

# Single in Stilettos Show: Best Dating Tips for Single Moms



In this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to author and lifestyle expert Kerri Zane about dating as a single mom. Zane knows from personal experience just how hard it can be for single moms to enter the dating world. In 2001, her 12-year marriage fell apart, leaving her feeling scared and unsure about the future. During her post-divorce journey, she learned how to forgive herself, how to listen to her intuition, and how to embrace her power to make her own choices.

**Related Link:** [Would You Date a Single Parent?](#)

Now, Zane wants you to live happily ever after too. In this video interview, she answers questions like: When is the right time to start dating again? How do you balance dating and parenthood? How do you tell a new guy that you have kids? And how do you handle men who don't want to date single moms?

For more information about Single in Stilettos shows, click [here](#).

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**Cupid wants to know: What's your best dating tip for single moms?**

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## **Dating with Dogs: What to Discuss Before Getting a Pet**





By Eric Bittman, CEO/President of [Warren London](#)

So you've been dating your significant other for a while. It feels like true love, and you decide to take the next step: buying or adopting a cute puppy together. Before you pick up your fluffy Fido, there are a few conversations that you need to have.

**Related Link:** [Picking Out a Pet Together](#)

While two people may seem like a perfect couple, their ideas on dog training may be totally opposite. One person might think crate-training is the way to go, while their other half might cringe at the idea of keeping their pup in a cage during the workday. Your mate might think a dog should eat Purina puppy chow and nothing else, while you might want Spot to eat only home-cooked, human-quality meals. The list goes on and on.

Before you bring home your new dog, it's crucial to sit down and talk about these sort of things with your partner. This will save you the stress of screaming at each other while little Rufus is happily chewing your shoes. Think about the

dog's feeding plan, walking schedule, sleeping arrangements, and exercise routine, and think about your own disciplinary techniques. If the conversation becomes hostile with no compromise in sight, it might be better to wait a bit – for the sake of your relationship and that sweet dog.

Note that there's not always a "right" way to train your pet, but taking your dog to a local professional may help shape your decisions. Once the issues are settled, enjoy every minute with your new friend. Raising a puppy will definitely bring you and your partner closer.

**Related Link:** [When Your Pet is a Deal Breaker](#)

This month, I asked actor Michael Rosenbaum, who recently wrote, directed, and starred in the movie *Back In the Day*, a few questions about dating with dogs:

Q: What is your favorite dog breed?

**A: German Shepherd. My grandmother always had Shepherds running around the house while I was growing up.**

Q: How many dogs have you owned?

**A: My family had a St. Bernard, some poodles and a Golden Retriever growing up, but the first dog that I've ever owned is Irv, a German Shepherd.**

Q: If you dated someone who demanded a little dog, such as a chihuahua or a yorkie, would you give in or push for a bigger dog?

**A: I like more of a manly dog. Someone I can wrestle with and not have worry about stepping on by accident.**

Q: You meet someone that insists that her dog sleeps in the bed with you guys. Is that the end of the relationship?

**A: Irv sleeps with me every night. Maybe this question should**

**be for the person I'm dating!**

Q: What is your favorite brand of dog shampoo? (Hint: I will only accept one answer to this question!)

**A: I like Warren London. It's all-natural, and that has to be good, right?**

*For more information about Eric Bittman, click [here](#). Stay tuned for next month's Dating with Dogs column!*

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## **Celebrity Video Interview: Molly Sims Talks About Her "Rocking Red" Hair: "I Feel Really Good!"**





Interview by [Lori Bizzoco](#).

Molly Sims is known for her long blonde hair, but as of Tuesday evening, she traded in her golden locks for a red hue – and CupidsPulse.com Executive Editor Lori Bizzoco got the scoop straight from the star! “You know what, I feel really good,” the actress says of her new look in our [celebrity video interview](#). “I went from bombshell blonde to rocking red. I wanted a change – something different and fun and energetic and vibrant and bold.”

## Celebrity Video Interview with Molly Sims

When it comes to keeping her red color, the former *Sports Illustrated* supermodel depends on [Nexus](#) Color Assure products. “If something’s going to save me time and make me look good, I’m all for it!” she enthuses.



Molly Sims. Photo: Francis Tulk-Hart

Sims certainly knows a thing or two about making a transformation – whether it's with her hair color or her career. "My parents really taught me that I could be whoever I wanted to be," she shares in our celebrity video interview. It's important to have a positive attitude about change too: "Everyone gets stuck in a rut. You kind of just have to dig your way out."

**Related Link:** [Molly Sims Celebrates Pregnancy at Baby Shower](#)

Of course, we had to ask the style icon about her best fashion and dating advice. She encourages women to keep it simple: "You feeling good in whatever you wear is the number one most important thing." She recommends a leather jacket, tank, and great jeans with a pair of boots for your next date night.

*To learn more about Color Assure, check out Nexxus on [www.facebook.com/nexxus](http://www.facebook.com/nexxus).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

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# NoGamesLove Video Dating Tips: Hair Color and Online Dating



By [E!'s Famously Single Dating Coach, Laurel House](#)

## Dating Advice from E!'s *Famously Single* Laurel House on Hair Color

What hair color do you think gets the most attention when it comes to online dating? In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House shares findings from AYI.com to answer

this question and more. “It’s actually blondes for women and silver for men,” the dating expert reveals. Watch the video above to find out how your hair color affects how guys respond (or don’t respond) to your online dating profile!

*For more information about our dating mentor, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**How does hair color influence your opinion of potential online dating matches? Tell us in the comments below!**

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## How to Date when You’re a Single Parent





By April Littleton

Being a single parent has its challenges – especially when it comes to dating. When you're raising children on your own or co-parenting, getting back into the dating pool is hard. You're not sure how your kids will adapt to someone new hanging around. Plus, is it even worth it to try to give your heart to someone else? Cupid has some tips:

## 1. Take your time

You don't have to rush into a relationship with anyone. You have your kids to think about and they don't need to be introduced to a new person every single week. When you're ready to start dating again, take it slow. Don't worry about what other people think. You start to date when you feel like it's the right time, not when anyone else says you should start testing the waters again.

## 2. Explain to your kids

When you do start to see someone new, you need to prepare your children for the situation. Whether they are too young to

understand what you're telling them or not, you still need to let them know you're going to spending some time with her person who isn't their mother/father. Reassure them that the new love in your life isn't there to take the place of their other parent, but you're simply hanging out with someone else on a romantic level. Your children will have plenty of questions. Try your best to answer each one of them honestly without getting into any specific details about your love life.

