

Date Idea: Inspire Your Date with Art



If you're tired of heading to the same date place each week, getting in touch with your creative side may be just the thing you need to rekindle (or jump start) your romance. An art exhibition or museum combines culture with artistic flair and can be very romantic.

If you're interested in getting hands-on experience, an art class may be the thing you need instead. Additionally, many pottery studios are open to the public and have ready-made pieces that you can purchase and paint. Enjoying this with a significant other can make for a fun, hands-on date that will expose the creative side in both of you.

If you're struggling to find something similar in your area,

look at the community section of your paper for local artists showcasing their work. It's important to remember that art is subjective and what your partner may like, you may not. Sharing your perspective is what can deepen your relationship further.

Did you ever get artsy with your honey? Let us know about it by commenting below!

Jack Osbourne Admits His Baby-to-Be Wasn't Planned



Despite the surprise factor, 25-year-old Jack Osbourne and

fiancée Lisa Stelly are thrilled to be expecting their first child together. Known for his love of extreme sports, Osbourne has no problem curbing these activities once he is a father. He told Britain's *Star* magazine that he is "excited" for the baby and that he's "really happy about the whole thing." [RadarOnline](#) says that along with the excitement of the new baby is the possibility of a reality TV show for the blossoming household, much like *The Osbournes*, which originally brought Osbourne to fame.

How do you quickly adapt to the idea of having a baby?

Cupid's Advice:

Pregnancies aren't always planned, so it's often necessary to come to grips with the idea of having a baby quickly. Here are some things to consider:

1. Tell your family: Telling your family about your unplanned pregnancy can be difficult, but there are a myriad of benefits. They can be a valuable source of support when it comes to difficult decisions, can provide financial help, and may even go with you to your appointments.

2. Stay healthy: Be aware of necessary lifestyle changes such as the one Jack Osbourne plans to make for his baby. Make smart diet choices as well as smart physical choices. Avoid alcohol and dangerous movements.

3. Trust the professionals: When in doubt, there is no better advice given than that of your doctor. Make sure to have regular appointments with your doctor, and don't be afraid to ask them *any* questions you may have.

How would you handle an unexpected pregnancy? Share advice below.

Rob Pattinson Says He Began Acting to Meet Girls



On Tuesday night, Robert Pattinson revealed on *The Late Show with David Letterman* that he began acting to meet girls. According to UsMagazine.com, Pattinson's role as Edward Cullen in the *Twilight Saga* not only attracted girlfriend Kristen Stewart to him, but it also swept many female fans all over the world. "It's not just teenage girls," he told Letterman. "It's older [women] too. The older ones are far more passionate fans."

What are some ways to get out and meet potential partners?

Cupid's Advice:

Not all of us can land a career as an actor, so us "normal" folk have to use other methods. Cupid has some advice:

1. Join a class: Enroll in a class that appeals mainly to the opposite sex. For instance, take a cooking class if you're a guy or boxing lessons if you're a woman.

2. Online dating: They might not be for everyone, but you'll never know unless you try it. You might even end up finding The One on a dating site.

3. Socialize: Attend parties or join an organization. Going out in the world and communicating is the best way to find a partner.

What are some other ways to get out and meet potential partners? Share your ideas below.

What to Wear to Meet His Family





By Sarah Ellis

If you're in a new relationship, the looming holidays may mean you're a tad anxious about meeting "the family." Naturally, you want to make a good impression, and while it's what's on the inside that counts, your appearance will speak for you before you even open your mouth. What you wear should certainly reflect your personal style, but try to move away from anything that's terribly polarizing and stick with something simple and classic. That means no glitter or sequins, nothing too body-hugging, and nothing low cut or short. Those rules are pretty much a no-brainer, but not everyone keeps that in mind! You don't have to go as far as a turtleneck and pearls, especially if that's not "you" – but try to channel more Olivia Palermo ... and less Kim Kardashian.

Related Link: [Etiquette Expert Says Kim Kardashian Should Return Wedding Gifts](#)

Stick with structured and ladylike, instead of sexy and fitted. Olivia knows how to work the classic pieces while putting her outfit together in a modern way. She doesn't look

outdated or prudish; she looks fresh and modern – like she was personally outfitted by Ralph Lauren or J Crew. Here are some tips to help you achieve that look:

Tip 1: Choose great fitting basics. Find a color that flatters you. That might be a simple wrap dress, a great pair of boot cut jeans, or a tailored blouse. You'll want the basics to be the foundation for the rest of your outfit.

Tip 2: Build with great accessories. This helps you look more polished and professional – and keeps you from looking too plain. Don't overdo it. You want to look like you cared enough to carefully choose your outfit, but avoid looking like you're trying too hard. You can wear multiple accessories, but choose one to be the focus. Maybe it's a statement necklace, or a scarf (perfect for the holidays), or a great structured handbag.

Tip 3: Poke around and see if you can find out how his family normally dresses. You don't want to show up in jeans to his family dinner if they typically wear skirts and dresses, and equally embarrassing would be to wear a fancy dress when his family is super casual.

Related Link: [Hair Battle Spectacular's Blondie Talks Hair Tips for Dating](#)

So, it's not your appearance that will make them decide whether or not you're a keeper, but it'll ease your nerves as you meet his family and help with that first impression. Just like going to a job interview, you want to look qualified and pulled together. Look great, and you'll feel great!

