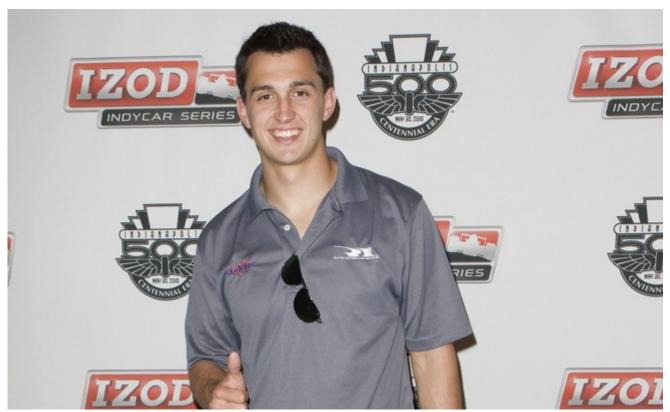
## Racing Stars Graham Rahal and Courtney Force are Engaged





By Sarah Batcheller

Yesterday, <u>UsMagazine.com</u> confirmed that Verizon IndyCar series driver Graham Rahal and NHRA driver Courtney Force, who have been together since late 2013, got engaged on November 27th of this year. Rahal proposed to the "lady of his dreams," as he called her on Twitter, while on vacation in Venice, Italy. The couple is commonly known as "racing's power couple," and both took to social media following the engagement to express how happy they were to spend the rest of their lives together.

What are some ways to incorporate a common interest in your engagement proposal?

#### Cupid's Advice:

A way to make your special day creative is to incorporate a common interest that you and your loved one shares into your engagement proposal. Cupid has some tips:

1. Pick a destination: Choose to propose at a vacation spot you both love or somewhere that is known for something you both love. For example, if you're both "foodies," go to New Orleans, or if you both love music and films, go to Los Angeles.

Related Link: 5 Celebrity Women Who Proposed to Their Partners

2. Choose an event: Chances are, if you share common interests, you frequently attend each others' piano recitals, gallery viewings, or lacrosse games. So pick one of those occasions (most likely one of theirs) to pop the big question.

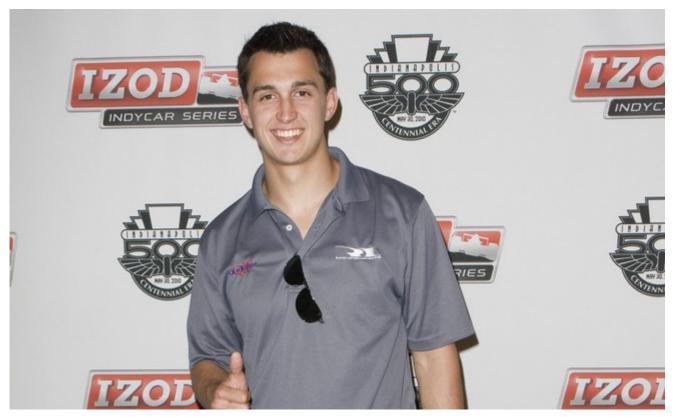
Related Link: <u>Watch the Winners of the Match.com Propose</u>
Perfectly Video Contest!

3. Invite people who also share your interests: We've all seen the tear-jerking proposal videos that have gone viral, and most of the time there is a large group of friends and family involved in the surprise. Make it an occasion to remember by inviting the people closest to you to be present for the moment.

How did you incorporate your interests into your proposal? Tell us about it in the comments below!

## This Holiday Season, Stop Dating Your iPhone!





If you want to celebrate the holidays with your honey in a wholesome, sentimental way, then you've got to ditch your addiction to your phone! Dating coach <u>David Wygant</u> hilariously depicts the struggles of a couple with one partner stuck on their touch-screen device throughout every moment of the day. Watch and learn how detrimental it can be to your relationship. If you want to give your significant other the best gift this season, get off your iPhone and live in the moment!

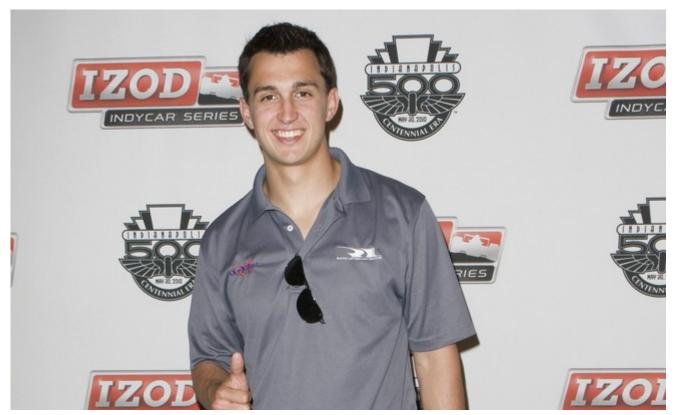
Related Link: Five Ways to Get Your Partner to Put Down the Phone When You're On a Date

For more articles from David Wygant, click <a href="here">here</a>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

## Tennis Legend Martina Navratilova and Longtime Partner Julia Lemigova Are Married





By Maggie Manfredi

They tied the knot! According to <u>UsMagazine.com</u>, Martina Navratilova and Julia Lemigova were married on Monday, Dec. 15. The private ceremony was held at Peninsula Hotel in New York. The tennis legend stated, "It's just really odd. I'm 58 years old and I got married for the first time. It's about time, right? Growing up as a gay woman, you just don't think about that, but then about 10 years ago I thought, 'In about 10 years, gay marriage will be legal,' and here we are." The model and grand slam title holder have been dating since 2006.

How do you know when you're ready to marry your longtime love?

#### Cupid's Advice:

If you have been together with your significant other for a long time but still haven't tied the knot, how do you know when you're ready? Cupid has some thoughts:

1. Share similar goals: Do you have the same dreams for your future together? Knowing what each of you expects for the coming years will be a good indication of whether or not you should get married.

Related: <u>Justin Bieber Confirms He's 'Super Single'</u>

2. Talk about it: Since you've been together for so long, it'll be important to discuss your next step. Is it a shared commitment you both want to make? What kind of ceremony would you want to have? Is there anything that needs to happen before you pop the question?

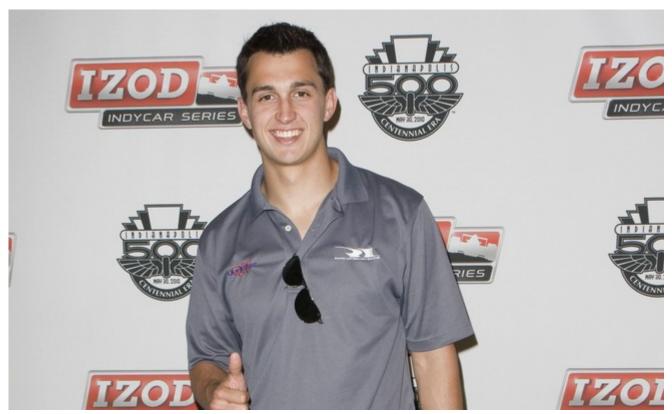
Related: Kourtney Kardashian and Scott Disick Welcome Third Child — A Baby Boy!

**3. Make it official:** If you have been happy and in love for a long time, why not make it official? Have a celebration of your love and dedication to each other and put a ring on that finger!

Do you have similar story of waiting to wed? Share your thoughts or stories with us below!

# Screwing the Rules Video Dating Tips: 'Tis the Season to...Breakup?





By E!'s Famously Single Dating Coach, Laurel House

# Dating Expert from E!'s Famously Single Talks About Breaking Up During the Holidays

Related Link: Heartbroken? Heal and Move On...Like I Did

In this week's dating advice video, relationship expert and E!'s Famously Single dating coach, Laurel House discusses breaking up during the holiday season. Sure, the holidays are all about kissing under the mistletoe, snuggling by the fire, and walking hand-in-hand as the snow falls. But that's not all: "From now until Christmas, breakups are steadily on the incline," dating coach and Screwing the Rules: The No-Games Guide to Love author Laurel House reveals. "In fact, it's the most popular time of year to breakup. Thankfully, on Christmas, that number actually plummets and picks up again in March." So why does heartbreak happen so often over the holidays? We want to be surrounded by the people we love; if you don't truly have those feelings for your partner, it'll become even more apparent during this busy and stressful time. Listen up for the other reasons that House shares and find out why it's important to say goodbye now instead of waiting until the new year.