**Related:** [The Do's and Dont's of Speed Dating](#)

### **3. Introduction**

You obviously don't need someone who you've only been dating for a short time to meet your children. However, if things get serious between you and your new potential love interest, you need to start thinking about introducing your honey to the other important people in your life. Make sure your new boyfriend/girlfriend already knows about your kids (that should have been one of the first things you told them when you first started dating) before you set up a date for the whole gang to meet. When the day does come for the outing, make sure you keep the activities fun, short and to the point.

**Related:** [How to Handle a Clingy Partner in a Relationship](#)

### **4. Be courteous**

Be careful how much PDA you should – especially in front of your children. Everyone will need to adjust to you dating someone new, so make sure to avoid any situations that could be uncomfortable and/or hurtful to your kids. Also, your new partner might not be too fond of the idea of the two of you sharing serious affection for each other in public anyway.

### **5. Keep your past where it belongs**

Your ex shouldn't be involved in any part of your love life.

Don't bring him/her up unless the reason has something to do with the children you have together. If you want to develop a serious relationship with the new man/woman in your life, they don't need a constant reminder of the feelings you and your former flame once had for each other. You need to start living your life for you and your kids. Who you date has nothing to do with your ex and vice versa.

**Do you have any additional advice for a single parent who's dating again? Comment below.**

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## **Cold Feet Before The Wedding? Reasons to Use Your Head**





By Marie Chan

Marriage is more than just a dreamy, fairy tale event in every woman's life. Understandably that it is exciting when planning for one especially if you are the bride-to-be. But, this is also the stage where a couple's relationship is tested. Arguments often come along during the planning stage. After you have prepared and paid for everything, you feel restless, hyped-up and experience "wedding jitters" the night before your big day. What should you do?

Here are some things to consider if you feel anxious before your wedding.

### **1. Think deeply about your doubts.**

According to a research done by the Psychology graduate students of UCLA, 19 percent of women who reported that they are having doubts before the wedding end up in divorce after four years of married life. It would be best to simply call off the wedding if you are less than one hundred percent sure. It is not wrong at all to back out now than regretting a major decision in your life. So, consider all the factors why you

have doubts before your wedding.

## **2. Talk things out with your partner.**

Nothing beats the old fashioned way of talking things out. Couples who last long in marriage often say that communication is the key to a successful relationship. So, if you are feeling the pre-wedding jitters, be open with your partner about it. It would make you feel better having someone to share the mixed emotions before your wedding. Take this opportunity to remind each other of the good things that await you as a couple.

**Related:** [Beware of Sweetheart Scammers This Valentine's Day](#)

## **3. Seek advice from elders.**

If you cannot contain the doubts before your wedding, you can seek advice from your parents or close relatives who have been married for many years. The wisdom they have gained through the years can cast a light to the doubts and questions bothering you. It would also help if you choose to confide in someone who you know is not biased.

## **4. Don't pressure yourself too much.**

It is a good thing that everybody else shares your excitement about getting married. However, it can also add pressure on your part as the bride. Of course, you want your wedding to be perfect. But because of this, you tend to over think things. You worry about even the smallest and insignificant things. Remember, your wedding is a celebration of your union as man and wife. You should enjoy this day.

Although some brides (and even grooms) feel the cold feet before their wedding, the challenge is how you manage these feelings while keeping yourself composed before, during and after the wedding. Surround yourself with trusted people who knows you well and whom you can really share your feelings

honestly. Doubts before the wedding can be easily erased if you think about your real goal as a couple.

**Related:** [Why Looking for Love Is Like a Job Search](#)

It helps to know that you are not alone, but you have someone to share all your thoughts, doubts and fears. Cold feet before the wedding can be minimized by having a pre-wedding counseling and coordination. Remember when you get married, your life takes on another path wherein it is different than the life you are used to with your parents or yourself. You have to be ready – mentally and emotionally.

However even with all these – you are still experiencing this heavy and negative feeling that you cannot go through with this wedding, then by all means, use your head and call it off. What you feel is not just a simple case of wedding jitters or cold feet. You have to follow your instinct. Clear all doubts before pushing through with it. This way, you will avoid making costly mistakes in life.

*Bestbride101.com is your complete wedding planning guide. If you are looking for the best wedding gowns, invitations, planning tools, wedding inspirations, and everything about making your wedding perfect, then you have to visit us today.*

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## Date Idea: Be a “Cheap” Date





By Kristin Mattern

You and your sweetie are sick of the same old Valentine's Day traditions, or maybe you're both convinced it's just a day made up by the card companies. Perhaps your pockets are just little lighter this year and you're looking for ways to save money. Whatever your reason, this Valentine's Day is a great time to have a cheap date to celebrate your love together.

**Related Link:** [List Your Live](#)

Get crafty this weekend and make your own cards. Cut out hearts from red and pink construction paper and use paper lace doilies and glitter to decorate. Write cute and corny lines to put a smile on each other's faces. For a longer-lasting idea, cut photographs into heart shapes and make a collage you can enjoy for years to come. If you're not the most artistic person, print images and cut them out to create an easy but still sentimental card for your honey.

To exchange gifts and not burn a hole in your pocket, agree to set a price cap with your significant other. This way, you can both give each other a little something special, but you

aren't going overboard. Or stick with the homemade route and get creative. If you've been dying for your man to surprise you with breakfast in bed or cook a candlelit dinner, let that be his gift to you! If you're a guy, maybe you dream of your girlfriend making a batch of your favorite cookies, or you really want her to crochet you a scarf in your favorite football team's colors. Just ask her. Think outside the chocolate box and do something unique.

**Related Link:** [Movie Night](#)

Another idea is to make dinner with what you have in the fridge, or order Italian if the two of you are feeling like you want to be pampered a little. Watch romantic and fun movies like *50 First Dates* or the ever-classic *Casablanca*. Whatever you decide to pop in the DVD player, you and your sweetheart are sure to have a lovely ending to your non-traditional V-day all on the cheap!

**Have you ever gone beyond giving roses on Valentine's Day? Tell us in the comments below!**

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## Single in Stilettos Show: Stop Wasting Time Dating the Wrong Men





In this week's [Single in Stilettos](#) show, Suzanne Oshima and relationship strategist Joa Amoia discuss the signs that tell you if you're dating the wrong type of guy. Three red flags to look out for include: you notice his actions don't back up his words; you always make excuses for his behavior; and you experience negative emotions on a regular basis. Plus, find out why you're wasting time with an "emotionally paralyzing guy" and why you need to move on from the wrong man. Take Joe's straight-forward advice to heart and improve your dating life!

