

Date Idea: Take a Trip Down Memory Lane



By [Marissa Donovan](#)

Some of the sweetest memories between two people come from the very beginning of their relationship. This weekend, plan a [date night](#) centered around all of your first experiences as a couple. It will be an evocative reminder of why you're together and how far you've come.

Walk down memory lane as a couple!

Relive that special moment by visiting the place where you met. If you were introduced at a bar, go back and order the same drinks. Wear the same outfit you wore on your first

date, if possible, or simply grab a bite to eat and recall what attracted you to one another.

Related Link: [Relationship Advice: Plan a City Scavenger Hunt](#)

Take some time to plan out the evening by revisiting the same restaurant, club, or venue that ignited the initial spark before you two became an item. Put on your best dress, have your partner pick you up, and get to know one another all over again. You're bound to feel those familiar butterflies, rekindling your romance once more.

Related Link: [Date Idea: Go Back to College!](#)

No matter where you met, engage in activities reminiscent of your vibrant beginnings as a pair.

Have you relived old memories with your long term love? Do you have a great first date story? Give our readers [relationship advice](#) on how to relive memories in the comments!

Date Idea: Lift Your Love To New Heights





By [Marissa Donovan](#)

There's no reason for your next date to be grounded when there are so many unique options hanging just above your head. For an incredibly memorable day together, take to the open sky with this [date idea](#).

Let your love literally soar to new heights.

Some hot air balloon companies offer romantic packages that include champagne and a candlelight dinner. Taking off just before dawn or right after dusk is usually the best time to travel.

Related Link: [Date Idea: Take a Risk and Be Daring](#)

Is seeing the world from a panoramic, 3,000 foot floating perch not your thing? Maybe being in an enclosed helicopter will do. For those couples who are feeling particularly adventurous, you may want to look into sky diving packages. This may be something you've always dreamt of doing but didn't

know who to invite along. Now is the perfect time to ask your partner! Remember to purchase a video to recount your moment in flight for years to come.

Related Link: [Date Idea: Get Close with Nature](#)

If being in the open sky doesn't feel safe enough, tall and towering skyscrapers provide views and experiences that give you the best of both worlds. There are usually wonderful restaurants and bars on top, like the Seattle Space Needle's Sky City, and 230 Fifth's Rooftop Garden in New York City. Enjoy a quick bite or cocktail while taking in the cityscape, especially at night as the lights illuminate around you. If you don't live near a city, go on a hike to the tallest summit you can stomach.

Related Link: [Enjoy the Outdoors With This Challenging Date Idea!](#)

Let the landscape take your breath away while enjoying a mountainside picnic with your sweetie. The possibilities are endless when the sky's the limit.

What risk taking date nights have you experienced? Leave your memories and [relationship advice](#) in the comments.

Date Idea: Gift Him with a Guys' Night Out for Sports





By [Marissa Donovan](#)

Whether he's playing video games or watching his favorite team, you know how your boyfriend or husband wants to spend his spare time. Instead of dragging him to go shopping at the mall, gift him with a night that will take your love to new height. Try this weekend [date idea](#) and have a blast!

Plan a guys' night out with your partner!

Do your part by researching the team and the players. Add in a few statistics and you will be sure to impress him. If your partner enjoys a sport that's featured on a premium channel, like boxing, order it and invite his friends over to watch it too. You could even contact a restaurant in your area to find which spot will be broadcasting the main event.

Related Link: [Date Ideas: Become a Football Fanatic](#)

If you really want to shock him purchase two unexpected tickets so he can watch his favorite team live. Don't tell him

where you're headed and watch his eyes light up as you reach the stadium. A few hotdogs and a clear view to the field will make his day and spark the romance.

Related Link: [Weekend Date Idea: World Series Weekend](#)

Trips to the batting cages, put-put golf and trivia night are other great television-free options for your [date night](#). Let him know that you're as laid back and fun to be around as his guy friends.

Have a great idea for a perfect guy's night out together? Dish your [dating advice](#) in the comments below.

Relationship Advice: What To Do When You're No Longer In Love?





By [David Wygant](#)

This could be the easiest question that I could ever answer for anyone. What do you do when you're no longer in love? Here's what the typical person does. They stay in the relationship. That's right. 80 percent of the people that are no longer in love stay in the relationship for an endless amount of time because they feel guilty that they actually no longer love their partner. So they'll sign up for a life of misery in order to protect their partner's feelings. When in reality it's ridiculous because if you're miserable and you don't even love your partner anymore, your partner is definitely feeling that on so many different core levels. The two of you can just sit around the house, make each other miserable. Sleep in the same bed or separate rooms. Never touch one another, never have sex, but yet stay together for the sake of the children. Or stay together for the sake of not wanting to hurt someone instead of confronting relationship problems head on.

Dating Advice That Will Help You Deal With The Partner You No Longer Love

Although I'm now a [relationship expert](#) and matchmaker, I also reacted the same. I remember a long time ago I was no longer in love with somebody that I was with. I hovered in that relationship for at least a year before I finally had the guts to end that relationship. What did I do? I basically took a year of someone's life away from them. That's right, you're a life stealer when you don't have the guts to go and literally talk to somebody about the way you're feeling. And being a life stealer is one of the worst possible stealers you can possibly be. Because in life, when we die, all we ever wish for is more time. Basically you're taking somebody's time away from them.

