Date Idea: Christmas Movie Marathon





By Samantha Mucha

Getting cozy with your mate by the fire while watching ABC Family's '25 Days of Christmas' should be number one on your to-do date list this holiday season. Leave the freezing winter weather outside and kick back for an indoor weekend with your sweetheart.

Watching Christmas movies will not only put you and your lover in the holiday spirit, but the price is right — free. Throughout the month of December, there are a variety of holiday themed broadcasts on all of the national networks. The choice is yours, really. Of course, if you're lucky enough to

own a DVR, you won't have to choose. You can load up "Miracle on 34th Street," "8 Crazy Nights," and "A Christmas Story" and watch them whenever you please.

To make this into a romantic evening, pour some wine or brew up some hot cocoa. You can even go above and beyond by renting your man's favorite childhood Christmas films. If you are in the mood to get nostalgic, ask your partner's parents to share old home movies of your boyfriend on Christmas Eve or Christmas Day. Watching videos of him as a child can help spark good feelings and could be a Christmas tradition that you decide to continue in your relationship.

It's only getting colder. So, get the popcorn popping and throw on your best flannel pajamas. Cozy up with your holiday honey for the most relaxing moments you'll have for the entire holiday season.

What's your favorite Christmas movie? Share your top pick with our readers by commenting below.

A Present is Worth a Thousand Words: What a Gift Says About Your Relationship





By Rachel Seliger

The holiday season has finally arrived, and with it comes festive parties (hello, candy cane cocktails!), delicious fare (potato latkes, anyone?) and glee-filled gift-giving (who doesn't love a white elephant party?). Yet, while giving gifts can fill your heart with warmth and joy as you watch your loved ones tear open those carefully-wrapped presents, it can also bring anxiety as you try to decipher what to give everyone on your list. And it only gets harder when it comes to giving a gift to a new love interest!

Rachel Seliger, Community Manager for JDate.com, the leading online community for Jewish singles, is here to help with advice on what gifts *really* mean when they're coming from a significant other. Check out the gifting-pedia below for definitions of what certain gift choices may say about your relationship:

Related Link: What Gifts Say About Your Relationship

A Jacket = "You'd look much better in this cut." While giving clothing is fun, it may come off as though you're saying,

"You'd look much better in this cut/color." If you don't give your new mate clothing that matches their personal style, you're saying you want to see them in something different, which may signal that you're trying to change them. Whether there's any truth to it or not, it's best to stick to nondescript accessories when giving gifts. Perhaps something like...

Mittens = "You warm my heart." Mittens are a sweet and thoughtful way to say, "I like you... a lot!" Unlike jackets, sweaters or boots, mittens typically come in just a few styles (meaning you can't screw up and get your hipster boyfriend a pair that looks like it belongs on an investment banker). And if you are lucky enough to receive a pair, it means the object of your affection wants to warm your fingers like you've warmed their heart.

Related Link: 10 Holiday Gift Ideas for That Special Someone

Candles = "I know nothing about you." I once got a wrought iron candle holder from my college boyfriend. I opened it and wondered "What about me screams candles?" Unless you're some kind of candle-maven, this gift basically screams unoriginal and may mean you don't know each other well enough to pick out something more personal.

Concert Tickets = "You make my heart sing." If your mate surprises you with a pair of concert tickets for a big show they knew you would love, you've found a keeper! Not only did they think about what you would actually like, but they're also making fun plans with you in the future, so you can be sure they're in this for the long-term)!

Gift Cards = "I didn't care enough to actually go out and buy you a present." The gift card is the relationship kiss-off. Giving this gift basically says you are either lazy or just didn't care enough to put any thought into your present. Do not give this gift! You can do better.

A Box of Chocolates = "You're the sweetest thing I've ever laid eyes on." Giving sweets to your sweet signals your relationship is so yummy that your mate's love is about to give you a sugar rush! If your partner is associating you with the deliciousness that can only be found in a box of chocolates, then you have certainly found a satisfying relationship. But just as eating the entire box of candies in one weekend will make you crash, moving too fast in your relationship may leave you with a similar result!

Basketball Season Tickets = "I'll pretend to like anything you like." As a huge University of Kansas basketball fan, I would personally love it if someone bought me season tickets. However, if the person you're dating suddenly becomes obsessed with your hobbies, going as far as to buy you tickets to a sporting event they previously didn't even know existed, then you may be dating a people-pleaser with no hobbies of their own. Take it as a compliment, but suggest your partner join a book club, karate class or writing program to get a handle on who they really are!

A Homemade Gift Certificate = "I'm broke, but you mean the world to me." Let's be real, homemade gifts have become a lot more popular since the recession hit. Drafting a "Free Homecooked Meal" certificate is a sweet and inexpensive way to show you care. If you're going to give this gift, make sure you follow through with your promise or your partner may think you are unreliable.

Expensive Jewelry = "I want to impress you." Ah, every girl's dream! While we usually love anything that sparkles, this gift can also say, "I want to impress you," or worse, "I messed up — please forgive me!" Give this gift with caution — once you've given something expensive, you can't go back! After receiving a Tiffany's bracelet, no one wants to follow up with an 80s-throwback snap bracelet.

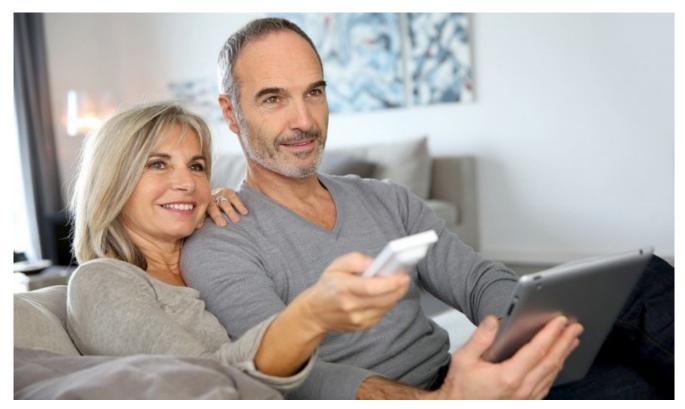
An Engagement Ring = "I'm madly in love with you." So you wake

up on a magnificent Saturday morning to find Mr. Right has made you breakfast in bed, and at the bottom of your mimosa is the most brilliant diamond ring you've ever seen! If you're madly in love and have been waiting for this moment, then a mazel tov is in order! Congratulations — you've just discovered the gift of true love.

Rachel is JDate's Community Manager. She's here to break down the rules of dating, share first date tips and offer words of encouragement when dating gets tough. Hit up her Tumblr page at www.Jdating.tumblr.com for more insightful advice. Or, learn what makes Rachel tick by visiting her JDate profile!

4 Tips To Reduce New Year's Eve Dating Anxiety





By Dr. Tranquility - Lydia Belton, PhD, Ct. H.A.