**Related Link:** [Dating Red Flags](#)

For more information about Single in Stilettos shows, click [here](#).

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**How do you know when you're dating the wrong guy? Tell us in the comments below!**

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# How To Plan A Guy Friendly Valentine's Day



By [David Wygant](#)

First of all, ladies, there's no such thing as a guy friendly Valentine's Day. We know this day is all about you. As far as guys are concerned, our Valentine's Day already happened: It was when the Seahawks destroyed the Broncos at the Super Bowl. Men love football, and we love hanging out with men.

Now, it's the end of the football season, and it's painful for us. It makes our eyes tear, and it's hard to let go. We just had six months of our addiction, and now, we're not getting

any football again until September. We've had to say goodbye to our faithful love of football.

**Related Link:** [Making Valentine's Day Fun Again!](#)

The official Valentine's Day is for you: the flowers, the cute little teddy bear, the box of candy, and the romantic dinner. It's taking you to that delicious dinner we pay double the price that we'd have paid the day before.

So how can you show your man that you're different from all the other women out there? By ensuring that your man has a Valentine's Day date that he'll enjoy using the five tips below.

**1. Buy him tickets.** Take him to a sporting event or to a concert. Instead of doing the whole cliché of going out for dinner, do something more fun and something you can do together. Go against the grain. You want to show him he's special to you. He'll think you're the coolest woman in the entire world.

**2. Try a fun class.** Head to a local winery and learn about the grapes that grow near you. Or sign up for an Italian cooking class and add some new pasta recipes to your weekly menu. You could go to Color Be Mind and do some pottery together.

**3. Create new traditions.** Instead of doing the usual clichéd activities, come up with something fun that you can do every year and start your own holiday traditions. If you enjoy traveling, head to a new locale every February 14th. Or if you like extreme sports, try sky diving or backcountry skiing.

**Related Link:** [Creating Love That Lasts](#)

**4. Be nice to us.** Know that Valentine's Day makes a lot of guys uptight; it puts us under a bundle of pressure. We have to make sure the flowers turn up to the right place; we have to make sure we manage to book a table at the restaurant you

want before it fills up; and we have to be original with our gifts.

**5. Think outside the box.** When it comes down to it, the key to a successful relationship is keeping things fresh and exciting. To keep the fire burning, you need to find new ways of loving each other and having fun together. It's something we should be doing every day, not just on Valentine's Day.

*For more information on David Wygant, click [here](#).*

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## **‘Never Have I Ever’ Author Katie Heaney Says Love Should Be “a Supplement to a Full Life”**





Interview by [Whitney Johnson](#). Transcription by Maria Darbenzio.

Katie Heaney turned her status as “being permanently single” into a funny memoir that sheds light on searching for your soul mate in the 21<sup>st</sup> century. In her new book *NEVER HAVE I EVER: My Life (So Far) Without a Date*, the 27-year-old shares her dating (or non-dating) experiences as she attempts to find romance on her own terms. We recently caught up with the author to glean a few more words of wisdom on looking for love and spending Valentine’s Day alone.

### **What do you hope readers gain from your book?**

I hope that young women reading it are able to first find it entertaining and relatable but also find comfort in it if they haven’t dated a lot or even at all. It’s important for them to know they’re not the only one. And I also want readers to know dating doesn’t have to be their number one priority. Focusing on friendships with each other is equally valuable and a good use of time, especially when you’re in high school and college.

**Related Link:** [Celebrities Who Are Unlucky in Love](#)

**Why do you think there's so much focus on women to find The One instead of to embrace being single?**

Even though we've made so much progress – it's because we're being educated at higher rates than guys these days and things like that – it's still supposed to be our primary goal to be looking for a husband so that we can start a family. I think that pressure starts incredibly early, and it doesn't really let up.

I think that what I realized in writing this book is the differences between the way the pressure is directed at me or my friends versus the way that guys experience it. Guys just don't have the same pressure to be constantly focused on love. If they want to focus on their career, nobody judges them. But, if a woman says the same thing, people say "Well, aren't you worried about getting too old? What about your biological clock? Don't you think you should at least be putting yourself out there in case you meet him?" We talk about it like it's this job. We should see it as a supplement to a full life that we create for ourselves.

**Do you think this pressure causes women to settle for less than they deserve?**

I do. I hear a lot of girls talking about dates they have, and they're not looking forward to them. Or a guy that they've been seeing is clearly not the type of guy they want. There's some weird impotence to kind of keep giving him chances and chances and chances. That's because there's this pressure to find him.

I think that there needs to be more trust in ourselves to know who we're really interested in and who we're not. We need to trust that it's better to be single than to be with someone you aren't interested in. The guy that you *are* interested in will come along.

## **What's the best dating advice you've ever received from a friend?**

The best advice that I've ever been given is just to be comfortable thinking of myself as someone who other people want to date. It's not because I felt bad about myself; I just didn't really see that as a possibility because it wasn't happening. So thinking of yourself as attractive, appealing people who other people want to spend time with kind of affects you in all these tiny ways that impacts the way other people perceive you.

## **And conversely, what's the best advice you've ever given someone?**

I tend to be the friend who tells everyone to break up with their boyfriends because I'm always like, "It's so clear you don't like him."

I think it's important to listen to what the other person is saying and to not be bossy in how you talk to them, helping them to listen to what they're saying and to recognize that if they're not sounding happy or they're complaining more than not, then something is probably wrong. And you need to remind them that it'll always be okay to be single and make them feel that that's true by being there for them.

**Related Link:** [Finding Your True Destiny After Losing Love](#)

## **With Valentine's Day coming up soon, what's your advice for single ladies who let the romantic festivities bring them down?**

I hate Valentine's Day, but I think the thing to remember is that couples usually hate it too. I sort of think it's a holiday like New Year's Eve where everyone pretends to be so excited and everyone feels the need to make huge plans, but then everyone is disappointed.

So I would remind yourself that just because someone's a couple doesn't mean they're having a great Valentine's either. That's not to say that you should take delight in other people's misery, but just remember that a lot of people hate it. The best thing you can do is make plans for yourself doing something that you know that you love, even if it's watching *Law & Order* for four hours and ordering in food. Treat it as any other day and know that it doesn't mean anything and that when you're a couple, you're probably going to feel the same way about it.

