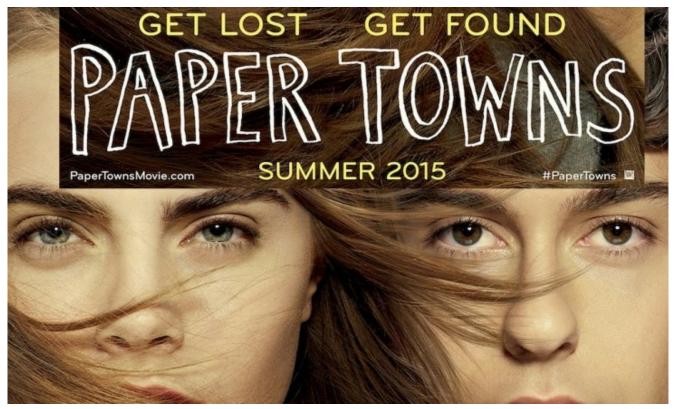
John Green Chick Flick, 'Paper Towns,' Hits Theaters





By Courtney Omernick

In the new movie *Paper Towns*, which hits theaters on July 24th, Margo loves mysteries so much that she decides to become one. After taking her neighbor, and crush, Quentin, on an all-night adventure, Margo disappears and leaves behind clues for Quentin to decipher.

The search leads Quentin and his friends on an exhilarating

adventure.

Should you see it:

This relationship movie can definitely be classified as a thrilling chick flick! If you've ever worked hard to get someone to notice and like you, then you'll be able to relate to this film. The movie also features an exciting cast including Nat Wolff, Cara Delevingne, and Halston Sage.

Who to take:

This relationship movie/suspenseful chick flick would be great to see with your friends or significant other.

How do you stand out for your crush?

Cupid's Advice:

Nowadays, with so many distractions out there, it can be hard to get the person you like to notice you. You might have tried playing hard to get, a different outfit, or rearranging your schedule. If all of that has lead to zero results, see our advice below!

1. Be attentive: Conversations are a two way street. Don't play hard to get. Ask questions, answer questions thoughtfully, engage in eye contact, and put your phone away!

Related Link: Latest Celebrity News: Liam Hemsworth Is Hooking
Up with Co-Star Maika Monroe

2. Let your guard down: Past relationships or bad dates may have left an awful taste in your mouth, but don't assume that they person you're with is just like "all the rest." And, under no circumstances should you bring up your dating troubles around your new date.

Related Link: New Celebrity Couple: 'Glee' Star Dianna Agron

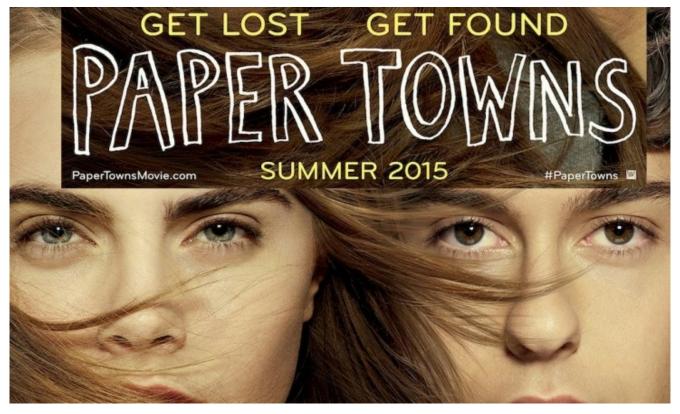
Is Dating Mumford and Sons' Winston Marshall

3. Stop texting: Don't base your new found relationship off of text messages, instant messages, and emails. Make sure that the majority of the time communicating is spent face-to-face or talking on the phone or through skype.

How did you stand out for your crush? Do you have some love advice for our readers? Comment below!

Love Advice: What Makes A Great Online Dating Profile





By E!'s Famously Single Dating Coach, Laurel House

Most dating experts agree that, when it comes to online dating, creating your profile is of the utmost importance. In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, <u>Laurel House</u> says, "Online dating isn't a game!" Her best love advice is to have a strategy to invite the right people into your life and eliminate the wrong people.

E!'s Famously Single Dating Expert Laurel House Talks About Online Dating

It's no surprise that the relationship expert believes that photos play a major role in your online dating profile. "This is especially true for a woman's profile because men are visual creatures, while women are emotional creatures," she shares. Make sure that your photos are high quality and that they show your best self-living your best life. Your pictures should be a visual biography of where you hang out, what activities you enjoy, and who you like to hang out with. "All of these things reveal who you are," House explains.

Related Link: <u>Dating Expert Shares Number One Rule of Successful Online Dating</u>

However, the most important element to your profile is that "it's an authentic depiction of who you are. Your profile should make the reader feel like they're getting a good sense of you." In order to do so, you may need to hire someone to write it for you — and that isn't a bad thing! House's love advice can teach you how to create your best profile and also how to evaluate the profiles of potential dates.

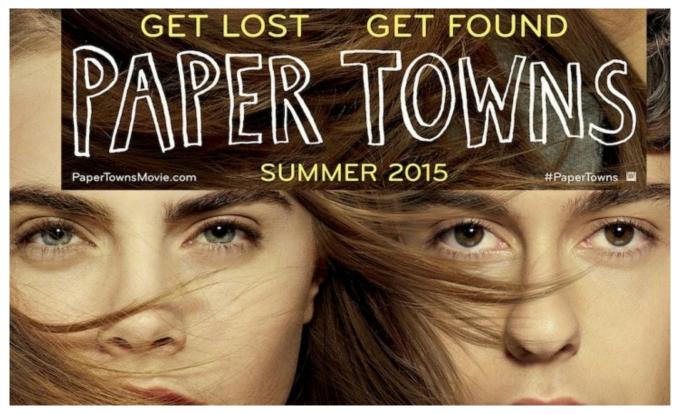
For more relationship advice videos from House, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

What elements do you think make a great online dating profile? Tell us in the comments below!

Dating Experts Share Best Online Dating Advice





In this week's <u>relationship advice video</u>, matchmaker Suzanne Oshima talks to dating expert Matt Adams about online dating tips, including how to email a man and what to include in your

Consider This Online Dating Advice!

If you're searching online for your next relationship and love, then this dating advice may help you find The One. Dating experts agree that the message you send to a potential partner should be very personal. For example, tell him that he caught your attention and then say something about his profile. You can compliment a picture he has or discuss common interests. It's smart to show him that you read his profile and then invite him to reply back. "If you want to stand out, stay away from short greetings," Adams says.

Related Link: <u>Love Advice: How To Increase Your Chances Of</u>
Meeting The One

However, you don't just need to be concerned with his profile but with yours as well. Make sure you have good photos that will capture his attention and that it's well written. "If you aren't getting responses back, that means something's going on with your profile," Oshima advises.

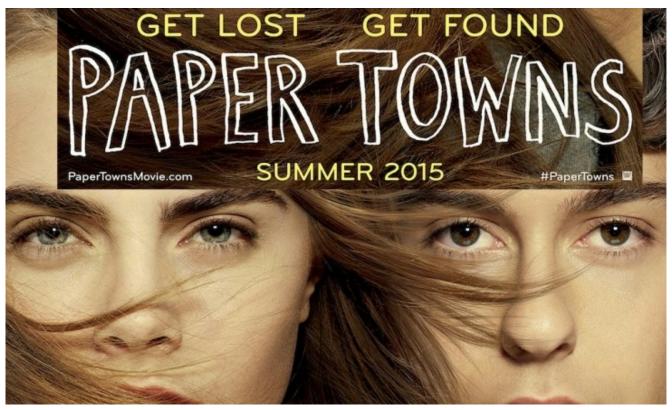
For more relationship advice videos and additional information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

Share your best online dating advice with us in the comments below!

New Celebrity Couple Taylor Swift and Calvin Harris BBQ for 4th of July





By Katie Gray

Scottish musician Calvin Harris couldn't be more happy to be with his superstar girlfriend, singer/songwriter <u>Taylor Swift</u>. According to <u>UsMagazine.com</u>, the new <u>celebrity couple</u> arrived in Rhode Island on Wednesday July 1, to get Swift's home ready for a rocking Independence Day bash. Harris also shared a photo of Swift cooking, captioning it, "She cooks too." Her new boyfriend was clearly proud of her culinary skills!

The celebrity couple that shops together, stays together. What are some everyday chores you can do together to bond as a couple?

Cupid's Advice:

You don't have to go above and beyond to make time with your partner count. Cupid has dating advice in the form of some everyday options that may help you bond:

1. Washing dishes: Washing dishes as a couple is a great way to bond. One person washes and one dries. It's wonderful because it gives you time to talk for a good amount of time, while standing side by side. Sure, many people have dishwashers nowadays, but you can still work as a team: one person unloading the dishes and the other putting it away.

Related Link: New Celebrity Couple? Taylor Swift and Calvin Harris Hold Hands at Nashville Concert

2. Cooking: They say the way to someone's heart is through their stomach! Food is often a form of showing love, so pick out a recipe you both want to try, and make it together! It's great teamwork, and after you can enjoy it together while talking.