Related Link: [Dating Advice: Should I Drop All The Other People I'm Interested In?](#)

So here's my [relationship advice](#). If you're no longer in love with somebody you need to really – well first off, maybe get coaching or maybe some therapy to figure out what it is you fell out of love with. But it's important to take responsibility for your feelings, own your feelings. Own who you are as a person so you're no longer hiding behind the fear. Then, you need to let that person go. Sting said ever so wisely in a song, "when you love somebody, set them free." You once loved this person. You no longer do. So set them free so they're able to literally go on and have the life they're looking for. The longer you keep them in this relationship because the feelings of guilt and fear of being honest or breaking up, the longer you're going to – well literally, increase the anger that's going to come out of them. Have some guts. Tell somebody what you really think when you're no

longer in love. It really is that clear.

David Wygant is an internationally-renowned dating and relationship expert, author of the book Naked, and speaker. Through his boot camps, personal coaching, and his [website](#), his love advice has transformed the relationships and love of hundreds of thousands of people from every corner of the globe.

For more expert relationship advice from David, click [here](#).

Date Idea: Stay Indoors



By [Marissa Donovan](#)

We've all had one of those days where we just want to stay home and do absolutely nothing. Of course you've been looking forward to going on that special date with your significant other, but after a stressful week, you'd rather stay indoors and just relax. Well, why not do both?

Experience a fun night indoors with your partner!

Invite your significant other over your house and spend time together there. Spend the night playing card games or play video games. To make things interesting, create your own rules. Come up with penalties for the loser and prizes for the winner. Show off your competitive side!

Related Link: [Weekend Date Idea: Game On](#)

If you run out of games to play, take out a puzzle you've never been able to complete. Sit down with some coffee and sweets as both of you attempt to put the pieces together. There are also puzzle apps you can download on your phone in case you don't own one to solve together.

Related Link: [Date Idea: Enjoy the Snow from Indoors](#)

After you solve your puzzle can settle down in front of the TV with a bowl of popcorn with your partner. There's many other ideas for a fun night indoors. Make sure to have fun and stay warm!

Have a favorite indoors date of your own? Comment below and share with our readers.

Date Idea: A New Kind of Valentine's Day Date



By [Marissa Donovan](#)

Valentine's Day is right around the corner. Cupid can help you plan out an unforgettable day!

This year's holiday can be all about creating an original love story.

It's okay to be single on Valentine's Day! Go out and hit the town with other single friends or family members. Splurge on yourself and get a haircut or a new outfit for the night.

Celebrate the day by loving you for you!

Related Link: [Dating Advice on How to Meet Someone for Valentine's Day](#)

For those in a happy relationship, surprise your partner with a homemade gift! Your partner will appreciate the time and effort you took to make the gift. A framed photo or something that references one of your inside jokes as a couple will be more meaningful than flowers.

Related Link: [Relationship Advice: "Don't You Dare Valentine Me"](#)

It's all about creating lasting memories that you can smile about later. Whether you're single or in a relationship, make sure you're having a fabulous Valentine's Day!

Do you have any creative date ideas for Valentine's Day? Comment below, and share with our readers.

Celebrity Break-Up: Aaron Rodgers Still Isn't Talking to Family Post-Split from Olivia Munn





By [Marissa Donovan](#)

NFL star Aaron Rodgers is continuing his silent treatment with his family, even after breaking up with Olivia Munn. The conflict between the family is said to have been caused by their dislike for Munn. Sources spoke with [UsMagazine.com](#) and shared that his family believed Munn was controlling during their three years as a [celebrity couple](#). Since the split, Rodger has been visiting L.A. to hang out with friends. Hopefully the family can reconnect soon!

This [celebrity break-up](#) didn't help matters with Aaron Rodgers' family relations. What do you do if your family doesn't like your partner?

Cupid's Advice:

We all want are family to love and respect our partner as much as we do. Here are some tips to fix the bad blood between your

relationship and your family:

1. Spend more time together: The key to showing the best side of your partner is to let others see what you appreciate about them. Make an effort to have a family meal or a game night together. Your partners charming traits will show during a round of Scrabble or dinner conversation.

Related Link: [Dating Advice: 7 Reasons to Get in Good with Your Partner's Family](#)

2. Discuss problems together in private: Get everyone in the same room and have an open dialogue. This tactic may nerve-wracking, but your family and partner will be able to acknowledge each other's problems and find a resolution.

Related Link: [Relationship Advice: 5 Ways Therapy Can Help Your Relationship](#)

3. Look at the conflict from multiple perspectives: You've heard what your family and partner have to say about each other. Now let's take every word into consideration. Is my partner controlling? Is my family too closed-minded? If the rivalry can not be fixed and the relationship is putting a strain on your family ties, then you should see other people.

Do you know how to keep the peace between your family and partner? Leave your advice in the comments!

Dating Advice: 5 Signs He's Falling for You!



On this week's episode of *Single in Stilettos*, founder and matchmaker Suzanne Oshima talks to relationship expert Tinzley Bradford to offer their [dating advice](#) on how to figure out if he's fallen for you. Discover how you've become irresistible to your man with the following dating tips!

Dating Advice That Will Help You Find Out If Your Guy Has Fallen In Love

1. When he shows you he cares. You know a man is falling for you when he makes sure you know he was thinking about you. Whether it was a good morning text or a phone call later in the day, he puts in effort to show you he cares. So bask in the attention he's giving you, it'll feel nice.

Related Link: [Dating Advice: 5 Things He Must Have](#)

2. He vocalizes his feelings. And you know for sure he's falling for you when he takes the time to say that he is. A man that isn't afraid to open up and show his vulnerable side is someone that's worth holding on to. However, you also need to make sure his actions also match his words.