*Heaney has an event at The Strand in New York tonight! For more information, check out her [www.facebook.com/KTheaney](http://www.facebook.com/KTheaney).*

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## Beware of Sweetheart Scammers This Valentine's Day





By Becky Frost

Rumor has it that many celebrities have dabbled in online dating. And they're not alone. A recent study has determined that one in ten Americans has used online dating or a mobile dating app in their quest for love. It has steadily gained popularity as many find it an ideal way to meet people and discover a good match for themselves versus more traditional means of dating.

Most online daters have the best intentions to simply find their soul mate but beware there are unscrupulous suitors who are out to do more than steal your heart. If online dating is on your agenda this Valentine's Day season it's important to be aware of these individuals, labeled by the FBI and others as "sweetheart scammers."

Their goal is to swindle money or bank account information from unsuspecting online daters by creating a fake profile designed to match a certain type of person: employed, affluent and trusting. As time goes on the sweetheart scammer will scheme to seem perfect in every way, even down to the same

likes and dislikes as the target. Once trust has been established, the scam usually escalates to the thief's unveiling of a problem involving money. Typical scenarios include the request for funds to be able to travel to meet the target or to help the thief's sick relative. Love can often blind the victim to only think and act with their heart rather than their head in what otherwise may appear as an obvious scam.

**Related:** [7 Ways to Know If It's Really Love](#)

So what can you do to avoid sweetheart scammers? ProtectMyID, a leading provider of identity theft detection, protection and resolution offers up these valuable tips to help protect your online identity and steer clear of fraudulent schemes in the online dating world:

**Don't give away too much:** Don't disclose personally identifiable information with a prospective dating match until there is an established level of familiarity and trust. This also includes your hometown, home addresses, work specifics, phone numbers, educational background and information about children via profiles and through photo identification.

**Related:** [Technology, Social Media and Dating – The Good, the Bad and the Oops!](#)

**Play detective:** Don't assume that a prospective dating match always will be truthful. Ask a person to tell you about him or herself; you then can conduct a little background work on websites and see if conflicting information exists. Also, be wary of any requests for financial loans or assistance of any kind.

**Create the perfect password:** For online dating profiles, do not use passwords that incorporate publicly known information.

**Related:** [Twitter Dating 101: Actions Speak Louder Than Tweets!](#)

While sweetheart scammers definitely operate all year long, they are particularly noticeable this time of year when everyone wants to celebrate romance. These scams are a double whammy for the victim because they are affected both fiscally and emotionally. Online dating can open up your world to true love but approaching it with your eyes wide open is critical to avoid not only heartache. but also becoming a victim of fraud.

*Becky Frost is senior manager of consumer education for Experian's ProtectMyID. Check him out at [www.protectmyid.com/](http://www.protectmyid.com/).*

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## Looking for Love Is Like a Job Search





By Lisa Becker

We all know that finding love can be a lot of work. No disrespect to the Peace Corp, but it truly may be the toughest job you'll ever have. So if you're serious about wanting to find a great relationship, you should start treating it like a job search. Consider these seven tips below:

**1. Network, Network, Network:** Just as people find jobs through networking, a great way to find a good personal match is through friends and friends of friends. After all, who is better to help promote your great qualities, positively position your odd quirks, and play down your annoying habits?

Because they know you and your desires, your loved ones will likely beat out most online dating algorithms in making good matches. If you do turn to online dating, consider a service like Clique, an invitation-only site that links you up with people through common connections.

**2. Create a Digital Resume:** If online dating is for you, treat your profile like a digital resume. Use this opportunity to tell people who you really are and what makes you special.

Don't talk about your ex. That's tantamount to saying you got fired from your last job. Just let your personality, accomplishments, and assets shine through.

Include specifics that people can connect with – interests, hobbies, likes, and dislikes – but be honest. If all goes well and you make a connection, you'll need to provide proof of all of your claims. Be sure to proofread! Not only do you likely want to come across as literate and educated but as someone who takes pride in themselves.

**Related Link:** [Desiree Hartstock Says Confidence is the Key to Finding Mr. Right](#)

**3. Be Selective:** You wouldn't apply for every job advertised on Monster.com, would you? And you wouldn't hire someone you know is wrong for the job. Then why would you do that in dating? Don't ask out every prospective person or online match, and don't accept an invitation from all either.

Let's face it: Dating isn't cheap. It takes time, money, and, likely your most valuable and scarce resource, energy. So take advantage of the "try before you buy" environment of online dating. You don't have to meet for a drink, grab a coffee, or sit through a long dinner only to discover there's no physical attraction or you have nothing in common, conversation is lacking.

**4. Do Your Research:** Online dating will allow you to narrow your focus if you do your homework. You can join a general dating service and design your dating search to make matches based on criteria important to you from interests and values to age and previous history. You can also select an online dating service that focuses exclusively on a niche market based on religion or education. Find the one that's right for you.

Once online, really read profiles and send messages that are tailored to them. The generic "I like your profile and feel

like we have a lot in common” email will likely find its way into the trash. Find one or two things in the person’s profile that you connect with and comment on them.

**Related Link:** [Five Tips for Falling in Love in 2014](#)

**5. Job Interview:** Treat your first date like a job interview. While you likely won’t be asked what your biggest strengths and weaknesses are or where you see yourself in five years, you will need to put your best foot forward. Good interviews are about seeing if the job and the candidate are a good match.

The job candidate who comes to the interview only asking about vacation days and salary isn’t going to get the job. Ask questions to learn about your date and determine if you have mutual interests. Even if you know this isn’t going to be a love match, use it as an opportunity to practice your dating skills. You’ll improve for the next time around. You also never know who this person might introduce you to (see **Network, Network, Network** above).

**6. Dress for Success:** I’m not suggesting you wear a suit and tie or skirt and blazer on a first date. What I am saying is dress appropriately for the occasion. Pick something that puts you in the best light, is reflective of your personality, and fits the date. You’ll feel better and more confident, which will shine through.

**Related Link:** [4 Best Practices for Talking to Your Date](#)

**7. Decline with Grace:** In *Click: An Online Love Story*, the main character Renee gets an email from someone halfway across the world looking to meet someone willing to move for him. After sending a polite and diplomatic “thanks but no thanks” email message, she proclaims to her friend, “It’s so much easier to reject someone over that Internet than in real life. Score one for online dating!” While rejection is easier for both parties when done online, it’s important to remember that

people still have feelings.