Related Link: Latest Celebrity News: Taylor Swift Jams Out at Boyfriend Calvin Harris' Concert

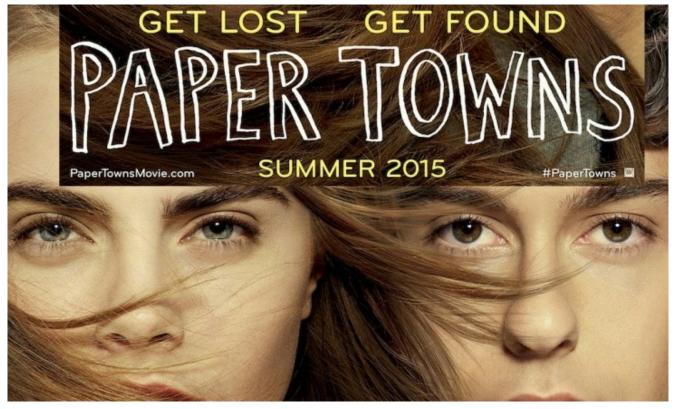
3. Car wash: Sure, you can go to a automatic car wash, but when the weather is beautiful in the summer, why not wash the cars you own together? It's a playful way to have fun and bond. Plus, you'll be outside enjoying the sunshine and getting a tan. You can't go wrong with having conversations with your partner and ending up with a car that looks brand

new after! It's good for couples to notice they are accomplishing tasks together.

What are some other everyday tasks that can bring you closer together as a couple? Share your experiences below.

Relationship Advice: A Couple's Guide to Better Arguing





By Courtney Omernick

So many people have dating and relationship advice for every aspect of your courtship. However, some are stumped when it comes to having a great plan for arguing.

Below are a few pieces of love advice for creating the best outcome in your arguments.

1. Stay Calm: It's easy to get flustered and upset quickly when you're trying to prove a point and you feel like you're not getting anywhere. But, the worst thing you can do is scream or throw a temper tantrum. The other person is feeding off of your energy. Stay calm, and hopefully they will too.

Related Link: Pros of Breaking Up in a Social Media World

2. Don't insult the other person: Avoid saying anything to the other person that may be taken as an insult. When people are angry, they are much more sensitive and can take even a side comment as an insult.

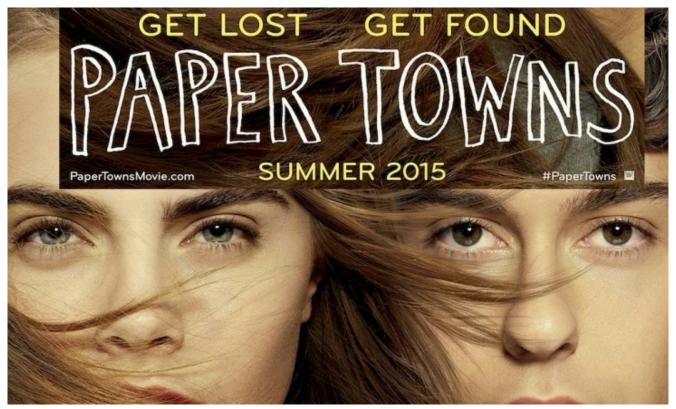
Related Link: Top 5 Most Shocking Celebrity Couple Affairs

3. Tell the other individual that you're going to listen to and respect them: Things are about to get heated. The other person needs to know that you're going to do your best to listen to what they have to say. Remember, the other person feels just as strong about their opinions as you do about yours.

What love advice do you have for couples out there? How can they argue more effectively? Comment below!

Relationship Advice: 4 Reasons To Leave The Past In The Past





By Lori Zaslow and Jennifer Zucher for Project Soulmate

One of the hardest decisions in life is knowing when to walk away from a relationship and love. It's no secret that romance is hard work, but when your love life becomes more work than it's worth, you have to realize that, while fighting for love is admirable, you might be fighting for a lost cause. As relationship experts, we know that when the connection begins to unravel, sometimes, there's no coming back. And while that

may be hard to accept, take our <u>relationship advice</u> and stick to your guns when you decide to pull the trigger on an unhealthy relationship.

NYC Matchmakers Give Relationship Advice: Never Get Back With Your Ex!

Take our expert love advice and remember these four reasons to never to get back with an ex:

1. Trust is token: There's a reason that you decided to break up with your partner in the first place. Whether it was because of cheating, lying, or even abuse, once the trust is lost, there's no coming back. Relationships are built on trust, which is nearly impossible to earn back because you will always be wondering what else they lied about and feel the need to track every move they make. It's also hard for them to break the cycle. Even if you get back together and they try to fix the issue at hand, the chances of them slipping up are high. It'll feel like you're waiting for them to mess up, which is not a healthy foundation for a partnership.

Related Link: Love Advice: You Love It, He Loves It Not

2. Never settle: You may feel the urge to get back with them because it feels comfortable. You know them inside out and don't have to put yourself back on the market. But by settling for someone who you know in your heart is not right for you, you're not giving love a fair shot. If someone broke the trust and you're considering taking them back, think again. If they were the right match for you and loved you, they would not have betrayed you. While everyone deserves a second chance, you will quickly learn that you can't change someone. While you're trying to change your ex into someone you want them to

be, you could be missing ample opportunities to meet your soul mate.

3. Staying is harder than moving on: We all know that when it comes to a break-up, the hardest part is moving on. And while time heals all wounds, it's a very painful and sometimes long process to get over someone that you loved. Getting back together with your ex may seem like a short-term solution, but it's not. The only thing harder than moving on from your relationship is moving forward in it. Getting over the betrayal or trust issues and being able to move past the reasons that you initially broke up is very difficult.

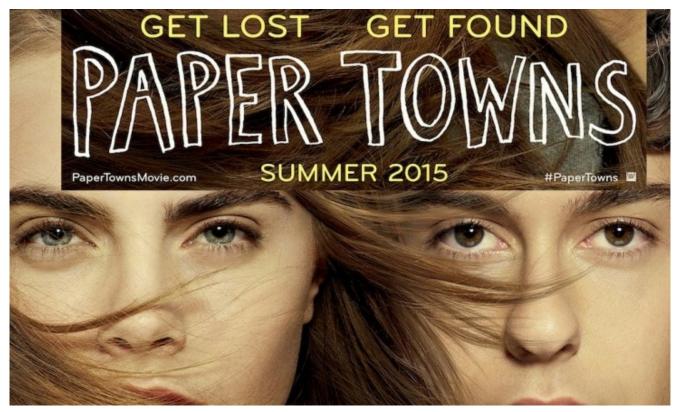
Related Link: Expert Dating Advice: 5 Surefire Signs He's Into You...or Not

4. It's not worth the ego boost: If your boyfriend broke up with you and wants to get back together, you will be tempted because it is a boost to your ego that he wants you back. And if you broke up with your boyfriend, he will probably try to earn the trust back and get back together because it is a blow to his ego that you rejected him. When it comes to deciding whether you want to get back together, you cannot let your ego (or his) cloud your judgement. If you get back together for the wrong reasons or what seems like a good idea in the moment, you will quickly regret it.

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of <u>Project Soulmate</u>, a high-end New York-based matchmaking company.

Expert Love Advice: How To Tackle That Nagging Seven-Year Itch





By Amy Osmond Cook for <u>Divorce Support Center</u>

Can you remember the first time you were in love? Do you remember how the mere image of your partner took control of your thoughts? Your actions? Your view of the world? Life was vibrant and hopeful. Most of us can relate, but fast forward seven years, and the crowd thins a little. The intensity has dimmed or even disappeared long ago. Were we wrong about that person…or are we just incapable of maintaining a lasting relationship and love?

Relationship Expert Shares Love Advice On Seven-Year Itch

As a relationship expert, I know that there's some empirical truth behind the matrimonial seven-year itch. According to the US Census Bureau, statistics continually support this behavior pattern and offer a theory showing that, after seven years of marriage, most couples have raised their children and have realized they don't want to be around each other anymore.

Related Link: Dating Advice: Create The Person You Want To Be

In an article for *PsychologyToday*, author Dario Maestripieri, Ph.D., referred to the findings of anthropologist Helen Fisher. She theorized that humans may have a predisposition to being serial monogamists. This means that "people are socially bonded to one partner at a time but don't stick to the same partner their whole life." Instead, they switch from partner to partner. This often follows a four- to seven-year pattern.

So how do you explain those couples who defy the odds of statistics and anthropological patterns? What is it about the pair that remains together for 30-plus years that we could emulate in our own love life? Here is some expert love advice about what those enduring relationships have that yours may not:

1. The relationship is flexible: Most long-term goals need to adapt to endure, and the same holds true for long-term relationships. An article for eharmony.com warns of adhering to patterns that don't work or weaken a partnership. For example, if one or both of you start taking the other one for granted, if either or both of you adopt a condescending tone in communicating with your spouse, or if you start seeking comfort and support from someone other than your spouse, the healthy relationship can break down. "To help avoid long-term unhealthy side effects that can lead to the seven-year itch,

it's important to change those relationship-weakening patterns and habits," the article reads. "In doing so, you may discover what you love about each other and ultimately deepen the bond you share."

In an article for *PsychologyToday*, author Robert Taibbi, LCSW, stresses the importance of updating your vision. "What do you both envision in the next year, five years, or ten years? It's not so important what you say as you both have the ability to say it," he explains. "This is what will help you both narrow the gap between your daily life and your inner needs."

