

Prince Harry and Cressida Bonas Have Back-to-Back Date Nights



By [Whitney Johnson](#)

According to [People.com](#), Prince Harry is still a happily taken man. He was seen with girlfriend, socialite Cressida Bonas, on back-to-back date nights earlier this week. On Monday, the lovebirds attended a James Blunt show at the Tabernacle in London's Notting Hill. The following evening, the casually-dressed couple were spotted at a performance of the *Book of Mormon*. This duo was first seen together during the summer of 2012 and rekindled their relationship in February when Bonas vacationed with the royal family in Switzerland.

How do you know how much time to spend with your partner in the beginning of a relationship?

Cupid's Advice:

You're dating the girl or guy of your dreams, and it's hard *not* to want to spend every minute of every day with them. It's important, though, to find balance in your life. You can embrace your new love while still maintaining your sense of self. The tricky part is figuring out just how much time to spend with your partner in the beginning of a relationship. Cupid has some tips:

1. Pace yourself: Too much, too soon can cause even a great relationship to suddenly end. If you've been seeing each other once or twice a week, gradually add another day or night to your typical schedule. After all, you want to leave them wanting more of you, not less!

2. Don't forget about your friends: Make sure that you still spend time with the other people in your life too. They'll resent you if you start ignoring them because of your partner, so be sure to spend two or three nights each week *without* your significant other by your side.

3. Enjoy your alone time: You don't want to forgo your personal passions because of romance, no matter how exciting your love life may be. Stick with your usual routine, whether it includes photography class on Tuesday evening or movie night every Friday. Once you feel confident that your sweetheart is sticking around, feel free to invite them to share your hobbies with you – but never give them up.

How much time did you spend with your significant other at the start of your relationship? Tell us in the comments below!

4 Questions to Ask Yourself Before Getting Married



By April Littleton

Getting married is a big step in a couple's relationship. This should be an exciting time for you as long as you're doing it for the right reasons. Are you about to tie the knot with that special someone, but in the back of your mind you're still questioning your motives? Cupid has four questions you should ask yourself before you decide whether or not you're ready to commit:

Why are you getting married?

What's your reason for getting married? Some couples feel pressured to get married because of a family member or friend who is close to tying the knot. You shouldn't feel like you have to rush future plans with your honey just because you see

everyone else making the final commitment to their loved ones. You need to get married for the right reasons, so if you're skipping ahead because you see everyone else doing it, then you need to take a step back and be honest about your relationship.

Related: [8 Things Your Wedding Can Do Without](#)

Are you 100 percent sure?

It's normal to have pre-wedding jitters, but once those nerves fade away you should be completely sure your partner is the one you want to spend the rest of your life with. If you're constantly catching yourself doubting your decision to get married, sit down and talk to someone you trust or see a pre-marital counselor. Trust yourself. If the situation just doesn't feel right to you, postpone the wedding until you feel more comfortable.

Do you and your partner have similar life goals?

Think about whether or not you and your significant other want the same things in life. How many kids do you see yourself having with your honey? Will your careers keep you from spending a lot of family time together? Where do you want to live? How financially stable will the two of you be? Your marriage won't succeed if you and your partner don't have similar goals and interests. It might not seem like much now, but once you're around each other on a long-term basis, you'll realize how important it is to be on the same page with each other.

Related: [Premarital Counseling – The Pros and Cons](#)

Do you really know the person you're getting married to?

How long have you and your partner been in a relationship with each other? Have you both been completely honest with each other since you've been an item? If you're keeping anything

from your significant other and if you've caught him/her in their fair share of lies, think about what that means for your relationship. Do you really know each other? You might want to spend some more time connecting with each other before you make such a huge commitment to each other.

What are some other questions you should ask yourself before getting married? Comment below.

Planning the Perfect Proposal



By Rachel Seliger,

JDate Community Manager

Over the past few years, we have seen hundreds of couples share videos of their engagements for the world to see. We

laugh, we cry, and we love to share that special moment with the happy couple.

If you are planning the big moment and need a little inspiration, here are my top five suggestions for seamlessly executing your proposal:

1. Get family and friends involved: This is a milestone moment and it's always fun when everyone knows what's about to take place except the one who is about to get proposed to (plus, your guests can help you plan!).

Related: [Creating a Celebrity-Style Wedding](#)

2. Research rings: By now you should have some idea of your significant other's style – for example, traditional or contemporary? Or, perhaps an heirloom would be a home run? The ring tells a lot about the recipient, so if you are struggling, pay close attention to how your future fiancée dresses, accessorizes and decorates and if all else fails, call the best friend.

3. Capture it on film: Hire someone or get a friend you trust to video the proposal. Most likely you and your partner (similar to the wedding) won't remember all the amazing details and what was said, so it makes sense to capture the happiness you felt when you both said yes to this new chapter.

4. Don't be a copy-cat: Yes, there are a lot of good proposal examples out there, but do something unique and authentic to you as a couple. If you hate musicals, then don't incorporate a flash mob!

Related: [Weddings Show Single Men What They're Missing](#)

5. Keep calm and marry on: If your significant other senses you are acting strange, they will either catch-on or think you are breaking-up with them. Neither is a good start to the perfect day, so have fun and be yourself—it's why they fell in

love with you in the first place.

JDate, the leading online Jewish singles community, is calling all couples who met on JDate to submit a video of their proposal for the chance to be crowned JDate's Next Top Proposal. If you are a JDate Success Story and have a video of your engagement or are willing to reenact it, head over to JDate's Facebook page and enter your video.

Rachel Seliger is a dating guru and Community Manager of JDate.com, the premier online community for Jewish singles. She's here to break down the rules of dating, share first date tips and offer words of encouragement when dating gets tough, visit her Tumblr page for more insightful advice.

Find Out About Liam Hemsworth Post-Miley Cyrus Hookup with Eliza Gonzalez





By Gabriela Robles

According to UsMagazine.com, Liam Hemsworth changed up recent-ex Miley Cyrus for Mexican singer/actress Eiza Gonzalez. Gonzalez was put into the limelight two days before Cyrus and Hemsworth told the public that they were calling their engagement off. The two were photographed this week in Las Vegas together.

What are some ways to move on after a bitter breakup?

Cupid's Advice:

Breakups are hard, especially if your ex moves on quicker than you do. Sometimes people need a distraction for themselves get away from the hurt that they feel because of the split. Other times, the guy's just a jerk. It might be difficult to get through this time and still remain positive. Cupid has some advice:

1. Do for yourself: You need to focus on yourself now. Don't worry about who hurt you. Don't question yourself. Work hard to make yourself better, not for him but for you. Once you start taking care of yourself in all aspects of life, you'll attract the people that will make you happier and more

successful.

