Fergie Says She Doesn't Want Kids with Josh Duhamel Yet





Black Eyed Peas singer Fergie is enjoying her time off with her husband, actor Josh Duhamel, after being on the road eight years touring with her group the Black Eyed Peas. "We like each other. We like hanging out together and we have fun," Fergie told MTV News. "We have fun in the kitchen cooking and singing silly songs. Not to give too much away — I'm not going any further than that — but we have a good time together, and it's nice to get to have that quality time. We enjoy it." Though they recently celebrated their three-year anniversary, don't expect the Hollywood duo to make a pregnancy announcement anytime soon. "It's not happening yet, I can tell you that definitely," the singer says. "But we want to have a family, so that's in the cards, but it's just

not this second."

How do you know when it's time to start having children?

Cupid's Advice:

Having kids is usually the next step to take after marriage. Here's how to determine when you and your spouse should start planning for your new addition to the family:

- 1. Live like newlyweds for a while: Enjoy your time with your spouse for a little while before having kids. The first few years of your marriage are when you and your lover can take advantage of spoiling each other with "just because" gifts and enjoy your time together taking romantic vacations.
- 2. You've done what you wanted to do: For some people, their life truly begins when they have kids, but if you're the type of person that wants to live a little before having children, then be a little selfish and cross some things off of your bucket list.
- 3. You're ready to expand your family: After treating your puppy as though it's your own kid and both you and your spouse still feel like something is missing in your life, then it may be time to start planning for a family.

How did you know when it was time to have kids? Share your experiences below.

Prince William and Kate

Middleton Go on Ski Trip in France





Prince William and Kate Middleton took a trip to the Three Valley's ski resort in France as a treat from the Middleton family, who tagged along as well! This isn't the first time the Duke and Duchess of Cambridge have been seen hitting the slopes with Middleton's family, and according to <code>UsMagazine.com</code>, an onlooker at the resort who saw the family of five together at lunch said, "They looked very happy together." Although William and Kate were recently reunited after William's six-week tour of duty in the Falklands, the two will have to wait to get some alone time since the entire family has decided to share the same chalet.

What are some things to do on vacation that will bond you as a

couple?

Cupid's Advice:

Whether you're on vacation together alone, as a couple or with your family and friends, Cupid has some ideas that are sure to strengthen the bond of your relationship:

- 1. Adventure: Seek the thrills that your vacation spot has to offer, whether it's something as extreme as skydiving or something a little more low key such as snorkeling. Doing something together that tests your limits or gives you a new perspective on life will create a moment that neither of you will ever forget.
- 2. Relaxation: It's called a vacation for a reason, so take time to relax. Enjoy a couples massage, lay out on the beach and listen to the crash of the waves against the shore, or sink into a hot tub under the stars. Having the chance to unwind will release any stress or tension you've been carrying around. It could also make you more patient with you partner, who usually has to suffer the lash of your negative energy.
- 3. Meditation: Remind each other why you're in love, and talk about the reasons you're crazy about them. It's always nice to have a reminder, because we can often feel like we're being taken for granted when our partners stop doing the little things. It will give you the chance to reignite the flame you felt when you first met, and could even give you the chance to share some laughs or tears.

What activities brought you closer to your loved one during a vacation? Share your comments below.

Rumor: Are Liam Hemsworth and Miley Cyrus Engaged?





With The Hunger Games harvesting rave reviews and grossing a record-breaking \$155 million at the box office its opening weekend, it seems as though Liam Hemsworth has a lot to celebrate. But did the actor end his grand weekend by proposing to his girlfriend Miley Cyrus? The on-again-offagain couple, who have been dating for three years, attended the Muhammad Ali's Celebrity Fight Night XIII event in Phoenix, Ariz, where the former Disney star was spotted wearing a huge ring on her finger. Despite a ton of speculation about the duo tying the knot, Cyrus confirmed via her Twitter page saying, "I'm not engaged. I've worn this same ring on this finger since November! People just wanna find something to tal[k] about! It's a topaz people!"

How do you combat engagement rumors when they're not true?

Cupid's Advice:

Rumors are inevitable, but when they're about your relationship, they aren't always easy to deal with. Cupid has some tips:

- 1. Prove them wrong: Instead of letting everyone continue to assume that you and your partner are engaged, let them know you're not at the level in your relationship yet by confirming it yourself.
- 2. Shrug it off: If you don't mind people speculating that you and your lover are engaged, or you simply feel as though you don't owe an explanation, take the higher road and overlook the gossip.
- **3. Don't encourage it:** Sometimes, when people see a ring on your finger, they automatically assume they hear wedding bells. If you've tried the following steps and are still annoyed with the rumors, the least you can do is choose not to give them something to talk about.

How do you handle engagement rumors about your relationship? Share your comments below.

Actress Beth Littleford Adopts a Baby Girl





Crazy, Stupid Love actress Beth Littleford is a new mom. Littleford, 43, and husband Rob Fox adopted daughter Halcyon "Hallie" Juna Fox, reports <u>UsMagazine.com</u>. Hallie was born Friday at 1:05 a.m., weighing 6 lbs. 9 oz and measuring 18" long.

