Nikki Reed Says Marriage Is 'Easy Breezy' So Far





In light of the

recent influx of celebrity divorces, it's great to come across a happy and healthy Hollywood marriage. Nikki Reed, who tied the knot with *American Idol*'s Paul McDonald, told *People*, "The first year [of marriage] is not the hardest. Gosh, if this is the hardest, then it's gonna be easy breezy." She added that even under the most stressful situations, she and her new husband still make a great team.

As a newlywed, how do you set a good precedent for your marriage?

Related: Cheat On Your Husband (With Your Husband)

Cupid's Advice:

It's important set the precedent for a healthy relationship from the beginning, not just when it comes to marriage, but

also when it comes to dating. Cupid has some tips:

- 1. Don't sweat the small stuff: Fighting over silly things is a waste of time and can only put an unnecessary riff between you and your partner.
- 2. Speak up: If your partner says or does something you don't like, tell them from the beginning that their behavior is unacceptable.
- 3. Be their best friend: A perfect partner isn't just a lover, but also a best friend.

How do you connect with your partner early on? Share your thoughts below.

Connie Britton Adopts a Son from Ethiopia





Connie Britton, star

of the new hit series, *American Horror Story* is the proud new mom of a baby boy from Ethiopia. Britton finally got to bring nine-month-old Eyob home after a three-year- long adoption process. According to *People*, the 44-year-old actress is happy for motherhood and says that her son has completed her.

What are some ways to bond with an adopted child?

Cupid's Advice:

When you adopt a child, bonding can be difficult. Here are some tips for you and your child to become comfortable with each other. Bonding takes time, but with love, it will happen sooner than later:

- 1. Teach and learn: If your child is from a different background than you, take time to explore their culture together. A trip to a museum, library, or restaurant when they're older will bring you closer.
- 2. Interact with your baby: You are not the child's biological parent, so eye contact during feedings are important to your baby getting to know you and creating a bond stronger than any biological relationship. Try a baby massage class to learn the value of touch.

3. Interact with your older child: Older children take a little more time to bond with, but the techniques are the same. Love, conversation, eye contact, touch and honesty will do the trick. Remember that growing close takes time.

How did you bond with your adopted child? Share your experiences below.

Tori Spelling Calls Dean McDermott Her Soul Mate





What do you get a

man who has everything as a birthday gift? For Dean McDermott's birthday, wife, Tori Spelling, posted a love letter to him on her website where she called McDermott her soul mate. "I would dream of you for so long," Spelling wrote. "So many represented you. My dad. Every Ken doll I ever played

with. Every prince in every Disney cartoon. The lead character in every John Hughes film. Not one guy I ever dated. And, then you became a reality." According to <u>People</u>, the two who wed in 2006 just welcomed their third child, Hattie.

What are some signs that your partner is "the one"?

Cupid's Advice:

Everyone is looking for "the one." So when you find him or her, hold onto them. Here are some signs that "the one" may be right in front of you:

- 1. You dream of them: When you've found your soul mate, you spend your days daydreaming about them and your nights unable to sleep because you're so excited to be with them.
- 2. You can't stop smiling: Those in love are all smiles. When you find "the one", you may find yourself smiling at inappropriate times because you just can't contain your happiness.
- 3. They dream of you: If they spend as a much time dreaming, thinking, and smiling about you, they are "the one."

How do you tell your partner that you think they're the one? Share your ideas below.

Celebrity Couples Who Like to Shop





By Nisha Ramirez

We know celebrities love to shop, but celebrity couples who do it together are super cute! There's something about a guy holding a women's department store bag that makes us melt. In the real world, hitting the mall with your sweetheart can mean total boredom for him and a headache for you. Maybe these celeb duos aren't captured on camera arguing because they don't have to look at price tags. Whatever the reason, below are five of Hollywood's most well-known fashion-seeking duos we can't help but admire:

1. Gwen Stefani and Gavin Rossdale: This married couple are always photographed and filmed with two things: their children and their shopping bags. Paparazzi regularly capture the rocker family cruising store aisles in style. They love fashion so much that Gwen even launched her own line. This family makes spending a paycheck look fun.

Related Link: Zimbio's Top 10 Sizzling Celebrity Couples

2. Jessica Simpson and Eric Johnson: This engaged duo and

parents-to-be are always spotted together, in and out of retail stores. Since Jessica Simpson's pregnancy announcement, something tells us that the two will be shopping less for orange Birkin bags and more for onesies and designer baby clothes.

- 3. Emma Watson and Johnny Simmons: Thank goodness shopping is universal. Emma Watson and her new man, Johnny Simmons, went on a Paris shopping outing last summer. In fact, *People* reports that Watson tried on clothes and modeled them for Simmons in boutiques around the City of Lights. There's nothing like relying on your partner to give you an honest opinion.
- **4. Reese Witherspoon and Jim Toth:** This actress and her agent know how to create romance out of a day perusing the shops. *Zimbio* caught the pair with their hands full of more than just shopping bags. The two lovingly shared hugs and kisses in between Witherspoon's visit to fitting rooms.
- **5. Will Smith and Jada Pinkett Smith:** After dodging rumors of a divorce last August, the Smiths used a day of shopping to prove to the world that their relationship was still going strong. The couple must believe in therapy—retail therapy, that is—because they are always spotted window shopping. Their last big purchase? Part ownership of the Philadelphia 76ers.

