

Weekend Date Idea: Give the Gift of Babysitting



By [Rebecca White](#)

Don't fret about what to get your friends this holiday season! This weekend, offer to babysit and give them a kid-free date night. Holiday seasons can be tough on families because there are so many preparations to be made. The gift of alone time is just what your friends need. Plus, you'll get to see what your partner will be like as a parent! This date idea is sure improve your [relationship and love](#) life as you play house for a few hours.

Give the Gift of Babysitting to Improve Your Relationship and Love

For this weekend date idea, call up one of your married friends and tell them to take some time off and plan a night out with their spouse. Next, it's time for you to decide how to entertain their kids! Depending on the ages, you can play games, watch a movie, or plan a bigger activity like making crafts, writing a story, acting out a musical, or putting on a fashion show. For more ideas, check out PBSKids.org for advice and ideas on how to babysit for any age.

Related Link: [Matthew McConaughey & Camila Alves Enjoy Some Alone Time](#)

This date idea will give you some insight into what your significant other will be like as a mom or dad. Is he the disciplinarian? Is she nurturing and maternal? These are things you'll want to know to determine if you're truly a match made in heaven. Make sure you know who is in charge of enforcing punishments, who is in charge of making dinner, and who is in charge of cleaning up the house so your friends don't come home to a disaster. By delegating responsibilities, you'll find out if you make a good team and if you can handle the surprises that kids have in store for you.

Babysitting will also help you learn if your partner is even comfortable around kids. They should be able to channel their inner dork and play silly games, but that may be a challenge for them. Maybe they're easily grossed out or get frustrated at the smallest thing. If so, that may be a bad sign. After all, kids are messy and require a lot of patience. This gift to your friends is a gift to yourself too. Who knows what you'll discover about your sweetheart!

Related Link: [Single in Stilettos Show: What Makes a Man See](#)

[You as Marriage Material](#)

If you're nervous about babysitting with your honey, then set aside some time to chat about it. This could even be another date night before your babysitting adventure! Communication is key to succeeding as babysitters and parents (someday). After babysitting together, your relationship and love life will be thriving. Don't miss this opportunity to grow even closer together!

Have you babysat with your beau before? Share your stories below!

Dating Advice: Film a Documentary During Black Friday





By Emma L. Wells

Black Friday shopping isn't for everyone. However, while stores can be hectic and crazy, if you've got a lot of holiday gifts to buy, it *is* nice to get it all done at once, especially while so many items are discounted. This year, brave the crowds with your beau! It may not be a romantic [date idea](#), but it can certainly be a fun one.

Have Fun While Being Productive on This Weekend Date Idea

It's important to stick together on this holiday weekend date idea. Combine your shoppings lists and hit the stores at midnight. Instead of just running errands, make this date idea more entertaining by bringing along a camera. You can shoot all the action around you as you go from store to store. Make sure you record the craziest things you see on your Black Friday adventure.

Related Link: [Date Idea: Take a Holiday from the Holidays](#)

Take turns manning the camera as you search for gifts for everyone on your list. Try to stay out of other people's way as you frame your shot – you don't want to bother the other shoppers! Maybe you'll even find some good deals on new camera equipment that you can use for your next documentary!

Later, you can edit the film as a team and show your friends this mini-documentary. Have a "premiere party" for your video after you open holiday presents; that way, your loved ones can see how much fun you had – and how much trouble you went through! – picking out their gifts. The morning and evening news almost always showcases footage from Black Friday too. Send your local station some of the most outrageous things you saw. You never know: Maybe you two lovebirds will wind up as local celebrities!

Related Link: [Date Idea: Escape Black Friday](#)

Discover a New Passion with This Dating Advice

This experience will make for a great story to tell in the future. Consider this dating advice and think of the date idea as an opportunity to record a special moment in your relationship and love. Perhaps you'll even discover a new mutual hobby! You budding filmmakers may want to enroll in a documentary making class after the holidays are over.

Cupid wants to know: Will you go Black Friday shopping with your honey this year?

Dating Advice: What Katie Holmes Can Teach Us About Post-Divorce Hooking Up



By [Christina Pesoli](#)

Rumored celebrity couple Katie Holmes and Jamie Foxx. Are they or aren't they hooking up? *US Weekly* says "yes," they're a new celebrity couple. Jamie Foxx says "no." And, because Katie Holmes is Katie Holmes, she won't even dignify the question with an answer. But regardless of how you feel about this rumor, the story makes obvious the following: hooking up is no longer exclusively for the twenty-something and under crowd. Post-divorce hooking up is now a thing.

But, how can you tell if post-divorce hooking up is right for you?

To maximize your chances of waking up in the morning with no regrets, consult the relationship advice flowchart before getting your groove on:

1. Are you actually divorced?

- a. No? Do NOT hook up. Random hookups before your divorce is final are one of the top causes of completely avoidable divorce drama. Get your divorce done first; then, get your freak on.
- b. Yes? Proceed to the next question.

Related: [5 Pieces of Love Advice From Celebrity Couples in Long-Term Relationships](#)

2. Are you wearing beer goggles?

- a. Yes? Do NOT hook up. You want your decision to hook up to be made with complete clarity. And nothing clouds your judgment like beer goggles or worse yet, vodka vision.
- b. No? Proceed to the next question.

Related: [Jennie Garth: Can You “Win” the Celebrity Exes Challenge?](#)

3. Are your kids with you?

- a. Yes? Do NOT hook up. The last thing your kids need is to be traumatized by walking in on you doing the wild thing with some random guy.
- b. No? Proceed to the next question.

4. Are you in a public place?

- a. Yes? Do NOT hook up. Have a little consideration for those around you. Hooking up should only be done in private.
- b. No? Proceed to the next question.

5. Is the guy you're thinking about hooking up with young enough to be your kid?

a. Yes? Do NOT hook up. Look, I'm not trying to be all ageist, but you're bordering on being really creepy.

b. No? Proceed to the next question.

6. Is hooking up with this guy something you hope to keep secret?

a. Yes? Do NOT hook up. Nothing ever stays a secret—especially not hooking up.

b. No? Proceed to the next question.

7. If/when word spreads about this hookup, are you likely to feel embarrassed or humiliated?

a. Yes? Do NOT hook up. Word WILL spread. So, make sure you're cool with that.

b. No? Proceed to the next question.

8. Is there a significant chance you will regret this?

a. Yes? Do NOT hook up. And even if you think the idea is awesome when you're in the heat of the moment, think long and hard before hooking up with a coworker or neighbor. Having to repeatedly run into someone makes it hard to put the whole thing behind you if you do end up regretting it later.

b. No? Go for it!

Christina Pesoli practices family law with Noelke Maples St. Leger Bryant, LLP, in Austin, Texas. She is the author of Break Free From the Divortex: Power Through Your Divorce and Launch Your New Life (Seal Press). She has written extensively on the topic of divorce, providing advice and support designed to help people avoid common mistakes that make divorce take longer and cost more. She also writes advice columns for CultureMap Austin and Divorce Magazine. You can find more of her articles on her website: christinapesoli.com.