What are some reasons to adopt a baby?

Cupid's Advice:

Adopting a baby can be just as rewarding as giving birth to a baby of your own. Here are a few reasons to adopt a child:

1. You can't have children of your own: No matter how hard you try, it's very possible that you may never get pregnant. If you are having difficulty having children of your own, contact an adoption agent.

- 2. You don't want to wait for marriage: Many women want to become mothers, even if they aren't married or in a serious relationship. Single mothers are becoming more and more common, so adopting a child may be easier than you think.
- 3. Do a good deed: There are many children in the world without a home, especially in countries like Russia, where orphanages have to turn away children once they turn 16. Visit an orphanage or contact an adoption agent to adopt a baby that is in need of a home.

Have you ever considered adoption? Feel free to leave a comment below.

Brian Austin Green and Megan Fox Are Accused of Assaulting a Man





Actress Megan Fox and her husband of nearly two years, actor Brian Austin Green, are defendants in a lawsuit where the two allegedly assaulted paparazzo Delbert Shaw. While the lovebirds were vacationing in Hawaii, the photographer was apparently trying to snap shots of them in the sand and surf, but they quickly became angry and began arguing with the man. Documents report that the argument escalated, leading Green to "pummel" Shaw, while Fox cheered him on. According to USMagazine.com, the lawsuit claims that Shaw suffered serious injuries and that Green threw the man's iPhone into the ocean.

In the midst of legal trouble, how do you stand by your partner?

Cupid's Advice:

On your wedding day you signed up for better or for worse, and sometimes things can get pretty bad sometimes. Cupid has some tips to help you stand by your partner during trying times:

1. Trust: Of course there are going to be two sides of the story, and there may be things that make you want to doubt

your partner, but not trusting them will lead to fighting.

- 2. Support: Going through legal troubles is going to be a lot of added stress to your everyday life, so you need to support each other in order to stay positive and confident about your situation.
- **3. Advise:** Your partner is going to have to make a lot of decisions along the legal road, so take the time to weigh the pros and cons. The results of their choices will affect both of your lives.

Have you ever had to stay by your partner during legal troubles? Share your comments below.

April Fools Pranks to Play on Your Significant Other





By Ryan Boyle

Whether it's the prank of all pranks, or a cute and funny trick you play on your better half, taking part in some April Fools Day shenanigans is a great way to reacquaint your partner with your playful side. A couple harmless escapades can be exactly what you need to create those memorable laughs that help keep your relationship strong. If you're having trouble coming up with ideas, Cupid is here to help. Here are five tricks that are sure to get a rise out of your mate:

1. Bogus Lottery Ticket

It's no secret that we'd all like to be millionaires. So, it's time to trick your love with a fake ticket to Paradise. All you need to do is mix a bogus lottery ticket from a trick shop into a pile of real ones you've purchased from the local gas station. Leave them on the kitchen table, or a place in the house he'll be sure to frequently visit. When he gets home, tell him you were feeling lucky and decided to buy a few tickets for the two of you to enjoy together. Watch as his eyes light up with thoughts of all the ways he's going to

spend his newfound fortune. Of course, when he returns from his triumphant jog and realizes the ticket was fake, you'll have to be there to playfully laugh at him and give him a long consoling hug.

Related: Chris Martin Says Marrying Gwyneth Paltrow is Like Winning the Lottery

2. Have Him Think You're Planning a Massive Prank

Psych majors gather around in an effort to employ a little reverse psychology this April Fools. This non-trick will prove to be a bit more difficult to carry out, but will leave a lasting sense of trickery paranoia on your partner throughout the day.

Start a few days before the first of the month and tell your mate that you have something spectacular planned for April Fools and he's the target. Let them know that you've been talking about it with your friends and they're all in on the joke. As the days go on, he'll grow increasingly curious and when he asks you about it, be sweet and sinister in the way you let him know that he'll just have to wait and see. Of course, at the days end, he'll be sure to ask you about the prank, to which you reply "April Fools!"

Related: <u>Date Idea - Create Magic in Your Relationship</u>

3. Scratch Decals

If your partner adores their car, a few well-placed scratch decals will be sure to not only make it look old and in poor condition, but it'll put a quick scare into him or her on the morning of April 1st. Watch from the window as they notice the marks and erupt into a panic attack. Be sure to meet them at the curb with a smile on your face and your arms stretched out as you let know them just how easy these decals are to pull off.

4. Mildew Sandwich Bag

You were nice enough to make your partner that special turkey sandwich that he loves so much. Today however, embrace the April Fools trickery, and put that delicious lunch treat in a faux moldy sandwich bag. These bags appear to be your standard Ziploc lunch carrier, but upon further inspection, it becomes clear that there are green splotches painted on the outside that mimic the signs of old, molded bread. He or she will get a real shock when they tear open that brown paper bag at noon to see the sandwich they were looking forward to has turned into its own living organism.

5. Electric Shock Mouse

We'll set aside all offensiveness to our hairy pals at Geico, but it's obvious that you and your lover aren't cave people. If you have electricity, chances are you're a part of the new age of technology. From texting on your iPhone, to Skyping, video chats, tweeting and status updates, our lives have become more and more blended with the results of advanced technology.