Related Link: Celebrity Couples Who've Made the World a Better Place

If you and your partner are dying to get out of the house and spend some quality time together, shopping may be the answer. You're sure to have a smile on your face when you're walking around in brand new high heels or a gorgeous multi-colored scarf around your neck.

How does your significant other feel about shopping with you? Share your experiences below.

Ruben Studdard Files for Divorce From Wife Surata Zuri McCants





American Idol Season

2 winner Ruben Studdard is divorcing his wife of three years, reports <u>UsMagazine</u>. "Ruben and Zuri have gone their separate ways," said Studdard's rep. Studdard, 33, married Surata Zuri McCants in Mountain Brook, Alabama on June 28th, 2008. The couple shares no children.

What are three things to consider before filing for divorce?

Cupid's Advice:

Even when a relationship seems over, it may still have some redeeming qualities. Here are a few things to consider before

filing for divorce:

- 1. Your emotions: Many relationships go through rough patches. Make sure that your relationship is beyond repair and that you have absolutely no feelings left for your partner when you file for divorce.
- 2. Children: If you and your partner share children, you may want to consider extensive couple's therapy. Your decision will affect not only you and your partner's lives, but your children's lives as well.
- **3. Financial stability:** Going through a split can be very expensive. If you and your partner can't afford to pay for lawyers, it might be best to hold off for a time when the divorce settlements can be handled properly.

Have you gone through a divorce? Feel free to leave a comment with your thoughts below.

Demi Lovato Catches Bouquet at Disney Co-Star's Wedding





The wedding fairies

may be trying to tell former Disney star Demi Lovato something. The actress recently attended her former *Sonny with a Chance* co-star Tiffany Thornton's wedding, and she caught the bride's bouquet at the reception, according to *UsMagazine.com*. Lovato wasn't shy about her accomplishment, either, as she went straight to Twitter to tell the world. "Such a beautiful day," Lovato tweeted. "Congrats to the new Mr. and Mrs Chris Carney! P.S. Guess who got the bouquet? ME!"

How do you deal with your man when he freaks out after you catch the bouquet?

Cupid's Advice:

Catching the bride's bouquet at a wedding traditionally means you'll be the next to tie the knot. This can send your man into a full-on panic. Here's how to keep him calm:

- 1. Don't make it a big deal: After you catch the bouquet, play it cool. Don't make a big fuss or put any pressure on your man. This will only make him more stressed.
- 2. Keep expectations out of it: Make it clear that the bouquet doesn't change your mindset about your relationship. Make it

be known that you don't have any outstanding expectations as a result.

3. Play it off as superstition: Make it be known that you are fully aware that the bouquet tradition is purely superstition, and simply laugh it off.

How do you calm your beau's nerves post-bouquet catching? Share your ideas below.

Heather Locklear and Jack Wagner Call Off Their Engagement





Their characters may

have tied the knot on Melrose place a year ago, but Heather

Locklear and Jack Wagner won't be heading to the alter anytime soon. According to <u>People</u>, the couple have called off their engagement. The pair, who got engaged in August, had the full approval of Locklear's daughter, Ava. "Ava was so excited when we told her," said Lockclear. "She hugged Jack, said congratulations, and she immediately wanted to see the ring. Then she ran and Facebooked her new stepbrother."

How do you know when it's time to call off an engagement?

Cupid's Advice:

When you're set to marry, it can be difficult to just call everything off ... especially after you've already told everyone about your wedding plans. Here are some ways to know it's time to say "no" to marriage:

- 1. Wedding plans have ceased: If you don't feel like planning your wedding and your partner feels the same way, it's probably a sign that neither of you are ready to tie the knot. It doesn't necessarily mean you have to break up, but there's no reason to rush into marriage right away.
- 2. You have doubts: Pay minor doubts no mind, as everyone has worries. But when you start having major doubts about the future of your relationship, it's time to start questioning why you're getting married in the first place.
- 3. You're not excited: Weddings are a joyous occasion and if you're not anxious for yours, that's not good. Sometimes peer pressure and family obligations can lead you into a marriage you're not ready for, so beware of that and stand your ground.

How did you know when to call off your engagement? Share your experiences below.

Are Cameron Diaz and Diddy Hooking Up?





Cameron Diaz and

Alex Rodriguez may have called it quits, but she isn't giving up on men just yet. The actress is rumored to have reunited with her on-and-off again hookup Sean "Diddy" Combs. The duo has reportedly gone public, and eyewitnesses have reported seeing them "making out" and "acting romantic." This wouldn't be a problem if Combs wasn't currently dating his model girlfriend, Cassie, of three years. A friend told <code>UsMagazine.com</code> that, "Diddy's single whenever there's a better offer on the table!"

