

# Screwing the Rules Video Dating Tips: Talking About Your Relationship Needs



By [E!'s Famously Single Dating Coach, Laurel House](#)

## Dating Advice from E!'s *Famously Single* Laurel House on Communication in a Relationship

Related Link: [How to Get a Guy to Commit](#)

In this week's [dating advice](#) video, dating expert and

E!'s *Famously Single* dating coach, [Laurel House](#) teaches you how to communicate with your partner about your relationship needs. "Whether it's phone, e-mail, text, or in person, there are five key elements to communication," she reveals. "Those are attitude, word choice, motivation, timing, and length." Watch the video above if you're ready to improve your skills!

*For more information about our dating mentor, click [here](#).*

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**How do you communicate your relationship needs? Tell us in the comments below!**

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## Are Your Dating Standards Too High?





By Liz Kim

There's nothing wrong with knowing what you want in a future boyfriend or girlfriend; in fact, you *shouldn't* settle for just anybody. But, there comes a point when unrealistic standards may actually be what's keeping you from finding Mr. or Mrs. Right. If you are turning down a potentially great relationship because he has a funny hairstyle or she has "man hands," a la *Jerry Seinfeld*, then it's time to reevaluate your priorities and loosen up a little. Below are a few signs that your standards are too high when it comes to dating:

**1. You model your relationships after what you see on the big screen:** "Love means never having to say you're sorry." "You complete me." "I'll never let go, Jack." Although *Love Story*, *Jerry Maguire*, and *Titanic* are beautiful films that celebrate the power of love, they've also done a good job at shattering realistic expectations when it comes to dating and relationships. We all want a love like Jack and Rose, but our idea of these relationships is false because Hollywood is scripted. With good editing and a staff of writers and makeup artists, any relationship can seem perfect. If you're keeping

track of your relationship by comparing it to what you see on the big screen, you are setting yourself up for failure and heartbreak.

**Related:** [Ways To Help Single Friends Find a Partner](#)

**2. You have unrealistic physical standards:** Whether it's blue eyes, brown hair, or a certain height, everyone has a "type." And while physical attraction does play an important role in dating, there may be a point when your standards become too high. "He's tall, muscular, has kind hazel eyes, and he's great with kids...*but* he has this tiny birthmark on his left cheek that's too distracting. I can't go out with somebody with a distracting birthmark." If this sounds like you, you're letting the little details get in the way of the big picture.

**3. You can't remember the last date you went on:** You don't realize this at first, but after you've turned down date after date, you'll find yourself repeating the same scenario: it's Saturday night, and you're on the couch wrist deep in a pint of Ben and Jerry's and re-watching all 7 seasons of *The Golden Girls*. If you don't want this to happen, then it's time to reevaluate what you're looking for. If you refuse to shift your standards, then be prepared for frequent nights alone.

**4. You've been told (repeatedly) that you're too picky:** If one or two people say you're picky, you shouldn't be too concerned. However, if multiple friends and family members are pointing out that your standards are too strict, then you might have a problem. Sometimes, we forget to look at ourselves from an outsider's perspective and don't realize how our behavior is affecting our life.

**Related:** [10 Blind Date Etiquette Rules](#)

**5. You are a stubborn, repeat offender:** If Chad is the eighth guy you've gone out with who surfs, has sandy blonde hair, and a penchant for guitar playing, and it hasn't worked out, break out of your mold. Clearly, you don't mesh with your "type,"

and now it's time to branch out. Try asking out the hipster barista from the corner coffee shop who can't surf, has brown hair, and always gives you extra caramel drizzle and a smile. You've taken chances with eight Chads already, so trying something new can't hurt!

**6. The problem isn't you, it's him/her:** This one plays off of number five. If you're consistently dating the same type of person over and over again and it's always a nightmare, we hate to break it to you, but it's probably you. If you are one for order and routine but your dream date is someone who is always spontaneous (and kind of unreliable), more often than not, you'll walk away unhappy and unsatisfied.

**7. You've more than once regretted dumping somebody:** Well, now you've done it. You turned down Jamie because he was into comic books, and a few months later you see him walking down the street with his new girlfriend. They're holding hands and can't take their eyes off of each other. You think to yourself, *was he always so cute?* And instantly you regret turning him down. Now, he's happy and in love and you're still along and sulking.

Imagine going to a buffet with tables and tables of food you've never tried before but only selecting to eat french fries. You know you like french fries, but all the salt makes you bloat and they're not good cold. Maybe it's time to try another dish. The beauty of dating is that if it doesn't work out, you never have to see the person again. Instead of boxing yourself in with strict dating standards, it might be time to take a chance and date outside of your comfort zone. Who knows? Maybe he or she will bring out a side of you you didn't know you had.

**Do you think your dating standards are too high? Tell us in the comments below.**

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# Adventure Date: Do Something Daring



By Leslie Chavez

If you're tired of your go-to movie and dinner date, shake things up this weekend then plan an **adventure date** that will lead to a spontaneous and exciting day that you'll both be talking about for weeks to come. Get inventive and think of something that you two have always wanted to do together but have never found the time, money or...courage.

Try skydiving! In addition to the adrenaline rush, this



adventure date will help you de-stress, forget about your worries, and enjoy the simplicities of life with your love. Being in a situation where you feel like you're doing something dangerous or overcoming an exhilarating challenge with your partner will bring you closer together. Plus, what could be more intimate than grasping on to each other as you plummet quickly to the ground with the air rushing past your face at unimaginable speeds? Oh, the things we do for love!

**Related Link:** [Dare to Romance](#)

Indoor rock climbing can be another adventure date. You can experience the vertical world of bouldering from the safety of an indoor gym. Climb along sheer drops and sculpted edges and feel the rush as you clutch onto the rocks twenty feet above the ground. You can encourage and support each other as you bound up the wall and race to the top.

It will also give you a chance to admire your man's strength – and his sexy back muscles! Reward yourself with some ice cream or a smoothie afterward, and you can swap climbing strategies for next time. IndoorClimbing.com has a great directory of gyms all over the country for you to choose from.

