# Celebrity Wedding: Jamie Chung and Bryan Greenberg Tie the Knot





By <u>Jessica DeRubbo</u>

This past weekend, <u>celebrity couple</u> Jamie Chung and Bryan Greenberg celebrated their <u>celebrity wedding</u> at a surprise ceremony in Southern California, according to <u>Martha Stewart Weddings</u>. The pair's rustic-chic celebration began with a hilltop ceremony in front of 200+ guests and included personal vows, Jewish traditions, sunset cocktails and dinner. The

stylish bride dressed her bridesmaids in custom gowns and the groom handled all the music-related responsibilities.

# This celebrity wedding went off without a hitch! What are some ways to customize your wedding to make it unique?

#### Cupid's Advice:

Making your wedding unique and memorable is top of mind to quite a lot of brides. Cupid has some advice:

1. Personal vows: Writing your own personalized vows can really add a touch of sincerity to your wedding. It takes away the repetitive nature of most ceremonies and gives your guests something to remember. Plus, you'll be able to look into your partner's eyes as he or she bears their heart to you.

Related Link: Sofia Vergara Opens Up About Living with Fiance
Joe Manganiello and Their Celebrity Wedding Date

2. Hire a wedding band: A lot of wedding receptions have DJ's with a special playlist. There's absolutely nothing wrong with that, but consider adding a little something to your festivities by hiring a band to play instead. Sometimes this can end up being pricier, depending on who you hire, but it'll definitely add some pizzazz to your wedding reception which may otherwise not have been there.

Related Link: Social Media Etiquette for Your #Wedding Day

3. Custom design your dresses: If you're not stylistically inclined, this may not be an option for you. That being said, you might be able to still work with a designer to give him or her your ideas about the dresses you're looking to have made.

If you're trying to save money, perhaps you have a seamstress in your family who can be utilized in your time of need!

What are some other creative ways to make your wedding unique? Share your thoughts below.

# Dating Advice: Find Out If Men Really Want the 'Cool Girl'





By Abbi Comphel

When you ask many guys what they're looking for in a woman, they said they "just want the 'cool girl'." The problem is, everyone has their own opinion on what qualifications a girl must have to be the 'cool girl'. That being said, mostly this girl will be hot, smart, funny, and will love football. Of course, that's not an exhaustive list, and it totally depends on the guy in question. Maybe he is just looking for a girl who has a great personality and who will love him. The question is, do men really want the 'cool girl,' or do they want bits and pieces of multiple definitions of a 'cool girl'?

Cupid has some <u>dating and</u> relationship advice on what makes a

# 'cool girl' and what men are looking for:

- 1. Understanding: Guys are looking for someone who understands them. If they want to go out with their buddies for the night, they want you to be totally okay with that. They don't want a girl who is going to watch their every move and not trust them when they just want a night out with the fellas.
- 2. Healthy: They want a girl who looks good and has a nice body. That's a given, because being attracted to your partner is key in every relationship. Each guy has their own preference, but they are most likely looking for a girl who is healthy and loves her body just as much as he will.

Related Link: Dating Advice: 5 Ways to Keep Boundaries with Your 'Work Spouse'

- **3. Funny:** A great sense of humor is always a huge plus. They want someone who will laugh and joke with them. They don't want a girl who is going to get upset over a small joke. If you can dish the jokes back at them, then that is even better.
- **4. Smart:** A guy always wants a girl who has not only beauty, but brains. He will always be looking to see if you can keep a conversation and have the smarts to hold your own. He wants someone who he can have meaningful conversations with when the time comes.

Related Link: <u>Dating Advice: 7 Warning Signs That You May Be</u>
<u>Dating a Taken Man</u>

**5. Yourself:** Just be yourself. If you can be the best version of yourself, then that makes you a 'cool girl' no matter what. There is nobody else like you, and that is what will make you unique for special guys. Be confident with who you are and always strive to be happy.

What do you think qualifies a girl as being cool? Comment below!

### Relationship Advice: Living Together Doesn't Prepare You For More





In this week's <u>relationship advice</u> video, matchmaker and

dating expert Suzanne Oshima talks to relationship author Duana Welch about why living together doesn't prepare you for more. Check out their <u>dating advice</u> in the video above!

# Relationship Advice On Moving In Together

Although it might be quite shocking and contrary to popular belief, surveys show that moving in together actually won't benefit your relationship and love. It might even make it suffer. The experts say that those who move in together before marriage are more likely to get divorced and cheat on each other.

Related Link: Dating Advice Reveals What Men Really Want In A Woman

Experts say women may need some relationship advice that when a man asks you to move in, he isn't asking you to marry him. Without that commitment to marriage, men are less likely to propose and more likely to have an affair. If you end up moving in together before marriage, or before you've set your wedding date, you might end up playing at commitment, instead of fully committing.

For more relationship advice videos and additional information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

What do you think about moving in together before marriage? Tell us in the comments below!

# Celebrity Divorce: Source Says Halle Berry and Olivier Martinez 'Both Have Major Tempers'





By Abbi Comphel

Celebrity exes Halle Berry and Olivier Martinez filed for celebrity divorce on Oct. 27, and it seems things are not going as smoothly as they let on. A source told <u>UsMagazine.com</u> that Berry and Martinez had "non-stop fighting towards the

end." Apparently the two were very hot-headed and there was a lot of screaming and fighting. Hopefully this <u>celebrity</u> divorce will not be too bitter!

This celebrity divorce sounds like it came after some heated exchanges. What are some ways to tone down the fighting in your relationship?

#### Cupid's Advice:

Fighting with your significant other is inevitable. But there are ways around it to where you don't have to fight as often. Cupid has some dating advice on how to lessen the fighting in your relationship:

1. Keep calm: When any situation is taking place, be sure to hold your temper. Don't throw mean names at each other or yell. Spend more time trying to solve the situation and figure out what is wrong.

Related Link: <u>Halle Berry Filed for Celebrity Divorce from</u>
Olivier Martinez Under Alias

2. Talk things out: Start from the root of the problem and follow it all the way to the end. Make sure all loose ends are tied up. You don't want these fights to keep boiling up because of other things. Find the problem and fix it.

Related Link: <u>Halle Berry and Olivier Martinez Announce</u>
<u>Celebrity Divorce</u>

3. Take a break: Maybe taking a break from each other for a few hours or days will stop all the bickering. Time away can be a good thing. Being alone with yourself and clearing your

head is always a good thing.

What do you think are the best ways to lessen fighting with your significant other? Comment below!

### Dating Advice: Is Trick-or-Treating with Your Love Life a Good Idea?





Yes, it's that time of year again. Soon we'll have legions of little devils and princesses running high on sugar, banging on our doors and willing to put on their best act in the hopes of stocking up on more sweets. Quite frankly, we love Halloween. For us, it's an opportunity to bask in the excitement of the smiling faces at our door and share some love.

But when it comes to love, is Halloween a metaphor for what your love life has become? Could trick or treating describe the type of encounters you have with romantic partners? We have some dating advice for you.

If you keep attracting the wrong individuals or repeating the same mistakes in your choice of partners, you may be prey to the trickery behind this cast of characters and missing out on the treat:

#### The desperate treat beggar:

This one will keep his finger on your doorbell until you open the door… even if the lights are out! He is so needy, he'll do ANYTHING to seduce you—disguise his true self, compromise his values, lie, accept mistreatment, and more. This is a role nobody should ever take on. Disguising oneself to become loveworthy is not sustainable in a romantic relationship.