We have all experienced an <u>New Year's Eve</u> that we look back on with regrets. This is largely due to the fact that we invest too much into trying to make this one day the most perfect of the year — when in truth, it's really no different than the other 364 days. Here are some tips to help you have an anxiety-free New Year's Eve this year.

1. Plan Ahead. Lots of restaurants, clubs and various event venues book up early, so make certain that you make reservations or purchase tickets ahead of time. You can always bring a friend with you, which is a great idea and certainly guarantees a much better evening than a forced date. Regardless of whom you decide to celebrate with, have a discussion about what you both would enjoy doing and make a plan.

If you need some ideas, search online for New Year's Eve activities for adults and children in your town. If you like to travel, take a cue from the stars: Brad Pitt & Angelina Jolie will be traveling with the kids, while <u>J. Lo</u>, Casper Smart & the twins will be in Melbourne, Australia. Or you

could plan a <u>party</u> of your own. If finances are tight, make it a BYOB and/or a potluck get-together.

Related Link: Three Steps to Stress Free Holiday Dating

2. Why Accept A Date Simply For The Sake Of Having One? This is a common mistake made on both this holiday and Valentine's Day. If you have no <u>significant other</u> in your life, it's a great time to simply hang out with friends. We often feel that we have to have a great date, but usually, this just creates a lot of pressure that leads to us choosing the wrong partner.

Another mistake that can often be made is going back to an <u>old lover</u>. Set healthy boundaries. If this person was physically, mentally abusive or even inconsiderate, DO NOT ever give them a chance again. It can be easy to think that it will be different this time, but 99 percent of the time, it won't be. Remember: this is a holiday to move forward, and if the wrong lover is clogging your path, there isn't room for the new one to come along.

3. Go Forward, Not Backward. Rather than spend the holidays with a negative and abusive partner, who I allowed into my life longer than I should have because he was tied into my companies, I checked my boundaries to make sure they were set correctly. I discovered that I was tolerating too much, so I reset them. As I have said before, you must let go of what doesn't work so that the right people can come into your life. In a couple of days, I had a new backer with massive funding for the New Year. He became a friend and a life partner, and I have never been happier. Give this story some thought before backtracking again!

Related Link: Get Back In the Dating Game This New Year

4. Be Proactive! Don't wait for the phone to ring. Instead, get out there and set your action plan. I recommend a plan A & plan B; then, determine how much time you will allow for plan A to kick in before you move to plan B. You should make your

plans at least two weeks before New Year's Eve. If someone doesn't want to make plans in advance, he or she is "shelving" you, and we all deserve better than mistreatment.

Allowing yourself to have fun with friends can be a much better launch to your new year than forcing that <u>dream date</u> to occur. No matter what you do on New Year's Eve, take a moment during this time to visualize your goals and hopes for the next year. See yourself living the life you want!

Enjoy some holiday freebies from your <u>Drtranquility.com</u> goodie bag and schedule your free session by simply mentioning this post. Developed by Lydia Belton PhD, Ct.H.A., <u>Date Therapy®</u> is an effective protocol that helps people get in touch with their criteria for an ideal mate. DrTranquility's protocols® have been featured most recently on Forbes.com & Yahoo, ABCNEWS.com, ABC's the View, KISS FM, CupidsPulse.com, Metromix for the Chicago Tribune, British Glamour, REDBOOK, Cosmopolitan Magazine & promoted by Match.com.

Janice Dickinson 'Couldn't Be Happier' Over Engagement to Dr. Robert Gerner





By Nic Baird

Former America's Next Top Model judge Janice Dickinson is engaged to Dr. Robert Gerner, <u>UsMagazine.com</u> reports. This is Dickinson's fourth marriage. Gerner, nicknamed 'Rocky', is a prominent psychopharmacology expert. The couple have only been dating for three months, but "it was love at first sight," Dickinson said. "I intend to make Rocky the happiest man in the world for the rest of his life."

What are some things to beware of when you think it's love at first sight?

Cupid's Advice:

Everyone wants to believe in love at first sight. The romantic concept is in every love story ever told, so why not in our lives as well? While having a good first impression of someone is definitely a good sign, it's not a fool-proof system:

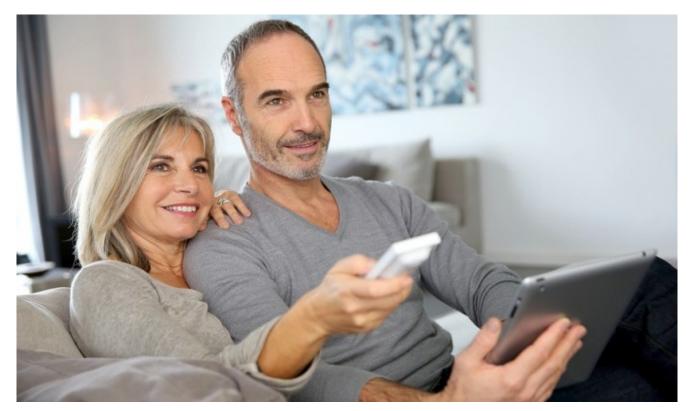
1. Infatuation: Often mistaken for love at first site, we can become suddenly infatuated with someone we find attractive, or who seems too cool to be true. Sometimes they aren't that

- cool. Sometimes you don't consider if they're compatible with you when you're so enthralled with their beauty.
- 2. Incompatible: After a brief chat it should become clear if your personalities don't click. However, wait for the second date before writing their name on your mirror. Explore how they feel about life, issues important to you, and relationships.
- 3. Unavailable: Make sure first of all that this person can offer you what you're looking for. Maybe they're avoiding relationships at all costs. It's possible they work too much to be able to give you much time. Understand how you would fit into their life.

Have you ever believed in love at first sight? Share your experiences below!

Is Being Center Stage Ruining Your Relationship?





By Michelle Rebecca

When you and your partner have a fight, do you blog, Tweet, change your status on Facebook and call all of your friends to let them know about it? If so, you might be endangering your relationship by sharing too much information with others.

As many celebrities (e.g., Kim Kardashian, Tom Cruise, Madonna) have discovered, it's hard to nurture the tender bud of a healthy romance in the harsh glare of the public eye.

Related Link: <u>Kim Kardashian 'Doesn't Want Battle' with Kris Humphries</u>

The Anatomy of a Fight

All couples argue, and everyone who has ever been in a relationship would probably admit to saying or doing something he or she later regretted. Normally, couples work through these less than ideal moments. Only the two of them, give or take a couple of very close friends, ever know that the unpleasantness took place at all.

Contrast that with the experience of an A-List celebrity who gets into it with her partner and exchanges some angry words with him in public. Those words won't be forgotten as tempers cool. Instead, they will be repeated on every entertainment show and analyzed between the covers of every magazine.

If the fight was shocking enough, marriage counselors may even come out of the woodwork to speculate on the future of the relationship.

