Kristin Cavallari Celebrates Re-Engagement With Friends





Reality TV star Kristin Cavallari and NFL player Jay Cutler are engaged for a second time after their split in July. <u>People</u> reported that the starlet was gushing over her fiancé and showing off her ring (the same bling he presented her with for their first engagement) during dinner Friday evening at Union Restaurant & Lounge in Las Vegas where they dined with friends and business colleagues.

Is it OK to get back together with an ex?

Cupid's advice:

Go ahead and give him a second chance. Love is a powerful feeling to forget, and if you think you're meant to be together, then don't give up. Cupid has some tips to make sure you're ready before you take a second shot at love:

- 1. Mutual decision: After breaking off an engagement, your feelings might be crushed. Make sure you and your partner are both over past negativity and ready to move on as a stronger couple.
- 2. Confidence: Both you and your partner are going to have to be incredibly confident in your love and trust for one another for this to work the second time around.
- **3. Change:** There's a reason you broke up the first time, so make sure the problem has been resolved. You don't want to throw yourself back into the same problematic situation.

How did you know it was OK to get back together with your ex? Share your comments below.

Michael Stagliano Taps into 'Bachelor Pad' Winnings





It looks like *Bachelor Pad* alum Michael Stagliano has finally tapped into his winnings from the show, as he recently indulged in a getaway. The reality star vacationed in Mexico where he spent a week at Villa del Palmar at the Islands of Loreto. During his time there he enjoyed kayaking, paddle boarding and playing golf. He even displayed some holiday spirit by helping to decorate the resort's Christmas tree and gingerbread house. There's nothing like some R&R in the sun coupled with seasonal merriment!

Rumor: Did Celebrity Couple Karina Smirnoff and Brad

Penny Split?





Karina Smirnoff may have won a Mirror Ball Trophy on Dancing With the Stars, but rumor has it that she's lost baseballer Brad Penny. According to <u>UsMagazine.com</u>, the 30-year-old professional dancer is no longer in a Hollywood relationship with Penny. The celebrity couple went public with their relationship in 2009, but in October of this year they decided to postpone their wedding due to "conflicting schedules." Despite wanting to spend more time together, the celebrity couple have now separated.

Celebrity couple Smirnoff and Penny

were close to getting married before announcing their split. How do you know when you've found "the one"?

Cupid's Advice:

It can take a lot of bad relationships and love that end in hurt feelings before finally find "the one." Cupid has some love advice and tips to know your partner is your true love:

1. Communication is key: You have no trouble talking and there's never an awkward silence. If you find that you can talk to your sweetheart about anything without being bored, that is sign of a lifelong compatibility.

Related Link: <u>Karina Smirnoff Loves Being Engaged to Brad Penny</u>

2. One in the same: If your life goals are similar, that's important. It's nice to be in love, but if you have no common life goals, trouble can occur quickly.

Related Link: Paula Patton Says She's a 'Real Woman Now' Post
-Split from Celebrity Ex Robin Thicke

3. Predict the future: When you think of your future and you can't imagine your partner not being there, he or she may be "the one." If you find yourself thinking about making a family with them and expanding your relationship and love, that may mean that they're meant to be in your future.

How did you know your partner was the one? Share your story below.

Rosie O'Donnell Is Engaged to Michelle Rounds





Although it's been a while since they first met, Rosie O'Donnell and her now fiance Michelle Rounds are on the right page. Their engagement was announced Monday during the commercials on O'Donnell's show, and her audience and her rep have now confirmed it, according to <u>People</u>. She posted a picture of her future betrothed with the caption "love" on her Instagram page as well as a picture on her Twitter page with the caption reading, "happy — in love" Friday. The duo met at a Starbucks earlier this year. O'Donnell said she mistook

Rounds to be a heterosexual, 28-year old woman. "It's fun and very exciting," O'Donnell said. "I did not expect it."

What are some unique ways to meet a new partner?

Cupid's Advice:

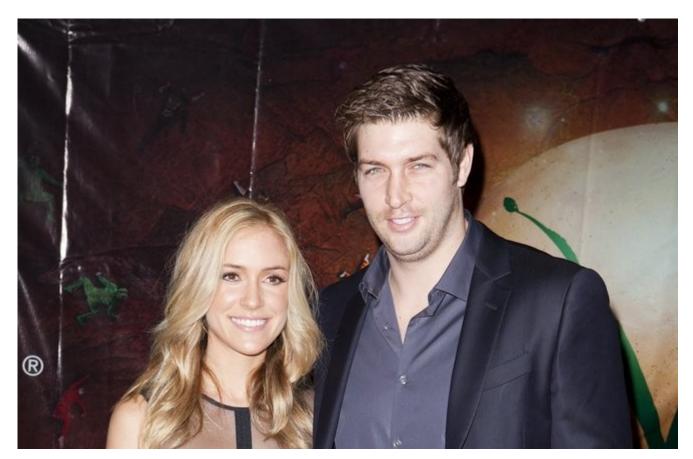
Bars and clubs aren't often the best ways to meet a partner. Cupid has some alternative suggestions:

- 1. Coffee shop: Although buying a drink doesn't involve alcohol, the relaxed nature of a coffee shop creates a perfect atmosphere to approach someone to whom you're attracted too.
- 2. Underneath the mistletoe: 'Tis the season! With the holidays quickly approaching, one of the many winter festivities could give you an opportunity to find your own snow bunny. Go skiing, snowboarding, sledding and more.
- **3. Breaking a sweat:** Most people don't expect to find someone while working out, which gives you an opportunity to be the exception to the rule and sweep someone off the elliptical.

How did you find your mate? Share your experiences below.

Simple Ways to Please Your Man





By John Powers

Contrary to popular belief, men are simple creatures. It doesn't take much to make us happy. All you have to do is find out what your man likes and then take an interest. That's honestly all it takes. Spend quality time together doing things you both appreciate and your relationship will flourish. Here are some ways to make that happen:

Enjoy each other's company.

