

'Bachelor in Paradise' Couple Marcus Grodd and Lacy Faddoul Spend Their First Thanksgiving Together!



By [Emily Meyer](#)

The holidays are meant to be shared with the people you love, and for Marcus Grodd and Lacy Faddoul, they did just that! According to Wetpaint.com, the *Bachelor in Paradise* couple spent their first Thanksgiving together in Faddoul's home state of California. Both reality stars posted sweet pictures together on their Instagram accounts. Faddoul captioned one photo, "Happy Thanksgiving! We are so thankful for those that love and support our little family. #family #friends

#bachelornation.” Grodd then wrote, “Happy Thanksgiving Day from our family to yours! Hold your loved ones close #blessed #love #gobble.” From the background of the photos, we are guessing they were snapped in The Golden State, which also happens to be where the couple has been spending most of their time these days. This adorable pair seems to be powering through the holiday season joyfully!

How do you know when you’re ready to bring your partner home for the holidays?

Cupid’s Advice:

Although many people usually complain about being single during the holidays, it’s not so easy for couples either! The big question is for many pairs is whether or not you should bring your lover home for the holidays. Cupid knows it can be stressful, so here are three ways to tell if you’re ready for your new partner to spend this special time with your family:

1. They have met your loved ones before: If your significant other has never met your parents, the holidays may be an awkward time to introduce them. It’ll be intimidating to expect your beau to get to know your entire family (including your crazy aunt) during this stressful time of cooking, gift giving, and party-hopping.

Related Link: [‘Bachelor in Paradise’ Couple Marcus Grodd and Lacy Faddoul Still Together](#)

2: They seem pro-holiday: If your sweetheart is asking you about your family’s Christmas traditions and your favorite memories, that’s a good sign! They’re already invested in sharing the holidays together and want to become more connected as a couple. If they seem to be in good spirits about the holidays, it’s worth broaching the subject of bringing them home with you.

Related Link: [‘Bachelor’ Runner-Up Lindsay Yenter Is Engaged](#)

3. You actually *want* them there: It’s really important to not feel pressured to bring a new boyfriend or girlfriend home for the holidays. Make sure that you really want them there and that you aren’t only trying to please someone else (like your mother). If you don’t feel ready, don’t extend the invite!

How did you know you were ready to bring your partner home for the holidays? Share with us below!

Four Changes You MUST Make to Avoid Falling Prey to the Unavailable Man





By April Kirkwood

Something mystical occurs when a beloved arrives and touches our heart. We become mesmerized as if we're under a spell, and we are deaf to all rational thought. We are cut off from cognitive reasoning and common sense as he slips his hand in ours. We blindly ignore the wedding ring on his hand, the calls from his kids during love making, and holidays alone as he spends time with family and friends.

Eventually, the dream of landing the unavailable man starts to crumble. Weeks fade into years, turning us into hateful, bipolar lunatics lost in lies and deception. The eventual breakup ends badly. He calls us crazy, a mistake, or denies "us" altogether.

For months after, we stumble through our days half drunk with deep pain. Confused and broken, our eyes are forced open by the glaring sun of truth. Our mind spins out of control with a million feelings. We go over details and ask questions that will never be answered. We toss and turn night after night, get lost in glasses of wine, and we pour out our hearts to

anyone who will listen. In short, we are a total train wreck.

Sound familiar?

The truth is that the 'unavailable man' is a part of our culture. Cheating is as permanent as the stars in the sky. The cheating man is not going away. On the contrary, because of social media and technology, these scoundrels can get away with more than they ever have before.

However, the Unavailable Man does not have to be a character in your life's story. After years of counseling, I have found that many women (from various demographics) carry with them certain thoughts and beliefs that lead them straight to the Heartbreak Hotel. Beliefs that don't serve and support what we all truly want and deserve; a monogamous relationship with a honest man who is capable, willing, and ready to love us.

Smart UP Ladies

1. Quit being DEAF to what men say: "I'm a mess." "I just want to have fun." They often tell the truth to make themselves feel less guilty. However, you are too busy selling yourself to hear it clearly. Be a fly on the wall and watch the lies fall.

Related: [How to Defend Against Four Emotional Vampires](#)

2. Stop acting DUMB: Never give anyone the benefit of the doubt. Check him out. It's not being mean; it's just being smart. If your research checks out, he never needs to know.

Related: [Miley Cyrus Celebrates Birthday with Patrick Schwarzenegger](#)

3. Get rid of being BLIND to the obvious: He keeps his life a bit of a mystery because he is hiding the truth.

4. Don't act like a CHILD: Get rid of fantasy ideals like: Dreams do come true, wishes come true, and love conquers all.

Seriously! Grow up and get real. You are not Cinderella!

Most importantly, always be kind and classy. Years later, it will be you not him who has something we like to call, integrity. That's the best revenge of all.

April Kirkwood is a graduate of Youngstown State University with two masters in education—in school and community counseling. April worked for more than 25 years in public education and in the mental health field as a social worker, teacher, guidance counselor, and mentor for new teachers. April is also the author of “Big Boys Do Cry: Why May Affair with Frankie Valli Matters” which is set to release in 2015. Learn more about April Kirkwood by visiting aprilkirkwood.com or by Subscribing to her new Youtube Series AprilofCourse.

Single in Stilettos Show: 5 Biggest Dating Mistakes Women Make with Men!





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Ms. Solomon from TheDatingTruth.com about the five biggest dating mistakes that women make with men. Ladies, here are things you often do that are keeping you single: You think you can't be beautiful *and* smart; you always have to prove a point; you lead with your credentials and accomplishments; you can't give a good sound bite and tend to dominate the conversation; and you put down other women.