2. Keep your head up: Know that you're a catch, even if you don't feel like one. Remind yourself that you're a hard-worker, a gorgeous person, and have big things ahead of you. If you keep this in mind, you won't worry about what anyone else thinks – especially not your ex.

3. Take your time: Don't jump into a relationship to get back at you ex. Using someone isn't a good idea because not only do you hurt the person your distracting yourself with, but you're hurting your ego. This is the time to gather yourself and work inward before you can start moving outward.

How did you move on after a bitter breakup? Share in the comments below!

'Lucky Dog' Host Brandon McMillan Says, "If I Can't Laugh Constantly with Someone, It Won't Work Out"





Interview by [Whitney](#)

[Johnson](#). Written by Petra Halbur.

[Brandon McMillan](#) has dedicated his life to working with animals – so much, in fact, that he hardly has time to date. Now, he’s bringing his work to the small screen with a new show for CBS called *Lucky Dog*, which premieres on Saturday, September 28th as part of “The CBS Dream Team” line-up. Each episode will follow the trainer as he adopts a dog from a shelter – one that’s hours away from euthanasia – and then brings him back to The Lucky Dog Ranch to be trained before finding the perfect family.

Related Link: [Must Love Dogs: More Singles Getting Pets](#)

This television opportunity is a logical next step in McMillan’s career. He grew up around animals as the son of two circus trainers, moving to Los Angeles at age 18 to pursue a new path. “When I left the circus, I knew I wanted another animal training job, so Hollywood was the ideal option,” he explains. “I started working with animals for the movies, but as we all know, movies come and go, so work would get slow a lot. I then began training dogs for shelters, a cause that’s always held a spot in my heart.”

The trainer speaks passionately about the treatment of shelter dogs in the United States. "I read the facts, and they blow my mind. Every year in America over 1.5 million dogs are euthanized because they can't find homes. I wanted to find out why this was happening."

Despite his concern, McMillan doesn't condemn kill shelters, insisting that he approaches the issue from a different perspective. "My job as a trainer is to spread the word on how to train dogs and help keep them out of the shelters," he shares. It seems that many pet owners simply drop their dogs when their would-be canine companion doesn't behave properly. "They say, 'You know what? Why don't I just drop him off at the shelter? It's just down the street.' It's an easy option. So I attack it from a different angle. I say, 'Why don't you take three days to learn how to train your dog? And he'll keep quiet; he'll stay; and he'll walk on a leash properly.'"

When he's not working the shelter dogs, McMillan helps pet owners train their dogs. He often works with couples who are struggling with differing views on puppy parenting. "The woman usually wants a dog to be more cutesy and more of a lap dog, while the guy wants the dog to be more tough," he explains. It then becomes McMillan's job to help the couple find a middle ground.

Before getting a dog, couples tend to disagree on the dog's preferable size or breed. To this problem, McMillan advises, "Let the dog choose you. I constantly tell people to go in with a wide frame of mind, saying, 'Whatever dog I feel connected to, that's the one that I want in my family.'" He also suggests that couples wait until they are "pretty established" in their relationship before adopting a pet to prevent a custody battle later on. "Dogs are becoming the new kids in America," he wryly observes.

Related Link: [Date Idea: Cuddle With a Furry Friend](#)

The handsome trainer is raising his own pets by himself. He's currently single because, by his own admission, "I'm so consumed by the show that I go to bed at around 9 p.m. because I have to get up at 4 a.m. We start every morning around 6 a.m. because I want to make sure we work the dogs before the heat kicks in every afternoon."

Still, he knows what he wants in a woman. In addition to a love for animals, McMillan says his perfect mate would have to have a great sense of humor. "I'm a joker and a goofball. If she seems too serious, get out!" he says. "If I can't laugh constantly with someone, it won't work out." An ideal date for him would somehow incorporate the great outdoors – something that's easy to take advantage of thanks to the California landscape and shoreline.

For more information about McMillan, check out his personal site. Tune in for Lucky Dog on CBS on Saturday mornings!

Twitter Dating 101: Actions Speak Louder Than Tweets!





By Mandy Hale

In honor of National Singles Week this week, I'd like to address a new phenomenon that seems to be sweeping the globe faster than planking and twerking combined. (Okay, maybe not THAT fast.) What am I talking about? Twitter dating!

Not to be confused with online dating, "Twitter dating" is when you stumble across a profile of someone on Twitter who intrigues you, begin following them, they begin following you and a flirtation starts to build in the form of tweets and direct messages, aka "DM's." The more Twitter popularity climbs, and the more we increasingly turn to our social media circle as a trusted community of friends, the more rampant these "Twitter crushes" seem to become. Which would be all fine and good if they turned out well. Or even okay. But I've had two experiences with "Twitter dating" and both have been what we like to call on Twitter (don't forget the hashtag): a #MajorFail.

Related: [Technology, Social Media and Dating – The Good, the Bad the and Oops!](#)

Because of this, I thought it was half past time to establish

some rules or guidelines to help the single ladies of the world know when to follow and know when to block – a few red flags to look for that might save you from a giant stop sign up ahead. I mean, none of us want to end up on “Catfish,” right? So here are some early warning signs that your Twitter crush’s “character” might not go any deeper than that infamous 140 or less limit...

1. A lack of photos other than his profile pic. Big red flag. If he portrays himself to be a functioning, successful adult, there should be SOME other photos of himself other than his avatar. And I don’t mean photos of inanimate objects or his dog or the ocean. I mean ACTUAL photos of him, clear photos, where you can see his face. In the day and age of camera phones, if a man is hiding his face from his profile – there’s a reason.

2. A lack of any sort of online presence other than Twitter. Okay, so Facebook isn’t everyone’s cup of tea, so we’ll let it slide if he doesn’t have a FB page, but if a man doesn’t have SOMETHING out there besides his Twitter profile that can vouch that he’s a real person (an Instagram account, a LinkedIn profile, a Google+ page...SOMETHING), chances are – he’s not. I mean, God gave us Google for a reason, ladies; so we can let our fingers do the walking and learn a little more about our Twitter crush before we welcome him offline and into our lives! If you Google him and absolutely nothing comes up, I’d definitely be a little wary. And for that matter, if you Google him and an article about how he was arrested for cyber-stalking pops up, obviously – RUN, don’t walk, to your nearest block button.