What are some signs that your partner is cheating on you?

Cupid's Advice:

Are you suspicious that your partner is sneaking around? It's important to trust your gut. Cupid has some tips:

- 1. Change in behavior: If your significant other is suddenly overly nice or incredibly rude, it might be a sign that something's up. Also, if you feel like you can never trust anything they're saying because the story never adds up, it's probably something you'll have to explore.
- 2. He's avoiding you: When they're constantly hanging out in a group of friends without you or is claiming to "be too busy to spend time with you," it's time to ask deeper questions.
- 3. His appearance has changed: You may have noticed that looks have suddenly become a priority to your mate. If he gels his hair of has started trending a new wardrobe, it's possible he's trying to impress someone besides you.

How did you catch your man cheating? Share your experiences below.

Rumor: Britney Spears Could Be Engaged After Her Tour Ends





Apparently three

times really may be the charm in this case. Britney Spears may be walking down the isle with her boyfriend and manager, Jason Trawick. Rumor has it that when Spears wraps up her Femme Fatale tour, Trawick will finally pop the big question after years of dating. According to RadarOnline, Spears is under a conservetorship, which simply means her father is in charge of her financial assets and well being. If Spears decides to get married, her father's lawyer will have to sign off on the union. Spear's family and two sons, Sean Preston and Jayden James, love Trawick and can't wait for him to join the family.

How do you know when to pop the question?

Cupid's Advice:

Proposing can be nerve racking, no matter how long you've been dating your partner. Fear of rejection and long time commitment can put an engagement on hold. Here are some ways to know you're ready:

1. Family: If your family is crazy about your partner, then he or she is likely a keeper. Do either of you have children? If you have already begun to raise kids as a team, it might be time to make it official.

- 2. You find yourself looking at rings: Talking about marriage and kids is one thing, but actually window shopping or surfing the net for a ring may mean that your ready to take the next step in your relationship.
- 3. Commitment: An engagement means a commitment to each other, and the ring lets other men and women know that your partner is happily taken. Some couples decide to stay engaged and forget marriage, while others enjoy a long engagement before sealing the deal. Whatever you and your partner choose, if you're in love and ready to make a commitment, its time to pop the question.

When did you know it was time to ask, "will you marry me?" Share your experiences below.

Kim Kardashian: Starring in Her Own Life Story





By Amy Beth O'Brien

Regardless of what you may think of the Kim Kardashian/Kris Humphries whirlwind marriage, you have to admire a woman who knows how to play to her strengths. Ever since Kim's life became the subject of an E! reality TV show, her life became a business. Like any good businesswoman, she knew when to cut her losses.

Whereas most women in the non-reality world may have ignored the inner voice that told us we were <u>making a mistake</u> with our marriage and then spent years trying to make it work, Kim called it quits before anyone invested any more time or money.

Related Link: <u>Kim K's Divorce A Reminder About Relationship</u> Mistakes to Avoid

How many of us would have stuck it out because our parents spent a ton of money on the wedding and 400 guests bought us presents? How many would have been embarrassed to admit they made a mistake? Maybe we would have let it go on for years, had an affair, or brought a child or two into the equation in an effort to do what we thought was the right thing.

After it ended, we'd tell our friends how we knew it wasn't right from the beginning. We just got so caught up in the

wedding preparations and the desire for a fairy tale ending that we ignored the nagging inner voice of wisdom that told us we were on a road to nowhere with Mr. Wrong.

Related Link: <u>Kim Kardashian Files for Divorce From Kris</u> <u>Humphries</u>

It's a given that allowing your life to be put on display is probably not the best idea if you want your marriage to succeed, but for Kim Kardashian and Kris Humphries, I suspect they're no different from the thousands of other people who get married every year without enough forethought, only to wind up divorced. It's just that most of us would tie ourselves in knots trying to make it work and spend years in therapy avoiding the inevitable. We'd continue putting on a show for the sake of everyone around us, instead of acknowledging the reality of our lives. After a respectable amount of time passed, we'd finally give in and end it—an undefined amount of time that told society we at least gave it a shot.

Instead of judging Kim's 72-day marriage, perhaps we should admire her for being a little more real than the rest of us, having the savvy and the courage to play a starring role in her own life, and writing a script where the happy ending isn't the marriage, but in this case, a divorce.

Amy Beth O'Brien is the author of four-time-award winning book Stuck with Mr. Wrong? Ten Steps to Starring in your own Life Story. Visit her web site at www.amybethobrien.com.