Related Link: [Ms. Solomon on How to Talk to a Guy](#)

If you can avoid making these five dating mistakes, you'll have a more successful love life in no time!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you avoid making these dating mistakes? Share your tips in the comments below!

Life Coach Lisa Haisha Shares Her Best Relationship Advice: “Choose Love Everyday”



Interview by [Lori Bizzoco](#). Written by [Emily Meyer](#).

Lisa Haisha is a woman who can't be stopped. Not only is she a life coach, motivational speaker, and author, but she also works with nonprofit organizations like Whispers from Children's Hearts Foundation. Now, she is helping people discover the answers to life's most soul-searching questions through Soul Blazing, her unique therapy method. In our exclusive interview, Haisha chats with us about all things

celebrity couples and relationship advice!

After working in the entertainment industry for a few years, the life coach decided to take a break and get her Masters in Psychology. "I chose psychology because, having worked with actors so much, I felt like a psychology degree might be a good idea to deal with all of the various personalities," she explains. "Plus, I have always been fascinated with what makes people tick." Haisha now coaches some of the most well-known celebrities, helping them get into character and also aiding them with their personal problems.

Related Link: [Khloe Kardashian Talks About Finding Mr. Right: "Things Just Have to Happen"](#)

She helps her clients through Soul Blazing, which, according to her website, is meant to "unlock your potential by unveiling the fears, beliefs, and habits that prevent you from achieving your highest personal and financial success." She reveals she got the idea of the name while working with an inmate at a women's security prison. The prisoner told her she had "blazed her soul."

Relationship Advice from the Life Coach

From all of her experience and time in the field, it's no surprise that she has learned a lot. When asked about her best [relationship advice](#), she divulges, "You have to be extremely patient, and you have to choose love everyday. If you don't choose love everyday, psychologically, you will start to think the relationship is too much work."

The author claims that, to make a relationship work, you can't react to the little things. She says, "Everyone wants to be loved, and everyone wants to love. Once you like yourself, you can like others."

Related Link: [Ashley Tisdale On Husband Christopher French: "He Inspires Me in So Many Different Ways"](#)

Haisha also encourages everyone to be more accepting and to consider that you may be wrong. Having conscious communication is key. "Instead of blaming, tell the person how you feel, whether it is true or not. The other person has to actually listen and repeat what you say," she reveals. "Usually, you don't hear the other person because you are stuck in your own mind. Whether it's true or not, say, 'I am so sorry you feel that way. What can I do to make you feel better?'"

What We Can Learn from Celebrity Couples

With the motivational speaker being surrounded by pop culture and the entertainment industry, she has a lot to say about Hollywood relationships. So why does she think all of these A-List single celebrities have such trouble finding love? She explains, "A lot of it is picking the wrong person because they're lonely and emotional while working on movie sets. They either have flings, affairs, or random hook ups and think it's going to work because it was so magical on the set. It typically doesn't work because usually actors are narcissists."

While many celebrity couples don't show us what true love is, there are a few pairs that Haisha claims have happy and healthy relationships. "George Clooney, Matthew McConaughey, and Matt Damon are great examples because both them and their wives are leading strong lives in every area," she shares. "They have all picked non-celebrities, grounded people who are taking care of the family and children but also have careers."

She also reveals that a lot of couples are still together because they are passionate about a common cause: "Celebrity couples like George and Amal and Brad and Angelina are working

towards a higher good. They both want to help shift the world, and that is what brings them together.”

To find out more about Lisa, SoulBlazing, or her motivational speaking, go to her website lisahaisha.com. You can also keep up with Lisa on Twitter at @LisaHaisha. She’s currently writing her next book, titled Soul Blazing: Melt Away Your Fears, Create Your Legacy, and Live a Life that Matters.

Date Idea: Go Back to College!



By Shannon Seibert

You may have graduated years ago, but college life is still just as fun! As a fun weekend date idea, head back to your alma mater with your sweetheart to check out a football game, watch a performing arts group, and visit your favorite university bar or restaurant.

Related Link: [Date Idea: Relive High School Memories](#)

Take a Trip Down Memory Lane With This Weekend Date Idea

You invested four years of your life into a place that you never thought would mean so much to you. Whether or not college is where you and your honey met, college towns are still a haven for memories, both old and new. For this nostalgic [date idea](#), take your love to all of your favorite buildings. Most universities allow public access to their libraries, informational buildings, and eateries. This way, you can even give your guy a personal tour of where you used to prep for exams and sneak in a quick study break for good measure.

Show him the sites that made you fall in love with campus, like the enormous oak trees, the daisy garden, or the baseball field. For University of Florida alumni, Ben Hill Griffin Stadium has never been a disappointment! As the two of you explore, you can chat about your favorite college memories and give each other insight on how you became who you are today. Considering this little piece of dating advice will definitely strengthen your relationship and love!

College isn't just about the campus either. It's about being independent for the first time and being on your own in a new town. Encompass that feeling all over again and head out on the town with your man. For a sweet and delicious date idea, visit the ice cream shop where you spent every Sunday

afternoon. A double fudge sundae is always the best item on the college diet menu anyways!

Related Link: [Date Idea: Freaky Friday](#)

Talk with your honey about your awkward first college date at that hole-in-the wall restaurant – or even stop in for a burger. Restaurants and nightlife are a huge part of the college experience, so try and see if you still have that college spirit in you. Bar hop from Fat Tuesday's to the dive bar next door. The bartenders are also a great source of information, so order a couple of peach-mango margaritas and learn about the changes the town has undergone since your last visit. This way, your sweetheart can take part in the town's history with you.

What are some of your favorite college memories? Tell us below!

Q&A: Should I Be Concerned About My Man's Social Network Activity with Other Women?