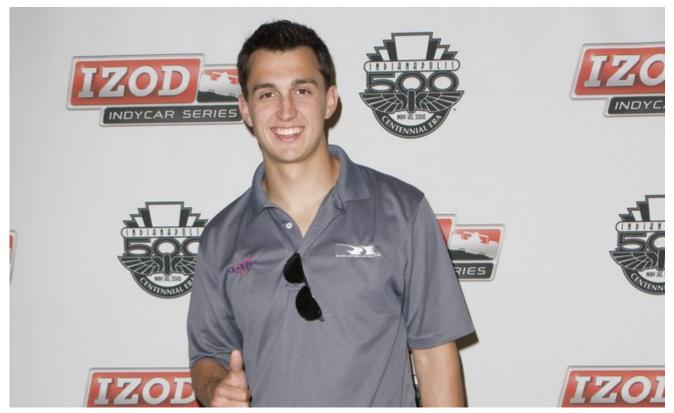
For more information about our dating mentor, click <a href="here">here</a>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Have you ever dealt with a breakup during the holidays? Share your best advice below!

### Justin Bieber Confirms He's 'Super Single'





By Courtney Omernick

Is Justin getting a girlfriend for the holidays? It was recently reported by <u>UsMagazine.com</u> that Justin Bieber is back in the dating game. But those rumors were quickly shot down by the singer this week when he said that he's "super single" and that, if he were dating someone, the public would know.

What are some benefits to being single around the holidays?

#### Cupid's Advice:

With Christmas being a popular time for engagements and moments with loved ones, it can feel a bit frustrating if

you're single. However, it does have some benefits. Check it out:

1. You can spoil yourself: Because you don't have to shop for an elaborate Christmas gift for your significant other, you can spend that money on yourself! Need a massage? Want a pedicure? Merry Christmas to you!

Related: Ashton Kutcher And Mila Kunis Explain Why They Don't Have A Nanny

2. You don't have to compromise: When you're in a relationship, it can be tricky when it comes to planning where you'll be during the holidays. After all, you don't want to disappoint his family by spending Christmas with your own. But if you're single, you can use the time how you see fit. You make the rules!

Related: Leonardo DiCaprio and Longtime Love Toni Garrn Call it Quits

**3. You can kiss who you want:** Perhaps best of all, you can pick and choose your mistletoe partner — or partners! — this holiday season.

What are other benefits of being single during the holidays? Comment below!

## Single in Stilettos Show: How to Move On After a Breakup





On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima chats with dating coach and author Abiola Abrams about post traumatic love disorder, which refers to being stuck in the past and unable to heal after a tough breakup. First, you have to identify the signs of this disorder: bed hopping from man to man; spending late hours at the office to avoid dating; jumping into another bad relationship; and being afraid to be alone. If you recognize any of these symptoms in your behavior, it's time to find a cure, which includes five simple steps. Start by doing a self-assessment; then, list out past relationships and the lessons you've learned from them; next, learn how to love yourself unconditionally; additionally, learn more about yourself through the dating process; and finally, take baby steps towards meeting the right man.

Related Link: Abiola Abrams on How to Attract Love in Your Life

Remember that dating is never easy. Despite your heartbreak, don't get discouraged and just stay focused on finding a

healthy relationship with someone special!

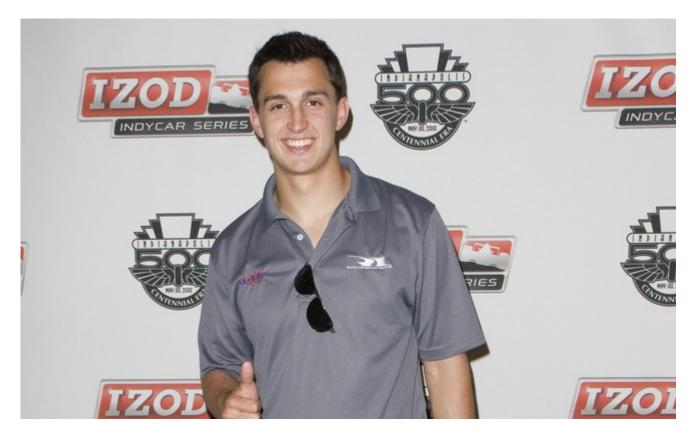
For more information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Cupid wants to know: How do you pick yourself up and move on after a breakup?

# Angelina Jolie Gushes About 2014 and Says, 'I Married My Love'





By Maggie Manfredi

According to <u>UsMagazine.com</u>, <u>Maleficent</u> star Angelina Jolie only has the best things to say about 2014. She stated, "It's been an amazing year. I married my love, my son [Maddox] became a teenager, and I got to bring [Unbroken] to the world." Jolie is ready to be done with acting and focus on being behind the camera. We cannot wait to see what 2015 has in store for this super star and her family!

What are some creative ways to wrap up the year with your love?

#### Cupid's Advice:

Ready for a fresh new year full of possibilities? We are too! First, though, make sure to celebrate 2014 for all the joys it brought you:

1. Make a slideshow: Compile all of this year's greatest pictures and sit down together to go through them. A glass of wine and lots of memories to review will make for the perfect

recap of an amazing year.

Related: Ashton Kutcher and Mila Kunis Explain Why They Don't Have a Nanny

2. Get together with friends: Host a dinner party or plan a get together at your favorite restaurant. Invite your friends who mean the most to you and have supported you and your partner through all of the ups and downs of this year.

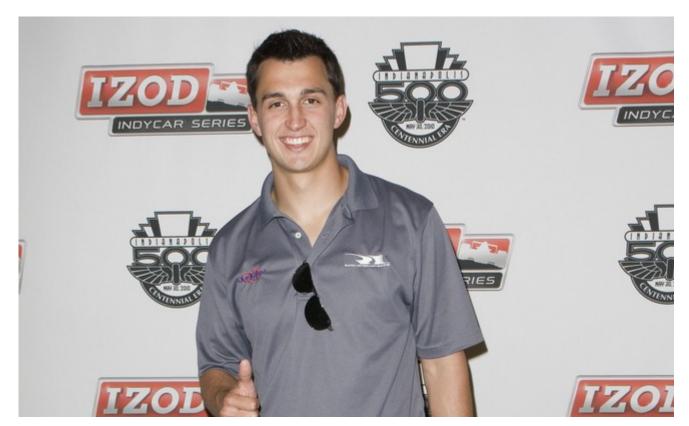
Related: Ben Affleck and Jennifer Garner Take PDA-Filled Outing in L.A.

3. Recreate your favorite date: Did you find a new coffee spot to frequent on Saturday mornings or go ski diving together for your anniversary? Recreate that moment together again!

What are your New Year's resolutions? Share with us below!

## Dating as a Single Dad in 'Goodbye To All That'





By Courtney Omernick

When his wife unexpectedly tells him that she wants a divorce, Otto Wall must do his best to try and re-enter the dating scene…as a single dad in *Goodbye to All That*.

#### Should you see it:

If you enjoy new beginnings, watching relationships evolve, and having a good laugh, then this film is for you! The movie also features a great cast including Paul Schneider, Anna Camp, Heather Graham, and more!

#### Who to take:

This romantic comedy would be great to see with your friends or significant other.

## What are the best practices for dating as a single parent? Cupid's Advice:

After taking a hiatus from the game, you might need a

refresher course…especially if you're a single parent. Never fear! Cupid's Pulse has compiled a few tips on some of the best practices for dating as a single parent. Check them out below!

1. Ease into it: Especially if you're newly divorced, take this time to really focus on your kids and their feelings. Make sure that when you're ready to date again, you talk to your kids about it and are without a doubt convinced that this is the next step in your life.

**Related:** Prince William and Kate Middleton Meet Jay-Z and Beyonce

2. Be honest: If your date doesn't know that you're a single parent before your first meeting, you should let them know your situation right away! Your kids come first, and it's obviously important that you're dating someone who knows that you have children and isn't thrown off by it.

