'RHONJ' Star Kathy Wakile Talks Desserts in Celebrity Video Interview: "Indulge. It's Not Going to Kill You!"

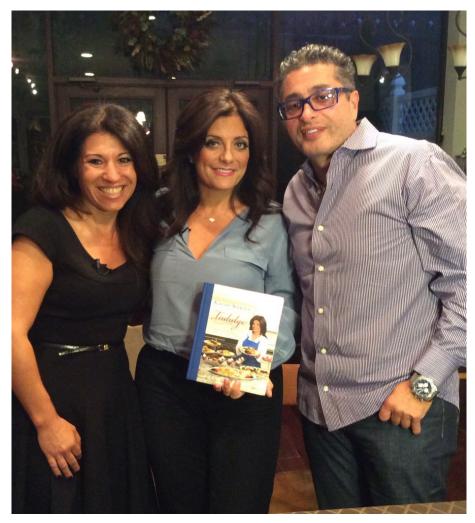




Interview by <u>Lori Bizzoco</u>. Video by <u>Damian Kolodiy</u>. Kathy Wakile first captured our hearts as a

Kathy Wakile first captured our hearts as a cast member of Real Housewives of New Jersey (RHONJ), and now, she's enchanting our taste buds with her dessert line Dolci Della Dea and her cookbook Indulge: Delicious Little Desserts That Keep Life Real Sweet, which was released on September 2nd. Earlier this week, the reality TV star did a book signing at the Boulevard Books & Cafe in Brooklyn. In our celebrity video interview, we got the latest scoop on her decadent

desserts, the upcoming season of *RHONJ*, and life at home with her family.



Lori Bizzoco with Kathy Wakile and her husband Richard.

Reality TV Star Dishes on New Cookbook

As fans may know, the title of her cookbook came from something she said on *RHONJ*: "We were talking about my desserts, and I mentioned how I see really, really skinny girls who deprive themselves of everything and who

aren't happy. So I said, "Honey, have a cupcake. Indulge. It's not going to kill you!'" With that thought in mind, Wakile focused on mini desserts, so people can enjoy something sweet without feeling guilty afterwards. She adds, "We want them to look good and taste good, but we don't have to have such large portions."

Related Link: 'RHONJ' Star Jacqueline Laurita: "I Try My Best to Get Along with Everyone"

When it comes to impressing your partner, her best love advice is simple: She recommends baking her Chocolate Volcanoes. As she mentioned after our interview, "It should be served hot — and it'll make your man feel hot too!" It's no surprise that it's her husband Richard's favorite dessert. Another great date night dessert is the Almond Joyous Cheesecake Cuties (recipe below) — perfect for sharing with your cutie!



Almond Joyous Cheesecake Cuties. Photo: Andrei

Jackamets

Almond Joyous Cheesecake Cuties — makes 2 dozen

CRUST

- 2 large egg whites
- ½ cup granulated sugar
- 2 cups sweetened flaked coconut

TOPPING

- ½ cup sour cream
- 3 tablespoons sugar
- 1 teaspoon almond extract

FILLING

Two 8-ounce packages cream cheese, at room temperature

- ½ cup granulated sugar
- 3 large eggs
- 3 tablespoons sour cream
- 3 tablespoons heavy cream
- 1 teaspoon almond extract
- 2 teaspoons coconut extract
- ¹/₄ cup almonds, toasted and finely chopped

Ganache (page 181)

Sliced almonds, for garnish

EQUIPMENT

Two 12-cavity mini cheesecake pans

Food processor

Electric mixer

Small pastry tamper, optional

2 large rimmed baking sheets

- Preheat the oven to 350°F with one rack positioned in the center of the oven and another rack positioned at the bottom of the oven. Fill a broiler pan or roasting pan with about 2 inches of water and set it on the bottom rack.
- To make the crust, combine the egg whites with the sugar in a medium bowl and use an electric mixer to beat to very stiff peaks. Use a rubber spatula to fold in the coconut until well combined.
- Scoop about 1 tablespoon of the mixture into each cavity in the mini cheesecake pan and use the back of the measuring spoon to firmly compress the mixture into an even layer about $\frac{1}{4}$ inch thick.
- Set aside.
- To make the almond topping, in a small bowl stir together the sour cream, sugar, and almond extract. Set aside. To make the filling, in a separate bowl beat together the cream cheese and sugar with an electric mixer at medium speed until smooth and creamy. Beat in each egg separately and scrape down the bowl after each addition. Continue to mix at medium speed and add the sour cream, heavy cream, almond extract, and coconut extract.
- Set the cheesecake pans on rimmed baking sheets (this will make it easier to get them in and out of the oven). Press the crust down again to ensure that it is well packed.
- Transfer the filling to a large measuring cup with a spout and pour enough filling into each cavity of the pans to fill a bit more than three-quarters of the way up to the rim.
- Bake for 7 minutes at 350°F then lower the temperature

to 250°F and bake 10 to 12 more minutes, or just until the surfaces of the cuties are set at the outer edges but still wobbly in the center. (Keep a close eye on them!

- Take the pans out of the oven and divide the almond topping among the cakes, spooning an even layer onto each and smoothing the tops with the back of the spoon. Top with the chopped almonds, then return the pans to the oven and bake for an additional 7 minutes. (They'll still look wet, but they will set as they cool.)
- Let the cakes cool in the pans for 3 to 5 minutes, then run the tip of a very sharp knife around the top edge of each cake (this will unstick any topping that has adhered to the side of the pan and help the cake come out of the pan easily and flawlessly once they are cool.) Don't try to add the chocolate ganache or unmold the cakes while they are still warm!
- Let the cuties cool in the pans all the way to room temperature, at least 30 minutes. Then chill in pans for 2 hours before unmolding and topping with ganache.
- Carefully unmold the cuties by pressing the little round disk underneath each cake upward to raise the cake so that its bottom is level with the pan rim, then slide a small spatula underneath the cake.
- To cover the cuties with ganache, arrange the unmolded cheesecakes on a wire rack that's sitting on a parchment-lined baking sheet. Use an offset spatula or butter knife to carefully apply a thin layer of ganache to the tops and sides of each cutie. Let dry, then go over the cheesecakes again to smooth out any spots you may have missed, working from the top first and then down around the sides (dipping the spatula or knife in hot water and wiping dry periodically will also help keep the ganache smooth).
- Garnish with sliced almonds and refrigerate 6 hours or overnight before serving. (You could chill the cuties overnight before adding ganache, then chill more briefly

just to set the ganache. The cuties can be kept in the refrigerator for 3 days and are also freezable.)

Ganache — makes about ¾ cup

8 ounces bittersweet or semisweet chocolate, chopped

½ cup heavy cream

- 2 tablespoons unsalted butter
 - Combine the chocolate, cream, and butter in a small heatproof bowl. Set the bowl over a saucepan of barely simmering water. Cook, stirring occasionally, until the chocolate is melted and the mixture is very smooth.
 - Let the ganache cool to room temperature before using.