Related Link: Expert Dating Advice: Should You Give Your Ex a Second Chance?

- Communication, communication, communication, communication: Communication is a habit that should emerge during the early dating stages and continue throughout a marriage. Make it a habit to express your needs. Moreover, be sure to ask your partner what his or her needs consist of as well. This doesn't mean you'll always agree, but it will teach you how to handle conflicting views. In the eharmony.com article, we are reminded to expect bumps in the road. "The goal is not to avoid them at all costs but to understand how to navigate them in healthy, effective, loving ways," it says.
- 3. Partners choose happiness over the need to be right: It often comes down to choosing one or the other. Are you drawn to having the last word? Do you relish those opportunities when you have proven your partner wrong? Is defending your point of view worth taking it to the mat at every opportunity? If so, you may win the battle, but you are destined to be alone at the end of the war. "By letting go of the desire to always be right at any cost, you give yourself and your partner permission to enjoy life again," says eharmony.com. "A happy relationship AND less stress? Sounds like a win-win."

Problems will certainly make a regular appearance in your

relationship, whether motivated by self-serving strategies or not. In this case, long-term couples understand the importance of solving problems when they arise. They know that unresolved problems or unchecked behavior creates an unhappy environment. "It just becomes another land mine that you have to carefully walk around," writes Taibbi. "If you're always looking down at where you are stepping, you never can really look at each other."

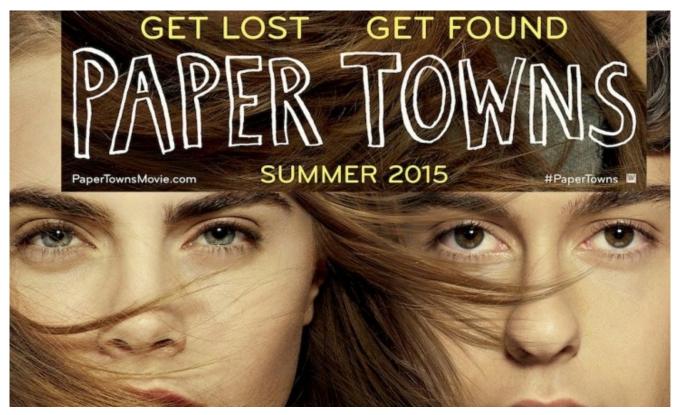
Related Link: Romantic Relationship Advice: From Roadkill to Recommitment

So how can one scratch that dreaded seven-year itch? Our relationship advice is to make sure your partnership is important to you. Expert love advice shows that, by maintaining flexibility, communicating, showing respect for your partner's opinions, and handling conflict openly and with fairness, you can uphold the value of your relationship and enjoy an itchy-free future with the one you love.

For more information about and articles by our Hope After Divorce relationship experts, click here.

Exclusive Celebrity
Interview: 'Player Gets
Played' Stars Discuss Moving
On After Infidelity





By Rebecca White

Moving on is never an easy thing to do, but when the relationship and love ends due to infidelity, it's even harder. In a new Oxygen Media reality TV series titled Player Gets Played, each week, one woman with a lurking suspicion uncovers the heartbreaking reality that she is not the only love in her boyfriend's life. Once these ladies discover the truth, they join together to teach their "player" boyfriend a lesson. In our exclusive celebrity interview, four of the stars of the show open up about being cheated on and building trust with a new partner.

Reality TV Stars Open Up About

Dating After Infidelity in Exclusive Celebrity Interview

Brittany, Meghan, Nyira, and Jessica all have one thing in common: Their boyfriends cheated on them, and now, they have to open themselves up to love again. "After being cheated on, it took me awhile to finally move on and give someone a chance to even walk up and talk to me," Brittany shares. "I am still not in the right 'place' to get back into a relationship."

Related Link: You've Cheated, So Now What?

While Brittany wanted to take some time before entering a new relationship and love, Nyira was ready to jump right back in. "It took me about a month to move on," she says. "I couldn't allow myself to dwell in that hurt. I just prayed, forgave, and let it go."

Once you move on, though, there's still a long way to go. Meghan and Jessica both understand that trusting a new partner isn't as easy as it used to be. "I've moved on, but I don't let down my walls, and I've become more difficult to penetrate mentally, physically, and emotionally," Jessica shares in our exclusive celebrity interview. "I find that, with a new partner, he has to love me more. I know how to love and be faithful in a relationship, so if he loves me more, then I feel like we're equal. I don't think he'll cheat because he appreciates me more than just in a physical sense."

Meghan also learned that she no longer trusts as easily. "I actually don't let my walls down so quickly," she explains. "I always trusted any guy, but now, I don't trust someone until it is earned."

While trusting a new partner after infidelity isn't easy, it's important not to judge every relationship based on previous ones. "If I go into another relationship expecting to be cheated on, then it's going to happen!" Jessica says. "Our

thoughts create action. The thing is, you can never tell. You just need to give every person their own blank piece of paper and let them have a fresh, untainted start."

Related Link: Can Cheaters Ever Change?

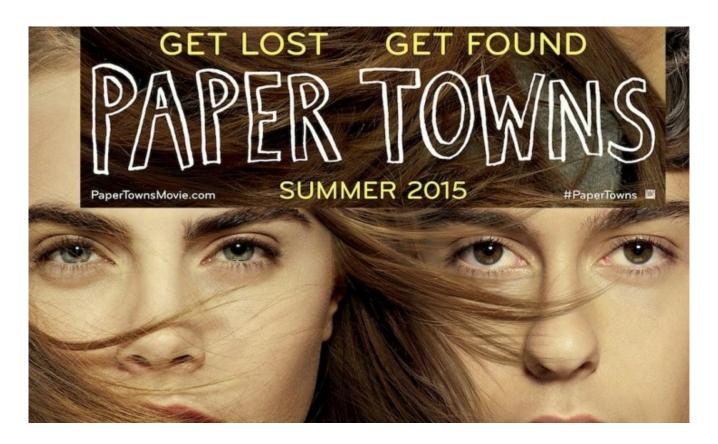
Brittany also believes that you need a clean slate in order to build a new flame. "Once you start dating, you have to let your guard down a little, or you will never know if there is a connection between you and the other person," she shares.

No matter what, you have to keep taking chances. When asked about their best love advice, these reality TV stars encourage you to be patient. "You can't go your entire life being scared to love," Nyira says. "Yes, you may get hurt, but you will grow stronger from it. Then one day, that special man that you have been dreaming about will come and sweep you off your feet. Those walls will slowly come down until there is a heart full of love, ready to meet another. Once those two hearts meet, a beautiful love will blossom."

For more information about Player Gets Played, check out their website, www.oxygen.com/player-gets-played! Be sure to watch the show on Oxygen on Wednesdays at 9:30/8:30c.

Relationship Advice Video: Two Quick Ways To Figure Out If He's The One





On this week's <u>Single in Stilettos</u> relationship advice video, dating expert Suzanne Oshima talks to <u>relationship author</u> Duana Welch about how to figure out if he's The One.

Related Link: Relationship Advice Video: Do You Have to Be Happy Alone Before You Can Be Happy with a Man?

Relationship Author Shares Love Advice On Figuring Out If He's The One

1. Look, lean, and listen: First, lean close to your date; then, look directly in their eyes; and lastly, listen to what they have to say. While you're doing these three things, ask him open-ended questions. According to this relationship advice video, this method completely disarms people because everyone wants someone who will listen to them.

The relationship author encourages you to ask *this* question: "You know, I've had some relationships that didn't work out, and I imagine you have as well. Can you tell me what your ex

would say when asked why you're not still together?"

2. Write a list of every single thing that you want in a life partner: Welch shares her love advice and says you need to write everything from the sublime to the ridiculous on the list. Then, divide it into must-haves (the shorter list) and put everything else on your wants.

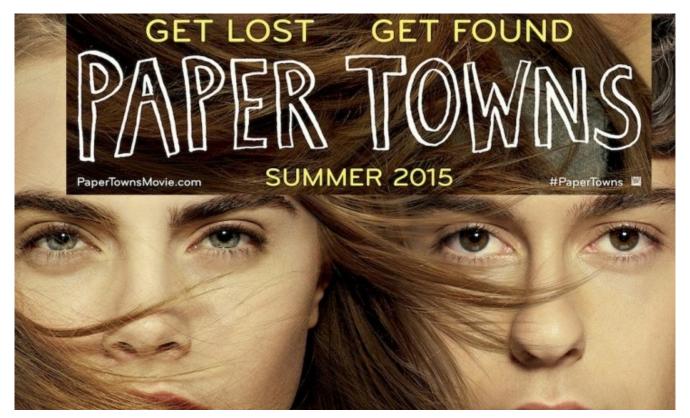
When you go on a date, find creative ways to learn if there are any deal breakers. Look at dating as a job interview. You don't want to wait until you're already in love to ask those important questions!

For more relationship advice videos and additional information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

Amy Schumer Stars in New Relationship Movie 'Trainwreck'





By Courtney Omernick

In the new relationship movie, *Trainwreck*, Amy (Schumer) was told that "monogamy isn't realistic" as a child. So, she's spent her whole life in short and unfulfilling relationships and love. However, that all changes when she's asked to write a story about a sports doctor named Aaron Conners (Bill Hader).