Related Link: [Expert Dating Advice: Signs That He's Not Interested in You](#)

3. He'll remember little details. It's a great sign when he shows that he listens to you. You need to appreciate the effort a man puts into committing aspects of your life to memory. He wouldn't be doing that if you meant nothing to him. Aside from that, he also wants to impress you by showing he remembers.

Related Link: [Expert Dating Advice: How to Be a Smarter Dater](#)

4. People in his circle know you. A man is not going to introduce you to his family and friends if he doesn't like you. So take note if the people in his life know about you, or if he's making it a point to invite you to social events. If he wants the world to know that you're both an item, then he's definitely fallen for you.

Related Link: [Dating Advice: Do I Need to Be Happy Before I Can Be With a Man?](#)

5. He's talking about marriage. If you hear him talking about marriage after spending some time together, then he's fallen for you. Men don't have these serious conversations with just anyone. He's having these talks with you because he's picking your brain and making preparations for a future.

For more relationship advice videos and additional information Single in Stilettos show, click here.

For more videos from CupidsPulse.com, check out our YouTube

Dating Advice: The One Thing Men Want More Than Sex!



On this week's episode of *Single in Stilettos*, founder and matchmaker Suzanne Oshima talks to relationship expert Jed Diamond to offer their [dating advice](#) on how to figure out what men want in a relationship more than sex. Learn how you can attract and satisfy a lifelong partner with the following dating tips!

Dating Advice That Will Reveal What Men Really Want

1. Want a safe harbor. Living in the world can be tough. It can be competitive and stressful. This is what makes men want security in a relationship. More than anything else, a man wants to be nurtured and taken care of physically and emotionally. So give your man the same love you want to feel.

Related Link: [Dating Advice: What You Don't Know About Men!](#)

2. Show him acceptance. A man doesn't want to be criticized all the time and feel like he's not enough for you. Constant nagging and asking for change is a form of rejection. So make sure your words are constructive, and let your man know you appreciate him for the person that he is, flaws and all.

Related Link: [Dating Advice: The Biggest Turn On's for a Man](#)

3. Be able to love yourself. Oftentimes, people go into relationships with baggage. This is especially true when it comes to women. If you want to have a successful relationship, you need to know how to leave a painful past behind you. A man wants to support you, but he won't be able to if you have walls built up.

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Celebrity Wedding: Nelly Explains Why He's Only Getting Married One Time



By [Marissa Donovan](#)

Nelly recently shared his thoughts on marriage and commitment with [People.com](#). “For me, it’s more important to die married than to have been married and it didn’t work out,” he said. The rapper takes marriage very seriously and wants an everlasting romance. Nelly is currently dating Shantel Jackson, but they will not be saying “I do” anytime soon. Time will tell if we hear [celebrity wedding](#) bells for this [celebrity couple](#)!

There's no celebrity wedding planned for Nelly, but if there ever is, it'll be a one and done. What are some ways to know you're in a lasting relationship?

Cupid's Advice:

Have you been dating someone for a long time and find yourself wondering if it will last forever? Check out our [dating advice](#) to see if you're in a lasting relationship:

1. You both bring the best out of each other: Family and friends will be the first to notice a certain boost in your mood when the other person is near. You will even notice that your personal weaknesses will improve when they're around. If you can bring the best out of the person you're dating, there's a good chance it will last forever!

Related Link: [Celebrity Couple News: Pink & Carey Hart Are 'Solid' After Two Breaks from Their Marriage](#)

2. You both enjoy each other's company: Are there rarely dull moments during a [date night](#)? Can small tasks such as doing laundry be less of a chore when you tackle it as a team? Are you comfortable sitting in silence together? If you can answer yes to all of the following questions, you should probably consider taking your relationship to the next step!

Related Link: [Celebrity Couple: 10 Reasons Chrissy Teigen and John Legend are Relationship Goals](#)

3. You have faith in your future together: Cold feet can be common for those who are hesitant to fully give their commitment to the relationship they're in. If you have already overcome obstacles as a couple and promise to help each other

in the future then you probably found your lasting relationship!

Do you know of any lasting relationships worth sharing? Leave your lasting couple story in the comments for us to see!

Date Idea: Give Thanks to One Another



By [Melissa Lee](#)

It's that time of year again. It's time for family, friends, and slaving over a hot stove.

Are you a newlywed worried about preparing your first Thanksgiving dinner? Don't worry, you're not the only one! Cupid's got you covered, and you may be able to make this into a date idea.

First you have to determine how many people you'll be entertaining. Try checking out some recipes for large groups of people. These recipes will make it very easy to cook for a crowd. For a small, intimate crowd, try some unique appetizers that will fit perfectly on a small side table, like cheese fondue.

Related Link: [Date Idea: Mexican Cooking Classes: Spice Up Date Night](#)

Too lazy to cook? Don't worry. Many food stores sell ready-to-go Thanksgiving dishes. If you live in the Manhattan area, be sure to consider these marketplaces.

Related Link: [Date Idea: Give Thanks For Your Health](#)

After the meal, when all waistbands at the table are comfortably tight, be sure to have a dessert prepared. If you want to stay traditional, be sure to have the all-American pumpkin pie waiting in the oven. For those who don't have a taste for pumpkin pie, try having an assortment of cookies, brownies, and ice cream on standby.

Have any romantic Thanksgiving recipes to share? Comment below and share with our other readers.

Date Idea: Pretend You're a King and Queen



By [Melissa Lee](#)

With another potential royal wedding coming down the line, there's no better time to go on a date that makes your partner feel like a king or a queen.

Enjoy living like a king or a queen

for the weekend with these date ideas.