'American Idol' Artist Quentin Alexander Says Communication Is Most Important in Relationships



By Jenna Bagcal

Conceptual, artistic, bold, and distinctive are all words that describe 21-year old Quentin Alexander. The New Orleans, Louisiana native was a contestant on season 14 of [American Idol](#) and made a name for himself during his time on the reality TV show. He blew audiences away with his performances

each week, combining his emotion-filled vocals with stunning effects and clothing. The performer is self-assured in who he is, saying, "The type of artist I want to be is one that touches on all of the senses. A concert of mine would be something that would be just as appealing visually as it is musically." In this celebrity interview, Alexander opens up about his experience on the show and his plans for the upcoming year.

***American Idol* Contestant Shares How New Orleans Shaped Him As An Artist**

New Orleans is known as a cultural and musical epicenter of America and is a place that Alexander is lucky enough to call home. He cites his hometown as a major contributor to his artistry and personality overall. "Growing up there really played the biggest part in the way that I present my art and the way that I am," he shares. "There are so many different musical and cultural influences, so many different ways of life all in one small bowl. It's like a Gumbo pot, just a mixture of everything." He adds that being from such a culturally-diverse city gives him a unique outlook and advantage in terms of his music and avant-garde fashion sense.

Related Link: ['American Idol' Star Joey Cook Opens Up About Her Celebrity Engagement: "He's the Love of My Life!"](#)

In terms of relationships and love, Alexander reveals that having a partner who isn't in the music industry makes for the best support system. "It's always great to have that teammate supporting you from the outside, someone who isn't really in the same kind of boat that you're in," he divulges. He also believes that the most important factor in a successful partnership is communication. "For anything to work, the best thing to do is to communicate and let each other know what's going on," he says.

Reality TV Star Discusses His Experience on the Show

Although he was eliminated from the reality TV show, Alexander has taken away many valuable experiences and pieces of advice from his time on *American Idol*. The most valuable tip came from [Jennifer Lopez](#), who told him to “hold on to your art – it’s the one thing that makes you *you*.” He adds, “It’s the truth. The one thing that separates me from everyone else is my art, my personal feelings, and how I go about doing things.” The singer says that the superstar’s comment assured him of his role in the competition and validated that he was going in the right artistic direction when he was questioning his choices. “Should I compromise my performances just to fit in this mold?,” he asks. “She confirmed for me that I shouldn’t. Just be yourself, and everything will work out like it’s supposed to.”

Related Link: [‘American Idol’ Contestant Sarina-Joi Crowe on Being Eliminated: “It Motivates Me Even More”](#)

Now that his journey on *American Idol* is over, Alexander is excited to get home to New Orleans and attend the various festivals and events. “It’s the greatest time of year in New Orleans to have all the music come in and all the people coming in from different parts of the world,” he says.

In the future, aside from pursuing music, the performer plans on releasing some of his short films that include original music and fashion that he has designed. He also hopes to design an original clothing line within the next year. We can’t wait to see what he does next!

Catch up with Quentin on Twitter @QAlexanderXIV! American Idol is on FOX at 8/7c every Wednesday.

Joe Manganiello Lovingly Kisses Movie Advertisement of Celebrity Love Sofia Vergara



By Meranda Yslas

This [Hollywood couple](#) shows that love has no distance! Actor Joe Manganiello uploaded a picture of himself kissing a movie advertisement of his celebrity love Sofia Vergara. The two are both in Las Vegas attending the CinemaCon 2015 promoting their own movies reports [People](#). The famous couple have been dating since September 2014.

This celebrity love has no boundaries! What are some ways to show your love when you and your partner are apart?

Cupid's Advice:

Distance can be hard on a relationship and love, especially if you two are apart for a long period of time. However, there are many ways to show your love for each other, just like Manganiello's Instagram photo with his celebrity love. Here are some of Cupid's dating and relationship advice for long distance:

1. Video Chat: Sometimes just seeing your partner's face can make it seem like they are there with you. Find a time when you both can video chat and make a date of it!

Related Link: [Sofia Vergara Is Engaged to Joe Manganiello After Only Six Months of Dating](#)

2. Send photo updates: Although it's nice to send a quick text to your beau saying that you miss them, it feels more genuine when you can send them a picture of something that made you think of them. For example, if on your walk to work you passed by a cafe where you two had a date, snap a pic and send it with a "thinking of you!" caption.

Related Link: [Sofia Vergara and Joe Manganiello Are Like High School Kids In Love](#)

3. Surprise them with a gift at their door: If you're the one away on a business trip or visiting a friend, plan to send a bouquet of flowers or a gift basket to be delivered at their house while your away. It shows your lover that you're always thinking of them!

How do you and your partner show that you care about each other, even if you two are miles away? Share below!

Expert Dating Advice: Is He Going to Dump Me? Your Partner's Body Language Before a Break-Up



By [Jared Sais](#)

To understand the non-verbal communication of a break-up, we need to know that our bodies and mind prep us before the

split actually takes place. As a relationship expert, I have seen five main non-verbal tools that we use to get ready to end a [relationship and love](#): contempt, distance, arguing, a change in routine, and a lack of empathy or not caring.

Relationship Expert Talks Non-Verbal Cues Before a Break-Up

To follow my expert dating advice, let's dig deeper into each of these emotional, non-verbal preparation tools:

Contempt: Relationship experts in the field of non-verbal communication believe this facial cue to be one of the most noticeable and reliant cues for a break-up. Contempt can be shown as a unilateral facial expression, usually having the corner of the lip rise from one side of the face. It can also be shown as a rolling of the eye. If your partner starts showing contempt more and more, they are preparing themselves to hate you.

Related Link: [Expert Dating Advice: How to Spot a Man Who Only Wants One Thing](#)

Distance: Dating experts know that, when we are in love, everything about how we feel and the way we show our emotion is about letting people get close to you. It can be shown in kissing, hugging, cuddling, and more. It has even been stated that our cells bond more closely together when we are in love. When prepping for a break-up, one of the first signs is starting to separate and create physical distance from one another. Many people notice this part the most – the lack of a hug or the shortness of a kiss. Little by little, the distance will grow until not much is even said between you both.

Arguing: There are three main reasons why so many arguments take place before a break-up: to make it easier to leave the person, to find peace of mind, and to convince yourself you

are making the right choice. After all, it is easier to leave someone who is angry! An argument can stem from your partner needing to get something off their chest. It helps them with closure, as they probably didn't say everything they felt during the partnership. In addition to closure, they bring up the unpleasant past to help them decide if they are making the right decision in ending the relationship and love.

