

Is Russell Brand Writing a Memoir About Katy Perry?



Russell Brand is full of surprises. After filing divorce from Katy Perry, Brand has decided to do what celebrities do best after a break-up: write a feel-for-all book. According to UsMagazine.com, Brand will reveal all the details of his marriage with Perry in a memoir. A friend of Perry said, "Katy is insulted and feels betrayed that Russell has treated her so poorly. She will never forgive him. Ever."

What do you do if your ex airs details of your failed relationship?

Cupid's Advice:

It would be nice to think that after a break-up, your [ex](#) would

refrain from giving away the good and the bad of your relationship. However, sometimes it happens. Here's how to cope:

1. Ignore: It may seem easier said than done, but you need to be the bigger person and show your ex that you are a confident single gal.

2. Fight fire with fire: If you want to get rid of your babbling ex partner, why not tell everyone a secret from your past relationship that will put him/her to shame? This may be stooping to his level, however, so think about it carefully before doing so.

3. Own up: Go ahead and confess to the bad that your ex is laying out to the world. You will look like the honest ex who has nothing better to do, but move on.

How have you dealt with your ex telling details of your failed relationship? Share your comments below.

Katherine Heigl Falls For A Bad Boy in 'One For The Money'





Katherine Heigl is back in a romantic comedy with an edge: *One For The Money*. Based on Janet Evanovich's sixteen-book mystery series, Heigl plays Stephanie Plum, a newly divorced and unemployed New Jersey girl. Stephanie talks her cousin into giving her a job at his bail bonding company as a recovery agent to get gain some cash. Stephanie agrees to catch Joe Morelli (Jason O' Mara), a former cop, murder suspect and the [ex](#) who dumped her in high school. With no idea how to handle a gun and pay back on her mind, she begins to fall for Joe all over again.

How do you get over a bad boy?

Cupid's Advice:

Women love rebels, but sometimes they can be a bad idea. Here are some ways to get over your bad boy tendencies:

1. Personality: It's okay to like a guy who can hold his own,

but it can be bad if he uses his strength against you. Look for a nice guy with the positive qualities of a rebel.

2. Become a bad girl: Bad boys do what they want to do. You need to find your inner bad girl, and leave the relationship if you're not happy.

3. Illusion: Bad boys are all about portraying an image to the world. Once you see through the act, say goodbye to the false relationship, and find a real partner.

How have you gotten over a bad boy? Share your comments below.

Five Conversations to Avoid on the First Date





By Steven Zangrillo

Here it is, your huge, nerve wracking first date. After obsessively digging through the mountain range of shoes, dresses, belts and bags in your closet, you've nailed down the perfect outfit. Your hair looks good and you've even managed not to overdo your make-up. All signs point toward success.

Lest we forget, as great as you may look, you must "wow" him or her with your intellectual acumen. That is, don't say anything that'll earn you a trip back to Match.com. We've outlined a few conversational situations to steer away from, should you find yourself talking yourself ... into a corner.

1. Avoid Talking About Your Ex: You'd think that people follow this rule to a tee with ardent discipline. In truth, it happens a little bit more than you think. It's easy, as well as unfair, to overtly express comparisons between your new potential mate and past flames. The important thing to remember is that the person you are considering is *not* guilty of the romance crimes your ex committed. Show this person

you're interested in them, not how they stack up to someone else.

Related: [Kim K's Divorce – A Reminder About Relationship Mistakes to Avoid](#)

2. Avoid Talking About Things You Dislike: No one cares that you don't like movies, spinach or *Harry Potter*. Do you know why? Ask yourself if you've ever been told to list your "disinterests" or "dislikes." Your date wants to know what you *like* so they can treat you to those things. Tell them how you like the theatre or going to football games. This way, you can determine what you have in common. Discussing the positive things will lead to a second date, and that's the goal.

Related: [Ashton Kutcher Describes What He Doesn't Like in a Woman](#)

3. Avoid Talking Too Much: While not a conversational topic per se, talking too much is a dangerous proposition. While there's no doubt that your new potential partner will want to find out as much as they can about you, they probably want to talk about themselves a little bit, too. After all, they're just as invested in the conversation as you are and they're just as nervous. There's no harm in sipping your wine, while listening to them talk about whatever they want. Being a good listener is an integral pillar in the foundation of a strong relationship and shows you have communication skills. That's a huge turn on.

4. Avoid Talking About How Much Money You (or They) Make: Your careers will be a huge topic on the first date. "What do you do?" is a classic and predictable first date query. Generally, you'll be able to determine how much money this person is making when they tell you they're a doctor, public relations professional, lawyer, fry cook or waiter. If you don't feel that you're of equal pay grade, don't embarrass

them and don't embarrass yourself. While "it's not about money," both of you should be in stable professional situations. Don't be unfair and make anyone feel awkward though; you can figure this information out for yourself.

5. Avoid Talking About Your Physical Relationships: Don't tell your date your "number." You will be judged with subdued harshness. No matter what *anyone* says, don't let this conversation happen. You're on this first date for the purposes of getting to know each other and to have some fun. You are, in a sense, auditioning to be in each other's lives. Don't screw this up by trying to figure out which one of you is more promiscuous. This conversation will happen eventually, so don't be in a rush to have an awkward conversation with someone you don't know very well.