This April Fools Day, set up a new mouse for you and your love to use on your desktop computer ... only this isn't an ordinary mouse. When he or she goes to sit and test it out on their favorite computer game, every time they presses the left and right select buttons they'll get a gentle shock into the palm.

Be sure to watch on as they start frantically clicking around on the computer, but be sure to come to the rescue with a smirk on your face.

This year, hone those pranking skills, and turn this April $\mathbf{1}^{\text{st}}$ into one for the scrapbooks.

What prank did your partner pull on you last year? Tell us in a comment below.

Sources Say Reese Witherspoon is Expecting Her Third Child





We were ecstatic when Reese Witherspoon married Jim Toth after her seven year marriage to Ryan Phillippe ended. It was only a matter of time before the happy couple decided to extend their blended family. Sources told <u>UsMagazine.com</u>, that Witherspoon is 12 weeks a long with her third child, and first child with Toth. Could Witherspoon be waiting for the right time to tell ex-hubby Phillippe and her kids Ava, 12, and Deacon, 8, about the good news? Witherspoon and Roth may be keeping their pregnancy a secret, but we can't hold in our excitement for the couple.

What are some reasons to keep your pregnancy a secret?

Cupid's Advice:

Some women wait to tell family and friends about a <u>pregnancy</u> for valid reasons. Here are some reasons why you should keep your pregnancy a secret and not feel guilty about it:

- 1. Health: Most females wait until after their first trimester to reveal the big news, because miscarriages are more likey.
- 2. Time: Is this your first child with your partner? It's okay to take some time to enjoy the good news with each other, as this will bring the two of you closer.
- **3. Privacy:** Keeping your pregnant as secret as long as you can is your pregagotive, and you are entitled to your privacy.

Why would you keep your pregnancy a secret? Share your comments below.

Love Advice For Making Your Long-Distance Relationship Work





By Jemima Lopez

He lives in L.A, and she lives in London. While having a trans-Atlantic relationship is tough, if there's anything British celebrity couple David and Victoria Beckham prove, it's that long-distance relationships can work. Married for 12 years, they just welcomed their fourth child. Their American counterparts, Hollywood couple Brad Pitt and Angelina Jolie, have made it work too. Despite separation between films, they've managed to stay in a committed relationship for seven years, and they share six children.

But non-celebrities have remote relationships too. In fact, more than 3.5 million Americans were in a long-distance relationship in 2005, according to the latest statistics. With the development of new technology, that number is most likely on the rise. While us common folks can't afford to jet set or send extravagant gifts, that doesn't mean our long-distance relationship can't last just as long. Use this love advice to help maintain your relationship and love like the stars:

Love Advice For Long-Distance Couples

1. Use all forms of communication: Let's get the obvious out of the way: Physical interaction is scarce, so communication is key. Text messaging, instant messaging, or even Facebooking is a start, but make your "communication" more interactive. Here are some examples:

Related Link: <u>Five Ways Social Media Can Help Your</u>
<u>Relationship</u>

- Date nights: "Skype dates" are the norm a designated time couples agree to video chat. But try to have a real date instead. Each week, pick a movie and a meal to prepare or purchase. Arrange your laptop, screen facing you. Eat and engage in conversation like in a restaurant. Then, pop in the movie. This way, you can hear and see each other's reactions to scenes. Bonus: Other movie-goers won't tell you to pipe down!
- Send photos: Sending self-portraits are great, but always try to send photos of things that you find interesting or funny. It will allow your mate to become more in-tune with your personality and give them some insight into your world.
- Make videos: Hearing someone's voice and seeing their face is more personable than a text. But people don't always have time to videochat. Instead of sending a text, create a 30-second SMS video. Your significant other can view or respond when they have time, and it's still special. There are apps that deliver "voice text messages," like Voxer.

Related Link: Do's and Don'ts of Flirtexting and Sexting

2. Send them a package: Sending your partner a gift for no reason is great love advice that can keep a smile on their face. Remember that you can also treat your boo to lunch

or dinner because it's easy to get online and order a pizza that can be delivered to his or her front door. You can send traditional letters too. There is something incredibly personable about seeing someone's handwriting.

How to Strengthen Your Relationship and Love

- 3. Schedule monthly trips: You can talk for hours, but unless you see each other in the flesh at least once a month, your relationship will most likely fizzle. There are exceptions, like military relationships, which don't have the luxury. But for those that can travel at their own leisure, take turns planning monthly visits.
- **4. Be secure:** Lastly, most remote relationships fail due to lack of trust. While understandable, if there is no trust, you shouldn't be together. Try not to let your jealousy get the best of you. That said, never completely ignore your intuition either. If something doesn't feel right, speak up.

Jemima Lopez is a freelance blogger and writer who writes for Zen College Life, the directory of higher education, distance learning, and best online schools. She welcomes your comments at her email: lopezjemima562@ gmail.com.