Change in routine: The most important way to know something is wrong is sudden changes that occur in the relationship – things like hanging out with new friends without you, getting home much later than usual, or making drastic changes without telling you, like a new hairstyle or a tattoo. All of these actions usually stem from the need for new things. Plus, they show your partner that new and exciting things can happen without you. It also helps them see the life they could have without you. Sudden changes in routine can be less evident as well, things like not going to sleep together or not eating dinner together as you once did before. All of these are clues that the relationship is changing.

Related Link: [Ryan Reynolds and Blake Lively's Body Language: Confidence is Key](#)

Lack of empathy or not caring: This sign is distance through emotions. When they no longer care about things that once mattered to you as a couple, it's a big sign that they may break-up with you soon. The lack of empathy is a way to distance themselves from the relationship and put them in the state of mind to move on, and the lack of caring means that they are fed up with the way things are. For many people, this part hurts the most; it's the total lack of love and respect that once glued you two together.

[Jared Sais](#) is the co-author of the website [The Non-Verbal Game](#), where you can find free downloadable content. He is a dating expert in non-verbal communication, who specializes in body language, micro-expressions, and lie deception as they

relate to relationships and love.

‘The Bachelorette’ Battle Begins as Season 11 Promo is Released!



By Emma L. Wells

The Bachelorette season 11 promo was released this week with the tagline “50 Shades of Cray,” and judging from the commercial, the hit reality TV show will certainly be exciting. According to the HollywoodReporter.com, there will

be two *Bachelorettes* – Britt Nilsson and Kaitlyn Bristowe, both former contestants from [The Bachelor](#) season 19 – 25 contestants (one of which arrives wearing a giant cupcake costume), and lots of drama. It now appears that, in the premiere episode, the men will have to vote on which *Bachelorette* remains for the season. The promo also shows Bristowe crying and saying, “I just don’t feel like this is how I should have to do it.” We can’t wait to tune in on May 18th!

***The Bachelorette* season 11 contestants have to make a quick decision about their feelings for the two leading ladies. How can you make good split-second judgments when it comes to relationships and love?**

Cupid’s Advice:

There’s something to be said for following your heart. When it comes to big decisions about relationships and love, we can easily get wrapped up and make the choice more complicated than it needs to be. Cupid has some love advice on how to make these quick decisions easier:

1. Basic instincts: Our instincts are part of our biology and shouldn’t be ignored. If you’re on a blind date and have a bad feeling, then you should listen to it. Similarly, when you meet a great potential match, you should pay attention to your first instinct and go for it. Follow your heart and don’t waste time second guessing yourself.

Related Link: [‘The Bachelor’ Season 19 Contestant Britt Faces](#)

[Her Fear For Chris Soules](#)

2. Pros and cons: It's easy for our heads to get muddled in a time crunch, making us fall into analysis paralysis. You might have to be a little brutal when scrutinizing your choices quickly. If you have to make a decision fast, then logically think about the pros and cons of your choices. Don't let the ticking clock trip you up!

Related Link: [Reality TV Host Chris Harrison Reveals Twist for Next Season of 'The Bachelorette](#)

3. Que sera, sera: Unless you have a crystal ball or a time machine, you won't be able to see into the future. This thought should actually take some of the pressure off your decision. Remember that you're making the best choice you can with the information you have and that nothing's permanent. Whatever will be, will be!

How do you make fast decisions when it comes to a relationship and love? Tell us below!

Weekend Date Idea: Celebrate a Week of Thanks





By Emma L. Wells

Get into the Thanksgiving spirit early this year! On this [weekend date idea](#), come up with a list of all the things and, more importantly, the people you're thankful for in life. If you're in the early stages of your relationship and love, this conversation can be a great way to get to know each other better.

Give Thanks on This Weekend Date Idea

It's a wonderful Thanksgiving tradition to give thanks for everything in your life. Why not take it a step further this year and not just say thanks but show your appreciation too? After you and your beau have made your lists, start thinking of ways that you can give back to the people in your life.

Related Link: [Date Idea: Give Thanks for Your Health](#)

If you're feeling creative, you can make some fall-themed gift

baskets. You can bake some lovely Thanksgiving treats or, if you're not that confident in the kitchen, buy some high quality ingredients and make a DIY basket. Many speciality cooking stores also sell pre-packaged cookie, pie, or cake mixes that you can include. Add some Thanksgiving decorations, like a few gourds or pumpkins from a farmers market, a serving tray, or utensils to help make their dinner extra special!

Put Some Love Into This Date Idea

Don't forget to personalize your baskets by including a handwritten and heartfelt note telling them what they mean to you. Your loved ones will be touched that you put so much thought and care into this gift! Pass out your baskets to your family and friends throughout the week leading up to Thanksgiving.

Related Link: [Date Idea: "Fall" in Love](#)

After this weekend date idea is over, consider this relationship advice and make an additional basket to give to your sweetheart! Instead of a Thanksgiving theme, make this basket more personal. Fill it with fun activities you two will enjoy doing together this winter, or find items that remind you of great memories from your relationship and love so far.

How will you and your honey give thanks this year? Tell us below!

Expert Love Advice Reveals

Four Reasons Why Men Disappear



On this week's [Single in Stilettos](#) show, founder and dating expert Suzanne Oshima talks to [relationship author](#) Tinzley Bradford about why men disappear.

Dating Experts Explain Why Men Disappear

The author of *Settle Free Dating Method for Women* explains that dating is hard enough without having to worry about the great guy in your life suddenly disappearing. According to her expert love advice, here are four reasons why a man may vanish:

Related Link: [How to Kick That Bad Relationship to the Curb](#)

1. He met someone else: While it may be hard to accept, until you're in a committed, monogamous relationship, he's free to date multiple people at once – and so are you!

2. He already has someone: You may be the other woman and not even know it. If he suddenly stops calling, there's a chance he's focusing all of his attention on his girlfriend or wife. Unfortunately, some men enjoy the thrill of cheating.

3. He just wants sex: He may want sex without any strings attached. If so, if you don't give him what he wants, he'll disappear.

4. He's bored: He may think your relationship has become predictable and mundane. In that case, he may stop calling without any explanation.

If you're dating a man who disappears, it's important to remember that he's doing you a favor: Any guy who leaves without an explanation isn't the right one for you!

For more expert love advice and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you handle a man who disappears? Share your relationship advice below!

Relationship Movie 'The Age of Adaline' Features an Ageless Blake Lively



By [Courtney Omernick](#)

After staying 29-years-old for eight decades, Adaline Bowman (Blake Lively) has become a lone wolf, never allowing anyone to get close to her for fear that they will reveal her secret. But, after an encounter with Ellis Jones (Michiel Huisman), her passion for a relationship and love life reignites. However, a weekend with his parents threatens to reveal the secret she's been hiding for so long.

Should you see it:

This relationship movie is a bit of a chick flick with a twist. If that's what you're looking for, than look no further than *The Age of Adaline*. This movie is also packed with amazing actors such as Blake Lively, Harrison Ford, Michiel Huisman, and more!

Who to take:

This film would be great to see with your friends or significant other.