'Bachelor' Couple Vienna Girardi and Kasey Kahl Call It Quits





Add another break-up

to *The Bachelor* and *The Bachelorette* bunch, because another couple has split. Vienna Girardi and Kasey Kahl became an item on the reality show *Bachelor Pad* when they took a second shot at love, but the couple has decided to go their separate ways. "Yes vienna and I have split. It's been 5 weeks now. I can't fake it anymore. I will always love, be there for her, and wish her the best," Kahl posted to Twitter. "@KaseyRKahl will always be my best friend, but yes we have split. No idea what the future holds for us but we will always remain friends," replied Girardi, also via Twitter.

How do you know when it's time to go your separate ways?

Cupid's Advice:

Breakups aren't always easy, and it's hard to be sure when you're ready to split from your partner. Cupid has some tips:

- 1. You're having doubts: If you've started to second guess your relationship, figure out why you feel that way. It's important to have confidence in your relationship together, and if you don't, who will?
- 2. The novelty has worn off: The beginning of a relationship is the most thrilling part because it's all new and exciting. If you've stopped growing as a couple, there's no point in pretending it's going to work long term.
- 3. You don't see them in your future: If you can't imagine spending the rest of your life with this person, don't continue to waste your time or theirs.

How did you know when to end your last relationship? Share your comments below.

Jake Pavelka Goes Public With His New Model Girlfriend





The Bachelor star

Jake Pavelka, 33, is a bachelor no more. Pavelka is now a dating graduate of the University of Central Florida and a contestant on CMT's Sweet Home Alabama, Ashley Ann Vickers. The relationship is fairly new, as they met on the set of the CW show H8r and just this past Saturday hit the beach for some couple-time. According to <u>UsMagazine.com</u>, Vickers' website says she is a Southern born lady who competed in the Miss USA pageant and modeled for Maxim. But her true passion lies in motivation, as she "hopes to become a full time motivational speaker for college kids" in the future. If her website is anything to go by, Vickers seems like a keeper.

What are some things to consider before going public with your relationship?

Cupid's Advice:

It's tough to know when the right time is to tell your friends and family about a new relationship. Cupid has some tips:

1. Determine your motives: Why do you want to go public with your relationship? If it's because you want to share the source of your happiness, then it's probably time to tell family and friends. If it's because you want to avoid awkward questions from friends and family, that may not be a good

enough reason.

- 2. Label it: Figure out what the title you're going to give your relationship. There's nothing more awkward than going to introduce someone and not knowing what exactly to call the relationship. If you can talk about that, you're ready to go public.
- **3. Give a head's up:** There's nothing worse than introducing your partner and having a family member or friend share some embarrassing information. Avoid awkward introductions by giving forewarning.

How did you decide to go public with your relationship? Share your thoughts below.

Fame, Fortune and Love: The World's Wealthiest Celebrity Couples





By Whitney Baker

Hollywood's It Couples outshine us regular folks in more ways than one: they're happily in love; they live extravagant and fame-filled lives; and they have more money than they can possibly spend. With a total of over \$535 million divided among them, the celebrity couples on our list better have some shopping to do — or they're going to be carrying around quite a few hefty wallets. Here they are:

1. Beyoncé and Jay-Z: This celebrity couple is not only the wealthiest couple on our list — raking in nearly double the next-richest duo — but perhaps the busiest as well. Pocketing nearly \$124 million, they earned their paychecks from music sales and singing gigs, as well as endorsement deals and clothing lines.

Related: <u>Celebrity Couples You Just Might See at a Sporting</u>
Game

2. Harrison Ford and Calista Flockhart: Ford owes Indiana Jones a big thank you: the most recent installment, *Indiana Jones and the Kingdom of the Crystal Skull*, earned the action star over \$66 million. Flockhart starred in the ABC drama *Brothers & Sisters* (cancelled earlier this year after five seasons), bringing their collective income to over \$70

million.

- **3. Gisele Bundchen and Tom Brady**: These pretty faces earned a combined \$63 million last year. *Forbes* ranked Bundchen the world's highest-paid model for the third-consecutive year, stating that her runway work and cover photos earned her \$45 million. During football season, Brady receives his \$18-million-a-year paycheck.
- **4. Brad Pitt and Angelina Jolie**: Reports from *The Sun* reveal that this famous couple spends \$10 million a year on their six children alone, accounting for only a fraction of their combined yearly salary of \$55 million. Another big chunk of their paycheck? They are currently renovating the \$56 million French Chateau that they call home.
- **5. Will and Jada Pinkett Smith**: With wife Pinkett Smith focusing her efforts on behind-the-scenes work (both writing and producing), there's no doubt that Smith makes his mark on the big screen. Grossing over \$5.8 billion at worldwide box offices and commanding \$20 million per film, Smith is the primary contributor to the couple's joint \$50 million a year income. With a paycheck like that, it's no wonder the couple is raising their family in a 25,000 square foot mega-mansion in Calabasas, Calif.

And now for the runner-ups:

6. David and Victoria Beckham: It looks like their 2007 move from London to Los Angeles is paying off, with the couple earning \$46.5 million in 2010. David's soccer career is supplemented with a few highly lucrative product endorsements, such as Armani and the after-shave and fragrance line called David Beckham Instinct, and Victoria has found chic success through her self-titled fashion line.