Author Bio: As a newlywed, I am fully versed in making impressions on new family members. While I may not be a

professional stylist, I pride myself on choosing fashion that looks polished and classic, and I'm always helping friends choose their first date and meet the parents outfits. Although I'm a writer for Handbag Heaven by day, outside of work I take joy in being a matchmaker, a newlywed, and a momma to my precious puppy, Luna.

Alanis Morissette Says She Was Unprepared for Motherhood



Alanis Morissette recently opened up about postpartum and not being prepared for the birth of her 10-month-old son, Ever Imre, with husband Souleye. The singer, who wrote a blog for

iVillage.com, said she worried about labor and delivery instead of mentally preparing to become a mother. According to UsMagazine.com, Morisette said she felt like there was no handbook to guide her in raising her son and being a first time mother.

How do you prepare yourself for motherhood?

Cupid's Advice:

1. Talk to the experts: Go beyond getting a pediatrician's advice or reading those expensive baby books, and talk to actual mothers. Don't know any? Try becoming a member of mommy forums online and/or play groups.

2. Talk to your baby: Talking to your baby while they are still in the womb helps build a bond. Once the baby arrives, you will feel more intuned with your child and your role as a mom.

3. Come to terms with not being prepared: We could write a thousand steps on preparing for motherhood, but the truth is that motherhood is taught through experiences. Making mistakes makes you human, and teaching your child how to not make the same mistakes you do, makes you a mother.

If you think you may have postpartum or need someone to talk to, don't be embarrassed, talk to your doctor.

How did you "prepare" for motherhood? Share your experiences below.

Prince William and Kate Middleton Plan to Move to a Bigger Apartment



Could a royal heir soon be on the way for Prince William and Kate Middleton? According to [People](#), the Duke and Duchess of Cambridge are making plans to upgrade from their two-bedroom apartment in Kensington Palace by summer 2013. Queen Elizabeth's late sister Princess Margaret, previously occupied their new apartment that is said to be the size of a small mansion. However, before the royal couple can move into their new digs, much work needs to be done. Asbestos issues along with the heating and hot water systems need to be fixed before it is suitable for royal living. As for their previous Kensington Palace residence, Prince Harry will be moving in.

What are some factors to consider when you're looking for a home with your partner?

Cupid's Advice:

When you decide to move in with your partner, look for a safe happy home with enough space for both of you. Here are some tips:

1. Be economical: You may have always dreamed of living in that penthouse or having the nicest house on the block, but if you can't afford it yet, don't force the issue. No one wants to end up in foreclosure or not being able to pay the rent.

2. Embrace your space: Living in a studio apartment together may be a big money saver, but when it comes to your personal space, it won't be the best choice. Go for a one bedroom instead where you can still live together, but spend time apart.

3. Safety: Aside from trying to live in a safe area, if you're planning on having children, look for a childproof residence around a good school system.

What do you think about when you picture your dream house? Share your ideas below.

**Happiness Expert Sophie
Keller Gives Us Some Tips**

about Having a Happy Love Life



By Linda Guma

Are you looking for a happier love life? Happiness expert, author, life coach and TV personality Sophie Keller gives us 50 key ideas for improving your relationship in her upcoming book, *How Happy Is Your Love Life?: 50 Great Tips to Help You Attract and Keep Your Perfect Partner*.

The book is part of a four-book series coming out November 27. Keller notes her goal for the 'How Happy Is' brand is that [her] practical, easy to use advice will help you discard outdated attitudes, habits and beliefs in order to make more positive choices in your life.

We had the pleasure of interviewing Keller to find out just how she does it.

What motivated you to become a happiness expert?

When I was young I didn't feel particularly understood. But I knew I was meant to be happy, so when I searched for how, I found it inside. I realized that when you drop the masks, armors and pretenses, you will find who you are. The person you should be with will magnetize to you. Otherwise, you will magnetize people who have the same armor. That's why relationships don't work. Someone's armor must come off.

What is happiness?

Happiness is about feeling complete within yourself, feeling like you're making a difference in your life and the lives of others. It's about expressing yourself fully and completely.

It's interesting that on a worldwide scale, happiness and wealth don't correlate with each other. Happiness is about focusing on the moment. For example, those in third world countries focus on feeding themselves and their children. They value their relationships above material things. I always say we're human *beings*, not human *having* or human *doings*. The more "human being" we are, the happier we'll be.

What sets this book apart from other love advice books on the market?

Everything is actionable. Also, it teaches you how to focus and work on yourself. Most of all, this book teaches you to break down defense mechanisms that have been holding you back.

What would you say is the most important tip you have for those who strive to be happy in their love lives?

Be yourself to the fullest and be really positive. Relax, have fun and have faith. There is someone out there for you. You also have to work on your self development. Clear out your

insecurities. You need to shift how you think about yourself and any past issues that keep resurfacing.

How do you know when it's right to tie the knot?

Every cell in your body says "yes," with no doubt. You never know what it's going to feel like but when it happens you'll know. The person you end up marrying could surprise you.