3. Finally – maybe neither of the above apply to your situation. Maybe you’ve seen his FB page, you’re following him on Instagram, and everything seems to be on the up and up. But THIS is where you have to watch out for another phenomenon – the infamous “Twitter player.” Just because he is physically who he portrays himself to be doesn’t mean his character

matches up with his 140 characters. I encountered the not-so-rare species “The Twitter Player” back in March, and found myself in a drive-by relationship: One where he faked a future with me for a few weeks before moving on at break-neck pace to another unsuspecting Twitter victim.

So how do you identify a “Twitter player”? This one’s a little trickier, so here are a few signs to look for: If he’s regularly flirting with other girls on his timeline. If you’ve taken the relationship offline and are talking and Skype-ing and texting, yet he NEVER talks about you openly on his Twitter timeline. Or if he comes to town to see you and STILL doesn’t post about you, take a picture with you and actually CHECKS IN SOMEWHERE ON FOURSQUARE but doesn’t bother to tag you (Not that this EXACT scenario happened to me or anything. Okay. It did.) Online and in life – if a man hides you, it’s because he’s still out there seeking something besides you. It’s better to render the player powerless by exiting the game than wind up losing your dignity and your self-respect to play a losing hand.

Related: [Tips for Making a Long Distance Relationship Work](#)

Based on my experiences, I have to say I’m retiring “Twitter dating,” at least for the foreseeable future; but if you choose to roll the dice, I’d just encourage you to be careful. Set boundaries. Don’t ignore the signs. And online and in life – always date smart by guarding your heart. (It’s the most precious commodity you have).

*Follow Mandy Hale on Twitter @TheSingleWoman. Get more fabulous tips on love by checking out her website, <http://thesinglewoman.net/> or grabbing your copy of her new book *The Single Woman: Life, Love, & a Dash of Sass*, available on Amazon and anywhere books are sold.*

Julie Benz on Her Marriage: “We Put Our Relationship First Even If That Means Turning Down Work”



By Kerri Sheehan

Unlike many performers, 41-year-old Julie Benz didn't have dreams of appearing on the big screen. In fact, she began her career as a competitive figure skater and didn't consider acting until an injury forced her off the ice. You may recognize her as Darla, the vampire from the television shows *Buffy the Vampire Slayer* and the popular spin-off *Angel*, or Rita, the wife of the title character on *Dexter*. Expanding her

resume, she'll next be playing mother Stevie Parker in Lifetime's *Taken: The Search for Sophie Parker*, which premieres tomorrow night at 8 p.m. ET. Benz describes her character as "a tough NYPD detective who has to work against the clock to save her daughter and her daughter's friend from the Russian Mafia and sexual slavery ring."

The bubbly blonde was drawn to the role for a number of reasons. "The issue of human trafficking and violence against women is important to me," she shares. "And the script features a woman in power instead of a woman in peril."

Related Link: [Hollywood: Portrayals of Domestic Violence](#)

Given these two factors, that actress had to prepare for such a demanding job. "The role required a lot of physical strength and stamina from me." On an emotional level, Benz had the "honor of speaking to a woman who had been abducted, sold into sex slavery, and rescued by her family when she was a teen," which helped to personalize the story for her. Thanks to her diligence, she truly understands the actions taken by her character. "If I had a daughter and if she was kidnapped, I'd do whatever was in my power to find her. I just hope I'm never put in the position to find out what extremes I would go to."

While Benz is not yet a mother herself, she is a newlywed: The Pittsburgh native married Rich Orosco in May 2012. They both work in the entertainment industry, so hectic schedules and travel often keep the couple in different cities. "We never go more than two weeks without seeing each other. We Skype every day that we're apart," Benz says. "Our careers are busy, but we put our relationship first even if that means turning down work."

The couple was originally fixed up by a friend "just to have fun," and neither of them were looking for a commitment, but as Benz says, "That's why I think it worked." They got the chance to know each other without the pressure of questioning

where they wanted their relationship to go. “Just spending time together was – and still is – the best!”

There was, of course, a turning point in their coupledness. Her husband knew she was a keeper when he tasted her cooking. “My husband claims that he knew I was The One when I made him my chicken wings. We now refer to them as my ‘marry me chicken wings!’”

Related Link: [Date Idea: Wine and Dine](#)

Benz first married at the age of 22 and divorced her ex-husband after 13 years together. “Dating in your mid-30’s is tricky, especially in Los Angeles,” she says of learning to date as an adult. “Plus, I hadn’t dated in over a decade. I’m blessed that I have a great group of female friends that helped me navigate the dangerous waters of finding love.”

For other women looking to get back into the dating game, the actress believes that “second chances are a gift, and they should be treated that way. Do the work on yourself after your divorce, so you don’t end up making the same mistakes again.”

For more on Benz, you can follow her on Twitter @juliebenz. Be sure to catch her in Taken: The Search for Sophie Parker on Lifetime on Saturday, September 21st at 8 p.m. ET. You can also see her in the new season of the sci-fi show Defiance.

Top 5 Don'ts We've Seen From Miley Cyrus That Should Never

Enter the Dating World



By Laura Bensen

After the performance at the VMA's and her newest music video, it is safe to say that Miley Cyrus is on everyone's minds whether we like it or not. She has taken the media by storm and consequently our consciousness but don't fret. This is not a complete lost cause. There are lessons to be learned from this. So here are five don'ts that should never enter the dating world as seen by Miley Cyrus:

1. At the VMA's we saw Miley twerking on Robin Thicke. This is wrong for so many reasons. Don't twerk on a married man. With a child. On TV. When you have a boyfriend. Or in general. Just don't twerk. While Thicke might be in trouble with the Mrs. (I know I would be mad!), we do know that Miley certainly is with her on again off again fiancé Liam Hemsworth. So the lesson here? Don't get up on another man when you have one of

your own.

Related: [5 Lessons to Learn from Celebrity Divorce](#)

2. Don't orally pleasure garden tools, construction tools or foam fingers. She just needs to stop putting things in her mouth or she's going to get sick. Also, while some people might think it's sexy to put objects in their mouths, a guy might find this as an indicator for the Herp.

3. In her new song Wrecking Ball, she cries, gets naked, and rides a dirty wrecking ball to show how 'emotionally exposed' she is. Don't cry and don't get naked to show you have emotions. Please do not ride a wrecking ball, clean or dirty. It will not lead anywhere good. While there is nothing wrong with crying-everyone cries sometimes- it's not good for a relationship to do it too early on. It can scare off potential prospects very easily. Getting naked too early on will lead you down a very short road where respect is scarce.