Related: Celebrity Couples Who've Made the World a Better Place

- 7. Ellen DeGeneres and Portia de Rossi: With Oprah running her own television network instead of hosting her show, DeGeneres is sitting pretty as the queen of daytime talk shows. De Rossi has been busy with her recent acting on Better Off Ted and sales from her memoir, Unbearable Lightness: A Story of Loss and Gain, making the couple's combined income \$36 million.
- 8. Gwyneth Paltrow and Chris Martin: Currently raising their two children in London, this overseas couple brings in a joint paycheck of \$33.5 million per year. While Martin depends on the worldwide success of Coldplay, the Oscar-winning actress's recent accomplishments include her performance in *Country Strong* and her guest appearances on *Glee*, as well as her family-focused cookbook, *My Father's Daughter: Delicious, Easy Recipes Celebrating Family & Togetherness*.
- **9. Sarah Jessica Parker and Matthew Broderick**: The New York City-based couple brings in over \$29 million a year, with Parker as the unequivocal breadwinner. She recently left her position as chief creative officer of Halston Heritage, but has plenty of other lucrative projects to fall back on, including that of movie star, perfumer and spokeswomen, not to mention her starring and producing roles in the Sex & the City television series and movies. Broderick has switched gears since his teen heartthrob days (circa Ferris Bueller's Day Off) and now focuses his acting efforts on Broadway.
- 10. Tim McGraw and Faith Hill: Thanks to the talents of these two country superstars, they brought in a combined income of nearly \$28.5 million. McGraw has enjoyed 21 number one singles on the Billboard Hot Country 100 charts and recently ventured into acting, appearing in hit movies such as *The Blind Side* and *Country Strong*. Meanwhile, Hill's musical prowess has earned her a Grammy Award, American Music Award and the People's Choice Award.

Who is your favorite wealthy celebrity couple? Share your

Rob Pattinson Thinks Kristen Stewart Looks "Amazing" as a Bride





Aside from the Royal

Wedding and Kim Kardashian's fairy tale nuptials, the *Twilight Saga: Breaking Dawn Part I* is due to premiere in just a couple of days with one of the most anticipated "I do's" of the year. To the building anticipation to see Kristen Stewart make her way down the aisle, Rob Pattinson had this to say: "It's a white dress," he joked. "But it's beautiful, it's an incredible dress. She looks amazing." Not only did Pattinson enjoy seeing his on-and-off-screen girlfriend all glammed up in her wedding dress, but he also gained a new appreciation

for real-life nuptials, according to <u>People</u>. As the on-screen groom, he realized that his role in the wedding was minuscule compared to Stewart's. "She had to deal with all the nerves, all the heavy lifting in the scene," said Pattinson. "You suddenly realize that the role of a man, the role of a groom in a wedding, is that of a prop."

What are three ways that a man can best contribute to the planning of his wedding?

Cupid's Advice:

Weddings can be stressful and exciting at the same time. Don't let your man miss out on all the hard work or the fun. Here are some ways to have him contribute:

- 1. Taste tester: Men love any excuse to eat, so take them along to taste all the possible flavors for your wedding cake and dinner meal. Along with the joy of sitting next to his bride-to-be, a satisfied belly can only add to the happiness. Also, if alcohol is being served at the reception, make sure his favorites are on the menu.
- 2. Let him manage the budget: If he has good math skills, let him handle the money side of things. This way he will feel in charge, while you still have the opportunity to pick the theme and create the wedding of your dreams ... without going broke.
- 3. Help make the lists: There are two important lists that contribute to a wedding's success: the invitation list and the DJ's playlist. Sit down and write the them together. It'll be a good way to get even more excited about the big day together.

How did your hubby help with the wedding plans? Share your comments below.

David and Victoria Beckham Get Cozy at Kid's Soccer Game





What's one of the

reasons we love the Beckhams? They are family-oriented and are not afraid to be affectionate in public. RadarOnline reported that the two were hugging and laughing while at their son's soccer game. When soccer star dad, David Beckham, wasn't taking proud pictures and Victoria wasn't giving baby Harper her undivided attention, the couple made sure to sneak in plenty of intimate moments.

What are some ways to keep the romance alive after you have kids?

Cupid's Advice:

- 1. Body contact: Intimacy is the key to keeping the flame between you and your partner lite. Hugging, holding hands, and rubbing his/her arm shows that you care and are sexually attracted to your partner, in a G rated kind of way.
- 2. Date night: Going out on a date once a week can be difficult when you have kids, but staying in can really be romantic. Turn your dining room into a restaurant or your bedroom into a spa for you and you partner to relax and enjoy each other.
- **3. Be thoughtful:** Give your partner a gift, but have the kids be a part of it. Want to give her roses? Let the little ones pick it out, this way romance isn't lost and neither is time spent with the kids.