Sophie Keller is the creator of [Howhappyis.com](http://www.howhappyis.com). She has been a featured life coach for Martha Stewart's *Whole Living* magazine, a contributing expert for Sirius radio and she appears frequently on *KTLA 5 Morning News*. She also appears on *FOX*, *NBC*, *ABC*, and *CBS* where she gives happiness tips and lifestyle advice. She was recently appointed the 'Good News' Ambassador for LG Electronics. She lives in Santa Monica, California.

To order a copy of her book, visit <http://www.howhappyis.com/books/love-life/>.

Rumor: Is Kate Middleton Pregnant?





Kate Middleton may have some expectant news to share with the world soon, according to UsMagazine.com. Rumors began when the Duchess of Cambridge refused to eat peanut paste, a food meant to be avoided by women who are expecting a baby. Now, the 29-year-old wife of Prince William has been seen holding, patting, rubbing and even cradling her stomach. When visiting a UNICEF distribution center in Copenhagen, Denmark recently, an onlooker described Middleton's actions as "very noticeable" and said, "She continually patted [her stomach] and held her hands against it. She must have been doing it without realizing it." William and Kate do intend to have children in the future, but it looks like the time for them to start a family may be sooner rather than later.

How do you keep your pregnancy a secret until you're ready to reveal it?

Cupid's Advice:

If you're not quite ready to share the joyous news of a pregnancy yet, there are ways to keep it quiet for a while:

1. Resist the hand-on-tummy move: Sometimes expectant mothers unknowingly rest their hands on their stomach, like Kate Middleton has been seen doing. When trying to hide a pregnancy, be conscious of this action and make an effort to keep your hands on your hips or elsewhere.

2. Dress to hide the bump: No one said that mothers-to-be can't be trendy. Wear clothing that's both in style and flattering to your growing figure, such as empire waist tops or dresses.

3. Look the part: If you don't want people to know you're pregnant, don't look pregnant. This means keeping up with your hair and make-up and avoiding the puffy eyes which can cause a co-worker or friend to ask, "Are you feeling okay?"

What are some ways you know of to keep one's pregnancy a secret? Share your ideas below.

Top 5 Most Traveled Celebrity Couples





By Nisha Ramirez

Once you get past the daunting task of packing and airport security, traveling can be a great way to bond with your partner. Whether you decide to take a road trip through the 50 states or hop on a plane headed around the world, visiting a new place and learning a new culture can bring the two of you closer ... and celebrities are no exception. So, take notes and get out your passport, because these star duos take traveling to the extreme:

1. Ethan Zohn and Jenna Morasca: Ethan Zohn won the hit reality TV show *Survivor Africa* and his girlfriend, Jenna Morasca, won *Survivor Amazon*. After being together for eight years, the adventure loving couple took traveling to new heights and joined the cast of *The Amazing Race* in September. Zohn and Morasca hoped the competition across the world would help them relieve stress following Zohn's battle against Hodgkin's disease.

2. Miranda Kerr and Orlando Bloom: Avid actor Bloom and his son, Flynn, always travel with hardworking mother, Kerr, for

her modeling gigs. The Victoria's Secret beauty has a job that sends her around the world, and she hates being away from her two leading men. Recently, the family traveled to London, after two days of travel, to be with each other while Kerr walked in Paris Fashion Week. When the couple isn't traveling for work, they still find time to fly and visit Kerr's family in Australia. In September, the two went shopping for a house in New Zealand.

Related Link: [Miranda Kerr and Orlando Bloom Welcome a Son](#)

3. Jay-Z and Beyonce: These two hip-hop and R&B superstars are always hopping on planes. From laid-back summer vacations to mixing work and pleasure, Jay and Bey have racked up a large number of frequent flyer miles. While Beyonce was working on her album, 4, the married couple took to France for some R&R and long studio hours. The travel time worked like magic, because Beyonce's album was a success and she's now pregnant with their first child. In September, a month after the pregnancy announcement, the new parents vacationed in Hvar, Croatia.

4. Prince William, Duke of Cambridge and Catherine, Duchess of Cambridge: Traveling is a part of William and Kate's new life together, and they take it in stride. After their lavish wedding, the royal couple took a trip around Canada and the west coast of the United States this year. The North America tour took place from June 30, 2011 to July 10, 2011. Getting to see the world is just one of those royal perks!

Related Link: [Prince William and Kate Middleton Are On Their Honeymoon](#)

5. Eva Longoria and Eduardo Cruz: How do get over a divorce? Find a hot guy with whom to travel around the world. To kick-start their relationship, Longoria and Cruz vacationed in Mexico and Cabo in April and spent the summer tanning aboard a private yacht in Marbella, Spain. Talk about getting to know

each other! Spain is Cruz's home country where he hails as a pop sensation. To top it all off, the duo were spotted in London in July as well. Experiencing new places and things often makes a couple grow closer. Longoria says, however, that she's not ready to tie the knot again quite yet after her divorce from Tony Parker.

Where are the most exciting places you've traveled? Share your experiences below.

Avril Lavigne's Bar Fight Lands BF Brody Jenner In Hospital





A bar fight and a trip to the hospital doesn't exactly make for a romantic Saturday night date. Avril Lavigne and Brody Jenner began the night in a harmless way at Chateau Marmont and then settled in at Hotel Roosevelt's lounge, according to [RadarOnline](#). Unfortunately, Lavigne got into a heated argument with another female toward the end of the evening and Jenner, trying to protect his girlfriend, got a big gash on his head from a thrown bottle. It's probably not the brightest idea to get in the middle of a girl fight!