4. While this one is a bit of a throwback, we can see signs of Miley's retaliation, joining the slew of ex Disney actresses (Britney, Christina, Hilary and Lindsey. Sweet Jesus, Lindsey was the worst) against modesty back in 2010 with her video Can't Be Tamed. First of all, channeling your inner Britney past Baby One More Time is never good. Men might not want a meek girl but they probably don't want a trashy, weird and violent bird either. There is a pretty wide median to walk and Miley vaulted right over it. So it's okay to be a fiery female, remember your checks and balances.

Related: [Is Being Center Stage Ruining Your Relationship?](#)

5. Please keep your tongue rolled up and in your mouth. Ladies use it for speaking. Not for obscene gestures. As my mama would say "you keep making that face it's going to get stuck that way".

So on the whole, while we all want attention and a partner to

love us and to love back, please remember to love and respect yourself.

Laura Bensen is a freelance writer for Magazines.com from Tacoma, Washington. She enjoys gorging herself on celebrity gossip and chocolate.

NoGamesLove Video Dating Tips: How to Deal When Your Ex Moves On



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on What to Do When Your Ex Moves On

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House lets you in on why you're stressing so much about your ex's new relationship and what you can do to get over it. You need to learn to be happy again – without him. "Get yourself out there in a better, stronger, wiser way," the dating expert explains. "This is the time to work on you."

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How did you handle it when your ex moved on? Share your story in the comments below!

5 Best Blind Date Websites





By April Littleton

Online dating has gotten more popular over the years. You hardly ever hear anyone say how he or she met their significant other at a bar or at their friend's birthday party. Let's face it, meeting someone the old-fashioned way just doesn't exist anymore. More and more people are searching for true love on the Internet. Whether you're looking for something casual or long-term, there's a dating website for just about everyone. Here's Cupid's top five:

1. Zoosk: This social network incorporates online dating services with other social networks, like Facebook. The site also comes equipped with several mobile apps to make finding that special someone a little easier. Zoosk.com targets a younger audience. Most of the users are between the ages 25 to 35. The website offers a "couples" services to members who have already found a match.

Related: [5 Tips for Creating a Perfect Online Dating Profile](#)

2. eHarmony: This online dating website is designed specifically for men and women to find long-term relationships. Since the launch of the site in 2000, eHarmony

has gained over 20 million registered users. Unlike other dating websites, eHarmony matches singles based on a compatibility questionnaire and a special matching system. As of 2012, eHarmony is responsible for nearly 4 percent of U.S. marriages.

3. Match.com: Match provides its online dating services to 25 countries. In 2012, Match.com announced a new service, Stir. Members now have the opportunity to attend local events using the new service, ranging from cooking classes to wine parties. Match.com also offers on-site games that allow users to get to know each other in a more natural way.

4. OurTime.com: OurTime is the number one dating sites for singles over 50. The website is designed to help older individuals connect with one another while looking for a meaningful relationship. Members can use a various amount of search options in order to help them find exactly what they may be looking for in a partner.

Related: [Are You Dating a 'Mad Man'?](#)

5. OkCupid: OKCupid is a free dating and social networking website. Users can communicate with each other through instant or private messaging. Although registration is free, members who choose to pay a small fee can save favorite user profiles, browse openly and have more filtering options. The website matches singles together through member-created quizzes and questions.

Are there any more websites that should be included in this list? Comment below.

CMT's 'Sweet Home Alabama' Star Bubba Thompson Says to "Cowboy Up" in Love



By Bubba Thompson

Before she could say a word, I knew it was all over.

I was walking up to see the woman of my dreams. She was standing in the middle of a tree-lined street. It was a starry night and the moonlight was peering through those trees and I was very much in love with her.

I had a ring in my pocket and was about to commit to her forever.

But I could see in her eyes from a ways away, that I was walking into one of the most embarrassing and painful moments

in my life. She was in love with another man. I was going home alone. And, of course, the whole thing was going to be on national TV.

Related: [7 Ways to Know If It's Really Love](#)

How do you recover from this situation? I get asked about it a lot. For those of you who might not listen to a lot of country music there is a great saying from Garth Brooks that “some of God’s greatest gifts are unanswered prayers”. I had that song playing in my mind for weeks.

My name is Bubba Thompson and I am a cowboy. I have a small ranch where we break in horses and raise cattle in the small town of Geneva, Alabama.

What’s a simple cowboy know about falling in and out of love? I learned a lot from that massive rejection, and from all the letters and emails I received afterwards, so I decided to write about it.

Mainly, I believe the “rules” we all get told do not work. They are rules like how many days to wait before returning a phone call or how long to ignore someone who texted you something nice. These shouldn’t be called rules, they should be called tricks or – even worse – games. And really, how many people have really found happiness by playing these games?

Instead of “rules”, I believe in living life by a code. A code of honesty, respect, dignity and treating other people as you would want to be treated in return.

When I text someone something nice to tell her I am interested, I sure as heck don’t want to wait 7 hours to hear back from her – so why would I do that to someone else in return?

My advice is to keep putting your honest feelings out there no mater what. A cowboy code is when you get bucked off, you get

right back on (for more go to www.cowboycodeusa.com).

There have been times I was bucked off laying in the pasture with the wind knocked out of me. One of my partners will ride by and say “cowboy up!” and in our world that means face the pain, and get yourself right back in that saddle.

There are things you can do to get yourself ready for that person to enter your life. Staying honest with your feelings, and staying faithful that there is a special angel out there and a higher plan to bring him or her to you, are ways to keep your mind positive.

And there are ways to keep the communication between yourself and your partner better and more open. Out here, in a cowboy’s world, a handshake still matters. It means you have given your word. In love, your word and your actions are everything.

Related: [The New Dating Game](#)

Living faithfully, honestly and being willing to share yourself are the keys to a longer, richer, happiness.

“Cowboy up!” and you will find that meaningful love.

I believe that with all my heart.

Bubba Thompson’s new book “The Cowboy Code: How a lady should be treated and how to get your man to treat you The Cowboy Way” is on sale at Amazon.com or at www.cowboycodeusa.com

National Singles Week: How to

Stay Connected



By Gabriela Robles

It's the week that makes us all embrace the strong, sexy women that we are – National Singles Week!

Dating during this day and age can seem almost impossible, but it isn't! The following list, which gives singles advice on how to successfully make romantic connections in a constantly connected world, is built from ChristianMingle and JDate's newest study titled Mobile's Impact on Dating and Relationships, which reveals surprising data about singles' smartphone habits and redefines dating etiquette in the digital age.

You don't need to hide your phone on a date: 81 percent of singles find it acceptable or would not be offended if their date responded to a text, email or phone call while on a date – as long as the response was accompanied by a reasonable

explanation.