Question from Jane C.: This guy and I have been dating for a few months now, and everything is going great, but I sometimes get bothered by the way he interacts with other girls on social media. It will pop up on my Facebook Newsfeed that he's liked a bunch of girl's photos or commented on some girl's picture. Should I read into this, or am I just being paranoid?

Related Link: [Is It Okay If My Boyfriend Texts His Ex?](#)

Suzanne K. Oshima, Matchmaker: When you're dating someone exclusively, it just means that you're not going to date other people. It doesn't mean that he can't be friends with other women or like their photos on Facebook.

However, that being said, his behavior could be inappropriate based on the type of photos he's liking or commenting on. If the photos are innocent in nature, then I wouldn't be so worried. But if the photos are sexy or provocative photos of the women and he's making inappropriate comments, then it's definitely a red flag that he may have a wandering eye. Not to mention the fact that it's completely disrespectful to you! If the tables were reversed, I'm sure he wouldn't appreciate you liking and commenting on photos of other men with their shirts

off or flexing their muscles.

It's not something that I would say you should break up over. However, it *is* something that you should keep an eye out for.

Paige Wyatt, Reality Star: The way people interact online can give you a good insight to their personality. In your boyfriend's case, he seems to be flirty and outgoing. He doesn't think twice when he comments on girls' pictures or posts on their walls because that's his personality. He probably doesn't see anything wrong with it. His online interactions are completely innocent to him because he doesn't think too deeply into them. Although it may not be a problem to him, it *is* for you. It's important to be open and honest with your feelings and opinions, so let him know what you're thinking. Otherwise, he may never change his behavior.

Related Link: [Should I Delete or Unfriend My Exes on Social Networks?](#)

Robert Manni, Guy's Guy: It's called social media for a reason. People connect online and socialize. Unfortunately, a lot of guys raised on social media think the way to score dates is sitting in front of their laptops in their tighty whiteys and hitting on random women. And that could be the case here. Without knowing the parameters of Jane's relationship, it's easy to condemn this guy for blatantly flirting while he's dating Jane.

If they're in an exclusive relationship, Jane might ask why he's so friendly with these other women. If he's evasive or she doesn't buy his answer, she has some choices. She can put up with it (not recommended), return the favor and also flirt online, or start dating other people – at least until he realizes what's good for guys can be very good for the ladies.

To find out more about our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our experts, please submit them on our [Contact Page](#).

How do you handle concern about your partner's social media habits? Share with us in the comments below!

Screwing the Rules Video Dating Tips: Do THIS When Meeting His Family Over the Holidays



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

Related Link: [Laurel House on Meeting Your Partner's Family Over the Holidays](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks about what to do when you meet your partner's parents. "There are several things you can do to make that greeting less stressful and actually fun for everyone," she explains. "You just have to remember to keep the romance and connection alive." Listen up to find out everything you need to know before your beau joins your family's Thanksgiving table!

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you prepare for meeting your significant other's family over the holidays? Tell us in the comments below!

10 Ways to Give Thanks To Your Partner





By Molly Jacob and Melissa Tierney

It's that time of year to give thanks for all the good fortune we have in our lives. Whether it be a successful career, good health or a great family, there's no better way to celebrate Thanksgiving (or strengthen your relationship) than by acknowledging your partner, lover or spouse. We tend to overlook the person who matters most to us, and that's why we've come up with 10 ways that will show your sweetheart how grateful you are that they're in your life:

1. Make a handcrafted gift: A great way to show your partner that you truly care about them is to give them a present with a lot of thought. It shows you took the time to create something special for them, so bring out your creative side and make a handmade memento, such as a knit scarf or painted picture frame.

2. Take a trip: Plan a romantic getaway for the two of you, and create new memories. Instead of spending the holidays with your family and following old traditions, create your own that will hopefully stick for years.

Related: [Olivia Wilde and Jason Sudeikis Enjoy Weekend Getaway in Boston](#)

3. Do their chores: Nobody likes to [vacuum](#) or dust, but somebody has to do it, especially if you have guests visiting for the holiday season! Offer to take over whatever household tasks your loved one dreads the most to show that you'll do anything to show them how much they mean to you.

4. Create a scrapbook: People love looking at old photos that remind them of good times, so put together a collection of photos and other objects, such as movie ticket stubs, that will bring back fond memories. Not only will your partner enjoy reflecting on your relationship, they'll hold onto this precious scrapbook for years to come.

5. Help your partner: The holiday season can be stressful for everyone, so take the time to see what your love needs help with, such as cooking for a dinner party or holiday shopping. Your partner will appreciate your support during this busy time.

6. Say how you feel: Nothing is more meaningful than the words, "I love you," so why not give thanks by sharing how you feel? Leave a love note taped to your honey's bathroom mirror or packed in their lunch!

7. List their best qualities: Although your partner knows you love them, sometimes they might want a reminder about why you do. Write a list of all their best qualities, and handwrite it or print it out on nice stationary so they'll be able to treasure it forever.

8. Have a romantic night: One of the best ways to give thanks to your companion is to have a nice, simple, romantic evening for just the two of you. Snuggle up by the fireplace with a cup of hot cocoa and enjoy each other's company.

Related: [Zac Efron Is Dating Sami Miro](#)

9. Start a gratitude journal: Buy a notebook or journal for the two of you to write down what you appreciate most about each other. This can be great to look back on if you ever face difficult times and serves as a nice reminder about why you two care for each other.

10. Say thank you: What better way to give thanks than by saying, 'Thank you for being you'? This may seem simple, but saying these simple words is something we often take for granted.

What other ways can you give thanks to your partner? Share your thoughts below.