#### The deceiving treat giver:

This person appears to be nothing but giving, but she's only passing out rotten apples and stale candy. Do you know why? Because she loves the deception! She loves to cheat and

oftentimes she'll pursue more than one relationship at a time. Be wary, because this person can frequently be found offering her "treats" on multiple online dating sites.

#### The savvy treat seeker:

This one has a specific strategy to her treat collecting. You'll never see her knocking on a door with limited candy supplies. She's after the big, opulent, flashy treats—the full-size chocolate bars and the like. As a result, she will completely disregard more modest offerings, even if they were lovingly handcrafted for the occasion. Such treat seekers find instant gratification, but rarely end up in a fulfilling relationship.

#### The leveraging treat giver:

This guy gets a kick from negotiating and... he never stops! "Ok kids, who's willing to count to 100 for these two candies here?" And, once you've performed it, he cranks up his request! "Alright, now do it backwards." He's the perpetual "I'll give you this if you give me that" kind of person in his relationships. The ultimate "what's in it FOR ME!" kind of guy. Even if you like the looks of his treats, the question is, do you really need that?

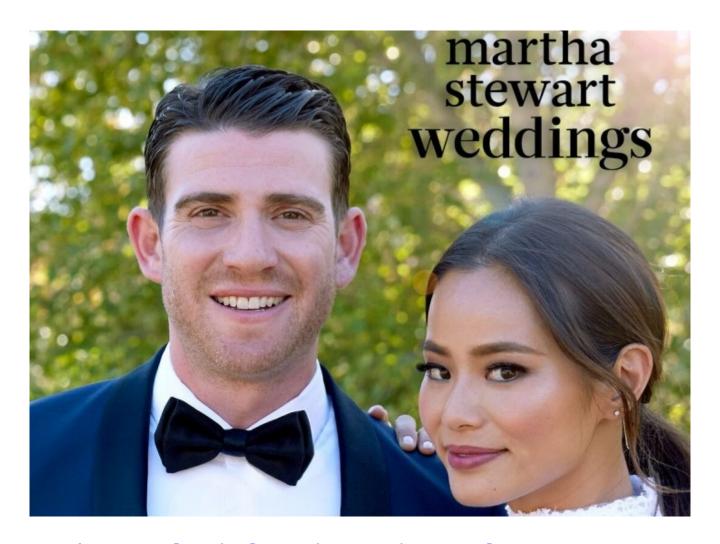
If you have known one or more of these characters, we have only one piece of advice to give you: Take control of your FEAR. Identify what it is that prevents you from slamming the door on these pretenders, and start to confront it. Don't fall for the same tricks or settle for mediocre treats. Otherwise, you'll end up trick or treating a lot more than just your love life.

Authors and relationship coaches Diane and Mario Cloutier found each other in 1998 after they both had experienced unfulfilling relationships. Their new book, Relovenship™ – Look Within to Love Again (Xclamat!on Media, 2015) gives inspiration, hope and a step-by-step methodology to people who have had romantic disappointments and are still looking to

find "the one." Mario Cloutier is founder and chief creative officer of Xclamat!ion Marketing. Diane Sawaya Cloutier enjoyed a successful career in managerial roles with Fortune 500 organizations before focusing fulltime on the couple's ReLovenship™ book and seminars. Learn more at www.ReLovenship.com.

# Online Dating Advice: When To Jump Back Online After A Breakup





By <u>E!'s Famously Single Dating Coach</u>, <u>Laurel House</u>
In this week's relationship advice video, relationship expert and E!'s *Famously Single* dating coach, <u>Laurel House</u> gives online <u>dating advice</u> for when to get back online after a nasty breakup

# Online Dating Advice After A Breakup From E!'s Famously Single Laurel House

If you're recently heartbroken and don't know when to get back out in the dating world, then this dating advice is for you. Relationship experts reveal that getting back out there doesn't always mean looking for a new relationship and love. You need time to be alone and heal, but going out, flirting, and feeling sexy is a necessary reminder that you're a hot

commodity.

Related Link: Relationship Expert Reveals What to Do Before
You Begin Online Dating

Moving on isn't always easy, so check out what steps to take after a breakup. First, you need to end social media relationships, because you don't want to see what your ex is up to. Then, you need to list all of the bad things about your former romance. It's too easy to fantasize about what used to be. Next, you need to refresh your look and do something that will make you feel good about yourself again. For the rest of the steps from *E!'s 'Famously Single*; star Laurel House, check out the video above!

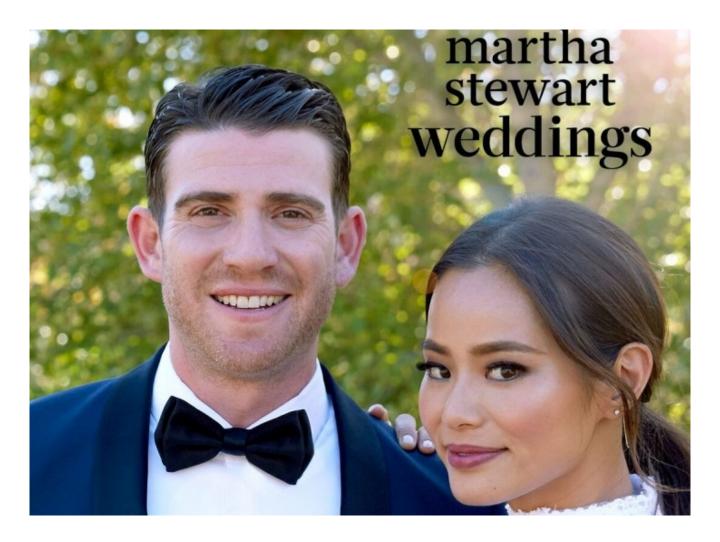
For more relationship advice videos from House, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

When do you think you should get back online after a breakup? Tell us in the comments below!

### Dating Advice Reveals What Men Really Want In A Woman





In this week's <u>relationship advice video</u>, matchmaker and relationship expert Suzanne Oshima talks to dating coach Arica Angelo about what men really want in a woman. Check out their <u>dating advice</u> in the video above!

### Dating Advice For Women: What A Man Really Wants

1. Respect. Respect can be shown by saying thank you and being grateful for the hard work a man puts into a date. Some women have a sense of entitlement and expect men to do certain things, but our dating advice is to be grateful and honor him.

Related Link: Relationship Experts Talk Capturing His Attention (in person!)

2. A woman who knows how to have fun. No one likes boring dates, with little interaction because it's such a turn off.

Listen to this love advice and when you're on a date, put yourself out there and have fun.

Related Link: <u>Dating Experts Reveal 5 Things You Need To Know</u>
About Men

**3. A bright woman.** Men love brilliant women, so communicate your brilliance. Don't be a narcissist or brag about your accomplishments, though. Men gravitate toward intellectual women, so flirt with your brilliance.

For more relationship advice videos and additional information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

What do you think a man really wants? Tell us in the comments below!

# Celebrity Interview: Lifestyle Coach Laura Baron Talks Relationship Advice





By Mackenzie Scibetta

If you're looking for guidance or direction in your life then listening to the unapologetic and uncompromising lifestyle coach Laura Baron may be just what you need. With a background in television, Baron has appeared on countless reality TV shows such as Bad Girls Club and You're Cut Off, giving contestants a taste of her own philosophy regarding career tips, relationship advice and family affairs. Baron is returning to the small screen as a relationship expert on Oxygen's new show Fix My Mom, which premieres tonight at 9/8 c, where she will tackle the issue of complicated mother-daughter duos who need serious help mending their bond. In our exclusive celebrity interview, Laura Baron offers her professional take on reality TV, dating and divorce.

