Eva Longoria Says She's Not Angry About Ex Tony Parker's Affair





Eva Longoria is in a

different place today than she was just a year ago when she was filing for divorce from then-husband Tony Parker of the San Antonio Spurs. This all happened after the discovery of inappropriate text messages to Parker's teammate's wife. According to UsMagazine, Longoria knows that people think she is "angry and resentful," but that's just not the case. Her forgiving attitude may stem from the successful relationship she's been in since February with Penelope Cruz's little brother, Eduardo Cruz or "Edu" as she affectionately calls him.

How do you keep from lashing out about a partner's infidelity?

Cupid's Advice:

After a partner cheats on you, it can be a hard thing to overcome even after breaking up with them. It's easy to become angry at the world as the result of one incident. Here are some ways to avoid it:

- 1. Keep balance in your life: Balance is critical after your partner cheats. Force yourself to do things you normally do: go out with friends, eat healthy and try to have fun.
- 2. Laugh and cry: It's good to find a way to laugh during such an emotional time. Watch a funny movie or spend time with people who know how to make you smile. That said, it's okay to cry as well. If you aren't crying naturally, you can watch a sad movie or listen to sad music. Don't be afraid to cry it out.
- 3. Find someone new: It may take a while to be able to trust someone again, but don't be afraid to take that chance. Like Eva Longoria, finding someone new can help you on the path to forgiveness and letting go.

What are some ways you or a friend have coped with a partner's infidelity? Share your experiences below.

First Date Outfit Ideas: Dinner and Drinks





By Maggie Voelker

Ooo la la dinner and drinks, huh? Time to play dress-up. While you get to flaunt your chic style on this date, don't forget it's the first time you will be hanging out together so you don't want to reveal too much. Try a fitted black dress and cute cropped jacket with understated heels. Throw on a pair of sunglasses, grab a clutch or cute bag and you're ready to go!



Shoulder Bag | Mary Jane Heels | LBD | Blazer | Cat Eye Sunglasses



Belt | Dress Shirt | Khaki Pants | Jacket | Dress Shoes

Guys, put your best-dressed foot forward for this sophisticated outing. Opt for a pair of dress pants, dress shirt and sport coat — no tie. A sweater could be substituted for the jacket if that's more your style. Don't forget the belt and above all, nice shoes — remember, girls love shoes. It's embedded in our DNA, we can't help it. Feed into our obsession and big bonus points will come your way!

Headed to the office holiday party? These ensembles are perfect for a night with the coworkers too!

Jennifer Aniston and Brad Pitt Narrowly Miss Each Other at the Movies





It was a close one

when celebrity exes Jennifer Aniston and Brad Pitt narrowly missed each other at the Arclight Cinemas in Hollywood on Friday. According to <u>People</u>, it would have been an awkward run-in since Pitt was with his children and wife, Angelina Jolie, while the *Friends* star was there with boyfriend, Justin Theroux. "Justin and Jennifer skipped the popcorn and went straight in. Like five minutes later, Brad and the kids came out of the theater. They just missed each other," said a source who witnessed the potential run-in.

How do you keep things from being awkward with an ex?

Cupid's Advice:

It's a small world, so chances are you're bound to run into an ex when you least expect it. Cupid has some tips:

- 1. Just say hi: Saying hi to an ex isn't saying you want to get back together or admitting they were right. Don't be afraid to say "hi." It makes things a lot less awkward.
- 2. Wish them the best: Even if you don't mean it, always say that you wish them the best.
- 3. Be happy: If you're happy and secure with yourself, chances

are your run-in won't be awkward.

How do you show your ex you've moved on? Share your ideas below.

Jennifer Aniston and Justin Theroux Walk the Dog





Actress Jennifer

Aniston and new beau Justin Theroux got some exercise as they strolled through Beverly Hills on Sunday with her dog Dolly, according to RadarOnline. Aniston adopted the pup back in 2006, and she has recently become the top dog after the actress's beloved mutt Norman passed away at the age of 15 back in April. Aniston uses walking Dolly as an excuse to spend some quality time with her canine and to fit some extra exercise into her busy schedule.

What are some ways to get exercise as a couple?