What are some ways to support your partner when they get into a fight?

Cupid's Advice:

Watching your partner get into a brawl with a stranger can really send you into protective mode. Fighting is the last thing you want to do. Here are some ways to support your partner during a fight, minus a trip to jail or the hospital:

1. Try to calm your partner: Instead of adding to your partner's anger, try to calm them down by talking to them

quietly and rationally.

2. Walk away: It may be hard for your partner to walk away once they're already upset. Take the initiative and start to walk away first, while guiding your partner with you to the exit.

3. Let them vent: After a fight or heated argument, listening to your partner complain about the situation will help them begin to forget about retaliation or violence. Venting can really do wonders.

Have you ever had to calm your partner down during a fight? Share your experiences below.

Should You Channel Your Inner Sadie Hawkins?





By Tanni Deb

In the 1934 classic comic strip “Li’l Abner,” Al Capp wrote about a lady named Sadie Hawkins who was frantic about the length of time she was waiting for suitors to approach her. When Sadie turned 35 years old, her father also became quite concerned and took it upon himself to find his daughter a mate.

So, he announced a “Sadie Hawkins Day” and summoned every eligible bachelor in town to a foot race. The foot race began with the men running as soon as they heard the first gunshot. A second gunshot was the signal for Sadie to run and the first man she caught would become her husband. By 1952, Sadie Hawkins Day was celebrated at 40,000 venues in the form of a dance where women asked men out.

More than 50 years have passed, and many women still wonder if it’s acceptable to ask out a man. If you’re a gal who is thinking of making the first move, know the pros and cons of the Sadie Hawkins scenario:

Why it Turns Him On:

1. Exudes Confidence: Many men have difficulty figuring out if a woman is interested because they don't have the courage to approach her. Asking a guy out shows how confident and comfortable you are in your own skin and many men love a secure woman. He'll feel a lot less pressure being around you and it sets you apart from the others.

2. Flatters His Ego: When a woman strikes up a conversation with a man she likes, it can be flattering to him. After all, men are expected to be the gender to take charge. When you make the first move, it's a compliment to his psyche and often boosts his ego. This is a great way to get his attention. If your approaching him first seems to make him happy, he will credit that good feeling to you.

3. Demonstrates Sincerity: Having the courage to approach a man and directly ask him out shows a guy that you're serious about getting to know him. Men realize that it's not the norm for a woman to approach them and they know the difficulty of rejection. So, when the role is reversed, it makes him feel warm inside.

Related: [How to Master Being in a Relationship](#)

Why it Turns Him Off:

1. Feels Desperate: Some men think that a woman who makes the first move is desperate. They may even begin to wonder if there's something wrong with her or if she's after something more. It's assumed that if a man is interested in a woman and thinks that she's worth it, he'll ask her out himself.

2. Sends a Bad Message: Some guys label a woman easy. He assumes that she's looking for a fling or one-night stand if she asks him out. The guys who are not interested in getting serious may take the offer to go on a date in hopes of something more, while the men looking for a serious relationship may feel awkward about the woman's forthright approach and never take things any further.

Related Link: [Find Out Why You're Single](#)

3. Takes Away the Challenge: Most guys love a challenge. They enjoy trying to win a woman over, especially if she's not easy to get. Men are attracted to chasing after what they want. So when a woman asks a man out, the challenge is over. The worst case scenario: if a man really loves the thrill of the hunt, he might reject the woman's offer...even if he's initially interested in her.

It can be downright frightening for a woman to make that first move but sometimes you just can't let destiny dictate a relationship. There are many men out there who would love for a woman to approach them. So, if you have the urge to get to know someone better, push the gender stereotypes aside and go for it. If the guy rejects your offer, he probably wasn't right for you anyway.

Rumor: Rob Pattinson Is 'Desperate for Affection' From Kristen Stewart





The forbidden love story within the *Twilight* Saga has become a phenomenon, as audiences watch mortal Bella Swan (Kristen Stewart) fall deeply and helplessly in love with vampire Edward Cullen (Robert Pattinson). There seems to be no limit to the dangers Bella will put herself in as she pursues her relationship with Edward, and her biggest fear is having to live without him. The on-set romance has flourished into a two-and-a-half-year real-life relationship, but when it comes to reality, the movie stars' roles have reversed. Insiders told UsMagazine.com that Pattinson is "desperate for affection" from Stewart. The actor, 25, is eager to settle down, but Stewart, 21, isn't quite ready for him to put a ring on it. "He's always worried about her leaving him. She will blow him off, and it makes him crazy," said the source.

What do you do if your partner doesn't show enough affection?

Cupid's Advice:

Although affection cannot be directly taught, if you're partner was raised in a family that rarely showed affection, then it's up to you to show them how it's done. Here are some

tips:

1. Create rituals: If your partner has a hard time expressing their feelings for you, put little signs of affection into your daily routine. Kiss each other hello and goodbye. Whenever you see one another or hang up the phone, say “I love you.” Also, make sure to call each other every day when you both have a break in your schedule.

2. Be respectful: Not everyone is into PDA, so you have to be respectful of your partner’s comfort level. Communicate with each other about what you like and don’t like, and then you’ll have a better understanding of what to expect. Just because you can’t show affection one way doesn’t mean there’s not a better alternative.