One of the most classically royal things to do is to attend a ball. It doesn't have to be Cinderella-level on decadence, but with the holidays approaching there are plenty of charity balls and events from which to choose. Some are invite-only, but others only require a donation for a seat. It's the perfect excuse to get all gussied up, and it's for a good cause, too! Cities like Chicago and Boston have a bunch this holiday season!

Related Link: [Date Idea: Pop The Cork!](#)

While you likely won't be able to get to the ball in a horse drawn carriage, you can take a ride in one afterward. Central Park in NYC is famous for its horse-drawn carriage rides, but many other city parks offer them as well.

Related Link: [Date Idea: See Sparks Fly](#)

For a more cost-effective royal feeling, take a tour of the nearest high end jewelry store near you. Tiffany's or Cartier will work, but remember you're just there to browse – unless you actually are a royal, in which case, buy away!

Related Link: [Date Idea: Stroll Through a Museum](#)

If you're really in the monarchy spirit and feel like helping a good cause, check out a showing of the [Great Orchestra Christmas Charity](#).

Have a date that made you feel like king or queen of the world? Comment below and share with our other readers.

Date Idea: Early Morning Ideas



By [Melissa Lee](#)

Ever hear the expression, “The early bird gets the worm?”
Well, it’s true in love as well!

This weekend Cupid has some date ideas for the early morning riser

who wants to get a head start on love.

There's no date more romantic than a hot air balloon ride.

With daylight savings now in place, we all get an extra hour of sun in the morning, and you can soak it up with your favorite loved one. This date is best at sunrise, but can also be taken at sundown, too. Any time of day, the views of all landscapes will be great as fall colors will be ablaze beneath you.

Related Link: [Date Idea: Stroll Through the Farmer's Market](#)

For a more cost effective date, there's always breakfast. But don't go out to any old pancake house. Stay in and make breakfast together! Watch an early morning classic like "The Breakfast Club," or skip the news in favor of a more comedic take with *Anchorman*. Nothing starts the day better than mixing things up a little bit.

Related Link: [Date Idea: Run in the Name of Love](#)

Either one of these can be followed by an early morning walk; just the two of you, before the rest of the world is awake.

Have a favorite morning date tradition of your own? Comment below and share with our other readers.

Celebrity News: Bella Thorne

Says Cannes Isn't for Her After Scott Disick Hookup



By [Whitney Johnson](#)

And just like that, it's over. According to [UsMagazine.com](#), Bella Thorne is over Cannes, France after [Scott Disick](#) was spotted kissing his celebrity ex Chloe Bartoli. The actress tweeted, "Yo this #cannes fancy life isn't for me." As previously reported in [celebrity news](#), Thorne and Disick were first seen at dinner in Los Angeles before they took their budding celebrity relationship to Cannes. There, they packed on the PDA and got cozy poolside. Interestingly, according to past celebrity news, Bartoli is the same [celebrity ex](#) that led to Disick's split from Kourtney Kardashian in July 2015.

In celebrity news, that was certainly a short celebrity relationship! What are some ways to know quickly that a relationship is not for you?

Cupid's Advice:

Some relationships aren't meant to last forever; instead, they're just casual hookups, like Thorne and Disick's fling. So how can you quickly know that a relationship isn't for you? Consider this dating advice below:

1. There's only physical attraction: Sure, physical attraction is important in a relationship, but it can't be *all* that the two of you share. As Thorne and Disick showed us, making out will only get you so far! You need to connect intellectually too.

Related Link: [Find Out What's Going On with Former Celebrity Couple Kourtney Kardashian & Scott Disick](#)

2. You don't want the same things: If you and your partner don't want similar things for the future, chances are, your relationship will amount to nothing more than a short-lived fling. In this celebrity relationship, it was rumored that Thorne was just in it for the media attention.

Related Link: [5 Celebrity Couples Who Look Hot At The Beach](#)

3. You have a feeling something isn't right: Listen to your gut! Deep down, you'll know if someone isn't right for you. If you have a feeling that your relationship won't last, pay attention to it, and move on.

What are some other ways to know that a relationship isn't for

you? Tell us in the comments below!

Dating Advice: What You Don't Know About Men!



On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert Robert Manni to offer their [dating advice](#) on how to figure out what men do and don't want in a partner. Learn how you can attract a lifelong partner with the following dating tips!

Dating Advice That Will Reveal Male Secrets

1. Want you to win. Men want to see women actualize their dreams in personal and professional settings. They're supportive and want their partner to be happy when it comes to love. Don't be misled by aloof behavior. If you're both in a committed relationship, he cares about you more than you realize.

Related Link: [Dating Advice: Who Should Pay For a First Date?](#)

2. Sports win their heart. You can really get to know a guy when it comes to sports. Most men are interested in some type of sport, so get involved in his interests if you also like sports. If you can't bring yourself to enjoy sports, then give him time to engage in his own sport-like hobbies. Don't limit him from things that bring him joy.

Related Link: [Dating Advice Q&A: Am I His Catfish?](#)

3. Guys can't read signals. More often than not, men are blindsided by breakups. The reason for this, men are bad at reading signals of a strained relationship. Men aren't mind readers, so if you're unhappy, you need to express this at some point. This way your man can work with you to fix the problems you're experiencing.

For more relationship advice videos and additional information Single in Stilettos show, [click here](#).

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Dating Advice: Should I Drop All The Other People I'm Interested In?