# Timeless Relationship Advice from Reality TV Life Coach

In your experience, where have you found that women are most in need of a life coach? And, at what age do you feel this is most common?

My private clients range from late twenties to late forties. They're usually at a transitional point whether it be in a relationship and love, a job, or getting back to who they really are. A woman reminding herself of her true value is often the underlying theme. But any age and any time is the right time, as long as she's ready to do the work!

Related Link: Relationship Advice on Financial Infidelity

One of the mother-daughter groups faces a problem because the mother is dating younger men. What advice do you have for mother's who are on the dating scene and don't want to upset their children?

This shouldn't be about upsetting the children, this should be about setting expectations that EVERY member of the family deserves happiness. I don't subscribe to the idea that mother's should put their lives on hold to satisfy their kids. It's strengthening for kids to see that mom is also a woman and there is life outside of the family. They will grow up with less guilt that their mom sacrificed everything and less obligation to be her sole support. In the process, moms can have open discourse to assure their kids understand she's not looking to replace them or their father, but merely looking to add more love and support into their lives.

When is it the right time for a parent to start dating again after a divorce or tough break-up? And, how do they ease back into it if they have been out of the dating game for a long time?

The time is right when that parent feels ready. It's not about the action of going out to date, it's about the communication at home to make sure the kids feel safe and loved. They can ease back in by starting to have more social times with their same sex friends. Establishing a social life outside of the home is often the first hurdle parents have to get over. Then, get open and say hello.

We see it time and time again, women settle for second best and end up in unhealthy relationships. What is the one piece of advice you would give to someone to help them avoid or break this pattern?

To avoid getting in a toxic relationship, before you date others, date yourself. People who get into sub-standard relationships are looking to fill a need. Get honest with what you're working with, so you can both better take care of yourself and also look out for where you're letting someone in for the wrong reasons.

Related Link: Exclusive Celebrity Interview: Former 'Bachelor' Chris Soules Says His Dating Life is "Relatively Non-Exsistent"

What are three red flags (not obvious ones) that a woman can look for to know whether or not she is in a toxic relationship from the very beginning?

- 1. Pattern of control. Unhealthy partners want to control you and it usually starts small. You deserve authority over all decisions you make.
- 2. Rude behavior. How people treat others who cannot ultimately 'benefit them' (i.e. waitstaff) is who they ultimately are. Someone who is comfortable belittling or being rude to another human regardless of their perceived status is going to eventually treat you the same way.
- 3. Woman power. There are men who love women and men who do not. You can tell by how he talks about women, treats the women in his life, and ultimately how he treats you. Choose a

man who loves women, that simple.

## What is the best lesson viewers can take away from watching Fix My Mom?

Change is not limited to these women. Yes, they worked their tails off. Please allow that dedication to inspire you, that ANY RELATIONSHIP CAN HEAL, as long as both people are committed. And as long as women support each other ANYTHING IS POSSIBLE!

If you want to read more about Laura Baron or receive more advice then check out her website, www.asklaurabaron.com/ or follow her on Twitter @asklaurabaron and www.facebook.com/asklaurabaron. Don't forget to tune into Fix My Mom tonight on Oxygen at 9/8 c.

# Dating Advice: Dinner Date Dos and Don'ts





By Jessica Tom

For most of my career, I've been immersed in two things: love and food. For years, I was the Community Director at an online dating site, meaning I helped thousands of people in all things romantic. I'm also the author of Food Whore: A Novel of Dining and Deceit, a book about a young woman who secretly writes the New York Times restaurant review because the real critic has lost his sense of taste. Cue lots of drama.

So, I guess you can say I'm an expert in dining and early-stage dating. Dating while dining? Well, I have a couple thoughts on that.

### Here's some dating advice:

**Do:** Share some - if not all - dishes. It's more intimate. And, hey, if you like the person, you're sharing saliva anyway.

Don't: Eat off each other's plates. You're not a dog.

**Do:** Read up on the restaurant. A little background knowledge is a good thing and can help you both get situated.

Don't: Go overboard. You want some mystery.

Related Link: Date Idea: Feed Your Heart with a Sushi Sampling

Do: Have a drink to take the edge off and lighten the mood.

Don't: Test your limits. Tipsy is cute. Drunk, not so much.

**Do:** Order adventurously. Approach dates with an open mind ... and that includes with the menu.

**Don't:** Get something that's totally foreign. Maybe not the best time to get spicy alligator sweetbreads, ya know?

**Do:** Order courses that are subtly sexy: ricotta with honey and speck, dates stuffed with goat cheese, sticky toffee pudding.

**Don't:** Order cheesy "romantic" courses like chocolate fondue. (Though chocolate in general is always okay.)

Related Link: First Date Outfit Ideas: Dinner and Movie

Do: Tell him if you have a restaurant or cuisine in mind.

**Don't:** Try to run the show over multiple dates. Sometimes it's nice to be surprised (and let him do the surprising).

Do: Notice how he treats the waitstaff.

**Don't:** Pursue if he's an asshole to them, even if he's sweet to you. Red flag central.

Do: Get dessert!

Don't: Get so stuffed that you'll feel like a balloon about to pop afterwards. Especially if the restaurant isn't the last stop...

JESSICA TOM is a writer and food blogger living in Brooklyn. She has worked on initiatives with restaurants, hospitality startups, food trucks, and citywide culinary programs. She graduated from Yale University with a concentration in fiction writing and wrote the restaurant review for the Yale Daily News Magazine. Connect with her at www.jessicatom.com and @jessica\_tom. "Food Whore" is her first novel. Order it on Amazon!

# 10 Spooky Ideas to Strengthen Your Relationship and Love Life





By <u>Sarah Batcheller</u>

Halloween is one of the most anticipated holidays of the year. People of all ages decorate with faux-spider web, smear on face paint, and practice their best evil cackles, all in the name of an exciting fright! This is an especially thrilling time for lovers, who can not only comfort each other during the ghoulish hours of the night, but revel in the excitement of dressing up and going out. Many people spend the entire month of October building up to the suspense of Halloween.

Cupid has 10 pieces of spooky <u>relationship advice</u> you can use to strengthen your relationship

### and love life!

- 1. Carve a pumpkin: The scarier, the better! Witches and ghosts don't seem so bad when they're etched into your favorite fall vegetable. Plus, you and your sweetie can add your own touch of personality to your décor- like funny eyes or a great, big smile- truly making it your own.
- 2. Bake a pumpkin pie from scratch: Only the most talented bakers make their desserts from scratch. It can be a long process, but it sure is a fun one, and the results are definitely a sweet reward!
- 3. Attend a fall festival: Think of it like a carnival date, but with creepy mirror houses and other activities and games. Usually, there are markets to purchase your favorite autumnal treats. You can easily research online a local Fall festival that your city is hosting.

Related Link: Date Idea: Look into Your Future

- **4. Enter a costume contest:** A little competition may be just the trick (or treat!) for you and your lovebird to get into a team spirit. It's also an excellent way to show off your personality as a couple.
- **5. Have a horror movie marathon:** It's the best excuse for snuggling (as if you need one!). You can opt for classic childhood flicks, or ultra-haunting thrillers. Either option is sure to set the spine-tingling mood.
- **6. Create a haunted house:** Deck out your house in horrifying gear, getting it ready for ghoulish guests. Not only will it make for a great way to get creative together, but you can involve your friends and neighbors in your favorite holiday.