If you have a need for speed, then go-karting is the perfect adventure date for you. Experience the thrill of driving fast and battle it out with your lover to see who can get the quickest lap time. Guys love a girl who's a little competitive and brings her A-game. Lap him at the last second, and it'll drive him wild. Trying any new sport is sure to bring some extra excitement to your romance.

**Related Link:** [Try an Unusual Sport](#)

For something a little more romantic, head to the beach at night. Bring a blanket and a bottle of wine and gaze up at the beautiful star-filled sky. You'll feel like you're doing something bad by being on the deserted sand in the middle of the night. Savor the intimate moment together under the stars

on your own private oasis. If you're feeling a bit more adventurous, you might even suggest skinny-dipping in the moonlight.

**Have you been on a spontaneous date before? Share your story below!**

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## Single in Stilettos Show: Where Are All the Good Men?!



On this week's [Single in Stilettos](#) show, dating coach Jonathon Aslay talks to founder Suzanne Oshima about the five best places to meet men. If you're ready to find a new guy, he



recommends that you: think about what you like to do and what you're passionate about; head to high-end business seminars; go to your church or synagogue; try online dating; or look more closely at other forms of social media, like Facebook or Twitter.

**Related Link:** [Jonathon Aslay on Why Men Disappear](#)

Of course, the most important thing is that you put yourself out there. Open yourself up to love, and it will come to you!

For more information about Single in Stilettos shows, click [here](#).

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**Where do you go to meet men? Share in the comments below.**

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## Mila Kunis and Ashton Kutcher Go On Movie Date





By Louisa Gonzales

Mila Kunis and Ashton Kutcher were spotted holding hands as they head to the movies at the Universal City Walk in Los Angeles on Saturday, May 17, according to [UsMagazine.com](http://UsMagazine.com). Kutcher, 36, and Kunis, 30, both went casual with the actor in a t-shirt and sneakers, while his pregnant fiancée went with a black top and sandals. The gorgeous duo recently bought a new Beverly Hills mansion, a “perfect” family home, according to a source.

**What are some ways to support your partner during pregnancy?**

**Cupid’s Advice:**

Yes, pregnancy brings a lot of new challenges and obstacles for your relationship, but it can also be an exciting new adventure for you and your partner. When your significant other gets pregnant it will bring many lifestyle changes, which is why you’ll need to lend your support. Cupid has some advice on ways to support your partner during pregnancy:

**1. Be there:** One of the best ways to support your partner

during pregnancy is to simply be there for them. It is important for you to make yourself available to your partner when they need you, whether it's for comfort, someone to talk to or whatever else they need. During pregnancy your lover can experience a lot of different emotions, ups and down, and changes that is why they need someone to be at their side.

**Related:** [Mila Kunis and Ashton Kutcher Are Expecting!](#)

**2. Help around the house:** A woman's body goes through many changes during pregnancy and some things they use to be able to do, eat, or drink they won't be able to do anymore. She is the mother of your child, show your support by helping them out with some of their daily activities, chores around the house or other errands. Not only is it admirable, but your other half will appreciate all the help.

**Related:** [Find Out About Ashton Kutcher and Mila Kunis' Engagement](#)

**3. Prepare:** A number of adjustments and changes will have to be made in both of your lives for when the baby comes. So, help your sweetheart out by getting things ready for when the baby does arrive, by setting up the baby's room, picking up supplies, baby proofing the house, or anything else that will be required. Making all the proper preparations will help you both feel and be ready for the new exciting life to come.

**What do you think are some ways to support your partner during pregnancy? Share in the comments below.**

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# New Couple: Cameron Diaz Is Dating Benji Madden



By Shannon Seibert

After weeks of keeping their relationship under wraps, Cameron Diaz and Benji Madden are finally out in the open. Diaz, 41, and Madden, 35 are considered “new” and “just hanging out” but the Good Charlotte singer is considered the first high-profile relationship for Diaz since her split from Alex Rodriguez in 2011. The pair have Madden’s sister in-law, Nicole Richie to thank for their introduction, according to [UsMagazine.com](http://UsMagazine.com).

**How do you keep your new relationship on the down-low?**

**Cupid’s Advice:**

When your relationship is just blossoming, it can be difficult to figure out your own feelings about that person if your relationship is highly publicized. With everyone giving you their input, and pestering you about the latest details of your love life, you may get caught up in the attention and neglect the fact that it may not even be working. By initially keeping your new relationship on the down-low, you'll be able to discover your feelings for your new beau, and find out whether or not you could really gal for this person:

**1. Hold off on updating your social media status:** Until you get out of the murky waters of "What direction is this going in?" you don't need to make your relationship Facebook Official. These days defining your relationship is harder than it looks, so at first you don't want to jump to conclusions about your relationship status with your man. Just keep cool, calm and collective, and once you both have your feet on the ground you can upload those adorable selfies you have on your camera roll.

**Related:** [Ed Sheeran Reveals a Greek Girlfriend](#)

**2. Do a trial run:** Get out of town for the day. Go to a place where there's no pressure because you won't run into anyone you know. This way you don't have to worry about awkward introductions such as wondering whether to refer to your guy as your friend, boyfriend, or anything else. Now the two of you can test the waters of what it's like to be out in public together, while still getting to know each other on a deeper level.

**Related:** [New Couple: Lucy Hale Is Dating Country Singer Joel Crouse](#)

**3. Don't make it a big deal until it's a big deal:** When your friends and family inquire about your love-life, keep your answer vague. You don't want to let them in the know until there is actual information to give. It may send the wrong



signals to your guy by including loved ones in your dating life. He may think you're trying to get serious too quick, and you don't want your family to get confused if things don't work out.

**How have you kept your new relationship a secret? Tell us in the comments below!**

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## **Date Idea: Beat of the Music**



By Leslie Chavez

Everyone loves music, right? And listening to your favorite tunes has been known to help you relax, boost your mood, and



energize you. Nothing beats seeing a singer you love play live, especially when it's with your sweetheart. So take advantage of all the great music events that the next few months have to offer!