How can you get over your partner's past?

Cupid's Advice:

When we begin to date someone new, we may have a lingering curiosity about his or her past; it's human nature! Everybody has to start somewhere. But, what if your partner's past wasn't as great as you expected it to be? What if he or she isn't interested in giving you details? Below is some dating advice and a few suggestions regarding how to get over their past.

1. Look at your own past: Take a good, hard look in the mirror and decide. Can you fairly judge this person? I'm sure there are a few items in your past that you're not proud of. Don't be so quick to point a finger or criticize.

Related Link: [Relationship Advice: 5 Small Things You Can Do To Increase Generosity In Your Relationship](#)

2. They weren't born yesterday: Especially if your partner has some crazy skeletons, when you learn about them, it can be a blow to the chest. You have to remember that their life didn't start the day they met you and vice versa.

Related Link: [Alternatives to Couples Therapy: Save Your Relationship and Love Life](#)

3. Accept them for who they are: This means that you accept

them for both the good and the bad. If you find that you're having trouble shaking his or her past, try using acceptance as the bond that holds your relationship together.

How have you moved beyond your partner's past? Comment below!

New Celebrity Couple? Reality TV Stars Josh Murray and Ashley Iaconetti Party Together in NYC



By Emma L. Wells

Last Monday, [The Bachelorette](#) season 10 winner Josh Murray and *The Bachelor* season 19 contestant Ashley Iaconetti were seen with a large group partying in New York City, prompting rumors that these reality TV stars are a new celebrity couple. Murray posted a picture of the mostly gal group on his Instagram, saying, "Had a great time, NYC, it's always nice meeting new friends." Only Iaconetti and one other woman were tagged in the shot of 13 party-goers. [People.com](#) reported that Murray was in New York working for fitness and nutrition brand AdvoCare. Despite sitting close and looking like a cute famous couple, both Murray and Iaconetti insist they aren't dating.

These two reality TV stars have denied being a celebrity couple, but given their similar experiences, we think they'd be a good pair! Find out how a common background can help your relationship and love be a success.

Cupid's Advice:

We've all heard that opposites attract. While a little disparity in a relationship *can* add some spice, being with someone who shares a similar history is a strong foundation for a new relationship and love. Cupid explains why below:

1. You have a better understanding: People are a product of their experiences. Understanding someone's experiences firsthand will help you better understand them and their intentions. Being on a reality TV dating show is not something a lot of people can relate to, which is one reason why Murray

and Iaconetti could potentially match well as a celebrity couple.

Related Link: ['The Bachelorette' Winner Josh Murray Says He Doesn't Miss Celebrity Ex Andi Dorfman](#)

2. You share a common perspective: In most cases, having a similar background means that you will also have a similar perspective on certain issues. Whether it be politics, religion, finances, or family, when you share the same opinions, you'll be able to communicate better. These types of discussions can be difficult to have, but if you're of the same mind, you'll come to an agreement much easier.

Related Link: ['The Bachelor' Season 19 Contestants Treat a Relationship and Love with Chris Soules Like a Game](#)

3. There's an easier learning curve: If you are from different ways of life (religiously, culturally, socio-economically, etc.), it doesn't mean your relationship and love won't succeed, but it *does* mean that you'll have to take more time and effort to learn about your beau's background. When you date someone who has shared experiences, you get to skip that step.

Do you think these two reality TV stars would make a good celebrity couple? Tell us below!

Former 'Bachelor' Chris Soules Regrets Making 'DWTS'

Partner Witney Carson Cry



By Emma L. Wells

It was a tough week for reality TV star Chris Soules. While preparing for his quickstep routine, the leading man on [The Bachelor](#) season 19 injured not only his calf muscle but also his partner's feelings. During a difficult rehearsal, he lost his temper with professional dancer Witney Carson. Thankfully, the dancing duo were able to hug it out and move on. According to [People.com](#), Soules said, "It was a tough week. People don't really understand how hard we work. We have a close relationship. But we were just both getting on each other's nerves. I wasn't getting it down, and she was getting frustrated with me. That happens in any partnerships in life. I don't know any partnership where two people don't have a little bit of a disagreement. It only made us stronger."

As the former star of *The Bachelor* can attest, it's easy to get annoyed with your partner. What are some ways to handle frustration in your relationship better?

Cupid's Advice:

No matter how much you click, when you spend a lot of time with someone, you're bound to butt heads occasionally – like this *Bachelor* star and Carson did this week. It's all too easy to let little annoyances build into big problems. Cupid has some love advice on how to deal with your frustration:

1. Talk it out: Don't like the way your partner loads the dishwasher or leaves their shoes by the front door? Tell them! Simply say, "It bothers me when you..." Remember to be careful with your tone. You don't want to start a fight, but you do want to make them aware of your feelings. Your significant other is not a mind reader; they can't fix the problem if they don't know it's there.

Related Link: [Celebs Turn to DWTS to Heal Heartbreak](#)

2. Get active: When both partners are frustrated, fighting comes easily. But nagging and getting angry won't solve the problem. You need to find a way to get rid of your pent-up energy so you can have a discussion, not a battle. Try embracing your combative energy and go paint balling or go-cart racing. It may sound silly, but a playful, regulated, competition will get out your frustration and leave you in a better mood.

Related Link: [Chris Soules and Celebrity Love Whitney Bischoff](#)

[Celebrate His 'Dwts' Performance](#)

3. Don't let it defeat you: No one meshes with their partner 100 percent of the time. If you and your sweetheart agreed on everything, life would probably be a little boring! Your relationship and love won't be doomed just because you get a little irritated with each other. In fact, when you work through these moments of difficulty together, your partnership only gets stronger.

How do you and your partner handle relationship frustration? Tell us below!

Famous Couple George Clooney and Amal Alamuddin Enjoy NYC Food Tour





By Jenna Bagcal

In celebrity news from [People.com](https://www.people.com), married celebrity couple George Clooney and Amal Alamuddin have recently been dining at some of New York City's best restaurants and eateries. This famous couple have been eating their way through the city at high-end places such as Cipriani, Morandi, and Babbo to name just a few off their list.

Famous couples eat famous food! What are some creative things you can do as a couple to explore a new city?

Cupid's Advice:

Whether you and your partner are visiting a new city for your honeymoon, anniversary, or a simple vacation, getting to know the food, sights, and general aura of each place will help you to get the most out of what each city has to offer. Gain

inspiration from this famous couple and explore cities in a fun and delicious way. Here are three of Cupid's tips for creative things you and your significant other can do when exploring a new city.

1. Go to their local market or grocery store: Eating a city's local cuisine is one of the best ways to connect to each place on a deeper level. Visit a city's outdoor market if they have one, or even grocery store and check out their fun and unique food. Sample a little or a lot of the local fare, and buy a few of your favorite snacks to stash into your luggage on the trip home.