You do need to send a little love note within 24 hours of a good date: 78 percent of singles expect to communicate within 24 hours after a good first date.

A text in lieu of a phone call? Totally acceptable: Approximately one-third of both men (31 percent) and women (33 percent) agree it's less intimidating asking someone on a date via text versus making a phone call.

Make sure you're okay with sharing the bed: While they sleep, 25 percent of singles ages 21-26 keep their phones in bed with them and two-thirds of singles keep their phones within at least an arm's reach of bed. A surprising 16 percent of singles have even admitted to checking their mobile phone during sex.

Just because you can communicate 24/7 doesn't mean you should: 20 percent of singles are annoyed by someone who sends more than 10 text messages in a day, with the majority of singles becoming irritated after being sent more than 15 text messages in a day.

Want to meet someone new? Your smartphone is a good place to start: 55 percent of singles feel their mobile devices make it easier to meet and get to know people they may be interested in dating.

What are some ways you take advantage of technology while dating? Tell us in the comments below!

Five Ways To Get His Undivided Attention



By [David Wygant](#)

You see a man you're interested in at the grocery store, and you know you can't just let him walk away. But how are you going to make him notice you without stripping naked and doing a sexy dance in the produce section – which, of course, will get you arrested? Well, the good news is it's easy to get a guy's attention. These simple five ways will give you the confidence to turn his head any time, any where.

Related Link: [Dating Deal Breakers](#)

1. Do a double-take. Most women do the single-take: that one quick glance before they look in another direction, hoping the man will approach them. Men need the double-take. When you look at us only one time, we're never going to walk over to

you because we think you may have been looking at someone or something behind us. The double-take assures us that you're actually interested in us.

2. Allow us to help. I don't care if you create the same salad at Whole Foods every time. The next time you're grabbing lunch, when you see a cute guy, look at him and say, "I am so curious – what's good here?" Watch how fast he goes into fix-it mode. He'll give you advice, and he'll feel needed and wanted. When that happens, it triggers an instant attraction to you because all men want to feel desired. Play the damsel in distress; it works every time.

3. Maintain eye contact and smile. Always smile when he says something because it'll encourage him to keep talking. Men do an insecure dance inside their head. They're always wondering, "Does she like me? Is she interested?" Eye contact and a simple smile tells him that he's doing okay.

4. Ask questions. Most guys will ask you a lot of questions to find out more about you. What normally happens, though, is that women don't ask men questions back. To get his undivided attention, ask him questions. Allow him to talk about himself and show interest in what he says. Guys love talking about themselves; give him the chance, and he'll love you for it.

Related Link: [Don't Settle: Get Him to Commit](#)

5. Don't pay too much attention to his friends. If you're with a group of people and a guy's interested in you, he'll only focus on you. You'll notice that he almost acts like the rest of your friends aren't there. You need to do the same if you're talking to a group of men. Don't spend too long chatting or flirting with his friends. It sets off a man's insecurities, and he'll assume you're interested in someone else instead.

These five steps are all you need to know. Keep it simple, and you'll find your dating life changes instantly. Before you

know it, you'll have his undivided attention permanently!

[David Wygant](#) is a dating coach and author of *Naked and Always Talk to Strangers*. For more relationship advice, you can follow him on Twitter @DavidWygant and www.facebook.com/therealdavidwygant.

AshLee Frazier Says, "I Want to Be Well-Rounded Before I Fall In Love"



Interview by [Lori Bizzoco](#).

Since vying for Sean Lowe's heart on *The Bachelor*, AshLee

Frazier has been focusing on her career rather than her love life. Although the entertainment press says otherwise, the bubbly personality tells us that she hasn't done much dating since her time on reality television. "I want to be well-rounded before I find someone and fall in love," the personal organizer candidly shares.

The currently-single star also chats about what type of man she wants and what she learned from the show. "It's okay to really put yourself out there. I never would've done that before," she says. "Now, I'm looking for that feeling of being head-over-heels in love."

Related Link: [‘Bachelor’ Contestant Ashlee Frazier and Game Inventor Rob Ridgeway Sing for Love at Match.com Event](#)

And, of course, we had to ask Frazier about her take on the new *Bachelor*, Juan Pablo Galavis! Listen up for her thoughts on the Venezuelan soccer star and her advice to next season's contestants.

For more information about Frazier, follow her on www.facebook.com/ashleenfrazier and Twitter @ashleefrazier.

Video by Erik Erikson.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Sharon Osbourne Admits to a Fling with Jay Leno in Her

20s



By April Littleton

According to UsMagazine.com, Sharon Osbourne revealed on *The Talk* that she had a brief fling with Jay Leno when she was 25-years-old. She claimed that she just arrived in Los Angeles and she was “undateable.” However, the romance didn’t last long. A few months later, Leno introduced her to the “real love of his life.”

How do you know if you’re “dateable?”

Cupid’s Advice:

Sometimes, you look at yourself in the mirror and think you’re quite a catch. Other times, you might not be feeling yourself too much. The dating world is a mystery. You can never truly know what someone else is looking for until you put yourself out there, but then you have to face the possibility of

rejection. Are you dating material or do you need a little more practice when it comes to love? Cupid has some tips:

1. High maintenance: Being high maintenance is not a desirable trait and very few people will tolerate dating someone who has unrealistic expectations. Most singles are looking for another individual who has the capability to be spontaneous and can enjoy the little things in life without complaining. If you don't have to get dolled up for every outing or you can handle a date involving pizza every now and then, you're bound to catch some cutie's attention soon.

2. Independence: You need to be able to take care of yourself before you bring anyone else into your life. Independence is a turn-on. The person you're dating should know you're perfectly capable of handling the check after dinner if you needed to. Don't let them feel like you're only with them so you can mooch off of what they've worked hard for.

3. Conversationalist: No one wants to be around someone who can't keep a conversation going. If you want to be successful in the dating world, you need to be intelligent and have excellent communication skills. Think about it. If things get serious with your new honey, you'll have to be able to catch the attention of his family and friends. If you're boring or lack social skills, your relationship won't last long.

How did you know you were "dateable?" Comment below.

Jason Kennedy Says He's

'Trying to Look Cool' Around Lauren Scruggs



By April Littleton

Jason Kennedy and Lauren Scruggs haven't been dating for that long, but they already can't get enough of each other! The couple recently spent some time together at the Villa del Palmar in Mexico, where they went kayaking and paddleboarding. "I am probably the least adventurous person, but I'm trying," he told [People](#). "I'm trying to look really cool around her, letting her know that I'm trying new things in life. I'm down to do whatever."

What are some ways to impress your partner while being yourself?