With summer comes tons of music festivals all over the country. Find a festival with bands that you both love. From the Electronic Music Festival in Detroit, Michigan, to Soundset, a hip-hop festival in Minnesota, to Rock on the Range in Columbus, Ohio, there is something for every taste. Grab your favorite festival attire – cut-off shorts and cowboy boots are encouraged – and hit the road! Enjoy the whole weekend, basking in the sunshine and swaying your hips to the beat of the music with your lover by your side.

**Related Link:** [Listen to the Music](#)

You might even get the chance to dance where the wild things are. A lot of zoos around the country have summer concert series where a number of great local bands or disc jockeys play at stages within the park after regular zoo hours. As the sun sets, the zoo really comes to life; along with great dance music, delicious food trucks and even bar services fill the gated area. This is a unique opportunity to experience the wildlife of the zoo in a whole new way. Give in to your animal instincts – we promise your man won't mind.

Don't forget about the major arena concerts that happen during the season too. This is a great chance to dress your best and buy those front row seats. Whether it's the Staples Center or Madison Square Garden, you can see some of the biggest names in music and have the night of your life. Raise your glass, let go, and impress him with your perfect pitch as you sing along to Katy Perry's go-girl anthem "Roar."

**Related Link:** [Pub Crawl](#)

If smaller, more intimate shows are more your thing, there are

still plenty of options. Tons of bands are playing at your city's restaurants and bars on hot nights. Cool off after a busy day with a refreshing, ice cold beer and foot-stomping live music. You and your man will have so much fun unwinding in the laid-back and easygoing atmosphere. Challenge him to a game of darts or pool when the band takes a break.

Happy summer!

How will you enjoy music with your love this summer? Tell us in the comments below.

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## **Q&A: Should I Delete or Unfriend My Exes on Social Networks?**





*Question from Shelby F.: Whenever a guy and I breakup, I always wonder if I should completely delete him from my life. A part of me thinks it's a good idea because then I won't be tempted to see if he's tagged in any new photos with new girls, but the other part of me doesn't want him to think I'm so bitter or immature that I can't stand him coming up on my newsfeed. What should I do?*

**Answer from Our Love Experts:**

[Suzanne Oshima, Matchmaker](#): When it comes to social media and an ex, there really isn't a clear-cut answer. It really depends on how the relationship ended and how you feel about him. If the relationship ended amicably and you feel you can still be friends with him, then it's fine to stay connected to him on social media.

However, if the relationship ended on a bad note, then why would you want to torture yourself by seeing him with his new girlfriend? Unfriending him or deleting him really isn't about being bitter or immature; it's more about your well being and moving on with your life. What he thinks about it shouldn't

really matter to you, as you are no longer together.

[Paige Wyatt, Reality Star](#): It's totally understandable if you feel the urge to check up on your ex every once in a while, but know that it's not healthy. Keeping an eye on him will never give you the chance to completely get over him and move on, especially if he posts pictures with other girls. Seeing him having fun or with another woman will drive you crazy, even if you tell yourself you're happy for him!

The best thing to do after a break-up is wait until things have settled and neither of you are upset, which might take a few weeks. Then, unfriend him. This way, he won't think it's you taking a stab at him, and he will more likely realize you're just working on getting over him, which is exactly what you're doing!

[Robert Manni, Guy's Guy](#): This is a personal decision that is entirely up to you. A lot depends on the individual circumstances of how things went down with each guy. If you had an amicable split and somehow managed to remain friends with your ex (*it can be done*), then keep your social media lines of communication open. However, if you experienced an uncomfortable break-up that left behind some emotional residue, it might be best to sever your social media ties with him, so you're not reminded of a bad situation.

Notice I have not mentioned or factored in what he thinks. That's because this is *your* decision, and what he thinks about your social media doesn't really matter. And if it does, then maybe you still have feelings for him.

For more information on our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our experts, please submit them on our [Contact Page](#).

**Do you delete or unfriend your exes on social networks? Tell**

us in the comments below!

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# Single in Stilettos Show: 5 Ways Women Sabotage Themselves with Men



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating expert Robert Manni about five ways that women sabotage themselves with men when it comes to dating. Ladies, the biggest mistakes that you tend to make include: always being "plugged in" and never letting go of

your smartphone; not fishing where the fish are; traveling in groups; sticking too closely to your checklist of must-haves in a guy; and breaking up with him too soon. If you want to find true love, stop sabotaging yourself and learn how to avoid these pitfalls!

**Related Link:** [5 Things Men Wish Women Knew About Them](#)

For more information about Single in Stilettos shows, click [here](#).

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**Ladies, what's the biggest dating mistake you make? Tell us in the comments below!**

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## **Screwing the Rules Video Dating Tips: Texts That Destroy Your Dating Mojo**







By [E!'s Famously Single Dating Coach, Laurel House](#)

## Dating Advice from E!'s *Famously Single* Laurel House on Texting

**Related Link:** [Summer Love...](#)

Texting: It can be flirty, funny, bitchy, or sexy. So what are the basic rules of sending a message to that special guy? In this week's [dating advice](#) video, dating expert and E!'s *Famously Single* dating coach, Laurel House talks about the do's and don'ts of texting while dating. She reveals when photos are appropriate and just how sexy is *too* sexy. "You don't want your texts to be longer than a thumb," she says. "Follow his lead!" Watch the video above to educate yourself on texting etiquette and learn what your texts might *really* be saying.

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What are some of your personal texting rules? Tell us in the comments below!

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## Jonah Hill Makes Out with New Girlfriend in L.A. Park



By Louisa Gonzales

**Jonah Hill** wasn't shy about showing some public displays of affection with his **new girlfriend Brooke Glazer** in Los Angeles

on Mother's Day, Sunday, May 11, according to [UsMagazine.com](http://UsMagazine.com). The new couple, were spotted getting in some sun with the actor's, 30, pet dog on the grass at La Cienega Park and even indulged in some "making out" an eyewitness says. Reportedly Glazer, who is a nutritionist, and Hill, who recently split from girlfriend of 8 months Isabelle McNally, made their debut as a couple last month at Comme Ca in West Hollywood where they dined together.