Cupid's Advice:

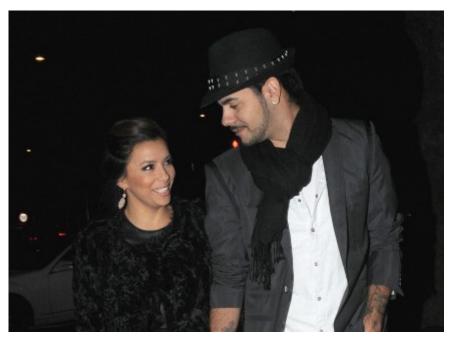
Finding the motivation to exercise can be a difficult task, but if you and your partner do it together it can be more fun. Here are some options:

- 1. Walking/running: If you can't afford a gym membership, walking or running in the great outdoors is free. Set a goal and encourage each other until you've both reached it.
- 2. Sign up for a class: Joining a kickboxing class as a couple is a great way to work out and see results. Seeing each other pushed to your limits and glowing in sweat can be pretty sexy, too!
- **3. Play on a team:** Co-ed sports teams like softball and volleyball can be a blast. You'll work on your teamwork skills as players and as a couple.

How do you and your partner exercise together? Share your comments below!

Angelina Jolie Says She'll Never Be As Good as Her Mother





Hollywood mama,

Angelina Jolie, reminisced about her mother in an interview with 60 minutes. Jolie said that her mom, Marcheline Bertrand, was a generous, loving person that did everything for her children. Sound familiar? It seems Jolie is trying to walk in Bertrand's footsteps since her death in 2007. Jolie adopted three children, gave birth to three more children with Brad Pitt, and is a humanitarian activist. According to <code>UsMagazine</code> the actress was as modest as ever and said that she could never be as good as her mother.

How do you know what traits to carry over from your own mother?

Cupid's Advice:

We all worry that one day we might turn into our mothers, but that may not be such a bad thing. Mothers wear many hats and the most important one may be that of a role model. Here are some ways to think about and carry on traits that your mother has/had:

1. Childhood: Think about the morals your mother installed in you as a child. As you mature, those morals usually lead you to make decisions in your adult life. Carry on those morals that your mother valued.

- **2. Role model:** Do you remember watching your mother and wanting to be just like her? Try to remember why you wanted to be your mom's little me. Was she loving, funny or strong willed?
- 3. Memories: If your mother is deceased, remember what made her special. Why did she mean so much to you and to others? You may not become just like her, but taking on some of her traits will help you keep her memory alive.

What traits have you carried on from your mother? Share your ideas below.

Budget-Friendly Tips for Holiday Weddings





By Cara Davis

The countdown to the holidays has begun. With it comes the only time of year that's simultaneously joyous and stressful. For some, this season will bring with it the event of a lifetime: a wedding. Those planning holiday winter weddings have several opportunities to save money and lessen the stress burden for themselves and their guests.

Related: 8 Alternative Wedding Trends for 2011

1. Deck the Halls.

Most event locations will have already decked the halls for the holidays, allowing you to piggyback their efforts for a low-cost wedding. Go with Christmas hues of gold, red and green — or go for a silvery winter blitz. Strings of white Christmas lights will transform any room into a holiday paradise.

2. Silver Bells.

Create budget large-scale ornaments as decorations using Styrofoam balls spray-painted and covered in glitter. Or create groupings of bare branches spray-painted white and covered in silver glitter. Paper ornaments, like these ornament greeting cards, make great wedding invitations or wedding favors.

3. Seasons Eatings.

Comfort food is a popular winter wedding choice (think soups, pasta, pot pies and mac-n-cheese). Don't shy away from cost-cutting measures like serving family-style or buffet. Consider a hot chocolate, cider, eggnog or coffee bar to which your guests can immediately help themselves (plus, you'll save hundreds by skipping the alcohol).

4. Marshmallow World.

Gingerbread houses make quaint table centerpieces, as do

natural greenery and berries. Cocoa mixes or cookie cutters also make inexpensive wedding favors.

5. Peace on Earth and Online.

Couples are increasingly using online wedding planning tools, like creating or sending save-the-date and invitations online (40-percent increase over the last two years), personal websites and online RSVP services (23-percent and 31-percent increases respectively) and using social media to communicate wedding details (78-percent increase), according to TheKnot.com. Brides and grooms also have the option of online for gift cards registering at like CardAvenue.com, which is a great option for quests already overwhelmed with holiday shopping lists.

6. Jingle Bell Rock.

If you chose to have your wedding around the holidays, it's likely a favorite time of year for you. As such, incorporating favorite holiday tunes into your wedding reception is a must, and a fantastic way to get your guests into the holiday spirit. Pandora is an excellent, economical method to pipe in some yuletide carols at the appropriate time during your reception.

When all is said and done, you'll begin your first happy new year together, and that's something to celebrate indeed.

Related: <u>How To Have A Special At Home Proposal</u>

Weddings expert Cara Davis is the author of Cheap Ways to Tie the Knot and blogs from her home in Orlando, FL, about cheap ways to spend and save at CheapWaysTo.com.