Laugh, smile, and be silly and lighthearted. It may sound impossible, but it's necessary to eliminate stress. Do this by sharing inside jokes and special moments. A good relationship will bring out the best in both of you, and you should look forward to being together. Most guys are low-maintenance, and we want our downtime to be carefree.

Related: She's Got Game: The Women's Guide to Loving Sports

Make together time count.

Each of us has a different schedule, and it's important to make the most of time together doing things you both enjoy like playing tennis, going wine tasting, or watching a movie.

Plan exciting activities that involve cooperation and interaction and you will build great memories of time spent together. Take plenty of pictures but avoid distractions like text messages or phone calls.

Appreciate relaxation.

Some guys like watching the game with a beer, while others prefer chess and pomegranate juice. Sit beside him, pour yourself a drink, and snuggle up to him. If you discover your guy enjoys road trips it might be fun to plan one. If your man likes playing guitar it would be good of you to listen, or take piano lessons.

Related: Signs to Know He Is The One

Rest assured.

There's nothing that will scare a man away faster than insecurity, but if your man is satisfied in bed and on weekends then you have nothing to worry about. Men are straightforward creatures and you should be confident that your man is happy unless he tells you otherwise.

So enjoy each other, relax, and stop asking questions.

John Powers is a heterosexual, single male. He does graphics for TV by day and standup comedy by night. He enjoys playing and listening to rock music, driving around with the top down on his convertible, walking aimlessly around Manhattan, and sipping on deep red wine near the beach.

First Date Oufit Ideas: Outdoor Festival





By Maggie Voelker

Mother Nature can be unpredictable in the fall so dress in layers. Whether you're going apple picking or beer tasting, stand-out from the crowd in a pair of colored, skinny jeans or cords and boots. Pair that with a long-sleeved tee or sweater (depending on the weather) and a fabulous faux fur vest. Add a cross-body satchel and don't forget your wayfarers for a day outdoors!



Wayfarer Sunglasses | Faux Fur Vest | Jeans | Sweater | Bag | Riding Boots



Pull Over | Boots | Cord Pant | Wayfarer Sunglasses | Button
Down

Men, stay comfy and warm in casual corduroy pants, a casual button-down shirt and half-zip sweater. Keep your feet toasty in a pair of chukkas or casual boots, and protect your eyes from the fall sunshine with a pair of retro wayfarers. And gentlemen, take advantage of the cold: If your date is looking a little chilly, put your arm around her and warm her up for a bit, they'll appreciate the gesture.

Kim Kardashian 'Doesn't Want

a Battle' with Kris Humphries





Despite the fact that Kim Kardashian had considered getting an annulment herself, it still came as a surprise when Kris Humphries filed for one himself. According to <u>People</u>, "Kim doesn't want a battle." She wants to part ways with her ex amicably. Humphries requested the anulment this past Wednesday on the grounds of fraud, and if he recieves the anulment, it will be as if their wedding never took place. Kardashian had wanted an anulment, but was told it would be too difficult to prove and decided to go with a divorce petition instead. According to sources, "the split was devastating" for the reality starlet.

How do you keep your divorce proceedings peaceful?

Cupid's Advice:

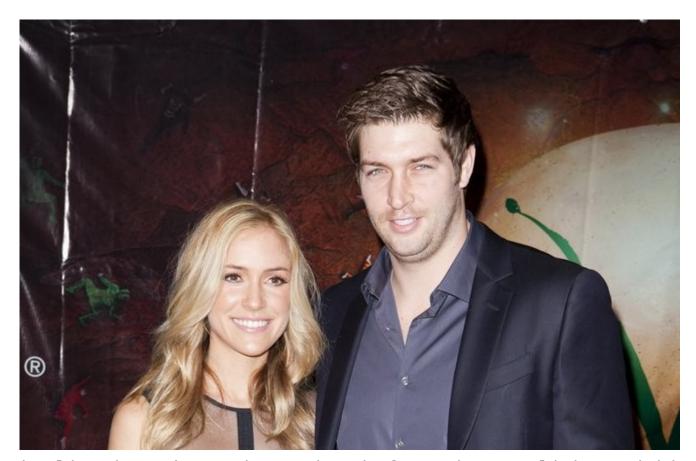
When you decide to get a divorce, it can often lead to a bitter parting of ways. Cupid has some ways to keep it peaceful:

- 1. Understand that it will be hard: Although it's never easy, the end result is best for you and your former spouse. Try to be friendly with each other, but understand that there will be some hurt feelings on both ends.
- 2. Cooperate: Don't butt heads with lawyers during the divorce process. If your lawyer or your spouse's lawyer requests information, don't dawdle. It's best to get things out in the open early on.
- **3. Keep stability:** Find a new residence and surround yourself with a close group of friends. Try to go about your normal routine as much as possible in order to maintain stability. This will prevent you from lashing out.

What are some ways to keep divorce proceedings peaceful? Share your ideas below.

Sources Say Charlie Sheen Paid Brooke Mueller's Bail





Charlie Sheen has taken a break from the spotlight and his 'winning' days, but he hasn't taken a break from his exes. On Saturday, Sheen bailed out his ex-wife, Brooke Mueller, from jail on charges of cocaine possession and assault. According to RadarOnline, Sheen stepped in when Mueller's parents wanted to keep her in jail. Sick of her irresponsible ways, Mueller's parents are fed up with her. Good thing for Mueller, Sheen still cares for her. Could this be a sign of the two starting up a new relationship again, or just a favor for an old love?

How do you support your ex without overstepping?

Cupid's Advice:

Helping an ex without meddling in their life or rekindling an old flame can be tricky. Here are some things to remember:

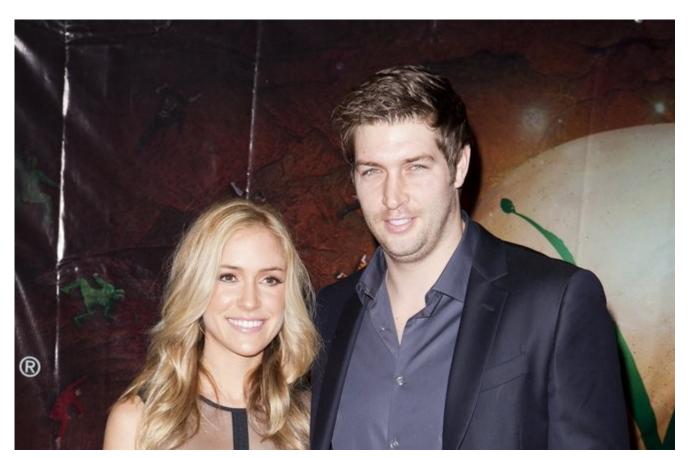
1. Ask: It may seem dumb to ask someone for help when they obviously need it, but asking shows that you want to help instead of making your ex feel incompetent.