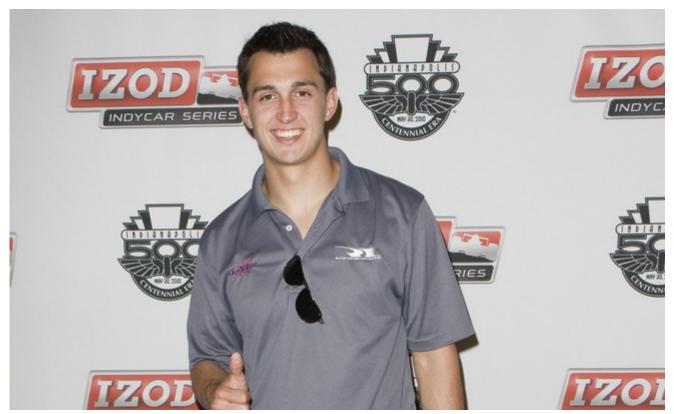
Related: Chris Brown Says Karrueche Tran Dated Drake and Didn't Visit Him in Jail

3. Avoid multiple introductions: Children can easily get attached to a new 'friend' of mom or dad's. So, be careful with how many different partners you're bringing home and how often. If people keep disappearing on them, kids may become pessimistic about romantic relationships.

What are some other best practices for dating as a single parent? Share your thoughts in the comments!

#### Date Idea: Shut Down





By Shannon Seibert

Technology is useful but also very hindering. Sure, you like to know what the Twitterworld is up to on a daily basis, and you might miss out on what Karen had for lunch on Thursday, but sometimes, you really do need to step away from all things social media. Here's a little piece of dating advice for this weekend: Turn off your distractions and spend time with your love away from all things digital.

Related Link: Date Idea: Write a Book

#### Technology-Free Date Idea

Remember when the iPhone wasn't around? Yeah, we try not to either, but back in the day, people had plenty of ways to keep themselves entertained: It was called company. Bundle up in your Sorel boots and North Face jacket, grab your partner by the hand, and head outdoors to get some exercise in the winter chill. This date idea will help you and your sweetheart to focus on your relationship and love by getting fit and healthy together.

Days were simpler when you could just go outside and "play" as a kid, but there shouldn't be anything stopping you this weekend. Challenge your love to a game of one-on-one basketball at the local park for a refreshing outdoor date idea. Your man's competitive side will shine through, and you'll be left with no choice but to show him up. Play dirty with your flirty smile and long lashes. When you come up with the win, treat your irresistible loser to a cup of Hershey's hot chocolate by the fireplace.

If the weather is poor or you just aren't feeling the outdoors, inside can be just as fun. Set up a game of Checkers. Yes, we said Checkers! It may sound cheesy or like something you'd do with your grandmother, but you'd be surprised at how fun board games can be with the love of your life. For an out of the box twist on this weekend date idea, use cookies as game pieces. Every time you "jump" your partner's piece, you get to eat the cookie. This not only speeds up the game, but it makes it more tasty.

#### Related Link: Date Idea: Be Spontaneous

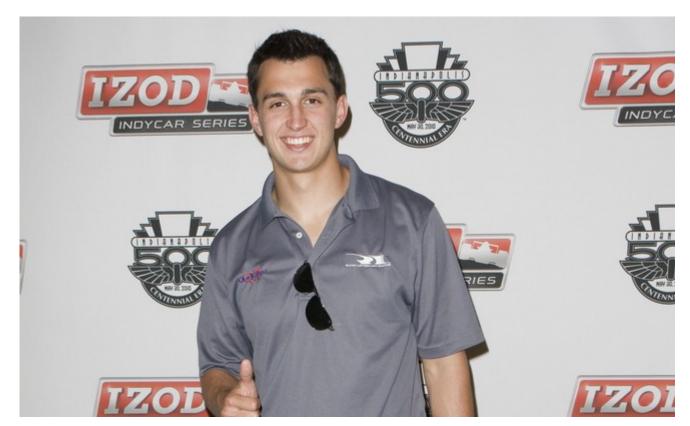
If board games aren't doing it for you either, head to the kitchen. With the holiday season quickly approaching, you have the perfect excuse to whip up all of your favorite treats. Have a gingerbread house building competition with your honey, and see who was meant to be the architect of the couple. This

house building date idea should inspire you to bust out your inner Betty Crocker. The best part is, at the end of the festivities, you and your love get to eat your creations.

What would you do during the day without technology? Share with us in the comments below!

## 'Slumdog Millionaire' Stars Freida Pinto and Dev Patel Breakup After Six Years Together





By Whitney Johnson

All good things must come to an end! According to <u>UsMagazine.com</u>, <u>Slumdog Millionaire</u> costars Freida Pinto and Dev Petal have called it quits after nearly six years of dating. In happier times, the adorable couple considered themselves "soul mates," but a source confirms that they've been over for a while now. "Freida is single and happy," another source adds. "Friends are setting her up." Pinto even celebrated her 30th birthday in October with billionaire Siddhartha Mallya by her side.

How do you establish yourself as an individual after being part of a couple for a long time?

#### Cupid's Advice:

It's easy to get caught up in your partner's interests during a longterm relationship. If they cheer for the Dallas Cowboys, you may find yourself ordering a Romo jersey and blowing your paycheck on tickets on the 50-yard line. After a breakup though, it's time to rediscover what makes you tick. Here are

three ways to establish yourself as an individual after being part of a couple for a long time:

1. Invest in a new hobby: Have you always wanted to learn how to knit? Or do you want to take photography classes at your local arts center? Sign up now! Embrace your newfound independence. Instead of wallowing in your loneliness, take full advantage of your free time and put it to good use.

Related Link: <u>Selena Gomez Cries Singing Song About Justin</u>
<u>Bieber at AMA's</u>

2. Reconnect with loved ones: Perhaps you missed out on birthdays and baby showers because you were so wrapped up in your love life. Rather than dwell on the past and feel guilty about your behavior, use the upcoming holidays as an opportunity to revitalize these relationships and make an extra effort to spend time with your friends and family.

Related Link: 'Bachelor' Winner Nikki Ferrell Confirms Split from Juan Pablo Galavis

**3. Do you:** Take your favorite book to a local coffee shop and spend a few hours reading and people watching. Binge-watch *Scandal* on Netflix without your partner interrupting the most intense moments. Or spend your Sunday flipping through fashion magazines instead of devoting the final day of the weekend to football. Remember what *you* love to do…and do it!

How did you establish yourself as an individual after a breakup? Tell us in the comments below!

## Leonardo DiCaprio and Longtime Love Toni Garrn Call it Quits





By <u>Sarah Batcheller</u>

After over a year of dating, Leonardo DiCaprio and model Toni Garrn have ended their relationship. According to <u>UsMagazine.com</u>, news of the split came shortly after the 40-year-old actor was seen leaving a Miami nightclub flanked by 20 women. DiCaprio has a history of dating models, and sadly, it looks like Garrn won't be his happily-ever-after.

What are some ways to recover from a breakup after a long-term relationship?

#### Cupid's Advice:

Being heartbroken can make you blind to moving on, so you need to recover a bit and get your life back. Cupid has some tips:

1. Don't act scornfully: Lashing out at your ex via phone call, text, e-mail, etc., will only worsen the hurt you're experiencing. Instead, whenever thoughts of the break-up cross your mind, choose a peaceful thought or action- like meditation, yoga, or talking to your friends- to ease the sting.

Related Link: How To Break Up Without Breaking Them Down

2. Stay busy and productive: It has been proven time and time again (by no one but ourselves) that slumping on the couch with a sad movie and ice cream doesn't help. Don't put your life on hold because of a split! Channel the emotions positively and excel at work, school, or your favorite hobbies.

Related Link: Cupid's Weekly Round-Up: Surviving a Breakup

**3. Don't move on too soon.** If you still find yourself missing your ex, and you're not ready to go out meeting new people, then don't! There's no rush. It takes time to heal and process the end of a relationship- that's the only way to learn from it. Take your time getting over them.

What do you do to get over a bad break-up? Tell us in the comments!

### 10 Relationship Myths





By Dr. John Demartini

We have all read about happily ever after and other misleading fantasies in story books. Even in adulthood, most people buy into these childhood ideas. However, believing in these common myths will keep you from fully experiencing the riches that every relationship has to offer.

#### Here are the top ten relationship myths:

#### MYTH 1: A New Relationship Will Make Me Happy

During the initial infatuation phase of a relationship, you see mostly the positive side of the person. There is a strong attraction, positive traits, and potential for lasting happiness. However, that is just a delusion. Regardless of how

well a relationship begins, you will eventually experience both sides of the person. A relationship will not change this natural experience of human emotions.

#### MYTH 2: When I Find My Soul Mate, I Will Feel Complete

Living as if your soul mate will complete you will only lead to heartbreak. The illusions that you project onto your soul mate will inevitably fall apart when they sometimes behave in a manner that is not supporting you. A soul mate can be one person or several people in your life that fully complement you and help you find your own wholeness.