What conversations are important to discuss on the first date? Share your suggestions below.

J. Lo's New Beau Says Age Doesn't Matter





Jennifer Lopez's rumored romance with dancer Casper Smart may be more than a fling. Smart, who's 18 years Lopez's junior, took to Twitter to share his thoughts, reports [People](#). "Age, status, [and] opinions of others are irrelevant. Our hearts are endless and our souls infinite," tweeted Smart. "Ages are mere reminders of the hours logged on this earth and the precious time remaining. Close your ears and open your hearts; Love and be happy."

How do you handle people's criticism of the age difference in your relationship?

Cupid's Advice:

Though an age difference might not matter to you, it may bother others. Here are a few ways to handle the criticism:

- 1. Ignore the naysayers:** Ultimately, your opinion and your partner's opinion are the only opinions that matter in the relationship. Ignore the skeptics, and eventually their criticism will die down.
- 2. Talk to your partner:** Though the age difference may not

bother you, make sure that your partner is comfortable with it as well. He or she may need your encouragement in the face of adversity.

3. Express your happiness: An easy way to stop people's criticism is to show them that they're wrong. Try being a little more open with your relationship, and let others see how happy you are.

Have you ever been in a relationship with a person much older or younger than you? Feel free to leave a comment below.

Miley Cyrus Buys Liam Hemsworth a Puppy for his Birthday





A new puppy was the gift of choice for Miley Cyrus's boyfriend Liam Hemsworth. According to [People](#), Cyrus tweeted, "Got Liam THE best bday pressie ever!" on Friday when Hemsworth turned 22. The puppy, who has been named Ziggy, was a rescue dog. Ziggy is the newest addition to Cyrus's family, Lila and Floyd being her other two dogs. "She's an angel! She loves her bro and sis, too!" Cyrus told a friend.

What type of dog makes the best gift for your partner?

Cupid's Advice:

The type of dog you buy for your partner depends on his or her preference, but here are some guidelines:

1. A big dog: Most guys want a big dog that they can play in the yard with, or go on runs with. Getting your man a big dog will ultimately make him feel, well, manlier. Women often prefer smaller dogs that they can pamper and easily handle.

2. A dog of choice: Take your partner dog shopping, but turn it into a game. Pretend to build your future, all the way down to what dog your significant other might enjoy running

around the apartment with. After you see exactly what they like, sneak back to the pet store and take the dog home.

3. A dog you can deal with: Giving your mate a dog means you'll be spending a lot of time with it, too. So, make sure the pooch is one that you love as well. As long as you're in a relationship, the dog will be your new baby.

What type of dog did you get your partner? Share your stories below.

LeAnn Rimes Announces Love for Eddie Cibrian with a New Tattoo





Freshly inked [LeAnn Rimes](#) showed her love for husband, Eddie Cibrian with the words “The only one that matters” sprawled across her foot. Rimes shared a photo of her new tattoo with the world via Twitter saying, “Ok? Here it is?! It’s dainty. All of my tattoos are very feminine.” Not only is the tattoo girly, but it’s also meaningful. According to [People](#), “It’s something Eddie said to me. It was sweet. It was something Eddie said I was to him.” This is not Rimes’ first tattoo for Cibrian. Right after [tying the knot](#), Rimes got a temporary [tattoo](#) on her ribcage that said, “You gave me the courage to be truthful, I promise to give you the comfort to be trustful.”

Is it wise to get a tattoo in honor of your partner?

Cupid’s Advice:

Tattoos are forever, but hopefully your relationship is, too. Here are some things to consider before getting inked:

1. Your partner’s feelings about tattoos: Your lover might think of this as a mistake you’re making for yourself, rather

than a loving gesture towards them. Think about how your significant other feels about tattoos and what [message it might send](#) to them.

2. Your future children: Someday your own [children](#) might want a tattoo, and saying “no” to them might be an issue if you’re sporting your own ink.

3. Superstitions: Some superstitious people say a tattoo that represents a [relationship](#) will be the end of that relationship. Rimes is living proof that this doesn’t happen to everyone (so far). That said, make sure you and your partner are in the relationship for the long haul.

Did you get a tattoo in honor of your partner? Share your stories below.

What Led to Avril Lavigne and Brody Jenner’s Split?





Avril Lavigne's love life is now much more complicated. The singer and Brody Jenner reportedly split last week after nearly two years together, reports [UsMagazine.com](https://www.usmagazine.com). "It was mutual, but Brody really broke up with her," said a source. "He told her he was tired of always being her plus-one, and always going on tour with her." Lavigne is currently planning an upcoming tour in Asia. "[Jenner] said he needs a career of his own again, and he didn't want to go on the tour. Avril didn't like that. Brody said, 'I need to stay in L.A. and get back into TV, either scripted or reality. But I feel like a loser.'"

What do you do if your partner isn't achieving success in their career?

Cupid's Advice:

Encouraging your partner is tough, especially when your successes outweigh their own. Here are a few ways to handle your partner's faltering career:

1. Be supportive: If you offer tactful and sincere advice,

your partner will appreciate your efforts. Be cautious not to belittle your partner's struggles.

2. Watch your words: If you have a particularly good day at work, be careful what you say. It's okay to tell your partner about your successes every once in a while, but sharing your excitement too frequently will come across as bragging.