From Indulge by Kathy Wakile with Miriam Harris. Copyright 2014 by the authors and reprinted by permission of St. Martin's Griffin, an imprint of St. Martin's Press, LLC.

Celebrity Video Interview: Kathy Wakile Opens Up About Her Family

Although the mom of two focused on her cookbook over the past few months, she will be gracing the small screen towards the end of season six of *RHONJ*. "You'll see what's happening with my family and see how my children have grown. You'll see what's happening with our everyday lives," she explains.



Kathy Wakile at her book signing at Boulevard Books & Cafe.

Speaking of her family, the reality TV star reveals that her daughter Victoria is doing well after battling her second benign brain tumor. "She's a strong, brave girl, and she's just more motivated than ever," she says with a smile. Of how she got through such a difficult time, she credits the power of prayer. "I don't feel like it was me doing everything. I feel like God was carrying me through."

Related Link: RHONJ's Teresa Giudice Debunks Divorce Rumors

Of course, the New Jersey native isn't done expanding her empire just yet. Next up is a cookbook of Mediterranean-based appetizers and small plates. As she explains, "I get a chance to show my love through my cooking!"

Keep up with Kathy on Twitter @KathyWakile. You can purchase her cookbook Indulge: Delicious Little Desserts That Keep Life Real Sweet at your local bookstore or on Amazon.

New Famous Couple Neil Young and Daryl Hannah Spotted Following His Celebrity Divorce





By <u>Jessica DeRubbo</u>

New <u>famous couple</u> alert! Rock legend Neil Young is dating actress and activist Daryl Hannah. A source said, "She's a huge Neil fan. They've known each other for years." The new matchup comes one month after Young, 68, filed for a celebrity divorce from his wife of 36 years, Pegi Young. Will this celebrity romance endure the long-haul or quickly fall apart?

This rocker moved on quickly after his celebrity divorce. What are some ways to know it's time to move on from your own divorce?

Cupid's Advice:

After a long marriage and a painful divorce, it can be tough to know when it's time to pick back up and move on. Cupid has some love advice that this new famous couple could also benefit from:

1. Check your heart: Has your heart healed enough to let someone new in? It's important to allow ample time to recover before jumping into a new relationship and love. This not only protects you but also your potential rebound selection.

Related Link: Kobe Bryant's Wife Files for Divorce

2. Wrap it up: It's often easiest if there are no lingering questions surrounding your divorce before you move onto a new relationship. The divorce process is one of the biggest pieces of "baggage" someone can have, and it makes things much simpler if everything has been organized and dealt with before a new relationship begins.

Related Link: Tom Cruise Is Moving On, But Misses Suri

3. You've gone through the stages: As with any tragedy, there are stages of grief to cope with. Make sure you're through anger and intense sadness before drawing anyone else into your world. This can save a lot of hurt down the line.

What are some other ways you to know it's time to move on after a divorce? Share your own love advice below!

How Do You Make a Woman Feel Most Beautiful?





By <u>David Wygant</u>

Well, I could tell you to just come right out and tell her she's beautiful. But to me, that lacks the emotional depth a woman wants. Most women have a day each month, if not several days, where they find themselves more insecure than usual about their looks. They constantly compare themselves to others and make themselves feel bad. Men don't necessarily do that. We'll go to the gym, look at another guy, and say, "Boy, I wish I was built like him." Then, we'll shut it off in our brain and carry on with what we're doing. Women, though,

stand next to each other in Zumba and start to get angry or sad because they feel inadequate.

So here are the five best ways to make a woman feel her most beautiful — any time and any place.

1. Make an effort in the morning: Whether she wakes up wearing her gym clothes, sweat pants, or a dirty t-shirt, tell her she looks beautiful. If you say those sweet words to her when she's wearing no make-up and hasn't brushed her hair, it's going to mean the world to her. Tell her that, even in her grungiest, she's still perfect to you.

Related Link: 4 Best Practices for Talking to Your Date

- 2. Say it and mean it: When she's rocking something she looks good in and she's checking herself out in the mirror (like women do), it may be because she doesn't like the way it fits her body that day. What you need to do is walk up behind her and whisper in her ear, "You look absolutely gorgeous. I can't wait to take you out. I'm not going to be able to concentrate the whole night." When you do this, you're showing her you recognize that she's picking at her parts. You know she's not feeling 100 percent, but you still think she's amazing.
- 3. Don't just say she's beautiful: You can make a woman feel beautiful without actually telling her she's beautiful. If she's leaving for a business meeting, look at her and say, "Wow, you're rocking that outfit, and you're going to kick butt today. Have an amazing day." You're building up her confidence and self-esteem despite not using those two little words.
- 4. Make her feel awesome around her friends: When you meet your woman and a group of her friends, there's a chance she may start to feel a little insecure. She might think her friends are more attractive than she is, and it could impact her confidence. Say something like, "The second you walked in

here, I couldn't keep my eyes off you. You look amazing. I love the way you did your hair." It's all about making her feel special...because that's what beauty is to a woman. It's a feeling rather than an actual look.

Related Link: Planning the Perfect Proposal

5. Tell her the moment you see her: Don't wait. When you pick a woman up for a date or come home from work, tell her she looks gorgeous. She's spent so much time, especially if you're on one of your first few dates, picking out an outfit and making herself look good. She's probably changed clothes three or four times! So acknowledge the fact that she looks great. Similarly, be aware of your woman at all times. If she gets her hair done, take the time to notice and tell her how nice it looks.

Make a woman feel beautiful, and she'll make you feel amazing.

For more from David Wygant, click here.

Don't Let the Good Guys Finish Last





By Janeen Diamond for <u>Hope After Divorce</u>

...we see a few redeeming qualities and think we've found The One. Well, let me tell you — some of us have found The One more than once!

What is it about us humans that we believe in order to be truly happy we need a significant other in our lives at all times? I think more of us need to work on being okay with being alone — at least until we know we're ready for the kind of relationship that will truly add to our own individual happiness. Now, you know me: I always try to keep a dose of positive attitude in everything I write. So today's message may come across as a bit of a downer, but I believe it is too important, so I'm going to go for it.

The divorce rate continues to climb, and I'm convinced it's because people — and particularly we women — get in such a rush to marry or re-marry, that we see a few redeeming qualities and think we've found The One. Well, let me tell you — some of us have found The One more than once!

We wind up telling ourselves things like, "He's completely different than my last husband" or "He's just so wonderful with my kids." Maybe it's more like, "Who cares if he drinks a little too much? He's just so amazing" or "So what if his ex-wife hates him — he's just misunderstood." There's also, "He's irresponsible, but he's so generous with his money," "I don't know that much about his past, but that's just because he's a very private person," and "Yeah, I know he's got a temper, but he has so much stress in his life. I can make everything all better."