Related Link: <u>Top 10 Celebrity-Inspired Halloween Costumes</u>

- 7. Have a haunted tour: Research stories about hauntings in your area, and go scope out the scenes. You and your sweetie can explore places, like haunted houses or woods, with particularly spooky myths attached. Just be sure to use the buddy system, and: no trespassing!
- 8. Tell stories around a bonfire: There are more ghost stories in the world than anyone can count, so bundle up by a nice, warm fire, and see who can tell the scariest ones. Plus, it's a great way to stay warm at the end of October.
- **9. Host a haunted game night:** Add an eerie twist to your favorite board games, and have your friends over for a fun evening. Not only can the two of you bond over planning the night, but you can have plenty of laughs with your favorite pals.
- 10. Last but not least...The Classic: Trick-or-Treating! By now, you're probably too old to dress up and go knocking on neighbor's doors. But, you can dress up and greet all the little goblins and superheroes who come your way. Whether you prefer handing out sweet treats or healthy snacks, the trick-or-treaters are sure to gobble it all up...let's just hope no one's appetite is spoiled before Thanksgiving!

What are some other spooky ideas to strengthen your relationship? Share your thoughts below!

# Dating Advice: First Date Fashion Do's And Don'ts





By Lori Zaslow and Jennifer Zucher for <a href="Project Soulmate">Project Soulmate</a>

A first date is just as important as a first impression, so things like introduction and attire really count. The introduction and conversation aspect comes with the territory, but sometimes it's tough to decide what to wear to the occasion. What do you wear on a date night? It's important to look good, but it's also important to not appear like you're trying to hard. So as relationship experts, here's our dating advice and tips on do's and don'ts of fashion when going on a first date.

### Dating Advice On First Date Fashion

#### Do: Wear something flattering

This may be an obvious one, but you'd be surprised how many people miss this memo. It's important to look your best and in order to do so you should always wear something that fits your figure; not too tight, but not too baggy. Most importantly, make sure you're comfortable in what you're wearing because it will make you feel better when you're out on the date knowing that you like the way you look.

#### Don't: Wear something too flashy

Flattering is chic, flashy is trashy. Don't be that girl that shows up to a date in a low cut shirt or sequins all over your outfit. A man may appreciate your womanly features, but it's the first date and you should leave something to the imagination. This is essential because you want his first impression of you to be classy, responsible, and someone he can picture himself in a relationship and love with.

Related Link: Expert Dating Advice: 5 Signs He's Mr. Now and Not Mr. Right

#### Do: Lipstick

Not only is lipstick very in right now, but it also screams classy with a hint of sexy. Lipstick is the perfect make-up "do" because it balances your face in a way that compliments every woman. So, wear some lipstick to the first date, but make sure you find the right color for both your complexion and the outfit you're planning to wear!

### Don't: Get too crazy with your make-up

Historically, men aren't huge fans of crazy amounts of make-up on a woman. That being said, women love make-up, so you do you and wear what you please, but just remember that the "natural

look" is classic and looks really nice. So, our dating advice is wear the "natural look" for the first date because it's a win win.

Related Link: Expert Dating Advice: 5 Surefire Signs He's Into You...or Not

#### Do: Wear cute shoes

Who doesn't love shoes? The first date is the time to pull out your really nice shoes whether they're your nicest boots, your brand new stilettos, or a cute bootie you just bought. The right shoe will pull your whole outfit together and he's going to appreciate that you're putting your best foot forward to look great for him.

#### Don't: Wear shoes you can't walk in

This is important. Shoes are like a Venus fly-trap. They suck you in with their beauty and then slowly kill your feet with pain while you wear them. I don't care how pretty the shoe is, if you can't walk in them or you're going to be complaining the whole night about how your feet hurt, DO NOT WEAR THEM. He wants to know that you are having a good time and I can guarantee he will be able to detect the pain on your face when you wince every time you walk, which will just bring the mood down for both you and him. So, our love advice: When looking in your closet to pick a pair of shoes, pick the pair that is cute, but provides a certain level of comfort so that both you and your guy can enjoy your night to the fullest.

Relationship experts Lori Zaslow and Jennifer Zucher are BRAVO TV's Love Brokers and founders of <u>Project Soulmate</u>, a high-end New York-based matchmaking company.

# Relationship Advice On Financial Infidelity





By Toni Coleman

While celebrity news cites irreconcilable differences as the final blow for <u>celebrity divorces</u> such as Brandi Glanville of "Real Housewives of Beverly Hills," actress Kaley Cuoco, and celebrity chef Giada DeLaurentiis, it doesn't take long for the matter of money to surface as part of the proceedings. Whether finances are openly discussed as an asset to a healthy relationship and love, or used as fodder when your vows start falling in the red, money is an integral part of any marriage.

# Relationship Advice On Handling Money Issues

If you're concerned about how you and your partner communicate about money, pay attention to the following relationship advice. Watch for these four warning signs of financial infidelity.

1. You never sit down and talk specific numbers. After two people are married, their lives become intertwined. Their home and individual possessions essentially become the property of both. And ideally large purchases, investments, and decisions regarding long-term financial goals are decided jointly. But what if a couple never discusses a budget or decides how they will handle savings and investments? That answer is usually that you're both too busy, one of you is better with money and handles all the bills without the input of the other, or you each handle your money in your own way. If any of these are true you could be on a slippery slope. Continuing down this path could lead to important financial decisions being made without the knowledge or consent of the other, which constitutes financial infidelity.

My relationship advice is to address this by sitting down and listing all your income and expenses. Then, decide on a budget that covers joint expenses while also allowing each of you a discretionary pot of money that only you control. Every few months conduct a joint review to assess how your system is working and make adjustments as needed. Handling it this way allows you both some autonomy but not at the expense of your marital financial health and happiness.

Related Link: Bethenny Frankel Calls Money 'the Root of All Evil' in Split with Celebrity Ex Jason Hoppy

2. Discussing finances becomes heated and defensive. What happens if you agree to sit down and talk about your finances

and one of you reacts with defensiveness or anger because you feel you're being accused or challenged in some way? When you attempt to talk it through, do the words "yours" and "mine" get used too often? Does it ever feel like money is a taboo subject that you shouldn't really be discussing at all because it often leads to hurt feelings or conflict? If any of these sound familiar, you're at risk of ending up with no financial plan, which often leads to impulsive, short-sighted, and costly choices. When this happens, partners can begin to focus on protecting their share of the assets, which increases secrecy and contributes to a further breakdown of cooperation and an increasing loss of intimacy. The way to address this issue is to decide together that continuing to avoid the problem is not an option. Then you may need to seek out resources to help if you continue to be unsuccessful in your attempts to resolve it on your own. Try talking with an experienced counselor or a financial planner.

Related Link: <a href="Expert Love Advice">Expert Love Advice</a>: <a href="Handling Debt & Credit">Handling Debt & Credit</a>
Scores Post-Divorce

3. Large purchases are hidden. When there is a breakdown in cooperation and a loss of intimacy, secrecy flourishes. These conditions create an environment in which partners can begin to act autonomously and in their own interest, hiding large purchases as they tell themselves they have no other option. Over time, one partner can run up huge amounts of credit card and other debt, liens are placed against the home due to unpaid taxes, and properties go into foreclosure—all happening without the knowledge or consent of the other partner. Yes, these are all examples of worse case scenarios, but they happen with alarming frequency. The solution is open, honest communication—again seeking out competent, experienced professionals when needed.

Related Link: Child Expenses After Divorce

4. You discover a secret bank account or PO box. When one

partner is being secretive, the other one usually senses something is up and begins to pay closer attention. This is often when the discovery of a secret bank account or PO box is discovered. Sometimes the partner happens upon the information as they're attempting to get a better handle on the couple's bills and complete paperwork. Either way, it not only spells serious trouble, but it also says that the problem has been going on for some time and has most likely reached a serious stage. It is at this stage that large secret purchases, huge debt or liens and potential foreclosures come to light.