#### MYTH 3: The Right Relationship Will Last Forever

For every relationship beginning, there is another one ending. So, the idea of forever is an unrealistic expectation. A relationship lasts as long as both people communicate in each other's highest values or priorities.

## MYTH 4: Once We Get Past These Rough Waters, It Will Be Smooth Sailing

Relationships are not static and no one remedy will eliminate all your supposed troubles. As I mentioned above, life involves a balance of difficulty and ease; of liberty and constraint.

#### MYTH 5: A Good Relationship Requires Sacrifice

Sacrifice tends to breed resentment. Anytime you do something you do not want to do, or see no benefit to yourself in doing it, then you will become resentful. This may happen immediately, or unconsciously. It is wiser to master the art of communicating in each other's values.

## MYTH 6: Great Sex Happens Only at the Beginning of a Relationship

Both lust and intimate lovemaking can continue to grow and evolve throughout a relationship, as long as you understand and disable any unrealistic expectations that might shut it down. This includes the myths listed here.

### MYTH 7: In the Right Relationship, I Will Not Have to Work at It

Many people hang on to the idea that being with someone should happen naturally. However, a fulfilling relationship requires concentration, organization, effort and skill.

#### MYTH 8: If I am Not Involved with Someone, I Will Be Lonely

People can feel lonely in a crowded room. Loneliness is a function of how you perceive yourself relative to your environment. You can sleep right next to someone and yet feel a thousand miles distant or be a thousand miles distant but feel as if they are close.

#### MYTH 9: Children Complete a Marriage

Children are unlikely to complete a union just as romantic partners are unlikely to complete each other.

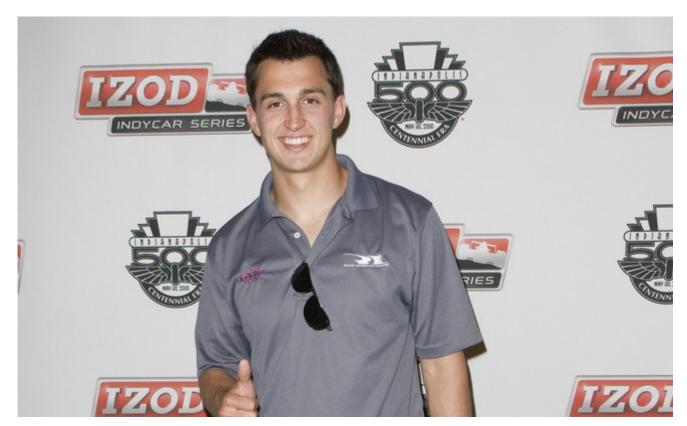
#### MYTH 10: Opposites Attract

There is no true opposite only an apparent opposite. Every human has the same potential for love, anger, greatness, hope, despair etc. What you see in a romantic partner is also present in you. It is just expressed in a different way.

<u>Dr. John Demartini</u> is a world-renowned human behavioral specialist, author, and educator.

### The Holiday Gift Guide for New Couples





By <u>Marni Battista</u>

The holidays are always an awkward time to start a relationship. There are few people who proclaim to be great gift givers and can wander through stores to pick out the perfect presents for everyone on their list. It's difficult enough to give thoughtful gifts to close family and friends and not be swayed by the latest and greatest gadgets that everyone wants but aren't necessarily thoughtful.

So how do you go about buying something for the "special" person whom you may not know so well? People are often so intimidated by gift giving that it may be a better idea to decide *not* to exchange gifts. Expressing how you feel about presents early in the relationship can help gauge what's an appropriate gift, if any gift at all!

#### Related Link: 10 Rules for Couples Gifts

If your partner is practical and hints at something that isn't too extravagant, it's probably best to listen. However, there are "big" gifts, such as jewelry, watches, and pricey

electronics, that should be left for future years of dating or marriage. If you're unsure about what your significant other would like, here are five ideas that are thoughtful but not too overthought:

A relevant book is for the brave dater. Listening to your partner about books they liked in the past or things that they may be interested in learning more about can help you decide what kind of book is appropriate.

Art never goes out of style and never depreciates. Therefore, it works for anyone. It's finding the *kind* of art — a sculpture, oil painting, graffiti canvas, mosaic, etc. — that may be the most troubling. Listen to what kind of art your partner compliments or thinks is "cool."

**Something comfy and comforting** is always nice. If you're going to go this route, a really soft and plush robe, sweater, or slippers are great ideas for someone who finds comfort in the finer things in life.

A DIY gift from the heart, such as a photo book or personalized frame, is a crafty and cute way of showing your appreciation for that person.

Related Link: Our 2014 Holiday Gift Guide

**Experiential gifts** are a great idea because let's face it: It's fun for both of you! Planning a camping trip, a day at the museum, or a concert date shows that spending time with your significant other is the most important gift of all!

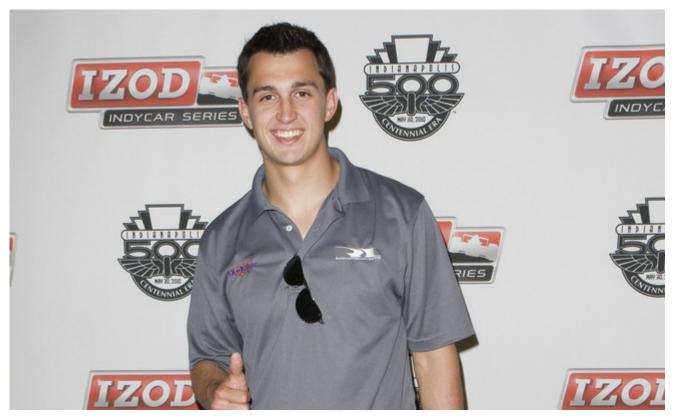
Although it may seem like gift giving for that new special someone is intimidating, knowing their likes and dislikes can help you decide what is appropriate without going overboard. Plus, starting a relationship with more thoughtful gestures can lead to an easier gift giving experience in the future!

Happy holidays...and happy dating!

<u>Marni Battista</u>, founder of Dating with Dignity, is an expert dating and life coach with a 10-step system to manifesting love for your self and others. You can contact Marni at marni@datingwithdignity.com.

# Screwing the Rules Video Dating Tips: Busting the Soul Mate Myth





## Dating Advice from E!'s Famously Single Dating Coach Laurel House

Related Link: Author Christine Hassler Teaches Us How to Deal with an 'Expectation Hangover'

In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, Laurel House chats with Expectation Hangover author Christine Hassler about soul mates and why she believes you don't have only one. "Soul mates are anyone that we learn a lesson from," Hassler explains. "We think our soul mate is this person who's going to come and make our soul feel whole and complete, but that's not the case." She adds, "Your true soul mate is you. Anything you want from someone else is something you're really yearning to give yourself."

For more information about our dating mentor, click <a href="here">here</a>.

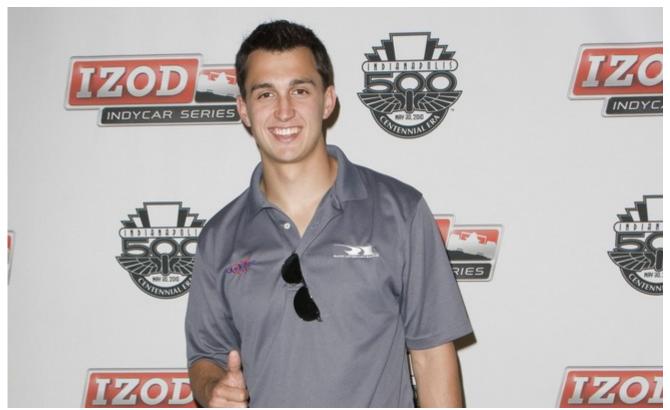
For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

What do you think about the soul mate myth? Tell us in the comments below!

## Hollywood Couple Robert Pattinson and FKA Twigs Pack

#### on PDA on Miami Beach





By Maggie Manfredi

Hot, hot, hot! According to the latest celebrity news in <u>UsMagazine.com</u>, Hollywood couple Robert Pattinson and FKA Twigs are really enjoying their beach time together. The two, in board shorts and a bikini, shared a single beach chair while lounging and having drinks. FKA responded to being bombarded by the fans in *The Guardian*, saying, "I look uncomfortable because I am uncomfortable. But then it's like, is this person in my life worth that? And he is, without question...In comparison to how happy I am. And how I feel with him. It's 100 percent worth it."