Cupid's Advice:

Everyone wants to impress the person they're dating. They want their significant other to know they're in a relationship with someone who is comfortable in their own skin. Impressing your partner isn't just about how much money you can spend on them. To truly be impressive, you have to do a little work on yourself. Cupid has some advice:

1. Be confident: If you really want to impress your significant other, all you have to do is show a little confidence. Don't be ashamed of who you are! Grace your date with your best smile and make plenty of eye contact. Everyone has flaws, but it's how you deal with them that matters. If you're comfortable being yourself, your partner will be relaxed around you as well.

2. Dress the part: If you feel confident, you have to look the part too. Get a new wardrobe that shows off your personality. Keep your hair and nails trimmed and clean and grab that new cologne/perfume you've been eyeing at the store. Keeping your hygiene well maintained and your appearance up will prove to do wonders for your relationship.

3. Take an interest in their hobbies: Your honey will be pleased with you if you take an interest in some of the things they like to do. Remember, your partner is a part of your life now, so it's only natural to incorporate some of their daily activities with yours. You might be a homebody, while your significant other is an adrenaline junkie. Doing a few things that will take you out of your comfort zone will show your love you're willing to be open-minded and try new hobbies.

How do you impress your partner while being yourself? Comment below.

How to Support a Partner Whose Ex Passed Away



By April Littleton

Dating someone who has lost a significant other can prove to be challenging. It'll be hard for them to let someone else into their heart after such a tragedy, but if you're willing to be patient and show them there's love after loss, the relationship you might be able to build will prove to be worth it. Cupid has some advice:

1. Be understanding: During the grieving period, don't take anything your significant other may say or do personally. It's natural for him/her to reminisce about his/her late partner. Be patient with your honey and give them the space they need.

Related: [How to Deal with Your Partner's Professional Failure](#)

2. Time: Consider how long it's been since your honey's ex passed away. If it's a fairly recent death, expect more hardships and hurdles to overcome in your relationship versus being with someone who's had time to accept the situation and move on from it.

3. Don't be something you're not: The last thing your significant other needs is someone trying to be exactly like their former lover. Your partner fell in love with you, not a copy of what he/she lost. You need to stay guarded if you notice him/her intentionally looking for similarities between you and their ex. Let him/her know that you're not a replacement and you can't make up for the person they lost. This might be a sign that he/she isn't ready for anything serious yet.

4. Don't bring up the past: Don't bring it upon yourself to talk about your partner's deceased ex. It's not your place to discuss such a sensitive topic unless your honey wants to talk about it. In that case, let him/her start the conversation and listen to what they have to say. Put yourself in their shoes. How would you feel if the person you were currently dating kept bringing up a subject you'd like to move on from? Think about what you're going to say before you say it.

5. Be honest: You need to be upfront and honest about your feelings. If you don't feel like the relationship is progressing in the way it should be, let your partner know. Yes, you want to be there for them, but your needs and desires are important too. It takes time to get over a death of a loved one, so your significant other may not be emotionally ready for someone new in his or her life. You can give it as much time as you'd like to see if things improve, if not, stop the relationship before you end up getting hurt too.

Related: [Absence Shouldn't Make the Heart Grow Fonder](#)

6. See a counselor: Dating someone whose ex has recently died

will be tough and you won't be able to solve all of the complications on your own. When the relationship starts to get serious, talk with your partner about seeing a professional therapist. Your significant other might find it easier to open up to a third party about their unresolved feelings.

How did you support a partner whose ex passed away? Share your experience below.

NoGamesLove Video Dating Tips: The No Games Guide to True Love



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on True Love

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House shares ten tips for finding The One *without* playing games. Even if you aren't ready for a committed relationship, this advice can help you stop wasting your time with men who don't see your worth. First and foremost, the dating expert says to throw away your checklist. Think about where this list came from and how it may be boxing you in. You're creating paper perfect, which has nothing to do with chemistry or the things that actually matter. You'll know if a guy meets your must-haves without having to consider a silly list! Watch this week's video for nine more tips.

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How did you stop playing games in your relationship? Share your story in the comments below!

Play Your Way to Love With Match.com, Spontuneous and

AshLee Frazier of 'The Bachelor'



By Kerri Sheehan

Match.com understands that love *really* is a game! That's why they're teaming up with Rob Ridgeway, the creator of a new board game called "Spontuneous," to bring together singles for a night of competitive fun. On Thursday, September 5th, from 7 to 10 p.m. ET, "Spontuneous" will be the game of the night at Stir Game Night. AshLee Frazier of *The Bachelor* will also be in attendance to challenge Match.com members in rounds of the game that brings song lyrics to life.

The game promises to get everyone in the mood to belt out his or her favorite tunes by challenging players to stump each other with lyrics. Hearing what's on people's "inner playlist" can be a real eye-opener, and it's sure to give you a few

laughs. “Spontaneous” is less about strategy and competition and more about just having fun together.

“Match.com believes that connecting with new people should be fun. Over the last year, we’ve seen it happen time and time again at our Stir events – whether it’s during a game of kickball, trivia, Ping-Pong or at our first wildly successful game night,” says Luke Zaiantz, VP of Events at Match.com. “We’re excited to help our members connect over some of the best board games around – from well-known titles to the industry’s newest hidden gems.”

Let Match.com do the work for you so you can make easy connections by taking some time out to unplug and engage with other singles through game play. If you’re looking for love and in the New York area, come on down to Match.com’s “Spontaneous” Stir Game Night and try your hand at Ridgeway’s game. You may not win the game, but you just may be able to win someone’s heart. Best of luck!

Relationship Author Kaileen Rosenberg Gives Dating Advice for Finding ‘Real Love, Right Now’





By Gabriela Robles

[Kailen Rosenberg](#), Oprah’s “Love Ambassador” and co-host of the revolutionary television show *Lovetown USA*, knows what it takes to find a lasting relationship and love. The relationship author has a method that inspires people to put aside their bad habits and find their true self – and she has proof that the dating advice works in many happy famous couples that she’s helped. Her new book, *Real Love, Right Now*, is a set of guidelines that focus on discovering what really matters in a romantic relationship. The dating expert touches upon physical, mental and emotional self-appraisal before explaining her 30-day plan to help singles succeed in their search for The One. *Real Love, Right Now* even comes with its own set of fun “homework” assignments to deepen its impact.

Dating Expert Opens Up About New Book About Love

What inspired you to write this book about love and share your advice for finding your soul mate?