Lily Allen Welcomes a Baby Girl





British

singer/songwriter Lily Allen gave birth to a baby girl on Friday, reports <u>RadarOnline</u>. Allen first revealed her pregnancy in June, when she married painter/decorator Sam Cooper. Allen and Cooper previously suffered through two very public miscarriages.

How do you prepare for a baby girl versus a boy?

Cupid's Advice:

Preparing for a baby is difficult, but knowing the gender of your child can make it a lot easier. Here are a few tips to help you prepare for a baby girl:

- 1. Stay true to your taste: The upside in preparing for a girl is that you can always rely on your taste. Pick dolls and furniture that you or your sister would have liked as a child. Your daughter will most likely share your preferences.
- 2. Narrow your options: If you know you're having a girl, save time and money by only buying gender-specific items. For example, instead of buying several baby name books, buy only a few female-specific name books.
- 3. Be prepared for a surprise: Ultrasounds aren't always correct. Though unlikely, you could give birth to a boy instead. Be prepared for a surprise, and have a few gender-neutral items on back up.

How did you prepare for your baby girl? Feel free to leave a comment below.

Jennifer Love Hewitt on a Diet During Holiday Season





According to **People**,

Jennifer Love Hewitt has decided to not indulge in her favorite foods this holiday season. The actress is preparing for her new movie, which will be filmed in January, saying, "I will be in lingerie a lot, so I'll be working out. I will not be eating for the holidays." She said that while her family enjoys food, she'll be doing Pilates. "This year will be loads of fun for me," she said sarcastically.

What are some ways to stay healthy over the holidays?

Cupid's Advice:

With the holidays approaching, it can be hard to stay healthy. Here are three ways you and your mate can stay fit:

- 1. Exercise: Set up a schedule with your partner on what days and times would be best to get fit together.
- 2. Healthy diet: Change your eating habits by throwing out all the junk food and meals with too much sugar. Instead, replace it with a diet that includes proteins, vitamins and carbohydrates.
- 3. Sleep: The amount of energy you have in a day depends on how much sleep you get. Go to bed on a regular basis for

seven to eight hours a day.

How are you and your partner staying healthy this holiday season? Share your comments below.

Ali Fedotowsky and Roberto Martinez Call Off Wedding





Sadly, Ali

Fedotowsky and Roberto Martinez have called off their engagement. The couple, who met on *The Bachelorette* decided on a long engagement, which ultimately did not work out for the pair, according to *The Huffington Post*. The duo was supposed to get married this year, but Fedotowsky was recovering from knee surgery and had to postpone the wedding. They ended up calling off the wedding three times before the relationship ended. In August, Fedotowsky told *People* magazine, "In my

mind, Roberto is my husband. We live together; we do everything together; we plan for the future together; we fight just like a good old married couple." It looks like it's another case of love lost in *The Bachelor* community.

How do you know when it's time to call off your engagement?

Cupid's Advice:

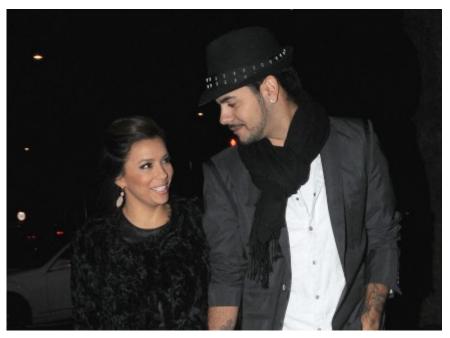
Ending an engagement is one of the hardest things for a couple to do. Marriage is a big step, and it's not meant to be taken lightly. If you're feeling unsure about saying those vows, proceed with caution. Cupid has some tips:

- 1. Take a step back: A break from one another can give you a new perspective. You might end up appreciating each other much more, and realize that you are meant to be together. It could also go the other way, and you'll realize you are much better apart.
- 2. Assess the situation: If it feels like you're just not on the same page anymore and your partner is headed in one direction while you are going the other way, it may be time to call it quits. Unless you can somehow focus and anchor your relationship, there's no point in staying in it.
- **3. Nothing is the same**: Maybe you and your partner have just outgrown one another. This happens frequently, and as heartbreaking as it may be, don't stay in a relationship that you know won't work anymore.

How did you know when it was time to call off your engagement? Share your experiences below.

Stacy Keibler Drops the L Bomb About George Clooney





George Clooney is

infamous for being very private when it comes to the media. His girlfriend, Stacy Keibler, however, loves to tweet about their relationship. In response to his new mate's public ways, he had this to tell *Rolling Stone* magazine: "She can do whatever she wants, I rarely tell anybody what they should be doing with their life." It looks like things are getting serious, too. According to *UsMagazine*, in Kiebler's latest tweet, she dropped the "L" word, stating, "You know it's love when your boyfriend has elbow surgery 2 days ago and takes you to a Ravens game. Especially when he's a Bengals fan." Maybe Clooney won't tweet his feelings for all to see, but often when your partner does trumps when they say.