3. Offer to help: If your partner's lack of success at work is due to issues that can easily be fixed, offer to help. Spell-check your partner's latest presentation or forward some necessary emails. Hopefully, you will be able to get some work done and bond.

Have you ever been more or less successful at work than your partner? How did you handle it? Feel free to leave a comment below.

'Desperate Housewives' Actor Jesse Metcalfe Is Engaged to Cara Santana





Desperate Housewives actor Jesse Metcalfe is finally engaged to his longtime girlfriend Cara Santana. A source confirmed the news of the engagement to UsMagazine.com, and said that the two “have been dating for four to five years and living together for at least three.” Metcalfe previously dated model Courtney Robertson, who is now taking another shot at love on Ben Flajnik’s season of *The Bachelor*.

How do you know when you’re ready to stop dating and tie the knot?

Cupid’s Advice:

No relationship is the same, and getting married happens to every couple differently. Cupid has some tips to help you know when it’s your turn to walk down the aisle:

- 1. Confident:** When both you and your partner have enough confidence and faith in your relationship, that’s when you can consider tying the knot.
- 2. Time:** Don’t rush into a marriage, because you may end up like Kim Kardashian, and you’ll realize you didn’t know what

you were getting yourself into. Take time to work out the kinks and get to know each other inside and out before taking that next step.

3. Committed: When you and your partner have completely committed your lives to supporting each other through the good and bad times, then it's time to move forward. You know that you could never feel the way you feel about your partner with anyone else, then you're ready to make them yours forever.

How did you know you were ready to take the next step? Share your comments below.

Ashton Kutcher Chats with Demi's Daughter Rumer at Pre-Golden Globes Party





Actor Ashton Kutcher and ex wife actress Demi Moore found themselves at the same Pre-Golden Globes party, and Kutcher didn't hesitate to catch up with Moore's daughter, Rumer Willis. As the *Two and a Half Men* actor made his rounds to chat, [People](#) reported that he and Willis were all laughs and smiles until she went back to join her mother.

Is it OK to keep in touch with your ex's children?

Cupid's Advice:

It can be difficult to “dump” the rest of your ex's family after a breakup, especially when it comes to kids. Cupid has some tips:

- 1. Healing time:** If you're the one who's broken up with your partner, it might be a good idea to step aside and give them their space by avoiding their kids as well.
- 2. Be a friend:** If you want to continue the relationship that you've built with your ex's kids, it would be best for both sides if you and your ex were friends. Whatever you do, don't vent to the kids about your past relationship and current

feelings about your ex.

3. Be respectful: Your ex may want you out of their lives and their children's lives completely. If this is the case, then you need to be respectful of their decision. Losing that connection is a risk you took once you broke up.

Do you think it's OK to allow your ex and your children to interact? Share your comments below.

Rumor: Did Avril Lavigne and Brody Jenner Break Up?



Could Avril Lavigne and Brody Jenner be calling it quits after

2 years of dating? According to [Hollyscoop](#), Lavigne is ready to settle down, and Jenner just isn't. We wonder if Jenner might be nervous because he knows Lavigne's previous marriage to rocker, Deryck Whibley, didn't work out or because his step sister, Kim Kardashian's, union to ex hubby Kris Humphries ended in such a short time. Also, maybe that bar fight back in November put a strain on the relationship. We'll have to see.

What are some ways to tell it's time to break up with your partner after a long-term relationship?

Cupid's Advice:

After long time dating, you may find yourself questioning the relationship. Here are some ways to know if you need to break-up or should hang in there:

- 1. Company:** If you are annoyed or unhappy when you spend quality time with your partner, it may be time to move on.
- 2. Intimacy:** Is the intimacy non-existent or are you using sex to make the relationship better? If you said "yes" to either, re-evaluate why you are with your significant other.
- 3. Different values:** If the two of you want different things out of your relationship, and it seems like each other's plans have changed over time, it may be time to make plans solo.

How did you know it was time to end your long term relationship? Share your comments below.

Kelsey Grammer and Wife Expecting Twins



It looks as though Kelsey Grammer has even more to celebrate than his recent win at the Golden Globes. Grammer and his wife, Kayte Walsh, are expecting twins! “I’m really looking forward to meeting these new arrivals,” Grammer announced the news to reporters backstage at the Golden Globes Awards after winning the award for Best Actor in a TV Drama. “Fatherhood’s always different based on the character that comes into your life. They arrive and tell you what you have to do,” he said. The actor, who plays a powerful Chicago mayor on Starz’s *Boss*, is especially excited to welcome the new additions to the world with the person whom he adores. “[Kayte is] extraordinary,” Grammer said. “She’s one of the most loving, amazing, warm human beings I’ve ever met...and I

think she'll blow [the kids] away."

How do you prepare for twins versus a single child?

Cupid's Advice:

Having twins can be double the blessing and a wonderful experience, especially when you're ready for them. Here are a few tips to help make things a bit easier when you're prepping for two instead of one:

1. Get started early: Think of how much time you have to run errands when you have one child- then, divide it by two, Don't procrastinate on putting together the swing sets and setting up the nursery, as you won't have time when the babies are born. Do you want one crib with a divider or two cribs? Planning early allows you time to make changes and gives you the opportunity to do things one at a time without having to frantically rush through the process.