By [David Wygant](#)

This is always a controversial subject, especially in today's modern "swipe dating." 93 percent of the people that go out on a date meet on Bumble, Tinder, Hinge or Match will go home that night and literally get back online to see whether or not there's somebody else that's better. Somebody that might be cuter. Somebody that might have a better body. These online dating services are a brilliant marketing ploy to get people to think that there's a huge paradox of choice. It's literally like going on Amazon, but instead you get to look at all the men and women out on the market. You see, by getting on all

these devices constantly, there's no reason to ever settle for somebody that's awesome. So we continually get on this treadmill hoping that there's something better. I personally have been a victim of this as well. I've been single for four years, and even that's with all my knowledge in the dating field as a [relationship expert](#). I have definitely had my share of going out with somebody and then going home and swiping to see if she is out there. Whatever the version of she or he is, you know that they might be out there, because every day the inventory is changing. Just like your favorite supermarket. Why buy a mushy avocado when you can go buy a brand new one the very next day?

Dating Advice That Will Help You Figure Out If You Should Drop Potential Partners

So how do you know when to stop the treadmill dating? When you find somebody you actually connect with. Somebody that makes it easy to hang out. Somebody that's authentic and real. Somebody that communicates their needs, wants, and desires and does not play games with you. Somebody that you're really attracted to, and realize that there's no perfect person out there, but yet this person is somebody that you've never met before. There's not much to say about this, except grow up. There's a reason why people are swiping and dating is that they have no idea what they're doing. People are not giving each other chances anymore to really connect on a deeper level. There are major issues that go on with the swiping and dating, and they contribute to major [relationship problems](#) in the future.

Related Link: [Relationship Advice Guys Edition: When's The Right Time To Pop The Question \(Marriage\)?](#)

You can either get off the treadmill and give somebody amazing a chance for at least a month or two, and if it doesn't work out, then go back to the hamster wheel of dating. By all means, run back to the roulette wheel and spin and see if you get lucky again; but know that the only way to get to truly know somebody is to actually give them an opportunity to get to know you. Give them a chance, have a mini-relationship. Plus, sincere relationships are far better than minute relationships that last three hours on a first date. Even if you only hang with somebody for 30 days or 60 days, you're going to learn something amazing about yourself. So my [dating advice](#), I suggest all you swipers, go out there and give somebody a real opportunity. Give them 60 days. See what happens. See if you can form a relationship. Get to know who they are. And make sure to remember that anybody can put on their best game face for 90 minutes on a first [date night](#); but what you truly need is to get to a level of intimacy that you can trust somebody, feel something for them, and have sex that blows you away. If have any questions on this, let me know.

David Wygant is an internationally-renowned dating and relationship expert, author of the book Naked, and speaker. Through his boot camps, personal coaching, and his [website](#), his love advice has transformed the relationships and love of hundreds of thousands of people from every corner of the globe.

For more expert relationship advice from David, click [here](#).

Relationship Advice: What To

Do If Your Partner's Family Doesn't Like You



By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#) with contributing writers Elizabeth Hamilton and Alexandra Ciuffo

We've all been there: you're dating the man or woman of your dreams and then all of a sudden they suggest meeting their parents. *gasp* This can either go really well or be something of a disaster. When a loved one's parents don't like you dating their son or daughter, well, it can bring a lot of stressful elements into your relationship. Here is some [relationship advice](#) from VIP Matchmakers from Project Soulmate on getting through tough times with your "in-laws" – and how you can come out from it even stronger than before!

Relationship Advice That Will Help You Deal With Difficult Parents

1. Take A Second To Think: Before even talking to your significant other's parents, take a second to decide how you feel. If you've met their parents, chances are things are pretty serious. However, if you've been having doubts about your relationship, this might be a sign of a deeper problem. If you decide that you are happy with your partner, then keep that in mind for the next few steps. Finding love in NYC can be hard enough, so if you've found it, hold onto it! Your love for them is what will make all the hardships of your relationship, including difficulties with their parents, worthwhile.

2. Talk To Your Partner: Once you've thought about your feelings, bring them up to your partner. Getting this awful feeling off your chest will ease your relationship and will open up true honesty between the both of you. By talking to your partner, it will give both of you the opportunity to express your true feelings and see what the next steps should be. Tell them how you feel and ask them to do the same. Chances are they may have noticed their parents behavior too! They might even have insight to help you improve your relationship with their parents. Keep in mind that they may need some time to think about what's going on, especially if they weren't aware of [relationship problems](#) in the first place.

Related Link: [Relationship Advice: How to Handle Your Significant Other's Family](#)

3. Talk To Their Parents: Once you've talked to your partner, the two of you should take the discussion to their parents. A laid-back and open talk gives you and your significant other and their parents an opportunity to express and understand

each other's feelings with compassion. Here's helpful relationship advice that will help you move forward during this talk:

- Start off by telling your S/O's parents what you've noticed tension and how it makes you feel. Focus on yourself. Remember those "I" statements you had to learn in middle school? Bring those back. Tap into your own emotions and avoid blaming them.
- Come together as a united front. Make sure the parents know that you and your S/O have talked about this and are on the same page. Have each other's backs, and support each other during the discussion.
- Listen to what their parents have to say. Maybe this whole thing has been a misunderstanding. Or maybe something you said when you first met your S/O's parents left a bad taste in their mouth and they didn't know how to approach you about it. Maybe they genuinely just don't like you. You won't know until you ask and listen to what they have to say.
- [Relationship experts](#) and NYC Matchmakers Jenn and Lori say that the most important step is to express your feelings towards their son or daughter. Tell them that you care about your S/O and want to have a better relationship. Also tell them that their actions will not influence your relationship with your loved one. You should be friendly when you talk with them, but don't let them push you and your S/O around.