# How can you show PDA in a classy way like the hottest celebrity couples do?

#### Cupid's Advice:

PDA can be excessive at times and inappropriate in certain settings, but there are many ways to show you care for your partner, even when you're out and about. Here are Cupid's thoughts on public displays of affection:

1. Hold hands: Follow the lead of many of our favorite Hollywood couples and hold hands as you stroll through the neighborhood. Cupid likes to be reminded now and again that there are happy pairs walking the streets!

Related: Prince William and Kate Middleton Meet Jay-Z and Beyonce

2. Display gifts: So your guy got you that scarf for your birthday? Wear it proudly when he isn't with you and shoot him a selfie. It is like PDA without the public actually knowing it.

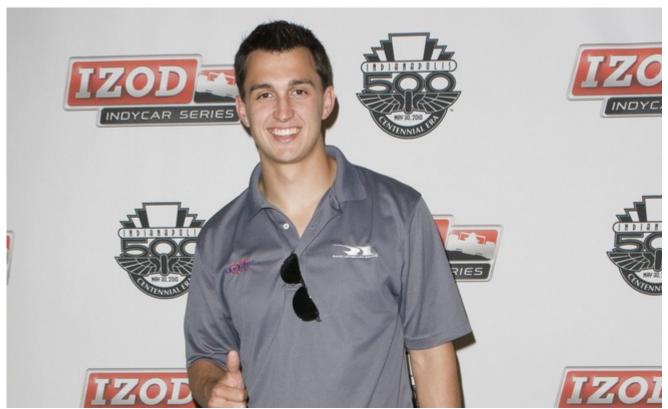
Related: Chris Brown Says Karrueche Tran Dated Drake and Didn't Visit Him in Jail

**3. Keep it natural:** The hottest celebrity couples never force PDA. Intimacy is an obvious perk of a monogamous relationship, and you should enjoy it, but be yourself, no matter what. Stay true to who you are and make sure your partner is comfortable too.

Are you mourning the loss of Pattinson's relationship with Kristen Stewart, or are you happy he's moved on? Share your vote below!

# Prince William and Kate Middleton Meet Jay-Z and Beyonce





By <u>Whitney Johnson</u>

It looks like the Duke and Duchess of Cambridge are enjoying their time stateside so far! On Monday evening, the royal couple attended the Brooklyn Nets vs. Cleveland Cavaliers basketball game. According to <u>UsMagazine.com</u>, Prince William and Kate Middleton "got a standing ovation" when they took their seats during the third quarter, showing just how excited fans are to welcome the pair to New York City. Before the

fourth quarter started, the pair met Hollywood royalty when Jay-Z and Beyonce walked across the court to say hello. After the game, they were introduced to players LeBron James and Kevin Garnett, who gave them a tiny jersey for Prince George.

What are three advantages to going on a double date?

#### Cupid's Advice:

As much as you need alone time with your partner, it's fun to break out of your usual routine and spend some time with your couple friends. Here are three reasons why you should plan a double date for this weekend:

1. Try something new: It's easy to get stuck in a rut of going to the same Italian restaurant before seeing the latest romantic comedy at your local theater. Your friends, though, may motivate you to head to that new Greek cafe and then go bowling instead.

Related Link: Prince William and Kate Middleton Arrive in NYC

2. Get some relationship advice: It's always helpful to chat with your peers about the ups-and-downs of your love life. Maybe you've been struggling with how to bring up an issue (like where to spend the holidays) with your beau. Talking to a friend who knows your partner and is in a relationship herself can help you work through things and figure out the best approach to take.

Related Link: <a href="Prince William and Kate Middleton Announce Their Second Baby is On the Way">Prince William and Kate Middleton Announce Their Second Baby is On the Way</a>

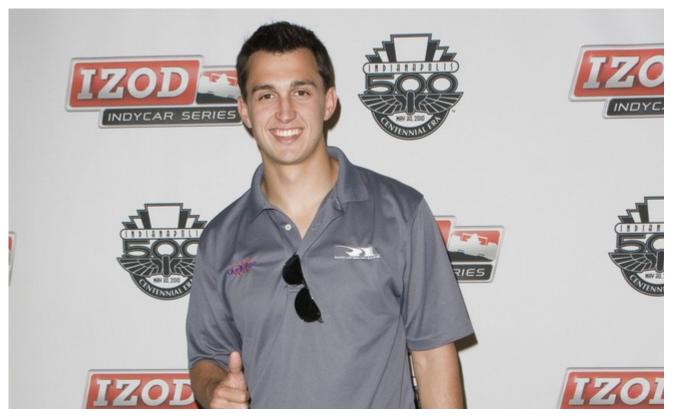
3. Develop different interests: Keep an open mind, and you may end the night with a new hobby to explore. For instance, if you've been interested in learning how to snow ski and know your friends head to the mountain each weekend, now is the time to ask them whatever questions you may have. Perhaps you can even join them next time. Who knows, the royal couple may

be huge fans of "Crazy in Love" after meeting Queen B!

Cupid wants to know: What's your favorite part of going on a double date?

# Single in Stilettos Show: How to Talk About Being Exclusive with Your Partner





On this week's <u>Single in Stilettos</u> show, founder Suzanne Oshima and dating coach Robert Manni discuss how to talk about being exclusive with your beau. The author of *The Guys' Guy's* 

Guide to Love shares five important things to remember when you bring up this subject: make sure it's a good time to have a serious conversation; do it in person; let him know it means a lot to you; never give him an ultimatum; and remember that it's about what you both want.

Related Link: Robert Manni on How to Get a Second Date

Ultimately, it's a conversation between the two of you. Although you may be focused on sharing your feelings with your partner, be sure to listen to him in return. Pay attention to how he responds. If he says he's just not ready, respect his wishes and be patient. However, if he says he doesn't want to be exclusive with you, it may be time to move on.

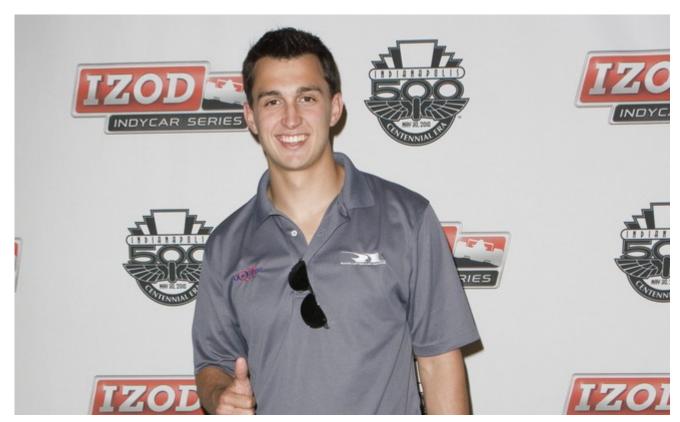
For more information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

What's your best tip for talking about being exclusive with your partner? Share your comments below!

### Chris Brown Says Karrueche Tran Dated Drake and Didn't Visit Him in Jail





By Maggie Manfredi

Chris Brown handled his recent breakup with Karrueche Tran poorly…and nobody is shocked. According to <u>UsMagazine.com</u>, the former couple are taking to social media to release some of their emotions around the break up. She claimed she was mistreated, while he claims she cheated on him with Drake! Brown has nothing nice to say, so we kindly ask that he doesn't say anything at all.

What do you do if your partner gets involved negatively with the law?

#### Cupid's Advice:

When things go wrong with an individual in a relationship, it's tough on the partner as well. Here is some advice if your significant other gets involved with the law:

1. Be honest: In order to survive, you both have to communicate effectively. Be open and share your thoughts candidly.

**Related:** Khloe Kardashian and French Montana Split for Second Time

2. Think long-term: Are they going away for awhile? Before the trouble, where were you at in this relationship? Do you see a longtime commitment for this relationship? These are the questions to ask at this crossroad.

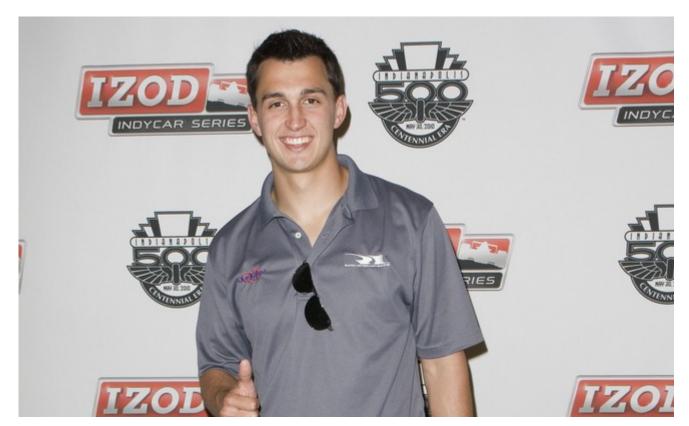
Related: <u>If Men Were Like Santa's Reindeer, Which One Would</u> You Choose?