Jennie Garth Steps Out Without Wedding Ring





Jennie Garth is already moving on. The former Beverly Hills, 90210 star was seen leaving a Los Angeles restaurant without her wedding ring on Monday, reports UsMagazine.com. Garth and ex-husband Peter Facinelli are currently in the process of finalizing their divorce. Garth and Facinelli were married for 11 years and share three children together: Luca, 14, Lola, 9, and Fiona, 5. "We both share the same deep love and devotion to our children," the couple said in a statement. "We remain dedicated to raising our beautiful daughters together."

How do you handle public scrutiny in the aftermath of divorce?

Cupid's Advice:

A divorce is difficult even without public attention. Here are a few ways to deal with the scrutiny:

- 1. Talk to your friends: By being open with your friends throughout the divorce process, you will keep their curiosity at bay. Your friends can also serve as a great support system, so don't be afraid to open up.
- 2. Minimize drama: Make your divorce as amicable as possible. A dramatic divorce will only attract more attention from outsiders. Staying friendly and honest will make the split much easier to handle.
- **3. Ask for privacy:** If you can't minimize public scrutiny, there's no shame in asking for a little privacy. Your friends and family will realize that this is a difficult time for you, and they will give you space if you ask for it.

How would you handle public scrutiny after a divorce? Feel free to leave a comment below.

Goldie Hawn Says Kate Hudson and Matt Bellamy Are Not Married





Actress Kate Hudson has been engaged to the Muse lead vocalist and guitarist, Matt Bellamy for about a year, and he will remain her fiance for now. Hudson's mom Goldie Hawn was recently misquoted saying, "When my daughter Kate married an English rock star it didn't worry me," but she took to Twitter to set the record straight. "Darling once again twisted the truth. They aren't married." said the tweet according to People. The happy couple gave birth to their son Bingham last July, but are waiting to tie the knot until a later date.

What are some ways to keep your wedding date a secret?

Cupid's Advice:

Weddings can be a big to-do, and some couples who want to keep things low key may decide to keep their wedding date a mystery. Cupid has some tips to keep the word of the wedding getting out:

1. Run away: Perhaps the easiest way to keep anyone from finding out about your wedding is to elope sporadically. If you plan to elope, you might break down in excitement and tell

someone, but if you go on a whim, only you and your fiance will know.

- 2. Don't go public: Sure, people may know you're engaged, but who says you have to announce a wedding date? Keep the date strictly between yourself and a few loved ones so you can keep things as private as possible.
- 3. Last Minute: Planning a wedding can be stressful, so take the stress out and plan a quick last minute wedding without all the fuss of decorations and a guest list. Only tell the people close to you a few days beforehand and word is less likely to get around.

What do you believe are some of the benefits of keeping your wedding hush-hush? Share your comments below.

Mario Lopez and Fiancé Load Up on Spring Scents





Spring is in the air, and actor Mario Lopez and his fiance Courtney Mazza started the season with some fresh scents. The couple loaded up on the latest spring collection at Bath and Body Works, and Mazza joked about how she loves to hoard their products. According to <u>People</u>, Mario mentioned that he loves it when his fiance wears a coconut scent as they were testing out the new products.

What are some fun ways to celebrate spring with your partner?

Cupid's Advice:

Spring has finally come after a long winter, so get out and enjoy it with the one you love. Cupid has some tips to help you shake off your winter blues and get spring rolling:

1. Be active: Snow is melted and the sun is shining, so take advantage of what Mother Nature has to offer by planning an outdoor date. Rollerblading or going to play putt-putt where you can breathe in some of the fresh new air are great options.

- 2. Kick back: It's always nice to relax with the sun warming up your face and giving you a healthy glow, so plan a picnic with your partner somewhere where you can enjoy each others' company and take in the newly budding nature around you.
- **3. Re-accessorize:** It's time to ditch those winter clothes and hall out your summer wardrobe. Hit the shopping mall with your partner, and load up on some new spring trend essentials.

How do you plan to celebrate the start of the season? Share your comments below.

Jessica Simpson Celebrates Her Baby Shower





Jessica Simpson is making the most of the time before her due date. Simpson, 31, attended her star-studded baby shower on Sunday, reports <u>UsMagazine.com</u>. Her sister, Ashlee Simpson, and old friends like Odette Annable and Jessica Alba attended the Los Angeles bash. "It was a kid friendly shower with many of her friends bringing babies," said a source. "Jessica [Alba] brought her baby Haven, 7 months, and Ashlee brought Bronx, 3." Earlier this month Simpson and fiancé Eric Johnson told <u>ELLE Magazine</u> that they are expecting a girl.

What are some ways to make your pregnant partner's baby shower special?

Cupid's Advice:

Throwing a baby shower can be a daunting task, especially if you're spearheading the planning process. Here are a few ways to make your partner's baby shower special:

1. Find what they like: Chances are, your partner is expecting a baby shower. Don't be afraid to partially ruin the surprise by asking your partner what she would prefer. Ask her about

general themes, the guest list, etc. By asking vague questions you will be able to throw the ideal shower without giving too much away.

- 2. Add a surprise: If you do ruin part of the surprise, be sure to make up for it. Invite a faraway friend she hasn't seen in years or have guests bring old photos of your partner. Touching surprises like these will make her shower all the more memorable.
- **3. Give your own gift:** Though it's only customary for the guests to give gifts, surprise your partner with a present of your own. Give her something heartfelt and meaningful that will differentiate your gift from the others.