This chick flick is about a careerfocused woman who is forced to face her fear of monogamy.

Should you see it:

This relationship movie is not your average chick flick! If you've ever jumped from relationship to relationship, begging the universe to help you find the right guy, then you'll enjoy this film. The movie also features a great cast including Amy Schumer, Bill Hader, Vanessa Bayer, Lebron James, and more!

Who to take:

This relationship movie/non-traditional chick flick would be great to see with your friends or significant other.

How do you know you've finally found the right guy?

Cupid's Advice:

Especially if you've been on multiple dates, it may seem like the perfect guy doesn't exist. But, what happens when a great guy comes along, but you're too afraid to become invested? You feel like you've opened up to other guys in the past, but it hasn't worked out. Should you pursue this one? How do you know? See below!

1. No need to be anyone but yourself: Through the good days and the bad, he understands you, and he understands that you're human. You don't always have to be perfect, and you don't always have to have a smile on your face.

Related Link: Love Advice: How To Tell If a Guy Likes You

2. Even if it costs him, he wants the best for you: Even if he doesn't want to see that romantic comedy or eat at that restaurant, he wants what you want, and he's willing to put his opinions aside for the betterment of you sometimes.

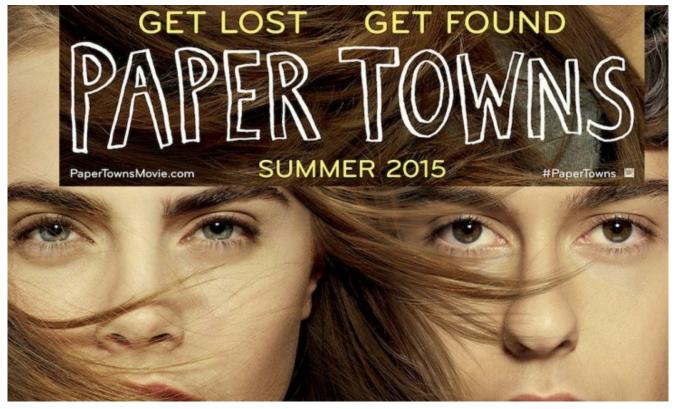
Related Link: 'Bachelorette' Drama: Kaitlyn Bristowe and Nick Viall Get Intimate

3. Attraction is 100% at all levels: Physically, mentally, and emotionally, you both are all there and all tuned in 100%. Sometimes, even running to the grocery store with him can feel like a good time. Through each sense, you're both connected to each other.

When did you finally find the right guy? Do you have some dating advice for our readers? Comment below!

Love Advice: 5 Signs You're in a Lukewarm Relationship





By Molly Jacob

Are you afraid you've been settling in your relationship? Some people love the security of having a significant other and have a hard time being alone. So in exchange for the uncertainty of single life, they stay in a tepid, dispassionate relationship. Although it may be hard to deal with the fact that your relationship isn't that great, it's important to evaluate your relationship and never give yourself less than you deserve in your relationships and love life. Take this love advice: you should never settle for

anything less than the most fulfilling relationships.

Cupid has dating and relationship advice to help you determine if you're in a lukewarm relationship!

1. You spend less time together:

When you are passionately in love with someone, you always want to be around them. You want to experience new things with them and show them the best parts of your world. But as your relationship and love grows from hot to lukewarm, you have less of that desire to spend time with them. Instead of looking forward to your dates or alone time together, you feel as though your one-on-one time is an obligation, not a treat. Your relationships and love life should be one of the most wonderful and fulfilling parts of your life, not just something to check off a to-do list.

Related: Relationship Advice: 3 Reasons Not to Break Up Via Social Media

2. You're less intimate:

Intimacy adds passion and depth to a relationship. If your sex life is cooling down, your relationship may be experiencing the same thing. But this is about more than just sex; being intimate means not only being physically close, but also emotionally close. Are you sharing less of yourself with your honey? Are you closing yourself off emotionally? If so, take our dating and relationship advice that your relationship is losing its passion.

3. You never fight:

Some couples never fight and always seem to get along, and that can be a totally healthy relationship. But to a certain

extent, couples argue because they care about each other. Oftentimes, couples who argue are fighting to repair a relationship or finding a solution to relationship troubles. If you find your partner not even worth the trouble of arguing with, you may be in a lukewarm relationship. As they say, apathy, not hate, is the opposite of love.

Related: <u>Paula Patton Says "Passion" is Key to a Successful</u>
<u>Relationship</u>

4. You talk less:

If you find yourself communicating less and less with your partner, your relationship may be lukewarm. While you once discussed your passions and deep emotions, your conversations are now filled with recounts of grocery shopping and dentist appointments. While it's not bad to talk about these things, it's also a sign of an unhealthy relationship when that's all you have to talk about. See if you find yourself making conversation just for the sake of filling the silence at dinnertime.

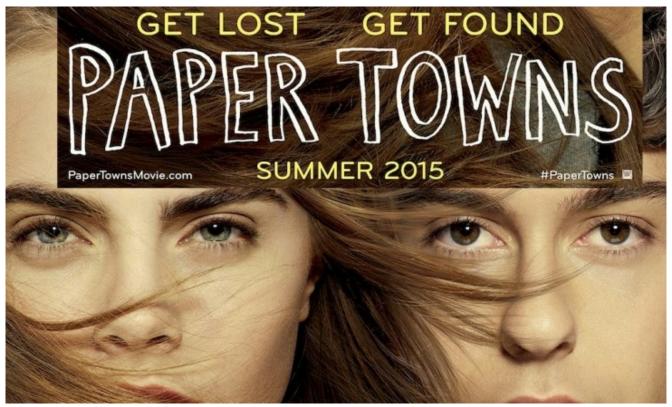
5. You care less about each other:

Relationships and love should be exciting and consuming, not half-hearted or mundane. While this may go without saying, if you find yourself caring less about your partner and what's going on in their lives, your relationship has gone from simmering to lukewarm. If this is true, take time to evaluate the benefits of being in this relationship. Love advice: you deserve better than settling for a relationship that doesn't bring you happiness.

What are other signs of a lukewarm relationship? Let us know in the comments section below!

Product Review: Curb Your Nicotine Craving and Find Love With Aqua-tine™!





This post is sponsored by Aqua-tine™.

By Ryan Bonner

Calling all smokers! Are you looking for a relationship and love but feel like your cigarette habit is holding you back? Are you ready to improve your health and live in a smoke-free environment? If your answer to these questions is "yes," then $Aqua-tine^{m}$ is the way to go. This amazing product, which meets

the Food and Drug Administration requirements for over-the-counter homeopathic drugs, is a completely new approach to a tobacco alternative. Check out our product review below to learn more about how to curb your nicotine craving!

Curb Your Nicotine Craving, Thanks to This Product Review

Aqua-tine™ is a modern and socially-acceptable alternative to cigarettes, cigars, and smokeless tobacco. The three-ingredient formula is colorless and tasteless, making it easy to mix it into your drink of choice (excluding alcoholic beverages and energy drinks). Aqua-tine™ is great for situations where you have the urge to smoke but are unable to, like during a road trip with your new beau or while meeting their parents for the first time. You can even use it on an airplane! It temporarily relieves your tobacco craving without all of those damaging carcinogens that are found in cigarettes.

The next time you're on a first date with someone special, instead of having to step outside of the restaurant to smoke, you can discreetly mix an Aqua-tine™ packet into your drink. You can use up to two packets per hour if needed, and chances are, thanks to its small, 2.4 milliliter size, your date won't even notice that you're using a tobacco alternative. If you follow this love advice, you won't miss out on time spent getting to know each other. Plus, you won't drive them away with the smell of smoke when they lean in for that first kiss!

If you're already in a committed partnership, Aqua-tine™ can help strengthen your bond with your significant other by giving you what you want most: more time together. You won't have to put a pause on cooking dinner or leave in the middle of a movie to get your cigarette fix. An added bonus? Your home, car, and clothes won't smell like smoke anymore! It's a win-win for both of you.

This new way of controlling your nicotine craving will show you great results that will positively impact your search for a relationship and love. Grab a drink, mix it in, and live your life without having to take a cigarette break. It's that simple! If you're ready to change your health and lifestyle for the better, visit Aqua-tine™ to purchase a 12-pack for only \$6.95. Enter **FREEAQ12** to get a free sample when you checkout.

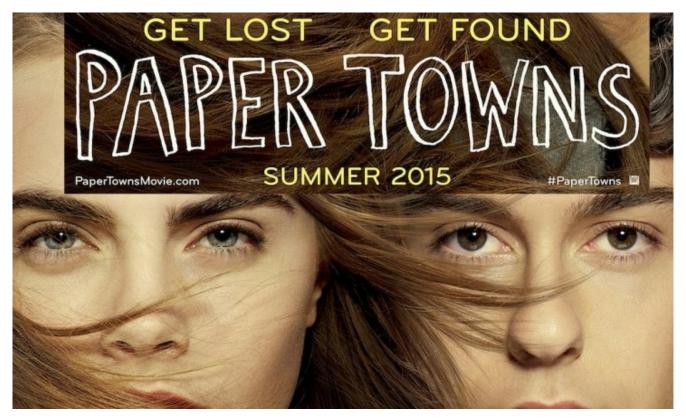
GIVEAWAY ALERT: If you're ready to curb your nicotine craving and find love, Aqua-tine™ is the product for you! One lucky CupidsPulse.com reader will win a FREE Aqua-tine™ 12-pack by sharing this article on social media (and tagging @cupidspulse and @Aqua_Tine) or commenting directly on this post. The contest ends on Wednesday, July 15th at 10 a.m. EST. Good luck!