What are some ways to tell you're in love?

Cupid's Advice:

During the holiday season, feelings of love often become more pronounced. They can be disguised as many other things, lust and infatuation being the most common forms. Here's how you know it's real:

- 1. You show it: Like Clooney and Kiebler, sometimes words are better left unsaid. Showing someone you truly care can really make a person feel special. Being willing to take them to see their favorite sporting event (even if you loathe them), make them dinner, or even take them on a trip are good ways to tell it's true love.
- 2. You sing their praises: Another way to tell you're in love is wanting to have the whole world know it. You seem to gush about your partner to anyone willing to listen.
- 3. They make your troubles disappear: You are having the day from hell, but just hearing from them makes it all the better. You know you are smitten when you hear that voice on the other end of the line and all of the issues you were dealing with suddenly seem minor and disappear.

How did you know when you were in love? Share your comments below.

Kris Humphries Mocks Kim Kardashian's Weight Pre-Split





The marriage may be over, but the season has yet to air. New footage from the upcoming season of *Kourtney & Kim Take New York* showed thennewlyweds Kris Humphries and Kim Kardashian flirting around in a negative light, reports *UsMagazine*. In the clip, Humphries picks up Kardashian and says, "God, you ate a *lot* of wedding cake!" Though joking, a source says that Humphries frequently criticized his wife. "He belittled her in front of people," said the source. "He'd call her stupid. It was truly sickening."

What are some ways to deal with your partner's criticism?

Cupid's Advice:

When your partner wants to make a change, they may not go about it in the most polite way possible. Here are a few ways to deal with your partner's criticism:

- 1. Take their advice: Often times your partner's criticism is just poorly phrased advice. Tell your partner that their tone is offensive, but take their advice into consideration.
- **2. Ignore them:** If you feel your partner's criticism is irrelevant, then ignore it. If the criticism has no effect on you, then your partner may stop trying to make a change.

3. Confront them: When criticism becomes frequent, it is time to confront your partner. Tell them that their criticism is hurtful, and ask them to stop.

Have you ever had a critical partner? Feel free to share your experiences in a comment below.

Justin Bieber Serenades Selena Gomez During AMA Rehearsal





The Biebs is showing

his romantic skills yet again! This time, Justin Bieber serenaded girlfriend Selena Gomez during a rehearsal for the American Music Awards, according to <u>UsMagazine</u>. Despite Bieber's paternity scandal, it doesn't look like the cute duo

is letting anything get them down. "At one point Justin even sang 'I Feel Good' a la James Brown, said a source. "They were totally adorable. They were snuggling in between takes, and he was serenading her! They look as in love as ever." The pop star is scheduled to perform a song from his new holiday CD at the awards show, while Gomez is slated to present.

What are three creative ways to show your partner you care?

Cupid's Advice:

It can become routine to simply say the words "I love you" every day. It's important to go out of your way periodically to actually *show* your partner you care, as well. Cupid has some ways:

- 1. Present them with love coupons: Make or buy some coupons good for things like a massage, a home cooked meal or a viewing of their favorite movie. It'll show that you're willing to go to certain lengths to please them.
- 2. Get a makeover: Sometimes when you've been in a relationship for a long time, you don't pay as much attention to the way you look around your partner. As a special treat, bring them out to dinner and show up as pretty or handsome as possible.
- **3. Write a love letter:** It may sound corny, but often times a written letter that spells out your feelings for someone can be incredibly touching.

What are some other creative ways to show you care for your partner? Share your ideas below.

Date Idea: Road Trip Your Way to Romance





By <u>Sarah Batcheller</u>

If you and your significant other have taken in all that your town has to offer and you're ready for a change of scenery, it's the perfect time to embark on an unforgettable road trip! With the warmer months approaching, the two of you can follow this weekend date idea to take a small adventure and prepare for spring. Road trips are a great way to spend quality time together, something we often forget to do as we get caught up in the hustle and bustle of a new year. Cupid's dating advice is sure to help you and your honey make the most of this weekend date idea!