Related Link: <u>Sherry Amatenstein Dishes on 'The Complete</u> Counselor'

Long after the celebrity herself has made up with her partner and is ready to move on, her fans will still be talking about those few ill-advised words hurled in what should have been a private moment.

Limiting Public Access

Whether you're a movie star or a contractor estimating software sales agent, there's a lot to be said for keeping your personal relationships...well, personal.

Take a moment to think about celebrity couples who have flung open the doors on their private lives. How many of them are still together?

Now, think about celebrities who have consistently declined to turn their personal lives into public fodder. I'm thinking of names like Rowan Atkinson (married since 1990), Julia Roberts, who learned the hard way about the cost of conducting relationships under media scrutiny (now happily married since 2002), and Meryl Streep (married since 1978).

Are you beginning to see a trend?

How Does All This Apply to Me?

Okay, so maybe you're not a celebrity, but you can still make

choices about whether you invite others to take an intimate look at your relationship. You can decide whether to make your latest dust-up with your partner the most talked about event of the week among your social circle or whether to resolve matters quietly between the two of you.

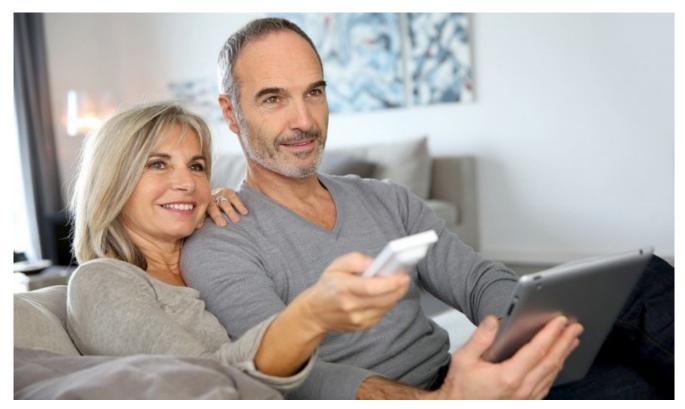
Most people find that the rift between you and your loved one heals far more quickly when your spat stays private.

Maybe the next time somebody says, "Talk to me, girlfriend," your response should be, "No, thanks!"

Michelle is an aspiring writer and blogger with a passion for the Internet, specifically social media and blogging. She loves how social media connects people across the globe, and appreciates that blogging gives her the opportunity to voice her thoughts and share advice with an unlimited audience.

Relationship Expert Kailen Rosenberg Shares Dating Advice for Finding the Love We Deserve





By Whitney Baker

You may recognize relationship expert Kailen Rosenberg as "the love guru," "the love whisperer" or, as Oprah Winfrey recently named her, the official "ambassador of love." With her starring role on Lovetown, USA from the Oprah Winfrey Network/BBC Worldwide, she put her education and experience to the test: Oprah asked Rosenberg and Paul Carrick Brunson to transform Kingsland, Georgia, into a town filled with grace, kindness and open hearts. Of how she helped the community with her dating advice, she says, "What I look for isn't necessarily what is working, but what is not. I seek out what is broken, the areas that sabotage relationships and love, and help each person to work through their pain and heal, so that they can experience the love and the partner they truly deserve."

Relationship Expert Shares Personal Beliefs on Love and Dating Advice

While fans await news of season two of the hit show, Rosenberg is hopeful, recognizing that viewers and critics alike enjoyed

the first season. "Oprah's heart and intentions are completely pure. Lovetown, USA was meant to be a social experiment on love," she shares. "And it worked! It proved that, when one focuses on nothing but love, healing in the most broken places can take place."

Related Link: How to Find Love Admist Holiday Craziness

Of course, some heartaches are easier to mend than others. As viewers saw on *Lovetown*, *USA*, the relationship expert was tasked with helping two single dads find love. She approached it much like any other match. "What matters most is this: Is the person kind? Is he emotionally healthy and ready for love?"

Drawing from her own marriage, Rosenberg understands how tricky it is to find a partner that is a good fit for both you and your children. "My husband (who had never been married and had no children) is an amazing stepfather. We have a blessed family because of his genuine care for himself, me and my sons," she says. "It all depends on the values of the two people coming together."

As for how to know when you've found a relationship to last lifetime, Rosenberg believes that it's just a feeling. She elaborates on this love advice and shares, "When you meet your soul mate, there's something inside of you that's different; you can't explain it. There's a piece of your new partner that challenges you to become a better human being. You grow and love more deeply because of that experience with each other."

Rosenberg, a master's-level certified life and love coach, is a successful matchmaker both on and off the show. She's helped over 400 couples find each other and credits this accomplishment to "teaching people to love and know themselves authentically and to heal what needs to be healed before getting into a relationship." Expanding on this idea further, she explains, "When people are able to listen to their inner

voices and are fully aware, they make for better partners and create better relationships and better marriages."

Related Link: E!'s Newly-Engaged Ashlan Gorse May Head Back to France for Wedding to Philippe Cousteau Jr.

Kailen Rosenberg Talks Relationships and Love and Her Next Project

While Rosenberg's impressive success rate may suggest otherwise, many people are choosing to remain single rather than look for love. In fact, the Census Bureau statistics show that more than 44 percent of adults 18 and over are unattached. Even so, she isn't deterred; she even views this number as a positive thing. "Younger people want to take their time and are more sincere about love and marriage, wanting something different than generations before," she says. "As much as people want to believe in marriage, I think they are more afraid."

She then adds, "The good news is that they rarely give up on love, wanting to believe that it can still be real and wonderful."

As for what's next, Rosenberg doesn't plan to slow down anytime soon. She is currently working on a book, which will be released by Simon & Schuster in fall 2013, and tells us, "It will focus on teaching both singles and couples how to find and experience real love." Additionally, she has received offers to do her own television show to further teach people about love.

Even with her credentials, the dating expert knows just how difficult it can be to find love. For single women and men looking for a relationship, she offers this advice: "Know what is absolutely amazing about yourself, but don't be afraid to

look at what isn't so lovely and great. Work on healing it and getting to a great place from within, so that when you find love, you can give and receive it at its fullest."

For more information about Kailen, please visit TheLoveArchitects.com.You can also follow her on Twitter at @KailenRosenberg.

Date Idea: Wrap Gifts Together





By Samantha Mucha

The holiday season can be a stressful time with your partner,

even though it should be full of joy and holiday cheer. To lessen your to-do list this December, and still have time for a date night, try something different with your sweetheart. Break out the wrapping paper, ribbons, and tape. It's time to channel your inner Christmas Elf.

There's no doubt that wrapping gifts is a difficult task. It's an endeavor that should be left for the most skilled and nimble-fingered family members. Yet, nothing says "I support you, babe!" quite like helping out. Have your lover join you.