Related Link: How To Behave Like a Gentleman

Let me just say... Yes, of course, there are good men out there. I know many. But there are a lot of bad ones too, and the world of divorce seems to make them surface in droves.

I don't make it a habit of recommending books, but I came across one that I actually want my youngest daughter to read before she even starts dating. That means I think every woman, married or dating, should read it too before she overlooks the warning signs or so she can finally realize why she's been beating her head against the wall trying to make the relationship work. It's called *How to Spot a Dangerous Man Before You Get Involved*. And boy, is it an eye-opener!

Now, to all you ladies reading who are looking for a new relationship, let's give this a positive spin because I won't be able to live with myself otherwise... Let's be the woman who is so happy with herself and her life that she doesn't need a man to fulfill her. Let's be the woman who spots a good man when he does come along and attracts him into her life because she is stable and independent and happy. Let's be the woman who is able to step back and examine the facts before jumping feet first into a relationship that may leave you heartbroken at best. Let's be the woman who takes a pass on all the drama and looks for a grown-up to be a lifelong partner, who brings joy and stability and lasting love into the relationship.

The task of finding a genuine man who will appreciate you, love you, take care of you, and allow you to be who you are and who is also loving, kind, secure, and stable (funny would be an added bonus!) doesn't need to be as hard as we make it. Be the kind of woman who will attract this kind of man, and don't settle for anything less than what you want and what you deserve.

Related Link: 'Love Sick: A Memoir of Searching for Mr. Good Enough' Recalls the Humorous and Insightful Journey of Looking For Love

If you're currently on the market for a new relationship, just remember to be careful, be watchful, and be open to dating and marrying good, solid men. They may not be as exciting in the beginning, but they will make your dreams come true in the end.

For more information about Hope After Divorce, click <u>here</u>.



Janeen Diamond, author of Save Your Marriage in 30, was a newscaster for KUTV News until 2001. Since that time, she has been actively producing commercials and special programming through her company, Your TV Spot. She has hosted several television and internet productions and has been a spokesperson for several

products and companies. She is a leader over the youth in her church and takes a special interest in helping kids stay on track with their lives. Janeen is currently co-creating "Teen Impact TV," a website for high school students to give them a creative and emotional outlet. She is a contributing expert for HopeAfterDivorce.org, DivorceSupportCenter.com, FamilyShare.com, and CupidsPulse.com. Follow her on Twitter @janeendiamond and www.facebook.com/janeen.diamond.

Learn the Stages of Lasting Love in Linda Carroll's New Book 'Love Cycles'





By <u>Sarah Batcheller</u> and Shannon Seibert

Linda Carroll has accumulated an abundance of knowledge when it comes to the meaning of true love and how to find it. The Oregon native has utilized her Masters of Counseling in therapy and group settings throughout New Zealand. She now travels with her veterinarian husband around the world to counsel couples and offer her advice through retreats and seminars. She teaches people how to effectively communicate

with one another so a complaint doesn't mature into a criticism or a misunderstanding doesn't deter the relationship. In her third book, *Love Cycles: The Five Essential Stages of Lasting Love*, she depicts love as a process with many everlasting cycles. CupidsPulse.com was able to catch up with the author about her recent release!

We love your idea that love is a cycle and not a straight and narrow path with one destination. Can you describe to us one of the most important stages?

The first stage is when we fall in love; I call it Merge. In our culture, this is what we think of as romance. We are struck by a love drug that is so powerful that we ignore everything that could be a warning sign or red flag. We get this high that knocks out the 911 center of our brain. Your heart is totally open. You don't necessarily make good decisions because you're under a spell and you only see the best.

What's the second stage Doubt and Denial like? How is this considered a normal part of love?

You start to feel like something is wrong. You are more conditional. Women fear disconnection, and men fear being incompetent and criticism — and for good reason. Typically, men become more disconnected and women become more critical. The things we fell in love with start to annoy us, because you finally see the other side of things.

Now, let's get more specific. What are some silver linings of Doubt and Denial?

You get to learn about your own senses. To get to real love, I need to find myself, see my own defense, learn my own triggers, and discover empathy. It's easy to be generous in the Merge but hard in Doubt and Denial. It requires you to work with yourself and to become more wholehearted as a human

being. You have to balance yourself.

Related Link: <u>Couples Therapy: A Way to Rebuild a Struggling</u>
Relationship

Continuing on, tell us about the third stage. How is this different from the first two stages of love?

Stage three is Disillusionment and is much like stage one but a different trance. Everything had been perfect in the first stage, and now, everything is imperfect and wrong. You're quick to jump to conclusions and are critical. At this point, there is a gridlock, and this is usually where people have affairs and get depressed. There are a lot of exits, not where you necessarily leave the relationship but where you create distractions to escape all of the time.

How do you leave this stage and move forward?

This point brings one of four decisions. The first decision is no decision; you just sweep everything under the rug. The second option is to split. Or three, you become different; you stay together but run on parallel lines and give up intimacy. Or the fourth decision is you commit to doing the work, which is to identify what is going on.

Tell us about the ultimate goal, the final stage of Wholehearted Love.

This happens when you've gone through a whole lot together, and you're resilient as a couple. You know yourself; you know how to manage the trouble; you have more empathy; and you are less into being right. Humor comes back into the relationship, and you know that it isn't going to stay perfect. You're able to discover the seasons in a relationship and weather them out. You can find a way back to each other after tough times.

Related Link: 10 Signs That You're in Love

What are some ways couples can intensify the positive parts of

the love cycle?

How couples manage conflicts is the number one indicator of good relationships. Acts of generosity are another part of strong partnerships.

My husband is not my other half; he is his own person. Together, we make a third person where we overlap. We can have a good time away from each other, but we stay connected. We are two whole people together, which is better than half and half. Even on the days we don't like each other, he brews me a latte, which is an act of generosity.

In what ways does our society contribute, positively or negatively, to the way people interpret their own relationships?

It's our focus on romance. We emphasize romance as a really great love, but it's not perfect. To have a relationship that is good enough is different than having a relationship that is perfect. After all, humans are not perfect!

Order your copy of Love Cycles today! Check out her websites www.lovecycles.org/ and www.lindaacarroll.com/.

Single in Stilettos Show: How to Make a Man Fall in Love With You





On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima talks to writer, speaker, and romance artist Zan Perrion about what makes a woman irresistible to a man. Here are five qualities that Perrion says will make a man fall in love: a woman with a certain grace and elegance that implies beauty on the inside and out; someone with a feminine spirit; a woman who inspires him to be the best version of himself; someone who is supportive; and a woman who is completely devoted to him. Watch the video above to find out more about the importance of these traits!