- 2. Draw the line: While helping out an old love is nice, make sure your you let them know your boundaries. Don't let your ex use you.
- **3. Stay connected:** Keeping casual contact with your ex and not appearing just when they're in trouble will let them know you care and that you're not there to overstep boundaries.

Do you still help out your ex in sticky situations? Share your experiences below.

Author Linda Yellin Chronicles Her Search for Lasting Love in 'The Last Blind Date'





By <u>Jessica DeRubbo</u>

You may think that you'll never find lasting love if you've been part of one failed relationship after another but Linda Yellin, author of *The Last Blind Date*, is here to tell you that there is hope for a happily ever after. In her new book, she chronicles with wit and hilarious detail, the lead-up to her current marriage to Randy Arthur and her subsequent move to New York City. She lets it be known that although there are no steadfast rules to a lasting relationship there are things you can do to keep a healthy and happy outlook on life with your partner.

We had a chance to interview Linda Yellin about her book, and this is what she had to say:

What inspired you to write a book about your experience with love?

Now that's a good question. I'd written a book eons ago called Such A Lovely Couple. That book was about my first

marriage. Interestingly, all my husbands get books written about them, whether they need one or not. (This might be the appropriate time to note that there have only been two husbands and two books. And that I'm currently not planning any sequels.)

I loved my first book, but it was totally unread. (Second note: I said unread. Not unreadable.) By the time anyone in the bookstore got to the "Y" section, they'd already bought two other books and gone home. So I figured if I wrote a new book, maybe people would like it enough to go read the first book...which Mr. Simon and Mr. Schuster have thoughtfully just re-released.

Of course, I still have that end-of-the-alphabet problem, which just goes to show I'm an idiot, since I'm now married to Randy *Arthur* and could have moved up to the A's.

Related: Going from 'It's Complicated' to Monogamy

How would you explain the book's title, The Last Blind Date?

I went through 8,000 titles. If I'd strung them all together, they would have added up to another book. But my Editor-in-Chief picked *The Last Blind Date* out of the "short list." I think the short list only had 500 titles on it. Randy's the last blind date. At least I thought he was, until I moved to New York from Chicago to marry him and found myself "dating" for friends. That was one thing I hadn't considered before moving — that I'd be starting all over without any girlfriends. So really, Randy's my last *guy* blind date.

Related: <u>How to Campaign for a Better Relationship</u>

Many reviews focus on the way in which you use humor to tell your story. Was this a conscious decision during the writing process?

No. I'm not that self-aware. If I could make a conscious

decision to add things into my writing process, I'd be Aristotle or Plato. Or at least Jim Patterson.

What advice would you give our readers when it comes to finding lasting love?

Well, you won't know if something was lasting love until you're at your own funeral. And if Randy outlives me (and boy do I hope he does; it scares me silly to imagine myself as The Widow Linda, without him — to say nothing of having to come up with all those corned beef platters for his relatives) — even if yes indeed, we've had as great of a relationship as I think we're having, there's no doubt that before my casket's halfway into the ground, women will be throwing tuna casseroles at him and offering him tickets for a night out at the theater.

So assuming everything is hunky dory until then, one of the most romantic things Randy ever said to me was that he didn't want to change me, and that if he tried, he'd just mess it up. (I'm wondering... maybe that wasn't romantic... maybe that was seduction; but it worked at the time.) Regardless, I make a point to remind myself that I'm his lover, not his mother. If I was his mom, by now he'd know to put the toilet seat down. So we don't pick at each other, which is a little thing, but maybe a big thing, too. And we're always saying, I love you. Sometimes I'm saying it to a black and white cookie, but most of the time I'm saying it to Randy, and he's saying it to me.

When I first told him that I loved him (yes, I said it first — so sue me!) he gave me this whole big speech about how he didn't like saying all that love stuff because if one person says it then the other person feels obligated to say it, and then the first person… blah, blah blah… Basically, it was the biggest dodge in the history of romance. So I stopped saying I love you until he started saying I love you (took another two months), but now we tell each other I love you all the time, which I like. Plus, it fills in the gaps when we run out of conversation.

So there you have it! For more information about Linda Yellin and her book, visit LindaYellin.com. To purchase your own copy of the book, check out Amazon.

Lady Gaga Says She May Stay Single Forever





In a interview for *Vanity Fair*, Lady Gaga opened up about her love life. The singer is known less for her romantic relationships, and more so for her dedicated relationship with her fans. According to <u>E! Online</u>, Gaga thinks that she will

never know martial bliss. With the divorce plague that many stars face, it can be hard to find love in the entertainment business. Gaga told *Vanity Fair* that it isn't the men she dates that are the problem, but herself. Whatever the issue, we hope Gaga finds love. But if she doesn't, her little monsters will still get great music out of it.

What are the advantages of playing the field and staying single?

Cupid's Advice:

Staying single can be a lot of fun, but it can also leave you feeling lonely and confused when a new relationship comes around. However, sometimes it can be the best thing for you and your future relationships. Here's how:

- 1. You: Being single means more 'me time'. Not having to worry about a partner's feelings lets you learn what you like or dislike for future relationships.
- 2. Networking: Flying solo can allow you to meet new people in places that you would have visited while in a relationship. It can open up your social circle and teach you how to communicate better in future relationships.
- **3. Freedom:** Not having to report to anyone or make decisions based on how it will affect you and your partner will leave you free to become an independent well-rounded person.

What have you gained from being single? Share your thoughts below.