It may sound like you are just recruiting your man to do your chores while you sit back and relax, but that is not the case at all. It becomes less a of a task and more of a constructive activity when you two do it together. Have your significant other bring over their unwrapped gifts (but not yours, you don't want to ruin a good surprise) and the two of you can work together.

To make your Friday night even more entertaining turn gift-wrapping into a game. Maybe your relationship could use a little competitive edge. Try timing yourselves to see who can make the best looking package in the quickest amount of time. The winner has to bake cookies for the not-so-perfect wrapper.

Putting on some holiday music while sitting by a warm fire is a romantic conclusion to this date. After your gifts are piled neatly under the tree, sit back and relax with your beau. As the night of gift-wrapping fun comes to a close, catch a Christmas movie on TV and drift off to sleep cuddled up in each others arms.

What unique date ideas do you have during the holidays? Share your ideas below.

Bradley Cooper Brings Zoe Saldana to 'Silver Linings Playbook' Party





By Nic Baird

Acting couple Bradley Cooper and Zoe Saldana posed for photos at a candle-lit dinner Friday to celebrate the film *Silver Linings Playbook*, according to *People*. Stars Robert De Niro, Diane Keaton, Mel Gibson, and Jane Fonda also attended The Weinstein Company's event at the Chateau Marmont. Cooper and Saldana met on the set of *The Worlds* in 2011, but split after three months of dating. Since September, they've been spotted

together giving their romance another shot.

How do you know when to make your relationship public?

Cupid's Advice:

Don't feel pressure to spread the word of your romance, but eventually if someone is important to you they should become an obvious part of your life. It's hard to decide when exactly to update that Facebook profile. Rather than worry about it, here are some signs to take things public:

- 1. Comfort: You and your partner could still be testing the water. Make sure you each feel comfortable and have some clarity about your relationship before telling the world. Wait until you know how to talk to each other.
- 2. Commitment: A few dates is a good start, but if you're going to be with someone publicly then you should know that you're both invested. Considering what you're both looking for in a relationship, could making things public add extra pressure? A decent stretch of dates will make it easier to tell friends and familly about your special someone.
- **3. Future:** Be aware of the stresses your relationship could encounter. If distance, responsibilities or baggage from previous relationships are going to threaten this new one, then you have to be careful. Don't jump the gun before you've straightened out whether or not there's a future as a couple.

When do you think you should make your relationship public? Share your experiences below!

12/12/12 is the Last Consecutive Number Sequence Date to Marry This Century





By Jennifer Ross

Seeing triple? 12/12/12 is quickly approaching. This is the last of the popular consecutive date sequences, like 10/10/10 and 11/11/11, to come around for the next 1,000 years — our lifetime! Many people consider it lucky to be alive during these years, and even more people consider it lucky to fall in love and get married on one of these iconic dates.

Related Link: Create a Celebrity-Style Wedding

According to the sixth annual survey from David's Bridal, "What's on Brides' Minds," an estimated 43% of brides have

considered planning their wedding on an iconic date such as this one. Earlier this year, on 10/11/12, thousands of couples were married. David's Bridal estimates that more than 7,500 brides will marry on 12/12/12 — compared to only 485 who married on this day last year. That's a 1446% increase over the prior year!

The people at David's Bridal spoke to a lot of amazing brides getting married on 12/12/12 who have great stories. Here are five of the most popular reasons to choose this date:

- 1. Couples got engaged on 11/11/11 or 10/10/10.
- 2. The triple number sequence is good luck to people interested in numerology.
- 3. Because the date is iconic the last consecutive number sequence of the century.
- 4. It is easy to remember; husbands will have no excuse if they forget their anniversary.
- 5. In the Chinese culture, even numbers are lucky.

Related Link: <u>Secrets to Staying Married for 50 Years (Or More)</u>

Another reason couples chose this date is so that they can save a little money by getting married in the middle of the week since 12/12/12 lands on a Wednesday. Talk about being resourceful!

If you are unable to plan your wedding in time for this iconic date and are upset about missing the last consecutive number sequence of our lifetime, don't fret. Next year, there will be an order sequence date: 11/12/13. However, you might want to start planning soon; this number is officially the last sequence number for the century.

For more information, click check out the blog

Lindsay Lohan Swipes Max George's Sweatshirt Post-Hookup





By Nic Baird

Lindsay Lohan tweeted a photo of *The Wanted* singer Max George's sweatshirt directly to him with the caption "missing something?" on Dec. 8, *UsMagazine.com* reports. The redheaded actress could have taken it when she saw George last week

following his band's concert in Philadelphia. The pair checked into a Boston hotel the next evening. George refers to his new friend as "fun" and "a good girl." He's also impressed by her stamina. "She can party nearly as hard as we can."

How do you know whether you can trust a potential partner?

Cupid's Advice:

For your own sanity of mind it's important to trust your partner. Sometimes we can leap to conclusions, and we fall to the mercy of our own insecurity or past experiences. However, your partner should make an effort to earn your trust. Your relationship needs to find time to discuss trust when these aspects make you uncomfortable:

- 1. Values: It's important to be aware of your partner's priorities. Are they the type who can enjoy a monogamous relationship? Even if you're just casually dating, you should make sure you're both on the same page. At the very least, any relationship should have honesty and trust.
- 2. Transparency: As you grow closer, it's natural that you'll learn more about your partner's life. Eventually you should have a good idea of how your significant other spends their day. If you're often surprised by your partner's actions, then you should question how much you know. For your own dignity you shouldn't invade your partner's privacy, but if they should not be resistant to communicating, and dispelling your doubts.
- 3. Respect: No matter how you've tailored your relationship dynamic, it should include respect. When you feel your significant other's respect, trust comes more easily. Your partner should treat you well in public, and consider your feelings when acting.

What lets you know you can trust your partner? Share your

Date Idea: Ice Sculpting Festival





By Samantha Mucha

Do you and your sweetheart enjoy looking at art, or even making your own pieces? If so, take date night to the next level this winter by visiting an ice sculpting festival. These events typically happen near ski resorts or state parks. Look online to find out if there is one near you. If you and your significant other want to travel and have the

budget, make a weekend out of it. It's a breathtaking experience that you will want to see at least once in your lifetime.

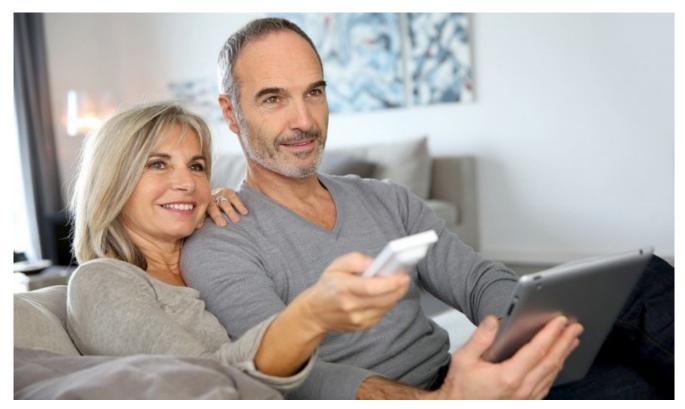
The art of ice sculpting is incredible; talented artists are able to turn a block of ice into castles and mystical creatures of every sort, as well as hundreds of other one-of-a-kind designs. Talk about a romantic winter wonderland. Spending the day walking around one of these festivals can be exciting as a couple. Get up close and check out the intricate details of the masterpieces. Make sure to take your video camera to capture the day for folks back home.