3. Be there: If you are in it for the long haul, it's important to show your support and help your partner through this tough time. Don't excuse bad behavior but remember that everyone makes mistakes.

Do you have any thoughts on Chris Brown's actions? Share with us below!

# If Men Were Like Reindeer, Which One Would You Choose?





By <u>Sarah Batcheller</u>

We know their names from those famous lines in Clement Clarke Moore's poem A Visit From St. Nick: "Now Dasher! Now, Dancer! Now, Prancer and Vixen! On, Comet! On, Cupid! On, Donner and Blitzen!" Since the writing of this poem — 1939, to be exact — Rudolph joined Santa's team, and they were complete. Each of these reindeer have very unique personalities, and here at CupidsPulse.com, we couldn't help but wonder what men would be like if they were reindeer. Would you want to date a strong leader like Comet or an affectionate lover like Cupid? Read on to figure out what reindeer you would choose.

Dasher: Dasher is known for his speed and energy — it's in his name, after all! He is the most excited reindeer when the time nears to load up the red sleigh. His quickness makes him a very valuable member of Santa's team. A man like this would be the same in terms of efficiency and speed. He'd be a natural-born athlete and a busy-bee at heart. Everything about him would be fast! You'd have to remind him to slow down and make sure he's not out the door every time you you want to relax

and snuggle by the fireplace.

Dancer: Dancer is popular among the other reindeer for having the most flare and elegance. He is extremely extroverted. Dating a man like this would mean putting on your best dress and heels and going out quite often. He would surely be the most fun date, but you'd have to remind him to share the limelight with his lady love.

Related Link: Top Ten Most Romantic Holiday Getaway Spots

Prancer: This reindeer likes to look his best at all times. Pulling the sleigh is important to him, and he never knows who he's going to meet! His impeccable posture contributes to his high performance on Christmas Eve. A man like Prancer would be very put-together and would make an exceptional impression on your friends and family. Be careful, though: This kind of man may become a little too obsessed with what's on the outside.

Vixen: The flirt and comedian of Santa's team is loved greatly for his positive attitude and talent of performing magic tricks. Vixen can really brighten up the night (metaphorically speaking, unlike Rudolph) and keep the other reindeer entertained while they wait on the rooftops. Dating a man like Vixen would mean lots of jokes and laughter, but he may have a difficult time taking some things seriously.

**Comet:** The leader of the team is the most looked up to by children. Although he can be quite stubborn and strong-willed, he's got his team's best interest at heart and always makes good decisions. Men like Comet tend to be the most loyal and dedicated to their lovers; just make sure that he lets *you* take the reins every once in a while.

**Cupid:** Cupid is the most loving and affectionate of all the reindeer. He sees his team as his family and loves to give and receive lots of hugs and kisses. Cupid can really warm a heart during the holiday season! The romance is unforgettable with a

guy like Cupid, so long as he doesn't become too needy.

Related Link: Do THIS When Meeting His Family Over the Holidays

**Donner:** The most confident and proud of all the reindeer, Donner has always loved what he does. His name comes from the German word for "thunder," which is fitting because of his strong presence. A man like Donner will make you feel safe in any situation. He'll also be very proud of his relationship with you, but be sure his confidence doesn't spiral into cockiness.

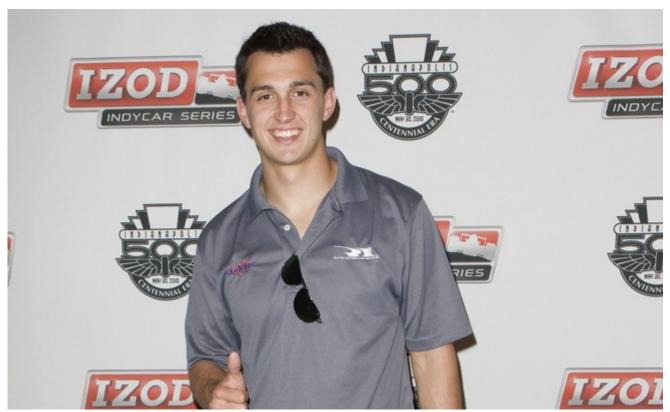
Blitzen: This reindeer loves a good challenge. He is the most savvy of all the reindeer and loves to outsmart his friends. You could learn a lot dating a man like Blitzen, as guys like this are usually the most interesting. You've just got to remind him to have a little fun every once in a while!

Rudolph: The most famous of all the reindeer, Rudolph is known for his bright red nose that helps him guide his team through the night. He has really proven himself to the other reindeer since his days of being teased and now earns the most credit for helping Santa get to every single child on Christmas Eve. A partner like Rudolph would always provide you with insight and advice to guide you and loves lending a helping hand to his community. Just remind him that it's okay to focus on himself sometimes too!

If men were like reindeer, which one would you choose? Tell us in the comments below!

# Should You Date More Than One Person at the Same Time?





By Courtney Omernick

Juggling work, life, family, and friends can be hard enough. Now try adding dating. No, let's make that dating multiple people at once! Sounds like a bit of a challenge, doesn't it? Well, it can be done, and it can be done right if it's something you're looking to do. Below are a few points regarding dating more than one person at the same time.

1. Honesty may be the best policy: We're not suggesting you make this the first thing you tell your date right after you've stated your name, but you may want to tell them that you're interested in openly dating because they may have

different expectations. You wouldn't want to figure that out after you're a few weeks in.

Related: <u>Sofia Vergara and Joe Manganiello Celebrate</u> <u>Thanksgiving Together</u>

2. Compare and contrast: While dating multiple people may be hard to balance, it does give you the option to compare and contrast each person. This way, you can speed up the process of finding 'the one.'

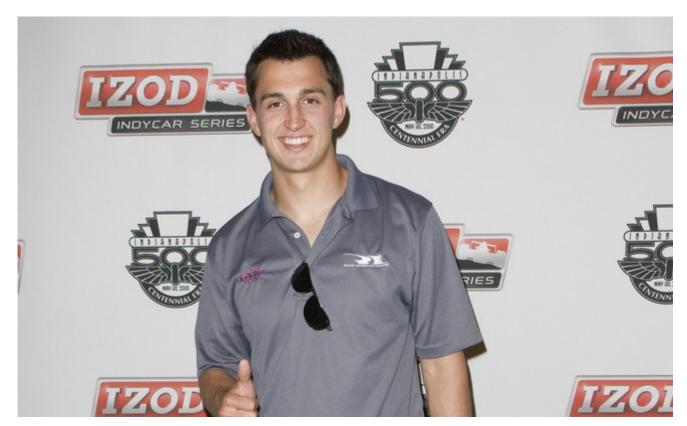
Related: Snooki Marries Jionni LaValle

**3. Gaining skills:** Like a job interview, dating multiple people at once helps you practice what to do and say on the first date. After a few tries, you'll be a pro, and the first attempt hopefully won't be so nerve wracking.

Do you think dating more than one person at the same time is a good idea? Comment below!

### Date Idea: Winter Beaching





By Shannon Seibert

There is very little that is more enjoyable than a beach trip in the winter. The cool air, the calming sound of the waves, and the rubbing of sand between your toes can create the perfect date idea for you and your man. This weekend, huddle together under a blanket and watch the waves dance while making plans for this coming summer; which is closer than you think!

Related Link: Date Idea: Get Unlucky

## Date Idea: Warm Up Your Winter Dates With A Trip to the Beach!

Winter doesn't mean that you have to say "farewell" to the beach. Think outside the box with this weekend date idea: Create your own slice of paradise by packing a romantic picnic for your beach getaway. To follow this relationship advice, snag some Bubba Keg thermoses from your local grocery store to trap in the heat. Take along winter favorites, like

some delicious hot cocoa or a piping hot batch of chicken noodle soup. The insulated container should keep it warm all day. But don't neglect your favorite frozen foods as well! Bring along a container of raspberry sorbet or a couple of peppermint popsicles to get into the holiday spirit.