Kris Humphries Wants to Dismiss Prenup with Kim Kardashian





The public hasn't heard much from Kris Humphries since Kim Kardashian filed for divorce, but his plan to annul their marriage could change that, reported <code>Hollyscoop.com</code>. The annulment would dismiss their pre-nup, which includes a strict confidentiality clause that forbids either party from discussing intimate details of their relationship to the media. No pre-nup would mean no rules to follow, and Humphries could finally speak out. "Kris wants to be able to talk about the relationship without fear of being sued," a source close to Humphries told RadarOnline.com. He filed the

annulment under claims that the marriage was a "fraud." He believes Kardashian deceived him as a tactic to benefit her success as a reality TV star.

What parts of your breakup are best to keep private?

Cupid's Advice:

After a breakup, your emotions often take a roller coaster ride, but venting excessively to your peers is not the way to handle the situation. Here are a few things you should consider before blabbing your troubles to the world:

- 1. Private information: First and foremost, keep private information private. You may have intimate details and information about your ex, but they have the same information on you. Save yourself the stress and embarrassment, and respect each other's privacy.
- 2. Details: It's ok to talk to close family and friends, but don't become an open book, because you could possibly make yourself look bad. If you're going through a divorce, wait for the final court decision before you start spilling all the details.
- 3. Negativity: You're going to want to talk badly about your ex, but resist if you can. You loved this person at one point, but things didn't work out. Although all you can focus on right now are the negative characteristics of the relationship, dwelling on it isn't good for your image or theirs.

Did you reveal things about your ex you wish you would have kept private? Share your comments below.

Britney Spears Spends 30th Birthday Ice Skating With Jason Trawick





Britney Spears celebrated her 30th birthday on the ice, reports <u>UsMagazine.com</u>. The singer and her boyfriend, Jason Trawick, took a break from Spears' South American tour and went ice skating at a rink in Houston. Spears and Trawick started working together five years ago and started dating in 2009. "Jason is just amazing with [son Jayden and Sean]," said Spears. "They look up to him so much — they adore him. He's their hero."

What are some ways to make your partner's birthday special?

Cupid's Advice:

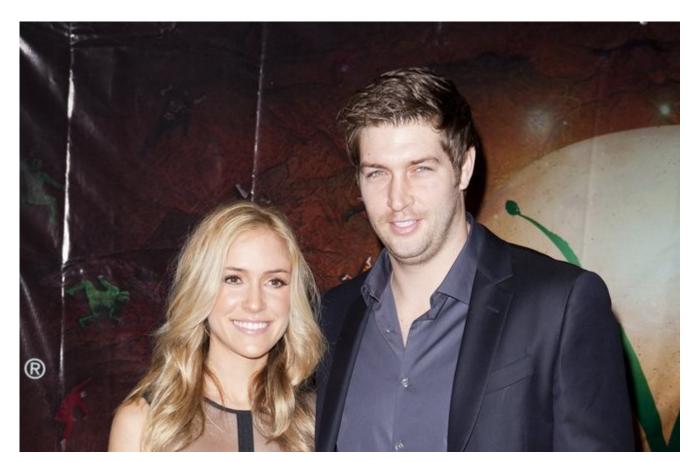
Birthdays can be especially memorable when they're spent with a partner. Here are a few ways to make your partner's birthday special:

- 1. Throw a party: If your partner is outgoing and social, throwing a party is a great way to make their birthday memorable. A surprise party could be even more exciting.
- 2. Invite their friends: Even though the two of you may share many mutual friends, your partner will be ecstatic if their friends are invited. Plus, it's a thoughtful gesture.
- **3. Plan some alone time:** If you and your partner spend the day with friends and family, remember to set aside some alone time after the day's events. Your mate will finally be able to relax after a day of activity.

Have you done anything special for your partner's birthday? Feel free to share in a comment below.

How to Communicate with Your Ex Over the Holidays





By Amy Osmond Cook, Ph.D.

Reese Witherspoon is my favorite actress. Not only is she a beautiful woman and a classy mom, but she also starred in Legally Blonde, a girl-power movie that I watched every day (I kid you not!) for the first three months after my divorce. I cried when Warner dumped Elle and cried again when Elle emerged triumphant at Harvard. I kept thinking, "If Elle Woods can do it, so can I." So this year, I am cheering for Reese. She has moved on from what she called a "humiliating" and "isolating" divorce (Elle Magazine, April 2009) and has found happiness with Jim Toth and a peaceable relationship with her ex, Ryan Phillippe.

While it sounds like Reese has got it all together, she may have a little bit of anxiety as she and Jim manage their special occasions together for the first time. As a divorced and remarried mother of five children, I know what it's like to try to manage innumerable family get-togethers over the holidays. There are too many schedules, too many conflicts, and (let's face it) too many cookies. So, for what it's

worth, here are my suggestions for surviving the holidays with a newly blended family:

Related: Ways to Impress Your Future Family

Give your ex a present. Yep, a real one. His old razor that he left behind or a picture of the children that he doesn't visit often enough don't count. The other day, my ex complimented my son, Jake, on his new orange SkullCandy headphones as he was picking him up for the weekend. I had accidentally bought two pair, so I gave Jake's dad one for his approaching birthday. In the eight years that we have been divorced, I don't think I have ever seen him more excited. He has smiled more lately, and I swear it's because of the headphones.

Buy presents together. When it comes to holiday presents, is so tempting to compete with your ex. I admit I have asked the question, "What did your dad get you for Christmas?" with the secret hope that my present was better than his. But there are two reasons to give your children joint presents. First, it is a symbol of solidarity and communicates to your children that you and your ex are united in your parenting endeavors (even if you're not). Kids need to feel loved by both parents, and a joint gift communicates that effectively. Secondly, gifts become increasingly expensive as children age. They want iPods instead of Barbies. If you can swing a joint present, you can give your kids what they really want without spending too much money.