Open to US residents only.

This giveaway is now closed. Thank you to all who participated!

Dating Advice: What to Do When You're Not His Priority





By David Wygant

Are you a priority in your <u>relationship and love</u>? If not, you may need to step back and reconsider your romance. You seem to be making more excuses than he does: He's working too much; he's dealing with family issues. What you're doing is validating the fact that you're nothing more than a booty call for him. Shocking, right? Deep down, you probably already know this truth. Let's dig even deeper.

Relationship Expert Gives Dating Advice About Being A Priority

As a relationship expert, I'm going to confess something to you right now. I think my fellow men who read this article are going to be pissed at me when they do. A lot of them are going to lose out on some wonderful booty calls once this truth is exposed and out in the open.

Related Link: Expert Relationship Advice: Is Getting Hitched Irrelevant These Days?

When I'm dating a woman, I prioritize her over everything. I was once in a relationship and love where I actually got invited to go see President Obama's inauguration. I got invited to mingle with the Washington D.C. elite, to schmooze with the most powerful people in the country. Here's the thing: The woman I was dating wasn't invited. She told me I needed to go because it's something she thought would be a blast for me — a once-in-a-lifetime experience. I went. After two days, I missed her so much, and I realized I wasn't enjoying the moment without her. So I changed flights, got on a plane, and surprised her by coming home. She was, at that time, my priority. My best piece of relationship advice is to find someone who will do that for you.

Whenever a man is in love, the woman he's dating becomes his main concern. When we fall in love, we can't wait to see you, no matter how much work we have on the table or how much our kids are screaming their heads off. No matter what we're going through, we will always make it important to be with you.

So if you're with a man who doesn't do that, he's probably constantly making up those famous "man excuses" — things like, "I'm really stressed about work right now," "I'm concentrating on building my business," "I've got too much on my plate right now," or "I enjoy the time we have together. Can we just keep things the way they are?"

Related Link: Expert Love Advice: Why Getting to Know Her Friends Is Like a Football Game

When a man does that, he's telling you that you're not what he really wants. He loves sleeping with you; he loves having sex with you; he loves hanging out with you...but he's just not willing to fully commit to you. Those are the cold, hard facts. When a man is stringing you along, and you're not at the top of his list, you need to have "the talk" and say something like, "We obviously want two different things. I want a relationship, and you want a once-a-week thing. Unless

you're willing to commit to me and spend more time together, I can't keep going down this path." The reason is, if you keep things as they are, your relationship will keep getting grayer and grayer and harder to define.

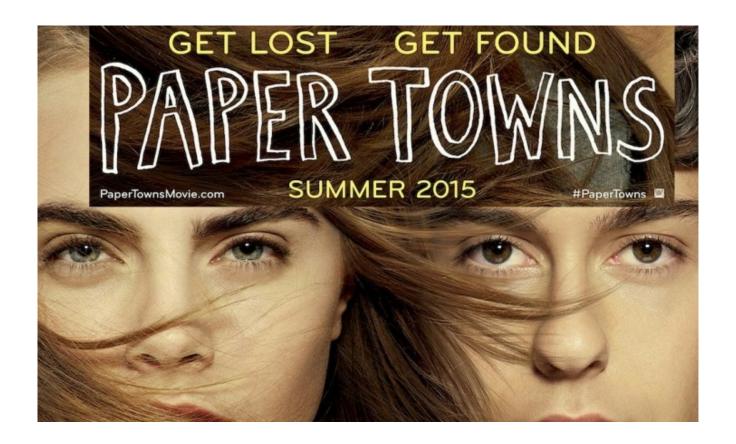
You see, most men don't want to give up that situation because they're getting what they want. And most men are so bad at finding women to have sex with them that they're not willing to give it up! They'll say anything to keep things the way they are.

My dating advice is simple: You need to cut him loose. You need to find a man who will make you his number one concern. When a man really falls for you, you'll be his priority no matter what. That's what you want, and that's what you deserve. Don't settle for anything less.

David Wygant is an internationally-renowned dating and relationship coach, author of the new book Naked, and speaker. Through his boot camps, personal coaching, and his website, his dating advice has transformed the lives and relationships of hundreds of thousands of people from every corner of the globe.

Dating Expert Gives Love Advice On When To Date After a Break-up





By E!'s Famously Single Dating Coach, Laurel House

In this week's <u>dating advice</u> video, relationship expert and E!'s Famously Single dating coach, <u>Laurel House</u> knows how important it is to jump back into the dating world after a break-up and the questions that come up after a break-up. "Getting back out there isn't always the purpose of getting into a relationship," the dating expert explains. "You need to be alone, focus on yourself, and move on in a healthy way. But going out, flirting, feeling sexy, and being picked up in the early post-break-up stage can show you that there truly are lots of fish in the sea."

Dating Expert From E!'s Famously Single Talks About Dating After a Break-Up

In this week's relationship advice video post, the Screwing

the Rules dating expert shares the six steps that you should complete before you start dating again after a break-up:

Related Link: <u>Dating Expert Shares Number One Rule of Successful Online Dating</u>

- 1. Put an end to social media friendships: You don't want to see what your ex is up to. You don't want the temptation nor do you want to reach out. That means you might need to block them on Facebook and unfollow them on Instagram.
- 2. Write down the bad: It's way too easy to fantasize about the amazing moments you shared. Instead, remind yourself of all of the bad things. Write down a list of why you broke up in the first place and then read it whenever you need a reminder.
- **3. Refresh your look:** It's time to make yourself feel attractive again. Get back into the gym. Get a facial. Do *something*. Just think it through before you dramatically alter your hairstyle!

Related Link: Relationship Expert Shares Best Love Advice for How To Break Up Over Email

- **4. Reconnect with yourself:** Break-ups are all about bummers with benefits, so extract the good from the bad. Think about what lessons you learned, how you changed, and what you're going to do differently next time.
- **5. Explore your passions:** Indulge in a class that you've always wanted to take. Join a group and go on hikes with likeminded people. Sign up for a cooking class and learn how to make Spanish tapas. You have time to spare now and maybe even some money, so start working on yourself again.
- **6. Stop crying and start online dating:** This is a chance to window shop your future options. It also simultaneously keeps you busy late at night when you're feeling the most lonely,

sad, and tempted to reach out to your ex.

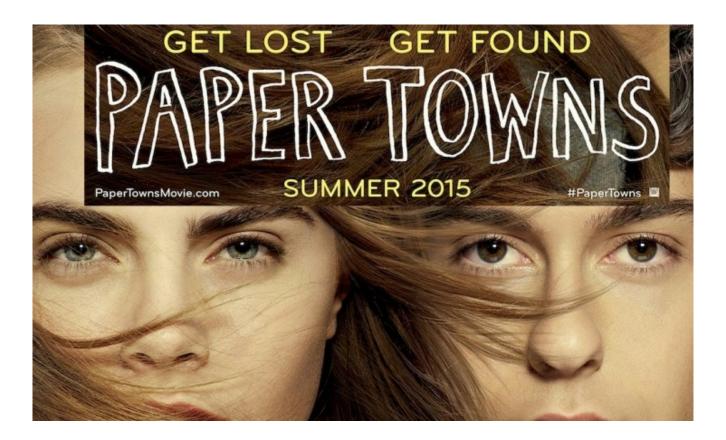
For more love advice from Laurel House, click here.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

When did you start dating again after a break-up? Tell us your story below!

Love Advice: How To Increase Your Chances Of Meeting The One





In this week's <u>relationship advice video</u>, matchmaker and relationship expert Suzanne Oshima talks to dating coach Arica Angelo about how to increase your chances of meeting The One. Check out their best love advice in the video above!

Relationship Experts Discuss How To Increase Your Chances of Finding Love

Finding a relationship and love isn't always easy. With that thought in mind, dating experts believe that there are things you can do to actively attract the right person. Consider these three dating tips if you're ready to find your soul mate:

1. Pay attention to the people in front of you: Instead of looking online or through an app, start to notice the people you see every day. Maybe it's time to ask out that guy from the coffee shop!

Related Link: Dating Experts Give First Date Tips

2. Be thankful for the dates you do have: Show some gratitude for the dates that you're going on. Even if he's not the right man for you, you can still appreciate the time you spend together. Remember that you can learn something from everyone you meet!

Related Link: Expert Dating Advice: How to Find True Love Fast

3. Give yourself permission to have the love you really desire: If you're clear about your wants and needs, then you'll be one step closer to finding your soul mate. Still, you don't want to make a long list of impossible expectations. You're trying to attract the right man, not detract the right man!