2. Budget for two more: Having twins, especially when they're your first children, can put a major dent in your bank account. You have to buy two car seats, two sets of clothes and two cribs. So, buying in bulk can save you a lot more money and time, causing you to shop less. Also, to save some extra cash, purchase some things your babies will need such as shoes or clothes, at thrift stores and garage sales.

3. Relax. It's easier said than done to relax when you're expecting, but it's so important. It's necessary to get a lot of rest and relaxation during pregnancy because when the due date comes, you won't have nearly as much time as you did before. Read books, go for walks, meditate and do yoga- anything that will calm your mind and give you a little "me" time before the big day.

What are some other ways you prepared for the birth of your children? Share your suggestions and experiences below.

Is Facebook Destroying Your Love Life?



By Jennifer Harrington

Popular social networking sites, such as Facebook, are great for many things. Re-connecting with old classmates, checking out your best friend's vacation photos and sharing the news that you had an exciting celebrity sighting, are some of the best reasons to log on. But when it comes to your love life, is Facebook your friend... or foe?

Social media provides access to all of the key information about the object of your affection. Status updates revealing

their whereabouts, wall posts indicating updates from their friends and photos that can point to previous romantic partners, offer you a glimpse into their private world. If relationships are about getting to know the other person better, it's easy to see how checking your better half's page many times per day might be justified.

With newspapers like *The New York Times* dedicating articles to teaching kids how to break-up nicely online, it is apparent Facebook has changed how we interact with each other.

Therefore, Cupid advises you that when it comes to Facebook and your love life, Facebook is a relationship mine field that must be navigated carefully. So, before you hit the "refresh" button on your sweetie's page again, ask yourself a few questions to figure out if Facebook is destroying your love life:

Are you using Facebook as a window into another person's life?

If so, get off the computer immediately. Pick up the phone to chat with your special someone, or make a date to catch up over coffee. Nothing takes the place of live interaction when building and maintaining a relationship.

Related: [5 Ways Technology Is Ruining Your Dating Life](#)

Do you get upset about things you see on Facebook?

There's a lot of room for misunderstanding; from old pictures being posted to comments from friends taken out of context.

If you see something that upsets you, take the time to talk it through with the other person. Don't draw conclusions solely based upon what you've seen online.

Does your honey know you are stalking their page?

If you have found yourself slipping and mentioning to your significant other things you've noticed on their page, this is a warning sign. People like to be noticed, but not stalked

online. If your partner knows you are snooping, it may make them feel like you don't trust them.

Have you de-friended your significant other (or their friends) out of anger?

Always avoid de-friending in a moment of fury. Reports suggest that *The Jersey Shore's* Sammi "Sweetheart" Giancola has de-friended her on-again, off-again boyfriend, Ronnie Ortiz Magro's friends in moments of rage – and everybody knows that is not a model relationship.

Related: [Are Jersey Shore's Sammi and Ronnie Back Together?](#)

While it's hard to imagine life without Facebook, don't lose sight of the fact that relationships are built on love and trust and not what appears on Timeline. If you're interested in learning more about maintaining healthy relationships both online and offline, check out a recent article from The Huffington Post titled "6 Tips for Healthy Relationships" which highlights relationship advice from experts including Dr. Drew and Dr. Phil.

Has Facebook destroyed your love life? Share your stories below.

Newly Engaged Jessica Biel Wears Bridal Style Dress at Golden Globes



We don't need to see an engagement ring to know that Jessica Biel is excited about getting hitched to Justin Timberlake.

After rumors of an engagement were confirmed, the pair have been lying low ... that is, until Biel stunned at the Golden Globes without her fiancé. There to present an award, Biel wore a white lace Elie Saab that resembled a wedding dress.

Could the actress be giving us an idea of her bridal style? According to UsMagazine.com, the bride-to-be was glowing and very happy.

What are some ways to channel your excitement about your engagement?

Cupid's Advice:

Getting engaged is exciting! Whether you are planning to get married right after the engagement or plan to wait awhile, wedding details can be hard not to think about. Here are some

ways to tell the world that you are happy:

1. Style: Try out different wedding gown fabrics with your everyday clothes. Lace, tulle and satin are always fashionable and romantic.

2. Manicure: Bridal manis and pedis, anyone? Trying out french manicures and pretty pink nail polish hues are always in style and great paired with a new engagement ring.

3. Technology: Wedding apps and magazines are so much fun to read. Why not rip out pages or save pics and post them around your office for wedding bliss inspiration?

How have you channeled your engagement excitement? Comment below.

Ashton Kutcher and Demi Moore Have Pre-Golden Globes Run-In





It looks as though Ashton Kutcher and Demi Moore may be having a case of the exes. Besides having continuous awkward run-ins with each other at different locations in Hollywood, it appears the two haven't been seeing much of each other since announcing their decision to split-up this past November, amid rumors that Kutcher was unfaithful. Although going through a divorce, the former couple was cordial with one another as they crossed paths at the CAA Foundation pre-Golden Globes bash this past Friday. Sources told UsMagazine.com that the exes kept their distance most of the evening and briefly said "Hi" to each other.

What are some ways to avoid awkward run-ins with an ex?

