Relationship Expert Shares 8 Powerful Celebrity Women Who Will Change Your Life





By Sandra Fidelis

It's not easy balancing a successful career and a thriving relationship and love life. We, as modern women, have so much on our plates. The pressure of being a power player in the business world while maintaining a healthy relationship can be a big challenge. But as a <u>relationship expert</u>, I know nothing is impossible.

Relationship Expert Shares How Powerful Celebrities Will Change Your Life

Related Link: Relationship Expert Shares Must-Dos for Career Women

The following ladies (some of the most powerful and successful women in the world) serve as great models for how to balance your work and relationship and love life. They show us the value of having both a great career and a thriving partnership.

- 1. Zoe Saldana. The starlet recently made celebrity news over her announcement that her husband, Mark Perego, opted to take on her surname. The *Avatar* actress and her dedicated artist husband juggle successful careers. Now, they add family to the mix after the birth of their celebrity babies, twins Cy and Bowie.
- 2. Pink. The singer began dating her motocross racer husband Carey Hart in 2001. After briefly separating in 2003, they announced their celebrity engagement in 2005 and married in 2006. The famous couple separated again in 2008, but reconciled in 2010. They welcomed daughter Willow soon after. Pink travels the world balancing family, her music career and Carey's motocross team.
- **3. Ellen DeGeneres.** She's Hollywood's darling and along with wife Portia DeRossi an advocate for the LGBT community. The celebrity couple is going strong and Ellen credits Portia with being someone who truly gets her, supports her and wants the best for her. As a relationship expert, I know that's what we all want in a partner.
- 4. Jennifer Aniston. Jennifer is like a fashionable, cool older sister. We've watched her go through a painful celebrity

divorce and date Hollywood's most eligible bachelors. After finally settling down with fiancé Justin Theroux, Jennifer continues to be a power player in Hollywood. Her star has only continued to rise. Her range has expanded from a leading lady in romantic comedies to taking on more complex roles such as in her recent film *Cake*.

Related Link: Expert Love Advice: What to Do If Your Job Intimidates Your Partner

- **5. Giselle Bundchen.** Recently Giselle hung up her stilettos and announced that although she'll keep working in the modeling world, she won't be modeling for pay. Her hubby Tom Brady posted a sweet message about her accomplishments and what an inspiration she is to him. Aww!
- 6. Angelina Jolie Pitt. Mrs. Jolie Pitt credits her hubby Brad Pitt with being her rock. He supported her through her recent health issues as well as her work behind the camera. The Hollywood couple raises six children together and makes managing two high-profile careers look easy.
- 7. Oprah. Oprah has always had a lot on her plate. These days, she's running her own network, interviewing newsmakers and attempting to raise the world's consciousness with her hit show Super Soul Sunday. She's managed to maintain a low-profile relationship with her spiritual partner of 28 years, Stedman Graham. That may very likely be the reason it has lasted as long as it has.
- **8. Beyoncé.** Beyoncé is consistently featured on Forbes list of most powerful women in the world. She credits her relationship with husband Jay-Z with giving her the strength and confidence to be fearless in her career choices and endeavors.

Related Link: <u>How to Balance a New Relationship and Love Life</u> with a <u>Booming Career</u>

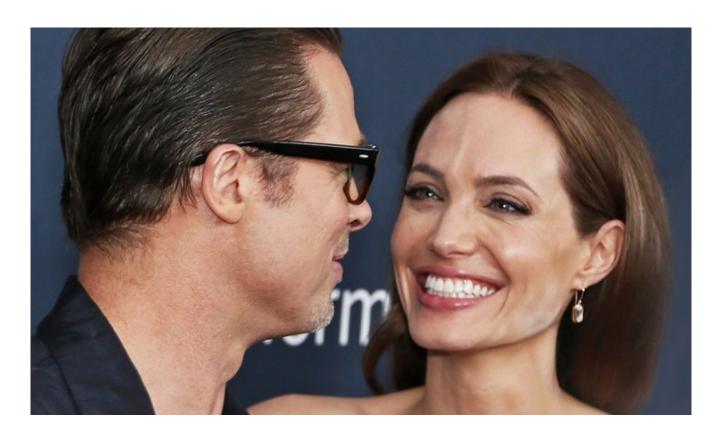
These women serve as great models for managing a hectic

lifestyle while maintaining happy, thriving marriages and relationships. I know it may be difficult to compare your life to the women on this list (considering that all of them have access to assistance and support that most women only dream of having). These women have also figured out how to be the powerhouses that they are without intimidating and alienating their partners. This can certainly be a challenge for modern women. But these women have proven that you can have great love and a great career.

<u>Sandra Fidelis</u> is a relationship expert, best-selling author and speaker with a great talent for helping single women get off the dating merry-go-round and finally meet the right man.

Dating Expert Shares Number One Rule of Successful Online Dating





By <u>E!'s Famously Single Dating Coach</u>, <u>Laurel House</u>
In this week's <u>dating advice</u> video, relationship expert and E!'s *Famously Single* dating coach, <u>Laurel House</u> discusses the rules of online dating.

Dating Expert Laurel House, part of E!'s 'Famously Single' Talks About Being Honest In Your Online Dating Profile

If you've ever tried online dating, then you know how hard it is to create the perfect profile. But don't worry, because relationship author and dating expert Laurel House shares her best love advice about the number one rule of successful online dating. "Make sure your online dating profile is honest!" she shares. In this week's relationship advice video, the dating expert will help you understand how to turn off the wrong partner while simultaneously turning on the right one.

Related Link: Relationship Expert Shares Best Love Advice for How To Break Up Over Email

The relationship expert believes that "the most essential but often ignored strategy when it comes to online dating is elimination." This means that you need to focus on turning people away who you would never be interested in to begin with. "You can try to narrow your reach within the preferences section, but many people don't actually look at those preferences," House shares. They also don't address some of the more important particulars, including the personality traits. If you have a sarcastic side, be sure to mention that! Honesty is the number one rule of online dating.

One of the benefits of online dating is that you are able to expand your reach, but you don't want to attract the wrong people. "You need to take a proactive approach," the dating expert says. "If you say you are a lover of the finer things in life, guys who can appreciate and afford those things will find that a turn on. Men who are turned off by a woman who likes expensive things will not contact you. And that's a good thing." At the end of the day, you want to find somebody who understands and shares your lifestyle preferences. "You're not there to please everyone," House says. "You're there to weed out the ones who might take issue with elements of who you are and what they're expectations are of you."

For more relationship advice videos from House, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

What do you think the number one rule of online dating is? Tell us your story below!

Kaitlyn Bristowe Sends Clint Packing and Reacts to Nick Viall's Return on 'The Bachelorette'





By Courtney Omernick

It looks like celebrity love is in the air for <u>Kaitlyn Bristowe</u> on *The Bachelorette*. During the most recent episode, <u>UsMagazine.com</u> reported that Clint was sent home and Nick Viall, who fans first met during Andi Dorfman's time as *The Bachelorette*, returned to the spotlight. With all of these

celebrity relationships in full swing, you have to wonder, how can Bristowe keep everything straight?

The drama never ends on *The Bachelorette!* How do you know whether or not to give someone another chance?

Cupid's Advice:

While watching the celebrity relationship drama between the contestants on *The Bachelorette* unfold, it can be hard to decipher who is deserving of Bristowe's celebrity love. In our own lives, especially if a former friend or significant other has hurt us, it can be difficult to decide whether or not you should give them a second chance. Cupid has some advice:

1. You have a reason to believe: If you're having serious doubts regarding this person's credibility, truthfulness, etc., then it's time to walk away. However, if this person has earned your trust during the time that you've known them, they might be worthy of a second chance.