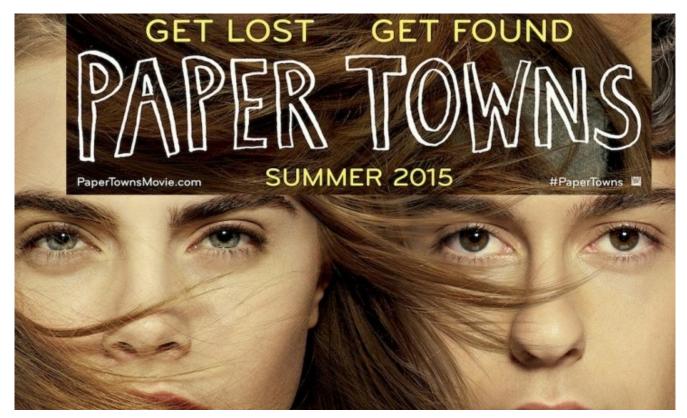
For more relationship advice videos and additional information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

What's your best love advice for attracting The One? Tell us in the comments below!

Pros of Breaking Up in a Social Media World





By Courtney Omernick

Relationships and love can be complicated, but the break-up doesn't have to be. Sometimes, we're very lucky that we live in a world filled with social media that provides us with faster ways to connect with more people.

A lot of relationship and dating advice will tell you that it's a terrible idea to break up with or find a new partner via social media, however, there are some positives. Cupid has some ideas.

1. Remove the awkwardness: If you do decide to break up with your significant other, you have the option of making things a little less awkward by doing it through social media. If you're too nervous to face them in person, or haven't been

dating for too long, you have the option of sending them a private Facebook message and then moving on with your life.

Related Link: Sean Penn and Charlize Theron Break Off
Celebrity Engagement

2. Spread the word: With social media, all you have to do is click a few buttons, and all of your friends, family members, and acquaintances, can instantly know you're single. This helps diminish the amount of times that you have to bring it up in a conversation. Now, if they really want to know, they'll ask.

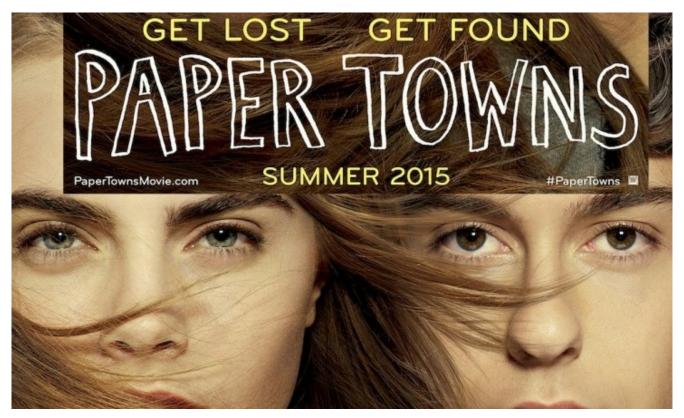
Related Link: <u>Sources Say Ben Affleck and Jennifer Garner Are Facing Celebrity Marriage Troubles</u>

3. Options: Before social media, people met and dated individuals who they went to high school with, lived next door to, etc. Now, with social media, you can find ten times as many newly, single matches for you within your city and beyond.

What are some other pros to breaking up in a social media world? Share your relationship and dating advice below!

Leading Non-Verbal Expert Shares Online Dating Love Advice





Interview by <u>Jared Sais</u>. Written by <u>Rebecca White</u>.

Relationships and love are not always easy to find, and in this day and age, many people turn to online dating as they search for that special someone. This approach can be extremely effective, but it's important to keep a few things in mind in order to increase your chance of finding The One. In our celebrity interview, Dr. Paul Ekman, an expert in non-verbal communication, shares his best <u>love advice</u> to help you get through a first date with someone you met online.

Dr. Paul Ekman Shares Love Advice For Online Dating

Before you even go on a date, chat with your potential partners on Skype or FaceTime. That way, you'll be able to tell if they're authentic from the get-go.You can watch their facial expressions and hear their tone and pitch, gathering the non-verbal cues needed to get a better understanding of who they are. After all, you can't tell if they're lying via e-mail or text!

Related Link: Love Advice: How To Tell If a Guy Likes You

When it comes to your first date, Dr. Ekman's expert dating advice is simple: Be prepared to ask the right questions. He recommends that you find out the answers to these five questions below:

- 1. What do you like to do on vacation? If you can't travel together, you can't live together! Find out what your date likes to do for fun and see if you have any similar interests.
- 2. Why didn't your previous relationships and love work out? Really listen to how your date responds to this question and be on the lookout for any red flags. Of course, there are a few acceptable answers, like illness or death of a past lover and differing opinions about topics such as having kids or where to live.
- 3. Do you have a good relationship with the opposite sex parent? If the answer is no, they may look to you to fill that void. A bad relationship with any parent could cause issues in your love life, as they may have a skewed perspective of the family unit.
- **4. What is your online dating history?** While this question isn't a necessity, it's helpful to know what sort of online dating success your date has had thus far. How long have they been looking for love online? How many dates have they been on?

Related Link: <u>Dating Expert Gives Five Body Language Cues to Look For on a First Date</u>

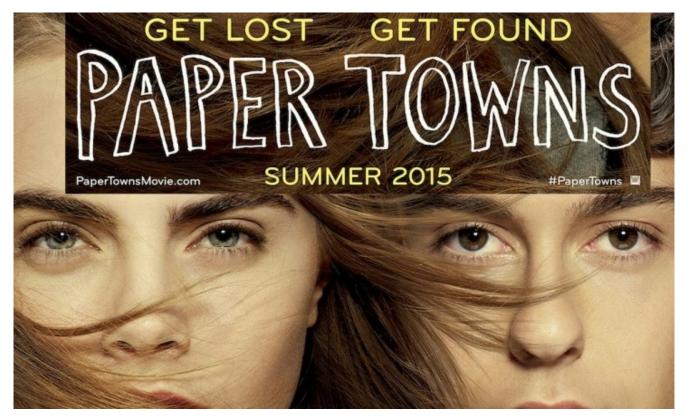
5. What type of relationship do you want? Asking this question on a first date will let you know if you should continue this particular romance. If you have different answers, then it's time to move on!

Besides these verbal questions, don't forget to look for classic non-verbal cues while you're on the first date. Is your date leaning towards you? Are their eyes dilated? Are they making eye contact with you? These are all positive signs! Dr. Ekman even has a training tool called micro expressions, which can help you learn how to read people. Be sure to keep this love advice in mind the next time you go on a first date.

What questions would you ask on a first date? Let us know by commenting below!

Former 'Bachelorette' Andi Dorfman Hooks Up with Sam Hunt After 2015 Country Music Awards





By: Maria N. Capalbo

According to <u>UsMagazine.com</u>, Andi Dorfman, former star of *The Bachelorette*, had a had a rockin' good time after the Country Music Awards Festival this past week with upcoming country star, Sam Hunt. Although, sources think that Dorfman and this celebrity relationship with Hunt was just a little fling. She is working on focusing on herself this year after being in a long relationship with celebrity ex Josh Murray. Dorfman is enjoying her new life in NYC and may not be looking to be tied down anytime soon!

Country meets reality TV! What are some ways to reconcile differences in a relationship?

Cupid's Advice:

It is inevitable that problems and strong differences will come up within our relationships, but resolving them can make

your bond stronger than ever! Cupid has a few solutions to rectify differences below:

1. Don't bring up past issues: Issues almost always arise when you bring up a rocky past. Instead, avoid the past and focus on the present and future. Working out your differences will come easier once you drop the past!

Related Link: Andi Dorfman Begins Wedding Dress Shopping in NYC

2. Find a common ground: Finding a common ground is important because usually it helps in coming to an agreement that helps both of you! Instead of just giving in too your partner, find something that you both an agree with.

Related Link: 'Bachelorette' Season 10 Couple Andi Dorfman and Josh Murray Call it Quits

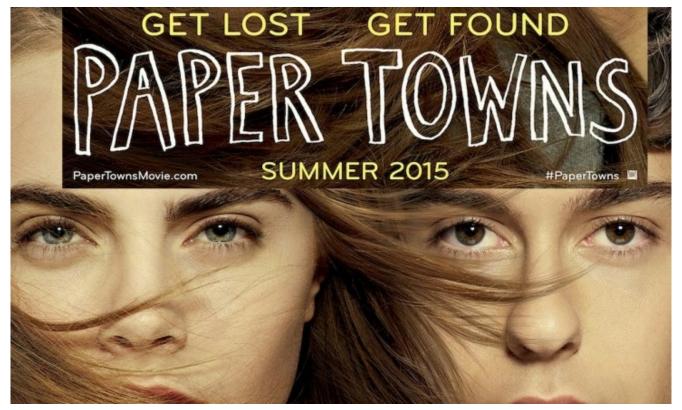
3. Talk about your problems: Talking it out is much better than keeping quiet about the differences between you and your partner. Keeping quiet can only raise more tension if the issue is ignored. It is best to get things off your chest by talking about it.

What are some ways you've reconciled differences in your relationship? Share below!

Expert Love Advice Q&A: When Do I Send A Friend Request

After A First Date?





Question from Mandy G.: I went on a first date with a great guy this weekend, but we didn't make plans to see each other again. I want to connect with him on Facebook without seeming overeager. How soon can I send him a friend request?

Keep reading for <u>expert love advice</u> from our relationship experts!