This was something that I've wanted to do for many, many years. Whether I was doing something on television or doing something with my clients, I continued to hear, "Oh my goodness, when are you going to put this down in writing? When are you going to get a book out so I can take what I'm learning and follow it in my path everyday?" And I was just so grateful that what I was doing was touching people and helping them move and shift their love lives in a positive way. It was definitely time, and I was really blessed with the opportunity with Howard Books to put this book together. I'm just hoping and praying that it really helps my readers.

Related Link: [Oprah's "Ambassador of Love" Kailen Rosenberg Tell Us How to Experience the Love We Deserve](#)

You start by discussing the importance of physical, mental, and emotional self-appraisal. Why do you feel that it's important to consider these three aspects of yourself before beginning to look for love?

I think so many people believe that, because they're single, they're ready for love. Most people actually aren't, which is why we end up hitting a lot of walls and get stuck in marriages that end in divorce. It's really crucial for us to ask ourselves why we want love in our lives. If we believe that we know what we want from someone else, then we must know what we have to offer to a relationship for it to be happy, sexy, and amazing. All of those things that we want from someone are things that the other person deserves as well. Many times we don't think about that, and it comes off as very one-sided. We need to really be in the best place that we can be in terms of our physical, emotional and spiritual states. Otherwise, roadblocks happen, and we unknowingly sabotage our relationship.

You have "homework" assignments at the end of each chapter. How important is that work to your method?

Those assignments are really important because they get people in touch with themselves. They realize that maybe they were connected to the wrong truth, that maybe there's a different self that they were meant to be. It's one thing to just sit and read a book and kind of take it in. But if you take that time to do the homework and dive into who you were in the past, who you are today and who you want to be in the future, you start to become your own true friend in a way unlike ever before. You honor yourself, and those lessons learned really stick with you. I'm hearing from readers that, after they finish the homework, set the book down and enter the real world, something will remind them of the work they just did and the chapter they just read. It'll make them realize, "Oh wow, I'm already moving and growing."

Related Link: [Is He In It for the Long Haul?](#)

Relationship Author Gives Readers Her Best Dating Advice

So what's the trick? What are people who have found love using your method doing differently from people who aren't?

They are learning, for the first time in their lives, how to stop ignoring their inner voice, how to stop ignoring red flags and how to truly understand what they want. That's one of the greatest ways that we can really love ourselves and honor our true value. We often end up abandoning ourselves more than we realize, and when we do, we end up with the wrong partner and in the wrong relationship. We need to really, really pay attention to that inner voice, that wisdom that's there to guide us. It's not there to hurt us, and it's not there to steer us wrong. I'm not kidding you – if everyone could learn to listen to it and to trust it, we would all be in such an amazing place.

And finally, as a relationship author and dating expert, what

is your number one tip for people trying to make themselves ready for love?

You need to sit down and have a reality check with yourself. Who were you in past relationships? Who have you been? Are you proud of your behavior? Do you think you've been honest with yourself and those you've attracted? My number one tip is just to get raw and real with yourself and discover who you are and what you want. You have to be in that place where you're listening to your inner voice and where you know you will never settle due to desperation or fear. That's never a reason to stay in a bad relationship or start a new one.

You can purchase a copy of Real Love, Right Now on Amazon. To learn more about Kailen, you can view her biography on The Love Architects or check her out on www.facebook.com/kailenrosenberglovearchitect/ and Twitter @kailenrosenberg.

'Tough Love: Co-Ed' Star Kyle Keller Says, "Listen to Your Heart and Be Truthful to Yourself"





By Kristin Mattern

Kyle Keller and her lovely personality are no stranger to the media circuit: progressing from a sports broadcaster to host of MAXIM radio to executive producer for MediaKillers.com, Keller's charm has brought her from into the spotlight. Her outgoing persona, stylish wardrobe, and sex appeal have even landed her two shows of her own, *Style with Kyle* and *Kyle's Ultimate Challenge*. "Everything I have done in my career is connected," she explains. "It's all personality-based, whether I'm in front of or behind the camera. I think the most challenging part is getting people to take me seriously, but it's been a fun ride."

Expanding her resume, the blonde bombshell is now a member of VH1's popular show, *Tough Love: Co-Ed*. "I felt like the only way I was going to find love was by going on television," she candidly admits. "I knew it would force me to be true to myself. I couldn't lie if I was on TV." Coached by dating and relationship expert Steve Ward, Keller recalls how the tough love guru used honesty to break down the celebrities and show them that even though they're amazing people, they, like everyone else, have flaws. "I was true to myself and found my own way, and I'm hoping that viewers will take something away

from my journey.”

Related Link: [Celebrities Who Dated Out of Their League](#)

In a twist, this season of *Tough Love* features not only the famous Steve Ward but also his sister Monica, who provides a feminine view on dating. “Steve is really tough and no nonsense when it comes to giving advice. He’s honest to the point where it can break you,” the contestant remarks. “Monica is great. She’s really tough too. You just have to watch the show to really see them in action!”

Of the other seven cast members, Keller notes, “Everyone has different personalities, and we sometimes clash because of it. We all went on the show for different reasons. I think viewers will see that and will really love it.” It isn’t easy living in such a full house, but they all learned to improve not only their relationships with love interests but with family and friends as well. When asked about the number one lesson she learned, Keller refers to Steve’s book *The Crash Course in Love* and says, “Don’t be weird.”

The broadcaster begins the show with the title “Miss Disconnected” due to her penchant for long-distance relationships and magical ability to talk her way into the friend zone. “Steve and Monica really honed in on my hang-ups and helped me figure out who I am as a person and who I want to be in a relationship. The question is: Did I listen to their advice? Did the other housemates?”

When it comes to her personal life, the vivacious blonde is seeking the same spark she sees between her parents, who have been married for 41 years. “They have the best relationship. They’re best friends, and they really love each other.” Getting more specific, she adds, “I’m looking for someone who is kind and who loves his family. I want kids, so a deal breaker is somebody who doesn’t.” The star’s ideal type is a guy with kind eyes and a great smile, someone who is tall,

dark, and handsome.

Related Link: [Dating Deal Breakers](#)

Keller has learned a lot from her past dating experiences and, of course, from *Tough Love: Co-Ed*. For others looking for love, she says to “listen to your heart and be truthful to yourself. And remember that exes are exes for a reason, but they’re not a mistake because you learn from them. They’re a good thing to have.”

The host also advises against plastering your relationship status all over social media: “Unless you’re engaged or married, don’t do it. Social media ruins relationships. Your love life should be personal.”