Related Link: Enjoy a Secret Sunset on Your Next Date Night

Dating Advice for Couples Looking for Adventure This Weekend

If you're ready to leave behind the colder weather once and for all, drive South to a warmer state for some fun in the sun. If you're the more adventurous type and want one last cold weather rendezvous before the snow melts away, embrace the chilly season and set your sights North for winter sports. Or you can travel to the nearest mountain and go for a romantic hike. Camping together is another idea that will be sure to keep you snuggling all night. It also adds to the minimalist attitude that road trips are all about! For those couples who want to hit as many destinations as possible, you can fuse romance and adventure and take a weekend cruise.

You and your sweetie can take this time to show love like your favorite Hollywood couples do since they're always on the road. No matter where you decide to go, if you plan on being in the car for a while, find ways to beat boredom by playing some fun games or using the time to catch up with one other after a long work week. Playing your favorite music or an audio book will give both of you something to enjoy while driving too.

Related Link: Date Idea: Kidnap Him!

Just remember to turn off your phone and ignore your calls, e-mails, and texts. Make this weekend *only* about you and your significant other. For those couples who haven't gone on a getaway, this date idea could be an important next step in your relationship and love.

Ever been on a road trip with your honey? Share your dating advice with us in the comments below!

Vanessa Minnillo Changes Her Name





Vanessa Minnillo is

no more. The 31-year-old, who married Nick Lachey in July, has officially changed her name to Vanessa Lachey, reports <u>E!</u> <u>Online</u>. Lachey took to Twitter to break the news, tweeting, "So. I'm making it official, and I LOVE my new name! @VanessaLachey has a nice ring to it."

What are some things to consider before changing your last name after marriage?

Cupid's Advice:

Though taking your husband's name used to be expected, more and more women are now choosing to keep their maiden names.

Here are a few things to consider before making your decision:

- 1. The repercussions: Having a different last name than your partner can be troublesome. Organizing financial documents, insurance papers, and other investments are often easier when you and your spouse have the same last name.
- 2. Your partner's feelings: If your partner wishes for you to take his name, you should take his feelings into consideration. However, make sure his wishes are only a small factor, not the deciding factor.
- **3. Your preference:** Don't let society's expectations overrule your personal preference. It's your name, and ultimately, it's your choice.

Did you take your husband's name after marriage? Feel free to share your feelings on the subject in a comment below.

Beyonce Was Worried Pregnancy Secret Would Be Revealed Prematurely





Beyonce has always

been a private person under a public microscope. That's why, when she revealed her baby bump at the 2011 Grammy Awards, Facebook and Twitter were on fire. How long was she pregnant before popping the news to her fans? Access Hollywood said that Beyonce was hiding her pregnancy since her four-night Roseland Theater performances. While on stage, the mom to be said she was thinking, "Everyone knows, everyone can see." Beyonce, we speak for all your fans when we say: We had no idea!

How do you keep your pregnancy a secret at the beginning?

Cupid's Advice:

Finding the right time to tell everyone about your pregnancy can be difficult. Many women wait until they have gotten past the first trimester and others blurt it out as soon as they find out. But just in case you were thinking about holding your tongue, Cupid has some tips:

1. Keep the changes to yourself: You may start to feel extra bloated and moody. Keep those feelings at bay and don't speak to others about it. People will start to get suspicious. Play it cool.

- 2. Try not to shop: Baby clothes are so cute, and it's hard to say "no" once you know that you're expecting. Be strong, and don't let a trail of baby clothes give you away.
- **3. Tell one person:** It's hard to keep such a big secret. Tell one person that you trust, and ask them not to tell. Getting it off your chest will keep you from being stressed.

How did you hide your pregnancy? Share your experiences below.

Kasey Kahl Discusses His Future with Vienna Girardi Post-Breakup





Bachelor Pad 2

couple, Kasey Kahl, 27, and Vienna Girardi, 25, are both

keeping the option of reuniting open after their recent split. According to <u>UsMagazine</u>, Kahl and Girardi have bot said that they don't know what the future holds, but it could bring them back together. Looks like the two are still remaining friends for now.

Is it OK to leave the possibility of a rekindled romance open after a breakup?

Cupid's Advice:

Most breakups end miserably, but some close on good terms. Staying friends usually means that you think there's a chance of eventually getting back together with your ex. Here are some things about which to be cautious:

- 1. The reasoning behind your breakup: The thing is, you probably broke up for a reason. If nothing in either of your lives has changed to affect that reasoning, there's probably no reason the relationship would work if you gave it a second shot.
- 2. It could get messy: Thinking about getting back together with your past love could lead to a "friends with benefits" situation and a huge mess of emotions. Be prepared.
- 3. Your partner's intentions: If you're going to rekindle a romance, it's important to have a long discussion with your ex before jumping back into things. Make sure you know what they expect from a relationship, so that you go into it with clarity.