How do you romance with your partner?

Justin Timberlake Attends Marine Corps Ball, Making Good on Promise





Justin Timberlake,

30, accompanied combat instructor Kelsey De Santis to the Instructor Battalion Marine Corps Ball on Saturday, making good on his previous promise. The singer and actor accepted De Santis' invitation over the summer. After the fact, Timberlake had nothing, but excellent things to say of the experience, saying that it "was one of the most moving evenings" he's ever had and that he was "really blown away." The star was very humbled by the experience and was surprised that such a young lady was representative of those that look after our freedom, according to <u>People</u>. He described them as "humble, concerned for others before themselves."

What do you do if your partner continually breaks promises?

Cupid's Advice:

If you're in a relationship and your partner continually breaks promises, it's time to take some action. Here are some options:

1. Talk to your partner: It might sound simple, but sometimes the best solution to broken promises is by talking to your partner and getting more information. Making them aware of how these breaks in trust affect you may appease the situation.

- 2. Put it in perspective: Decide whether their broken word is something minor or major. If it's something as inconsequential as not putting out the trash after he said he would, there may just be a problem with communication. Don't let a minor problem escalate for no reason.
- 3. Think about your relationship: Discern how you want things to develop in your relationship. Perhaps make a list of pros and cons and look at them with an objective eye. If the pros significant outweigh the cons, it may still be worth working on the relationship.

How do you deal with broken promises in a relationship? Share your thoughts below.

Kim Kardashian's Divorce: A Reminder About Relationship Mistakes to Avoid





By Rosalind Sedacca,

CCT

Sadly, celebrity divorces make all the headlines for all the wrong reasons. They showcase the most unconscious behavior, especially when it comes to relationships. Kim Kardashian's marriage going off track after such a short time is just one more example.

Related Link: Signs that Kim and Kris were Doomed

It appears Kim spent more time working out her wedding details than on determining whether this was a good match from the start. Unfortunately, celebrities are not alone in making this common mistake. Too many couples think no further than the honeymoon plans when contemplating marriage. They have no idea about the complexity behind real relationship issues and the maturity it takes to create a successful long-term outcome.

Divorced couples do, however. They learn through hindsight about the challenges two people face when living together week after week and month after month in today's stress-filled world. It takes awareness, flexibility, great communication skills and the ability to understand your partner's perspective to make a relationship work — and that's just for

routine life experiences. Throw in accidents, sickness, job loss and other major stressors, not to mention the complexities that come with having children, and it's easy to understand why so many marriages fail and too often end in divorce.

If you're divorced and looking to find a healthier, happier relationship ahead, or if you're marrying for the first time and want to avoid relationship disasters, here are some tips worth serious consideration:

Related Link: How to Size Someone Up For The Long Run

- Know your partner well during the good times and the bad. It's after you face disagreements or nurse your partner through an illness that you find out with whom you are really contemplating spending the rest of your life. If what you discover makes you uncomfortable, have some serious conversations or move on before making any further commitments.
- Don't expect to be "completed," "saved" or "fixed." No one can fill the void in your inner self. You're setting your partner up for failure if you expect them to fix your problems and love you through your unresolved issues. Do the inner work on yourself first, perhaps with the support of a therapist. Then seek out another soul who has done the same to partner with you.
- Be hooked on more than just romance. Happily married couples will tell you that you have to be more than great bed-mates to make a real relationship work. Look for common values, goals, beliefs and interests. Opposites may attract in the short-term, but you want a marriage based on respect and sharing a future together. If your core values and interests are not aligned, you're facing a tough road ahead.
- Be your authentic self and don't change for a partner's approval. You can't fake your way through a

marriage. If you hate sports, the internet or pets, state it up front and find a mate who loves you knowing this reality. It's unfair to hide your true self from your partner, and it's a disservice to yourself pretending to be who you are not. Honor who you are and look for a partner with high self-esteem who loves themselves as well. That's a formula for lasting relationship success!

As Kim Kardashian discovered, money won't buy you a happy marriage. You can't use sensuality as a substitute for good sense. Relationships don't have storybook endings. They require constant attention, the ability to sacrifice and compromise at times, and a heavy dose of respect for the person you brought into your life.

Before setting out in the relationship world, work on your inner demons, let go of the baggage from previous relationships, and take your time in getting to know the special partner you are choosing. There's no magic wand that will make your relationship succeed, but these guidelines will set you on a course that will circumvent a lot of pot holes along the road to happily ever after.

Rosalind Sedacca, CCT is a divorce and relationship coach. She is founder of the Child-Centered Divorce Network for parents and author of the internationally acclaimed ebook: How Do I Tell the Kids About the Divorce? A Create-a-Storybook Guide to Preparing Your Children - with Love! She is also coauthor of the new book: 99 Things Women Wish They Knew Before Dating After 40, 50 & Yes, 60! Her free divorce and parenting and coaching programs are available www.childcentereddivorce.com. Rosalind's free dating tip sheet and relationships courses can bе found at www.womendatingafter40.com.