Related Link: Zan Perrion on What Scares a Man Away

For more information about Single in Stilettos shows, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

What do you think is the #1 quality in a woman that makes a man fall in love? Tell us in the comments below!

Holly Madison And Husband Pasquale Celebrate Wedding Anniversary in Disneyland





By <u>Sarah Batcheller</u>

<u>UsMagazine.com</u> has reported that Holly Madison, husband Pasquale Rotella, and their daughter, Rainbow Aurora, returned to Disneyland this week, where the couple was married, to celebrate their wedding anniversary. Madison says that since the couple both love Disney, it wasn't cheesy, and she posted various pictures on Instagram of the family having fun, with the clever caption, "Returned to the scene of the crime..."

What are some out-of-the-box ideas to celebrate your wedding anniversary?

Cupid's Advice:

Your wedding anniversary is monumental, so why not make the occasion a unique one to remember? Your spouse is so special to you that you should do something equally as special to celebrate the fact that your love and hard work have groomed an unbreakable marriage. Here are Cupid's out-of-the-box wedding anniversary ideas:

1. Go sailing: The horizon is limitless, you're withstanding rough water, you're together without anyone else in sight, it's all pretty metaphorical! Sailing is a great getaway because you're leaving your natural element to explore something mystifying and a little dangerous. Who better to undergo such an adventure with than your one-and-only? And what better occasion than the celebration of the day you were joined in holy matrimony?

Related: Lance Bass Proposes to Michael Turchin Again on Anniversary of Engagement

2. Write letters a year in advance, every year: On each anniversary, write letters to each other to be exchanged at the next anniversary. Reflecting on the past is just as important as planning for the future, and there's no better way to do this than to remind each other of how everlasting your love is. Every year you'll be reminded of the time that has just passed, and what started it all- your wedding!

Related: <u>Cupid's Weekly Round-Up: Celebrating Your</u> <u>Relationship</u>

3. Travel: Each year, choose a new place, either abroad our within the country, to visit for the first time. Every new destination represents the milestone in your marriage. Because

marriage itself is a journey, choose to go on actual journeys each year. A road trip or plane ride also provides a good amount of quality time to be spent together with nothing to do but talk, laugh, and enjoy each other's company.

What fun ways do you celebrate your wedding anniversary? Tell us in the comments below!

Sharing May Not Always Be Caring





By <u>Sarah Batcheller</u>

Living with your significant other is a blissful thing. When

you're in love, it's great to come home to each other after a stressful day of working and wake up next to each other each morning. Sharing the bed makes for cozier nights; not to mention, sharing responsibilities makes things a lot easier on both of you.

Reality eventually sets in though. At the end of these long days, you still want some things to belong to just you. After a couple months of being able to snag his comfy t-shirt whenever you want, it's not so fun when you realize he's been using your favorite bath towel to dry the floor or your expensive shampoo as his body wash. Cupid is here to dish on what's good to share and what's good to keep separate:

1. Keep your personal products separate: This is mainly for hygiene purposes. Toothbrushes should never be shared — and no, it doesn't matter if it's being used by the same mouth you kiss! That goes for razors and loofahs as well. Anything that has the purpose of cleaning and primping a person should be reserved solely for that person. Plus, people tend to be borderline OCD when it comes to their bathroom products, so it's best to avoid arguments over this issue by respecting one another's boundaries.

Related Link: What You Need to Know Before You Move In Together

- 2. Share your groceries: Food in the house should be neutral territory. You're not bunking with your college roomie anymore, so you don't have to worry about rationing your groceries fairly. Food is the sustenance of life, and sharing meals is a great way to bond and express mutual love. That means the food buying expenses and responsibilities are also shared. Remember that surprising your babe with their favorite snack food is a great way to add a little romance to your living situation.
- 3. Share pet care responsibilities: Even if a cat or dog

belonged to one partner before merging households, it's still considerate to pitch in with the caring for said pet. When you agreed to move in with your significant other, you knew that the animal was part of the deal too. You might as well get into the habit of filling up their food bowl and scratching their tummy!

Related Link: The Big Merge: 3 Tips for Moving In Together

- 4. Share only certain clothing items: It's easy (and even kind of cute) to grab your honey's t-shirt when you're in a hurry or even when you just want to lounge around. Sweatpants are in the same category. But ladies, your man may or may not like it so much if you throw on his boxers to sleep in, so make sure you get the okay before stealing his favorite penguin-covered pair. Similarly, gentlemen, steer clear of anything that can be stretched out, like socks or slippers (no matter how comfy and fuzzy they are) because that is the ultimate pet peeve among females.
- **5. Keep finances separate:** Unless you're married, it's wise to maintain your money and bills as your own responsibility. Of course, rent and other utilities will be split, because, well, you live together, but everything else you're financially responsible for should be yours alone. This way, you're not crossing any lines that could lead to tense arguments. Sharing finances can be a messy avenue to travel unless you're totally, 100 percent committed.

What things do you share with your live-in partner? Tell us in the comments below!

Sharing Secrets





By Melanie Mar

You all have experiences in life that are so private that you choose to only reveal them to a small group of close confidents. But when you start a new relationship, one of the dilemmas you'll face is: When is the right time to share your personal secrets with a new love? Sharing your private life can be somewhat anxiety-inducing, whether it regards a previous relationship, a health issue, or a family problem. It takes a lot of guts to share your secrets with your partner with the hope that they are trustworthy enough to embrace what you're telling them with an open heart and no judgement. Below are four things to consider before disclosing yourself:

1. Take your time: Get to know the person and observe how they react to others. Are they compassionate towards friends, coworkers, and family? When faced with a challenge, how do they handle it? You want to know that what you share is in a safe zone; does your new partner tell you secrets of others that should not have been repeated? When you feel comfortable, start by sharing smaller, less impactful parts of your private life and tread lightly. How did they handle this information? Were they emotionally mature and supportive? Do not reveal more until all of these questions are answered in a positive way.

Related Link: Five Tips for Falling in Love in 2014

- 2. Maintain boundaries: However close you're feeling to your new parter, you do not "owe it to them" to share things until you are completely comfortable. Sharing your private life prematurely can lead to regret if the relationship fails a few months later. Do not feel the need to disclose every specific thing that occurred with previous relationships and only give information that is truly for the benefit of your new relationship. Maintain boundaries for yourself and understand your reasoning for implementing this trickle effect; this step will assist you in refraining from dragging your skeletons out of the closet before the relationship has a deep, solid foundation.
- 3. Build a trustworthy record: Trustworthiness and honesty are the backbones of any successful relationship, but while you're establishing yourselves as a couple, withholding certain information is not particularly a bad thing. If asked something directly that you do not wish to answer, gently steer the direction of conversation to another subject. If that fails, simply state that you would prefer to discuss it later as your relationship progresses. Initially, keep it light when it comes to your discussions with your new significant other. Keeping a few secrets may be in everyone's best interest. You're not pretending to be someone you're not;

you're just revealing things about yourself in small doses and at appropriate times.