Related Link: [Amal Alamuddin Changes Name to Amal Clooney](#)

2. Ditch the hotel: Instead of staying at a fancy hotel during your vacation, stay with a host family, or try a service like Airbnb to rent out someone's home or apartment. Living how the locals do will help you and your partner to get an authentic feel for living in any particular city.

Related Link: [Celebrity Couple George Clooney and Amal Alamuddin Enjoy NYC Dinner Date](#)

3. Walk around without a map: Once you and your partner have seen the Statue of Liberty, the Eiffel Tower, or the Sistine Chapel , take some time to wander aimlessly around the city and explore to your heart's content. Go into small shops or boutiques and practice your language skills with the shop owners. Buy a souvenir or two to take back home with you.

What are some unique ways you and your partner have explored a new city? Share your experiences with us!

Relationship Author Carmen Harra Reveals 'The Truth About Karma in Relationships'



By Meranda Yslas

Licensed psychologist, relationship expert, and spiritual teacher Carmen Harra recently released a new love advice book that she co-wrote with her daughter, Alexandra Harra. *The Karma Queens' Guide to Relationships: The Truth About Karma in Relationships* explores how karma affects our everyday life. From romantic relationships to the parent-child relationship, the [relationship author](#) stresses the importance of having strong and clean karma.

Relationship Expert Explains The Importance of Karma

Your book focuses on how karma plays a role in relationships and love. Can you explain karma to our readers?

The concept of karma is considered to be the number one law of spirituality. As human beings, we are defined by our actions, our thoughts, and our intentions that translate into reality. We have individual karma, and we have family karma, meaning your intentions reflect in your family and in the people closest to you. I think karma is the foundation of the human bond, the foundation of human laws, the foundation of relationships.

Related Link: [Relationship Author Daisy Buchanan Shares Her Dating Advice for 'Meeting Your Match' Online](#)

How do you work on karma to make sure it's strong and healthy?

Karma is something you can reverse, something you can work on. Karma is something that requires work. The more you are aware and the sooner you work on it, the better. The more you clean the karmic blockages, the sooner you can move your life in the right direction. If you feel that you have a block somewhere, you have to go and revisit your karmic pattern and understand where that blockage is.

How does karma affect our relationships and love?

All of our romantic relationships are karmically affected. Let's say you're raised in a dysfunctional family. You will have a very hard time creating your own family because all of those imprints will be stored in the subconscious mind. If you don't work on that and you don't acknowledge what has happened in your youth, then you will have a harder time creating a good family and a good foundation of your love life.

When you think of the word “karma,” it is something that gets repeated. It’s like a memory that stays in your mind. Sometimes, it goes dormant, and all of a sudden it wake up, and it hits you. In psychology, it’s called dissociative amnesia. People tend to forget; people tend not to remember what has been done to them, but when you wake up that karmic pattern, you have an ability to erase it. So it’s good to revisit memories; it’s good to bring memories to the conscious level so that you can take them away and not let them hurt you anymore. If the mind has too much information and too many bad memories, it gets clogged. Every single relationship should be pure and should be unclouded of the negative karmic information.

Related Link: [Author Vicki Reece Offers Love Advice for Moms: “I’m All For Family Date Night”](#)

Relationship Advice For Getting Out of Toxic Relationships

One of sections *The Karma Queens’ Guide to Relationships* is about toxic relationships. How are you able to get out of a relationship that is more harmful than good?

You need to uncloud any information that has existed, and in order to do so, you need to revisit all of your issues and make sure things are as simple as possible. One of the key things for relationships to function well is simplicity. That’s why my new article is about ways to detoxify dysfunctional relationships – we live with them, and we’re not aware of how toxic they can be. A toxic relationship doesn’t allow you to trust people; a toxic relationship doesn’t allow you to function at the best level of yourself – it’s like your soul is broken in pieces. You have to work on yourself to empower yourself.

Sometimes, dysfunction can be an obsession and can create an

obsessive pattern. What you need to do is replace your obsessions. A lot of dysfunctional relationships are based on an obsession. How many people are obsessed with the people they can't be with? How you work with changing that obsession is the work of the mind. You need to reprogram, to rewire the brain. It's an entire technique of rewiring the brain by eliminating all those obsessive behavior problems.

You have to practice what is called self-care. It's the fact that people ignore themselves; that's why they become self-destructive. You attack yourself, and that has a lot to do with not being able to take care of yourself. There is something wrong with you, so the moment you practice that self-care, you have a chance of healing from something like that.

You have to work on it on a daily basis. The neurons in the brain need to be creating new patterns of thinking. People go to the gym. What about working on the neurons in the brain to create the new paths of thinking? Relationships that are dysfunctional damage your well-being. If you don't clean the toxicity and if you continue to live in the poor relationship, you will never be balanced enough or you will never be well enough at any level of your being, not even physically.

Is there anything else you would like to share with our readers?

They should be aware of the power of their own mind, the power of their own soul, the power of their own words, both written and spoken. If you start saying, "I'm not good; I'm not beautiful," then you're not empowering yourself. People should be aware that is part of the self-care and the self-empowerment. I feel like my book, personally, is kind of a manual. It gives you wisdom, and wisdom erases karma. I wrote all my wisdom throughout the years and then combined it with my daughter's perception of the younger generation. We asked, "How can we make this right? How can we start having those

wonderful relationships in which we celebrate the other people in your life? Is it possible?" Absolutely! With the right mindset, you finally can live in peace and joy and celebrate every aspect of your life. A book on relationships and love is about celebrating life!

You can purchase The Karma Queens' Guide to Relationships: The Truth About Karma in Relationships on Amazon.

Date Idea: Run in the Name of Love



By Emma L. Wells

This [weekend date idea](#) will have you and your beau gettin' physical! Instead of your usual dinner and a movie, get off the couch and go for a run or walk together. There's no better way to get your relationship and love out of a rut than with a little activity, so for this date idea, challenge your sweetheart to run or walk a 5K with you.

Challenge Each Other With This Date Idea

Map out a good 5K route in your town or, if possible, sign up for an official 5K charity run. So many non-profits have them that you're bound to find a cause that you'll both appreciate. That way you'll not only be doing something great for your bodies *and* your relationship and love but also for society!

Related Link: [Date Idea: Enjoy the Water](#)

Run as a team to help keep each other's strength up. Or you can make it a race between the two of you to add some playful competition to this date idea. A little competitiveness between you and your partner can actually be really healthy for your partnership. A small rivalry can spice things up as long as it's all in good fun!

Love Advice: The Couple That Runs Together, Stays Together

Exercising together has a lot of benefits. First, it'll give you the opportunity to wow him with what great shape you're in. You'll also run faster and work harder than you normally would so that you can impress him. Take this love advice and consider investing in some new workout gear that really shows off the results of your hard work. Additionally, it'll be nice to have someone so close to give you positive encouragement. Plus, a good workout releases chemicals in your brain that

will leave you two feeling giddy and romantic all day long.