Related Link: Are Rihanna and Soccer Star Karim Benzema a New Celebrity Couple?

2. You see change and growth: If you've noticed that the person who is seeking a second chance has achieved a serious amount of growth and insight since the incident, you might want to consider listening to what they have to say and even forgiving them.

Related Link: <u>Single Celebrity Ariana Grande Says She Doesn't</u>
Want to Be Called Big Sean's Celebrity Ex

3. You benefit from the relationship: Every friendship and

romantic relationship has its problems. It's up to you to decide how much you're willing to put up with and figure out what you're getting from the relationship.

Have you given a friend or significant other a second chance? Comment below!

Celebrity Video Interview: Tim Gunn Talks First Date Fashion and Summer Trends





Interview by Lori Bizzoco. Written by Rebecca White.

Make it work! Whether it be in relationships and love or the latest fashion trends, Tim Gunn's catchphrase holds true. The Emmy award winning co-host for Lifetime's *Project Runway* shares where to go on a first date and what he's most excited about for the new season of the hit fashion show. In our celebrity video interview, Executive Editor Lori Bizzoco chats with the fashion expert about summer trends and all things *Project Runway*. You don't want to miss this celebrity news!

Related Link: <u>Celebrity Video Interview: Love Advice From HGTV</u>
<u>Host Kelly Edwards</u>

Tim Gunn Talks First Date Looks and Summer Fashion Trends

First dates can be nerve-racking, but you shouldn't worry about what to wear or where to go. "Dress up!" Gunn exclaims. "Dressing up says 'I want you to see the best of me.' It's about respect for yourself and the person you're dating." When it comes to finding the perfect first date outfit, Gunn has three essential elements that need to be balanced: Silhouette, proportion, and fit. "When those three elements are in harmony, you will look fabulous no matter what you're wearing," he says.

Choosing a location is also very important when it comes to the beginning of a relationship and love. Gunn's love advice is to always go out to eat. "I believe that a first date should be a meal, because you need to know how they interact with the waitstaff, what table manners they have, and how they interact with you during a meal," Gunn shares. "I think it's all telling."

Related Link: <u>OWN Star Kiki Haynes Shares Love Advice</u>: "If the Heart Behind It Isn't Genuine, Then I'd Rather Not Have It"

If you're going out this summer, then remember that accessories are more important than apparel this season.

Whether it's a new hat, eyewear, or wedges, accessories work with many different looks. Also keep in mind that '70's Bohemian is coming back, so splash into summer with this revived look. "Independent of trends, there is something for everyone," Gunn shares. "Think about what's in your closet and what will enhance it. And always try it on! Under all circumstances, make no assumptions about fit."

Fashion Icon Discusses *Project Runway*

If you're eagerly awaiting the new season of *Project Runway*, then you'll love to hear that filming for season 14 starts in a few days. Unfortunately, this season Gunn was not able to go on the auditions to see the broad range of talent. However, he did get to look over the new contestants that were chosen. "I'm excited about working with them, they have a lot of personality," he says. "I hope they don't cancel each other out with that personality!"

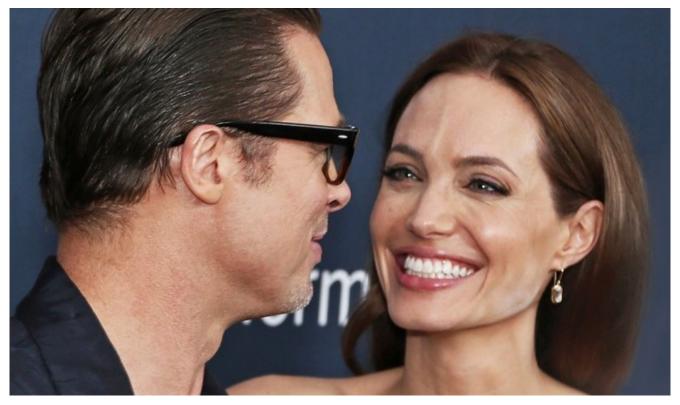
But being on a show for this long doesn't mean it's perfect. Gunn says that if he had to change one thing, he would like to be in the workroom when the designers fit their models. "I've never seen so much delusion presented to me," he says. "I'm always asking how the fittings went and invariably it's 'Oh, they were great.' Then, I look at the work on the runway and I'm like 'What? Is there a new definition of the word great?'"

You can keep up with Tim on Twitter @TimGunn and www.facebook.com/TimGunn.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Why Are You Single? Dating Experts Answer That Dreaded Question





In this relationship advice video, matchmaker and <u>relationship</u> <u>expert</u> Suzanne Oshima talks to relationship author Tinzley Bradford about how to answer the dreaded question, "Why are you single?"

Dating Experts Reveal How to Handle a Dreaded First Date Question

When you're on a first date, the question about why you're single is bound to come up. Dating experts say that

this question will immediately bring down the energy of the date, and you'll find yourself searching for the best way to answer it. So, here are some great tips to get past this dreaded question with confidence:

Related Link: <u>Improve Your Chances of Finding Love, Thanks to This Relationship Advice Video!</u>

- 1. Take a lighthearted attitude and use humor. The worst thing you can do is get defensive when someone asks you that question on a date. Be lighthearted, laugh, and ask the question right back. After all, they're single, too!
- 2. Let them know that you don't want to be in a relationship for the sake of being in a relationship. Make sure your date knows that you want to find the right person to be part of your life; you don't want to be with just anyone.
- 3. Be honest and tell them you haven't had the chance to focus on a relationship until now. You can be honest and tell your date that dating hasn't been your priority because you've been busy with other things, like your career.

These dating experts say it's inevitable that you will get asked this question at some point, but it's important to not get insecure. Instead, use your sense of humor and put a positive spin on it. And then...you can change the subject to a topic that makes you feel more comfortable!

For more relationship advice videos and additional information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

5 Emotional Stages of Being in a New Relationship and Love





By Courtney Omernick

Relationships and love can feel like the greatest things that have ever happened to you; especially when these are new feelings. This is a time when you might be receiving a lot of relationship and dating advice from friends who are in long-term relationships. However, this is simply a time for you to feel your feelings.

Below are five emotional stages of being in a new relationship and love.

1. They're perfect: Seriously, the person that you're with can do no wrong. They seem to like all the right bands, love the best food, watch the greatest movies, and so on. How could nobody else want to be with this person?

Related Link: Dating Advice: 10 Signs of Cheating You Need To Know

2. Everything reminds you of them: You both might not have a lot of experiences together yet, but, somehow, everything reminds you of them. The song on the radio, the new Chinese restaurant in town, roses, it's all relevant.

Related Link: Love Advice: Give Your Relationship and Love Life a Spring Cleaning

- **3. You need to figure out their past; now:** You feel like you spend so much time with them, yet, you don't know anything about them. What do their exes look like? What happened in their past relationships? What was their favorite thing to do when they were a kid? Start asking questions.
- **4. Ut oh, you're both mad:** You haven't fought yet, but now you're both mad at each other. How do you work through this? How does the other person express anger and frustration? This is a new path you both will travel down together.
- **5. What if this ends one day?:** Things are going really great right now, and you don't want to think about things ending. But, what if it does? Will you two still be friends? How are you going to feel about that?

What are some other emotional stages of being in a new

Dating Expert Gives Five Body Language Cues to Look For on a First Date





By <u>Jared Sais</u>

First dates aren't always easy. If you ever find yourself wondering how a date went, then use my <u>expert love advice</u> to look for clues during the date. There are five main body language cues to consider: making eye contact, showing a real

smile, leaning in, "peacocking," and using a flat palm on the chest.