Related Link: How to Have a Stress-Free First Date

4. Know that some secrets are healthy: Not all secrets are bad! There's something to be said for the curiosity that can come from being with someone you don't know absolutely everything about. Withholding tidbits of information about yourself can add a sense of mystery that will keep the relationship fresh and exciting when your partner learns something new about you.

Remember personal information is sacred. It should not be disclosed without great contemplation. You have to decide if the things you're withholding will significantly alter the a new and vulnerable relationship. Still, know that in a long-term, committed relationship, secrets should be kept to an absolute minimum.

<u>Melanie Mar</u> is a celebrity relationship specialist, matchmaker and life coach.

Robert Pattinson is Dating English Singer FKA Twigs





By Kaley Allard

<u>UsMagazine.com</u> brings us the news that Rob Pattinson is no longer a single man (insert sad sigh here). It has been confirmed that the <u>Twilight</u> heartthrob has been in a relationship with English singer TKA Twigs for the past few weeks. The couple has reportedly bonded over their mutual love for music and met through mutual friends. While the relationship is only in its early stages, the couple seems to be very happy together.

How do you take things slow at the beginning of a relationship?

Cupid's Advice:

Beginning a new relationship is an exciting, yet scary time for both individuals. There are many things going through your mind when you begin a new relationship and there are many things to consider. Here are three pieces of advice on how to take it slow at the beginning of your new relationship:

1. Set limits: One of the first things that you should do in

any new relationship is to set limits. The only way to grow together is to make sure that you both know what you want in the relationship and what you are not ready to do. If your significant other does not respect limits that you want to set, her/she is not the one for you.

Related: <u>Robert Pattinson Says He's 'Quite Sensitive' in</u> Relationships

2. Spend time alone: It is great to be in a relationship because you then have someone to share your time and experiences with. With that said, while you can be a couple, it is extremely important that you stay true to yourself, and give each other space.

Related: The New Dating Game

3. Spend time getting to know one another: Another way to take it slow at the beginning of your relationship is to spend time getting to know one another first before becoming too serious. You want to know each others' goals and plans for life before you start planning your futures together.

What are some ways that you and your significant other took it slow in the beginning of your relationship? Please share below!

Screwing the Rules Video Dating Tips: The Best Dating Question to Ask on a First

Date





By E!'s Famously Single Dating Coach, Laurel House

Dating Advice from E!'s Famously Single Dating Coach Laurel House

Related Link: Do THIS for Better Dates

If you're insecure about what to chat about on a first date or tired of having boring conversations, then this week's <u>dating</u> <u>advice</u> video, from relationship expert and E!'s *Famously Single* dating coach, <u>Laurel House</u> is for you. She encourages you to ask one "magic" question: Why? "That's it! Why adds so much — it's the one thing that you can tack onto any mundane

subject and suddenly transform it into something that matters," she explains. Listen up for more great dating tips!

For more information about our dating mentor, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

Cupid wants to know: What's your go-to first date conversation topic?

Lauren Conrad Celebrates Girly Bridal Shower





Over Labor Day weekend, Lauren Conrad celebrated her bridal shower with her friends and family in Los Angeles. She took style inspiration from Paper Crown and featured flower décor and other personalized items like napkins for her guests, which she then showcased on her Instagram. Pictures included a grey napkin with "Almost Mrs. Tell" printed on it, an old picture of her mom's bridal shower for a laugh and the floral china. According to <u>UsMagazine.com</u>, Conrad was "thrilled for the sweet bridal shower." A source said, "Everything was brought in, they used tips that are on her blog and a few events companies did small loans, but really her friends are so thrifty."

What are some ways to personalize your bridal shower?

Cupid's Advice:

Are you engaged and need an idea to make your bridal shower unique? Cupid has some tips:

1. Pick a theme: pick a theme more than just your colors for your wedding, make it out of the ordinary and simple to carry out into the centerpieces and other favors.

Related: 'The Bridesmaid's Manual': A Guide to Wedding Planning And Friendship

2. Customize a game: Games like Who Said It? and 2 Truths and a Lie can be personalized to your special day in order to take a trip down memory lane for your family and guests. You'll see a ton of tears and laughs!

Related: Girls: Would You Pass The Bride-To-Be Test?

3. Create a slideshow: Before the event, and have all the guests send in pictures of themselves with the bride-to-be. Create a slideshow to be playing throughout the day with some

nice music to go along with it.

Have another way to make your shower stand out? Comment here!

Single in Stilettos Show: 5 Signs He's Not The One!





On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima talks to Robert Manni, dating coach and author of *The Guy's Guys Guide to Love*, about how to know if the man you're dating is The One. Here are five signs that he's *not* your soul mate: He's too jealous; he overindulges when it comes to drugs or alcohol; he has different views than you about money;

he doesn't want to be around your family; and he's abusive in some way.

Related Link: Robert Manni on How to Be Successful at Online Dating

For more information about Single in Stilettos shows, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

How did you know when you found The One? Tell us in the comments below.

Being "Too Friendly" With Opposite Sex Friends





By <u>Sarah Batcheller</u>

The opposite sex doesn't have to become off limits just because you're in a relationship. In fact, it's just as healthy to maintain friendships with the opposite sex as it is with the same sex. There is a line though, and it can be crossed — very easily — if you're not careful. Being too friendly can compromise your relationship, even if you don't mean to offend your significant other. Always think about how you would feel if your beau did the same thing with his opposite-sex friends. Follow Cupid's advice so you can carefully walk the line:

- 1. Don't send private messages to each other: Using Snapchat and texting every once in a while is fine, but limit the amount of private messages shared between the two of you. It's better to communicate via more public avenues, like Twitter or Instagram. That way, your sweetheart won't feel like you're hiding your friendship.
- 2. Don't spend too much one-on-one time together: Similarly, spending too much time alone with a friend of the opposite sex

can be inappropriate. If you have a long-time bud, it's alright to occasionally hang out on your own, but when it starts to occur multiple times a week, your partner will have logical reasons to be suspicious. It seems like you're intentionally seeking out alone time because you want your behavior to be kept secret...catch our drift?

Related Link: Do Your Friends Influence Your Relationship?

- 3. Don't excessively brag about your history: Say you have a friend who you've known since you were born because your moms are besties or who you met in law school and spent countless hours studying with in the library. Constantly bringing up the fact that you've "known each other for so long" or that you're "like family" can make your significant other feel like they're less important. It's fine to tell your babe these things, but don't over do it, so as not to seem like you're rubbing it in their face.
- **4. Don't party with them too much:** Alcohol-induced rendezvous aren't totally uncommon, so if you're always going out and spending late, tipsy nights with a friend of the opposite sex, it will make your partner jealous and uncomfortable. Keep it sober and casual or better yet, invite your significant other out to enjoy the night with you too.