When you hear about money being the number one reason for divorce, this is why. Because so much damage has been allowed to occur, the solution will be more complicated and costly in terms of money, time, and marital goodwill. Immediate crisis intervention is needed, which consists of professionals who can help the couple triage their debt, cut their expenses, come up with a payment plan—and continue in their home and adjusted lifestyle if possible. When a couple finds themselves here, they must act quickly and work towards a new normal. Otherwise the financial consequences can be dire and the marriage un-salvageable.

You have worked hard to build your financial security. Don't allow it to collapse by falling victim to poor financial decisions by someone you love and trust. By watching for signs of financial infidelity, you can be sure your wallet is protected as well as your heart.

Toni Coleman is a licensed psychotherapist, certified relationship coach and internationally recognized dating and relationship expert and founder of consum-mate relationship coaching. She is frequently quoted in many local and national publications and top ranked dating and relationship websites and has been a guest on a number of radio and TV programs seeking to provide their listeners with her cutting edge expertise. She is a regular contributor to Hope After Divorce and HealthyLiving.care.

For more information about and articles by our Hope After Divorce relationship experts, click <a href="here">here</a>.

# Relationship Advice: How To Get A Ring On THAT Finger!





On this week's <u>Single in Stilettos</u> relationship advice video, matchmaker Suzanne Oshima and dating expert Tinzley Bradford talk about how long you should wait before you get engaged.

# Dating Experts Give Relationship Advice On When To Tie The Knot

Have you been in a relationship and love for a few years and he still hasn't proposed? It seems like we've all been there, but don't fret because the experts have this <u>relationship</u> advice: It's okay to ask him and talk to him about it! If you've been together for 2-4 years, then it's time to have a talk. Don't waste your time when you're dating, because if he likes you, he should put a ring on it.

Related Link: <u>Dating Experts Reveal 5 Things You Need To Know</u>
About Men

You also want to make sure you never give a man an ultimatum and you value what he wants. Marriage is about compromise and it's about both of you, so you need to have a discussion about it. Learn about where both of you are regarding the idea of marriage, whether you're comfortable financially or even at your career. You never want to force someone into marriage. Listen to this relationship advice, because if he's dodging the talk, that could be a red flag that maybe he isn't ready for marriage.

For more relationship advice videos and additional information about Single in Stilettos shows, click <u>here</u>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

How long should you wait before getting engaged? Tell us in the comments below!

#### Relationship Striking Conversation

#### Expert Talks Up Party





By <u>E!'s Famously Single Dating Coach</u>, <u>Laurel House</u>
In this week's <u>relationship advice</u> video, relationship expert and <u>E!'s Famously Single</u> dating coach, <u>Laurel House</u> talks about how to start a conversation at a party. Her dating advice is simple: Dig in and reveal yourself.

#### E!'s Famously Single Dating Coach Gives Top Tips For Party Conversation

When you go to a party and see someone really hot standing across the way, how do you casually start a conversation? The relationship expert empathizes that finding a point of entry can be difficult. The first step is to overcome your nerves! Harness them and get your adrenaline pumping so it empowers you. You want to walk up confident in how interesting you are.

Related Link: Dating Expert Says Look For What You Need, Not Want!

Once you find the confidence to approach the hottie across the way, you'll want a few topics to discuss. For example, if you're a foodie, talk about the food being served at the party. Or be a bar fly and talk about cocktails. Either way, relationship experts, whether from *E!'s Famously Single* or not, say you'll want to show a passion of yours and reveal something about yourself. Remember to dig deep and get past the surface if you want a relationship and love.

For more relationship advice videos from House, click <a href="here">here</a>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> channel.

How do you start up conversation at a party? Tell us in the comments below!

## Expert Dating Advice: How To Impress Her Dad





By David Wygant

So you've met somebody you really care about. You've exchanged the "I like you's." You might have even exchanged the "I love you's." You're talking about a future — or at least something to do next month. And then all of a sudden she says, "My parents are in town this weekend, and I'd love for you to come to dinner with us."

## David Wygant Shares Expert Dating Advice to Impress Her Dad

You've heard all about her mom, and you think, "She's a mother; mothers are easy." All you need to do is flirt with her the same way you flirted with her daughter. Well, not exactly the same way, but mothers always want their daughters to find a relationship and love. Mothers are always looking at the man the daughter brings home, and as long as he's well-behaved and dresses well, you're fine.

Related Link: How to Meet a Man on Halloween

But what about the father? You've heard she's a daddy's girl. You've heard that her father is really difficult, and you've heard many other intimidating things about him. How do you impress the dad? According to my expert dating advice, it comes down to this: The father is always the toughest one, especially if he was a good dad and his daughter was his princess. He's going to want to make sure that the man she picked is strong and confident.

I have a daughter. She's far from dating age, but the way I am bringing my daughter up is the way I want a man to treat her. I want him to listen to her. I want him to respect her. I want him to allow her to blossom and grow. And that's what it's all about.

When you meet the dad, he's the one that is going to have his eyes glaring at you like an eagle on top of a mountain. He wants to make sure you're good enough for his little girl. In his eyes, she will always be his little girl. You are going to need to impress him, and doing that is very simple.

If she's serious about you, he wants to know what your life action plan is, how motivated you are, and how much money you make (without bringing up the number). Maybe you want to become an entrepreneur. Talk about your job. Talk about

everything in the positive. He wants to see a motivated man because, if you're the guy that is going to give him grandchildren, he wants to make sure you're going to be able to support them all when she's barefoot and pregnant.

Be a gentleman. Open the door for her. Hold her hand. Treat her with respect. Smile when she talks. Have eye contact. Find out how he wants to be addressed. For instance, if he's a military man, he might want to be called sir.

#### Related Link: How to Make Your Girlfriend Feel Beautiful

Share your stories. Share your sports interests. Is he into fantasy football? What's his favorite sports team? It's all just bonding. Learn about his business ahead of time. Research some things to help you make conversation. It's all about making a connection. Find ways to bond with him because, deep down, he's just a guy.

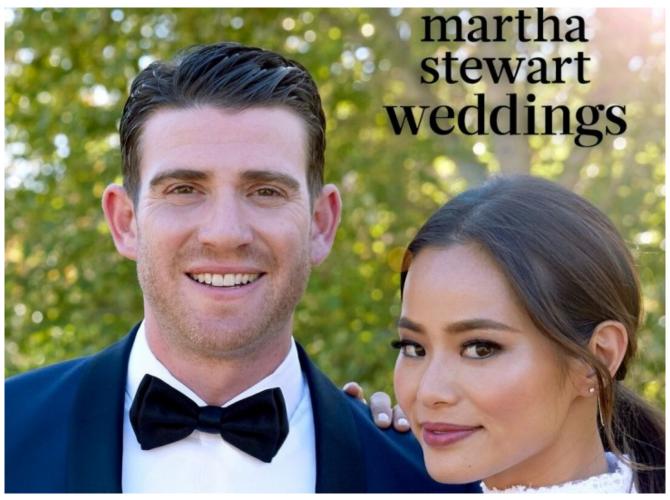
At the end of the day, it's all about the way you treat his daughter in his presence and your life goals. That's what going to make a father feel comfortable about the man in his daughter's life.

David Wygant is an internationally-renowned dating and relationship expert, author of the book Naked, and speaker. Through his boot camps, personal coaching, and his website, his love advice has transformed the relationships and love of hundreds of thousands of people from every corner of the globe.