Dating Expert Talks Body Language On a First Date

- 1. Making eye contact: Eye contact is the first non-verbal cue I look for because it is the gateway to truth and emotions. Your eyes smile. They love, they hate, and they lie. When you are on a first date, I would look for these four main eye movement cues:
- **a. Eye to eye contact:** Eye to eye contact shows respect and a liking. We tend to hold eye contact (in American culture, that is) of people we like, respect, and find attractive.
- b. Elevator eyes: Elevator eyes are when your date looks you up and down. It's a sign that they find you attractive, but it may also be a sign that your date wants you for only one thing. As a dating expert, I find this type of eye movement to be disrespectful.
- c. Wandering eyes: This form of eye movement is a type of flirting with the outside community. It's checking out other people during a date with you. Now, I'm not saying your date should hold perfect, elongated, and constant eye contact. In fact, that would be weird and creepy. But if you constantly see your date not looking at you when you're speaking and doing elevator eyes at other women as they walk by, I would say that's a big red flag.
- **d. Dilation of pupils:** This is a very good sign but extremely hard to spot. If you do spot their eyes dilating, that means that your date finds you attractive and likes the way you look.

Related Link: Expert Dating Advice: Is He Going to Dump Me?
Your Partner's Body Language Before a Break-Up

2. Showing a real smile: Well, easy enough…or is it? As a dating expert, the smile is the second non-verbal cue I would look for on a first date. A real, true smile involves the entire face — from your eyes to your cheeks to your lips. If you see wrinkles on the corner of their eyes, that's a great sign. Those wrinkles are called crow's feet, and they're a big part of observing a true smile. Also, in a real smile, you will see the cheeks rise and puff up a bit. Finally, look at the mouth. If their teeth show or there is a big grin where the tips of the mouth raise up a lot, that too is a non-verbal cue of a genuine smile.

Here's the catch: You should see almost all of these things happen at once for it to be a real emotion of happiness. In a fake smile, only the mouth will move. You will rarely see any movement in the eyes, and the cheeks may only move slightly.

3. Leaning in: When speaking with your date, take note if they are leaning in or leaning towards you. This non-verbal cue shows interest in what you're saying and/or that they're interested in you. If you notice they're leaning away from you, this would indicate that they're not interested, as they are creating distance between the two of you. Distance is one of the number one indicators of attraction. The closer you two are, the more they like you and feel comfortable in your presence.

Related Link: Expert Dating Advice: How to Spot a Man Who Only Wants One Thing

- **4. "Peacocking":** Just like the bird, we too strut our stuff. There are four main ways we use this strategy when trying to impress someone:
- **a. Clothes:** The clothes we wear can catch someone's eye, and we often use what we wear to impress others. A nice watch, that dress that fits like a glove, even those beautiful earrings are all used to capture the attention of that special

someone.

- **b. Dramatic hand and body gestures:** Non-verbal cues that are used to catch the attention of others can all fit into this category of "peacocking." Big hand gestures that take up a lot of space or flipping your hair are both ways people use their body to "peacock."
- c. Space/dominance: Taking up more space then usual or using space to grab attention, like renting out a VIP table at your favorite bar, demonstrates a way to use space as a "look at me" tool to grab the attention of people.
- **d. Tone and pitch:** How we speak and the tone we use can be a way to grab attention from others as well. Accents or even singing your favorite song at a karaoke bar are ways to use tone and pitch to "peacock" to others.
- **5. Using a flat palm on the chest:** This non-verbal cue is a sign of trust. When speaking with someone, if you see them make this hand gesture, they are being genuine and sincere. They are showing you trust and honesty. This is a non-verbal cue that can let you know the person you are with has let down their guard and is ready to open up to you. When you see this non-verbal cue, it would be nice if you reciprocated by opening up a bit to them as well. As a relationship expert, I've come to believe if the person you are with places their palm on your chest, that is one of the biggest compliments you can receive. It shows complete trust, loyalty, and love for you.

<u>Jared Sais</u> is the co-author of the website <u>The Non-Verbal</u> <u>Game</u>, where you can find free downloadable content. He is a dating expert in non-verbal communication, who specializes in body language, micro-expressions, and lie deception as they relate to relationships and love.

Author Tamsen Fadal Talks New Book and Expert Love Advice: "Sometimes The Simplest Advice Is The Best Advice"





By Rebecca White

In Tamsen Fadal's newest book about love, titled *The New Single: Finding, Fixing, and Falling Back in Love with Yourself After a Break-up or Divorce*, the relationship expert discusses how hard it is when a relationship and love ends. With a realistic and proven game plan, the relationship author

gives readers a road map to radiating confidence, taking better care of yourself inside and out- from career and finances, to home, health, and fitness- and gives expert love advice on how to survive a split and start over, 90 days at a time. In our exclusive author interview, Fadal opens up about her own divorce and shares wisdom that can inspire anyone to move on from heartbreak.

Relationship Author Discusses *The New Single*

Can you give us some background about the book and what the term "The New Single" means? How does this book differ from others like it out there?

I went through a divorce a few years ago. As I was coming out of it and trying to figure out where to start over again and who I was, I realized it's not only a new beginning for me; my divorce was a public divorce here in NYC and really all over the place. My ex-husband and I ran a matchmaking business, so it was interesting to people that the marriage didn't work out. Nevertheless, when I came out of my marriage and came into my divorce, I realized there's this whole new group of people out there that are a new version of single. It's different from days past- being single means something different because the world we live in is not the same anymore. It's fast-paced. We're dating online now. We're moving at speeds we've never moved before. And I needed different things to help me get through it. I didn't need a dating manual. I needed real life day-to-day advice.

I don't know that I've ever seen recipes and financial planning in a post-divorce or break up book. It's practical advice that I think is necessary for everybody. It's not just for somebody who feels like they're heartbroken. It is real advice for the world we live in today. We hit on a little bit

of everything, because I think until you have balance and wholeness in your life, you can't do anything for anybody else.

What do you think will surprise readers most about it?

I think that there was this one line that everybody keeps going back to: sometimes the simplest advice is the best advice. There was an old colleague of mine that I had run into right after my divorce became public. I was embarrassed and I didn't want to see him (of course that's the person you always run into, right?). I walked in [to a party] and I thought, "Oh, no…he's just the last person I want to see." He put out his arms to hug me so I gave him one of those half-hearted hugs and smiles and he said, "I just want you to remember something. It's not going to be like this 365 days from now." I said, "I don't want it to be like this two hours from now, what does that mean?" But, he was right and it hasn't been like that. It takes time to start over again and to rebuild and reinvent. I think that's what this book really teaches. The thing that surprises most people is how that simple advice has really helped so many.

Related Link: Author Ellen McCarthy Discusses 'The Real Thing' About Relationships and Love: Find "Someone Who Appreciates Your Whole, Quirky, Imperfect, Wonderful Self"

During the writing process did you have any profound moments or epiphanies about your own life that really shook you?

Yeah, I did. I realized at one point, when I had started to get back out there, that I was making some of the same mistakes I had early on. I call it turning your red flags to pink, which is making everything seem like it's okay and look really pretty when it isn't. I found I was doing that all over again as I started to date someone else. So, that was difficult for me. I think that at a couple points I realized that, as I was 43 and 44 while writing this book, it doesn't

matter how old we get. If we don't start to change those habits then we will keep repeating them.

Tamsen Fadal Gives Expert Love Advice Post-Divorce

What is the best piece of love advice you've ever been given?