While loading up the car, be sure to throw in a couple of blankets. The breeze may surprise you along the coast, and you want to be prepared. Tune your radio to some Bob Marley or even the Beach Boys to get you into the tropical-paradise mood. On the car ride there, ask your man about his favorite beach memories from his childhood. The more you find out, the stronger your relationship and love will be. Also, take some time to plan a future date idea or two for the upcoming summer months.

Brainstorm summer vacations with your love while playing a quick game of volleyball in the sand. You could stay local and dip into the Atlantic on the beaches of Daytona or go for a more exotic adventure to the island of Bermuda. Both destinations have unique tropical sites that attract a bunch of tourists, so beat the crowds and book your romantic getaway in advance.

#### Related Link: Date Idea: Live Out Your Fairytale

As you both get excited about your impending trip, boost the creativity of your games. Play against each other in a flirty game of Frisbee. Make it a contest to see who can catch it in the coolest way, like between your legs or over your shoulder.

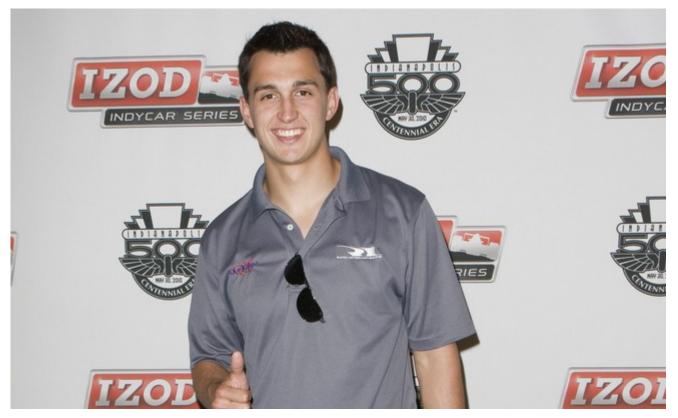
If you plan on staying until the end of the day, set up a cool bonfire as the sun goes down. The warm flames will comfort you in contrast to the chilly winter breeze. Be careful though, as each state has regulations whether or not you are permitted to start a fire on the beach. If not, bringing along a couple of lanterns can still keep you cozy. Snuggle together around your fire — or make-believe fire — as you watch the sun dip behind

the sea. This is sure to be a weekend date idea you will both remember!

Have any fun winter-beach stories? Share with us in the comments below!

# Did 'The Bachelor' Winner Nikki Ferrell Reveal She Has A New Man?





By **Emily Meyer** 

Although Nikki Ferrell's celebrity breakup from *Bachelor* Juan Pablo Galavis was only a month ago, her Instagram account tells us she's wasting no time getting back into the swing of things when it comes to her relationships and love life. According to *Wetpaint.com*, the *Bachelor* winner posted a photo over the weekend quoting Beyoncé's song "Halo" by writing, "I swore I'd never fall again, but this don't even feel like falling." She then captioned the quote with more lyrics from the song, "Think I'm addicted to your light," followed by a heart emoji. The private beauty didn't give any more details about this new special someone, but we can't wait to see what celebrity love gossip she shares next!

'The Bachelor' winner Nikki Ferrell found romance after her celebrity breakup. How do you know when you're ready to start dating again after a breakup?

#### Cupid's Advice:

Whether you were in a relationship for months or years, breaking up is never easy. You have been dealing with a tornado of emotions ranging from anger and confusion to sadness. It can be difficult to figure out when you're ready to start dating again, so Cupid has three ways to help you know when you're ready to get back into the dating scene:

1. You have a positive outlook about your past love: Although it's normal to feel somewhat angry about how your last relationship ended, it's important that you let go of those negative feelings. If not, you may not be able to move forward to a place of peace with a new partner. Figure out what's still holding you back and like *Bachelor* winner Nikki

Ferrell, speak positively of your ex to help you move into a better place.

Related Link: 'Bachelor' Winner Nikki Ferrell Confirms Split from Juan Pablo Galavis

2. You can be happy on your own: You have to be content with yourself before you can find happiness with someone else. Make sure you have your own hobbies, career, and social circle before you dive into another relationship. When you sincerely love yourself as an individual, you'll be ready to start the dating process again.

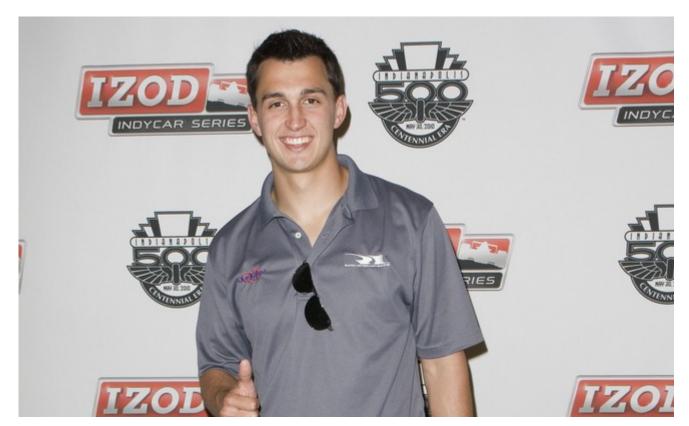
Related Link: Chris Harrison Jokingly Slaps Chris Soules in New 'Bachelor' Promo

**3. You want to move on for** *yourself:* It's only human to want to make your ex *a little* jealous. However, that should not be your main motivation. Make sure you're fully committed to dating new people for the right reasons.

How did you know you were ready to get back into the dating scene? Tell us in the comments below!

## Top Ten Most Romantic Holiday Getaway Spots





By <u>Melanie Mar</u>

This winter, some lucky couples will be cuddling up next to fireplaces, warming up with hot chocolate and marshmallows, and, depending on their location, riding in horse-drawn hitting the slopes together...all in the name of carriages and The holidays often bring softer, love. out a more romantic side as established pairs get nostalgic and newbies want to create magical memories. What better way to beat the winter blues and heat up your relationship than getting away for a fabulous rendezvous with your mate?

Pictures of celebrities often grace the covers of magazines at the most desirable locales, so it's no surprise we look to them when choosing a vacation spot. Make your fantasies a reality and become the star yourself with the following destinations. Not only are these celebrity-visited locations glamorous, but they're also some of the most romantic places on the planet. You don't have to break the bank to live your dream. Scour the internet for special offers and packages, and enjoy these top ten most romantic holiday getaway spots.

Related Link: <u>Cupid's Weekly Round-Up: Make Your Holiday the</u>
Best One Yet

- 1. Aspen, Colorado is by far the ultimate romantic dream winter getaway, thanks to its breathtaking ski slopes, steamy hot tubs, high-end shopping, and endless fine dining. The Colorado Chamber of Resorts even called Aspen the "Rocky Mountain Playground for the Rich and Famous." Aspen mountains are a favorite, as celebs don't stand out as much and can maintain their privacy. Stars that frequent the snowy town include longtime lovers Goldie Hawn and Kurt Russell and hot new parents Ashton Kutcher and Mila Kunis.
- 2. Following Bridget Bardot's lead, tourists and celebs visit St. Tropez, France all-year round. The beaches of this small town are the perfect place to achieve that Victoria's Secretlike bronzed tan while getting close to your lover, so pack your colorful swimsuit and gear up for some snorkeling! It is no surprise that A-list stars frequent this coastal city, including Neil Patrick Harris and David Burtka as well as the lovely Naomi Watts and Liev Schreiber. St. Tropez will leave you never wanting to return home!
- 3. The Eiffel Tower lit up at night, carousels that spin around in delight, bunches of flowers in the marketplace, and balloons come to mind when I think of Paris, France. The City of Lights is one of the most heart-stopping, romantic vacation spots on the planet. How many movies do we see that whisk the couple off to Paris for a secret rendezvous? Take a stroll along the famous bridge and seal your love with a special lock and key, or set up your own lovely picnic along the river Seine and enjoy the magic.