For more expert dating advice from David, click <a href="here">here</a>.

Exclusive Celebrity
Interview: Former 'Bachelor'
Chris Soules Says His Dating
Life is "Relatively NonExsistent"





Interview by Lori Bizzoco. Written by Katelyn Di Salvo.

It sounds like <u>Chris Soules</u> found his true love…in farming! The star of <u>The Bachelor</u> season 19 truly stepped out of his

comfort zone during his stint on reality TV, going from being a farm boy to a celebrity overnight. On the finale episode, he proposed to Whitney Bischoff, but just seven months later, the famous couple announced their celebrity break-up. Now, he seems to be finding solace in his farm.

## Former *Bachelor* Talks Farm Life in Our Exclusive Celebrity Interview

In our <u>exclusive celebrity interview</u>, Soules shares that, prior to his time on reality TV, he had never left Iowa for more than 10 days. Suddenly, he was gone for two months to film *The Bachelorette*, another two months for *The Bachelor*, and *another* two months for *Dancing with the Stars*. After his third stint on television, he took a step away from Hollywood — and he couldn't be happier. "It's been good to get back home and do what I love," he says. "Going on all these reality shows and being some what disconnected from the farm was pretty unusual for me."

Related Link: Former 'Bachelor' Chris Soules Spends Time with Family in Iowa Post Celebrity Break-Up

The former *Bachelor* describes being a pig farmer as an "intense labor of love," explaining how, as a farmer, you never truly have a day off because the animals and crops always need care. We only hope that he can give a lucky lady that level of devotion someday!

Recently, Soules was a judge on the National Pork Board, and he introduced us to the winner of this year's First Annual America's Pig Farmer of the Year Award, Keith Schoettmer. Schoettmer reveals his approach to farming, saying, "It starts with our responsibility of the farm, which we take very seriously. We properly care for these pigs everyday, and while we're doing that, we're not losing sight of the people we work

## Reality TV Star Opens Up About His Relationships and Love Life

Soules has been on a roller coaster ride for the past year when it comes to his love life. The celeb went from trying to win the heart of Andi Dorfman on The Bachelorette to having his pick of 30 women on The Bachelor to being engaged to Bischoff...to being single again. With that said, relationships and love are the last thing on his mind right now. "My dating life is relatively non-existent... After dating 30 some-odd women and being engaged and going through that whole process, it's been nice to just kind of get back to normal," he explains. "Eventually, I'll get back in the dating rink." He adds that he and his celebrity ex still keep in touch and are "good friends."

Related Link: 'The Bachelor' Winner Whitney Bischoff is Casually Dating After Celebrity Break-Up from Chris Soules

In our exclusive celebrity interview, the reality TV star admits that his approach to dating hasn't really changed since being on *The Bachelor*. "There's not a lot of changes I'll probably make. It's still just about finding the right person, someone who appreciates the farming life and also the finer things in life," he shares. He believes that finding love this time around will be a little easier since he is "out there," confessing that there are a lot more women interested in dating him now.

## Chris Soules Shares Dating Advice for Upcoming *Bachelor* Ben Higgins

Soules recently met the newest *Bachelor* Ben Higgins and says he's a great guy. He wishes him the best of luck on the

reality TV show and adds, "He deserves it. He's a stand-up guy, and he's what the show is all about, I think. He's truly trying to find somebody, so hopefully, that happens for him."

Of course, the former *Bachelor* had some dating advice to share with Higgins: "The main advice that I gave him was to make sure you take each relationship that you have with those girls very seriously and make sure they feel as comfortable as possible... In order to have a real relationship develop, those girls need to feel like they're the only ones involved in the relationship."

Related Link: Former 'Bachelorette' Trista Sutter Defends 'Bachelor' Franchise After Chris Soules, Whitney Bischoff Split

Despite his return to farming, Soules hasn't completely said goodbye to reality TV just yet. You can catch him on the latest season of *Worst Cooks in America* on The Food Network. He explains that, although he may be good with a grill, he's not so great in the kitchen!

Keep up with Chris on Twitter @SoulesChris and www.instagram.com/souleschris/!

## Beyonce Proves Celebrity Relationship with Jay-Z is Still Solid with Sweet Pic





By Abbi Comphel

Celebrity couple <u>Beyonce</u> and Jay-Z recently proved that they are still crazy in love. According to <u>UsMagazine.com</u>, Beyonce posted a picture of Jay-Z giving her a sweet kiss. They have been enjoying a nice summer vacation together. Beyonce has posted quite a few pictures of herself and her love together enjoying the sun and sea out on a boat. It seems that their <u>celebrity relationship</u> is stronger than ever!

This celebrity relationship has a solid foundation. How do you continue to build a solid foundation for your relationship?

Cupid's Advice:

At first, a relationship seems fun and easy-going. Cupid has some dating advice on how to keep your relationship fun and easy-going. Here are some ways to solidify your foundation even further:

1. Get to know each other: There are still so many things you may not know about each other. So, find out what those things are. Spend time asking questions and really listening to one other.

Related Link: Celebrity Couple Paris Jackson and Chester
Castellaw Look Happier Than Ever

2. Common interests: Find things that you both enjoy. Do you like the same movies? How about going on adventures? You are sure to have many things in common, so enjoy them together.

Related Link: <u>Celebrity News: Whitney Port Celebrates Luxe</u>
<u>Bachelorette Party in Mexico</u>

**3. Core values:** Find out what you both believe in. You will each have different values, but you can find out what they are and fit them together. Then, if things ever do go wrong, you can remind each other of those core values.

What do you think are some good ways to build a solid foundation for your relationship? Comment below!

## Dating Experts Reveal 5 Things You Need To Know About

#### Men





On this week's <u>Single in Stilettos</u> relationship advice video, matchmaker Suzanne Oshima and dating expert Robert Manni reveal the five things women need to know about men when they're dating!

Dating Expert Reveals Relationship Advice: 5 Things You Need To Know

#### **About Men**

- 1. Men are sexually wired. They think about sex a lot. But, the dating experts say just because he thinks of it, doesn't mean that's his only intent.
- 2. What you see is what you get. Men say what they think and are straightforward. You can tell a lot by his demeanor, sense of humor, and how he dresses. Unless he's a player. The experts relationship advice is to sort through the players and genuine guys.

Related Link: Relationship Experts Talk Capturing His Attention (in person!)

- 3. Patronizing women. A lot of men tell women what they want to hear, with sex in mind. Women have to be careful and sort out if what they're hearing is true.
- **4. Men are driven by fear and ego.** Men are competitive with each other and are ultimately loners. They don't confide in each other and are left to sort things out on their own. Men have a fear of losing rather than the desire to win.

**Related Link:** Expert Dating Advice: How to Make a Relationship and Love Work

**5. Men want a solid relationship and love.** They are looking for something reliable. Men want a woman who is attractive and a friend they can confide in.

For more relationship advice videos and additional information about Single in Stilettos shows, click <a href="here">here</a>.

For more videos from CupidsPulse.com, check out our <u>YouTube</u> <u>channel</u>.

What do you think women need to know about men? Tell us in the comments below!

#### Author Jennifer Scott Shares Timeless Lessons of Poise and Dating Advice in New Madame Chic Book





Interview by Whitney Johnson. Written by Mackenzie Scibetta.