When you're done being in awe of the fantastic artwork, find a cozy spot for dinner. Since you will most likely be traveling, try a local restaurant in the area. On your drive home share your favorite pieces with your mate and compare your thoughts. If you and your beau plan to tie the knot one day, maybe you will stumble upon a design that can be incorporated into your own wedding theme.

Have you ever been to an ice sculpting festival? Tell us where it was and what you thought by commenting below.

The Best Holiday Gift for Your Man





By David Wygant

So let's say that you're having a very passionate holiday romance. What do you do about Christmas, Hanukah, Kwanzaa, Festivus, etc.? Well, whatever holiday you're celebrating, I'm a firm believer of wishing everybody a merry Christmas. To me, Christmas is just a time of year. That's all it is. It doesn't matter what religion you are—everybody loves Christmas. Who can forget "Santa Claus is Coming to Town"? Who can forget "Rudolph the Red-Nosed Reindeer" and "Herbie the Dentist"?

Anyway, let's get back on topic.

What do you do if you're dating somebody new during the holidays? What do you do?

Related Link: <u>How to Find Love Admist Holiday Craziness</u>

Buying gifts for somebody else is always hard, because you have that "Oh no!" moment when they're opening them.

I know that every time a new significant other bought me a gift for Christmas, as I'm opening it, all I'm thinking is, "Oh no, I hope it's not a shirt that I'll have to wear."

Or, "Wow, I really hope that it's not something I hate and she thinks it looks great."

Or, "God forbid, it's one of those horrific Christmas sweaters, and I'm going to have to wear it to some family gettogether she's going to invite me to when I accept the gift."

Related Link: QuickieChick's Video Dating Tips: Meeting Your Partner's Family Over the Holidays

Here's the deal: If you just started a new relationship, forget about the gift. I've got a much better idea: gift-wrap yourself. That's right. You dress up as a little elf or Mrs. Claus.

Get some killer red lingerie. Get a Santa's cap. Put some stockings on your feet. Tell him you've got a present for him and that he needs to be at your house at 8 p.m. so he can unwrap it.

Then, you go prep the home. Get some holiday candles — maybe cinnamon or pine tree — and make your place smell like Christmas.

When he knocks on the door, open it wearing your festive outfit and with mistletoe in your head. Then you smile and say, "Care to unwrap the gift that I got you?"

That is the ultimate Christmas gift that you can give any man in the entire world. We don't want to unwrap a bad shirt that's not going to fit. We don't want tickets to a concert. We just want you in a holiday outfit.

Best. Christmas. Ever.

D-Factor Assessment: The Perfect Gift for the Singles In Your Life





This post is sponsored by Marni Battista.

By Marni Battista

Elizabeth discovered the secret to having it all: a successful career AND a passionate relationship...

When Elizabeth first came to me, she was a 32-year old divorcee with a super successful, high-powered career. She was gorgeous, intelligent and ready for love — or so she said. She shared with me that she was desperate to fall in love again but honestly didn't believe she would have chemistry or passion with anyone else. Although she proclaimed her desire

for a relationship, my coach intuition told me there was *something* else going on beneath the surface — something bigger that was keeping her stuck and single.

Through the D-Factor Assessment, we discovered exactly what that "something" was. She still suffered from major unresolved issues with her ex-husband and beliefs about men in general that she'd been cultivating since middle school, beliefs like the really good looking guys wouldn't even look at me, just be smart; that way I won't get hurt; and I'm not meant to have it all. Once we addressed these issues head on, Elizabeth was unstoppable.

Despite hating online dating in the past, within two months she had become the most popular girl online, getting asked out by men she could actually see herself settling down with. From there, she started meeting men everywhere — from the gas station to the grocery store to her dentist's office!

Related Link: "No More Duck Lips!" and Other Dating Profile Rules

What's more, she became more discerning in the dating world and was finally able to break a lifelong pattern of saying "yes" to men who seemed into her but weren't ready for a relationship. She quickly weeded these casual players out, and shortly thereafter met THE man for her at a work event. This year, she's taking him home for the holidays, and she can hardly believe just a few months after the D-Factor Assessment she found a man with all of the qualities on her list and more — including chemistry!

What can you learn from Elizabeth's story?

I hope you walk away from Elizabeth's story knowing that you can have whatever you want. Whether you want it all, or just a big piece, you have the power to create all that you want for your life.

What's more, contrary to popular belief "having it all" doesn't have to take years and years of bad dates, lonely nights and dinners for one. Elizabeth found her happy ending in mere months. Others have found love as soon as two weeks after taking the D-Factor Assessment.

Related Link: 10 Reasons Women Stay in Bad Relationships

The reason why we so often hear about those individuals who have been single their whole lives, despite putting themselves out there and "trying really hard", is because trying harder doesn't always work — especially not when it comes to love.

Take the image of the impetuous fly, furiously buzzing into the glass door that stands between him and his destination. No matter how hard that fly tries he's not going to be able to break through the glass and get to the other side, but he can't see that from his current position. He could stay at that door for weeks, months or even years — however long it takes for him to realize that trying harder is not going to work in this situation.

But the sooner he flies away, gains some perspective and looks at his methods with a broader view, the sooner he might spot a cracked window on the other side of the house where he may enter with ease.

If you've been banging your head against your own proverbial glass door, proclaiming to the world that you are really, finally and truly ready for a relationship, but nothing is changing, it may be time to take a step back, gain some perspective, and start looking for a fresh approach.

If you're ready to truly have it all, I challenge you to take the opportunity right in front of you: my signature D-Factor Assessment and VIP private coaching session with me for just \$197 (normally \$397!).

QuickieChick's Video Dating Tips: Meeting Your Partner's Family Over the Holidays





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Laurel House on Meeting the

Family

In this week's <u>dating advice</u> video, dating expert and E!'s Famously Single dating coach, Laurel House shares her advice for meeting your partner's family for the first time, just in time for the holidays. What should you discuss prior to the trip? Where should you stay: in your childhood bedroom or at a nearby hotel? Should you bring a gift? How can you fit in alone time to keep you two on track as a couple? Watch this week's QuickieChick's Video Dating Tips and feel prepared to take this next step in your relationship!

For more information about our dating mentor, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

How did you prepare for meeting your significant other's family? Tell us in the comments below!