Cupid's Advice:

Depending on the breakup, bumping into your ex can be a bit awkward. Here are some positive ways to react when you encounter a previous mate:

1. Be kind: Even if your ex hurt or cheated on you, try to be kind when you run into them. You don't necessarily have to

jump up and give them a big hug as though you're trying to be their best friend for the next few seconds, but you don't want to come off as bitter either. Keep it simple with a smile and "hello."

2. Keep it simple: Prolonging the conversation may bring up old feelings which can cause even more awkwardness. So, depending on whether or not you and your ex want that old thing back, keep the conversation to a platonic minimum.

3. Be confident: Show your ex that you're doing just fine without him or her. Don't boast or brag about how great a new partner is or how your life has been extremely over-the-top-magnificent without them. Wear your confidence on your sleeve and give a friendly and quick update on the new accomplishments in your life since the split.

How did you avoid running into you ex? Share your stories below.

Newlywed 911: Protecting Young Marriages





By Malia Karlinsky, GalTime Love/Sex Editor

Sad news about one of Hollywood's hottest couples—Russell Brand has filed for divorce from wife Katy Perry. The news about the break-up does not come as a complete surprise. Celebrity gossip columnists have been buzzing about a rift between pop music princess Katy Perry and her actor/comedian hubby Russell Brand. Married for just 14 months, the often lovey-dovey pair reportedly spent this past Christmas miles apart (two-thousand miles to be exact). Photos showed Perry splashing around on a Hawaiian beach (without her wedding ring), while Brand was also snapped on a beach— in Cornwall, England— sans Perry.

What broke this celeb couple up? We may never know for sure, but Us Weekly recently reported that Brand's lack of respect for Perry's parents' Christian beliefs as the cause of some tension.

If that's the case— the problems of this glamorous newlywed couple are quite common.

Jeanine and Mark Earnhart, spouses who co-authored a book titled *Marriage Works*, cite the in-laws as one of the biggest issues that cause problems in new marriages. According to the Earnharts, there are some very predictable problems that plague the newly married.

Related: [Delve Into a Modern Day Marriage With 'The New I Do'](#)

Top 5 Issues Newlyweds Face

1. In-law issues
2. Finances
3. Sex
4. Time spent with friends (without the spouse)
5. Household chores.

Jeanine Earnhart suggest communication as way to get over these newlywed “speed bumps” on the road to a happy marriage. “It may seem like a simple answer, but it works for every one of these problems,” she explains. “If a couple gets their communication skills down right from the start, they can talk about anything and solve most problems.”

Tina B. Tessina, PhD, (aka “Dr. Romance”) a psychotherapist and author of *Money, Sex and Kids: Stop Fighting about the Three Things That Can Ruin Your Marriage*, suggests putting some work into the relationship before *putting a ring on it*.

Tessina shares that there are several questions every couple should consider **before** moving in together or making joint financial commitments.

Related: [Cupid's Weekly Round-Up: Rushing into Marriage](#)

7 Questions Every Couple Should Talk About

1. What is your definition of commitment? If you don't know what your relationship means to the both of you, you risk repeating past mistakes, getting stuck in uncomfortable roles, or fighting about what a healthy relationship is.

2. Have you discussed finances? Different financial habits (one likes to save, the other spends more, or doesn't keep track) can become a source of argument.

3. What about household responsibilities? If you're not yet living together, take a tour of each other's homes. Drastically different decorating styles, neatness, and organization levels can become sources of argument, and so can housekeeping and chores.

4. How close are you to family or friends? If one of you has a lot of family or friends, and the other does not, find out what those relationships mean. Where will you spend holidays? If there are family members who have problems, such as addiction or mental illness, how much will that impact your relationship?

5. How do you handle anger and other emotions? We all get upset from time to time. If you are usually good at diffusing each other's anger, and being supportive through times of grief or pain, your emotional bond will deepen as time goes on.

6. How do you show love to each other? Sharing what actions and words mean love to you may be surprising. Even if it's a struggle, discussing how you give and receive love will improve your relationship.

7. How well did you discuss these very questions? Asking yourselves these questions are excellent tests of your ability to define and work out problems. Constructive discussion that leads to a mutually satisfactory solution means you know how to solve problems in your relationship. If not, get counseling before going further.

So how can bickering newlyweds resolve their issues— and create a stronger relationship? Tessina suggests some simple steps.

Related: [Pamela Anderson Says 'Marriage Has Its Ups to Downs'](#)

Simple Steps to Create a Successful Marriage

- **Talk frequently and honestly to each other:** Discuss everything from your frustrations to your appreciation of each other.
- **Strive to work together to solve anything that comes up:** Don't get stuck on who's right or wrong, focus on solving the problem.
- **Keep your connection going:** Connect through communication, sex, affection, understanding and concern for each other.
- **Have a sense of humor, give the benefit of the doubt, care about each other.**

Our hearts go out to Katy and Russell.

Jennifer Aniston and Justin Theroux Go On Ski Vacation in Colorado





Jennifer Aniston and Justin Theroux didn't seem to have any trouble staying warm in the chilly weather as they spent their holidays in Telluride, Colorado. The two lovebirds rented a house and although they ventured out during the day to take ski lessons, a source told UsMagazine.com that "Jen and Justin spent every night in" during their romantic winter getaway.