Single in Stilettos Show: Why You Can't Make Him Love You





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Duana Welch, PhD, author of *Love Actually: 10 Proven Steps from I Wish to I Do!*, about why you can't make a man fall in love with you. Usually, if a woman asks the question, "How can I make a man love me?," it's because the relationship is one-sided. It's impossible to make a man see you as his perfect match if he simply doesn't have feelings for you. Remember that love is reciprocal – you can't *make* him love you if he doesn't!

Related Link: [5 Signs He's Interested in You](#)

Listen up to find out what a man looks for in a woman, what a woman wants in a man, and more great dating advice!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Do you agree with Duana's thoughts about making a man fall in love with you? Tell us what you think in the comments below!

Macy's Exec Talks Thanksgiving Day Parade in Exclusive Interview: "Enjoy With Somebody Who's Special to You!"



By [Sarah Batcheller](#)

If there's ever a time to step away from the hustle and bustle that life throws at you, it's the holiday season, which begins with Thanksgiving. For those of you who love plopping down in

front of the television with family and friends to watch the Macy's Thanksgiving Day Parade, you owe all the bliss and excitement to John Piper, Vice President and Creative Director of the Macy's Parade Studio.

Related Link: [Date Idea: Thanksgiving for Two](#)

Piper is happily anticipating the new Thomas the Tank Engine balloon that will be featured in this year's parade. He says we'll be "going from being a train on the tracks to a train flying high in the sky!" The creative craftsman says that his team works year-round to prepare for the parade, and it took about eight and a half months to build Thomas.

Relationship Advice for Enjoying The Thanksgiving Day Parade with a Loved One

The handyman believes that the parade is an exceptional opportunity for couples to build long-lasting traditions. Sharing his best [relationship advice](#), he expresses, "The parade is a celebration of our culture; it's a celebration of our time. It brings together giant characters floating in the air. There's something for everybody to enjoy, so enjoy it with somebody who's special to you."

It's no secret that love is in the air during the holiday season. In our exclusive interview, Piper reveals, "Of a team of 200 people...3 couples have gotten married who have met each other inflating balloons!" He also happily proclaims, "You never know who Thomas might bring together for the first time and set them on track for a long relationship."

Related Link: [Cupid's Weekly Round-Up: Navigate Thanksgiving Weekend](#)

Togetherness is the biggest blessing that the parade brings to

families. “I look at the sidelines as I’m working, and I see nothing but kids – it doesn’t matter how old they are; they’re all kids!” he explains. “They’re all just in awe about what they’re seeing and experiencing together.”

Be sure to catch Thomas the Tank Engine and the other amazing balloons during this year’s Macy’s Thanksgiving Day Parade, airing on Thursday, November 27th at 9 a.m. on NBC!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

**Date Idea: Escape Black
Friday**





By Shannon Seibert

Sure, Black Friday sales are tempting, but they can also be super crazy. Going shopping in that chaos can flare some tensions between you and your sweetheart. The overwhelmingly massive crowds and lines might test the limits of your relationship and love. So consider this piece of dating advice: Spend this weekend inside with your love, tracking the deals online and planning shopping trips for calmer days. Embrace your inner child and prepare your lists for Santa Claus too.

Related Link: [Date Idea: Deck the Halls](#)

Avoid Black Friday With Your Honey, Thanks to This Dating Advice

Black Friday is the Superbowl of shopping. Everyone is aggressively pursuing the items on their wish list while ambushing sales clerks and demanding their assistance. But in this day and age, Cyber Monday has become our saving grace.

For a comfortable and stress-free date idea, shop with your honey from the comfort of your couch! This way, you can shield yourself from the frosty weather and enjoy online buying by a crackling fire. Grab a plate of Thanksgiving leftovers while you browse the sites for deals.

Start a pot of caramel espresso coffee and prepare yourself for the shopping Olympics. Stores such as Target, Macy's, and Best Buy usually do a sale preview before the event, giving you and your love a chance to adequately prepare your holiday list. Cyber Monday is unique in that some shops have online sales that *aren't* featured in stores. Do a little research before you start so you'll be sure to cover all of the bases, making your friends envious of your superior shopping expertise.

Related Link: [Date Idea: Pick Your Own Presents](#)

Together, make your Black Friday lists, organizing them from most important items to least. For instance, if your sweetheart is looking for a Lifeproof iPhone case, Amazon.com is your best bet for deals. What's even better is that if the price lowers within a month of your purchase, you can shoot an email to Amazon, and they will refund you the difference. Consider this organizational piece dating advice so that you and your partner can spend less time being frustrated and more time finding the perfect gift for each other.

You can't forget about the big man in the North Pole! Mr. Claus has been a part of Christmas traditions since the beginning of time, so why stop now that you're an adult? With your holiday hunk, write your lists for Santa. Make sure to include all of your Christmas wishes! While you do so, munch on adorable gingerbread cookies and sip some cinnamon-infused hot cocoa. With this out of the box weekend date idea, the holiday mood will begin to set in, only adding to you and your love's anticipation for the upcoming festivities.

What's on your list for Black Friday this year? Share with us in the comments below!

'50 Shades of Grey' Star Jamie Dornan Shares Unsexy Secret



By Maggie Manfredi

Walk this way! According to People.com. *Fifty Shades of Grey* star Jamie Dornan has a blaring insecurity – his walk. On *The Graham Norton Show*, the actor explained that he learned to

walk on his tiptoes instead of heel-to-toe. If he was a mailman or an accountant this might not matter, but production crews on sets started to notice and Dornan had to fix his step. Not even Christian Grey can be perfect.

What do you do if you find something about your partner unsexy?