Related: 10 Holiday Gift Ideas For That Someone Special

Know your limits. When I was divorced and single, it was sometimes difficult to see married couples enjoying their lives. This was especially true during the holidays. I tried to focus on the things I could enjoy, but when it got too hard, I left. I could do parties, but not dates with couples. I enjoyed Christmas with the family, but not New Years' Eve

(banging pots at midnight with toddlers—Nuff said). And I never held babies, because if I did, then I wanted one—but not without a husband. As Reese aptly told *Marie Claire*, divorce is "really, really stressful" (October 2011), and it's okay to flee the scene when the stress starts to mount.

Celebrate the holidays . . . whenever. Who says Christmas has to be December 25? When the holidays get crazy, flexibility is truly a virtue. For example, this year my family is celebrating Christmas on December 23, so we can celebrate it with everyone. My kids love it, because they get two Christmases instead of one and don't have to feel left out of one family's traditions. If you can change the family party so your kids can be there, do it. If you can't, then create a few traditions that they can look forward to before or after the holiday.

The combination of exes, children, and the holidays can be as distasteful as a cup of wassail gone bad. But if you are flexible, know your limits, and reach out to your ex, you might find yourself tolerating—and even enjoying—the holiday season.

Amy Osmond Cook, Ph.D. is a faculty associate at Arizona State University, where she teaches Communication and English classes. She is the publisher of Sourced Media Books and coauthor of Hope After Divorce and Full Bloom: Cultivating Success. Amy and her husband, Jeff, have five children and look forward to welcoming baby #6 in April 2012. For more information about Amy, please visit amyosmondcook.com.

Blake Lively and Ryan Reynolds Go On Romantic Ice Cream Date





Blake Lively and Ryan Reynolds embarked on a sweet old-fashioned date in Connecticut where they were seen holding hands and sharing an ice cream in downtown Ridgefield. According to <u>People</u>, they also participated in the town's holiday stroll. According to an eyewitness, the two stopped into Deborah Ann's Sweet Shoppe, where they "tried a few samples of ice cream off of those little spoons." The source also says that the two seemed very happy.

How do you make an ice cream date romantic?

Cupid's Advice:

Any date can be romantic as long as you're with the right person. So why not satisfy your sweet tooth on your next date? Here are some tips:

- 1. Share: For generations, the movies have shown us that an ice cream date can be romantic when you eat from the same bowl.
- **2. Relax:** Eating something sweet with someone you love can be a wonderful experience. Enjoy the moment.
- **3. Have seconds:** You know you're secure around one another when you can splurge on a second helping of ice cream without shame.

What are some other fun simple dates you can experience with your partner? Share your thoughts below.

Ali Fedotowsky Explains Why She Left Roberto Martinez





By now you've heard that another *Bachelorette* and her fiancé have called it quits. That couple, of course, is Ali Fedotowsky and Roberto Martinez. Although Fedotowsky was seemingly ready to wed right after the show aired, after an 18-month engagement and three postponements, it all finally ended on November 21. The former bride-to-be had this to say to *People:* "I wouldn't be being truthful if I said this came out of nowhere, we definitely had been having problems. But I had always believed that we could work it out." The duo tried to make the relationship last, even throughout their arguments. "We both realized we were unhappy more than we were happy, and we both deserved more."

How do you know when you're unhappy more than happy in a relationship?

Cupid's Advice:

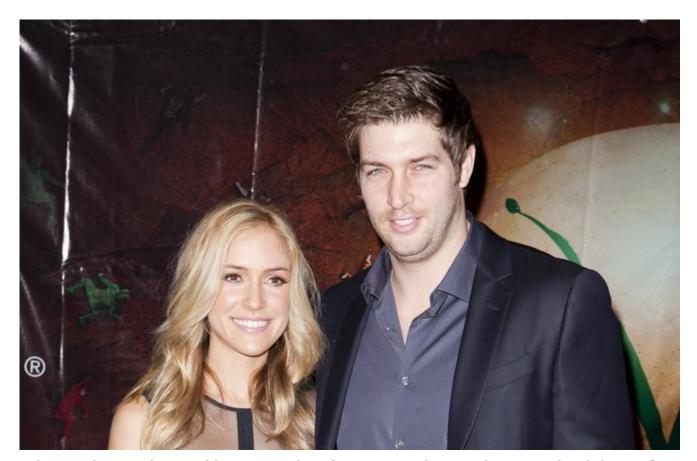
It doesn't take a scientist to tell us that relationships are hard work, but how do you know when the work and unhappiness outweigh the good times? Cupid has some tips:

- 1. Bickering and fighting: This is a tell tale sign that a relationship just isn't working. It's okay to have a few fights here and there (it can even be healthy), but if you're bickering over tiny things all the time, it's safe to assume something is wrong.
- 2. Not spending time together: When you're in a healthy, loving relationship you should be spending a fair amount of time together. If you routinely try to avoid one another, it may be time to re-evaluate.
- 3. Your relationship is stagnant: If it feels like you're at a stand still in your relationship, take a closer look. You may be dealing with thoughts that there's no point to your relationship or you can't deal with the constant arguing anymore. If you come to the conclusion that you both want more and that can't happen together, then it's time to call it quits.

How do you know when unhappiness in a relationship outweighs happiness? Share your thoughts below.

Kim Kardashian Wears Love-Themed Hoodie Mid-Divorce





Going through a divorce isn't stopping Kim Kardashian from still believing in love. According to <u>People</u>, the reality star was spotted strolling through L.A. on Friday wearing a Peace Love World hoodie. In addition to featuring a heart on the back, the hoodie read, "I am love," and "Love is not something you are looking for, love is something you become!"

How do you keep faith in love in the midst of a split?

Cupid's Advice:

Keeping faith in love in the midst of a split is difficult, but possible. Here are a few ways:

- 1. Keep an open mind: Understand that not all men are alike, and the reason it didn't work out with your ex is because there is someone better out there for you.
- 2. Talk to family and friends: Speak with those you trust and see how they made their relationship work, as well as get advice on how to deal with your split.

3. Join support groups: Interact with others and see how they are or have overcome their split in order to fall in love again.

How did you keep faith in love during your split? Share your experiences below.