Related Link: <a href="Dating Someone New During the Holidays">Dating Someone New During the Holidays</a>

**4. Lake Como, Italy** is now a popular destination, thanks to stars like Brad Pitt and George Clooney. The view alone is a postcard-like vision and enough to make anyone get dreamy-

- eyed. With the castles, lush gardens, giant cathedrals, and quaint shops, you're sure to find many places to reignite that romantic spark! Lake Como is a fairy-tale getaway for many celebrities including David and Victoria Beckham as well as Matt Damon and his wife Luciana Barroso.
- **5.** The coastal towns **Carmel** and **Monterey, California** are both fabulous places to visit with someone special. The many cozy inns located here provide the perfect place to keep warm. Beaches, golf courses, upscale shopping, phenomenal spas, and many other beautiful outdoor spots will leave you feeling rested and refreshed. The wooded area near the Coastal Cruise on Highway 101 is the perfect place to stroll with a coffee before hitting the spa. End your day with a glass of wine at Pacific Edge Grill.
- 6. Mallorca, Spain is the largest island in the Balearic Islands along the Mediterranean Sea. This gorgeous location is a lover's favorite, so much so that recently a friend of mine decided to move there after falling head over heels in love with a man from the area! Have a glass of wine and snuggle up in a secluded restaurant, take a bike ride along the beach, or even scuba dive in the clear waters. Most celebrities choose this luxurious spot for a break from their fast-pased lives and for its cultural appeal. Frequent visitors include hot couple Justin Theroux and Jen Aniston as well as power pair Michael Douglas and Catherine Zeta-Jones, who own a home there.

Related Link: Ashley Hebert and J.P. Rosenbaum Celebrate Holiday Traditions

7. This past summer, Kanye West and Kim Kardashian jetted to **Punta de Mita, Mexico** and shared Instagram pictures of the magical sunsets, delightful spreads of food, and infinity pools in this romantic town. Punta de Mita is a beachfront village that offers high-end places to stay like the Four Seasons Resort or the private retreat built by mogul Joe

Francis. This is a wonderful spot to escape to this year, as it is both private and posh and will certainly bring new passion to your relationship.

- 8. Maui, Hawaii is not only a great place to visit in the summer, but it's a hotspot during the winter months as well. Just ask sweet couple Brian Austin Green and Megan Fox, who got hitched on the island. Maui offers its visitors breathtaking hikes, eye-popping volcanoes, and a variety of private beaches.
- 9. While most vacationers think that Rio De Janeiro, Brazil is a destination for the summer months only, celebs have long been fans of this tropical paradise. Sunbathe on the beach of Ipanema, take a bike ride through the village, or visit the many gardens and museums. Javier Bardem and his beauty Penelope Cruz and handsome bachelor Gerard Butler have been known to vacation here. It's the perfect place to relax, unwind, get closer to your partner, and enjoy a new culture all at the same time.

Related Link: Adam Levine Marries Behati Prinsloo in Mexico

10. Celebrities love to head to the beaches of Los Cabos, Mexico. One frequent famous guest, Jennifer Lopez, enjoys staying at the luxurious Mexican resort, Las Ventanas. This private getaway is a romantic vision with enormous suites and private bungalows, each with private Jacuzzis on their balconies. You will be enamored with your choice as you overlook the magnificent waters of Mexico.

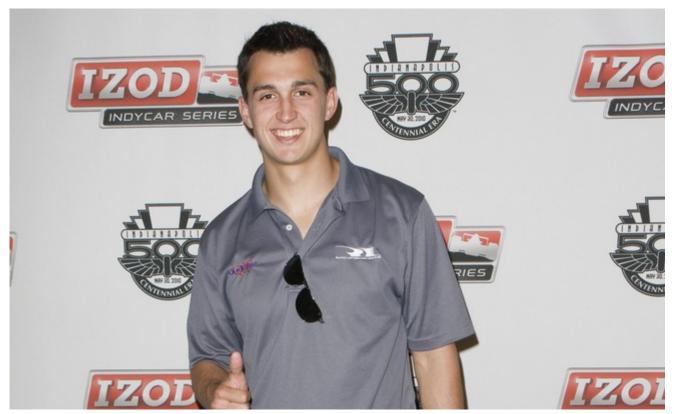
Winter is the perfect time to escape from the stress, the cold, and the city, and there is nothing quite like finding the perfect place to unwind and just relax. Whether you choose a chillier climate to snuggle up in or a warmer one to throw on your swimsuit and show off your tan lines, these holiday hot spots are sure to make your winter sizzle!

Melanie Mar is a relationship and life coach as well as co-

owner of the Millionaire's Club International Matchmaking Agency for the U.K. and Europe. She is certified by the WANT Institute in Androgynous Semantic Realignment and a Transaction Analysis practitioner certified by the United States America Transaction Analysis Association.

# Best Friends and the Search for Love





By Patricia Bubash, Ed.S., LPC for Hope After Divorce

"He is my best friend." These words came from the lips of a wife. It isn't the first time I have heard a wife say this

about her other half, but it is the first time that I really thought about the impact of a "best friend" relationship in a marriage — and even more impacting, in a remarriage.

Statistics show that most divorced men and women are still desirous of finding a lifelong partner. More than half of first-time divorced spouses choose to walk down the aisle again. We really don't need to read the statistics; observation is enough. The overwhelming number of dating sites, divorce support groups, and friends trying to "set" single friends up easily convinces us.

Research will show we indeed live in a couples' society. Most people feel the need to have a partner, a companion, a person to share interests, socialization, and good and bad situations — a soul mate. Finding that someone special is a desire shared among the single. We are inundated via all modes of communication — television, radio, written word, and personal conversations — with the necessity of "being in love." Unhappily for the love-seeker, many of their hopes for the real thing are relationships founded "in lust" rather than "in love."

## Related Link: Daniel Radcliffe Says Girlfriend Erin Darke Is "Definitely" His Best Friend

An author friend, Pam Evans, is an expert on finding love. Her problem wasn't finding love but *keeping* it! As a self-proclaimed "multiple marrier," she is familiar with the search for a soul mate, a replacement for a previous spouse. In her book *Ring ExChange*, she shares her misdirected view of what was important in a relationship. It was this perception that led to her four failed marriages. A good thing for the readers of her book, she didn't give up easily.

A lesson from her book coincides with my premise to find a best friend first. If the new love meets her criteria, then chances are high that a soul mate will follow. She provides these words of wisdom: "When two individuals approach a relationship first in the spirit of friendship, then true bonding leading to the deepest unconditional love, where affection, respect, compassion, sensuality, and kindness join together, can develop." I reread this lengthy quote several times to really "get" the depth of it. But, once I did, I heartedly agreed with her "friendship first" suggestion.

We know, typically, a physical attraction is usually the "first" connector for two people looking for a serious, long-term relationship with the end result being marriage. Through our own personal experiences or those of friends, we know that physical attraction is short-lived. No matter how gorgeous or how handsome, if our choice is based on exterior qualities rather than best friend qualities, our relationship will soon end, and a new search will begin again.

#### Related Link: Can Love Be Better the Second Time Around?

A close friend who has a PhD in counseling with many years of private practice and is also one of the divorced who is "searching" shared some personal and professional insights: "In the past, I found myself trying to be who my date wanted me to be. I found myself trying to please, to make him happy. In doing that, I wasn't making me happy, and I was being dishonest."

I think in our anticipation of making up for the loss of our marriage, our need for finding love again, a replacement for that lost love, we aren't always true to "me." First, I believe it is essential to be a best friend to yourself. Then, find that "best friend" who will be a true love.

Returning to this "best friend first then love" theory, ask yourself this question: "What qualities or virtues do I need in deciding that someone has achieved best friend status with me?" For me, it is the following:

1. Be supportive and honest. I don't want someone to agree

with me just because disagreeing might hurt my feelings.

- 2. Be willing to listen to me without giving advice. My view of advice: "Fools never heed it, and wise men don't need it." So skip the advice, just listen.
- 3. Let me know about the spinach between my teeth!
- 4. Encourage me in my goals.

When you find that someone who fills these four (my best friend) criteria, I believe you have found someone worthy of being your partner. Also worth thinking about: Don't rush it! Best friends tend to evolve over time, but once in place, they last forever. One day, you will be repeating the words of the woman whom I interviewed: "He is my best friend."

For more information about Hope After Divorce, click <u>here</u>.



Patricia Bubash received her M.Ed. in Counseling from the University of Missouri, St. Louis. Working with students and families has been her true calling for over thirty years. For more than twenty years she has presented workshops at the community college on a variety of topics relating to parenting issues, self-esteem and issues relative to divorce. Patricia is a Licensed Professional Counselor in the state of Missouri and, a Stephen Minister. She

submits a variety of articles related to relationships, marriage and divorce to several internet sites, and, frequently, is interviewed on internet radio stations. Volunteerism, writing and family are most significant in her life. Patricia writes for DivorceSupportCenter.com, HopeAfterDivorce.org, CupidPulse.com, andFamilyShare.com. She can be reached at patriciathecounselor@successfulsecondmarriages.com.