Cupid's Advice:

Not every man can be a Christian Grey...hot, passionate, intense. Of course, Christian Grey is a made up character in a fiction book. So, your partner isn't perfect? No worries! Cupid has some tips on how to handle that:

1. Remind yourself: That no one is perfect and you yourself have flaws. Try not to let the small, "unsexy" stuff get to you.

Related: [Mario Singer Dating 'Blood, Sweat and Heels' Star Chantelle Fraser](#)

2. Let them know: If it is something they could possibly work on like an out-of-date wardrobe or closing their mouth when they chew don't be afraid to have a conversation with them. If they truly are your partner they won't take it as a belittlement or you wanting to change them.

Related: [Andrew Garfield Attends Girlfriend Emma Stone's Broadway Debut](#)

3. Be kind: No matter what you think of your partner be nice and be sincere. Life is too short to not enjoy each other's company.

Are you excited for Fifty Shades of Grey? Share your thoughts on the movie below!

Claire Robinson on Holiday Cooking: “You Have to Remember What Thanksgiving is All About”



Interview by [Lori Bizzocco](#). Written by Shannon Seibert.
5 Ingredient Fix host Claire Robinson knows a thing or two about the fear of hosting Thanksgiving dinner and how to deal with it head on! Plus, she offers relationship advice that will heat up the kitchen this holiday in our exclusive interview with her .

Exclusive Interview: Claire Robinson's Best Holiday Cooking Tips

"It stresses everybody out – the veterans are stressed too!" she says of holiday cooking. In our celebrity interview, the *Food Network* star advises us to forget the pressures of a full household and stick to the staples. "You have to remember what Thanksgiving is all about," she shares in our [celebrity video exclusive](#). "To me, that is the easiest way to get that pressure to start to release and enjoy your time in the kitchen a little more."

Related Link: [‘Food Network’ Host Claire Robinson Says, “Food Is the Key to Passion”](#)

Of course, we had to ask the chef about the best desserts for the Thanksgiving season too. "Pumpkin is always the classic, but put a little bit of chocolate in there," the celebrity chef suggests.

Robinson also chatted about a cause close to her heart: Unilever's projectSunlight, which helps create a brighter future for children. "There's one in five children in America actually struggling with hunger," she reveals. "That's 16 million children." She encourages people to participate this holiday season by purchasing Unilever products; the proceeds will fund projectSunlight.

To keep up with Claire, follow her on Twitter @clairerobinson5.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Single in Stilettos Show: How to Meet a Guy



So many women struggle with the first step when it comes to dating: how to meet a great guy. You can't just do one or two things and expect the right man to come along; you need to put yourself out there in a variety of ways if you really want to find someone special. On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Tripp to answer this elusive question. If you want to meet men, he recommends that you: go out more; try online dating; make eye contact and smile; compliment him; and always look your best.

Related Link: [Tripp on Top 5 Dating Mistakes that Women Make](#)

Listen up for more great dating tips!

For more information about Single in Stilettos shows, click [here](#).

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Ladies, what's your best tip for how to meet a guy? Share with us in the comments below!

Is It EVER Appropriate To Date Your Friend's Ex?





By Maggie Manfredi

When it comes to the biffle bible, it is safe to say that the commandment, “Thou shalt not date a friend’s ex” is at the top of the list. Friendship is based on trust and honesty and so are monogamous relationships. However, it is always important to follow your heart and to do the things in life that make you happy, so is there an exception to this rule? Possibly, but handle the situation with care. There are many factors and steps to take into consideration before you proceed.

Dr. Deb Castaldo, author of *Relationship Reboot* says, “First and foremost is you must have permission from your friend.” So, take your friend out for coffee and spill the ex boyfriend beans. As a third party to their previous relationship, you should have a good idea of how it ended and if they are on good terms as individuals. Even if the break up was the opposite of Taylor Swift’s “Blank Space” music video, you still need to ask your friend if what you are about to do is okay. This shows you care about their feelings and want their respect and blessing. Depending on how the conversation goes, here are 10 things to consider:

1. Do not get intimately involved with this potential partner prior to having a conversation with your friend.
2. Make sure plenty of time has passed, as it takes awhile to heal after a breakup and your friend will need that time.
3. Do not keep secrets from your friend or her exp; in this situation, being open and honest is key.
4. Be considerate of your friend's feelings. This person was in their life first so it will be tough for them to picture you filling the same role that they did.
5. If your friend says no, it means no. Try not to burn a bridge.
6. Don't be afraid to shop around. Dr. Castaldo says, "There are plenty of fish! You may be better off searching elsewhere for a date and a potential mate. "
7. If your friend gives you their blessing, ease into the relationship. Be considerate in social settings with mutual friends, and on social media posts.
8. Though your bestie may have given you the go-ahead, they still might feel hurt or vulnerable with this new information. Make extra time for them because they have been very good to you.
9. If your friend asks you not to date this ex, try not to take it personally. Keep moving forward and be happy to know that your friend is not bullshitting you.
10. Be kind to the people that surround you. You never know when heartache will strike and you will be glad to have real and true friends by your side.

Have you been in this situation before? We would love to hear your perspective! Share with us below.

Celebrity Stylist Derek Warburton on Holiday Fashion: “If You’re Meeting the Family, Wear the Softest Cashmere Possible”



By [Sarah Batcheller](#)

“Fabulous” hardly begins to describe Derek Warburton, a

celebrity stylist, media personality, and master of all things fashion. He has dressed the likes of Beyoncé Knowles, Jessica Alba, and numerous Victoria's Secret models. His love for New York City street style translates into the artistic chicness of his styles, and he has a keen eye for popular trends. Warburton has a slew of tips to offer to the everyday gal, including dressing for day-to-night or planning an outfit for an office party. In our exclusive interview, we chatted with the style guru about holiday fashion as well as fun looks and date ideas for the rest of the year!