4. Move Forward, But Don't Obsess: If the talk goes well, great! If the talk doesn't go well, don't worry! All is not lost! Remember what has grounded you throughout this experience: your love for your significant other. If you don't think that your relationship with your boyfriend's or girlfriend's parents will improve, there's nothing more you can do at this point to help the situation. Ultimately, you and your partner decide what's best for the two of you. Dating

in NYC can be tough, but just keep calm and focus on being happy with your cutie!

For more advice on love and relationships from relationship experts, check out our [website](#).

New Celebrity Couple: Gavin Rossdale Is Dating German Model Sophia Thomalla



By [Whitney Johnson](#)

There's a new [celebrity couple](#) in town! Following his divorce

from [Gwen Stefani](#), Gavin Rossdale is moving on with German model Sophia Thomalla. According to [UsMagazine.com](#), the celebrity couple shared a romantic meal together earlier this month at Indianapolis' Iozzo's Garden of Italy. The Bush frontman and No Doubt singer announced their [celebrity divorce](#) in November 2015 after Stefani discovered Rossdale's longtime affair with their former nanny. "There's been a lot of pain and sadness. It really teaches you perspective on life. It's really health, happiness and safety," the rocker said of his divorce, which was finalized in April 2016.

There's a new celebrity couple following Gavin Rossdale's divorce from Gwen Stefani. How do you know when it's time to move on after a split?

Cupid's Advice:

This celebrity relationship is the first one for Rossdale since his split from Stefani. So how do you know when it's time to date again following a break-up? Consider this love advice below:

1. You've allowed yourself to heal: There's no right time to jump into a new relationship after a split. Don't rush things. Instead, do whatever feels right for *you*. It's important to heal your broken heart first. After all, no one wants to be part of a rebound relationship.

Related Link: [Celebrity Divorce News: Gwen Stefani & Gavin Rossdale Finalize Divorce](#)

2. You've spent some time alone: Self-reflection is always a good thing. Take your newly-found freedom to rediscover who

you are. Allow yourself to grieve your loss and then focus on whatever makes you happy. Figure out what you want in your next relationship – and then, go after it!

Related Link: [5 Times the Nanny Has Been the Catalyst for Celebrity Divorce](#)

3. You're truly over your ex: It's normal to have lingering feelings after a break-up. Before you start dating again, do a self-check: How would you react if your ex called you? What if you saw them out with someone new? How do you feel when you see old pictures of the two of you together? If you can handle these situations with grace, you're ready to move on.

What's another way to know you're ready to move on after a split? Tell us in the comments below!

Celebrity Break-Up: Amy Schumer & Ben Hanisch Split After One Year Together





By [Whitney Johnson](#)

Amy Schumer and longtime boyfriend Ben Hanisch have called it quits after dating for over a year, according to [UsMagazine.com](#). “Amy and Ben have ended their relationship after thoughtful consideration and remain friends,” Schumer’s rep shared of the recent [celebrity break-up](#). In November, the [celebrity couple](#) celebrated their first anniversary with sweet Instagram posts. Along with a photo of the duo, Hanisch gushed, “A year ago, I met the love of my life. We both weren’t looking for a relationship at the time, but something felt right from the very first night we met.”

This celebrity break-up is definitely unfortunate. What are some ways to know you’re not right for each other?

Cupid’s Advice:

We can't help but be surprised – and disappointed – by the news of this celebrity break-up. But sometimes, you just know when you and your partner aren't right for each other. If you're trying to figure out whether or not you've found The One, consider the dating advice below:

1. You don't feel like yourself: Your partner should make you feel like the best version of yourself. If, instead, you don't even feel like yourself around them, it may be time to call it quits. Remember that you *will* find someone who makes you proud to be you.

Related Link: [Celebrity News: Amy Schumer Slams 'Bachelor' Host Chris Harrison for Calling Jubilee 'Complicated'](#)

2. You're always fighting: This piece of dating advice is a no-brainer. If you're constantly arguing about the little things, how will you ever build a life together? Nobody wants to spend every day feeling unsettled and unsure of the future.

Related Link: [Celebrity Couple News: Amy Schumer Denies She Met Her New Boyfriend on Bumble](#)

3. You want different things: Speaking of the future, it's important that you and your partner are on the same page. If you want different things for your lives – for instance, you want to live in the South, while he wants to be near the mountains – it's time to take an honest look at your relationship and decide if it'll work long-term.

How did you know that you and your ex weren't a good fit? Tell us in the comments below!

Date Idea: Star in Your Own Romantic Comedy



By [Noelle Downey](#)

Looking for fun [date night](#) ideas for the weekend? Even if your love life might not be quite as glamorous as a Hollywood romantic comedy, that doesn't mean you can't live out your favorite movie-style date!

Take a cue from some of your, or your partner's, favorite rom coms and reenact a date idea from the

movie.

1. 500 Days of Summer: Do you have a more realistic take on love? Then *(500) Days of Summer* is for you. Head to IKEA or a similar home goods store and play house in the set-up kitchens, living rooms and bedrooms. Be as silly as possible! It worked for Joseph Gordon-Levitt and Zoe Deschanel in the movie, so why couldn't it set off sparks for you, too?

Related Link: [Date Idea: Spring Into Romance](#)

2. How to Lose a Guy in Ten Days: Are you and your mate the competitive type? Start off like Matthew McConaughey and Kate Hudson in *How to Lose a Guy in Ten Days* and go out for lobster! It's an interactive food, but leaves room for talking, too. They play a game of questions in the movie, but feel free to take a different leaf from the movie's script and challenge each other with different bets. See who holds up their end and who cracks under the rom com pressure with this fun [weekend date idea](#).