From my dad, he said, "It's better to be alone than lonely with someone." I didn't understand it for a long time. We're not taught to think about things like that. To me, "lonely" and "alone" were the same thing, and to a lot of people they are. When you understand the difference between those two words, I think that you have evolved. One is just population, having someone physically with you, and one is having somebody that speaks to your heart.

What tips do you have for longtime couples who are struggling to keep their marriage going?

I think that you have to step back. I've certainly been there and it's a lonely place to be. You need to evaluate where you're both coming from and who you've become. We change when we get into relationships and that can often times be difficult. You need to know the person you're dealing with, because it might not have been the person you moved in with, walked down the aisle with, or first met when you had that cup of coffee. You need to know your audience and who you're talking to. You might end up liking this person better. It's really important to be honest with yourself. I realized often times that I wasn't being honest with myself, and it's a tough revelation. You need to assess whether or not you need to bring in a third party in terms of therapy or counseling. You need to keep the lines of communication open and make that is your number one focus. If you don't fix that part, it's very difficult to do anything else, whether it be finances, career, or taking care of your children and extended family

properly. Those are the three places I would begin.

Related Link: 'Snap Strategies for Couples' Offers Efficient
Relationship Advice for Busy Pairs

How do you radiate confidence when you truly don't feel very confident after a breakup?

I didn't for a long time, and I really wound up doing things that seem kind of mundane and practical and not really relationship-driven to maintain that confidence. That's what a lot of the book is about, finding things that were important to me. Yoga: one yoga class that I succeeded in made me feel a little bit better. Work: one good story or changing someone's life made me feel good. Volunteering: I started doing that and got involved in a lot more charities. That's what I started to do to radiate that confidence even though I didn't feel it. I also did a lot of to-do lists, which sounded kind of goofy to people. But that was really the only way I could stay on point and stay focused in order to really structure my life, so I wasn't thinking "woe is me." Instead I was thinking about what can I do outside to bring more inside.

Check out The New Single on Amazon! For more from Tamsen, follow her on Twitter @TamsenFadal and be on the lookout for her on WPIX at 5 p.m., 6 p.m., and 10 p.m.

Expert Dating Advice: Should You Give Your Ex a Second

Chance?





By Amy Osmond Cook for <u>Divorce Support Center</u>

In the latest celebrity news, actress Pamela Anderson recently announced that her celebrity divorce to two-time husband, Rick Salomon, was final. In retrospect, she realized she never should have traveled down that path a second time. In contrast, my aunt Marie Osmond reunited with and remarried her first husband, Stephen Craig, 26 years after they divorced. This celebrity couple is fantastic together, and I'm thrilled to see them back together. As Uncle Donny stated in People.com, "These two people are right for each other."

Deciding whether or not your ex is the ultimate soul mate for you can be a complicated decision, and it's one that requires some soul-searching. Six percent of people remarry their

former spouse, and sometimes, it results in happiness, while other times, the old problems flare up again. As a relationship expert, I think the wisdom behind that decision largely depends on what caused the marriage to break up in the first place and what changes are happening now. My expert dating advice would be to consider these three reasons for remarrying your spouse and these three reasons to move on:

Expert Dating Advice For Giving Your Ex a Second Chance

1. You're able to forgive each other: What was once considered a deal breaker to your marriage may take on a different look as time passes. In her *Huffington Post* article, "Remarrying Your Ex-Spouse," author Lois Tarter believes the ability to forgive comes with time, stating, "If the two ex-spouses worked on themselves while apart and they are in a better place, they may be able to forgive their spouse for all that went wrong."

Related Link: Expert Dating Advice For Finding Love After Divorce

- 2. Bad timing caused the break-up: Could it be the right guy came along at the wrong moment? If so, follow my expert dating advice and look at the personal growth of both of you during the time apart. "Sometimes, two people feel that they need to grow a bit on their own in order to be fully committed to a marriage," wrote Tarter.
- 3. The problem wasn't the marriage: In some cases, it was the baggage that was brought into a marriage that cast a destructive shade on the relationship and love. Rachel Clark, who blogs for Psychology.com as "Marry, Divorce, Reconcile," refers to her own experience when she writes, "It was never the marriage. It was a habit of thinking that questioned and doubted, that spawned negativity instead of positivity. And I

can say that came from my childhood because my own parents had divorced."

Relationship Expert Gives Reasons to Move On

1. Toxic behavior is ruining the relationship: As we witnessed with Anderson, a failure to acknowledge the effects of unhealthy behaviors can doom a relationship and love. It's like opening the refrigerator door, hoping to find something to eat, not finding anything, and closing the door, only to open it again a few seconds later in the hopes that something new appeared. That type of thinking is irrational, and so is thinking the same negative behavior patterns will not have an adverse effect on you as they once did.

Related Link: Romantic Relationship Advice: From Roadkill to Recommitment

- 2. You are remarrying for the wrong reasons: Contrary to most Disney movies, remarrying your ex-spouse for the sake of the children, the grandparents, to save the family farm, or any reason that lies outside of genuine love for this person is sure to end in disaster for the second time.
- 3. Your ex-spouse has moved on: If your former spouse has invested his time and affections into another, your time speculating what could have been is over. "Life would be so much easier for everyone involved if our feelings of desire, love, and attachment were reciprocated," was an opinion shared on truthaboutdeception.com. "But more often than not, these basic emotions do not align themselves that way."

By taking an honest look at the reasons behind your split, you may be facing an opportunity to make right what went wrong long ago. Or you may be proud of your ability to escape a destructive relationship that left your heart as empty as your

checking account. Either way, toying with the prospect enables you to confirm your choices and feel good about what is to come.

For more information about and articles by our Hope After Divorce relationship experts, click here.

Celebrity News: Caitlyn Jenner Gushes Over 'Over the Top Great' 'Vanity Fair' Photos





It's official: Caitlyn Jenner broke the Internet! (Sorry, Kim!) In latest celebrity news, not only did her amazing photo shoot go viral, but she also broke a world record by getting a million Twitter followers in just four hours. According to <code>UsMagazine.com</code>, when talking about what seems like the most shared photo of all time, Jenner gushed, "I mean these pictures—Annie, <code>Vanity Fair</code>, spared nothing doing it right, and the wardrobe, everything involved with it were just, the people were just great. It was two of the best days of my life. The pictures came out over-the-top great."

Talk about some major celebrity news! What are some ways to use photos to kick start your love life?

Cupid's Advice:

This love advice is nothing to take lightly. If you use photos in the right way, they can most definitely aid in kick starting your love life. Cupid has some tips:

1. Boost your confidence: Taking photos in your favorite outfit is guaranteed to make you feel good. Find the perfect lighting and snap some sassy shots, girl! Even if you don't show them to anyone, just having photos you feel confident with can elevate your mood and make you feel sexy.

Related Link: <u>Kim Kardashian and Kanye West Announce Celebrity</u>
Pregnancy for Baby No. 2

2. Update up your profile picture: Change up your current profile picture, and take a fresh one! It might just catch the eye of someone special and give your love life the jump it

needs.