Watching a grown woman yank on another woman's hair while wearing a skin-tight dress and holding a cocktail is the

opposite of what it means to have poise, but as we know from the latest celebrity news, it is neither surprising nor uncharacteristic in our society. In fact, it is almost commonplace for women these days to have a lack of grace and dignity. Lucky for us, relationship author and blogger Jennifer Scott recently released her third book in her Madame Chic series dedicated to this topic. In *Polish Your Poise with Madame Chic*, she serves us a guide to a classy and elegant lifestyle and also sprinkles in some dating advice.

#### Relationship Author Shares Her Tips for Having Poise

First, can you define poise for our readers?

There are five main characteristics that make up poise: confidence, composure, compassion, presentation, and being present. Confidence is really just about feeling comfortable in your own skin and owning who you are. Composure is so important and hard, especially in a difficult situation where someone is pushing your buttons. There are so many encounters where we could use composure to our benefit. As for compassion, that asks us to think about someone other than ourselves, which is a major part of having poise, especially in our narcissistic society. Also, how you present yourself — not just your clothes but how you behave — can say a lot about you. Making eye contact, speaking clearly, and dressing in your own true style will help. Lastly, being present means not getting stuck in your own head and worrying about the future. Instead, seize every moment you have.

Related Link: <u>Most Popular Girl in New York City Shares Online</u>

<u>Dating and Relationship Advice in New Book</u>

What celebrities come to mind when you think about poise?

I love Rachel Bilson because she doesn't have a big presence

on social media, which says a lot about her. Other celebrities that I love are Natalie Portman, Michelle Williams, and Kirsten Dunst because they all posses a lot of grace. And of course, Audrey Hepburn is still an icon even so many years after her death.

An obvious choice for someone who needs to work on their poise would be <u>Miley Cyrus</u>. She's trying too hard to shock people, and that's not going to last long-term.

#### What was your favorite chapter to write in *Polish Your Poise* with Madame Chic?

I loved the presentation and style part because it is so valuable. People assume style is superficial, but it's not! It's simply about presenting yourself well with dignity and respect. I always encourage my readers to find their own style. You see people on the streets wearing black yoga pants everyday with an old t-shirt, and it's rancid.

#### In what aspect of their life do you find young women need to work on their poise most?

I think they struggle most with finding their place in the world and learning how to carry themselves. It's hard in our society, especially with celebrities focusing on the wow factor; young women start to think they should behave like that too. They're acting anti-establishment because it's the popular trend right now. Instead, young women should really think about how they present themselves and what their choices say about who they are.

## Jennifer Scott Provides Dating Advice For Those Lacking Grace

Now for some dating advice! What suggestions do you have for women going on a first date?

First, I think that dating should be taken seriously. You shouldn't just accept any invitation! Next, dress beautifully and in a respectful way because you want to attract the right kind of person. There's no need to be overly sexual to try and get the guy interested in you. Also, when you're in conversation with him, don't spill your life story. Instead, show that you're well-read and discuss current events or books and movies that you enjoy. Make him see that you're an interesting person.

#### Any tips for someone meeting their partner's family for the first time over the holidays?

This is where poise can be your secret weapon. Make sure to dress respectfully, make good eye contact, shake hands, and bring a gift for the host. Show them what a dignified young lady you are by really being present and engaged. And no matter what, do not play on your cell phone the whole time!

Related Link: Relationship Author Dr. Tara Fields' Love Advice: "The Happiest Couples Don't Necessarily Have More or Less Conflict"

#### How can a woman maintain her poise post-breakup?

It's really easy to maintain poise in the good times, but it's even more important to maintain it in the bad times. Always pause when you're agitated and do not jump on social media. Keep things private, both good and bad. Additionally, don't let yourself go into a funk of wearing only sweatpants. Pull yourself together to help keep that positive attitude.

### Lastly, as a working mom, do you have any tips for our readers who are struggling to balance their family life with their career?

Set your priorities. Family is the main focus for most women, so when you come home from a long day of work, make sure to spend time with your spouse and kids. Whatever precious time

you have with them, be present and make it count.

Polish Your Poise with Madame Chic is available on Amazon. If you're looking for more from Jennifer Scott, check out her blog Daily Connoisseur!

# Dating Advice: 5 Ways to Keep Boundaries with Your 'Work Spouse'





By Katie Gray

The concept of having a "work spouse" is becoming more and more common in the workplace. In this day and age, people are typically working more hours than they used to. This means that they are also spending more time with their co-workers, which includes the opposite sex. This type of relationship is similar to having a real spouse — it's someone to support you through life, but without the sexual benefits. Vault.com conducted a survey among a diverse range of industries and found that out of the 693 people surveyed, 32% said they have or have had previously, a "work spouse." This type of relationship is on the rise!

Cupid has some <u>dating and</u>

#### relationship advice on how you can keep boundaries with your work spouse:

- 1. Don't share too much personal information: While at work and interacting with your work spouse, don't overshare personal information. It's important to keep the relationship light and happy. If you overshare things from your private life, the relationship won't be strictly professional anymore. Be personable without crossing the line.
- 2. Don't go out drinking together: Dr. Phil's advice on this subject is, "Don't drink with your work spouse. When you drink, boundaries get blurred." Therefore; keep the relationship professional and no conflicts will arise.

Related Link: 5 Ways To Know Your Partner Is Lying To You

- 3. Be honest: The most important thing is honesty when it involves this topic. Make sure your work spouse is aware if you have a real spouse or significant other. If you do, be sure to tell your partner about your work spouse as well so there are no secrets. Sources say that it's good to even have them meet, so there is no room for paranoia or tension.
- 4. Avoid frequently talking about your work spouse at home: Although you love being around your work spouse and have many inside jokes and stories, it's best to avoid talking about them too much at home. There needs to be a distinction between your work life and your home life. It could potentially hurt your partner's feelings if you bring up your work spouse too much. However; it's good to casually mention them and share information.

Related Link: Relationship Advice: Marriage Survival

5. Communicate appropriately: Even if your work spouse is your

favorite co-worker by far, make sure that you are still communicating and interacting with other employees. This way it won't seem like you and your work spouse are exclusive and like a clique. Your fellow co-workers and the people in your personal life should all be aware of this strictly platonic relationship in the workplace. With effective communication, everyone will remain on the same page.

How have you maintained boundaries with your own work spouse? Share your stories below!

# Celebrity Couple Paris Jackson and Chester Castellaw Look Happier Than Ever





By Mackenzie Scibetta

Paris Jackson, the only daughter of Michael Jackson, was seen looking radiant while out and about in Malibu with her boyfriend, Chester Castellaw. As <u>UsMagazine.com</u> reported, the <u>celebrity couple</u> began dating in April and haven't slowed down since, only expressing more and more adoration for one another. This <u>famous relationship</u> brings hope to young love as Jackson and Castellaw are only 17 and 18 years old, respectively. Jackson's guardian, TJ Jackson, expressed signs of approval while also warning and giving love advice to other parents to "keep a close eye".

#### Cheers to this celebrity couple! After tragedy, what are some ways

#### to cheer your partner up?

#### Cupid's Advice:

Not all of us have to deal with a tremendous loss like Paris, losing her father Michael Jackson at the tender age of 11. However, we all face troubling situations and must learn how to conquer them. What's harder than overcoming our own struggles? Helping your partner find happiness again after difficult circumstances. Cupid is here to help you navigate through tragedy to cheer your partner up:

1. Do something they've always wanted to do: You know that one thing on their bucket list that they always say they'll get to doing but never actually do? Go do it with them. Take them on an adventure and check off items from their bucket list to encourage happiness.

Related Link: Celebrity News: Bindi Irwin Makes First Red Carpet Appearance with Boyfriend Chandler Powell

2. Get out of the house: After an appropriate amount of time your partner will need to stop sulking. You need to push your loved one away from misery and into a world of new experiences and fresh memories. Take them out of the house and go exploring, eat at a new restaurant, see a movie, or do anything to help create new memories to push out the negative ones.

