's an age difference; there's no need to keep reminding him.

**Younger Women are NOT Your Competition:** He's with you *because* of your age, not *despite* it. You have many things to offer that women his age don't, such as knowledge, wisdom, life experience and most all, no drama. Acting like you're in your twenties to attract or keep a younger man is a turn off. He expects you to be more mature and sophisticated. If he wanted to be with someone who was born in the same year he was, he would be.

**Ignore the Scornful Stares:** Even though others may have issues with you dating someone much younger, it doesn't mean you aren't in love. It means your man finds you attractive and interesting – and that's certainly nothing of which to be ashamed. After all, a big majority of men date younger women. It's time we got rid of the double standard!

*Lucia is an internationally known dating/relationship expert and TV personality specializing in Cougar relationships. She hosts "The Art of Love" on L.A. Talk Radio, is the author of "Lucia's Lessons of Love", a keynote speaker and a syndicated columnist. She hosted "The Art of Love" TV show for 3 years in Los Angeles. Lucia has also been featured on over 100 radio and TV shows including "Dr. Phil", "The CBS Early Show", "60 Minutes Australia", "The Tyra Banks Show", "E! Entertainment", "Good Day L.A.", "Playboy Radio", "Cosmo Radio" and "Fox Sports Radio".*

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## Robin Williams Ties the Knot for the Third Time







Robin Williams has found the love of his life ... for the third time. Williams, 60, made it official by tying the knot with Susan Schneider on Sunday at the Meadowood Resort in Napa Valley, California. Even though Williams swore he would never remarry after divorcing his second wife in 2008, the comedian has found love with Schneider, a graphic designer. According to RadarOnline, the two met right before Williams underwent heart surgery in 2009. While taking care of the actor, Schneider managed to mend *and* win over his heart.

**Why are men smitten for women who take care of them when they're sick?**

### **Cupid's Advice:**

Men can become big babies when they feel under the weather. From a small cold to a major health issue, they often cling to the women in their lives to care for them. The next time you feel overwhelmed or annoyed while looking after your sick partner, remember why he adores you as his private nurse:

**1. He trusts you:** Your man trusts you enough to put down his guard and act like a sick baby. Although it can be too much at times, remember how comfortable he is with you.

**2. His mother:** The truth is, your guy loves you to take care of him because his mother used to do it. Obviously he cares for you in a different way, as well, but men tend to be attracted to women who remind them of their mothers.

**3. You stick by him:** Even though being sick gets him a free pass to be immature and demanding, your partner is really able to see that you're in the relationship for the long run, through sickness and health.

**Does your guy put on a show when he's sick? Share your stories below.**

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## Justin Bieber and Selena Gomez Adopt a Puppy



Justin Bieber and

his Disney-actress-turned-pop-star girlfriend may not be ready for human children, but they're ready for the pet variety. The couple recently adopted a puppy from D'Arcy's Animal Rescue Centre in Winnipeg, Canada, while on tour for Gomez. They chose to name the blue-eyed husky mix, Baylor. "It was nice that they thought of the animals and came to visit our shelter while they were on tour," D'Arcy, the owner of the shelter told [E! News](#).

## **What are the advantages of raising a pet together?**

### **Cupid's Advice:**

Taking care of a pet is no easy feat, but it does come with some valuable lessons and perks. Here are a few:

**1. Prep for kids:** If you're considering having kids at some point, but are a little bit hesitant, consider bringing a pet into your family. It'll definitely teach you about the responsibility that goes into having another living thing to care for in your family.

**2. Reliability and trust:** Caring for a dog can teach you to rely on each other in a relationship. You'll also find out if your partner is capable and compassionate.

**3. Sharing responsibility:** If you're raising a pet with your significant other, you can both do the duties that go along with it. You can take turns walking a dog or cleaning a litter box. It's less work for you both.

**What are other advantages of raising a pet as a couple? Share your ideas below.**

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# Nicole Scherzinger and Longtime Beau Call It Quits



After four years, former Pussycat Doll Nicole Scherzinger and Fitness One driver Lewis Hamilton have decided to call it quits, according to [RadarOnline](#). The duo met in 2007 at the European Music Awards, but their careers have kept them apart during most of the relationship. Scherzinger is currently a judge on the *X Factor* and is Hollywood-based, while Hamilton lives in Switzerland. A source confirms the split, saying, "So for now it's over. They think this is what's best."

**How do you keep distance from breaking up your relationship?**

## **Cupid's Advice:**

There's no doubt that being apart for extended lengths of time while you're in a relationship is tough. Here are some ways to make it easier:

**1. Use new technology:** Now you talk to your significant other face-to-face every day if you wish, whether that means using Skype or Facetime on your iPhone. Make the distance a minor inconvenience instead of a deal breaker.

**2. Consistently meet up:** You can't be a couple and literally *never* see each other. Whether you travel to see your partner once a week, once a month, or every few months, it's important to make the effort to spend real time with your partner on a consistent basis.

**3. Do things together:** Yes, you're clearly not together, but that doesn't mean you can't do things together. Instead of just talking on the phone, watch a TV show or movie simultaneously. Call it a virtual date.

**What are ways to keep a long distance relationship healthy? Share your ideas below.**