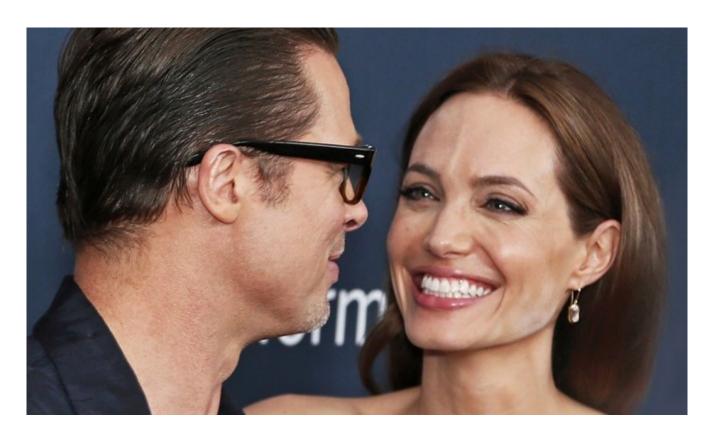
Related Link: Kris Jenner Says She and Celebrity Ex Bruce Jenner Were 'A Match Made in Heaven

3. Look through old photos for inspiration: Sorting through old photos of bad haircuts and awkward years will definitely light a spark in you. Share those photos with your significant other for some bonding time and even a few laughs along the way.

How have you used photos to kickstart your love life? Let us know below!

Celebrity Video Interview: Love Advice From HGTV Host Kelly Edwards





By Rebecca White

Home improvement and lifestyle expert Kelly Edwards shares all of the ins and outs of designing and redecorating your home for the summer season in our exclusive celebrity interview. Moving in together is a big step for any relationship and love, and tackling the design process can be daunting. Don't fret though! In our celebrity video interview, Edwards chats about how to compromise if your design styles don't match up and how to save money and stay on a budget. Plus, she shares the piece of love advice that helps keep her 11-year marriage strong.

Related Link: <u>Brooke Burke-Charvet Talks About Her Marriage in Celebrity Video Interview: "We Carve Out Time for Each Other"</u>

Kelly Edwards Shares Love Advice For Decorating and Design In

Celebrity Video Interview

If you're moving in as a couple and your design styles don't match up, compromising is the best solution. Take a cue from Edwards' own story: "I had a coffee table that my husband hated, so I told him if we put it in the space and he still hated it after 30 days, then he could take it out," she says. "Well, 30 days later, he forgot it was even there. I got to keep it! Now, he's in love with it, and it looks amazing."

Don't be scared of the design and decorating process — you don't have to do it all at once. "It should happen over time," the lifestyle expert explains. "You should have a curated space that's all you, and you've found pieces along the way from traveling or picking it up together as a couple."

You can also save money while designing your home by having some do-it-yourself pieces. "I love to say that, if it has good bones and good structure, then you should keep it," she says. "You should have things in your home that you love."

Related Link: <u>Do-It-Yourself Date Night Advice from HGTV Host Monica Pedersen</u>

Lifestyle Expert Talks Relationships and Love

It's no surprise that Edwards and her husband — a photographer — both travel a lot. "We both travel often, so I say that's the key to happy marriage," she shares in our celebrity video interview. "We travel together and separately too."

Being in a relationship and love for over a decade is no easy task! Edwards' love advice for a lasting partnership is to find an interest you can share. "Have a hobby you like to do together, so you're always falling in love with something new," the HGTV star says. "[My husband and I] are big foodies,

and we love to travel, so every time we go to a place we haven't been before, we can experience that together. We're creating memories, so later on, no one else has that particular memory but us."

You can keep up with Kelly on Twitter @KellyEdwardsInc and her website, http://kellyedwardsinc.com/.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

Improve Your Chances of Finding Love, Thanks to This Relationship Advice Video!





Relationship advice video, matchmaker Suzanne Oshima talks to relationship author Robert Manni about how to improve your chances of finding love.

Relationship Advice Video Gives Tips On Finding Love

We all know that finding someone special isn't easy. If it were, then everyone would be in love, right? In this relationship advice video, these dating experts agree that, with these four tips, your chances of finding a relationship and love will increase.

Related Link: Expert Dating Advice: The Secrets Men Will Never Tell You

1. Put the gadgets away: Your cell phone, computer, or tablet is creating a barrier between you and any man that wants to meet you. By holding your phone or looking at your laptop in a coffee shop, it seems like you're busy and don't want to be bothered.

- 2. Pay attention: It's important to pay attention and be fully present. Notice the men around you and be open to meeting them organically.
- **3. Get real:** Be realistic and clear about who you are and what you're looking for. Once you know what you want, don't focus on a long list of "must haves." If you do, you'll be single for a long time!
- **4. Reach out:** If you had a great time, it's important to acknowledge and follow-up after the first date. Be available and don't wait too long to schedule the second date. You don't want him to lose interest.

For more relationship advice videos and additional information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Relationship Movie 'Me and Earl and the Dying Girl' Turns Into a Surprising Chick Flick





By Courtney Omernick

In the new movie *Me and Earl and the Dying Girl*, Greg is a normal, high school senior whose mom has asked him to spend a majority of his free time with Rachel, a girl in his graduating class who is battling cancer. An unlikely friendship ensues that starts to lead to something more. The movie hits theaters on June 12th.

Check out Cupid's take on this surprising chick flick!

Should you see it:

This relationship movie is a chick flick with a twist! If you've ever had a close friend become your significant other, than you'll enjoy this film's story line. The movie also features breakout stars Thomas Mann, Olivia Cook, R.J. Cyler, and more.

Who to take:

This relationship movie/chick flick would be great to see with your friends or significant other.

How do you know if you should date your best friend?

Cupid's Advice:

Sometimes, you may end up developing strong feelings for your best friend. Should you just remain friends? Should you pursue a relationship with this person? What if it works? What if it doesn't? Taking a relationship to the next level can be filled with a lot of uncertainty. So, cupid has gathered some love advice below.

1. You have fun doing anything with them: Not every task is a fun task, but, if you're doing that task with the right person, it can be. If they seem to make everything entertaining, you might be on to something more.

Related Link: <u>Kanye West Sends Celebrity Love Kim Kardashian</u>
<u>Gushing Anniversary Twitter Message One Day Late</u>

2. Their presence is a present: They don't have to do anything but show up, and you feel happy inside. If this person makes you feel comfortable and at ease just by being there, you may be inclined to take the relationship to the next level.

Related Link: Dating Advice: How to Get Out of the Friend Zone

3. They go out of their way to make you feel special and want nothing in return: They don't care if you pay them back, or decorate their living room on their birthday. But, they do want to make sure that you get everything you've ever wanted and more.

Have you dated your best friend? Do you have some love advice for our readers? Comment below!

Dating Advice: 10 Signs of Cheating You Need To Know





By Molly Jacob

Most people have either had a partner cheat on them, cheated on someone, or knows someone who has been cheated on. While you of course hope that your partner will always be faithful, you never know when infidelity might strike your relationship and love life. If that happens, you'll want all the dating and relationship advice you can get.

Check out Cupid's 10 signs of cheating that you need to know!

- 1. Focus on appearance: With any long-term relationship, you start to care less and less about your appearance because you both have seen each other at your worst. But you've noticed that your partner has started caring more about their physique, and less about what you think about their looks. This could be a sign that they're looking their best for someone else.
- 2. Less sexual intimacy: There are many reasons why someone could have a reduced libido, but classic relationship advice says that if your partner suddenly becomes less interested in being intimate with you, it could be because they're interested in being intimate with someone else.

Related Link: <u>Celebrity Couples That Have Bounced Back After Cheating</u>

- 3. More interest in sex: On the opposite end of this extreme, your cheating partner could suddenly have more of a sex drive. Your partner might be acting differently in bed or have a new confidence you haven't seen since you two started dating. While spicing up your sex life can be a good thing with relationships and love, sometimes it may mean something more.
- 4. Using technology more: Once your honey barely knew how to work his or her new iPhone. Now they have complicated pass codes on their phones and you notice mysterious apps or new email accounts. These may be a sign that your partner is hiding something from you using technology. While it may be tempting to look through their phone, some good dating advice is to make sure you talk to them about your infidelity suspicions before violating their privacy.
- 5. A need for privacy: Sure, alone time is important for

relationships and love. But if your partner suddenly needs to take phone calls in the bathroom or goes on many errands alone, this could be another sign that he or she is seeing someone else.