**What are some ways to show you care for your partner in public?**

### **Cupid's Advice:**

Being in a relationship can bring many changes to your life, good and bad. However, for relationship to truly work you need to be able to express your gratitude towards one another on your own private time and out in the world. Cupid has some advice on ways to show you care for your partner in public:

**1. Show some PDA:** There are many different forms of public displays of affection and every couple or person may have different opinions or feelings on it. No matter what you feel about PDA, it is important to be able to show your affection for your partner sometimes outside of your private time together. Yes, for some people it can be scary or hard for them to be open in public, but if you aren't willing to do that at least sometimes it can be damaging to your relationship because it may give your lover the wrong ideas such as your ashamed or aren't attracted to them.

**Related:** [Jonah Hill and Longtime Girlfriend Split](#)

**2. Go out:** Being able to show you care about your significant other in public can be as simple as just going out. Being able to get out of the house sometimes can be good for the relationship because not only can it help keep things fresh and interesting it can also give you a chance to show off your

special someone in public. It can be fun to be taken out sometime, to get dressed up, and visit new places, whether you go somewhere extravagant or low-key, that depends on what you want just get out and do it.

**Related:** [Jonah Hill Is Spotted Making Out with Ex-Girlfriend in Los Angeles](#)

**3. Get to know their friends and family:** One great way to show you care in public is to try getting to know their friends and family. Being open to hangout with his friends and family will not only show your sweetheart you are willing to incorporate yourself into their life, but it can get you in on good terms with their friends and family. Plus, once you get the okay from their friends and family it can only help your relationship in the long run because you can be included in other friend and family activities.

**How do you show you care for your partner in public? Share in the comments below.**

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## Reality TV Star Christina Milian Talks About Her New Partnership and Being a Celebrity Mom





By Brittany Stubbs

Christina Milian is more than just an actress, television host, singer-songwriter, and pretty face. She is a driven woman, balancing her celebrity family and her relationship and love life along with new projects and career opportunities, like breaking into the electronic hookah and electronic cigarette business.

Milian recently partnered with Platinum E Hookah. "I saw the craze beginning for hookahs and e-cigs," she shares in our celebrity interview. "I always enjoyed hookah lounges, and I thought, 'Why not create our own product that is nicotine free?'" Along with coming up with something that is safer than traditional cigarettes, Platinum E Hookah took it one step further and added some delicious flavors to curb your sweet tooth – from strawberry lemonade to blueberry cotton candy to banana cream.

"We also just added our nicotine free e-juice, which has sold out so many times already," she adds. "We have it in so many great flavors, like cake batter and peanut butter and jelly. It keeps it interesting, fun, and tasty."



**Related Link:** [Christina Milian is Engaged](#)

Although there has been some negative buzz about electronic hookah and electronic cigarettes encouraging smoking habits to younger crowds with their tasty flavors and celebrity users, Milian makes it clear that Platinum E Hookah strictly enforces that buyers must be 18 and over to purchase the products. She also points out that from what they've seen thus far, the flavored vapor business has helped people stop or slow down on smoking actual tobacco and real hookah that contain all the harsh carcinogens that are proven to cause cancer. "The option to smoke vapors is a safer option and does not carry the addiction that products that contain tobacco and nicotine do," the reality TV star explains.

## **Christina Milian on Being a Celebrity Mom**

While the starlet's career is important to her, her number one focus is her sweet daughter, Violet Madison. "Violet makes me a better person and makes me want to accomplish more in my life," the celebrity mom gushes. "Every decision I make is because of and for Violet."

As a single mother, Milian has learned to work hard each day to make a better life for her and her daughter. She encourages other single moms looking for a love to "always stay true to who you are and what you want in your life, and the right person will always come along. It's not about looking for the right one; it's about making your life great for you and the right one fitting right in."

**Related Link:** [Girl's Night Movie Pick of the Week: 'The Single Moms Club'](#)



# Reality TV Star Opens Up About Relationship and Love Life

The singer took this advice when it came to her own relationship and love life. After separating from Violet's father, R&B singer/songwriter The-Dream, she refused to give up on finding someone special. As she explains, "If I learned anything, it's to be strong, believe in yourself, and keep going. A failed relationship hurts, but I believe when things fall apart, they do so better things can come together."

Luckily for her, she found something better in someone who had been in her life all along. She describes her now-fiance Jas Prince as her best friend. "We have so much in common. At a certain point, it just clicked for us," she says. The couple got engaged last May. With everything that the two of them have going on, they've yet to set a date for their celebrity wedding, but she assures us she is looking forward to getting started on their plans for the big day.

**Related Link:** [Documenting Your Love Story](#)

Speaking of things to look forward to, we can't wait to learn more about Milian and her celebrity family in her upcoming reality TV show on E!. "I am excited to be working on a docu-series! Fans can expect to see our family, our businesses, and our day-to-day lives."

*For more information about Milian, check out her website, [www.christinamilian.com/](http://www.christinamilian.com/). Follow her on Twitter @ChristinaMilian.*

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# Cupid's Weekly Round-Up: Date While You're Married



By Shannon Seibert

You heard right: Date while you're married – your significant other, that is! In this day and age, it's too easy to fall prey to life's whirlwind and neglect your marriage. Keep your love alive by capturing your partner's attention using all of your old tricks with a new flavor. We've gathered these five articles from our partners to help you and your man fall even deeper in love with each other:

**1. Flatter with flirting:** Recharge the passion between you and your honey with something as simple as batting your eyelashes. The silent power of seduction never waivers. Stolen glances, a

lingering touch on the arm, or flirty banter work just as well as they did when you first started dating. Your man will feel even more confident about your marriage when you remind him of your passion. (YourTango.com)

**2. Have secrets:** It's not good to have secrets from each other, but secrets you have together will only improve your love. Having parts of your marriage that you don't broadcast to the public will allow you two to bond over something that is yours and yours alone. Take a look at how the limelight impacted the Cassidy family, one of the families featured on Lifetime's *Preachers' Daughters*. (CelebrityBabyScoop.com)