*Lisa Becker had endured her share of hilarious and heinous cyber dates, many of which inspired Click: An Online Love Story and Double Click. The books, about a young woman's search for love online in Los Angeles, have been called "a fast read that will keep you entertained," "a fun, quick read for fans of Sex and the City," and "hard to put down." Her third novel, Right Click, is due out Spring 2014.*

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## **Celebrity Video Interview: 'Millionaire Matchmaker' Star Patti Stanger on How a Relationship and Love Changed Her: "I'm Much More Relaxed"**





Interview by [Lori Bizzoco](#). Video by Damian Kolodiy.

This past Saturday, CupidsPulse.com Executive Editor Lori Bizzoco and *Millionaire Matchmaker* reality TV star Patti Stanger caught up at Match.com's Singles in America 2014 event where Stanger moderated a panel discussion with four sex and dating experts, including Celebrity Blogger Perez Hilton, Leading Sex Expert Dr. Emily Morse, *Cosmopolitan's* Sex and Relationship Editor Anna Breslaw, and Chief Scientific Advisor for Match.com Dr. Helen Fisher. Prior to the event, we had the opportunity to sit down with the matchmaker, and in our celebrity video interview, we chat with her about online dating, her own personal love story, and her best dating advice for meeting The One.

**Related Link:** [Patti Stanger on Celebrity Relationships and Love in NYC](#)

## Celebrity Video Interview with

# Patti Stanger

"I love Match.com! I'm the girl who dates online," the reality TV star candidly shares. "This is the way to meet singles. 18 or 80, it doesn't matter. We just need the tools and the ammunition to do it."

As for how finding love with fiancé David Krause has changed her? "I'm much more relaxed. I love nesting; I love staying home."

Watch our celebrity video interview above for more information.

*Tune in for The Millionaire Matchmaker on Bravo on Thursdays at 9/8c, and check out Stanger's line of jewelry at Shop by Bravo!*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

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## Date Idea: Bet On It





By Kristin Mattern

Take a gamble on love this weekend and hit the strip with your man! Head out to a local casino and set the stakes high as you roll your way into your sweetie's heart. You'll be up all night with this weekend date idea.

Get glammed up for your cutie, jump in the car (or get extra fancy and rent a limo) and drive over to the nearest gambling spot. As you walk arm and arm onto the casino floor together, share the surge of excitement and anticipation for the night ahead. Sit at the same table and play against one another to encourage some friendly competition, or root your honey on as he plays a card game alone. See if lady luck is with you as you sit side-by-side and have a go at the slots.

Make this date a romantic weekend getaway and catch a flight to Vegas. You never know, you might just make it into some high roller suites! After some boozy kisses and some wins at blackjack, head out onto the strip to take in the sights. Catch one of the many shows, like Cirque du Soleil or David Copperfield, and then hit up the clubs. Dance the night away

as you celebrate your winnings. Check out Vegas.com to discover places to stay, shows to see, where to eat and more – everything you need to make this casino getaway truly unforgettable.

If you're on the East Coast, make Atlantic City your destination. Play roulette and poker, then head out for a stroll along the iconic boardwalk. Snuggle up on the beach with your babe if you want to wind down, or hit up one of the many nightclubs to keep the electric feel going. Not in a dancing mood? Atlantic City has tons of shopping – the perfect way to spend your winnings. Check out AtlanticCityNJ.com for more information.

If you're not looking to spend big bucks, set up a casino date at home! Have a fun and flirty night in as the two of you play rummy for pennies, blackjack for that last piece of pizza and maybe even a game of strip poker. Get creative and wager what you'd both like to bet for: kisses, hugs or the next movie you watch. Make sure to have some munchies on hand to nosh on while you play. Drink your favorite microbrew with your dearest, or share some sparkling wine. When you're done gambling, throw on a casino-themed movie like *Ocean's Eleven* and just relax.

No one loses on this date – you can bet on it!

**Ever take your loved one out to a casino for date night? Tell us all about it in the comments below!**

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## Five Reasons Why Being Needy

# Will Push Him Away



By Kerri Sheehan

Having a partner who always wants to be around you is a great feeling – to a certain extent. Everyone has needs when they're in a relationship, but being overbearing about what you want will push your significant other towards the door. A relationship is an equal union, so if you're busy only thinking about yourself, then your guy will begin to resent you. Here are the five reasons why being needy will push him away:

- 1. You'll become completely dependent:** Being too clingy causes you to revert to childhood. It stops being a peer relationship and becomes more of a caretaking relationship. Namaste Moore, life and relationship coach, says that, often times, this sort

of dependency can put both parties in a bad position. "The significant other who is expected to meet that need is in the position of not being a partner but of being either a savior or villain, depending on their ability to satisfy their sweetheart. A healthy, mutual relationship based on the exchange of love quickly becomes a codependent dynamic where one partner feels they must choose either the loss of their sense of self or feel like the enemy."

**Related Link:** [6 Clues To Look For in a Keeper](#)

**2. You'll put too much pressure on him:** Your mate will spend so much of his extra time trying to meet your excessive desires that he will struggle to find the time to meet his own personal needs. The partnership will become less loving and romantic for him and more of an obligation. He will begin to resent you, and it's likely that his friends will too, seeing as he's spending all or most of his extra time trying to please you.

**3. You'll make him want to escape:** Often times, the more a needy person holds on, the more their partner begins to pull away. Nobody likes to feel trapped, and being dependant on your guy will make him feel just that. He will start searching for the nearest exit simply because he feels ensnared by you. Try lessening the demand you put on your partner, and you will find that you're both happier together.

**4. You'll cause an unhealthy imbalance:** No matter what the healthy person does in a relationship, the clingy partner will almost never feel loved enough. Due to this inequality, they will instead feel neglected, and their behavior will surely reflect that. In the same way that a child acts out to get their mother's attention, the needy party will act out to get the healthy party's attention. No one wants to be in a relationship where they either don't feel loved enough or feel like they can never do enough to show the other person that they love them. The relationship will not be mutually

fulfilling for either party.

**Related Link:** [Celebrity Couples that Work Great Together](#)

**5. You'll be seen as selfish:** Courtship consultant Brandon Aki explains that neediness goes hand in hand with selfishness: "Neediness is a buzzword. It simply means you're inherently selfish, and selfish is never sexy." When you're needy, you can only think of what is done to you or for you, but it's important to remember that it's not all about you. Instead, "focus on maintaining your individuality and becoming the best person for your partner."