Relationship Experts Discuss Facebook Friend Requests

<u>Suzanne K. Oshima, Matchmaker</u>: My expert love advice is that sending a Facebook friend request after a first date is way too soon. When you send it prematurely, you run the risk of it

being ignored, which will put you in an awkward situation. If he ignores your request, you may think he's not interested in you. But what it may really mean is that he's not ready to let you in to snoop through his personal life after just one date. Let's be honest: The first thing you will do is go through all his photos and posts to try to figure out what's up with his relationship and love life and if he's dating anyone else! There's plenty of time to get to know him digitally, so wait until several dates in to send that friend request. Otherwise, you may find yourself un-friended from a guy that you just met!

Related Link: Dating Advice Q&A: Can I Blog About My Relationship and Love Life?

Paige Wyatt, Reality TV Star: Sending a new guy a friend request on Facebook is a lot simpler than you think. First, you must do a quick sweep of your own page. Make sure there's nothing embarrassing or off-putting posted on there. Don't forget to check your tagged photos! Then, send him a request. If he accepts within minutes (as people often do, thanks to the Facebook app), send him a quick message, something short and sweet to let him know you had a great time on your date. If he doesn't accept your request for a few days, don't automatically assume he's ignoring you. He may not be an avid Facebook user, and in that case, it's better to stay connected via text message instead.

Related Link: Q&A: Should I Tell My Friend Her Crush Has Been Facebook Messaging Me?

Robert Manni, Guy's Guy: Although there is nothing wrong with sending him a friend request, look at the bigger picture. You just went on a date with this guy, and it sounds like you want to see him again. Although there are no set rules, ending a date without plans to reconnect is usually not a great sign. Consider this dating advice: If this guy wants to see you again, he will reach out soon. Adding him as a Facebook

friend is a nice gesture, but I doubt it will do anything to stoke the romantic fires.

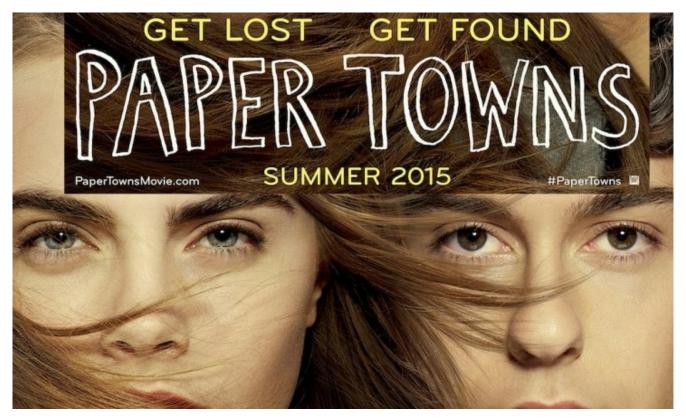
To find out more about our three dating and technology gurus, click here.

If you have any questions you would like answered by our relationship experts, please e-mail them to cupid@cupidspulse.com.

How soon would you send a friend request after a first date? Share your love advice with us in the comments below!

'The Bachelorette' Kaitlyn Bristowe Talks Nick's Arrival, Date with Ben H., and Joshua Drama





By: Maria N. Capalbo

According to <u>People.com</u>, The Bachelorette Kaitlyn Bristowe has started her mission to find celebrity love! On the most recent episode to air, she believes she made the right choice in having Nick stay, but the other men were not too fond of it! Only a few expressed their opinions though. Bristowe had a great time going on her other dates, like dancing it up with Ben H. and singing along with a group of the guys to a mariachi band. She did run into a bit of drama with Joshua, who could not hold back his opinion about Nick. Bristowe thought of holding back on giving out a rose on the group date, but went with her heart and gave it to Nick. Things definitely got a bit confusing, so maybe she needs a bit of love advice herself! Stay tuned to the show for more on Kaitlyn's celebrity relationships.

The drama isn't about to let up on The Bachelorette! What are some

ways to keep your relationship drama-free?

Cupid's Advice:

Drama causes problems everywhere! The last thing anyone needs are problems within their relationship. It can be difficult to avoid sometimes, but there is always a solution! Below are a few ways to keep drama away from your relationship:

1. Communicate: Most of the time, drama can be avoided if your partner and you just communicate! Tell each other about problems, and talk about possible solutions. Stay away from accusations, and have a regular conversation.

Related Link: Find Out 'The Bachelorette' Kaitlyn Bristowe's Worst Date Moment So Far

2. Ask about feelings: This also goes with communicating. Do not overload your partner with just your feelings and expect a solution; ask them about theirs, too. After that, find a middle ground.

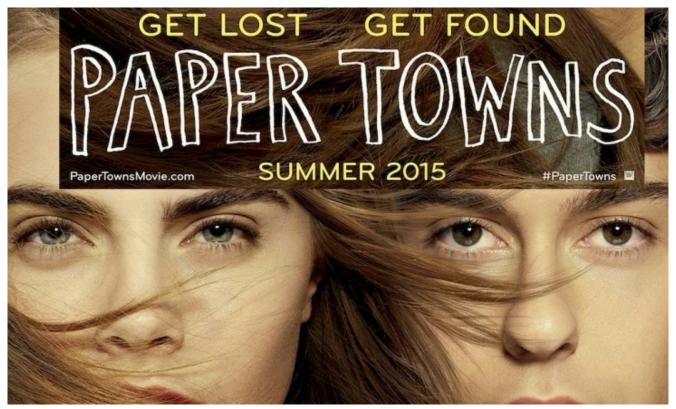
Related Link: New Photos: The Countdown to 'The Bachelorette'
Begins With Britt and Kaitlyn

3. Establish goals: Come up with goals that you want to accomplish in your relationship, and even some things that make you both uncomfortable. If any of the drama is detrimental to those goals or worsens things, state that, work around it, and keep those goals in mind.

What are some ways you've kept drama out of your relationship? Comment below!

Single Celebrity Ariana Grande: Tearing Down Double Standards?





By Dr. Jane Greer

Singing sensation and <u>single celebrity Ariana Grande</u> wrote an elaborate, empowering essay about male and female double standards after her celebrity break-up with rapper Big Sean. She said, "If a woman has a lot of sex (or any sex for that matter)... she's a 'slut.' If a man has sex.... HE'S. A. STUD. A BOSS. A KING.... If a woman even TALKS about sex openly... she is shamed!"

Ariana touched on one of many examples of double standards when it comes to relationships and love and is hitting a nerve because what she wrote about does often seem to be true.

Choose a course of action.

In today's world, women want to be able to make mindful choices when they decide to be intimate and sexual with their partner. But that isn't always easy to do. When a woman has an active sex life, she might be viewed as being loose. On the other hand, men are expected to seek it out, and if they brag about a few notches on their belt then they are respected and thought of as manly. Women are finally looking to move beyond these images and not let them hold them back anymore. Along those lines, the most recent *Bachelorette* openly said she made a conscious decision to be intimate with one of the men she had met on the show, because a sexual connection is such an important part of a relationship that she wanted to have a sense of their chemistry before they moved too far forward. She chose a course of action, and so can you.

Related Link: <u>Single Celebrity Ariana Grande Says She Doesn't</u>
Want to Be Called Big Sean's Celebrity Ex

Be the manager of your sex life.

If you consider what you stand to gain by exercising your sexual expression, as well as what you stand to lose if you are not in touch with it, you will see how important it is to be the manager of your sexual life. By challenging these stereotypes that have trapped, confined and limited women for

too long, you can work to redefine your sexual identity and what it means to you in terms of your happiness and your sexual esteem. If, for example, you want to be intimate with someone when you first meet them, if you are on vacation and want to have a fling, if you are at a wedding and want to have a romantic escapade, or just a one night stand, the most important thing is to know what you are doing and why you are doing it. In other words, own it. This means recognizing that you are with that person to enhance your sexual experience and pleasure, and still feel good about it regardless of whether or not it leads to something more serious down the road.

Related Link: Ariana Grande and Big Sean Step Out as Celebrity
Couple at Grammy Awards

Sit in the driver's seat.

If you are in the driver's seat, you can give yourself the permission to say "yes" to your desires and feel empowered by them when it comes to your sex life decisions, rather than feeling bad about yourself. The essential thing to be aware of is that whatever your action may be you are doing it by choice, one that you are making for yourself and thereby can feel confident about. When you do this, you free yourself from blame and judgment so that you will not feel objectified or used in any sexual experience you share. You no longer have to be in a position where you are compromising your own values or worrying about what other people think.

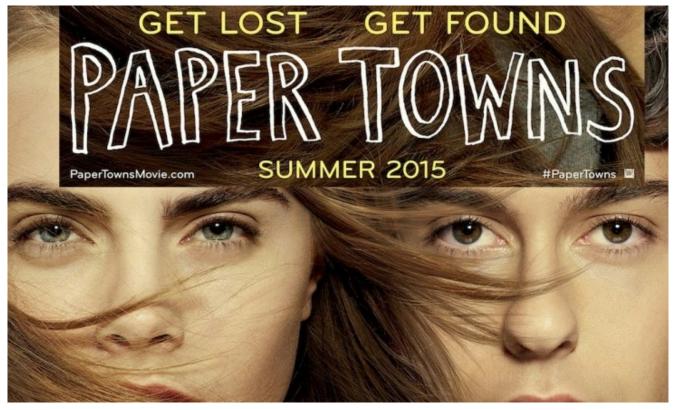
Be honest and guilt-free.