Celebrity Stylist's Best Fashion Looks and Date Ideas

For starters, Warburton suggests two hot trends to consider working into your wardrobe this winter: "This year, it's all about the faux fur. I'm really pushing faux fur because there are so many fun things you can do with it: It can look really fun and feminine on a girl. You can do a faux jacket or a fun accessory, and it just livens up your look. I'm also talking a lot about leather in multiple colors. A burgundy, forest, or even cream-colored leather can be really fun, especially in a skirt." The trend-lover recommends the pleated accordion skirt as an addition to any winter wardrobe, reminding fashionistas with curvy body types to choose longer skirts and those with slimmer bodies to wear shorter ones.

Related Link: [Bobbie Thomas on Date Night Fashion: "If You're Looking to Have a Good Time, Don't Be Uncomfortable!"](#)

The tell-it-like-it-is fashion adviser gives some notable fashion [dating advice](#) for different holiday occasions. All of you office-chic stylistas out there, have no fear! "It's all about the button-up shirt," he says of transitioning an outfit from day to night. "If you're wearing a big cardigan and a button-up during the day, a lacy bra is the hottest thing to

wear underneath for day-to-night. Just unbutton the shirt a little when it's time to go out." Warburton also suggests chandelier earrings and colorful bangles as must-have accessories to compliment your nighttime look.

Speaking of work, if you're hoping to be caught under the mistletoe at your office holiday party, he insists you must not overdo any part of your outfit, being that you're still in a professional environment. "Gorgeous chic is what I suggest, something very, very simple," says Warburton. "Add something a little sexy, whether it be a pop of color or a pair of heels."

Relationship Advice: Meeting the Family

He goes on to describe appropriate attire if you're going home with your honey for the holidays and meeting their family for the first time. "Generally, the cleaner, the better. You want to look really tailored and sleek. If it's family you're meeting, you should always look like you're put together with a little bit of personality," he says of his best relationship advice. "Also, wear fabric that feels really good. When someone comes in for that hug and you feel warm and cozy, they're going to have that feeling about you! Try and wear the softest cashmere possible because then everyone is going to want to touch you, which will make them feel more comfortable with you."

As for ringing in the New Year, if you want to escape the cliché of glitter and sparkles, Warburton says, "Metallic metal is huge. Also, you can't be afraid to shine up the room with winter whites. The creamy, clean feel is big all around the world right now!"

Related Link: [OK! Magazine New York Fashion Week Celebration](#)

Being in love with New York City street style, the celebrity

stylist says that a date night look inspired by such fashion should be feminine yet balanced. "A dress and a high-heeled boot is a good look," the celebrity stylist claims. "I always tell girls to wear a dress, but you've got to pick showing off some cleavage and wearing a longer skirt or a shorter skirt with a higher neck."

If we weren't already excited for holiday fashion, we sure are now! More of the style sage's favorite looks can be found on his new website called Instafabulous.com, where top model's Instagram posts will be shared and discussed. Furthermore, Warburton will be touring Texas, New Mexico, and Vegas, discussing the hottest trends for the holidays.

You can get a glimpse of Derek's favorite styles by liking him on www.facebook.com/derekfabulous/ and following him on Twitter @derekfabulous!

Date Idea: Give Thanks for Your Health





By Shannon Seibert

While you may be tempted to feast this holiday season, you and your love can both benefit by choosing healthier options. As a pre-Thanksgiving weekend date idea, spend the weekend prepping for the holiday with healthy versions of your favorite meals and planning a winter workout regimen.

Related Link: [Date Idea: Friendsgiving](#)

Relationship Advice for You and Your Love to Get Healthy This Thanksgiving

People mistake healthy eating for bland food, which is definitely not the case. Get cooking in the kitchen with this delicious [date idea](#). Put together some indulgent dishes with your honey that will fool your tastebuds about calorie content. The Food Network has a plethora of gluten-free, trans fat-free, vegan, vegetarian, and other healthy alternative recipes that are easy to make and heavy on the flavor.

Playing chef with your sweetheart can also inspire a heart-to-heart talk about your health. Being healthy and in good shape with your partner is a piece of relationship advice we easily take for granted. So pour a glass of Cabernet Sauvignon (good for your heart!) and tell each other what you're thankful for. Simple life pleasures – such as being able to run or having an above-average immune system – are something to appreciate.

As you progress in your healthy lifestyle with your honey, consider this piece of love advice: Tell your significant other that you're thankful to have such a wonderful, motivating partner that inspires you to be a better person. Having a positive attitude and sharing words of encouragement will help you and your partner to improve your health.

Proper exercise goes hand in hand with healthy eating, so this winter, keep warm with your love by getting active. Together, make a chart displaying a weekly workout regimen. Ask your honey what muscles he wants to focus on and channel that inspiration into a tag-team exercise plan. Google some winter-inspired workout ideas that will help you and your beau survive the cold weather.

Related Link: [Date Idea: Get in the Game](#)

To really turn up the heat this winter, why not try out hot yoga for a active date idea? Most classes are 100 minutes long in a 100-degree room and incorporate multiple styles of yoga. Watching each other stretch in all directions as you drip in sweat from the intense heat can actually be sexy. Who knows, you may take away a few new moves to try out later at home.

Cool off afterwards by stepping outside into the crisp, cool air or just nibble on some Edy's Chocolate Trinity ice cream (hey, you earned it!). Enjoy the feeling of doing something great for your body with someone who holds such a special place in your heart.

What are you thankful for this Thanksgiving? Tell us in the

comments below!