3. Take the lead: Maybe your partner is afraid to be affectionate because they lack confidence. Next time you’re walking down the street, take their hand first, kiss them in a public place (keep it classy), or spontaneously tell them you love them. Show your partner that you’re comfortable displaying how much you like them, and hopefully they return the feeling.

How did you get your partner to start showing affection? Share your experiences below.

Frugal Foodies: How to Save on Dining Out



By Andrea Woroch

Enough with the home-cooked meals. It's time to get out of the house and let someone else prepare your food for a change.

In response to tight budgets, frugal advisers have recommended for some time now that we stay at home to save money. But such deprivation grows old fast, so maybe it's time to consider these six tips to help you spread your dining wings without crash landing your budget:

1. FourSquare Deals: Members check-in to various locations on their mobile phones using this service, but did you know you can also receive offers for freebies and discounts simply by letting FourSquare know where you are? Check out a recent segment on FOX & Friends for a "how to" on using the app for restaurant savings.

Related Link: [Dieting Like a Celebrity Is Easier than You Think](#)

2. Track Daily Deals: Restaurants are one of the most common frequenters of daily deal offerings, so it pays to keep an eye out for vouchers that can greatly reduce the cost of dining at a new or favored eatery. Just make sure you read the small print and are aware of expiration dates and exclusions. For example, most restaurant vouchers don't include drinks.

3. Get Happy: Eating early isn't just for our elders. Happy hour and early bird deals have become more common as restaurants try to fill in slow-traffic times. For example, Applebee's Neighborhood Grill offers full-size appetizers for under \$5 before 6 p.m., plus \$3 drink specials.

4. Split It Up: American restaurants usually overload our plates – unless they're into nuvo cuisine – so there's often enough food for two in a single order. You can cut your costs down to around \$20 by simply sharing an appetizer, entree and dessert with a friend or date.

5. Gift Yourself: We tend to think of gift cards in terms of what we can offer others, but they're actually very useful for individual purchases. Sites like GiftCardGranny.com let you purchase gift cards for several restaurants at a discounted rate, yielding immediate savings of up to 50 percent.

Related Link: [Sponsored Post: Comfort Food for Singles](#)

6. MatchPin: If you live in one of nine major cities, you might download the free MatchPin app. Membership brings you offers, rewards, contests and announcements from a variety of local restaurants.

Andrea Woroch is a consumer and money-saving expert for Kinoli Inc.

Kelly Rowland Accidentally Reveals Sex of Beyonce's Baby



It's a girl! Or is it? Kelly Rowland kept referring to the newest addition to the Knowles-Carter calm as "she" and her" while answering questions about Beyonce's bundle of joy in London on Thursday. The X-Factor UK judge revealed to UsMagazine.com she was unsure of what to get her new niece for the baby shower. "I don't know, I think her dad is gonna give her everything anyways, all I can give her is love." With a response clearly insinuating the baby will be a girl, the media is buzzing with excitement. Rowland revealed she receives a weekly update from her best friend and former Destiny's Child band mate. So if anyone knows the sex of the

baby, it's definitely be Auntie Kelly. Hopefully Beyonce and Jay-Z aren't too upset!

What are the differences in preparing for a baby girl versus a boy?

Cupid's Advice.

Aside from the obvious, there are inherent differences between girls and boys, and it's your job as a parent to be able to develop your child's skills accordingly. Here are some tips:

1. Research: As a new parent, do the proper research to know the ways in which baby boys differ from girls in terms of early childhood development.

2. Your childhood: Ask your family or your partner's family about the habits you each had as a baby. Your bundle of joy will probably have similar traits, and you'll be better equipped to deal with it.

3. Color scheme and theme: Of course you're going to decorate certain ways and purchase specific toys according to your baby's gender. Consider switching it up a bit; instead of pink and blue, go for yellow and green.

How you you prepare for the birth of a baby girl or boy? Tell us your story below.

Justin Bieber Baby Scandal May Require DNA Test



Justin Bieber might need to offer proof. The teenage popstar, who is currently dating Selena Gomez, may need to take a court-ordered paternity test in light of 20 year-old Mariah Yeater's claims that Bieber fathered her child, reports [People](#). Though Bieber denies ever meeting Yeater, her attorneys assure the court that they have credible evidence proving Bieber's relationship to the child. "The judge has to weigh two things: Bieber's right to privacy versus the child's right to know who the father is," said L.A. family law attorney Steve Mindel. "Unless the judge thinks the woman made everything up, the court will likely order the test as the quickest resolution."

How do you combat false infidelity rumors when you're in a relationship?

Cupid's Advice:

Dealing with false rumors can be difficult and damaging. Here are a few ways to combat the false accusations:

1. Defend yourself: When a false rumor presents itself, deny the rumor. Offer credible evidence in your defense, and prove your innocence.

2. Confront the source: If you know who is spreading the rumors, confront them. Tell the source that you find the remarks hurtful. Many times the people who start rumors do not realize the effect they will have.

3. Stop reacting: If the above steps prove ineffective, then stop reacting to the rumors. Eventually, the source of the rumors will tire and the false claims will subside.

Have you ever had to deal with false rumors? Feel free to leave a comment about your experiences below!