Do you think it's okay to leave the possibility of a rekindled romance open after a breakup? Share your ideas below.

Justin Timberlake and Jessica Biel Show PDA at Dinner Party





Actress Jessica Biel

made a great hostess and girlfriend at her dinner party for Tod's at the Chateau Marmont. Biel and rumored boyfriend Justin Timberlake showed affection toward each other without overdoing it, and an onlooker told <u>People</u> that the two were "very sweet" together.

What are some ways to show affection without being obvious about it?

Cupid's Advice:

Showing too much PDA is almost never appropriate. Cupid has some advice on how to keep things classy:

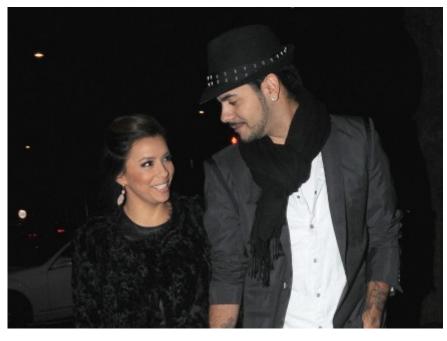
1. Hand holding: Taking each other by the hand in public is a subtle way of showing others that you're together.

- 2. Little kisses: Locking lips in public can appear tacky, but a kiss on the cheek or the forehead is a cute way to display your affection. If you really can't refrain, keep your kisses to a short peck on the lips.
- **3. Affectionate invasion of space:** Flirting at an intimate distance can be a fun way to tease your partner, and others will enjoy seeing love in the air.

How do you show PDA without getting too risque? Share your comments below.

Don't Let Holiday Food Dictate How You Eat





Written by Aimee

The holidays are for celebrating those meaningful traditions with the person who matters most to you. But, often times those celebrations are synonymous with food. So, how can you keep all the delicious treats and calorie-rich meals from adding up on the scale? Here are a few tips:

1. Be there and be square: Bring the healthy food.

If it's a potluck, holiday party or a family get together, ensure your access to healthy foods by volunteering to bring a healthy dish. It doesn't have to be fruits or vegetables (although those are great options); think outside the box with things like hummus, roasted vegetables or low fat cheese. But don't just bring it; the point is to fill up on the healthy food first. Or, eat a small meal (like soup) before you go so that you don't throw all self control out the window on an empty stomach. Keep your indulgences after that to a minimum (picking 2-3 other foods to sample is a good goal). Don't forget that drinks have calories, too. And, by all means, don't linger near the food table!

Related Link: Diets and Dating

2. Make your wish list known: Enlist the support of others.

Tell your well-intentioned friends and family about your goals and kindly request that they steer clear of gifts that include holiday treats this year. It's probably inevitable that you'll get at least a few boxes of candy and cookies, so don't hesitate to re-gift them (unopened, of course) to others. If people ask, suggest gift cards for smoothies or a health food store. Or, ask them for a gift card so you can go on a shopping spree for a new workout outfit. And, don't forget to use the buddy system. Designate that trusted loved one for moral support through the holidays. An added bonus: share your dishes to cut down on the calorie intake.

3. Run like a turkey on Thanksgiving.

Instead of meeting your date at a restaurant, try going for a bike ride, walk or hike instead. You can even go bowling, rock climbing, dancing or ice skating. Just find a way to be active together. Besides, you'll probably have a lot more fun. Even better, sign up for a Turkey Trot or holiday race. Those are the kinds of things that make for memorable (and healthy) holidays.

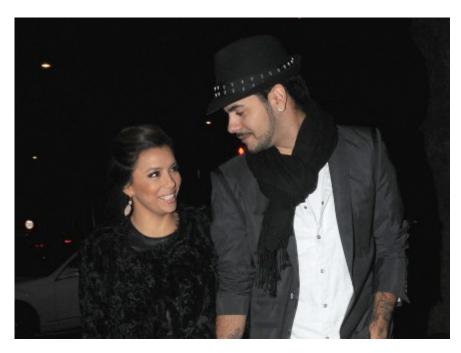
Related Link: Learn a New Sport With Your Significant Other

Staying healthy through the holidays may require a little more planning, discipline and activity, but you'll be glad when the number on your scale doesn't resemble the bill from your credit card this holiday season. Cheers!

A full time mom to her four young muses, Aimee is also a part time writer and avid runner, and is always looking to keep a perspective on motherhood, life with kids and the Great Balance.

First Date Outfit Ideas: Dinner and Movie





By Maggie Voelker



Oversized Sunglasses | Blazer | Blouse | Jeans | Ballet Flats | Clutch

For this typical first date scenario, keep it classy-casual. Leave the heels at home since you're headed to the movies and add the sexiness in other ways — a slightly sheer blouse for instance. Add dark skinny jeans, a trendy waterfall blazer and flats. Accessorize with a fabulous bag and sunnies and he'll have a hard time concentrating on the movie's plot!