What are some romantic winter vacations to take as a couple?

Cupid's Advice:

Avoid the winter blues this season with a romantic getaway for you and your partner. Cupid has some tips:

- 1. Fun in the sun:** If winter just isn't your season, take a trip somewhere warm and tropical. A cruise or a flight down south could be the perfect way to melt away the cold and heat up your relationship.
- 2. Scenic route:** Snowfall can turn parts of the world into a winter wonderland. Embrace the season with an Alaskan cruise, and you're guaranteed to see some of the most breathtaking sights you've ever seen.

3. Hit the slopes: Go play in the snow adult style – on the mountains! Take a trip out West for some great skiing opportunities and time to bond with your partner while being active.

Where do you like to travel during the winter season? Share your comments below.

Courtney Cox Says Kissing Co-Star Was Confusing to Daughter





Courteney Cox's involvement with *Cougar Town* costar Josh Hopkins is too complicated for daughter Coco to comprehend, reports UsMagazine.com. "[Coco] shouldn't watch *Cougar Town*, but she does," said Cox. "She's always like, 'Mommy! Did you really kiss Josh? And I'm like, 'I'm just faking it!'" Though Cox and Hopkins were seen vacationing together with Coco in March of last year, both deny a romantic relationship.

What are some ways to explain moving on after a split to your child?

Cupid's Advice:

Moving on is a difficult hill to climb, even without the added pressure of telling your child. Here are a few things to consider before breaking the news to your kids:

- 1. Your new relationship:** Before introducing your new partner to your children, make sure that you're serious about the relationship. Children look for stability, so introducing your kids to a mere fling could harm them in the long run.
- 2. Your past breakup:** Let your children adjust to the changes

in their life before you change yet another element. Instead of introducing your new partner immediately, give your children some time. Eventually they will be more accepting of a new relationship.

3. Your children: You know your children's personalities better than anyone. Use your best judgment before introducing your partner. Decide if a face-to-face meeting or a discussion is the best way to break the news.

Have you ever had to explain a new relationship to your child? Feel free to leave a comment below.

Ten Signs You're Dating A Jerk





By Che Blackwood

Valentine's Day is a great excuse to strap on your tallest heels and reserve a window seat at a chic lounge for some champagne and brie. Or, for the more traditional lady, there's no greater treat than spending an evening enjoying red wine and dark chocolate with your love, be it your soul mate or your best friend. The only wrong way to spend this special day is with a jerk. Sometimes hard to spot, these heartbreakers have a pension for making their dates feel awful and are experts in keeping a relationship miserable.

Fortunately, enough women have been there before you and there are now many easy to spot red flags. Keeping a lookout for these top ten signs you're with a jerk is the first step to ensuring you won't have a Valentine's Day to regret:

1. He talks down to you: If he talks to you as if you're a child, or incapable of making smart decisions, you deserve better. The same goes if he acts like you're unable to live a productive life without him, speaks poorly of you in front of his friends, or treats you like a servant. There's nothing funny about a man talking to his girlfriend as though she's

less than he is.

2. He doesn't support you: So you want to be a famous ballerina who sells diamond encrusted dog collars on the side?

Fine, your best friends support you and so should your man.

If your beau acts like your dreams are unattainable or stupid, or if he refuses to encourage you at all, forget him.

Everyone needs a support system and if he can't believe in your dreams, he certainly shouldn't reap the benefits of your eventual success.

3. He tries to make you jealous: If he talks too fondly about his [ex](#), still excitedly mentions his single hook-ups or reminds you of the tanned, muscular legs on your best friend, he's trying to make you jealous. He's probably insecure, and the worse you feel the more confident he becomes, meaning this behavior is never going to end. Move on and make a brighter future for yourself while he's stuck daydreaming about the past.

4. He makes you feel second best: We all deserve to spend a guilt-free night out with our friends and sometimes work and other real world obligations demand our immediate attention.

That said, if your man is constantly canceling dates to grab a beer with the guys or to score some overtime at the office, then the last thing on his priority list is you and that's not OK.

5. He forgets your anniversary: It's not difficult to remember the dates that are important to us. Think of it this way – has your man ever forgotten his own birthday? If he can't find the time to recall your wedding anniversary or the night the two of you became official, then it's not important enough to him.

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6. He doesn't make you feel beautiful: Whether it's waking up

on the wrong side of the bed or forgetting to tweeze the brows, no one can constantly look perfect. But, if your date is *always* bringing up your curves, wrinkles and bad hair days without once mentioning your great attributes, it's time to find someone new.

7. He never pays: Most partners know that their sweethearts can't afford extravagant dinners or weekend getaways more than a few times a year. However, if your honey refuses to ever foot the bill, then there's a good chance he isn't taking your feelings seriously. It doesn't cost a lot to treat you to a movie or to share a few appetizers at your favorite restaurant and he should love seeing the look of appreciation on your face when he does.

Related: [Five Ways to Cut Down on Dating Costs](#)

8. He doesn't fight well: One of the greatest tests of a relationship is seeing how your partner reacts during an argument. If he is quick to raise his voice, insult you or, even worse, hit you, then he's a certifiable jerk. If he loses his cool completely during an argument, then he is losing sight of the relationship all together.