How did you plan your partner's baby shower? Feel free to leave a comment below.

Will Smith and Jada Pinkett Smith Are Caught Kissing Courtside





Rumors have been flying lately about trouble in Will Smith and Jada Pinkett Smith's marriage. However, the rumors may be dying down after the couple were seen smooching on the kiss cam Friday at the Philadelphia 76ers-Miami Heat game in Smith's hometown of Philadelphia. According to <u>People</u>, the couple's children, Willow, 11, and Jaden, 13, also joined their parents at the game. According to a spectator, the two looked like they were having a very good time.

How do you show the bond in your relationship when rumors are swirling?

Cupid's Advice:

Rumors about the demise of your relationship are often hard to ignore, but if you take them to heart, they'll end up causing drama. Here are some ways to counter them:

1. PDA: Public displays of affection don't always have to be inappropriate and annoying. Show everyone how much you care about your significant other by planting a kiss on them in public.

- 2. Hold hands: There's nothing more romantic than strolling down the street hand-in-hand.
- **3. Do your own thing:** Ignore the rumors, and live your life. If you manipulate your actions based on what other's think, you'll never have a chance to be yourself with your partner.

Can rumors of a breakup ruin an otherwise healthy relationship? Share your thoughts below.

Jennifer Lawrence Compares 'Hunger Games' to Kim Kardashian's Divorce





After a battle almost as fierce as *The Hunger Games* itself, actress Jennifer Lawrence scored the role of Katniss for the upcoming film. During an interview with *Parade* magazine, Lawrence related people's love for the *Hunger Games* with Kim Kardashian's divorce. "I was watching the Kardashian girl getting divorced, and that's a tragedy for anyone. But they're using it for entertainment, and we're watching it," said the actress. "The books hold up a terrible kind of mirror: This is what our society could be like if we became desensitized to trauma and to each other's pain."

How do you keep your divorce as drama-free as possible?

Cupid's Advice:

Going through a divorce without any complications or disagreements is unheard of, but Cupid has some tips to keep things as drama-free as possible:

1. Keep quiet: Blabbing about your divorce to everyone you know will only get the rumor mill churning, and before you know it you'll have more stress than you started with. Lucky

for you, you're not Kim Kardashian who had the world watching her mistakes and eventually her marriage's demise.

- 2. Stay private: The divorce is your business and your ex's business, so be respectful of that and be appropriate when dispersing any information on the matter. You don't want or need outsiders getting wrapped up in your affairs.
- 3. Act maturely: You and your ex may not like each other anymore, and that's why you're separating, so be on your best behavior until you're out of each others hair. Things can get messy when emotions are running high, especially in court where decisions about money or children are being discussed, so don't give the judge or your ex-partner any ammo to use against you.

How did you keep your divorce on the DL? Share your comments below.

'Bachelor' Couple Ben Flajnik and Courtney Robertson Step Out for the First Time





It's been over a week since *Bachelor*, Ben Flajnik gave out the final rose and made his big proposal to Courtney Robertson. Since then, they've finally been able to make their first public outing together as a couple. Flajnik uploaded a picture to instagram of the two, captioning it "1st pic out in public." They were spotted having dinner with two other guests in the North Beach neighborhood of San Francisco and an onlooker told *UsMagazine.com*, "She was wearing her ring and they looked cozy." But it took a lot for the couple to get to this point, for only three months after the engagement, Flajnik dumped Robertson and was soon after accused of cheating, being spotted with three females he later referred to as just "old friends." Hopefully that rough patch in their relationship is over, and they are able to move forward with their engagement.

How do you get your family and friends comfortable with your new relationship?

Cupid's Advice:

Starting a new relationship not only effects you, but also the

people who care about you. Here are some tips on how to announce your relationship to family and friends:

- 1. Let your family and friends meet them first: It's probably a lot better if they have already met the person you are starting a new relationship with. If they know them, they most likely know that you like them and it won't be such a surprise.
- 2. Bring your new beau around more: If you start bringing your boyfriend to family events and out with your friends, it will help build the relationship and make it easier for them to accept the new person in your life.
- 3. Ask for their opinion: Be open and ask your friends and family what they think about your new romantic interest. It's important to know the opinions of the people you love. After all, they have your best interest in mind.

How did you first tell your family and friends you were in a new relationship? Share your stories below.

January Jones Says Being a Single Working Mother Is 'Difficult'





January Jones has been playing supermom, being a single mother for newborn, Xander, while working hard on the set for season 5 of *Mad Men*. She had already been on the set and was working hard when Xander was only 6 to 7 weeks old. But the 34-year-old actress told *UsMagazine.com*, "It was difficult to be a working mom and just juggling all of that. But everyone made it work and it was great." Even though she is a single working mother, the staff on the set has made her job as a mother and actress that much easier.

What are some ways to balance your career and being a parent?

Cupid's Advice:

Being a parent should always come first on your list, but if your career is flexible, then you might be able to do both. Here are some ways to keep a good balance:

1. Don't work long hours: It's fine to have a baby and to be working at the same time, but remember your child needs you and its home environment to grow up normally. Don't overdo working, and make sure you're able to have some quality time

with your kid at home.