Button Down | Shoes | Jeans | Khaki Jacket | Aviators

Guys, trade in your sweat pants for a pair of dark jeans and a casual button-down shirt. Dress it up with a pair of boat shoes or loafers and a nice jacket. Add a little bit of "coolness" with a pair of aviator sunglasses and you'll be ready to impress, I promise.

With the holiday season coming up, these outfits would also perfect for Thanksgiving dinner at his or her parents — not too formal, but not too relaxed.

Ashton Kutcher Describes What He Doesn't Like in a Woman





When it comes to a

newly single Ashton Kutcher, what you see is what you get. Though the reasons for Kutcher's split from Demi Moore have yet to be seen, the *Two and a Half Men* star, 33, discussed what he wanted in a woman in an interview before his sex scandal. He said that he "could never be with a woman who felt like she needed to change me." According to *People*, Kutcher may have cheated on his wife of six years, but this doesn't mean he's against the idea of compromise. He believes in "working on the relationship" and that the goal of it all is "to be in a relationship."

What do you do if your partner holds some qualities that you don't like?

Cupid's Advice:

Everyone has flaws, and you're never going to find someone about whom you like absolutely everything. Here are some tips:

1. Think about why you want them to change: If you don't like something about your partner, make sure that the qualities you dislike aren't a major problem. If you're an impatient person, for example, you may be less likely to accept a partner who is perpetually late.

- 2. Have patience: It's important to note how necessary patience is in a relationship. Nobody can change overnight, and it can be very difficult to break a habit. Support your partner when they try to change something about themselves.
- **3. Compromise:** Is there something about yourself that bothers your partner? You can suggest that you and your partner both try to change some negative aspects of yourselves that may be affecting the relationship. If you change together, you're more likely to grow together.

What are some qualities you don't like in a partner? Share your thoughts below.

Giveaway: How to Run an Ad Campaign to Get More Dates





This post is

sponsored by Robert Manni.

By Robert Manni

In my novel, *The Guys' Guy's Guide to Love*, our main character, Max Hallyday, writes a column for a women's magazine doling out regular guy-style sagely advice to the ladies. He advises them about how men think and how to get them eating out of your hand. He takes a tough love approach, but he is honest and well intended. As a result…well, you'll have to pick up a copy of the book to find out what happens.

Let's follow Max Hallyday's lead and find out how to successfully advertise yourself in order to find lasting love. Whether you're selling love or mayonnaise, the same rules apply. Here are five steps:

1. Know your target market.

Men and women spend a lot of time trying to figure each other out, but they may not take the time to explore what is going on within the culture of the opposite sex. For example, do you think guys know that today's women have different needs? In the past, relationships had major financial implications. Guys paid. Today, women are self-sufficient, so guys need to

address a woman's other needs. For guys, this is a very good thing as long as they are interested in fun, friendship and really getting to know a woman.

2. Know your brand.

Look at how challenging it is for people to draft an online dating profile. There's so much going on around us that many folks do not take the time to sort out who they really are and what they really want. They usually want a lot of things, but a lot of it is reactive and propagated by the media. Do you really need hair like Jennifer Aniston or a booty like Kim Kardashian?

Related: New Dating Apps to Manage Your Love Life

3. Know what your target wants.

Yes, that means that it is not all about you. That may be news to some, because many women and men feel entitled to the object of their desire, just because. C'mon, you've been there. If single men and women shifted their focus to what their prospective paramour really needs, there would be a sea change in dating. This is an area that is most often overlooked.

4. Be fresh and fun.

It's easy to fall into line and continue following the same routine. Everyone is crazy busy, and who has the time to be creative anymore? You do. When you start thinking out of the box, your prospective partner will know and appreciate that you went the extra mile for them, whether it be a picnic for two in the park with a bottle of their favorite Chardonnay or tickets to the Met. Going the extra mile is noticed and appreciated. I still remember all the good things about a past relationship because of that stained glass window she had custom-made for me featuring a seascape since I have a place near the ocean. That was cool.

Related: <u>Date Idea - Inspire Your Date with Art</u>

5. Ask for the order.

If you feel that you've done your homework and know who you are and who he or she is, and you still think that there is a chance that you'll avoid a battle to the death over who gets the iPad, then go ahead and let him know that you are available and that you've got what it takes to rock his world. Most likely he'll be more than appreciative. He'll be yours.