**Have you dealt with a needy partner before? Share your story in the comments below.**

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## Can You Really Find Love on 'The Bachelor'?





By [Marni Battista](#)

The reason for our culture's collective obsession with *The Bachelor* franchise is obvious. What single, soul mate-seeking dater wouldn't dream of being presented with 25 gorgeous single men or women and a period of 6 weeks to strategically whittle down that group to a proposal at the end? The all-expenses-paid fairytale dates, exotic destinations, and expensive sports cars probably don't hurt either.

**The conducive environment of 'The Bachelor' makes finding relationships and love seem like a breeze. But the real question is, are the happy celebrity couples really as in love as they look?**

But underneath the fluffy fanfare that leaves us hopeless romantics watching at home with hearts a-fluttering, at the

show's core is a promise of two people finding everlasting relationships and love. After all, the show has resulted in a few happy marriages, with last month's nuptials of happy celebrity couple Sean Lowe and Catherine Giudici from *The Bachelor* and *The Bachelorette* Season 1 couple Trista and Ryan Sutter's ten-year vow renewal.

**Related Link:** [‘The Bachelor’ Stars Sean Lowe and Catherine Giudici Are Married](#)

However, in an environment so unrealistic and clouded with so many distracting factors, I can't be convinced *The Bachelor* process is conducive to building the foundation for lasting relationships and love. Do I think it's possible to fall in love on the show? Taking into account the myriad of other ways couples meet these days, sure. Still, I think the success stories are the exception rather than the rule, and here's why:

**1. The Isolation:** Before they even meet the star of the season, the 25 contestants who make it through the arduous casting process are then sequestered in a Los Angeles mansion for the remainder of the process. At the beginning of any relationship, I advise daters to make space in their schedule to reflect and allow true feelings to come to the surface. With no escape from this microcosm and no contact with anyone other than the bachelor, crew, and other contestants to distract you, it's easy for the show to become your world, distorting your judgment and emotions.

**2. The Game:** As much as the creators would like you to think that the show allows one lucky man or woman to naturally select a lifelong partner, it's simply impossible for one person to get an accurate impression of 25 different people's personalities in one night. From the get-go, the show becomes a strategic game where the more extroverted contestants come out on top and those who take a little bit longer to open up often get shafted without a fair shot. Even the contestants

who make it past the first couple of rounds of elimination still have to be pretty brazen to stay on the guy's (and camera's) radar, and as a result, many of them get caught up in the competition while losing sight of their true purpose.

**Related Link:** [How to Listen to Your Heart and Take Back Control of Your Love Life](#)

**3. The Entertainment:** Ultimately, the show's creators prioritize entertainment value over all else. That means there's a whole other slew of factors that make this dating game less natural and more complicated. The over-the-top dates to exotic locales with private performances by the latest up-and-coming country artist may be fun for the viewer to watch, but it distracts the two people from truly getting to know one another. I mean, who wouldn't fall in love with someone in a rose petal-dotted hot tub overlooking the mountains of Thailand while Josh Groban serenades them softly in the background?

The show's creator, Mike Fleiss, has also openly admitted that they make sure to stock at least half the cast with potential villains or loose screws because they know their audience wants to see drama more than they want to see a proposal. So before the show even begins, cattier girls are selected over more compatible mates, and those stroking the drama are kept around longer than they should be.

To put it simply, any situation that brings people together that normally wouldn't meet carries with it the possibility of true love. But considering the numerous reality-distorting factors involved in *The Bachelor*, I'd steer you toward taking your chances in the real world.

[\*Marni Battista\*](#), founder of *Dating with Dignity*, is an expert dating and life coach with a 10-step system to manifesting love for your self and others.

# NoGamesLove Video Dating Tips: How to Get a Guy to Commit



By [E!'s Famously Single Dating Coach, Laurel House](#)  
In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House talks about getting a guy to be in a dedicated relationship – much like the girls on *The Bachelor* hope to do when it comes to the handsome Juan Pablo. First, she encourages viewers to see the popular reality show as a real-life scenario: “He’s dating multiple people...just like you might be casually dating a

couple of people until you decide to be in a serious, monogamous relationship.”

## **Dating Advice from E!’s *Famously Single* Laurel House on How to Get a Guy to Commit**

**Related Link:** [The No Games Love Guide to True Love](#)

Then, the dating expert shares her dating tips for getting that special guy to commit to you. Most importantly, be in the moment, be uplifting, and be vulnerable. “Become your best self!” Watch the video above for the rest of Laurel’s advice and discover what else you can learn from this season of *The Bachelor*!

*For more information about our dating mentor, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**What do you do when you’re ready to be in a committed relationship with someone? Share your tips in the comments below!**

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## **‘A Million First Dates’ Author Dan Slater Offers New**

# Insight about Online Dating



Interview by [Lori Bizzoco](#). Written by Brittany Stubbs

When it comes to meeting The One, we're no longer stuck sitting alone at the bar or praying that our next blind date will work out. Today, millions of singles are turning to dating websites to help them find their better half. Although a new success story happens every day with the help of these online matchmakers, the unlimited profiles and possibilities these sites provide pose some issues as well.

In his second novel *A Million First Dates: Solving the Puzzle of Online Dating*, journalist Dan Slater invites us behind the scenes of the fascinating online dating business. He shows how this industry is changing our culture in more profound ways than we can imagine. By altering our perception of what's

possible, these sites are reconditioning our feelings about monogamy and challenging the traditional paradigm of adult life. Slater examines the questions that the digital revolution is forcing us to ask: Why should we settle for someone who falls short of our expectations if there are thousands of other options a click away? Can commitment thrive in a world of unlimited options? Can chemistry really be quantified by math geeks? In our interview below, we talk to Slater about the answers to these questions and more.

### **What inspired you to write on the subject of online dating?**

A few things sparked my interest in this subject. The fact that my parents met by one of the first computer dating websites in the 1960s definitely gave me a reason to go back and research the beginning of this trend; after all, I wouldn't be here today if my parents hadn't met this way. I'm also one of the first generations that latched on to online dating – my friends were doing it, and people were always talking about it – so it was a subject that sort of surrounded me and seemed relevant.

**Related Link:** [10 Tips to Being Successful with Online Dating](#)

### **What advice do you have for people exploring online dating?**

As far as finding the right site, look for results. If you're going on several dates and you're not finding anything, maybe the community isn't right for you. I encourage people to use a few different dating sites.