- 2. Make sure your boss knows you're a parent: Remind your boss that you do have children and although your job can be very demanding at times, you need to be at home with your family without including your job with every thing you do. Let them know you need some periodic family time.
- 3. Don't choose work events over family events: The biggest mistake is letting your job take over. It's always good to work hard, but your children will start taking things to heart if you continue choosing work events over their soccer games or gymnastics matches. You never want to get to the point where they begin resenting you.

Have you ever had to balance being a parent and your job at the same time? Share some advice on how to make it work below.

Exclusive Interview: Khloe and Lamar's Malika Haqq Opens Up About Relationships, Love and Acting Aspirations





By Daniela Agurcia and Lori Bizzoco

Thanks to the ever-present cameras of *Keeping Up with the Kardashians* and *Khloé & Lamar*, we have all gotten to know and love Malika Haqq, Khloé Kardashian Odom's BFF and former assistant. On the second season of *Khloé and Lamar*, currently airing on E!, we see her deal with the ups-and-downs of being a single woman and navigating the dating world. In an exclusive interview with CupidsPulse.com, the positive-spirited Malika opens up about her past relationships and what she learned from them as well as her acting aspirations.

As many fans know, Khloé and Malika have been friends since they were teenagers and the two have remained tight despite the Kardashian clan's rising fame.

"We refer to one another as sisters from two different misses and misters." Malika jokes. "I get very emotional about a lot of things Khloe has gone through in the spotlight and I can go to her and discuss it. And if she has things she wants to discuss, she knows that she can come to me too."

Related: How to Communicate to Get What You Need

When asked about Khloe and Lamar's relationship, the one reason Malika says it works so well is because they talk. "I know that it sounds generic but so many people have issues in their relationship and they don't communicate about it. The thing about Khloe and Lamar is that they are honest and can turn to one another in just about every circumstance."

Khloe and Lamar's relationship isn't the only one fans got to witness this season. There was also a flirtatious display of on-camera chemistry between Malika and Khloé's younger brother, Rob Kardashian, although the two never became an "official" couple.

"Being friends as long as we are and growing up near each other, sometimes you tend to look at people at little bit different than how you once used to but ultimately our relationship never became of a serious nature because what was important to Robert and I was that we would always be friends and that we would always have a relationship," Malika said. "It was a moment in time and it hasn't changed our love for one another at all, in fact Robert is in a relationship now and he's very happy and I am happy for him."

When asked what lessons she could impart to other women who may be in a similar situation with a guy she said, "If you teeter on the line of not being in a committed relationship, then anything can happen. [Not making a full commitment] also might be a sign that some things just shouldn't happen."

Related Link: <u>How Decoding Your Love Map Can Heal a Broken</u> <u>Heart</u>

Malika gave us a glimpse of another relationship on this season's *Khloé & Lamar* as we watched her fall head-over-heels for Arizona Cardinals defensive back, Adrian Wilson. Once the couple got serious, she even moved to Arizona to be with him. "Most of our relationship was quite good," she shares.



Unfortunately, Wilson was in the midst of a divorce — one that began *before* Malika developed a relationship with him — and eventually, the pressure became too much to bear. "It kind of broke us up," says Malika.

Malika walked away from the relationship with another lesson learned. She explains, "Sometimes it's just best to not put yourself in the middle of something [like Wilson's divorce]. Go out with someone who is completely free and clear, and then make the decision to date them or not."

Even though she has no regrets about her faulty relationship with Wilson, Malika has no plans to get involved with another recently separated or divorced man. "I won't be running down that dark street again," she clarifies.

Thinking back on her relationship history, Malika shares one more love lesson with us. She cautions, "We can't ignore our [romance] <u>rules</u> because of [what our heart wants]" — a mistake that many girls find themselves making.

Related Link: 5 Ways to Stop Sabotaging Your Relationships

Setting her love life aside, Malika shifts gears and talks about her recent focus: auditioning and producing projects for herself. Starring in the films *Sky High* and *ATL*, she also played the lead role in Omarion's music video for "Speedin'," posting a TwitPic with Omarion onset. She assures us that we'll be seeing more of her soon!

Sharing her positive outlook, Malika says that she always tries to go with the flow and live life with an open mind. "I'm just open to new experiences and doing things I haven't done."

Even though Malika is working on her own projects, you can still catch up with her and her love life on *Khloé & Lamar*, airing on Sundays at 10|9c on E!. You can also follow her on Twitter and Facebook.

Rumor: Is Drew Barrymore Fighting Morning Sickness?





Rumors are still flying around about whether Drew Barrymore is pregnant or not. Although Barrymore and fiancé, Will Kopelman, aren't commenting on the allegations, the *Big Miracle* actress has been dropping small hints that she may be expecting. Barrymore was photographed carrying a box of Premium Saltine Crackers to lunch in L.A. Could she be battling morning sickness? According to *UsMagazine.com*, a source confirmed that the couple are excited to welcome their new baby. It looks like "moms" the word ... for now.

How do you support your partner when pregnancy gets tough?