Andrea Roth Explains Why She Scrapped Big Wedding Plans





Andrea Roth who is

soon to join the cast of *Ringer* married producer, Todd Biermann, in a smaller than planned wedding. Though the couple was originally looking into a big wedding in the Dominican Republic, their plans changed when the actress' mother was diagnosed with stage four brain cancer and was unable to fly. So the pair, who met on the set of *Rescue Me* in 2007, quickly changed their wedding plans and decided on a small wedding near the bride's parents' house. According to *People*, twelve guests attended the ceremony, including their 19-month-old daughter, Ava.

What are some reasons to have a small intimate wedding ceremony?

Cupid's Advice:

No matter if your wedding is big or small, it will probably be one of the best days of your life. Choose the size that is best for you and where you are in your life. Here are some tips:

- 1. Budgets: Don't start out your marriage in debt. If you can't afford a big wedding, have a small one.
- 2. Intimacy: If you want a more intimate experience with those you are closest to, then go for a less massive wedding.
- **3. Location:** If your plan is to get married on a beach far away, a small ceremony is to be expected. Most of your guests will most likely not have the time or money to pick up and go to your destination wedding. Plan a party when you get home instead.

Do you want a big or small wedding? Share your ideas below.

Zoe Saldana and Keith Britton Split After 11 Years





Even strong

relationships can come to an end. *Avatar* star Zoe Saldana, 33, split from her fiancé, businessman Keith Britton, 35, reports *People*. "[The couple] have amicably separated after 11 years," said Saldana's rep in a statement. The pair will continue their partnership in the website My Fashion Database. "Saldana and Britton remain committed business partners as cofounders of fashion resource MyFDB.com," said the statement.

How do you rebuild independence after a long relationship ends?

Cupid's Advice:

When a relationship strengthens over time, so does your dependence on your partner. Here are a few ways to rebuild your independence after a break up:

- 1. Take control of your money: In long relationships, it's not uncommon to have shared bank accounts and investments. Separating your funds from your partner's is one of the quickest ways to reassert your independence.
- 2. Be wary of mutual friends: After a long time with your partner, the two of you most likely have mutual friends. Though it can be disheartening, strictly sorting your friends

post-breakup will help you move on. Contact with mutual friends will only remind you of your ex.

3. Visit your family: One of the best ways to heal after a break-up is by visiting your friends and family. Those closest to you will help you remember how you were before your relationship and will also help you move forward.

Have you ever been through a break up with a longtime partner? Feel free to leave a comment below.

Bella and Edward Are Back in Twilight Saga: 'Breaking Dawn Part 1'





The Twilight Saga is slowly, but surely, coming to an end. But don't start feeling sad too quickly, because the last book of the series, Breaking Dawn, is being broken into two movies. On November 18th, Twilight Saga: Breaking Dawn Part 1 will bring Jacob (Taylor Lautner) and Edward (Robert Pattinson) fans together for a drama packed finale. After watching Bella (Kristen Stewart) decline Edward's proposal in New Moon just to accept it again in Eclipse, the long awaited wedding is here. On top of that, Bella becomes pregnant with a half human half vampire baby that poses threats to both the wolf pack and Cullen vampire family. Get excited!

How do you know when it's time to say "yes" to a marriage proposal?

Cupid's Advice:

It can be tough to really *know* when you're ready to marry someone you've been dating. The step between partners and spouses is a big one. Cupid has some things to consider:

- 1. Are you in love?: If you're truly in love with your partner, it may be time to make it official. If you have doubts, it's probably best to wait it out a while.
- 2. Why not?: If you're not getting married because of a reason like financial issues, chances are you're not ready. Go with both your gut and your heart.
- 3. It's just a ring: Saying "yes" to a proposal doesn't mean you'll be signing a wedding certificate the next day. If the love is there, say "yes" and continue working on your relationship. If you change your mind, call the wedding off. It's not preferable, but at least the option is there.

Have you ever said "no" to a marriage proposal? Share your experiences below.

Lauren Conrad Is Caught Kissing Chace Crawford





After Lauren

Conrad's recent break up with *Dancing with the Stars* pro Derek Hough, she is newly single and ready to get out there and date. The 25-year-old former *The Hills* reality star and fashion icon isn't wasting any time finding new man. According to *UsMagazine.com*, Conrad was seen "making out" with *Gossip Girl* star, Chace Crawford on Oct. 29. The two started their night flirting at L.A.'s Voyeur nightclub and met up again at a party at actor Shawn Pyfrom's house. Although their reps deny a hookup, an insider said, "There's always been an attraction between them. Lauren is just enjoying herself. She's not taking anything too seriously!"

Is it OK to date around?