Related Link: Relationship Advice Video: How to Tell If Your Man Will Cheat

- 6. Spends more time at work: If your significant other has become more interested in his or her work life than your relationship, this might be a sign of infidelity. Of course, your partner could be spending more time at the office because they have a promotion coming up or a difficult project they're working on. But more "business trips" and late nights at the office could actually be a sign that they're seeing someone else, especially if they're reluctant to tell you what exactly they're doing at the office so late at night.
- 7. Becomes suspicious of you: If your spouse or partner is cheating on you, they might become accusatory and accuse you of being unfaithful. This could be his or her own guilt about cheating manifesting itself in anger. We often, in the area of relationships and love, project our own feelings onto others.
- 8. Picks fights easily: If your spouse or significant other has been getting angry with you recently and picking fights frequently, they might be causing this relationship trouble because of the guilt they feel. You should especially be suspicious if they pick fights just so they can leave the house.

Related Link: You've Cheated, So Now What?

9. Secretive with financial information: Your significant other was once open with his or her bank accounts but has recently become more private about their spending. This could be a sign that they are buying gifts for someone they are seeing on the side. Dating advice: be especially suspicious if they act strange or offended when you ask to see their credit

card bills, because they could be hiding something.

10. Acting strange: When you date someone for many months or even years, you start to expect a certain behavior of someone. So when they start to stray from this, you can start to get suspicious. Relationship advice: trust in your intuition. If they start acting differently, then there might be something going on. But never jump to conclusions. If you suspect your partner might be unfaithful, make sure you talk to him or her before becoming upset. As many signs as you find, there might be a simple explanation for your significant other's behaviors.

What other signs of cheating have you seen? Let us know in the comments section below!

'The Bachelorette' Stars Britt Nilsson and Brady Toops Go Public with PDA





By Courtney Omernick

It looks like Britt Nilsson isn't wasting any time when it comes to a celebrity relationship. <u>UsMagazine.com</u> recently reported that Britt and Brady Toops are involved in a celebrity relationship. Sources also say that the two are going strong and showing their love through Instagram.

This Bachelorette duo is in hiding no more! What are some ways to use PDA to go public with your relationship?

Cupid's Advice:

"PDA" can be known as a touchy phrase. There are some that are ok with a little bit, and others who absolutely dread seeing couples all over each other. If you're one of those people who don't mind a bit of PDA, below is some love advice on how you can incorporate it into going public with your relationship:

1. Get noticed: Is there a specific place where your friends usually hang out? What about the local park? If you want people to start noticing that you're with someone, bring the PDA to a well-known area in town.

Related Link: Former Bachelor Ben Flajnik Was 'Not Happy' With Courtney Robertson's Tell-All Book

2. Use Social Media: Just as Britt and Brady did, post your PDA pics on Instagram, Facebook, Twitter, etc. But, remember, keep it classy.

Related Link: Find Out 'The Bachelorette' Kaitlyn Bristowe's Worst Date Moment So Far

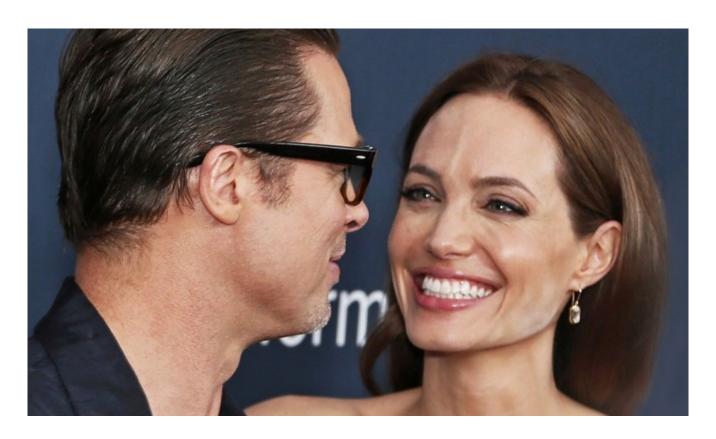
3. Snapchat: What better way to instantly make an announcement to a selected group of individuals than Snapchat? Send a PG PDA pic to your favorite Snapchat followers.

Share your love advice with our readers. What are some ways you've used PDA to go public with your relationship?

Comment below!

Relationship Expert Shares Best Love Advice for How To Break Up Over Email





By <u>E!'s Famously Single Dating Coach</u>, <u>Laurel House</u>

In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, <u>Laurel House</u> shares her best love advice about how to break up with someone over email. "An email break-up doesn't have to be a bitchy break-up," she explains. "It can be the preferred way of breaking up because you're able to truly express how you feel." In this week's relationship advice video, the relationship expert helps you understand when it's necessary to break up over email and what type of relationship and love you need to have for it to be the preferred method.

E!'s Famously Single Laurel House Shares Love Advice On Breaking Up Over Email

The dating expert believes that, if your relationship meets these three qualifications, then an email break-up is the way to go: You've been dating for less than six months; you're not living together, and you haven't said I love you. Or if your relationship can be described by one of these circumstances, email is the best way to end it: It's a long-term digital relationship; you're unable to connect with your partner in another way; he's truly an asshole who cheated on you or conned you; or he's dangerous.

Related Link: Love Advice Video: How To Say Goodbye To Your Ex For Good

An email break-up is best for these romances because "you have the opportunity to explain yourself without being sidetracked." Most likely, the person you're dating is a good person, but you're just not into it. They don't "deserve a hasty brush off because you feel bad." When you write the email, remember that you need to be honest and vulnerable and tell them what's happening in your mind and why it's not working for you. End your email by saying that you'd be happy to discuss it over the phone if they want to.

For more relationship advice videos from House, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Have you ever broken up with someone over email? Tell us your story below!

OWN Star Kiki Haynes Shares Love Advice: "If the Heart

Behind It Isn't Genuine, Then I'd Rather Not Have It"





By <u>Sarah Batcheller</u>

Kiki Hayne's tremendous personality is impossible to ignore. Whether she's on-screen starring as Keisha Jones in Tyler Perry's For Better or Worse, which airs on the Oprah Winfrey Network, or divulging her best love advice, she never fails to make her audience laugh. The television star knew at a young age that acting was her passion. After meeting Bill Cosby and other cast members of The Cosby Show early in her acting career, she became determined to pursue a successful career in the entertainment industry. Since then, she's captivated fans with her riotous, sassy attitude. In this exclusive celebrity interview, the New Jersey native opens up about her thriving career and the importance of keeping your head up.

OWN Star Discusses Castmates in Exclusive Celebrity Interview

The For Better or Worse star explains that she and her castmates are like family. "We're all team players. It's gotten to the point that we know each other so well that we play off of each other," Haynes gushes. "We just have a good time while we're filming! It's kind of like having a best friend who you don't have to say anything to; you can just give each other that look."

In addition to having such supportive friends, the OWN star names her faith as being what helps her keep her head up during tough times. "It is everything," she says of her beliefs. "This business will tear you apart. There are always more actors than there is work, so everybody's trying to get those two or three roles. My faith in God makes me feel a comfort that, when I don't get a role, no matter how great I was or how hard I worked on the audition, it just wasn't meant for me. A lot of people think, 'What did I do wrong?' It's not that you did something wrong; it just wasn't meant for you. I know for a fact that my faith taught me that — it keeps me sane!"