Related Link: [Weekend Date Idea: Play All Day](#)

If you're planning your own 5K, make sure to run past some nice scenery. For instance, if you live on the coast, why not map out a path along the water? You can plot your run to be a circle so you end up back at home or extend your day by ending at a park where you can enjoy a pleasant rest. Once you've recovered, head to your favorite brunch spot. After all, you've earned it after your workout!

Have you and your partner done a 5K together? Tell us about it below!

Expert Dating Advice: How To Find The Good Guys Sexy





By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) finally explains why women are so attracted to the bad boys and never want the good guys. "It's not that they're bad that makes them attractive," the dating coach shares. "Women are actually attracted to men, and the bad boys are often more masculine." Her expert dating advice will help you tell your good guy what you want and need in a relationship and love.

Laurel House From E!'s *Famously Single* Shares Expert Dating Advice About How to Find A Good Guy

The *Screwing the Rules* relationship author elaborates that nice guys are often times more gentle because they don't want to offend or disrespect you. They come off as Prince Charming. But here's a secret, fellows: "We don't always want Prince Charming; we're more turned on by Tarzan," House says. If you

always find yourself with a bad boy who isn't good for you, then follow this expert dating advice about how to find a good guy sexy:

Related Link: [Relationship Advice Video: Why You're to Blame for Dating Losers and Jerks](#)

1. Pre-qualify your dates so you can get to know him *before* you go out with him.
2. Shift your focus from want to need. Define your needs in a relationship and love – things like communication, respect, mutual adoration, shared core values, and trust.
3. Change your perspective of what a good guy is and focus on the positives rather than the negatives.
4. Communicate! Let him know you want him to take control; let him know your boundaries; let him talk dirty to you; and let him know it's annoying when he texts or calls too often.
5. Don't mistake nice for annoying. Then, you'll end up wondering why you dumped a guy for a stupid reason when you see him get married and live happily ever after with someone else.

For more expert dating advice from House, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Are you usually attracted to the bad boys and want to find a good guy instead? Tell us in the comments below!

New Celebrity Couple Alert? Find Out About Dianna Agron and Nicholas Hoult's Casual Relationship



By [Katie Gray](#)

Jennifer Lawrence has moved on with her boyfriend Chris Martin of Coldplay, and her ex-boyfriend Nicholas Hoult has been dating *Glee*'s Dianna Agron. According to [UsMagazine.com](#), "The *Warm Bodies* actor, 25, and Agron, 28, have been casually dating since this past October." Apparently, the [celebrity couple](#) are enjoying themselves, but Hoult isn't looking to get too serious just yet. Time will tell what the future holds!

This celebrity couple is keeping things casual. Why is it smart to keep a relationship low-key at first?

Cupid's Advice:

A reason relationships and love sometimes fail is because things are rushed. Keeping a relationship casual – like this celebrity couple – can be a fantastic idea, especially when it's new. Cupid has some love advice to consider:

1. No pressure: When people are dating, they often feel unnecessary pressure from their partner, their family and friends, and even themselves. There is no need to rush into marriage though; you should go at your own pace!

Related Link: [Nicholas Hoult Breaks Silence Regarding Jennifer Lawrence Leaked Photos](#)

2. No drama: Nobody likes drama, but sometimes, it's unavoidable. Still, when you're just starting to date a person, it should be light and happy. Go with the flow! There is no need for stress. Enjoy getting to know one another, and let yourself be happy in their company.

Related Link: [Jennifer Lawrence and Nicholas Hoult Are Back Together](#)

3. No strings attached: One of the best things about keeping things casual in a relationship is that there are no strings attached. You and your partner get to create your own rules and guidelines. This takes away the unnecessary stress that relationships tend to have when things get too serious, too soon. Go at your own pace, and decide how you want things to be!

What were the benefits of keeping your relationship casual?
Share your stories with Cupid below.

Relationship Advice Video: Three Things Women Don't Know About Men



On this week's [Single in Stilettos](#) show, founder and matchmaker Suzanne Oshima talks to dating expert and [relationship author](#) Robert Manni about what women don't know about men.

Related Link: [Robert Manni Reveals How to Talk About Being Exclusive with Your Partner](#)

Dating Expert Reveals What Women Don't Know About Men

According to this relationship advice video, there are three things that women don't know about men. First, men are not that complicated. The dating expert says that they are very simple creatures – what you see is what you get! Second, they don't pay attention. They're consumed with their own lives and often forget to focus on the details of their relationship. If you want him to open up, you have to ease him into it; otherwise, you might scare him away. And finally, men aren't mind readers. If you feel a certain way, you need to tell him because he probably won't figure it out on his own. Armed with this love advice, you'll be ready for your next date!

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Anything else women don't know about men? Tell us in the comments below!

Dating Advice: The Psychology of Online Dating



By Jill Kapinus

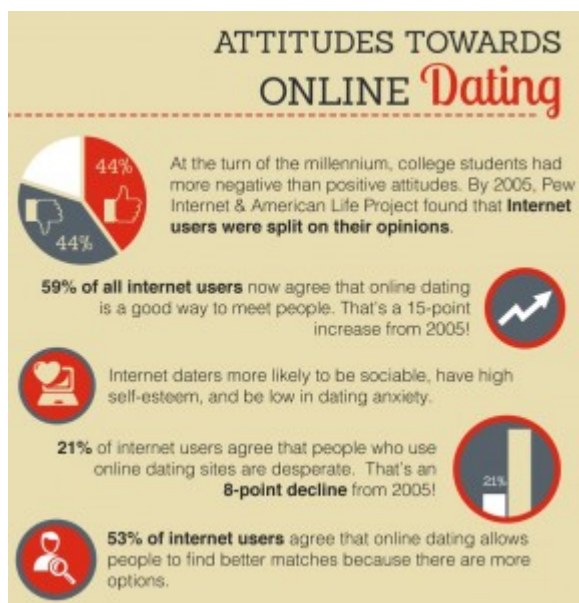
Have you ever wondering just who, outside of the people you know, is using online dating to meet potential partners? And whether people actually think it works? We can't quantify love—heck, we can't even define it!—but we can look at some relationship advice and the statistics of online dating.

What makes a person reach out or respond to a virtual stranger? What about the stigma that has lurked in the shadow of online dating since its outset? Let's reveal some

dating advice below.

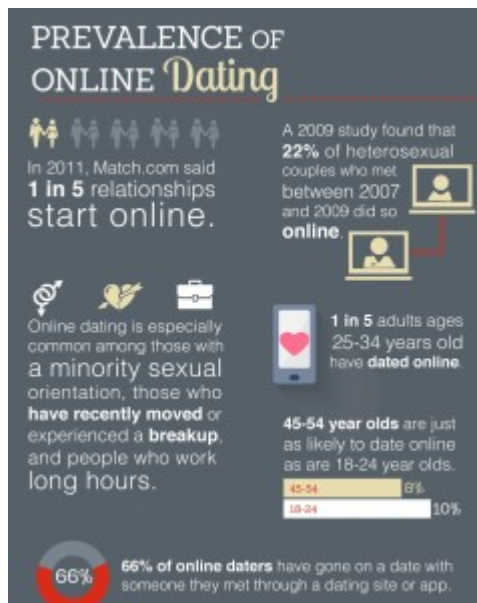


The Pew Research Center has conducted surveys that look at these aspects of online dating and how they've changed from 2005 to 2013. Back in 2005, 44% of respondents thought that "online dating is a good way to meet people." In 2013, that number rose to 59%—a pretty positive climb.