Rebound: Elisabetta Canalis Is Dating Mehcad Brooks





Elisabetta Canalis is already moving on. The former Italian TV personality, who dated George Clooney for two years until their split last June, is now in a new relationship with *True Blood* star Mehcad Brooks, reports UsMagazine.com. “They started seeing each other after she left *Dancing with the Stars*,” said a source. “She already refers to him as her boyfriend. They’re really cute.”

How do you know if your new relationship is a rebound?

Cupid’s Advice:

It’s easy to enter a new relationship before you have recovered from a past breakup. Here are a few ways to tell if you’re in a rebound relationship:

- 1. You think about your ex:** If you find yourself frequently thinking about your ex instead of your new partner, you probably still have feelings for your former partner.
- 2. You compare your relationships:** If you find yourself comparing your current partner to your ex, you need to rethink the relationship. Let your partner be their own person, and

don't compare them to your ex.

3. You don't see a future: If you're in a serious relationship, try visualizing a future with your partner. Until you can picture a future with your partner, you will never be completely over your ex.

Have you ever been in a rebound relationship? Feel free to leave a comment below.

How to Campaign for a Better Relationship



By Tanni Deb

With Election Day around the corner, this is the best time to campaign for a better relationship. Whether that means leaning to the left with a liberal approach or moving toward the right with a more conservative one, you deserve the best you can get. Use the following guidelines and you just may win a vote from that special someone:

To find the perfect partner:

1. Figure out what you want in a partner: Knowing exactly what you want in a partner will help you narrow down your choices just as you would with a candidate in an election. Otherwise, you'll settle for anyone.

2. Figure out what issues/things you can compromise: Figure out what things you're willing to let go, such as finding a mate who doesn't have certain features or doesn't meet your height requirement. Although compromising is important for a healthy relationship, never do it for major issues. For instance, if you want a family in the future, don't make a life with someone who doesn't like children.

Related Link: [Three Tips to Enjoy Marriage Despite the Battles](#)

3. Search: You'll probably need to search in a variety of places before you find your perfect partner. Dating sites, clubs or even attending a party at your friend's house can lead you to your ideal mate.

4. Get to know him/her: After you've found the person you think is "The One," date seriously for at least a year. If you find that the person has way too many red flags or your feelings for him or her aren't strong enough, it's best to end the relationship so you don't drag it out for four more years.

5. Marriage: Talk about settling down and moving onto the next step in your relationship if you can see yourself married for the rest of your life. Unfortunately with relationships, it's

not quite as easy as electing a new candidate whenever you hit a rough patch.

To improve your relationship:

1. Communicate: Communication is the key to every successful relationship. It helps avoid misunderstandings, fixes problems, and aids in understanding each other in order to improve your relationship. Ask your partner how their day was, if they have any new interests and any other common questions. You should also show that you appreciate your partner by complimenting him or her once in a while.

Related Link: [How to Communicate to Get What You Need](#)

2. Listen: Just like communication, listening is another major factor in a successful relationship. Your interest and focus is important to your mate and when you show that they have your full attention, it means the world to them. It will also build a sense of respect and trust between both of you.

3. Think positively: When you concentrate on the negative aspects, it'll cause tension in your relationship. The next time you have a negative thought about your significant other's actions, come up with a more reasonable explanation for his or her act and then discuss it. If an argument arises, control your tone and figure out what the major issue is or the message your partner is trying to communicate. Lastly, remind yourself frequently of the good times you've spent together.

4. Common goals: Having similar ambitions in life makes your relationship stronger. Figure out what both of you want and where you both want to be in the future. Find common goals and talk about how to achieve them together.

5. Find time for each other: Work is important, but for relationships to flourish, it's essential to have time for your significant other. Instead of taking things too

seriously, spend time with your sweetheart, have fun and just relax.

If you know other methods of finding the perfect partner or changing the relationship you're in, let us know in a comment below. Best of luck this election season!

Jessica Simpson Will Wed Eric Johnson After Baby is Born



After months of tabloid rumors about Jessica Simpson's potential baby bump, she has finally confirmed that she is indeed pregnant with her first child. According to [People](#), the

new baby with fiancé, Eric Johnson, wasn't exactly planned, but wasn't something they were trying to avoid either. The singer/fashion designer and former NFL player are still completely committed to getting married, although it will now probably happen after the baby is born. "It's just going to be at a later date now [because] they really want to enjoy this time in their lives," said a source close to the couple.

What are the advantages to waiting until after your baby is born to tie the knot?

Cupid's Advice:

Since every wedding is unique, there's no perfect formula for a wedding. But, if you're pregnant before the wedding, there are some advantages to waiting until after the baby is born to have the ceremony.

1. Your child can be part of the ceremony: It's both adorable and meaningful to make your child an active part of your wedding. If they're old enough, they can even be the flower girl or ring bearer.

2. The dress is a better fit: It's hard to fit into a wedding dress with a baby bump, but once you get your figure back, you'll look fabulous.

3. A kid-friendly wedding: At most weddings, the kids are left at home. If your child is part of your wedding, however, your guests can bring their kids along, too.

How long should you wait after having a child to get married? Share your ideas below.