Related Link: When is it OK to Be Friends with an Ex?

5. Finally, don't share too much information about your relationship: Relationships are meant to be intimate and private, so if you're divulging every detail to someone else, it can come off as you trying to connect with them intimately and privately. Your boo will probably want some things kept under wraps when it comes to your love, so sharing that information with an opposite sex pal is a violation of trust.

Tell us: How do you handle being friends with the opposite sex when you're in a relationship?

Back Together? Justin Bieber and Selena Gomez Snap Cozy Pic in Canada





By Amanda Boyer

So maybe they are on-again? According to <u>UsMagazine.com</u>, Justin Bieber and Selena Gomez look like it! On Monday, August 25^{th} , the couple was spotted out to dinner at Dave & Buster's in Hollywood by some fans taking pictures. Later the following day, Bieber also posted a picture of Gomez on his Instagram and then quickly deleted it. On Wednesday, August 27^{th} , Bieber

uploaded another photo of him and Gomez together cuddled up in Canada. According to sources, this pair is getting close and spending a lot of time together again.

What are three important conversations to have before reuniting with an ex?

Cupid's Advice:

Sometimes it's good to give second tries to relationships. Want to give it a try? Cupid has some advice on how to talk things out:

1. Ask questions: Are there still feelings there for one another? Why did the relationship fail in the first place? All questions to ask. It's important to address past issues so that you can then move forward.

Related: Justin Bieber and Selena Gomez Reunite at Coachella

2. Seeing passed what happened: Some things are forgivable/forgettable, while others are simply things you can't get past. Determine which category your past issues fall into, and then go from there.

Related: <u>Justin Bieber Dedicates Song to 'My Baby' Selena</u> Gomez at SXSW Show

3. Things are going to change: Come to terms with the fact that things are going to change moving forward. There's a reason things didn't work out in your relationship the last time, and the only way it's going to work on moving forward is if some important things change.

Have you ever gotten back with your ex? Share how you got there by leaving a comment below!

Red Flags That Mean It's Time to End Your Relationship





By Jennifer Ross and Laura Seaman

Perhaps your one-year dating anniversary is coming up. Or maybe you've just gotten engaged and announced it publicly. You may even be making your wedding arrangements; deposits have already been given. Almost all your friends are envious of your relationship. Yet deep inside, you have a nagging suspicion that something's just not right. The feeling started out small, probably as a momentary thought that you perceived as ridiculous and quickly dismissed. However, with every passing day, this "ridiculous thought" continues to creep up

at different times, and you find it worrisome. Don't fret — you're not the first one to experience this issue!

It's surprising how many people, when reflecting back on their lives, knew not only that they should have called off their relationship, engagement or wedding but also the very moment when it should've happened. There were times when a red flag drew its ugly head, and they ignored them, not wanting to discuss them for fear of embarrassment or starting a fight.

However, we don't recommend that approach. When you have a nagging feeling that won't go away, you must wake up! Listen to it and decide whether it bears any truth or not. If you're hesitant to call off your relationship, here are five warning signs that can help you decide.

Related Link: 7 Steps to Recover From Ending a Relationship

- 1. Waiting for improvement: If you keep telling yourself, "Oh, they'll stop doing that once we're married" or "They'll change when they become a parent," just stop. If you don't like someone for who they are at that exact moment, you shouldn't be with them. Don't keep hanging around waiting for who they could be because that might never happen.
- 2. Infidelity: This is one of the biggest red flags that the relationship is failing. Every day, so many people are cheated on by their partner, and yet, the relationship continues. Most of the time, it happens not because someone is a philanderer but because there is a void or issue that one or both sides aren't willing to discuss. Remember that the problem isn't going to go away on its own.
- 3. There is a missing link: Communication between you two is good, but certain fundamental issues either haven't been discussed or cannot be agreed upon. Things like how many children to have, which church to go to, and where to live are crucial questions to be answered in order for the relationship

to last.

Related Link: How to Break Up Without Breaking Them Down

- 4. Your parents aren't on board: When your parents voice that the your partner isn't a good fit for you, their advice should be considered. After all, they know you better than anyone else! They love you and have your best interest at heart. They also have the advantage of being an outside observer and can see things that you can't.
- 5. You just have a gut feeling: Too often, our instincts warn us to take heed, and we don't listen. If your gut is telling not to move forward, it's best to call it off and understand why. At the very least, you should temporarily take a break from your relationship until the feeling passes. If your love is meant to be, you'll eventually resolve whatever looming issue you may have.

What warning sign do you find easiest to ignore? Let us know in the comments below!

5 Tips for Meeting Your Partner's Family Stress-Free





By <u>Marni Battista</u>

You've won over the guy, but winning over his family is even more daunting. While your feminine wiles and witty repartee may have tugged at his heartstrings, making a killer first impression and getting the stamp of approval from those closest to him takes a slightly different strategy. Much like a first date, the first time you meet the family doesn't always elicit fireworks. But there are ways to prepare, calm your nerves, and set the stage for a wonderful relationship with your fella's loved ones. So take a deep breath and let these five Dating with Dignity tips help you relax:

Related Link: Taking Your Partner on a Family Vacation

1. Understand his family landscape: Relationships between family members are often the most deeply rooted and intricate of them all, so gaining a solid understanding of existing tensions or unconventional family arrangements beforehand will save you from surprise. Schooling yourself on your boyfriend's step-siblings or tense background with his aunt will eliminate awkward situations and allow you to navigate some major conversational pitfalls.

- 2. Learn their likes: Ever fretted before a first date about what the two of you will talk about? You may be experiencing similar anxiety before meeting the family, but in this case, you have your boyfriend to help you prep. Don't be shy about pumping him for information about the personalities and interests of those you're about to meet. Not only will you naturally engage in more thoughtful and free-flowing conversation, but your genuine interest in your partner's loved ones will score you brownie points with him too.
- 3. Avoid controversy: No matter how vehemently you and your partner may agree on certain hot button issues, it's best to err on the side of caution when meeting his family. Sensitive subjects like politics or religion carry with them scores of touchy nuances that could make the conversation treacherous. If you're worried a certain subject might come up, plan to pre-vet opinions on the issues in question with your boyfriend beforehand in case you need to prepare a PC response or gently nudge him in the ribs to jump in and change the subject.

Related Link: Meeting Your Partner's Family Over the Holidays

- 4. Mind your manners: Hold that sailor's tongue, roll up the sleeves of your sensible yet stylish cardigan, and start setting the table. Your language and overall interaction with his family members will all roll into one well-formed opinion of your character. Of course, don't go overboard with the manners or sensible clothing to the point where you feel stiff and unnatural. You just want to create a sterling (and well-deserved) first impression.
- **5. Be yourself:** You probably saw this one coming: The best way to succeed in any social situation is to relax and let others get to know the real you. Any time you find yourself getting nervous, remember that the whole reason you're meeting these people in the first place is because your mate is enamored with you. The more naturally you act, the more likely his family will follow suit.