When it comes to looking for a partner, I had the most success with online dating when I sort of threw away my checklist of things I was looking for and focused on maybe a single thing I wanted to find in a person. Maybe you just want to find someone who will go bird watching with you. If so, forget about what people look like, where they went to school, etc. and just focus on finding someone who shares this interest. Online dating is a commitment, and it's sometimes scary, but

if you're going to jump in with both feet, take advantage of trying to find that one thing you're really looking for.

**In the book, you state that "Internet dating has helped people of all ages realize that there's no need to settle for a mediocre relationship." But it appears that we have higher expectations now on what is good. Can you expand on this idea?**

In the past, I think people would settle because there weren't as many opportunities to meet new people; a new person didn't just pop up every day. With online dating, people are popping up with the click of a mouse. I don't see this as a bad thing or mean to imply that more people are running away from good relationships, but I do think people in relationships that are on the fence will be more liberated by all the opportunities that online dating provides. People are now less likely to stick around in a so-so relationship just because they're afraid to be alone or afraid they won't meet anyone else. I think the majority of people still want relationships and will commit when they find something really great, but again, I think it lowers commitment for those on the fence.

**Related Link:** [How to Deal with Online Dating Rejection](#)

**Do you think technology or a dating website can truly determine if two people are going to have chemistry?**

I think online dating can predict to an impressive degree whether two people are going to hit it off on that first date, whether they're going to sit down and have that spark where they can talk about common interests as an hour flies by. Online dating is getting better and better at determining if two people are going to get along. But I think that is a huge leap away from long-term compatibility, such as marriage, living together, and sticking with one another for a long time. I don't think that's something that can be quantified by these websites yet. I don't want to rule it out, but I don't think technology is there yet.

**What are some positive aspects of approaching love this way?**

For one, it does allow you several options. I think another positive is that they provide you with more dating experiences, and these experiences are going to benefit whatever relationship you finally end up in. They grant you real life opportunities versus received wisdom from your parents or friends and allow you to discover the kind of relationships and people that work or don't work for you, which helps you ultimately understand what you're actually looking for and need in the end.

*To learn more about online dating, purchase Dan Slater's new book on Amazon!*

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## **4 Best Practices for Talking to Your Date**





By Carl Alasko, PhD

Dating is a complicated, difficult and anxious process – we can't all be contestants on *The Bachelor* with glamorous, network-funded dates and fairy tale endings. And real life just doesn't work that way anyway. It's every bit as stressful for guys as it is for girls. Sure, a guy might just wear a cotton plaid shirt that flaps around and hasn't shaved in a week and the girl might fuss over her wardrobe and makeup for hours—but underneath it all, both are probably equally nervous. Because there's a lot at stake.

Regardless of how your "date" is arranged (friends, internet, work, church, ABC Network...), there are a few basic guidelines that can make the process a little less anxious and more rewarding, and definitely less scary.

Before we even get to the guidelines, here is my absolute most important rule: **Decide in advance what you want to accomplish.**

Clearly Juan Pablo (*The Bachelor*) is looking for a wife and mother for his daughter and the women are hopefully there to find a husband. But if we recall this season's second

episode, Victoria seemed to lose sight of that goal and had a bit too much to drink. So many times we react to something, or we're triggered, and before we know it, out comes a comment (or in this case a slurred mess) that instantly freezes the air—or boils it.

To simplify the overall dating process, and reduce some of the most common errors, I've compiled **Four Guidelines for Talking to Your Date**.

**1. Maintain positive or neutral nonverbal gestures and expressions:** This requires a certain amount of self-control, and sometimes practice. You may recall the first rose that Juan Pablo gave in episode 1 to Sharleen, the opera singer – and her very aloof response that came off as cold and closed. She smoothed it over next episode apologizing and explaining the reaction was one of shock, not dislike – good recovery. Some of us are naturals, and the rest of us have to put some effort in keeping our facial expressions and movements within the definition of neutral. Leaning too forward is not good. Leaning too far back is not good. Stay in the middle.

**Related:** [Fantasy Dating: How to Play the Game Right](#)

**2. Don't ask invasive, demanding or judgmental questions:** When you meet Martin, don't ask, "So, do you like your job, or are you looking for something more fulfilling?" Ouch. What you intended to ask Martin was if he liked his job, right? What you wanted to accomplish was a dialogue. Not an insult. For all initial conversation, **try to keep things neutral and open-ended** like, "So what do you enjoy most about your job?" or "What's the most exciting aspect of working there?"

If your date mentions off-hand that her relationship with her mother has been on the rocks, don't pry it open just then. Return to it slowly, test the waters to see if it's something she wants to explore with you.

**Related:** [Your First Date: What it Will Cost](#)

**3. Don't be vague about your intentions; explicitly and strategically state your needs:** This means that if you're really looking for someone solid and long-term, sometime after a few dates you need to say that's your goal. Why waste weeks, months, years with Bradley if all he really cares about are sports and beer? If you're a single mother looking for not just a husband but a father for your daughter, don't hide it.

**4. Follow your instincts and be ready to leave if things get uncomfortable:** While you don't have to bolt for the door at the first sign of anxiety, if the anxiousness goes on for more than a couple dates, listen to your intuition. If Victoria's heavy drinking scares you, don't try to be her therapist. You're not qualified, and it's a lousy job. Just move on. If Mike's constant leering and sexual comments scare you, tell him you're not a good fit, and don't meet again.

**Related:** [How to Date Outside the Box in NYC](#)

Because so much can be riding on that first meeting, having a few basic guidelines in mind can save you a lot of distress. Repeat these guidelines to yourself, and ask a trusted friend to do some rehearsing, or to be available to de-brief if things get tricky. And they can save you from wasting time.

*Author of Emotional Bullshit, Beyond Blame, and his newest release SAY THIS, NOT THAT: A Foolproof Guide to Effective Interpersonal Communication, **Dr. Carl Alasko** writes a weekly blog for the Experts' online section of Psychology Today, which attracts thousands of readers, and his weekly newspaper column "On Relationships" has run in the Monterey County Herald for fifteen consecutive years.*

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# How to Get Through a Breakup and Heal Your Heart



We're excited to welcome [Ellen Smoak](#) as a guest post contributor to CupidsPulse.com! In her first video, the author of *Breakups Are a Bitch But Getting Through It Doesn't Have to Be!* shares the five stages of getting over a breakup and coaches you through each one. First comes shock, followed by denial. Next, we experience anger and begin to step into our own power again. The fourth stage is sadness and depression – “the hardest stage of all.” Finally, we come to acceptance, a stage we can only reach by going through the previous four stages first.