How To Have An Extraordinary Date At The Bookstore





By Alex Karpman

I hate to be Debbie Downer, but at the rate brick and mortar book stores are closing, I don't know how much longer this awesome date venue will be available. Doesn't it feel like just yesterday that there was all the uproar about how the mega-book stores were killing off the mom and pop book shops? Remember the movie You've Got Mail and how disgusted you were when Joe Fox's (Tom Hanks) Fox Books forced Kathleen Kelly's (Meg Ryan) Little Shop Around the Corner out of business? And now Amazon and e-commerce is killing off the mega-book stores. My point is ... make sure to head over to your local book store ASAP while you still can to enjoy this awesome date. Check out the video below to see how Olga and I had a blast exploring the travel, architecture, joke and sexuality sections of the bookstore:

What's your take on this date idea? Share your thoughts below.

Datevitation.com is happy to offer free shipping on our books only to CupidsPulse.com readers. Just enter the code — cupid — at the checkout page, and you'll be discounted the \$3.50

that we normally charge for shipping. The free shipping code expires on Dec 15.

This is a guest post Alex Karpman, founder of <u>Datevitation.com</u>, the web's first custom love coupon platform where you can create a one-of-a-kind gift book full of fun things to do with your sweetie, or send electronic love coupons via email or facebook. Alex and his wife Olga also offer free step-by-step video guides to romantic tips and date ideas (similar to the video below) on the <u>Datevitation Blog.</u>

Date Idea: Go Holiday Shopping Together





By Samantha Mucha

This holiday season get your shopping done early. Turn this chore into a date and take your sweetheart with you. Doing this tedious task will be exponentially more romantic if you accomplish it together.

Make a list for both of you and see what you can tackle as a team. Both of your mothers will love new pajama and slipper sets, and both of your fathers will both enjoy ties, all from the same department store. Map your route before you hit the mall to ensure you have the smoothest shopping experience. Keep the romance strong and keep the arguing to a minimum!

Since this will most likely be a full day event be sure to feed your man so that he doesn't become agitated and ruin the day. Make pit stops at Starbucks and the food court throughout the day. Don't worry about the calories because all of that walking and bag carrying will burn them off.

Try to get as much shopping done as possible. However, don't buy your partner's gift in front of him. Let it be a surprise. The plus side of shopping early together is seeing

what catches your beau's eye. Stop by your significant other's favorite store and see what they drool over. At a later date sneak back to the mall and pick it up for them.

Don't let shopping all day become stressful. Take your lover by the hand, take on the mall while emptying your pockets for the sake of romance.

Why You Shouldn't Buy Her a Ring for the Holidays





By Marina Sbrochi for GalTime.com

Hey, guys: Do you feel pressured by all the engagement ring

ads you see on TV, billboards, radio and magazines? If you don't cough up two months' salary are you less than a man? Is someone putting the high pressure on you to get her a ring for the holidays? Are her parents giving you the stink eye every time you come over and don't ask her father for her hand? Is she dropping hints like, "I really like round diamonds better than emerald cut, you know, in case you were wondering."

Here are three reasons to skip the little velvet box presentation at Christmas, Hanukkah, at a big family gathering, over hot cocoa, on New Year's, while ice skating or on a carriage ride through the city.

1. Diamonds shouldn't be produced out of pressure

NEVER EVER EVER do anything because you feel pressured to do it! You don't **need** to buy anyone a ring. Are you feeling the pressure because you are inundated with ads telling you that you would be a lesser man if you didn't come through with the latest four stone, fancy cut engagement ring this year? They've got your number my friend. They know your girlfriend is watching. They know she looks at those beautiful rings in the magazines that she ever so "carefully" leaves open on the table.

You only buy someone a ring if they are the love of your life. You only buy them a ring if can't live without them. Then and only then do you put your hard earned cash down for an engagement ring.

I won't even go into the fact that diamonds aren't rare and they are crazy overpriced. That's another story.

2. Holiday engagements are so cliche

A ring for the holidays is so predictable. Be original, dude. If she really is the love of your life, make the engagement a surprise! Don't give it as a holiday gift. Don't be cheap and think, "Hey, I was going to buy her a ring anyway, might

as well make it a gift and I don't have to give her something else." Don't be that guy. Step outside the box and put yourself in her shoes. She's seen the ads, she wants something special. Pick some time when she really won't expect it and make it memorable. Remember, it is not to be combined with another gift or event 00 so her birthday is off limits, too.

3. Timing is everything (and nothing)

Most woman have a magic number in their heads of how long they will wait until the ultimatum pops out. For some it is a year, some three years. I say phooey! Let me explain: I definitely think you need to date someone for at least a year at a minimum before you even think about marriage.

However, there is no magic number to feel like you want to spend the rest of your life with someone. If you aren't feeling it by year two, she probably isn't it for you. Just because you have dated for two years does not mean you have to come up with a ring. This is the completely wrong reason! If she doesn't do it for you — do her a favor and break up with her. No one wants to be a consolation prize.

That being said, if she is the love of your life and it's going on five years and she wants to get married but you aren't feeling the ring, you need to ask yourself why. Do you not want to be married? That's cool, if she's cool with it. But if she isn't, and you still feel she is the one, there are definitely bigger issues at hand. Seek some professional help to sort it out.

I'm not against engagement or marriage or this whole ring thing. I am against doing it for the wrong reasons. If you feel forced or pressured, you may end up with divorce papers and that ring will be at the pawn shop. Do both of yourselves a favor and propose ONLY if she is the love of your life!

Did you get engaged at the holidays? Would you advise it to

5 Reasons Why Men Are Attracted to Celeb Bad Girls





By Joshua Pompey

There is just something about a bad girl that men can't seem to resist. We know they are bad for us, but that sure doesn't stop us from feeling the way that we do, especially when it comes to the celebs who we crush on. Look no further than the overwhelming attention paid to stars like Megan Fox, Angelina Jolie, and Lindsay Lohan during the heights of their

popularity. Don't forget: It wasn't that long ago when Jolie's <u>celebrity news</u> was focused on her carrying a vile of blood around her tattoo-laced body and lip locking with her brother on national television!

Why Celeb Bad Girls

Take a trip a little further down memory lane, and you may recall a time when bad girl <u>Britney Spears</u> dressed up as a schoolgirl and crushed the competition (like good girls Mandy Moore and Jessica Simpson). When it comes down to it, the allure of a bad girl makes a lot of sense. Here are a few reasons why men can't resist these types of women:

Related Link: What Attracts Us to Bad Boys?