Justin Bieber Denies Fathering a Baby



Baby, baby, baby noooo way! Justin Bieber recently became the father of his new puppy, Baylor, with girlfriend, singer and actress Selena Gomez, but he denies all accusations that he fathered the (human) child of Mariah Yeater. The 20-year-old Californian told STAR magazine that she and Bieber, 17, had sex backstage at a show in L.A. She gave birth to her son three months ago, and has filed a paternity lawsuit against the young pop sensation. A rep for Bieber told UsMagazine.com, "While we haven't yet seen the lawsuit, it's sad that someone would fabricate, malicious, defamatory AND demonstrably false claims. We will vigorously pursue all available legal remedies to defend and protect Justin against these allegations."

How do you handle others' claims that your partner is

cheating?

Cupid's Advice:

Hearing that your partner is cheating on you is humiliating and infuriating. If you're told your partner's been sneaking around, here's some ways to react:

1. Get the facts: Don't believe everything you hear without finding out exactly what people are saying, and who's saying it. Rumors get twisted, but they have to start somewhere. Get your facts and your sources straightened out, and then proceed to deal with the situation.

2. Confront the source: If someone tells you that your partner is cheating, turn around and directly ask your significant other. It might be difficult, but usually that fear comes because we're afraid of their answer. Make sure that you don't back down too easily if they try to persuade you otherwise. They've lost your trust, and they need to win it back by proving themselves.

3. Don't act irrationally: Just because you hear that your partner has cheated, that doesn't mean you should try to even the score by cheating on them. All previous trust within the relationship will vanish, and repair may be impossible, especially if your partner ends up being innocent. Wait until you're positive your partner is cheating, and then handle the situation maturely, whether that's breaking up or choosing to work things out.

How did you handle rumors that your partner was cheating? Share your experiences below.

Relationship Advice: Wine Taste Your Way to An Intimate Date



By Sarah Batcheller

If you and your partner enjoy the luxury of indulging in expertly crafted wines, then attending a wine tasting event can be the perfect date idea. Watching a movie or dining at a crowded restaurant doesn't always give you the opportunity to be intimate. Who could ask for more than learning about – and sipping on! – smooth wines in a cozy tasting room?

Date Idea for Wine Enthusiasts

Have you ever wanted to feel like former *Bachelorette* [Kaitlyn Bristowe](#), and enjoy your favorite crisp, white wine while conversing with your beau? Well, it's not as far-fetched as it sounds! Just find a winery in your area to give a classy and elegant edge to a typical weekend date idea. You can even find one that calls for more formal attire if that's the style you and your lover prefer. You'll be feeling like a reality TV star in no time!

Related Link: [Celebrity Couple Kaitlyn Bristowe & Shawn Booth Talk Wedding Plans & Mile High Club](#)

Don't forget to take your budget into account. This experience can be a full day event, and you may buy several bottles to take home. It's also good to confirm the cost of the tastings. Some places charge a fee to participate, while other venues are free. Finally, if you're hoping to purchase food to pair with your favorite new wine, you'll have that additional cost to factor in. Check out www.winerybound.com to find the winery closest to you.

Follow this additional [relationship advice](#) if you don't live near a winery: You can create your own wine-tasting experience by packing some bottles and enjoying a romantic picnic. Or you can look in your local paper for restaurants or wine shops in your area that are hosting tasting parties. For an even cozier option, consider planning your own event. Invite your partner over to your place for a private sampling of reds and whites from a particular region. You'll be regular connoisseurs before you know it!

Related Link: [Date Idea: Tease Your Taste Buds](#)

Whether you're a wine expert or simply looking to try something new, wine tasting is a fun, educational, and intimate date idea.

Have you ever been on a wine tasting date? Tell us about it in the comments below!

Denise Richards and Richie Sambora Are Dating Again



Being reunited must feel good for on-again couple Denise Richards and Richie Sambora. The two were seen together Sunday night at a Japanese restaurant in California, according to [E! Online](#). After a year long relationship in 2007, the couple have decided to try their hand at love together again. In Richard's memoir, she discussed her relationship with Sambora saying, "Richie and I shared an easiness I hadn't

before had.” She also revealed that since their split, the couple has met up a few times. It’s clear that they both still care for each other, and hopefully this time around proves to be more successful.

What do you do when you haven’t gotten over your ex?

Cupid’s Advice:

It’s important to give yourself some time after a breakup to focus on yourself. However, if after a while you still have strong feelings for your ex, maybe it’s time to explore why you broke up and if there’s potential for a reconciliation. Here are some things to consider:

1. The reason you can’t move on: Many times it’s hard to get over an ex if there was no closure at the end of your relationship. Meet up with your ex and discuss why your relationship ended to help your feelings subside.

2. Learn from your mistakes: In a lot of relationships, both parties feel like the other is at fault for a breakup. Instead of blaming your ex for everything, look at what you both could have done better to make your romance last.

3. Second chances: Sometimes it takes a split and individual growth to realize that your ex is the right person for you. Talk to your former partner and see if there’s a potential future still there for you.

What did you do when you couldn’t get over your ex? Tell us your story below.

Shia LaBeouf's Girlfriend Visits Him on Set



Even though his girlfriend, Karolyn Pho, isn't acting in the new movie *The Company You Keep* with Shia LaBeouf, she still kept her beau company recently on set. According to [People](#), Pho wore casual clothes and was friendly with crewmembers while visiting. She even shook the hand of director Robert Redford. Later, both LaBeouf and Pho managed to sneak off set and enjoy some alone time at a nearby coffee shop. Then, not quite ready to separate, they strolled arm-in-arm on the way back.