**3. Be lovers again:** It can be difficult to make "us" time when you have children together. After having kids, a lot of couples struggle with igniting chemistry in the bedroom. It's especially easy for new parents – who have had their world uprooted by a being no bigger than a shoebox – to get distracted by life's miracles and forget about the miracle that is their love. Check out this article for tips on how to keep the fire burning. (YourTango.com)

**4. Don't let distance get in the way:** With new technologies, long-distance dating is even possible for married couples. If you or your man have a job requiring a lot of travel, don't panic! Your hubby can still be involved in your marriage when he's away. The distance can even strengthen your marriage by focusing on the feelings you have for one another when you're separated and when you're together. (GalTime.com)

**5. Learn something new:** Marriage has taken the both of you out of the dating game for a while, but that doesn't mean that you can't engage in a little learning. Reel in your husband's undivided attention with these modern dating tips from a man's perspective and try them out with your love. (GalTime.com)

**How do you keep the love alive after marriage? Tell us in the comments below!**

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# Romantic Boat Ride



By Leslie Chavez

Test your love on the high seas and hit the water this weekend by going for a **romantic boat ride** with your favorite first mate!

If you're an early riser, experience a beautiful sunrise and see some of the spectacular landmarks at a harbor near you. Being aboard a pristine sailboat and gliding on the open water is a thrilling experience. You'll feel the wind in your hair, the salty air on your face, and your lover's arms wrapped tightly around you as you bob through the waves. There might even be time to go fishing while you're out braving the wild

seas. What a romantic way to spend quality time together, free from the distractions of real life on land! So throw caution to the wind and get aboard your very own love boat.

**Related Link:** [Date Idea: Get Wet and Wild on the Water](#)

There are a ton of companies that offer afternoon and sunset romantic boat rides, where you can bring a nice picnic to snack on in case you work up an appetite as you put your sailing skills to good use. And don't forget the chilled bottle of Chardonnay for you and your date to sip as you enjoy the scenery. Check out some of these sailing companies that offer romantic boat rides, like Sushi Sundays or a Hawaiian Grill Sail, both in Santa Cruz.

If you don't happen to be next to an ocean, don't fret – you can still cruise your way to paradise with your beau. Grab an oar and take a ride in a rowboat on a nearby pond. Lounge in your boat on a warm and lazy afternoon and watch the day go by. Imagine him sitting opposite from you, wooing you with verse or song as you gaze deeply into his eyes. Perching a parasol over your shoulder is recommended to fully accomplish the classic love story scene.

If you're lucky, a gondola ride might be an option too. It won't be hard to picture the beautiful canals, aged bridges, quaint cafes, and old balconies of Venice as your singing gondolier guides you and your love on a romantic journey through time and place.

**Related Link:** [Date Idea: Get Fishy](#)

A paddle boat is also a great way to get some exercise and spend a romantic evening together. Grab some food to go – something simple like burgers and shakes – and hit the lake. Start out at dusk so you have enough sunlight left to enjoy your dinner and view the sites as you paddle around. Finish up your meal right before the sun sets and watch the city lights

turn on. See their reflection on the water, shining brighter as the sky grows dim for an even more romantic setting.

**Have you ever had a romantic boat ride on the water? Share your story in the comments below!**

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## **‘He Texted’ Authors, Lisa Winning and Carrie Henderson McDermott, Discuss Dating in the Digital Age**





Interview by [Lori Bizzoco](#). Written by Maria Darbenzio.

Lisa Winning and Carrie Henderson McDermott, founders of HeTexted.com, are two women with different relationship statuses, but they both know the difficulties that come along with dating in the age of technology. In their new book, *He Texted: The Ultimate Guide to Decoding Guys*, they help women through various situations and suggest how to handle guy problems. With how rapidly digital media continues to expand, this guide is a must-have for every girl's bookshelf.

**What prompted you to create the site? Did you just want to help women?**

**L:** That's exactly what it was. There was nothing out there, and at the same time, my girlfriends who were asking these questions were really clever. They were journalists; they worked in finance; and they had these really interesting, steady careers. Yet they would have a dating question and absolutely freak out over it. It just seemed like the most obvious thing in the world to create somewhere to go and ask questions like "How do I get a second date?" or "Why haven't I heard back from him yet?"

**Related Link:** [Dating Apps to Manage Your Love Life](#)

**I remember when texting first came out, and there would be these crazy conversations with my girlfriends about what a certain text meant, how to interpret what a guy said, and what to say back to him. I can't believe it's still like that today – I figured this new generation of millennials would have texting all figured out by now.**

**L:** There's still so much ambiguity. When something isn't face-to-face, there are so many layers and so many different ways you can take it. And now things are even trickier with Facebook and whether you should add him as a friend or not, which is something we address in our book. It's just an

absolute minefield. I think that's why so many people find dating quite confusing. It's no longer just seeing a guy; it's also social media and whether you should be following him on Twitter, etc.

**C:** Every chapter takes a different situation where you're not face-to-face with a guy and talks about how to handle it.

**Now, let's talk about a few specific instances. First, we've all met that guy who refuses to call and only texts. What's the best way to handle someone like that? Do you think a relationship can be built on texting alone?**

**L:** I think that texting is increasingly how everyone's interacting. We get inquiries all of the time like, "This guy's been texting me for three months now, and I still haven't seen him" or "I met this guy on Tindr, and we're chatting every day, but he hasn't set up a date yet." At the end of the day, you have to remember that *nothing* replaces face-to-face interactions. Obviously, spending time with someone is the basis of any sort of meaningful relationship. So if he's not calling you and you're not seeing him, then it's just a distraction. It's a form of entertainment rather than a real relationship.