Khloe Kardashian Says Sister Kourtney Will Be a 'Pro' at Raising Another Child





The tabloids are exploding, as Kourtney Kardashian and longtime boyfriend Scott Disick are expecting their second child. According to <u>People</u>, her sister, Khloe Kardashian is overjoyed that Mason is going to be a big brother. "I can't wait to see her with a kid in each arm," said Khloe. "She'll be a pro. LOL. And if this next baby is anything like Mason, then we will truly be the luckiest family in the world."

How do you prepare for raising two children instead of just one?

Cupid's Advice:

Building your family is both exciting and scary. The best thing you can do is to be prepared and get your current child ready for the addition:

- 1. Expand your nest: It may be time to turn that two-bedroom into a three. Whether that means moving or adding on to your current home, it's time to make the necessary arrangements.
- 2. Talk to your child: Prepare your first child for the new addition to the family. Tell them what to expect and get them excited about being a big brother or sister.
- **3. Get rest:** It's hard enough to get rest when you only have one child, but it's twice as hard when you have two. Stock up on sleep!

How did you prepare for your second child? Share your experiences below.

Five Reasons Why Opposites Attract





By <u>Jessica DeRubbo</u>

Why are nice girls attracted to bad boys? Because opposites attract — duh! For decades, we've been throwing around this cliché without really investigating why it may be true. I mean, at one time or another, haven't we all been drawn to those who are so different from us that we'd be hard pressed to actually find a similarity?

For instance, your idea of having fun is to hit the bar scene and meet new people, while he wants to sit at home and watch sports. You're super bashful at a dinner party, and he's the life of the party. You were always a straight "A" student with no "naughty" record, while he struggled to pass in school and spent the majority of his time in the principal's office. Despite those glaring differences, the thing is, sometimes being in a relationship with an opposite personality works.

So, let's find out why those who have very little in common find each other irresistible. Here are five solid reasons:

1. It's all in the science: A recent study shows that females are naturally attracted to men whose immune systems differ from their own. In fact, the more unlike a man's immune system is to a woman's, the more likely the woman is to remain faithful. Pretty soon, a simple DNA test may be the answer to all of our relationship problems.

Related: Laws of Attraction Between Celebrity Couples

- 2. Curiosity: Sometimes it's simply that we want to know how "the other half" lives, according to Ronnie Ann Ryan, MBA, CCC (known as The Dating Coach and author of MANifesting Mr. Right). "I am the type that wants to get from point A to point B as fast as possible," she says. "My husband wants to go the long way so he can see the sunset at the beach on the way to his destination. Learning to slow down has been very good for me."
- 3. New and improved: Having a relationship with someone whose perspective on life is completely different than yours serves to bring out a spanking new, and sometimes better side, of each person. Plus, being with someone who has a completely different opinion than yours can keep the spark alive in a relationship.

Related: Male Perspective on How to Not Strike Out in Dating

4. Divide and conquer: "Opposites can make fabulous partners because they complement each other," says Ryan. Instead of

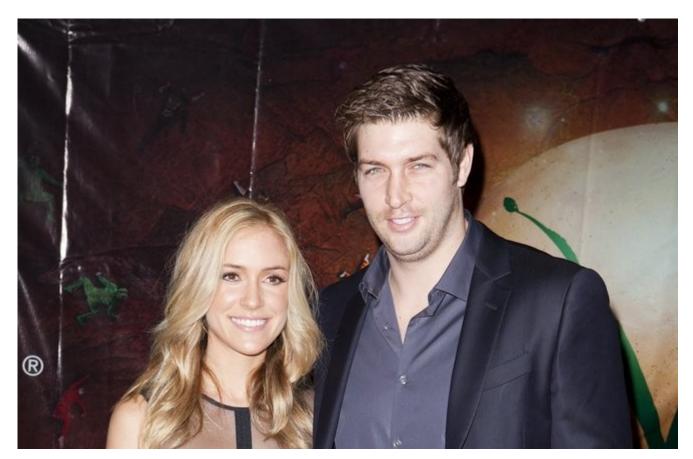
arguing over who gets to do the "good" chores and who gets stuck with the "bad," your likes and dislikes don't overlap. You prefer washing the dishes, while he's totally fine with drying.

5. It's a challenge: Let's face it: they don't call it the "dating game" for nothing. Yes, eventually dating can turn from a contest into a serious relationship, but it starts out as a challenge to overcome. It becomes even more of a feat when you add opposite personalities to the mix. Bottom line is — the Venus vs. Mars dynamic is exciting!

What are some other reasons that opposites attract? Share your thoughts below.

Kris Humphries Files to Annul Marriage with Kim Kardashian





Kris Humphries is finally taking action. Ex-wife Kim Kardashian filed for divorce on October 31st, but Humphries wishes to bypass divorce proceedings by getting the marriage annulled, reports <code>UsMagazine.com</code>. Humphries is crediting "fraud" as the reason behind the couple's split, but only because the other options were unfitting. "The whole 'fraud' thing is ridiculous. If the marriage was a sham, he was in on it," said a source. "Did he not see the cameras or get a cut of whatever money was made? The marriage was real. It was just a terrible and unhappy one."

What are some reasons to annul a marriage?

Cupid's Pulse:

Annulling a marriage is often much easier and quicker than getting a divorce. Here are a few reasons to do so:

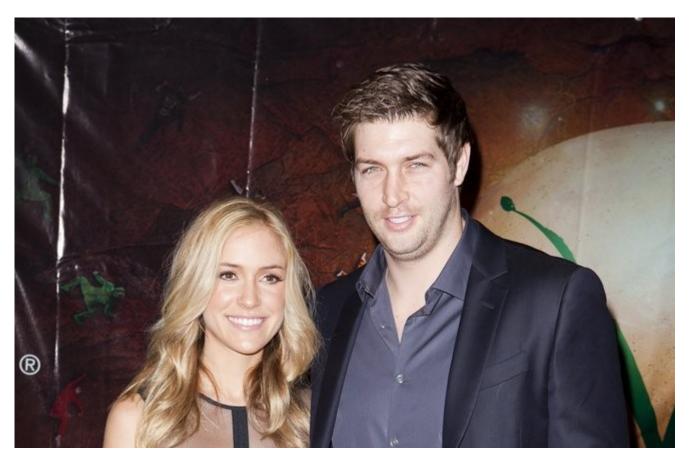
1. Infedility: If your new spouse is unfaithful within the first few months of your marriage, an annulment will most likely be granted by the Superior Court.