Screwing the Rules Video Dating Tips: How to Make a Guy Fall in Love with You



By [E!'s Famously Single Dating Coach, Laurel House](#)

At home, you may be the independent woman who fixes that leaky faucet by herself and lights up the grill without a second thought. At work, you may be the boss who oversees a team of employees and keeps everyone in line. While these two roles show off your strength, in order to make a guy fall in love

with you, you need to be willing to assert your...weakness.

Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

"Yes, men are attracted to confidence and beauty, inside and out. They're attracted to fun, to enthusiasm," explains relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) in this week's [dating advice](#) video. "But if you want them to fall in love, you need to show your vulnerability; you need to surrender; and you need to show your humanity."

Related Link: [Laurel House Reveals Your Must-Have Mantra](#)

For more information about our dating mentor, click [here](#).

For more videos from *CupidsPulse.com*, check out our [YouTube channel](#).

What's your best tip for making a guy fall in love? Tell us in the comments below!

'The Bachelor' Winner Nikki Ferrell Confirms Split from Juan Pablo Galavis





By [Emily Meyer](#)

Sadly, it has been confirmed that another *Bachelor* couple has split. After speculation that there was trouble between celebrity couple Nikki Ferrell and Juan Pablo Galavis, Ferrell confirmed the celebrity breakup. According to [E! Online](#), the split happened over her birthday weekend. The pediatric nurse revealed, "We were just going back and forth through texting. He was questioning the relationship, and I was questioning it back. I sent him a message saying, 'We should fight for this. We should work this out.' And he didn't respond." That's when the 28-year-old posted her angry message to Instagram. She confessed, "In hindsight, I probably shouldn't have done that. I'm a tad bit impulsive." Regardless, the two still have love for one another. Ferrell said, "Who knows what the future holds, but at this point in our lives, it's not working for either one of us."

Celebrity couple Nikki Ferrell and

Juan Pablo Galavis were pretty upset about their celebrity breakup. How can you stay positive when ending a relationship?

Cupid's Advice:

We've all been there: a bad breakup that makes you feel like you'll never be happy again. We know being strong is challenging, but staying positive can help you get through the tough times that are ahead. We know this celebrity couple will get through it and so can you. Here are three tips on how to stay positive when going through a split:

1. Forgive and forget: A big part of being positive is learning to let things go. Not all relationships work, so there is no reason to blame yourself or your ex. Learn to move on and remember the good times you shared.

Related Links: [Have 'Bachelor' Couple Juan Pablo Galavis and Nikki Ferrell Split?](#)

2. Reconnect with yourself: You have been part of a partnership for so long; now is the time to focus on yourself again. Find out what it is that truly makes you happy and pursue it, whether it's exploring a new hobby in photography or spending extra time with your best gal pals.

Related Links: [Can You Really Find Love on 'The Bachelor'?](#)

3. Surround yourself with good people: It's important to surround yourself with friends and family who love and support you. Find things that make you smile and laugh. The happier you are, the sooner you will forget about the breakup and be ready to open yourself up to love again.

What are some other ways you can stay positive during a breakup? Share below!

Single in Stilettos Show: Best Ways to Start a Conversation with a Man



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to writer, speaker, and author Zan Perrion about the best way to start a conversation with a man. He's worked with thousands of men and really knows what they want from

women. The problem, he says, with women approaching men to start a conversation is “they’re damned if they do, and they’re damned if they don’t.” If they don’t say hello to that cute guy in the corner, they go home alone because he’s not doing his job and being the man. But if you do make the first move as a woman, even if the relationship works out, you may forever be holding up his end of the bargain. Listen up for more great dating tips from Perrion!

Related Link: [Zan Perrion on What Scares a Man Away](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What’s your best tip for making the first move? Tell us in the comments below!

Find the Perfect Date Night Outfit Using tagspire!





tagspire™

Inspire those around you with your fashionable holiday wear using Tagspire.

This post is sponsored by tagspire.

Written by Shannon Seibert. Photo by [Whitney Johnson](#).

With the impending winter chill, finding a fashion-forward and sensible outfit for date night can be challenging. The holiday season of snuggly sweaters and booties is approaching quickly, giving you the perfect opportunity to share your winter fashion expertise all over social media. If you're already posting your adorable attire on the web, you might as well get paid for it. So our gift to you this holiday season is the newest form of social commerce in the digital age: tagspire.

tagspire is a one-of-a-kind website that allows you to contribute to the fashion world and inspire others while social shopping. The website lets you to post photos of your cover-worthy attire and tag the items that you're wearing so everyone else can duplicate your holiday look and buy it themselves. All you have to do is upload your photo to [tagspire](#) and tag each item you want to monetize in the photo. These tags allow other users to find the items you're wearing and purchase online.

The tags aren't limited to links either! Users are able to submit blurbs and ratings for items that will show up just like the tags do. You can even utilize multiple tags to direct traffic to more than one link. Each time someone buys an item that you tag, you will gain a small percentage of commission. Plus, the dashboard allows you to see sell analytics and history. You can enhance your tagspire skills by watching their video tutorial.

Click [here](#) to see the post above on tagspire!

This website is the ultimate platform for not only showcasing your styling talent but also finding a holiday present for your honey! That new iPhone case he has been vying for? You are now able to find it by typing a brief description into your search bar. That's right; this site isn't limited to apparel either: Users are able to feature a variety of items from electronics and travel accessories to beauty products and home

decor.

Since online sales are at an all time high between October and March, sign up for tagspire today to maximize your opportunity to make and save money. Rather than promoting your style in the traditional word-of-mouth way, you can give your audience a visual of what your creation looks like. Happy tagging!