**Related Link:** [Heartbroken? Heal and Move On...Like I Did](#)

“We can get stuck in stages for years and not even know it,” she reveals. “It can block our ability to love again, to attract love again, to be happy in love again.”

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**How did you move on after a devastating breakup? Share your story in the comments below!**

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## **‘Millionaire Matchmaker’ Reality TV Star Marisa Saks Says Listening Is Key**





Interview by Shannah Henderson.

## Celebrity Video Interview with Marisa Saks

We love watching Marisa Saks on Bravo's hit reality TV show *Millionaire Matchmaker*, so we were excited to speak to the sassy matchmaker at OK! magazine's pre-Grammys party last weekend. In our celebrity video interview, she shares, "The best part about being on the show, I would have to say, is that we have our own little-big family."

**Related Link:** [Patti Stanger Has Three TIPS for Making Up After a Breakup](#)

Plus, the reality TV star shares her number one tip when it comes to a successful [relationship and love](#) life "Don't have loose lips. Listen, listen, listen!"

For more videos from [CupidsPulse.com](http://CupidsPulse.com), check out our [YouTube channel](#).

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# Date Idea: Play Romantic Dating Games



By Gabriela Robles

This weekend, spend the night indoors with your love by showing off your competitive side by organizing a few romantic dating games. This is a great night to share your best couple friends too. So hurry over to an arcade and have a fun game night with your sweetheart!

Find a luxury bowling alley that's specifically setup for romantic dating games. Usually these types of bowling alleys are done up in a glow-in-the-dark fashion and have a party-

like environment that's extremely exciting. Most likely, there will be fun music, cocktails and tons of entertainment. Some luxury bowling alleys even have restaurant or grills attached to them as well as lounges, game rooms, cigar bars and dance areas. This atmosphere will insure an amusing night that both you and your date will enjoy.

If an arcade is more your style, you can still enjoy a romantic dating game spot such as Dave and Busters. This popular spot has a restaurant that serves delicious appetizers, salads, entrees and desserts – plenty of options. After you've eaten, you can head over to the games and get busy with your man. Show off your gaming skills behind the wheel by playing Daytona USA or impress your date with Super Shot. If you're in the mood to compete, play some QuadAir Hockey or try Dance Dance Revolution. The best part is that they have great deals. In fact, their Eat, Play, Win Combo is a surefire way to have a great evening that your wallet will love! Dave and Busters even has new games, so if you're addicted to Temple Run or Cut The Rope on your phone, try the arcade versions!

Romantic dating games are about doing something fun and new with your significant other, so go in with an open mind and excited attitude. Who knows? You two might have such a good time that you'll head out to your local bowling alley or arcade each month. It's a great way to beat the chill and heat up your relationship.

**What're some things that you do for your game nights? Share with us in the comments below.**

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# Five Relationship Advice Tips for Breaking Up Without Hurting His Feelings



By Priyanka Singh

He might be perfect on paper, but that doesn't mean he's perfect for you. So how do you break it to him gently without stomping on his heart? While it's never an easy conversation to have, it's necessary if you're just not that into him. You might not be able to completely avoid hurting his feelings, but here are five tactful ways that you can let him down:

**1. Decide what to say ahead of time:** It's easier to say what you need to say if you have it mapped out before the

conversation begins. Invest some time in pulling your thoughts together. Once you have a plan set, make sure you stick to it.

“Feelings aren’t negotiable and also aren’t anything you can help. They are your’s and not his,” says licensed clinical psychologist Alicia H. Clark. “For those reasons, telling him how you feel about him will work better than telling him what you think about him.” Clark suggests using the Oreo approach, where you start off with something positive, transition to a negative, and then end on a positive. It’s a great way to tie everything together in a cohesive manner.

**Related Link:** [7 Ways to Know If It's Really Love](#)

**2. Talk to him face-to-face:** Yes, we live in a world of technology, but some conversations just need to be done in person. If he sees that you’re willing to give him the respect of breaking it off with him over coffee or even in the privacy of either one of your homes, chances are he’ll return that favor and respect your point of view on the situation.

**3. Take the high road:** It’s important to remember that you’re both adults having a mature conversation about your relationship. Your objective is to get your message across in a kind and considerate manner, not to put him down or criticize him.

“You also don’t want to burn bridges with any guy. You never know if you’ll end up dating him again under different circumstances. Maybe the timing was just off. Or he may have a great friend that you end up dating one day,” says Sandy Weiner, certified life/dating coach and founder of LastFirstDate.com.

**4. Don’t sugarcoat your reasons:** If it’s not meant to be, then it’s just not meant to be, and if you’re clear and direct in your explanations, he’ll hopefully understand where you’re coming from. Don’t beat around the bush; get to the point, but do it in a tasteful manner.

**Related Link:** [Four Telltale Signs He's NOT the One](#)

**5. Honesty is the best policy:** Think of it this way: If the situation were the other way around, wouldn't you want someone to be honest with you about how they feel instead of feeding you lies? The truth almost always has a way of coming out, so don't avoid it just because it's difficult to say (or hear). It hurts more when you find out the other person wasn't being truthful, so avoid the extra drama and just be honest with yourself and your soon-to-be ex.

Any other tips to add when it comes to nicely breaking up with someone? Tell us in the comments below!

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## Celebrity Video Interview: Brad Goreski Says, "I Think We're Going to See an Explosion of Glamour" at the Oscars





Interview by [Whitney Johnson](#).

In our celebrity video interview, we talked to fashion stylist Brad Goreski about the fashion at Sunday night's Grammys as well as his tips for [date night](#) looks. "The number one trend that I loved was the metallics," the reality TV star says, citing Taylor Swift, Chrissy Tiegen ("the golden goddess of the evening"), and Rita Ora as gorgeous examples. Plus, he reveals his predictions for the upcoming Oscars: "I think we're going to see an explosion of glamour."

**Related Link:** [Celeb Stylist Rachel Zoe and Brad Goreski Split](#)

## Celebrity Stylist Talks Date Night Looks

When it comes to a date night, Goreski encourages women to look beyond what they're wearing. "Starting off with really good hair, makeup, and skin is super duper important," he explains. "Your skin should definitely be glowing on Valentine's Day!" He also says that you should invest in a show-stopping coat to amp up your look this winter. Watch the

celebrity video interview above for more!

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*