<u>Marni Battista</u>, founder of Dating with Dignity, is an expert dating and life coach with a 10-step system to manifesting love for yourself and others. You can contact Marni at marni@datingwithdignity.com.

Single in Stilettos Show: The One Thing Men Want from Women





On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima talks to Ms. Solomon, who became a dating coach after she realized that dating came easy to her. She didn't understand why so many women were complaining about finding

love...and in today's video, she shares some of her secrets with you. So what is the one thing that men want? Fun! It's really that simple. Here are four ways that you can be more fun: learn how to flirt; be adventurous and spontaneous; radiate a positive attitude; and keep conversation lighthearted.

Related Link: Ms. Solomon Reveals Where to Meet Men

For more information about Single in Stilettos shows, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

How do you have more fun when dating? Share in the comments below.

Usher and Nicki Minaj Heated Up the Club in Usher's Music Video





By Kaley Allard

When two attractive individuals get together, the temperature in that room is only going to go up, and that's exactly what happened in Usher and Minaj's new video, 'She Came to Give it To You.' First reported by <u>UsMagazine.com</u>, 'She Came to Give it To You, 'showcases the best of both worlds with these two: killer vocals and equally as killer dance moves.

What are some creative ways to incorporate dancing in your relationship?

Cupid's Advice:

When life gets in the way it may be hard for you and your partner to find ways to let loose and have a little fun. Consider these three suggestions from Cupid on how you can add more dance into your relationship:

1. Ballroom dancing: You and your partner should consider taking a ballroom dancing class or joining a club. It's an easy way to have some fun with your partner while also burning some calories.

Related: Weekend Date Idea: Dance at a Nightclub

2. Hit up the club: What better way to have fun with your partner than by hitting up the local dance club? Bright lights, loud music and maybe a few cocktails will help you let loose and enjoy yourselves while also shaking your groove thing.

Related: <u>Singles Event: Salsa Dancing Lessons</u>

3. Dance in the kitchen: While you and your partner are cooking a romantic meal for two, put on some tunes and shake your money maker. Cooking is not fun for everyone, so why not make the chore more enjoyable by waltzing in the kitchen?

What have you and your partner done to add more fun into your relationship? Please share below!

Celebrity Gossip: Malin Akerman Flirts with Leiv Schreiber's Brother at Emmy's





By Amanda Boyer

In the latest celebrity dating rumors, single mom and recently-divorced Canadian star Malin Akerman showed up to HBO's Emmys after-party on Aug. 25 showcasing a brand new Miley Cyrus-inspired haircut and confidence as she was doing some flirting of her own on the dance floor, according to <code>UsMagazine.com.</code> Celebrity gossip states that Pablo Schreiber, brother of Liev and actor in <code>Orange is the New Black</code>, was the one that was spotted with Akerman in the Pacific Design Center in Hollywood on Monday night. Has a new famous couple been born?

You'll stay out of the celebrity gossip tabloids, but you still want to have fun without flopping! What are some creative ways to flirt

with a new guy?

Cupid's Advice:

Flirting is a time-old practice, but it's easier said than done. Cupid has some creative dating advice to help you step it up:

1. Be interested: Show how involved you are in the conversation with him by asking follow-up questions and responding with affirmations along the way.

Related Link: Exes John Mayer and Katy Perry Are Spotted Flirting at Memorial Day Party

2. Body language is key: Take a cue from Akerman and be confident! Look him in the eyes when flirting. No guy wants to see the back of your head instead of your smile!

Related Link: <u>Justin Bieber Has Dinner with Kendall Jenner</u>
Amidst Selena Gomez Drama

3. Tease him: When he least expects it, text him, "Can I tell you a secret?" It not only shows you're interested, but that you can trust him! When he says, "Sure, tell me a secret," respond and say, "Never mind." Now, he's left wondering, and he'll no doubt bring it up next time he sees you!

What's your best flirting tip? Share your dating advice below!

Should You Date Someone Going Through a Divorce?





By Laura Seaman

Dating someone who is divorced is one thing, but dating someone who is currently going through a divorce is another. This person is still technically married, even if it might not see it that way. Every divorce is different, though. Some couples have all out wars over anything and everything, while others decide that they're better off as friends than partners. Some pairs have kids while others may not. If you're considering a relationship with a person who is getting divorced, you need to know exactly what you're getting yourself into.

1. Get clear answers on how far into the divorce they are before going any further: Every situation is unique! You can get the story from both sides of the equation, and they may be very different. One partner might say that the separation has been coming for a long time, but there's still quite a bit to do as far as splitting up assets, while another may say all that's left is the paperwork. Make sure you dig in and find out all there is to know before entertaining the idea of a relationship.

Related: What Now? Transitioning From Married to Single

- 2. Be sure there's not a lot of emotional baggage: While not every divorce is the same, all of them mean the same thing. This person was in love with someone else at one point, and now that relationship is over. Even if the two were fighting all the time and this divorce is seen as a relief, there's bound to be some pain. It's going to take some time to heal for most people, even if they insist that they're fine and have moved on. Don't assume you're the rebound, but be aware that it's a possibility.
- 3. Don't get involved in drama: Of course, your new partner isn't the only one going through this divorce. There's an ex in the picture, two families, and possibly some children. Divorce can cause a lot of drama, so make you're prepared to deal with it and not add to it. If the ex is still coming around to settle things or the kids seem uncomfortable with their parent dating again, maybe now isn't the best time for a relationship.

Related: Taking On the Role of Stepmother

4. Don't question a good thing: Though there are many possible complications, there's also a chance the divorce they're going through has no issues. Some relationships are dead long before divorce is finalized. It might be a matter of paperwork, money, or just being too preoccupied with other things. In

that case, don't spoil a good thing!

It's important to know what you're getting yourself into before you decide on entering a relationship with someone who is still going through a divorce. Not all divorces are messy, but they are all unique. Make sure your potential partner is emotionally ready for a new relationship, and don't set yourself up to get hurt by being a rebound. Good luck!

What do you think about dating someone while they're going through a divorce? Let us know in the comments!

Jesse Kovacs on 'Bachelor in Paradise' Controversy: "Guy Talk Isn't Always Meant to Be Shared"





Interview by Lori Bizzoco. Written by Shannon Seibert.

Fans recognize Jesse Kovacs from season five of *The Bachelorette*, where he fought for Jillian Harris's heart, and season one of *Bachelor Pad*, where he caused drama with exgirlfriend Elizabeth Kitt. Now, he is standing at another rose ceremony, waiting to see if he will get a rose on *Bachelor in Paradise* tonight. "It's funny because, during this rose ceremony, I was sick as hell. I don't think they show it, but I was off in the jungle puking my brains out," Kovacs tells us in our celebrity interview. "So I wasn't even concerned about getting a rose."