What are some ways to support your partner's career?

Cupid's Advice:

Even if you don't fully understand your significant other's career, it's important to show your support. Cupid has some ways to do just that:

1. Be there: Be aware of your mate's career moves and changes so that you can support and encourage them each step of the way. Pep talks at the right times certainly couldn't hurt.

2. Promote relaxation: Help your partner take their mind off of hectic or stressful times at work by doing something fun. Theme parks, movie theatres, or even a short interlude at a coffee shop like Karolyn Pho and Shia Labeouf work great.

3. Show understanding: If your partner has a chaotic job, they may not always be home on time, or they may have to travel a lot. Be willing to travel with your partner, and if that's not possible, make the time you have with them count. Whatever you do, don't make them feel guilty.

What are some ways that you support your partner's career? Share your ideas below.

Etiquette Expert Says Kim Kardashian Should Return Wedding Gifts





According to Lizzie Post, an etiquette expert and author of *Emily Post's Etiquette 18th Edition*, Kim Kardashian's plan to give her wedding gifts to charity following her divorce from Kris Humphries is the wrong decision. Post does stress, however, that she's certainly not against charitable giving, according to [People](#). "I don't want to come across as saying that charity wouldn't be a great way to handle it," she says. "It's just that in that case, you're making a charitable donation on someone else's behalf under your name." She goes on to say that Kardashian would come across as seeming undeservingly "generous" and will get a bit tax write-off because of it. The right way to handle it, she recommends, is returning the gifts to the givers.

If your marriage dissolves quickly, what do you do with the gifts?

Cupid's Advice:

It's an unfortunate circumstance with which to deal, but when your marriage doesn't last past the first few months, it's important to know what to do with the gifts you received at

the wedding. Here are some options:

1. Charity: If you think your guests would be offended at getting their gifts back, consider donating them to charity like Kim Kardashian. Just because Lizzie Post doesn't think it's the proper thing to do, doesn't mean it's not the right decision for you.

2. Return to stores: One option is returning the gifts to the stores they came from, and then giving the money back to your former guests. This eliminates the need for them to go through the trouble to return the gifts themselves.

2. Return to guests: If you're lacking time and energy, send each of the gifts back to the respective givers. Make sure to include a note thanking them for their kind thoughts.

What should you do with wedding gifts if your marriage dissolves quickly? Share your thoughts below.

How to Master Being in a Relationship





By Nan O'Brien

As a professional Spiritual Teacher and Intuitive Counselor, I am always asked, "When will I meet the right person?" You may think of yourself as a failure unless you are in a happy, committed relationship. You may feel you aren't attractive, funny, sexy, or smart enough. Ultimately, it all boils down to one question in your head: "What's wrong with me?"

The good news is, the answer is "nothing"! The most common reason people do not find happiness in relationships is because they have trouble learning the intuitive life lesson of *balance*. It can be tough to tell if this problem is at the root of your relationship issue. Ask yourself these questions:

Do you always feel you must take care of others? Do you feel guilty if you put yourself first? Are you attracted to partners who have had problems in prior relationships? Do you work at making your partner feel loved, while at the same time doubting if he or she feels as strongly as you do? Do your significant others go on to be in healthy relationships with others after leaving you?

Related Link: [Cougar Dating Love Lessons Even Demi Moore Can Use](#)

If you answered “yes” to any or all of these questions, you gravitate toward the emotionally unavailable person, and your relationships are based on *need* instead of *want*. The reason for this confusion is that feeling needed is often disguised as feeling loved. You give your all, hoping that it will somehow come back to you. You believe you must convince the other person you won’t abandon them like everyone else has. You look for reasons that prove your partner cares (the smallest gesture seems huge), and you make excuses for what they don’t do. You defend your lover to your friends and family, while deluding yourself. You know something isn’t right, but you’re so busy saving the other person that you lose yourself.

The key to the intuitive balance lesson is to learn how to give *and* receive. Before you can be in a relationship with others, you must first be in a relationship with yourself. This is *not* the same thing as being alone – because anyone can be alone! Being in a relationship with yourself means treating yourself as wonderfully as you treat others. Think about how much time, energy, and financial resources you spend on your partner in a relationship. Have you ever spent that much on yourself? You deserve the best of you; and you cannot give your best to others, or receive from them, until you have learned how to give your best to *yourself*.

Related Link: [Single Celebrities Who Rock \(and Rule\)!](#)

Once you have mastered being in a relationship with yourself, your energy shifts. You’ll not attract, nor be attracted to, relationships that are unhealthy and need-based; you will resonate with partners who are able to give and receive, paving the way for a healthy and fulfilling want-based relationship.

The intuitive balance lesson is the key to successful and sustainable relationships. The timing is determined by you and how quickly you embrace being in a relationship with yourself. You'll find the perfect partner if you start by nurturing the one you already have – YOU!

Nan O'Brien is a nationally-known Spiritual Teacher and Intuitive Counselor. She has hosted her own nationally-syndicated radio show and appears regularly on radio stations throughout the U.S.; is a frequent contributing columnist for websites and news outlets; has authored numerous non-fiction books; and is a sought-after public speaker. In addition, she conducts personal phone appointments. For more information, please visit www.nanobrien.com.