It follows that if you are in a new relationship and your partner asks how many sexual encounters you have had, you can have a clear sense of your history and how it came to be, free from guilt. You will be able to level the playing field so that what was once only acceptable for men can also be acceptable for women. Saying no always remains a powerful choice as well, what matters most is that you are determining

what is going to be most comfortable for you. In this way, you will be a woman who takes charge, is in control, knows what you want as well as what you don't want, and will be better able to build your inner security which will reflect in your emotional and sexual wellbeing.

Relationship Expert Talks About Helping Kids Through Divorce





By Debbie Bartashius-Ceresa

Whose divorce is it? Perhaps this sounds like a strange question when talking about the Hilary Duff and Mike Comrie custody dispute or the battle of where Jodie Sweetin and Morty Coyle's little Beatrix will attend pre-school. But as a relationship expert, I know that a divorce can cause many losses, especially for the children.

Relationship Expert on Losses of Divorce

There is truth that divorce is a family matter, but in the end, it's the couple who is ending their relationship and love together. The kids are merely in the midst of a war zone, and the damage to them can be immense. Divorce, like death, creates losses for everyone involved. Children can experience any or all of the following:

Related Link: Expert Dating Advice: Should You Give Your Ex a Second Chance?

- 1. Loss of expectations: We teach our children to love, trust, and be loyal to us. Children think that their family will always be together. Think about the many stories you've read to your kids; most of them have a family that stays together. Children are also exposed to the vows and commitments parents make to each other through movies and religion. Try to imagine how confused a child feels when they're told that their parents can no longer keep this pledge.
- 2. Loss of trust: Children have a difficult time dealing with the conflicting feelings of love and divorce. These emotions tend to cause the child to believe that their parents are distrustful.
- 3. Loss of familiarity and routines: A divorce sometimes causes a move from one home to another or a change of schools. Everything that was familiar and routine in the child's life

is disrupted.

4. Loss of safety: What makes you feel safe? Most of us feel stable when we are in our day-to-day routine and our comfort zone. Oftentimes, children caught in the battle lose their sense of safety.

Expert Love Advice For How To Help Your Child Through Your Divorce

As a relationship expert, I look at celebrity divorces, such as the Duff-Comrie and Sweetin-Coyle cases, and see that they create an awareness of how to understand the effect of break-ups on our children. My expert love advice, whether you're dealing with a divorce of your own or someone close to you, is to focus on the kids. The following can help your child:

Related Link: Romantic Relationship Advice: From Roadkill to Recommitment

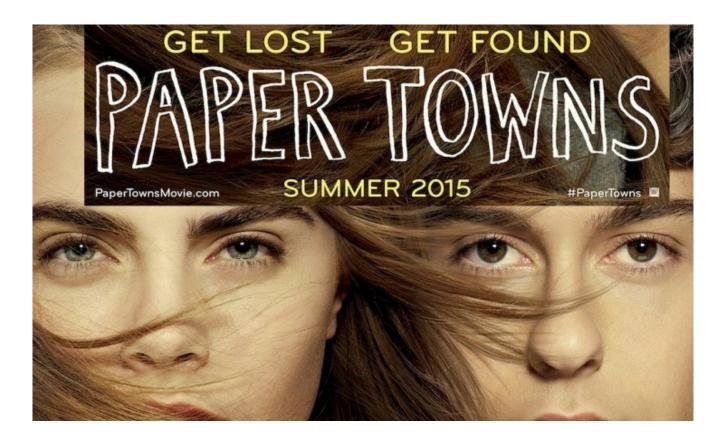
- 1. Don't "fix" feelings: Be there to listen to your child without trying to tell them how to feel. Every child is different and reacts to a divorce uniquely. The problem with emotions that are sad, negative, or painful is that we try to fix them. We don't try to change or fix good feelings. Remember that feelings are feelings.
- 2. Find a safe zone: Give your child a place to express any happy, sad, or painful emotions. You need to be able to listen, hear, and acknowledge their feelings. This safe zone also means not taking sides with the other parent.
- 3. Complete your own emotions: The world isn't perfect. Divorce happens. Every divorce is unique; your feelings are unique. Taking actions to complete your own emotions with your divorce will give you the ability to hear and listen to your children.

Debbie is a Certified Grief Recovery Specialist® and the author to the #1 bestselling memoir A Beautiful View, available on Amazon.com. A Beautiful View documents her journey through her husband's battle with cancer, which ultimately ended with his death. She has experienced grief firsthand and is well equipped to aid others in the recovery process, whether with death or divorce. For more information about Debbie and how to recover from your loss, please visit debbieceresa.com.

For more information about and articles by our Hope After Divorce relationship experts, click here.

Dating Experts Give First Date Tips





On this week's <u>Single in Stilettos</u> show, matchmaker Suzanne Oshima and dating expert Des O'Connor discuss first date tips for women.

Relationship Advice Video Reveals First Date Tips

Women often go on a first date and expect to have a connection right away. However, that doesn't always happen. According to this <u>relationship advice video</u>, these two dating experts believe that chemistry can grow over time. Don't decide if you'll go on a second date based on your initial feelings or lack thereof. If your date has potential, then plan a second date — you don't know where it will end up!

Related Link: Why Are You Single? Dating Experts Answer That Dreaded Question

As these relationship experts say, you need to have a plan in place when you go on a date. Make sure you don't talk too much

about yourself. Guys are turned off by that. Instead, ask questions and show an interest in what your date does. First dates are kind of like an interview process for a relationship and love, so make sure the date is interesting! When in doubt, just remember that you can't change a first impression.

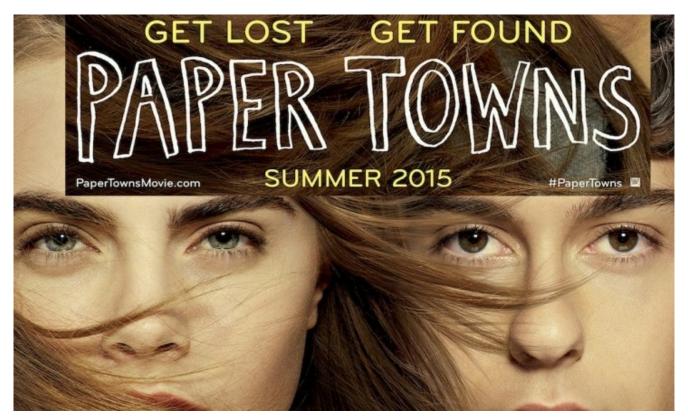
For more relationship advice videos and additional information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

What first date tips do you have? Tell us in the comments below!

Love Advice: How To Tell If a Guy Likes You





By Molly Jacob

Relationships and love can be very difficult, especially when you're not even sure where you stand with your crush or guy friend. Does he like you as more than a friend? Should you take your relationship to the next level by confessing your feelings? Let our dating advice help you out in this gray area of relationships and love.

Check out Cupid's love advice about how to tell if a guy likes you!

1. He finds every excuse to see you:

Sure, good friends want to spend a lot of time together. But in the area of relationships and love, a guy who is interested in a girl will find a reason, no matter how far-fetched, to see you. He's going to the grocery store and wants you to come help him get ingredients for dinner. He's shopping for a new pair of shoes and wants your advice. Dating advice: if it just seems like he can't get enough of your presence, he probably

has a major crush on you!

2. He approaches you:

This one is pretty self-explanatory: a guy who strikes up a conversation with a girl at a bar, bookstore, or the gym is obviously interested in her. But look at how your crush or guy friend communicates with you. Is he always the first person to text you? Does he always seek you out at parties? If so, take our love advice he may have a crush on you, too!

Related Link: Dating Advice: How To Get Out of the Friend Zone

3. He has positive body language:

With relationships and love, body language is everything. Things we might be too afraid to say can subconsciously appear in our physical gestures. Here are a couple signs he's into you: his pupils are dilated when he's looking at you, he leans close into you when you talk, he subtlety licks his lips when speaking to you or looks at your lips, and he points his feet towards you when you're both sitting down. All of these are indicators that his body is using to communicate his interest in you.

4. He's different around you:

Maybe you notice that he makes cruder jokes around his other friends, but says nicer things when he's alone with you. If he likes you, he could act nervous around you or appear to be trying to impress you. This may be a relationships and love sign that he's interested being more than just a friend with you. It's great love advice to see how he treats other women and reflect on how he treats you. This could give you a few clues about his true feelings for you!

Related Link: <u>5 Emotional Stages of a New Relationship and Love</u>

5. He gets jealous:

Next time you talk about a date you went on last week or your newest celeb crush, check out your real life crush. Does he seem to get upset when he hears you talking about other guys? Does he seem to be jealous or protective when other guys check you out? If so, he could be jealous because he likes you!

6. He teases you:

Most of us can remember a time where we were made fun in elementary school by a boy who thought it was so hilarious to sprinkle grass in our hair at recess. It wasn't until our parents gave us the early dating advice that those boys on the playground actually liked us and weren't just bullies. Although we think men have grown up since then, they really haven't changed all that much! A guy who teases you for silly things and is physical with you (touching your hair, playfully touching your shoulder) definitely likes you. Also, if he smiles and laughs a lot around you, that's a great sign that he might be into you!

How else can you tell if a guy likes you? Let us know by commenting below!