- 1. The promise of sexuality: When men see a bad girl, the look and the attitude conjures images of a woman who is free with her sexuality. Women such as Fox ooze sexuality, making us believe that a night with her will be different from any experiences we've ever had. This is enough to make any man weak at the knees when contemplating the sexual revolution that could enter his life.
- 2. The excitement a bad girl brings to the table: Life can boring sometimes. Many of us fall into the same day-to-day routines, week after week, month after month. But not with a bad girl. With a bad girl like celeb Lohan, we know we will be in for one heck of a ride, full of exotic trips, random adventures, and potential trouble. This trouble may not be good for relationships and love, but it sure is exciting.
- 3. The promise of a chase: Men will always want what they can't have. When men chase after bad girls, they know they may be setting themselves up for mistreatment, frustration, and neglect, but the allure of that chase is enough to outweigh the negatives. Deep down, we all want to be the ones to conquer the Jennifer Lopez's of the world and get them to

settle down.

Related Link: 3 Reasons Nice Guys Shouldn't Finish Last

- 4. The look: Pull up pictures of some of the most notorious bad girl, and you will find one common thread: All of them look and dress incredibly sexy. Men are extremely visual creatures. We become excited by the over-sexualized visuals a bad girl presents. When choosing between the pretty girl in the turtleneck and the bad girl who shows off what she has, our primal sides want the bad girl that stimulates us visually.
- 5. The attitude: The way a female carries herself can work wonders for her appeal. An average looking woman can become extremely attractive by walking, talking, and acting as if she has it going on. Bad girls such as Jolie give off a vibe of living in their own world, and everyone else is just in their orbit. This attitude of complete confidence can be liberating to men who feel constrained by society. There is something very sexy about a woman that marches to the beat of her own drum.

Joshua Pompey is an online dating expert and author of The REAL Online Game series. For plenty of free advice, visit http://getrealdates.com.

Date Idea: Rent a Cabin for the Weekend





By Samantha Mucha

Take advantage of the weekend and escape the chaos of holiday shopping by renting a nice, quiet, cozy, cabin in the middle of the woods. There's nothing more romantic than cozying up with your sweetheart as you sit alone by the fire in the wilderness?

Put the city noise and stress of the up-coming holidays behind you and escape. A cabin gives you the chance to live simply for a weekend and who better to enjoy the relaxation with than your lover.

If you do your research, you may be able to find a good deal. Remember more than just retail stores go on sale during the holidays. Better yet, ask your friends for advice and see if they know anyone who has a cabin that they won't be using for the weekend.

If it's too costly for this time of year, invite another couple to join in the festivities for an added dose of fun. Although it may not be as romantic as you originally planned it's often more entertaining to share the experience with close friends, especially when you are alone in the woods with nobody else around. It will also help cut down on costs.

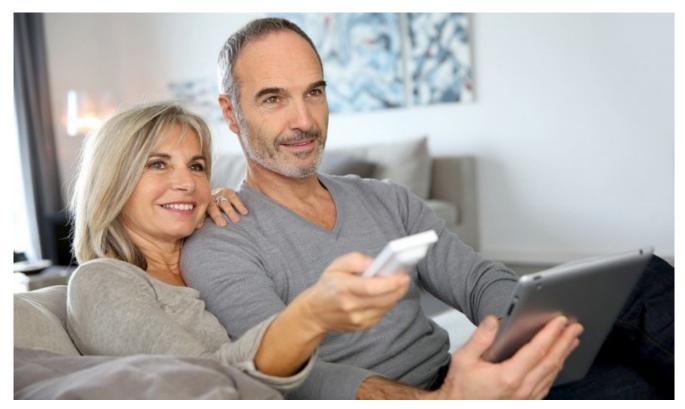
If you'e with another couple, you can play games together or have a spooky story night by the fire while you're roasting marshmallows. Go back to simpler times and play cards, and do other things you did as a child, this will allow your significant other to reminisce about the childhood that they may not have been around to share with you.

Have fun doing next to nothing and be sure to keep your mind away from the stress of going back home. Enjoy the company of your partner and the silence of the woods.

Have you ever rented a cabin or went camping? What did you think about the experience?

Three Steps to Stress-Free Holiday Dating





By Dr. Tranquility - Lydia Belton, PhD, Ct. H.A.

November is a great time to nail down all of your holiday plans, especially if you're in a newer relationship, like Eva Mendes and Ryan Gosling. Will you spend these special days together? If so, where? If you have been together for a while, like Evan Rachel Wood and Jamie Bell, will you be with family? If so, which one and on which holiday? These seem like very simple decisions, but it they can make for some serious arguments if not addressed and handled properly. Before you get overwhelmed with too many questions, here are three easy ways to keep your relationship stress-free during the holidays:

Related Link: Three's a Crowd: Four Perfect Couples Holidays

Step 1: Meeting the family. Family can be stressful under the best of circumstances for all of us, especially during the holidays. One key to your relationship surviving is being respectful and supportive of each other while spending time with each other's family. Remember, you are potentially starting a life together. Thus, these people may remain in

your life for quite a long time. The good news is that holidays are technically only three days out of the year; so it's time to buck up, babes, and have fun!

Step 2: Healthy Boundaries. The holidays are a time to be social and celebrate, especially when it comes to New Year's Eve. Before entering this time together, it is a good idea to set up behavioral boundaries and be clear about what exactly that means. This time of year, more than any other, is when "champagne" tends to flow, making it easier for tempers to flare. Therefore, strong healthy boundaries and an open dialogue are vital for tranquility.

Related Link: Date Idea: Document The Romance With A Flash

Step 3: Bonding While Giving. The holidays are meant to be a time for meaningful bonding. Yet for some, they can also be a lonely and difficult time. A wonderful way to create unity is by volunteering your time as a couple. While you may not be like Lady Gaga, who generously donated a million dollars, or Rihanna, who kindly donated 1000 sleeping bags, but your time is equally as important and needed. With all of the recent disasters caused by Hurricane Sandy, volunteering together at food banks, senior citizen centers, homeless charities or at one of the many disaster locations allows you the opportunity to accomplish two things at once; 1) it is a way for you to connect to your community, and 2) strengthen your relationship. This Thanksgiving, why not truly stand in gratitude? In the end, you and your partner will feel better about doing so and have heartfelt memories to share in the future.

No matter what you and your mate decide for this holiday season, remember what is most important: your love for each other. Keeping this as the top priority will ensure that your relationship will survive well past the New Year. From my heart to yours, have a great Thanksgiving and a wonderful holiday season!

The holidays are a wonderful time of year. Developed by Lydia Belton PhD, Ct.H.A. of DrTranquility.com, Date Therapy® is an effective protocol that helps people get in touch with their criteria for an ideal mate. DrTranquility's protocols® have been featured most recently on Forbes.com & Yahoo, ABCNEWS.com, ABC's the View, KISS FM, CupidsPulse.com, Metromix for the Chicago Tribune, British Glamour, REDBOOK, Cosmopolitan Magazine & promoted by Match.com.