**Say a guy goes out with his buddies and tends to drunk text his ex a lot. Is this a red flag for a relationship?**

**C:** We get this question a lot, and it's a completely common situation. At the same time, if he gets drunk and the first thing he thinks to do is text his ex-girlfriend, that means absolutely nothing good for you. You don't want to be in a relationship with someone who, when all his guards are down, is thinking of his ex instead of you. You want to run from that situation because you want to be with a guy who only thinks of you and wants to be with you always. You never want his ex-girlfriend in the back of his mind; that never ends well.

We get a lot of ex-girlfriend questions too. Social media makes it easier to leave a trail. So you go to the Facebook page of your new boyfriend; you click his profile pictures; and his old ones are with his ex-girlfriend. And you're like, "Oh, I don't like that." Or you see he's tagged in a picture, and you click on her name on Facebook to see what her profile looks like. It's human nature.

**Related Link:** [Lori Bizzoco Discusses Hollywood Love Lessons at Single in Stilettos Event](#)

**Lastly, could each of you share your top tip for dating in the digital age?**

**L:** More than anything else, you still need to go with your gut instinct. I think we all spend too much time thinking about "Should I text him?" or "He Facebooked me two days ago. How long should I wait before responding?" It's good to keep those things in mind, but nothing replaces that moment when you first meet someone or when you first do something really meaningful together. You recognize that the relationship has significance. So I think you need to go with that feeling.

**C:** The biggest thing to me is open communication. There are so many different ways to talk now, and people aren't always being honest. Direct communication and really sharing your true feelings instead of what you *think* you need to feel is most important.

*Check out HeTexted.com for more digital dating insights and to order a copy of the book!*

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# Bravo Reality TV Star Tabatha Coffey Says It's Important to "Connect and Continue to Get to Know Your Partner"



By Brittany Stubbs

Celebrity hairstylist Tabatha Coffey is more than just an expert on bouncy curls and shiny locks. Known for her business expertise and tough-love approach while helping restore struggling salons on Bravo's reality TV show *Tabatha Takes Over*, it's no wonder the questions from viewers inspired the star to put her profitable advice on paper. In her new book *Own It! Be the Boss of Your Life – Home and in the Workplace*,

she provides readers with the tools to be successful not only in their professional lives but in their personal lives as well.

## Exclusive Celebrity Interview with Reality TV Star

“Living a successful and well-balanced life is, to me, what it’s all about,” she shares in our exclusive celebrity interview. With so many people today struggling with work-life balance, Coffey believes her book will empower readers of all kinds, whether they’re looking to move up in a current career, they’re fresh out of college, or they’re stay-at-home mothers. More than just a catchy title, she shows readers how to “own it,” teaching them how to take control and responsibility for their own lives.

**Related Link:** [Molly Sims Talks New Hair Color & Favorite Date Night Looks](#)

While her blunt honesty has often been perceived as bitchiness, she says that “it’s always in the name of helping someone.” Whether giving a new haircut to make a woman feel beautiful or guiding a failing business owner towards a fresh start, the author has always been passionate and motivated by any activity that can empower people.

But empowering people sometimes requires a harsh reality check. “It’s just my tough love that comes from a place of wanting people to move forward,” she admits. “I truly understand when people get upset by some of the things I say because change is hard. Sometimes, people who ask for my help don’t really want to hear the truth, but they need to hear it in order to make changes and become successful.”

Speaking of asking for help, we couldn’t help but pick the hairstylist’s brain for a few summer hair tips. After all, it

is her expertise! When it comes to managing hair in the hot and humid months to come, “it’s all about using the right product to protect your hair in the sun, especially if you have color in your hair. There are many products out there that will help minimize the fading you’re going to get from the sun.” While it might seem like your hair is constantly in the water between pool parties and trips to the beach, she encourages you to rehydrate your hair with a great conditioner or treatment too.

**Related Link:** [Celebrity Stylist Raphael Reboh Says Jennifer Lopez Has the Best Hair in Hollywood](#)

One thing Coffey loves about summer is embracing a more casual look. Whether you’re letting your hair air-dry, rocking a messy ponytail, or just slicking back short hair, try using a leave-in conditioner to get a nice treatment in your hair and a smooth result without a bunch of mousse or gel. The reality TV star assures us that this hair trend will be spotted in Hollywood as well. “We’ll definitely see waves, especially more casual, beachy waves that allow movement and more of a natural texture to the hair as opposed to being so formal and so done with a curling iron.”

Another great, summer go-to style that she predicts celebrities will be wearing is ponytails. Whether high or low, with or without a part, “ponytails are a great summer trend and can look incredibly chic, even if you’re wearing an evening gown.”

## **Tabatha Coffey Shares Her Best Dating Advice**

Although hair and business have been her main focus, Coffey stresses the importance of still making time for a relationship and love life. Being with the same partner for over a decade, she has learned that it’s important to avoid



routines. “The longer you’ve been in a relationship with someone, the easier it is to get in the habit of just doing your duties and going about your daily routine side-by-side,” she explains of her best [dating advice](#). “I think it’s important to make an effort to go to the movies or go out to dinner and spend time connecting and continuing to get to know your significant other better instead of just the daily updates that we all seem to do.”

**Related Link:** [Tabatha Coffey Shares Life, Relationship, and Hair Tips](#)

While the Australian native believes in scheduling time for your partner, she encourages you to not forget about yourself too. “It’s often easier to just focus on work or on putting other people first, but you can’t put yourself on the back burner.” Whether it’s five minutes of meditating a day or just enjoying a cup of tea, you need to take time to reenergize and do something nice for yourself.

Still, she knows with today’s constant connection to our phones and tablets that this is often easier said than done. You have to work to find out what works best for you. For Coffey, one of her activities of choice is playing Candy Crush. “I’m obsessed,” she says with a laugh – but sometimes, that’s all she needs.