Related Link: <u>Girl's Night Movie Pick of the Week: 'The Single</u> Moms Club'

When it comes to her *For Better or Worse* character, Haynes admits that Keisha is very different from her true self and draws her inspiration to play a villainous woman not only from people she's known in real life but from reality TV as well. "I've met people like Keisha before! They're not necessarily friends of mine, but I've been in settings where I've witnessed people bring on the drama," she reveals. "And I've watched reality TV shows like *Bad Girls Club* and *Basketball Wives*. I look at the drama they bring and use those kinds of mannerisms for Keisha. It's so much fun!

"But I also find a truthful side to her because I wanted the audience to still have a heart for her," she adds. "She is a lot of trouble, but underneath is a woman who's hurt."

Kiki Haynes Offers Old-Fashioned Love Advice

Haynes's sweet disposition is evident in her outlook on love. Like many single celebrity women, she describes herself as a "renaissance woman" but still values chivalry when it comes to dating. In our exclusive celebrity interview, she points out, "I have a modern outlook that women should be in more powerful positions and be able to be independent, but I still like tradition in my dating life. I like old-school courtship. I want a guy to actually come and ring the doorbell and open the car door for me. I also like it when guys ask me about me; I've been on dates when guys talk more about themselves. Don't just try and sell yourself to me — get to know me!"

The Jersey girl's best love advice comes from the early days of a past relationship, in which she claims if she could go back and do the relationship over again, she would have known better from the get-go: "On a date one night, we were talking at dinner, and he asked me about things I had never done, so I told him things like parasailing and canoe riding. On the next date, we went parasailing, went to breakfast afterward, then went on a gondola ride, had champagne and strawberries, then dinner, and finally went to a huge Latin dance concert. He had the full date planned out from top to bottom. I really felt like a princess!" she shares. "But it was too good to be true because it was all for show. As much as I enjoyed it all, if the heart behind it isn't genuine, then I'd rather not have it."

Related Link: <u>Celebrity Interview: 'The Real' Co-Host Jeannie</u>
<u>Mai Shares Recycling Tips and Beauty Advice</u>

Of the same relationship, Haynes continues, "Another thing he did was that, every time he came to my house, he would spend a long time in my bathroom, and I found out he actually made a mental note of all of the products I used and stocked his bathroom with the same shampoo, deodorant, etc. so that I wouldn't have to bring things back and forth. He did all of that in the first month! Not that anything is wrong with that, but I could probably have waited another two to three months. After six months, he showed his true character."

So what did she learn from this failed partnership? "If someone does too much too fast, they're probably on a schedule. Why did he have to plan that date in one day? It was too much, too fast! If I could go back and do it all over again, I would have known to run for the hills," she says.

For more from Kiki, be sure to keep up with her on Twitter @iamkikihaynes, www.facebook.com/kiki.haynes, and www.instagram.com/kikihaynes/.

Expert Dating Advice: The Secrets Men Will Never Tell You





It's no secret that men and women think and act totally different, especially when it comes to love. According to this expert dating advice, ladies, if you know the things that men will never tell you, it'll help you be more successful in your search for The One.

Related Link: Dating Advice for Attracting an Alpha Male

Here are three secrets that you need to keep in mind:

- 1. Men are afraid to approach you: They're terrified of rejection, so they'd rather not risk it and not say anything to you at all.
- 2. Men put a lot of pressure on themselves: They want everything from your first date to your first kiss to be perfect, so give them a break!
- 3. Men can't read your signals: Just like you don't always understand them, they don't always understand you. They need help understanding your signals, so make your feelings very clear for them.

For more relationship advice videos and additional information

about Single in Stilettos shows, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Love Advice: You Love It, He Loves It Not





By Lori Zaslow and Jennifer Zucher for Project Soulmate

It's no secret that opposites attract. But what happens when you and your partner have hobbies that clash? As <u>relationship</u> <u>experts</u>, we know that every healthy relationship and love should revolve around compromise. That means that, if your

partner loves something that you have no interest in, you need to make an effort to learn about it and show them that you care. Per our love advice, if your partner loves sports and you don't know what team goes with football or basketball, you can still go to a few games with them. In return, they can see some Broadway shows with you. Don't forget that compromise is a two-way street!

Love Advice About Compromise From Elite Matchmakers

Related Link: Expert Dating Advice: 5 Surefire Signs He's Into You...or Not

Our love advice is to show your partner that you are making an effort to learn about and try things that are important to them as an individual. After all, you don't want to change them and make the person that you love give up their interests. By learning about each other's hobbies, you are showing your partner how much you love them and also creating new and exciting ways for you to spend time together. You don't have to love or even enjoy all of the activities that your partner does, but you will enjoy spending the time with them.

With that said, it's also important to give your partner space once in a while to do what they love on their own or with their buddies. You're both individuals who had lives before your relationship, and it's important for you to maintain those friendships and hobbies outside of your romantic partnership. For example, if your significant other loves scary movies and you can't sit through one without screaming and crying, encourage your partner to see the latest horror flick with their friends. By following our expert dating advice and being the one to suggest it, you're showing that you're aware of their interests and also that you're able to

trust them and give them space.

Related Link: Expert Dating Advice: 5 Signs He's Mr. Now and Not Mr. Right

So when it comes to finding your soulmate, don't get hung up on your differences. It's okay not to share all the same interests as your partner. When you're in love, you'll want to learn about all of your honey's hobbies and spend time enjoying them with them — even though they may not have been at the top of your to-do list. Learning about your partner's interests allows you to expand your horizons, break out of your comfort zone, and try new things that you may have not otherwise tried...which allows you both to grow as individuals and a couple.

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of <u>Project Soulmate</u>, a high-end New York-based matchmaking company.

Expert Relationship Advice: Is Getting Hitched Irrelevant These Days?





By David Wygant

Take a look at all of the <u>celebrity couples</u> out there that don't make marriage a priority in their relationships and love: <u>Kourtney Kardashian</u> and Scott Disick, <u>Jennifer Aniston</u> and Justin Theroux, Goldie Hawn and Kurt Russell. Does that mean that you have to do what these famous couples do? Per my expert relationship advice, no one should ever follow the example of a celebrity. A celebrity is just someone who happens to have lucked into a career — who had enough talent, timing, connections, or serendipity. Look at Kardashian, for instance. Her lack of talent is painfully apparent, but her mother is an absolutely brilliant marketer. She was able to get a terrible reality TV show on the air and capture the public's morbid curiosity...and the rest is history.

Related Link: Why Kourtney Kardashian and Scott Disick Don't Need to Get Married

Expert Relationship Advice About Marriage

You need to stay on the path of your own life and follow your heart. Marriage is something that is definitely, in today's day and age, different than it's ever been before. As a relationship expert, I find that most people who get married these days don't have the patience to stick it out. And why is that? Because the word "commitment" doesn't mean what it used to. When people used to get married, it was "for life." The term "'til death do us part" was used because people got married very young and died young too, so death was usually what parted them.

I can't tell you whether to get married or not, and I can't tell you whether it's irrelevant for you. My expert love advice is simple: You need to search deep inside and ask yourself, "What do I want out of life?" Do you want to get married? Do you want to have children? Do you want to raise a family? You have to decide what you want to do based on who you are as a person, not based on the story your parents passed on to you and not based on the expectations of others or some fairy tale you heard as a kid. After all, marriage is not for everyone.