- 2. Bigamy: If your spouse is married to another person at the time of the marriage, the marriage can be annulled.
- **3. Force:** A marriage will most likely be annulled if one partner forced the other into the marriage, either by making threats, abduction or physical force.

Have you had a marriage annulled? Feel free to share your thoughts in a comment below.

Olympic Skier Lindsey Von and Husband File for Divorce





Olympic gold medalist Lindsey Vonn and her husband of four years Thomas Vonn have filed for divorce, according to <u>People</u>. Thomas is not only a former Olympic skier, but he is also Lindsey's coach. "It is with great sadness that I announce that Thomas and I have begun divorce proceedings," she said in a statement to <u>The Denver Post</u>. "This is an extremely difficult time in my personal life and I hope the media and my fans can respect my need for privacy on this matter. I will continue to be coached by the U.S. Ski Team and look forward to competing the rest of the season."

Should you keep your spouse as a business partner if you decide to end your marriage?

Cupid's Advice:

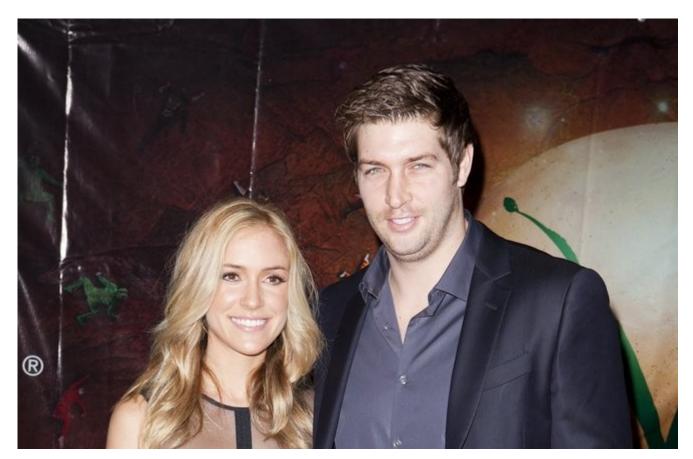
You should only continue to be business partners if you can both agree that remaining partners is what's best for the success of the business. Here are three things you'll need to apply:

- 1. Trust: If your divorce has caused a lack of trust between the two of you, it may be a struggle to trust each other as business partners.
- 2. Understanding: It's important that you both realize your relationship is now strictly business. Don't budge on this or it will inevitably cause problems.
- **3. Maturity:** You're going to want to get under each others' skin, but you need to act like adults so you can make the best decisions for the business.

Are you business partners with your ex? Share your comments below.

Kourtney Kardashian Announces She's Pregnant





Keeping up with the Kardashians just got a little more interesting as Kourtney recently announced that she and her boyfriend of five years, Scott Disick, are expecting their second child. Kardashian took a pregnancy test about five weeks ago and didn't hesitate to wake Disick with the positive results. "Now I'm nine weeks along," she told <u>UsMagazine</u>. "You're supposed to wait 12 weeks to tell people, but I feel confident." The couples first son, Mason, almost 2 now, came as a surprise, but this pregnancy had more planning involved. "It wasn't like we weren't trying," Disick said. "We kind of just said, 'If it's meant to be, it'll be.'"

Why do women wait 12 weeks before announcing their pregnancy?

Cupid's Advice:

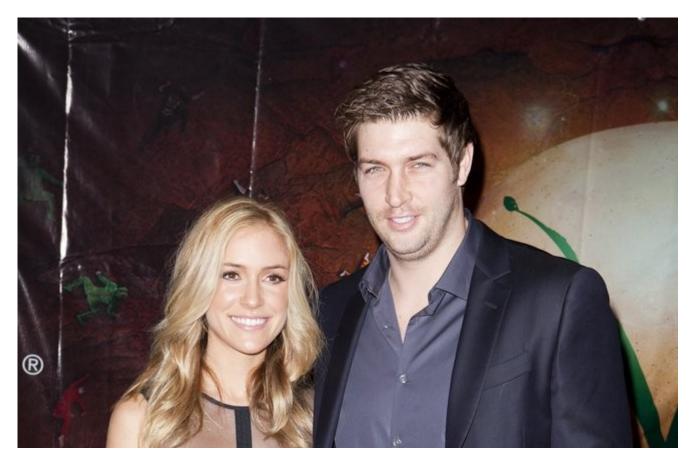
1. Risks: The first 12-16 weeks are the most dangerous for the possibility of a miscarriage. Don't risk making the announcement too soon, and shortly after having to explain that you're no longer pregnant.

- 2. Emotions: You're going to feel a lot of different emotions upon finding out you're going to be a mother, so it's important that you take time to sort out your feelings.
- 3. Time to settle: You and your partner are going to want time to yourselves so you can agree on important concerns that come along with having a baby. This way you'll be more prepared to face the bombardment of questions from friends and family.

How did you announce your pregnancy? Share your comments below.

Sources Say Jason Trawick Is Ready to Pop the Question to Britney Spears





It's Britney Spears' birthday, and what better present can she receive than her long term boyfriend and former assistant Jason Trawick proposing marriage to her? Well, according to sources, this very well may happen. "They've been talking about marriage for a long time, it would be surprising if they are not engaged by the end of the year," said the sources, according to <u>People</u>. It's no secret that Britney Spears has had one crazy ride through life, but her shaved head days seem to be officially behind her.

What are ways to tell your boyfriend is getting ready to pop the question?