*To purchase Coffey’s book Own It!, check it out on Amazon. You can keep up with the hairstylist on Twitter @tabathacoffey.*

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## Cupid’s Weekly Round-Up:

# Surviving a Breakup



By Shannon Seibert

We all know that breakups are painful. Whether you're the one breaking someone's heart or the one being dumped, the situation is inevitably unpleasant. Instead of vacationing on the island of Splitsville surrounded by an emotion ocean, keep your heartbreak clean and classy. Here are five articles from our partners to help you survive the breakup blues:

**1. Don't be "that girl":** As tough as it may be to face your partner, indirect breakups are never the answer. If you are the one breaking it off, it's best to be respectable and ladylike. Check out these people who made the mistake of using social media to do their dirty work. (YourTango.com)

**2. If he cuts you off, cut him out:** There is nothing worse

than going on Facebook and seeing your ex with new arm candy after a recent split. To help the moving on process, clean up your social media. Take down your old pictures, unfriend or unfollow him, and stop checking in on him every day. Lucky for you, in this day and age, there's an app for that. (YourTango.com)

**3. Keep yourself busy:** Wallowing in unreciprocated emotions isn't a positive way of moving forward. Try taking on new tasks or a new hobby. For example, yoga is a great way to cleanse a broken heart while getting into better shape. Take a look at this article, which shows that even Ivanka Trump's young daughter Arabella can do it. (CelebrityBabyScoop.com)

**4. Don't text him:** Texting is an easy way to get yourself into trouble. If you ever wonder if you should reach out to him after you say your goodbyes, the answer is always no. Use this texting guide to avoid uncomfortable situations. (GalTime.com)

**5. Ex is for example:** Use this breakup as a learning opportunity for yourself and figure out what you *don't* want in a relationship. Stop dating the wrong guys and find someone who you see in your future. (GalTime.com)

**What have you done to survive a tough breakup? Tell us in the comments below!**

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**What have you done to survive a tough breakup? Tell us in the comments below!**

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## Mexican Cooking Classes: Spice Up Date Night





By Leslie Chavez

Spice up the kitchen with your “amor” this Cinco de Mayo by adding Mexican Cooking Classes do your date menu! Discover how to create classic Mexican dishes that are fresh and fiery. Throw in some margaritas, and you’ll have all the ingredients you need for the perfect fiesta.

For starters, try checking out some local Mexican restaurants and see if they are offering special cooking classes with their executive chef for the holiday. Or you might find a special event through local flyers and town websites where you can discover and compare some of the best courses out there. Maybe you want your class to look something like this: First, snack on some homemade guacamole and chips. Maybe you can whip up some pozole verde and beef and pumpkin empanadas for the main course. For dessert, take a shot at baking tres leches cake.

**Related Link:** [Date Idea: Wine and Dine](#)

Once you finish the Mexican cooking class, you can have your



own celebration at home and show off your new skills. Cooking dinner for a date is a great way to engage with each other in an intimate way while working towards a common goal. You will be able to learn about each other's strengths, practice communicating, and have fun. Plus, you'll make new memories because of the experience and discover how to better operate as a team.

Ask him about his week as you chop chilies together, or put your hand over his as he stirs the enchilada sauce. Turn up the mariachi music – try listening to greats like Vincente Fernandez or Luis Miguel – as you prepare your meal and dance a little salsa around the stove. Enjoy the process of creating a meal as a couple and sip on tequila sunrises as you go. Cooking is a multi-sensory experience, so embrace the sight, smell, touch and feel of the food...and each other. Muy Caliente!

**Related Link:** [Celebrate Cinco De Mayo with Your Mate](#)

Remember it's all about having fun and connecting with your lover, your cooking dinner for a date, not a contest, so be careful about getting too competitive or ambitious with your partner. After all, the key ingredient in any dish is love.

**How do you and your love plan to celebrate Cinco de Mayo? Tell us in the comments below!**

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**Date      Idea:      Climb      Every  
Mountain**



By Amanda Boyer

You and your partner are tired of the typical dinner-and-a-movie and need a new [date idea](#). You want to do something that will get your feet moving and your heart rate up. To integrate some exercise into your normal routine, follow this relationship advice and plan a rock climbing date! You can check out an indoor gym if it's still chilly where you live or head outside if the weather has warmed up enough.

**Related Link:** [Celebrity Couples That Are Always On the Go](#)

## Go Rock Climbing on This Weekend Date Idea

To find a good spot close to home for this weekend date idea, check out websites like [RockandIce.com](#), and [IndoorClimbing.com](#). Rock and Ice even has articles on *how to*

rock climb, so if one of you is nervous about going or has never tried the sport before, read up for some helpful tips. Be sure to find out what gear is required and purchase or rent shoes, clothes, and ropes as needed.

Once the day arrives, don't let your nerves get the best of you! Start by just taking a few steps up the mountain or wall so you get a sense of where the best rocks are and what kind of foot and hand holds you want to use. This warm-up will have you laughing and joking around with each other as you both struggle to learn something new. Make sure you feel comfortable before you challenge each other and step it up to the next level.

Once you both are ready to go, it's time to race! To turn this rock climbing date idea into a contest, you can climb up the mountain three times; whoever gets to the top first two times in a row can get bragging rights for the night. To raise the stakes, make a bet: The loser has to buy dinner afterwards. The pressure's on!

**Related Link:** [Take a Charity Walk](#)

Whether it's making fun of your significant other for slipping or getting to see your cutie compete against you, you're sure to have a fun time. After a few hours of climbing, betting, and having fun with your honey, you'll be tired and ready for a low-key evening. You and your partner will form a stronger bond over the challenges faced on the rock climbing wall and have new memories to bring to your relationship and love.

**Have you ever gone on a rock climbing date? Share your experience below!**

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# Single in Stilettos Show: 5 Things Men Wish Women Knew About Them



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Tripp about the five things men wish women knew about them. First, men like when women want to get to know them. Next, they love when women are affectionate. They also communicate on a more logical level – an important thing for women to understand. Men like when you ask them for help. And finally, men like compliments just as much as women.

**Related Link:** [How to Tell If He Likes You](#)

Listen up for more great tips!

For more information about Single in Stilettos shows, click [here](#).

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

Guys, what else do you wish women knew about you? Tell us in the comments below!