Cupid's Advice:

When you're young and single, there's no reason to tie yourself down. Cupid has some tips:

- 1. Explore your options: There's a whole sea of men out there and you need to do some fishing around before you reel one in. Dating around is a great way to meet new people and compare them to past experiences.
- **2.Figure out what you like:** The best way to find personalities you're compatible with is to experience different people. After dating around, you gain a keen sense of your preferences for a partner.
- 3. Have fun: Dating can be a great experience. You have opportunities to have a great time or a not-so-great time, and you can learn from those situations. You may find that you don't want to pursue a relationship with some of the people you date, but you might make some great friends and connections along the way.

Why do you enjoy being single? Share your experiences below.

Five Ways Social Media Can Help Your Relationship





By Diamon Hall

Perhaps you reconnected with the girl who used to pinch you on the playground, the professor who inspired you to land your dream job or a long lost distant relative who lives in Germany. Whatever it may be, websites like Facebook, Twitter, LinkedIn, Google+, or MySpace are used in many different creative ways. In fact, it seems that people can hardly function without social media nowadays. It helps you keep in touch with family, friends and even people you wouldn't normally communicate with if it weren't for those sites. If social media can help you in the platonic aspects of your life, then it can certainly help your love life, whether that means meeting a new flame or enhancing a relationship you already have. Here are five ways social media can aid you in matters of the heart:

1. More ways to keep in touch: Just like social media can help you keep in touch with family and friends, it can also help you keep in touch with your mate. You may not always be able to pick up your phone to call or even shoot a text. If you're at work and there's a computer available, it's probably easier to log on to a social site like Facebook and chat for a quick minute or send a personal message just to say "I love you."

Related Link: 5 Reasons Why Men Text Instead of Call

- 2. Dig deeper before the first date: If you're just meeting someone for the first time, social media can greatly assist you in figuring out who this person is and what you can expect. Although you shouldn't judge solely on what you read online, the image someone gives off via social media sites can be telling. Browse through their identifying information, photos, and friend's comments. Often times it's insightful to see how a potential partner interacts with others.
- 3. Stay close even when distant: You or your honey may have to go out of town without the other sometimes. You can upload pictures of yourself to let them know what's occupying your time while they're not there. Facebook has even incorporated video chat on their site, which is a great way to seemingly shrink the distance between the two of you.
- 4. Communicate more with his or her family: Finally, social media is a way around being the shy one at the extended family dinner table. Your partner's family is going to want to see you in person sometimes, but for the other times, talk to them via a social site. They'll be thrilled to know you think enough of them to include them in your virtual social life.
- **5. Everyday use:** Sometimes you may not have the money to send flowers and candy, or even to go out to dinner. Your lives may be very hectic and you may hardly get enough time to talk. Utilizing social media will help you feel connected.

Related Link: Do's and Don'ts of Flirtexting and Sexting

How has social media helped your relationship? Share your experiences below.

Tori Spelling Says Her New Daughter Enhanced Her Marriage





Tori Spelling's

brood has grown larger, reports <u>UsMagazine.com</u>. Hattie Margaret, daughter of Tori Spelling and Dean McDermott, greeted the world on October 10th. With the new baby came many surprises. "[We were] 110 percent sure we were having a boy," said Spelling. Despite the surprises, Spelling feels that her new baby has brought her closer to McDermott. "The baby wasn't planned, but it obviously happened for a reason. Knowing we were bringing a third life into the world just enhanced our relationship. The moment I had her, I looked at Dean and fell in love with him all over again."

How does having a baby bring you closer together as a couple?

Cupid's Advice:

There's no doubt that having a child can be overwhelming, but working together to raise your son or daughter can also be a bonding experience. Here's why:

- 1. Challenge: Raising a child comes with obstacles. Tackling the challenges together will strengthen your relationship, especially when you're successful.
- 2. New happiness: Children are entertaining, especially when they're young. Your baby will bring even more happiness to your relationship.
- **3. Stress:** Though rewarding, adjusting to life as a parent is difficult. However, the stress and hardships you encounter as a couple will ultimately strengthen your bond when you triumph over them.

Have you had a child that brought you and your partner closer together? Feel free to leave a comment below.

Blake Shelton and Miranda Lambert Both Win at CMAs





Blake Shelton and

Miranda Lambert received a late wedding present when they both took home CMA awards for male and female vocalist of the year on Wednesday. According to <u>People</u>, while receiving her award, Lambert proclaimed, "Congrats to my hubby too. It's gonna be a good night tonight baby! "

How do you share the limelight with your partner?

Cupid's Advice:

Everyone wants to be in limelight at least once in while. But, when it comes to sharing it, here are some ways to enjoy your glory together without it getting competitive:

- 1. Smile and relax: Some of us have a very competitive nature. But, it doesn't have to be that way, especially with someone you love. Take a step back and enjoy this moment together.
- 2. Congratulate them: Let your partner know how proud you are of them, and they'll do the same for you.
- 3. Give credit where it's due: Don't try to take credit for

everything. Your partner's achievements are just as important as yours.

What successful couples do you admire? Share your comments below.