Related Link: Former 'Bachelor Pad' Exes Elizabeth Kitt and Jesse Kovacs Offer Advice on Dating and Love

Jesse Kovacs Talks About Return to Reality TV for *Bachelor in Paradise*

Arriving in Tulum, Mexico this week, his first date was with Jackie Parr (Sean Lowe's season). He knew nothing about the format of the show; he did, however, know that it was worth it

if finding relationship and love was a possibility. "It's all about the experience for me," he shares. "If you're openminded, you can meet someone anywhere. It doesn't matter if it's on reality TV or if you're in the coffee shop, at a bar, or at the post office."

What wasn't aired is that Robert Graham pulled him aside and gave him a brief rundown of the situation. "I did know that Marquel and Jackie went on a date but still felt confident that she would want to go on a date," he confirms. He also says that everyone was super nice and inclusive. "Graham Bunn and I pretty much hung out the entire time," he adds.

When the winemaker first got to the island, he had three or four days of date after date after date and then a rose ceremony, leaving him with little free time to get to know any of the guys except for his roommates. "I'm talking with the guys in my hut as if I were talking to any of my buddies about a girl I was seeing, totally not realizing that there were microphones in the ceiling," he reveals. "Certain things were relayed back to the girls — and of course, guy talk isn't always meant to be shared."

Related Link: <u>'Bachelorette' Star Marcus Grodd Is Engaged to</u> 'Bachelor in Paradise' Costar

Teasing his storyline further, he admits that something happens that leads to tension between him and one of the guys. Plus, he gets mixed up in a big misunderstanding that causes him to head home early. "That will all come out later," he assures us. He says that he looked like the bad guy, although he was telling the truth about what happened.

Despite everything, Kovacs doesn't have any regrets and speaks highly of his experience. "It is what it is. Realistically, I should've known better." Given he walked into a similar storm between AshLee and Clare, we had to get his opinion on the situation with the ladies. "I definitely feel like AshLee is

always concerned about how she will be portrayed," the reality TV star says. "Her edit or cut was the most important thing to her. I noticed this right away."

His Recent Relationship and Love Life

He may not have found a relationship and love on *Bachelor in Paradise*, but we do know is that he had a serious girlfriend since viewers last saw him on *Bachelor Pad*. "She was in San Diego, and I was living in Los Angeles. We spent every weekend together — we'd go to the beach, and I'd bring a bottle of wine," he candidly shares. "We moved in together, started a business, and then split up seven months ago."

Outside of the show, Kovacs tells us that he isn't looking to settle down again anytime soon. Instead, he's staying busy with his entrepreneurial endeavors. He recently opened a lounge called Liquid in downtown San Diego, and he's still managing Kovacs Brothers Wine with his brother. "We have some wine that we're probably going to release in early September, and then we're going to be harvesting again," he says of what's next.

You can keep up with Jesse on Twitter @JesseAKovacs. Be sure to tune into Bachelor in Paradise on ABC on Mondays at 8/7c!

Beyoncé and Jay Z Lock Lips

at MTV Video Music Awards





By Kaley Allard

Recently, there have been rumors swirling that power couple Beyoncé and Jay Z were headed for splitsville. As reported by <u>E! Online</u>, the two put that gossip to rest when they kissed at the 2014 MTV Video Music Awards as the rapper presented his wife with the Michael Jackson Video Vanguard Award. Beyoncé thanked God, her daughter Blue Ivy, her husband, her fans, and MTV for this award and couldn't hold back the tears.

What are some ways you can support your partner's career?

Cupid's Advice:

The human race is a self-centered one. We want others to pity us in times of need or to praise us in times of joy. When you

are in a committed relationship, that attitude must change in order for your partnership to stay strong. Here are three ways to support your partner's career and show how much you truly care:

1. Surprise them: If your partner receives a promotion at their job, surprise them with a nice dinner or even a simple card. Anything to say how proud you are of this exciting announcement will make the promotion even more special.

Related Link: <u>How to Handle Being More Successful of Your</u> Partner

2. Lend an ear: If your partner is worried or stressed about a project at work, take the time to actively listen to their concerns. Allowing them to vent will show them that you really care about what's going on and that you're there to help them work through any issues they may have.

Related Link: Celebrity Athletes and the Women Behind Them

3. Plan a date night: If your partner loses their job or even just has a really rough day at the office, take them out for a night of fun and relaxation. Put off discussing the tough situation until tomorrow, but don't put it off for good. If needed, help your partner in their job search. No matter what, be positive — tomorrow will be a better day!

What have you done to show your support for your partner's career? Please share below!

Miley Cyrus Makes Celebrity News With Homeless Date at VMA's





By Kaley Allard

Miley Cyrus may have been all about having fun at the 2013 MTV Video Music Awards, but this year, she was strictly business. The <u>latest celebrity news</u> cites that in order to raise awareness about youth homelessness and promote her fundraising campaign, she brought a homeless man named Jesse as her date. When Miley's hit song "Wrecking Ball" took home the Video of the Year award, she let Jesse take the spotlight and give her acceptance speech. Cyrus was brought to tears by his speech, and instead of hitting up post-VMA parties, the duo headed to In-N-Out Burger to celebrate, according to <u>UsMagazine.com</u>.

She posted an adorable photo on Instagram to commemorate the evening. While her twerking days may not be over, at least Cyrus is taking a break and advocating for causes that are truly important to her. This celebrity news melts our hearts!

How can you and your partner incorporate charitable causes into your relationship?

Cupid's Advice:

For most of us, extra time and money are hard to come by. This fact makes it difficult for working couples to help charitable organizations. Do not fear! Cupid has some dating and love advice to help you and your partner contribute to those causes that are near and dear to you without making you eat Ramen noodles for the rest of your lives:

1. Donate money: Instead of spending money on that five-star restaurant, you and your partner should consider giving those funds to a charity that means something to both of you, whether it be to an animal rights group or to bring clean drinking water to third world countries. Make it a monthly tradition and pick a new organization each time!

Related Link: <u>Celebrities That Actually Get Their Hands Dirty</u>
When Giving Back

2. Donate time: Instead of spending your day mindlessly sitting around the house or wandering around the mall, make your Saturday useful by volunteering with your partner. There are so many opportunities to help out in even the smallest of communities. Look into local nursing homes, soup kitchens, and animal shelters, just to name a few options. It'll make you feel good to help others in need, and those who you helped will be forever grateful.

Related Link: Take a Charity Walk

3. Fundraise: Sit down with your partner and organize a fundraiser for a local organization that's struggling. Rally your friends and neighbors to help raise awareness or to donate funds. Any way that you can give back to your community will show how proud you are of your home.

What are your thoughts on this celebrity gossip? Tell us in the comments below!