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## **Screwing the Rules Video Dating Tips: Find the Love of Your Life**





By [E!'s Famously Single Dating Coach, Laurel House](#)

## Dating Advice from E!'s *Famously Single* Laurel House on Finding the Love of Your Life

**Related Link:** [10 Places to Meet Your Soulmate](#)

In this week's [dating advice](#) video, dating expert and E!'s *Famously Single* dating coach, [Laurel House](#) tells you the 8 things to do when looking for love and the 10 best places to go to find that someone special. But first, she encourages you to forget chance. "Put yourself in the right place at the right time if you want to meet Mr. Right." She also shares what you shouldn't do – and it's really quite simple. "Whatever you have been doing! Because clearly it isn't working."



For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What are you going to do to meet The One? Share your tips in the comments below.

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## Kesha Has a New Man



By April Littleton

The pop star has been spotted around Santa Monica with a mystery man. A source told [People](#) the couple have been dating for the last few months, and met through Kesha's stylist. The

singer has slowly returned back into the spotlight after her stint in rehab for an eating disorder.

## **How do you tell your loved ones about the person you're dating?**

### **Cupid's Advice:**

You're dating someone new and you think you're ready to let your loved ones know about it. Who should you tell first? How should you do it? The situation depends on how long you've been dating your honey, but ultimately, the decision is up to you. Cupid has some tips:

**1. Family first:** The best way to begin telling your loved ones about the new love in your life is by starting with your family first. Before you introduce your partner to your family, make sure they have at least some idea of what is going on and what to expect. No one likes surprises like this one.

**Related:** [Rihanna and Drake Party Post-Concert in Paris](#)

**2. Close friends:** Tell the friends you care about the most about your love life. If you're a private person, there's no need to go any farther than that. When you do tell your close friends, keep the conversation casual and try not to freak out about the situation. You don't want it to be a bigger deal than it already is.

**Related:** [Find Out About Demi Moore's New Guy](#)

**3. Ask your significant other:** Ask your partner how he/she thinks the situation should be handled? Maybe they would prefer to meet everyone all at once, or they might not be ready to announce the fact that you two are an item just yet. Whatever you decide to do, make sure your honey is comfortable with it.

How did you tell your loved ones about the person you're dating? Comment below.

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# Celebrity Interview: Chef Roble Talks Date Nights and Says Creating New Fragrance Was “A Lot Like Cooking”



By Maria Darbenzio

Chef Roblé Ali, best known for Bravo's [reality TV](#) documentary

series *Chef Roblé & Co*, is continuing to make his mark on the food industry. Over the years, thanks to his passionate dedication to cooking, he has prepared meals for many A-list stars, started a successful catering company, and has now ventured into the realm of beauty. With his new fragrance *Clique by Roblé*, he's expanding his brand beyond the foodies.

## Celebrity Interview with Chef Roblé

Although developing a perfume may seem like a strange departure for a chef, his fragrance, which he created with master perfumer Frank Voelkl, includes scents of ingredients from his recipes. "When you smell the perfume, you first get a sparkling citrus top note, and that's based on one of my signature cocktails that includes blood orange, lime, and tequila. It's called the Chupacabra," he explains in our celebrity interview. "Once it settles in, there's a rich dessert note there, and that's another one of my recipes called the French Toast Crunch. It's dessert French toast that's crusted in cornflakes, and it has drizzled honey and hot Nutella and chocolate dusted with some powdered sugar. It's cooked in brown butter, so it's really rich and multidimensional."

**Related Link:** [Giveaway: Smell Great with Clique by Roblé](#)

Much like filming a reality show or cooking in the kitchen, creating a fragrance takes a lot of time and dedication. It took over a year of extensive testing to narrow it down to just one scent. To test the final two options, he gathered a group of women – and a few men too – to share which one they liked best. "The other one is really good too, so who knows? We might do something with that one day. Right now, we're just focusing on rolling out *Clique by Roblé*," he shares. "I just want to get it in front of people. It will sell itself. It's something I'm really proud of, and we got really good feedback."

# Bravo Reality TV Star Shares Dating Advice

Chef Roblé imagines this scent being something for everyone, whether it's being worn for a day in the office or a date night at home. When it comes to wowing your special someone with a home-cooked meal, he suggests finding out what he or she likes. "I wouldn't do a whole bunch of guessing. You can put all this energy into something you think is nice, but what if that person doesn't like red meat? Or maybe they're allergic to shellfish, and you just made a lobster bisque," he explains of his dating advice.

**Related Link:** [‘Food Network’ Host Claire Robinson Says, “Food Is the Key to Passion”](#)

As for his own date nights, the “single as a pringle” chef states that he would rather just go to a restaurant. This approach allows him to focus completely on his date and their conversation instead of running around and cooking during the evening. He may be single at the moment, but he's not one to look for a relationship and love. "If you look, it doesn't come. Whatever happens, happens," he admits. Still, he knows what he wants in a partner: He says his perfect woman is “good looking, has good morals, and smells delicious.”

Being a celebrity chef means meeting a lot of people, both famous and not, during his travels. Over the span of his career, Chef Roblé has prepared his signature dishes for the likes of Michael Jackson and his crew, Britney Spears, and President Obama. Plus, he's had the opportunity to cook alongside Mario Batali on *The Chew*. "He's my all-around favorite chef out there, and I got to work with him," he excitedly reveals in our celebrity interview. "That was definitely a memorable and great experience for me."

**Related Link:** [Mario Batali Shares His Tips for Cooking at Home](#)

## [on Date Night](#)

So what's next for the former reality TV star? He's in the process of coming up with concept and location ideas for restaurants, one on the West Coast and another one on the East Coast. They're still in the development stage at the moment, but be on the lookout for more news over the next couple of months.

Besides the restaurants, he's also in the process of developing a line of wines – perfect for your next date night. There may even be some more television time in his future, but for now, he says he's too busy traveling to commit to filming. We'll all have to stay tuned to see what the chef does next!

*To stay up to date with Chef Roblé's projects, follow him on Twitter @ChefRoble and [www.facebook.com/ChefRoble/](http://www.facebook.com/ChefRoble/). Don't forget to enter our fragrance giveaway!*