5 Ways to Get Your Crush to Notice You



By Molly Jacob

Whether it's the new girl in your office or the cute barista

at your local Starbucks that knows how to make your Caramel Macchiato just right, we all get crushes sometimes! The question is, how can you get your devoted to notice you so you can make that transition from crush to significant other? Cupid has some advice:

1. Wear some new cologne or perfume: Looking to get the eye of a crush? How about the turn of their nose? Apply some of your best *eau de toilette* when you know you'll be seeing your future honey. Distinctive smells will get them to notice and remember you.

2. Put on something unique: This is also something that can get the attention of your love. Whether it's a bright red headband or a sweater with an interesting pattern, it makes you stand out to your crush and could possibly be a good conversation starter.

Related: [Signs Your Crush is Into You](#)

3. Pick up on the little things: Being thoughtful is always appreciated. Pay attention to the object of your affection when he or she talks about the joys or stresses in their day. If they mention they have a tough presentation at work tomorrow, ask them in a couple days how it went! Your interest in their life will get them to notice you and your kindness.

4. Show an interest: Your potential boo probably has hobbies and other fun activities they like to do in their free time, so find out about them. Is he interested in football? Ask him about his favorite team. Is she interested in Italian cooking? Ask her for some recipes.

Related: [New Couple? Khloe Kardashian Parties with French Montana](#)

5. Body language: It is nerve-racking to be the person to make the first move, so let your gestures do the talking for you.

Strong eye contact, leaning in during conversations, and lots of smiling gets the attention of your crush and lets them know that you're interested in taking it to the next level.

How do you get your crush to notice you? Share in the comments section below!

New Celebrity Couple: Britney Spears and Charlie Ebersol



By [Katie Gray](#)

In the latest celebrity news, Britney Spears Day recently occurred in honor of the singer – reaffirming her lyrics,

“She’s so lucky. She’s a star.” In addition, the pop star has confirmed that she’s half of a new [celebrity couple](#)! According to [UsMagazine.com](#), “Britney Spears got her own day (aptly named ‘Britney Day’) in Las Vegas on Wednesday, Nov. 5, and to celebrate, she opened up and confirmed that she does indeed have a new boyfriend.” The lucky fellow is none other than producer and writer Charlie Ebersol, son of Dick Ebersol, the co-creator of *Saturday Night Live*.

Celebrity couples find all kinds of ways to announce their relationships and love. How can the rest of us announce the news to our family and friends?

Cupid’s Advice:

Deciding when to go public with a relationship and love can be a tough decision to make; therefore, it requires a lot of thought. You should be sure that you genuinely like the person and that you’re in it for the long haul. Cupid has some love advice:

1. Be sincere: When you genuinely like a person and are an exclusive item, it’s a sign that you can go public. Sincerity is a subtle quality found in all successful partnerships. Once you have established that you’re compatible together, you are ready to show the rest of the world!

Related Link: [Relationship Advice Secrets](#)

2. Be serious: A great way to decide if you should go public with a new love is if the relationship is serious. Tons of celebrity couples jump into relationships (and even marriages!) too quickly, but in reality, nobody wants to

take a boyfriend or girlfriend home to meet their families if they are simply a fling. When you know your partner will be around for a while, it's time to show the world.

Related Link: [Stars Who Go Public With Relationships And Affection](#)

3. Be sure: When you know, you know. If you are absolutely positive that you like this person, it is an acceptable time to take the relationship public. By this point, you're sure they aren't a psycho; you know they're responsible; and you know their likes and dislikes. Thus, you can feel comfortable sharing your happiness with your family and friends.

How have you known when it was time to take your relationship and love public? Share your thoughts below.

Weekend Date Idea: World Series Weekend





By Shannon Seibert

If your honey loves baseball, celebrate the final weekend of the sport by gearing up for the game. To get in the mood and get ready for your favorite team to win, watch movies like *A League of Their Own* or *The Bad News Bears* or watch reruns of legendary games. Bonding with your partner over America's favorite pastime is a great weekend date idea that he will appreciate. Plus, it'll strengthen your [relationship and love](#).

Related Link: [Date Idea: Fall in Love with Falling Leaves](#)

Hit a Home Run With a World Series Weekend Date Idea

Baseball is one of the most traditional American hobbies. Whether you're on the field or in the stands, there is something about a white sphere with red stitching that brings people together for the love of the game. With the World Series approaching, you and your man need to get into game day mode as well. Prep yourself for this weekend date idea with

recaps of recent games and make predictions on upcoming outcomes. You can even bet on how many runs each team will win by – the loser has to do the dishes tonight.

During those nine innings, things can get pretty intense, especially if you and your partner are on opposing sides. There is nothing sexier to a man than a woman who likes sports and actually knows what she is talking about. Don't be the fool who gets excited and exclaims "the batter hit a touchdown!" Instead, if you're unfamiliar with the rules and terms used, read up on the lingo in advance of this weekend date idea.

Men also like when their significant others share common interests with them, so consider this dating advice to make you irresistible to your partner. Once he sees you immersed into the action, he won't be able to tear his eyes away from you long enough to even register whether that last pitch was a ball or a strike.

Related Link: [Date Idea: Plan a Walk Around Town](#)

Another fun addition to this sporty date idea is having baseball-inspired snacks to keep your stomach satisfied as you eagerly watch the championships unfold. Pinterest has oodles of ideas that your man won't be able to resist. Also, you can go the more traditional route and snag a couple of bags of Cracker Jacks and boiled peanuts to quench your cravings. Once you and your love start munching, you'll feel like you're actually in the stands!

Even if it isn't the real thing, sports movies always teach us life lessons through the love of a sport. Classics such as *The Sandlot* and *Angels in the Outfield* show you that believing in something bigger than yourself is something worth believing in. The root of this belief is love, so remind your partner of how great you are together and cuddle close as you watch these movies again.

How do you and your man spend game days? Tell us in the comments below!