Related Link: <u>Celebrity Couple Sandra Bullock and Bryan</u> <u>Randall Share Cozy Moment in New Photo</u>

3. Be there to talk to, but understand when they need space: Always remind your significant other you're willing to listen to their problems, but don't push them into telling you anything. Some days they will need their private time, so take note of that and do not get offended. When they have these days, offer to make them soup or rent them a movie.

Emphasizing that you're there when they need you is a big comfort.

How do you like to be cheered up when you're having a rough day? Comment below.

Celebrity News: Rob Kardashian's Ex Adrienne Bailon Says 'He's a Great Guy'





By Mackenzie Scibetta

At an event for Latina magazine, Adrienne Bailon kept the tabloids on their toes when she didn't technically deny recent celebrity news that she was back with her past love Rob Kardashian. According to UsMagazine.com, when confronted with fans asking about their rekindled romance, Bailon replied, "It is what it is". The celebrity dating rumors continue as she added, "He's a great guy and I always wish him well". The famous couple dated for two years in 2007, but had a rough celebrity break-up after Bailon got into a social media fight with his sisters Kim and Khloe Kardasian.

## This celebrity news is a good thing in the wake of rumors surrounding

## Rob Kardashian. What are some ways to keep rumors from affecting your self-confidence?

#### Cupid's Advice:

While gossip can often seem trivial and childlike, it can actually do serious damage to a person's mindset. Once you realize that rumors are simply designed out of boredom, confusion, and jealousy then you can move on and focus on yourself. Overcoming and ignoring rumors is a step towards mental peace. Cupid has developed a few ways to keep your confidence high while dealing with distracting rumors:

1. Get to the heart of why the rumor exists: If you can have a basic understanding of where the rumor came from and how it developed then you will see it is just one big misunderstanding. In our minds rumors are thrown out of proportion to seem like the end of the world. Putting your mind at ease to realize that gossip is nonsense talk will help you disregard its message. A clear head equals a happy mind.

Related Link: Celebrity News: Kim Kardashian Is Sick to Her Stomach when Khloe Flirts with Lamar

2. Look at the situation positively: Not letting a rumor hurt or degrade you is an accomplishment that should be celebrated. Relish in the fact that you are mightier than a combination of reckless words. You can gain something from every hard situation, especially from conquering, or even destroying, gossip.

Related Link: <u>Kim Kardashian 'Secretly Loved' Rumors She Was</u>
<u>Faking Celebrity Pregnancy</u>

3. Smile: The easiest and most over-looked way to achieve self-confidence is to literally fake it until you make it.

Psychology shows by smiling more often and thinking positively you can trick your brain into being happier. Not only does smiling reduce stress levels, but it will make you look great too.

Has a rumor ever affected your self-confidence? Let us know how you overcame it in the comments below.

# Product Review: Wear Isabelle Grace Jewelry's Stackable Gemstone Bangles on Your Next Date Night





By Samantha Vlahos

October is the heart of fall. The leaves are finally changing, and so is your nail color. Flirty dresses and sandals are replaced with sweaters, jeans, and boots. Pastels and bright colors are relegated to the back of your closet, while deep plum, navy blue, and military green take center stage. If you're still looking for the perfect fall accessory for your next date night, consider Isabelle Grace Jewelry's stackable gemstone bracelets, which come in five shades to complement any fall look. Check out our product review below!

### Wear Isabelle Grace Jewelry on Your Next Date Night

<u>Isabelle Grace Jewelry stackable gemstone bangles</u> are 8mm Swarovski chatons, hand set into a silver- or gold-plated bracelet. With a stone size of about 1.5 carats, the bracelets

are available in burgundy, metallic blue, khaki, silver night, and white opal. These adjustable bands will add an extra bit of sparkle to your next night out. You can wear one on its own, layer them together, or even stack them with other bracelets. The options are endless!

It's easy to see why ladies adore them: They're unique yet timeless. They're a statement piece, but the simplicity of the design makes them perfect to wear anytime. Isabelle Grace Jewelry carefully crafts their products from the best materials and by people who truly love creating beautiful things that never go out of style.

If you want to impress your man on your next date night, add these stackable bangles to your outfit for a chic and elegant look. Be prepared for an endless amount of compliments from your sweetheart!

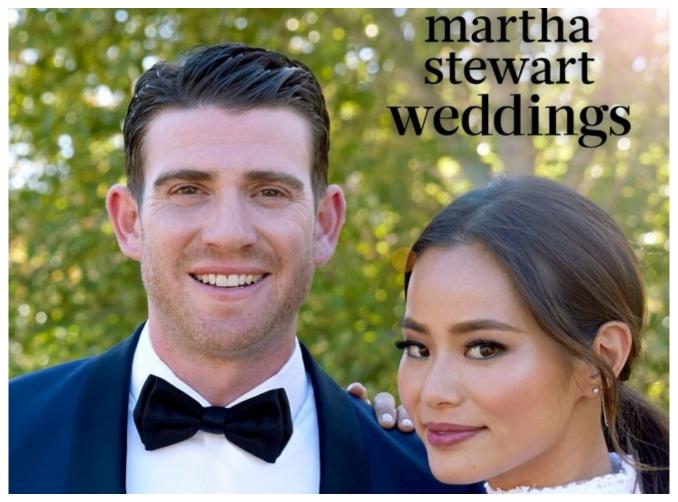
GIVEAWAY ALERT: One lucky reader will receive an Isabelle Grace Jewelry stackable gemstone bangle in the color of their choice to spice up their date night look this fall! To enter our giveaway, complete the form on our Contact Page BEFORE 5 p.m. EST on Monday, October 19th. Pick "Giveaways" in the dropdown menu and include your name and address as well as "Isabelle Grace Jewelry" in the message field. You may enter the contest only once. Good luck!

Open to US residents only.

#### Celebrity Couple Sandra

#### Bullock and Bryan Randall Share Cozy Moment in New Photo





By Abbi Comphel

Earlier this summer, new <u>celebrity couple</u> Sandra Bullock and Bryan Randall were spotted together. The two are still getting to know each other. In latest celebrity news, according to <u>People.com</u>, the happy couple were spotted in L.A. arm-in-arm with bright smiles on their faces. This celebrity relationship seems to be doing really well. They have been spotted on

double dates with Jennifer Aniston and Justin Theroux.

# This celebrity couple is finally stepping out. How do you know when you're ready to go public with your relationship?

#### Cupid's Advice:

The beginning of a relationship can be scary and sometimes it is easier to get to know each other in private before the world knows about you. Cupid has some dating advice on when it is time to go public:

1. Comfortable with each other: Before you announce your relationship, you should get to know each other first! Learn about each other and what you like and dislike, go on private dates and enjoy your time together. Find that comfort with one another.

Related Link: <u>Celebrity News: Whitney Port Celebrates Luxe</u> <u>Bachelorette Party in Mexico</u>

2. Ready for commitment: Make sure you are ready to do this. Once you go public, everyone will know about your relationship. Make sure you are ready for the commitment and make sure you want this to be something real and lasting.

Related Link: <u>Jon Cryer Says Famous Couple Ashton Kutcher and Mila Have That 'Jerry Maguire Thing'</u>

**3. Ready for people to know:** The best time to go public is when you are both ready for everyone else to know. Are you ready for all the questions? If so, then it is time for you to make your big debut as a couple.

When do you think it's the best time to go public in a

relationship? Comment below.