Robert Manni is the author of The Guys' Guy's Guide to Love and is a successful advertising industry veteran who has experienced the NYC single life first-hand for many years. His book offers an insider's look at New York's cutthroat yet alluring agency and media world, as well as a Madison Avenue perspective on how to use one's "creative selling" skills to seduce, date and sustain a relationship in a city full of savvy men and women.

GIVEAWAY ALERT: Cupid's Pulse has teamed up with Robert Manni to give a copy of The Guys' Guy's Guide to Love to one lucky reader! To enter, comment on this post below. Please be sure to use your real email address so we have a way of contacting you if you win — don't worry, your address won't be shown. If your email is not included, you will automatically be ineligible to win. This giveaway will run until 11:59 PM EST on Wednesday, November 30. Good luck!

This giveaway is now closed.

*Contest restricted to residents of USA/CA

Jeremy London Is Called for Questioning About Girlfriend's Assault





According to People,

Party of Five actor Jeremy London's girlfriend called the Palm Springs Police Department on Friday saying he assaulted her after an argument over the custody of their child. London's rep, Dominic Friesen, stated, "This is a false allegation and we understand that the police have to follow protocol in issuing and arrest warrant — standard when any woman files a complaint of domestic abuse. However, no such abuse occurred and these allegations will soon be proven false." Further, Friesen said, "Jeremy's legal counsel is cooperating with authorities and a factual account of the incident is on record. We anticipate Jeremy to be cleared of any wrongdoing as he continues to enjoy fatherhood and embrace sobriety."

What are the first three steps to take if you've been

assaulted by your partner?

Cupid's Advice:

- 1. Tell someone: Don't keep the information to yourself; it'll make you vulnerable. Tell someone you trust.
- 2. Get help: Call the police and/or a domestic violence agency to get help.
- **3. Leave:** If you're assaulted by your partner, that means they don't respect you. The best thing you can do for yourself is to leave the relationship.

Let us know other steps to take if someone is assaulted by their partner by commenting below.

Mila Kunis Keeps Promise and Attends Marine Corps Ball





Mila Kunis is a

woman of her word. The actress made headlines last summer when she accepted an invitation to a Marine Corps Ball from Sgt. Scott Moore, reports *People*. The *Friends with Benefits* star kept her promise and attended the ball, in Greenville, North Carolina, on Friday. "She's going to get a chance to learn about the Marine Corps, and we're all going to have a great time celebrating the Marine Corps birthday," said Marine spokesperson Capt. Scott Sasser. Sgt. Moore asked Kunis to the event in a YouTube video after making a bet with a fellow marine. "I always thought I had a chance, and sometimes, that's all you need," he said.

What do you do if your partner continuously breaks promises?

Cupid's Advice:

If your partner frequently goes back on their word, you may need to take a deeper look at your relationship. Here are a few suggestions:

1. Raise the stakes: If you make it harder for your partner to go back on their word, they may be discouraged from breaking promises. Talk about how much an upcoming date means to you, or stress the importance of a certain event. Hopefully, your partner will recognize that this is not something of which

they can back out.

- 2. Limit your patience: Though being forgiving is a virtue, too much of it can harm your relationship. You can let a few broken promises slide, but be careful not to become a pushover.
- **3. Talk to your partner:** If you feel your partner will only respond to a direct approach, then talk to them. Tell them how their broken promises are insulting you and hurting your relationship. Hopefully, your partner will apologize and make a change.

Have you had a partner that has broken promises? Feel free to share your thoughts in a comment below.

Charlie Sheen Reunites with Denise Richards for Kid's Soccer Game





According

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RadarOnline, Charlie Sheen spent Saturday in Calabasas, Calif. with his ex-wife Denise Richards while attending his daughter's soccer game. Sheen and Richards watched from the sidelines with daughters Lola and Sam and were seen laughing and joking with each other. Although Sam's team lost, Charlie announced on Twitter afterward, "Saturday is soccer! Here's three great reasons why I love my weekends!" and posted a picture of himself, Richards and his daughters.

How do you remain civil with your ex after a bitter falling out?

Cupid's Advice:

After a divorce, it's difficult to remain civil with your ex, although it's not entirely impossible. Here are three ways:

- 1. Be understanding: After a bitter break-up, you both will experience different emotions toward one another. When interacting, stay calm and try to understand each other, especially if you are at one of your child's events.
- 2. Arrive single: While at a joint celebration, never arrive with a date unless it has been many years since the divorce took place. Introducing your new partner might upset not only

your ex, but also your children.

3. Have rules: Work things out and speak with your ex about how you can both remain civil at functions so that you don't upset those around you.

How you do remain civil with your ex? Share your ideas below.