Cupid's Advice:

Pregnancy involves mood swings, morning sickness and physical changes. It's definitely hard, but it can be even harder if your partner has to go through it alone. Here are a few things that you can do to support your partner when pregnancy gets difficult:

- 1. Healthy eating: Sometimes pregnancy cravings can cause moms to over eat and feel guilty afterwards. Eat healthy foods with your partner so that you both stay fit and feel amazing, inside and out.
- 2. Be understanding: Mood swings can cause arguments during pregnancy, but being understanding of the hard work your partner is undergoing emotionally and physically will ease the tension.
- **3. Become a massage therapist:** Carrying around a growing baby isn't easy on the back, legs or feet. Invest in some lavender massage oils and lotions, and never wait for your partner to ask for a massage.

How would you help your soon-to-be mom through a tough pregnancy? Share your comments below.

Liam Hemsworth Says Miley Cyrus Would Beat Him in 'Hunger Games'





Liam Hemsworth may be the one staring in the film *The Hunger Games*, but he believes that his girlfriend Miley Cyrus could beat him if they competed. "She's a tough girl, that one," the Aussie actor told *People*. The two lovebirds stood side by side on the black carpet at the movie's massive premiere, which brought in an even bigger crowd that Hemsworth had imagined it would.

Is being tough a good thing in a relationship?

Cupid's Advice:

It's good to have a backbone, but it's also possible to be too tough in a relationship. Cupid has some tips:

- 1. Vulnerability: Having the ability to protect yourself from emotional pain in a relationship can be a good quality, but at some point you have to make yourself a little more vulnerable. Bringing down your shield will strengthen your bond as a couple.
- 2. Protection: If you love each other, you want to protect one another. Men especially like the feeling of being able to appear as a woman's protector or caretaker, so ladies, it's ok to be that damsal in distress from time to time so that your prince charming can take care of you.
- 3. Strength: You need to have a little toughness within your relationship so you don't get pushed around all the time. As couples become more comfortable with each other, they tend to get bossy or demanding, so keep that tough bone under your skin so you have the strength to stand up for yourself when necessary.

Have you dated someone that tried to be too tough? Share your comments below.

Kellie Pickler and Husband Spent Honeymoon in Iraq





Newlyweds Kellie Pickler and husband Kyle Jacobs may have spent a couple romantic days in the Caribbean during their wedding, but their honeymoon destination was a little less glamorous. The two jumped on a plane and flew to Iraq where the country singer performed for troops as a part of the USO, and she said Jacobs loved it. "That was part of my honeymoon," Pickler said according to <u>People</u>. "It was so romantic! No, it was just that I had already committed to going over there and I wasn't going to cancel because that wouldn't have been right." As a long time supporter of the troops, the singer said it was a great experience for her to share with her new hubby.

What do you do if you don't have time for a traditional honeymoon?

Cupid's Advice:

People live busy and hectic lives, and taking time off from work may seem impossible. If you don't have time for a traditional honeymoon, Cupid has some tips to make sure you spend time together as newlyweds:

- 1. Make time: Everyone is entitled to some rest and relaxation, so plan to take time off from work together, and plan a trip. It might not be right after your wedding, but that doesn't mean that you can't call it a honeymoon.
- 2. Quick trip: You may not have a week to jet off to somewhere tropical, but you can go on a weekend trip to a destination where you know you'll both have fun. Regardless of where you end up, you'll be able to enjoy spending that time with each other, flaunting your wedding bands.
- 3. Take time: It's important for newlyweds to enjoy alone time together, especially during the honeymoon stage so don't take it for granted. Set aside one or two nights a week where you turn off your cell phones, put your work away and focus on doing something together whether it's a dinner out or staying in and watching a movie.

Do you have any ideas for newlyweds that can't fit in the traditional honeymoon? Share your comments below.

5 Ways to Stop Sabotaging Your Relationships





By Jacquee Kahn

My mother always told me to work on myself first, and from there, everything else will follow. Little did I know that this would become a practice for me as I became a relationship "guru" for my friends (and later, clients).

News flash ladies: If you're having a hard time with dating and relationships, it's not about the men. It's not because they're players or commitment-phobes. It's about YOU.

I meet incredibly smart, beautiful and talented women who have completely lost themselves in relationships. When they were single, they were confident and independent. But once in a relationship, those attractive qualities dissolved and these same women became needy, insecure and emotionally broken.

It's time to stop undermining your relationship by first working on yourself. Here are five ways to get rid of those bad habits that sabotage relationships:

1. Be Yourself: Don't be so eager to please your man that you

lose yourself and become completely disempowered. Tom Cruise's line in the film "Jerry McGuire" may be "You complete me," but it's simply not true. You don't have to be in a relationship to be a complete person.

Related: Simple Ways to Please Your Man

2. Know You're Worthy: We often become so desperate to make relationships work that we do whatever it takes to please our partners, much to the detriment of ourselves. So, don't be needy, clingy or desperate. These behaviors are a huge turn off and usually create the opposite effect.