See more of Kyle Keller and what she learns about love on VH1’s Tough Love: Co-Ed, which premieres tonight at 10 p.m. ET! You can also connect with her on her personal site www.mskylekeller.com/, Twitter [@MsKyleKeller](https://twitter.com/MsKyleKeller), [instagram.com/mskylekeller/](https://www.instagram.com/mskylekeller/), and [facebook.com/MsKyleKeller](https://www.facebook.com/MsKyleKeller)

10 End-of-Summer Date Ideas





By [Melanie Mar](#)

Have you been enjoying a summer of love? This season is often associated with long balmy nights and bright sunny days spent with our significant other, but within a few short weeks, autumn will be upon us. The nights will get cooler and the days, shorter. So, with this thought in mind, make the most of the warm weather with the following end-of-summer date ideas.

1. Picnic with a twist: A picnic is a cute couple thing to do. You get to spend time together doing simple things: going to the grocery store to shop for your favorite foods and then loading up the car with a packed basket and big blanket. For a spin on this classic date, why not do it at sunrise? The moment when the sun starts to peek over the horizon is very special, and as the sunlight starts to glow across the sky, it will make for a truly memorable start to your day together.

2. Go for a bike ride: Put some effort into the planning, and with a little creativity, this can be a lovely day out. First, if you don't both own bikes, figure out the most convenient spot to rent them. Sit down and decide your destination; go somewhere that neither of you have been to before and explore a new place together. Find a great place to stop for a

leisurely lunch and then resume your adventure.

Related Link: [A Summer of Love](#)

3. Wine tasting tour: Even if you're not really a fan of wine, there is something rather romantic about being in the wine country surrounded by vineyards in the middle of nowhere. Plus, sampling a winery's finest is not expensive; some tastings are as low as 10 dollars or even free with a purchase. Once you learn the process of how wine is made and the history behind your favorite vineyards, you might want to bring a bottle home with you.

4. Rent a jet ski: If you're located near water, a jet ski can be a great way to bond with your man. As you hold on tightly to each other, there's an element of trust, and combined with the adrenaline rush from the speed, you're sure to get your heart racing! Let's not forget that you're wearing your swimsuits, and skin-to-skin touch immediately amps up the excitement factor.

5. Fairground fun: Remember when you were young and the thrill of the fairground never ceased to amaze you? Well, it still can! Laughter is a fabulous aphrodisiac. Riding the ferris wheel while holding hands; chasing each other in the bumper cars; or enjoying feeding each other cotton candy can evoke fond childhood memories and also create new ones with your partner.

6. Sunset cruise: Nothing conjures up romance more than watching a sunset wrapped in each other arms. If you live near the ocean, take advantage of the sunset cruises available. As you sail away together, you can enjoy cocktails, dinner and music – a truly wonderful way to reconnect on a summer night.

7. Drive-in movie: These theaters aren't as common as days gone by, making them even more special. There is something quite iconic about a drive-in date. Think about your grandparents and imagine this is what they might have done

during their courtship. Find a spot near you that's playing a romantic flick, recline in your car seats, and enjoy the unique experience.

8. Outdoor music festival: Music has and will always be a great way to achieve a feel-good factor. Singing and dancing together brings closeness to a couple. Check your local parks to see who is playing; there's a wide spectrum of mostly unknown but terrifically talented performers. Just grab a blanket, some munchies, and some sunscreen, and get ready to have some fun.

Related Link: [The New Dating Game](#)

9. Camping: Get ready to spend the night together outdoors. Make sure you have a double sleeping bag to cuddle in, and light a campfire to roast marshmallows and make s'mores. Alternatively, if you're not so in tune with Mother Nature, you can turn it up a notch and try "glamping" (glamorous camping). No tents to pitch or fires to build here! Enjoy the great outdoors without giving up modern luxury.

10. Dinner under the stars: Create a romantic ambiance in your garden or on your roof top (permitting). Play soft music, light many candles, and bring throw pillows and a blanket – really set the scene and reignite the flames of love in the privacy of your own space. After dinner, lie back to look at the stars with your dearest and savor the sweetest kisses.

Melanie Mar is a celebrity relationship specialist, matchmaker, and life coach. For more information on Melanie, you can follow her on Twitter @Melanie_Mar www.facebook.com/melaniemarinternational

Do the Chicken Dance: Tips for Surviving Wedding Season Single



By Rachel Seliger,

JDate Community Manager

The summer months are known for a few things: warm nights, pool parties, BBQs and of course, weddings. For singles, wedding season is exciting, but it can be overwhelming when you feel like you are always the bridesmaid and never the bride.

JDate, the leading online Jewish singles community, recently surveyed members and discovered that 31 percent of singles daydream about their future wedding before they are engaged. Daydreaming is harmless, but in the meantime, with wedding

season in full swing, you might have to put those dreams on hold and support a few others.

To help arm the single wedding goer this season, I've compiled a list of tips that will guarantee you have an amazing time and celebrate the new couple in style.

Related: [Reap the Benefits of Cutting Costs on Your Big Day](#)

Define +1: If your invitation includes a +1, it doesn't necessarily mean your guest has to be a romantic partner. Of course check with the bride and groom first, but it might be a good idea to bring a close friend or family member as your partner in crime.

Reserve your seat: If you are flying solo, don't be afraid to make sure the bride or groom knows you want to sit with the other singles! Not only is it a great way to make friends you won't be sweating through the whole ceremony about sitting with a group of couples who might ask the infamous question, "when are you getting married?"

Reconnect with old friends: However you are related to the bride or groom, there are probably other guests that you know at the wedding. Maybe it's old friends from your childhood who you lost touch with or a relative of the bride and groom. Don't be afraid to say hi and spark a conversation. Everyone loves to reminisce!

Related: [5 Conversations Every Couple Should Have Before Getting Married](#)

Do the chicken dance: You are never too old to flap your wings! Popular wedding dances like the chicken dance are perfect for singles because they don't require a partner and are an opportunity to find your next dance partner. Now get out there and shake your feathers.

Rachel Seliger is a dating guru and Community Manager of

JDate.com, the premier online community for Jewish singles. When she's not shopping for her next pair of great heels, she is busy blogging on JDate's exclusive tumblr blog tumblr.jdating.tumblr.com/ featuring great first date outfit ideas, tips to make your JDate profile shine and more.

NoGamesLove Video Dating Tips: Summer Love that Lasts



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on Summer Love

Summer love doesn't have to end when autumn blows in. In fact, it can turn into a lifelong romance if you let it! In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House shares her tips for making your warm-weather romance continue into fall. Most importantly, the dating expert says to remember to get raw: be true to yourself and stay open-minded. You never know what might happen!

For more information about our dating mentor, visit our [Experts page](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

Have you ever had a summer fling that turned into a long-term love? Share your story in the comments below!