Questions You Should Never Ask on Thanksgiving





Thanksgiving is a high school reunion for relatives. Everyone gathers together to reflect on where they've been, how far they've come, and how much better or worse they're doing than before. It's a Butterball of nerves, particularly when you factor in Thanksgiving other high-stakes ingredients: the doomsday traffic, the one crazy relative who shows up and does his/her crazy thing, the underlying family feuds, the love, the all-day drinking, the hunger — the extreme hunger! — for the perpetually "almost-ready" turkey, and those ghosts of holidays past. The result is a minefield of emotions and the reason family baggage has become such a cliché. We've all got it, and we bring it to the table on Thanksgiving. All it takes is a seemingly innocuous question to snap that luggage right open and turn dinner into a Eugene O'Neill play. To bypass such family drama, avoid asking the following questions - or answering them.

Don't ask: "What happened with that guy you brought last year?"

Unless you want to hear: "We were both in different places in our lives, and he's 'doing him' right now...but I guess I do feel like it's weird (voice-cracking) being back this year without him...I'm sorry, I don't know why I'm crying, I'm actually totally fine with things." Please, distant relatives, do not interpret this reaction to mean she's been wanting to share this news with you. It's just that you've ripped the wound open again. Nice.

Along those lines don't ask: "So…when is the baby/ring coming?"

Unless you want to hear: "Ha! Who knows?" (And then, in a whisper directed at someone else] "Can we switch seats?"

Don't ask: "Why don't we go help mom cleanup?"

Unless you want to hear (and you don't): "Why, because we're women? Mom may still embrace a hegemonic gender construct, but now that I'm out on my own, I'm making my own choices.

Don't ask: "Will you marry me?"

Unless you want to hear: that crazy relative answer first and kill the mood. Contrary to what rom-coms will have you believe, Thanksgiving dinner is not ideal for super romantic moments. See the next question for more information...

Don't ask: "Where's the bathroom?"

Unless you want to: go to the guest bathroom, which by the end of the night is a devastated war-zone with a vigil candle. (Pumpkin spice!) Instead, just slip away when nobody's paying attention and wander into the perfectly untarnished master bathroom oasis. There is your sanctuary of tinctures, furry toilet seating and trivia almanacs. You've got about 20 minutes until people start asking where you went.

And finally, don't ask: "Where did you go for so long?"

Unless you want to: embarrass someone who just spent the past 20 minutes in a bathroom.

QuickieChick's Video Dating Tips: Why Hating Your Body is Destroying Your Love Life





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Laurel House on Self-Consciousness

In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, Laurel House tells us why obsessing over how much you hate your body can be damaging to your relationship. The truth is that your guy doesn't notice if you've gained a couple of pounds. But, if you push him on it and keep repeating yourself, he may start viewing you the way you view yourself — and you don't want that! "We are so hard on ourselves. We are harder on ourselves than anyone else," says the dating expert. Instead of complaining to your man about your insecurities, she tells us how to handle those

body issues and focus on the positive things about ourselves. Remember: Your partner may *love* what you hate so much about yourself!

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Kelly Clarkson Compares Her Relationship to a Cheesy Love Song





By Nic Baird

The original American Idol, Kelly Clarkson, "completely fell in love" with talent rep boyfriend, Brandon Blackstock, reports YourTango.com. After eight months of dating, her priorities have shifted from her career to her "best accomplishment", her relationship with Blackstock, Clarkson said. "I just didn't think it would happen. It's like one of those cheesy love songs that didn't exist, but it does, so that's cool." Clarkson promises to still write breakup tracks, despite being in relationship bliss.

What are some ways that not looking for a relationship can help you find one?

Cupid's Advice:

Whenever you lose your keys, phone or favorite sweater, you can drive yourself crazy with a frantic search. The irony is that when you stop looking, the elusive item pops up. Don't lose your head looking for love, because dialing down your quest for affection will get you better results. Cupid has some tips:

- 1. Comfortable: If you're fretting about relationships, and eyeing each potential suitor like a piece of meat, you're going to create tension. Both genders don't like to feel pressure at the start of a courtship. By lowering this urge to jump on opportunities, you project confidence and the other sex will feel more relaxed in your presence.
- 2. Independent: Another way you can project confidence outside a relationship, is by focusing on yourself and all your non-romantic interests. Don't change yourself because you think it will help you lure a mate. Change yourself because it will make you the person you want to be, and reflect the person you are presently. Someone who is happy on their own is attractive. Someone who needs a relationship to latch onto so they can pull themselves out of depression is terrifying.

3. Personalized matches: You could follow your crush around and pretend to be interested in the same things. And if they're not too weirded out, you could look forward to a lifetime of Frisbee golf, or lectures on the philosophy of science fiction. But, if you truly want to find your soul mate, pursue your own interests. Chase your own goals, do your own activities, and you'll find the people you meet to be better matches. Synergy!

How have you got your mind of the relationship hunt? Share your experiences below!

Giveaway: Spice Up Your Date Night with Booty Parlor!





This post is sponsored by Booty Parlor.

By Whitney Baker

Your weekly date night with your man is here again, and it's your turn to plan something. To keep your relationship from getting stale, you decide to spice things up — after all, you can only go on so many dinner and movie dates. But where do you even begin? How can you surprise your honey without blowing your budget?

Look no further than <u>Booty Parlor</u>, America's premier sexy lifestyle brand. Built on the premise that confidence is the sexiest thing a woman can have, this company sells award-winning products such as pheromone-laced perfume, aphrodisiac lip-glosses and kissable body toppings. Ultimately, Booty Parlor wants every woman to feel sexy and satisfied.

Founded by married couple Charlie and Dana B. Myers in 2004, Booty Parlor products are sold in many boutiques and hotels as well as online. Not only will Booty Parlor products make for a fun and romantic date night, but they will help enhance your relationship and improve your connection to your man.



Lucky for you, one CupidsPulse.com reader will win a Booty Parlor gift set including the following items:

- 'The Official Booty Parlor Mojo Makeover: Four Weeks to a Sexier You'
- Flirty Little Secret Firming Cream with Pheromones
- Flirty Little Secret Firming Bronzer with Pheromones
- Flirty Little Secret Luminizing Body Butter with Pheromones
- Flirty Little Secret Perfume Oil with Pheromones
- Kissaholic Aphrodisiac Plumping Lip Gloss (in Swoon)
- Skin Honey Kissable Body Topping
- Don't Stop Massage Candle
- Romantic Rendezvous LoveKit

GIVEAWAY ALERT: To enter for a chance to win a gift set by Booty Parlor, go to our Facebook page and click on the "like" button. Then, leave a comment under our Booty Parlor giveaway post and let us know that you want to enter the contest. We will contact the winner via Facebook when the giveaway is over, and he or she will have three days to respond back with his or her contact information. The deadline to enter is 5:00 p.m. EST on Monday, November 26th. Good luck!

Congratulations to Leisa Allen for winning the Booty Parlor gift package!