The stigma around online dating seems to also have taken a positive turn as well, as 53% of internet users agree that online dating allows people to find "better matches" because there are more options.

Related: [Relationship Advice: Social Tips from Ben Franklin and Other Maxims Masters](#)

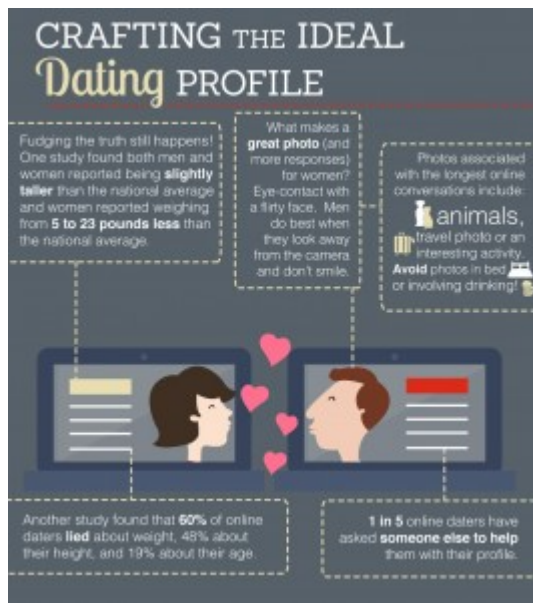


One thing that may always be consistent is that people tend to embellish the truth when it comes to self-describing. One study found that on average, men listed their height as being slightly taller than the national average and women listed their weight as 5 to 23 pounds less than their actual weight. And while women whose profile pictures that featured eye contact and a “flirty face” garnered more responses, men who looked away from the camera and didn’t smile received more replies.

Related: [Relationship Advice: 3 Ways to Handle Unmet Expectations in Marriage](#)



No matter what draws someone to online dating, it seems that the popularity is increasing, with new online dating apps and websites popping up all the time. So, take our love advice. If you feel like branching out of your typical dating comfort zone, you’re not alone! Take this dating advice and take a fun photo of yourself, ponder what your “type” is, and give it a whirl!



What are some other pieces of psychology behind online dating? Share your thoughts below.

A native of northern New Jersey, Jill works as a copywriter in the education industry. She has also written for the healthcare, home mortgage, and home furnishing industries.

Expert Dating Advice: 5 Surefire Signs He's Into You...or Not





By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#)

If you're having trouble deciding whether the new guy you're seeing is into you or not, you may be looking too far into it. In [relationships and love](#), guys are not as complicated as we make them out to be. In fact, it's relatively easy to tell if he's into you or not. We often allow our emotions to interfere with the reality of a situation. Consider our expert dating advice: Don't let your heart block your judgement and lead you to ignore the red flags that your man might be sending you!

Expert Dating Advice From Elite Matchmakers

This dating advice from Project Soulmate's relationship experts will help you determine if your man is into you or not:

1. Is he persistently pursuing you?: The bottom line is, if a guy wants to see you, he will. Don't make excuses for your man, thinking he's too busy with work or other commitments. If he's into you, he'll make time to see you, one way or another.

He should be reaching out to you just as much – if not more – than you're reaching out to him. If you're constantly texting him first, this may be the reason that you are hanging out or talking frequently. Take a step back and wait for him to contact you instead. When a guy reaches out to you first, it means he's thinking about you and wants to see you again.

Related Link: [Expert Dating Advice: 5 Signs He's Mr. Now and Not Mr. Right](#)

2. How do you define your dates?: A date can tell you a lot about what your man's intentions are. If he frequently invites you over for a Netflix marathon or texts you late at night to meet up for a drink, he probably considers you to be his hook-up buddy more than anything else. If a guy is into you and sees a potential future with you, he'll court you, which means he'll make plans in advance for your date and take you to dinner or an activity that he knows you're interested in. He'll make an effort to impress you and pay attention to the type of things you like.

3. Do you believe his body language?: If a guy is into you, he won't be able to keep his hands off you. He'll send you obvious signs during your date. He'll make slight gestures, like putting his hand on your leg, putting his arm around you, or holding your hand in public. You can also tell a lot by looking into his eyes. If his eyes light up when he sees you and he keeps eye contact when you are talking, he's into you.

How a Guy Will Show That He's Into Your Relationship and Love

4. Does he pay attention to you?: If a guy is interested in you, he'll take the time to get to know you. He'll not only ask about your family, work, hobbies, and interests, but he will actually *listen* to your answers. For example, he'll remember your favorite food or hobbies and make a date

involving your interests to show you that he cares in a personal way.

Related Link: [Don't Just Drop Hints When You Want Commitment](#)

5. Does he subtly show you off?: Nothing says a guy is into you like introducing you to his friends. Pay close attention to the way he introduces you and how he acts towards you in front of his pals. If he is flirty and kisses you in front of his friends, that means he's proud to show you off. You can also tell how he feels about you by the way that his friends react to the introduction. If they seem to know about you already, that means that he talks about you, which means he's interested. If a guy is interested in you, he wants to become a part of your world and meet your friends as well.

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of [Project Soulmate](#), a high-end New York-based matchmaking company.

Rita Ora Enjoys Disneyland While Celebrity Ex Calvin Harris Cuddles with Taylor Swift





By [Katie Gray](#)

Actress Rita Ora enjoyed herself at Disneyland with her new boy Ricky Hilfiger, while her celebrity ex Calvin Harris found enjoyment with potential new celebrity love Taylor Swift at a HAIM concert, according to [UsMagazine.com](#). Ora was in Paris for the opening of the new Tommy Hilfiger store, as he is the father of her boyfriend. A source claimed, "They're happy and things are going really well for them."

Rita Ora is smiling in the face of heartbreak! Where are places like Disneyland that can help you cope with a break-up?

Cupids Advice:

It's always hard to go about your normal life again while you're feeling the emotions of heartbreak. However, there is someone out there for everybody so it's important to remember

that sometimes things fall apart so better things can fall together. Cupid has some dating advice centered on places to help you cope after a break-up:

1. Tropical paradise: When you aren't feeling upbeat and positive, it's important to put your energy into restoring that. What better way to take your mind off things than by going on a vacation? It's the perfect remedy. Go somewhere warm and lay in the sun and get your vitamin D. Have an ice cold drink, explore and partake in fun activities. It's good to take your mind off things.