9. He won't forgive you: We *all* make mistakes, but being bold enough to acknowledge your wrong doings and apologize is an attribute your date should appreciate. However, if your man refuses to accept your apologies, or if he constantly holds your past missteps over your head, then he's too immature and petty for a woman of your caliber.

10. He cheats on you: If your man is willing to disrespect you and disregard your feelings enough to become intimate with another woman, whether physically or emotionally, you need to drop him today. Every woman should require a partner that loves, respects and cherishes them.

How did you know you were dating a jerk? Share your experiences below.

'American Idol' Alum Brooke White Is Expecting Her First Child



Brooke White, who made her performing debut as a finalist on season 7 of *American Idol*, is expecting her first child in May with husband, Dave Ray. "By the time the baby's born, we'll have been married eight years. I met Dave when I was 19 years old – we've been together a really long time, and we've always wanted to be parents," White told [People](#). Last January, the *Idol* alum showed off her acting skills in the FOX TV movie *Change of Plans* ironically about how the unexpected things in life end up being the best.

How do you prepare your relationship for a child?

Cupid's Advice:

Having your first child is one of the most exciting and scary experiences you'll have in your life. Here are some ways to embrace it:

1. Enjoy your alone time (while you still can): Welcoming a new baby into the world is a big responsibility that involves almost all of your time and energy. Spend as much quality alone time with your partner as you can before the baby is born.

2. Decide on how the child will be raised: Prior to bringing a baby into the world, you need to make important decisions about issues such as what religion you will be raising your child with and what school they will attend.

3. Baby proof your home: Getting your home ready for a new baby can be a great bonding experience for you as a couple. It's a form of "nesting."

What are some other things to prepare for before having a child? Share your thoughts below.

Jay-Z Performs New Song in Honor of New Baby Blue Ivy





On Monday, Jay-Z posted a new song titled “Glory” on his website, *Lifeandtimes.com*, with the statement, “Life just got REALLY good.” He was clearly referring to the birth of his baby daughter Blue Ivy Carter, with Beyonce. According to *Marqueeblog.com*, Jay-Z’s lyrics include, “You’re a child of destiny/you’re the child of my destiny/you’re my child with the child from Destiny’s Child/that’s a hell of a recipe.” He added, “The most beautifulest thing in this world/is daddy’s little girl.” Pharrell Williams produced the emotional and personal track. A baby’s cry is heard at the end of the song.

Among other things, Jay-Z also revealed the couples’ struggle with a miscarriage. “Last time the miscarriage was so tragic/we was afraid you disappeared/but nah, baby, you magic.”

What are some unique ways to welcome your child to the world?

Cupid’s Advice:

So maybe you’re not Jay-Z and producing a hip-hop track is not an option to introduce your new baby, but there are plenty of other special ways to welcome your new child. Cupid has a

few:

1. Make a photo collage to share: Document your pregnancy all the way up to the big moment, and create a photomontage. Putting something together is a project you can work on with your partner. Your closest friends and family will appreciate your effort and will enjoy your new baby.

2. Send out a birth announcement: Let the world know how proud you are of your new baby with adorable snapshots on a note card. Without being too personal, you can let everyone know you have brought a beautiful new life into the world.

3. Welcome party: Your family and friends are all going to be dying to meet your new bundle of joy, so why not throw a party? Let everyone share your joy and meet your baby all in one shot. It's also easier for you in the end (not having to look presentable every day for a different family member).

What are some ways you welcomed your child into the world? Share your stories here.

Shiri Appleby Dishes about New Web Series 'Dating Rules From My Future Self'





By [Lori Bizzoco](#)

It's easy to ask others for dating advice, but sometimes you have to listen to your gut and do what makes you happy. Shiri Appleby (*Roswell/Life Unexpected*) shared that tip with us as we discussed her role on the new web series, *'Dating Rules From My Future Self*. The series, also starring Taylor Kinney (*Vampire Diaries* and Lady Gaga's current beau), is about a young 27-year-old woman named, Lucy Lambert who starts getting text messages from herself 10 years in the future. The messages warn her about her dating strategy. She soon realizes that the man she is about to marry, isn't the one for her and she must change her life. If only there was an app that would allow us to get advice from our older, wiser self! Well, according to Appleby that may not be a good thing.

Below Appleby gives us the scoop on her new series, and how it relates to her personal life. She also shares some great dating advice with our visitors.

Tell us more about the show. How does a web series differ from television?

Related: [Former 'Roswell' Actress Shiri Appleby Debuts Web Series on Dating](#)

It doesn't feel any different from my end. The good thing is that people can watch it at their leisure from their computer and there's an opportunity for it to go viral.

Does 'Dating Rules' compare to your current love life? Do you relate to Lucy?

Yes, I relate to Lucy because as I've gotten older, I've realized that if I stop asking everyone else what they think I should be doing with my love life and I just ask myself, I always end up the happiest. For example, when I think about choosing between A and B, I stop and ask myself what do I really need in my life? If I'm really honest with myself I always pick the choice that makes me the happiest. When you doubt and ask everyone else what to do, you get really confused and end up in situations that don't make you feel comfortable. In the show, Lucy starts to understand herself and you see how she blossoms as a woman.

Do you wish that you had the opportunity at one point to get future text messages like Lucy does?