Cupid's Advice:

For many couples, marriage is the next exciting chapter in their lives. Before the wedding, however, comes the engagement, and before that comes popping the question. Proposing marriage is probably the most angst-ridden thing a man (or sometimes woman) goes through. Here are some ways to tell that your partner is gearing up to ask for your hand in

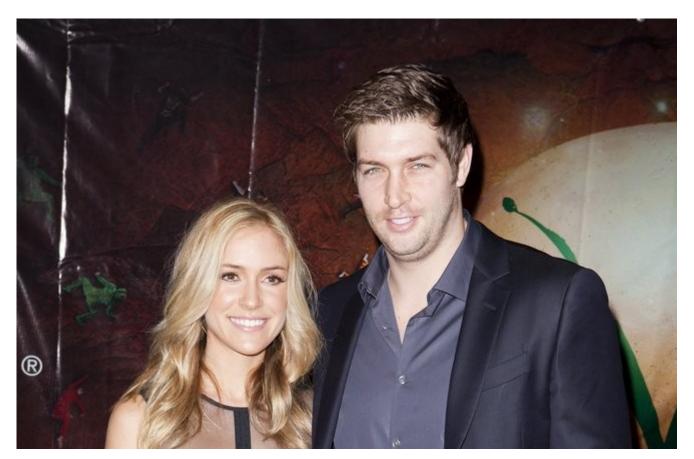
marriage:

- 1. He gets giddy around you: All of sudden your boyfriend has become somewhat shy around you. He says "I love you" more often and seems to need your affection. He's given up on the tough guy persona, and is now showing you a softer side that is more opened to PDA.
- 2. You spend more quality time together: Your guy seems to be spending more time with you. Forget about poker nights with the boys. He'd rather be in bed with you watching a rom-com.
- 3. He's planning for the future: You know how guys always say they live day by day, while girls tend to think about the long run? Well, now he has his calendar out and is planning Christmas with your parents. Gone out the days he had a commitment phobia.

How did you know your man was getting ready to pop the question? Share your experiences below.

Demi Moore Tweets Cryptic Messages





It looks like the drama hasn't ended now that a divorce is imminent. Despite a calm public statement, Demi Moore has been sending out seemingly cryptic tweets, under her handle which still reads'@mrskutcher. According to Hollyscoop, her ex Ashton Kutcher has been sending "passive agressive jabs" at Moore in retaliation perhaps. Even though they've split, the ex duo have still been going to counseling. They have even been seen leaving a Kabbalah house together, despite arriving separately. According to sources, Demi Moore has been on a "positive swing" despite the negative backlash that can often result from a divorce.

Cupid's Advice:

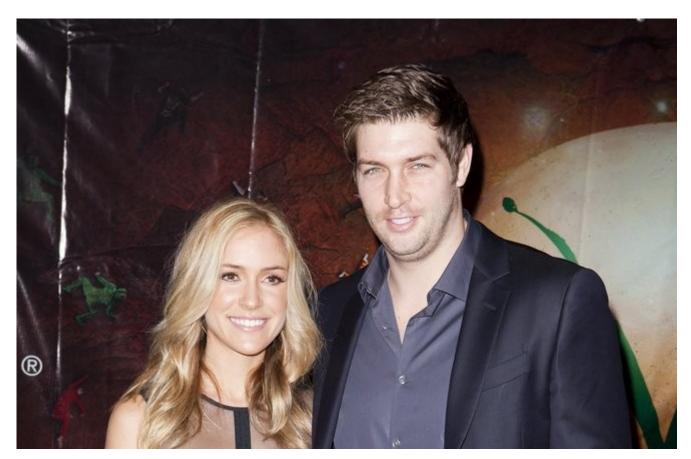
Going through a breakup or divorce can be really difficult, and you may want to complain to anyone who will listen. That's probably not the best idea. Cupid has some ways to grieve privately:

- 1. Surround yourself with family and friends: This is an important time to remember that though one relationship is ending, you still have many healthy relationships in your life remaining. Ask your friends and family for support and let them know how they can support you through this difficult time.
- 2. Take time: It's crucial to take some time to yourself to heal. Don't make any important life decisions right after a breakup. Instead, take the time to pamper yourself and keep up with a healthy lifestyle.
- **3. Remember it's okay to feel:** Recognize that your feelings are normal. Whether you're sad, frustrated, annoyed or confused, those are all normal feelings that you're allowed to experience. These feelings will lessen over time as you begin to move on.

How have you dealt with a previous break up? Share your experience below.

What Kim Kardashian Taught Me About Marriage





By Liz from WeLoveDates.com

I finally caught Kim Kardashian's wedding special while I was home sick one day, and now there are two hours of my life I wish I could get back. Three days later, when news of her impending divorce broke, I wasn't surprised at all. I mean, anyone who tuned in to her wedding special could tell that the couple barely liked each other. I was originally ready for Kim to go away, but Lord knows I love a great reality show train wreck. So, I couldn't look away.

While Ms. Kardashian and I couldn't be more different, we also have a few things in common. We're the same age, in love with being in love and have a particular affinity for high heels and hair extensions. I then came to the conclusion that Kim Kardashian could teach me a thing or two about marriage:

Related Link: <u>How to Make Your Marriage 'Easy Breezy'</u>

Womens Intuition Is Real: There is a small part of me that actually feels bad for KK. I have to believe that beneath all

the makeup, the spanx, and the money, there's a real person with actual feelings. Putting myself in her very expensive shoes, I wonder what I would have done if I had that "this isn't right" feeling in the pit of my stomach. Knowing that when I called off the wedding it would affect so many people and would make me feel bad.

Money and Marriage Don't Mix: By Kim selling out her wedding, getting married became part of her job description. This is where it gets tricky, because marriage should be about love between you and your partner ... and that's it. I highly doubt that anyone wants to pay me to film my wedding (if you do, call me!), but this was a reminder to keep my eyes and mind on what matters, and to keep it sacred. The more you treasure it, the more you should protect it.

Eloping may be the way to go: I've always wanted a fairytale wedding, but watching this Kardashian sh*t show has really forced me to re-evaluate my priorities. It seems as if we forget that marriage is not about the wedding day, the dress and the registry. It's about joining your life with someone else's, whether he lives in Minnesota or not, and whether there is an NBA lock-out or not. There's simply is too much emphasis placed on the wedding, and not on your future life together.

Related Link: Advantages of Eloping

And, ladies and gentlemen, I want the life. I want that happily ever after.