Related Link: [Rita Ora Opens Up About Split](#)

2. Art museum: Life imitates art and art imitates life. After a break-up, it's good to lose yourself and venture into a different world, such as the world of art. Wandering around museums by yourself is a great way to feel emotions, get lost deep in thoughts, get out of the house and be reminded that there is beauty in the world.

Related Link: [New Celebrity Couple? Taylor Swift and Calvin Harris](#)

3. Bookstore/library: After a breakup, it can be difficult to think again, because everything reminds you of your ex. A good way to escape your thoughts and the reality of the situation is to go to the library or bookstore and read. Get lost in a book. Focus on the character's situations instead of your own, for awhile. Enjoy a cup of coffee too! Reading and coffee is definitely good for the soul.

Where are places you have gone to cope with a breakup? Share below!

Expert Love Advice: Is Your Partner Lying? Use These CIA Tricks to Find Out!



By Amy Osmond Cook for [Divorce Support Center](#)

Ever feel like your partner isn't telling you the whole truth? From Bill Clinton's "I did not have sexual relations with that woman" to [Brad Pitt](#) and [Angelina Jolie](#) swearing that no funny business was going down on the set of *Mr. and Mrs. Smith*, single celebrities and famous couples alike are infamous for stretching the truth. Everyday pairs struggle with lying as well. In a *Reader's Digest* poll, 96 percent of Americans admitted lying to those close to them. But it's also worth noting that 50 percent of lies are told by only 5.3 percent of the people. Consider this expert love and dating advice below!

Dating Advice to Help You Determine if Your Partner is Lying

A recent *Huffington Post* article identified four ways to tell whether someone is lying:

1. Look for nasal engorgement and itching: When a person lies, specific tissues in the nose usually engorge, says Dr. Alan Hirsch of The Smell & Taste Treatment and Research Foundation in Chicago. This nasal engorgement, which Hirsch calls the “Pinocchio Sign,” causes cells to release histamine, which in turn causes the nose to itch.

Related Link: [Find Out What Kristen Stewart’s Body Language Reveals About Her Cheating Guilt](#)

2. Notice negation and aversion cues: Look for negation cues, such as covering or blocking the mouth and covering or rubbing the eyes, nose or ears, and aversion clues, such as turning the head or body away when making a crucial statement.

3. Beware of religious rhetoric: Religious phrases like “I swear on my mother’s grave,” “God, no,” or “as God is my witness” are ironic red flags.

4. Call out the denial phrases: Denial phrases including “trust me,” “honestly,” and “to be perfectly honest” are evasive. Evasion is about trying to change a perception, and these phrases repeated over and over again are typical clues to lying.

Expert Love Advice From a Former CIA Officer

Phil Houston, former Central Intelligence Agency (CIA) officer and CEO of QVerity, takes it one step further in his recently published book *Get the Truth: Former CIA Officers Teach You*

How to Persuade Anyone to Tell All. In it, he explains how you can persuade people – even a partner with something to hide – to tell you anything. Here are four steps to take to follow his expert love advice:

Related Link: [5 Red Flags to be Aware of In Your Relationship](#)

1. Make a transition statement: First, let them know that the lie isn't working. For example, we might say, "Honey, listen, I've got to tell you. I've got some problems with what you were saying about our credit card statement." Deliver it in a low-key manner without making it adversarial to help keep them calm.

2. Stop them from talking: Behaviorists explain to us that, every time you verbalize the lie, you become more psychologically entrenched in it. So step two is to start talking and give them reasons to tell you what's really going on.

3. Lower their defenses: Rationalize or minimize the problem so the risks of telling the truth seem smaller. "Hey, listen," we might say. "Everybody has trouble with their credit card statements." We can do it by monologuing as well, which means we are basically trying to tell the person lying that they can still win.

4. Switch to a presumptive question: After we lower their defenses, we should switch into a presumptive question, like, "What did you really do with the credit card?"

If you want to find out even more about Houston's method, check out the book on Amazon. I'm going to try the technique out on my teenagers and see what really happened to my last pair of work shoes!

For more information about and articles by our Hope After Divorce relationship experts, click [here](#).

Single in Stilettos Show: Dating Advice for Attracting an Alpha Male



On this week's [Single in Stilettos](#) video, relationship expert Suzanne Oshima and WingGirlMethod.com founder Marni Kinrys share their best [dating advice](#) for attracting an alpha male.

Related Link: [Expert Love Advice: He's Great, But He's a Bad Kisser...Now What?!](#)

Relationship Experts Share Reveal Dating Advice for Attracting an Alpha Male

While Kinrys has worked with a lot of alpha males who are attracted to strong women, the dating expert believes that all men still want to feel needed by their partner. If they don't, they won't stick around. So ladies, no matter how independent you are, you need to let the man take the lead when it comes to your relationship and love life!

Watch the video above for more great dating advice!

For more relationship advice videos and additional information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Tell us your best tip for attracting an alpha male in the comments below!

Product Review: Smell Good on Your Next Date Night, Thanks to Sen7 Fizz!





This post was sponsored by ProductJunkies.com.

By Meranda Yslas

If you want to smell good while you're out on a date, on the way to a meeting, or catching up with friends for drinks, this product review of Sen7 Fizz is for you! It's not easy to carry around a big bottle of perfume, and that's where the Sen7 Fizz comes in handy.

Product Review: Carry Your Favorite Scent With You

The Sen7 Fizz is a refillable perfume atomizer – perfect for people who are always on the go but still want to smell their best. It's small enough to fit in your purse or pocket, and it can carry whatever powerful scent you like best. With its easy-to-fill system, all you need to do is twist off the spray head from any perfume that you already own, place the Sen7 Fizz on the bottle, and pump it to fill. Just like that, your favorite perfume is now ready to be used whenever and wherever!

Did your man make a last-minute reservations and you don't have time to freshen up? No problem – you can take your go-to scent with you! Pay attention to our product review and consider this dating advice. After all, the Sen7 Fizz is perfect to throw in your favorite clutch on your next date night. It's even small enough to be placed in your carry-on luggage for a flight without any hassle from security. So if you and your beau plan a fun date idea out your home state, you can be sure that you smell nice while you're gone.

The product comes in four different colors. The pink 'Sparkling Diva' atomizer is great when you're feeling flirty and fun, and your hubby can use the sleek, black 'Mr. & Mrs. Bond' holder. Find the case that matches your personality!

GIVEAWAY ALERT: One lucky reader will receive a ProductJunkies.com gift basket that includes: a Sen 7 Fizz atomizer (\$25), a variety of Maskeraide masks (\$72), and a Frais gift set (\$30). To enter our giveaway, complete the form on our Contact Page BEFORE 5 p.m. EST on Monday, May 18th. Pick "Giveaways" in the dropdown box and include your address as well as "Sen 7 Fizz Giveaway" in the message field. You may enter the contest only once. Good luck!

Open to US residents only.

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