Related: <u>How Decoding Your Love Map Can Heal a Broken Heart</u>

- **3. Keep a Loose Grip:** Refrain from holding on too tight. If your man pulls away, let him go. Don't show insecurity by begging, pleading or trying to manipulate him to stay. If he comes back, it's because he wants to, not because you forced him to.
- **4. Don't Accept Less Than You Deserve:** Don't accept crumbs by allowing yourself to settle for a "friends with benefits" or a "booty call" situation when what you really want is a committed relationship.
- **5. Save Yourself:** Don't look outside of yourself to be rescued. Take ownership of your personal happiness, because all relationships start and end with YOU.

Jacquee Kahn dispenses "Super Nanny"-style tough love to women in need of relationship help. The author of Girlfriend 911: Decoding Dating and Rescuing Relationships One Girlfriend at a Time, her no-nonsense, straightforward advice points toward the foundation of the book.

Ben Flajnik Proposes Marriage on 'The Bachelor'





Ben Flajnik has had quite a season on *The Bachelor*, but he's finally found a forever love in Courtney Robertson. According to *People*, Flajnik said he was "not sure how this is going to end" before Monday's Finale. But, it ended in heartbreak for other finale contestant, Lindzi Cox. Flajnik and Robertson, however, intend to be happy together after saying "I do" despite the reported cattiness of Robertson on the show. Of the ring, Robertson said, "God, this ring is heavy!"

How do you know when you're ready for marriage in a relationship?

Cupid's Advice:

Sometimes it can be difficult to decide when to make that big decision to walk down the aisle with the love of your life. Cupid shares some ways to know if you're ready:

- 1. You don't have to talk yourself into it: If you have to talk you or your partner into the idea of getting married, you're probably not ready. There should be no hesitation from either of you.
- 2. Stability: Are you or your partner financially unstable? You should both have steady jobs so that money doesn't become an issue early on in your happy marriage.
- **3. Trust:** Your partner should be honest and open. It's important to make sure of this before taking that big step toward marriage.

What are some ways you knew that your partner was the one? Share below.

'Curly Sue' Star Alisan Porter Ties the Knot





Alisan Porter, a former child star best known for her role in John Hughes' film "Curly Sue," exchanged vows Saturday with her longtime friend, Brian Autenrieth, <u>People</u> confirmed. The couple tied the knot at Diablo Dormido, a historic California Ranch in the Santa Monica mountains, in front of 100 guests. The bride and groom, who are also expecting their first child together, a boy, in July, danced their first song to Frank Sinatra's "The Second Time Around," which happens to correlate well with the newlyweds, who first dated when Porter was 18, but went their separate ways before crossing paths again. "We've been friends for 13 years and it's the most incredible feeling to know you're marrying your best friend," Porter said.

Is it important to have your partner as your best friend?

Cupid's Advice:

Growing up, one of the many benefits of having a best friend is to have someone you can completely be yourself around. As we get older, that still remains the same, but sometimes, the person who played the role of our best friend as a child switches to our significant other. While it's vital to have pals outside of our relationship, it's important that your partner is a close friend as well. Cupid has some reasons:

- 1. You spend a lot of time together: Naturally, you usually spend a lot of time with your best friend. They're the one person who loves you for who you are, and you two know how to have fun with each other even when you're stuck in your house watching reruns of your favorite TV shows during a thunderstorm.
- 2. You share everything with each other: Your bed, feelings, thoughts and sometimes even your toothbrush are only some of the things you share with your partner. You may not feel comfortable sharing your business with others, butyou definitely feel at ease when you come home after having a long day and are able to vent to your confidant.
- 3. You're each other's support system: While everyone else may think the entrepreneurial dreams you have of starting your own multi-billion dollar business may be farfetched, your lover is helping you create the blueprint. You may not understand everything your partner does or what they go through but you're there to listen, offer advice and love them when they need it most.

Do you think it's important to have your spouse as your best friend? Share your comments below.

Madonna Says 'Head Is Going

to Explode' from Single Motherhood





Since Madonna split from film director Guy Ritchie in 2008, it hasn't been easy being a single, working mother. The "Material Girl" hopes to inspire others in her situation with her upcoming album MDNA, where she expresses the challenges of juggling life as a single parent. "I hope I'm a role model. I hope I give other girls a voice. . . someone to look up to and admire," Madonna said, according to USMagazine.com. "I keep rolling with the punches and trying to have integrity." With this album, the pop singer hopes to inspire women and give them the strength to handle whatever struggles come their way.

What are some ramifications of being a single parent?

Cupid's Advice:

Raising children on your own is a difficult task. Cupid has a few things to consider:

- 1. Time: Everyone needs the chance to stop and just breath sometimes, but when you're a single parent finding that time between juggling work and taking care of your kids can be impossible. Consider taking your friends and families up on their offers to give you a break once in a while.
- 2. Stress: Without being able to take that time you need to breath, you can become stressed and overworked, which can be unhealthy for your body and your relationships with your children. Schedule time for yourself wherever possible, even if that means sitting in a massage chair after your kids go to sleep.
- 3. Money: Typically for single parents money is tight. You'll have to be responsible and frugal with how you spend your money, and spending it on luxuries and wants is rare. Luckily, kids do nothing but grow, so eventually they'll be old enough to take care of themselves.

How has single parenthood affected your life? Share your comments below.