Related Link: Bristol Palin Cancels Celebrity Wedding

I've met a lot of young people who have no interest in getting married. As a matter of fact, they have no interest in having a family. All they want to do is enjoy life. Marriage is great, but it takes two people to grow and learn, step outside themselves, and be willing to love somebody unconditionally. If you don't have that in a relationship and you're not willing to be vulnerable or to make sacrifices, then my expert relationship advice is that marriage *is* irrelevant for you.

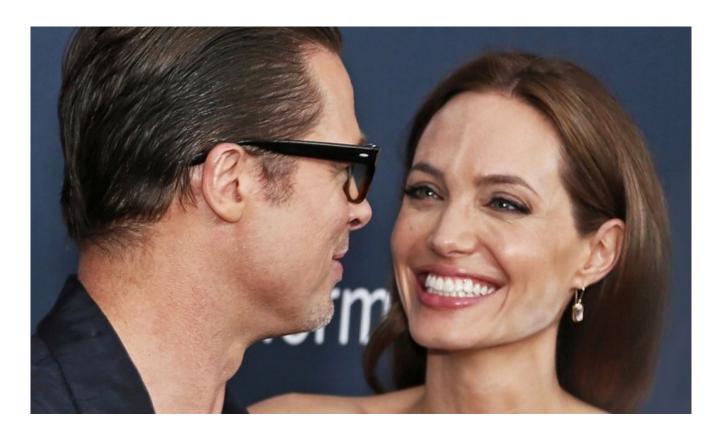
If you take two self-absorbed individuals and throw them into

a relationship and love, you have two people who are afraid to work on themselves, and the marriage will never last. Think about what you really want because, at the end of the day, this journey of life is all about you. Write down how you want to spend your time. Write down how you feel about marriage, children, etc. And then date accordingly. You'll find plenty of people who feel the exact same way as you!

David Wygant is an internationally-renowned dating and relationship coach, author of the new book Naked and speaker. Through his boot camps, personal coaching and his website, his advice has transformed the dating lives and relationships of hundreds of thousands of people from every corner of the globe.

Relationship Advice Video: Do You Have to Be Happy Alone Before You Can Be Happy with a Man?





On this week's <u>Single in Stilettos</u> relationship advice video, matchmaker Suzanne Oshima talks to relationship author Duana Welch about whether or not you have to be happy alone before you can be happy with a man.

Related Link: <u>Duana Welch Reveals How to Tell If Your Man Will</u> Cheat

Relationship Authors Shares Love Advice About Happiness

Both dating experts agree: You can't be happy with someone else until you're happy with yourself. According to their love advice, no man can complete you; he can only *complement* you. Still, it's normal to feel lonely when you're single. As Welch explains, "The fact of the matter is most of us are not very happy alone." That's why you're dating after all — to bring more happiness into your life! "This is not the same thing as failing to love yourself," she assures us.

The relationship author adds, "It's very important to work on

loving you."

For more relationship advice videos and additional information about Single in Stilettos shows, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Rumored Celebrity Couple Taylor Swift and Calvin Harris Kiss and Hug at 2015 Billboard Awards





By Courtney Omernick

Rumors have been floating for ages about a new celebrity relationship for Taylor Swift. Finally, fans have their answer! This past weekend at the Billboard Music Awards, Taylor hugged and kissed her new celebrity boyfriend, Calvin Harris, before going up on stage to accept her award, reported <u>E! Online</u>. It looks like we have a new celebrity couple in town!

This new celebrity couple will be publicly confirmed before long! What are some ways to go public with a new relationship?

Cupid's Advice:

Relationship advice comes from left and right these days, and it may seem obvious as to what is best for you. But, if you're not sure how to open up to the public about your new relationship, take some tips:

1. Facebook: Living in a digital age, this one might be obvious. But, if you want to reach the highest amount of your friends at once, why not announce on Facebook?

Related Link: Latest Celebrity News: Taylor Swift Jams Out at Boyfriend Calvin Harris' Concert

2. Snapchat: If you're looking for a quick announcement, why not try snapchat? Snapchat may also give you a larger audience, and the brief message may cause some curiosity.

Related Link: <u>Celebrity News: Leighton Meester Says She's</u>
<u>Never Been Dumped</u>

3. Text: If all else fails, try a mass text: This may be a good option if there are a lot of people asking when you're going to get into a relationship, and it'll help keep things short and sweet.

How have you gone public with your new relationship? What relationship advice do you have for our readers? Comment below!

Celebrity News: Chris Brown Brings 11-Month Old Daughter as Date to Billboard Awards





By Courtney Omernick

In latest celebrity news, it seems as though Chris Brown wasn't the only good looking celebrity at the Billboard Music Awards this past weekend. Chris brought his adorable, 11-month-old celebrity baby daughter, Royalty, along as his date. Royalty stole the show with her golden colored tutu, white fitted jacket, and her Timberland kicks, according to *E!* Online.

Latest celebrity news shows that Chris Brown clearly values his role as a father. What are some ways to know your partner will do the same?

Cupid's Advice:

Although this celebrity news article shows Chris Brown as a great dad, he hasn't built the best reputation for himself in the past. Even if you've been with someone for a long time, it

can be hard to tell how they'll act once you bring a child into the picture. Cupid has some tips:

1. They know what you need: Do you need to be left alone? Do you need comfort? If your partner is able to sense your mood and what you need, chances are they'll be a good parent. If they can tell what you need, they'll be able to tell what your child needs.

Related Link: <u>Haylie Duff Gives Birth to Celebrity Baby — a Daughter!</u>

2. Last minute plans don't bother them: When you have a child, everything can change at the last minute. Babies don't have a strict schedule. If your partner can adapt well to an everchanging situation, they may be a good parent.

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<u>Royal Celebrity Baby to Family</u>

3. They express their feelings: When it comes to raising a child, it's important to know when to set boundaries. A great piece of dating advice is if your partner is vocal about their feelings, chances are, they'll pipe up and become emotionally invested when it comes to raising your child.

What love advice do you have regarding relationships and parenting? Comment below!

Single Celebrity Susan Sarandon 'Trying to Figure

Out' the Single Life





By Katie Gray

There is a new single celebrity in Hollywood! Actress Susan Sarandon is recently single. According to <code>UsMagazine.com</code>, "The actress — who was married from 1967 to 1979 to Chris Sarandon, and then dated David Bowie, Franco Amurri, and Tim Robbins — has been single since splitting from 37-year-old Bricklin earlier this year. Prior to their breakup, the two were together for five years, and co-owned the New York City-based ping-pong club SPiN." Sarandon said that dating apps are not for her, but she remains open to meeting someone new and is taking advice on how to go about it.

Even single celebrities are sometimes at a loss when it comes to dating! What are some unique ways to start up your dating life?

Cupid's Advice:

When you've been out of the dating game for a while, it can be tough to get back in there. Cupid has some dating advice:

1. Putting yourself out there: When jumping back into the dating scene it's important to put yourself out there. Don't be too hesitant to put yourself out there again, just be cautious. You just may find that you have a lot of potential suitors to get to know!

Related Link: Susan Sarandon Says Her Son-in-Law To-Be Is 'Fabulous'

2. Having an open mind: Sometimes dating can be confusing and complicated, but the key is to always have an open mind. Be willing to see the good in people and try not to compare them to your past partners. They are in your past for a reason and there is someone better out there for you. Allow yourself to see that!

Related Link: <u>6 Celebrity Break-Ups That Shocked Everyone</u>

3. Trying new things: Part of putting yourself out there again, involves trying new things. If you want a different outcome, you need to try something fresh and different. Along the way you will discover new things that you like and gain more culture in your life. It's a win, win situation!

What are unique ways that you have started up your dating life? Share your stories with us below.