No, I don't think so. It would be great, but at the same time you learn a lot from your mistakes and why you chose to date someone. Going through the experience is important because whether it's positive or negative, it helps you to understand what you want in the future.

What message do you think the show is trying to send out to viewers?

It's a show about friendship and realizing how great it is to grow up with true girlfriends that you can ask honest questions to. It's also telling woman that it's okay to ask for what you need and to figure out what it is that you need. And, how do you get that? You usually get that from listening

to yourself.

Related: [How Happy Are you?](#)

What do you think was the motivation to create a show like this?

It's important to create something that people will be entertained by, but if you have the opportunity you want to put a good message out there also, especially to young woman.

Do you have any relationship advice you can share with our visitors?

Yes. My advice is that it's not supposed to be as difficult as we make it out to be. The best thing you can do is to kill the idea of what you think you need or want. If you get rid of those preconceived thoughts, then you will be able to find the thing that you actually do need vs. what you think you need. Once that happens, you will discover that what you need is a best friend and the list you once had for finding a partner will feel like nonsense.

How about your own dating life?

Yes, I'm in a great relationship – it's really nice.

Before we go, can you tell us about the book you're writing?

Yes, it's really exciting. I am writing a book about how I've found myself and I tell it through all of the guys I've dated. I'm taking it to publishers at the end of this month. Hopefully it will be a good read.

For more information about Shiri Appleby you can find her on Facebook or follow her on Twitter @shiriappleby. Dating Rules From My Future Self premiered on January 9, 2012. New episodes will air every Monday, Wednesday and Friday.

CupidsPulse.com wishes Shiri lots of luck on your new show and

book! Would you want to get messages from your future self? Tell us in a comment below.

Molly Sims Says She's Pregnant with 'Honeymoon Baby'



Newlyweds Molly Sims and Scott Stuber are pregnant with a honeymoon baby. In her blog, Sims wrote, "Today, I am absolutely, positively, downright over the moon to announce that we are pregnant!" Sims is due at the end of June. "There are simply no words to describe the feeling... I finally

get what they mean when they say pregnant women GLOW,” she said. She even made an event out of telling Stuber the big news. She took a fortune cookie and altered its contents to announce her pregnancy. “The look of surprise and pure joy on his face was priceless,” said Sims.

What are some good ways to announce your pregnancy to your partner?

Cupid’s Advice:

Telling your partner you’re pregnant should be one of the most exciting moments of your life. Here is how to do it right:

1. Go out for a special evening: Try Sims’ method and make a meal for your sweetheart. Incorporate the message into the evening. Spelling the news out on the frosting of a cake (with pink or blue icing), or a message in a fortune cookie are two surprising and special ideas.

2. Wrap the pregnancy test: This may sound a tad gross, but what better way to share you’re pregnant than by showing proof? There won’t be any questions when your partner opens that gift.

3. Shout it out: If your lover is around when you discover you’re pregnant, just run over and share the exciting news. It will be all the more fun to jump for joy with your beau.

How did you tell your partner about your pregnancy? Share your stories below.

Rumor: Halle Berry Is Engaged to Olivier Martinez



Halle Berry is no longer on the market, or at least that's the rumor going around. According to [People](#), "Olivier Martinez, Berry's boyfriend of more than a year, has given her a diamond-and-emerald engagement ring." The two co-starred in a French film in 2010 and became a couple shortly after. This would be Berry's third time tying the knot, as she was previously married in the early 1990s as well as in the early 2000s.

How do you know when it's time to tie the knot?

Cupid's Advice:

It's not always clear when it's time to take the big step of

marriage with your partner. Cupid has ways to know if you're meant to be:

1. No need to impress each other: You're able to be yourself around your partner. There's no longer a need to pretend you like their weird music or have a taste for fondue.

2. Trust: You trust each other. When you go out, you're not wondering what they're doing and vice versa. A secure relationship is critical when taking it to the next level of commitment.

3. Ready for forever: Once you've truly grasped what marriage means and that you want to be with this person for the rest of your life, then marriage may be the next step. If you can't imagine your life without them, maybe you should make them a more permanent part of it.

What are some other ways to know you're ready for marriage? Share your thoughts below.

Rumor: Evan Rachel Wood is Engaged to Jamie Bell





It looks like actress Evan Rachel Wood is engaged again, but this time it's not to Marilyn Manson. British actor Jamie Bell and Wood have been dating since 2005, and it looks like they're finally ready to tie the knot. Although a source confirmed the engagement with UsMagazine.com, Wood's rep had no comment to confirm the rumor. That said, Bell was spotted shopping for engagement rings in late December, and Woods was photographed leaving The Hotel Cafe in Hollywood with some bling on her ring finger.

How do you keep your impending engagement under wraps?

Cupid's Advice:

Don't let someone spill the beans before you get the chance to pop the question. Cupid has some tips:

- 1. Family first:** If you plan on asking her father for his blessing, ask him to keep it between the two of you, so that it can come as a surprise for the rest of the family.
- 2. Keep quiet:** Once you've bought the ring, you're going to be excited, but try to maintain your excitement instead of

blabbing it to the world.

3. Be prepared: Make a plan for the big day, and don't tell anyone else how or when you're going to ask.

How did you keep your soon-to-be engagement hush-hush? Share your comments below.