Related Link: [Date Idea: Laugh Out Loud Fun](#)

3. It Happened One Night: Or, if you're into the more classic love stories, there's nothing like a road trip to live out your *It Happened One Night* dreams. Claudette Colbert and Clark Gable bicker all down the road, but after one night at a roadside inn, the two can't help but fall in love. Hopefully your travels will be less bumpy than theirs, but either way, it's a great way to get some quality time and laughs in with your loved one.

Have a favorite rom-com date of your own? Comment below and share with our other readers!

Date Idea: Look Into Your Future



By [Noelle Downey](#)

Need an idea for a fun group [date night](#) out with friends or your new fall fling? October is the month of spooky ghouls and goblins, and with Halloween approaching, there's no better time to explore the more mystical side of life...and death!

Looking to cuddle up and share a

scream-filled night of fun this fall for a hauntingly good [weekend date idea](#)? Try these wonderful ways to get in touch with your spooky side!

1. Visit a psychic, and see what your future holds: This can be fun with friends or a date, and even if you don't believe in hocus pocus, you can still get a laugh. Try giving false signals or even just maintaining a serious face throughout the reading, as many fake psychics play off of your body language and reactions. See if you have the real deal in your presence.

Related Link: [Date Idea: Plan a Picnic with Your Love](#)

2. Get your tarot cards read: This is an ancient art, and can be done for couples as well as singles. See where your expectations lie, according to the cards. Maybe you'll find out a fling might be more than that very soon. Even palm readers can be a hoot! Again, if you believe in this sort of thing, then this date is obviously right up your alley, but it's still fun even if you're not a true believer.

Related Link: [Date Idea: Fall in Love in New York](#)

3. Watch a scary flick: Finish the night off by heading home to watch *Ghost*, a classic romantic movie filled with supernatural influences. More into the undead than ghostly figures? Try *Warm Bodies*, a film that combines a cute and quirky love story with plenty of gory and spooky zombie action.

Have a cool supernatural experience of your own? Comment below and share with our other readers.

Relationship Advice: Things A Nurse Will Tell You But Your Friends Won't



By [Amy Osmond Cook, Ph.D.](#)

What do actresses Bonnie Hunt, Julie Walters, and recording artists Paul Brandt and Tina Turner have in common? They were all trained as nurses! In honor of the “Year of the Healthy Nurse,” now is a great time to recognize the role nurses play in our lives. The demands placed on nurses every day are huge. Our nurses are committed to providing the best care possible, and they try their hardest to meet that challenge every day.

And sometimes that commitment means being brutally honest about a patient's symptoms or habits. Your friends may not tell you that your moodiness has hung around for weeks, or your jeans are fitting a bit tight – but a nurse will tell you. In the spirit of good health and valuable [relationship advice](#), here are five things your nurse is willing to discuss that your friends aren't.

Relationship Advice That Come Straight From Nurses

1. Weight gain. Despite your friends insisting they can't see a difference in your waistline, your nurse on the other hand will likely confirm your biggest fears – yep, you have gained weight. If you have been diligent about exercise and diet, your nurse will discuss the possible reasons behind the weight gain. Things to consider may be your medications or your thyroid. A nurse may also discuss your sleep patterns or your ability to cope with stress. Putting a stop to unhealthy weight gain in the early stages will make you feel better sooner. Not to mention, your nurse probably has an arsenal of [fitness secrets](#) that can help you get in shape and ready for the dating scene.

2. Skin symptoms. Your friends may discount your less-than-glowing skin, but a nurse will explore the reasons why your skin is less than luxurious. Who couldn't use helpful [beauty tips](#) from someone who actually studied medicine? "A helpful acronym to remember the specific questions to ask patients when taking a skin history is 'OLD CARTS,' which gives a systematic approach to questioning in a skin assessment," health writer [Julie Van Onselen](#) says. This includes onset, location, duration, character, aggravating factors, relieving factors, timing, and severity.

Related Link: [Relationship Advice: 3 Ways Bad Credit Can Ruin](#)

[Your Love Life](#)

3. Mood swings. You may not realize it, but a nurse assesses mental status during your physical. “The mental status assessment is an essential part of the examination,” experts at the [Nurses Learning Network](#) say. In general terms, mental status could be described as an individual’s state of awareness and responsiveness to the environment. It also includes the more complex areas of a person’s mental functioning, such as intelligence, orientation, thought process and judgment. Your friends may steer clear of the neighborhood grouchy pants, but a nurse will face your behavior head-on to determine the root of your negative feelings and [relationship problems](#).

4. Lack of exercise and poor diet. We may try to lie about our daily habits, but our vitals will always paint another picture. Unlike a friend who may look the other way, a nurse will know the truth about how many times we hit the treadmill versus how many sets of pants are draped over it at the moment. “It is so important for patients to be truthful about their daily habits. When patients try to hide their smoking or drug and alcohol use, for example, it prevents us from providing the best care to fit their needs,” Julie Aiken, CEO of Ameritech College of Healthcare, said. “Another thing patients don’t think about is the importance of mentioning any dietary supplements or over-the-counter medications that they’re taking along with prescribed medications. Doctors need a comprehensive view of a patient’s health history to design the ideal treatment plan.

Related Link: [Relationship Advice: Our Connection With Sleep](#)

5. Address your stress. Stress kills. And as much as you may try to hide it, the effects of prolonged stress can affect your physical well-being. Nurses know a thing or two about controlling stress; it’s a large part of the job. So when the topic of stress comes out in the open, a nurse may prescribe a

variety of helpful remedies. Things like taking a walk, reading, soaking in a hot bath, talking with friends, or crocheting, are popular ways for nurses to deal with stress. Many nurses have also found a healthy connection with yoga, meditation, and other relaxation exercises. “We bring in a massage therapist for staff every few weeks where they can receive a 15-minute neck and upper back massage,” said Julie Aiken, CEO of [Ameritech College of Healthcare](#). She added that faculty and staff could participate in weekly yoga sessions, daily group walks, and both students and staff are encouraged to use essential oils to help with stress relief.

We love our trusted friends, and we count on them to support us when we need it most. But when it comes to our health, and sometimes even relationship advice, the dedication of our nurses is something we can truly count on to keep us healthy every day.

For more information about and articles by our relationship expert Dr. Amy Osmond Cook, click [here](#).

Dating Advice: How to Manifest Your Man (A Man's Perspective)





On this week's episode of Single in Stilettos, founder and matchmaker Suzanne Oshima talks to relationship expert PJ Dixon to offer their [dating advice](#) on how to manifest a man's potential. Learn how you can find yourself with a lifelong partner with the following dating tips!

Dating Advice On Getting The Most Out Of Your Man

1. Identify your best qualities. First and foremost, you need to be confident and comfortable in your own skin before you pursue a relationship. When you're in touch with your best qualities, you put your foot forward with a smile on your face. This way you'll attract the right man and be able to recognize the traits you want them to have in common with you.

Related Link: [Dating Advice: How to Answer 'Why Are You Still Single?'](#)

2. Identify your 'two top threes.' Make a list of your absolute "must have" qualities, and another list of the things

you won't ever accept. Each list should be narrowed down to the three most important traits you're looking for in a mate. Try to center your lists around aspects that move you emotionally, rather than the superficial: "I want someone tall, dark and handsome."

Related Link: [Dating Advice: 5 Things He Must Have](#)

3. Identify your areas of improvement. Take time to critique yourself and find traits that can make you a better match for your partner. It's easy to name all the qualities you want in a man, but it can be difficult to admit you're lacking in an aspect of your relationship. If your man has an interest you're not involved in, make an effort to connect with him. If you have jealousy or trust issues, find ways to healthily cope. Become the ideal woman for your man!

For more relationship advice videos and additional information Single in Stilettos show, click here.

For more videos from CupidsPulse.com, check out our YouTube channel.

Celebrity News: A Brand New Episode of 'Lucky Dog' with Host Brandon McMillan Will Warm Your Heart





By [Noelle Downey](#)

Animal lovers, it's time to rejoice! In the latest [celebrity news](#), there's a brand new and particularly sweet episode of the hit CBS show *Lucky Dog* coming out this Saturday, May 13th. It will have your heart swelling with love for an adorable dog named Frankie, not to mention for [Brandon McMillan](#), the handsome host and passionate dog trainer.

Watch *Lucky Dog* on Your Next Date Night

The show follows McMillan as he rescues dogs from shelters and pounds who have hours left before they're put down and then trains them at his famed Lucky Dog Ranch to prepare them for life with a fantastic family. It's the perfect heart-warming fare to cuddle up and watch with your dog-loving significant other for a [date night](#)! This weekend's episode, sponsored by The Outdoor Power Equipment Institute's (OPEI) TurfMutt environmental education and stewardship program, will feature a rescue dog named Frankie, a Beagle mix that's training-shy and anxious around humans after a series of negative

experiences in his past. “He’s basically written off all humans because of what they’ve done to him,” the host confesses in a teaser clip from the episode.

Related Link: [‘Lucky Dog’ Host Brandon McMillan Says, “If I Can’t Laugh Constantly with Someone, It Won’t Work Out”](#)

McMillan goes above and beyond to help this damaged doggy find his way back to a trusting, loving connection with humans, while OPEI’s Kris Kiser visits a potential dream home for Frankie. Unfortunately, he discovers that their yard is anything but dog-friendly, filled with packed-down dirt instead of lush turfgrass, which, Kiser advises to dog owners, is the best option for keeping a cool temperature and a dog-friendly softness in your yard. The team at Lucky Dog sets to work to make the potential owner’s yard more appealing with a massive landscaping makeover. “We thought it was a good conversion opportunity,” Kiser explains, “where we could give the owner a living landscape and a much better spot for her family and her adopted dog.” With the help of an adorable fluffy pal named Olive, Frankie starts the long process of learning the commands and obedience training he’ll need to thrive in his new home.

So why does McMillan feel so passionate about training dogs who might not otherwise get a shot at a second home? In a 2013 [celebrity interview](#) with CupidsPulse.com, the television host explained, “I read the facts, and they blow my mind. Every year in America, over 1.5 million dogs are euthanized because they can’t find homes. I wanted to find out why this was happening.”

Related Link: [‘Lucky Dog’ Host Brandon McMillan Shares Dating Advice: “Plan Your Moments For and With Each Other”](#)

Still, this passionate drive to save furry friends has taken its toll on his free time, in particular his love life. In the same 2013 interview, McMillan shared his insane schedule,

saying, "I'm so consumed by the show that I go to bed at around 9 p.m. because I have to get up at 4 a.m. We start every morning around 6 a.m. because I want to make sure we work the dogs before the heat kicks in every afternoon."

Still, that didn't prevent him for sharing some great [dating advice](#) in our 2014 celebrity interview with him. It's clear his busy schedule has caused him to think carefully about what he'll do when he does have more free time to spend with a special someone. "No sitting on the couch watching trash television," McMillan advised any couples out there. "Really plan your moments for and with each other. Saying 'I'm too tired' leads to trouble."

Don't miss this special episode of Lucky Dog, airing on Saturday, May 13th! Check your local listings for channel and time.